

# **KINTSUGI HOPE**

Charity registration number 1175529

## **FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2022**



# KINTSUGI HOPE

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Discovering  
treasure  
in life's scars

# Annual Report and Accounts

## For the period 01 April 2021 to 31 March 2022



Charity Registration Number:	1175529
HMRC Charities Reference Number:	EW89386
Registration Body:	Charity Commission for England and Wales
Date of Registration	02 November 2017
Registered Address:	c/o Reprohouse Drakes Lane Industrial Estate Boreham, Essex, CM3 3BE

Principal Office: As above

Trustees as at 31 March 2022	Simon Barrington	Chair
	Judith Lace	Vice Chair
	Adam Temple	Treasurer
	Elizabeth Neep	
	Sarah Pearmain	
	Audrey Skervin	
	Joby Easow	

Trustees who also served during this period:

Erin Docherty	Resigned 12 October 2021
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Bankers:

Santander  
Bridle Road  
Bootle  
L30 4GB

Independent Reviewers of Accounts: Community 360

Chief Executive Officer: Patrick Regan OBE



## **Structure, Governance and Management**

Kintsugi Hope, founded by Patrick and Diane Regan, registered with the Charity Commission for England and Wales on 2 November 2017, charity number 1175529. The charity is governed under a constitution and operates as a Charitable Incorporated Organisation (CIO). Trustees are nominated and elected by existing trustees. Trustee meetings occur minimum termly.

Patrick Regan OBE is the founder and CEO working full time for Kintsugi Hope. Diane Regan, wife of Patrick Regan is also the co-founder, working full time as Operations Manager. During this period, two part time staff members were recruited, and one part time employee became full time, bringing the total number of staff to 12, 4 full time and 8 part time.

Kintsugi Hope continued to enjoy a partnership with Waverley Abbey College and Resources (formerly CWR) and have continued to work closely with Prison Fellowship, Thirtyone:Eight, Mind and Soul, Christians against Poverty and Transformed Lives for Good, and new relationships with Restored and Safe Families.

## **Objects and Activities**

The Objects as outlined in Kintsugi Hope's CIO constitution are, for the public benefit: -

1. To promote and protect the health of persons suffering from physical, mental, and emotional challenges, in particular but not exclusively, by way of practical support and training; and
2. To relieve the needs of persons facing persecution for their faith or those suffering the effects of war, conflict, and natural disaster in particular but not exclusively, by way of financial support to local, national, or international charities.

### **Vision**

A world where mental and emotional health is accepted and understood, with safe and supportive communities for everyone to grow and flourish.

### **Mission**

Kintsugi Hope exists to create safe and supportive spaces for those struggling with mental and emotional health challenges

### **Ethos / Values**

These values apply to all the work we do at Kintsugi Hope and are demonstrated particularly in our Kintsugi Hope Groups. Kintsugi Hope's ethos is founded on the Christian faith, yet Kintsugi Hope support those of all faith and no faith.

Authenticity - The quality of being real, to be openminded, allowing ourselves to be imperfect and vulnerable in order to show courage where it is needed

Generosity - A desire to give away what we have, to be openhearted, kind, to give without any expectation of return. This value works out in the way we spend our time, money and how you want to relate to other organisations

Honesty - To tell the truth, we want to be trustworthy and show integrity in all our actions

Relationship - We wanted to be connected to really get to know others, to invest in meaningful relationships to put people before programmes and products.

**Desired Outcomes for those who Kintsugi Hope inspire and support:**

- Safety and support where there is no shame and embarrassment in struggling
- An increase in self-worth, confidence, and wellbeing
- A deeper understanding of the reality of God's love for them
- Clear pathways to receive additional support if needed



*Example invitation for Group Leaders to use to invite people to their wellbeing group.*

# Summary of Main Activities and Achievements

## Kintsugi Hope Wellbeing Groups

The wellbeing groups continue to be the main focus of Kintsugi Hope. Every other activity is either pointing towards increasing the number of groups or supporting the existing group leaders.

Development continued on Kintsugi Hope's bespoke online platform, the Groups Management System ("GMS") to onboard all Partner Organisations and Group Leaders who had applied through the paper-based system. Work also began on moving the paper-based content material onto the GMS, allowing Group Leaders to build their own session plans, depending upon the context they are running a group in, and this was successfully launched in September 2021. As well as being able to plan their sessions easier, it also helps with keeping the material dynamic, up to date and responsive to external events as updates and additions are immediately seen by Group Leaders.

The decision was made to permanently move training online, allowing the continued growth of partner organisations and group leaders. The online training that was quickly filmed and created at the start of Covid, was therefore revamped and refilmed. The new training also included the newly launch stream for Students and made training for more than one stream easier. The training also included new resource modules for example how to make groups more accessible for people with disabilities and/or learning difficulties and engaging with community.

Termly Group Leader online catch ups continued with high levels of engagement, and regional support as well as specific youth and/or student catch ups were introduced.

Participant and Group Leader Evaluations continued to be received with that 1/3 of participants are currently from outside of the host organisation.

- 98% of participants report they have found the group to be supportive and helpful.
- 97% confirm they have learned tools and strategies to help cope when overwhelmed.
- 100% recommend attending a Kintsugi Hope Wellbeing Group.

The evaluations also began directly measuring against the 4 Kintsugi Hope outcomes, with results as follows:

1. Safety and support for all who attend the groups, where there is no shame and embarrassment in struggling. All attendees feel welcomed, free from judgement, and become part of a friendly, accepting group.  
- 97% agreed (2% neither agreed nor disagreed)
2. An increase in self-worth, confidence, and wellbeing for all who attend the groups.  
- 81% agreed (19% neither agreed nor disagreed)
3. All group participants have a deeper understanding of the reality of God's love for them  
- 76% agreed (22% neither agreed nor disagreed)

4. Clear pathways to receive additional support if needed.
  - 79% agreed (19% neither agreed nor disagreed)

Feedback is monitored closely and assists with the development of the support, material and resources provided. One example of this was the creation of a participant guide for Group Leaders to purchase for their group members. These were designed and printed in house.

The interest in Kintsugi Hope Wellbeing Group continues to grow and in response to demand for more information, in June 2021 regular live online hour-long information sessions that anyone could book in to join started. The sessions cover what a group is, and is not, how to partner, the application process and support available. Kintsugi Hope staff stay on as long as necessary to answer any further questions. These have proved extremely productive. Since starting in June 2021, 355 people have participated in an info session and 24% of these attendees to date have since applied to run Kintsugi Hope Wellbeing Groups.

### Key events

April 2021	838 Group Leaders, 249 Partner Organisations
May 2021	Updated and re-filmed the Group Leader training to become a permanent solution 1,000 <sup>th</sup> Group Leader application received.
June 2021	Began running regular online information sessions about Kintsugi Hope Wellbeing Groups
July 2021	Online Groups Management System made live for all Group Leaders who applied and trained prior to the online system set up
Aug 2021	Student Wellbeing Groups Launched My Wellbeing Journey, Participant Guide Launched
Sept 2021	Content material moved to GMS from paper version. Groups Intern joined
Nov 2021	Reached 300 Partner Organisations milestone
Feb 2022	Youth and Student Participant Guide/journal launched.
March 2022	1,222 Group Leaders, 340 Partner Organisations



### Kintsugi Hope Wellbeing Group Growth

	YE 31/3/22	YE 31/3/21	YE 31/3/20	YE 31/3/19
Partner Organisations	340	236	205	2
Group Leaders	1,222	809	70	2



## Partner Organisations

By 31 March 2022, Kintsugi Hope Partner Organisations represented 28 different church denominations, and 38 charities, across 12 different regions.

Organisation	No	Organisation	No
Anglican	105	Boiler Room Network	1
Baptist	50	Congregational	1
Independent	40	House	1
Elim	25	United Reformed Church	2
Charity	36	Union of Evangelical Churches	1
Evangelical	13	Presbyterian	1
Vineyard	11	Regions Beyond	1
AOG	11	Relational Mission	1
Methodist	11	Catch the Fire	1
New Frontiers	11	Salvation Army	1
Pioneer	6	University	1
Free Church	1	Business	1
Pentecostal	7	School	3
Skylark	2	Not for profit social enterprise	1
New Testament Church of God	2	Free Evangelical	1
Church of Ireland	2	Apostolic	1
Church of Scotland	1	CIO	1

## Regional Growth

Kintsugi Hope intentionally visited Scotland and Northern Ireland to create and develop relationships with key networks and churches. Funding was received from the Northern Ireland National Fund Community Lottery towards the salary of a Country Development Coordinator for Northern Ireland. Interviews have taken place and the appointed person will be starting 5 May 2022.

Region	No	Region	No
East of England	63	Yorkshire	12
Southeast	71	Wales	10
Southwest	60	East Midlands	12
Northwest	31	Northern Ireland	15
London	27	Northeast	6
West Midlands	27	Scotland	4

## What is a Kintsugi Hope Wellbeing Group?

The groups are not counselling or therapy but facilitated peer-mentoring using flexible content over a 6 - 12-week period to learn self-management tools. The flexible sessions are offered in 7 different learning styles and cover the following subjects: Honesty, Anxiety, Depression, Shame, Anger,

Disappointment and loss, Perfectionism, Forgiveness, Self-acceptance, Healthy relationships, and resilience. The groups are now available to be run for Adult, Youth and Students.

## Mental Health Friendly Church

In April 2021, Kintsugi Hope appointed Rachael Newham, formerly from Think Twice, to start up and manage the Kintsugi Hope's Mental Health Friendly Church Project. Think tank Theos were commissioned in June to research landscape in which it is based, and better understand the link between church and mental health in order to find out how best to support churches to become mental health friendly. Initial findings of the research were presented at two Kintsugi Hope National Conferences in October, one in Bristol and one in Northern Ireland. The three main recommendations were:

1. Increase training available for church leaders on and around mental health and mental illness (91% of church leaders had not received any prior training in these issues).
2. Name our position as "the church" on mental health and mental illness with clear language (there was no clear position)
3. Provide a ministry of gentle presence for those struggling (we are called to love, not to fix).

The research was supported by Christians Against Poverty, Mind and Soul Foundation, Care for the Family, Evangelical Alliance, Thirtyone:Eight, Church of England, Prison Fellowship, Transformed Lives for Good and Welcome Churches.



## Kintsugi Hope Communications and Events

Online events continued due to Covid-19 legislation, until July 2021, where Kintsugi Hope began a managed return to in person events with a very stripped back socially distanced Bouncing Forwards 3-day tour. During the year Kintsugi Hope participated in 116 speaking events (online and in person) and reached more than 25,000. Highlights included:

- Spring Harvest at home, Online, April 2021
- TBN, TV, May 2021
- Engaging our communities, Online, April 2021
- Resilience and Students, Online, April 2021
- Refugees, Justice and Jesus, Online June 2021
- Bouncing Forwards 3 dates tour, In Person, July 2021
- Mental Health and Wales, Online, September 2021
- Go Gently KH National Conference, In Person - Bristol, October 2021
- Go Gently KH National Conference, In Person – Northern Ireland, October 2021
- Bouncing Forwards 12 date tour, In Person – November 2021
- Fragile Courage, Online – November 2021

Kintsugi Hope also participated in numerous radio interviews, articles in journals, magazines, and newspapers



The Newsletter reach continued to grow, and a monthly podcast was added to the content, on themes linked to the Wellbeing Groups, such as shame, perfectionism, and forgiveness.

All the above events focussed on starting difficult conversations about mental and emotional wellbeing, inspiring and encouraging people who struggle, as well as providing information on running wellbeing groups. This included events for partners, group leaders and the general public.

### **Fundraising Events**

The London Marathon was delayed due to Covid; however a virtual marathon was run in October 2021, allowing people the opportunity to take part in completing 26.2 miles, from anywhere in the country. Kintsugi Hope managed to secure 25 spaces, and as a result, £24,000 was raised.

In November/December 2021, Kintsugi Hope participated in the Big Give, a match funding event, where thanks to a generous pledger and champion, over £20,000.

## Kintsugi Hope Advocacy

Kintsugi Hope is in a fortunate position to have long standing relationships with policy makers, political think tanks on the issues of Social Justice and the media. Kintsugi Hope will develop those

relationships to represent the lives we are serving through our wellbeing groups and project work. Our goal is to tell the stories of those we represent.

Kintsugi Hope's approach to advocacy is not to build a research capability but to build relationship in order to influence key individuals on issues of Justice that are impacting peoples mental and emotional wellbeing. Poverty, stigma, exclusion, high unemployment, family breakdown has huge effect on people's mental health. Often alleviating pain and poverty is less difficult in many ways than rooting out and addressing the drivers that cause poor mental health in the first place.

If we want to see a new kind of society we can't stand on the side-lines and grumble and complain we need to elevate the debate off personalities and onto the real issues that are causing people to suffer, we need to point to solutions that can bring about long-term strategic change.

During this year, Patrick Regan, CEO continued the conversation through meeting and networking with senior politicians and advisers on issues of mental and emotional health and wellbeing, particularly looking at the Social Prescribing, and responding to findings in the Kruger report. In addition, Kintsugi Hope created and hosted the online event "The Big Conversation – Refugees, Justice and Mental Health", with Welcome Churches.

## Kintsugi Hope Fundraising

With constant demand on services and limited capacity, strategic growth was required, and this meant fundraising was key. In September 2021 a Fundraising Manager was appointed to introduce additional funding streams and to oversee the integrity of fundraising across the charity. Other steps included becoming members of the Fundraising Regulator, and a vulnerable people and fundraising policy was created and approved.

Kintsugi Hope enjoyed having 25 people taking part in the virtual marathon, and this is something we are planning to repeat.



# Future Plans

## Kintsugi Hope Groups

In line with Kintsugi Hope's vision, the ultimate goal is for everyone in the UK to be able to have access to attend a Wellbeing Group. This requires more partners and more group leaders. Although growth has been achieved, there are 50,000 churches in the UK and therefore not even 1% partnering with Kintsugi Hope. This is an ambitious goal, and Kintsugi Hope are pleased there are other initiatives supporting Churches to engage with their congregations and communities' mental and emotional wellbeing. Kintsugi Hope are therefore focusing on the following:

- **Current and relevant dynamic material**

Kintsugi Hope's unique offer to enable partners to run groups in any context with agile and dynamic material continues to be key. Having moved the group content to the GMS, Kintsugi Hope are committed to more regular reviewing, adding, and updating the material for the adult, youth and student streams respond timely to current events.

- **Diversity in Engagement**

Kintsugi Hope recognise the engagement with groups need to be more diverse and are strategically looking to work with a more diverse community and in particular, further exploring links between racial injustice and mental health.

- **Poverty and Mental Health**

Kintsugi Hope recognise that struggles with mental health can be both the cause and result of poverty and want to intentionally support those on the margins of society. Kintsugi Hope have a desire to support and work with poorest people in the UK and therefore are going to be looking into mapping where Kintsugi Hope are currently working, and how they can do more.

- **Accessible for all**

Since covid, many of those in the additional needs community have struggled as many services return to being in person. Kintsugi Hope want to explore how to be more accessible to those who still cannot access groups in person, and to look into more ways material can be more accessible for all needs.

## Mental Health Friendly Church Project

Following the research carried out with Theos, Kintsugi Hope over the next year will be further analysis and responding to findings creating resources and further support to help churches become more mental health friendly. This currently includes the following plans:

- **Go Gently Conference May 2022**

Following the initial findings presented at the national conference in October 2021, Kintsugi Hope's National Conference will take place around the Mental health week, exploring how to be a gentle presence, to learn about resilience and an opportunity to ask questions to a panel of experts.

- **Mental Health Friendly Church Training**

Creating a day's training for churches to understand more about mental illness and wellbeing, in particular how churches can respond and support those in their congregations and communities.

- **Mental Health and Theology**

Further research into topics of mental health and wellbeing in the Bible, collaborating with other theological experts to provide sermon and written resources.

## **Regions**

Kintsugi Hope's updated goal for groups to be available for everyone, has further motivated our plan for coordinators to be appointed for each region in the country, as well as country development coordinators for Northern Ireland, Scotland, and Wales. The first appointment has already been made for Northern Ireland who will be starting 5 May 2022.

## **Kintsugi Hope Advocacy**

Our Approach continues to be relational, through existing relationships with politicians, influencers, other organisations. This year the focus will be in the area of social prescribing.

## **Kintsugi Hope Events and Communications**

With the lifting of Covid social distancing legislation, Kintsugi Hope will be hosting and taking part in a variety of in person events as well as continuing to participate and host online events. All events will continue to inspire and inform people towards positive mental and emotional wellbeing and resilience. Events planned include as follows:

- Spring Harvest April 2022, Both Skegness and Minehead mental health streams and late-night events.
- Kintsugi Hope National Conference – Go Gently in May 2022.
- Youth festivals and conferences across the UK July and August 2022
- Bouncing Forwards National Tour – 12 dates across the UK in July and November 2022
- Mental Health and Racial Injustice online event, October 2022
- Continued offering of Online Kintsugi Hope Wellbeing Sessions
- Termly Group Leader Catch ups
- Regional Engagement Meetings, online and in person

- Mental Health Friendly Church Training Events
- Providing speakers for Sunday Church Services
- Contributing to Mental Health Forums, Conferences and Events

Kintsugi Hope Youth are going to be taking on an intern in September 2022 who will be looking into establishing their a Kintsugi Hope presence and brand in social media.

Communications are a key area for Kintsugi Hope, in all that it does, the hope is that every interaction, either in person, online, through social media, through reading articles and books, or attending a Kintsugi Hope Wellbeing Groups, people leave feeling more hopeful and inspired than before.

Following the success of this year, Kintsugi Hope will again be participating in the Virtual Marathon 2022 and will apply to be part of the Christmas Big Give too. Other fundraising and challenge events will be added to the calendar too.

## Financial Review

This is our fourth period from registration with the Charity Commission running 1 April 2021 through to 31 March 2022.

### Income

Incoming resources for the period totalled £447,187 (prior period was £373,456). £260,092 of this was through Donations and Legacies. This included major donors of £39,185 (down from £41,070), one off donations of £22,160 (down from 34,866), royalties £71 (previously £107), gift aid of £18,309 (down from £21,544), Project sponsorship of £833 (£889 previous year), and legacy giving £150 (formerly £1,3040. It also included Individual regular giving received in the year which totalled £85,875 (up from £69,075 previous year). Grants were also included totalling £93,508 and was made up as follows: Garfield Westfield Foundation - £20,000, Allchurches (third of three-year funding through Transformational Grant programme) - £11,739, Rose Patterson Trust - £20,000, Selwood Trust - £5,000, partnership grant from Waverley Abbey Resources - £5,000, Macaulay Trust - £2,000, Esme Mitchell Trust - £1,000, Beatrice Hankey Foundation - £500, Stewardship Rapid Response Fund - £5,269 and Anonymous - £10,000. For Northern Ireland, £13,000 was received from Northern Ireland Community Fund National Lottery - £9,500 and the Halifax Foundation - £3,500

Charitable activities totalled £90,584 (increased from £56,432 prior year) and included income from the two Kintsugi Hope National Conferences in October 2021 of £5,756, and Partner Organisation financial contributions (listed as Partner Churches) towards running wellbeing groups totalling £78,630 (increased from £55,017 previous year).

Other trading activities during the year totalled £66,374 (up from £35,893) Included in this sum was fundraising, merchandise sales and speaking fees. Fundraising included £9,297 through the Your

Neighbour campaign held in Lent 2021. £9,000 of which was forwarded on to 4 partner churches supporting mental health projects in their communities. We also had a very successful return from 25 volunteers running, walking, or skipping the virtual London marathon in October 2021, generating over £24k. Merchandise sales totalled £24,876 (up from £16,822). This increase was due to returning in person events, and the publishing of Patrick Regan's new book "Bouncing Forwards". Speaking Fees also increased to £5,261 (from £4,562).

## **Expenditure**

Payments made during the period were £445,736 (up from £277,359). The largest portion of these payments were wages to employ 11 staff, totalling £281,624 (previously £171,717). This increase was due to 3 new staff members, and 5 part time staff increasing their hours.

The year saw significant investment into the GMS (Groups Management System) totalling £46,367 (up from £21,487), to build its capacity to scale groups and support the Group Leaders and Partner Organisations to manage their groups.

With the return to the office following Covid and the growth in number of staff, in September 2021 Kintsugi Hope doubled the space rented, doubling the cost of rent from £5,510 to £11,495.

Although Kintsugi Hope were delighted to be back to in person events, in particular the tour, the costs were significantly higher due to the requirement to hire a vehicle, and increased necessity for paid accommodation (rather than staying with hosts from church venues). This resulted in the tours costing £9,979 (£1,534 previously). Travel generally increased too, from £2,271 to £4,640.

An additional expense was the research carried out by Think Tank Theos - £18,660 which helped structure the resources required for the new Mental Health Friendly Church programme.

As a result of the above, Kintsugi Hope generated an operating surplus of £1,451 (significantly reduced from £96,096 in previous year) but retained a similar total cash in the bank at the year-end of £187,189 (£185,738 in the previous year).

## **Reserves Policy**

Kintsugi Hope have income pledged through supporters giving regularly. This funding helps Kintsugi Hope to plan financially. The policy for Kintsugi Hope is to hold 3 months' salary expenditure in reserve. Throughout this period, there was a surplus in excess of this value, however the charity is still at early stage of development and has active plans to expand the operations of the charity.

## **Fundraising Statement**

Kintsugi Hope recognises its financial supporters as core partners in its mission to create safe and supportive spaces for those struggling with mental and emotional wellbeing. We appreciate each gift



we receive. We communicate our work with supporters and give them the choice to join us, through their giving, in supporting this. We never use coerce or manipulate anyone to support Kintsugi Hope. We are sensitive to people in vulnerable circumstances, always ensuring they have the mental capacity to donate. If this isn't the case, we will politely refuse their donation. We keep our donors up to date with information about the impact their gifts are making through our monthly newsletter and all speaking engagements and events online or in-person.

Kintsugi Hope gives everyone the opportunity to sign up to receive communications from us either directly through our website or by individuals providing their contact details (and consent) at events. In the spirit of transparency and choice, it is clear what they will receive, and how they can be removed from our mailing lists.

We raise funds through church partnerships, events, sponsored activities, and individual giving.

All our fundraising was carried out by the Kintsugi Hope employees – we did not use the services of commercial fundraisers. We always seek to respond to any complaints from our supporters. This year we received no complaints.

# KINTSUGI HOPE

## STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
<b>Incoming resources</b>					
Donations and legacies	2	232,353	27,739	260,092	281,131
Charitable activities	3	90,584	-	90,584	56,432
Other trading activities	4	96,511	-	96,511	35,893
<b>Total incoming resources</b>		<b>419,448</b>	<b>27,739</b>	<b>447,187</b>	<b>373,456</b>
<b>Resources expended</b>					
Charitable activities	5	329,128	73,519	402,647	261,763
Expenditure on raising funds	6	43,088	-	43,088	15,596
<b>Total resources expended</b>		<b>372,217</b>	<b>73,519</b>	<b>445,736</b>	<b>277,359</b>
<b>Net incoming (outgoing) resources</b>		<b>47,231</b>	<b>- 45,780</b>	<b>1,451</b>	<b>96,096</b>
<b>Transfer between funds</b>		<b>-</b>	<b>0</b>	<b>-</b>	<b>-</b>
<b>Net movement in funds</b>		<b>47,231</b>	<b>- 45,780</b>	<b>1,451</b>	<b>96,096</b>
<b>Total funds brought forward</b>		<b>139,958</b>	<b>45,780</b>	<b>185,738</b>	<b>89,642</b>
<b>Total funds carried forward</b>		<b>187,189</b>	<b>-</b>	<b>187,189</b>	<b>185,738</b>

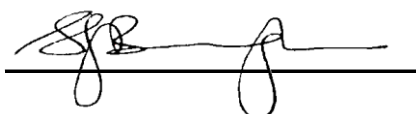
Notes on pages 16 to 22 form an integral part of these financial statements.

# KINTSUGI HOPE

## BALANCE SHEET AS AT 31 MARCH 2022

	Notes	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	8	3,607	2,534
<b>Current assets</b>			
Debtors and prepayments		-	2,800
Cash at bank and in hand	9	184,276	180,824
		<u>184,276</u>	<u>183,624</u>
<b>Creditors: amounts falling due within one year</b>	10	694	420
<b>Net current assets/(liabilities)</b>		<u>183,582</u>	<u>183,204</u>
<b>Net assets</b>		<u><u>187,189</u></u>	<u><u>185,738</u></u>
<b>Funds of the charity</b>			
Restricted funds		-	45,780
Unrestricted funds		187,189	139,958
<b>Total funds</b>		<u><u>187,189</u></u>	<u><u>185,738</u></u>

Approved by the trustees on the 5th October 2022 and signed on their behalf by:



Trustee

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022 Draft V1 as at 12/09/2022

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### 1.1 Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

#### Cash Flow

The financial statements do not include a cash flow statement because the charity, as a small reporting entity, is exempt from the requirement to prepare such a statement under Financial Reporting Standard 1 "Cash flow statements".

### 1.2 Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Donations, are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that those conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the granting of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

### 1.3 Expenditure recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably. All expenditure is accounted for on an accruals basis.

All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

# KINTSUGI HOPE

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

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### 1.4 Depreciation

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected life as follows:

Equipment

### 1.5 Fund accounting

Funds held by the charity are:

Unrestricted general funds

These are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.

### 1.6 Reporting period

This accounts cover 12 months.

## 2. Donations and legacies

	2022	2021
	£	£
Major donations	39,185	41,070
One off donations	22,160	34,866
Royalties	71	107
Individual giving	85,876	69,075
Gift aid	18,309	21,544
Project sponsorship	833	889
Grants	93,508	112,275
Legacy	150	1,304
	<u>260,092</u>	<u>281,131</u>

Restricted grants totalled £27,736 in 2022, (2021:£58,455)

## 3. Charitable activities

	2022	2021
	£	£
Conference income	5,756	-
Church partnerships	78,630	55,017
Tour income	6,198	1,415
	<u>90,584</u>	<u>56,432</u>

## 4. Other trading activities

	2022	2021
	£	£
Fundraising	66,374	14,509
Merchandise sale	24,876	16,822
Speaking fees	5,261	4,562
	<u>96,511</u>	<u>35,893</u>

# KINTSUGI HOPE

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

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5. Costs of charitable activities	2022	2021
	£	£
<b>Costs directly allocated to activities:</b>		
Wages	281,624	199,653
Marketing	4,072	1,484
Printing	354	112
Travel	4,640	2,271
I.T. costs	2,610	8,111
Telephone	6,189	4,938
Professional charges	360	346
Insurance	1,344	818
Website	844	391
Tour	9,979	1,534
Conference	4,539	-
Events	27	1,012
Sundries	1,013	2,152
Office expenses	2,710	6,528
Staff training and resources	2,356	938
Rent	11,495	5,510
Grant payments	1,500	3,000
MHFC Research costs	18,660	-
Website Group developments	46,368	21,487
Depreciation	1,364	1,059
	<b>402,047</b>	<b>261,343</b>
<b>Governance costs:</b>		
Audit and accountancy	600	420
	<b>600</b>	<b>420</b>
	<b>402,647</b>	<b>261,763</b>

6. Expenditure on raising funds	2022	2021
	£	£
Merchandise	24,538	14,537
Fundraising costs	18,550	1,059
	<b>43,088</b>	<b>15,596</b>

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# KINTSUGI HOPE

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

### 7. Staff costs and emoluments

	2022 £	2021 £
The average number of employees by head count paid monthly during the period was:	11	8

The aggregate staff costs for the period were:

	2022 £	2021 £
Wages and salaries	253,795	171,717
Pensions	6,268	4,557
Social security costs	21,561	23,379
	<b>281,624</b>	<b>199,653</b>

One employee earned more than £60,000 per annum.

5 employees increased their contracted number of hours during the year.

Trustees were reimbursed for expenses during the year 2022 £339 (2021: None)

### 8. Tangible fixed assets

	Equip £	Total £
<b>Cost</b>		
As at 1st April 2021	7,733	7,733
Additions	-	-
<b>As at 31st March 2022</b>	<b>7,733</b>	<b>7,733</b>

#### Depreciation

As at 1st April 2021	2,762	2,762
Charge for the year	1,364	1,364
<b>As at 31st March 2022</b>	<b>4,126</b>	<b>4,126</b>

#### Net book value

<b>As at 31st March 2022</b>	<b>3,607</b>	<b>3,607</b>
<b>As at 31st March 2021</b>	<b>4,971</b>	<b>4,971</b>

### 9. Analysis of cash and cash equivalents

	2022 £	2021 £
Cash at bank and in hand	184,276	180,824
	<b>184,276</b>	<b>180,824</b>

# KINTSUGI HOPE

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2022

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10. Creditors; amounts falling due within one year	2022	2021
	£	£
Creditors	94	-
Accruals	600	420
	<b>694</b>	<b>420</b>

### Fund analysis 2022

	Balance at 01/04/2021	Income resources	Outgoing resources	Transfer	Balance at 31/03/2022
<b>Unrestricted funds</b>	139,958	<b>419,448</b>	<b>372,217</b>	-	<b>187,189</b>
<b>Restricted funds</b>	-	-	-	-	-
Selwood Trust	-	5,000	5,000	-	-
Good News Evangelical	334	-	334	-	-
Anonymous donor	10000	10,000	20,000	-	-
Esme Mitchell Trust		1,000	1,000	-	-
The Jerusalem Trust	9881	-	9,881	-	-
All Churches Trust	25,565	11,739	37,304	-	-
<b>Total restricted</b>	<b>25,565</b>	<b>27,739</b>	<b>73,519</b>	-	-

### 11. Endowment funds

The Charity has no endowment funds during the period.

### 12. Key management personnel

During the year total remuneration of £139,484 (2021: £130,485) was paid to key management personnel. The remuneration of key management personnel is decided upon and authorised by the trustees.



## KINTSUGI HOPE CIO

### INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 March 2022

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I report on the accounts of Kintsugi Hope CIO for the year ended 31st March 2022 which are set out on pages 16 to 22.

#### **Respective responsibilities of trustees and examiner**

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed. The charities gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of Association of Accounting Technicians.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

#### **Basis of independent examiner's Statement**

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

#### **Independent examiner's statement**

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:  
Community360

Winsley's House, High Street, Colchester, Essex



Date 07/11/2022