
	Trustees' Annual Report for the period								
	From	Period start date			To	Period end date			
		1	Jan	2022		31	Dec		2022

Section A Reference and administration details

Charity name	Trauma Treatment International
Other names charity is known by	TTI
Registered charity number (if any)	1175429
Charity's principal address	15 Towton Road London, SE27 9EE

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrea Mcsparron (Thompson)	Chair		
2	Rob Lewis			
3	Alphonsine Kabagabo			
4	Jenn Keser			
5	Stephen White	Treasurer		

Name of chief executive or names of senior staff members (Optional information)

Quen Geuter – CEO

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Objectives and activities

1. Summary of the objects of the charity set out in its governing document

TTI Charitable Objects

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress. ^[L]_{SEP}

The following definitions apply in relation to these objects and powers:

“torture” as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

“human trafficking” as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

Who we help

We aim to provide direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to organised violence. The term *organised violence* refers to mental or physical violence or abuse including (but not limited to) torture; human trafficking and slavery and armed conflict. Organised violence may be committed by state or non-state actors.

We also aim to assist indirectly by working with those organisations that provide the above populations with social, psychological, medical and/or legal services. We also work with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

2. Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What are the benefits?

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking behaviour and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, the psychological suffering can impact on subsequent generations.

We are also aware of the impact on organisations and their workforces that are exposed to trauma on a daily basis. Therefore, assisting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work is a key aim of our organisation. The effectiveness of an organisation to deliver its goals can be impaired by the environment in which they work. For example, psychological mechanisms such as vicarious traumatisation, burnout, transference and countertransference, as well as exposure to traumatic material and working in low resource settings can all impede successful implementation of projects

Pairing principles of occupational and clinical psychology allows for a thorough assessment of the factors that are negatively impacting an organisation's capacity to deliver its aims. The benefits to the organisations include increased effectiveness to assist its beneficiaries, as well as a more healthy and satisfied workforce. In turn, this impacts positively on the beneficiaries of such services.

Research informs us that psychological methods for managing trauma can be effective and lead to improved mental health and functioning amongst affected individuals. Families and the support networks of victims of trauma also carry a heavy burden. They may suffer the secondary effects of witnessing the psychological impact of trauma on their loved ones. Specialised psychological assistance can reduce the effects of secondary trauma and help to maximise their capacity to provide care for the victim.

Academic understanding and knowledge of best practice in these areas are in relative infancy. TTI therefore intends to learn from, and contribute to, the research evidence in this field. We believe that contributing to high quality scientific research through our experiences in the projects that we will deliver, will benefit the beneficiaries of TTI in future projects, as well as the beneficiaries served by other services. We will share this learning and best practice widely within the sector through training of psychologists and others delivering mental health support in trauma settings.

Why do TTI's purposes aim to benefit the people we have identified?

TTI has established a TTI Associate Pool, which is made up of highly skilled clinical psychologists with expertise in trauma. Through the expertise of these associates, we are able to deliver evidence-based services to individuals and organisation partners.

We have implemented programmes that demonstrate the positive impact of addressing the psychological needs of victims, for example, improved psychological wellbeing (such as a reduction in PTSD symptoms), vocational and social functioning.

Additionally, vicarious trauma and burnout reduce the effectiveness of organisations that work with victims of organised violence and potentially cause harm to those they are seeking to help.

How does TTI decide who to work with?

TTI uses the following criteria when making decisions about who to work with:

Provision of assessment and consultancy to services to organisations working with victims of organised violence

- Does the organisation work with victims of organised violence?
- Is an assessment of the organisation working with victims of organised violence requested by members of the organisation or the management?
- Is there a likelihood of burnout and vicarious trauma?
- Is the management of the organisation open to facilitating an assessment of needs and do they express willingness to put any recommendations into place? Will they commit to follow up assessment or monitoring?
- Does TTI believe that an occupational / clinical psychological intervention with the organisation is likely to have an impact on the beneficiaries of the organisation within a reasonable timeframe?
- Will a TTI intervention have a sustainable impact?
- Does the organisation share similar values to TTI?

Treatment

• TTI works with Referral Partners. These are organisations that work directly with victims of trauma and that meet the eligibility criteria set out below. We also work with organisations working to end human rights abuses and promote accountability for those who perpetrate them and whose staff may be exposed to trauma due to their work.

- A key focus for the TTI Trauma Clinic is to provide therapy to partners involved in strategic litigation cases. For example, to support victims in strategic litigation cases to be able to more effectively participate in legal procedures by providing reliable witness testimony.

In order to be eligible to access treatment at the Trauma Clinic, beneficiaries must be:

- Referred by a Referral Partner
- 18 years of age or older
- Suffering with psychological difficulties caused by the type of trauma we treat
- Speak fluent English (In exceptional cases we will accept a referral for non-English speaking people. We will require that an interpreter is both provided and funded by the referring organisation).
- If attending therapy via a video platform, have access to reliable internet connection, a laptop, and a private and quiet space

We are unable to provide treatment to:

- People who are not referred by a TTI Referral Partner
- People whose psychological difficulties are primarily the result of other types of trauma or adverse events or are the result of childhood trauma
- Those who are at high or immediate risk of suicide or at risk of causing harm to others
- Those who are currently suffering with severe psychotic symptoms
- Those whose alcohol or drug use prevent them from engaging in treatment

What sort of service or facility does TTI provide?

TTI selects psychological interventions that are most appropriate to use, according to the available evidence base most appropriate to the circumstances. Interventions are likely to have been recommended by The Inter-Agency Standing Committee Guidelines (IASC) on Mental Health and Psychosocial Support (MHPSS) in Emergency Settings (IASC, 2007), but not limited to these.

TTI service provision involves working with local partners to deliver evidence based psychological interventions for mental health problems in populations traumatised by organisational violence (specifically those traumatised by violence such as torture, trafficking or slavery or their families.)

TTI prioritises collaborating with other organisations to complete a shared goal or vision. We believe that collaboration with organisations that work with the same beneficiaries maximises all parties' effectiveness in service provision.

Where does TTI provide services?

UK

TTI is developing a range of services that are being provided as direct interventions to victims of organised violence and organisational partners within the UK. This includes working in partnership with UK- based organisations that support victims of organised violence (organisations we have worked with include, for instance, Medical Justice, REDRESS, Women for Refugee Women) and undertake UK based research.

Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

International

During the Covid-19 pandemic, TTI's work with international partners was reduced significantly. Towards the end of 2022 we were able to develop a relationship with UK-based charity Mercy Outreach, to deliver training to counselling teams in Myanmar. This was delivered over five days in December 2022, and work to support the team through monthly supervision will be ongoing into 2023.

We work with Faithless Hijabi, an Australian based charity working with people facing violence and persecution and have provided proposals for projects to organisations that seek to work in Ukraine. The people supported through FH are often in transit and can be based in any country around the world at the time of receiving therapy. We continue to forge partnerships with organisations mainly based in the UK and US but working in countries such as DRC, but specific projects have not yet been delivered through these partnerships.

As all our services are delivered online, we are not restricted to a specific geographic region.

How will the organisation address these needs?

- a) No matter where TTI is working, we will address the needs via the same approach: to provide assessment and treatment services anywhere in the world, for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma;
- b) to provide assessment and treatment services to individuals who work with persons such as those mentioned in paragraph a) in order to relieve psychological distress suffered by such individuals as a result of working with such persons;
- c) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- d) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- e) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress; and

f) to train and supervise clinical psychologists in order to increase the number of people working worldwide who have a specialist knowledge of trauma treatment.

However, how we will collaborate with our partners in different countries will vary according to the local context, available resources, cultural norms, and capacity of the unique setting.

How has the organisation identified these needs and what evidence or information has it used? ¹¹_{SEP}

We will primarily collaborate with organisations in partnership, who have identified a need and agree that the support we can offer is suitable to meet those needs and requirements. In many cases, the needs and recommendations for how to address needs around trauma and risk will be shaped through clinical needs assessment led by a TTI associate as part of an Organisation Risk Assessment process. TTI has considerable experience working with victims of organised violence.

We are regularly approached by organisations that support victims of collective violence with requests to provide expert psychological assessments and services both to the organisation workforce and to individual victims of torture, trafficking, slavery, persecution and war. We collaboratively identify shared areas where we can add our psychological expertise to further a shared goal.

We also intend to utilise socio-political information such as news of escalating conflicts; information about trafficking and slavery 'routes and hotspots'; contexts where there are significant numbers of the population facing torture. Sources will include scientific research publications, reports of International NGOs documenting human rights abuses (for example Amnesty International or Human Rights Watch) or health challenges in different contexts (for example International Committee of the Red Cross or Médecins Sans Frontières).

The trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the CIO's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Which partners / agents will the organisation work with or fund and how will it select them? ¹¹_{SEP}

TTI will work with partners according to the criteria outlined above in accordance with how decisions are made about carrying out any project. In addition, TTI will consider the applicability of its methods for the particular cultural context, the availability of resources, the safety of working within the area concerned in terms of risk to staff resulting from conflict, disease, political oppression or a breakdown in the rule of law.

Decisions relating to activities with partners will also be made according to the same criteria.

TTI will not provide psychological services where it is clear that the beneficiaries' current situation maintains or worsens their wellbeing. This includes any setting whereby the context or setting is directly contributing to psychological distress, over and above the effect of any trauma that they have or are experiencing.

TTI will work with organisations with compatible values to our own.

TTI will not work with beneficiaries, if doing so will positively impact those who cause psychological suffering, or enable further suffering (for example TTI will not work with those who are still enslaved or detained).

3. Summary of the main achievements of the charity during the year

The key achievements of TTI during the year 2022 can be summarised as:

i) **Growth of the TTI Trauma Clinic**

Thanks to further funding secured in September 2022 from the MSN Family Trust, TTI has been able to continue to deliver and grow the TTI Trauma Clinic. The clinic provides online specialist access to treatment for PTSD delivered by trained trauma psychologists. The Clinic takes referrals from partners who have been carefully selected, to provide strategic therapy in support of litigation cases that have a wider ripple effect in society. Referral partners also provide stability and assistance in securing daily needs (housing, employment or education for example), thus enabling beneficiaries to focus only on their therapeutic recovery at the TTI Trauma Clinic. This is an online service, open to referral of victims of torture, hostage situations or state persecution anywhere in the world. There are currently 19 beneficiaries who have or are completing therapy at the clinic and five referral partners.

ii) **Support for Organisations working with traumatised individuals**

Trauma Informed Organisation Assessments were carried out for Hostage International and Women for Refugee Women as part of the London Catalyst project.

Ongoing support, including supervision of trauma-exposed staff, group supervision of trauma-exposed teams, strategic support, policy development, workshops and training was delivered to organisations across the UK. Nine organisations received training to support improved staff wellbeing and reduce burnout and vicarious trauma. 14 organisations were supported to become trauma-informed and promote good practice to manage trauma in the workplace and in delivery of projects for beneficiaries.

iii) **All Rise Crowdfunding Campaign and delivery**

£60,000 was raised through two crowdfunding campaigns in 2022 to support women judges, lawyers and human rights activists who were forced to flee Afghanistan in the autumn of 2021. In partnership with the International Bar Association's Human Rights Institute, Methoria (Last Rights) and Garden Court Chamber, TTI provided 13 therapy sessions to four women from three referral partners in the year and the project will continue delivery in 2023.

iv) **Response to Russian invasion of Ukraine and the increase in refugees being hosted in family homes in the UK as a result of the increase in refugees and migrants from all countries**

TTI carried out research with 50 hosting organisations and four hosts of refugees located across the UK. Findings identified inconsistency of understanding of trauma, response to trauma in the workplace and support to hosts of refugees in the areas trauma response. Some organisations felt a lack of confidence in this area and it was identified that a coalition of organisations would benefit from developing a shared understanding of trauma and good practice in how to mitigate the risks of trauma within workforces and volunteer teams as well as for hosts and refugees and those seeking asylum themselves.

A set of resources for hosts of refugees were developed and launched on the TTI Resource Hub. These were shared through social media campaigns and discussed on Sky News. Funding from CFC Insurance and Allan Lane Foundation enabled delivery of training to local community groups and partnerships with organisations working with refugees, hosts and local authorities across South East England, North East England, Wales as well as elsewhere across the UK.

Section E Financial review

Brief statement of the charity's policy on reserves

Reserves Policy:

To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given there are no employees or office costs, the trustees have determined that they require funds to pay annual charges such as independent examination and website costs, (regular operating costs) which the trustees estimate to be no more than £3,000.

As the charity grows and develops, e.g appointing staff, securing premises, the level of reserves will be reviewed and revised accordingly taking into account any additional liabilities.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

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The charity's principal sources of income continued to be a mixture of restricted and unrestricted grants and donations, with some income carried forward from the previous year.

This year, we secured funds from, among others, Karl Johan Persson, Matrix Chambers; Postcode Lottery and MSN Family Trust and National Lottery.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Andrea Thompson

Position
(eg Secretary, Chair, etc)

Chair

Date

2 August 2023

Independent examiner's report

To the trustees of

Trauma Treatment International Charitable Incorporated Organisation

I report to the trustees on my examination of the accounts of Trauma Treatment International Charitable Incorporated Organisation ('the CIO') for the year ended 31 December 2022.

Responsibilities and basis of the report

As the charity trustees of Trauma Treatment International CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that give me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Caroline Sharp
FCA, DChA
LONDON

Date: **18 August 2023**



CHARITY COMMISSION
FOR ENGLAND AND WALES

**TRAUMA
TREATMENT
INTERNATIONAL**

Charity Name

Trauma Treatment International

No

1175429

CC16a

Receipts and payments accounts

For the year from	01-Jan-22	To	31-Dec-22
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Last year to the nearest £
A1 Receipts						
Grants and donations						
Karl-Johan Persson - Core costs	59,994	-	59,994	-	29,985	29,985
The Fore	20,200	-	20,200	-	-	-
MSN Family Trust/CIVA - Trauma clinic	-	18,533	18,533	-	15,000	15,000
The Prism Charitable Trust	-	18,000	18,000	-	-	-
Allen Lane Foundation	-	6,350	6,350	-	-	-
London Catalyst	-	3,000	3,000	-	-	-
Matrix Causes Fund/Prism - Associate training	-	3,000	3,000	-	3,000	3,000
Postcode Society Trust - organisational support	-	-	-	-	18,000	18,000
National Lottery Community Fund - Resilience hub	-	-	-	-	10,000	10,000
London Community Foundation/MOPAC Partnership with Escaping Victimhood	8,860	-	8,860	-	4,400	4,400
All Rise again Crowdfunder	-	51,616	51,616	-	2,311	2,311
JustGiving - Ukraine Project design	-	15,197	15,197	-	-	-
Other donations	143	-	143	866	-	866
			-			
Invoiced services	32,356	-	32,356	19,867	-	19,867
	-	-	-	-	-	-
Sub total (Gross income for AR)	121,553	115,696	237,249	20,733	82,696	103,429
Total receipts	121,553	115,696	237,249	20,733	82,696	103,429
A3 Payments						
Consulting and associate fees	48,227	59,794	108,021	28,012	31,188	59,200
Recruitment, training and induction	-	2,488	2,488	-	710	710
Associate supervision	-	675	675	100	360	460
Travel & Subsistence	214	-	214	38	56	94
Office/IT/Communications	5,981	11,440	17,421	3,380	180	3,560
Admin and book-keeping	-	-	-	-	800	800
Strategy and policy	-	-	-	1,305	-	1,305
Partner and client liaison	-	-	-	-	1,240	1,240
Monitoring and evaluation	-	-	-	-	240	240
Governance and Board costs	2,068	-	2,068	474	-	474
Independent examination	900	-	900	1,000	-	1,000
Fundraising	5,840	-	5,840	6,080	-	6,080
Sub total	63,230	74,397	137,627	40,389	34,774	75,163
A4 Asset and investment purchases, (see table)						
Sub total	-	-	-	-	-	-
Total payments	63,230	74,397	137,627	40,389	34,774	75,163
Net of receipts/(payments)	58,323	41,299	99,622	(19,656)	47,922	28,266
A5 Transfers between funds	-	2,892	-	-	-	-
A6 Cash funds last year end	10,904	60,922	71,826	30,560	13,000	43,560
Cash funds this year end	66,335	105,113	171,448	10,904	60,922	71,826

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
B1 Cash funds	Bank account 1	5,808		
	Bank account 2	60,527	105,113	
	Total cash funds	66,335	105,113	
	(agree balances with receipts and payments account(s))	- 0		
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
	Work invoiced Dec 2022, paid 2023	4,530	-	
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Invoices payable Dec 2022, paid 2023	General	7,536	
	Overpayment from funder	General	2,280	
CIO Notes required under the Charitable Incorporated Organisations (General) Regulations 2012:				
1. No guarantees were given by the CIO where potential liability under the guarantee is outstanding at the date of the statement				
2. There were no debts outstanding at the date of the statement which are owed by the CIO and secured by an express charge on any assets of the CIO				
Signed on behalf of all the trustees				
	Signature	Print Name	Date of approval	
		STEPHEN WHITE	02-Aug-23	