

KINTSUGI HOPE

Charity registration number 1175529

FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

KINTSUGI HOPE

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kintsugi
HOPE

ANNUAL REPORT

RESTORING HOPE
BUILDING RESILIENCE
TRANSFORMING COMMUNITIES

2025
EDITION

Charity Registration Number: 1175529
HMRC Charities Reference Number: EW89386
Registration Body: Charity Commission for England and Wales
Date of Registration: 02 November 2017

Registered Address:

c/o Holy Trinity Church
Boar Lane, Leeds, LS1 6HW

Principal Office:

As above

Trustees as at 31 March 2025:

Simon Barrington Chair
Judith Lace Vice Chair
Rosemary Braye Treasurer
Howard Satterthwaite
Abigail Balachandran

Trustees who also served during this period:

Adam Temple
Ellie Gage
Elizabeth Neep
Sarah Pearmain
Audrey Skervin

Bankers:

Santander
Bridle Road
Bootle
L30 4GB

Independent Reviewers of Accounts: Community 360

Acting Chief Executive Officer (Until 31 July 2024): Diane Regan
Chief Executive Officer (From 1 August 2024): Ellie Gage

Structure Governance and Management

Kintsugi Hope, founded by Patrick and Diane Regan, registered with the Charity Commission for England and Wales on 2 November 2017, charity number 1175529. The charity is governed under a constitution and operates as a Charitable Incorporated Organisation (CIO). Trustees are nominated and elected by existing trustees. Trustee meetings occur minimum once a quarter.

In July 2024, Co-Founder Diane Regan stepped down as full time Acting Chief Executive Officer and Ellie Gage became Chief Executive Officer as at 1st August 2024. Patrick Regan OBE and Co-Founder stepped down fully from his role of President. There was an overall reduction of employees during the year, and as at 31 March 2025, the total number of employed staff was 10, 4 full time and 6 part time.

A MESSAGE FROM OUR CEO

This year has marked a significant transition for Kintsugi Hope as the co-founders Patrick & Diane Regan moved on halfway through the year, and I took on the role of CEO.

In a time when many feel fractured and alone, Kintsugi Hope has, through its network of partner churches/organisations, continued to offer something rare: safe spaces where people are allowed to be vulnerable, and where healing begins not in isolation, but in community.

From the highlands of Scotland to the streets of London, and from church basements to Zoom calls, the message from our volunteer Wellbeing Group Leaders has remained the same:

We are not alone, and our brokenness does not disqualify us. In fact, it may be the very place where transformation begins.

Thank you for walking with us, praying for us, supporting us, and believing with us that restoration is possible. I hope you are inspired as you read the stories of hope and evidence of impact in this report. With gratitude to all our supporters and hope for all Kintsugi Hope participants,

Ellie



THE HEART OF OUR WORK: WELLBEING GROUPS

At the core of Kintsugi Hope is a belief that everyone deserves a place to feel safe, seen, and supported. During 2024/5, this vision has taken shape through a growing network of wellbeing groups that meet regularly across the UK. These groups are not counselling sessions they are communities of kindness. They provide space for people to explore topics such as anxiety, shame, resilience and hope, all through the lens of faith and compassion.



**BY THE END OF THE REPORTING PERIOD,
308 ACTIVE GROUPS HAD BEEN RUN, INVOLVING
OVER 2,800 PARTICIPANTS.**

**EVERY ONE OF THESE NUMBERS REPRESENTS A
STORY, A PERSON WHO DARED TO SHOW UP, AND
A JOURNEY OF TRANSFORMATION.**

"I was just surviving, going through the motions. The group became my anchor. I could finally talk about the pain I'd carried for years. And I wasn't judged I was embraced."



The number of youth and student wellbeing groups was also encouraging. Over 38 youth groups ran this year, with more than 380 young people engaging with the material in meaningful and life-giving ways.



STORIES OF TRANSFORMATION: VOICES FROM THE COMMUNITY

"The group gave me the courage to speak about things I've never shared before. I no longer feel alone."

Participant, Chelmsford Diocese

"I came to the group feeling broken. I left feeling seen, heard, and valued. It's changed how I see myself."

Group Member, West Yorkshire

"Our wellbeing group has become a lifeline for so many in our church. It's not just a course; it's a community."

Group Leader, Scotland

"I was nervous to join, but the warmth and honesty of the group helped me open up. I've found hope again."

Youth Participant, Northern Ireland

"Running a group in our school has been one of the most rewarding things I've done. The students are more open, more resilient, and more connected."

Teacher, Kintsugi Youth Group

"The training was excellent. I feel equipped and empowered to support others with compassion and confidence."

New Group Leader, London



Mark tells us about starting a Men's Wellbeing Group

In early 2024, after having facilitated two previous Kintsugi wellbeing groups, I was conscious that men had been under-represented. I thought to myself this did not seem right. Men also have emotional health needs and challenges. An idea came to set establish a men's only group. Would men then be more likely to sign up?

The group was advertised and within two weeks 12 men had signed up. After some hesitancy in the first few weeks, the conversations opened as we worked through each of the course topics. Honesty, openness, thoughtfulness, challenge, debate, good humour and warmth ensued...along with copious coffee, tea, biscuits and pizza.

The group were from mixed backgrounds in terms of their life experiences. This enriched and widened our understanding of each other, while taking comfort and hope from our common humanity and struggles. All continued through to complete the course. I had been convinced we would lose a few en route but it was not to be. Indeed "What now?" was a common question at the end!

Feedback from the group was positive having appreciated the way the course helps us have a healthier, more hopeful, relationship with our emotions. As a group facilitator, ably assisted with my co-facilitator, the course was deeply fulfilling to run. It is not possible to run the course and not grow in some way yourself. For these 12 weeks, it was my favourite evening of the week!"

GATHERING, CELEBRATING AND EQUIPPING

This year's highlight for many was our "No Ordinary Hope" Conference. It brought together a diverse family of volunteers, group leaders, staff, and supporters. Over half of the attendees were active group leaders. Through worship, stories, workshops and laughter, we were reminded that hope isn't naïve; it's defiant. It's a light that refuses to go out.

One group leader reflected afterwards:

"I arrived weary, wondering if I still had anything to give. I left with tears in my eyes and fire in my heart. I remembered why I said yes in the first place."

Across the year, we also held information sessions, group experience taster events, and regional gatherings to help grow awareness and deepen the sense of connection among our community. Partner events at Spring Harvest, Elim Leaders' Summit, and the Brighter Days Tour allowed us to extend our reach to thousands of people.



PARTNERSHIP AND PRESENCE ACROSS THE UK

Kintsugi Hope would not be possible without our Partner Organisations; churches, charities, chaplaincies and community groups who carry the vision into their local contexts. This year, we welcomed 31 new partners into the Kintsugi Hope movement and we trained over 150 new volunteer Group Leaders. We're looking forward to seeing this number multiply as we keep pressing forwards to see hope-filled safe spaces in every town and city in the UK.

While we did see a number of partners pause or conclude their involvement reflecting the changing landscape and pressures on the local church, we know there are many who are able to partner with us still and are encouraged by the number of people joining information sessions to find out more.

In Scotland, Northern Ireland and England, our regional teams have continued to spark new opportunities; from training youth workers to equipping social prescribers, from speaking at conventions to writing election-focused case studies on the church's role in mental health care. These regional developments are vital to ensuring our support is relational, contextual, and sustainable.



YOUNG PEOPLE AND STUDENTS: MEETING THE NEXT GENERATION

Our work with young people has taken bold steps this year. Joel Harris, our Youth Lead, spoke on main stages at national events, including Spring Harvest and Youth Alpha's "Open Generation" conference. We also hosted our own youth retreat, where young people from partner organisations came together for worship, reflection and fun.

In schools, youth groups and churches, Kintsugi Hope Youth is helping young people find words for their struggles and hope for their futures. One teenager told us,

"I thought I was the only one who felt like this. Now I know I'm not alone, and that changes everything"



TELLING OUR STORY AND SPREADING THE WORD

Through newsletters, articles, radio interviews, social media, and national campaigns, we continued to raise awareness and challenge stigma. Our online reach grew by over 100%, with tens of thousands engaging with our content each month. We've published articles for Evangelical Alliance, participated in public debates, and spoken into national conversations around mental health and spirituality.

Our donor newsletter and behind-the-scenes stories reminded people that every gift makes a difference.

FAITHFUL GIVING AND SUSTAINABLE GROWTH

The past year hasn't been without its challenges, including some unexpected funding changes and a dip in recurring contributions. Yet, our community has responded with generosity and faith. We secured new grants and submitted several promising applications with trusted funders.

We also took part in the Big Give Christmas Challenge and continued to invest in digital systems that will strengthen our financial resilience in the years to come.

In total, over £30,000 in new trust applications were submitted, and over 1,000 individuals continued to give through monthly donations.

A YEAR OF TEAMWORK, TRANSITION AND TRANSFORMATION

Behind every event and every group is a team of people giving their best; often behind the scenes. This year involved leadership transitions, staff changes, system upgrades, and a lot of prayer. From our national conference to our staff retreat, we've worked hard to stay grounded in our values of authenticity, generosity, honesty and relationships.

We welcomed new colleagues, said goodbye to others, and leaned into the deep sense that this is a movement, not a machine. A living, breathing community held together by shared purpose.

RISK

The risks faced by Kintsugi Hope are reviewed at Trustee meetings. This review includes changes in terms of level or likelihood, steps taken to mitigate risks, and any new risks identified. Current risks identified include:

- Cost of living crisis, reduction in donations
- Lack of cash flow to sustain the organisation
- Organisation growth vs capacity to deliver
- Skills and capacity of Trustees
- Safeguarding
- Reputational risk

A strategic plan is in place for each area of risk to plan for minimal risk level or likelihood.

FINANCIAL REVIEW

Financial Review

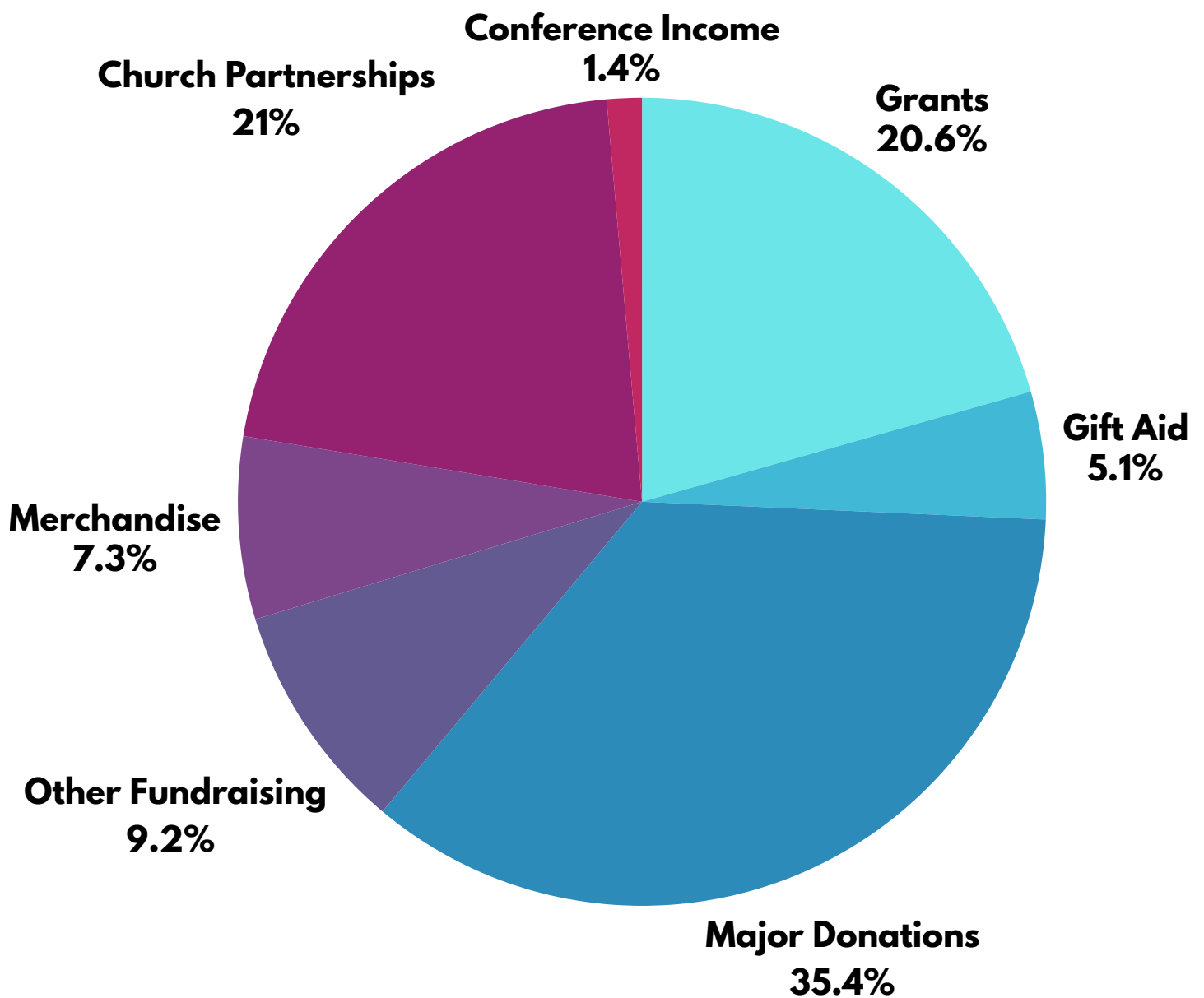
Group 655834553, Grouped object

This is our seventh period from registration with the Charity Commission running 1 April 2024 through to 31 March 2025.

INCOME

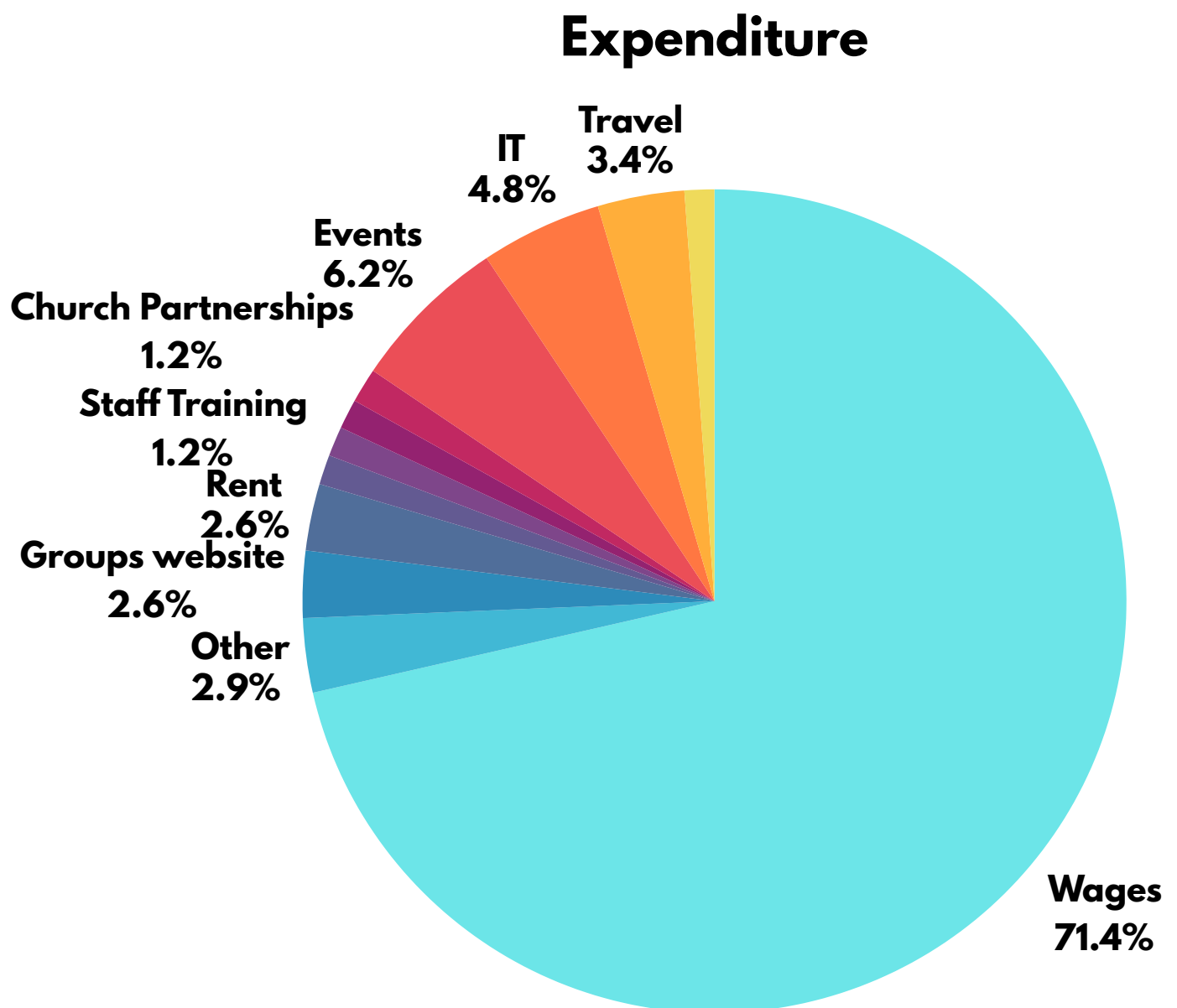
Incoming resources for the period totalled £506,305 (prior period was £509,434 a decrease of >1%).

Income Breakdown



EXPENDITURE

During the period, total expenditure decreased by 5% to £547,518 (from £576,841).



WITH GRATITUDE

Whether you're a donor, a prayer partner, a group leader or someone simply cheering us on; we thank you. You are part of this story. And together, we are helping to write a new one.

"Kintsugi Hope helped me rebuild not just my confidence, but my life. Thank you for believing in broken people like me."

Participant testimonial

To support our work or find out more, please visit
www.kintsugihope.com.



kintsugi HOPE

Discovering treasure in life's scars

kintsugihope.com

KINTSUGI HOPE

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts of Kintsugi Hope for the year ended 31st March 2025 which are set out on pages 20 to 27.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:
Community360

Winsley's House, High Street, Colchester, Essex



Date

22/01/2026

KINTSUGI HOPE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total £	2024 Total £
Incoming resources					
Donations and legacies	2	242,349	67,255	309,604	295,627
Charitable activities	3	113,168	-	113,168	103,842
Other trading activities	4	83,533	-	83,533	109,965
Total incoming resources		439,050	67,255	506,305	509,434
Resources expended					
Charitable activities	5	498,356	29,321	527,677	547,519
Expenditure on raising funds	6	24,101	-	24,101	15,953
Total resources expended		522,457	29,321	551,778	563,472
Net incoming (outgoing) resources		(83,407)	37,934	(45,474)	(54,039)
Net movement in funds		(83,407)	37,934	(45,474)	(54,039)
Total funds brought forward		100,179	-	100,179	154,218
Total funds carried forward		16,772	37,934	54,705	100,179

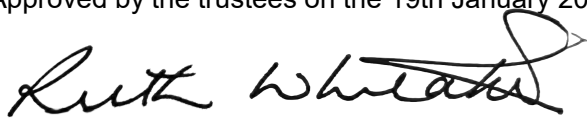
Notes on pages 23 to 27 form an integral part of these financial statements.

KINTSUGI HOPE

BALANCE SHEET AS AT 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Fixed assets					
Tangible assets	9		-		513
Current assets					
Stock		11,582		14,916	
Debtors and prepayments	10	9,024		5,483	
Cash at bank and in hand		64,065		85,415	
Total current assets		84,671		105,813	
Creditors: amounts falling due within one year	11	5,615		6,147	
Net current assets/(liabilities)			79,056		99,666
Total assets less current liabilities			79,056		100,179
Long term liabilities			24,349		-
Net assets			54,706		100,179
Funds of the charity					
Restricted funds	12		37,934		-
Unrestricted funds	12		16,772		100,179
Total funds			54,706		100,179

Approved by the trustees on the 19th January 2026 and signed on their behalf by:



Current Chair - Ruth Whitaker

KINTSUGI HOPE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Cash flows from operating activities				
<i>Net cash provided by (used in) operating activities</i>	(59,284)	37,934	(21,349)	(62,557)
<i>Net cash provided by (used in) investing activities</i>	-	-	-	-
<i>Change in cash and cash equivalents in reporting period</i>	(59,284)	37,934	(21,349)	(62,557)
Cash and cash equivalents at the beginning of the reporting period	85,415	-	85,415	147,972
Cash and cash equivalents at the end of the reporting period	26,131	37,934	64,066	85,415

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
<i>Net income/(expenditure) for the reporting period (as per SOFA)</i>	(83,407)	37,934	(45,473)	(54,039)
Adjustments for non-cash items:				
Depreciation charges	513	-	513	1,547
Loss/(profit) on disposal of fixed assets	-	-	-	-
(increase)/decrease in stock	3,334	-	3,334	(5,898)
(increase)/decrease in debtors	(3,541)	-	(3,541)	(4,070)
Increase/(decrease) in creditors	23,817	-	23,817	(98)
<i>Net cash provided by (used in) operating activities</i>	(59,284)	37,934	(21,350)	(62,558)

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Cash in hand	26,130	37,934	64,065	85,415
Notice deposits (less than 3 months)	-	-	-	-
Total cash and cash equivalents	26,130	37,934	64,065	85,415

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 MARCH 2025**

1.1 Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2 Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the granting of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1.3 Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment 20% Straight Line

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

1.5 Fund accounting

Funds held by the charity are:

Unrestricted general funds - These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds - These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.6 Going concern

The accounts have been prepared on a going concern basis.

2. Donations and legacies

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Major donations	179,321	-	179,321	190,461
Royalties	12	-	12	6
Gift aid	25,739	-	25,739	20,997
Project sponsorship	217	-	217	434
Grants	37,060	67,255	104,315	73,468
Legacy	-	-	-	10,262
	242,349	67,255	309,604	295,628

Restricted grants totalled £67,255 in 2025, (2024:£49,500) and restricted sponsorship totalled £0 in (2024:£434).

3. Charitable activities

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Conference income	7,003	-	7,003	4,504
Church partnerships	106,165	-	106,165	92,982
Tour income	-	-	-	6,357
	113,168	-	113,168	103,843

4. Other trading activities

	Unrestricted	Restricted	2025	2024
	£	£	£	£
Fundraising	46,586	-	46,586	65,665
Merchandise sale	36,947	-	36,947	44,300
	83,533	-	83,533	109,963

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

5. Costs of charitable activities	Unrestricted	Restricted	2025	2024
	£	£	£	£
Wages	358,139	29,321	387,460	416,010
Bank fees	910	-	910	-
Marketing	6,367	-	6,367	6,788
Travel	18,233	-	18,233	13,327
I.T. costs	25,808	-	25,808	22,868
Telephone	4,595	-	4,595	7,657
Professional charges	3,542	-	3,542	9,594
Insurance	2,336	-	2,336	1,805
Website	1,320	-	1,320	429
Events	33,531	-	33,531	20,697
Sundries	883	-	883	469
Office expenses	6,491	-	6,491	6,829
Staff training and resources	6,081	-	6,081	7,164
Rent	13,040	-	13,040	14,760
Interest payable	1,265	-	1,265	-
Grant payments	450	-	450	1,500
Website Group developments	14,052	-	14,052	15,276
Depreciation	513	-	513	1,547
	497,556	29,321	526,877	546,718
Governance costs:				
Audit and accountancy	800	-	800	800
	800	-	800	800
	498,356	29,321	527,677	547,518
6. Expenditure on raising funds	Unrestricted	Restricted	2025	2024
	£	£	£	£
Merchandise	24,101	-	24,101	15,953
	24,101	-	24,101	15,953

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

7. Staff costs and emoluments

	2025 £	2024 £
The average number of employees by head count paid monthly during the period was:	15	17

The aggregate staff costs for the period were:

	2025 £	2024 £
Wages and salaries	352,932	377,740
Pensions	8,683	10,452
Social security costs	25,845	27,818
	387,460	416,010

One employee earned more than £60,000 per annum.

Key management personnel

During the year total remuneration of £122,363 (2024: £109,396) was paid to key management personnel. The remuneration of key management personnel is decided upon and authorised by the trustees.

8. Trustee expenses

Trustees were reimbursed for expenses during the year 2025 £0 (2024: £Nil)

9. Tangible fixed assets

Cost	Equip £	Total £
As at 1st April 2024	7,733	7,733
Disposals	(7,733)	(7,733)
As at 31st March 2025	-	-
Depreciation		
As at 1st April 2024	7,220	7,220
Charge for the year	513	513
Disposals	(7,733)	(7,733)
As at 31st March 2025	-	-
Net book value		
As at 31st March 2025	-	-
As at 31st March 2024	513	513

The disposals of tangible fixed assets has been completed upon a review of the register.

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2025

10. Debtors	2025 £	2024 £
Trade debtors	9,024	5,483
	9,024	5,483

11. Creditors; amounts falling due within one year	2025 £	2024 £
Creditors	4,815	5,347
Accruals	800	800
	5,615	6,147

The Creditors balance as at 31 March 2025 contains an intercompany creditor balance of £NIL (2024: £1,614) due to the charity's trading subsidiary, BrighterDays.Life Limited.

12. Fund analysis 2025

	Balance at 01/04/2024	Income resources	Outgoing resources	Transfer	Balance at 31/03/2025
Unrestricted funds	101,213	439,050	(522,457)	-	17,806
Restricted funds					
Yorkshire Humber	-	7,500	(2,708)	-	4,792
Northern Ireland	-	19,755	(5,832)	-	13,923
North East	-	10,000	-	-	10,000
Youth & Students	-	20,000	(13,245)	-	6,755
Suicide Prevenetion	-	10,000	(7,536)	-	2,464
Total restricted	-	67,255	(29,321)	-	37,934
Total funds	101,213	506,305	(551,778)	-	55,740

13. BrighterDays.Life Limited

The charity seperated with BrighterDays.Life Limited (Company number 15158209) in December 2024, in which all BrighterDays.Life Limited shares held by the Charity were transferred to BrighterDays.Life Limited with no consideration paid.