

LIVE WELL WITH COPD FAREHAM AND GOSPORT

TRUSTEES REPORT FOR THE YEAR 2023 - 2024

- 1) Charity Name :- Live Well With COPD (Chronic Obstructive Pulmonary Disease)
- 2) Charity Number :- 1175611
- 3) Charity's Principal Address :- 17, Brookside, Gosport, Hants, PO13 OYS
- 4) Names of Trustees :- George Hathaway, Mike West, Marilyn Razzell and Norman Hall.
- 5) Date of Approval of Trustees Annual Report 01/09/2025
- 6) Names of All Other Trustees :- None
- 7) Type of Governing Document & Details of how the Charity is Constituted :-
 - A) The Governing Document is currently being revised
 - B) How the Charity is Constituted :- Formed following cessation of NHS funding of maintenance classes.
- 8) Trustee Recruitment & Appointment :- Apart from the First Charity Trustees, every trustee must be appointed for a term of two years by a resolution passed at a properly convened meeting of the Charity Trustees.

In Selecting individuals for appointment as Charity Trustees, the Trustees must have regard as to the skills and knowledge needed for the effective administration of the CIO.
- 9) Charitable Purposes & Activities :- To relieve sickness and to promote and protect good health for the public and benefit of those suffering from COPD, their families, and carers in the Fareham and Gosport areas by :-
 - Raising awareness of COPD through effective communication
 - Liaising with other community groups, health charities and public bodies
 - Providing advice, support, and active communication within the group
 - Encouraging self-management of the condition
 - Updating members on and participating in research opportunities
 - Liaising with and working together with community respiratory teams and
 - Through the provision of grants to those suffering from COPD or their carers
- 10) Summary of the Main Achievements of the charity.

In the year 2023/2024 the group has had another successful year despite the deaths of a number of members, notably including that of a founder member and trustee Richard Geall; however, they have been replaced by a similar number of new members. This has meant that we have been able to somewhat increase the numbers attending our thrice weekly exercise maintenance classes.

On the social side we have held a stall at two local Fayres, and held several well attended Quiz nights and Skittles evenings. There have been quarterly excursions to places of interest, determined by popular demand of the members. The Xmas party was, again a huge success.

Our monthly meetings, at which we have both educational and entertaining speakers have again been very popular and well attended. So all in all we have been able to successfully sustain our aim of supporting all of those suffering from COPD and other health issues in the Gosport and Fareham area.

We have continued to hold exercise classes three times a week with between 20 & 45 taking part. We gain new members mainly through the NHS Pulmonary Rehab referrals, but also quite a few through word-of-mouth contacts.

Welfare :- The Welfare Officer has contacted 52 members who have been poorly and sadly, some seven members have passed away. Funerals have been attended and visits made with flowers, fruit and veg or chocolates.

To those who have been poorly, 'Get Well Cards' have been either sent or delivered.

Financial support for items has been offered and our mobility scooter has been loaned to one of our members.

11) Financial Review.

A Profit and Loss Account for the year is enclosed. The funds for the group come from having a stand at local events such as the Vintage Car Rally, held on the late August Bank Holiday and the Annual Michaelmas Fayre. We receive a number of In Memorial Donations.

We hold a raffle at our monthly meetings and also a monthly raffle and these and refreshment sales also contribute to our funds.

DATE :- SIGNED

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Live Well With COPD – Profit and Loss Account – 3rd November 23 to 2nd Nov
Charity No 1175611

Debit		Credit	
Leisure Centre Hire	9544.66	Excercise Classes	13073.30
Trips	3933.34	Trips	270.00
Refreshments	24.94	Refreshments	354.34
Christmas	583.76	Christmas	662.50
Insurance	351.78	Donations	100.00
Computers	276.56	Polo Shirts	70.00
Printing	303.47	Memoria	1493.00
Welfare	159.58	Transfer – Petty Cash	21.00
Secretary's Expenses	417.69	Lottery	310.32
Equipement	599.00	Outside Events	115.00
	<u>16194.78</u>	Scooter	110.00
			<u>16579.46</u>
Total Income	16579.46		
Total Expenditure	<u>16194.78</u>		
Profit	<u>384.68</u>		

