

# TRAUMA TREATMENT INTERNATIONAL

England & Wales · Charity number 1175429

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-10-27

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** International House  
109-111 Fulham Palace Road  
London  
W6 8JA

**Phone** 08438960762

**Email** [info@TT-Intl.org](mailto:info@TT-Intl.org)

**Website** [www.TT-Intl.org](http://www.TT-Intl.org)

## Activities

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**Objects:** THE OBJECTS OF THE CIO ARE FOR THE PUBLIC BENEFIT TO PRESERVE AND PROTECT GOOD HEALTH AND RELIEVE THE SUFFERING OF PERSONS WHO SUFFER FROM PSYCHOLOGICAL TRAUMA AS A RESULT OF THEIR, OR MEMBERS OF THEIR FAMILIES, HAVING BEEN SUBJECTED TO MENTAL OR PHYSICAL VIOLENCE OR ABUSE INCLUDING (BUT NOT LIMITED TO) TORTURE, HUMAN TRAFFICKING AND SLAVERY. IN FURTHERANCE OF THESE OBJECTS THE CIO SHALL HAVE POWER TO DO ALL OR ANY OF THE FOLLOWING:A) TO PROVIDE TREATMENT AND ASSESSMENT SERVICES FOR PERSONS WHO SUFFER FROM PSYCHOLOGICAL TRAUMA AS A RESULT OF THEIR, OR MEMBERS OF THEIR FAMILIES, HAVING BEEN SUBJECTED TO MENTAL OR PHYSICAL VIOLENCE OR ABUSE INCLUDING (BUT NOT LIMITED TO) TORTURE, HUMAN TRAFFICKING AND SLAVERY IN ORDER TO ELIMINATE, REDUCE OR MITIGATE THE EFFECTS OF SUCH PSYCHOLOGICAL TRAUMA AND TO RELIEVE PSYCHOLOGICAL DISTRESS SUFFERED BY INDIVIDUALS AS A RESULT OF WORKING WITH SUCH PERSONS;B) TO ASSIST OTHER ORGANISATIONS TO PROVIDE (OR IMPROVE OR ENHANCE THEIR ABILITY TO PROVIDE) SERVICES SUCH AS THOSE DESCRIBED IN PARAGRAPH A) ABOVE;C) TO UNDERTAKE RESEARCH IN ORDER TO IMPROVE THE TREATMENT AND ASSESSMENT OF PSYCHOLOGICAL TRAUMA OF THE TYPE DESCRIBED IN PARAGRAPH A) ABOVE; ANDD) TO EDUCATE THE PUBLIC, GOVERNMENTAL AND INTERGOVERNMENTAL BODIES AND OTHER ORGANISATIONS IN RELATION TO PROBLEMS SUFFERED BY PERSONS SUCH AS THOSE DESCRIBED IN PARAGRAPH A) ABOVE IN ORDER TO CONTRIBUTE TO THE REDUCTION OF THE INCIDENCE AND EFFECTS OF SUCH PSYCHOLOGICAL TRAUMA AND DISTRESS.THE FOLLOWING DEFINITIONS APPLY IN RELATION TO THESE OBJECTS AND POWERS:“TORTURE” AS DEFINED IN THE UNITED NATIONS CONVENTION AGAINST TORTURE AND OTHER CRUEL, INHUMAN OR DEGRADING TREATMENT OR PUNISHMENT)“HUMAN TRAFFICKING” AS DEFINED IN UNITED NATIONS CONVENTION AGAINST TRANSNATIONAL ORGANIZED CRIME (UNTOC) AND THE PROTOCOLS THERETO

**Activities:** We aim to provide direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to torture; human trafficking and slavery and armed conflict. We also aim to assist indirectly by working with those organisations that provide the above populations with social, psychological, medical or legal services.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

## Geography

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- Afghanistan
- Australia
- Burma
- Congo (Democratic Republic)
- Denmark
- Germany
- Iran
- Italy
- Kenya
- Lebanon
- Netherlands
- Occupied Palestinian Territories
- Somalia
- Sweden
- Tanzania
- Uganda
- United Arab Emirates
- United States
- Throughout England And Wales

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31	£288,167	£298,050	-	-
2023-12-31	£168,068	£205,743	-	-
2022-12-31	£237,249	£137,627	-	-
2021-12-31	£103,429	£75,163	-	-
2020-12-31	£22,159	£25,885	-	-

## Trustees

Name	Role	Appointed
<b>Andrea Thompson</b>	Chair	2017-12-04
Abdulkadir Mohamed		2023-10-06
Man Yee Teresa Au		2024-03-05
Quendreda Geuter		2025-10-24
Robert Roderick Lewis		2019-02-20

**TRAUMA TREATMENT INTERNATIONAL**

England & Wales - Charity number 1175429

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# Accounts

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## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	January	2024		31	December	2024

### Section A Reference and administration details

Charity Name	Trauma Treatment International
Other names charity is known by	TTI
Registered charity number (if any)	1175429
Charity's principal address	International House, 109-111 Fulham Palace Road London, W6 8JA, United Kingdom

### Names of the Trustees Who Run the Charity

Trustee Name	Office (if any)	Dates acted if not whole year	Name of body / person entitled to appoint
Andrea Thompson	Chair		
Rob Lewis			
Jenn Keser		Resigned Oct 24	
Annis Cohen	Clinical oversight		
Abdulkhadir Mohammed			
Teresa Au	Financial oversight	Appointed March 24	Board
Alan Arul		Appointed March 24	Board

### Name of Chief Executive Officer or Senior Staff Members (optional)

Quen Geuter, CEO
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## Section B Structure, Governance and Management

### Description of the charity's trusts

Type of Governing Document	Constitution
How is the charity constituted?	Charitable Incorporated Organisation
Trustee appointment methods	Appointed by trustee board

### Organisation Structure

TTI is governed by the Board of Trustees, which meets quarterly. Operational management is delegated to the Chief Executive Officer (CEO). Day-to-day management is led by the CEO along with the Clinical Lead and the Projects and Partnerships Lead.

### Decision Making

The Board of Trustees is responsible for ultimate decision-making on all matters of strategy, financial risk, and policy. Financial commitments above £3,000 require full Board approval. Operational matters, including staff management and expenditure up to the pre-agreed delegated limits within the annual budget, are delegated to the CEO.

### Setting pay levels

The remuneration for key management personnel is set by the Board of Trustees at the point of recruitment. The Trustees review this salary level as required but at least every two years using external salary comparison data to ensure it is fair and appropriate for the responsibilities undertaken.

### Review of Principal Risks and Uncertainties

The Trustees have a duty to identify and review the major risks to which the charity is exposed and to establish systems to manage those risks. A full risk register review is conducted annually as part of the Trustees' meeting cycle and risks and mitigation measures are discussed at every board meeting.

The Trustees acknowledge that the risks faced by the charity vary depending on the nature and scale of its activities. The key risks and uncertainties identified for the current year, and the controls established to mitigate them, are outlined below:

Risk Category	Principal Risk Identified	Mitigation / Control Measures
<b>Financial</b>	<b>Dependence on a few major funding sources.</b> The loss of a key grant or fundraising stream would significantly impact our ability to deliver services.	We actively seek to diversify our income streams through small grants, individual donations, and event fundraising. We maintain a prudent level of free reserves (as detailed in the Reserves Policy) to cover three months of core running costs.
<b>Operational</b>	<b>Reliance on a small team.</b> The sudden absence of a key person could disrupt our day-to-day operations and service delivery.	Key tasks are documented and delegated where possible to ensure continuity.
<b>Compliance/ Governance</b>	<b>Failure to comply with new regulations</b> (e.g., safeguarding or data protection/GDPR), leading to penalties or reputational damage.	Trustees receive regular updates on relevant charity and sector law. We maintain clear written policies on safeguarding and data protection, which are reviewed and signed off annually.
<b>Reputational</b>	<b>Negative publicity or loss of public trust</b> due to an incident or complaint.	We operate a clear and transparent complaints policy. All activities are conducted in line with our charitable objects and core values.

The Trustees confirm that a formal assessment of the major risks has been undertaken and that appropriate systems and procedures are in place to manage them effectively.

## Section C Objectives and Activities

### TTI Charitable Objects as set out in the Governing Documents

**TTI's vision:** Everybody suffering from the trauma of collective violence receives the support and treatment they need to recover.

**TTI's purpose:** To heal the trauma of people affected by torture, trafficking & slavery, persecution and war, wherever they are in the world.

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress.

The following definitions apply in relation to these objects and powers:

“torture” as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

“human trafficking” as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

## Who We Help

TTI provides direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to collective violence. The term *collective violence* refers to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery, persecution and war.

We also assist organisations that provide the above populations with social, psychological, medical and/or legal services and with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders. In particular, we support organisation partners to become trauma-informed, to embed trauma-informed practice and to mitigate against the impact of exposure to traumatic material within staff teams.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

## TTI's Impact and Social Benefit

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, psychological suffering can impact subsequent generations.

We are also aware of the impact of trauma exposure on organisations and teams working to support those affected by collective violence or to promote human rights. Supporting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work to manage and mitigate trauma is a key aim of our organisation.

TTI works to achieve four key outcomes:

1. People affected by collective violence receive the evidence-based trauma support or treatment they need, without undue delay.
2. Everyone exposed to collective violence through their work is protected from traumatic stress.
3. Society understands that victims of collective violence suffer psychological trauma and responds appropriately.
4. Clinical expertise in trauma treatment is developed within communities affected by

trauma, to upskill psychologists, mental health practitioners and to build local capacity.

We deliver the following services and activities, in collaboration with our partners and communities in which we work:

1. Trauma Treatment: 1:1 psychological trauma treatment to victims of collective violence
2. Trauma Education: Education and research on trauma, disseminated within communities
3. Advocacy: Collaborations with our partners to advocate for trauma-informed decision-making within the communities that we support
4. Trauma mitigation:: Trauma-informed training and trauma management and mitigation services to organisations working with victims of collective violence and human rights abuses and Individual consultations and group reflective practice to teams exposed to traumatic material to reduce secondary trauma and improve mental health.
5. Up-Skilling: Capacity building in communities to support local treatment services

## Our Values

- Collaboration
- Compassion
- Diversity
- Empathy
- Evidence-led

## Section D Statement on Our Commitment to Public Benefit

### Trauma Treatment International: Our Commitment to Public Benefit

As trustees of Trauma Treatment International (TTI), we are fully committed to ensuring that all our activities and decisions are for the public benefit, in accordance with the Charities Act 2011 and the guidance issued by the Charity Commission for England and Wales. Our core purpose, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma, is inherently focused on delivering significant public benefit.

**Awareness of Charity Commission Guidance:** The Board of Trustees regularly reviews and familiarises itself with the Charity Commission's guidance on public benefit, including the key principles of charitable purpose, public access, and any relevant updates. This ensures that our strategic planning, operational delivery, and governance always align with the highest standards of charitable practice.

**Consideration of the Guidance in Decision-Making:** In all our deliberations and decisions, from the allocation of resources to the development of new programmes and partnerships, we actively consider how our actions contribute to our public benefit objective. Specifically, we ensure that:

- **Our beneficiaries are clearly defined and in need:** TTI focuses on providing evidence-based psychological treatment and support to victims of collective violence, including those affected by torture, human trafficking, slavery, persecution, and war. We prioritise those with complex trauma, those who live in places where mental health services are limited and who have restricted access to evidence-based specialist care.
- **The benefits we provide are demonstrable and significant:** We aim to reduce psychological distress, improve mental health and increase the overall quality of life for survivors of trauma. Our work also extends to mitigating vicarious trauma in organisations and individuals working with affected populations, thereby strengthening the support infrastructure for these vulnerable groups.
- **Any private benefits are incidental and necessary:** Where any private benefit may arise (e.g., professional development for our staff or partners), it is always incidental to and necessary for the achievement of our charitable objects, enabling us to deliver higher quality and more sustainable services.
- **Any potential detriment is outweighed by the benefit:** We continuously assess any potential negative impacts of our work and implement robust safeguarding and ethical frameworks to minimise risks, ensuring that the overall public benefit always prevails.

**Justification for Departures from Guidance, when Applicable:** While we strive to align fully with the Charity Commission's guidance, we recognise that specific operational circumstances may sometimes necessitate approaches that differ from standard interpretations. Should such departures occur, the trustees are prepared to clearly articulate and justify the reasoning behind these decisions, demonstrating how they nonetheless serve the overriding public benefit and remain within our charitable objects. For example, our work in complex international environments may require tailored approaches to delivery, which are rigorously reviewed to ensure they meet the needs of beneficiaries while upholding our charitable principles.

**Public Benefit Reporting:** We believe in transparency and accountability. Our annual Trustees' Report includes a clear and comprehensive statement on how TTI has delivered public benefit throughout the year. This report details our activities, their impact on beneficiaries, and how we have upheld our public benefit obligations, providing a crucial mechanism for demonstrating our commitment to our donors, partners, and the public.

By adhering to these principles, Trauma Treatment International remains dedicated to its mission of alleviating the profound suffering caused by trauma and fostering healing and resilience for individuals and communities worldwide.

## Section E Achievements and Impact

### Summary Of The Main Achievements Of The Charity During The Year

The key achievements and projects delivered by TTI in 2024 are summarised below under each of our strategic outcomes: Treatment, Education, Advocacy, Mitigation and Up-Skilling.

## IMPACT REPORT 2024

TRAUMA TREATMENT INTERNATIONAL IS BUILDING A WORLD FREE OF THE PSYCHOLOGICAL IMPACT OF COLLECTIVE VIOLENCE, WHICH INCLUDES TORTURE, TRAFFICKING, SLAVERY AND WAR. WE DO THIS THROUGH:

### TREATMENT

We improve access to evidence-based trauma treatment for victims of collective violence, wherever they may be in the world.

### EDUCATION

We increase knowledge of trauma and support people to safely voice their lived experiences. This helps them to access justice.

### ADVOCACY

We build partnerships and networks to advocate for evidence-based trauma treatment and trauma-informed systemic change.

### MITIGATION

We support partner organisations to manage the risk of trauma, promote staff wellbeing and deliver trauma-informed services.

### UP-SKILLING

We enhance the skills of mental health practitioners to treat trauma and support capacity building with communities globally.

### WHAT WE ACHIEVED IN 2024...



**11,600**

beneficiaries from partner organisations



**524**

people trained to be trauma-informed



**103**

received therapy in our Trauma Clinic



**40**

organisations supported in partnership



**36**

practitioners trained and supervised



We provided **journalists** with psychosocial support



We supported organisations affected by the **UK riots**



We helped groups share stories and **influence governments**



"The biggest benefit has been growing **strength and solidarity** in our team through shared struggles. [Our TTI therapist] really helps us move forward."

Thanks to our donors **AB Charitable Trust, Blue Thread, Boots Charitable Trust, CFC Insurance, City Bridge Trust, Karl-Johan Persson, MSN Family Trust** and **The National Lottery**, along with our wonderful individual supporters.

## 1. Trauma Treatment

Throughout the year we have worked with partners to improve access to evidence-based trauma treatment for victims of collective violence, wherever they may be in the world. We have delivered the following treatment projects:

- **TTI treatment service and Online Trauma Clinic**

In 2024, we provided trauma treatment to 103 people affected by collective violence through our trauma treatment service and Online Trauma Clinic, specialising in supporting victims of torture, hostages and those who have experienced horrific and violent events to receive treatment.

Our clinical offering was given a boost by the appointment of our first Clinical Lead. What's more, thanks to funding from AB Charitable Trust, The Blue Thread and Karl-Johan Persson, we can increase our operational clinical capacity even further next year with a new Head of Treatment Services, Clinical Psychologist and an Assistant Psychologist being recruited for 2025. As well as expanding our activity in 2025, these new roles will enable us to build new partnerships and apply for more funding to increase our reach.

- **All Rise: Trauma Treatment for Afghan Women Judges, Lawyers and Human Rights Defenders**

In 2024 our All Rise project came to an end. Through the All Rise project, we provided 180 free therapy sessions to 16 Afghan women lawyers, judges and human rights defenders who were forced to flee the Taliban in 2021. These sessions were held online, and many with translators. Women joined the sessions from the US and the UK as well as other countries as they were gradually settled into new countries over the course of the project period.

The work was made possible through two Crowdfunder campaigns held in 2021 and 2022 in collaboration with the International Bar Association Human Rights Institution and Methoria. Thanks to our project partners and many individual donors, BA Foundation and our supporters, we raised a total of £71,875 to deliver this project.

The All Rise project also provided training for 56 organisations, and needs analysis and research with 200 local authorities responsible for housing and support for Afghan families arriving in the UK. TTI produced a paper for the MOD and DLHC to inform a national trauma and resettlement strategy.

**“Thank you for the update and for holding another webinar- Your events have been very popular! To which my exploding inbox with enquiries can confirm”**- Department for Levelling Up, Housing and Communities Social Housing and Resettlement Directorate

## **2. Trauma Education**

During the year we ran a number of projects and campaigns to build knowledge of trauma and support people to safely voice their lived experiences. These projects included:

- **Trauma Training: building knowledge and skills in trauma-exposed organisations**

In 2024, we held 31 training sessions, coaching 524 people to become trauma-informed.

As part of our commitment to education around trauma, we formalised our suite of training sessions in 2024. These help organisations take themselves from trauma-indifferent to trauma-transformative (see below). Our sessions include subjects such as managing exposure to traumatic material, helping beneficiaries in high states of distress and working psychologically safely with victims of torture.

In 2024 we finalised our training offer, including the following core training modules:

TRAINING NAME	DESCRIPTION	DURATION
What is trauma?/A trauma-informed organisation	What is trauma and what is meant by an organisation being trauma-informed?	Half day
Stress, burnout and compassion fatigue	How to mitigate, identify and effectively respond to signs of burnout and compassion fatigue	Half day
Vicarious trauma, PTSD and complex PTSD	What is vicarious trauma, post traumatic stress disorder and complex post traumatic stress disorder?	Full day
Do good or do no harm	How frontline staff can provide compassionate and safe support for trauma survivors	Full day
Managers support to staff	How managers can effectively support frontline staff in trauma exposed organisations. Training and workshop.	Full day

\*Please note that while we can accommodate more participants than suggested in the guidelines, additional trainers may be needed.

### Feedback From Training Attendees:

"I found the tips to reduce burnout in the workplace very useful as I haven't considered some of the things mentioned but appreciated how this would help with traumatic stress and burnout." training attendee, Refugees At Home

"Really enjoyed - 90 mins flew by!" - training attendee

"Really helpful. Gave lots of new helpful knowledge to areas where thought knew a bit so may not have consciously sought out more information."- training attendee

88% respondents said they would use the learning and it will make a difference in their work (Redress training, 2024)

Key takeaway: "The idea of having a mini wins file, because one of the main frustrations I have is how little we actually "save the world" in all the work we dedicate our lives for"- training attendee, Redress

"Delivered by a very wonderful team. Warm, welcoming, engaging - would definitely look forward to other trainings ran by same team!"- Training attendee, Lewisham Council

- **Trauma Education: building trauma awareness across society**

Our online campaigns, social media activity and newsletters promote knowledge of trauma and trauma-informed practice. In 2024 we had

- 300 newsletter recipients
- 1480 social media followers
- 14,000 visits to our website

Our crowdfunding campaigns were aimed at raising awareness and funds to support our work providing trauma treatment for victims of collective violence and engaged xx individual

supporters over the year.

### **3. Advocacy**

This year has been an important one for us as we have built partnerships and networks to advocate for evidence-based trauma treatment and trauma-informed systemic change.

- **Trauma-Informed Hosting Coalition**

The TTI-led Trauma-Informed Hosting Coalition continued its vital work in 2024, in partnership with

- Barnardo's,
- Citizens UK,
- Hope at Home,
- Housing Justice Cymru,
- Refugee Council,
- Refugees at Home and
- Reset.

As part of research around the mental health needs of refugees from Afghanistan and Ukraine, the coalition spoke to over 200 local authorities, UK-wide strategic migration partnerships, and more than 40 community organisations.

- **Supporting Voices of Lived Experience**

TTI was invited to run a workshop with Samphire Post Detention Conference workshop, for those who had been held in unlawful detention. The workshop was titled My Voice: Owing my Story. 87% of respondents rated the workshop as good or excellent. *"Very interactive and user led. Setting boundaries. Explaining everything to create a safe space."* - feedback from a workshop participant.

We also worked on trauma-informed research support with researchers with lived experience with Women for Refugee Women.

*"I've got an opportunity to understand the different types of trauma and also be able to recognise symptoms of trauma. I now know how to be aware and how to respond to my stressful situations."* - feedback from participant of lived-experience workshop

## 4. Trauma Mitigation

We supported 40 trauma-exposed organisations to manage the risk of trauma, promote staff wellbeing and promote trauma-informed delivery.

- **Trauma-Informed Organisation Reviews**

Our partner organisations support individuals or communities that have been affected by collective violence. As a result, staff are at risk of developing secondary trauma through their work. They may also be exposed to traumatic material, or violence and abuse because of their work. We work with these organisations to mitigate their staff's risk of this trauma exposure.

In 2024, we worked with 40 partner organisations and provided 46 reflective practice sessions, 31 training sessions and two organisational reviews. In total, this work reached 11,600 beneficiaries with trauma-informed support and services.

- **Supporting Trauma-Informed Communities in London**

Thanks to a City Bridge Foundation grant, in 2024 TTI conducted organisational assessments and provided a range of training, group and 121 support to four project partners, supporting women who have fled persecution, gender-based violence and trafficking; documenting evidence of torture, health issues and medical mistreatment in immigration; working to expose far right extremism, often under threat and supporting women who have survived trafficking and sexual exploitation.

- **Tackling the Far-Right**

Following the far-right riots across the UK in the summer, we delivered critical incident support sessions to our partner organisations as well as psychoeducation sessions. We have also worked with organisations working against the far right, to support staff to embed self-care and manage distress, stress and burnout in the face of threats and abuse, so that they can continue their vital work.

- **Delivering Psycho-social support in Lebanon**

Further afield, we facilitated psychosocial support sessions for a partner organisation in Lebanon to help them maintain their psychological health in a situation of extremely high stress and live conflict.

- **Funder- Plus programmes: building resilience into the charity sector**

TTI delivered a workshop for charity CEOs on managing and mitigating burnout and stress, in partnership with [The Fore](#).

*"It was a perfect introduction and covered a lot of what I'm looking for in improving our charity practices"- participant feedback.*

100% of respondents rated the session as good or excellent. What did you find most useful in

the workshop? *“PTSD/CPTSD as this is something that has affected me personally, as well as the women I support through the charity” - workshop attendee.*

TTI has also been working with Refugee Women Connect to complete an organisation review and work with the leadership team, trustees and staff to embed trauma-informed systems and practice across the organisation. This work is being funded by Esmee Fairbairn Foundation as part of their Funder Plus grantee support scheme.

- **TTI Resource Hub-** [www.tt-intl.org/resource-hub](http://www.tt-intl.org/resource-hub)

TTI continues to develop resources and information for organisations and individuals seeking to learn more about trauma, vicarious trauma, moral burnout and compassion fatigue. Our Resource Hub includes toolkits on how to assess organisational risk, individual burnout and stress toolkits and work has been ongoing with funding from Boots Foundation to develop a range of mixed-media resources focused on building and enhancing community resilience.

## **5. Up-Skilling Mental Health Practitioners**

We enhance the skills of mental health practitioners to treat trauma and support capacity building of communities globally

- **Mercy Outreach Myanmar: Capacity Building**

TTI trained 14 counsellors from Myanmar’s Mercy Outreach in Narrative Exposure Therapy (NET). This intensive coaching, which included six follow-up sessions online, equipped therapists to treat survivors of slavery who may have experienced sexual exploitation, combat and forced marriage.

The counsellors said they found NET effective thanks to its clear outcomes and speedy transformation in reducing trauma symptoms, even helping them cope with their own experiences of political unrest.

This initiative led to counsellors enhancing their skills, allowing an increased number of people to be referred to them for treatment.

- **Afghans for Progressive Thinking: Capacity Building Project**

Afghans for Progressive Thinking sought the expertise of TTI to support women psychologically affected by the country’s ban on university education. Eight women from the organisation were coached in six online sessions on coping mechanisms, stress management, and building resilience. These women are now providing mental health support to 40 young women across four Afghan provinces, helping them navigate emotional distress and regain a sense of hope and purpose.

*“TTI’s sessions prepared our young women trainers to be equipped with essential trauma-healing skills which enabled them to help those girls experiencing trauma and mental health issues in four provinces of Afghanistan.”- Feedback from Afghans for Progressive Thinking counsellor.*

## **Donor-Funded Projects**

Over 2024 TTI delivered projects funded by our generous donors. These were:

City Bridge Foundation: to roll out embedded trauma support to 12 organisations across London over the next 3 years.

Post-Riots Crisis Support funded by AB Charitable Trust: supporting organisations affected by the violence and hate of the far right in the summer of 2024.

Boots Community Foundation: development of community resources published on our Resource Hub

National Lottery Community Fund: creating a community of practice engaging staff and people affected by torture to co-develop training and resources for the wider sector.

Matrix Chambers Causes Fund: grant funding for internal capacity building, resources and up-skilling of clinical associates: A £9,000 grant from barristers’ chambers Matrix significantly boosted TTI’s trauma treatment capacity. The three-year funding, from 2022 to 2024, supported the training and development of clinical psychologist associates, creating comprehensive modules and an Associate Handbook for consistent, high-quality care.

Trauma Clinic funding from MSN Fund: Our three-year online Trauma Clinic project, which launched thanks to a grant from the MSN Fund, has been adopted into our mainstream services due to its success. Since its inception in 2022, we have delivered over 250 sessions to 118 victims of severe traumas like torture and hostage situations across various countries. The project also improved referral partners’ trauma-informed practices and helped victims navigate the justice system.

Crowdfunding appeals: Big Give’s Kind to Mind campaign was a crowdfunding appeal that raised money for 1:1 trauma treatment for victims of torture. The TEAM-UP crowdfunder contributed to the costs of running our core services and the Christmas Big Give appeal raised funds towards our trauma treatment service. With pledges from CFC Insurance and MSN Fund, donations from our supporters and match funding from the Big Give, we raised a total of £16,696 over the year from our crowdfunding appeals.

## **Feedback From Our Beneficiaries:**

*I know that the members of staff who gained 1:1 support have benefited greatly from it, which has prevented burnout and time off for health reasons.*

*TTI's sessions prepared our young women trainers to be equipped with essential trauma healing skills which enabled them to help those girls experiencing trauma and mental health issues in 4 provinces of Afghanistan.*

*They [beneficiaries] are mentally stronger which has helped improve their physical health and overall well-being. They are better able to engage with their lives, studies, work, friends and families.*

*The team have had more detailed trauma informed training and are feeling more comfortable which helps the clients.*

*Bravo TTI! You are amazing.*

*Coalition: We've welcomed the collective solidarity and even just the chance to be with others in a similar situation has been beneficial to us.*

*TT-I has been fantastic, the support they give to the team has made a real difference to the overall wellbeing*

*TTI is a much needed organisation - the work you do is integral.*

## **Where Does TTI Provide Services?**

In total TTI worked with 40 organisations. 34 are based in the UK and six are based internationally.

**UK:** In 2024 TTI delivered services to 34 UK based organisations. This includes working in partnership with UK- based organisations that support victims of organised violence, some of which are internationally focused and some of which work solely in the UK. These organisations reflected the needs of victims of trafficking, slavery, refugee and migrant communities, human rights defenders, journalists and war crimes investigators, hostage and torture victims. Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

**International:** In 2024 we provided support and services to six organisations registered internationally. These included work online with partners in Myanmar, Afghanistan, Lebanon, USA, Denmark and Netherlands.

In addition to the organisations we worked with internationally, we provided trauma treatment to individuals living in Afghanistan, DRC, Germany, Italy, Iran, Iraq, Ireland, Kenya, Lebanon, Myanmar, Nigeria, Sweden, Tanzania, Turkey, UAE and UK.

**SECTION F FINANCIAL REVIEW**

<p><b>Brief statement of the charity's policy on reserves</b></p>	<p><b>Reserves Policy:</b></p> <p>To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given that going into 2025, there will be seven employees but no substantial office costs, the trustees have determined that they require funds to pay annual charges and three months running costs in 2025.</p> <p>As the charity grows and develops, e.g appointing staff and delivering larger international projects, the level of reserves will be reviewed annually and revised accordingly taking into account any additional liabilities.</p>
<p><b>Details of any funds materially in deficit</b></p>	<p>Not applicable</p>
<p><b>Further financial review details (Optional information)</b></p>	<p>The charity's principal sources of income continued to be a mixture of earned income, individual donations and restricted and unrestricted grants, with some income carried forward from the previous year.</p> <p>In 2024 we are so grateful to have received funds from the following donors: Karl Johan Persson, Matrix Chambers; MSN Fund, Boots Foundation, AB Charitable Trust, the Fore, National Lottery, Blue Thread and CFC Insurance.</p> <p>We wish to thank all the generous individuals and companies who supported our crowdfunding campaigns and monthly giving.</p>

**SECTION G DECLARATION**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature:**

**Full Name: Andrea Thompson**

**Position: Chair**

**Date:**

# **Independent Examiner's Report to the Trustees of Trauma Treatment International - Report for the year ended 31 December 2024**

I report to the trustees on my examination of the accounts of Trauma Treatment International ('the CIO') for the year ended 31 December 2024.

## **Responsibilities and basis of report**

As the charity trustees of the CIO, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Charity's accounts carried out under section 145 of the Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## **Independent examiner's statement**

I have completed my examination. This was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention:

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 130 of the Charities Act 2011; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act 2011 have not been met; or
- to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Michael Evans  
FD Works  
Unit 14, Greenway Farm, Bath Rd, Wick, Bristol, BS30 5RL

06/10/2025

Charity Name <b>Trauma Treatment International</b>		Charity No <b>1175429</b>		
<b>Annual accounts for the period</b>				
Period start date	<b>01/01/2024</b>	To	Period end date	<b>31/12/24</b>

## Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Total funds £ F04	Prior year funds £ F05
<b>Income (Note 3)</b>					
<b>Income and endowments from:</b>					
Donations and legacies	S01	194,707	30,089	224,795	117,973
Charitable activities	S02	63,372	-	63,372	48,315
<b>Total</b>	S07	<b>258,079</b>	<b>30,089</b>	<b>288,167</b>	<b>166,288</b>
<b>Expenditure (Notes 6)</b>					
<b>Expenditure on:</b>					
Raising funds	S08	32,469	18,369	50,838	38,498
Charitable activities	S09	125,713	74,125	199,838	111,897
Other	S11	38,950	8,424	47,374	59,869
<b>Total</b>	S12	<b>197,132</b>	<b>100,918</b>	<b>298,050</b>	<b>210,264</b>
<b>Net income/(expenditure)</b>	S17	60,947	-	9,883	-
<b>Transfers between funds</b>	S19	-	-	-	-
<b>Net movement in funds</b>	S22	60,947	-	9,883	-
<b>Reconciliation of funds:</b>					
Total funds brought forward	S23	62,944	70,829	133,773	177,749
<b>Total funds carried forward</b>	S24	<b>123,891</b>	<b>0</b>	<b>123,890</b>	<b>133,773</b>

Charity Name <b>Trauma Treatment International</b>	Charity No <b>1175429</b>
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## Section B Balance sheet

		Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Total this year £ F04	Total last year £ F05
<b>Current assets</b>						
Debtors	(Note 19)	B07	14,183	-	14,183	470
Cash at bank and in hand	(Note 24)	B09	148,712	-	148,712	133,773
<b>Total current assets</b>		B10	162,895	-	162,895	134,243
Creditors: amounts falling due within one year	(Note 20)	B11	53,102	-	53,102	12,058
<b>Net current assets/(liabilities)</b>		B12	109,793	-	109,793	122,185
<b>Total assets less current liabilities</b>		B13	109,793	-	109,793	122,185
Creditors: amounts falling due after one year	(Note 20)	B14	-	-	-	-
Provisions for liabilities		B15	-	-	-	-
<b>Total net assets or liabilities</b>		B16	109,793	-	109,793	122,185
<b>Funds of the Charity</b>						
Restricted income funds	(Note 27)	B18		0	0	70,829
Unrestricted funds		B19	123,891		123,891	62,944
<b>Total funds</b>		B22	123,891	0	123,890	133,773

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
	Print name

## Note 1 Basis of preparation

*This section should be completed by all charities.*

**1.1 Basis of accounting**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

- and with\* 

✓
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 the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
- and with\* 

✓
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 the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
- and with the Charities Act 2011.

## Note 2

## Accounting policies

## 2.2 INCOME

<b>Recognition of income</b>	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> <li>the charity becomes entitled to the resources;</li> <li>it is more likely than not that the trustees will receive the resources;</li> <li>the monetary value can be measured with sufficient reliability.</li> </ul>	Yes*	No*	N/a*
		✓		
<b>Offsetting</b>	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes*	No*	N/a*
		✓		
<b>Grants and donations</b>	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes*	No*	N/a*
		✓		
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	Yes*	No*	N/a*
		✓		
<b>Legacies</b>	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes*	No*	N/a*
				✓
<b>Government grants</b>	The charity has received government grants in the reporting period	Yes*	No*	N/a*
			✓	
<b>Tax reclaims on donations and gifts</b>	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes*	No*	N/a*
		✓		
<b>Contractual income and performance related grants</b>	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes*	No*	N/a*
		✓		
<b>Donated goods</b>	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes*	No*	N/a*
				✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes*	No*	N/a*
				✓
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes*	No*	N/a*
				✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes*	No*	N/a*
				✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes*	No*	N/a*
				✓
<b>Donated services and facilities</b>	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes*	No*	N/a*
				✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes*	No*	N/a*
				✓
<b>Support costs</b>	The charity has incurred expenditure on support costs.	Yes*	No*	N/a*
		✓		

<b>Volunteer help</b>	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Income from interest, royalties and dividends</b>	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Income from membership subscriptions</b>	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Settlement of insurance claims</b>	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Investment gains and losses</b>	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>2.3 EXPENDITURE AND LIABILITIES</b>							
<b>Liability recognition</b>	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Governance and support costs</b>	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Grants with performance conditions</b>	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Grants payable without performance conditions</b>	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Redundancy cost</b>	The charity made no redundancy payments during the reporting period.	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Deferred income</b>	No material item of deferred income has been included in the accounts.	Yes*	No*	N/a*	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
<b>Creditors</b>	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Provisions for liabilities</b>	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
<b>Basic financial instruments</b>	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>2.4 ASSETS</b>							
<b>Tangible fixed assets for use by charity</b>	These are capitalised if they can be used for more than one year, and cost at least				£250		
	They are valued at cost.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	The depreciation rates and methods used are disclosed in note 14.						
<b>Intangible fixed assets</b>	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at cost.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
<b>Heritage assets</b>	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>
	They are valued at cost.	Yes*	No*	N/a*	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>

<b>Investments</b>	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes*	No*	N/a*
				✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes*	No*	N/a*
				✓
<b>Stocks and work in progress</b>	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes*	No*	N/a*
				✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes*	No*	N/a*
				✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes*	No*	N/a*
				✓
<b>Debtors</b>	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes*	No*	N/a*
		✓		
<b>Current asset investments</b>	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.	Yes*	No*	N/a*
		✓		
	They are valued at fair value except where they qualify as basic financial instruments.	Yes*	No*	N/a*
		✓		

**POLICIES ADOPTED  
ADDITIONAL TO OR  
DIFFERENT FROM  
THOSE ABOVE**

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## Note 3

## Income

Analysis of income		Unrestricted funds	Restricted income funds	Total funds	Prior year
				£	£
<b>Donations and legacies:</b>	Donations and gifts	5,184	12,348	17,532	2,502
	Gift Aid	523	-	523	-
	Legacies	-	-	-	-
	General grants provided by government/other charities	189,000	17,741	206,741	115,471
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-
	Donated goods, facilities and services	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	<b>194,707</b>	<b>30,089</b>	<b>224,795</b>	<b>117,973</b>
<b>Charitable activities:</b>	Invoiced Services	63,372	-	63,372	48,315
		-	-	-	-
		-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	<b>63,372</b>	<b>-</b>	<b>63,372</b>	<b>48,315</b>
<b>Other trading activities:</b>		-	-	-	-
		-	-	-	-
		-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Income from investments:</b>	Interest income	-	-	-	-
	Dividend income	-	-	-	-
	Rental and leasing income	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Separate material item of income</b>		-	-	-	-
		-	-	-	-
		-	-	-	-
		-	-	-	-
	<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Other:</b>	Conversion of endowment funds into income	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-
	Other	-	-	-	-
	<b>Total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>TOTAL INCOME</b>		<b>258,079</b>	<b>30,089</b>	<b>288,167</b>	<b>166,288</b>

**Other information:**

All income in the prior year was unrestricted except for: (please provide description and amounts)

--

Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)

--

## Note 6

## Expenditure

Analysis	This year			Last year		
	Unrestricted funds	Restricted income funds	Total funds	Unrestricted funds	Restricted income funds	Total funds
<b>Expenditure on raising funds:</b>			£			£
Incurring seeking donations	11,620	5,979	17,599	11,483	-	11,483
Incurring seeking legacies	-	-	-	-	-	-
Incurring seeking grants	13,389	6,889	20,278	19,765	-	19,765
Operating membership schemes and social lotteries	-	-	-	-	-	-
Staging fundraising events	-	-	-	-	-	-
Fundraising agents	-	-	-	-	-	-
Operating charity shops	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity	7,460	5,501	12,961	5,500	1,750	7,250
Start up costs incurred in generating new source of future income	-	-	-	-	-	-
Database development costs	-	-	-	-	-	-
Other trading activities	-	-	-	-	-	-
Investment management costs:	-	-	-	-	-	-
Portfolio management costs	-	-	-	-	-	-
Cost of obtaining investment advice	-	-	-	-	-	-
Investment administration costs	-	-	-	-	-	-
Intellectual property licencing costs	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges	-	-	-	-	-	-
	-	-	-	-	-	-
<b>Total expenditure on raising funds</b>	<b>32,469</b>	<b>18,369</b>	<b>50,838</b>	<b>36,748</b>	<b>1,750</b>	<b>38,498</b>
<b>Expenditure on charitable activities:</b>						
Invoiced Services	125,713	74,125	199,838	92,059	19,838	111,897
<b>Total expenditure on charitable activities</b>	<b>125,713</b>	<b>74,125</b>	<b>199,838</b>	<b>92,059</b>	<b>19,838</b>	<b>111,897</b>
<b>Other</b>						
Overheads	38,950	8,424	47,374	56,154	3,715	59,869
<b>Total other expenditure</b>	<b>38,950</b>	<b>8,424</b>	<b>47,374</b>	<b>56,154</b>	<b>3,715</b>	<b>59,869</b>
<b>TOTAL EXPENDITURE</b>	<b>197,132</b>	<b>100,918</b>	<b>298,050</b>	<b>184,961</b>	<b>25,303</b>	<b>210,264</b>

## Other information:

## Analysis of expenditure on charitable activities

Activity or programme	This year			Last year		
	Activities undertaken directly	Grant funding of activities	Total this year	Activities undertaken directly	Grant funding of activities	Total last year
	£	£	£	£	£	£
Invoiced Services	199,838	-	199,838	111,897	-	111,897
<b>Total</b>	<b>199,838</b>	<b>-</b>	<b>199,838</b>	<b>111,897</b>	<b>-</b>	<b>111,897</b>

## Note 10 Details of certain types of expenditure

## Note 10.1 Fees for examination of the accounts

*Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).*

	<b>This year £</b>	<b>Last year £</b>
Independent examiner's fees	900	1,100
Assurance services other than independent examination	-	-
Tax advisory fees	-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner	6,262	-

## Note 11 Paid employees

Please complete this note if the charity has any employees (transactions with Trustees dealt with in Note 28)

## 11.1 Staff Costs

	This year £	Last year £
Salaries and wages	166,871	97,532
Social security costs	16,478	2,485
Pension costs (defined contribution scheme)	3,156	218
Other employee benefits	-	-
<b>Total staff costs</b>	<b>186,504</b>	<b>100,235</b>

This year:

--	--

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Last year:

--	--

Please provide details of expenditure on staff working for the charity whose contracts are with and are paid by a related party

Please give details of the number of employees whose total employee benefits (excluding employer pension costs) fell within each band of £10,000 from £60,000 upwards. If there are no such transactions, please enter 'true' in the box provided.

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000

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Band	Number of employees	
	This year	Last year
£60,000 to £69,999	-	-
£70,000 to £79,999	-	-
£80,000 to £89,999	-	-
£90,000 to £99,999	-	-
£100,000 to £109,999	-	-

	This year £	Last year £
Please provide the total amount paid to key management personnel	44,250	42,000

## 11.2 Average head count in the year

The parts of the charity in which the employees work

	This year Number	Last year Number
Fundraising	1	1
Charitable Activities	3	2
Governance	-	-
Other	1	-
<b>Total</b>	<b>5</b>	<b>3</b>

**Note 12** Defined contribution pension scheme or defined benefit scheme accounted for as a defined contribution scheme.

**12.1** Please complete this note if a defined contribution pension scheme is operated.

Amount of contributions recognised in the SOFA as an expense

This year	Last year
£	£
3,156	218

Please explain the basis for allocating the liability and expense of defined contribution pension scheme between activities and between restricted and unrestricted funds.

Pension contributions for defined contribution schemes are allocated to activities and funds on the same basis as the salaries of the staff to whom the contributions relate.	Pension contributions for defined contribution schemes are allocated to activities and funds on the same basis as the salaries of the staff to whom the contributions relate.
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**Note 19 Debtors and prepayments**

*Please complete this note if the charity has any debtors or prepayments.*

**19.1 Analysis of debtors**

	This year £	Last year £
Trade debtors	11,054.6	469.9
Prepayments and accrued income	3,128.0	-
Other debtors	-	-
<b>Total</b>	<b>14,182.6</b>	<b>469.9</b>

*Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.*

**19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)**

	This year £	Last year £
Trade debtors	-	-
Prepayments and accrued income	-	-
Other debtors	-	-
<b>Total</b>	<b>-</b>	<b>-</b>

**Note 20** Creditors and accruals

Please complete this note if the charity has any creditors or accruals.

**20.1 Analysis of creditors**

	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	1,842	8,773	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	44,938	-	-	-
Taxation and social security	5,194	2,776	-	-
Other creditors	1,128	509	-	-
<b>Total</b>	<b>53,102</b>	<b>12,058</b>	<b>-</b>	<b>-</b>

**20.2 Deferred income**

Please complete this note if the charity has deferred income.

Please explain the reasons why income is deferred.

This year	Last year
<i>Restricted income has been deferred where it relates to costs that will be incurred post-year end. This income will be released in future periods as costs are incurred.</i>	N/A

**Movement in deferred income account**

Balance at the start of the reporting period  
 Amounts added in current period  
 Amounts released to income from previous periods  
 Balance at the end of the reporting period

This year £	Last year £
-	-
24,263	-
-	-
<b>24,263</b>	<b>-</b>

## Note 24 Cash at bank and in hand

Short term cash investments (less than 3 months maturity date)
Short term deposits
Cash at bank and on hand
Other
Total

This year £	Last year £
-	-
-	-
148,712	133,773
-	-
148,712	133,773

## Note 27

## Charity funds

## 27.1 Details of material funds held and movements during the CURRENT reporting period

Please give details of the movements of material individual funds in the reporting period together with a balancing figure for 'Other funds' (which should include revaluation reserve and fair value reserve, if applicable). The 'Total funds' figure below should reconcile to 'Total funds' in the balance sheet.

\* Key: PE - permanent endowment funds; EE - expendable endowment funds; R - restricted income funds, including special trusts, of the charity; and U - unrestricted funds

Fund names	Type PE, EE R or UR *	Purpose and Restrictions	Fund balances brought forward £	Income £	Expenditure £	Fund balances carried forward £
Unrestricted funds	UR		62,944	257,579	- 197,132	123,391
City Bridge Foundation	R	Reduce inequality and grow stronger, more resilient and thriving communities across Greater London. Restricted to providing trauma-informed support, staff wellbeing and trauma treatment referral routes for organisations working with victims of collective violence in London.	5,327	26,571	- 31,898	-
MSN Family Trust	R	Support projects which promote empowerment of marginalised groups and communities, human rights and health and well-being. Restricted to delivery of TTI's Online Trauma Clinic to provide trauma treatment to victims of torture and collective violence.	25,619	500	- 26,119	-
			-	-	-	-
			-	-	-	-
			-	-	-	-
<b>Other funds (balancing figure)</b>	<b>N/a</b>	<b>N/a</b>	<b>39,882</b>	<b>22,992</b>	<b>- 47,984</b>	<b>14,890</b>
<b>Total Funds as per balance sheet</b>			<b>133,773</b>	<b>307,642</b>	<b>- 303,133</b>	<b>138,281</b>

Fund balances carried forward include assets and liabilities denominated in a foreign currency

Yes*	No*
	✓

<p>If yes, please state the basis on which the assets and/or liabilities have been translated into sterling (or the currency in which the accounts are drawn up).</p>	
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**Note 28 Transactions with trustees and related parties**

*If the charity has any transactions with related parties (other than the trustee expenses explained in guidance notes) details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box or "False" if there are transactions to report.*

**28.1 Trustee remuneration and benefits****This year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

**Last year**

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity (True or False)

TRUE

**28.2 Trustees' expenses**

*If the charity has paid trustees expenses for fulfilling their duties, details of such transactions should be provided in this note. If there are no transactions to report, please enter "True" in the box below. If there are transactions to report, please enter "False".*

No trustee expenses have been incurred (True or False)

TRUE

**28.3 Transaction(s) with related parties**

*Please give details of any transaction undertaken by (or on behalf of) the charity in which a related party has a material interest, including where funds have been held as agent for related parties. If there are no such transactions, please enter 'true' in the box provided.*

**This year**

There have been no related party transactions in the reporting period (True or False)

FALSE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
Alan Arulanantham	Trustee	Donation	150	-	-	-
Andrea Thompson	Trustee	Donation	200	-	-	-
Robert Lewis	Trustee	Donation	300	-	-	-
Abdulkadir Mohamed	Trustee	Donation	20	-	-	-
Annis Cohen	Trustee	Donation	10	-	-	-
			-	-	-	-

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

**Last year**

There have been no related party transactions in the reporting period (True or False)

TRUE

Name of the trustee or related party	Relationship to charity	Description of the transaction(s)	Amount	Balance at period end	Provision for bad debts at period end	Amounts written off during reporting period
			£	£	£	£
			-	-	-	-
			-	-	-	-
			-	-	-	-
			-	-	-	-

*In relation to the transactions above, please provide the terms and conditions, including any security and the nature of any payment (consideration) to be provided in settlement.*

**TRAUMA TREATMENT INTERNATIONAL**

England & Wales - Charity number 1175429

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# Accounts

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## Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	January	2023		31	December	2023

<b>Charity name</b>	Trauma Treatment International
<b>Other names charity is known by</b>	TTI
<b>Registered charity number (if any)</b>	1175429
<b>Charity's principal address</b>	15 Towton Road London, SE27 9EE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrea Mcsparron (Thompson)	Chair		
2	Rob Lewis			
3	Jenn Keser			
4	Stephen White	Treasurer	Resigned Feb 2024	
5	Annis Cohen		Oct 2023	TTI board
6	Abdulkhadir Mohammed		Oct 2023	As above
7	Teresa Au	Treasurer	March 2024 (signed off the 2023 annual accounts)	As above
8	Alan Arul		March 2024	As above

### Name of chief executive or names of senior staff members (Optional information)

Quen Geuter – CEO

### Description of the charity's trusts

Type of governing document  
(eg. trust deed, constitution)

Constitution

How the charity is constituted  
(eg. trust, association, company)

Charitable Incorporated Organisation
Appointed by trustees

Trustee selection methods  
(eg. appointed by, elected by)

## 1. Summary of the objects of the charity set out in its governing document

### TTI Charitable Objects

**TTI's vision:** Everybody suffering from the trauma of collective violence receives the support and treatment they need to recover.

TTI's mission: To heal the trauma of people affected by torture, trafficking & slavery, persecution and war, wherever they are in the world.

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress.

The following definitions apply in relation to these objects and powers:

**"torture"** as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

**"human trafficking"** as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

### Who we help

TTI provides direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to collective violence. The term *collective violence* refers to mental or physical violence or abuse including (but not limited to) torture; human trafficking and slavery, persecution and war.

We also assist organisations that provide the above populations with social, psychological, medical and/or legal services and with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders. In particular, we support organisation

partners to become trauma informed, to embed trauma informed practice and to mitigate against the impact of exposure to traumatic material within staff teams.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

## **2. Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

### **What are the benefits?**

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking behaviour and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, psychological suffering can impact subsequent generations.

We are also aware of the impact on organisations and their workforces that are exposed to trauma on a daily basis. Therefore, assisting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work is a key aim of our organisation. The effectiveness of an organisation to deliver its goals can be impaired by the environment in which they work. For example, psychological mechanisms such as vicarious traumatisation, burnout, transference and countertransference, as well as exposure to traumatic material and working in low resource settings can all impede successful implementation of projects.

TTI works to achieve four key outcomes:

1. All victims of collective violence receive the evidence-based trauma support or treatment they need, without undue delay.
2. Everyone exposed to collective violence through their work is protected from traumatic stress.
3. Society understands that victims of collective violence suffer psychological trauma and responds appropriately.
4. Clinical expertise in trauma treatment is disseminated globally, to upskill psychologists, mental health practitioners and those in high trauma contexts.

### **Why do TTI's purposes aim to benefit the people we have identified?**

TTI has established a TTI Associate Pool, which is made up of highly skilled clinical psychologists with expertise in trauma. Through the expertise of these associates, we are able to deliver evidence-based services to individuals and organisation partners.

We have implemented programmes that demonstrate the positive impact of addressing the psychological needs of victims, for example, improved psychological wellbeing (such as a reduction in PTSD symptoms), vocational and social functioning.

Additionally, vicarious trauma and burnout reduce the effectiveness of organisations that work with victims of organised violence and potentially cause harm to those they are seeking to help.

### **How does TTI decide who to work with?**

TTI uses the following criteria when making decisions about who to work with:

**Provision of assessment and consultancy to services to organisations working with victims of organised violence**

- Does the organisation work with victims of organised violence?
- Is an assessment of the organisation working with victims of organised violence requested by members of the organisation or the management?
- Is there a likelihood of burnout and vicarious trauma within the staff teams?
- Is the management of the organisation open to facilitating an assessment of needs and do they express willingness to put any recommendations into place? Will they commit to follow up assessment or monitoring?
- Does TTI believe that an occupational / clinical psychological intervention with the organisation is likely to have an impact on the beneficiaries of the organisation within a reasonable timeframe?
- Will a TTI intervention have a sustainable impact?
- Does the organisation share similar values to TTI?

### Treatment

- TTI works with Referral Partners. These are organisations that work directly with victims of trauma and that meet the eligibility criteria set out below. We also work with organisations working to end human rights abuses and promote accountability for those who perpetrate them and whose staff may be exposed to trauma due to their work.
- A key focus for the TTI Trauma Clinic is to provide therapy to partners involved in strategic litigation cases. For example, to support victims in strategic litigation cases to be able to more effectively participate in legal procedures by providing reliable witness testimony.

In order to be eligible to access treatment at the Trauma Clinic, beneficiaries must be:

- Referred by a Referral Partner
- 18 years of age or older
- Suffering with psychological difficulties caused by the type of trauma we treat
- Speak fluent English or have access to funds through the referral partner to cover costs of an interpreter.
- If attending therapy via a video platform, have access to reliable internet connection, a laptop, and a private and quiet space

We are unable to provide treatment to:

- People who are not referred by a TTI Referral Partner
- People whose psychological difficulties are primarily the result of other types of trauma or adverse events or are the result of childhood trauma
- Those who are at high or immediate risk of suicide or at risk of causing harm to others
- Those who are currently suffering with severe psychotic symptoms
- Those whose alcohol or drug use prevent them from engaging in treatment

### What sort of service or facility does TTI provide?

TTI selects psychological interventions that are most appropriate to use, according to the available evidence base most appropriate to the circumstances. Interventions are likely to have been recommended by The Inter-Agency Standing Committee Guidelines (IASC) on Mental Health and Psychosocial Support (MHPSS) in Emergency Settings (IASC, 2007), but not limited to these.

TTI service provision involves working with local partners to deliver evidence based psychological interventions for mental health problems in populations traumatised by organisational violence (specifically

those traumatised by violence such as torture, trafficking or slavery or their families.)

TTI prioritises collaborating with other organisations to complete a shared goal or vision. We believe that collaboration with organisations that work with the same beneficiaries maximises all parties' effectiveness in service provision.

### **Where does TTI provide services?**

#### **UK**

TTI is developing a range of services that are being provided as direct interventions to victims of organised violence and organisational partners within the UK. This includes working in partnership with UK-based organisations that support victims of organised violence. In 2023, TTI worked with 35 organisations some of which are internationally focused and some of which work solely in the UK. These organisations reflected the needs of victims of trafficking, slavery, refugee and migrant communities, human rights defenders, journalists and war crimes investigators, hostage and torture victims.

Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

#### **International**

In 2023 we worked with an organisation based in Myanmar to provide trauma training and supervision to local mental health practitioners working with rescued victims of trafficking and slavery. We also developed partnerships with organisations in the US and Europe.

As all our services are delivered online, we are not restricted to a specific geographic region.

### **How does the organisation address these needs?**

TTI delivers projects and programmes based on five strategic priorities:

- a) **TREATMENT:** Improving access to evidence based trauma treatment for victims of collective violence, wherever they are in the world.
- b) **EDUCATION:** Increasing knowledge of trauma and trauma informed practice in homes, communities and workplaces.
- c) **ADVOCACY:** Elevating the trauma agenda, and advocating for evidence based and trauma informed treatment and structural change. and Empowering those exposed to trauma to safely voice their lived experience, to access justice and inform service design.
- d) **MANAGE, MITIGATE and PREVENT:** Supporting organisations working in trauma exposed contexts to understand and manage the risk of trauma, promote staff wellbeing and deliver trauma informed services.
- e) Promoting the diversity and skills of mental health practitioners, wherever they are in the world and Supporting capacity building within communities in high-trauma contexts to treat trauma, where state or other provision is lacking.

### **How has the organisation identified these needs and what evidence or information has it used?**

TTI collaborates with others who have identified a need and expressed a desire to work with us. TTI has considerable experience working in the UK and internationally with victims of collective violence.

We also utilise socio-political information such as news of escalating conflicts; information about trafficking and

slavery 'routes and hotspots'; contexts where there are significant numbers of the population facing torture. Sources include scientific research publications, reports of International NGOs documenting human rights abuses (for example Amnesty International or Human Rights Watch ) or health challenges in different contexts (for example International Committee of the Red Cross or Médecins Sans Frontières).

TTI undertakes specific research and consultation from time to time with specific cohorts or networks of organisations with a specialism in an area of interest. For example, in 2022-2023 TTI has carried out research and developed a coalition of partners to develop trauma-informed approaches to hosting of refugees.

The trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the CIO's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

### **Which partners / agents will the organisation work with or fund and how will it select them?**

TTI works with partners according to the criteria outlined above as well as following due diligence processes and risk assessments, in accordance with how decisions are made about carrying out any project. In addition, TTI will consider the applicability of its methods for the particular cultural context, the availability of resources, the safety of working within the area concerned in terms of risk to staff resulting from conflict, disease, political oppression or a breakdown in the rule of law.

Decisions relating to activities with partners will also be made according to the same criteria.

TTI will not provide psychological services where it is clear that the beneficiaries' current situation maintains or worsens their wellbeing. This includes any setting whereby the context or setting is directly contributing to psychological distress, over and above the effect of any trauma that they have or are experiencing.

TTI will not work with beneficiaries, if doing so will positively impact those who cause psychological suffering, or enable further suffering (for example TTI will not work with those who are still enslaved or detained).

### **3. Summary of the main achievements of the charity during the year**

The key achievements of TTI during the year 2023 can be summarised as:

#### **i) TTI Trauma Clinic**

Ongoing growth of TTI's Online Trauma Clinic for victims of torture, hostage and horrific events, with ten referral partners and 25 referrals provided with 162 treatment sessions.

*"The transformative impact of my TTI therapist's intervention is so profound ,I struggle to encapsulate it in words."*

#### **ii) All Rise: trauma treatment for female Afghan judges, lawyers and human rights defenders**

22 Afghan women have been supported through trauma treatment in partnership with International Bar Association's Human Rights Institute, International Alliance for Women's Rights and Methoria/ Last Rights, funded with thanks to many donors who contributed to the successful crowdfunding campaigns since 2022.

#### **iii) Trauma Management in the Workplace Training (Homes for Ukraine)**

In 2023, we ran a series of online courses on Trauma Management in the Workplace, aimed at organisations

supporting Ukrainian refugees and their British hosts.

Participants were taught to spot the signs of burnout and secondary trauma in staff members, and how their organisations could become more trauma-informed in their approach and support processes.

In a feedback survey, 100% said they would recommend the training to others. One praised the “practical examples of how working with people

#### **iv) Trauma-informed hosting coalition advocating for refugees and UK hosts**

9 UK organisations have joined forces with TTI to create the Trauma-Informed Hosting Coalition, aimed at advocating for victims of trauma being hosted in the UK and those around them.

#### **iv) Work with partner organisations to become trauma informed and to protect workforces from stress, burnout and vicarious trauma caused by repeated and extensive exposure to traumatic material through their work.**

1. **London Catalyst** project provided bespoke trauma-informed support to Women for Refugee Women as a pilot to explore the benefits of providing embedded psychologists within an organisation for a period. The project was a success and showed that embedded support has the benefits of being flexible to changing needs as well as enabling supported culture change needed to foster adoption of trauma informed practice within trauma exposed organisations. The success of this pilot was pivotal in enabling TTI to secure funding from **City Bridge Foundation** to roll out embedded trauma support to 12 organisations across London over the next 3 years.
2. TTI trained 300 individuals in courses including Trauma Management in the Workplace & How to Work Safely with Traumatic Material
3. We supported 33 organisations to become trauma-informed
4. We delivered 243 individual and group sessions for trauma exposed staff and teams within 8 organisations.

*“I often come away from the sessions feeling so much lighter and like I can see a way forward. With this hectic, trauma-facing work I have felt close to the brink of burn out at times, but the therapist just recognising the signs of that and helping me see where I am at has made a huge difference and prevented me from going into a much worse place.”*

*100% gave us a satisfaction rating of 5 out of 5, and 100% said they would recommend our services to loved ones.*

*100% said they were more able to manage work-related stress as a result of our sessions.*

#### **Brief statement of the charity’s policy on reserves**

#### **Reserves Policy:**

To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given there are now 3 employees but no substantial office costs, the trustees have determined that they require funds to pay annual charges and three months running costs to £51,000

	As the charity grows and develops, e.g appointing staff, securing premises, the level of reserves will be reviewed and revised accordingly taking into account any additional liabilities.
<b>Details of any funds materially in deficit</b>	N/a

**Further financial review details (Optional information)**

- The charity’s principal sources of income continued to be a mixture of restricted and unrestricted grants and donations, with some income carried forward from the previous year.

In 2023 we secured funds from Karl Johan Persson, Matrix Chambers; MSN Family Trust, City Bridge Foundation and London Catalyst and crowdfunding as well as from income generated from services. Funding secured in 2022 from CFC Insurance and Alan Lane Foundation enabled us to complete key projects supporting Ukrainian and other refugees being hosted in the UK and the All Rise project was delivered, thanks to funds raised from the All Rise Crowdfunding campaigns in 2022 and one larger individual donation towards that project.

**The trustees declare that they have approved the trustees’ report above.**

**Signed on behalf of the charity’s trustees**

**Signature(s)**

**Full name(s)** Andrea Thompson

**Position (eg Secretary, Chair, etc)** Chair

**Date** 11 June 2024

## **Independent examiner's report**

**To the trustees of**

### **Trauma Treatment International Charitable Incorporated Organisation**

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I report to the trustees on my examination of the accounts of Trauma Treatment International Charitable Incorporated Organisation ('the CIO') for the year ended 31 December 2023.

#### **Responsibilities and basis of the report**

As the charity trustees of Trauma Treatment International CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that give me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Caroline Sharp**  
FCA, DChA  
LONDON  
SE7 8PF

Date: **11 July 2024**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**Trauma Treatment International**

No  
**1175429**

**TRAUMA  
TREATMENT  
INTERNATIONAL**

## Receipts and payments accounts

CC16a

For the year from	01-Jan-23	To	31-Dec-23
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### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Total funds	Unrestricted funds	Restricted funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>						
<b>Grants and donations</b>						
Karl-Johan Persson - Core costs	60,000	-	60,000	59,994	-	59,994
MSN Family Trust/CIVA - Trauma clinic	-	35,000	35,000	-	18,533	18,533
The Fore	9,600	-	9,600	20,200	-	20,200
City Bridge Foundation	-	7,871	7,871	-	-	-
Matrix Causes Fund/Prism - Associate training	-	3,000	3,000	-	3,000	3,000
The Prism Charitable Trust	-	-	-	-	18,000	18,000
Allen Lane Foundation	-	-	-	-	6,350	6,350
London Catalyst	-	-	-	-	3,000	3,000
London Community Foundation/MOPAC Partnership with Escaping Victimhood	-	-	-	8,860	-	8,860
All Rise again Crowdfunder	-	2,260	2,260	-	51,616	51,616
JustGiving - Ukraine Project design	-	-	-	-	15,197	15,197
Other donations	242	-	242	143	-	143
	-	-	-	-	-	-
<b>Invoiced services</b>	<b>50,095</b>	<b>-</b>	<b>50,095</b>	<b>32,356</b>	<b>-</b>	<b>32,356</b>
	-	-	-	-	-	-
<b>Sub total</b> <i>(Gross income for AR)</i>	<b>119,937</b>	<b>48,131</b>	<b>168,068</b>	<b>121,553</b>	<b>115,696</b>	<b>237,249</b>
<b>Total receipts</b>	<b>119,937</b>	<b>48,131</b>	<b>168,068</b>	<b>121,553</b>	<b>115,696</b>	<b>237,249</b>
<b>A3 Payments</b>						
<b>Core staff positions</b>						
- Salaried	20,659	42,091	62,750	-	-	-
- Consultant	34,200	-	34,200	33,793	38,400	72,193
Consultant and associate fees - Clinical	40,024	21,050	61,074	14,434	21,394	35,828
Consultant fees - Non-Clinical	12,110	12,100	24,210	-	-	-
Interpreters and Translation	-	2,659	2,659	-	-	-
Recruitment, training and induction	1,152	1,165	2,317	-	2,488	2,488
Associate supervision	275	-	275	-	675	675
Travel & Subsistence	99	-	99	214	-	214
Office/IT/Communications	9,695	2,850	12,545	5,981	11,440	17,421
Governance and Board costs	164	-	164	2,068	-	2,068
Accounting and book-keeping	2,250	500	2,750	-	-	-
Independent examination	1,100	-	1,100	900	-	900
Fundraising	1,600	-	1,600	5,840	-	5,840
	-	-	-	-	-	-
<b>Sub total</b>	<b>123,328</b>	<b>82,415</b>	<b>205,743</b>	<b>63,230</b>	<b>74,397</b>	<b>137,627</b>
<b>Total payments</b>	<b>123,328</b>	<b>82,415</b>	<b>205,743</b>	<b>63,230</b>	<b>74,397</b>	<b>137,627</b>
<b>Net of receipts/(payments)</b>	<b>(3,391)</b>	<b>(34,284)</b>	<b>(37,675)</b>	<b>58,323</b>	<b>41,299</b>	<b>99,622</b>
<b>A5 Transfers between funds</b>	-	-	-	(2,892)	2,892	-
<b>A6 Cash funds last year end</b>	<b>66,335</b>	<b>105,113</b>	<b>171,448</b>	<b>10,904</b>	<b>60,922</b>	<b>71,826</b>
<b>Cash funds this year end</b>	<b>62,944</b>	<b>70,829</b>	<b>133,772</b>	<b>66,334.86</b>	<b>105,112.68</b>	<b>171,448</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
<b>B1 Cash funds</b>	Bank account 1	3,269		
	Bank account 2	59,675	70,829	
	<b>Total cash funds</b>	<b>62,944</b>	<b>70,829</b>	
	(agree balances with receipts and payments account(s))	- 0		
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	
	Work invoiced Dec 2023, paid 2024	2,750	-	
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
	Invoices payable Dec 2023, paid 2024	General	8,773	
	Overpayment from funder	General	2,280	
	HMRC December 23 paid Jan 24	General	3,285	

**CIO Notes required under the Charitable Incorporated Organisations (General) Regulations 2012:**

- No guarantees were given by the CIO where potential liability under the guarantee is outstanding at the date of the statement
- There were no debts outstanding at the date of the statement which are owed by the CIO and secured by an express charge on any assets of the CIO

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Andrea Thompson</i>	Andrea Thompson	11-Jun-24



**TRAUMA TREATMENT INTERNATIONAL**

England & Wales - Charity number 1175429

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# Accounts

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	<b>Trustees' Annual Report for the period</b>							
	<b>From</b>	Period start date			<b>To</b>	Period end date		
		1	Jan	2022		31		Dec

## Section A Reference and administration details

<b>Charity name</b>	Trauma Treatment International
<b>Other names charity is known by</b>	TTI
<b>Registered charity number (if any)</b>	1175429
<b>Charity's principal address</b>	15 Towton Road London, SE27 9EE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrea Mcsparron (Thompson)	Chair		
2	Rob Lewis			
3	Alphonsine Kabagabo			
4	Jenn Keser			
5	Stephen White	Treasurer		

### Name of chief executive or names of senior staff members (Optional information)

Quen Geuter – CEO
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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

# Objectives and activities

## 1. Summary of the objects of the charity set out in its governing document

### TTI Charitable Objects

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress. <sup>[L]</sup><sub>[SEP]</sub>

The following definitions apply in relation to these objects and powers:

“**torture**” as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

“**human trafficking**” as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

### Who we help

We aim to provide direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to organised violence. The term *organised violence* refers to mental or physical violence or abuse including (but not limited to) torture; human trafficking and slavery and armed conflict. Organised violence may be committed by state or non-state actors.

We also aim to assist indirectly by working with those organisations that provide the above populations with social, psychological, medical and/or legal services. We also work with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

**2. Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**What are the benefits?**

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking behaviour and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, the psychological suffering can impact on subsequent generations.

We are also aware of the impact on organisations and their workforces that are exposed to trauma on a daily basis. Therefore, assisting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work is a key aim of our organisation. The effectiveness of an organisation to deliver its goals can be impaired by the environment in which they work. For example, psychological mechanisms such as vicarious traumatisation, burnout, transference and countertransference, as well as exposure to traumatic material and working in low resource settings can all impede successful implementation of projects

Pairing principles of occupational and clinical psychology allows for a thorough assessment of the factors that are negatively impacting an organisation's capacity to deliver its aims. The benefits to the organisations include increased effectiveness to assist its beneficiaries, as well as a more healthy and satisfied workforce. In turn, this impacts positively on the beneficiaries of such services.

Research informs us that psychological methods for managing trauma can be effective and lead to improved mental health and functioning amongst affected individuals. Families and the support networks of victims of trauma also carry a heavy burden. They may suffer the secondary effects of witnessing the psychological impact of trauma on their loved ones. Specialised psychological assistance can reduce the effects of secondary trauma and help to maximise their capacity to provide care for the victim.

Academic understanding and knowledge of best practice in these areas are in relative infancy. TTI therefore intends to learn from, and contribute to, the research evidence in this field. We believe that contributing to high quality scientific research through our experiences in the projects that we will deliver, will benefit the beneficiaries of TTI in future projects, as well as the beneficiaries served by other services. We will share this learning and best practice widely within the sector through training of psychologists and others delivering mental health support in trauma settings.

**Why do TTI's purposes aim to benefit the people we have identified?**

TTI has established a TTI Associate Pool, which is made up of highly skilled clinical psychologists with expertise in trauma. Through the expertise of these associates, we are able to deliver evidence-based services to individuals and organisation partners.

We have implemented programmes that demonstrate the positive impact of addressing the psychological needs of victims, for example, improved psychological wellbeing (such as a reduction in PTSD symptoms), vocational and social functioning.

Additionally, vicarious trauma and burnout reduce the effectiveness of organisations that work with victims of organised violence and potentially cause harm to those they are seeking to help.

**How does TTI decide who to work with?**

TTI uses the following criteria when making decisions about who to work with:

## **Provision of assessment and consultancy to services to organisations working with victims of organised violence**

- Does the organisation work with victims of organised violence?
- Is an assessment of the organisation working with victims of organised violence requested by members of the organisation or the management?
- Is there a likelihood of burnout and vicarious trauma?
- Is the management of the organisation open to facilitating an assessment of needs and do they express willingness to put any recommendations into place? Will they commit to follow up assessment or monitoring?
- Does TTI believe that an occupational / clinical psychological intervention with the organisation is likely to have an impact on the beneficiaries of the organisation within a reasonable timeframe?
- Will a TTI intervention have a sustainable impact?
- Does the organisation share similar values to TTI?

## **Treatment**

● TTI works with Referral Partners. These are organisations that work directly with victims of trauma and that meet the eligibility criteria set out below. We also work with organisations working to end human rights abuses and promote accountability for those who perpetrate them and whose staff may be exposed to trauma due to their work.

- A key focus for the TTI Trauma Clinic is to provide therapy to partners involved in strategic litigation cases. For example, to support victims in strategic litigation cases to be able to more effectively participate in legal procedures by providing reliable witness testimony.

In order to be eligible to access treatment at the Trauma Clinic, beneficiaries must be:

- Referred by a Referral Partner
- 18 years of age or older
- Suffering with psychological difficulties caused by the type of trauma we treat
- Speak fluent English (In exceptional cases we will accept a referral for non-English speaking people. We will require that an interpreter is both provided and funded by the referring organisation).
- If attending therapy via a video platform, have access to reliable internet connection, a laptop, and a private and quiet space

We are unable to provide treatment to:

- People who are not referred by a TTI Referral Partner
- People whose psychological difficulties are primarily the result of other types of trauma or adverse events or are the result of childhood trauma
- Those who are at high or immediate risk of suicide or at risk of causing harm to others
- Those who are currently suffering with severe psychotic symptoms
- Those whose alcohol or drug use prevent them from engaging in treatment

## **What sort of service or facility does TTI provide?**

TTI selects psychological interventions that are most appropriate to use, according to the available evidence base most appropriate to the circumstances. Interventions are likely to have been recommended by The Inter-Agency Standing Committee Guidelines (IASC) on Mental Health and Psychosocial Support (MHPSS) in Emergency Settings (IASC, 2007), but not limited to these.

TTI service provision involves working with local partners to deliver evidence based psychological interventions for mental health problems in populations traumatised by organisational violence (specifically those traumatised by violence such as torture, trafficking or slavery or their families.)

TTI prioritises collaborating with other organisations to complete a shared goal or vision. We believe that collaboration with organisations that work with the same beneficiaries maximises all parties' effectiveness in service provision.

## **Where does TTI provide services?**

### **UK**

TTI is developing a range of services that are being provided as direct interventions to victims of organised violence and organisational partners within the UK. This includes working in partnership with UK- based organisations that support victims of organised violence (organisations we have worked with include, for instance, Medical Justice, REDRESS, Women for Refugee Women) and undertake UK based research.

Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

### **International**

During the Covid-19 pandemic, TTI's work with international partners was reduced significantly. Towards the end of 2022 we were able to develop a relationship with UK-based charity Mercy Outreach, to deliver training to counselling teams in Myanmar. This was delivered over five days in December 2022, and work to support the team through monthly supervision will be ongoing into 2023.

We work with Faithless Hijabi, an Australian based charity working with people facing violence and persecution and have provided proposals for projects to organisations that seek to work in Ukraine. The people supported through FH are often in transit and can be based in any country around the world at the time of receiving therapy. We continue to forge partnerships with organisations mainly based in the UK and US but working in countries such as DRC, but specific projects have not yet been delivered through these partnerships.

As all our services are delivered online, we are not restricted to a specific geographic region.

## **How will the organisation address these needs?**

- a) No matter where TTI is working, we will address the needs via the same approach: to provide assessment and treatment services anywhere in the world, for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma;
- b) to provide assessment and treatment services to individuals who work with persons such as those mentioned in paragraph a) in order to relieve psychological distress suffered by such individuals as a result of working with such persons;
- c) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- d) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- e) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress; and

f) to train and supervise clinical psychologists in order to increase the number of people working worldwide who have a specialist knowledge of trauma treatment.

However, how we will collaborate with our partners in different countries will vary according to the local context, available resources, cultural norms, and capacity of the unique setting.

**How has the organisation identified these needs and what evidence or information has it used?** SEP

We will primarily collaborate with organisations in partnership, who have identified a need and agree that the support we can offer is suitable to meet those needs and requirements. In many cases, the needs and recommendations for how to address needs around trauma and risk will be shaped through clinical needs assessment led by a TTI associate as part of an Organisation Risk Assessment process. TTI has considerable experience working with victims of organised violence.

We are regularly approached by organisations that support victims of collective violence with requests to provide expert psychological assessments and services both to the organisation workforce and to individual victims of torture, trafficking, slavery, persecution and war. We collaboratively identify shared areas where we can add our psychological expertise to further a shared goal.

We also intend to utilise socio-political information such as news of escalating conflicts; information about trafficking and slavery 'routes and hotspots'; contexts where there are significant numbers of the population facing torture. Sources will include scientific research publications, reports of International NGOs documenting human rights abuses (for example Amnesty International or Human Rights Watch ) or health challenges in different contexts (for example International Committee of the Red Cross or Médecins Sans Frontières).

The trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the CIO's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

**Which partners / agents will the organisation work with or fund and how will it select them?** SEP

TTI will work with partners according to the criteria outlined above in accordance with how decisions are made about carrying out any project. In addition, TTI will consider the applicability of its methods for the particular cultural context, the availability of resources, the safety of working within the area concerned in terms of risk to staff resulting from conflict, disease, political oppression or a breakdown in the rule of law.

Decisions relating to activities with partners will also be made according to the same criteria.

TTI will not provide psychological services where it is clear that the beneficiaries' current situation maintains or worsens their wellbeing. This includes any setting whereby the context or setting is directly contributing to psychological distress, over and above the effect of any trauma that they have or are experiencing.

TTI will work with organisations with compatible values to our own.

TTI will not work with beneficiaries, if doing so will positively impact those who cause psychological suffering, or enable further suffering (for example TTI will not work with those who are still enslaved or detained).

### 3. Summary of the main achievements of the charity during the year

The key achievements of TTI during the year 2022 can be summarised as:

#### i) **Growth of the TTI Trauma Clinic**

Thanks to further funding secured in September 2022 from the MSN Family Trust, TTI has been able to continue to deliver and grow the TTI Trauma Clinic. The clinic provides online specialist access to treatment for PTSD delivered by trained trauma psychologists. The Clinic takes referrals from partners who have been carefully selected, to provide strategic therapy in support of litigation cases that have a wider ripple effect in society. Referral partners also provide stability and assistance in securing daily needs (housing, employment or education for example), thus enabling beneficiaries to focus only on their therapeutic recovery at the TTI Trauma Clinic. This is an online service, open to referral of victims of torture, hostage situations or state persecution anywhere in the world. There are currently 19 beneficiaries who have or are completing therapy at the clinic and five referral partners.

#### ii) **Support for Organisations working with traumatised individuals**

Trauma Informed Organisation Assessments were carried out for Hostage International and Women for Refugee Women as part of the London Catalyst project.

Ongoing support, including supervision of trauma-exposed staff, group supervision of trauma-exposed teams, strategic support, policy development, workshops and training was delivered to organisations across the UK. Nine organisations received training to support improved staff wellbeing and reduce burnout and vicarious trauma. 14 organisations were supported to become trauma-informed and promote good practice to manage trauma in the workplace and in delivery of projects for beneficiaries.

#### iii) **All Rise Crowdfunding Campaign and delivery**

£60,000 was raised through two crowdfunding campaigns in 2022 to support women judges, lawyers and human rights activists who were forced to flee Afghanistan in the autumn of 2021. In partnership with the International Bar Association's Human Rights Institute, Methoria (Last Rights) and Garden Court Chamber, TTI provided 13 therapy sessions to four women from three referral partners in the year and the project will continue delivery in 2023.

#### iv) **Response to Russian invasion of Ukraine and the increase in refugees being hosted in family homes in the UK as a result of the increase in refugees and migrants from all countries**

TTI carried out research with 50 hosting organisations and four hosts of refugees located across the UK. Findings identified inconsistency of understanding of trauma, response to trauma in the workplace and support to hosts of refugees in the areas trauma response. Some organisations felt a lack of confidence in this area and it was identified that a coalition of organisations would benefit from developing a shared understanding of trauma and good practice in how to mitigate the risks of trauma within workforces and volunteer teams as well as for hosts and refugees and those seeking asylum themselves.

A set of resources for hosts of refugees were developed and launched on the TTI Resource Hub. These were shared through social media campaigns and discussed on Sky News. Funding from CFC Insurance and Allan Lane Foundation enabled delivery of training to local community groups and partnerships with organisations working with refugees, hosts and local authorities across South East England, North East England, Wales as well as elsewhere across the UK.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

#### Reserves Policy:

To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given there are no employees or office costs, the trustees have determined that they require funds to pay annual charges such as independent examination and website costs, (regular operating costs) which the trustees estimate to be no more than £3,000.

As the charity grows and develops, e.g appointing staff, securing premises, the level of reserves will be reviewed and revised accordingly taking into account any additional liabilities.

### Details of any funds materially in deficit

N/a

### Further financial review details (Optional information)

•

The charity's principal sources of income continued to be a mixture of restricted and unrestricted grants and donations, with some income carried forward from the previous year.

This year, we secured funds from, among others, Karl Johan Persson, Matrix Chambers; Postcode Lottery and MSN Family Trust and National Lottery.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position  
(eg Secretary, Chair, etc)

Date

2 August 2023

## **Independent examiner's report**

**To the trustees of**

### **Trauma Treatment International Charitable Incorporated Organisation**

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I report to the trustees on my examination of the accounts of Trauma Treatment International Charitable Incorporated Organisation ('the CIO') for the year ended 31 December 2022.

#### **Responsibilities and basis of the report**

As the charity trustees of Trauma Treatment International CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that give me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Caroline Sharp**  
FCA, DChA  
LONDON

Date: **18 August 2023**



CHARITY COMMISSION  
FOR ENGLAND AND WALES



Charity Name  
**Trauma Treatment International**

No  
**1175429**

**CC16a**

## Receipts and payments accounts

For the year from	01-Jan-22	To	31-Dec-22
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>						
<b>Grants and donations</b>						
Karl-Johan Persson - Core costs	59,994	-	59,994	-	29,985	29,985
The Fore	20,200	-	20,200	-	-	-
MSN Family Trust/CIVA - Trauma clinic	-	18,533	18,533	-	15,000	15,000
The Prism Charitable Trust	-	18,000	18,000	-	-	-
Allen Lane Foundation	-	6,350	6,350	-	-	-
London Catalyst	-	3,000	3,000	-	-	-
Matrix Causes Fund/Prism - Associate training	-	3,000	3,000	-	3,000	3,000
Postcode Society Trust - organisational support	-	-	-	-	18,000	18,000
National Lottery Community Fund - Resilience hub	-	-	-	-	10,000	10,000
London Community Foundation/MOPAC Partnership with Escaping Victimhood	8,860	-	8,860	-	4,400	4,400
All Rise again Crowdfunder	-	51,616	51,616	-	2,311	2,311
JustGiving - Ukraine Project design	-	15,197	15,197	-	-	-
Other donations	143	-	143	866	-	866
<b>Invoiced services</b>	<b>32,356</b>	<b>-</b>	<b>32,356</b>	<b>19,867</b>	<b>-</b>	<b>19,867</b>
<b>Sub total (Gross income for AR)</b>	<b>121,553</b>	<b>115,696</b>	<b>237,249</b>	<b>20,733</b>	<b>82,696</b>	<b>103,429</b>
<b>Total receipts</b>	<b>121,553</b>	<b>115,696</b>	<b>237,249</b>	<b>20,733</b>	<b>82,696</b>	<b>103,429</b>
<b>A3 Payments</b>						
Consulting and associate fees	48,227	59,794	108,021	28,012	31,188	59,200
Recruitment, training and induction	-	2,488	2,488	-	710	710
Associate supervision	-	675	675	100	360	460
Travel & Subsistence	214	-	214	38	56	94
Office/IT/Communications	5,981	11,440	17,421	3,380	180	3,560
Admin and book-keeping	-	-	-	-	800	800
Strategy and policy	-	-	-	1,305	-	1,305
Partner and client liaison	-	-	-	-	1,240	1,240
Monitoring and evaluation	-	-	-	-	240	240
Governance and Board costs	2,068	-	2,068	474	-	474
Independent examination	900	-	900	1,000	-	1,000
Fundraising	5,840	-	5,840	6,080	-	6,080
<b>Sub total</b>	<b>63,230</b>	<b>74,397</b>	<b>137,627</b>	<b>40,389</b>	<b>34,774</b>	<b>75,163</b>
<b>A4 Asset and investment purchases, (see table)</b>						
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>63,230</b>	<b>74,397</b>	<b>137,627</b>	<b>40,389</b>	<b>34,774</b>	<b>75,163</b>
<b>Net of receipts/(payments)</b>	<b>58,323</b>	<b>41,299</b>	<b>99,622</b>	<b>(19,656)</b>	<b>47,922</b>	<b>28,266</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>2,892</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>10,904</b>	<b>60,922</b>	<b>71,826</b>	<b>30,560</b>	<b>13,000</b>	<b>43,560</b>
<b>Cash funds this year end</b>	<b>66,335</b>	<b>105,113</b>	<b>171,448</b>	<b>10,904</b>	<b>60,922</b>	<b>71,826</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
<b>B1 Cash funds</b>	Bank account 1	5,808		
	Bank account 2	60,527	105,113	
	<b>Total cash funds</b>	<b>66,335</b>	<b>105,113</b>	
	(agree balances with receipts and payments account(s))	-		
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	
<b>B2 Other monetary assets</b>	Work invoiced Dec 2022, paid 2023	4,530	-	
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
	Invoices payable Dec 2022, paid 2023	General	7,536	
	Overpayment from funder	General	2,280	
<b>CIO Notes required under the Charitable Incorporated Organisations (General) Regulations 2012:</b>				
1. No guarantees were given by the CIO where potential liability under the guarantee is outstanding at the date of the statement				
2. There were no debts outstanding at the date of the statement which are owed by the CIO and secured by an express charge on any assets of the CIO				
Signed on behalf of all the trustees				
	Signature	Print Name	Date of approval	
	<input style="width: 150px; height: 20px;" type="text"/>	<b>STEPHEN WHITE</b>	<b>02-Aug-23</b>	

**TRAUMA TREATMENT INTERNATIONAL**

England & Wales - Charity number 1175429

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# Accounts

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# Trustees' Annual Report for the period

From Period start date To Period end date

1 Jan 2021 31 Dec 2021



## Section A Reference and administration details

<b>Charity name</b>	Trauma Treatment International
<b>Other names charity is known by</b>	TTI
<b>Registered charity number (if any)</b>	1175429
<b>Charity's principal address</b>	15 Towton Road London, SE27 9EE

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prue Norton		Resigned Jan 2021	
2	Irena Sabic	Vice Chair	Resigned Jan 2022	
3	Jon Duncan	Treasurer	Resigned Oct 2021	
4	Andrea Mcsparron (Thompson)	Chair		
5	Rob Lewis			
6	Alphonsine Kabagabo		From September 2021	
7	Jenn Keser		From September 2021	
8	Stephen White	Treasurer	From September 2021	

### Name of chief executive or names of senior staff members (Optional information)

Quen Geuter – CEO

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

# Objectives and activities

## 1. Summary of the objects of the charity set out in its governing document

### TTI Charitable Objects

The objects of TTI are for the public benefit, to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress. <sup>[1]</sup><sub>[SEP]</sub>

The following definitions apply in relation to these objects and powers:

“**torture**” as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

“**human trafficking**” as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

### Who we help

We aim to provide direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to organised violence. The term *organised violence* refers to mental or physical violence or abuse including (but not limited to) torture; human trafficking and slavery and armed conflict. Organised violence may be committed by state or non-state actors.

We also aim to assist indirectly by working with those organisations that provide the above populations with social, psychological, medical and/or legal services. We also work with organisations that are seeking to end organised violence or uphold human rights, such as legal teams, journalists and human rights defenders.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, health and current legal status. We work with adults and those who experienced traumatic events in or close to adulthood (aged 18+).

**2. Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**What are the benefits?**

Individuals who have experienced severe atrocities such as torture, trafficking, slavery and war can develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking behaviour and wellbeing. In low income settings, this has a direct impact on the individual's ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, the psychological suffering can impact on subsequent generations.

We are also aware of the impact on organisations and their workforces that are exposed to trauma on a daily basis. Therefore, assisting organisations that work with people affected by organised violence or with significant levels of traumatic material through their work is a key aim of our organisation. The effectiveness of an organisation to deliver its goals can be impaired by the environment in which they work. For example, psychological mechanisms such as vicarious traumatisation, burnout, transference and countertransference, as well as exposure to traumatic material and working in low resource settings can all impede successful implementation of projects

Pairing principles of occupational and clinical psychology allows for a thorough assessment of the factors that are negatively impacting an organisation's capacity to deliver its aims. The benefits to the organisations include increased effectiveness to assist its beneficiaries, as well as a more healthy and satisfied workforce. In turn, this impacts positively on the beneficiaries of such services.

Research informs us that psychological methods for managing trauma can be effective and lead to improved mental health and functioning amongst affected individuals. Families and the support networks of victims of trauma also carry a heavy burden. They may suffer the secondary effects of witnessing the psychological impact of trauma on their loved ones. Specialised psychological assistance can reduce the effects of secondary trauma and help to maximise their capacity to provide care for the victim.

Academic understanding and knowledge of best practice in these areas are in relative infancy. TTI therefore intends to learn from, and contribute to, the research evidence in this field. We believe that contributing to high quality scientific research through our experiences in the projects that we will deliver, will benefit the beneficiaries of TTI in future projects, as well as the beneficiaries served by other services. We will share this learning and best practice widely within the sector through training of psychologists and others delivering mental health support in trauma settings.

**Why do TTI's purposes aim to benefit the people we have identified?**

TTI has established a TTI Associate Pool, which is made up of highly skilled clinical psychologists with expertise in trauma. Through the expertise of these associates, we are able to deliver evidence-based services to individuals and organisation partners.

We have implemented programmes that demonstrate the positive impact of addressing the psychological needs of victims, for example, improved psychological wellbeing (such as a reduction in PTSD symptoms), vocational and social functioning.

Additionally, vicarious trauma and burnout reduce the effectiveness of organisations that work with victims of organised violence and potentially cause harm to those they are seeking to help.

**How does TTI decide who to work with?**

TTI uses the following criteria when making decisions about who to work with:

## **Provision of assessment and consultancy to services to organisations working with victims of organised violence**

- Does the organisation work with victims of organised violence?
- Is an assessment of the organisation working with victims of organised violence requested by members of the organisation or the management?
- Is there a likelihood of burnout and vicarious trauma?
- Is the management of the organisation open to facilitating an assessment of needs and do they express willingness to put any recommendations into place? Will they commit to follow up assessment or monitoring?
- Does TTI believe that an occupational / clinical psychological intervention with the organisation is likely to have an impact on the beneficiaries of the organisation within a reasonable timeframe?
- Will a TTI intervention have a sustainable impact?
- Does the organisation share similar values to TTI?

## **Treatment**

- TTI works with Referral Partners. These are organisations that work directly with victims of trauma and that meet the eligibility criteria set out below. We also work with organisations working to end human rights abuses and promote accountability for those who perpetrate them and whose staff may be exposed to trauma due to their work.
- A key focus for the TTI Trauma Clinic is to provide therapy to partners involved in strategic litigation cases. For example, to support victims in strategic litigation cases to be able to more effectively participate in legal procedures by providing reliable witness testimony.
- In order to be eligible to access treatment at the Trauma Clinic, beneficiaries must be:
  - Referred by a Referral Partner
  - 18 years of age or older
  - Suffering with psychological difficulties caused by the type of trauma we treat
  - Speak fluent English (In exceptional cases we will accept a referral for non-English speaking people. We will require that an interpreter is both provided and funded by the referring organisation).
  - If attending therapy via a video platform, have access to reliable internet connection, a laptop, and a private and quiet space

We are unable to provide treatment to:

- People who are not referred by a TTI Referral Partner
- People whose psychological difficulties are primarily the result of other types of trauma or adverse events or are the result of childhood trauma
- Those who are at high or immediate risk of suicide or at risk of causing harm to others
- Those who are currently suffering with severe psychotic symptoms
- Those whose alcohol or drug use prevent them from engaging in treatment

## **What sort of service or facility does TTI provide?**

TTI selects psychological interventions that are most appropriate to use, according to the available evidence base most appropriate to the circumstances. Interventions are likely to have been recommended by The Inter-Agency Standing Committee Guidelines (IASC) on Mental Health and Psychosocial Support (MHPSS) in Emergency Settings (IASC, 2007), but not limited to these.

TTI service provision involves working with local partners to deliver evidence based psychological interventions for mental health problems in populations traumatised by organisational violence

(specifically those traumatised by violence such as torture, trafficking or slavery or their families.)

TTI prioritises collaborating with other organisations to complete a shared goal or vision. We believe that collaboration with organisations that work with the same beneficiaries maximises all parties' effectiveness in service provision.

## **Where does TTI provide services?**

### **UK**

TTI is developing a range of services that are being provided as direct interventions to victims of organised violence and organisational partners within the UK. This includes working in partnership with UK- based organisations that support victims of organised violence (organisations we have worked with include, for instance, Medical Justice, REDRESS, Women for Refugee Women) and undertake UK based research.

Our work is with both UK-focused organisations and UK-based organisations with global reach. As such our interventions and provision of services are not restricted to only working with beneficiaries who live in the UK. We receive referrals to work with victims of trauma all over the world.

### **International**

During the Covid-19 pandemic, TTI's work with international partners has reduced significantly. We continue to work with partners including Yazda in Northern Iraq, Faithless Hijabi in Australia and Justice Rising in DRC. We are partner-led and support organisations to find local solutions that are sustainable and evidence-based in response to organised violence at a community or individual level.

As all our services are delivered online, we are not restricted to a specific geographic region.

## **How will the organisation address these needs?**

- a) No matter where TTI is working, we will address the needs via the same approach: to provide assessment and treatment services anywhere in the world, for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma;
- b) to provide assessment and treatment services to individuals who work with persons such as those mentioned in paragraph a) in order to relieve psychological distress suffered by such individuals as a result of working with such persons;
- c) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- d) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- e) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress; and
- f) to train and supervise clinical psychologists in order to increase the number of people working worldwide who have a specialist knowledge of trauma treatment.

However, how we will collaborate with our partners in different countries will vary according to the local context, available resources, cultural norms, and capacity of the unique setting.

## **How has the organisation identified these needs and what evidence or information has it used?**

We will primarily collaborate with others who have identified a need and expressed a desire to work with us. TTI has considerable experience working internationally with victims of organised violence. We have already been approached directly by victims and the organisations that support them with requests to provide expert psychological assessments and services. We intend to collaboratively identify shared areas where we can add our psychological expertise to further a shared goal.

We also intend to utilise socio-political information such as news of escalating conflicts; information about trafficking and slavery 'routes and hotspots'; contexts where there are significant numbers of the population facing torture. Sources will include scientific research publications, reports of International NGOs documenting human rights abuses (for example Amnesty International or Human Rights Watch ) or health challenges in different contexts (for example International Committee of the Red Cross or Médecins Sans Frontières).

The trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the CIO's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

### **Which partners / agents will the organisation work with or fund and how will it select them?** (SEP)

TTI will work with partners according to the criteria outlined above in accordance with how decisions are made about carrying out any project. In addition, TTI will consider the applicability of its methods for the particular cultural context, the availability of resources, the safety of working within the area concerned in terms of risk to staff resulting from conflict, disease, political oppression or a breakdown in the rule of law.

Decisions relating to activities with partners will also be made according to the same criteria.

TTI will not provide psychological services where it is clear that the beneficiaries' current situation maintains or worsens their wellbeing. This includes any setting whereby the context or setting is directly contributing to psychological distress, over and above the effect of any trauma that they have or are experiencing.

TTI will work with organisations with compatible values to our own.

TTI will not work with beneficiaries, if doing so will positively impact those who cause psychological suffering, or enable further suffering (for example TTI will not work with those who are still enslaved or detained).

## **Section D Achievements and performance**

### **3. Summary of the main achievements of the charity during the year**

The key achievements of TTI during the year 2021 can be summarised as:

#### **i) Design and Launch of the TTI Trauma Clinic**

Thanks to funding secured in September 2021, TTI has been able to launch the TTI Trauma Clinic. The clinic provides online specialist access to treatment for PTSD delivered by trained trauma psychologists. The Clinic takes referrals from partners who have been carefully selected, to provide strategic therapy in support of litigation cases that have a wider ripple effect in society. Referral partners also provide stability and assistance in securing daily needs (housing, employment or education for example), thus enabling beneficiaries to focus only on their therapeutic recovery at the Clinic. This is an online service, open to referral of victims of torture, hostage situations or state persecution anywhere in the world. The first Referral Partner to the clinic was Hostage International.

## Section D

## Achievements and performance

### ii) Support for Organisations working with traumatised individuals

Trauma Informed Organisation Assessments were carried out for Hibiscus Initiative.

Ongoing support was provided to Women for Refugee Women, Medical Justice, Hibiscus, Inquest. This support included clinical supervision sessions for staff working with victims of organised violence, to counter the potential impact of burnout, stress and vicarious trauma. In addition, training, workshops and group sessions were delivered to partners.

### iii) Therapy for families affected by homicide

In partnership with Escaping Victimhood, TTI provided workshops, pre-workshop support and therapy for family members affected by violent homicide living in London.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

#### Reserves Policy:

To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given there are no employees or office costs, the trustees have determined that they require funds to pay annual charges such as independent examination and website costs, (regular operating costs) which the trustees estimate to be no more than £3,000.

As the charity grows and develops, e.g appointing staff, securing premises, the level of reserves will be reviewed and revised accordingly taking into account any additional liabilities.

### Details of any funds materially in deficit

N/a

### Further financial review details (Optional information)

The charity's principal sources of income continued to be a mixture of restricted and unrestricted grants and donations, with some income carried forward from the previous year.

This year, we secured funds from, among others, Karl Johan Persson, Matrix Chambers; Postcode Lottery and MSN Family Trust and National Lottery.

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

Signature(s)

A. Thompson

Full name(s)

Andrea Thompson

Position  
(eg Secretary, Chair, etc)

Chair

Date

1 July 2022

## **Independent examiner's report**

**To the trustees of**

### **Trauma Treatment International Charitable Incorporated Organisation**

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I report to the trustees on my examination of the accounts of Trauma Treatment International Charitable Incorporated Organisation ('the CIO') for the year ended 31 December 2021.

#### **Responsibilities and basis of the report**

As the charity trustees of Trauma Treatment International CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that give me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Caroline Sharp**  
FCA, DChA  
LONDON

Date: **20 September 2022**



CHARITY COMMISSION  
FOR ENGLAND AND WALES

**TRAUMA  
TREATMENT  
INTERNATIONAL**

Charity Name  
**Trauma Treatment International**

No  
**1175429**

**CC16a**

## Receipts and payments accounts

For the year from	01-Jan-21	To	31-Dec-21
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>						
<b>Grants and donations</b>						
Karl-Johan Persson - Core costs	-	29,985	29,985	-	-	-
Postcode Society Trust - organisational support	-	18,000	18,000	-	-	-
MSN Family Trust - Trauma clinic	-	15,000	15,000	-	-	-
National Lottery Community Fund - Resilience hub	-	10,000	10,000	-	-	-
National Lottery Community Fund - Covid 19 Grant	-	-	-	-	10,000	10,000
The Evan Cornish Foundation Grant	-	-	-	-	3,000	3,000
London Community Foundation/MOPAC Partnership with Escaping Victimhood	-	4,400	4,400	-	-	-
Matrix Causes Fund/Prism - Associate training	-	3,000	3,000	-	-	-
Aviva Community Fund/Crowdfunder	-	2,311	2,311	-	-	-
Other donations	866	-	866	465	-	465
<b>Invoiced services</b>	<b>19,867</b>	<b>-</b>	<b>19,867</b>	<b>8,694</b>	<b>-</b>	<b>8,694</b>
	-	-	-	-	-	-
<b>Sub total</b> <i>(Gross income for AR)</i>	<b>20,733</b>	<b>82,696</b>	<b>103,429</b>	<b>9,159</b>	<b>13,000</b>	<b>22,159</b>
<b>Total receipts</b>	<b>20,733</b>	<b>82,696</b>	<b>103,429</b>	<b>9,159</b>	<b>13,000</b>	<b>22,159</b>
<b>A3 Payments</b>						
Consulting and associate fees	28,012	31,188	59,200	22,232	-	22,232
Recruitment, training and induction	-	710	710	-	-	-
Associate supervision	100	360	460	-	-	-
Travel & Subsistence	38	56	94	-	-	-
Office/IT/Communications	3,380	180	3,560	847	-	847
Admin and book-keeping	-	800	800	-	-	-
Strategy and policy	1,305	-	1,305	-	-	-
Partner and client liaison	-	1,240	1,240	-	-	-
Monitoring and evaluation	-	240	240	-	-	-
Governance and Board costs	474	-	474	442	-	442
Independent examination	1,000	-	1,000	-	-	-
Fundraising	6,080	-	6,080	2,364	-	2,364
<b>Sub total</b>	<b>40,389</b>	<b>34,774</b>	<b>75,163</b>	<b>25,885</b>	<b>-</b>	<b>25,885</b>
<b>A4 Asset and investment purchases, (see table)</b>						
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>40,389</b>	<b>34,774</b>	<b>75,163</b>	<b>25,885</b>	<b>-</b>	<b>25,885</b>
<b>Net of receipts/(payments)</b>	<b>(19,656)</b>	<b>47,922</b>	<b>28,266</b>	<b>(16,726)</b>	<b>13,000</b>	<b>(3,726)</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>30,560</b>	<b>13,000</b>	<b>43,560</b>	<b>47,286</b>	<b>-</b>	<b>47,286</b>
<b>Cash funds this year end</b>	<b>10,904</b>	<b>60,922</b>	<b>71,826</b>	<b>30,560</b>	<b>13,000</b>	<b>43,560</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
<b>B1 Cash funds</b>	Bank account 1	10,904	1,760	
	Bank account 2	-	59,162	
	<b>Total cash funds</b>	<b>10,904</b>	<b>60,922</b>	
	(agree balances with receipts and payments account(s))	0		
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
		-	-	
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	Invoices received Dec 2021, paid Jan 22	General	2,000	

**CIO Notes required under the Charitable Incorporated Organisations (General) Regulations 2012:**

- No guarantees were given by the CIO where potential liability under the guarantee is outstanding at the date of the statement
- There were no debts outstanding at the date of the statement which are owed by the CIO and secured by an express charge on any assets of the CIO

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
<i>S White</i>	STEPHEN WHITE	17-Aug-22

**TRAUMA TREATMENT INTERNATIONAL**

England & Wales - Charity number 1175429

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# Accounts

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# Trustees' Annual Report for the period

Period start date

Period end date

From 1 Jan 2020 To 31 Dec 2020

## Section A Reference and administration details

Charity name Trauma Treatment International

Other names charity is known by TTI

Registered charity number (if any) 1175429

Charity's principal address 100 Clarence Avenue

London

Postcode SW4 8JS

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prue Norton			
2	Carla Ferstman		To 31 July 2020	
3	Irena Sabic	Vice Chair		
4	Jon Duncan	Treasurer		
5	Andrea Mcsparron (Thompson)	Chair		
6	Rob Lewis			

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

Carla Ferstman, Acting CEO August - December 2020

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

In the first half of 2020, one of the Founders stepped down from her role at TTI. Following an external review, it was decided to appoint a CEO to run the charity. Up until this point, the organisation had been managed by a leadership team made up of the three founders.

Carla Ferstman agreed to step down from the board in order to take on the role of Acting CEO (unpaid) from August to December 2020, to support the organisation through the recruitment process.

This process was successful, and a part time CEO was appointed in December 2020.

## Objectives and activities

### Summary of the objects of the charity set out in its governing document

#### TTI Charitable Objects

The objects of TTI are for the public benefit to preserve and protect good health and relieve the suffering of persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery. In furtherance of these objects TTI shall have power to do all or any of the following:

- a) to provide treatment and assessment services for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma and to relieve psychological distress suffered by individuals as a result of working with such persons;
- b) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;

c) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and

d) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress.

The following definitions apply in relation to these objects and powers:

**“torture”** as defined in The United Nations Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment)

**“human trafficking”** as defined in United Nations Convention against Transnational Organized Crime (UNTOC) and the Protocols thereto.

### **Who we help**

We aim to provide direct psychological assistance to those persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to organised violence. The term *organised violence* refers to mental or physical violence or abuse including (but not limited to) torture; human trafficking and slavery and armed conflict. Organised violence may be committed by state or non-state actors.

We also aim to assist indirectly by working with those organisations that provide the above populations with social, psychological, medical and/or legal services.

We work with all individuals who have experienced such atrocities, regardless of nationality, ethnicity, gender, sexuality, age, health and current legal status.

### **What are the benefits?**

Individuals who have experienced severe atrocities such as torture, trafficking and slavery often develop mental and physical health difficulties of a complex nature. These difficulties frequently interact, leading to ongoing suffering long after the individual is released from the torture or trafficking situation, or has left the area of conflict. This often leads to withdrawal from others, social isolation, and an overall reduction in functioning as well as help-seeking behaviour and wellbeing. In low income settings, this has a direct impact on the individual’s ability to survive. For families and children, the impacts are also devastating and family breakdown is common. Without adequate treatment and care, the psychological suffering can therefore impact on subsequent generations.

We are also aware of the indirect impact on organisations that deal with

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

trauma on a daily basis. Therefore, assisting organisations that work with people affected by organised violence is a key aim of our organisation. The effectiveness of an organisation to deliver its goals can be impaired by the environment in which they work. For example, psychological mechanisms such as vicarious traumatisation, burnout, transference and countertransference, as well as listening to traumatic material and working in low resource settings can all impede successful implementation of projects

Pairing principles of occupational and clinical psychology allows for a thorough assessment of the factors that are negatively impacting an organisation's capacity to deliver its aims. The benefits to the organisations include increased effectiveness to assist its beneficiaries, as well as a more healthy and satisfied workforce. In turn, this impacts positively on the beneficiaries of such services.

Research informs us that psychological methods for managing trauma can be effective and lead to improved mental health and functioning amongst affected individuals. Families and the support networks of victims of trauma also carry a heavy burden. They may suffer the secondary effects of witnessing the psychological impact of trauma on their loved ones. Specialised psychological assistance can reduce the effects of secondary trauma and help to maximise their capacity to provide care for the victim.

Academic understanding and knowledge of best practice in these areas are in relative infancy. TTI therefore intends to learn from, and contribute to, the research evidence in this field. We believe that contributing to high quality scientific research through our experiences in the projects that we will deliver, will benefit the beneficiaries of TTI in future projects, as well as the beneficiaries served by other services.

### **Why do TTI's purposes aim to benefit the people we have identified?**

The founders of TTI have considerable experience in providing psychological support to this population. We have implemented programmes that demonstrate the positive impact of addressing the psychological needs of victims, for example, improved psychological wellbeing (such as a reduction in PTSD symptoms), vocational and social functioning. We also recognise that research in this area remains in its infancy and would like to increase the ability to work effectively with our beneficiaries through direct contributions to the research literature.

Additionally, vicarious trauma and burnout reduce the effectiveness of organisations that work with victims of organised violence and potentially cause harm to those they are seeking to help.

### **How does TTI decide who to work with?**

TTI uses the following criteria when making decisions about who to work

with:

**Provision of training in psychological interventions to be directly delivered to victims of organised violence**

- Does the project / local organisation work with victims of organised violence?
- If so, could they benefit from the inclusion of psychological or psychosocial components in order to maximise or complete the positive impact on their beneficiaries?
- Are such organisations in a position (in terms of resources, staff capacity etc) to deliver psychological or psychosocial components if they were to be trained to do so?
- If we were to provide training, would follow up supervision and assistance be possible?
- Is the project / local NGO financially in a position to continue to deliver the envisaged psychological intervention after TTI has left the setting?
- Can the project / local NGO provide a reasonable plan for sustainability?

**Provision of assessment and organisational consultancy to services working with victims of organised violence**

- Does the organisation work with victims of organised violence?
- Is an assessment of the organisation working with victims of organised violence requested by members of the organisation or the management?
- Is there a likelihood of burnout and vicarious trauma?
- Is the management of the organisation open to facilitating an assessment of needs and express willingness to put any recommendations into place? Will they commit to follow up assessment or monitoring?
- Does TTI believe that an occupational / clinical psychological intervention with the organisation is likely to have an impact on the beneficiaries of the organisation within a reasonable timeframe?
- Will a TTI intervention have a sustainable impact?
- Does the organisation share similar values to TTI?

**Research**

- Does the project include an element of research that can advance

our knowledge of applications of therapies in the field?

- Does TTI have the necessary resources to deliver a high-quality research within the project? Is there satisfactory evidence that administrative processes associated with research (including for example ethics applications, clinical trial registrations) delay or impair the activities of the service, or any other planned project to be implemented by TTI?
- Are other research teams better placed to deliver this research, and if so is there an opportunity to collaborate?

### **What sort of service or facility does TTI provide?**

TTI selects psychological interventions that are most appropriate to use, according to the available evidence base most appropriate to the circumstances. Interventions are likely to have been recommended by The Inter-Agency Standing Committee Guidelines (IASC) on Mental Health and Psychosocial Support (MHPSS) in Emergency Settings (IASC, 2007), but not limited to these. TTI Service provision involves working with local partners to deliver evidence based psychological interventions for mental health problems in populations traumatised by organisational violence (specifically those traumatised by violence such as torture, trafficking or slavery or their families.) TTI prioritises collaborating with other organisations to complete a shared goal or vision. We believe that collaboration with organisations that work with the same beneficiaries maximises all parties' effectiveness in service provision.

### **Where does TTI provide services?**

#### **UK**

TTI is developing a UK Hub that provides direct interventions to victims of organised violence, organisational consultancy with UK based organisations that work with victims of organised violence (organisations we have worked with include, for instance, Medical Justice, REDRESS, Women for Refugee Women) and UK based research. Our vision is to use the UK Hub to develop work that can then be modelled in different geographical settings.

#### **International**

It is envisaged that much of the work of TTI will be carried out internationally. This is because research suggests that the greatest need for victims of organised violence exists in the developing world. For example, the International Council for the Rehabilitation of Victims of Torture estimates that torture victims make up at least 26% of any refugee flow. 80% of refugees live in the developing world. TTI's mobile team can respond rapidly according to

fluctuations in international need. TTI has carried out some work already with organisations in sub-Saharan Africa in Kenya, Democratic Republic of the Congo and Rwanda and has developed a framework for intervention with Yazda, for which the organisations are currently seeking funding, for the treatment of Yazidi victims in Iraq. TTI believes in the multiplier effect: we should work with local organisations who are already local experts in their field but who can benefit from training in trauma-focused psychological and social care provision. We, as international experts, should exit from each international setting as soon as there is evidence that our local partners are able to sustain the provision of psychological care without assistance in the field, although we may continue to offer support when needed from the UK in order to ensure sustainability.

The needs that we will aim to address internationally are the same, no matter where we work in the world, and are detailed above.

### **How will the organisation address these needs?**

- a) No matter where TTI is working, we will address the needs via the same approach: to provide assessment and treatment services anywhere in the world, for persons who suffer from psychological trauma as a result of their, or members of their families, having been subjected to mental or physical violence or abuse including (but not limited to) torture, human trafficking and slavery in order to eliminate, reduce or mitigate the effects of such psychological trauma;
- b) to provide assessment and treatment services to individuals who work with persons such as those mentioned in paragraph a) in order to relieve psychological distress suffered by such individuals as a result of working with such persons;
- c) to assist other organisations to provide (or improve or enhance their ability to provide) services such as those described in paragraph a) above;
- d) to undertake research in order to improve the treatment and assessment of psychological trauma of the type described in paragraph a) above; and
- e) to educate the public, governmental and intergovernmental bodies and other organisations in relation to problems suffered by persons such as those described in paragraph a) above in order to contribute to the reduction of the incidence and effects of such psychological trauma and distress.

However, how we will collaborate with our partners in different countries will vary according to the local context, available resources, cultural norms, and capacity of the unique setting.

**How has the organisation identified these needs and what evidence or information has it used?**<sup>[1]</sup><sub>ISEP</sub>

We will primarily collaborate with others who have identified a need and expressed a desire to work with us. The founders of TTI have considerable experience working internationally with victims of organised violence. . We have already been approached directly by victims and the organisations that support them with requests to provide expert psychological assessments and services. We intend to collaboratively identify shared areas where we can add our psychological expertise to further a shared goal.

We also intend to utilise socio-political information such as news of escalating conflicts; information about trafficking and slavery 'routes and hotspots'; contexts where there are significant numbers of the population facing torture. Sources will include scientific research publications, reports of International NGOs documenting human rights abuses (for example Amnesty International or Human Rights Watch ) or health challenges in different contexts (for example International Committee of the Red Cross or Médecins Sans Frontières).

The trustees have had regard to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the CIO's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

**Which partners / agents will the organisation work with or fund and how will it select them?**<sup>[1]</sup><sub>ISEP</sub>

TTI will work with partners according to the criteria outlined above in accordance with how decisions are made about carrying out any project. In addition, TTI will consider the applicability of its methods for the particular cultural context, the availability of resources, the safety of working within the area concerned in terms of risk to staff resulting from conflict, disease, political oppression or a breakdown in the rule of law.

Decisions relating to activities with partners will also be made according to the same criteria.

TTI will not provide psychological services where it is clear that the beneficiaries' current situation maintains or worsens their wellbeing. This includes any setting whereby the context or setting is directly contributing to psychological distress, over and above the effect of any trauma that they have or are experiencing.

TTI will work with organisations with compatible values to our own.

TTI will not work with beneficiaries, if doing so will positively impact those who cause psychological suffering, or enable further suffering (for example TTI will not work with those who are still enslaved or detained).

**Summary of the main achievements of the charity during the year**

The key achievements of TTI during the year can be summarised as:

**i) Contribution to Policy and Standards Development**

**Design and delivery of Strategic Litigation Workshops** as part of a project funded by UNVFVT in partnership with REDRESS. The workshops were carried out online with participants from Kenya, Uganda, Zimbabwe, Algeria and Sudan to support victims of organised violence through trauma informed approaches. The immediate beneficiaries included the human rights lawyers, activists, and health professionals engaged in the representation and care of survivors of torture. The workshops and subsequent mentoring will improve their skills and produce proposals for individual cases, which will be sustained through an ongoing community of practice. The intermediate beneficiaries will be the survivors of torture and their families represented by those professionals, and the broader community of survivors, who will see an improvement in (a) their prospects for reparation, and (b) their support and accompaniment through the legal process. The project will also impact stakeholders more broadly by making the holistic approach available through publications. Finally, the ultimate beneficiaries include stakeholders in the relevant institutions that will be strengthened by such an approach, including members of key institutions, such as judges, law makers, doctors and lawyers.

**TTI Experts Day and Workshop** was held in October 2020 brought experts in the field to support development of Toolkit and Standards in Organisation Assessment. This toolkit enables TTI psychologists to carry out trauma-informed assessment of organisations that are exposed to trauma through work with victims or exposure to materials relating to organised violence. This work was supported by Garden Court and Evan Cornish.

**ii) Support for Organisations working with traumatised individuals**

Trauma Informed Organisation Assessments were carried out for Medical Justice and Full Fact. Treatment sessions were provided to Full Fact staff.

Ongoing support was provided to Women for Refugee Women, as a result of the organisation assessment carried out in 2019. This support included clinical treatment sessions for staff working with victims of organised violence, to counter the potential impact of burnout, stress and vicarious trauma.

A project was developed to work with YAZDA in Iraq, to provide community support and trauma treatment to boys kidnapped by ISIS. The project was supported for funding by UNVFVT and the project will commence in 2021.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

### Reserves Policy:

To be able to have sufficient funds to be able to close down the charity if the Trustees determine is no longer a going concern. Given there are no employees or office costs, the trustees have determined that they require funds to pay annual charges such as independent examination and website costs, (regular operating costs) which the trustees estimate to be no more than £3,000.

As the charity develops to have staff or secure premises will be reviewed and revised accordingly taking into account any additional liability.

**Details of any funds materially in deficit**

N/a

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The charity's principal sources of income continued to be a mixture of restricted and unrestricted grants and donations, with some income carried forward from the previous year.

This year, we secured funds from, among others, Garden Court Chambers, National Lottery's Communities Fund and Evan Cornish, for a variety of projects to advance our work to meet our mission.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

**Signed on behalf of the charity's trustees**

**Signature(s)**

A. Thompson

**Full name(s)**

Andrea Thompson

**Position**  
(eg Secretary, Chair, etc)

Chair

**Date**

1 June 2021

## **Independent examiner's report**

**To the trustees of**

### **Trauma Treatment International Charitable Incorporated Organisation**

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I report to the trustees on my examination of the accounts of Trauma Treatment International Charitable Incorporated Organisation ('the CIO') for the year ended 31 December 2020.

#### **Responsibilities and basis of the report**

As the charity trustees of Trauma Treatment International CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination that give me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Caroline Sharp**  
FCA, DChA  
LONDON

Date: **8 September 2021**



CHARITY COMMISSION  
FOR ENGLAND AND WALES



Charity Name  
**Trauma Treatment International**

No  
**1175429**

CC16a

## Receipts and payments accounts

For the period from **01-Jan-20** To **31-Dec-20**

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Total funds to the nearest £	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>						
<b>Grants and donations</b>						
Community Fund Grant	-	10,000	10,000	-	-	-
The Evan Cornish Foundation Grant	-	3,000	3,000	-	-	-
World Bank - contract for reconstruction and development	-	-	-	31,331	-	31,331
Garden Court	-	-	-	3,000	-	3,000
Harbour Foundation	-	-	-	1,000	-	1,000
Other donations	465	-	465	5,014	-	5,014
Invoiced services	8,694	-	8,694	4,793	-	4,793
<b>Sub total</b> <i>(Gross income for AR)</i>	<b>9,159</b>	<b>13,000</b>	<b>22,159</b>	<b>45,138</b>	<b>-</b>	<b>45,138</b>
<b>Total receipts</b>	<b>9,159</b>	<b>13,000</b>	<b>22,159</b>	<b>45,138</b>	<b>-</b>	<b>45,138</b>
<b>A3 Payments</b>						
Consulting fees	22,232	-	22,232	38,835	-	38,835
Travel & Subsistence	-	-	-	3,403	-	3,403
Communications	847	-	847	2,315	-	2,315
Website	-	-	-	649	-	649
Other project expenses	-	-	-	489	-	489
Meeting expenses	442	-	442	-	-	-
Sundry expenses	-	-	-	281	-	281
Fundraising	2,364	-	2,364	216	-	216
Bank fees	-	-	-	22	-	22
<b>Sub total</b>	<b>25,885</b>	<b>-</b>	<b>25,885</b>	<b>46,210</b>	<b>-</b>	<b>46,210</b>
<b>A4 Asset and investment purchases, (see table)</b>						
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>25,885</b>	<b>-</b>	<b>25,885</b>	<b>46,210</b>	<b>-</b>	<b>46,210</b>
<b>Net of receipts/(payments)</b>	<b>- 16,726</b>	<b>13,000</b>	<b>- 3,726</b>	<b>- 1,072</b>	<b>-</b>	<b>- 1,072</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>47,286</b>	<b>-</b>	<b>47,286</b>	<b>48,358</b>	<b>-</b>	<b>48,358</b>
<b>Cash funds this year end</b>	<b>30,560</b>	<b>13,000</b>	<b>43,560</b>	<b>47,286</b>	<b>-</b>	<b>47,286</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	
<b>B1 Cash funds</b>	Bank account 1	8,040		
	Bank account 2	35,520		
	<b>Total cash funds</b>	<b>43,560</b>	<b>-</b>	
(agree balances with receipts and payments account(s))				
<b>B2 Other monetary assets</b>	<b>Details</b>	<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	
	Invoices raised in 2020 not yet paid	-	-	
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
	Invoices received Dec 2020, paid Jan 21	General	210	
	Consultant fee for work in Dec invoiced and paid in 2021	General	900	

**CIO Notes required under the Charitable Incorporated Organisations (General) Regulations 2012:**

- No guarantees were given by the CIO where potential liability under the guarantee is outstanding at the date of the statement
- There were no debts outstanding at the date of the statement which are owed by the CIO and secured by an express charge on any assets of the CIO

Signed on behalf of all the trustees

Signature	Print Name	Date of approval
J. Duncan	JON DUNCAN	18-Aug-21