



Annual Report

April 2023 – March 2024



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked: "What are you doing?" The boy replied, "Throwing starfish back into the ocean. The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, "Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|---------------------|
| ○ David Brewster | Chairman |
| ○ Keith Webster | Treasurer |
| ○ Richard Coates | Vice Chairman |
| ○ Elizabeth Davison | |
| ○ Robin Lakin | |
| ○ Bob Polley | |
| ○ Sue Sutermeister | |
| ○ Leisa Burniston | |
| ○ David Marston | Resigned March 2023 |
| ○ Ann Ferguson | |
| ○ John Humphreys | |

Staff

- | | |
|---------------------|---|
| ○ Claire Hall | Chief Officer |
| ○ Sarah Hendry | Coordinator resigned May 2023 |
| ○ Carol Stevens | Coordinator resigned March 2023 |
| ○ Heather Witty | Co-ordinator started July 2023 |
| ○ Sam Berriman | Administrator |
| ○ Isabelle Harrison | Scarborough, Whitby, Ryedale Activities Coordinator |
| ○ Jacquie Cole | Development Worker |



From L-R: Isabelle, Sam, Claire, Jacquie & Heather

What we do:

- **Carers Break Service** – volunteers give the carer a break by sitting with the person being cared for
- **Our Neighbourhood** – volunteer befriending and activities to reduce loneliness and social isolation
- **Carers Support Group** – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- **Tea and Tunes** – is a quarterly event for people to come together to participate



in a performance by local musicians, followed by conversation, tea and cake.

- **Walking Group** – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.
- **Community Development in Northern Ryedale and Whitby District** – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.
Lythe Farmers Breakfast, on the first Wednesday every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides, those who are less able to interact and find themselves isolated, the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker and then most importantly have a bacon buttie and a chat.
- **On - Line Activities**
Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:
Virtual Walks Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.
What people say about the virtual walks:

'A breath of fresh air brought into our living room. We look forward to it every month'

'We've come in from the virtual cold and are warming up by a log fire. We really enjoyed the tour around last year's walks and places of interest. What a lot of work went into today's presentation, please thank Davy for us. We've walked some of those routes on better days so knew where you were. We loved it and will certainly join you again. Thank you all so much (January 2024)

Virtual Singalongs over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

- **Community One Stop** run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2023 Calendar**
It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter**
A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit and advertise for more volunteers and pay their out- of-pocket expenses.
- NYC Health & Adult Services and the local Integrated Care Board; RCS is contracted to provide a Carers Break Service in Scarborough, Whitby and Ryedale from 2023- 2026 with an option to continue this service for a further 4 years
- Carers Plus as a partner in the delivery of Our Neighbourhood
- Crombie Wilkinson – a legacy
- Yorkshire Building Society (The Charities Trust)
- The Company of Merchants of the Staple of England – Mayor's gift
- The Grocers Charity,
- McCarthy & Stone Foundation
- Woodsmith Foundation for supporting Lythe Farmers Breakfast
- Barchester Foundation for supporting Tea and Tunes
- The many individual carers and volunteers who have given so generously throughout the year

Who we help?

Referrals to Ryedale Carers Support have increased year on year and in this financial year 368 carers and older people have received a service from us.

Age Range :

40-49	50-64	65-74	75-84	85+
10	54	74	139	91

Health Condition:

Cognitive Impairment	Long Term Illness	Learning Disability	Mental Health Needs	Physical Disability	Sensory Disability
121	80	1	73	75	18

Working with other groups

Ryedale Carers Support is known for responding to need and we can often do this by working with other community groups such as Next Steps, Sight Support, Carers Plus, the Ryedale Festival and Art Beat. In Ryedale we are very fortunate to have a strong community sector and this is reflected in Ryedale Charities Together (RCT). This is a group of six local charities who deliver services in Ryedale but do not belong to a national body. Over the last 2 years we have been working together to provide community one stops in our market towns.

Our Volunteers

Ryedale Carers' volunteers are the heart of the organisation and the 154 volunteers registered with us make a significant difference to the people they visit. We are very grateful for all their hard work and commitment. In April 2023 we had a thank you event at the Arboretum at Castle Howard, 54 volunteers attended. We are very grateful to the trustees of the Arboretum for making this possible.

Later in April 2023 King Charles visited Malton, Claire Hall, Chief Officer of Ryedale Carers Support was presented to the King. This was a validation of the reputation of Ryedale Carers Support and the value the community places on the excellent work our volunteers do supporting our carers and the people they care for.



Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

Our Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. Our Neighbourhood is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. With the help of our volunteers Our Neighbourhood aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Community Development in Northern Ryedale and Whitby District

Farmers Breakfast has reached capacity with its clients, and a waiting list is now in operation. The speakers over the last year have ranged from a very tasty and informative visit from Whitby Seafoods, to live flying owls and birds prey in the village hall with a visit from Whitby Falcons.

Rod Dimpleby of The Yorkshire Post fame came and spoke to the group about the 'Yorkshire Dialect'.

There are usually about 35 clients who attend the event with a good selection of volunteers who come on a regular basis.

Having celebrated the Queen's Jubilee in 2022, we were fortunate enough to secure a



grant from the Woodsmith foundation to celebrate and have a party the coronation of King Charles 3rd. The party was celebrated with the children from Lythe Primary school, The group enjoyed a lovely trip out to the Kirkleatham museum, followed by a trip to Kaskanes in Skinningrove for a very good lunch.

Whitby DAG have been sending a regular mini bus to collect clients who have had to relocate to Whitby due to housing shortages in the villages.

The volunteers continue to be an invaluable help.

The Future

Claire Hall has been with Ryedale Carers Support for 30 years and Chief Officer for the last 8 years, she has decided that now is the time to retire. The charity has been very fortunate in finding and appointing Ann Ferguson who will take over in July 2024. To mark her retirement and to give something back to RCS, Claire decided to do a sponsored walk around the perimeter of Ryedale, 91 miles over 7 days. The walk was launched in March 2024 with an article in the Yorkshire Post but will be completed in May 2024. At the end of this financial year over £6000 had been raised, we hope the total will be more than that.

Here are the voices of the people we work with

From a volunteer:

"I wanted to give something back. I've met some lovely, amazing people. It makes you feel good. You realise how fortunate you are yourself. It's nice to build up a relationship with the carers, it's so important for them, they need to have a break. Recently, I was invited to the Ampleforth Abbey memorial service of someone I'd visited. His wife said I'd been the most important person in his life for the last 18 months. That makes you feel good."

"It's a friendship thing. The people I visit are lovely, really chatty - and RCS are very good at matching interests. One of my ladies read The Times every Sunday and she keeps me up to date!"

From a Carer:

"I think it's fantastic. A is a lifeline to R. R is quite cooped up so I think for him, going out, doing normal things like going to the library, having a coffee, it's been quite life-changing. A has been fantastic, he's the right person, they get on really well. It's been a brilliant experience. When R goes down the path with A, chatting away, I feel a load off my shoulders. Normally, I'd walk out with him so I'm always involved. Knowing that he's safe, and he's with someone else .. I just go inside and it's a huge, huge weight off my shoulders. "

"My wife's condition demands my constant attention. I desperately need some time for myself. The RCS volunteer brings me essential relief"

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 3 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with 3 years funding for the 'Our Neighbourhood' project and a new partnership agreement between Ryedale Carers Support, Support for Carers Scarborough and Caring Together Whitby gives us a firm platform and the building blocks to develop and extend our services. As can be evidenced by the new Tea and Tunes activity set up to replace the very successful Songs and Scones, we ran before the covid long down.

We know that working with others enables RCS to provide the best possible service for their clients.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2024

Tracy Bramley ACMA CGMA
Charity Accounts Preparation &
Independent Examination

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Contents

Index	Page
Trustees' Annual Report	1-4
Independent Examiners Report	5
Statement of Financial Activities	6
Balance Sheet	7
Notes to the Accounts	8-15

Trustees' Annual Report

From: 1 April 2023

To: 31 March 2024

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2024.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
Tinley Garth
Kirkbymoorside
York
YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates	Vice Chair		
Elizabeth Davison			
Leisa Burniston			
David Marston		Resigned 19/5/2023	
John Humphreys			
Ann Ferguson		Resigned 17/5/24	
Penny Ward		Appointed 14/11/23	

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Break Service – volunteers give the carer a break by sitting with the person being cared for

Our Neighbourhood – befriending and activities to reduce loneliness and social isolation

Carers Support Group – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Tea and Tunes – is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

Walking Group – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable

Community Development in Northern Ryedale and Whitby District – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities - Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Singalongs** over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

Community One Stop run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.

RCS 2023 Calendar

It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities

Volunteer Newsletter

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2023 - March 2024'

Financial Review

The results for the period ending 31st March 2024 show final balances of £71,965 unrestricted general funds; £52,553 designated funds and £52,281 restricted funds. In year, the overall operational surplus, after transfers was £1,116; comprising a surplus in year of £13,994 on unrestricted funds partly offset by a deficit of £12,878 on restricted funds.

The surplus in year on unrestricted general funds is largely due to the fundraising income received to 31 March for the sponsored walk and corresponding gift aid. Donations have remained high again this year plus there has been a significant increase in bank interest received due to increasing interest rates. The deficit in year on restricted funds mainly reflects the spending this year of grants received in previous years. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2024.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £71,163 at 31st March 2024. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

Claire Hall has been with Ryedale Carers Support for 30 years and Chief Officer for the last 8 years, she has decided that now is the time to retire. The charity has been very fortunate in finding and appointing Ann Ferguson who will take over in July 2024.

To mark her retirement and to give something back to RCS, Claire decided to do a sponsored walk around the perimeter of Ryedale, 91 miles over 7 days. The walk was launched in March 2024 with an article in the Yorkshire Post but will be completed in May 2024. At the end of this financial year over £6000 had been raised, we hope the total will be more than that.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 3 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with 3 years funding for the 'Our Neighbourhood' project and a new partnership agreement between Ryedale Carers Support, Support for Carers Scarborough and Caring Together Whitby gives us a firm platform and the building blocks to develop and extend our services. As can be evidenced by the new Tea and Tunes activity set up to replace the very successful Songs and Scones, we ran before the covid lock down.

We know that working with others enables RCS to provide the best possible service for their clients.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

David Brewster, Chair

Date:

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of: **Ryedale Carers Support CIO**
for the year ended: **31 March 2024** which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2024

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2024	Total 2023
Income and endowments from:		£	£	£	£	£
Donations and legacies	3.1	13,603	-	-	13,603	12,982
Charitable activities	3.2	-	-	175,127	175,127	196,539
Other trading activities	3.3	7,850	-	-	7,850	1,460
Investments	3.4	2,229	-	-	2,229	688
Total income	3	23,682	-	175,127	198,809	211,669
Expenditure on:						
Raising funds	4.1	525	-	-	525	985
Charitable activities	4.2	1,992	-	195,176	197,168	226,384
Total expenditure	4	2,517	-	195,176	197,693	227,369
Net income/(expenditure)		21,165	-	(20,049)	1,116	(15,700)
Transfers between funds		(7,171)	-	7,171	-	-
Net movement in funds		13,994	-	(12,878)	1,116	(15,700)
Total funds brought forward		57,971	52,553	65,159	175,683	191,383
Total funds carried forward		71,965	52,553	52,281	176,799	175,683

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2024

	Note	2024 £	2023 £
Fixed Assets			
Tangible assets	8	802	585
Total Fixed Assets		802	585
Current Assets			
Debtors	9	1,919	1,855
Cash at bank and in hand	10	213,048	208,895
Total Current Assets		214,967	210,750
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	38,970	35,652
Net Current Assets/(Liabilities)		175,997	175,098
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		176,799	175,683
Funds of the Charity	13		
Unrestricted Funds (General)		71,965	57,971
Unrestricted Funds (Designated)		52,553	52,553
Restricted Funds		52,281	65,159
Total Funds	13	176,799	175,683

The financial statements were approved by the trustees on
and signed on their behalf by:

D Brewster
Chair
Date

K Webster
Treasurer
Date

Notes to the accounts for the year ended:

31st March 2024

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2024

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

3 Income and endowments	Unrestricted funds £	Restricted funds £	Total 2024 £	Unrestricted funds £	Restricted funds £	Total 2023 £
3.1 Donations and legacies						
<u>Voluntary Income - donations</u>						
General Donations	12,598		12,598	12,346		12,346
Gift Aid	1,005		1,005	636		636
	13,603	-	13,603	12,982	-	12,982
3.2 Charitable activities						
<u>* NYCC & CCG Sitting Service</u>						
Ryedale Carers Support		61,893	61,893		59,750	59,750
Caring Together Whitby		23,255	23,255		25,600	25,600
Support for Carers Scarborough		42,470	42,470		39,200	39,200
<u>* NYCC Our Neighbourhood Service</u> (previously 'My' Neighbourhood Service)		20,417	20,417		55,635	55,635
The Robert McAlpine Foundation - volunteers expenses		9,000	9,000		10,000	10,000
Awards for All equipment grant (release of grant to match dep'n)			-		1,847	1,847
Community One Stop		110	110		2,509	2,509
Lythe Farmer's breakfast (grants & donations)		17,022	17,022		1,830	1,830
Support Groups		216	216		168	168
Tea & Tunes		744	744			-
	-	175,127	175,127	-	196,539	196,539
3.3 Other trading activities						
Fundraising	7,850		7,850	1,460		1,460
	7,850	-	7,850	1,460	-	1,460
3.4 Investments						
Bank interest received	2,229		2,229	688		688
	2,229	-	2,229	688	-	688
Total income	23,682	175,127	198,809	15,130	196,539	211,669
 * denotes government grants received this year, totalling	 £148,035	 (2023: £182,141)				

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

4 Expenditure	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2023
	£	£	£	£	£	£
4.1 Raising funds						
200 Club	498		498	555		555
Fundraising costs	27		27	430		430
	525	-	525	985	-	985
4.2 Charitable activities						
<u>Direct Project costs</u>						
Salaries, NI & Pensions		82,920	82,920	4,239	91,288	95,527
Staff training & travel expenses	52	3,982	4,034		5,411	5,411
Volunteer training & travel expenses		10,263	10,263		8,169	8,169
Subscriptions		160	160		202	202
Supporting Carers	174	680	854		395	395
Sundry & cleaning expenses	151	880	1,031	100	751	851
Volunteers Events	300	12	312	63	765	828
Lythe Farmers Breakfast		1,014	1,014		1,129	1,129
My Neighbourhood activities		75	75		15,631	15,631
Community One Stop expenses		808	808		1,337	1,337
Tea & Tunes expenses		329	329			-
<u>Partner payments</u>						
Support for Carers Scarborough		42,470	42,470		39,200	39,200
Caring Together Whitby		23,255	23,255		25,600	25,600
<u>Central support costs</u>						
Telephone		3,164	3,164		3,031	3,031
Telephone upgrade		-	-	4,637		4,637
Postage, stationery, printing & photocopying		4,738	4,738	6	6,007	6,013
Advertising & website	224	1,858	2,082	92	508	600
Rent, room hire & service charges	80	8,934	9,014		6,890	6,890
Insurance		3,657	3,657		3,809	3,809
Office & Computer Equipment	144	4,050	4,194	1,300	1,745	3,045
Depreciation	853		853	585	1,847	2,432
<u>Governance</u>						
Professional & AGM fees		1,927	1,927		1,553	1,553
Trustee expenses	14		14		94	94
	1,992	195,176	197,168	11,022	215,362	226,384
Total expenditure	2,517	195,176	197,693	12,007	215,362	227,369

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

5 Fees for examination of the accounts

	2024	2023
	£	£
Independent Examiner's fees for reporting on the accounts	950	950
Other fees	-	-
	<u>950</u>	<u>950</u>

6 Staff costs and emoluments

	2024	2023
	£	£
Gross salaries	76,348	88,316
Employers National Insurance	259	637
Pension Contributions	2,495	2,956
Other benefits - car allowance	3,818	3,618
	<u>82,920</u>	<u>95,527</u>
	<u>5</u>	<u>6</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2023: Nil)

The total employee benefits of the key management personnel of the charity were £35,677 (2023: £32,444).

No redundancy payments were made during the year (2023: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
	£	£
Tangible fixed assets		
Cost or valuation		
At 1st April 2023	9,729	9,729
Additions in year	1,070	1,070
Disposals in year	-	-
At 31st March 2024	<u>10,799</u>	<u>10,799</u>
Depreciation	£	£
At 1st April 2023	9,144	9,144
Charge for the year	853	853
At 31st March 2024	<u>9,997</u>	<u>9,997</u>
Net Book Value	£	£
At 31st March 2024	<u>802</u>	<u>802</u>
At 31st March 2023	<u>585</u>	<u>585</u>

9 Debtors and prepayments

	2024	2023
	£	£
Debtors and prepayments	1,919	1,855
Prepayments and accrued income	<u>1,919</u>	<u>1,855</u>

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

10 Cash at bank and in hand

	Total 2024 £	Total 2023 £
Current bank account	88,087	85,717
Deposit bank accounts	94,316	92,794
Reserve account	30,510	30,223
Cash in hand	135	161
	213,048	208,895

11 Creditors and accruals

Analysis of creditors falling due within one year

	2024 £	2023 £
Trade creditors	2,110	-
Payments received on account for contracts or performance-related grants	32,672	31,137
Accruals	4,188	4,515
	38,970	35,652

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2024 (2023: None).

13 Movement of funds

13.1 Movement of major funds

2024

Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	57,971	23,682	2,517	(7,171)	71,965
Designated funds	52,553	-	-		52,553
	110,524	23,682	2,517	(7,171)	124,518
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	69,064	7,171	-
Support for Carers Scarborough(SFCS)	-	42,470	42,470		-
Caring Together Whitby(CTW)	-	23,255	23,255		-
Our Neighbourhood Ryedale (previously My' Neighbourhood + tfr from One Stop)	5,833	20,417	25,688	16,571	17,133
One Stop	19,717	110	3,256	(16,571)	-
Carers Support Group	2,795	216	331		2,680
Volunteers Expenses	31,371	9,000	16,191		24,180
Lythe Farmer's Breakfast (incl Plough to Plate)	1,573	17,022	14,592	2,281	6,284
Plough to Plate	2,281			(2,281)	-
Tea & Tunes (+ tfr from FEF Fund)	-	744	329	1,589	2,004
NYCC FEF Fund	1,589			(1,589)	-
	65,159	175,127	195,176	7,171	52,281
Total Funds	175,683	198,809	197,693	-	176,799

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	7,171
One Stop - restricted funds	Our Neighbourhood - restricted	Agreed transfer of remaining funding received during Covid to current activities	16,571

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

Transfers between funds cont....

From	To	Reason	£ Amount
Plough to Plate - restricted	Lythe Farmer's Breakfast - restricted	Plough to Plate renamed as Lythe Farmer's Breakfast - same client group and purpose	2,281
FEF Fund - restricted	Tea & tunes - restricted	Agreed transfer of remaining FEF Fund to new group Tea & Tunes	1,589
			27,612

2023 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	49,925	15,130	12,007	4,923	57,971
Designated funds	60,053		-	(7,500)	52,553
	109,978	15,130	12,007	(2,577)	110,524
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	62,327	2,577	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200		-
Caring Together Whitby(CTW)	-	25,600	25,600		-
My Neighbourhood Ryedale	18,293	55,635	68,095		5,833
Carers Support Group	2,859	168	232		2,795
Volunteers Expenses	29,520	10,000	8,149		31,371
Plough to Plate	6,012		3,731		2,281
Lythe Farmer's Breakfast	1,706	1,830	1,963		1,573
Awards for All (release of equipment grant)	-	1,847	1,847		-
One Stop	19,426	2,509	2,218		19,717
NYCC FEF Fund	1,589				1,589
NHS App fund	2,000		2,000		-
	81,405	196,539	215,362	2,577	65,159
Total Funds	191,383	211,669	227,369	-	175,683

13.2 Details of Funds Held 31 March 2024

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Reflects the redundancy and wind down provision of £52,553.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYC Carers Break Service - supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Our Neighbourhood - is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop - run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

13.2 Details of Funds Held cont....

Carers Support Group - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Lythe Farmer's Breakfast - a monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

Tea & Tunes - a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. This is also supported by the balance of unspent funds in the FEF (Food and Essentials) fund given by NYC.

14 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2024
	£	£	£	£
Balances at 31st March 2024				
Fixed assets	802	-	-	802
Current assets	86,920	64,190	63,857	214,967
Current liabilities	(15,757)	(11,637)	(11,576)	(38,970)
	71,965	52,553	52,281	176,799

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Balances at 31st March 2023				
Fixed assets	1,170	-	1,848	3,018
Current assets	68,366	63,253	76,202	207,822
Current liabilities	(11,565)	(10,700)	(12,891)	(35,157)
	57,971	52,553	65,159	175,683

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

One trustee received out of pocket expenses during the year of £14.40 (2023: £94.40).

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of:

Ryedale Carers Support CIO

for the year ended:

31 March 2024

which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date **22/7/24**