



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/04/2024 Period start date To 31/03/2025 Period end date

Charity name: GOALS4GIVING

Charity registration number: 1175332

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified sports coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in the UK have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured &amp; coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools and community organisations in those countries to deliver coaching clinics that engage their young people regardless of ability level across different age groups. Although we deliver these sports sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those whose lives are affected by poverty.</p> <p>Our coaching clinics also help with their learning of fundamental movement skills which may not have been taught to them by their schools PE staff. Many of the schools and</p>

		<p>communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football and other sports training with qualified coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport &amp; physical activity. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Our Trustees have been informed of and given copies of the Commissions' guidance documents about public benefit. All our Trustees and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children &amp; Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>Our charity holds at least 2 meetings per financial year where the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 6 month period. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>N/a</b>
Policy on social investment including program related	Para 1.38	<b>N/a</b>

investment		
Contribution made by volunteers	Para 1.38	We have had 2 volunteers support our projects in this financial period that have supported work on our Family Cooking project and our young persons HAF Consultation work.
Other		<b>N/a</b>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity was commissioned to take on a role supporting the delivery of the White City Community Food Project (WCCFP) which provides a weekly free food service for White City &amp; Shepherd's Bush residents who are most in need or affected by food insecurity. The charities Head Coach/Instructor currently performs the role of Operations Manager for the Foodbank at the OLOF Parish every Monday from 9am-1pm. The service provides food support for approximately 110 residents each week.</p> <p>Goals4Giving provided support with the selection and management of the Hammersmith &amp; Fulham U14 Girls Football squad for the London Youth Games Girls Football competition in June 2024. This included organising squad selection trials, squad training and management at the competition that was overseen by ourselves and Aspire FC.</p> <p>In the summer of 2024 we received grant funding (John Lewis) to undertake consultation work with children/young people on the effects of food insecurity. As part of this process there were over 200 young people engaged in the consultation with 160 of the (10-17yo) young people completing health &amp; wellbeing surveys. The consultation sessions included bitesize workshops on food &amp; nutrition so that the young people were able to learn about nutrition and healthy dietary choices.</p> <p>The family cooking project that the charity ran at Our Lady of Fatima Church Parish in February 2025 engaged 8 pairs of parents and</p>

		<p>children over the course of 4 sessions.</p> <p>The sessions allowed the young people to learn basic food prep and cooking skills while the parents were able to learn how to make healthy, easy to prepare meal options on a limited budget. The importance of this can be seen in the fact that many of those families from the neighbouring estate are from low income households +/- acutely affected by food insecurity and poverty.</p> <p>The feedback from the attendees was very positive with many keen to do further food/cooking courses in the future.</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>N/a</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>N/a</b>
Investment performance against objectives	Para 1.41	<b>N/a</b>
Other		<b>N/a</b>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position at the end of this financial year is healthy as we were able to obtain new grant funding in this financial period. We received grants (totaling £2750) from the John Lewis Charitable Grants programme to undertake consultation work on the impact of food insecurity on children/young people in Hammersmith & Fulham.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £7710. It was previously agreed by the Trustees that the charity will aim to maintain a reasonable level of cash reserves to fund the cost of work on any non funded UK/international projects planned for next year.
Amount of reserves held	Para 1.22	<b>£7710</b>
Reasons for holding zero reserves	Para 1.22	<b>N/a</b>
Details of fund materially in deficit	Para 1.24	<b>N/a</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/a</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	John Lewis Charitable Grants programme Our Lady of Fatima RC Parish (WCCFP)
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>N/a</b>
A description of the principal risks facing the charity	Para 1.46	Lack of staff/volunteer capacity to take on additional projects, increasing venue hire costs (UK projects).
Other		<b>N/a</b>

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – adopted 24th October 2017
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 (reappointed November 2023 for a further 3 years) and remain committed to seeing us develop further projects for young people that continue to have an impact across different communities, both in the UK and in developing countries. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Each trustee possesses over 20 years of experience in their particular field of expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place in early 2026.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		N/a

### Reference and Administrative details

Charity name	Goals4Giving
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Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	26 Sanderling Close Mildenhall Bury St Edmunds Suffolk IP28 7LE.

**Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017-Present	
2	Cheryl Oteng		10/09/2017-Present	
3	Debbie Peters-Mill		10/09/2017-05/01/2026	
4				
5				
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17				
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19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

Director name		
N/a		

**Name of trustees holding title to property belonging to the charity**

Trustee name	Dates acted if not for whole year	
N/a		



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

Paul Smith (Head Coach/Instructor)

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

## Other optional information

N/a

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S.Davies

Full name(s)

Steven Davies

Position (eg Secretary,  
Chair, etc)

Trustee

Date

30<sup>th</sup> January 2026



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**GOALS4GIVING**

No (if any)  
1175332

## Receipts and payments accounts

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For the period  
from

Period start date  
4/1/2024

To

Period end date  
3/31/2025

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
17/04/2024 (White City Community Food Project)	1,500	-	-	1,500	1,526
09/08/2024 (John Lewis Young Peoples HAF Consultation)	1,250	-	-	1,250	-
29/08/2024 (John Lewis Young Peoples HAF Mapping & Consultation)	1,500	-	-	1,500	-
28/01/2025 (Our Lady of Fatima RC Parish - Family Cooking Project Feb24)	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>4,750</b>	<b>-</b>	<b>-</b>	<b>4,750</b>	<b>1,526</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>4,750</b>	<b>-</b>	<b>-</b>	<b>4,750</b>	<b>1,526</b>
<b>A3 Payments</b>					
14/08/2024 Portal/Data Processing Fees	175	-	-	175	-
28/08/2024 Staff Admin (M&E) fees for YP HAF Mapping & Consultation	450	-	-	450	-
09/09/2024 Staff Training (Food Safety Certification, First Aid, Safeguarding)	133	-	-	133	-
29/09/2024 Transport Costs (Train + Coach Tickets YP Consultations)	80	-	-	80	-
04/10/2024 Op. Manager Charges April-Sept '24 (WCCFP @ Our Lady of Fatima RC Parish)	1,000	-	-	1,000	-
03/02/2025 Project Delivery Costs Family Cooking Project @ OLOF RC Parish	95	-	-	95	-
21/03/2025 Tutor Fees (Family Cooking Project @ OLOF RC Feb'25)	550	-	-	550	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>2,483</b>	<b>-</b>	<b>-</b>	<b>2,483</b>	<b>560</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,483</b>	<b>-</b>	<b>-</b>	<b>2,483</b>	<b>560</b>
<b>Net of receipts/(payments)</b>	<b>2,267</b>	<b>-</b>	<b>-</b>	<b>2,267</b>	<b>966</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,443</b>	<b>-</b>	<b>-</b>	<b>5,443</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>7,710</b>	<b>-</b>	<b>-</b>	<b>7,710</b>	<b>966</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>			-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>7,710</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	S.Davies	Steven Davies	1/30/2026	