

DOWN SYNDROME SWIMMING GREAT BRITAIN

Charity number 1175333
Company number 10437920 (England and Wales)

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31st OCTOBER 2022**



DOWN SYNDROME SWIMMING GREAT BRITAIN

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LEGAL AND ADMINISTRATION INFORMATION FOR THE YEAR ENDED 31 OCTOBER 2022

Company Registration Number: 10437920

Charity Registration Number: 1175333

Trustees:

Alison Reed
Cristina Bowman
Andrea Manson
Laura Davies
Joseph Logan
Andrew Rear (appointed 11/09/2022)

Charity Offices:

7 Copthall Gardens
Twickenham
Middlesex
TW1 4HH

Independent Examiners:

Community360
Winsley's House
High Street
Colchester
CO1 1UG

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TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 OCTOBER 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 October 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity no: 1175333.
Company no: 10437920

Trustees
Mrs Cristina Bowman - Chair
Mrs Alison Reed - Secretary
Mrs A Manson BEM
Miss Laura Davies
Mr Ian Logan

Trustee Highlights

The trustees believe that the continued pastoral care provided to the swimmers and their families by the Committee and team management was outstanding. The trustees will be meeting with sub committee members and coaching staff to review the strategic and business plan in Birmingham in January 2023.

DSS-GB Highlights

The majority of swimming pools re-opened but with some restrictions on times which meant that it took some time for all of our swimmers to access pool training time. Likewise, the availability of competitions was reduced and there were fewer opportunities than usual for some months for swimmers to get back into the competition experience.

Due to the impact of Covid on our members and their families' time and finances, we decided to take a different approach to our Camps. Our team manager and coaches arranged for a number of full squad and regional camps to take place. We held three full squad camps; Catterick in January; Oundle in March and Monmouth in September. Regional camps took place in August in Southampton, Cheltenham and Annan, Scotland and proved to be very successful. We are delighted to report that we had almost 100% attendance at all of the camps - both full squad and regional.

Pre Covid, we were fortunate to secure funding through the Toyota Para Sport fund to create opportunities for new swimmers with Down Syndrome to attend sessions which were aimed as an introduction to Competitive swimming events which coincided with both our National and Regional camps. As a result we have managed to recruit two new swimmers over the past year and have a number of swimmers who, with commitment to their training schedules, will qualify to join DSS-GB in the near future.

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We have provided some financial support to one of our coaching volunteers so that they may access their Level 2 Swim England Coaching qualification. This falls in line with developing our infrastructure, enhancing our workforce, future proofing DSS-GB and developing our resource and services set out within our strategic plan

We have also employed the services of a Sports Physiotherapist on a long-term commitment, to assess our swimmers with a view to improving their overall fitness. Daniel Farnell from Newcastle Physio has been looking at the swimmers as a group with the aim to improve their strength and fitness, amongst other group issues, that will be worked on over the longer term. Each swimmer has had an individual assessment and the outcome was, in most cases, that the swimmers posture and core strength is not the best it can be. As a result each swimmer has been provided with a short video from Daniel that gives them daily exercises for them to do, tailored to their own requirements from the assessments. Daniel is now undertaking a series of baseline fitness assessments so that we can assess the swimmers ongoing fitness levels and gauge whether we need to be more engaging with the swimmers when they are back at their club environments. Again, this supports our commitment set out in our strategic plan to become key influencers in the development of swimming for athletes with Down syndrome whilst also supporting best practise coaching guidelines for clubs across the country

Aims and Objectives

Down Syndrome Swimming GB aim to relieve persons effected by Down syndrome by promoting and coordinating the participation of swimmers with Down syndrome at all levels and national and international swimming events and competitions enabling them to realise their full potential and compete at the highest levels of their sport.

The Trustees have paid due regard to the Charity Commission's guidance on public benefit in deciding the activities undertaken by the charity during the year.

We have endeavoured to ensure that our social media platforms are promoted to and include a varied number of disabled sporting organisations, schools and swimming clubs outside of our own Charity. The Trustees are satisfied that the information provided in the report and accounts meets the public benefit reporting requirements.

Looking ahead/Future Plans

DSS-GB review our policies annually, and in particular our membership criteria, safeguarding practice and financial practice. Our policies will continue to support and protect our swimmers, volunteers, coaches and other volunteers.

A four year financial budget was drawn up to support our strategic and business plan and will support any future fundraising needs. The budget will be reviewed as part of our Strategic Review set for January 2023.

We continue to work with UKSA (VIRTUS) to ensure appropriate standards for our swimmers under the II2 classification.

The DSISO World Swimming Championships took place in Albufeira, Portugal in October 2022. DSS-GB qualifying times were set at the beginning of 2022 and swimmers were invited to apply for selection. We are happy to report that we are very pleased to say that we were the Number One team in the world, we have some amazing swimmers but the support and commitment within the

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TRUSTEES' ANNUAL REPORT FOR THE YEAR ENDED 31 OCTOBER 2022

team both in and out of the water was exceptional. We now boast some 8 individual World Champions and amassed a total of 50 medals, 18 Gold, 22 Silver and 10 Bronze. Our relay teams continue to be competitive but we have recognised that many of our swimmers are competing in a wide variety of events where they may be better advised to specialise in more specific disciplines, which is something we believe will then be passed down the line to benefit our relay teams. Overall the event in Portugal was very well organised and our pre-event plans that were put in place led to an enhanced team performance, something we will build on for the future.

DSS-GB are continuing to plan and organise the first ever British Down Syndrome Swimming Championships, due to take place soon 19/20th November 2022. We are confident that this will be a huge success and will set the standard for future National DS swimming events inspiring swimmers from all over the UK to take part in and witness swimming at its best.

Social Media

DSS-GB's Social Media presence continues to grow.

Find us on:

Twitter: @DSSGB1

Facebook: @DSSGBofficial

Instagram: @Downsyndromeswimming



Alison Reed

17 July 2023

Date

DOWN SYNDROME SWIMMING GREAT BRITAIN

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 OCTOBER 2022

I report on the accounts of Down Syndrome Swimming Great Britain for the year ended 31st October 2022 which are set out on pages six to ten.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the accounts. The Charity's Trustees consider that an audit is not required for this year (under section 144 (2) of the Charities Act 2011 (The Act) but that an independent examination is needed.

It is my responsibility to:

- Examine the accounts under section 145 of the Charities Act,
- To follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145(5)(b) of the Charities Act, and
- To state whether particular matters have come to my attention.

Basis of independent examiner's Statement

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes considerations of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

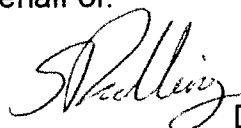
- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of the accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair' view which is not a matter considered as part of an independent examination.

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Shelley-Marie Rudling FMAAT AATQB for and on behalf of:

Community360

Winsley's House, High Street, Colchester, Essex



Date

17th July 2023

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STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 OCTOBER 2022

	Note	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Total £
Incoming resources					
Donations and legacies	2	12,581	4,100	16,681	229
Income from charitable activities	3	113,465	-	113,465	10,174
Total incoming resources		<u>126,046</u>	<u>4,100</u>	<u>130,146</u>	<u>10,403</u>
Resources expended					
Charitable activities	4	120,470	3,408	123,877	15,586
Total resources expended		<u>120,470</u>	<u>3,408</u>	<u>123,877</u>	<u>15,586</u>
Net income/(expense)		5,576	692	6,269	(5,183)
As at 1 November 2021		58,620	2,337	60,957	66,140
As at 31 October 2022		<u><u>64,196</u></u>	<u><u>3,029</u></u>	<u><u>67,226</u></u>	<u><u>60,957</u></u>

The notes on page 8 - 10 form part of these financial statements.

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BALANCE SHEET AS AT 31 OCTOBER 2022

	Note	2022 £	2021 £
Current assets			
Cash at bank and in hand		66,818	61,797
Debtors	5	868	-
		<u>67,686</u>	<u>61,797</u>
Current Liabilities			
Creditors: Due within one year	6	460	840
Total current liabilities		<u>460</u>	<u>840</u>
Net current assets		<u>67,226</u>	<u>60,957</u>
Net assets		<u>67,226</u>	<u>60,957</u>
Unrestricted funds		64,196	58,620
Restricted funds		3,029	2,337
Total funds		<u>67,226</u>	<u>60,957</u>


For the year ended 31st October 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The director's acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies regime.

The directors declare that they have approved the accounts above.



Signed: _____

Alison Reed

17 July 2023

Date: _____

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NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31 OCTOBER 2022

1. Accounting policies

Basis of the preparation of the accounts

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement on Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Cash flow statement

The directors have taken advantage of the exemption in Financial Reporting Standard 1 (revised) from including a cash flow statement in the financial statements on the grounds that the company is small.

Incoming resources

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Resources expended

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Charity status

The charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £1 towards the asset of the charity in the event of liquidation.

2. Donations and legacies

	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Donations	12,581	4,100	16,681	229
	<u>12,581</u>	<u>4,100</u>	<u>16,681</u>	<u>229</u>
Total 2021	<u>229</u>	<u>-</u>	<u>229</u>	

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NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 OCTOBER 2022

3. Income from charitable activities	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Membership fees	3,040	-	3,040	1,520
Trips and events	94,452	-	94,452	7,737
Sponsorship	15,800	-	15,800	-
Other	173	-	173	917
	113,465	-	113,465	10,174
Total 2021	10,174	-	10,174	
4. Direct charitable expenditure	Unrestricted 2022 £	Restricted 2022 £	Total 2022 £	Total 2021 £
Training camp expenses	13,321	-	13,321	312
Event costs	99,420	3,408	102,828	11,875
Equipment repair and replacement	3,464	-	3,464	1,297
Miscellaneous expenses	-	-	-	163
Trustee expenses	-	-	-	276
Training & development	510	-	510	-
Administration costs	1,640	-	1,640	115
Bank charges	170	-	170	80
Sundry	80	-	80	-
Insurance	1,215	-	1,215	1,047
Website	38	-	38	-
Accountancy and professional	611	-	611	420
	120,470	3,408	123,877	15,586
Total 2021	10,546	5,040	15,586	
5. Debtors			2022 £	2021 £
Prepayments			868	-
			868	-
6. Creditors			2022 £	2021 £
Creditors			-	420
Accrual			460	420
			460	840

7. Going concern

These accounts have been produced on a going concern basis.

8. Staff

No staff have been employed by Down Syndrome Swimming Great Britain during the year ended 31st October 2022.

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NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31 OCTOBER 2022

9. Related parties

There were no related parties within the year. Trustees were reimbursed for expenses incurred for the charity's purposes.

10. Director's Remuneration

No director received any remuneration during the year ended 31st October 2022.

Funds

	Balance at 1 April 2021	Incoming resources	Resources expended	Other gains or losses	Balance at 31 March 2022
Unrestricted funds					
General funds	58,620	126,046	(120,470)		64,196
Total unrestricted funds	<u>58,620</u>	<u>126,046</u>	<u>(120,470)</u>	<u>-</u>	<u>64,196</u>
Restricted funds					
Sky	2,337	-	(2,091)	-	246
Parasport	-	4,100	(1,317)	-	2,784
Total restricted funds	<u>2,337</u>	<u>4,100</u>	<u>(3,408)</u>	<u>-</u>	<u>3,029</u>
Total Funds	<u><u>60,957</u></u>	<u><u>130,146</u></u>	<u><u>(123,877)</u></u>	<u><u>-</u></u>	<u><u>67,226</u></u>