

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales · Charity number 1175487

Details

Status Registered

Legal form CIO

Registered 2017-11-01

Register [View on the Charity Commission register](#)

Contact

Address 40 Lidget Place
Bradford
BD7 2LP

Phone 07846468536

Email lghealthylivingcentre@gmail.com

Website <http://lidgetgreenhealthylivingcentre.co.uk/>

Activities

Objects: TO PROMOTE, PRESERVE AND PROTECT THE PHYSICAL AND MENTAL HEALTH AND WELL BEING OF RESIDENTS OF ALL AGES LIVING IN LIDGET GREEN IN BRADFORD, YORKSHIRE AND NEIGHBOURING DISTRICT THROUGH ADVANCING EDUCATION, AWARENESS OF GOOD HEALTH AND MAINTAINING A HEALTHY LIFESTYLE. THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BY PROMOTING ACTIVITIES TO FOSTER UNDERSTANDING BETWEEN PEOPLE FROM DIVERSE BACKGROUNDS

Activities: We Operate from Lidget Green in Bradford.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£110,465	£108,322	-	-
2023-12-31	£92,090	£76,064	-	-
2022-12-31	£24,703	£23,060	-	-
2021-12-31	£21,504	£20,307	-	-
2020-12-31	£31,752	£42,855	-	-

Trustees

Name	Role	Appointed
SHAZAD KHAN		2017-11-01
zaker shah		2024-01-20

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales - Charity number 1175487

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month Jan	Year 2024		Day 31	Month Dec	Year 2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

40 Lidget Place,	
Lidget Green	
Bradford	
Postcode	BD7 2LP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1				
2	Shazad Khan			
3	Michael Ingham			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	CIO Foundation Registered 1 st November 2017
How the charity is constituted <i>(eg. trust, association, company)</i>	Not for Profit
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

<p>The objects of Lidget Green Healthy Living Centre CIO are:</p> <p>To promote, preserve and protect both the physical and mental health and wellbeing of residents of all ages living in Lidget Green in Bradford.</p> <p>The promotion of equality and diversity for the public benefit by promoting activities to foster understanding between people from diverse backgrounds.</p>

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have held a number of successful projects during the year, connecting members of our community.
A community cinema project.
Covid awareness program
Food for those in need project
Football activities project
Older peoples walking
Older peoples art activities
Older peoples gardening activities
Lighting Project
Welcome cafe. We are part of the national welcome cafe network.
The trustees have had regard to the guidelines issued by the charity commission on public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We have delivered a number of projects during the year

A community cinema project.

Covid awareness program

Food for those in need project

Football activities project

Older peoples walking

Older peoples art activities

Older peoples gardening activities

Community Vegetarian meal

Lighting project

Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Section E Financial review

Brief statement of the charity's policy on reserves

Reinvest into providing additional services from reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

Michael Ingham

Position (eg Secretary, Chair, etc)

Trustee

Date

22nd October 2025

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
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**LIDGET GREEN HEALTHY LIVING CENTRE
BUSINESS INFORMATION**

Proprietor

Lidget Green Healthy Living Centre
40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

Business address

40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

**LIDGET GREEN HEALTHY LIVING CENTRE
APPROVAL OF THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

I approve these accounts, comprising the Profit and Loss account, the Balance Sheet and the related notes. I confirm that I have made available all relevant records and information.

.....

23 October 2025

**LIDGET GREEN HEALTHY LIVING CENTRE
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2024**

	2024	2023
	£	£
Cost of sales	(69,849)	(28,850)
Construction industry - payments to subcontractors	-	(6,400)
Gross loss	(69,849)	(35,250)
Other business income	110,465	92,090
Expenses		
Wages, salaries and other staff costs	30,670	20,820
Car, van and travel expenses	-	9,067
Rent, rates, power and insurance costs	2,271	1,297
Repairs and renewals of property and equipment	4,600	5,355
Phone, fax, stationery and other office costs	733	2,489
Advertising and business entertainment costs	-	1,287
Accountancy, legal and other professional fees	-	300
Depreciation and loss/profit on sale of assets	147	173
Other business expenses	52	26
	38,473	40,814
Profit	2,143	16,026

**LIDGET GREEN HEALTHY LIVING CENTRE
BALANCE SHEET
AS AT 31 DECEMBER 2024**

	Notes	2024 £	2023 £
Fixed assets			
Equipment, machinery and motor vehicles	3	836	983
Current assets			
Bank/building society balances		19,907	16,197
Cash in hand		-	1,420
		<u>19,907</u>	<u>17,617</u>
Net current assets		<u>19,907</u>	<u>17,617</u>
Net assets		<u><u>20,743</u></u>	<u><u>18,600</u></u>
Capital account			
Balance at start of period		18,600	2,574
Net profit		2,143	16,026
		<u><u>20,743</u></u>	<u><u>18,600</u></u>

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

1 Accounting policies

Accounting basis

The accounts have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Furthermore Money received from grants, donations and Fundraising.

Tangible fixed assets policy

Depreciation has been provided at the following rates in order to write off the assets using the reducing balance method

Computer equipment	15%
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**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

2 Profit and loss account analysis	2024	2023
	£	£
Cost of sales		
Other direct costs	69,849	28,850
Construction industry		
Payments to subcontractors	-	6,400
Other business income		
Other income	110,465	92,090
Wages, salaries and other staff costs		
Wages and salaries	28,192	18,700
Pensions	2,478	2,120
	30,670	20,820
Car, van and travel expenses		
Travel and subsistence	-	9,067
Premises costs		
Service charges	258	-
Light and heat	2,013	1,297
	2,271	1,297
Repairs and renewals		
Repairs and maintenance	4,600	5,355
Office administration costs		
Telephone and fax	592	627
Stationery and printing	-	874
General insurance costs	141	988
	733	2,489
Advertising and entertaining		
Advertising and PR	-	1,287
Professional fees		
Accountancy fees	-	300
Depreciation and loss/(profit) on sale of assets		
Depreciation	147	173
Other business expenses		
Subscriptions	52	26

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

3 Plant, machinery and motor vehicles

	Computer equipment £
Cost	
At 1 January 2024	1,600
At 31 December 2024	1,600
Depreciation	
At 1 January 2024	617
Charge for the year	147
At 31 December 2024	764
Net book value	
At 31 December 2024	836
At 31 December 2023	983

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
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**LIDGET GREEN HEALTHY LIVING CENTRE
BUSINESS INFORMATION**

Proprietor

Lidget Green Healthy Living Centre
40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

Business address

40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

**LIDGET GREEN HEALTHY LIVING CENTRE
APPROVAL OF THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

I approve these accounts, comprising the Profit and Loss account, the Balance Sheet and the related notes. I confirm that I have made available all relevant records and information.

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23 October 2025

**LIDGET GREEN HEALTHY LIVING CENTRE
PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2024**

	2024	2023
	£	£
Cost of sales	(69,849)	(28,850)
Construction industry - payments to subcontractors	-	(6,400)
Gross loss	(69,849)	(35,250)
Other business income	110,465	92,090
Expenses		
Wages, salaries and other staff costs	30,670	20,820
Car, van and travel expenses	-	9,067
Rent, rates, power and insurance costs	2,271	1,297
Repairs and renewals of property and equipment	4,600	5,355
Phone, fax, stationery and other office costs	733	2,489
Advertising and business entertainment costs	-	1,287
Accountancy, legal and other professional fees	-	300
Depreciation and loss/profit on sale of assets	147	173
Other business expenses	52	26
	38,473	40,814
Profit	2,143	16,026

**LIDGET GREEN HEALTHY LIVING CENTRE
BALANCE SHEET
AS AT 31 DECEMBER 2024**

	Notes	2024 £	2023 £
Fixed assets			
Equipment, machinery and motor vehicles	3	836	983
Current assets			
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Cash in hand		-	1,420
		<u>19,907</u>	<u>17,617</u>
Net current assets		<u>19,907</u>	<u>17,617</u>
Net assets		<u><u>20,743</u></u>	<u><u>18,600</u></u>
Capital account			
Balance at start of period		18,600	2,574
Net profit		2,143	16,026
		<u><u>20,743</u></u>	<u><u>18,600</u></u>

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

1 Accounting policies

Accounting basis

The accounts have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Furthermore Money received from grants, donations and Fundraising.

Tangible fixed assets policy

Depreciation has been provided at the following rates in order to write off the assets using the reducing balance method

Computer equipment	15%
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**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

2 Profit and loss account analysis	2024	2023
	£	£
Cost of sales		
Other direct costs	69,849	28,850
Construction industry		
Payments to subcontractors	-	6,400
Other business income		
Other income	110,465	92,090
Wages, salaries and other staff costs		
Wages and salaries	28,192	18,700
Pensions	2,478	2,120
	30,670	20,820
Car, van and travel expenses		
Travel and subsistence	-	9,067
Premises costs		
Service charges	258	-
Light and heat	2,013	1,297
	2,271	1,297
Repairs and renewals		
Repairs and maintenance	4,600	5,355
Office administration costs		
Telephone and fax	592	627
Stationery and printing	-	874
General insurance costs	141	988
	733	2,489
Advertising and entertaining		
Advertising and PR	-	1,287
Professional fees		
Accountancy fees	-	300
Depreciation and loss/(profit) on sale of assets		
Depreciation	147	173
Other business expenses		
Subscriptions	52	26

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2024**

3 Plant, machinery and motor vehicles

	Computer equipment £
Cost	
At 1 January 2024	1,600
At 31 December 2024	1,600
Depreciation	
At 1 January 2024	617
Charge for the year	147
At 31 December 2024	764
Net book value	
At 31 December 2024	836
At 31 December 2023	983

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales - Charity number 1175487

Accounts



Trustees' Annual Report for the period

Period start date		Period end date	
Day	Month	Year	Day
01	Jan	2023	31
From		To	
		Month	Year
		Dec	2023

Section A

Reference and administration details

Charity name

Lidget Green Healthy Living Centre

Other names charity is known by

Registered charity number (if any)

1175487

Charity's principal address

40 Lidget Place,

Lidget Green

Bradford

Postcode

BD7 2LP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Salim Hussain			
2	Shazad Khan			
3	Michael Ingham			
4				
5				
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14				
15				
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17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trust deed, constitution)</i>	CIO Foundation Registered 1 st November 2017
How the charity is constituted <i>(eg. trust, association, company)</i>	Not for Profit
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

--

Section C Objectives and activities

The objects of Lidget Green Healthy Living Centre CIO are:

To promote, preserve and protect both the physical and mental health and wellbeing of residents of all ages living in Lidget Green in Bradford.
The promotion of equality and diversity for the public benefit by promoting activities to foster understanding between people from diverse backgrounds.

Summary of the objects of the charity set out in its governing document

We have held a number of successful projects during the year, connecting members of our community.

- A community cinema project.
- Covid awareness program
- Food for those in need project
- Football activities project
- Older peoples walking
- Older peoples art activities
- Older peoples gardening activities
- Lighting Project
- Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We have delivered a number of projects during the year

- A community cinema project.
- Covid awareness program
- Food for those in need project
- Football activities project
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- Older peoples art activities
- Older peoples gardening activities
- Community Vegetarian meal
- Lighting project
- Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Section E

Financial review

Brief statement of the charity's policy on reserves

Reinvest into providing additional services from reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Michael Ingham	
Position (eg Secretary, Chair, etc)	Trustee	
Date	24th October 2024	

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

**LIDGET GREEN HEALTHY LIVING CENTRE
UNAUDITED ACCOUNTS
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**LIDGET GREEN HEALTHY LIVING CENTRE
BUSINESS INFORMATION**

Proprietor

Lidget Green Healthy Living Centre
40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

Business address

40 Lidget Place
Lidget Green
Bradford
West Yorkshire
BD7 2LP

**LIDGET GREEN HEALTHY LIVING CENTRE
APPROVAL OF THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

I approve these accounts, comprising the Profit and Loss account, the Balance Sheet and the related notes. I confirm that I have made available all relevant records and information.

Sherad Wain

**LIDGET GREEN HEALTHY LIVING CENTRE
 PROFIT AND LOSS ACCOUNT
 FOR THE YEAR ENDED 31 DECEMBER 2023**

	2023	2022
	£	£
Cost of sales	(28,850)	(11,828)
Construction industry - payments to subcontractors	(6,400)	-
Gross loss	(35,250)	(11,828)
Other business income	92,090	24,703
Expenses		
Wages, salaries and other staff costs	20,820	3,231
Car, van and travel expenses	9,067	240
Rent, rates, power and insurance costs	1,297	2,264
Repairs and renewals of property and equipment	5,355	2,880
Phone, fax, stationery and other office costs	2,489	2,114
Advertising and business entertainment costs	1,287	-
Accountancy, legal and other professional fees	300	300
Depreciation and loss/profit on sale of assets	173	204
Other business expenses	26	-
	<u>40,814</u>	<u>11,233</u>
Profit	<u><u>16,026</u></u>	<u><u>1,642</u></u>

**LIDGET GREEN HEALTHY LIVING CENTRE
BALANCE SHEET
AS AT 31 DECEMBER 2023**

	Notes	2023 £	2022 £
Fixed assets			
Equipment, machinery and motor vehicles	3	983	1,156
Current assets			
Bank/building society balances		16,197	5,406
Cash in hand		1,420	242
		<u>17,617</u>	<u>5,648</u>
Current liabilities			
Trade creditors		-	300
Other liabilities and accruals		-	3,930
		<u>-</u>	<u>4,230</u>
Net current assets		<u>17,617</u>	<u>1,418</u>
Net assets		<u>18,600</u>	<u>2,574</u>
Capital account			
Balance at start of period		2,574	932
Net profit		16,026	1,642
		<u>18,600</u>	<u>2,574</u>

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

1 Accounting policies

Accounting basis

The accounts have been prepared under the historical cost convention and in accordance with UK Generally Accepted Accounting Practice.

Turnover

Turnover represents the value, net of VAT and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Furthermore Money received from grants, donations and Fundraising.

Tangible fixed assets policy

Depreciation has been provided at the following rates in order to write off the assets using the reducing balance method

Computer equipment	15%
--------------------	-----

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

2 Profit and loss account analysis	2023	2022
	£	£
Cost of sales		
Other direct costs	28,850	11,828
Construction industry		
Payments to subcontractors	6,400	-
Other business income		
Other income	92,090	24,703
Wages, salaries and other staff costs		
Wages and salaries	18,700	-
Pensions	2,120	-
Temporary staff and recruitment	-	2,307
Staff training and welfare	-	924
	<u>20,820</u>	<u>3,231</u>
Car, van and travel expenses		
Travel and subsistence	9,067	240
Premises costs		
Rent	-	1,480
Light and heat	1,297	784
	<u>1,297</u>	<u>2,264</u>
Repairs and renewals		
Repairs and maintenance	5,355	2,880
Office administration costs		
Telephone and fax	627	832
Stationery and printing	874	592
General insurance costs	988	690
	<u>2,489</u>	<u>2,114</u>
Advertising and entertaining		
Advertising and PR	1,287	-
Professional fees		
Accountancy fees	300	300
Depreciation and loss/(profit) on sale of assets		
Depreciation	173	204
Other business expenses		
Subscriptions	26	-

**LIDGET GREEN HEALTHY LIVING CENTRE
NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2023**

3 Plant, machinery and motor vehicles

	Computer equipment £
Cost	
At 1 January 2023	1,600
At 31 December 2023	<u>1,600</u>
Depreciation	
At 1 January 2023	444
Charge for the year	173
At 31 December 2023	<u>617</u>
Net book value	
At 31 December 2023	<u>983</u>
At 31 December 2022	<u>1,156</u>

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales - Charity number 1175487

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month Jan	Year 2022		Day 31	Month Dec	Year 2022

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

40 Lidget Place,	
Lidget Green	
Bradford	
Postcode	BD7 2LP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Briggs			
2	Shazad Khan			
3	Michael Ingham			
4				
5				
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20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	CIO Foundation Registered 1 st November 2017
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- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of Lidget Green Healthy Living Centre CIO are:

To promote, preserve and protect both the physical and mental health and wellbeing of residents of all ages living in Lidget Green in Bradford.

The promotion of equality and diversity for the public benefit by promoting activities to foster understanding between people from diverse backgrounds.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have held a number of successful projects during the year, connecting members of our community.
A community cinema project.
Covid awareness program
Food for those in need project
Football activities project
Older peoples walking
Older peoples art activities
Older peoples gardening activities
Lighting Project
Welcome cafe. We are part of the national welcome cafe network.
The trustees have had regard to the guidelines issued by the charity commission on public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

We have delivered a number of projects during the year

A community cinema project.

Covid awareness program

Food for those in need project

Football activities project

Older peoples walking

Older peoples art activities

Older peoples gardening activities

Community Vegetarian meal

Lighting project

Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Section E

Financial review

Brief statement of the charity's policy on reserves

Reinvest into providing additional services from reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Michael Ingham	
Position (eg Secretary, Chair, etc)	Trustee	
Date	22 nd October 2023	

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales - Charity number 1175487

Accounts



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month Jan	Year 2021		Day 31	Month Dec	Year 2021

Section A Reference and administration details

Charity name	Lidget Green Healthy Living Centre
Other names charity is known by	
Registered charity number (if any)	1175487
Charity's principal address	40 Lidget Place,
	Lidget Green
	Bradford
	Postcode BD7 2LP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Briggs			
2	Shazad Khan			
3	Michael Ingham			
4				
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

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Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	CIO Foundation Registered 1 st November 2017
How the charity is constituted <small>(eg. trust, association, company)</small>	Not for Profit
Trustee selection methods <small>(eg. appointed by, elected by)</small>	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

You may choose to include additional information, where relevant, about:

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The objects of Lidget Green Healthy Living Centre CIO are:

To promote, preserve and protect both the physical and mental health and wellbeing of residents of all ages living in Lidget Green in Bradford.

The promotion of equality and diversity for the public benefit by promoting activities to foster understanding between people from diverse backgrounds.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

We have held a number of successful projects during the year, connecting members of our community.

A community cinema project.

Covid awareness program

Food for those in need project

Football activities project

Older peoples walking

Older peoples art activities

Older peoples gardening activities

Bringing young people together with sport

Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Section D

Achievements and performance

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

We have delivered a number of projects during the year

A community cinema project.
Covid awareness program
Food for those in need project
Football activities project
Older peoples walking
Older peoples art activities
Older peoples gardening activities
Community Vegetarian meal
Bringing young people together with sport
Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Section E

Financial review

Brief statement of the charity's policy on reserves

Reinvest into providing additional services from reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Empty box for optional information.

Section F Other optional information

Empty box for Section F content.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paul Briggs	
Position (eg Secretary, Chair, etc)	Trustee	
Date	6 th October 2022	

LIDGET GREEN HEALTHY LIVING CENTRE

England & Wales - Charity number 1175487

Accounts



Trustees' Annual Report for the period

Period start date	Day	Month	Year	Period end date	Day	Month	Year
From	01	Jan	2020	To	31	Dec	2020

Section A

Reference and administration details

Charity name

Lidget Green Healthy Living Centre

Other names charity is known by

Registered charity number (if any) **1175487**

Charity's principal address

40 Lidget Place,
Lidget Green
Bradford
Postcode BD7 2LP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Briggs			
2	Shazad Khan			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <i>(eg. trustees, constitution)</i>	CIO Foundation Registered 1 st November 2017
How the charity is constituted <i>(eg. trust, association, company)</i>	Not for Profit
Trustee selection methods <i>(eg. appointed by, elected by)</i>	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
 - the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
 - trustees' consideration of major risks and the system and procedures to manage them.
-

Section C Objectives and activities

The objects of the CIO are:

Promote, preserve and protect both the physical and mental health and wellbeing of residents of all ages living in Lidget Green in Bradford.

The promotion of equality and diversity for the public benefit by promoting activities to foster understanding between people from diverse backgrounds.

Summary of the objects of the charity set out in its governing document

Summary of the main achievements of the charity during the year

We have delivered a number of projects during the year

- A community cinema project.
- Covid awareness program
- Food for those in need project
- Football activities project
- Older peoples walking
- Older peoples art activities
- Older peoples gardening activities
- Community Vegetarian meal
- Bringing young people together with sport
- Welcome cafe. We are part of the national welcome cafe network.

The trustees have had regard to the guidelines issued by the charity commission on public benefit

Section E

Financial review

Brief statement of the charity's policy on reserves

Reinvest into providing additional services from reserves

Details of any funds materially in deficit

Further financial review details (Optional information)

You may choose to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	
Full name(s)	Paul Briggs
Position (eg Secretary, Chair, etc)	Trustee
Date	27 th October 2021

Lidget Green Healthy Living Centre
Income & Expenditure for the period
1st January 2020 to 31st December 2020

Income		
Grants		£13,442
Fundraising & other income		£10,945
Rents & bookings		£7,365
		£31,752
Expenditure		
Salaries & pension		£17,979
Project costs		£16,484
Volunteer costs		£1,432
Advertising / printing / marketing		£874
Staff training & welfare		£680
Gas / electric / phone / water		£2,380
Repairs / maintenance		£1,250
volunteer expenses		£1,360
Subscriptions		£16
Professional fees		£400
Net Income/(Expenditure)		-£11,103

Lidget Green Healthy Living Centre
Balance sheet at 31st December 2020

Fixed Assets		
Tangible assets		£6,550
Current assets		
Debtors	£620	
Cash at bank and in hand	£5,606	£6,226
Current Liabilities		
Creditors	-£620	
Net current assets		£5,606
Net Assets		£12,156