

Annual Report

April 2024 – March 2025

Summary of 2024-2025

At the end of the annual report 2023-25 Claire Hall ended it by saying that she had taken the decision to retire, and, to mark this, she would be completing a sponsored walk around the perimeter of Ryedale. The total amount raised by Claire's efforts was in excess of £10,000. Claire handed over the reins to Ann Ferguson in the summer of 2024. Ann had previously been a trustee of Ryedale Carers Support and was therefore quite familiar with the organisation which would hopefully stand her in good stead.

In the spring of 2024 Caring Together Whitby and District approached RCS to advise that they intended to cease their work due, in the large part, to difficulties recruiting volunteers and trustees. Ryedale Carers Support was the lead partner with North Yorkshire Council and thus it fell on us to ensure the ongoing delivery of the service in the area whilst an alternative provider was found. The AGM for Caring Together Whitby did fall on Ann's first day in her new role and it was there that the decision to 'hand over' to us at RCS was made. This was to be some baptism of fire!

With the help of the Ryedale staff team, we continued to provide a stable service in Whitby from summer 2024 and also to extend our online/ virtual offer to the residents of Whitby and surrounding areas. Service development was extremely limited until a decision was made as to whether RCS would retain CTW or seek another partner. In the November of 2024 the trustees of RCS decided to retain CTW and therefore to recruit to a new post of Co-ordinator to manage the majority of the day to day work in Whitby and surrounding areas. This post was recruited to and Laura Brown was the successful applicant.

At the same time the trustees decided to increase capacity within Ryedale to manage the high number of referrals and the increasing need for volunteers. Natalie Forthergill was the successful applicant and she began in May 2025.

In the autumn of 2024 a new project commenced to support those we support with IT/ digital challenges. We recruited new IT Buddies and asked existing volunteers if this was something they would like to help people with. All IT Buddies were given appropriate training provided through the grant holder. This project has helped people get online, access our virtual offers, be able to use Zoom to reach family and friends, or simply to show some how to use their remote control as smart TVs really are too smart for many of us! Now this IT offer is built into our everyday offer and people continue to ask us for this little bit of specific help. This was across both Ryedale and Whitby areas.

The demand for our services has remained strong in both areas and we hold waiting lists for people who would like a volunteer visitor. The reasons for this are varied but certainly include a complexity of referrals, and a significant increase in the number of referrals for people living with a cognitive impairment, most notably dementia. Some volunteer visitors are not keen to visit a person with dementia for a number of reasons and therefore these people can wait for some time. This difficulty has been shared with North Yorkshire Council to consider on a strategic level. We are looking also at ways to recruit more volunteers as the number of people coming forward wanting to volunteer to almost all organisations has reduced over recent times. 2025-2026 has really seen us up our efforts in this area.

Building on the success of Lythe farmers Breakfast, we started a Whitby Fisherfolk Breakfast that follows the same model. This has proved very successful and has now outgrown its current venue.

There has been much to celebrate in 2024-2025 with the move into Whitby and continuing to deliver strong offers in both areas. This has been achieved through the dedicated efforts of the staff team and the volunteers, including the trustees within the volunteers also. 2025-2026 has brought new challenges, which really will commence in earnest once the name of the new organisation has been decided.

Ann Ferguson

October 2025

Trustees 2024-2025

- David Brewster Chairman
- Robert Carrack Treasurer
- Richard Coates Vice Chairman
- Elizabeth Davison
- Robin Lakin

- Bob Polley
- Sue Sutermeister
- Leisa Burniston
- Helena Megson
- John Humphreys
- Penny Ward
- Mike Rhodes

Staff

- Claire Hall Chief Officer until August 2024
- Ann Ferguson Chief Officer from July 2024
- Heather Witty Senior Co-ordinator
- Sam Berriman Administrator
- Isabelle Harrison Co-ordinator Support
- Jacquie Cole Development Worker
- Laura Brown Co-ordinator from April 2025
- Natalie Fothergill From May 2025

What we do:

- **Carers Break Service** – volunteer visitors give the carer a break by spending time with the person being cared for. This includes going out for a walk, a drive, a coffee, shopping, as well as staying in the home.
- **Our Neighbourhood** – volunteer befriending and activities to reduce loneliness and social isolation
- **Carers Support Group** – we organise a monthly meeting in both Ryedale and Whitby to offer carers the opportunity to share concerns, receive support and simply take time out to relax. Sometimes speakers are invited along.

- **Tea and Tunes** – is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.
- **Ryedale Walking Group** – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has time off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable. Sometimes both people go!
- **Lythe Farmers Breakfast** - this monthly group provides those who might otherwise find themselves isolated, the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker and then, most importantly, have a bacon buttie and a chat.
- **Whitby Fisherfolk Breakfast** – as above in Lythe

- **On - Line Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

Virtual Walks Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

Tuesday Tunes provides an opportunity for people to meet on line to enjoy a variety of musical genres. The social connection has helped people feel less isolated:

- **RCS 2024 Calendar** – It has been so well-received that Ryedale Carers Support decided to do another calendar for 2025 as a way to reach out and connect with all volunteers. The A4 double sided card has a variety of photographs that highlight the different activities
- **Volunteer Newsletter** - A quarterly newsletter for all our volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Ann', we feature recent sessions and events; what's coming up; and a 'spotlight' on something new.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit and advertise for more volunteers and pay their out- of-pocket expenses.
- NYC Health & Adult Services and the local Integrated Care Board; RCS is contracted to provide a Carers Break Service in Scarborough, Whitby and

Ryedale from 2023- 2026 with an option to continue this service for a further 4 years

- Carers Plus as a partner in the delivery of Our Neighbourhood
- Woodsmith Foundation for supporting Lythe Farmers Breakfast
- Yorkshire Building Society for supporting Whitby Fisherfolk Breakfast
- Co-op Funeral Care for supporting our work in Whitby
- The many individual carers and volunteers who have given so generously throughout the year

Who we help

Referrals to Ryedale Carers Support have increased year on year and in this financial year 270 carers and older people have received a service from us as part of the Carers Breaks service. We deliver around 400 hours a month across Ryedale and Whitby.

Age Range :

	50-64	65-74	75-84	85+
Ryedale	2	2	25	27
Whitby	5	2	3	3

Health Condition:

	Cognitive Impairment	Long Term Illness	Learning Disability	Mental Health Needs	Physical Disability	Sensory Disability
Ryedale	36	9	0	1	1	1
Whitby	10	2	0	1	0	0

Our volunteer visitors also support those living alone as part of the Our Neighbourhood contract. We deliver around 300 hours a month across Ryedale and Whitby.

Working with other groups

We continue to make good use of partnerships across the areas as this increases our reach and enhances the offer available to the community.

Within Ryedale we have continued to play our part in the Community One Stops although the makeup of these has changed. There is now a monthly event in Pickering but the other events have ceased. In Whitby the Community Anchor Organisation is managed by Flash Arts Company and they hold a monthly community breakfast for all interested and varied community groups. This has been invaluable in enabling us to build up our knowledge of 'What's on in Whitby' and we have been able to refer people to different things, as well as take part in events going on. There is an active 'Whitby Dementia Friendly Community' run from the Coliseum and we support that.

Ryedale Carers Support continues to be a part of Ryedale Charities Together. We meet regularly throughout the year, focussing on problems we all share as well as providing us all with a sympathetic ear.

Our work with Art Beat as part of Rural Arts has continued although it's funding is under review currently. Art Beat has moved into Whitby too, and in Ryedale and Whitby we have got a few volunteers able to take the work on as Art Beat moves out.

For Christmas 2024 we put a tree in the Kirkbymoorside Methodist church. This focussed on quotes from volunteers and those we support to demonstrate the impact of our work. The cheery on the (Christmas) cake was that we got a share of all the donations received. Thank you for that!

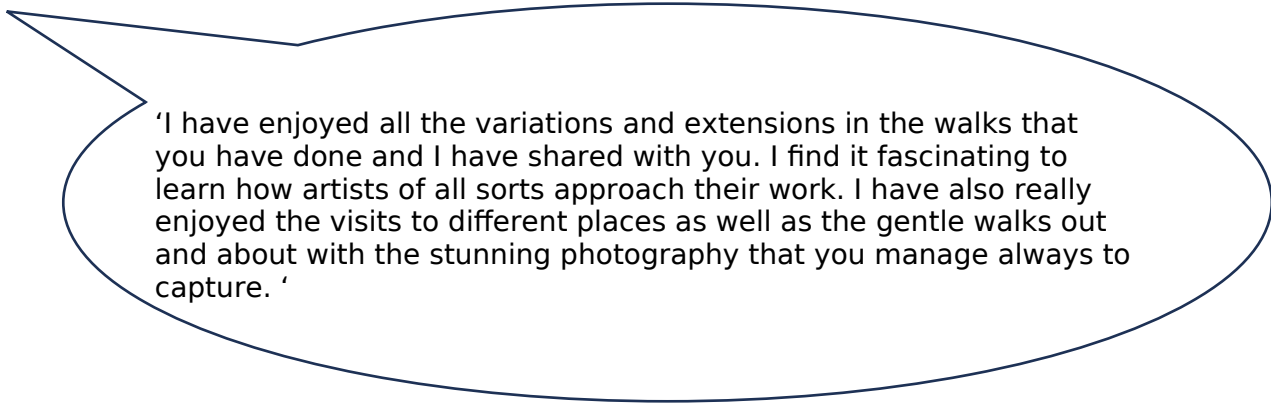
Our Volunteers

Our work would not be possible if it was not for our volunteers. These people really make ALL of what we do possible. To date we have 150 volunteers registered with us and they really do make a significant difference to the people they spend time with. In 2024 our thank you event for Ryedale volunteers was held at Scampston Hall with a walk around the garden and a cream tea in the Orangery. It is always a pleasure to be able to spend this time with volunteers as, for the most part, they go about their work silently, managing their visits themselves and only getting in touch when they need to.

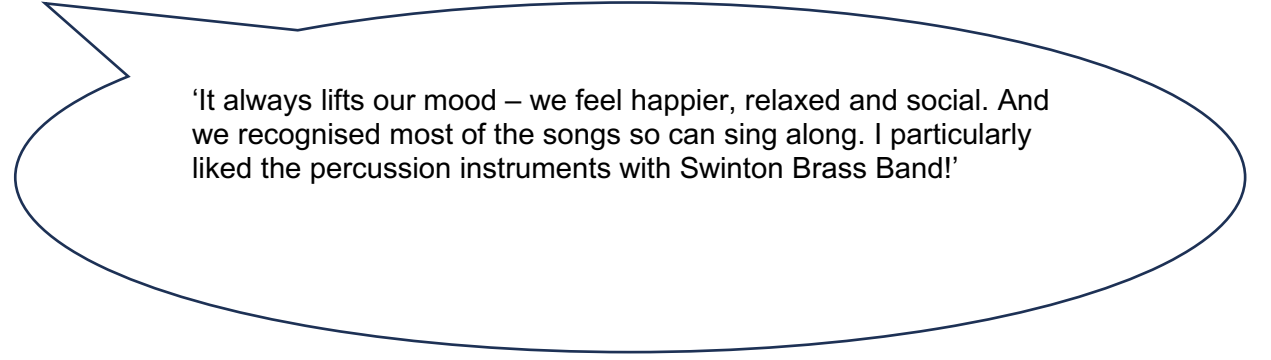
In Whitby we have been looking to attract new volunteers, with some success. Already we have a great group of volunteers who will turn their hand to anything.

Thank you to all our volunteers. We could not do without you all.

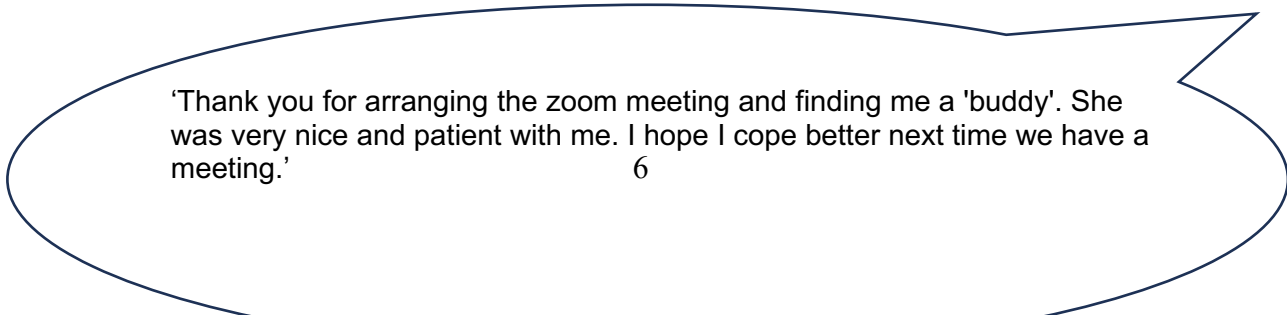
Here are the voices of the people we work with



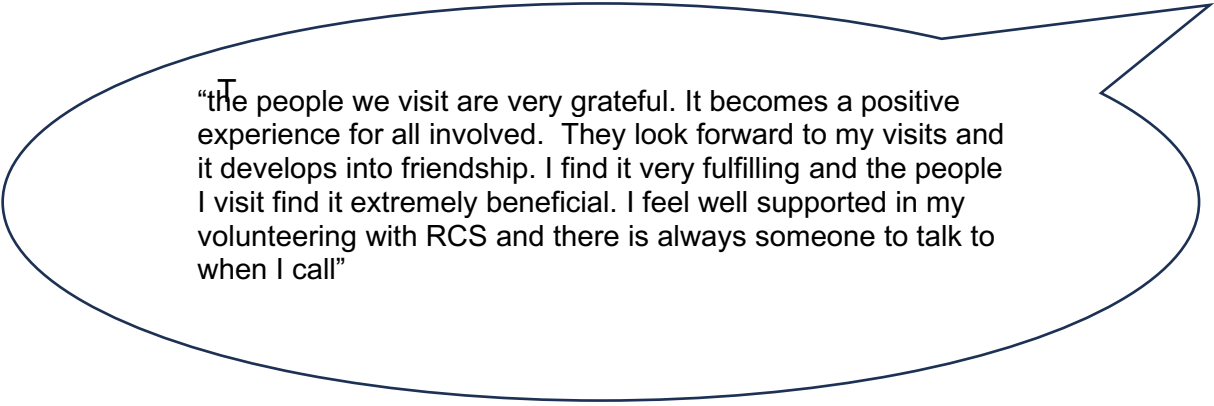
'I have enjoyed all the variations and extensions in the walks that you have done and I have shared with you. I find it fascinating to learn how artists of all sorts approach their work. I have also really enjoyed the visits to different places as well as the gentle walks out and about with the stunning photography that you manage always to capture. '



'It always lifts our mood – we feel happier, relaxed and social. And we recognised most of the songs so can sing along. I particularly liked the percussion instruments with Swinton Brass Band!'



'Thank you for arranging the zoom meeting and finding me a 'buddy'. She was very nice and patient with me. I hope I cope better next time we have a meeting.'



"The people we visit are very grateful. It becomes a positive experience for all involved. They look forward to my visits and it develops into friendship. I find it very fulfilling and the people I visit find it extremely beneficial. I feel well supported in my volunteering with RCS and there is always someone to talk to when I call"



REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1175552

(England & Wales)



PREPARED BY

CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

The Trustees present their report and the financial statements for the year ended 31st March 2025.

Background and Structure

The legal name of the Charity is Ryedale Carers Support CIO. The Charity was established as a CIO by a constitution adopted on 3rd November 2017. The Charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1175552. The Mission Statement of the Charity is to provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Principal Operating Address

The Old School, Tinley Garth, Kirkbymoorside, York YO62 6AR

Trustees

Name	Office	Dates acted, if not for whole year
Ann Ferguson	Chair	Resigned 17th May 2024
David Brewster		
Elizabeth Davison		
Helena Megson		Appointed 5th November 2024
John Humphreys		
Keith Webster	Vice Chair Treasurer	Resigned 22nd July 2025
Leisa Burniston		
Penny Ward		
Richard Coates		
Robert Carrack		Appointed 5th November 2024
Robert Polley		
Robin Lakin		
Susan Sutermeister		

Trustee Selection

Appointment of trustees is by the election of members of the association at the Annual General Meeting from local people who have an interest in the charity. All trustees are required to stand down at the Charity's Annual General Meeting, but being eligible, those who wish to can offer themselves for re-election. The Charity is controlled and directed by the elected members of the Board of Trustees.

Ryedale Carers Support board of trustees consists of individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Management

Chief Officers: Claire Hall (to July 2024), Ann Ferguson (from July 2024)

The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Contribution Made By Volunteers

The Charity currently has 181 volunteers who provide our volunteer visiting and befriending service, assist in the running of our activities and events, specifically transport clients, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Accountants

Champleys Chartered Certified Accountants

Champleys Mews, Market Place, Pickering YO18 7AE

Bankers

CAF Bank

Kings Hill, West Malling, Kent ME19 4JQ

Scottish Widows Bank

PO Box 883, Leeds LS1 9TY

Summary of the objects of the Charity as set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable older people to re-engage with their community
- To inform and sign post to other organisations

Summary of the main activities undertaken for the public benefit in relation to these objects

◦ **Carers Break Service**

Volunteers give the carer a break by sitting with the person being cared for.

◦ **Digital Inclusion**

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

◦ **Our Neighbourhood**

Befriending and activities to reduce loneliness and social isolation.

◦ **Carers Support Group in Ryedale and Whitby**

We organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

◦ **Tea and Tunes**

This is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

◦ **Walking Group**

The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

◦ **Community Development in Northern Ryedale and Whitby District / Lythe Farmers Breakfast**

- Lythe Farmers Breakfast

Our Coordinator Support runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District. Lythe Farmers Breakfast, on the first Wednesday of every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides those who are less able to interact and find themselves isolated the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker, and then most importantly have a bacon buttie and a chat.

- Whitby Fisherfolk Breakfast

The Co-ordinator in Whitby runs this event on the last Friday of every month based on the model of that in Lythe. Here people meet monthly for a cup of tea, listen to a sea-based or other locally inspired speaker, and then enjoy bacon butties and a chat.

◦ **Online Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks:** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Tuesday Tunes:** Over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated.
- **Community One Stop:** Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2024 Calendar:** It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter:** A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming

Public Benefit Statement

The Ryedale Carers' Support Board of Trustees believe the services provided by the Charity to be both beneficial and vitally important to the community. Throughout the year the Board of Trustees had regard to the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

This has been a very busy year for the Charity which saw the Charity take over the management of Caring Together Whitby and District (CTW) from August 2024. This was at the request of CTW. The trustees of Ryedale Carers Support took the decision to continue to operate in Whitby and surrounding area. This has been a positive decision and we have been able to roll out some of the Ryedale services to those in Whitby, and also establish new activities in Whitby to provide greater support to carers and others.

It has been a large task to incorporate Whitby into our organisation. This has seen the whole staff team rise to the challenge and familiarise themselves with many new people and new areas.

Ryedale carers Support has increased its staffing headcount, recruiting 2 co-ordinators for Whitby and Ryedale. Now all staff work across this wider area as required.

We have started a successful project to increase access to IT across the whole area. As part of the Government levelling up project we secured funding to recruit IT buddies to work on a 1:1 basis with people keen to upskill themselves, use different apps, use Zoom etc. This offer is still available and we use this resource with new referrals if that IT input is needed.

Plans for the Future

We have a number of key areas to develop over this year to consolidate the merging of Ryedale Carers Support and Caring Together Whitby and District. At the AGM in November 2025 we intend to vote on a name change that represents both areas. This will enable us to develop a new website that too reflects the overall aims or the organisations but highlights the two different geographical areas. In addition, we are seeking a Record Management system to enable the staff team to efficiently handle our caseload and simplify our communication methods. This is increasingly important as we now support so many more clients and volunteers.

Fundraising will be a key feature of 2025-6 as we work hard to raise the profile of the organisation as well as enthuse people in the work that we do.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 2 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with funding for the 'Our Neighbourhood' project and a continued partnership agreement between Ryedale Carers Support and Support for Carers Scarborough gives us a firm platform and the building blocks to develop and extend our services.

We continue to believe that working with others enables RCS to provide the best possible service for their clients.

Risk Management

The Board of Trustees continue to examine the principal areas of the Charity's operations to review the major risks which may arise. In the opinion of the Board, financial and operational policies and procedures are in place to enable such risks to be identified and allow them to be mitigated to an acceptable level in the Charity's day to day activities.

Financial Review

The financial position of the Charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	249,134	198,809
Expenditure	(205,929)	(197,692)
Net Surplus/(Deficit)	<u>43,205</u>	<u>1,117</u>
Unrestricted Funds	104,061	71,965
Restricted Funds	63,390	52,281
Designated Funds	52,553	52,553
Total Funds	<u>220,004</u>	<u>176,799</u>

The results for the year show a surplus of £43,205. Total reserves amounted to £220,004 at as at 31st March 2025, of which £104,061 are unrestricted.

The above surplus of £43,205 should be viewed in the context of one-off income of £49,993 from the closure of Caring Together Whitby (CTW), a connected Charity. Services previously provided by Caring Together Whitby are now provided by Ryedale Carers Support under the Caring Together Whitby name. Funds remaining from Caring Together Whitby of £49,993 were introduced into the Charity, and this significantly contributed to the surplus.

Reserves Policy

The designated reserve fund is £52,553 (2024: £52,553).

The Trustees acknowledge that unrestricted cash reserves are required to:-

- cover any redundancy or other costs that may arise in the event of closure
- as a source of funds of last resort in the event of cost overruns that can not be met elsewhere

The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008, and the provisions of the Charity's constitution. They are also responsible for safeguarding the assets of the Charity, and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the maintenance and integrity of the charity and financial information included on the Charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the Ryedale Carers Support Trustees and is signed on their behalf by:

David Brewster
Chair of Trustees

Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Ryedale Carers Support CIO for the year ended 31st March 2025, which are set out on pages 7 to 15.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Richmond FCCA
on behalf of
 Champleys Chartered Certified Accountants
 Champleys Mews, Market Place, Pickering YO18 7AE

25th September 2025

RYEDALE CARERS SUPPORT CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2025

		2025 Breakdown By Fund			2025	2024
	Note	Unrestricted £	Restricted £	Designated £	Total £	Total £
Incoming Resources						
Bank Interest and Investments		2,390	-		2,390	2,229
Charitable Activities	4	733	214,485		215,218	175,127
Fundraising Activities		5,820	-		5,820	7,850
General Donations	5	25,706	-		25,706	13,603
Total Incoming Resources		34,649	214,485	-	249,134	198,809
Resources Expended						
Charitable Activities	6	6,757	198,692		205,449	197,167
Fundraising Costs	7	480	-		480	525
Total Resources Expended		7,237	198,692	-	205,929	197,692
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Reconciliation of Funds						
Total Funds Brought Forward	16	124,518	52,281		176,799	175,683
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Transfers Between Funds		4,684	(4,684)		-	
Total Funds Carried Forward	17	156,614	63,390	-	220,004	176,800

RYEDALE CARERS SUPPORT CIO
BALANCE SHEET AS AT 31ST MARCH 2025

		2025		2024	
	Note	£	£	£	£
Fixed Assets					
Tangible Assets	10		9,072		802
Current Assets					
Debtors	11	14,567		1,919	
Cash at Bank and In Hand	12	234,479		213,048	
		<u>249,046</u>		<u>214,967</u>	
Liabilities					
Creditors: Amounts falling due < 1 Year	13	38,114		38,970	
Provisions for Liabilities	14	-		-	
		<u>38,114</u>		<u>38,970</u>	
Net Current Assets			210,932		175,997
Net Assets			<u>220,004</u>		<u>176,799</u>
Represented by:					
Unrestricted Funds			104,061		71,965
Restricted Funds			63,390		52,281
Designated Reserve Fund			52,553		52,553
Total Funds	15, 16		<u>220,004</u>		<u>176,799</u>

For and on behalf of all the Trustees

David Brewster
Chair of Trustees

Robert Carrack
Treasurer

Dated

Dated

1 Basis of Accounting

The Charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared on a going concern basis under the historical cost convention. Items are recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective from 1st January 2019.
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- the Charities Act 2011

2 Accounting Policies

Income

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is shown separately in the accounts as part of 'Gift Aid'.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- it is more likely than not that the Trustees will receive the resources
- the monetary value can be measured with sufficient reliability

VAT

The Charity is not VAT registered. All amounts shown in the accounts are inclusive of any VAT charged to the Charity.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the Trustees' Annual Report.

Expenditure

Fundraising Costs

The costs associated with attracting voluntary income.

Charitable Activities

The costs directly associated in the delivery of the Charity's activities and services. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Governance and Support Costs

Governance and support costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Provisions for Liabilities

Provisions are stated at the best estimate of the amount required to settle the obligation at the reporting date. The best estimate is the amount an entity would rationally pay to settle the obligation at the end of the reporting period or to transfer it to a third party at that time.

Assets

Fixed Assets for use by the Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £700.

Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

3 Nature and Purpose of Funds**Unrestricted Funds**

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside by the Trustees of the Charity to cover costs that could or are likely to arise in the future. The figure stated is a current estimate of such costs.

4 Breakdown of Income from Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Caring Together Whitby		49,993		49,993	23,255
Community One Stop		1,000		1,000	110
Digital Inclusion		10,295		10,295	-
Lythe Farmers Breakfast		1,755		1,755	17,022
NYCC Our Neighbourhood Service		20,000		20,000	20,417
Ryedale Carers Support Sitting Service		74,174		74,174	61,893
Ryedale Charities Together		460		460	
Support for Carers Scarborough		46,808		46,808	42,470
Support Groups	235	-		235	216
Tea and Tunes	498	-		498	744
The Robert McAlpine Foundation		10,000		10,000	9,000
	733	214,485	-	215,218	175,127

5 Breakdown of Income from General Donations

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Ryedale Carers Support	23,281			23,281	12,598
Caring Together Whitby	1,546	-	-	1,546	-
Gift Aid	879	-	-	879	1,005
	25,706	-	-	25,706	13,603

6 Breakdown of Expenditure on Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Direct Project Costs					
Community One Stop	-	1,000		1,000	808
Entertainment	1,710	220		1,930	63
FB Lythe Expense	-	1,504		1,504	1,014
My Neighbourhood Activities	-	-		-	75
PAYE & NI	-	11,573		11,573	9,597
Pensions	-	4,313		4,313	4,718
Salaries	-	80,694		80,694	68,605
Staff training	-	755		755	20
Staff travel expenses	30	5,543		5,573	4,014
Subscriptions	-	1,056		1,056	160
Sundries & cleaning expenses	802	641		1,443	1,030
Supporting Carers	73	575		648	791
Tea & Tunes Expense	759	50		809	329
Volunteer Events costs	-	225		225	312
Volunteer training	-	75		75	-
Volunteer travel expenses	-	11,421		11,421	10,263
Partner Payments					
Caring Together Whitby Partner Payments	-	4,727		4,727	23,255
Partner payments SFCS	-	46,808		46,808	42,470
Central Support Costs					
Advertising and Website	578	1,440		2,018	1,882
Bank charges	90	-		90	80
Computer Expense Costs	289	1,856		2,145	4,194
Depreciation	1,825	1,288		3,113	853
Equipment Expensed	49	-		49	-
Insurance	-	3,043		3,043	3,657
Photocopying	-	584		584	567
Postage	288	2,347		2,635	2,675
Printing & leaflets	142	1,410		1,552	1,042
Rent	-	5,317		5,317	3,392
Room hire	75	220		295	215
Stationery	47	671		718	374
Telephone costs	-	4,465		4,465	3,164
Utilities	-	2,642		2,642	5,407
Website costs	-	200		200	200
Governance Costs					
AGM expenses	-	-		-	5
DBS Fees	-	418		418	-
Legal and Professional	-	1,611		1,611	1,922
Trustee expenses	-	-		-	14
	6,757	198,692	-	205,449	197,167

7 Breakdown of Expenditure on Fundraising Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
200 Club	480	-	-	480	498
Other Fundraising Costs	-	-	-	-	27
	480	-	-	480	525

8 Staff Numbers, Payroll and Pension Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Gross Salaries		93,103		93,103	80,166
Employers National Insurance		1,366		1,366	259
Pension Contributions		2,111		2,111	2,495
	-	96,580	-	96,580	86,738

The average number of employees during the year was (2024: 5)

No employee received remuneration in excess of £60,000 (2024 : Nil)

No redundancy payments were made during the year (2024 : Nil)

9 Pension Scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year. The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

10 Tangible Fixed Assets

	2025	2025
	Equipment	Total
Cost or Valuation	£	£
Cost as at 1st April 2024	8,460	8,460
Additions	11,382	11,382
As at 31st March 2025	19,842	19,842
Depreciation		
Depreciation as at 1st April 2024	7,657	7,657
Depreciation for the Period	3,113	3,113
As at 31st March 2025	10,770	10,770
Net Book Value		
As at 1st April 2024	803	803
As at 31st March 2025	9,072	9,072

Depreciation is charged on equipment at a rate of 20% on a straight line basis.

11 Breakdown of Debtors

	2025	2024
	£	£
Gift Aid	871	1,001
Prepayments and Accrued Income	13,696	918
	14,567	1,919

12 Cash at Bank and In Hand

	2025	2024
	Total	Total
	£	£
Current Account	106,788	88,087
Deposit Accounts	96,216	94,316
Reserve Account	30,978	30,510
Cash	497	135
	234,479	213,048

13 Breakdown of Creditors Due < 1 Year

	2025	2024
	Total	Total
	£	£
Accruals	5,143	4,188
Deferred Income	32,672	32,672
Trade Creditors	299	2,110
	38,114	38,970

14 Provisions for Liabilities

The charity has no contingent liabilities at 31 March 2025 (2024 : None).

15 Breakdown of Fund Movements (2024 - Prior Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	57,971	23,682	(2,517)	(7,171)	71,965
Designated Funds	52,553	-	-	-	52,553
	110,524	23,682	(2,517)	(7,171)	124,518
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	(69,064)	7,171	-
Carers Support Group	2,795	216	(331)		2,680
Caring Together Whitby (CTW)	-	23,255	(23,255)		-
Lythe Farmer's Breakfast	1,573	17,022	(14,592)	2,281	6,284
NYCC FEF Fund	1,589			(1,589)	-
One Stop	19,717	110	(3,256)	(16,571)	-
Our Neighbourhood	5,833	20,417	(25,688)	16,571	17,133
Plough To Plate	2,281			(2,281)	-
Support For Carers Scarborough (SFCS)	-	42,470	(42,470)		-
Tea and Tunes	-	744	(329)	1,589	2,004
Volunteers Expenses	31,371	9,000	(16,191)		24,180
Total Funds	175,683	198,809	(197,693)	-	176,799

16 Breakdown of Fund Movements (2025 - Current Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	71,965	34,648	(7,236)	4,684	104,061
Designated Funds	52,553	-	-		52,553
	124,518	34,648	(7,236)	4,684	156,614
Restricted Funds					
Carers Sitting Service Ryedale	-	74,174	(77,756)	36,640	33,058
Carers Support Group	2,680	-	-	(2,680)	-
Caring Together Whitby (CTW)	-	49,993	(13,353)	(36,640)	-
Digital Inclusion	-	10,295	(9,635)		660
Lythe Farmer's Breakfast	6,284	1,755	(10,784)		(2,745)
One Stop	-	1,000	(1,000)		-
Our Neighbourhood	17,133	20,000	(27,019)		10,114
Ryedale Charities Together	-	460	(460)		-
Support For Carers Scarborough (SFCS)	-	46,808	(46,808)		-
Tea and Tunes	2,004	-	-	(2,004)	-
Volunteers Expenses	24,180	10,000	(11,877)		22,303
Total Funds	176,799	249,133	(205,928)	-	220,004

17 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions. Trustees are only reimbursed for expenses incurred on behalf of the Charity. No trustee received out of pocket expenses during the year (2024: £14.40).

18 Description of the Restricted Funds

Carers Support Group

One monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Digital Inclusion

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

Lythe Farmer's Breakfast

A monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

NYC Carers Break Service

Supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Our Neighbourhood

Is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop

Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Support for Carers Scarborough & Caring Together Whitby

In partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Volunteer Expenses

Supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.



REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1175552

(England & Wales)



PREPARED BY

CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

The Trustees present their report and the financial statements for the year ended 31st March 2025.

Background and Structure

The legal name of the Charity is Ryedale Carers Support CIO. The Charity was established as a CIO by a constitution adopted on 3rd November 2017. The Charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1175552. The Mission Statement of the Charity is to provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Principal Operating Address

The Old School, Tinley Garth, Kirkbymoorside, York YO62 6AR

Trustees

Name	Office	Dates acted, if not for whole year
Ann Ferguson	Chair	Resigned 17th May 2024
David Brewster		
Elizabeth Davison		
Helena Megson		Appointed 5th November 2024
John Humphreys		
Keith Webster	Vice Chair Treasurer	Resigned 22nd July 2025
Leisa Burniston		
Penny Ward		
Richard Coates		
Robert Carrack		Appointed 5th November 2024
Robert Polley		
Robin Lakin		
Susan Sutermeister		

Trustee Selection

Appointment of trustees is by the election of members of the association at the Annual General Meeting from local people who have an interest in the charity. All trustees are required to stand down at the Charity's Annual General Meeting, but being eligible, those who wish to can offer themselves for re-election. The Charity is controlled and directed by the elected members of the Board of Trustees.

Ryedale Carers Support board of trustees consists of individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Management

Chief Officers: Claire Hall (to July 2024), Ann Ferguson (from July 2024)

The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Contribution Made By Volunteers

The Charity currently has 181 volunteers who provide our volunteer visiting and befriending service, assist in the running of our activities and events, specifically transport clients, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Accountants

Champleys Chartered Certified Accountants

Champleys Mews, Market Place, Pickering YO18 7AE

Bankers

CAF Bank

Kings Hill, West Malling, Kent ME19 4JQ

Scottish Widows Bank

PO Box 883, Leeds LS1 9TY

Summary of the objects of the Charity as set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable older people to re-engage with their community
- To inform and sign post to other organisations

Summary of the main activities undertaken for the public benefit in relation to these objects

◦ **Carers Break Service**

Volunteers give the carer a break by sitting with the person being cared for.

◦ **Digital Inclusion**

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

◦ **Our Neighbourhood**

Befriending and activities to reduce loneliness and social isolation.

◦ **Carers Support Group in Ryedale and Whitby**

We organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

◦ **Tea and Tunes**

This is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

◦ **Walking Group**

The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

◦ **Community Development in Northern Ryedale and Whitby District / Lythe Farmers Breakfast**

- Lythe Farmers Breakfast

Our Coordinator Support runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District. Lythe Farmers Breakfast, on the first Wednesday of every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides those who are less able to interact and find themselves isolated the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker, and then most importantly have a bacon buttie and a chat.

- Whitby Fisherfolk Breakfast

The Co-ordinator in Whitby runs this event on the last Friday of every month based on the model of that in Lythe. Here people meet monthly for a cup of tea, listen to a sea-based or other locally inspired speaker, and then enjoy bacon butties and a chat.

◦ **Online Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks:** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Tuesday Tunes:** Over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated.
- **Community One Stop:** Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2024 Calendar:** It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter:** A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming

Public Benefit Statement

The Ryedale Carers' Support Board of Trustees believe the services provided by the Charity to be both beneficial and vitally important to the community. Throughout the year the Board of Trustees had regard to the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

This has been a very busy year for the Charity which saw the Charity take over the management of Caring Together Whitby and District (CTW) from August 2024. This was at the request of CTW. The trustees of Ryedale Carers Support took the decision to continue to operate in Whitby and surrounding area. This has been a positive decision and we have been able to roll out some of the Ryedale services to those in Whitby, and also establish new activities in Whitby to provide greater support to carers and others.

It has been a large task to incorporate Whitby into our organisation. This has seen the whole staff team rise to the challenge and familiarise themselves with many new people and new areas.

Ryedale carers Support has increased its staffing headcount, recruiting 2 co-ordinators for Whitby and Ryedale. Now all staff work across this wider area as required.

We have started a successful project to increase access to IT across the whole area. As part of the Government levelling up project we secured funding to recruit IT buddies to work on a 1:1 basis with people keen to upskill themselves, use different apps, use Zoom etc. This offer is still available and we use this resource with new referrals if that IT input is needed.

Plans for the Future

We have a number of key areas to develop over this year to consolidate the merging of Ryedale Carers Support and Caring Together Whitby and District. At the AGM in November 2025 we intend to vote on a name change that represents both areas. This will enable us to develop a new website that too reflects the overall aims or the organisations but highlights the two different geographical areas. In addition, we are seeking a Record Management system to enable the staff team to efficiently handle our caseload and simplify our communication methods. This is increasingly important as we now support so many more clients and volunteers.

Fundraising will be a key feature of 2025-6 as we work hard to raise the profile of the organisation as well as enthuse people in the work that we do.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 2 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with funding for the 'Our Neighbourhood' project and a continued partnership agreement between Ryedale Carers Support and Support for Carers Scarborough gives us a firm platform and the building blocks to develop and extend our services.

We continue to believe that working with others enables RCS to provide the best possible service for their clients.

Risk Management

The Board of Trustees continue to examine the principal areas of the Charity's operations to review the major risks which may arise. In the opinion of the Board, financial and operational policies and procedures are in place to enable such risks to be identified and allow them to be mitigated to an acceptable level in the Charity's day to day activities.

Financial Review

The financial position of the Charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	249,134	198,809
Expenditure	(205,929)	(197,692)
Net Surplus/(Deficit)	<u>43,205</u>	<u>1,117</u>
Unrestricted Funds	104,061	71,965
Restricted Funds	63,390	52,281
Designated Funds	52,553	52,553
Total Funds	<u>220,004</u>	<u>176,799</u>

The results for the year show a surplus of £43,205. Total reserves amounted to £220,004 at as at 31st March 2025, of which £104,061 are unrestricted.

The above surplus of £43,205 should be viewed in the context of one-off income of £49,993 from the closure of Caring Together Whitby (CTW), a connected Charity. Services previously provided by Caring Together Whitby are now provided by Ryedale Carers Support under the Caring Together Whitby name. Funds remaining from Caring Together Whitby of £49,993 were introduced into the Charity, and this significantly contributed to the surplus.

Reserves Policy

The designated reserve fund is £52,553 (2024: £52,553).

The Trustees acknowledge that unrestricted cash reserves are required to:-

- cover any redundancy or other costs that may arise in the event of closure
- as a source of funds of last resort in the event of cost overruns that can not be met elsewhere

The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008, and the provisions of the Charity's constitution. They are also responsible for safeguarding the assets of the Charity, and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the maintenance and integrity of the charity and financial information included on the Charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the Ryedale Carers Support Trustees and is signed on their behalf by:

David Brewster
Chair of Trustees

Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Ryedale Carers Support CIO for the year ended 31st March 2025, which are set out on pages 7 to 15.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Richmond FCCA
on behalf of
 Champleys Chartered Certified Accountants
 Champleys Mews, Market Place, Pickering YO18 7AE

25th September 2025

RYEDALE CARERS SUPPORT CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2025

		2025 Breakdown By Fund			2025	2024
	Note	Unrestricted £	Restricted £	Designated £	Total £	Total £
Incoming Resources						
Bank Interest and Investments		2,390	-		2,390	2,229
Charitable Activities	4	733	214,485		215,218	175,127
Fundraising Activities		5,820	-		5,820	7,850
General Donations	5	25,706	-		25,706	13,603
Total Incoming Resources		34,649	214,485	-	249,134	198,809
Resources Expended						
Charitable Activities	6	6,757	198,692		205,449	197,167
Fundraising Costs	7	480	-		480	525
Total Resources Expended		7,237	198,692	-	205,929	197,692
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Reconciliation of Funds						
Total Funds Brought Forward	16	124,518	52,281		176,799	175,683
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Transfers Between Funds		4,684	(4,684)		-	
Total Funds Carried Forward	17	156,614	63,390	-	220,004	176,800

RYEDALE CARERS SUPPORT CIO
BALANCE SHEET AS AT 31ST MARCH 2025

		2025		2024	
	Note	£	£	£	£
Fixed Assets					
Tangible Assets	10		9,072		802
Current Assets					
Debtors	11	14,567		1,919	
Cash at Bank and In Hand	12	234,479		213,048	
		<u>249,046</u>		<u>214,967</u>	
Liabilities					
Creditors: Amounts falling due < 1 Year	13	38,114		38,970	
Provisions for Liabilities	14	-		-	
		<u>38,114</u>		<u>38,970</u>	
Net Current Assets			210,932		175,997
Net Assets			<u>220,004</u>		<u>176,799</u>
Represented by:					
Unrestricted Funds			104,061		71,965
Restricted Funds			63,390		52,281
Designated Reserve Fund			52,553		52,553
Total Funds	15, 16		<u>220,004</u>		<u>176,799</u>

For and on behalf of all the Trustees

David Brewster
Chair of Trustees

Robert Carrack
Treasurer

Dated

Dated

1 Basis of Accounting

The Charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared on a going concern basis under the historical cost convention. Items are recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective from 1st January 2019.
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- the Charities Act 2011

2 Accounting Policies

Income

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is shown separately in the accounts as part of 'Gift Aid'.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- it is more likely than not that the Trustees will receive the resources
- the monetary value can be measured with sufficient reliability

VAT

The Charity is not VAT registered. All amounts shown in the accounts are inclusive of any VAT charged to the Charity.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the Trustees' Annual Report.

Expenditure

Fundraising Costs

The costs associated with attracting voluntary income.

Charitable Activities

The costs directly associated in the delivery of the Charity's activities and services. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Governance and Support Costs

Governance and support costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Provisions for Liabilities

Provisions are stated at the best estimate of the amount required to settle the obligation at the reporting date. The best estimate is the amount an entity would rationally pay to settle the obligation at the end of the reporting period or to transfer it to a third party at that time.

Assets

Fixed Assets for use by the Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £700.

Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

3 Nature and Purpose of Funds**Unrestricted Funds**

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside by the Trustees of the Charity to cover costs that could or are likely to arise in the future. The figure stated is a current estimate of such costs.

4 Breakdown of Income from Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Caring Together Whitby		49,993		49,993	23,255
Community One Stop		1,000		1,000	110
Digital Inclusion		10,295		10,295	-
Lythe Farmers Breakfast		1,755		1,755	17,022
NYCC Our Neighbourhood Service		20,000		20,000	20,417
Ryedale Carers Support Sitting Service		74,174		74,174	61,893
Ryedale Charities Together		460		460	
Support for Carers Scarborough		46,808		46,808	42,470
Support Groups	235	-		235	216
Tea and Tunes	498	-		498	744
The Robert McAlpine Foundation		10,000		10,000	9,000
	733	214,485	-	215,218	175,127

5 Breakdown of Income from General Donations

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Ryedale Carers Support	23,281			23,281	12,598
Caring Together Whitby	1,546	-	-	1,546	-
Gift Aid	879	-	-	879	1,005
	25,706	-	-	25,706	13,603

6 Breakdown of Expenditure on Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Direct Project Costs					
Community One Stop	-	1,000		1,000	808
Entertainment	1,710	220		1,930	63
FB Lythe Expense	-	1,504		1,504	1,014
My Neighbourhood Activities	-	-		-	75
PAYE & NI	-	11,573		11,573	9,597
Pensions	-	4,313		4,313	4,718
Salaries	-	80,694		80,694	68,605
Staff training	-	755		755	20
Staff travel expenses	30	5,543		5,573	4,014
Subscriptions	-	1,056		1,056	160
Sundries & cleaning expenses	802	641		1,443	1,030
Supporting Carers	73	575		648	791
Tea & Tunes Expense	759	50		809	329
Volunteer Events costs	-	225		225	312
Volunteer training	-	75		75	-
Volunteer travel expenses	-	11,421		11,421	10,263
Partner Payments					
Caring Together Whitby Partner Payments	-	4,727		4,727	23,255
Partner payments SFCS	-	46,808		46,808	42,470
Central Support Costs					
Advertising and Website	578	1,440		2,018	1,882
Bank charges	90	-		90	80
Computer Expense Costs	289	1,856		2,145	4,194
Depreciation	1,825	1,288		3,113	853
Equipment Expensed	49	-		49	-
Insurance	-	3,043		3,043	3,657
Photocopying	-	584		584	567
Postage	288	2,347		2,635	2,675
Printing & leaflets	142	1,410		1,552	1,042
Rent	-	5,317		5,317	3,392
Room hire	75	220		295	215
Stationery	47	671		718	374
Telephone costs	-	4,465		4,465	3,164
Utilities	-	2,642		2,642	5,407
Website costs	-	200		200	200
Governance Costs					
AGM expenses	-	-		-	5
DBS Fees	-	418		418	-
Legal and Professional	-	1,611		1,611	1,922
Trustee expenses	-	-		-	14
	6,757	198,692	-	205,449	197,167

7 Breakdown of Expenditure on Fundraising Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
200 Club	480	-	-	480	498
Other Fundraising Costs	-	-	-	-	27
	480	-	-	480	525

8 Staff Numbers, Payroll and Pension Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Gross Salaries		93,103		93,103	80,166
Employers National Insurance		1,366		1,366	259
Pension Contributions		2,111		2,111	2,495
	-	96,580	-	96,580	86,738

The average number of employees during the year was (2024: 5)

No employee received remuneration in excess of £60,000 (2024 : Nil)

No redundancy payments were made during the year (2024 : Nil)

9 Pension Scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year. The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

10 Tangible Fixed Assets

	2025	2025
	Equipment	Total
Cost or Valuation	£	£
Cost as at 1st April 2024	8,460	8,460
Additions	11,382	11,382
As at 31st March 2025	19,842	19,842
Depreciation		
Depreciation as at 1st April 2024	7,657	7,657
Depreciation for the Period	3,113	3,113
As at 31st March 2025	10,770	10,770
Net Book Value		
As at 1st April 2024	803	803
As at 31st March 2025	9,072	9,072

Depreciation is charged on equipment at a rate of 20% on a straight line basis.

11 Breakdown of Debtors

	2025	2024
	£	£
Gift Aid	871	1,001
Prepayments and Accrued Income	13,696	918
	14,567	1,919

12 Cash at Bank and In Hand

	2025	2024
	Total	Total
	£	£
Current Account	106,788	88,087
Deposit Accounts	96,216	94,316
Reserve Account	30,978	30,510
Cash	497	135
	234,479	213,048

13 Breakdown of Creditors Due < 1 Year

	2025	2024
	Total	Total
	£	£
Accruals	5,143	4,188
Deferred Income	32,672	32,672
Trade Creditors	299	2,110
	38,114	38,970

14 Provisions for Liabilities

The charity has no contingent liabilities at 31 March 2025 (2024 : None).

15 Breakdown of Fund Movements (2024 - Prior Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	57,971	23,682	(2,517)	(7,171)	71,965
Designated Funds	52,553	-	-	-	52,553
	<u>110,524</u>	<u>23,682</u>	<u>(2,517)</u>	<u>(7,171)</u>	<u>124,518</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	(69,064)	7,171	-
Carers Support Group	2,795	216	(331)		2,680
Caring Together Whitby (CTW)	-	23,255	(23,255)		-
Lythe Farmer's Breakfast	1,573	17,022	(14,592)	2,281	6,284
NYCC FEF Fund	1,589			(1,589)	-
One Stop	19,717	110	(3,256)	(16,571)	-
Our Neighbourhood	5,833	20,417	(25,688)	16,571	17,133
Plough To Plate	2,281			(2,281)	-
Support For Carers Scarborough (SFCS)	-	42,470	(42,470)		-
Tea and Tunes	-	744	(329)	1,589	2,004
Volunteers Expenses	31,371	9,000	(16,191)		24,180
Total Funds	<u>175,683</u>	<u>198,809</u>	<u>(197,693)</u>	<u>-</u>	<u>176,799</u>

16 Breakdown of Fund Movements (2025 - Current Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	71,965	34,648	(7,236)	4,684	104,061
Designated Funds	52,553	-	-		52,553
	<u>124,518</u>	<u>34,648</u>	<u>(7,236)</u>	<u>4,684</u>	<u>156,614</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	74,174	(77,756)	36,640	33,058
Carers Support Group	2,680	-	-	(2,680)	-
Caring Together Whitby (CTW)	-	49,993	(13,353)	(36,640)	-
Digital Inclusion	-	10,295	(9,635)		660
Lythe Farmer's Breakfast	6,284	1,755	(10,784)		(2,745)
One Stop	-	1,000	(1,000)		-
Our Neighbourhood	17,133	20,000	(27,019)		10,114
Ryedale Charities Together	-	460	(460)		-
Support For Carers Scarborough (SFCS)	-	46,808	(46,808)		-
Tea and Tunes	2,004	-	-	(2,004)	-
Volunteers Expenses	24,180	10,000	(11,877)		22,303
Total Funds	<u>176,799</u>	<u>249,133</u>	<u>(205,928)</u>	<u>-</u>	<u>220,004</u>

17 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions. Trustees are only reimbursed for expenses incurred on behalf of the Charity. No trustee received out of pocket expenses during the year (2024: £14.40).

18 Description of the Restricted Funds

Carers Support Group

One monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Digital Inclusion

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

Lythe Farmer's Breakfast

A monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

NYC Carers Break Service

Supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Our Neighbourhood

Is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop

Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Support for Carers Scarborough & Caring Together Whitby

In partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Volunteer Expenses

Supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.