

KINTSUGI HOPE

Charity number 1175529

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**



***Community
Accounts Service***

KINTSUGI HOPE

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Annual Report

For the period 01 April 2022 to 31 March 2023



Kintsugi Hope

Charity Registration Number:	1175529
HMRC Charities Reference Number:	EW89386
Registration Body:	Charity Commission for England and Wales
Date of Registration:	02 November 2017
Registered Address:	c/o Reprohouse Drakes Lane Industrial Estate Boreham, Essex, CM3 3BE
Principal Office:	As above

Trustees as at 31 March 2022:

Simon Barrington	Chair
Judith Lace	Vice Chair
Adam Temple	Treasurer
Elizabeth Neep	
Sarah Pearmain	
Audrey Skervin	
Joby Easow	

Trustees who also served during this period: n/a

Bankers:

Santander
Bridle Road
Bootle
L30 4GB

Independent Reviewers of Accounts:

Community 360

Chief Executive Officer:

Patrick Regan OBE

Structure, Governance and Management

Kintsugi Hope, founded by Patrick and Diane Regan, registered with the Charity Commission for England and Wales on 2 November 2017, charity number 1175529. The charity is governed under a constitution and operates as a Charitable Incorporated Organisation (CIO). Trustees are nominated and elected by existing trustees. Trustee meetings occur minimum termly.

Patrick Regan OBE is the founder and CEO. Diane Regan, wife of Patrick Regan is also the co-founder, working as Operations Manager. Seven part time staff members were recruited, including two National Development Managers, one for Northern Ireland, and one for Scotland. At 31 March 2023, the total number of staff increased to 18 - 5 full time and 8 part time.

Kintsugi Hope continued to enjoy working closely with Prison Fellowship, Thirtyone:Eight, Mind and Soul, Christians Against Poverty, Transformed Lives for Good, Restored and Safe Families as well as forging a new partnership with The Gather Movement.

Objects and Activities

The Objects as outlined in Kintsugi Hope's CIO constitution are, for the public benefit: -

1. To promote and protect the health of persons suffering from physical, mental, and emotional challenges, in particular but not exclusively, by way of practical support and training; and
2. To relieve the needs of persons facing persecution for their faith or those suffering the effects of war, conflict, and natural disaster in particular but not exclusively, by way of financial support to local, national, or international charities.

Vision

A world where mental and emotional health is accepted and understood, with safe and supportive communities for everyone to grow and flourish.

Mission

Kintsugi Hope exists to create safe and supportive spaces for those struggling with mental and emotional health challenges.

Ethos / Values

These values apply to all the work we do at Kintsugi Hope and are demonstrated particularly in our Kintsugi Hope Groups. Kintsugi Hope's ethos is founded on the Christian faith; yet Kintsugi Hope support those of all faith and no faith.

Authenticity - The quality of being real, to be openminded, allowing ourselves to be imperfect and vulnerable in order to show courage where it is needed.

Generosity - A desire to give away what we have, to be openhearted, kind, to give without any expectation of return. This value works out in the way we spend our time, money and how you want to relate to other organisations.

Honesty - To tell the truth; we want to be trustworthy and show integrity in all our actions.

Relationship - We want to be connected, to really get to know others, to invest in meaningful relationships and to put people before programmes and products.

Outcomes:

Desired Outcomes for those who Kintsugi Hope inspire and support:

- Safety and support, where there is no shame and embarrassment in struggling
- An increase in self-worth, confidence, and wellbeing
- A deeper understanding of the reality of God's love for them
- Clear pathways to receive additional support if needed

Summary of Main Activities and Achievements

Kintsugi Hope have had a really positive year of growth and provision. What motivates us to continue working hard are the amazing stories we receive from people who have participated in a wellbeing group, trained as a Group Leader, read one of the books Kintsugi Hope have available as resources or attended an event. Although there is still so much work to be done, the stories we hear are of positive personal change, transforming communities, and growing hope across the country.

Our biggest celebration during this financial year, was reaching our 5th birthday since our launch in February 2018. This was celebrated at an event at the House of Commons, hosted by Sir George Iain Duncan Smith where we were proud to present our first impact report (this was also made available to read on our website).

Our overall goal remains for everyone across the UK to have the opportunity to attend a wellbeing group, and so all our activities are carried out and planned with this goal in mind.

Following are summaries of all the main activities and achievements over the last year, as well as future plans. We are so grateful and blessed to be on this journey with so many partners, friends and supporters, without whom we would not have the opportunity to inspire and help people to know that there is treasure in life's scars.



Patrick Regan OBE
Co-Founder and CEO

Kintsugi Hope Wellbeing Groups

Kintsugi Hope provides a number of services, from raising awareness of mental health and emotional wellbeing and eradicating stigma, to providing tools for churches and organisations to better understand mental health and emotional wellbeing. It does so through training and events.

Kintsugi Hope's main provision is delivered through wellbeing groups.

The groups are not counselling or therapy but facilitated peer-mentoring using flexible content over a 6 to 12-week period to learn self-management tools. The flexible sessions are offered in 7 different learning styles and cover the following subjects: Honesty, Anxiety, Depression, Shame, Anger, Disappointment and Loss, Perfectionism, Forgiveness, Self-acceptance, Healthy Relationships, and Resilience. The groups are available to be run for Adult, Youth and Students.

Group Leaders Training

Adult Group Leaders

On 31 March 2023, there were 934 adult activated group leaders (group leaders who had completed the adult training, and on our records to run wellbeing groups). 256 were activated between 1 April 2022 and 31 March 2023. (an increase of 38%).

Youth Group Leaders

On 31 March 2023, there were 238 youth activated group leaders (group leaders who had completed the youth training, and on our records to run wellbeing groups). 76 were activated between 1 April 2022 and 31 March 2023. (an increase of 47%).

Student Group Leaders

On 31 March 2023, there were 40 student activated group leaders (group leaders who had completed the student training, and on our records to run wellbeing groups). 33 were activated between 1 April 2022 and 31 March 2023. (an increase of 370%).

Groups Registered

Adult Wellbeing Groups

On 31 March 2023, 419 adult wellbeing groups were registered on the Group Management System (GMS) and another 300 were registered on the database ThankQ (TQ). An estimated number of 719 adult groups had run up to 31 March 2023 since inception. The wellbeing groups registered on the GMS report calculated that 3794 participants attended; we can estimate that around 3000 people attended the groups previously registered on TQ. Since inception to 31 March 2023, an estimated 6794 people have attended an adult wellbeing group.

During the period 1 April 2022 to 31 March 2023, 241 adult groups were registered on the GMS with 2106 participants. (an increase of 29% and 30%)

Youth Wellbeing Groups

On 31 March 2023, 119 youth wellbeing groups were registered on the GMS and another 47 were registered on TQ. An estimated number of 166 youth groups had run up to 31 March 2023 since inception. The wellbeing groups registered on the GMS report that 956 participants attended. We can estimate that 470 people attended the groups previously registered on TQ. Since inception to 31 March 2023, an estimated 1426 people have attended a youth wellbeing group.

During the period 1 April 2022 to 31 March 2023, 77 youth groups were registered on the GMS with 612 participants. (an increase of 46% and 43%)

Student Wellbeing Groups

On 31 March 2023, 8 student wellbeing groups were registered on the GMS and non on TQ. Those same 8 were registered during the period 1 April 2022 to 31 March 2023 with an estimated 56 participants

Group Leaders additional resources

Ongoing training development opportunities have been introduced this year for group leaders via regular online training delivery from experts in various fields. This year we have had the following:

- Training on Shame by Heather Churchill in March

- Further training on other topics are planned for the rest of the year (June & September 2023).

Evaluations from Groups

Participants evaluations continue to show that the wellbeing groups have a positive impact on those who attend:

- 98% of participants report they have found the group to be supportive and helpful.
- 97% confirm they have learned tools and strategies to help cope when overwhelmed.
- 100% recommend attending a Kintsugi Hope Wellbeing Group.

The evaluations also began directly measuring against the 4 Kintsugi Hope outcomes, with results as follows:

1. Safety and support for all who attend the groups, where there is no shame and embarrassment in struggling. All attendees feel welcomed, free from judgement, and become part of a friendly, accepting group.
- 97% agreed (2% neither agreed nor disagreed)
2. An increase in self-worth, confidence, and wellbeing for all who attend the groups.
- 81% agreed (19% neither agreed nor disagreed)
3. All group participants have a deeper understanding of the reality of God's love for them
- 76% agreed (22% neither agreed nor disagreed)
4. Clear pathways to receive additional support if needed.
- 79% agreed (19% neither agreed nor disagreed)

Feedback is monitored closely and assists with the development of the support, material and resources provided.

Social Prescribing

Much improvement was made on social prescribing, enhanced by our partnership with the 'Gather Movement' and Mark Cowling. In September 2022, we partnered with the Gather Movement in their 'Movement for Recovery' project in developing a guide for churches to help them develop a mental health strategy. The wellbeing groups were listed as one of the signposting platforms to help those struggling with their mental health and with a view to enhance people's wellbeing.

Further development on this included a draft letter to GP's, which could be made available to our group leaders interested in using social prescribing for their groups.

Group Management System Development (GMS)

Development continued on Kintsugi Hope's bespoke online platform, the Groups Management System (GMS) with various improvements and additions aimed to simplify the way we work. For example, group leaders can now book their group experience, which is an integral part of the training, themselves prompted by an automated email. This saves us time, by not having to do that process manually for individual group leaders who have completed the online training modules.

Additional demographic information on users was also added to capture group leaders age bracket, employment status, ethnicity, gender identification and religious background.

Group Leaders can now access all they need to run the wellbeing groups in one place on the GMS. The wellbeing groups material has been added to the GMS and group leaders no longer need to access this on Facebook. Using the GMS, group leaders can plan their sessions and tailor build their plans taking into consideration a particular setting and audience.

A facility called 'stripe subscription' was also made available on the GMS as a mean for Partner Organisations (POs) to pay their partnership financial contribution. This facility simplifies contributions and is more secure and reliable than other methods.

Information Sessions

We run regular 'info sessions' to let people know about the wellbeing groups and how to partner with us to access it. Between 1 April 2022 and 31 March 2023, we held 21 info sessions with a total of 405 people booked to attend.

Pilot Wellbeing Groups

Chronic fatigue

We piloted a wellbeing group with people who live with a chronic illness and for this reason, do not come out of their home often. It was encouraging and people attending gave very positive feedback. One of the things that they all agree was that it was helpful to be with people sharing similar struggles as they knew they empathised with them.

Prison

We held 2 pilots in Exeter prison in October to December 2022 and March 2023. We received the following feedback from one of our group leaders and ambassador:

"From my perspective, as a retired GP, I thought that the Kintsugi Hope Wellbeing Groups were revolutionary for the prisoners. I led or supported 2 groups, one of four sessions and another of 5.

The prisoners engaged with the material which included PowerPoint slides, videos, discussion points and written work on various subjects:

- being cautiously honest in sharing their life stories with trusted friends or professionals. Creating a personal timeline for reflection.
- understanding the difference between healthy and unhealthy anxiety, providing tools for self-management, including "grounding" and STOPP.
- recognizing the symptoms and types of depression including being strong for too long. Use of basic CBT.
- tackling the difficult subject of shame and the shame filled life, caused by negative childhood experiences. "It's not your fault" soundbite.
- How anger can be a positive energy but also a very negative one, which can escalate out of control. Ways of stopping the spiral. Signposting.

Prisoners had a safe and supportive environment for the sessions and provided written and oral feedback.

The oral feedback received was universally positive with handshakes and thanks; "really good" and "very helpful".

Some of challenges are:

- acclimatising to the very different culture within a prison

- selection process for prisoners (mentally stable and low risk of violence)
- issues to do with literacy of the prisoners to adjust the material appropriately
- Time sensitive manner of selecting volunteers.

A significant insight gained at Exeter Prison was to do with the length of the wellbeing course and literacy ability. Usually, the course is 12 sessions lasting about an hour and a half each. Because Exeter Prison is a remand centre with very high turnover, no cohesive group of up to 12 participants could be created. The course length was reduced to 4 or 5 sessions with varied participants. The session length was reduced to one hour for optimal attention span. At other prisons with stable populations a 12-week course should be piloted and would be optimal.

I am encouraged as an ambassador for Kintsugi Hope that the Chaplain at Dartmoor prison has invited my colleague and I to do a presentation to all the chaplaincy team (about 15 in all) on the subject of Kintsugi Hope on Wednesday 12th October.

I have no doubt that Kintsugi Hope Wellbeing Groups can be a ground-breaking social prescribing resource in prisons."

Termly Group Leaders Catch-ups

We continue to hold National Group Leaders' Catch-ups. Since January 2023, we are holding 2 per term instead of 1 to offer group leaders a choice to attend either an evening or daytime catch-up. During the year we had the following catch-ups:

- 3 May 2022 – 91 GL booked
- 27 Sep 2022 – 100 GL booked
- 16 Jan 2023 – 71 GL booked
- 17 Jan 2023 – 66 GL booked

Key Group Events

April 2022	Additional needs focus group
May 2022	Appointment of Northern Ireland Regional Manager
May 2022	First draft of Partner Organisation packs
July 2022	Stripes financial contribution introduced on the GMS
Aug 2022	Oxfordshire council pilots wellbeing groups
Sep 2022	Chronic fatigue pilot starts
Sep 2022	Kintsugi Hope partners with the Gather Movement
Dec 2022	Started partner welcome meetings with leaders upon application or older partners to re-engage
Jan 2023	Appointment of Scotland Regional Manager
Jan 2023	Local strategy meeting in Chelmsford – first connection between St Stephen Harlow and St James Bishop Stortford
Jan 2023	Northern Ireland group leaders met and wellbeing groups info meetings
Jan 2023	Content review meeting with group leaders
Mar 2023	Teamed up with one of our partners to translate some of our resources into Ukrainian for the wellbeing groups to run with a group of Ukrainian people

Mar 2023 GMS work on integrating evaluations on the platform start

Kintsugi Hope Wellbeing Group Growth

	YE 31/3/23	YE 31/3/22	YE 31/3/21	YE 31/3/20	YE 31/3/19
Partner Organisations	401*	340	236	205	2
Group Leaders	1,413*	1,222	809	70	2

* Change of reporting, to reflect active total, rather than cumulative total.

Analysis of Partner Organisations

Kintsugi Hope Partner Organisations has partnered with churches from several different denominations. In addition Kintsugi Hope had 45 charity partners:

Organisation	No	Organisation	No
Anglican	119	Boiler Room Network	1
Baptist	57	House	1
Independent	49	United Reformed Church	1
Elim	28	Union of Evangelical Churches	1
Free Evangelical	1	Presbyterian	1
Evangelical	19	Regions Beyond	1
Vineyard	15	School	5
AOG	14	Not for profit social enterprise	1
Methodist	13	CIO	2
New Frontiers	16	University	1
Pioneer	4	Business	2
Free Church	6	Charity	45
Pentecostal	8		
Skylark	3		
New Testament Church of God	2		
Church of Ireland	3		
Church of Scotland	2		

Regional Growth

Kintsugi Hope continued to strengthen its links with Scotland and Northern Ireland; the appointment of a Northern Ireland Regional Manager in May 2022 and Scotland Regional

Manager in January 2023 strengthened connections with churches and potential partners in those areas.

Region	No	Region	No
East of England	65	Yorkshire	16
Southeast	83	Wales	15
Southwest	65	East Midlands	24
Northwest	36	Northern Ireland	21
London	28	Northeast	6
West Midlands	33	Scotland	9

Future Plans for development of Kintsugi Hope Wellbeing Groups

In line with Kintsugi Hope's vision, the goal is for everyone in the UK to be able to have access to attend a Wellbeing Group. This requires more partners and more group leaders. Kintsugi Hope will continue to promote its wellbeing training and inform and equip churches and other partners to encourage all to take mental and emotional health and wellbeing as a priority outreach.

1. Current and relevant dynamic material

Following feedback from group leaders and in response to ongoing changes in national climate regarding some of the challenges people go through, Kintsugi Hope planned a full review of the wellbeing groups material during the summer of 2023. This will also take Patrick's new book, *Brighter Days*, into consideration, as it contains some insightful and useful tools which will come as a great additional resource.

2. Accessibility

Closed captions will be added to the most used and popular videos of the material to enhance accessibility.

Some of the wellbeing group material will be translated to be used in the Ukrainian community.

3. Diversity in Engagement

Kintsugi Hope continues to recognise the engagement with groups need to be more diverse and are strategically looking to work with a more diverse community and in particular, further exploring links between racial injustice and mental health. Some more diversity relatable material was added to the wellbeing groups material. This is a work in progress.

4. Poverty and Mental Health

Kintsugi Hope recognises that struggles with mental health can be both the cause and result of poverty and want to intentionally support those on the margins of society. Kintsugi Hope has made some progress on reaching out to poorer areas. Numbers of partners in less privileged regions increased slightly. Our number of partners increased from 31 to 36 in the Northwest, from 27 to 33 in the West Midlands, from 12 to 24 in the East Midlands and from 12 to 16 in Yorkshire.

5. Prison

Following a number of pilots in prison, Kintsugi Hope, in partnership with group leaders experienced in working in prisons, is planning to refine its material to make a more structured and appropriate version of the wellbeing groups for this demographic.

6. Other pilots

Kintsugi Hope is exploring running pilots with other specific groups of people i.e autistic young adults, potentially in Leeds from September 2023.

Kintsugi Hope Youth

This year 77 Kintsugi Hope Wellbeing Groups ran with 605 young people in the groups.

We have seen a growing interest in groups being held in schools. with now over two thirds of all our youth wellbeing groups being in a school. Typically, these groups are run either by an outside organisation, such as a school's work charity, or by a pastoral team.

An example of this working well is in Andover college where St Marys church has started running wellbeing groups. The college have reflected on the impact these groups have had and have made them part of the curriculum.

One school let us know this story from a group in a school:

"Sarah* had been attending a Kintsugi Hope Youth Wellbeing Group in one of the local schools we work in. As part of the group, each participant receives one of Kintsugi Hopes "okay" youth participant guides. One day, Sarah was on the field on her lunch break and started to have a panic attack. She remembered the grounding technique she was taught in the previous week in her youth wellbeing group. Due to the panic attack, she couldn't concentrate on reading, so she handed her "okay" participant guide to her friend and got them to go through the grounding technique with her right there on the school field. Taking the steps in the booklet successfully calmed Sarah down and grounded her."

**name changed due to confidentiality*

An exciting new place we have seen youth wellbeing groups run this year is in pupil referral units.

Key Youth Events

April 2022	Spring Harvest, assisting at youth team at Skegness and Speak Honestly at Minehead
May 2022	Kintsugi Hope spent 4 days in Wales connecting with potential group leaders
June 2022	Bouncing Forwards Tour
Aug 2022	Summer Festivals
Oct 2022	Talking to young people about the cost-of-living at an online event
Oct 2022	Weekend in Northern Ireland making connections for youth, speaking at Autumn Soul

Nov 2022 Weekend in Northern Ireland making connections for youth speaking at Mind Matters

Jan 2023 Speaking at YFC national conference

Intern

In September 2023 we introduced a youth intern. Their job was to create a social media presence for young people to be equipped to look after their emotional health. Alongside this they also helped to connect with group leaders who have finished their youth wellbeing groups. Finally, they supported the administration of Kintsugi Hope Youth.

Future Plans

- Church youth groups are reaching a small % of young people in the UK today through paid youth workers and that number is diminishing. We need to find a solution to be able to fulfil our vision statement.
- We would hope to see our Kintsugi Hope Youth Weekends expanding in size and locations, aiming to run one in Northern Ireland next year.
- The expansion of our services at Kintsugi Hope Youth into assemblies and training days are important projects in the next year.

Students

Over the past year students has been harder to keep up with due to universities not wanting to be seen as prioritising one faith above another. Due to this we have only had 8 groups running with 54 students attending.

Mental Health Friendly Church (MHFC)

In April 2021, Kintsugi Hope appointed Rachael Newham, formerly from Think Twice, to start up and manage the Kintsugi Hope's Mental Health Friendly Church Project. Think tank Theos were commissioned in June to research the landscape in which it is based, and better understand the link between church and mental health to find out how best to support churches to become mental health friendly. Initial findings of the research were presented at two Kintsugi Hope National Conferences in October, one in Bristol and one in Northern Ireland. The three main recommendations were:

1. Increase training available for church leaders on and around mental health and mental illness (91% of church leaders had not received any prior training in these issues).
2. Name our position as "the church" on mental health and mental illness with clear language (there was no clear position)
3. Provide a ministry of gentle presence for those struggling (we are called to love, not to fix).

The research was supported by Christians Against Poverty, Mind and Soul Foundation, Care for the Family, Evangelical Alliance, Thirtyone:Eight, Church of England, Prison Fellowship, Transformed Lives for Good and Welcome Churches.

Summary: During 2022 Clarie Miles joined the MHFC team working one day per week helping to organise, write and deliver Mental Health Friendly Church Training Days and support the wider project.

Since then, we have launched and piloted three MHFC Training Days in late 2022, which were well received. Upon completing these, the material and content was assessed, before delivering further training in 2023. A theology paper was published in early 2023 and attracted positive feedback and media coverage from TWR, Premier Woman Alive and Premier News. At the National Conference in May 2023, the Gentle Presence resource was published.

Detailed Activities

In continuing to respond to the needs outlined in the research findings, Kintsugi Hope continues to offer training and plan the creation of resources to further support churches in becoming more mental health friendly.

Go Gently Conference May 2022

Following the initial findings presented at the national conference in October 2021, Kintsugi Hope's National Conference took place on May 20th (during Mental Health week), exploring how to be a gentle presence, to learn about resilience and an opportunity to ask questions to a panel of experts. 208 delegates attended – exploring issues of faith and mental health.

Mental Health Friendly Church Training

Between April 2022 and end of March 2023, 6 MHFC Training days were held across England; delegate numbers included in brackets:

Marple (46); Lincoln (24); Bristol (64); Chelmsford (57); Milton Keynes (41); Kidderminster (27)

Mental Health and Theology

A paper was developed outlining a basic introduction towards adopting a theology of mental health, the intention being to address needs outlined in the previous research conducted in 2021 for the church to name its position on numerous matters pertaining to mental health and elevate a biblical based understanding to help inform practice.

The theology has also been presented as a lecture to undergraduate students at Cliff College and the London School of Theology.

Future Plans

- Gentle Presence National Conference May 2023 – to continue to draw together those interested in faith and mental health to continue to elevate understanding and reduce stigma, provide opportunity for learning and support, and encourage churches to offer a gentle presence to those struggling with their mental health.
- Further MHFC Training days are planned in England, NI and Scotland
- A small group resource on the theme of Gentle Presence will be written and released.
- Sermon outlines will be prepared to enable churches to present teaching on areas of faith and mental health.

- Preparation of small group training for partner churches - initial topics: Exploring the nature of Mental Health, A Theology of Mental Health and Offering a Gentle Presence
- A 3-year strategy for the MHFC Project will be prepared and presented to the Executive Team.

Kintsugi Hope Communications and Events

Kintsugi Hope participated in 181 speaking events (online and in person) and reached more than 25,000. Highlights included:

Apr 22	Spring Harvest
May 22	National Conference Go Gently
Jun 22	Bouncing Forwards Tour England – 9 dates
Jul 22	New Wine
Jul 22	Continuation of Bouncing Forwards Tour in Scotland and Northern Ireland
Oct 22	London Virtual Marathon
Nov 22	Jubilee Plus Conference and T3 Conference
Nov 22	Mental Health Summit
Dec 22	Encounter Enfield
Jan 23	YFC Conference/ Cliff College Lecture/ DTI Leaders Retreat
Feb 23	TWR Time to Talk
Feb 23	Kintsugi Hope Retreat
Mar 23	House of Commons Breakfast
Mar 23	Rock UK Conference

Kintsugi Hope also participated in numerous radio interviews, articles in journals, magazines, and newspapers.

The Newsletter reach continued to grow, and a monthly podcast was added to the content, on themes linked to the Wellbeing Groups, such as shame, perfectionism, and forgiveness.

Future Plans

Our Future Plans centre around Patrick's new book *Brighter Days* which we believe will trigger a huge interest in Kintsugi Hope and the need for 100's more groups around the UK.

- Spring Harvest April 2023, Both Skegness and Minehead mental health streams and late-night events.
- Kintsugi Hope National Conference – May 2023.
- Wildfires Conference – May 23
- Youth festivals and conferences (New Wine, Elim, DTI) across the UK July and August 2023
- Brighter Days Book Launch – Oct 23
- NECN National Conference – Sept 23
- Brighter Days National Tour – 12 dates across the UK in October and November 2023

- Mainstream Interviews promoting Brighter Days
- Brighter Days Retreat – Feb 24
- Christmas Big Give week
- Continued offering of Online Kintsugi Hope Wellbeing Sessions
- Termly Group Leader Catch ups
- Regional Engagement Meetings, online and in person
- Mental Health Friendly Church Training Events
- Donor Journey and engagement strategy comms
- Providing speakers for Sunday Church Services
- Contributing to Mental Health Forums, Conferences and Events

Communications are a key area for Kintsugi Hope, in all that it does, the hope is that every interaction, either in person, online, through social media, through reading articles and books, or attending a Kintsugi Hope Wellbeing Groups, people leave feeling more hopeful and inspired than before.

Kintsugi Hope Advocacy

Kintsugi Hope is in a fortunate position to have long standing relationships with policy makers and political think tanks on the issues of Social Justice and the media. Kintsugi Hope will develop these relationships to represent the lives we are serving through our wellbeing groups and project work. Our goal is to tell the stories of those we represent.

Kintsugi Hope's approach to advocacy is not to build a research capability, but to build relationship to influence key individuals on issues of Justice that are impacting peoples mental and emotional wellbeing. Poverty, stigma, exclusion, high unemployment, and family breakdown has huge effect on people's mental health. Often alleviating pain and poverty is less difficult in many ways than rooting out and addressing the drivers that cause poor mental health in the first place.

If we want to see a new kind of society, we can't stand on the side-lines and grumble and complain, we need to elevate the debate away from personalities and onto the real issues that are causing people to suffer; we need to point to solutions that can bring about long-term strategic change.

During this year Rt Hon Iain Duncan Smith Hosted a breakfast for Kintsugi Hope at the House of Commons. Patrick is looking at how Kintsugi Hope could work with the DWP in providing wellbeing groups for those who are absent from work due to poor mental health. Kintsugi Hope continues to enjoy a good relationship with the Centre for Social Justice, which is an independent think tank, putting social justice back at the heart of politics. This year we have seen an increase interest from the media in Kintsugi Hope around these issues.

Future Plans

Our Approach continues to be relational, through existing relationships with politicians, influencers and other organisations. This year the focus will be in the area of social prescribing and working with the poorest in our society.

Kintsugi Hope Fundraising

With constant demand on our services and limited capacity, continued strategic growth was required, and this meant fundraising was key over this period. We continued many of our existing fundraising efforts, from sponsored events such as the virtual marathon and highlighting the importance of regular gifts, and as well as well as starting to look at and evaluate new income streams, such as in memory fundraising and legacy fundraising. Continued work is still necessary to investigate and develop these various income streams, depending on capacity and other priorities within the team.

Fundraising Events

We participated in the London virtual marathon, which was held in October 2022, allowing people the opportunity to take part in completing 26.2 miles, from anywhere in the country. Kintsugi Hope managed to secure 25 spaces with the amount raised at £15,352. Even though the total raised was less than previous years due to less take up in the 25 places, camaraderie among the participants was high, as well as positive engagement with Kintsugi Hope, which was lovely to see. This will also hopefully have an impact on the participants' engagement and loyalty overall, which will hopefully lead to increased giving.

At the end of November/early December 2022, Kintsugi Hope participated in the Big Give, a match funding campaign where, thanks to a generous pledger and champion, over £20,000 was raised, meaning we hit our target within 4 days of the 7-day online campaign.

Fundraising Statement

Kintsugi Hope recognises its financial supporters as core partners in its mission to create safe and supportive spaces for those struggling with mental and emotional wellbeing. We appreciate each gift we receive. We communicate our work with supporters and give them the choice to join us, through their giving, in supporting this. We never coerce or manipulate anyone to support Kintsugi Hope. We are sensitive to people in vulnerable circumstances, always ensuring they have the mental capacity to donate. If this isn't the case, we will politely refuse their donation. We keep our donors up to date with information about the impact their gifts are making through our monthly newsletter and all speaking engagements and events online or in-person.

Kintsugi Hope gives everyone the opportunity to sign up to receive communications from us either directly through our website or by individuals providing their contact details (and consent) at events. In the spirit of transparency and choice, it is clear what they will receive, and how they can be removed from our mailing lists. We raise funds through church partnerships, events, sponsored activities, and individual giving.

All our fundraising was carried out by the Kintsugi Hope employees – we did not use the services of commercial fundraisers. We always seek to respond to any complaints from our supporters. This year we received no complaints.

Regions

Bristol

In March 2023, Clarie Miles took on the role of Bristol Regional Lead. She will be focusing on:

1. Building relationships and promoting mental health across the Bristol region with KH partners, other church leaders, 3rd sector and statutory services.
2. Developing a strategy within N Bristol, including beginning a new community based Kintsugi hope course in Bradley Stoke.
3. Developing social prescribing.

Northern Ireland (NI)

Since appointing our NI Lead in May 2022, we have seen relationships grow throughout Northern Ireland and Kintsugi Hope expand into new communities, cities, and towns.

The key goal when our NI lead began was to build relationships; NI is very much a relational region and having strong connections and relations with others allows further development. Our NI Lead spent the first few month's meeting Group Leaders and our 15 partners, learning where they were with Kintsugi Hope and what support they needed. Furthermore, the role involves networking and communicating with new organisations to build relationships.

In July 22 Kintsugi Hope had a presence at important conferences across NI including New Wine, Sligo, and Elim Wondrous Conference. With the presence of Patrick speaking, Kintsugi Hope grew further. We were able to build relationships with 31:8, CAP and others.

We ran our first ever NI Kintsugi hope group leaders' event at Carrickfergus Vineyard followed by an evening where Patrick was able to speak and share the message of Kintsugi Hope. Bringing our leaders together was exciting as we saw movement between people, the stories being shared and support between leaders.

Over the past year our NI Lead has continually reached out to new church leaders to share the message of Kintsugi Hope and looked for new churches/organisations to partner.

In October 22, we were invited to lead our first Seminar for Autumn Soul, a youth event ran by the Irish Methodist Youth and Children's Department. This weekend was used to focus on the Youth within NI and how to develop further links for Kintsugi Hope Youth/Students. We were able to meet with John Kee, organiser of Summer Madness, Alpha Youth as well as leading a session for young people in Limavady Methodist. From these meetings we were invited to Summer Madness 2023 to speak. With a focus on Youth and putting in strategy's, our NI lead reached out to our current partners looking for anyone connected to schools, from this we were invited to speak at Dromore High and Carrickfergus Community School.

In November, the Bouncing Forwards tour came to NI and was extremely successful not only for the tour but meeting new connections including Bishop Andrew Foster of Derry & Raphoe, David Smyth of EA, Simon Genoe of New Wine and Leah McFall.

Bouncing Forwards took place in 4 locations including some of our partners and others we hope will partner, they included Derry Methodist Churches, Ballynahinch Methodist, Shankhill Parish and Carrickfergus Vineyard.

Kintsugi Hope have built great connections with CAP across NI, we ran our first event with CAP in Armagh to build further connections with church leaders within the area. The event was extremely successful, and we had group leader from NI share their stories and their journeys.

Throughout the following months we continued to further relationships with new organisations including Christian Police Association, Redeeming Our Communities NI as well as seeking advice from 31:8 on our safeguarding for Northern Ireland.

Our NI lead has the opportunity of attending the first Kintsugi Hope Youth Retreat Weekend in April where they were able to see the weekend running on the ground and how we could duplicate this for NI. We have now had further conversations and have booked our first ever NI Kintsugi Hope Youth retreat weekend in April 2024 in Castlewellan Castle.

Below you can see the following new partners that have applied for Kintsugi Hope over the past year and are now running groups:

- Armagh Vineyard – June 22
- Causeway Coast Vineyard – August 22
- Seymour Street Methodist Church - October 22
- Bangor Vineyard - December 22
- Mothers Union Ireland - January 23
- NW Mission Derry – March 23
- Ballyclare United Parish – May 23

Future Plans

- We want to continually look and reach out for new partners and develop further relationships with churches and organisations.
- We have had much interest with churches over the border partnering - our NI lead is keen to register for Charity status in ROI. With so many organisations working across all Ireland and it not being a hard border this seems like a plan that would be beneficial to the growth of Kintsugi Hope across all Ireland.
- With Patricks new book "Brighter Days" coming out in October 2023 it would be exciting to have part of his book tour in NI, possibly October/November time.
- Our NI lead is keen to run another Church leader's conversation day with CAP in the Northwest. This would be an event for other organisations to attend, to have conversations with church leaders and what church can look like outside the building.
- We already have our Kintsugi Hope Youth Retreat weekend in the diary, but future plans will be speaking with churches, partners to engage youth groups as well as planning and preparing.

Scotland

The National Development Manager for Scotland was employed in January 2023. This year has been an important time for developing relationships and increasing understanding of Kintsugi Hope's vision and values across this region.

Some of the key activities since the appointment have been:

- Engaged in training and support to partner organisations, in person, online and through digital communications.

- Reached out to national Christian organisational/denominational leads to develop understanding of Christian landscape in Scotland and the place of Kintsugi Hope in this landscape.
- Invitation to Transforming Scotland review and event and an opportunity to engage with Haldane Trust as funders for post.
- Reached out to several Christian youth trusts with information about Kintsugi Hope youth.
- First Scottish date for Mental Health Friendly Church training day planned and will be hosted by South Beach Baptist Church later in 2023.
- Attended Scottish Network Churches conference to promote Kintsugi Hope.
- Started planning a roadshow entitled “Impacting your community, bringing light, love and hope in challenging situations” in partnership with TLG and CAP in 5 venues across Scotland. Aimed at church leaders, it will be an opportunity to showcase the work of Kintsugi Hope. Scheduled for autumn of 2023.
- Start of 2023 there were 8 partner organisations. An additional 7 are at early stages of considering Kintsugi Hope as partner.

Future Plans

- Deliver Mental Health Friendly Church training day in Saltcoats. We have another church interested in hosting the next date which will likely be in early 2024.
- Promotion of KH at several national gatherings such as Canopy (Baptist Union of Scotland conference), and CAP conference, as well as attending Magnitude and Refuel.
- *Impacting your community* roadshow dates and venues secured for 30 Oct – 2 Nov.
- Planning Brighter Days tour in Spring 2024.
- Kintsugi Hope Youth weekend away in Scotland for Scottish partners in September 2024.

Strategic Goals for Kintsugi Hope

As we head into the next financial year, the Trustees have set the following goals for the next three years:

1. Go local to go national

- Develop local Kintsugi Hope Hubs/Safe Places in 20-25 towns and cities.
- Each Hub to bring together Churches, local authorities, NHS in partnership.
- Each Hub (eg Bristol, Chelmsford) to have a strategic plan for mental health, and town/city wide coverage of KH Wellbeing groups
- Access local funding
- Grow number of KH Wellbeing groups
- Ultimate goal is “find a group near you” national coverage.

2. Enabling Churches to be more missional

- Church is central to all that we do at KH and we want to keep Christian faith and Churches central whilst diversifying and bringing greater accessibility
- Equipping Churches to support communities with mental health
- KH to become the equivalent of Alpha or CAP in terms of reach and impact.

3. Accessibility for all

- Enable Kintsugi Hope wellbeing groups to be run in a variety of contexts including Schools and businesses.
- Build out capacity to run KH Wellbeing groups in businesses and schools.
- To increase the level of diversity of places in which groups are run, diversity of staffing and diversity of approach.
- For groups to be accessible by people of faith and no-faith

4. Learn how to collaborate well with statutory partners

- Develop the capacity and capability to work well with Job Centres, GP surgeries, NHS, social prescribing and others.
- Enable Churches and KH Hubs to engage with other Voluntary Sector and statutory partners to co-create mental health interventions.

Financial Review

This is our fifth period from registration with the Charity Commission running 1 April 2022 through to 31 March 2023.

Income

Incoming resources for the period totalled £520,384 (prior period was £447,187, an increase of 16%).

- £323,877 of this was through Donations and Legacies.
- This included major donors of £32,539 (down from £39,185)
- One-off donations of £49,619 (up from £22,160)
- Gift aid of £25,224 (up from £18,309)
- Legacy giving £3,028 (up from £150)
- Individual regular giving £77,080 (down from £85,875)

Grants received totalled £107,758 (up from £93,508) and was made up as follows:

Description	£
The Jerusalem Trust	22,000
Benefact Trust	21,300
Anonymous	15,000
Haldane Trust	10,000
Northern Ireland Community Fund	9,000

Anchor Foundation	7,500
Stewardship Rapid Response Fund	7,000
GF Macaulay Charitable Trust	5,000
Goodnews Evangelical Mission	5,000
Anonymous donations	3,508
Provide - Workplace grant	2,000
Costa Family Charitable Trust	250
The West Charitable Trust	100
Shorehill Charitable Trust	100
	<u>107,758.00</u>

Income from charitable activities totalled £107,247 (increased from £90,584) and included:

- Income from Gentle Presence Conference held in May 2022 at Chelmsford Cathedral (£5,166)
- Partner Organisation financial contributions towards running wellbeing groups totalling £87,880 (increased from £78,630)
- Bouncing Forwards tour income of £10,350

Other activities during the year totalled £89,271 (down from £96,511. This included fundraising and events of £40,494 (down from £66,374 previous year) made up as follows:

Description	£
The Big Give	20,768
Facebook Fundraising	1,538
Virtual Marathon	15,352
Ride London	1,224
Other	1,612
	<u>40,494</u>

Merchandise sales increased to £40,494 (from £34,653) and speaking fees rose to £14,125 (from £5,261).

Expenditure

Payments made during the period were £553,354 (up from £445,736 an increase of 24%).

The largest portion of expenditure were wages to employ 18 staff, totalling £375,648 (previously £281,624). This increase was due to 7 new staff members including a National Development Manager for Northern Ireland, and also for Scotland.

The year saw significant investment into the GMS (Groups Management System) totalling £34,672 (down from £46,367) to continue to build its capacity to scale groups and support the Group Leaders and Partner Organisations to manage their groups.

As invitations and opportunities for the speaking team increased, so did the travel and subsistence costs increase to £15,852 (up from £4,640).

IT costs rose significantly to £38,625 (from £2,610) due to moving to an outsourcing organisation, Arc Systems, to increase security and future planning needs. This expenditure also included the increased requirements of our CRM system as well as additional laptops for new staff members.

As a result of the above, Kintsugi Hope generated an operating loss of £32,971 (previous year surplus of £1,451). Total in the bank at the year-end was £154,218 (down from £187,189).

Reserves Policy

Kintsugi Hope have income pledged through supporters giving regularly. This funding helps Kintsugi Hope to plan financially. The policy for Kintsugi Hope is to hold 3 months' salary expenditure in reserve. Throughout this period, there was a surplus in excess of this value, however the charity is still at early stage of development and has active plans to expand the operations of the charity.

Risk

The risks faced by Kintsugi Hope are reviewed at each Trustee meeting. This review includes changes in terms of level or likelihood, steps taken to mitigate risks, and any new risks identified. Current risks identified include:

- Cost of living crisis, reduction in partner organisation financial contributions and individual giving
- Diversity in fundraising
- Organisation growth vs capacity to deliver
- Skills and capacity of Trustees (due to members leaving)
- Safeguarding
- Reputational risk
- Reliance on individual staff members

A strategic plan is in place for each area of risk to plan for minimal risk level or likelihood.

Approved by the trustees on the 28/11/23 2023 and signed on their behalf by:



Trustee

KINTSUGI HOPE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted Funds £	Restricted Funds £	2023 Total £	2022 Total £
Incoming resources					
Donations and legacies	2	279,914	43,952	323,866	260,092
Charitable activities	3	107,247	-	107,247	90,584
Other trading activities	4	89,271	-	89,271	96,511
Total incoming resources		476,432	43,952	520,384	447,187
Resources expended					
Charitable activities	5	485,532	43,952	529,484	402,647
Expenditure on raising funds	6	23,871	-	23,871	43,088
Total resources expended		509,403	43,952	553,354	445,736
Net incoming (outgoing) resources		(32,971)	-	(32,971)	1,451
Net movement in funds		(32,971)	-	(32,971)	1,451
Total funds brought forward		187,189	-	187,189	185,738
Total funds carried forward		154,218	-	154,218	187,189


Notes on pages 27 to 31 form an integral part of these financial statements.

KINTSUGI HOPE

BALANCE SHEET AS AT 31 MARCH 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	9	2,060	3,607
Current assets			
Stock		9,018	-
Debtors and prepayments	10	1,413	-
Cash at bank and in hand		147,972	184,276
		<u>158,403</u>	<u>184,276</u>
Creditors: amounts falling due within one year	11	6,245	694
Net current assets/(liabilities)		<u>152,158</u>	<u>183,582</u>
Net assets		<u><u>154,218</u></u>	<u><u>187,189</u></u>
Funds of the charity			
Restricted funds	12	-	-
Unrestricted funds	12	154,218	187,189
Total funds		<u><u>154,218</u></u>	<u><u>187,189</u></u>

Approved by the trustees on the 28/11/23 2023 and signed on their behalf by:



Trustee

KINTSUGI HOPE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Cash flows from operating activities				
<i>Net cash provided by (used in) operating activities</i>	(36,304)	-	(36,304)	5,889
<i>Net cash provided by (used in) investing activities</i>	-	-	-	-
Change in cash and cash equivalents in reporting period	(36,304)	-	(36,304)	5,889
Cash and cash equivalents at the beginning of the reporting period	184,276	-	184,276	178,387
Cash and cash equivalents at the end of the reporting period	147,972	-	147,972	184,276

(a) RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<i>Net income/(expenditure) for the reporting period (as per SOFA)</i>	(32,971)	-	(32,971)	1,451
Adjustments for non-cash items:				
Depreciation charges	1,547	-	1,547	1,364
Loss/(profit) on disposal of fixed assets	-	-	-	-
(increase)/decrease in stock	(9,018)	-	(9,018)	-
(increase)/decrease in debtors	(1,413)	-	(1,413)	2,800
Increase/(decrease) in creditors	5,551	-	5,551	274
<i>Net cash provided by (used in) operating activities</i>	(36,304)	-	(36,304)	5,889

b) ANALYSIS OF CASH AND CASH EQUIVALENTS

	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Cash in hand	147,972	-	147,972	184,276
Notice deposits (less than 3 months)	-	-	-	-
Total cash and cash equivalents	147,972	-	147,972	184,276

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

1.1 Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting

(FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

1.2 Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the granting of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

1.3 Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment 20% Straight Line

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

1.5 Fund accounting

Funds held by the charity are:

Unrestricted general funds - These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

Restricted funds - These are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

1.6 Going concern

The accounts have been prepared on a going concern basis.

2. Donations and legacies

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Major donations	32,539	-	32,539	39,185
One off donations	49,619	-	49,619	22,160
Corporate donations	28,040	-	28,040	-
Royalties	39	-	39	71
Individual giving	77,080	-	77,080	85,876
Gift aid	25,224	-	25,224	18,309
Project sponsorship	-	539	539	833
Grants	64,345	43,413	107,758	93,508
Legacy	3,028	-	3,028	150
	279,914	43,952	323,866	260,092

Restricted grants totalled £43,413 in 2023, (2022:£27,736) and restricted sponsorship totalled £539 in 2023.

3. Charitable activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Conference income	5,166	-	5,166	5,756
Church partnerships	87,880	-	87,880	78,630
Tour income	10,350	-	10,350	6,198
Travel & subsistence income	3,850	-	3,850	-
	107,247	-	107,247	90,584

4. Other trading activities

	Unrestricted	Restricted	2023	2022
	£	£	£	£
Fundraising	40,494	-	40,494	66,374
Merchandise sale	34,653	-	34,653	24,876
Speaking fees	14,125	-	14,125	5,261
	89,271	-	89,271	96,511

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

5. Costs of charitable activities	Unrestricted	Restricted	2023	2022
	£	£	£	£
Wages	332,235	43,413	375,648	281,624
Marketing	8,932	-	8,932	4,072
Printing	222	-	222	354
Travel	15,852	-	15,852	4,640
I.T. costs	38,625	-	38,625	2,610
Telephone	7,058	-	7,058	6,189
Professional charges	1,856	-	1,856	360
Insurance	1,933	-	1,933	1,344
Website	714	-	714	844
Tour	11,722	-	11,722	9,979
Conference	3,664	-	3,664	4,539
Events	90	-	90	27
Sundries	656	-	656	1,013
Office expenses	4,413	-	4,413	2,710
Staff training and resources	5,020	-	5,020	2,356
Rent	14,760	-	14,760	11,495
Grant payments	961	539	1,500	1,500
MHFC Research costs	-	-	-	18,660
Website Group developments	34,672	-	34,672	46,368
Depreciation	1,547	-	1,547	1,364
	484,932	43,952	528,884	402,047
Governance costs:				
Audit and accountancy	600	-	600	600
	600	-	600	600
	485,532	43,952	529,484	402,647
6. Expenditure on raising funds	Unrestricted	Restricted	2023	2022
	£	£	£	£
Merchandise	16,157	-	16,157	24,538
Fundraising costs	7,714	-	7,714	18,550
	23,871	-	23,871	43,088

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

7. Staff costs and emoluments

The average number of employees by head count paid monthly during the period was:

2023 £	2022 £
17	11

The aggregate staff costs for the period were:

	2023 £	2022 £
Wages and salaries	294,032	253,795
Pensions	8,870	6,268
Social security costs	29,333	21,561
	332,235	281,624

One employee earned more than £60,000 per annum.

Key management personnel

During the year total remuneration of £168,225 (2022: £139,484) was paid to key management personnel. The remuneration of key management personnel is decided upon and authorised by the trustees.

8. Trustee expenses

Trustees were reimbursed for expenses during the year 2023 £103.50 (2022: £339)

9. Tangible fixed assets

	Equip £	Total £
Cost		
As at 1st April 2022	7,733	7,733
Additions	-	-
As at 31st March 2023	7,733	7,733
Depreciation		
As at 1st April 2022	4,126	4,126
Charge for the year	1,547	1,547
As at 31st March 2023	5,673	5,673
Net book value		
As at 31st March 2023	2,060	2,060
As at 31st March 2022	3,607	3,607

KINTSUGI HOPE

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2023

10. Debtors				2023	2022
				£	£
Trade debtors				1,413	-
				1,413	-
11. Creditors; amounts falling due within one year				2023	2022
				£	£
Creditors				5,645	94
Accruals				600	600
				6,245	694
12. Fund analysis 2023					
	Balance at	Income	Outgoing	Transfer	Balance at
	01/04/2022	resources	resources		31/03/2023
Unrestricted funds	187,189	476,432	509,403	-	154,218
Restricted funds					
Community Fund	-	9,000	9,000	-	-
Stewardship	-	9,539	9,539	-	-
Carryduff Elim	-	2,508	2,508	-	-
Anonymous donor	-	7,905	7,905	-	-
Haldane Trust	-	10,000	10,000	-	-
Goodnews	-	5,000	5,000	-	-
Total restricted	-	43,952	43,952	-	-
Total funds	187,189	520,384	553,355	-	154,218

KINTSUGI HOPE

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 March 2023

I report on the accounts of Kintsugi Hope for the year ended 31st March 2023 which are set out on pages 24 to 31.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

David Courtier FMAAT AATQB for and on behalf of:

Community360

Winsley's House, High Street, Colchester, Essex

Date 7/12/2023