

## Trustees' Annual Report for the period

| From | Period start date |         |      | To | Period end date |          |      |
|------|-------------------|---------|------|----|-----------------|----------|------|
|      | 1                 | January | 2024 |    | 31              | December | 2024 |

### Section A Reference and administration details

|                                    |  |
|------------------------------------|--|
| Charity Name                       | Trauma Treatment International   |
| Other names charity is known by    | TTI  |
| Registered charity number (if any) | 1175429  |
| Charity's principal address        | International House,<br>109-111 Fulham Palace Road<br>London, W6 8JA, United Kingdom |

### Names of the Trustees Who Run the Charity

| Trustee Name         | Office (if any)     | Dates acted if not whole year | Name of body / person entitled to appoint |
|----------------------|---------------------|-------------------------------|---|
| Andrea Thompson      | Chair               |                               |   |
| Rob Lewis            |                     |                               |   |
| Jenn Keser           |                     | Resigned Oct 24               |   |
| Annis Cohen          | Clinical oversight  |                               |   |
| Abdulkhadir Mohammed |                     |                               |   |
| Teresa Au            | Financial oversight | Appointed March 24            | Board                                     |
| Alan Arul            |                     | Appointed March 24            | Board                                     |

### Name of Chief Executive Officer or Senior Staff Members (optional)

Quen Geuter, CEO

## Section B Structure, Governance and Management

### Description of the charity's trusts

|                                 |                                      |
|---------------------------------|--------------------------------------|
| Type of Governing Document      | Constitution                         |
| How is the charity constituted? | Charitable Incorporated Organisation |
| Trustee appointment methods     | Appointed by trustee board           |

### Organisation Structure

TTI is governed by the Board of Trustees, which meets quarterly. Operational management is delegated to the Chief Executive Officer (CEO). Day-to-day management is led by the CEO along with the Clinical Lead and the Projects and Partnerships Lead.

### Decision Making

The Board of Trustees is responsible for ultimate decision-making on all matters of strategy, financial risk, and policy. Financial commitments above £3,000 require full Board approval. Operational matters, including staff management and expenditure up to the pre-agreed delegated limits within the annual budget, are delegated to the CEO.

### Setting pay levels

The remuneration for key management personnel is set by the Board of Trustees at the point of recruitment. The Trustees review this salary level as required but at least every two years using external salary comparison data to ensure it is fair and appropriate for the responsibilities undertaken.

### Review of Principal Risks and Uncertainties

The Trustees have a duty to identify and review the major risks to which the charity is exposed and to establish systems to manage those risks. A full risk register review is conducted annually as part of the Trustees' meeting cycle and risks and mitigation measures are discussed at every board meeting.

The Trustees acknowledge that the risks faced by the charity vary depending on the nature and scale of its activities. The key risks and uncertainties identified for the current year, and the controls established to mitigate them, are outlined below:

| Risk Category                     | Principal Risk Identified   | Mitigation / Control Measures  |
|-----------------------------------|---|--|
| <b>Financial</b>                  | <b>Dependence on a few major funding sources.</b> The loss of a key grant or fundraising stream would significantly impact our ability to deliver services. | We actively seek to diversify our income streams through small grants, individual donations, and event fundraising. We maintain a prudent level of free reserves (as detailed in the Reserves Policy) to cover three months of core running costs. |
| <b>Operational</b>                | <b>Reliance on a small team.</b> The sudden absence of a key person could disrupt our day-to-day operations and service delivery.                           | Key tasks are documented and delegated where possible to ensure continuity.  |
| <b>Compliance/<br/>Governance</b> | <b>Failure to comply with new regulations</b> (e.g., safeguarding or data protection/GDPR), leading to penalties or reputational damage.                    | Trustees receive regular updates on relevant charity and sector law. We maintain clear written policies on safeguarding and data protection, which are reviewed and signed off annually.   |
| <b>Reputational</b>               | <b>Negative publicity or loss of public trust</b> due to an incident or complaint.  | We operate a clear and transparent complaints policy. All activities are conducted in line with our charitable objects and core values.  |

The Trustees confirm that a formal assessment of the major risks has been undertaken and that appropriate systems and procedures are in place to manage them effectively.

## Section C Objectives and Activities

### TTI Charitable Objects as set out in the Governing Documents

**TTI's vision:** Everybody suffering from the trauma of collective violence receives the support and treatment they need to recover.

**TTI's purpose:** To heal the trauma of people affected by torture, trafficking & slavery, persecution and war, wherever they are in the world.

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress.

The following definitions apply in relation to these objects and powers:

“torture” as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

“human trafficking” as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

## Who We Help

TTI provides direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to collective violence. The term *collective violence* refers to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery, persecution and war.

We also assist organisations that provide the above populations with social, psychological, medical and/or legal services and with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders. In particular, we support organisation partners to become trauma-informed, to embed trauma-informed practice and to mitigate against the impact of exposure to traumatic material within staff teams.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

## TTI's Impact and Social Benefit

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, psychological suffering can impact subsequent generations.

We are also aware of the impact of trauma exposure on organisations and teams working to support those affected by collective violence or to promote human rights. Supporting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work to manage and mitigate trauma is a key aim of our organisation.

TTI works to achieve four key outcomes:

1. People affected by collective violence receive the evidence-based trauma support or treatment they need, without undue delay.
2. Everyone exposed to collective violence through their work is protected from traumatic stress.
3. Society understands that victims of collective violence suffer psychological trauma and responds appropriately.
4. Clinical expertise in trauma treatment is developed within communities affected by

trauma, to upskill psychologists, mental health practitioners and to build local capacity.

We deliver the following services and activities, in collaboration with our partners and communities in which we work:

1. Trauma Treatment: 1:1 psychological trauma treatment to victims of collective violence
2. Trauma Education: Education and research on trauma, disseminated within communities
3. Advocacy: Collaborations with our partners to advocate for trauma-informed decision-making within the communities that we support
4. Trauma mitigation:: Trauma-informed training and trauma management and mitigation services to organisations working with victims of collective violence and human rights abuses and Individual consultations and group reflective practice to teams exposed to traumatic material to reduce secondary trauma and improve mental health.
5. Up-Skilling: Capacity building in communities to support local treatment services

### Our Values

• Collaboration   • Compassion   • Diversity   • Empathy   • Evidence-led

## Section D Statement on Our Commitment to Public Benefit

### Trauma Treatment International: Our Commitment to Public Benefit

As trustees of Trauma Treatment International (TTI), we are fully committed to ensuring that all our activities and decisions are for the public benefit, in accordance with the Charities Act 2011 and the guidance issued by the Charity Commission for England and Wales. Our core purpose, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma, is inherently focused on delivering significant public benefit.

**Awareness of Charity Commission Guidance:** The Board of Trustees regularly reviews and familiarises itself with the Charity Commission's guidance on public benefit, including the key principles of charitable purpose, public access, and any relevant updates. This ensures that our strategic planning, operational delivery, and governance always align with the highest standards of charitable practice.

**Consideration of the Guidance in Decision-Making:** In all our deliberations and decisions, from the allocation of resources to the development of new programmes and partnerships, we actively consider how our actions contribute to our public benefit objective. Specifically, we ensure that:

- **Our beneficiaries are clearly defined and in need:** TTI focuses on providing evidence-based psychological treatment and support to victims of collective violence, including those affected by torture, human trafficking, slavery, persecution, and war. We prioritise those with complex trauma, those who live in places where mental health services are limited and who have restricted access to evidence-based specialist care.
- **The benefits we provide are demonstrable and significant:** We aim to reduce psychological distress, improve mental health and increase the overall quality of life for survivors of trauma. Our work also extends to mitigating vicarious trauma in organisations and individuals working with affected populations, thereby strengthening the support infrastructure for these vulnerable groups.
- **Any private benefits are incidental and necessary:** Where any private benefit may arise (e.g., professional development for our staff or partners), it is always incidental to and necessary for the achievement of our charitable objects, enabling us to deliver higher quality and more sustainable services.
- **Any potential detriment is outweighed by the benefit:** We continuously assess any potential negative impacts of our work and implement robust safeguarding and ethical frameworks to minimise risks, ensuring that the overall public benefit always prevails.

**Justification for Departures from Guidance, when Applicable:** While we strive to align fully with the Charity Commission's guidance, we recognise that specific operational circumstances may sometimes necessitate approaches that differ from standard interpretations. Should such departures occur, the trustees are prepared to clearly articulate and justify the reasoning behind these decisions, demonstrating how they nonetheless serve the overriding public benefit and remain within our charitable objects. For example, our work in complex international environments may require tailored approaches to delivery, which are rigorously reviewed to ensure they meet the needs of beneficiaries while upholding our charitable principles.

**Public Benefit Reporting:** We believe in transparency and accountability. Our annual Trustees' Report includes a clear and comprehensive statement on how TTI has delivered public benefit throughout the year. This report details our activities, their impact on beneficiaries, and how we have upheld our public benefit obligations, providing a crucial mechanism for demonstrating our commitment to our donors, partners, and the public.

By adhering to these principles, Trauma Treatment International remains dedicated to its mission of alleviating the profound suffering caused by trauma and fostering healing and resilience for individuals and communities worldwide.

## Section E Achievements and Impact

### Summary Of The Main Achievements Of The Charity During The Year

The key achievements and projects delivered by TTI in 2024 are summarised below under each of our strategic outcomes: Treatment, Education, Advocacy, Mitigation and Up-Skilling.



## IMPACT REPORT 2024

**TRAUMA TREATMENT INTERNATIONAL IS BUILDING A WORLD FREE OF THE PSYCHOLOGICAL IMPACT OF COLLECTIVE VIOLENCE, WHICH INCLUDES TORTURE, TRAFFICKING, SLAVERY AND WAR. WE DO THIS THROUGH:**

### TREATMENT

We improve access to evidence-based trauma treatment for victims of collective violence, wherever they may be in the world.

### EDUCATION

We increase knowledge of trauma and support people to safely voice their lived experiences. This helps them to access justice.

### ADVOCACY

We build partnerships and networks to advocate for evidence-based trauma treatment and trauma-informed systemic change.

### MITIGATION

We support partner organisations to manage the risk of trauma, promote staff wellbeing and deliver trauma-informed services.

### UP-SKILLING

We enhance the skills of mental health practitioners to treat trauma and support capacity building with communities globally.

### WHAT WE ACHIEVED IN 2024...



**11,600**

beneficiaries from partner organisations



**524**

people trained to be trauma-informed



**103**

received therapy in our Trauma Clinic



**40**

organisations supported in partnership



**36**

practitioners trained and supervised



We provided **journalists** with psychosocial support



We supported organisations affected by the **UK riots**



We helped groups share stories and **influence governments**



"The biggest benefit has been growing **strength and solidarity** in our team through shared struggles. [Our TTI therapist] really helps us move forward."

Thanks to our donors **AB Charitable Trust, Blue Thread, Boots Charitable Trust, CFC Insurance, City Bridge Trust, Karl-Johan Persson, MSN Family Trust and The National Lottery**, along with our wonderful individual supporters.

## 1. Trauma Treatment

Throughout the year we have worked with partners to improve access to evidence-based trauma treatment for victims of collective violence, wherever they may be in the world. We have delivered the following treatment projects:

- **TTI treatment service and Online Trauma Clinic**

In 2024, we provided trauma treatment to 103 people affected by collective violence through our trauma treatment service and Online Trauma Clinic, specialising in supporting victims of torture, hostages and those who have experienced horrific and violent events to receive treatment.

Our clinical offering was given a boost by the appointment of our first Clinical Lead. What's more, thanks to funding from AB Charitable Trust, The Blue Thread and Karl-Johan Persson, we can increase our operational clinical capacity even further next year with a new Head of Treatment Services, Clinical Psychologist and an Assistant Psychologist being recruited for 2025. As well as expanding our activity in 2025, these new roles will enable us to build new partnerships and apply for more funding to increase our reach.



- **All Rise: Trauma Treatment for Afghan Women Judges, Lawyers and Human Rights Defenders**

In 2024 our All Rise project came to an end. Through the All Rise project, we provided 180 free therapy sessions to 16 Afghan women lawyers, judges and human rights defenders who were forced to flee the Taliban in 2021. These sessions were held online, and many with translators. Women joined the sessions from the US and the UK as well as other countries as they were gradually settled into new countries over the course of the project period.

The work was made possible through two Crowdfunder campaigns held in 2021 and 2022 in collaboration with the International Bar Association Human Rights Institution and Methoria. Thanks to our project partners and many individual donors, BA Foundation and our supporters, we raised a total of £71,875 to deliver this project.

The All Rise project also provided training for 56 organisations, and needs analysis and research with 200 local authorities responsible for housing and support for Afghan families arriving in the UK. TTI produced a paper for the MOD and DLHC to inform a national trauma and resettlement strategy.

**“Thank you for the update and for holding another webinar- Your events have been very popular! To which my exploding inbox with enquiries can confirm”- Department for Levelling Up, Housing and Communities Social Housing and Resettlement Directorate**

## **2. Trauma Education**

During the year we ran a number of projects and campaigns to build knowledge of trauma and support people to safely voice their lived experiences. These projects included:

- **Trauma Training: building knowledge and skills in trauma-exposed organisations**

In 2024, we held 31 training sessions, coaching 524 people to become trauma-informed.

As part of our commitment to education around trauma, we formalised our suite of training sessions in 2024. These help organisations take themselves from trauma-indifferent to trauma-transformative (see below). Our sessions include subjects such as managing exposure to traumatic material, helping beneficiaries in high states of distress and working psychologically safely with victims of torture.

In 2024 we finalised our training offer, including the following core training modules:

| TRAINING NAME                                  | DESCRIPTION  | DURATION |
|--|--|----------|
| What is trauma?/A trauma-informed organisation | What is trauma and what is meant by an organisation being trauma-informed?                                   | Half day |
| Stress, burnout and compassion fatigue         | How to mitigate, identify and effectively respond to signs of burnout and compassion fatigue                 | Half day |
| Vicarious trauma, PTSD and complex PTSD        | What is vicarious trauma, post traumatic stress disorder and complex post traumatic stress disorder?         | Full day |
| Do good or do no harm                          | How frontline staff can provide compassionate and safe support for trauma survivors                          | Full day |
| Managers support to staff                      | How managers can effectively support frontline staff in trauma exposed organisations. Training and workshop. | Full day |

\*Please note that while we can accommodate more participants than suggested in the guidelines, additional trainers may be needed.

### Feedback From Training Attendees:

"I found the tips to reduce burnout in the workplace very useful as I haven't considered some of the things mentioned but appreciated how this would help with traumatic stress and burnout." training attendee, Refugees At Home

"Really enjoyed - 90 mins flew by!"- training attendee

"Really helpful. Gave lots of new helpful knowledge to areas where thought knew a bit so may not have consciously sought out more information."- training attendee

88% respondents said they would use the learning and it will make a difference in their work (Redress training, 2024)

Key takeaway: "The idea of having a mini wins file, because one of the main frustrations I have is how little we actually "save the world" in all the work we dedicate our lives for"- training attendee, Redress

"Delivered by a very wonderful team. Warm, welcoming, engaging - would definitely look forward to other trainings ran by same team!"- Training attendee, Lewisham Council

- **Trauma Education: building trauma awareness across society**

Our online campaigns, social media activity and newsletters promote knowledge of trauma and trauma-informed practice. In 2024 we had

- 300 newsletter recipients
- 1480 social media followers
- 14,000 visits to our website

Our crowdfunding campaigns were aimed at raising awareness and funds to support our work providing trauma treatment for victims of collective violence and engaged xx individual

supporters over the year.

### **3. Advocacy**

This year has been an important one for us as we have built partnerships and networks to advocate for evidence-based trauma treatment and trauma-informed systemic change.

- **Trauma-Informed Hosting Coalition**

The TTI-led Trauma-Informed Hosting Coalition continued its vital work in 2024, in partnership with

- Barnardo's,
- Citizens UK,
- Hope at Home,
- Housing Justice Cymru,
- Refugee Council,
- Refugees at Home and
- Reset.

As part of research around the mental health needs of refugees from Afghanistan and Ukraine, the coalition spoke to over 200 local authorities, UK-wide strategic migration partnerships, and more than 40 community organisations.

- **Supporting Voices of Lived Experience**

TTI was invited to run a workshop with Samphire Post Detention Conference workshop, for those who had been held in unlawful detention. The workshop was titled My Voice: Owning my Story. 87% of respondents rated the workshop as good or excellent. *“Very interactive and user led. Setting boundaries. Explaining everything to create a safe space.”*- feedback from a workshop participant.

We also worked on trauma-informed research support with researchers with lived experience with Women for Refugee Women.

*“I’ve got an opportunity to understand the different types of trauma and also be able to recognise symptoms of trauma. I now know how to be aware and how to respond to my stressful situations.”*- feedback from participant of lived-experience workshop

## 4. Trauma Mitigation

We supported 40 trauma-exposed organisations to manage the risk of trauma, promote staff wellbeing and promote trauma-informed delivery.

- **Trauma-Informed Organisation Reviews**

Our partner organisations support individuals or communities that have been affected by collective violence. As a result, staff are at risk of developing secondary trauma through their work. They may also be exposed to traumatic material, or violence and abuse because of their work. We work with these organisations to mitigate their staff's risk of this trauma exposure.

In 2024, we worked with 40 partner organisations and provided 46 reflective practice sessions, 31 training sessions and two organisational reviews. In total, this work reached 11,600 beneficiaries with trauma-informed support and services.

- **Supporting Trauma-Informed Communities in London**

Thanks to a City Bridge Foundation grant, in 2024 TTI conducted organisational assessments and provided a range of training, group and 121 support to four project partners, supporting women who have fled persecution, gender-based violence and trafficking; documenting evidence of torture, health issues and medical mistreatment in immigration; working to expose far right extremism, often under threat and supporting women who have survived trafficking and sexual exploitation.

- **Tackling the Far-Right**

Following the far-right riots across the UK in the summer, we delivered critical incident support sessions to our partner organisations as well as psychoeducation sessions. We have also worked with organisations working against the far right, to support staff to embed self-care and manage distress, stress and burnout in the face of threats and abuse, so that they can continue their vital work.

- **Delivering Psycho-social support in Lebanon**

Further afield, we facilitated psychosocial support sessions for a partner organisation in Lebanon to help them maintain their psychological health in a situation of extremely high stress and live conflict.

- **Funder- Plus programmes: building resilience into the charity sector**

TTI delivered a workshop for charity CEOs on managing and mitigating burnout and stress, in partnership with The Fore.

*"It was a perfect introduction and covered a lot of what I'm looking for in improving our charity practices"- participant feedback.*

100% of respondents rated the session as good or excellent. What did you find most useful in

the workshop? *“PTSD/CPTSD as this is something that has affected me personally, as well as the women I support through the charity” - workshop attendee.*

TTI has also been working with Refugee Women Connect to complete an organisation review and work with the leadership team, trustees and staff to embed trauma-informed systems and practice across the organisation. This work is being funded by Esmee Fairbairn Foundation as part of their Funder Plus grantee support scheme.

- **TTI Resource Hub-** [www.tt-intl.org/resource-hub](http://www.tt-intl.org/resource-hub)

TTI continues to develop resources and information for organisations and individuals seeking to learn more about trauma, vicarious trauma, moral burnout and compassion fatigue. Our Resource Hub includes toolkits on how to assess organisational risk, individual burnout and stress toolkits and work has been ongoing with funding from Boots Foundation to develop a range of mixed-media resources focused on building and enhancing community resilience.

## **5. Up-Skilling Mental Health Practitioners**

We enhance the skills of mental health practitioners to treat trauma and support capacity building of communities globally

- **Mercy Outreach Myanmar: Capacity Building**

TTI trained 14 counsellors from Myanmar's Mercy Outreach in Narrative Exposure Therapy (NET). This intensive coaching, which included six follow-up sessions online, equipped therapists to treat survivors of slavery who may have experienced sexual exploitation, combat and forced marriage.

The counsellors said they found NET effective thanks to its clear outcomes and speedy transformation in reducing trauma symptoms, even helping them cope with their own experiences of political unrest.

This initiative led to counsellors enhancing their skills, allowing an increased number of people to be referred to them for treatment.

- **Afghans for Progressive Thinking: Capacity Building Project**

Afghans for Progressive Thinking sought the expertise of TTI to support women psychologically affected by the country's ban on university education. Eight women from the organisation were coached in six online sessions on coping mechanisms, stress management, and building resilience. These women are now providing mental health support to 40 young women across four Afghan provinces, helping them navigate emotional distress and regain a sense of hope and purpose.

*“TTI’s sessions prepared our young women trainers to be equipped with essential trauma-healing skills which enabled them to help those girls experiencing trauma and mental health issues in four provinces of Afghanistan.”- Feedback from Afghans for Progressive Thinking counsellor.*

## **Donor-Funded Projects**

Over 2024 TTI delivered projects funded by our generous donors. These were:

City Bridge Foundation: to roll out embedded trauma support to 12 organisations across London over the next 3 years.

Post-Riots Crisis Support funded by AB Charitable Trust: supporting organisations affected by the violence and hate of the far right in the summer of 2024.

Boots Community Foundation: development of community resources published on our Resource Hub

National Lottery Community Fund: creating a community of practice engaging staff and people affected by torture to co-develop training and resources for the wider sector.

Matrix Chambers Causes Fund: grant funding for internal capacity building, resources and up-skilling of clinical associates: A £9,000 grant from barristers’ chambers Matrix significantly boosted TTI’s trauma treatment capacity. The three-year funding, from 2022 to 2024, supported the training and development of clinical psychologist associates, creating comprehensive modules and an Associate Handbook for consistent, high-quality care.

Trauma Clinic funding from MSN Fund: Our three-year online Trauma Clinic project, which launched thanks to a grant from the MSN Fund, has been adopted into our mainstream services due to its success. Since its inception in 2022, we have delivered over 250 sessions to 118 victims of severe traumas like torture and hostage situations across various countries. The project also improved referral partners’ trauma-informed practices and helped victims navigate the justice system.

Crowdfunding appeals: Big Give’s Kind to Mind campaign was a crowdfunding appeal that raised money for 1:1 trauma treatment for victims of torture. The TEAM-UP crowdfunder contributed to the costs of running our core services and the Christmas Big Give appeal raised funds towards our trauma treatment service. With pledges from CFC Insurance and MSN Fund, donations from our supporters and match funding from the Big Give, we raised a total of £16,696 over the year from our crowdfunding appeals.

## Feedback From Our Beneficiaries:

*I know that the members of staff who gained 1:1 support have benefited greatly from it, which has prevented burnout and time off for health reasons.*

*TTI's sessions prepared our young women trainers to be equipped with essential trauma healing skills which enabled them to help those girls experiencing trauma and mental health issues in 4 provinces of Afghanistan.*

*They [beneficiaries] are mentally stronger which has helped improve their physical health and overall well-being. They are better able to engage with their lives, studies, work, friends and families.*

*The team have had more detailed trauma informed training and are feeling more comfortable which helps the clients.*

*Bravo TTI! You are amazing.*

*Coalition: We've welcomed the collective solidarity and even just the chance to be with others in a similar situation has been beneficial to us.*

*TT-I has been fantastic, the support they give to the team has made a real difference to the overall wellbeing*

*TTI is a much needed organisation - the work you do is integral.*

## Where Does TTI Provide Services?

In total TTI worked with 40 organisations. 34 are based in the UK and six are based internationally.

**UK:** In 2024 TTI delivered services to 34 UK based organisations. This includes working in partnership with UK- based organisations that support victims of organised violence, some of which are internationally focused and some of which work solely in the UK. These organisations reflected the needs of victims of trafficking, slavery, refugee and migrant communities, human rights defenders, journalists and war crimes investigators, hostage and torture victims. Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

**International:** In 2024 we provided support and services to six organisations registered internationally. These included work online with partners in Myanmar, Afghanistan, Lebanon, USA, Denmark and Netherlands.

In addition to the organisations we worked with internationally, we provided trauma treatment to individuals living in Afghanistan, DRC, Germany, Italy, Iran, Iraq, Ireland, Kenya, Lebanon, Myanmar, Nigeria, Sweden, Tanzania, Turkey, UAE and UK.



## SECTION F FINANCIAL REVIEW

|  |   |
|--|---|
| <b>Brief statement of the charity's policy on reserves</b>     | <p><b>Reserves Policy:</b></p> <p>To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given that going into 2025, there will be seven employees but no substantial office costs, the trustees have determined that they require funds to pay annual charges and three months running costs in 2025.</p> <p>As the charity grows and develops, e.g appointing staff and delivering larger international projects, the level of reserves will be reviewed annually and revised accordingly taking into account any additional liabilities.</p> |
| <b>Details of any funds materially in deficit</b>              | Not applicable  |
| <b>Further financial review details (Optional information)</b> | <p>The charity's principal sources of income continued to be a mixture of earned income, individual donations and restricted and unrestricted grants, with some income carried forward from the previous year.</p> <p>In 2024 we are so grateful to have received funds from the following donors: Karl Johan Persson, Matrix Chambers; MSN Fund, Boots Foundation, AB Charitable Trust, the Fore, National Lottery, Blue Thread and CFC Insurance.</p> <p>We wish to thank all the generous individuals and companies who supported our crowdfunding campaigns and monthly giving.</p>                                   |

## SECTION G DECLARATION

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature:**

**Full Name: Andrea Thompson**

**Position: Chair**

**Date:**

## **Independent Examiner's Report to the Trustees of Trauma Treatment International - Report for the year ended 31 December 2024**

I report to the trustees on my examination of the accounts of Trauma Treatment International ('the CIO') for the year ended 31 December 2024.

### **Responsibilities and basis of report**

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. This was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act 2011 have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Evans  
FD Works  
Unit 14, Greenway Farm, Bath Rd, Wick, Bristol, BS30 5RL

06/10/2025

|   |                   |            |                 |                 |  |
|---|-------------------|------------|-----------------|-----------------|--|
| Charity Name<br><b>Trauma Treatment International</b> |                   | Charity No | <b>1175429</b>  |                 |  |
| Annual accounts for the period                        |                   |            |                 |                 |  |
| Period start date                                     | <b>01/01/2024</b> | To         | Period end date | <b>31/12/24</b> |  |

## Section A Statement of financial activities (including summary income and expenditure account)

| Recommended categories by activity | Guidance Note | Unrestricted funds | Restricted income funds | Total funds | Prior year funds |
|------------------------------------|---------------|--------------------|-------------------------|-------------|------------------|
|                                    |               | £<br>F01           | £<br>F02                | £<br>F04    | £<br>F05         |
| <b>Income (Note 3)</b>             |               |                    |                         |             |                  |
| Income and endowments from:        |               |                    |                         |             |                  |
| Donations and legacies             | S01           | 194,707            | 30,089                  | 224,795     | 117,973          |
| Charitable activities              | S02           | 63,372             | -                       | 63,372      | 48,315           |
| <b>Total</b>                       | S07           | 258,079            | 30,089                  | 288,167     | 166,288          |
| <b>Expenditure (Notes 6)</b>       |               |                    |                         |             |                  |
| Expenditure on:                    |               |                    |                         |             |                  |
| Raising funds                      | S08           | 32,469             | 18,369                  | 50,838      | 38,498           |
| Charitable activities              | S09           | 125,713            | 74,125                  | 199,838     | 111,897          |
| Other                              | S11           | 38,950             | 8,424                   | 47,374      | 59,869           |
| <b>Total</b>                       | S12           | 197,132            | 100,918                 | 298,050     | 210,264          |
| <b>Net income/(expenditure)</b>    | S17           | 60,947             | - 70,829                | - 9,883     | - 43,976         |
| <b>Transfers between funds</b>     | S19           | -                  | -                       | -           | -                |
| <b>Net movement in funds</b>       | S22           | 60,947             | - 70,829                | - 9,883     | - 43,976         |
|                                    |               |                    |                         |             |                  |
| <b>Reconciliation of funds:</b>    |               |                    |                         |             |                  |
| Total funds brought forward        | S23           | 62,944             | 70,829                  | 133,773     | 177,749          |
| <b>Total funds carried forward</b> | S24           | 123,891            | - 0                     | 123,890     | 133,773          |

|   |                              |
|---|------------------------------|
| Charity Name<br><b>Trauma Treatment International</b> | Charity No<br><b>1175429</b> |
|---|------------------------------|

## Section B Balance sheet

|  | Guidance Note | Unrestricted funds<br>£<br>F01 | Restricted income funds<br>£<br>F02 | Total this year<br>£<br>F04 | Total last year<br>£<br>F05 |
|--|---------------|--------------------------------|-------------------------------------|-----------------------------|-----------------------------|
| <b>Current assets</b>                                    |               |                                |                                     |                             |                             |
| Debtors (Note 19)  | B07           | 14,183                         | -                                   | 14,183                      | 470                         |
| Cash at bank and in hand (Note 24)                       | B09           | 148,712                        | -                                   | 148,712                     | 133,773                     |
| <b>Total current assets</b>                              | B10           | 162,895                        | -                                   | 162,895                     | 134,243                     |
| Creditors: amounts falling due within one year (Note 20) | B11           | 53,102                         | -                                   | 53,102                      | 12,058                      |
| <b>Net current assets/(liabilities)</b>                  | B12           | 109,793                        | -                                   | 109,793                     | 122,185                     |
| <b>Total assets less current liabilities</b>             | B13           | 109,793                        | -                                   | 109,793                     | 122,185                     |
| Creditors: amounts falling due after one year (Note 20)  | B14           | -                              | -                                   | -                           | -                           |
| Provisions for liabilities                               | B15           | -                              | -                                   | -                           | -                           |
| <b>Total net assets or liabilities</b>                   | B16           | 109,793                        | -                                   | 109,793                     | 122,185                     |
| <b>Funds of the Charity</b>                              |               |                                |                                     |                             |                             |
| Restricted income funds (Note 27)                        | B18           | -                              | 0                                   | 0                           | 70,829                      |
| Unrestricted funds                                       | B19           | 123,891                        | -                                   | 123,891                     | 62,944                      |
| <b>Total funds</b>                                       | B22           | 123,891                        | 0                                   | 123,890                     | 133,773                     |

*The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.*

*The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.*

*The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.*

*These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.*

Signed by one or two trustees/directors on behalf of all the trustees/directors

| Print Name | Date of approval<br>dd/mm/yyyy |
|------------|--------------------------------|
|            |                                |
|            |                                |

Signature of director authenticating accounts being sent to Companies House

| Signature | Date<br>dd/mm/yyyy |
|-----------|--------------------|
|           |                    |
|           | Print name         |

## Note 1 Basis of preparation

*This section should be completed by all charities.*

**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- |             |   |   |
|-------------|---|---|
| • and with* | ✓ | the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 |
| • and with* | ✓ | the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)   |
- and with the Charities Act 2011.

## Note 2

## Accounting policies

## 2.2 INCOME

## Recognition of income

These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources;
- the monetary value can be measured with sufficient reliability.

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Legacies

Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

## Government grants

The charity has received government grants in the reporting period

| Yes*                     | No*                                 | N/a*                     |
|--------------------------|-------------------------------------|--------------------------|
| <input type="checkbox"/> | <input checked="" type="checkbox"/> | <input type="checkbox"/> |

## Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Contractual income and performance related grants

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

## Donated goods

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

## Donated services and facilities

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

| Yes*                     | No*                      | N/a*                                |
|--------------------------|--------------------------|-------------------------------------|
| <input type="checkbox"/> | <input type="checkbox"/> | <input checked="" type="checkbox"/> |

## Support costs

The charity has incurred expenditure on support costs.

| Yes*                                | No*                      | N/a*                     |
|-------------------------------------|--------------------------|--------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

|  |  |      |     |      |
|--|--|------|-----|------|
| <b>Volunteer help</b>                                | The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.  | Yes* | No* | N/a* |
|  |  |      |     | ✓    |
| <b>Income from interest, royalties and dividends</b> | This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.  | Yes* | No* | N/a* |
|  |  |      |     | ✓    |
| <b>Income from membership subscriptions</b>          | Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.  | Yes* | No* | N/a* |
|  |  |      |     | ✓    |
|  | Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities. | Yes* | No* | N/a* |
|  |  |      |     | ✓    |
| <b>Settlement of insurance claims</b>                | Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.                  | Yes* | No* | N/a* |
|  |  |      |     | ✓    |
| <b>Investment gains and losses</b>                   | This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.                    | Yes* | No* | N/a* |
|  |  |      |     | ✓    |

## 2.3 EXPENDITURE AND LIABILITIES

|  |  |      |     |      |
|--|--|------|-----|------|
| <b>Liability recognition</b>                         | Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.                                   | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Governance and support costs</b>                  | Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.   | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
|  | Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage. | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Grants with performance conditions</b>            | Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.                  | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Grants payable without performance conditions</b> | Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.   | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Redundancy cost</b>                               | The charity made no redundancy payments during the reporting period.   | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Deferred income</b>                               | No material item of deferred income has been included in the accounts.   | Yes* | No* | N/a* |
|  |  |      | ✓   |      |
| <b>Creditors</b>                                     | The charity has creditors which are measured at settlement amounts less any trade discounts  | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Provisions for liabilities</b>                    | A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date  | Yes* | No* | N/a* |
|  |  | ✓    |     |      |
| <b>Basic financial instruments</b>                   | The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.  | Yes* | No* | N/a* |
|  |  |      |     | ✓    |

## 2.4 ASSETS

|   |   |      |     |      |
|---|---|------|-----|------|
| <b>Tangible fixed assets for use by charity</b> | These are capitalised if they can be used for more than one year, and cost at least   | £250 |     |      |
|   | They are valued at cost.  | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | The depreciation rates and methods used are disclosed in note 14.   |      |     |      |
| <b>Intangible fixed assets</b>                  | The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.   | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | They are valued at cost.  | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
| <b>Heritage assets</b>                          | The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16. | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | They are valued at cost.  | Yes* | No* | N/a* |
|   |   |      |     | ✓    |



|   |   |      |     |      |
|---|---|------|-----|------|
| <b>Investments</b>  | Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment. | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments   | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
| <b>Stocks and work in progress</b>                                  | Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.   | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.   | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
|   | Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.   | Yes* | No* | N/a* |
|   |   |      |     | ✓    |
| <b>Debtors</b>  | Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.  | Yes* | No* | N/a* |
|   |   | ✓    |     |      |
| <b>Current asset investments</b>                                    | The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.    | Yes* | No* | N/a* |
|   |   | ✓    |     |      |
|   | They are valued at fair value except where they qualify as basic financial instruments.   | Yes* | No* | N/a* |
|   |   | ✓    |     |      |
| <b>POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE</b> | <div style="border: 1px solid black; height: 150px; width: 100%;"></div>  |      |     |      |

## Note 3

## Income

| Analysis of income               |  | Unrestricted funds | Restricted income funds | Total funds<br>£ | Prior year<br>£ |
|----------------------------------|--|--------------------|-------------------------|------------------|-----------------|
| Donations and legacies:          | Donations and gifts  | 5,184              | 12,348                  | 17,532           | 2,502           |
|                                  | Gift Aid   | 523                | -                       | 523              | -               |
|                                  | Legacies   | -                  | -                       | -                | -               |
|                                  | General grants provided by government/other charities                      | 189,000            | 17,741                  | 206,741          | 115,471         |
|                                  | Membership subscriptions and sponsorships which are in substance donations | -                  | -                       | -                | -               |
|                                  | Donated goods, facilities and services                                     | -                  | -                       | -                | -               |
|                                  | Other  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>194,707</b>     | <b>30,089</b>           | <b>224,795</b>   | <b>117,973</b>  |
| Charitable activities:           | Invoiced Services  | 63,372             | -                       | 63,372           | 48,315          |
|                                  |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
|                                  | Other  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>63,372</b>      | <b>-</b>                | <b>63,372</b>    | <b>48,315</b>   |
| Other trading activities:        |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
|                                  | Other  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>-</b>           | <b>-</b>                | <b>-</b>         | <b>-</b>        |
| Income from investments:         | Interest income  | -                  | -                       | -                | -               |
|                                  | Dividend income  | -                  | -                       | -                | -               |
|                                  | Rental and leasing income  | -                  | -                       | -                | -               |
|                                  | Other  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>-</b>           | <b>-</b>                | <b>-</b>         | <b>-</b>        |
| Separate material item of income |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
|                                  |  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>-</b>           | <b>-</b>                | <b>-</b>         | <b>-</b>        |
| Other:                           | Conversion of endowment funds into income                                  | -                  | -                       | -                | -               |
|                                  | Gain on disposal of a tangible fixed asset held for charity's own use      | -                  | -                       | -                | -               |
|                                  | Gain on disposal of a programme related investment                         | -                  | -                       | -                | -               |
|                                  | Royalties from the exploitation of intellectual property rights            | -                  | -                       | -                | -               |
|                                  | Other  | -                  | -                       | -                | -               |
| <b>Total</b>                     |  | <b>-</b>           | <b>-</b>                | <b>-</b>         | <b>-</b>        |
| <b>TOTAL INCOME</b>              |  | <b>258,079</b>     | <b>30,089</b>           | <b>288,167</b>   | <b>166,288</b>  |

## Other information:

All income in the prior year was unrestricted except for: (please provide description and amounts)

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

## Section C

## Notes to the accounts

(cont)

## Note 6

## Expenditure

| Analysis  | This year          |                         |                | Last year          |                         |                |
|---|--------------------|-------------------------|----------------|--------------------|-------------------------|----------------|
|   | Unrestricted funds | Restricted income funds | Total funds    | Unrestricted funds | Restricted income funds | Total funds    |
| <b>Expenditure on raising funds:</b>                                    |                    |                         | £              |                    |                         | £              |
| Incurred seeking donations  | 11,620             | 5,979                   | 17,599         | 11,483             | -                       | 11,483         |
| Incurred seeking legacies   | -                  | -                       | -              | -                  | -                       | -              |
| Incurred seeking grants   | 13,389             | 6,889                   | 20,278         | 19,765             | -                       | 19,765         |
| Operating membership schemes and social lotteries                       | -                  | -                       | -              | -                  | -                       | -              |
| Staging fundraising events  | -                  | -                       | -              | -                  | -                       | -              |
| Fundraising agents  | -                  | -                       | -              | -                  | -                       | -              |
| Operating charity shops   | -                  | -                       | -              | -                  | -                       | -              |
| Operating a trading company undertaking non-charitable trading activity | -                  | -                       | -              | -                  | -                       | -              |
| Advertising, marketing, direct mail and publicity                       | 7,460              | 5,501                   | 12,961         | 5,500              | 1,750                   | 7,250          |
| Start up costs incurred in generating new source of future income       | -                  | -                       | -              | -                  | -                       | -              |
| Database development costs  | -                  | -                       | -              | -                  | -                       | -              |
| Other trading activities  | -                  | -                       | -              | -                  | -                       | -              |
| Investment management costs:  | -                  | -                       | -              | -                  | -                       | -              |
| Portfolio management costs  | -                  | -                       | -              | -                  | -                       | -              |
| Cost of obtaining investment advice                                     | -                  | -                       | -              | -                  | -                       | -              |
| Investment administration costs   | -                  | -                       | -              | -                  | -                       | -              |
| Intellectual property licencing costs                                   | -                  | -                       | -              | -                  | -                       | -              |
| Rent collection, property repairs and maintenance charges               | -                  | -                       | -              | -                  | -                       | -              |
|   | -                  | -                       | -              | -                  | -                       | -              |
| <b>Total expenditure on raising funds</b>                               | <b>32,469</b>      | <b>18,369</b>           | <b>50,838</b>  | <b>36,748</b>      | <b>1,750</b>            | <b>38,498</b>  |
| <b>Expenditure on charitable activities:</b>                            |                    |                         |                |                    |                         |                |
| Invoiced Services   | 125,713            | 74,125                  | 199,838        | 92,059             | 19,838                  | 111,897        |
|   |                    |                         |                |                    |                         |                |
| <b>Total expenditure on charitable activities</b>                       | <b>125,713</b>     | <b>74,125</b>           | <b>199,838</b> | <b>92,059</b>      | <b>19,838</b>           | <b>111,897</b> |
| <b>Other</b>  |                    |                         |                |                    |                         |                |
| Overheads   | 38,950             | 8,424                   | 47,374         | 56,154             | 3,715                   | 59,869         |
|   |                    |                         |                |                    |                         |                |
| <b>Total other expenditure</b>  | <b>38,950</b>      | <b>8,424</b>            | <b>47,374</b>  | <b>56,154</b>      | <b>3,715</b>            | <b>59,869</b>  |
| <b>TOTAL EXPENDITURE</b>  | <b>197,132</b>     | <b>100,918</b>          | <b>298,050</b> | <b>184,961</b>     | <b>25,303</b>           | <b>210,264</b> |

## Other information:

## Analysis of expenditure on charitable activities

| Activity or programme | This year                      |                             |                 | Last year                      |                             |                 |
|-----------------------|--------------------------------|-----------------------------|-----------------|--------------------------------|-----------------------------|-----------------|
|                       | Activities undertaken directly | Grant funding of activities | Total this year | Activities undertaken directly | Grant funding of activities | Total last year |
|                       | £                              | £                           | £               | £                              | £                           | £               |
| Invoiced Services     | 199,838                        | -                           | 199,838         | 111,897                        | -                           | 111,897         |
|                       |                                |                             |                 |                                |                             |                 |
| <b>Total</b>          | <b>199,838</b>                 | <b>-</b>                    | <b>199,838</b>  | <b>111,897</b>                 | <b>-</b>                    | <b>111,897</b>  |

**Section C****Notes to the accounts****Note 10** Details of certain types of expenditure**Note 10.1** Fees for examination of the accounts

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

**Independent examiner's fees**

**Assurance services other than independent examination**

**Tax advisory fees**

**Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner**

| <b>This year<br/>£</b> | <b>Last year<br/>£</b> |
|------------------------|------------------------|
| 900                    | 1,100                  |
| -                      | -                      |
| -                      | -                      |
| 6,262                  | -                      |

## Note 11 Paid employees

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

## 11.1 Staff Costs

|   | This year<br>£ | Last year<br>£ |
|---|----------------|----------------|
| Salaries and wages                          | 166,871        | 97,532         |
| Social security costs                       | 16,478         | 2,485          |
| Pension costs (defined contribution scheme) | 3,156          | 218            |
| Other employee benefits                     | -              | -              |
| <b>Total staff costs</b>                    | <b>186,504</b> | <b>100,235</b> |

This year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

| Band                 | Number of employees |           |
|----------------------|---------------------|-----------|
|                      | This year           | Last year |
| £60,000 to £69,999   | -                   | -         |
| £70,000 to £79,999   | -                   | -         |
| £80,000 to £89,999   | -                   | -         |
| £90,000 to £99,999   | -                   | -         |
| £100,000 to £109,999 | -                   | -         |
|                      |                     |           |

|  | This year<br>£ | Last year<br>£ |
|--|----------------|----------------|
| Please provide the total amount paid to key management personnel | 44,250         | 42,000         |

## 11.2 Average head count in the year

The parts of the charity in which the employees work

|                       | This year<br>Number | Last year<br>Number |
|-----------------------|---------------------|---------------------|
| Fundraising           | 1                   | 1                   |
| Charitable Activities | 3                   | 2                   |
| Governance            | -                   | -                   |
| Other                 | 1                   | -                   |
| <b>Total</b>          | <b>5</b>            | <b>3</b>            |

**Note 12** Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

**12.1** Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense

| This year | Last year |
|-----------|-----------|
| £         | £         |
| 3,156     | 218       |

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

|   |   |
|---|---|
| Pension contributions for defined contribution schemes are allocated to activities and funds on the same basis as the salaries of the staff to whom the contributions relate. | Pension contributions for defined contribution schemes are allocated to activities and funds on the same basis as the salaries of the staff to whom the contributions relate. |
|---|---|

**Note 19 Debtors and prepayments**

*Please complete this note if the charity has any debtors or prepayments.*

**19.1 Analysis of debtors**

|                                | This year<br>£  | Last year<br>£ |
|--------------------------------|-----------------|----------------|
| Trade debtors                  | 11,054.6        | 469.9          |
| Prepayments and accrued income | 3,128.0         | -              |
| Other debtors                  | -               | -              |
| <b>Total</b>                   | <b>14,182.6</b> | <b>469.9</b>   |

*Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.*

**19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)**

|                                | This year<br>£ | Last year<br>£ |
|--------------------------------|----------------|----------------|
| Trade debtors                  | -              | -              |
| Prepayments and accrued income | -              | -              |
| Other debtors                  | -              | -              |
| <b>Total</b>                   | <b>-</b>       | <b>-</b>       |



## Note 20

## Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

## 20.1 Analysis of creditors

|  | Amounts falling due within one year |                | Amounts falling due after more than one year |                |
|--|-------------------------------------|----------------|--|----------------|
|  | This year<br>£                      | Last year<br>£ | This year<br>£                               | Last year<br>£ |
| Accruals for grants payable  | -                                   | -              | -  | -              |
| Bank loans and overdrafts  | -                                   | -              | -  | -              |
| Trade creditors  | 1,842                               | 8,773          | -  | -              |
| Payments received on account for contracts or performance-related grants | -                                   | -              | -  | -              |
| Accruals and deferred income   | 44,938                              | -              | -  | -              |
| Taxation and social security   | 5,194                               | 2,776          | -  | -              |
| Other creditors  | 1,128                               | 509            | -  | -              |
| <b>Total</b>   | <b>53,102</b>                       | <b>12,058</b>  | <b>-</b>                                     | <b>-</b>       |

## 20.2 Deferred income

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

| This year  | Last year |
|--|-----------|
| Restricted income has been deferred where it relates to costs that will be incurred post-year end. This income will be released in future periods as costs are incurred. | N/A       |

## Movement in deferred income account

|  | This year<br>£ | Last year<br>£ |
|--|----------------|----------------|
| Balance at the start of the reporting period     | -              | -              |
| Amounts added in current period                  | 24,263         | -              |
| Amounts released to income from previous periods | -              | -              |
| Balance at the end of the reporting period       | 24,263         | -              |

## Note 24 Cash at bank and in hand

Short term cash investments (less than 3 months maturity date)

Short term deposits

Cash at bank and on hand

Other

Total

| This year<br>£ | Last year<br>£ |
|----------------|----------------|
| -              | -              |
| -              | -              |
| 148,712        | 133,773        |
| -              | -              |
| 148,712        | 133,773        |

## Note 27

## Charity funds

## 27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

\* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

| Fund names                       | Type PE, EE R or UR * | Purpose and Restrictions   | Fund balances brought forward £ | Income £ | Expenditure £ | Fund balances carried forward £ |
|----------------------------------|-----------------------|--|---------------------------------|----------|---------------|---------------------------------|
| Unrestricted funds               | UR                    |  | 62,944                          | 257,579  | - 197,132     | 123,391                         |
| City Bridge Foundation           | R                     | Reduce inequality and grow stronger, more resilient and thriving communities across Greater London. Restricted to providing trauma-informed support, staff wellbeing and trauma treatment referral routes for organisations working with victims of collective violence in London. | 5,327                           | 26,571   | - 31,898      | -                               |
| MSN Family Trust                 | R                     | Support projects which promote empowerment of marginalised groups and communities, human rights and health and well-being. Restricted to delivery of TTI's Online Trauma Clinic to provide trauma treatment to victims of torture and collective violence.                         | 25,619                          | 500      | - 26,119      | -                               |
|                                  |                       |  | -                               | -        | -             | -                               |
|                                  |                       |  | -                               | -        | -             | -                               |
|                                  |                       |  | -                               | -        | -             | -                               |
| Other funds (balancing figure)   | N/a                   | N/a  | 39,882                          | 22,992   | - 47,984      | 14,890                          |
| Total Funds as per balance sheet |                       |  | 133,773                         | 307,642  | - 303,133     | 138,281                         |

Fund balances carried forward include assets and liabilities denominated in a foreign currency

|      |     |
|------|-----|
| Yes* | No* |
|      | ✓   |

If yes, please state the basis on which the assets and/or liabilities have been translated into sterling (or the currency in which the accounts are drawn up).

## Note 28 Transactions with trustees and related parties

*If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.*

### 28.1 Trustee remuneration and benefits

#### This year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

|      |
|------|
| TRUE |
|------|

#### Last year

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

|      |
|------|
| TRUE |
|------|

### 28.2 Trustees' expenses

*If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".*

No trustee expenses have been incurred (True or False)

|      |
|------|
| TRUE |
|------|

### 28.3 Transaction(s) with related parties

*Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.*

#### This year

There have been no related party transactions in the reporting period (True or False)

|       |
|-------|
| FALSE |
|-------|

| Name of the trustee or related party | Relationship to charity | Description of the transaction(s) | Amount | Balance at period end | Provision for bad debts at period end | Amounts written off during reporting period |
|--------------------------------------|-------------------------|-----------------------------------|--------|-----------------------|---------------------------------------|---|
|                                      |                         |                                   | £      | £                     | £                                     | £   |
| Alan Arulanantham                    | Trustee                 | Donation                          | 150    | -                     | -                                     | -   |
| Andrea Thompson                      | Trustee                 | Donation                          | 200    | -                     | -                                     | -   |
| Robert Lewis                         | Trustee                 | Donation                          | 300    | -                     | -                                     | -   |
| Abdulkadir Mohamed                   | Trustee                 | Donation                          | 20     | -                     | -                                     | -   |
| Annis Cohen                          | Trustee                 | Donation                          | 10     | -                     | -                                     | -   |
|                                      |                         |                                   | -      | -                     | -                                     | -   |

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

|  |
|--|
|  |
|--|

#### Last year

There have been no related party transactions in the reporting period (True or False)

|      |
|------|
| TRUE |
|------|

| Name of the trustee or related party | Relationship to charity | Description of the transaction(s) | Amount | Balance at period end | Provision for bad debts at period end | Amounts written off during reporting period |
|--------------------------------------|-------------------------|-----------------------------------|--------|-----------------------|---------------------------------------|---|
|                                      |                         |                                   | £      | £                     | £                                     | £   |
|                                      |                         |                                   | -      | -                     | -                                     | -   |
|                                      |                         |                                   | -      | -                     | -                                     | -   |
|                                      |                         |                                   | -      | -                     | -                                     | -   |
|                                      |                         |                                   | -      | -                     | -                                     | -   |

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*