



Annual Report

April 2020 - March 2021



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked:

"What are you doing?" The boy replied, "Throwing starfish back into the ocean.

The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, " Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|-----------------------|
| o David Brewster | Chairman |
| o Sheila Shinman | Vice Chairman |
| o Micky Johnson | Vice Chairman |
| o Keith Webster | Treasurer |
| o Richard Coates | |
| o Elizabeth Davison | |
| o Robin Lakin | |
| o Chris Lund | Resigned October 2020 |
| o Bob Polley | |
| o Sue Sutermeister | |
| o Leisa Burniston | |
| o David Marston | |

Staff

- | | |
|---------------------|---|
| o Claire Hall | Chief Officer |
| o Sarah Hendry | Coordinator |
| o Carol Stevens | Coordinator |
| o Gill Gibbeson | Administrator - retired November 2020 |
| o Sam Berriman | Administrator - started November 2020 |
| o Isabelle Harrison | Scarborough, Whitby, Ryedale Activities Coordinator |
| o Jacquie Cole | Development Worker - started November 2020 |

L-R Claire, Isabelle and Sam



L -R Jacquie, Carol and Sarah



What we do:

- o **Carers Sitting Service** - volunteers give the carer a break by sitting with the person being cared for
- o **My Neighbourhood** - befriending and activities to reduce loneliness and social isolation
- o **Carers Support Group** - we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- o **Songs and Scones** - is a monthly event for older people to come together to participate in a performance by Live Music Now and other musicians, followed by conversation, tea and cake. During

lockdown they received regular phone calls, a monthly letter, quizzes and other activities.

- o **Farmers Breakfast** - farmers and others living in rural areas often face social isolation. The Farmers Breakfast is a means of bringing such people together. During lockdown they received quizzes and a monthly letter about life on a local farm.
- o **Walking Group** - the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.
- o **Community Development in Northern Ryedale and Whitby District** - our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

As we finished the last financial year (2019 - 2020) the country was plunged into lockdown as a result of the Covid-19 pandemic. The services we were able to provide changed dramatically, volunteers could no longer provide face to face support and our activities such as Songs and Scones and Farmers Breakfast were shut down. However, RCS did not stay inactive for long: we adapted to the new restrictions and the following services evolved throughout the year:

- o Volunteers provided regular telephone befriending calls to those they already knew and they took on additional calls to those suffering from loneliness as a result of lockdown. One volunteer was ringing 5 clients on a regular basis.
- o RCS and Scarborough & Ryedale Carers Resource became the Community Support Organisation (CSO) in Ryedale. In partnership with North Yorkshire County Council, the role of the CSO was to act as a single point of contact in Ryedale and respond to demands for help. For RCS this was primarily shopping and collecting prescriptions for those people self-isolating or shielding because they had been identified as clinically extremely vulnerable. From April 2020 - March 2021 the CSO supported 1135 households and 1472 individuals.
- o The CSO also acted as a local co-ordinator and source of information, advice and guidance for individuals and/or groups wishing to volunteer their time to assist in the community response. In the first few months (April - June 2020), RCS through the CSO recruited and supported over 100 new volunteers, many of whom

had been furloughed under the new government guidelines. This new cohort of volunteers all held a current DBS (from their day jobs) and could with additional references be quickly assimilated and trained in our procedures to deliver shopping and collect prescriptions for those shielding and self-isolating. Within 2 weeks of lockdown the CSO was up and running and delivering a vital service to the people of Ryedale. I would like to thank my colleagues at Scarborough & Ryedale Carers Resource for the great partnership work that enabled the CSO to be created quickly and seamlessly and for the laughter and tears we shared along the way!

RCS staff stepped up to the challenge of the pandemic and worked additional hours to enable support to be offered Monday – Friday from 9am – 5pm. This level of activity continued until July 2020 when the first lockdown was eased but picked up again in November 2020 through into 2021.

RCS also managed on behalf of North Yorkshire County Council a Food Emergency Fund for those who needed urgent shopping but had no way to access their bank accounts to get the cash to pay their bills.

As the pandemic developed RCS realised that a return to large group activities was unlikely so we started to look at other ways of connecting with our new and existing clients. Jacquie Cole was employed in November 2020, initially on a six-month contract, to work with existing staff to develop our online presence and look at how we keep connected with our volunteers and clients.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit more volunteers and pay their out-of-pocket expenses. During the pandemic the money from the Foundation helped us keep connected with volunteers and clients, through regular mail outs including a chatty letter about life on a local farm together with a variety of quizzes and colouring sheets. People said how nice it was to be remembered and that getting a regular letter from us cheered them up.
- NYCC Health & Adult Services and the local Clinical Commissioning Groups for continuing to support the sitting service. Ryedale Carers

Support is delivering the NYCC sitting service contract for Scarborough, Whitby and Ryedale for 2018 – 2023

- The Co-operative Local Community Fund - £3419
- Awards for All Grant, for equipment – £10,000
- NYCC Stronger Communities – funding the CSO partnership
- NYCC Food Emergency Fund - £2000
- Crombie Wilkinson Solicitors for making RCS their nominated charity of the year
- The many individual carers and volunteers who have given so generously throughout the year.

This year the charity was unable to hold any fundraising events.

Our Volunteers

Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

Post Covid Recovery work:

Carers Support Group

The support group has continued to keep in touch by a monthly Zoom call and by letter. There are 19 members of the group.

The Walking Group

The walking group continued to meet during lockdown, often on a 1:1 basis, walking from the client's home so no transport was needed. As lockdown eased the groups got a bit bigger but never more than 6 (3 clients and 3 volunteers)

The walking group has been a huge success for both the client, the volunteer and the family carer.

My Neighbourhood

Telephone Befriending - this became a lifeline to many of the people we supported, a friendly voice who had time to chat and discuss current affairs, the state of the garden or just listen to the worries and anxieties brought on by months of lockdown

Ryedale Virtual Country Show - in June when the Country Shows are



normally in full swing around Ryedale, we decided to hold our very own virtual country show to replace the ones that had been cancelled, with different classes each month. We had a good response and at the end produced a booklet of all the entries. If you would like to see the booklet please click on the link below or visit our website and click on the virtual show icon (top right of the home page)
<http://www.ryedalecarers.org.uk/assets/RCS%20Virtual%20Country%20Show.pdf>

RCS Quilting Project – Twenty talented and creative Quilters have been very busy, creating a total of 36 squares. Each square is a personal story of what 2020 meant for them.

Every square is unique, with lots of different quilting techniques being used, from patchwork to applique, felting to embroidery. There's just so much to see and enjoy.



Our amazing volunteer Pat has completed the huge task of sewing the squares together to create a wall hanging. Due to the large number of squares we decided to create two wall hangings. These will be displayed around Ryedale to promote and celebrate the work we do.

Online Singalong - our clients were missing our monthly Songs and Scones so in March 2021, with the help of North Yorks Adult Learning, RCS arranged for Martyn Cresswell to sing and play on Zoom for those who were able to join us. It proved to be so popular that it has become a monthly event with a variety of different singers and performers each month.

Virtual Walks - Volunteer Rangers Jim Hall and Davy Major from North York Moors National Park lead monthly virtual walks for 2 groups, enabling nearly 20 people who cannot get out to enjoy the countryside and a chat. Quotes: "We could imagine being there" and 'I liked having a bit of company".

IT Buddies - RCS has worked closely with Citizens Online: Carol Stevens is our Digital Champion and together with the rest of the staff, RCS has successfully recruited 4 volunteers to be IT buddies. The volunteers and staff have been very successful in getting people on to Zoom and connected to our online activities. A quote from a client "I was so proud of myself that I did it on Zoom".

Home Library Service - working in partnership with NYCC Libraries, we've been letting people know about their free home library delivery service of books and DVDs for anyone who can't get to the library.

Newsletter for volunteers - To keep our volunteers involved and informed about everything that we had been doing during lockdown, we



produced and sent out a 'Keeping Connected' newsletter at the end of March 2021. We soon realised that we would need 4 pages to share it all! Well-received, the newsletter will continue on a quarterly basis as an informal and attractive way to share, celebrate and communicate with our valued volunteers. It is also a useful way to promote what we do with partner organisations and funders.

My Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. My Neighbourhood with the help of our volunteers aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Throughout 2020/21 Ryedale Carers Support has worked closely with Scarborough and Ryedale Carers Resource to enable this to happen.

Community Development in Northern Ryedale and Whitby District

Throughout lockdown, Isabelle, our Activities Coordinator in northern Ryedale and Whitby District has been in regular contact with all the members of Lythe Farmers Breakfast and the ladies in Hinderwell and Ugthorpe. As well as phone calls clients have been getting quizzes and a monthly letter about 'life on a moors farm'. Isabelle has shared the antics of Marcus the Dexter bull, sheep stuck in snowdrifts in early January and the arrival of the curlews in April, heralding spring. The monthly letter and quizzes were also shared with Ryedale Farmers Breakfast regulars. Isabelle provided regular welfare calls and arranged telephone befrienders for those that needed one.

Thanks to local donations of DVDs and a willing volunteer, Isabelle was able to set up a small film club in Hinderwell. During lockdown a group of friends shared films and discussed them over the phone.

Coffee and IT: as a result of the enforced changes to how we work and interact with our clients, the connectivity divide between those who can go online and those who cannot has become even more stark. Not just with those who have the internet and those that don't, but also those that won't. This last group have been left behind during lockdown as so much information is now available online. Isabelle applied to NYCC Stronger Communities Inspire Grant and was successful in obtaining funding to purchase 6 tablets and accompanying software. The tablets were loaded with suitable programmes and treated like the old school slate boards and shared with clients in a café over a cup of tea. They could learn to browse the internet for information about their local area, the history and what's on - there is so much out there.

The aim of 'coffee and IT' is to:

- o Get our clients thinking of the tablet like a book and not a fancy electronic device
- o Enjoy and explore what can be done and accessed online
- o Getting over the fear of owning an expensive piece of equipment that won't be used
- o Overcoming the fear of getting it wrong
- o Getting together and learning something new and fun

The Book Club

A volunteer delivers the book to 5 fellow bookworms and after 4 -6 weeks she rings them to hear their views on the book. This started as a project in the first lock down and will continue. The members of the book club are now meeting socially.

At the end of March 2021, the country was still in lockdown but the staff were in the office as well as working from home. This arrangement of blended work will continue. Our online activities have been a great success and will continue as they have become part of our post-Covid recovery. One carer said, 'It's nice to do something without worrying about finding a sitter for my husband' while another commented, 'It is so hard to get out of the house now, my arthritis is so bad. Having an activity brought to me makes all the difference. I feel part of something again'.

The road map out of lockdown enabled us to begin to plan our post-Covid recovery and some unrestricted funds from 2020/21 have been allocated to provide for this.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2021

*Tracy Bramley ACMA CGMA
Charity Accounts Preparation &
Independent Examination*

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

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Trustees' Annual Report

From: 1 April 2020

To: 31 March 2021

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2021.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
Tinley Garth
Kirkbymoorside
York
YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Micky Johnson	Vice Chair		
Sheila Shinman	Vice Chair		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates			
Elizabeth Davison			
Chris Lund		Resigned October 2020	
Leisa Burniston			
David Marston			

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Sitting Service - volunteers sit with the person being cared for to give the carer a break

My Neighbourhood - befriending and activities to reduce loneliness and social isolation

Carers Support Groups - we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Songs and Scones - is a monthly event for older people to come together to participate in a performance by Live Music Now and other musicians, followed by conversation, tea and cake. During lockdown they received regular phone calls, a monthly letter, quizzes and other activities.

Farmers Breakfast - Farmers and others living in rural areas often face social isolation. The Farmers Breakfast is a means of bringing such people together. During lockdown they received quizzes and a monthly letter about life on a local farm.

Walking Group - The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

Community Development in Northern Ryedale and Whitby District - our Community Development worker runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2020 - March 2021'

Financial Review

The results for the period ending 31st March 2021 show final balances of £55,154 unrestricted funds; £45,053 designated funds and £52,152 restricted funds. In year, the overall operational surplus, after transfers was £30,060; comprising a surplus of £409 on unrestricted funds, £15,000 on designated funds and £14,651 on restricted funds. The surplus this year on unrestricted funds reflects another successful year of fundraising and a significant increase in donations. The surplus in year on restricted funds reflects several grants on hold as some activities were suspended during the pandemic. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2021. These will be carried forward to the new financial year as the charity will have an increase in expenditure as links are re-established with clients and volunteers and new and exciting activities are developed..

The trustees have moved a further £5,000 into the designated redundancy and wind down provision to reflect increasing staff numbers and established a new designated fund entitled 'Covid Recovery project' of £10,000, both transferred from unrestricted general funds. The new Covid Recovery fund will be used to buy a computer and employ a part time worker to develop a recovery plan and identify new activities to enable the lonely and isolated to reconnect with each other either face to face or online.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £53,399 at 31st March 2021. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

The road map out of lockdown enabled the charity to begin to plan its post covid recovery strategy. This will include;

- a blend of online and face to face activities
- staff working from the office and from home
- volunteers to continue to provide telephone befriending and face to face support

Ryedale Carers Support has learnt from the pandemic and the national lockdown to find new ways of keeping our communities connected.

A three year Business Plan for the partnership of Ryedale Carers Support, Caring Together Whitby and Support for Carers Scarborough has been prepared which details the strategic aims and detailed plans going forward and addresses any weaknesses or threats as identified in the SWOT analysis.

Ryedale Carers Support will continue to develop and strengthen the partnership to ensure its future sustainability.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

.....
David Brewster, Chair

Date

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of: **Ryedale Carers Support CIO**
for the year ended: **31 March 2021** which are set out on pages 5 to 14.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tracy Bramley ACMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date:

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2021

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2021	Total 2020
Income and endowments from:		£	£	£	£	£
Donations and legacies	3.1	22,272	-	-	22,272	19,192
Charitable activities	3.2	1,000	-	216,433	217,433	215,892
Other trading activities	3.3	2,099	-	-	2,099	9,097
Investments	3.4	93	-	-	93	148
Total income	3	25,464	-	216,433	241,897	244,329
Expenditure on:						
Raising funds	4.1	632	-	-	632	3,278
Charitable activities	4.2	6,668	-	204,537	211,205	234,628
Total expenditure	4	7,300	-	204,537	211,837	237,906
Net income/(expenditure)		18,164	-	11,896	30,060	6,423
Transfers between funds		(17,755)	15,000	2,755	-	-
Net movement in funds		409	15,000	14,651	30,060	6,423
Total funds brought forward		54,745	30,053	37,501	122,299	115,876
Total funds carried forward		55,154	45,053	52,152	152,359	122,299

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2021

	Note	2021 £	2020 £
Fixed Assets			
Tangible assets	8	5,450	5,542
Total Fixed Assets		5,450	5,542
Current Assets			
Debtors	9	430	868
Cash at bank and in hand	10	185,959	157,817
Total Current Assets		186,389	158,685
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	39,480	41,928
Net Current Assets/(Liabilities)		146,909	116,757
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		152,359	122,299
Funds of the Charity 31 March 2019	13		
Unrestricted Funds (General)		55,154	54,745
Unrestricted Funds (Designated)		45,053	30,053
Restricted Funds		52,152	37,501
Total Funds	13	152,359	122,299

The financial statements were approved by the trustees on
and signed on their behalf by:

D Brewster
Chair
Date:

K Webster
Treasurer
Date:

Notes to the accounts for the year ended:

31st March 2021

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2021

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

3 Income and endowments	Unrestricted funds	Designated funds	Restricted funds	Total 2021	Unrestricted funds	Designated funds	Restricted funds	Total 2020
	£	£	£	£	£	£	£	£
3.1 Donations and legacies								
<u>Voluntary Income - donations</u>								
General Donations	21,858			21,858	18,419			18,419
Gift Aid	414			414	773			773
	22,272	-	-	22,272	19,192	-	-	19,192
3.2 Charitable activities								
* <u>NYCC & CCG Sitting Service</u>								
Ryedale Carers Support	1,000		59,750	60,750			64,680	64,680
Caring Together Whitby			25,600	25,600			26,600	26,600
Support for Carers Scarborough			39,200	39,200			40,924	40,924
* <u>NYCC My Neighbourhood Service</u>								
Ryedale Carers Support			38,356	38,356			33,789	33,789
Caring Together Whitby			4,303	4,303			5,521	5,521
Support for Carers Scarborough			6,353	6,353			9,821	9,821
The Robert McAlpine Foundation - volunteers expenses			10,000	10,000			12,500	12,500
Other donations to volunteers expenses				-			1,182	1,182
Community Lifelines project - Henry Smith grant				-			12,083	12,083
Awards for All equipment grant (release of grant to match dep'n)			1,847	1,847			3,958	3,958
NYCC Stronger Communities/CSO partnership			27,650	27,650			-	-
Other COVID income			1,374	1,374			-	-
NYCC FEF Fund			2,000	2,000			-	-
Songs & Scones				-			2,224	2,224
Farmers Breakfast				-			963	963
Support Groups				-			355	355
Carers Trip Out				-	1,292			1,292
Volunteers Events				-				-
	1,000	-	216,433	217,433	1,292	-	214,600	215,892
3.3 Other trading activities								
Fundraising	2,099			2,099	9,097			9,097
	2,099	-	-	2,099	9,097	-	-	9,097
3.4 Investments								
Bank interest received	93			93	129	19		148
	93	-	-	93	129	19	-	148
Total income	25,464	-	216,433	241,897	29,710	19	214,600	244,329
* denotes government grants received this year, totalling	£203,212	(2020: £181,335)						

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31st March 2021

4 Expenditure	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2020 £
4.1 Raising funds								
200 Club	612		-	612	595		-	595
Fundraising costs	20		-	20	2,683		-	2,683
	632	-	-	632	3,278	-	-	3,278
4.2 Charitable activities								
<u>Direct Project costs</u>								
Salaries, NI & Pensions			90,166	90,166			85,352	85,352
Ex-gratia payments	2,500			2,500				-
Staff training & travel expenses			2,508	2,508			5,801	5,801
Volunteer training & travel expenses			2,603	2,603			13,186	13,186
Subscriptions			142	142			140	140
Supporting Carers			-	-	6		4,388	4,394
Sundry & cleaning expenses	886		995	1,881	150		983	1,133
Carers Trip			-	-	942		1,562	2,504
Songs & Scones			20	20			5,940	5,940
Volunteers Events			-	-	272		1,989	2,261
Farmers Breakfast			-	-			2,193	2,193
My Neighbourhood activities			328	328			2,316	2,316
COVID-19 expenses			3,241	3,241			-	-
FEF Fund shopping payments			363	363			-	-
<u>Partner payments</u>								
Support for Carers Scarborough			47,217	47,217			52,245	52,245
Caring Together Whitby			31,351	31,351			33,621	33,621
<u>Central support costs</u>								
Telephone			2,844	2,844			2,326	2,326
Postage, stationery, printing & photocopying	110		7,440	7,550	95		4,374	4,469
Advertising & website			624	624			844	844
Rent & service charges			5,573	5,573			5,490	5,490
Insurance			2,469	2,469			2,150	2,150
Office & Computer Equipment	2,587		3,356	5,943	530		4,322	4,852
Depreciation	585		1,847	2,432			1,847	1,847
<u>Governance</u>								
Independent examination fee			790	790			750	750
Professional fees			660	660			690	690
Trustee expenses			-	-			10	10
AGM & meeting expenses			-	-			114	114
	6,668	-	204,537	211,205	1,995	-	232,633	234,628
Total expenditure	7,300	-	204,537	211,837	5,273	-	232,633	237,906

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Notes to the accounts for the year ended:

31st March 2021

5 Fees for examination of the accounts

	2021	2020
	£	£
Independent Examiner's fees for reporting on the accounts	790	750
Other fees	-	-
	790	750

6 Staff costs and emoluments

	2021	2020
	£	£
Gross salaries	83,066	77,431
Employers National Insurance	1,318	2,153
Pension Contributions	2,567	2,553
Other benefits - car allowance	3,215	3,215
	90,166	85,352
Average number of employees (head count)	6	5

No employee received remuneration in excess of £60,000 (2020: Nil)

The total employee benefits of the key management personnel of the charity were £33,634 (2020: £32,072).

No redundancy payments were made during the year (2020: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,567. There were £92.21 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

Tangible fixed assets

Cost or valuation

	Equipment	Total
	£	£
At 1st April 2020	7,389	7,389
Additions in year	2,340	2,340
Disposals in year	-	-
At 31st March 2021	9,729	9,729

Depreciation

	Equipment	Total
	£	£
At 1st April 2020	1,847	1,847
Charge for the year	2,432	2,432
At 31st March 2021	4,279	4,279

Net Book Value

	Equipment	Total
	£	£
At 31st March 2021	5,450	5,450
At 31st March 2020	5,542	5,542

9 Debtors and prepayments

	2021	2020
	£	£
Debtors and prepayments	430	868
Prepayments and accrued income	430	868

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Notes to the accounts for the year ended:

31st March 2021

10 Cash at bank and in hand

	Total 2021 £	Total 2020 £
Current bank account	63,542	40,498
Deposit bank accounts	92,241	92,177
Reserve account	30,081	25,054
Cash in hand	95	88
	185,959	157,817

11 Creditors and accruals

	2021 £	2020 £
Analysis of creditors falling due within one year		
Trade creditors	461	4,327
Payments received on account for contracts or performance-related grants	34,832	36,680
Accruals	4,187	921
Taxation and social security	-	-
	39,480	41,928

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2021 (2020: None).

13 Movement of funds

13.1 Movement of major funds

2021 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	54,745	25,464	7,300	(17,755)	55,154
Designated funds	30,053	-	-	15,000	45,053
	84,798	25,464	7,300	(2,755)	100,207
Restricted Funds					
NYCC Carers Sitting Service Ryedale	3,845	59,750	66,350	2,755	-
Support for Carers Scarborough	-	45,553	45,553		-
Caring Together Whitby	-	29,903	29,903		-
NYCC My Neighbourhood Ryedale	1,413	38,356	32,195		7,574
Support Groups	1,937	-	-		1,937
Volunteers Expenses	16,777	10,000	2,088		24,689
Carers Trip	1,000				1,000
Songs & Scones	6,000	-	2,455		3,545
Farmers Breakfast	6,529	-	-		6,529
Awards for All (release of equipment grant)	-	1,847	1,847		-
NYCC Stronger Communities/CSO partnership	-	29,024	23,783		5,241
NYCC FEF Fund	-	2,000	363		1,637
	37,501	216,433	204,537	2,755	52,152
Total Funds	122,299	241,897	211,837	-	152,359

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Notes to the accounts for the year ended:

31st March 2021

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	2,755
General funds	Designated funds	To increase the redundancy provision to reflect the increase in staff numbers	5,000
General funds	Designated funds	To establish a post Covid recovery fund	10,000
			<u>17,755</u>

2020 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	37,208	29,710	5,273	(6,900)	54,745
Designated funds	25,034	19	-	5,000	30,053
	<u>62,242</u>	<u>29,729</u>	<u>5,273</u>	<u>(1,900)</u>	<u>84,798</u>
Restricted Funds					
NYCC Carers Sitting Service Ryedale	4,295	64,680	65,130		3,845
Support for Carers Scarborough	-	40,924	40,924		-
Caring Together Whitby	-	26,600	26,600		-
My Neighbourhood	4,250	49,131	51,968		1,413
Inman Charity	346	-	346		-
Kirkby Foundation	3,417	-	3,417		-
Support Groups	342	355	697	1,937	1,937
Volunteers Expenses	14,588	13,682	11,493		16,777
Carers Trip				1,000	1,000
Songs & Scones	-	2,224	2,224	6,000	6,000
Farmers Breakfast	7,457	963	1,891		6,529
Rural/Community Lifelines Project	18,939	-	10,002	(8,937)	-
Community Lifelines- Henry Smith	-	12,083	12,083		-
Awards for All equipment grant	-	3,958	5,858	1,900	-
	<u>53,634</u>	<u>214,600</u>	<u>232,633</u>	<u>1,900</u>	<u>37,501</u>
Total Funds	<u>115,876</u>	<u>244,329</u>	<u>237,906</u>	<u>-</u>	<u>122,299</u>

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Comprise a redundancy and wind down provision of £35,053 and a new Covid Recovery Project of £10,000. The latter will be used to buy a computer and employ a part time worker to develop a recovery plan and identify new activities to enable the lonely and isolated to reconnect with each other either face to face or online.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYCC Carers Sitting Service Ryedale - supported by NYCC Health & Adult Services and the local Clinical Commissioning Groups to provide a sitting service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

My Neighbourhood - in partnership with Scarborough and Ryedale Carers Resource - providing befriending and activities to reduce loneliness and social isolation.

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Notes to the accounts for the year ended:

31st March 2021

13.2 Details of Funds Held cont....

Support Groups - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Songs & Scones - a monthly opportunity for isolated and vulnerable carers and older people to come together to participate in a performance by Live Music Now musicians, followed by tea and scones. This is part funded under activities supported by the My Neighbourhood grant.

Farmers Breakfast - an opportunity for gentlemen in the community who have retired from work, either in farming or other rural pursuits to meet others. This is part funded under activities supported by the My Neighbourhood grant.

Awards for All equipment grant - a grant received last year for the purchase and set up of new computer equipment. This has been capitalised and depreciated over 4 years. Each year an equivalent amount of grant is released to match the depreciation shown in the accounts.

NYCC Stronger Communities/CSO partnership - RCS became part of the NYCC Community Support Organisation and received funding to set up a network of new and existing volunteers to provide emergency shopping and prescription collection for those shielding and self-isolating.

NYCC FEF Fund - a new grant of £2,000 for 'Food and Essentials Fund'; to ease cashflow and can be used to reimburse volunteers for any up-front costs incurred by them when purchasing food or essential items for people.

14 Net assets between funds	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2021	Total 2020
	£	£	£	£	£
Balances at 31st March 2021					
Fixed assets	1,755		3,695	5,450	5,542
Current assets	67,749	57,160	61,479	186,389	158,685
Current liabilities	(14,350)	(12,107)	(13,022)	(39,480)	(41,928)
	55,154	45,053	52,152	152,359	122,299

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

There were no reimbursements to trustees for out of pocket expenses during the year (2020: £10.00).