

Caring Together (North Yorkshire)

England & Wales · Charity number 1175552

Details

Other names	RYEDALE CARERS' SUPPORT, Caring Together (North Yorkshire)
Status	Registered
Legal form	CIO
Registered	2017-11-03
Register	View on the Charity Commission register

Contact

Address	The Old School Tinley Garth Kirkbymoorside York YO62 6AR
Phone	01751432288
Email	enquiries@ryedalecarers.org.uk
Website	www.ryedalecarers.org.uk

Activities

Objects: TO RELIEVE WITHIN THE AREA OF BENEFIT THE ELDERLY, THE SICK OR PEOPLE WITH DISABILITIES BY PROVIDING SUPPORT AND PRACTICAL ASSISTANCE TO THOSE RESPONSIBLE FOR THEIR CARE.

Activities: Ryedale Carers Support provides practical and emotional support for carers, the people they care for and older people living on their own. The service is provided by volunteers. We achieve this by providing:*A Carers sitting service*My Neighbourhood - befriending and low level practical support*A Support Groups for Carers*Songs and Scones *Farmers Breakfast*A Walking Group

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** Elderly/old People, People With Disabilities

Geography

- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£249,134	£205,929	-	-
2024-03-31	£198,809	£197,693	-	-
2023-03-31	£211,669	£227,369	-	-
2022-03-31	£255,001	£215,977	-	-
2021-03-31	£241,897	£211,837	-	-

Trustees

Name	Role	Appointed
DAVID BREWSTER		2002-09-01
Elizabeth Midgley		2025-11-27
Helena Megson		2024-11-05
John Humphreys		2022-11-09
Leisa Burniston		2018-10-01
Nicolene Engelbrecht		2025-11-27
RICHARD COATES		2010-04-01
ROBERT POLLEY		2000-09-01
Robert Carrack		2024-11-05
SUSAN ELIZABETH SUTERMEISTER		1994-11-08

Accounts

Annual Report

April 2024 – March 2025

Summary of 2024-2025

At the end of the annual report 2023-25 Claire Hall ended it by saying that she had taken the decision to retire, and, to mark this, she would be completing a sponsored walk around the perimeter of Ryedale. The total amount raised by Claire's efforts was in excess of £10,000. Claire handed over the reins to Ann Ferguson in the summer of 2024. Ann had previously been a trustee of Ryedale Carers Support and was therefore quite familiar with the organisation which would hopefully stand her in good stead.

In the spring of 2024 Caring Together Whitby and District approached RCS to advise that they intended to cease their work due, in the large part, to difficulties recruiting volunteers and trustees. Ryedale Carers Support was the lead partner with North Yorkshire Council and thus it fell on us to ensure the ongoing delivery of the service in the area whilst an alternative provider was found. The AGM for Caring Together Whitby did fall on Ann's first day in her new role and it was there that the decision to 'hand over' to us at RCS was made. This was to be some baptism of fire!

With the help of the Ryedale staff team, we continued to provide a stable service in Whitby from summer 2024 and also to extend our online/ virtual offer to the residents of Whitby and surrounding areas. Service development was extremely limited until a decision was made as to whether RCS would retain CTW or seek another partner. In the November of 2024 the trustees of RCS decided to retain CTW and therefore to recruit to a new post of Co-ordinator to manage the majority of the day to day work in Whitby and surrounding areas. This post was recruited to and Laura Brown was the successful applicant.

At the same time the trustees decided to increase capacity within Ryedale to manage the high number of referrals and the increasing need for volunteers. Natalie Forthergill was the successful applicant and she began in May 2025.

In the autumn of 2024 a new project commenced to support those we support with IT/ digital challenges. We recruited new IT Buddies and asked existing volunteers if this was something they would like to help people with. All IT Buddies were given appropriate training provided through the grant holder. This project has helped people get online, access our virtual offers, be able to use Zoom to reach family and friends, or simply to show some how to use their remote control as smart TVs really are too smart for many of us! Now this IT offer is built into our everyday offer and people continue to ask us for this little bit of specific help. This was across both Ryedale and Whitby areas.

The demand for our services has remained strong in both areas and we hold waiting lists for people who would like a volunteer visitor. The reasons for this are varied but certainly include a complexity of referrals, and a significant increase in the number of referrals for people living with a cognitive impairment, most notably dementia. Some volunteer visitors are not keen to visit a person with dementia for a number of reasons and therefore these people can wait for some time. This difficulty has been shared with North Yorkshire Council to consider on a strategic level. We are looking also at ways to recruit more volunteers as the number of people coming forward wanting to volunteer to almost all organisations has reduced over recent times. 2025-2026 has really seen us up our efforts in this area.

Building on the success of Lythe farmers Breakfast, we started a Whitby Fisherfolk Breakfast that follows the same model. This has proved very successful and has now outgrown its current venue.

There has been much to celebrate in 2024-2025 with the move into Whitby and continuing to deliver strong offers in both areas. This has been achieved through the dedicated efforts of the staff team and the volunteers, including the trustees within the volunteers also. 2025-2026 has brought new challenges, which really will commence in earnest once the name of the new organisation has been decided.

Ann Ferguson

October 2025

Trustees 2024-2025

- David Brewster Chairman
- Robert Carrack Treasurer
- Richard Coates Vice Chairman
- Elizabeth Davison
- Robin Lakin

- Bob Polley
- Sue Sutermeister
- Leisa Burniston
- Helena Megson
- John Humphreys
- Penny Ward
- Mike Rhodes

Staff

- Claire Hall Chief Officer until August 2024
- Ann Ferguson Chief Officer from July 2024
- Heather Witty Senior Co-ordinator
- Sam Berriman Administrator
- Isabelle Harrison Co-ordinator Support
- Jacquie Cole Development Worker
- Laura Brown Co-ordinator from April 2025
- Natalie Fothergill From May 2025

What we do:

- **Carers Break Service** – volunteer visitors give the carer a break by spending time with the person being cared for. This includes going out for a walk, a drive, a coffee, shopping, as well as staying in the home.
- **Our Neighbourhood** – volunteer befriending and activities to reduce loneliness and social isolation
- **Carers Support Group** – we organise a monthly meeting in both Ryedale and Whitby to offer carers the opportunity to share concerns, receive support and simply take time out to relax. Sometimes speakers are invited along.

- **Tea and Tunes** – is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.
- **Ryedale Walking Group** – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has time off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable. Sometimes both people go!
- **Lythe Farmers Breakfast** - this monthly group provides those who might otherwise find themselves isolated, the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker and then, most importantly, have a bacon buttie and a chat.
- **Whitby Fisherfolk Breakfast** – as above in Lythe

- **On - Line Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

Virtual Walks Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

Tuesday Tunes provides an opportunity for people to meet on line to enjoy a variety of musical genres. The social connection has helped people feel less isolated:

- **RCS 2024 Calendar** – It has been so well-received that Ryedale Carers Support decided to do another calendar for 2025 as a way to reach out and connect with all volunteers. The A4 double sided card has a variety of photographs that highlight the different activities
- **Volunteer Newsletter** - A quarterly newsletter for all our volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Ann', we feature recent sessions and events; what's coming up; and a 'spotlight' on something new.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit and advertise for more volunteers and pay their out- of-pocket expenses.
- NYC Health & Adult Services and the local Integrated Care Board; RCS is contracted to provide a Carers Break Service in Scarborough, Whitby and

Ryedale from 2023- 2026 with an option to continue this service for a further 4 years

- Carers Plus as a partner in the delivery of Our Neighbourhood
- Woodsmith Foundation for supporting Lythe Farmers Breakfast
- Yorkshire Building Society for supporting Whitby Fisherfolk Breakfast
- Co-op Funeral Care for supporting our work in Whitby
- The many individual carers and volunteers who have given so generously throughout the year

Who we help

Referrals to Ryedale Carers Support have increased year on year and in this financial year 270 carers and older people have received a service from us as part of the Carers Breaks service. We deliver around 400 hours a month across Ryedale and Whitby.

Age Range :

	50-64	65-74	75-84	85+
Ryedale	2	2	25	27
Whitby	5	2	3	3

Health Condition:

	Cognitive Impairment	Long Term Illness	Learning Disability	Mental Health Needs	Physical Disability	Sensory Disability
Ryedale	36	9	0	1	1	1
Whitby	10	2	0	1	0	0

Our volunteer visitors also support those living alone as part of the Our Neighbourhood contract. We deliver around 300 hours a month across Ryedale and Whitby.

Working with other groups

We continue to make good use of partnerships across the areas as this increases our reach and enhances the offer available to the community.

Within Ryedale we have continued to play our part in the Community One Stops although the makeup of these has changed. There is now a monthly event in Pickering but the other events have ceased. In Whitby the Community Anchor Organisation is managed by Flash Arts Company and they hold a monthly community breakfast for all interested and varied community groups. This has been invaluable in enabling us to build up our knowledge of 'What's on in Whitby' and we have been able to refer people to different things, as well as take part in events going on. There is an active 'Whitby Dementia Friendly Community' run from the Coliseum and we support that.

Ryedale Carers Support continues to be a part of Ryedale Charities Together. We meet regularly throughout the year, focussing on problems we all share as well as providing us all with a sympathetic ear.

Our work with Art Beat as part of Rural Arts has continued although it's funding is under review currently. Art Beat has moved into Whitby too, and in Ryedale and Whitby we have got a few volunteers able to take the work on as Art Beat moves out.

For Christmas 2024 we put a tree in the Kirkbymoorside Methodist church. This focussed on quotes from volunteers and those we support to demonstrate the impact of our work. The cheery on the (Christmas) cake was that we got a share of all the donations received. Thank you for that!

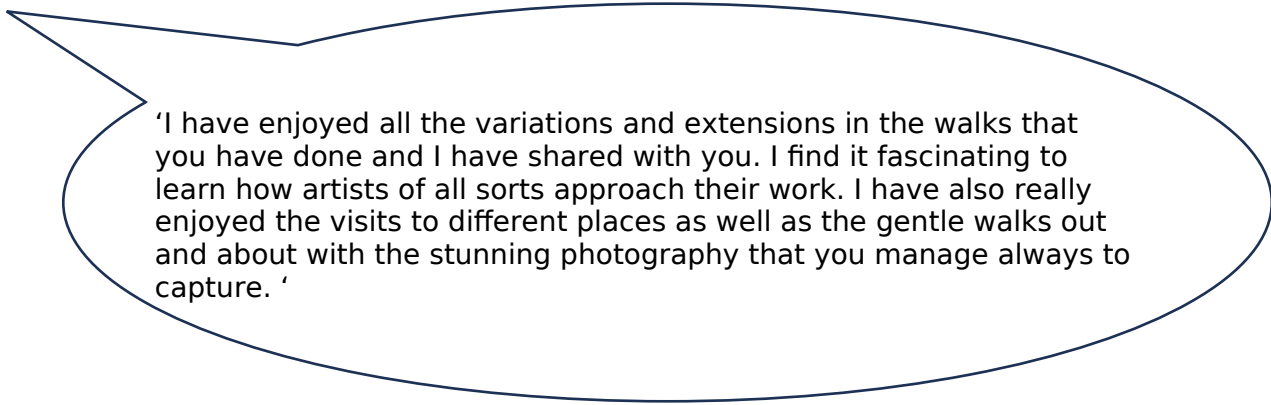
Our Volunteers

Our work would not be possible if it was not for our volunteers. These people really make ALL of what we do possible. To date we have 150 volunteers registered with us and they really do make a significant difference to the people they spend time with. In 2024 our thank you event for Ryedale volunteers was held at Scampston Hall with a walk around the garden and a cream tea in the Orangery. It is always a pleasure to be able to spend this time with volunteers as, for the most part, they go about their work silently, managing their visits themselves and only getting in touch when they need to.

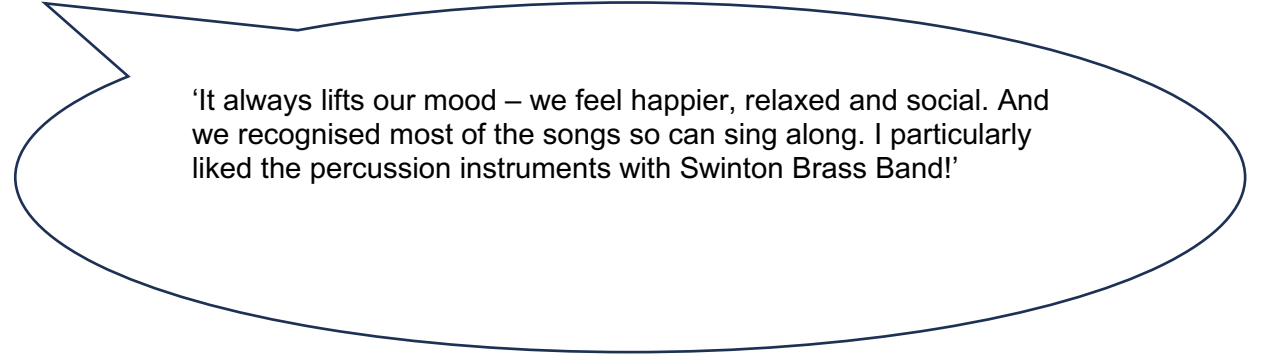
In Whitby we have been looking to attract new volunteers, with some success. Already we have a great group of volunteers who will turn their hand to anything.

Thank you to all our volunteers. We could not do without you all.

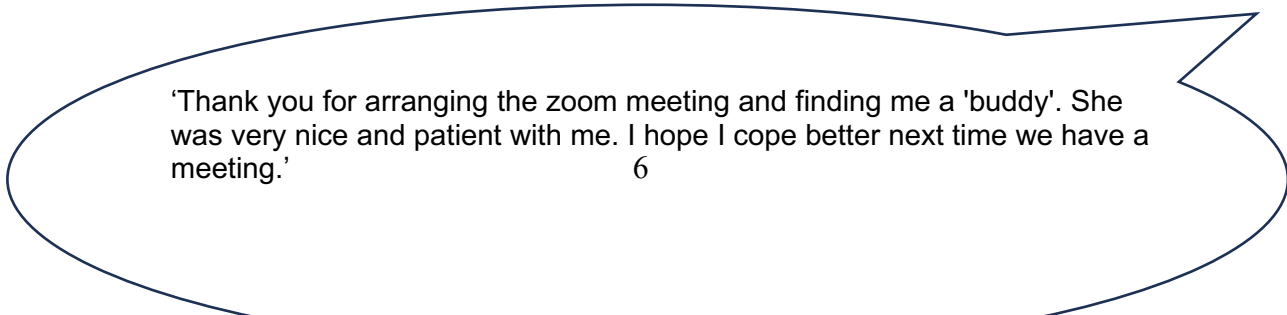
Here are the voices of the people we work with



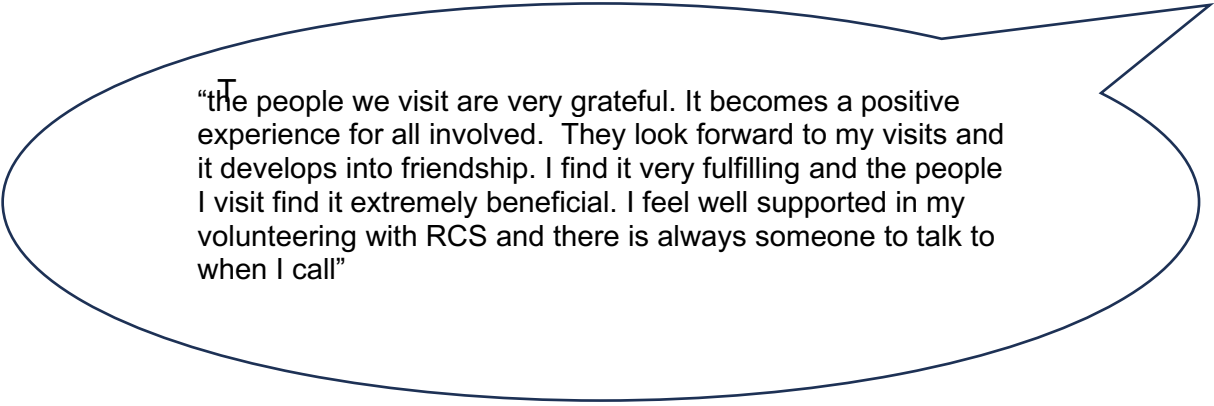
'I have enjoyed all the variations and extensions in the walks that you have done and I have shared with you. I find it fascinating to learn how artists of all sorts approach their work. I have also really enjoyed the visits to different places as well as the gentle walks out and about with the stunning photography that you manage always to capture. '



'It always lifts our mood – we feel happier, relaxed and social. And we recognised most of the songs so can sing along. I particularly liked the percussion instruments with Swinton Brass Band!'



'Thank you for arranging the zoom meeting and finding me a 'buddy'. She was very nice and patient with me. I hope I cope better next time we have a meeting.'



"The people we visit are very grateful. It becomes a positive experience for all involved. They look forward to my visits and it develops into friendship. I find it very fulfilling and the people I visit find it extremely beneficial. I feel well supported in my volunteering with RCS and there is always someone to talk to when I call"



REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1175552

(England & Wales)



PREPARED BY

CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

The Trustees present their report and the financial statements for the year ended 31st March 2025.

Background and Structure

The legal name of the Charity is Ryedale Carers Support CIO. The Charity was established as a CIO by a constitution adopted on 3rd November 2017. The Charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1175552. The Mission Statement of the Charity is to provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Principal Operating Address

The Old School, Tinley Garth, Kirkbymoorside, York YO62 6AR

Trustees

Name	Office	Dates acted, if not for whole year
Ann Ferguson	Chair	Resigned 17th May 2024
David Brewster		
Elizabeth Davison		
Helena Megson		Appointed 5th November 2024
John Humphreys		
Keith Webster	Vice Chair	Resigned 22nd July 2025
Leisa Burniston		
Penny Ward		
Richard Coates		
Robert Carrack		Appointed 5th November 2024
Robert Polley		
Robin Lakin		
Susan Sutermeister		

Trustee Selection

Appointment of trustees is by the election of members of the association at the Annual General Meeting from local people who have an interest in the charity. All trustees are required to stand down at the Charity's Annual General Meeting, but being eligible, those who wish to can offer themselves for re-election. The Charity is controlled and directed by the elected members of the Board of Trustees.

Ryedale Carers Support board of trustees consists of individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Management

Chief Officers: Claire Hall (to July 2024), Ann Ferguson (from July 2024)

The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Contribution Made By Volunteers

The Charity currently has 181 volunteers who provide our volunteer visiting and befriending service, assist in the running of our activities and events, specifically transport clients, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Accountants

Champleys Chartered Certified Accountants

Champleys Mews, Market Place, Pickering YO18 7AE

Bankers

CAF Bank

Kings Hill, West Malling, Kent ME19 4JQ

Scottish Widows Bank

PO Box 883, Leeds LS1 9TY

Summary of the objects of the Charity as set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable older people to re-engage with their community
- To inform and sign post to other organisations

Summary of the main activities undertaken for the public benefit in relation to these objects

◦ **Carers Break Service**

Volunteers give the carer a break by sitting with the person being cared for.

◦ **Digital Inclusion**

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

◦ **Our Neighbourhood**

Befriending and activities to reduce loneliness and social isolation.

◦ **Carers Support Group in Ryedale and Whitby**

We organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

◦ **Tea and Tunes**

This is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

◦ **Walking Group**

The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

◦ **Community Development in Northern Ryedale and Whitby District / Lythe Farmers Breakfast**

- Lythe Farmers Breakfast

Our Coordinator Support runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District. Lythe Farmers Breakfast, on the first Wednesday of every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides those who are less able to interact and find themselves isolated the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker, and then most importantly have a bacon buttie and a chat.

- Whitby Fisherfolk Breakfast

The Co-ordinator in Whitby runs this event on the last Friday of every month based on the model of that in Lythe. Here people meet monthly for a cup of tea, listen to a sea-based or other locally inspired speaker, and then enjoy bacon butties and a chat.

◦ **Online Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks:** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Tuesday Tunes:** Over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated.
- **Community One Stop:** Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2024 Calendar:** It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter:** A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming

Public Benefit Statement

The Ryedale Carers' Support Board of Trustees believe the services provided by the Charity to be both beneficial and vitally important to the community. Throughout the year the Board of Trustees had regard to the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

This has been a very busy year for the Charity which saw the Charity take over the management of Caring Together Whitby and District (CTW) from August 2024. This was at the request of CTW. The trustees of Ryedale Carers Support took the decision to continue to operate in Whitby and surrounding area. This has been a positive decision and we have been able to roll out some of the Ryedale services to those in Whitby, and also establish new activities in Whitby to provide greater support to carers and others.

It has been a large task to incorporate Whitby into our organisation. This has seen the whole staff team rise to the challenge and familiarise themselves with many new people and new areas.

Ryedale carers Support has increased its staffing headcount, recruiting 2 co-ordinators for Whitby and Ryedale. Now all staff work across this wider area as required.

We have started a successful project to increase access to IT across the whole area. As part of the Government levelling up project we secured funding to recruit IT buddies to work on a 1:1 basis with people keen to upskill themselves, use different apps, use Zoom etc. This offer is still available and we use this resource with new referrals if that IT input is needed.

Plans for the Future

We have a number of key areas to develop over this year to consolidate the merging of Ryedale Carers Support and Caring Together Whitby and District. At the AGM in November 2025 we intend to vote on a name change that represents both areas. This will enable us to develop a new website that too reflects the overall aims or the organisations but highlights the two different geographical areas. In addition, we are seeking a Record Management system to enable the staff team to efficiently handle our caseload and simplify our communication methods. This is increasingly important as we now support so many more clients and volunteers.

Fundraising will be a key feature of 2025-6 as we work hard to raise the profile of the organisation as well as enthuse people in the work that we do.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 2 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with funding for the 'Our Neighbourhood' project and a continued partnership agreement between Ryedale Carers Support and Support for Carers Scarborough gives us a firm platform and the building blocks to develop and extend our services.

We continue to believe that working with others enables RCS to provide the best possible service for their clients.

Risk Management

The Board of Trustees continue to examine the principal areas of the Charity's operations to review the major risks which may arise. In the opinion of the Board, financial and operational policies and procedures are in place to enable such risks to be identified and allow them to be mitigated to an acceptable level in the Charity's day to day activities.

Financial Review

The financial position of the Charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	249,134	198,809
Expenditure	(205,929)	(197,692)
Net Surplus/(Deficit)	<u>43,205</u>	<u>1,117</u>
Unrestricted Funds	104,061	71,965
Restricted Funds	63,390	52,281
Designated Funds	52,553	52,553
Total Funds	<u>220,004</u>	<u>176,799</u>

The results for the year show a surplus of £43,205. Total reserves amounted to £220,004 at as at 31st March 2025, of which £104,061 are unrestricted.

The above surplus of £43,205 should be viewed in the context of one-off income of £49,993 from the closure of Caring Together Whitby (CTW), a connected Charity. Services previously provided by Caring Together Whitby are now provided by Ryedale Carers Support under the Caring Together Whitby name. Funds remaining from Caring Together Whitby of £49,993 were introduced into the Charity, and this significantly contributed to the surplus.

Reserves Policy

The designated reserve fund is £52,553 (2024: £52,553).

The Trustees acknowledge that unrestricted cash reserves are required to:-

- cover any redundancy or other costs that may arise in the event of closure
- as a source of funds of last resort in the event of cost overruns that can not be met elsewhere

The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008, and the provisions of the Charity's constitution. They are also responsible for safeguarding the assets of the Charity, and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the maintenance and integrity of the charity and financial information included on the Charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the Ryedale Carers Support Trustees and is signed on their behalf by:

David Brewster
Chair of Trustees

Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Ryedale Carers Support CIO for the year ended 31st March 2025, which are set out on pages 7 to 15.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Richmond FCCA
on behalf of
 Champleys Chartered Certified Accountants
 Champleys Mews, Market Place, Pickering YO18 7AE

25th September 2025

RYEDALE CARERS SUPPORT CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2025

		2025 Breakdown By Fund			2025	2024
	Note	Unrestricted £	Restricted £	Designated £	Total £	Total £
Incoming Resources						
Bank Interest and Investments		2,390	-		2,390	2,229
Charitable Activities	4	733	214,485		215,218	175,127
Fundraising Activities		5,820	-		5,820	7,850
General Donations	5	25,706	-		25,706	13,603
Total Incoming Resources		34,649	214,485	-	249,134	198,809
Resources Expended						
Charitable Activities	6	6,757	198,692		205,449	197,167
Fundraising Costs	7	480	-		480	525
Total Resources Expended		7,237	198,692	-	205,929	197,692
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Reconciliation of Funds						
Total Funds Brought Forward	16	124,518	52,281		176,799	175,683
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Transfers Between Funds		4,684	(4,684)		-	
Total Funds Carried Forward	17	156,614	63,390	-	220,004	176,800

RYEDALE CARERS SUPPORT CIO
BALANCE SHEET AS AT 31ST MARCH 2025

		2025		2024	
	Note	£	£	£	£
Fixed Assets					
Tangible Assets	10		9,072		802
Current Assets					
Debtors	11	14,567		1,919	
Cash at Bank and In Hand	12	234,479		213,048	
		<u>249,046</u>		<u>214,967</u>	
Liabilities					
Creditors: Amounts falling due < 1 Year	13	38,114		38,970	
Provisions for Liabilities	14	-		-	
		<u>38,114</u>		<u>38,970</u>	
Net Current Assets			210,932		175,997
Net Assets			<u>220,004</u>		<u>176,799</u>
Represented by:					
Unrestricted Funds			104,061		71,965
Restricted Funds			63,390		52,281
Designated Reserve Fund			52,553		52,553
Total Funds	15, 16		<u>220,004</u>		<u>176,799</u>

For and on behalf of all the Trustees

David Brewster
Chair of Trustees

Robert Carrack
Treasurer

Dated

Dated

1 Basis of Accounting

The Charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared on a going concern basis under the historical cost convention. Items are recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective from 1st January 2019.
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- the Charities Act 2011

2 Accounting Policies

Income

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is shown separately in the accounts as part of 'Gift Aid'.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- it is more likely than not that the Trustees will receive the resources
- the monetary value can be measured with sufficient reliability

VAT

The Charity is not VAT registered. All amounts shown in the accounts are inclusive of any VAT charged to the Charity.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the Trustees' Annual Report.

Expenditure

Fundraising Costs

The costs associated with attracting voluntary income.

Charitable Activities

The costs directly associated in the delivery of the Charity's activities and services. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Governance and Support Costs

Governance and support costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Provisions for Liabilities

Provisions are stated at the best estimate of the amount required to settle the obligation at the reporting date. The best estimate is the amount an entity would rationally pay to settle the obligation at the end of the reporting period or to transfer it to a third party at that time.

Assets

Fixed Assets for use by the Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £700.

Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

3 Nature and Purpose of Funds**Unrestricted Funds**

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside by the Trustees of the Charity to cover costs that could or are likely to arise in the future. The figure stated is a current estimate of such costs.

4 Breakdown of Income from Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Caring Together Whitby		49,993		49,993	23,255
Community One Stop		1,000		1,000	110
Digital Inclusion		10,295		10,295	-
Lythe Farmers Breakfast		1,755		1,755	17,022
NYCC Our Neighbourhood Service		20,000		20,000	20,417
Ryedale Carers Support Sitting Service		74,174		74,174	61,893
Ryedale Charities Together		460		460	
Support for Carers Scarborough		46,808		46,808	42,470
Support Groups	235	-		235	216
Tea and Tunes	498	-		498	744
The Robert McAlpine Foundation		10,000		10,000	9,000
	733	214,485	-	215,218	175,127

5 Breakdown of Income from General Donations

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Ryedale Carers Support	23,281			23,281	12,598
Caring Together Whitby	1,546	-	-	1,546	-
Gift Aid	879	-	-	879	1,005
	25,706	-	-	25,706	13,603

6 Breakdown of Expenditure on Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Direct Project Costs					
Community One Stop	-	1,000		1,000	808
Entertainment	1,710	220		1,930	63
FB Lythe Expense	-	1,504		1,504	1,014
My Neighbourhood Activities	-	-		-	75
PAYE & NI	-	11,573		11,573	9,597
Pensions	-	4,313		4,313	4,718
Salaries	-	80,694		80,694	68,605
Staff training	-	755		755	20
Staff travel expenses	30	5,543		5,573	4,014
Subscriptions	-	1,056		1,056	160
Sundries & cleaning expenses	802	641		1,443	1,030
Supporting Carers	73	575		648	791
Tea & Tunes Expense	759	50		809	329
Volunteer Events costs	-	225		225	312
Volunteer training	-	75		75	-
Volunteer travel expenses	-	11,421		11,421	10,263
Partner Payments					
Caring Together Whitby Partner Payments	-	4,727		4,727	23,255
Partner payments SFCS	-	46,808		46,808	42,470
Central Support Costs					
Advertising and Website	578	1,440		2,018	1,882
Bank charges	90	-		90	80
Computer Expense Costs	289	1,856		2,145	4,194
Depreciation	1,825	1,288		3,113	853
Equipment Expensed	49	-		49	-
Insurance	-	3,043		3,043	3,657
Photocopying	-	584		584	567
Postage	288	2,347		2,635	2,675
Printing & leaflets	142	1,410		1,552	1,042
Rent	-	5,317		5,317	3,392
Room hire	75	220		295	215
Stationery	47	671		718	374
Telephone costs	-	4,465		4,465	3,164
Utilities	-	2,642		2,642	5,407
Website costs	-	200		200	200
Governance Costs					
AGM expenses	-	-		-	5
DBS Fees	-	418		418	-
Legal and Professional	-	1,611		1,611	1,922
Trustee expenses	-	-		-	14
	6,757	198,692	-	205,449	197,167

7 Breakdown of Expenditure on Fundraising Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
200 Club	480	-	-	480	498
Other Fundraising Costs	-	-	-	-	27
	480	-	-	480	525

8 Staff Numbers, Payroll and Pension Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Gross Salaries		93,103		93,103	80,166
Employers National Insurance		1,366		1,366	259
Pension Contributions		2,111		2,111	2,495
	-	96,580	-	96,580	86,738

The average number of employees during the year was (2024: 5)

No employee received remuneration in excess of £60,000 (2024 : Nil)

No redundancy payments were made during the year (2024 : Nil)

9 Pension Scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year. The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

10 Tangible Fixed Assets

	2025	2025
Cost or Valuation	Equipment	Total
	£	£
Cost as at 1st April 2024	8,460	8,460
Additions	11,382	11,382
As at 31st March 2025	19,842	19,842
Depreciation		
Depreciation as at 1st April 2024	7,657	7,657
Depreciation for the Period	3,113	3,113
As at 31st March 2025	10,770	10,770
Net Book Value		
As at 1st April 2024	803	803
As at 31st March 2025	9,072	9,072

Depreciation is charged on equipment at a rate of 20% on a straight line basis.

11 Breakdown of Debtors

	2025	2024
	£	£
Gift Aid	871	1,001
Prepayments and Accrued Income	13,696	918
	14,567	1,919

12 Cash at Bank and In Hand

	2025	2024
	Total	Total
	£	£
Current Account	106,788	88,087
Deposit Accounts	96,216	94,316
Reserve Account	30,978	30,510
Cash	497	135
	234,479	213,048

13 Breakdown of Creditors Due < 1 Year

	2025	2024
	Total	Total
	£	£
Accruals	5,143	4,188
Deferred Income	32,672	32,672
Trade Creditors	299	2,110
	38,114	38,970

14 Provisions for Liabilities

The charity has no contingent liabilities at 31 March 2025 (2024 : None).

15 Breakdown of Fund Movements (2024 - Prior Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	57,971	23,682	(2,517)	(7,171)	71,965
Designated Funds	52,553	-	-	-	52,553
	<u>110,524</u>	<u>23,682</u>	<u>(2,517)</u>	<u>(7,171)</u>	<u>124,518</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	(69,064)	7,171	-
Carers Support Group	2,795	216	(331)		2,680
Caring Together Whitby (CTW)	-	23,255	(23,255)		-
Lythe Farmer's Breakfast	1,573	17,022	(14,592)	2,281	6,284
NYCC FEF Fund	1,589			(1,589)	-
One Stop	19,717	110	(3,256)	(16,571)	-
Our Neighbourhood	5,833	20,417	(25,688)	16,571	17,133
Plough To Plate	2,281			(2,281)	-
Support For Carers Scarborough (SFCS)	-	42,470	(42,470)		-
Tea and Tunes	-	744	(329)	1,589	2,004
Volunteers Expenses	31,371	9,000	(16,191)		24,180
Total Funds	<u>175,683</u>	<u>198,809</u>	<u>(197,693)</u>	<u>-</u>	<u>176,799</u>

16 Breakdown of Fund Movements (2025 - Current Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	71,965	34,648	(7,236)	4,684	104,061
Designated Funds	52,553	-	-		52,553
	<u>124,518</u>	<u>34,648</u>	<u>(7,236)</u>	<u>4,684</u>	<u>156,614</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	74,174	(77,756)	36,640	33,058
Carers Support Group	2,680	-	-	(2,680)	-
Caring Together Whitby (CTW)	-	49,993	(13,353)	(36,640)	-
Digital Inclusion	-	10,295	(9,635)		660
Lythe Farmer's Breakfast	6,284	1,755	(10,784)		(2,745)
One Stop	-	1,000	(1,000)		-
Our Neighbourhood	17,133	20,000	(27,019)		10,114
Ryedale Charities Together	-	460	(460)		-
Support For Carers Scarborough (SFCS)	-	46,808	(46,808)		-
Tea and Tunes	2,004	-	-	(2,004)	-
Volunteers Expenses	24,180	10,000	(11,877)		22,303
Total Funds	<u>176,799</u>	<u>249,133</u>	<u>(205,928)</u>	<u>-</u>	<u>220,004</u>

17 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions. Trustees are only reimbursed for expenses incurred on behalf of the Charity. No trustee received out of pocket expenses during the year (2024: £14.40).

18 Description of the Restricted Funds

Carers Support Group

One monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Digital Inclusion

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

Lythe Farmer's Breakfast

A monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

NYC Carers Break Service

Supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Our Neighbourhood

Is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop

Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Support for Carers Scarborough & Caring Together Whitby

In partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Volunteer Expenses

Supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.



REPORT OF THE TRUSTEES AND FINANCIAL REPORT
FOR THE YEAR ENDED 31ST MARCH 2025

CHARITY REGISTRATION NUMBER

1175552

(England & Wales)



PREPARED BY
CHAMPLEYS CHARTERED CERTIFIED ACCOUNTANTS
CHAMPLEYS MEWS, MARKET PLACE, PICKERING
YO18 7AE

The Trustees present their report and the financial statements for the year ended 31st March 2025.

Background and Structure

The legal name of the Charity is Ryedale Carers Support CIO. The Charity was established as a CIO by a constitution adopted on 3rd November 2017. The Charity is registered in England & Wales with the Charity Commission in England & Wales (CCEW) with charity number 1175552. The Mission Statement of the Charity is to provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Principal Operating Address

The Old School, Tinley Garth, Kirkbymoorside, York YO62 6AR

Trustees

Name	Office	Dates acted, if not for whole year
Ann Ferguson	Chair	Resigned 17th May 2024
David Brewster		
Elizabeth Davison		
Helena Megson		Appointed 5th November 2024
John Humphreys		
Keith Webster	Vice Chair Treasurer	Resigned 22nd July 2025
Leisa Burniston		
Penny Ward		
Richard Coates		
Robert Carrack		Appointed 5th November 2024
Robert Polley		
Robin Lakin		
Susan Sutermeister		

Trustee Selection

Appointment of trustees is by the election of members of the association at the Annual General Meeting from local people who have an interest in the charity. All trustees are required to stand down at the Charity's Annual General Meeting, but being eligible, those who wish to can offer themselves for re-election. The Charity is controlled and directed by the elected members of the Board of Trustees.

Ryedale Carers Support board of trustees consists of individuals who have an interest in the welfare of carers within the area. Representation on the board consists of carers, volunteers and professionals.

Management

Chief Officers: Claire Hall (to July 2024), Ann Ferguson (from July 2024)

The charity is controlled and directed by the elected members of the executive committee, with authority to act being devolved to the chairman and vice-chairman.

Contribution Made By Volunteers

The Charity currently has 181 volunteers who provide our volunteer visiting and befriending service, assist in the running of our activities and events, specifically transport clients, or sit on the board of trustees. It is compulsory that all staff and volunteers working with vulnerable adults are police checked at enhanced level before starting any paid or voluntary work with the organisation.

Accountants

Champleys Chartered Certified Accountants

Champleys Mews, Market Place, Pickering YO18 7AE

Bankers

CAF Bank

Kings Hill, West Malling, Kent ME19 4JQ

Scottish Widows Bank

PO Box 883, Leeds LS1 9TY

Summary of the objects of the Charity as set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable older people to re-engage with their community
- To inform and sign post to other organisations

Summary of the main activities undertaken for the public benefit in relation to these objects

◦ **Carers Break Service**

Volunteers give the carer a break by sitting with the person being cared for.

◦ **Digital Inclusion**

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

◦ **Our Neighbourhood**

Befriending and activities to reduce loneliness and social isolation.

◦ **Carers Support Group in Ryedale and Whitby**

We organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

◦ **Tea and Tunes**

This is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

◦ **Walking Group**

The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

◦ **Community Development in Northern Ryedale and Whitby District / Lythe Farmers Breakfast**

- Lythe Farmers Breakfast

Our Coordinator Support runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District. Lythe Farmers Breakfast, on the first Wednesday of every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides those who are less able to interact and find themselves isolated the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker, and then most importantly have a bacon buttie and a chat.

- Whitby Fisherfolk Breakfast

The Co-ordinator in Whitby runs this event on the last Friday of every month based on the model of that in Lythe. Here people meet monthly for a cup of tea, listen to a sea-based or other locally inspired speaker, and then enjoy bacon butties and a chat.

◦ **Online Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks:** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Tuesday Tunes:** Over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated.
- **Community One Stop:** Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2024 Calendar:** It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter:** A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming

Public Benefit Statement

The Ryedale Carers' Support Board of Trustees believe the services provided by the Charity to be both beneficial and vitally important to the community. Throughout the year the Board of Trustees had regard to the guidelines on public benefit as set out by the Charity Commission when exercising powers or duties to which the guidance is relevant.

Review of the Charity's achievements and performance, including the difference the Charity has made to the beneficiaries and to wider society throughout the year

This has been a very busy year for the Charity which saw the Charity take over the management of Caring Together Whitby and District (CTW) from August 2024. This was at the request of CTW. The trustees of Ryedale Carers Support took the decision to continue to operate in Whitby and surrounding area. This has been a positive decision and we have been able to roll out some of the Ryedale services to those in Whitby, and also establish new activities in Whitby to provide greater support to carers and others.

It has been a large task to incorporate Whitby into our organisation. This has seen the whole staff team rise to the challenge and familiarise themselves with many new people and new areas.

Ryedale carers Support has increased its staffing headcount, recruiting 2 co-ordinators for Whitby and Ryedale. Now all staff work across this wider area as required.

We have started a successful project to increase access to IT across the whole area. As part of the Government levelling up project we secured funding to recruit IT buddies to work on a 1:1 basis with people keen to upskill themselves, use different apps, use Zoom etc. This offer is still available and we use this resource with new referrals if that IT input is needed.

Plans for the Future

We have a number of key areas to develop over this year to consolidate the merging of Ryedale Carers Support and Caring Together Whitby and District. At the AGM in November 2025 we intend to vote on a name change that represents both areas. This will enable us to develop a new website that too reflects the overall aims or the organisations but highlights the two different geographical areas. In addition, we are seeking a Record Management system to enable the staff team to efficiently handle our caseload and simplify our communication methods. This is increasingly important as we now support so many more clients and volunteers.

Fundraising will be a key feature of 2025-6 as we work hard to raise the profile of the organisation as well as enthuse people in the work that we do.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 2 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with funding for the 'Our Neighbourhood' project and a continued partnership agreement between Ryedale Carers Support and Support for Carers Scarborough gives us a firm platform and the building blocks to develop and extend our services.

We continue to believe that working with others enables RCS to provide the best possible service for their clients.

Risk Management

The Board of Trustees continue to examine the principal areas of the Charity's operations to review the major risks which may arise. In the opinion of the Board, financial and operational policies and procedures are in place to enable such risks to be identified and allow them to be mitigated to an acceptable level in the Charity's day to day activities.

Financial Review

The financial position of the Charity as at 31st March 2025 as more fully detailed in the accounts, can be summarised as follows:

	2025	2024
	£	£
Income	249,134	198,809
Expenditure	(205,929)	(197,692)
Net Surplus/(Deficit)	<u>43,205</u>	<u>1,117</u>
Unrestricted Funds	104,061	71,965
Restricted Funds	63,390	52,281
Designated Funds	52,553	52,553
Total Funds	<u>220,004</u>	<u>176,799</u>

The results for the year show a surplus of £43,205. Total reserves amounted to £220,004 at as at 31st March 2025, of which £104,061 are unrestricted.

The above surplus of £43,205 should be viewed in the context of one-off income of £49,993 from the closure of Caring Together Whitby (CTW), a connected Charity. Services previously provided by Caring Together Whitby are now provided by Ryedale Carers Support under the Caring Together Whitby name. Funds remaining from Caring Together Whitby of £49,993 were introduced into the Charity, and this significantly contributed to the surplus.

Reserves Policy

The designated reserve fund is £52,553 (2024: £52,553).

The Trustees acknowledge that unrestricted cash reserves are required to:-

- cover any redundancy or other costs that may arise in the event of closure
- as a source of funds of last resort in the event of cost overruns that can not be met elsewhere

The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Statement of Trustees' Responsibilities

The Trustees are responsible for preparing the Trustees' Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales require the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that year. In preparing these financial statements the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP,
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statement on the ongoing concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 1993, the Charity (Accounts and Reports) Regulations 2008, and the provisions of the Charity's constitution. They are also responsible for safeguarding the assets of the Charity, and hence for taking reasonable steps for prevention and detection of fraud and other irregularities.

The Trustees are also responsible for the maintenance and integrity of the charity and financial information included on the Charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

This report was approved by the Ryedale Carers Support Trustees and is signed on their behalf by:

David Brewster
Chair of Trustees

Date

As a practising member firm of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed at <http://rulebook.accaglobal.com/>

I report on the accounts of Ryedale Carers Support CIO for the year ended 31st March 2025, which are set out on pages 7 to 15.

Respective Responsibilities of Trustees and Examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of the Independent Examiner's Report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent Examiner's Statement

In connection with my examination, no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; or
 - to prepare accounts which accord with the accounting records; or
 - concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.
 have not been met; or
2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Richmond FCCA
on behalf of
 Champleys Chartered Certified Accountants
 Champleys Mews, Market Place, Pickering YO18 7AE

25th September 2025

RYEDALE CARERS SUPPORT CIO

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST MARCH 2025

		2025 Breakdown By Fund			2025	2024
	Note	Unrestricted	Restricted	Designated	Total	Total
		£	£	£	£	£
Incoming Resources						
Bank Interest and Investments		2,390	-		2,390	2,229
Charitable Activities	4	733	214,485		215,218	175,127
Fundraising Activities		5,820	-		5,820	7,850
General Donations	5	25,706	-		25,706	13,603
Total Incoming Resources		34,649	214,485	-	249,134	198,809
Resources Expended						
Charitable Activities	6	6,757	198,692		205,449	197,167
Fundraising Costs	7	480	-		480	525
Total Resources Expended		7,237	198,692	-	205,929	197,692
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Reconciliation of Funds						
Total Funds Brought Forward	16	124,518	52,281		176,799	175,683
Surplus / (Deficit) for the Year		27,412	15,793	-	43,205	1,117
Transfers Between Funds		4,684	(4,684)		-	
Total Funds Carried Forward	17	156,614	63,390	-	220,004	176,800

RYEDALE CARERS SUPPORT CIO
BALANCE SHEET AS AT 31ST MARCH 2025

		2025		2024	
	Note	£	£	£	£
Fixed Assets					
Tangible Assets	10		9,072		802
Current Assets					
Debtors	11	14,567		1,919	
Cash at Bank and In Hand	12	234,479		213,048	
		<u>249,046</u>		<u>214,967</u>	
Liabilities					
Creditors: Amounts falling due < 1 Year	13	38,114		38,970	
Provisions for Liabilities	14	-		-	
		<u>38,114</u>		<u>38,970</u>	
Net Current Assets			210,932		175,997
Net Assets			<u>220,004</u>		<u>176,799</u>
Represented by:					
Unrestricted Funds			104,061		71,965
Restricted Funds			63,390		52,281
Designated Reserve Fund			52,553		52,553
Total Funds	15, 16		<u>220,004</u>		<u>176,799</u>

For and on behalf of all the Trustees

David Brewster
Chair of Trustees

Robert Carrack
Treasurer

Dated

Dated

1 Basis of Accounting

The Charity constitutes a public benefit entity as defined by FRS 102. These accounts have been prepared on a going concern basis under the historical cost convention. Items are recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) effective from 1st January 2019.
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- the Charities Act 2011

2 Accounting Policies

Income

Donated Goods, Services and Facilities

Donated goods, services and facilities are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Gift Aid

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is shown separately in the accounts as part of 'Gift Aid'.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources
- it is more likely than not that the Trustees will receive the resources
- the monetary value can be measured with sufficient reliability

VAT

The Charity is not VAT registered. All amounts shown in the accounts are inclusive of any VAT charged to the Charity.

Volunteer Help

The value of any voluntary help is not included in the accounts, but is described in the Trustees' Annual Report.

Expenditure

Fundraising Costs

The costs associated with attracting voluntary income.

Charitable Activities

The costs directly associated in the delivery of the Charity's activities and services. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Governance and Support Costs

Governance and support costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Provisions for Liabilities

Provisions are stated at the best estimate of the amount required to settle the obligation at the reporting date. The best estimate is the amount an entity would rationally pay to settle the obligation at the end of the reporting period or to transfer it to a third party at that time.

Assets

Fixed Assets for use by the Charity

The accounts have been prepared under the historical cost convention. Assets are shown on the statements of assets and liabilities if they can be used for more than one year, and cost at least £700.

Leasing Commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

3 Nature and Purpose of Funds**Unrestricted Funds**

Funds that may be used at the discretion of the trustees in furtherance of the objects of the charity.

Restricted Funds

Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

Designated Funds

A reserve set aside by the Trustees of the Charity to cover costs that could or are likely to arise in the future. The figure stated is a current estimate of such costs.

4 Breakdown of Income from Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Caring Together Whitby		49,993		49,993	23,255
Community One Stop		1,000		1,000	110
Digital Inclusion		10,295		10,295	-
Lythe Farmers Breakfast		1,755		1,755	17,022
NYCC Our Neighbourhood Service		20,000		20,000	20,417
Ryedale Carers Support Sitting Service		74,174		74,174	61,893
Ryedale Charities Together		460		460	
Support for Carers Scarborough		46,808		46,808	42,470
Support Groups	235	-		235	216
Tea and Tunes	498	-		498	744
The Robert McAlpine Foundation		10,000		10,000	9,000
	733	214,485	-	215,218	175,127

5 Breakdown of Income from General Donations

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Ryedale Carers Support	23,281			23,281	12,598
Caring Together Whitby	1,546	-	-	1,546	-
Gift Aid	879	-	-	879	1,005
	25,706	-	-	25,706	13,603

6 Breakdown of Expenditure on Charitable Activities

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Direct Project Costs					
Community One Stop	-	1,000		1,000	808
Entertainment	1,710	220		1,930	63
FB Lythe Expense	-	1,504		1,504	1,014
My Neighbourhood Activities	-	-		-	75
PAYE & NI	-	11,573		11,573	9,597
Pensions	-	4,313		4,313	4,718
Salaries	-	80,694		80,694	68,605
Staff training	-	755		755	20
Staff travel expenses	30	5,543		5,573	4,014
Subscriptions	-	1,056		1,056	160
Sundries & cleaning expenses	802	641		1,443	1,030
Supporting Carers	73	575		648	791
Tea & Tunes Expense	759	50		809	329
Volunteer Events costs	-	225		225	312
Volunteer training	-	75		75	-
Volunteer travel expenses	-	11,421		11,421	10,263
Partner Payments					
Caring Together Whitby Partner Payments	-	4,727		4,727	23,255
Partner payments SFCS	-	46,808		46,808	42,470
Central Support Costs					
Advertising and Website	578	1,440		2,018	1,882
Bank charges	90	-		90	80
Computer Expense Costs	289	1,856		2,145	4,194
Depreciation	1,825	1,288		3,113	853
Equipment Expensed	49	-		49	-
Insurance	-	3,043		3,043	3,657
Photocopying	-	584		584	567
Postage	288	2,347		2,635	2,675
Printing & leaflets	142	1,410		1,552	1,042
Rent	-	5,317		5,317	3,392
Room hire	75	220		295	215
Stationery	47	671		718	374
Telephone costs	-	4,465		4,465	3,164
Utilities	-	2,642		2,642	5,407
Website costs	-	200		200	200
Governance Costs					
AGM expenses	-	-		-	5
DBS Fees	-	418		418	-
Legal and Professional	-	1,611		1,611	1,922
Trustee expenses	-	-		-	14
	6,757	198,692	-	205,449	197,167

7 Breakdown of Expenditure on Fundraising Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
200 Club	480	-	-	480	498
Other Fundraising Costs	-	-	-	-	27
	480	-	-	480	525

8 Staff Numbers, Payroll and Pension Costs

	2025 Breakdown			2025	2024
	Unrestricted	Restricted	Designated	Total	Total
	£	£	£	£	£
Gross Salaries		93,103		93,103	80,166
Employers National Insurance		1,366		1,366	259
Pension Contributions		2,111		2,111	2,495
	-	96,580	-	96,580	86,738

The average number of employees during the year was (2024: 5)

No employee received remuneration in excess of £60,000 (2024 : Nil)

No redundancy payments were made during the year (2024 : Nil)

9 Pension Scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year. The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

10 Tangible Fixed Assets

	2025	2025
	Equipment	Total
Cost or Valuation	£	£
Cost as at 1st April 2024	8,460	8,460
Additions	11,382	11,382
As at 31st March 2025	19,842	19,842
Depreciation		
Depreciation as at 1st April 2024	7,657	7,657
Depreciation for the Period	3,113	3,113
As at 31st March 2025	10,770	10,770
Net Book Value		
As at 1st April 2024	803	803
As at 31st March 2025	9,072	9,072

Depreciation is charged on equipment at a rate of 20% on a straight line basis.

11 Breakdown of Debtors

	2025	2024
	£	£
Gift Aid	871	1,001
Prepayments and Accrued Income	13,696	918
	14,567	1,919

12 Cash at Bank and In Hand

	2025	2024
	Total	Total
	£	£
Current Account	106,788	88,087
Deposit Accounts	96,216	94,316
Reserve Account	30,978	30,510
Cash	497	135
	234,479	213,048

13 Breakdown of Creditors Due < 1 Year

	2025	2024
	Total	Total
	£	£
Accruals	5,143	4,188
Deferred Income	32,672	32,672
Trade Creditors	299	2,110
	38,114	38,970

14 Provisions for Liabilities

The charity has no contingent liabilities at 31 March 2025 (2024 : None).

15 Breakdown of Fund Movements (2024 - Prior Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	57,971	23,682	(2,517)	(7,171)	71,965
Designated Funds	52,553	-	-	-	52,553
	110,524	23,682	(2,517)	(7,171)	124,518
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	(69,064)	7,171	-
Carers Support Group	2,795	216	(331)		2,680
Caring Together Whitby (CTW)	-	23,255	(23,255)		-
Lythe Farmer's Breakfast	1,573	17,022	(14,592)	2,281	6,284
NYCC FEF Fund	1,589			(1,589)	-
One Stop	19,717	110	(3,256)	(16,571)	-
Our Neighbourhood	5,833	20,417	(25,688)	16,571	17,133
Plough To Plate	2,281			(2,281)	-
Support For Carers Scarborough (SFCS)	-	42,470	(42,470)		-
Tea and Tunes	-	744	(329)	1,589	2,004
Volunteers Expenses	31,371	9,000	(16,191)		24,180
Total Funds	175,683	198,809	(197,693)	-	176,799

16 Breakdown of Fund Movements (2025 - Current Year)

Note	B/Fwd £	Receipts £	Payments £	Transfers £	C/Fwd £
Unrestricted Funds					
General Unrestricted Funds	71,965	34,648	(7,236)	4,684	104,061
Designated Funds	52,553	-	-		52,553
	124,518	34,648	(7,236)	4,684	156,614
Restricted Funds					
Carers Sitting Service Ryedale	-	74,174	(77,756)	36,640	33,058
Carers Support Group	2,680	-	-	(2,680)	-
Caring Together Whitby (CTW)	-	49,993	(13,353)	(36,640)	-
Digital Inclusion	-	10,295	(9,635)		660
Lythe Farmer's Breakfast	6,284	1,755	(10,784)		(2,745)
One Stop	-	1,000	(1,000)		-
Our Neighbourhood	17,133	20,000	(27,019)		10,114
Ryedale Charities Together	-	460	(460)		-
Support For Carers Scarborough (SFCS)	-	46,808	(46,808)		-
Tea and Tunes	2,004	-	-	(2,004)	-
Volunteers Expenses	24,180	10,000	(11,877)		22,303
Total Funds	176,799	249,133	(205,928)	-	220,004

17 Trustee Expenses and Related Party Transactions

No trustee received a remuneration for services rendered. No trustee, or anyone connected with a trustee, has a material interest in any of the Charity's transactions. Trustees are only reimbursed for expenses incurred on behalf of the Charity. No trustee received out of pocket expenses during the year (2024: £14.40).

18 Description of the Restricted Funds**Carers Support Group**

One monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Digital Inclusion

The digital Inclusion fund is to support increasing digital inclusion across Ryedale and Whitby. It will support IT Buddies to work 1:1 with people, and the development of online activities to reduce social isolation.

Lythe Farmer's Breakfast

A monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

NYC Carers Break Service

Supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Our Neighbourhood

Is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop

Run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Support for Carers Scarborough & Caring Together Whitby

In partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Volunteer Expenses

Supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Accounts



Annual Report

April 2023 – March 2024



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked: "What are you doing?" The boy replied, "Throwing starfish back into the ocean. The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, "Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|---------------------|
| ○ David Brewster | Chairman |
| ○ Keith Webster | Treasurer |
| ○ Richard Coates | Vice Chairman |
| ○ Elizabeth Davison | |
| ○ Robin Lakin | |
| ○ Bob Polley | |
| ○ Sue Sutermeister | |
| ○ Leisa Burniston | |
| ○ David Marston | Resigned March 2023 |
| ○ Ann Ferguson | |
| ○ John Humphreys | |

Staff

- | | |
|---------------------|---|
| ○ Claire Hall | Chief Officer |
| ○ Sarah Hendry | Coordinator resigned May 2023 |
| ○ Carol Stevens | Coordinator resigned March 2023 |
| ○ Heather Witty | Co-ordinator started July 2023 |
| ○ Sam Berriman | Administrator |
| ○ Isabelle Harrison | Scarborough, Whitby, Ryedale Activities Coordinator |
| ○ Jacquie Cole | Development Worker |



From L-R: Isabelle, Sam, Claire, Jacquie & Heather

What we do:

- **Carers Break Service** – volunteers give the carer a break by sitting with the person being cared for
- **Our Neighbourhood** – volunteer befriending and activities to reduce loneliness and social isolation
- **Carers Support Group** – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- **Tea and Tunes** – is a quarterly event for people to come together to participate



in a performance by local musicians, followed by conversation, tea and cake.

- **Walking Group** – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.
- **Community Development in Northern Ryedale and Whitby District** – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

Lythe Farmers Breakfast, on the first Wednesday every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire. This monthly group provides, those who are less able to interact and find themselves isolated, the opportunity to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker and then most importantly have a bacon buttie and a chat.

- **On - Line Activities**

Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

Virtual Walks Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

What people say about the virtual walks:

'A breath of fresh air brought into our living room. We look forward to it every month'

'We've come in from the virtual cold and are warming up by a log fire. We really enjoyed the tour around last year's walks and places of interest. What a lot of work went into today's presentation, please thank Davy for us. We've walked some of those routes on better days so knew where you were. We loved it and will certainly join you again. Thank you all so much (January 2024)

Virtual Singalongs over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

- **Community One Stop** run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.
- **RCS 2023 Calendar**
It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities
- **Volunteer Newsletter**
A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit and advertise for more volunteers and pay their out- of-pocket expenses.
- NYC Health & Adult Services and the local Integrated Care Board; RCS is contracted to provide a Carers Break Service in Scarborough, Whitby and Ryedale from 2023- 2026 with an option to continue this service for a further 4 years
- Carers Plus as a partner in the delivery of Our Neighbourhood
- Crombie Wilkinson – a legacy
- Yorkshire Building Society (The Charities Trust)
- The Company of Merchants of the Staple of England – Mayor's gift
- The Grocers Charity,
- McCarthy & Stone Foundation
- Woodsmith Foundation for supporting Lythe Farmers Breakfast
- Barchester Foundation for supporting Tea and Tunes
- The many individual carers and volunteers who have given so generously throughout the year

Who we help?

Referrals to Ryedale Carers Support have increased year on year and in this financial year 368 carers and older people have received a service from us.

Age Range :

40-49	50-64	65-74	75-84	85+
10	54	74	139	91

Health Condition:

Cognitive Impairment	Long Term Illness	Learning Disability	Mental Health Needs	Physical Disability	Sensory Disability
121	80	1	73	75	18

Working with other groups

Ryedale Carers Support is known for responding to need and we can often do this by working with other community groups such as Next Steps, Sight Support, Carers Plus, the Ryedale Festival and Art Beat. In Ryedale we are very fortunate to have a strong community sector and this is reflected in Ryedale Charities Together (RCT). This is a group of six local charities who deliver services in Ryedale but do not belong to a national body. Over the last 2 years we have been working together to provide community one stops in our market towns.

Our Volunteers

Ryedale Carers' volunteers are the heart of the organisation and the 154 volunteers registered with us make a significant difference to the people they visit. We are very grateful for all their hard work and commitment. In April 2023 we had a thank you event at the Arboretum at Castle Howard, 54 volunteers attended. We are very grateful to the trustees of the Arboretum for making this possible.

Later in April 2023 King Charles visited Malton, Claire Hall, Chief Officer of Ryedale Carers Support was presented to the King. This was a validation of the reputation of Ryedale Carers Support and the value the community places on the excellent work our volunteers do supporting our carers and the people they care for.



Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

Our Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. Our Neighbourhood is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. With the help of our volunteers Our Neighbourhood aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Community Development in Northern Ryedale and Whitby District

Farmers Breakfast has reached capacity with its clients, and a waiting list is now in operation. The speakers over the last year have ranged from a very tasty and informative visit from Whitby Seafoods, to live flying owls and birds prey in the village hall with a visit from Whitby Falcons.

Rod Dimpleby of The Yorkshire Post fame came and spoke to the group about the 'Yorkshire Dialect'.

There are usually about 35 clients who attend the event with a good selection of volunteers who come on a regular basis.

Having celebrated the Queen's Jubilee in 2022, we were fortunate enough to secure a



grant from the Woodsmith foundation to celebrate and have a party the coronation of King Charles 3rd. The party was celebrated with the children from Lythe Primary school, The group enjoyed a lovely trip out to the Kirkleatham museum, followed by a trip to Kaskanes in Skinningrove for a very good lunch.

Whitby DAG have been sending a regular mini bus to collect clients who have had to relocate to Whitby due to housing shortages in the villages.

The volunteers continue to be an invaluable help.

The Future

Claire Hall has been with Ryedale Carers Support for 30 years and Chief Officer for the last 8 years, she has decided that now is the time to retire. The charity has been very fortunate in finding and appointing Ann Ferguson who will take over in July 2024. To mark her retirement and to give something back to RCS, Claire decided to do a sponsored walk around the perimeter of Ryedale, 91 miles over 7 days. The walk was launched in March 2024 with an article in the Yorkshire Post but will be completed in May 2024. At the end of this financial year over £6000 had been raised, we hope the total will be more than that.

Here are the voices of the people we work with

From a volunteer:

"I wanted to give something back. I've met some lovely, amazing people. It makes you feel good. You realise how fortunate you are yourself. It's nice to build up a relationship with the carers, it's so important for them, they need to have a break. Recently, I was invited to the Ampleforth Abbey memorial service of someone I'd visited. His wife said I'd been the most important person in his life for the last 18 months. That makes you feel good."

"It's a friendship thing. The people I visit are lovely, really chatty - and RCS are very good at matching interests. One of my ladies read The Times every Sunday and she keeps me up to date!"

From a Carer:

"I think it's fantastic. A is a lifeline to R. R is quite cooped up so I think for him, going out, doing normal things like going to the library, having a coffee, it's been quite life-changing. A has been fantastic, he's the right person, they get on really well. It's been a brilliant experience. When R goes down the path with A, chatting away, I feel a load off my shoulders. Normally, I'd walk out with him so I'm always involved. Knowing that he's safe, and he's with someone else .. I just go inside and it's a huge, huge weight off my shoulders. "

"My wife's condition demands my constant attention. I desperately need some time for myself. The RCS volunteer brings me essential relief"

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 3 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with 3 years funding for the 'Our Neighbourhood' project and a new partnership agreement between Ryedale Carers Support, Support for Carers Scarborough and Caring Together Whitby gives us a firm platform and the building blocks to develop and extend our services. As can be evidenced by the new Tea and Tunes activity set up to replace the very successful Songs and Scones, we ran before the covid long down.

We know that working with others enables RCS to provide the best possible service for their clients.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2024

Tracy Bramley ACMA CGMA
Charity Accounts Preparation &
Independent Examination

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

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Trustees' Annual Report

From: 1 April 2023

To: 31 March 2024

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2024.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
Tinley Garth
Kirkbymoorside
York
YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates	Vice Chair		
Elizabeth Davison			
Leisa Burniston			
David Marston		Resigned 19/5/2023	
John Humphreys			
Ann Ferguson		Resigned 17/5/24	
Penny Ward		Appointed 14/11/23	

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Break Service – volunteers give the carer a break by sitting with the person being cared for

Our Neighbourhood – befriending and activities to reduce loneliness and social isolation

Carers Support Group – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Tea and Tunes – is a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake.

Walking Group – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable

Community Development in Northern Ryedale and Whitby District – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities - Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:

- **Virtual Walks** Volunteer ranger, Davy Major from the North York Moors National Parks leads a monthly virtual walk, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of this friendly and informal group. If people need help starting with Zoom, we can offer support to get them going.

- **Virtual Singalongs** over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

Community One Stop run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are two Community One Stops, they are held once a month in Pickering and Kirkbymoorside.

RCS 2023 Calendar

It was so successful last year, Ryedale Carers Support decided to do another calendar for 2024 as a way to reach out and connect with all our clients and volunteers. The A4 double sided card has a variety of photographs that highlight the different RCS activities

Volunteer Newsletter

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2023 - March 2024'

Financial Review

The results for the period ending 31st March 2024 show final balances of £71,965 unrestricted general funds; £52,553 designated funds and £52,281 restricted funds. In year, the overall operational surplus, after transfers was £1,116; comprising a surplus in year of £13,994 on unrestricted funds partly offset by a deficit of £12,878 on restricted funds.

The surplus in year on unrestricted general funds is largely due to the fundraising income received to 31 March for the sponsored walk and corresponding gift aid. Donations have remained high again this year plus there has been a significant increase in bank interest received due to increasing interest rates. The deficit in year on restricted funds mainly reflects the spending this year of grants received in previous years. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2024.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £71,163 at 31st March 2024. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

Claire Hall has been with Ryedale Carers Support for 30 years and Chief Officer for the last 8 years, she has decided that now is the time to retire. The charity has been very fortunate in finding and appointing Ann Ferguson who will take over in July 2024.

To mark her retirement and to give something back to RCS, Claire decided to do a sponsored walk around the perimeter of Ryedale, 91 miles over 7 days. The walk was launched in March 2024 with an article in the Yorkshire Post but will be completed in May 2024. At the end of this financial year over £6000 had been raised, we hope the total will be more than that.

Ryedale Carers Support will continue to offer face to face support, on line and group activities. Our funding is secure for the next 3 years and if we deliver a successful Carers Break Service, North Yorkshire Council have given us the option to extend for a further 4 years; this together with 3 years funding for the 'Our Neighbourhood' project and a new partnership agreement between Ryedale Carers Support, Support for Carers Scarborough and Caring Together Whitby gives us a firm platform and the building blocks to develop and extend our services. As can be evidenced by the new Tea and Tunes activity set up to replace the very successful Songs and Scones, we ran before the covid lock down.

We know that working with others enables RCS to provide the best possible service for their clients.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

David Brewster, Chair

Date:

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of: **Ryedale Carers Support CIO**
for the year ended: **31 March 2024** which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2024

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2024	Total 2023
Income and endowments from:		£	£	£	£	£
Donations and legacies	3.1	13,603	-	-	13,603	12,982
Charitable activities	3.2	-	-	175,127	175,127	196,539
Other trading activities	3.3	7,850	-	-	7,850	1,460
Investments	3.4	2,229	-	-	2,229	688
Total income	3	23,682	-	175,127	198,809	211,669
Expenditure on:						
Raising funds	4.1	525	-	-	525	985
Charitable activities	4.2	1,992	-	195,176	197,168	226,384
Total expenditure	4	2,517	-	195,176	197,693	227,369
Net income/(expenditure)		21,165	-	(20,049)	1,116	(15,700)
Transfers between funds		(7,171)	-	7,171	-	-
Net movement in funds		13,994	-	(12,878)	1,116	(15,700)
Total funds brought forward		57,971	52,553	65,159	175,683	191,383
Total funds carried forward		71,965	52,553	52,281	176,799	175,683

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2024

	Note	2024 £	2023 £
Fixed Assets			
Tangible assets	8	802	585
Total Fixed Assets		802	585
Current Assets			
Debtors	9	1,919	1,855
Cash at bank and in hand	10	213,048	208,895
Total Current Assets		214,967	210,750
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	38,970	35,652
Net Current Assets/(Liabilities)		175,997	175,098
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		176,799	175,683
Funds of the Charity	13		
Unrestricted Funds (General)		71,965	57,971
Unrestricted Funds (Designated)		52,553	52,553
Restricted Funds		52,281	65,159
Total Funds	13	176,799	175,683

The financial statements were approved by the trustees on
and signed on their behalf by:

D Brewster
Chair
Date

K Webster
Treasurer
Date

Notes to the accounts for the year ended:

31st March 2024

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2024

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

3 Income and endowments	Unrestricted funds £	Restricted funds £	Total 2024 £	Unrestricted funds £	Restricted funds £	Total 2023 £
3.1 Donations and legacies						
<u>Voluntary Income - donations</u>						
General Donations	12,598		12,598	12,346		12,346
Gift Aid	1,005		1,005	636		636
	13,603	-	13,603	12,982	-	12,982
3.2 Charitable activities						
<u>* NYCC & CCG Sitting Service</u>						
Ryedale Carers Support		61,893	61,893		59,750	59,750
Caring Together Whitby		23,255	23,255		25,600	25,600
Support for Carers Scarborough		42,470	42,470		39,200	39,200
<u>* NYCC Our Neighbourhood Service</u> (previously 'My' Neighbourhood Service)		20,417	20,417		55,635	55,635
The Robert McAlpine Foundation - volunteers expenses		9,000	9,000		10,000	10,000
Awards for All equipment grant (release of grant to match dep'n)			-		1,847	1,847
Community One Stop		110	110		2,509	2,509
Lythe Farmer's breakfast (grants & donations)		17,022	17,022		1,830	1,830
Support Groups		216	216		168	168
Tea & Tunes		744	744			-
	-	175,127	175,127	-	196,539	196,539
3.3 Other trading activities						
Fundraising	7,850		7,850	1,460		1,460
	7,850	-	7,850	1,460	-	1,460
3.4 Investments						
Bank interest received	2,229		2,229	688		688
	2,229	-	2,229	688	-	688
Total income	23,682	175,127	198,809	15,130	196,539	211,669

* denotes government grants received this year, totalling

£148,035 (2023: £182,141)

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

4 Expenditure	Unrestricted funds	Restricted funds	Total 2024	Unrestricted funds	Restricted funds	Total 2023
	£	£	£	£	£	£
4.1 Raising funds						
200 Club	498		498	555		555
Fundraising costs	27		27	430		430
	525	-	525	985	-	985
4.2 Charitable activities						
<u>Direct Project costs</u>						
Salaries, NI & Pensions		82,920	82,920	4,239	91,288	95,527
Staff training & travel expenses	52	3,982	4,034		5,411	5,411
Volunteer training & travel expenses		10,263	10,263		8,169	8,169
Subscriptions		160	160		202	202
Supporting Carers	174	680	854		395	395
Sundry & cleaning expenses	151	880	1,031	100	751	851
Volunteers Events	300	12	312	63	765	828
Lythe Farmers Breakfast		1,014	1,014		1,129	1,129
My Neighbourhood activities		75	75		15,631	15,631
Community One Stop expenses		808	808		1,337	1,337
Tea & Tunes expenses		329	329			-
<u>Partner payments</u>						
Support for Carers Scarborough		42,470	42,470		39,200	39,200
Caring Together Whitby		23,255	23,255		25,600	25,600
<u>Central support costs</u>						
Telephone		3,164	3,164		3,031	3,031
Telephone upgrade		-	-	4,637		4,637
Postage, stationery, printing & photocopying		4,738	4,738	6	6,007	6,013
Advertising & website	224	1,858	2,082	92	508	600
Rent, room hire & service charges	80	8,934	9,014		6,890	6,890
Insurance		3,657	3,657		3,809	3,809
Office & Computer Equipment	144	4,050	4,194	1,300	1,745	3,045
Depreciation	853		853	585	1,847	2,432
<u>Governance</u>						
Professional & AGM fees		1,927	1,927		1,553	1,553
Trustee expenses	14		14		94	94
	1,992	195,176	197,168	11,022	215,362	226,384
Total expenditure	2,517	195,176	197,693	12,007	215,362	227,369

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

5 Fees for examination of the accounts

	2024	2023
	£	£
Independent Examiner's fees for reporting on the accounts	950	950
Other fees	-	-
	<u>950</u>	<u>950</u>

6 Staff costs and emoluments

	2024	2023
	£	£
Gross salaries	76,348	88,316
Employers National Insurance	259	637
Pension Contributions	2,495	2,956
Other benefits - car allowance	3,818	3,618
	<u>82,920</u>	<u>95,527</u>
	<u>5</u>	<u>6</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2023: Nil)

The total employee benefits of the key management personnel of the charity were £35,677 (2023: £32,444).

No redundancy payments were made during the year (2023: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,495. There were £132.27 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
	£	£
Tangible fixed assets		
Cost or valuation		
At 1st April 2023	9,729	9,729
Additions in year	1,070	1,070
Disposals in year	-	-
At 31st March 2024	<u>10,799</u>	<u>10,799</u>
Depreciation	£	£
At 1st April 2023	9,144	9,144
Charge for the year	853	853
At 31st March 2024	<u>9,997</u>	<u>9,997</u>
Net Book Value	£	£
At 31st March 2024	<u>802</u>	<u>802</u>
At 31st March 2023	<u>585</u>	<u>585</u>

9 Debtors and prepayments

	2024	2023
	£	£
Debtors and prepayments	1,919	1,855
Prepayments and accrued income	<u>1,919</u>	<u>1,855</u>

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

10 Cash at bank and in hand

	Total 2024 £	Total 2023 £
Current bank account	88,087	85,717
Deposit bank accounts	94,316	92,794
Reserve account	30,510	30,223
Cash in hand	135	161
	213,048	208,895

11 Creditors and accruals

	2024 £	2023 £
Analysis of creditors falling due within one year		
Trade creditors	2,110	-
Payments received on account for contracts or performance-related grants	32,672	31,137
Accruals	4,188	4,515
	38,970	35,652

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2024 (2023: None).

13 Movement of funds

**13.1 Movement of major funds
2024**

Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	57,971	23,682	2,517	(7,171)	71,965
Designated funds	52,553	-	-		52,553
	110,524	23,682	2,517	(7,171)	124,518
Restricted Funds					
Carers Sitting Service Ryedale	-	61,893	69,064	7,171	-
Support for Carers Scarborough(SFCS)	-	42,470	42,470		-
Caring Together Whitby(CTW)	-	23,255	23,255		-
Our Neighbourhood Ryedale (previously My' Neighbourhood + tfr from One Stop)	5,833	20,417	25,688	16,571	17,133
One Stop	19,717	110	3,256	(16,571)	-
Carers Support Group	2,795	216	331		2,680
Volunteers Expenses	31,371	9,000	16,191		24,180
Lythe Farmer's Breakfast (incl Plough to Plate)	1,573	17,022	14,592	2,281	6,284
Plough to Plate	2,281			(2,281)	-
Tea & Tunes (+ tfr from FEF Fund)	-	744	329	1,589	2,004
NYCC FEF Fund	1,589			(1,589)	-
	65,159	175,127	195,176	7,171	52,281
Total Funds	175,683	198,809	197,693	-	176,799

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	7,171
One Stop - restricted funds	Our Neighbourhood - restricted	Agreed transfer of remaining funding received during Covid to current activities	16,571

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

Transfers between funds cont....

From	To	Reason	£ Amount
Plough to Plate - restricted	Lythe Farmer's Breakfast - restricted	Plough to Plate renamed as Lythe Farmer's Breakfast - same client group and purpose	2,281
FEF Fund - restricted	Tea & tunes - restricted	Agreed transfer of remaining FEF Fund to new group Tea & Tunes	1,589
			27,612

2023 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	49,925	15,130	12,007	4,923	57,971
Designated funds	60,053		-	(7,500)	52,553
	109,978	15,130	12,007	(2,577)	110,524
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	62,327	2,577	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200		-
Caring Together Whitby(CTW)	-	25,600	25,600		-
My Neighbourhood Ryedale	18,293	55,635	68,095		5,833
Carers Support Group	2,859	168	232		2,795
Volunteers Expenses	29,520	10,000	8,149		31,371
Plough to Plate	6,012		3,731		2,281
Lythe Farmer's Breakfast	1,706	1,830	1,963		1,573
Awards for All (release of equipment grant)	-	1,847	1,847		-
One Stop	19,426	2,509	2,218		19,717
NYCC FEF Fund	1,589				1,589
NHS App fund	2,000		2,000		-
	81,405	196,539	215,362	2,577	65,159
Total Funds	191,383	211,669	227,369	-	175,683

13.2 Details of Funds Held 31 March 2024

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Reflects the redundancy and wind down provision of £52,553.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYC Carers Break Service - supported by NYC Health and Adult Services and the Integrated Care Board to provide a carers break service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

Our Neighbourhood - is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. It is a project run in partnership with Carers Plus Yorkshire who hold the contract with NYC. It was previously named 'My Neighbourhood' and includes the balance of unspent funds from the One Stop project.

One Stop - run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities. This has now merged into the Our Neighbourhood project and will continue to provide information, advice and activities to the lonely and isolated in Ryedale.

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2024

13.2 Details of Funds Held cont....

Carers Support Group - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Lythe Farmer's Breakfast - a monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker. This now includes the remaining funds under Plough to Plate as this is essentially a renaming of the same client group and purpose.

Tea & Tunes - a quarterly event for people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. This is also supported by the balance of unspent funds in the FEF (Food and Essentials) fund given by NYC.

14 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2024
	£	£	£	£
Balances at 31st March 2024				
Fixed assets	802	-	-	802
Current assets	86,920	64,190	63,857	214,967
Current liabilities	(15,757)	(11,637)	(11,576)	(38,970)
	71,965	52,553	52,281	176,799
	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2023
	£	£	£	£
Balances at 31st March 2023				
Fixed assets	1,170	-	1,848	3,018
Current assets	68,366	63,253	76,202	207,822
Current liabilities	(11,565)	(10,700)	(12,891)	(35,157)
	57,971	52,553	65,159	175,683

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

One trustee received out of pocket expenses during the year of £14.40 (2023: £94.40).

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of:

Ryedale Carers Support CIO

for the year ended:

31 March 2024

which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date **22/7/24**

Accounts



Annual Report

April 2022 – March 2023



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked: "What are you doing?" The boy replied, "Throwing starfish back into the ocean. The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, "Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|---------------------|
| ○ David Brewster | Chairman |
| ○ Keith Webster | Treasurer |
| ○ Richard Coates | Vice Chairman |
| ○ Elizabeth Davison | |
| ○ Robin Lakin | |
| ○ Bob Polley | |
| ○ Sue Sutermeister | |
| ○ Leisa Burniston | |
| ○ David Marston | Resigned March 2023 |
| ○ Ann Ferguson | |
| ○ John Humphreys | |

Staff

- | | |
|---------------------|---|
| ○ Claire Hall | Chief Officer |
| ○ Sarah Hendry | Coordinator |
| ○ Carol Stevens | Coordinator |
| ○ Sam Berriman | Administrator |
| ○ Isabelle Harrison | Scarborough, Whitby, Ryedale Activities Coordinator |
| ○ Jackie Cole | Development Worker |

L-R Claire, Isabelle and Sam



L -R Jackie, Carol and Sarah



What we do:

- **Carers Sitting Service** – volunteers give the carer a break by sitting with the person being cared for
- **My Neighbourhood** – volunteer befriending and activities to reduce loneliness and social isolation
- **Carers Support Group** – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- **Musical Monday's** – is a monthly event to replace songs and scones, for older people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. It is run in partnership with the Community One Stop.
- **In My Day**– to build on the work done with the Plough to Plate workshops, Ryedale Carers Support has continued to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages. The programme of 6 sessions explores a range of themes linked to the story of food, farming, music and leisure activities. Sessions provide the opportunity for participants to explore the remarkable collection of artifacts provided by heritage engagement consultant, Virginia Arrowsmith, who led the sessions.
- **Walking Group** – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.
- **Community Development in Northern Ryedale and Whitby District** – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.
Lythe Farmers Breakfast, on the first Wednesday every month was set up because loneliness and isolation has become endemic in many of our rural areas in North Yorkshire and this monthly group enables those who are less able to interact and find themselves isolated to meet with friends old and new for a cup of tea, listen to a rural or locally inspired speaker and then most importantly have a bacon buttie and a chat.
- **On - Line Activities**
Ryedale Carers Support continues to provide 2 online activities that have filled an unmet need and have proved to be very popular:
Virtual Walks Volunteer Rangers Jim Hall & Davy Major from North York Moors National Parks lead monthly virtual walks, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is

always a part of these two friendly and informal groups. If people need help starting with Zoom, we can offer support to get them going.

‘They are interesting. Only been on one because I have only just joined, it was at Fountains Abbey where I have been since I was a child’

‘A breath of fresh air brought into our living room. We look forward to it every month’

Virtual Singalongs over 25 people who can’t get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60’s and much more. The social connection has helped people feel less isolated:

‘What a wonderful afternoon yesterday! M and I thoroughly enjoyed it. It really lifted my mood and left me feeling so cheerful and positive about life again.

On one occasion they had a ‘Desert Island’ disc type presentation: ‘I don’t know how to put into words my admiration and gratitude for all the hard work you do. We were both enjoying the tactile quality of the old vinyl, the sleeves, the record shop bags, and especially all that wonderful vintage technology. I was in Joni Mitchell heaven at one point, seeing all those album covers! One of my all-time favourites’

- **Community One Stop** run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are now 4 Community One Stops, they are held once a month in the 4 market towns: Pickering, Malton, Kirkbymoorside and Helmsley. At the Pickering event, Ryedale Carers Support holds a musical event in the afternoon, it’s called **Musical Mondays**. Over 35 people attend some by invitation other just drop in.

It’s great to get out and be with other people and without the transport you provide we would be stuck at home’

‘We need to get out and this is a great way to be with others and have a good time’

- **RCS 2023 Calendar**

It was so successful last year, Ryedale Carers Support decided to do another calendar for 2023 as a way to reach out and connect with all our clients and volunteers. Each month features photographs linked to a different RCS activity with comments to encourage conversation. We have received many compliments from delighted clients and volunteers.

○ **Volunteer Newsletter**

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit more volunteers and pay their out- of-pocket expenses. Our volunteers were not able to visit during lockdown so a surplus has developed. As we expand our activities and services this will be used to keep our volunteers connected with us and each other
- NYCC Health & Adult Services and the local Integrated Care Board for continuing to support the Carers Sitting Service and My Neighbourhood. Ryedale Carers Support is delivering the NYCC sitting service contract for Scarborough, Whitby and Ryedale from 2018 – 2023
- Ryedale District Council for enabling our volunteers to keep connected and receive on-going support and training from Ryedale Carer Support
- NYCC Bright Sparks funding to help tackle loneliness and isolation through musical activities
- NYCC Stronger Community Grant to support Lythe Farmers Breakfast
- NYCC Stronger Community personalised care programme grant focussing on building organisational skills and knowledge and developing relationships with local Primary and Secondary Care based social prescribers.
- The many individual carers and volunteers who have given so generously throughout the year.

Who we help?

Referrals to Ryedale Carers Support have increased year on year and in this financial year 315 carers and older people have received a service from us.

18- 64 years	65 – 74 years	75 – 84 years	85+ years
25	56	141	93

Learning Disability	Physical Disability	Frailty or Temporary Illness	Hearing Impairment	Visual Impairment	Mental Health	Dementia
1	79	54	0	3	87	91

Working with other groups

Ryedale Carers Support is known for responding to need and we can often do this by working with other community groups. For example, a cared for gentleman loved to grow vegetables but with his advancing dementia was unable to do this on his own. He was paired with Next Steps who run an allotment and with their support he is back doing what he loves and his carer is happy because she has a few hours respite knowing he is doing something that he loves.

Our Volunteers

Ryedale Carers' volunteers are the heart of the organisation and the 153 volunteers registered with us make a significant difference to the people they visit. We are very grateful for all their hard work and commitment.



Over the year Ryedale Carers Support has recruited 16 new volunteers via word of mouth and from publicity generated by adverts in the Handy Mag, the Gazette & Herald and social media. In May 2022 we arranged a cream tea at the Talbot Hotel in Malton with entertainment from the Thornton Dale Ukuleles. It was a way of saying a big 'thank you' to all our volunteers for all they do, 59 volunteers attended.

In 2023, 13 volunteers attended a volunteer induction training, in the summer of 2023, we held an informal meeting with clients and volunteers to look at ways of coping with dementia. This event was led by Professor June Andrews; author and specialist in dementia care. The event was so informative we have asked Professor Andrews to return this September and speak to a bigger group of clients and volunteers.



Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

IT Buddies a large number of our clients were still struggling to get on line which meant that one avenue of 'getting connected' was closed to them. RCS has recruited 3 or 4 volunteers whose role is to become an IT buddy and to help set up laptops and tablets for our clients and to sit with them for the first couple of zoom sessions. We have also bought 3 or 4 tablets that can be leant to clients for 6 months to see if on line activity is for them. As a result of this initiative, we have some flourishing on line activities.

What the client said about her IT support:

'I am definitely a lot more confident is using technology now, I sometimes have problems with the signal going down but can easily get on again. All thanks to my IT bubby who was so patient'

What the volunteer said:

'Overall, I don't feel I really did much but it is nice to know that with my little contribution that they could join in the activities'

My Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. My Neighbourhood with the help of our volunteers aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Throughout 2021/22 and 2022/23 Ryedale Carers Support has worked closely with Carers Plus Yorkshire to enable this to happen.

Community Development in Northern Ryedale and Whitby District

Farmers Breakfast continues to go from strength to strength with over 45 bacon butties now being made on a regular basis. There is a core of 4 regular volunteers and some volunteers who also drop in when they can. In total 12 volunteers help with Farmers



Breakfast to a greater or lesser degree. Gemma's help was invaluable during 2022 and early 2023 until she unfortunately left Caring Together to go to happier times. In April, Farmers Breakfast clients were lucky enough take part in the pre-season trials for Wet Wheels and a marvellous trip in a very choppy Whitby Harbour was had by all. Due to curtailed nature of the trips, Wet Wheels kindly offered to repeat the sessions for us in July. So, we were able to have 2 trips on Wet Wheels. After the April trip Isabelle had negotiated a 'special' discount for 40 of us to have fish and chips in town so a lovely day was had by all.

In June we had a special event to celebrate the Platinum Jubilee of Queen Elizabeth 2nd. HRH even managed to drop in.

July saw Farmers Breakfast Lythe and clients from Ryedale Carers Support meet up for a joint visit as part of the Ryedale Green Event. 35 members of Lythe Farmers Breakfast went to the Ryedale Folk Museum, they all had a lovely day out, with many activities arranged on our behalf by the museum.

Several clients commented on knowing some of the buildings from their original position in Danby and many still used many of the tools on show in the grounds. Farmers Breakfast continued over the autumn and winter with luckily no sessions being cancelled due to weather or illness. October 2022 saw the last of 3 visits from Virginia Arrowsmith. These were hugely popular, and had originally been funded with a grant from the Yorkshire Agricultural Society.

In early 2023 Isabelle made several funding bids in order to be able to continue Farmers Breakfast as My Neighbourhood was no longer able to fund activities. Successful bids were made to ICL Boulby, Stronger Communities, The Grocers Fund and will ensure the continuation of Lythe Farmers Breakfast until March 2024.

The book/coffee club meet ups continued on a monthly basis until March 2023. They stopped when the My Neighbourhood funding was reduced for the area north of Whitby.

In January 2023, Isabelle also took over the running of the Monday Virtual Walks group from Carol. After a few teething problems this seems to be working well. All in all, a very busy and successful year.

The Future

The arrangement of blended work will continue, our online activities have been a great success and I am sure will go from strength to strength. Our funding is once again more secure having successfully secured the sitting service contract with North Yorkshire County Council. This service will be renamed the Carers Break Service. The funding that enabled us to support people living on their own is called 'My Neighbourhood', we are still delivering this with Carers Plus Yorkshire but it will now be called "Our Neighbourhood". Here, there is less money which has meant having to concentrate on the volunteer befriending and working with other organisations to deliver activities. However, since we have stopped 'Songs and Scones' and latterly 'Musical Mondays' we have realised how valued these activities are and how important it is to provide transport. It is the aim of RCS to deliver 2 flagship activities: Farmers Breakfast in Lythe and a quarterly musical event in Ryedale.

We know that working with others enables RCS to provide the best possible service for their clients.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2023

Tracy Bramley ACMA, CGMA
Charity Accounts Preparation &
Independent Examination

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Contents

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Statement of Financial Activities	6
Balance Sheet	7
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Trustees' Annual Report

From: 1 April 2022

To: 31 March 2023

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2023.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
 Tinley Garth
 Kirkbymoorside
 York
 YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates			
Elizabeth Davison			
Leisa Burniston			
David Marston		Resigned 19/5/2023	
John Humphreys		Appointed 9/11/2022	
Ann Ferguson		Appointed 9/11/2022	

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Sitting Service – volunteers give the carer a break by sitting with the person being cared for

My Neighbourhood – befriending and activities to reduce loneliness and social isolation

Carers Support Group – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Musical Monday's – is a monthly event to replace songs and scones, for older people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. It is run in partnership with the Community One Stop

In My Day– to build on the work done with the Plough to Plate workshops, Ryedale Carers Support has continued to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages. The programme of 6 sessions explores a range of themes linked to the story of food, farming, music and leisure activities. Sessions provide the opportunity for participants to explore the remarkable collection of artifacts provided by heritage engagement consultant, Virginia Arrowsmith, who led the sessions.

Walking Group – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable

Community Development in Northern Ryedale and Whitby District – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities the silver lining of lockdown has been the development of 2 online activities that have filled an unmet need and have proved to be very popular

Virtual Walks Volunteer Rangers Jim Hall & Davy Major from North York Moors National Parks lead monthly virtual walks, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of these two friendly and informal groups. If people are interested and need help starting with Zoom, we can offer support to get them going.

Virtual Singalongs over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

Community One Stop run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are now 4 Community One Stops, they are held once a month in the 4 market towns: Pickering, Malton, Kirkbymoorside and Helmsley.

RCS 2023 Calendar

It was so successful last year, Ryedale Carers Support decided to do another calendar for 2023 as a way to reach out and connect with all our clients and volunteers. Each month features photographs linked to a different RCS activity with comments to encourage conversation. We have received many compliments from delighted clients and volunteers.

Volunteer Newsletter

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2022 - March 2023'

Financial Review

The results for the period ending 31st March 2023 show final balances of £57,971 unrestricted general funds; £52,553 designated funds and £65,159 restricted funds. In year, the overall operational deficit, after transfers was £15,700; comprising a surplus in year of £8,046 on unrestricted funds offset by a transfer of £7,500 from designated funds and a deficit of £16,246 on restricted funds.

Whilst the general unrestricted funds include spend this year on the telephone upgrade of £4,637, this had been set aside in designated funds last year to a value of £7,500, hence this provision has been transferred back to general funds now that it has been completed. The deficit in year on restricted funds reflects several grants still catching up on spend due to the suspension of some activities during the pandemic. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2023.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £57,386 at 31st March 2023. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

The arrangement of blended work will continue, our online activities have been a great success and I am sure will go from strength to strength. Our funding is once again more secure having successfully secured the sitting service contract with North Yorkshire County Council. This service will be renamed the Carers Break Service. The funding that enabled us to support people living on their own is called 'My Neighbourhood', we are still delivering this with Carers Plus Yorkshire but it will now be called "Our Neighbourhood". Here, there is less money which has meant having to concentrate on the volunteer befriending and working with other organisations to deliver activities. However, since we have stopped 'Songs and Scones' and latterly 'Musical Mondays' we have realised how valued these activities are and how important it is to provide transport. It is the aim of RCS to deliver 2 flagship activities: Farmers Breakfast in Lythe and a quarterly musical event in Ryedale.

We know that working with others enables RCS to provide the best possible service for their clients.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



David Brewster, Chair

11/8/23

Date:

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of:

Ryedale Carers Support CIO

for the year ended:

31 March 2023

which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date 14/5/2023

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2023

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£	£
Income and endowments from:						
Donations and legacies	3.1	12,982	-	-	12,982	21,699
Charitable activities	3.2	-	-	196,539	196,539	231,882
Other trading activities	3.3	1,460	-	-	1,460	1,340
Investments	3.4	688	-	-	688	80
Total income	3	15,130	-	196,539	211,669	255,001
Expenditure on:						
Raising funds	4.1	985	-	-	985	370
Charitable activities	4.2	11,022	-	215,362	226,384	215,607
Total expenditure	4	12,007	-	215,362	227,369	215,977
Net income/(expenditure)		3,123	-	(18,823)	(15,700)	39,024
Transfers between funds		4,923	(7,500)	2,577	-	-
Net movement in funds		8,046	(7,500)	(16,246)	(15,700)	39,024
Total funds brought forward		49,925	60,053	81,405	191,383	152,359
Total funds carried forward		57,971	52,553	65,159	175,683	191,383

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2023

	Note	2023 £	2022 £
Fixed Assets			
Tangible assets	8	585	3,018
Total Fixed Assets		<u>585</u>	<u>3,018</u>
Current Assets			
Debtors	9	1,855	805
Cash at bank and in hand	10	208,895	226,019
Total Current Assets		<u>210,750</u>	<u>226,824</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	35,652	38,459
Net Current Assets/(Liabilities)		<u>175,098</u>	<u>188,365</u>
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		<u>175,683</u>	<u>191,383</u>
Funds of the Charity	13		
Unrestricted Funds (General)		57,971	49,925
Unrestricted Funds (Designated)		52,553	60,053
Restricted Funds		65,159	81,405
Total Funds	13	<u>175,683</u>	<u>191,383</u>

The financial statements were approved by the trustees on *11 August 2023*
and signed on their behalf by:


D Brewster
Chair

Date

11/8/23


K Webster
Treasurer

Date

11/8/23

Notes to the accounts for the year ended:

31st March 2023

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2023

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

3 Income and endowments	Unrestricted funds £	Restricted funds £	Total 2023 £	Unrestricted funds £	Restricted funds £	Total 2022 £
3.1 Donations and legacies						
<u>Voluntary Income - donations</u>						
General Donations	12,346		12,346	20,930		20,930
Gift Aid	636		636	769		769
	12,982	-	12,982	21,699	-	21,699
3.2 Charitable activities						
<u>* NYCC & CCG Sitting Service</u>						
Ryedale Carers Support		59,750	59,750		59,750	59,750
Caring Together Whitby		25,600	25,600		25,600	25,600
Support for Carers Scarborough		39,200	39,200		39,200	39,200
<u>* NYCC My Neighbourhood Service</u>						
Ryedale Carers Support		55,635	55,635		39,545	39,545
Caring Together Whitby			-		4,473	4,473
Support for Carers Scarborough			-		5,495	5,495
The Robert McAlpine Foundation - volunteers expenses		10,000	10,000		10,000	10,000
Other grants & donations to projects			-		4,027	4,027
Awards for All equipment grant (release of grant to match dep'n)		1,847	1,847		1,847	1,847
* Community One Stop (including £2k NYC)		2,509	2,509			-
Lythe Farmer's Breakfast		1,830	1,830			-
* NYCC Stronger Communities Covid grant			-		29,200	29,200
* NYCC Stronger Communities NHS App fund			-		2,000	2,000
Support Groups		168	168	80	119	199
Awards for All Lottery Fund - post covid recovery project			-		10,000	10,000
Volunteers Event funds			-	546		546
	-	196,539	196,539	626	231,256	231,882
3.3 Other trading activities						
Fundraising	1,460		1,460	1,340		1,340
	1,460	-	1,460	1,340	-	1,340
3.4 Investments						
Bank interest received	688		688	80		80
	688	-	688	80	-	80
Total Income	15,130	196,539	211,669	23,745	231,256	255,001

* denotes government grants received this year, totalling

£182,141 (2022: £205,263)

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

4 Expenditure	Unrestricted funds	Restricted funds	Total 2023	Unrestricted funds	Restricted funds	Total 2022
	£	£	£	£	£	£
4.1 Raising funds						
200 Club	555		555	370	-	370
Fundraising costs	430		430	-	-	-
	985	-	985	370	-	370
4.2 Charitable activities						
<u>Direct Project costs</u>						
Salaries, NI & Pensions	4,239	91,288	95,527		96,197	96,197
Staff training & travel expenses		5,411	5,411	95	3,935	4,030
Volunteer training & travel expenses		8,169	8,169		5,142	5,142
Subscriptions		202	202		142	142
Supporting Carers		395	395	132	187	319
Sundry & cleaning expenses	100	751	851	71	1,049	1,120
Volunteers Events	63	765	828	533	526	1,059
Lythe Farmers Breakfast		1,129	1,129		1,033	1,033
My Neighbourhood activities & service delivery		15,631	15,631		3,369	3,369
COVID-19 expenses			-		2,350	2,350
Community One Stop expenses		1,337	1,337		299	299
FEF Fund shopping payments			-		48	48
<u>Partner payments</u>						
Support for Carers Scarborough		39,200	39,200		44,695	44,695
Caring Together Whitby		25,600	25,600		30,073	30,073
<u>Central support costs</u>						
Telephone		3,031	3,031		2,276	2,276
Telephone upgrade	4,637		4,637			-
Postage, stationery, printing & photocopying	6	6,007	6,013	73	4,533	4,606
Advertising & website	92	508	600		169	169
Rent, room hire & service charges		6,890	6,890		5,773	5,773
Insurance		3,809	3,809		3,523	3,523
Office & Computer Equipment	1,300	1,745	3,045	2,474	3,068	5,542
Depreciation	585	1,847	2,432	585	1,847	2,432
<u>Governance</u>						
Professional fees		1,553	1,553		1,410	1,410
Trustee expenses		94	94			-
	11,022	215,362	226,384	3,963	211,644	215,607
Total expenditure	12,007	215,362	227,369	4,333	211,644	215,977

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

5 Fees for examination of the accounts

	2023	2022
	£	£
Independent Examiner's fees for reporting on the accounts	950	800
Other fees	-	-
	<u>950</u>	<u>800</u>

6 Staff costs and emoluments

	2023	2022
	£	£
Gross salaries	87,316	88,221
Employers National Insurance	1,637	1,373
Pension Contributions	2,956	2,852
Other benefits - car allowance	3,618	3,751
	<u>95,527</u>	<u>96,197</u>
	<u>6</u>	<u>6</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2022: Nil)

The total employee benefits of the key management personnel of the charity were £32,444 (2022: £32,063).

No redundancy payments were made during the year (2022: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,956. There were £195.38 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

Tangible fixed assets

Cost or valuation

	Equipment	Total
	£	£
At 1st April 2022	9,729	9,729
Additions in year	-	-
Disposals in year	-	-
At 31st March 2023	<u>9,729</u>	<u>9,729</u>

Depreciation

	£	£
At 1st April 2022	6,711	6,711
Charge for the year	2,433	2,433
At 31st March 2023	<u>9,144</u>	<u>9,144</u>

Net Book Value

	£	£
At 31st March 2023	<u>585</u>	<u>585</u>
At 31st March 2022	<u>3,018</u>	<u>3,018</u>

9 Debtors and prepayments

Debtors and prepayments

	2023	2022
	£	£
Prepayments and accrued income	1,855	805
	<u>1,855</u>	<u>805</u>

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

10 Cash at bank and in hand

	Total 2023 £	Total 2022 £
Current bank account	85,717	103,248
Deposit bank accounts	92,794	92,292
Reserve account	30,223	30,111
Cash in hand	161	368
	208,895	226,019

11 Creditors and accruals

Analysis of creditors falling due within one year

	2023 £	2022 £
Trade creditors	-	428
Payments received on account for contracts or performance-related grants	31,137	32,985
Accruals	4,515	5,046
	35,652	38,459

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2023 (2022: None).

13 Movement of funds

13.1 Movement of major funds

2023 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	49,925	15,130	12,007	4,923	57,971
Designated funds	60,053	-	-	(7,500)	52,553
	109,978	15,130	12,007	(2,577)	110,524
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	62,327	2,577	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200		-
Caring Together Whitby(CTW)	-	25,600	25,600		-
My Neighbourhood Ryedale	18,293	55,635	68,095		5,833
Carers Support Group	2,859	168	232		2,795
Volunteers Expenses	29,520	10,000	8,149		31,371
Plough to Plate	6,012		3,731		2,281
Lythe Farmer's Breakfast	1,706	1,830	1,963		1,573
Awards for All (release of equipment grant)	-	1,847	1,847		-
One Stop	19,426	2,509	2,218		19,717
NYCC FEF Fund	1,589				1,589
NHS App fund	2,000		2,000		-
	81,405	196,539	215,362	2,577	65,159
Total Funds	191,383	211,669	227,369	-	175,683

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	2,577
Designated funds	General funds	Originally set aside for telephone upgrade which has been completed in year within general funds	7,500
			10,077

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

2022 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	55,154	23,745	4,333	(24,641)	49,925
Designated funds	45,053	-	-	15,000	60,053
	<u>100,207</u>	<u>23,745</u>	<u>4,333</u>	<u>(9,641)</u>	<u>109,978</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	69,391	9,641	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200	-	-
Caring Together Whitby(CTW)	-	25,600	25,600	-	-
My Neighbourhood Ryedale	7,574	39,615	32,441	3,545	18,293
My Neighbourhood SFCS	-	5,495	5,495	-	-
My Neighbourhood CTW	-	4,473	4,473	-	-
Carers Support Group	1,937	119	197	1,000	2,859
Volunteers Expenses	24,689	10,016	5,185	-	29,520
Carers Trip (tfr to Carers Support group)	1,000	-	-	(1,000)	-
Songs & Scones (tfr to My Neighbourhood)	3,545	-	-	(3,545)	-
Farmer's Breakfast (tfr to Plough to Plate)	6,529	-	-	(6,529)	-
Plough to Plate	-	1,239	1,756	6,529	6,012
Lythe Farmer's Breakfast	-	1,750	44	-	1,706
Awards for All (release of equipment grant)	-	1,847	1,847	-	-
NYCC Stronger Communities/CSO & Covid grant (tfr to One Stop)	5,241	26,850	14,872	(17,219)	-
One Stop	-	3,302	1,095	17,219	19,426
Post Covid Recovery project (Awards 4	-	10,000	10,000	-	-
NYCC FEF Fund	1,637	-	48	-	1,589
NHS App fund	-	2,000	-	-	2,000
	<u>52,152</u>	<u>231,256</u>	<u>211,644</u>	<u>9,641</u>	<u>81,405</u>
Total Funds	<u>152,359</u>	<u>255,001</u>	<u>215,977</u>	<u>-</u>	<u>191,383</u>

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Reflects the redundancy and wind down provision of £52,553. The previous year provision of £7,500 to upgrade the telephone system has been completed in year within general funds.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYCC Carers Sitting Service Ryedale - supported by NYCC Health & Adult Services and the local Clinical Commissioning Groups to provide a sitting service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

My Neighbourhood - in partnership with Carers Plus Yorkshire, is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. Funded by NYCC. £5k of the balance remaining 31 March 2023 reflects a grant from Transforming Community Mental Health Services via Next Steps to provide a 1:1 Befriending service in 2023/24.

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

13.2 Details of Funds Held cont....

Carers Support Group - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Plough to Plate - From September 2021 to replace Farmers Breakfast, Ryedale Carers Support has been working in partnership with North Yorkshire County Record Office (NYCRO), to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages.

Lythe Farmer's Breakfast - a monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker.

Awards for All equipment grant - a grant received in a previous year for the purchase and set up of new computer equipment. This has been capitalised and depreciated over 4 years. Each year an equivalent amount of grant is released to match the depreciation shown in the accounts. This is the final year and all assets are now fully depreciated.

One Stop - run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities.

NYCC FEF Fund - a grant received in 2020/21 of £2,000 for 'Food and Essentials Fund'; to ease cashflow and can be used to reimburse volunteers for any up-front costs incurred by them when purchasing food or essential items for people.

NHS App fund - a grant from NYCC Stronger Communities to promote the NHS App.

14 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
Balances at 31st March 2023				
Fixed assets	585	-	-	585
Current assets	69,070	63,253	78,426	210,750
Current liabilities	(11,684)	(10,700)	(13,267)	(35,652)
	57,971	52,553	65,159	175,683
	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
Balances at 31st March 2022				
Fixed assets	1,170	-	1,848	3,018
Current assets	58,709	72,314	95,800	226,824
Current liabilities	(9,954)	(12,261)	(16,243)	(38,459)
	49,925	60,053	81,405	191,383

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

One trustee received out of pocket expenses during the year of £94.40 (2022: Nil).

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2023

Tracy Bramley ACMA, CGMA
Charity Accounts Preparation &
Independent Examination

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

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Trustees' Annual Report

From: 1 April 2022

To: 31 March 2023

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2023.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
Tinley Garth
Kirkbymoorside
York
YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates			
Elizabeth Davison			
Leisa Burniston			
David Marston		Resigned 19/5/2023	
John Humphreys		Appointed 9/11/2022	
Ann Ferguson		Appointed 9/11/2022	

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Sitting Service – volunteers give the carer a break by sitting with the person being cared for

My Neighbourhood – befriending and activities to reduce loneliness and social isolation

Carers Support Group – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Musical Monday's – is a monthly event to replace songs and scones, for older people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. It is run in partnership with the Community One Stop

In My Day– to build on the work done with the Plough to Plate workshops, Ryedale Carers Support has continued to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages. The programme of 6 sessions explores a range of themes linked to the story of food, farming, music and leisure activities. Sessions provide the opportunity for participants to explore the remarkable collection of artifacts provided by heritage engagement consultant, Virginia Arrowsmith, who led the sessions.

Walking Group – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable

Community Development in Northern Ryedale and Whitby District – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities the silver lining of lockdown has been the development of 2 online activities that have filled an unmet need and have proved to be very popular

Virtual Walks Volunteer Rangers Jim Hall & Davy Major from North York Moors National Parks lead monthly virtual walks, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of these two friendly and informal groups. If people are interested and need help starting with Zoom, we can offer support to get them going.

Virtual Singalongs over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

Community One Stop run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. There are now 4 Community One Stops, they are held once a month in the 4 market towns: Pickering, Malton, Kirkbymoorside and Helmsley.

RCS 2023 Calendar

It was so successful last year, Ryedale Carers Support decided to do another calendar for 2023 as a way to reach out and connect with all our clients and volunteers. Each month features photographs linked to a different RCS activity with comments to encourage conversation. We have received many compliments from delighted clients and volunteers.

Volunteer Newsletter

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2022 - March 2023'

Financial Review

The results for the period ending 31st March 2023 show final balances of £57,971 unrestricted general funds; £52,553 designated funds and £65,159 restricted funds. In year, the overall operational deficit, after transfers was £15,700; comprising a surplus in year of £8,046 on unrestricted funds offset by a transfer of £7,500 from designated funds and a deficit of £16,246 on restricted funds.

Whilst the general unrestricted funds include spend this year on the telephone upgrade of £4,637, this had been set aside in designated funds last year to a value of £7,500, hence this provision has been transferred back to general funds now that it has been completed. The deficit in year on restricted funds reflects several grants still catching up on spend due to the suspension of some activities during the pandemic. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2023.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £57,386 at 31st March 2023. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

The arrangement of blended work will continue, our online activities have been a great success and I am sure will go from strength to strength. Our funding is once again more secure having successfully secured the sitting service contract with North Yorkshire County Council. This service will be renamed the Carers Break Service. The funding that enabled us to support people living on their own is called 'My Neighbourhood', we are still delivering this with Carers Plus Yorkshire but it will now be called "Our Neighbourhood". Here, there is less money which has meant having to concentrate on the volunteer befriending and working with other organisations to deliver activities. However, since we have stopped 'Songs and Scones' and latterly 'Musical Mondays' we have realised how valued these activities are and how important it is to provide transport. It is the aim of RCS to deliver 2 flagship activities: Farmers Breakfast in Lythe and a quarterly musical event in Ryedale.

We know that working with others enables RCS to provide the best possible service for their clients.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



David Brewster, Chair

11/8/23

Date:

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of:

Ryedale Carers Support CIO

for the year ended:

31 March 2023

which are set out on pages 6 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA CGMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date 14/5/2023

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2023

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£	£
Income and endowments from:						
Donations and legacies	3.1	12,982	-	-	12,982	21,699
Charitable activities	3.2	-	-	196,539	196,539	231,882
Other trading activities	3.3	1,460	-	-	1,460	1,340
Investments	3.4	688	-	-	688	80
Total income	3	15,130	-	196,539	211,669	255,001
Expenditure on:						
Raising funds	4.1	985	-	-	985	370
Charitable activities	4.2	11,022	-	215,362	226,384	215,607
Total expenditure	4	12,007	-	215,362	227,369	215,977
Net income/(expenditure)		3,123	-	(18,823)	(15,700)	39,024
Transfers between funds		4,923	(7,500)	2,577	-	-
Net movement in funds		8,046	(7,500)	(16,246)	(15,700)	39,024
Total funds brought forward		49,925	60,053	81,405	191,383	152,359
Total funds carried forward		57,971	52,553	65,159	175,683	191,383

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2023

	Note	2023 £	2022 £
Fixed Assets			
Tangible assets	8	585	3,018
Total Fixed Assets		<u>585</u>	<u>3,018</u>
Current Assets			
Debtors	9	1,855	805
Cash at bank and in hand	10	208,895	226,019
Total Current Assets		<u>210,750</u>	<u>226,824</u>
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	35,652	38,459
Net Current Assets/(Liabilities)		<u>175,098</u>	<u>188,365</u>
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		<u>175,683</u>	<u>191,383</u>
Funds of the Charity	13		
Unrestricted Funds (General)		57,971	49,925
Unrestricted Funds (Designated)		52,553	60,053
Restricted Funds		65,159	81,405
Total Funds	13	<u>175,683</u>	<u>191,383</u>

The financial statements were approved by the trustees on *11 August 2023*
and signed on their behalf by:


D Brewster
Chair

Date

11/8/23


K Webster
Treasurer

Date

11/8/23

Notes to the accounts for the year ended:

31st March 2023

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2023

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

3 Income and endowments	Unrestricted funds £	Restricted funds £	Total 2023 £	Unrestricted funds £	Restricted funds £	Total 2022 £
3.1 Donations and legacies						
<u>Voluntary Income - donations</u>						
General Donations	12,346		12,346	20,930		20,930
Gift Aid	636		636	769		769
	12,982	-	12,982	21,699	-	21,699
3.2 Charitable activities						
<u>* NYCC & CCG Sitting Service</u>						
Ryedale Carers Support		59,750	59,750		59,750	59,750
Caring Together Whitby		25,600	25,600		25,600	25,600
Support for Carers Scarborough		39,200	39,200		39,200	39,200
<u>* NYCC My Neighbourhood Service</u>						
Ryedale Carers Support		55,635	55,635		39,545	39,545
Caring Together Whitby			-		4,473	4,473
Support for Carers Scarborough			-		5,495	5,495
The Robert McAlpine Foundation - volunteers expenses		10,000	10,000		10,000	10,000
Other grants & donations to projects			-		4,027	4,027
Awards for All equipment grant (release of grant to match dep'n)		1,847	1,847		1,847	1,847
* Community One Stop (including £2k NYC)		2,509	2,509			-
Lythe Farmer's Breakfast		1,830	1,830			-
* NYCC Stronger Communities Covid grant			-		29,200	29,200
* NYCC Stronger Communities NHS App fund			-		2,000	2,000
Support Groups		168	168	80	119	199
Awards for All Lottery Fund - post covid recovery project			-		10,000	10,000
Volunteers Event funds			-	546		546
	-	196,539	196,539	626	231,256	231,882
3.3 Other trading activities						
Fundraising	1,460		1,460	1,340		1,340
	1,460	-	1,460	1,340	-	1,340
3.4 Investments						
Bank interest received	688		688	80		80
	688	-	688	80	-	80
Total Income	15,130	196,539	211,669	23,745	231,256	255,001

* denotes government grants received this year, totalling

£182,141 (2022: £205,263)

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

4 Expenditure	Unrestricted funds	Restricted funds	Total 2023	Unrestricted funds	Restricted funds	Total 2022
	£	£	£	£	£	£
4.1 Raising funds						
200 Club	555		555	370	-	370
Fundraising costs	430		430	-	-	-
	985	-	985	370	-	370
4.2 Charitable activities						
<u>Direct Project costs</u>						
Salaries, NI & Pensions	4,239	91,288	95,527		96,197	96,197
Staff training & travel expenses		5,411	5,411	95	3,935	4,030
Volunteer training & travel expenses		8,169	8,169		5,142	5,142
Subscriptions		202	202		142	142
Supporting Carers		395	395	132	187	319
Sundry & cleaning expenses	100	751	851	71	1,049	1,120
Volunteers Events	63	765	828	533	526	1,059
Lythe Farmers Breakfast		1,129	1,129		1,033	1,033
My Neighbourhood activities & service delivery		15,631	15,631		3,369	3,369
COVID-19 expenses			-		2,350	2,350
Community One Stop expenses		1,337	1,337		299	299
FEF Fund shopping payments			-		48	48
<u>Partner payments</u>						
Support for Carers Scarborough		39,200	39,200		44,695	44,695
Caring Together Whitby		25,600	25,600		30,073	30,073
<u>Central support costs</u>						
Telephone		3,031	3,031		2,276	2,276
Telephone upgrade	4,637		4,637			-
Postage, stationery, printing & photocopying	6	6,007	6,013	73	4,533	4,606
Advertising & website	92	508	600		169	169
Rent, room hire & service charges		6,890	6,890		5,773	5,773
Insurance		3,809	3,809		3,523	3,523
Office & Computer Equipment	1,300	1,745	3,045	2,474	3,068	5,542
Depreciation	585	1,847	2,432	585	1,847	2,432
<u>Governance</u>						
Professional fees		1,553	1,553		1,410	1,410
Trustee expenses		94	94			-
	11,022	215,362	226,384	3,963	211,644	215,607
Total expenditure	12,007	215,362	227,369	4,333	211,644	215,977

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

5 Fees for examination of the accounts

	2023	2022
	£	£
Independent Examiner's fees for reporting on the accounts	950	800
Other fees	-	-
	<u>950</u>	<u>800</u>

6 Staff costs and emoluments

	2023	2022
	£	£
Gross salaries	87,316	88,221
Employers National Insurance	1,637	1,373
Pension Contributions	2,956	2,852
Other benefits - car allowance	3,618	3,751
	<u>95,527</u>	<u>96,197</u>
	<u>6</u>	<u>6</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2022: Nil)

The total employee benefits of the key management personnel of the charity were £32,444 (2022: £32,063).

No redundancy payments were made during the year (2022: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,956. There were £195.38 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

Tangible fixed assets

Cost or valuation

	Equipment	Total
	£	£
At 1st April 2022	9,729	9,729
Additions in year	-	-
Disposals in year	-	-
At 31st March 2023	<u>9,729</u>	<u>9,729</u>

Depreciation

	£	£
At 1st April 2022	6,711	6,711
Charge for the year	2,433	2,433
At 31st March 2023	<u>9,144</u>	<u>9,144</u>

Net Book Value

	£	£
At 31st March 2023	<u>585</u>	<u>585</u>
At 31st March 2022	<u>3,018</u>	<u>3,018</u>

9 Debtors and prepayments

	2023	2022
	£	£
Debtors and prepayments	1,855	805
Prepayments and accrued income	<u>1,855</u>	<u>805</u>

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

10 Cash at bank and in hand

	Total 2023 £	Total 2022 £
Current bank account	85,717	103,248
Deposit bank accounts	92,794	92,292
Reserve account	30,223	30,111
Cash in hand	161	368
	208,895	226,019

11 Creditors and accruals

Analysis of creditors falling due within one year

	2023 £	2022 £
Trade creditors	-	428
Payments received on account for contracts or performance-related grants	31,137	32,985
Accruals	4,515	5,046
	35,652	38,459

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2023 (2022: None).

13 Movement of funds

13.1 Movement of major funds

2023 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	49,925	15,130	12,007	4,923	57,971
Designated funds	60,053	-	-	(7,500)	52,553
	109,978	15,130	12,007	(2,577)	110,524
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	62,327	2,577	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200		-
Caring Together Whitby(CTW)	-	25,600	25,600		-
My Neighbourhood Ryedale	18,293	55,635	68,095		5,833
Carers Support Group	2,859	168	232		2,795
Volunteers Expenses	29,520	10,000	8,149		31,371
Plough to Plate	6,012		3,731		2,281
Lythe Farmer's Breakfast	1,706	1,830	1,963		1,573
Awards for All (release of equipment grant)	-	1,847	1,847		-
One Stop	19,426	2,509	2,218		19,717
NYCC FEF Fund	1,589				1,589
NHS App fund	2,000		2,000		-
	81,405	196,539	215,362	2,577	65,159
Total Funds	191,383	211,669	227,369	-	175,683

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	2,577
Designated funds	General funds	Originally set aside for telephone upgrade which has been completed in year within general funds	7,500
			10,077

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

2022 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	55,154	23,745	4,333	(24,641)	49,925
Designated funds	45,053	-	-	15,000	60,053
	<u>100,207</u>	<u>23,745</u>	<u>4,333</u>	<u>(9,641)</u>	<u>109,978</u>
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	69,391	9,641	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200	-	-
Caring Together Whitby(CTW)	-	25,600	25,600	-	-
My Neighbourhood Ryedale	7,574	39,615	32,441	3,545	18,293
My Neighbourhood SFCS	-	5,495	5,495	-	-
My Neighbourhood CTW	-	4,473	4,473	-	-
Carers Support Group	1,937	119	197	1,000	2,859
Volunteers Expenses	24,689	10,016	5,185	-	29,520
Carers Trip (tfr to Carers Support group)	1,000	-	-	(1,000)	-
Songs & Scones (tfr to My Neighbourhood)	3,545	-	-	(3,545)	-
Farmer's Breakfast (tfr to Plough to Plate)	6,529	-	-	(6,529)	-
Plough to Plate	-	1,239	1,756	6,529	6,012
Lythe Farmer's Breakfast	-	1,750	44	-	1,706
Awards for All (release of equipment grant)	-	1,847	1,847	-	-
NYCC Stronger Communities/CSO & Covid grant (tfr to One Stop)	5,241	26,850	14,872	(17,219)	-
One Stop	-	3,302	1,095	17,219	19,426
Post Covid Recovery project (Awards 4	-	10,000	10,000	-	-
NYCC FEF Fund	1,637	-	48	-	1,589
NHS App fund	-	2,000	-	-	2,000
	<u>52,152</u>	<u>231,256</u>	<u>211,644</u>	<u>9,641</u>	<u>81,405</u>
Total Funds	<u>152,359</u>	<u>255,001</u>	<u>215,977</u>	<u>-</u>	<u>191,383</u>

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Reflects the redundancy and wind down provision of £52,553. The previous year provision of £7,500 to upgrade the telephone system has been completed in year within general funds.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYCC Carers Sitting Service Ryedale - supported by NYCC Health & Adult Services and the local Clinical Commissioning Groups to provide a sitting service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

My Neighbourhood - in partnership with Carers Plus Yorkshire, is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. Funded by NYCC. £5k of the balance remaining 31 March 2023 reflects a grant from Transforming Community Mental Health Services via Next Steps to provide a 1:1 Befriending service in 2023/24.

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2023

13.2 Details of Funds Held cont....

Carers Support Group - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Plough to Plate - From September 2021 to replace Farmers Breakfast, Ryedale Carers Support has been working in partnership with North Yorkshire County Record Office (NYCRO), to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages.

Lythe Farmer's Breakfast - a monthly group to enable those who are less able to interact and find themselves isolated, to meet for a chat and refreshments and listen to a rural or locally inspired speaker.

Awards for All equipment grant - a grant received in a previous year for the purchase and set up of new computer equipment. This has been capitalised and depreciated over 4 years. Each year an equivalent amount of grant is released to match the depreciation shown in the accounts. This is the final year and all assets are now fully depreciated.

One Stop - run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities.

NYCC FEF Fund - a grant received in 2020/21 of £2,000 for 'Food and Essentials Fund'; to ease cashflow and can be used to reimburse volunteers for any up-front costs incurred by them when purchasing food or essential items for people.

NHS App fund - a grant from NYCC Stronger Communities to promote the NHS App.

14 Net assets between funds

	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
Balances at 31st March 2023				
Fixed assets	585	-	-	585
Current assets	69,070	63,253	78,426	210,750
Current liabilities	(11,684)	(10,700)	(13,267)	(35,652)
	57,971	52,553	65,159	175,683
	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
Balances at 31st March 2022				
Fixed assets	1,170	-	1,848	3,018
Current assets	58,709	72,314	95,800	226,824
Current liabilities	(9,954)	(12,261)	(16,243)	(38,459)
	49,925	60,053	81,405	191,383

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

One trustee received out of pocket expenses during the year of £94.40 (2022: Nil).

Accounts



Annual Report

April 2021 - March 2022



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked:

"What are you doing?" The boy replied, "Throwing starfish back into the ocean.

The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, " Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

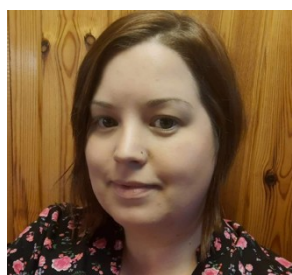
Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|---------------------|
| o David Brewster | Chairman |
| o Keith Webster | Treasurer |
| o Richard Coates | Vice Chairman |
| o Elizabeth Davison | |
| o Robin Lakin | |
| o Bob Polley | |
| o Sue Sutermeister | |
| o Leisa Burniston | |
| o David Marston | |
| o Ann Ferguson | Co-opted March 2022 |
| o John Humphrys | Co-opted May 2022 |

Staff

- | | |
|---------------------|--|
| o Claire Hall | Chief Officer |
| o Sarah Hendry | Coordinator |
| o Carol Stevens | Coordinator |
| o Sam Berriman | Administrator |
| o Isabelle Harrison | Scarborough, Whitby, Ryedale Activities
Coordinator |
| o Jacquie Cole | Development Worker |



L-R Claire, Isabelle and Sam

L -R Jacquie, Carol and Sarah



What we do:

o **Carers Sitting Service** - volunteers give the carer a break by

sitting with the person being cared for

- o **My Neighbourhood** - volunteer befriending and activities to reduce loneliness and social isolation
- o **Carers Support Group** - we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- o **Musical Monday's** - is a monthly event to replace songs and scones, for older people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. It is run in partnership with the Community One Stop.
- o **Plough to Plate** - to replace Farmers Breakfast, Ryedale Carers Support has been working in partnership with North Yorkshire County Record Office (NYCRO), to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages. The programme of 6 sessions, delivered in 2 blocks of 3 in North and South Ryedale respectively, uses some of the fascinating archive collection from the North Yorkshire County Record Office to explore a range of themes linked to the story of food and farming. Sessions provide the opportunity for participants to explore the remarkable collection of historic photographs, recipes, maps, diaries and parish records held by the County Record Office and are led by heritage engagement consultant, Virginia Arrowsmith.
- o **Walking Group** - the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one

is doing something they love. The benefits of physical exercise and good company are incalculable.

- o **Community Development in Northern Ryedale and Whitby District** – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities

The silver lining of lockdown has been the development of 2 online activities that have filled an unmet need and have proved to be very popular

- o **Virtual Walks** Volunteer Rangers Jim Hall & Davy Major from North York Moors National Parks lead monthly virtual walks, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of these two friendly and informal groups. If people need help starting with Zoom, we can offer support to get them going.
'I still don't get to socialise so these meetings are very important to me after 2 years of solitary confinement'
'I like the interaction between the leader and the Zoomers'
'When there is so much disturbing news it can be nice just to switch off for an hour. I know that some walkers now log on twenty minutes before the walk to just chat.'
- o **Virtual Singalongs** over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:
'I have enjoyed connecting with others'
Nice to have an appointment and be welcomed to something"
"Getting used to using Zoom has been a Bonus"
- o During lockdown, RCS and Scarborough & Ryedale Carers Resource (now known as Community Plus Yorkshire) became the **Community Support Organisation** (CSO) in Ryedale. In partnership with North Yorkshire County Council, the role of the CSO was to act as a single point of contact in Ryedale and respond to demands for help. Our role as a CSO finished at the end of January 2022 and any money

left over was (with the permission of NYCC), rolled over to support the Community One Stop (COS).

- o **Community One Stop** run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. The COS has a phone number as a single point of contact which is provided by Carers Plus Yorkshire. In addition to this, on the first Monday of every month a number of voluntary and community groups meet at Pickering Methodist Church to provide a drop in facility that members of the public can access to find out if the voluntary and community sector can help their particular need. Alongside the information and advice free activities such as arm chair yoga and Boccia are put on in the main meeting room. In the afternoon some musical entertainment is provided hosted by either North Yorkshire Music Therapy or Ryedale Carers Support.
- o **RCS 2022 Calendar**
New this year! For the first time, Ryedale Carers Support have put together a calendar as a way to reach out and connect with all clients. Each month features photographs linked to a different RCS activity with comments to encourage conversation. We have received many compliments from delighted clients and volunteers.
- o **Keeping Connected Newsletter**
A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit more volunteers and pay their out- of-pocket expenses. Our volunteers were not able to visit during lockdown so a surplus has developed. As we expand our activities and services this will be used to keep our volunteers connected with us and each other
- NYCC Health & Adult Services and the local Clinical Commissioning Groups for continuing to support the sitting service and My Neighbourhood. Ryedale Carers Support is delivering the NYCC sitting service contract for Scarborough, Whitby and Ryedale from 2018 – 2023

- Awards for All Community Fund £10,000 for a post covid recovery fund
- The Co-operative Local Community Fund - £3666
- NFU Donation - £6451
- NYCC Stronger Communities – funding the CSO partnership and the Community One Stop
- Ryedale Stroke Group – wound up and donated £4000 to RCS
- NYCC Stronger Communities for funding the NHS App promotion grant which will be spent in the next financial year.
- Noddy Skaife for £1000 raised on a sponsored bike ride
- The many individual carers and volunteers who have given so generously throughout the year.

Who we help?

Referrals to Ryedale Carers Support have increased year on year and in this financial year 349 carers and older people have received a service from us.

18- 64 years	65 – 74 years	75 – 84 years	85+ years
29	70	141	109

Learnin g Disabilit y	Physical Disabilit y	Frailty or Temporar y Illness	Hearing Impairme nt	Visual Impairme nt	Mental Health	Dementi a
1	98	94	1	4	40	111

Our Volunteers

Ryedale Carers' volunteers are the heart of the organisation and the 158 volunteers registered with us make a significant difference to the people they visit. We are very grateful for all their hard work and commitment. Over the year Ryedale Carers Support has recruited 12 new volunteers via word of mouth and from publicity generated by adverts in the Handy Mag, the Gazette & Herald and social media. In August 2021 we arranged a big 'thank you' party for our volunteers at the Bird of Prey Centre in Helmsley, 52 volunteers attended



In March 2022, 34 volunteers attended a volunteer induction training. Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

What people have said about Ryedale Carers Support

"A wonderful service that makes a big difference - please don't stop it."

"I am enormously grateful for this service; it is bringing me considerable support."

"This is an excellent service that has all-round benefits for the carer/person cared for. It sustains a sense of connection with the local community and brings fresh 'energy' into the home."

"You have helped our family over the years. We are very grateful and thankful. You should have your funding continued and increased. You are providing essential support for the cared for and local carers to maintain and improve their mental health. Thank you."



The RCS Quilts continue to be of great promotional value to RCS. Since they were created during lockdown they have been on permanent display at various libraries and now at The Bothies at Scampston Walled Garden. While on display a book of quotes has been collected:

'Beautiful and a lovely way to express what was happening in people's lives during covid'

IT Buddies – RCS has worked closely with Citizens Online: Carol Stevens is our Digital Champion and together with the rest of the staff, RCS has

successfully recruited 2 volunteers to be IT buddies. The volunteers and staff have been very successful in getting people on to Zoom and connected to our online activities. A quote from a client “I was so proud of myself that I did it on Zoom”.

My Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. My Neighbourhood with the help of our volunteers aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Throughout 2021/22 Ryedale Carers Support has worked closely with Carers Plus Yorkshire (formerly Scarborough and Ryedale Carers Resource) to enable this to happen.

Community Development in Northern Ryedale and Whitby District

Virtual meetings and letters carried on for the early part of 2021, with contact being maintained through letters and telephone calls.

In July 2021 Farmers Breakfast was able to have its first meeting and trip out to Mulgrave Castle gardens. A real treat to meet up and see all our old friends. In September the meetings started up properly with a regular meetings in September, October and November 2021. Unfortunately, the December Christmas party had to be cancelled due to the spike in local cases of Covid.

In January there was a small informal meeting held in a local coffee shop, which just got a few people out together, and our first speaker came in March 2022, where business resumed as normal.

During 2021, when possible, the book club was able to meet up once a month, in local coffee shops to maintain some contact and telephone befriending between clients themselves also continued.

Farmers Breakfast clients joined Caring Together Whitby clients for a fabulous trip on the steam train, including cake and coffee. A very welcome boost during the summer. Gemma from Caring Together Whitby started helping at Farmers Breakfast on a regular basis when the Breakfasts restarted in early 2022.

The Future

The arrangement of blended work will continue. Our online activities have been a great success and will continue as they have become part of our post-Covid recovery. One carer said, ‘It’s nice to do something without worrying about finding a sitter for my husband’ while another commented, ‘It is so hard to get out of the house now, my arthritis is so bad. Having an activity brought to me makes all the difference. I feel part of something again’.

Lockdown has taught RCS that it has the resilience to manage change and the ability to develop new initiatives that reflect the changing needs of

their clients. The future development of RCS lies in the development of sustainable partnerships, reflected in the number of new activities RCS is running with a wide variety of organisations across North Yorkshire. Working with others enables RCS to provide the best possible service for their clients.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2022

*Tracy Bramley ACMA, CGMA
Charity Accounts Preparation &
Independent Examination*

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

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Trustees' Annual Report

From: 1 April 2021

To: 31 March 2022

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2022.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
 Tinley Garth
 Kirkbymoorside
 York
 YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Micky Johnson	Vice Chair	Resigned 1 Nov 2021	
Sheila Shinman	Vice Chair	Resigned 1 Nov 2021	
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates			
Elizabeth Davison			
Leisa Burniston			
David Marston			

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Sitting Service – volunteers give the carer a break by sitting with the person being cared for

My Neighbourhood – befriending and activities to reduce loneliness and social isolation

Carers Support Group – we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Musical Monday's – is a monthly event to replace songs and scones, for older people to come together to participate in a performance by local musicians, followed by conversation, tea and cake. It is run in partnership with the Community One Stop

Plough to Plate – From September 2021 to replace Farmers Breakfast, Ryedale Carers Support has been working in partnership with North Yorkshire County Record Office (NYCRO), to deliver an exciting programme of reminiscence-based workshops exploring the stories of people and places in Ryedale through the ages.

The programme of 6 sessions, delivered in 2 blocks of 3 in North and South Ryedale respectively, uses some of the fascinating archive collection from the North Yorkshire County Record Office to explore a range of themes linked to the story of food and farming; how food has been grown, reared and produced; how it has been prepared and cooked over the centuries; and explores the ways in which food has been used to mark our customs and traditions over the ages.

Sessions provide the opportunity for participants to explore the remarkable collection of historic photographs, recipes, maps, diaries and parish records held by the County Record Office and are led by heritage engagement consultant, Virginia Arrowsmith.

Walking Group – the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable

Community Development in Northern Ryedale and Whitby District – our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

On - Line Activities the silver lining of lockdown has been the development of 2 online activities that have filled an unmet need and have proved to be very popular

Virtual Walks Volunteer Rangers Jim Hall & Davy Major from North York Moors National Parks lead monthly virtual walks, enabling people to enjoy the countryside and a chat from the comfort of their sofas through Zoom. Walks include views, local and historical information and show the best of the national park in all seasons. Time for a chat, questions and sharing is always a part of these two friendly and informal groups. If people are interested and need help starting with Zoom, we can offer support to get them going.

'I still don't get to socialise so these meetings are very important to me after 2 years of solitary confinement'

'I like the interaction between the leader and the Zoomers'

'When there is so much disturbing news it can be nice just to switch off for an hour. I know that some walkers now log on twenty minutes before the walk to just chat.'

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2022

13.2 Details of Funds Held cont....

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

My Neighbourhood - in partnership with Carers Plus Yorkshire – providing volunteer befriending and activities such as plough to plate, musical Mondays, Lythe Farmers Breakfast and the walking group to reduce loneliness and social isolation

Carers Support Group - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Awards for All equipment grant - a grant received in a previous year for the purchase and set up of new computer equipment. This is has been capitalised and depreciated over 4 years. Each year an equivalent amount of grant is released to match the depreciation shown in the accounts.

NYCC Stronger Communities/CSO partnership & Covid 19 grant - RCS became part of the NYCC Community Support Organisation and received funding to set up a network of new and existing volunteers to provide emergency shopping and prescription collection for those shielding and self-isolating. The balance of this fund has now been transferred to the new project 'One Stop' to continue these activities.

One Stop - run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector providing information, advice and free activities.

Post Covid Recovery project - a new grant from Awards for All Lottery Fund to provide a development worker.

NYCC FEF Fund - a grant received in 2020/21 of £2,000 for 'Food and Essentials Fund'; to ease cashflow and can be used to reimburse volunteers for any up-front costs incurred by them when purchasing food or essential items for people.

NHS App fund - a new grant from NYCC Stronger Communities to promote the NHS App. This has been received in this financial year but to be spent in 2022/23.

14 Net assets between funds	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2022	Total 2021
Balances at 31st March 2022	£	£	£	£	£
Fixed assets	1,170		1,848	3,018	5,450
Current assets	58,709	72,314	95,800	226,824	186,389
Current liabilities	(9,954)	(12,261)	(16,243)	(38,459)	(39,480)
	49,925	60,053	81,405	191,383	152,359

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

There were no reimbursements to trustees for out of pocket expenses during the year (2021: Nil).

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2022

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	9,641
Restricted	Restricted funds	Tfr from Songs & Scones to My Neighbourhood Ryedale	3,545
Restricted	Restricted funds	Tfr from Carers Trip to Carers Support Group	1,000
Restricted	Restricted funds	Tfr from Farmer's Breakfast to Plough to Plate	6,529
Restricted	Restricted funds	Tfr from NYCC Stronger Communities to One Stop	17,219
General funds	Designated funds	To increase the redundancy & wind down provision to reflect expected cost	7,500
General funds	Designated funds	To set aside funds for a telephone upgrade	7,500
			<u>52,934</u>

2021 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	54,745	25,464	7,300	(17,755)	55,154
Designated funds	30,053	-	-	15,000	45,053
	<u>84,798</u>	<u>25,464</u>	<u>7,300</u>	<u>(2,755)</u>	<u>100,207</u>
Restricted Funds					
NYCC Carers Sitting Service Ryedale	3,845	59,750	66,350	2,755	-
Support for Carers Scarborough	-	45,553	45,553	-	-
Caring Together Whitby	-	29,903	29,903	-	-
My Neighbourhood Support Groups	1,413	38,356	32,195	-	7,574
Volunteers Expenses	1,937	-	-	-	1,937
Carers Trip	16,777	10,000	2,088	-	24,689
Songs & Scones	1,000	-	-	-	1,000
Farmers Breakfast	6,000	-	2,455	-	3,545
Awards for All equipment grant	6,529	-	-	-	6,529
NYCC Stronger Communities/CSO partnership	-	1,847	1,847	-	-
NYCC FEF Fund	-	29,024	23,783	-	5,241
	-	2,000	363	-	1,637
	<u>37,501</u>	<u>216,433</u>	<u>204,537</u>	<u>2,755</u>	<u>52,152</u>
Total Funds	<u>122,299</u>	<u>241,897</u>	<u>211,837</u>	<u>-</u>	<u>152,359</u>

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Comprise a redundancy and wind down provision of £52,553 and a new provision of £7,500 to upgrade the telephone system. The previous year provision of £10,000 for a post covid recovery project has been fulfilled by a Community Fund grant under restricted projects.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYCC Carers Sitting Service Ryedale - supported by NYCC Health & Adult Services and the local Clinical Commissioning Groups to provide a sitting service, using volunteers to give carers a break.

Virtual Singalongs over 25 people who can't get out meet on line to sing along to a variety of musical genres, music from the shows, country, sounds of the 60's and much more. The social connection has helped people feel less isolated:

'I have enjoyed connecting with others'

Nice to have an appointment and be welcomed to something" Getting used to using Zoom has been a Bonus"

RCS and Scarborough & Ryedale Carers Resource became the **Community Support Organisation (CSO)** in Ryedale. In partnership with North Yorkshire County Council, the role of the CSO was to act as a single point of contact in Ryedale and respond to demands for help. Our role as a CSO finished at the end of January 2022 and any money left over was (with the permission of NYCC), rolled over to support the Community One Stop (COS)

Community One Stop run in conjunction with Ryedale Charities Together the Community One Stop is a doorway into the voluntary sector. Most people know how to access their GP and Health and Adult Services but the voluntary sector can be very confusing. The COS has a phone number as a single point of contact which is provided by Carers Plus Yorkshire. In addition to this, on the first Monday of every month a number of voluntary and community groups meet at Pickering Methodist Church to provide a drop in facility that members of the public can access to find out if the voluntary and community sector can help their particular need. Alongside the information and advice free activities such as arm chair yoga and Boccia are put on in the main meeting room. In the afternoon North Yorkshire Music Therapy and RCS put on an afternoon of music such as our Musical Mondays.

RCS 2022 Calendar

New this year! For the first time, Ryedale Carers Support have put together a calendar as a way to reach out and connect with all clients. Each month features photographs linked to a different RCS activity with comments to encourage conversation. We have received many compliments from delighted clients.

Keeping Connected Newsletter

A quarterly newsletter for Ryedale Carers Support volunteers to keep them informed and involved in what we have been doing. As well as a 'letter from Claire', we feature recent sessions and events; what's coming up; a humorous cartoon and useful contacts which the volunteer can share with the person they are visiting

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2021 - March 2022'

Financial Review

The results for the period ending 31st March 2022 show final balances of £49,925 unrestricted general funds; £60,053 designated funds and £81,405 restricted funds. In year, the overall operational surplus, after transfers was £39,024; comprising a deficit in year of £5,229 on unrestricted funds, a surplus (transfer) of £15,000 on designated funds and a surplus of £29,253 on restricted funds.

Whilst the general unrestricted funds show another successful year in general donations, the transfer out to make up the shortfall in the restricted NYCC - Sitting service and a transfer to designated has resulted in an overall in year deficit. The surplus in year on restricted funds reflects several grants still catching up on spend due to the suspension of some activities during the pandemic and also some new grants received for projects commencing in the new financial year. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2022.

The trustees have moved a further £7,500 into the designated redundancy and wind down provision to reflect a realistic estimate of cost and established a new designated fund of £7,500 to enable an upgrade to the telephone system, both transferred from unrestricted general funds.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £48,755 at 31st March 2022. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

Lockdown has taught RCS that it has the resilience to manage change and the ability to develop new initiatives that reflect the changing needs of their clients. The future development of RCS lies in the development of sustainable partnerships, reflected in the number of new activities RCS is running with a wide variety of voluntary and community organisations.

Working with others enables RCS to provide the best possible service for their clients.

A three year business plan (2020 – 2023), for the partnership of Ryedale Carers Support, Caring Together Whitby and Support for Carers Scarborough outlines the strategic aims and plans for the future and addresses any weaknesses and threats in the SWOT analysis.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees



David Brewster, Chair

Date

22/7/22

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2022

10 Cash at bank and in hand

	Total 2022	Total 2021
	£	£
Current bank account	103,248	63,542
Deposit bank accounts	92,292	92,241
Reserve account	30,111	30,081
Cash in hand	368	95
	226,019	185,959

11 Creditors and accruals

Analysis of creditors falling due within one year

	2022	2021
	£	£
Trade creditors	428	461
Payments received on account for contracts or performance-related grants	32,985	34,832
Accruals	5,046	4,187
	38,459	39,480

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2022 (2021: None).

13 Movement of funds

13.1 Movement of major funds

2022 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	55,154	23,745	4,333	(24,641)	49,925
Designated funds	45,053	-	-	15,000	60,053
	100,207	23,745	4,333	(9,641)	109,978
Restricted Funds					
Carers Sitting Service Ryedale	-	59,750	69,391	9,641	-
Support for Carers Scarborough(SFCS)	-	39,200	39,200	-	-
Caring Together Whitby(CTW)	-	25,600	25,600	-	-
My Neighbourhood Ryedale	7,574	39,615	32,441	3,545	18,293
My Neighbourhood SFCS	-	5,495	5,495	-	-
My Neighbourhood CTW	-	4,473	4,473	-	-
Carers Support Group	1,937	119	197	1,000	2,859
Volunteers Expenses	24,689	10,016	5,185	-	29,520
Carers Trip (tfr to Carers Support group)	1,000	-	-	(1,000)	-
Songs & Scones (tfr to My Neighbourhood)	3,545	-	-	(3,545)	-
Farmer's Breakfast (tfr to Plough to Plate)	6,529	-	-	(6,529)	-
Plough to Plate	-	1,239	1,756	6,529	6,012
Lythe Farmer's Breakfast	-	1,750	44	-	1,706
Awards for All (release of equipment grant)	-	1,847	1,847	-	-
NYCC Stronger Communities/CSO &	5,241	26,850	14,872	(17,219)	-
Covid grant (tfr to One Stop)	-	-	-	-	-
One Stop	-	3,302	1,095	17,219	19,426
Post Covid Recovery project (Awards 4	-	-	-	-	-
All Lottery Fund)	-	10,000	10,000	-	-
NYCC FEF Fund	1,637	-	48	-	1,589
NHS App fund	-	2,000	-	-	2,000
	52,152	231,256	211,644	9,641	81,405
Total Funds	152,359	255,001	215,977	-	191,383

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2022

5 Fees for examination of the accounts

	2022	2021
	£	£
Independent Examiner's fees for reporting on the accounts	800	790
Other fees	-	-
	<u>800</u>	<u>790</u>

6 Staff costs and emoluments

	2022	2021
	£	£
Gross salaries	88,221	83,066
Employers National Insurance	1,373	1,318
Pension Contributions	2,852	2,567
Other benefits - car allowance	3,751	3,215
	<u>96,197</u>	<u>90,166</u>
	<u>6</u>	<u>6</u>

Average number of employees (head count)

No employee received remuneration in excess of £60,000 (2021: Nil)

The total employee benefits of the key management personnel of the charity were £32,063 (2021: £33,634).

No redundancy payments were made during the year (2021: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,852. There were £161.41 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

Tangible fixed assets

Cost or valuation

	Equipment	Total
	£	£
At 1st April 2021	9,729	9,729
Additions in year	-	-
Disposals in year	-	-
At 31st March 2022	<u>9,729</u>	<u>9,729</u>

Depreciation

	£	£
At 1st April 2021	4,279	4,279
Charge for the year	2,432	2,432
At 31st March 2022	<u>6,711</u>	<u>6,711</u>

Net Book Value

	£	£
At 31st March 2022	<u>3,018</u>	<u>3,018</u>
At 31st March 2021	<u>5,450</u>	<u>5,450</u>

9 Debtors and prepayments

Debtors and prepayments

	2022	2021
	£	£
Prepayments and accrued income	805	430
	<u>805</u>	<u>430</u>

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of:

Ryedale Carers Support CIO

for the year ended:

31 March 2022

which are set out on pages 5 to 15.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5) (b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Act; or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Tracy Bramley ACMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date: 26/7/22

Notes to the accounts for the year ended:

31st March 2022

4 Expenditure

4.1 Raising funds

200 Club
Fundraising costs

Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
£	£	£	£	£	£
370	-	370	612	-	612
-	-	-	20	-	20
370	-	370	632	-	632

4.2 Charitable activities

Direct Project costs

Salaries, NI & Pensions
Ex-gratia payments
Staff training & travel expenses
Volunteer training & travel expenses
Subscriptions
Supporting Carers
Sundry & cleaning expenses
Songs & Scores
Volunteers Events
Farmers Breakfast
My Neighbourhood activities
COVID-19 expenses
Community One Stop expenses
FEF Fund shopping payments
Partner payments
Support for Carers Scarborough
Caring Together Whitley
Central support costs
Telephone
Postage, stationery, printing & photocopying
Advertising & website
Rent, room hire & service charges
Insurance
Office & Computer Equipment
Depreciation
Governance
Professional fees

95	96,197	96,197	2,500	90,166	90,166
95	3,935	4,030	-	2,508	2,508
132	5,142	5,142	142	2,603	2,603
71	142	142	142	142	142
187	319	319	-	995	1,881
1,049	1,120	-	886	20	20
533	-	1,059	-	20	-
526	1,033	1,033	-	-	-
1,033	3,369	3,369	-	328	328
3,369	2,350	2,350	-	3,241	3,241
299	299	299	-	-	-
48	48	48	-	363	363
44,695	44,695	44,695	-	47,217	47,217
30,073	30,073	30,073	-	31,351	31,351
73	2,276	2,276	110	2,844	2,844
2,276	4,533	4,606	-	7,440	7,550
169	169	169	-	624	624
5,773	5,773	5,773	-	5,573	5,573
3,523	3,523	3,523	-	2,469	2,469
3,068	5,542	5,542	-	3,356	5,943
1,847	2,432	2,432	585	1,847	2,432
2,474	1,410	1,410	-	1,450	1,450
585	-	-	6,668	204,537	211,205
3,963	211,644	215,607	7,300	204,537	211,837
4,333	211,644	215,977	-	-	-

Total expenditure

10

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

31st March 2022

Statement of Financial Activities for the year ended:

Note	Unrestricted funds	Designated funds	Restricted funds	Total 2022	Total 2021
£	£	£	£	£	£
Income and endowments from:					
Donations and legacies	21,699	-	-	21,699	22,272
Charitable activities	626	-	231,256	231,882	217,433
Other trading activities	1,340	-	-	1,340	2,099
Investments	80	-	-	80	93
Total income	23,745	-	231,256	255,001	241,897
Expenditure on:					
Raising funds	370	-	-	370	632
Charitable activities	3,963	-	211,644	215,607	211,205
Total expenditure	4,333	-	211,644	215,977	211,837
Net income/(expenditure)	19,412	-	19,612	39,024	30,060
Transfers between funds	(24,641)	15,000	9,641	-	-
Net movement in funds	(5,229)	15,000	29,253	39,024	30,060
Total funds brought forward	55,154	45,053	52,152	152,359	122,299
Total funds carried forward	49,925	60,053	81,405	191,383	152,359

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at:

31st March 2022

	Note	2022 £	2021 £
Fixed Assets			
Tangible assets	8	3,018	5,450
Total Fixed Assets		3,018	5,450
Current Assets			
Debtors	9	805	430
Cash at bank and in hand	10	226,019	185,959
Total Current Assets		226,824	186,389
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	38,459	39,480
Net Current Assets/(Liabilities)		188,365	146,909
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		191,383	152,359
Funds of the Charity 31 March 2019	13		
Unrestricted Funds (General)		49,926	55,154
Unrestricted Funds (Designated)		60,053	45,053
Restricted Funds		81,405	52,152
Total Funds	13	191,383	152,359

The financial statements were approved by the trustees on 22 JULY 2022
and signed on their behalf by:

D Brewster
Chair
Date:


22/7/22

K Webster
Treasurer
Date:


22/7/22

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2022

3 Income and endowments

3.1 Donations and legacies

Voluntary Income - donations
General Donations
Gift Aid

3.2 Charitable activities

* NYCC & CCG Sitting Service
Ryedale Carers Support
Caring Together Whitby
Support for Carers Scarborough
* NYCC My Neighbourhood Service
Ryedale Carers Support
Caring Together Whitby
Support for Carers Scarborough
The Robert McAlpine Foundation - volunteers expenses
Other grants & donations to projects
Awards for All equipment grant (release of grant to match dep'n)
* NYCC Stronger Communities/CSO partnership
* NYCC Stronger Communities Covid grant
* NYCC Stronger Communities NHS App fund
* NYCC FEF Fund
Support Groups
Awards for All Lottery Fund - post covid recovery project
Volunteers Event funds

3.3 Other trading activities

Fundraising

3.4 Investments

Bank interest received

Total income

Unrestricted funds	Restricted funds	Total 2022	Unrestricted funds	Restricted funds	Total 2021
£	£	£	£	£	£
20,930		20,930	21,858		21,858
769		769	414		414
21,699	-	21,699	22,272	-	22,272
59,750	59,750	59,750	59,750	60,750	60,750
25,600	25,600	25,600	25,600	25,600	25,600
39,200	39,200	39,200	39,200	39,200	39,200
39,545	39,545	39,545	38,356	38,356	38,356
4,473	4,473	4,473	4,303	4,303	4,303
5,495	5,495	5,495	6,353	6,353	6,353
10,000	10,000	10,000	10,000	10,000	10,000
4,027	4,027	4,027	1,374	1,374	1,374
1,847	1,847	1,847	1,847	1,847	1,847
-	-	-	27,650	27,650	27,650
29,200	29,200	29,200	-	-	-
2,000	2,000	2,000	2,000	2,000	2,000
119	119	119	-	-	-
10,000	10,000	10,000	-	-	-
546	546	546	-	-	-
626	231,256	231,882	1,000	216,433	217,433
1,340		1,340	2,099		2,099
1,340	-	1,340	2,099	-	2,099
80		80	93		93
80	-	80	93	-	93
23,745	231,256	255,001	25,464	216,433	241,897

* denotes government grants received this year, totalling

£205,263 (2021: £203,212)

Notes to the accounts for the year ended: 31st March 2022

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended: 31st March 2022

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Accounts



Annual Report

April 2020 - March 2021



One day a man was walking along the beach when he noticed a boy picking up and gently throwing things into the ocean. Approaching the boy, he asked:

"What are you doing?" The boy replied, "Throwing starfish back into the ocean.

The surf is up, and the tide is going out. If I don't throw them back, they'll die". The man laughed to himself and said, " Do you realise there are miles of miles of beach and hundreds of starfish? You can't make any difference". After listening politely, the boy bent down, picked up another starfish and threw it into the surf, then smiling at the man, he said; "I made a difference to that one".

Adapted from the original by Loren Eiseley

Trustees

- | | |
|---------------------|-----------------------|
| o David Brewster | Chairman |
| o Sheila Shinman | Vice Chairman |
| o Micky Johnson | Vice Chairman |
| o Keith Webster | Treasurer |
| o Richard Coates | |
| o Elizabeth Davison | |
| o Robin Lakin | |
| o Chris Lund | Resigned October 2020 |
| o Bob Polley | |
| o Sue Sutermeister | |
| o Leisa Burniston | |
| o David Marston | |

Staff

- | | |
|---------------------|---|
| o Claire Hall | Chief Officer |
| o Sarah Hendry | Coordinator |
| o Carol Stevens | Coordinator |
| o Gill Gibbeson | Administrator - retired November 2020 |
| o Sam Berriman | Administrator - started November 2020 |
| o Isabelle Harrison | Scarborough, Whitby, Ryedale Activities Coordinator |
| o Jacquie Cole | Development Worker - started November 2020 |

L-R Claire, Isabelle and Sam



L -R Jacquie, Carol and Sarah



What we do:

- o **Carers Sitting Service** - volunteers give the carer a break by sitting with the person being cared for
- o **My Neighbourhood** - befriending and activities to reduce loneliness and social isolation
- o **Carers Support Group** - we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax
- o **Songs and Scones** - is a monthly event for older people to come together to participate in a performance by Live Music Now and other musicians, followed by conversation, tea and cake. During

lockdown they received regular phone calls, a monthly letter, quizzes and other activities.

- o **Farmers Breakfast** - farmers and others living in rural areas often face social isolation. The Farmers Breakfast is a means of bringing such people together. During lockdown they received quizzes and a monthly letter about life on a local farm.
- o **Walking Group** - the group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.
- o **Community Development in Northern Ryedale and Whitby District** - our Activities Coordinator runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

As we finished the last financial year (2019 - 2020) the country was plunged into lockdown as a result of the Covid-19 pandemic. The services we were able to provide changed dramatically, volunteers could no longer provide face to face support and our activities such as Songs and Scones and Farmers Breakfast were shut down. However, RCS did not stay inactive for long: we adapted to the new restrictions and the following services evolved throughout the year:

- o Volunteers provided regular telephone befriending calls to those they already knew and they took on additional calls to those suffering from loneliness as a result of lockdown. One volunteer was ringing 5 clients on a regular basis.
- o RCS and Scarborough & Ryedale Carers Resource became the Community Support Organisation (CSO) in Ryedale. In partnership with North Yorkshire County Council, the role of the CSO was to act as a single point of contact in Ryedale and respond to demands for help. For RCS this was primarily shopping and collecting prescriptions for those people self-isolating or shielding because they had been identified as clinically extremely vulnerable. From April 2020 - March 2021 the CSO supported 1135 households and 1472 individuals.
- o The CSO also acted as a local co-ordinator and source of information, advice and guidance for individuals and/or groups wishing to volunteer their time to assist in the community response. In the first few months (April - June 2020), RCS through the CSO recruited and supported over 100 new volunteers, many of whom

had been furloughed under the new government guidelines. This new cohort of volunteers all held a current DBS (from their day jobs) and could with additional references be quickly assimilated and trained in our procedures to deliver shopping and collect prescriptions for those shielding and self- isolating. Within 2 weeks of lockdown the CSO was up and running and delivering a vital service to the people of Ryedale. I would like to thank my colleagues at Scarborough & Ryedale Carers Resource for the great partnership work that enabled the CSO to be created quickly and seamlessly and for the laughter and tears we shared along the way!

RCS staff stepped up to the challenge of the pandemic and worked additional hours to enable support to be offered Monday – Friday from 9am – 5pm. This level of activity continued until July 2020 when the first lockdown was eased but picked up again in November 2020 through into 2021.

RCS also managed on behalf of North Yorkshire County Council a Food Emergency Fund for those who needed urgent shopping but had no way to access their bank accounts to get the cash to pay their bills.

As the pandemic developed RCS realised that a return to large group activities was unlikely so we started to look at other ways of connecting with our new and existing clients. Jacquie Cole was employed in November 2020, initially on a six -month contract, to work with existing staff to develop our online presence and look at how we keep connected with our volunteers and clients.

Funding:

We are very grateful to the following foundations, trusts, organisations and individuals for supporting us:

- The Robert McAlpine Foundation for enabling Ryedale Carers Support to recruit more volunteers and pay their out- of-pocket expenses. During the pandemic the money from the Foundation helped us keep connected with volunteers and clients, through regular mail outs including a chatty letter about life on a local farm together with a variety of quizzes and colouring sheets. People said how nice it was to be remembered and that getting a regular letter from us cheered them up.
- NYCC Health & Adult Services and the local Clinical Commissioning Groups for continuing to support the sitting service. Ryedale Carers

Support is delivering the NYCC sitting service contract for Scarborough, Whitby and Ryedale for 2018 – 2023

- The Co-operative Local Community Fund - £3419
- Awards for All Grant, for equipment – £10,000
- NYCC Stronger Communities – funding the CSO partnership
- NYCC Food Emergency Fund - £2000
- Crombie Wilkinson Solicitors for making RCS their nominated charity of the year
- The many individual carers and volunteers who have given so generously throughout the year.

This year the charity was unable to hold any fundraising events.

Our Volunteers

Ryedale Carers' volunteers are the backbone of all that we do: we could not be the organisation we are without the hard work of all our volunteers and we are very grateful for the time they give us.

Post Covid Recovery work:

Carers Support Group

The support group has continued to keep in touch by a monthly Zoom call and by letter. There are 19 members of the group.

The Walking Group

The walking group continued to meet during lockdown, often on a 1:1 basis, walking from the client's home so no transport was needed. As lockdown eased the groups got a bit bigger but never more than 6 (3 clients and 3 volunteers)

The walking group has been a huge success for both the client, the volunteer and the family carer.

My Neighbourhood

Telephone Befriending - this became a lifeline to many of the people we supported, a friendly voice who had time to chat and discuss current affairs, the state of the garden or just listen to the worries and anxieties brought on by months of lockdown

Ryedale Virtual Country Show - in June when the Country Shows are



normally in full swing around Ryedale, we decided to hold our very own virtual country show to replace the ones that had been cancelled, with different classes each month. We had a good response and at the end produced a booklet of all the entries. If you would like to see the booklet please click on the link below or visit our website and click on the virtual show icon (top right of the home page)
<http://www.ryedalecarers.org.uk/assets/RCS%20Virtual%20Country%20Show.pdf>

RCS Quilting Project – Twenty talented and creative Quilters have been very busy, creating a total of 36 squares. Each square is a personal story of what 2020 meant for them.

Every square is unique, with lots of different quilting techniques being used, from patchwork to applique, felting to embroidery. There's just so much to see and enjoy.



Our amazing volunteer Pat has completed the huge task of sewing the squares together to create a wall hanging. Due to the large number of squares we decided to create two wall hangings. These will be displayed around Ryedale to promote and celebrate the work we do.

the help of North Yorks Adult Learning, RCS arranged for Martyn Cresswell to sing and play on Zoom for those who were able to join us. It proved to be so popular that it has become a monthly event with a variety of different singers and performers each month.

Online Singalong - our clients were missing our monthly Songs and Scones so in March 2021, with

Virtual Walks - Volunteer Rangers Jim Hall and Davy Major from North York Moors National Park lead monthly virtual walks for 2 groups, enabling nearly 20 people who cannot get out to enjoy the countryside and a chat. Quotes: "We could imagine being there" and 'I liked having a bit of company".

IT Buddies - RCS has worked closely with Citizens Online: Carol Stevens is our Digital Champion and together with the rest of the staff, RCS has successfully recruited 4 volunteers to be IT buddies. The volunteers and staff have been very successful in getting people on to Zoom and connected to our online activities. A quote from a client "I was so proud of myself that I did it on Zoom".

Home Library Service - working in partnership with NYCC Libraries, we've been letting people know about their free home library delivery service of books and DVDs for anyone who can't get to the library.

Newsletter for volunteers - To keep our volunteers involved and informed about everything that we had been doing during lockdown, we



produced and sent out a 'Keeping Connected' newsletter at the end of March 2021. We soon realised that we would need 4 pages to share it all! Well-received, the newsletter will continue on a quarterly basis as an informal and attractive way to share, celebrate and communicate with our valued volunteers. It is also a useful way to promote what we do with partner organisations and funders.

My Neighbourhood is about connecting communities and providing support to people who may be isolated, lonely or need a bit of extra help. My Neighbourhood with the help of our volunteers aims to:

- Help people stay well and active within their local community or neighbourhood
- Offer opportunities to meet new people, join in social activities and perhaps try something different

Throughout 2020/21 Ryedale Carers Support has worked closely with Scarborough and Ryedale Carers Resource to enable this to happen.

Community Development in Northern Ryedale and Whitby District

Throughout lockdown, Isabelle, our Activities Coordinator in northern Ryedale and Whitby District has been in regular contact with all the members of Lythe Farmers Breakfast and the ladies in Hinderwell and Ugthorpe. As well as phone calls clients have been getting quizzes and a monthly letter about 'life on a moors farm'. Isabelle has shared the antics of Marcus the Dexter bull, sheep stuck in snowdrifts in early January and the arrival of the curlews in April, heralding spring. The monthly letter and quizzes were also shared with Ryedale Farmers Breakfast regulars. Isabelle provided regular welfare calls and arranged telephone befrienders for those that needed one.

Thanks to local donations of DVDs and a willing volunteer, Isabelle was able to set up a small film club in Hinderwell. During lockdown a group of friends shared films and discussed them over the phone.

Coffee and IT: as a result of the enforced changes to how we work and interact with our clients, the connectivity divide between those who can go online and those who cannot has become even more stark. Not just with those who have the internet and those that don't, but also those that won't. This last group have been left behind during lockdown as so much information is now available online. Isabelle applied to NYCC Stronger Communities Inspire Grant and was successful in obtaining funding to purchase 6 tablets and accompanying software. The tablets were loaded with suitable programmes and treated like the old school slate boards and shared with clients in a café over a cup of tea. They could learn to browse the internet for information about their local area, the history and what's on - there is so much out there.

The aim of 'coffee and IT' is to:

- o Get our clients thinking of the tablet like a book and not a fancy electronic device
- o Enjoy and explore what can be done and accessed online
- o Getting over the fear of owning an expensive piece of equipment that won't be used
- o Overcoming the fear of getting it wrong
- o Getting together and learning something new and fun

The Book Club

A volunteer delivers the book to 5 fellow bookworms and after 4 -6 weeks she rings them to hear their views on the book. This started as a project in the first lock down and will continue. The members of the book club are now meeting socially.

At the end of March 2021, the country was still in lockdown but the staff were in the office as well as working from home. This arrangement of blended work will continue. Our online activities have been a great success and will continue as they have become part of our post-Covid recovery. One carer said, 'It's nice to do something without worrying about finding a sitter for my husband' while another commented, 'It is so hard to get out of the house now, my arthritis is so bad. Having an activity brought to me makes all the difference. I feel part of something again'.

The road map out of lockdown enabled us to begin to plan our post-Covid recovery and some unrestricted funds from 2020/21 have been allocated to provide for this.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Annual Report & Financial Statements for the period ended

31st March 2021

Tracy Bramley ACMA CGMA
Charity Accounts Preparation &
Independent Examination

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Contents

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Trustees' Annual Report

From: 1 April 2020

To: 31 March 2021

The Board of Trustees present their annual report and financial statements for Ryedale Carers Support CIO for the period ended 31st March 2021.

Reference and Administration details

Charity name Ryedale Carers Support
Other names the charity is known by None
Registered charity number 1175552
Charity's principal address The Old School
Tinley Garth
Kirkbymoorside
York
YO62 6AR

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
David Brewster	Chair		
Keith Webster	Treasurer		
Micky Johnson	Vice Chair		
Sheila Shinman	Vice Chair		
Susan Sutermeister			
Robin Lakin			
Robert Polley			
Richard Coates			
Elizabeth Davison			
Chris Lund		Resigned October 2020	
Leisa Burniston			
David Marston			

Chief Officer

Claire Hall

Names of any custodian trustees

None

Structure, governance and management

Governing Document Foundation CIO Constitution
How the charity is constituted Charitable Incorporated Organisation
Trustee selection methods Elected by Members

All trustees are required to stand down at the charity's annual general meeting, but being eligible, those who wish to, can offer themselves for re-election.

Objectives and activities

Summary of the objects of the charity set out in its governing document

- To enable carers to maintain their independence
- To enable carers to continue their caring role
- To increase the confidence and motivation of carers and the cared for
- To enhance the wellbeing of carers and the cared for
- To enable carers and those they care for to socialise together
- To enable the older person to re-engage with their community
- To inform and sign post to other organisations

Mission Statement

To provide practical and emotional support for adult carers, the people they care for and individuals who live alone in the community.

Summary of the main activities undertaken for the public benefit in relation to these objects

Carers Sitting Service - volunteers sit with the person being cared for to give the carer a break

My Neighbourhood - befriending and activities to reduce loneliness and social isolation

Carers Support Groups - we organise a monthly meeting to offer carers the opportunity to share concerns, receive support and simply take time out to relax

Songs and Scones - is a monthly event for older people to come together to participate in a performance by Live Music Now and other musicians, followed by conversation, tea and cake. During lockdown they received regular phone calls, a monthly letter, quizzes and other activities.

Farmers Breakfast - Farmers and others living in rural areas often face social isolation. The Farmers Breakfast is a means of bringing such people together. During lockdown they received quizzes and a monthly letter about life on a local farm.

Walking Group - The group meets monthly and every client has a dedicated volunteer walking with them. The carer (husband/wife/son/daughter) has a day off knowing their loved one is doing something they love. The benefits of physical exercise and good company are incalculable.

Community Development in Northern Ryedale and Whitby District - our Community Development worker runs a Farmers Breakfast in Lythe and has supported the development of a number of friendship groups in small rural communities in northern Ryedale and rural parts of Whitby District.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the objectives and activities and in the planning of future activities.

Achievements and performance

A detailed review of the charity's activities and achievements in year are contained in the separate document 'Ryedale Carers Support Annual Report April 2020 - March 2021'

Financial Review

The results for the period ending 31st March 2021 show final balances of £55,154 unrestricted funds; £45,053 designated funds and £52,152 restricted funds. In year, the overall operational surplus, after transfers was £30,060; comprising a surplus of £409 on unrestricted funds, £15,000 on designated funds and £14,651 on restricted funds.

The surplus this year on unrestricted funds reflects another successful year of fundraising and a significant increase in donations. The surplus in year on restricted funds reflects several grants on hold as some activities were suspended during the pandemic. The restricted funding grants are listed in note 13 to the accounts, 'Movement of Funds', all of which show favourable balances at 31 March 2021. These will be carried forward to the new financial year as the charity will have an increase in expenditure as links are re-established with clients and volunteers and new and exciting activities are developed..

The trustees have moved a further £5,000 into the designated redundancy and wind down provision to reflect increasing staff numbers and established a new designated fund entitled 'Covid Recovery project' of £10,000, both transferred from unrestricted general funds. The new Covid Recovery fund will be used to buy a computer and employ a part time worker to develop a recovery plan and identify new activities to enable the lonely and isolated to reconnect with each other either face to face or online.

The level of free reserves, that is those unrestricted funds not tied up in tangible fixed assets, nor held in designated funds, stands at £53,399 at 31st March 2021. The trustees consider that this level of free reserves is in line with the target level set in the reserves policy of one quarter of the annual projected expenditure for the forthcoming year.

Plans for the future

The road map out of lockdown enabled the charity to begin to plan its post covid recovery strategy. This will include;

- a blend of online and face to face activities
- staff working from the office and from home
- volunteers to continue to provide telephone befriending and face to face support

Ryedale Carers Support has learnt from the pandemic and the national lockdown to find new ways of keeping our communities connected.

A three year Business Plan for the partnership of Ryedale Carers Support, Caring Together Whitby and Support for Carers Scarborough has been prepared which details the strategic aims and detailed plans going forward and addresses any weaknesses or threats as identified in the SWOT analysis.

Ryedale Carers Support will continue to develop and strengthen the partnership to ensure its future sustainability.

Trustee's responsibilities in relation to the financial statements

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice). The law applicable to charities in England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period.

In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are also responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declaration

The trustees declare that they have approved the trustees' annual report above.

Signed on behalf of the charity's trustees

.....
David Brewster, Chair

Date

Independent examiner's report to the trustees of Ryedale Carers Support CIO

I report on the accounts of: **Ryedale Carers Support CIO**
for the year ended: **31 March 2021** which are set out on pages 5 to 14.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since the Company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Chartered Institute of Management Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Trust as required by section 386 of the Act; or
- 2 the accounts do not accord with those records
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Tracy Bramley ACMA
Orchard House Accounting
Orchard House, 72 Low Moorgate
Rillington, Malton
North Yorkshire
YO17 8JW

Date:

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Statement of Financial Activities for the year ended:

31st March 2021

	Note	Unrestricted funds	Designated funds	Restricted funds	Total 2021	Total 2020
Income and endowments from:		£	£	£	£	£
Donations and legacies	3.1	22,272	-	-	22,272	19,192
Charitable activities	3.2	1,000	-	216,433	217,433	215,892
Other trading activities	3.3	2,099	-	-	2,099	9,097
Investments	3.4	93	-	-	93	148
Total income	3	25,464	-	216,433	241,897	244,329
Expenditure on:						
Raising funds	4.1	632	-	-	632	3,278
Charitable activities	4.2	6,668	-	204,537	211,205	234,628
Total expenditure	4	7,300	-	204,537	211,837	237,906
Net income/(expenditure)		18,164	-	11,896	30,060	6,423
Transfers between funds		(17,755)	15,000	2,755	-	-
Net movement in funds		409	15,000	14,651	30,060	6,423
Total funds brought forward		54,745	30,053	37,501	122,299	115,876
Total funds carried forward		55,154	45,053	52,152	152,359	122,299

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Balance Sheet as at: 31st March 2021

	Note	2021 £	2020 £
Fixed Assets			
Tangible assets	8	5,450	5,542
Total Fixed Assets		5,450	5,542
Current Assets			
Debtors	9	430	868
Cash at bank and in hand	10	185,959	157,817
Total Current Assets		186,389	158,685
Current Liabilities: Amounts falling due within one year			
Creditors and accruals	11	39,480	41,928
Net Current Assets/(Liabilities)		146,909	116,757
Current Liabilities: Amounts falling due after more than one year			
Creditors and accruals		-	-
Net Assets/(Liabilities)		152,359	122,299
Funds of the Charity 31 March 2019	13		
Unrestricted Funds (General)		55,154	54,745
Unrestricted Funds (Designated)		45,053	30,053
Restricted Funds		52,152	37,501
Total Funds	13	152,359	122,299

The financial statements were approved by the trustees on
and signed on their behalf by:

D Brewster
Chair
Date:

K Webster
Treasurer
Date:

Notes to the accounts for the year ended:

31st March 2021

1 Basis of preparation

1.1 Basis of accounting

The financial statements are prepared under the historical cost convention. These accounts have been prepared in accordance with: the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The financial statements have been prepared on a going concern basis.

2 Accounting policies

2.1 Income

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

Grants and donations

Grants and donations are only included in the SoFA when the charity has evidence of entitlement to the resources and receipt is probable.

Government grants

The charity has received government grants in the reporting period.

Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation.

Contractual income and performance related grants

In the case of contractual income and performance related grants, income is only recognised once the charity has provided the specified services or performance related conditions.

Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

Investment income

This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.

Notes to the accounts for the year ended:

31st March 2021

2.2 Expenditure and Liabilities

Raising funds

Cost of raising funds comprise those costs associated with attracting voluntary income.

Charitable activities

Charitable activities expenditure comprises those costs incurred by the charity in the delivery of its activities and services. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. Where costs are apportioned between projects, it is on the basis of staff time spent on each activity.

Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

Redundancy cost

The cost of redundancies are calculated using the statutory redundancy pay guidelines.

2.3 Assets

Tangible fixed assets for use by the charity

These are capitalised if they can be used for more than one year and cost at least £700 each. They are valued at cost. Depreciation is provided at rates to write off the cost of the asset over a four year period leaving a nil residual value.

Taxation

The company is a registered charity and is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds are funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds that are resources set aside for specific purposes at the discretion of the trustees.

Restricted funds are funds which can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

3 Income and endowments	Unrestricted funds	Designated funds	Restricted funds	Total 2021	Unrestricted funds	Designated funds	Restricted funds	Total 2020
	£	£	£	£	£	£	£	£
3.1 Donations and legacies								
<u>Voluntary Income - donations</u>								
General Donations	21,858			21,858	18,419			18,419
Gift Aid	414			414	773			773
	22,272	-	-	22,272	19,192	-	-	19,192
3.2 Charitable activities								
* <u>NYCC & CCG Sitting Service</u>								
Ryedale Carers Support	1,000		59,750	60,750			64,680	64,680
Caring Together Whitby			25,600	25,600			26,600	26,600
Support for Carers Scarborough			39,200	39,200			40,924	40,924
* <u>NYCC My Neighbourhood Service</u>								
Ryedale Carers Support			38,356	38,356			33,789	33,789
Caring Together Whitby			4,303	4,303			5,521	5,521
Support for Carers Scarborough			6,353	6,353			9,821	9,821
The Robert McAlpine Foundation - volunteers expenses			10,000	10,000			12,500	12,500
Other donations to volunteers expenses				-			1,182	1,182
Community Lifelines project - Henry Smith grant				-			12,083	12,083
Awards for All equipment grant (release of grant to match dep'n)			1,847	1,847			3,958	3,958
NYCC Stronger Communities/CSO partnership			27,650	27,650			-	-
Other COVID income			1,374	1,374			-	-
NYCC FEF Fund			2,000	2,000			-	-
Songs & Scones				-			2,224	2,224
Farmers Breakfast				-			963	963
Support Groups				-			355	355
Carers Trip Out				-	1,292			1,292
Volunteers Events				-				-
	1,000	-	216,433	217,433	1,292	-	214,600	215,892
3.3 Other trading activities								
Fundraising	2,099			2,099	9,097			9,097
	2,099	-	-	2,099	9,097	-	-	9,097
3.4 Investments								
Bank interest received	93			93	129	19		148
	93	-	-	93	129	19	-	148
Total income	25,464	-	216,433	241,897	29,710	19	214,600	244,329
* denotes government grants received this year, totalling	£203,212	(2020: £181,335)						

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

4 Expenditure	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2020 £
4.1 Raising funds								
200 Club	612		-	612	595		-	595
Fundraising costs	20		-	20	2,683		-	2,683
	632	-	-	632	3,278	-	-	3,278
4.2 Charitable activities								
<u>Direct Project costs</u>								
Salaries, NI & Pensions			90,166	90,166			85,352	85,352
Ex-gratia payments	2,500			2,500				-
Staff training & travel expenses			2,508	2,508			5,801	5,801
Volunteer training & travel expenses			2,603	2,603			13,186	13,186
Subscriptions			142	142			140	140
Supporting Carers			-	-	6		4,388	4,394
Sundry & cleaning expenses	886		995	1,881	150		983	1,133
Carers Trip			-	-	942		1,562	2,504
Songs & Scones			20	20			5,940	5,940
Volunteers Events			-	-	272		1,989	2,261
Farmers Breakfast			-	-			2,193	2,193
My Neighbourhood activities			328	328			2,316	2,316
COVID-19 expenses			3,241	3,241			-	-
FEF Fund shopping payments			363	363			-	-
<u>Partner payments</u>								
Support for Carers Scarborough			47,217	47,217			52,245	52,245
Caring Together Whitby			31,351	31,351			33,621	33,621
<u>Central support costs</u>								
Telephone			2,844	2,844			2,326	2,326
Postage, stationery, printing & photocopying	110		7,440	7,550	95		4,374	4,469
Advertising & website			624	624			844	844
Rent & service charges			5,573	5,573			5,490	5,490
Insurance			2,469	2,469			2,150	2,150
Office & Computer Equipment	2,587		3,356	5,943	530		4,322	4,852
Depreciation	585		1,847	2,432			1,847	1,847
<u>Governance</u>								
Independent examination fee			790	790			750	750
Professional fees			660	660			690	690
Trustee expenses			-	-			10	10
AGM & meeting expenses			-	-			114	114
	6,668	-	204,537	211,205	1,995	-	232,633	234,628
Total expenditure	7,300	-	204,537	211,837	5,273	-	232,633	237,906

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

5 Fees for examination of the accounts

	2021	2020
	£	£
Independent Examiner's fees for reporting on the accounts	790	750
Other fees	-	-
	<u>790</u>	<u>750</u>

6 Staff costs and emoluments

	2021	2020
	£	£
Gross salaries	83,066	77,431
Employers National Insurance	1,318	2,153
Pension Contributions	2,567	2,553
Other benefits - car allowance	3,215	3,215
	<u>90,166</u>	<u>85,352</u>
Average number of employees (head count)	<u>6</u>	<u>5</u>

No employee received remuneration in excess of £60,000 (2020: Nil)

The total employee benefits of the key management personnel of the charity were £33,634 (2020: £32,072).

No redundancy payments were made during the year (2020: Nil)

7 Defined contribution pension scheme

The charity contributes to each employee's chosen defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity and amounted to £2,567. There were £92.21 contributions outstanding at the end of the year.

The employer pension cost is allocated between the restricted and unrestricted funds in line with the allocation of the corresponding staff salaries.

8 Fixed assets

	Equipment	Total
	£	£
Tangible fixed assets		
Cost or valuation		
At 1st April 2020	7,389	7,389
Additions in year	2,340	2,340
Disposals in year	-	-
At 31st March 2021	<u>9,729</u>	<u>9,729</u>
Depreciation	£	£
At 1st April 2020	1,847	1,847
Charge for the year	2,432	2,432
At 31st March 2021	<u>4,279</u>	<u>4,279</u>
Net Book Value	£	£
At 31st March 2021	<u>5,450</u>	<u>5,450</u>
At 31st March 2020	<u>5,542</u>	<u>5,542</u>

9 Debtors and prepayments

	2021	2020
	£	£
Debtors and prepayments	430	868
Prepayments and accrued income	<u>430</u>	<u>868</u>

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

10 Cash at bank and in hand

	Total 2021 £	Total 2020 £
Current bank account	63,542	40,498
Deposit bank accounts	92,241	92,177
Reserve account	30,081	25,054
Cash in hand	95	88
	185,959	157,817

11 Creditors and accruals

	2021 £	2020 £
Analysis of creditors falling due within one year		
Trade creditors	461	4,327
Payments received on account for contracts or performance-related grants	34,832	36,680
Accruals	4,187	921
Taxation and social security	-	-
	39,480	41,928

12 Contingent Liabilities

The charity has no contingent liabilities at 31 March 2021 (2020: None).

13 Movement of funds

13.1 Movement of major funds

2021 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	54,745	25,464	7,300	(17,755)	55,154
Designated funds	30,053	-	-	15,000	45,053
	84,798	25,464	7,300	(2,755)	100,207
Restricted Funds					
NYCC Carers Sitting Service Ryedale	3,845	59,750	66,350	2,755	-
Support for Carers Scarborough	-	45,553	45,553		-
Caring Together Whitby	-	29,903	29,903		-
NYCC My Neighbourhood Ryedale	1,413	38,356	32,195		7,574
Support Groups	1,937	-	-		1,937
Volunteers Expenses	16,777	10,000	2,088		24,689
Carers Trip	1,000				1,000
Songs & Scones	6,000	-	2,455		3,545
Farmers Breakfast	6,529	-	-		6,529
Awards for All (release of equipment grant)	-	1,847	1,847		-
NYCC Stronger Communities/CSO partnership	-	29,024	23,783		5,241
NYCC FEF Fund	-	2,000	363		1,637
	37,501	216,433	204,537	2,755	52,152
Total Funds	122,299	241,897	211,837	-	152,359

Ryedale Carers Support CIO

(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

Transfers between funds

From	To	Reason	£ Amount
General funds	Restricted funds	To make up the shortfall in the Carers Sitting Service	2,755
General funds	Designated funds	To increase the redundancy provision to reflect the increase in staff numbers	5,000
General funds	Designated funds	To establish a post Covid recovery fund	10,000
			<u>17,755</u>

2020 Fund name	Donated Funds b/fwd £	Incoming resources £	Outgoing resources £	Transfers £	Balance c/fwd £
Unrestricted Funds					
General unrestricted funds	37,208	29,710	5,273	(6,900)	54,745
Designated funds	25,034	19	-	5,000	30,053
	<u>62,242</u>	<u>29,729</u>	<u>5,273</u>	<u>(1,900)</u>	<u>84,798</u>
Restricted Funds					
NYCC Carers Sitting Service Ryedale	4,295	64,680	65,130		3,845
Support for Carers Scarborough	-	40,924	40,924		-
Caring Together Whitby	-	26,600	26,600		-
My Neighbourhood	4,250	49,131	51,968		1,413
Inman Charity	346	-	346		-
Kirkby Foundation	3,417	-	3,417		-
Support Groups	342	355	697	1,937	1,937
Volunteers Expenses	14,588	13,682	11,493		16,777
Carers Trip				1,000	1,000
Songs & Scones	-	2,224	2,224	6,000	6,000
Farmers Breakfast	7,457	963	1,891		6,529
Rural/Community Lifelines Project	18,939	-	10,002	(8,937)	-
Community Lifelines- Henry Smith	-	12,083	12,083		-
Awards for All equipment grant	-	3,958	5,858	1,900	-
	<u>53,634</u>	<u>214,600</u>	<u>232,633</u>	<u>1,900</u>	<u>37,501</u>
Total Funds	<u>115,876</u>	<u>244,329</u>	<u>237,906</u>	<u>-</u>	<u>122,299</u>

13.2 Details of Funds Held

Unrestricted Funds (General)

The General fund is unrestricted and available for the general purposes of Ryedale Carers Support.

Designated Funds

Comprise a redundancy and wind down provision of £35,053 and a new Covid Recovery Project of £10,000. The latter will be used to buy a computer and employ a part time worker to develop a recovery plan and identify new activities to enable the lonely and isolated to reconnect with each other either face to face or online.

Restricted Funds

The current restricted funds are only available for the purposes specified for each fund, which are:

NYCC Carers Sitting Service Ryedale - supported by NYCC Health & Adult Services and the local Clinical Commissioning Groups to provide a sitting service, using volunteers to give carers a break.

Support for Carers Scarborough & Caring Together Whitby - in partnership with Ryedale Carers Support delivering a range of services across Scarborough, Whitby and Ryedale.

My Neighbourhood - in partnership with Scarborough and Ryedale Carers Resource - providing befriending and activities to reduce loneliness and social isolation.

Ryedale Carers Support CIO
(Registered Charity Number 1175552)

Notes to the accounts for the year ended:

31st March 2021

13.2 Details of Funds Held cont....

Support Groups - one monthly support group to offer carers the opportunity to share concerns, receive support and take a break from their caring role.

Volunteer Expenses - supported by The Robert McAlpine Foundation to enable Ryedale Carers Support to recruit more volunteers and pay their out of pocket expenses.

Songs & Scones - a monthly opportunity for isolated and vulnerable carers and older people to come together to participate in a performance by Live Music Now musicians, followed by tea and scones. This is part funded under activities supported by the My Neighbourhood grant.

Farmers Breakfast - an opportunity for gentlemen in the community who have retired from work, either in farming or other rural pursuits to meet others. This is part funded under activities supported by the My Neighbourhood grant.

Awards for All equipment grant - a grant received last year for the purchase and set up of new computer equipment. This has been capitalised and depreciated over 4 years. Each year an equivalent amount of grant is released to match the depreciation shown in the accounts.

NYCC Stronger Communities/CSO partnership - RCS became part of the NYCC Community Support Organisation and received funding to set up a network of new and existing volunteers to provide emergency shopping and prescription collection for those shielding and self-isolating.

NYCC FEF Fund - a new grant of £2,000 for 'Food and Essentials Fund'; to ease cashflow and can be used to reimburse volunteers for any up-front costs incurred by them when purchasing food or essential items for people.

14 Net assets between funds	Unrestricted Funds	Designated Funds	Restricted Funds	Total 2021	Total 2020
	£	£	£	£	£
Balances at 31st March 2021					
Fixed assets	1,755		3,695	5,450	5,542
Current assets	67,749	57,160	61,479	186,389	158,685
Current liabilities	(14,350)	(12,107)	(13,022)	(39,480)	(41,928)
	55,154	45,053	52,152	152,359	122,299

15 Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

There were no reimbursements to trustees for out of pocket expenses during the year (2020: £10.00).