



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From Period start date 01/04/2022 To 31/03/2023 Period end date

Charity name: GOALS4GIVING

Charity registration number: 1175332

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified sports coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in the UK have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools and community organisations in those countries to deliver coaching clinics that engage their young people regardless of ability level across different age groups. Although we deliver these sports sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those</p>

		<p>whose lives are affected by poverty.</p> <p>Our coaching clinics also help with their learning of fundamental movement skills which may not have been taught to them by their schools PE staff. Many of the schools and communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football and other sports training with qualified coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Our Trustees have been informed of and given copies of the Commissions' guidance documents about public benefit. All our Trustees and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>Our charity holds at least 2 meetings per financial year where the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 6 month period. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a
Policy on social investment including program related investment	Para 1.38	N/a
Contribution made by volunteers	Para 1.38	We have only had 2 volunteers support our projects in this financial period but are looking for ways to create further volunteering opportunities that will allow us to increase our pool of volunteers over the next 12-18 months
Other		N/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Following the successful cooking project we ran at Our Lady of Fatima Church (White City) in February 2022 for the church's junior members the charity was commissioned to run a further 2 cooking projects at the church as part of the HAF funding programme that seeks to provide school holiday activities for young people from low income neighbourhoods that may be affected by "holiday hunger".</p> <p>Our cooking/food education projects provide a range of unique benefits not just to the junior participants but also their parents/families by introducing them to healthy eating options on a small budget.</p> <p>There was an intake of 16 participants on our project in the Christmas holidays and a further 12 participants on our February 2023 half term project with participants aged 9-16 years old from the White City Estate and surrounding Shepherd's Bush area</p>

		<p>learning new cooking skills and preparing healthy meals that were also considered culturally appropriate <i>[using Halal meats & a range of Middle East and African recipes that are reflective of the demography of the local community]</i>.</p> <p>In the classes they learnt how to make a range of dishes with supervision from our Head Coach, whilst also learning the correct food hygiene/prep practices, cooking techniques and food presentation. On the last 2 days of the project the young people selected their favourite dish (to cook by themselves) from those practiced on the first 3 days. Their parents were invited to the church to watch them cook their dishes and then the young people were able to serve their meals to the churches elderly parishioners as part of a community lunch hosted by the Church.</p> <p>In October 2022 the charity were contacted by a charity in Zimbabwe called ZimConserve who expressed an interest in working with Goals4Giving to develop some football and community related projects with them in Harare, Zimbabwe where much of their work is based.</p> <p>After initial discussions via email and later phone conversations we agreed to initially try and support their existing sport projects with some sports kit donations. In November 2022 we travelled to Zimbabwe to deliver football shirts and other small pieces of sports equipment to support their grassroots football programme based in Mbare, one of Harare's most impoverished and densely populated suburbs where the young people are acutely affected by drugs, crime and the associated pitfalls of poverty.</p> <p>On meeting with ZimConserve's CEO (Gabriel Mutongi) we recognised his and the organisation's commitment to improving the lives and welfare of the young people of Mbare and agreed to develop a more formalised partnership. Unfortunately due to the short duration of our visit we were unable to deliver a sports project on that occasion for the</p>
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		<p>young people they work with but have discussed and agreed plans to do so in 2024.</p> <p>We will also look to support their aims of developing a local football academy for the young people of Harare who they will identify and nurture the talents of to play football at a higher level. We are extremely excited about this partnership and hopefully working with children & young adults from that community who may really benefit from the support we can offer them.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		N/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position at the end of this financial year is quite healthy largely as a result of the HAF grant funding (£3020) we received to run the 2 cooking projects. We were able to identify a large enough cohort of young people that receive free school meals (one of the key criteria of the funding) and deliver the project to a community where there was a clear need for this kind of programme.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £4477. It was previously agreed by the Trustees that the charity will aim to maintain this level of cash reserves to fund the cost of our international projects in 2023 and 2024. In late 2022 we established a partnership with ZimConserve, a grassroots charitable organisation based in Harare, Zimbabwe. They support young people from the high density community of Mbare with sports programmes, drug awareness classes and other community initiatives. We will aim to continue growing our reserves next year in order to develop new projects with them and continue building our partnership.
Amount of reserves held	Para 1.22	£4477
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	HAF Holiday Hunger Grant Funding
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
		Increasing cost of travel may impact on

A description of the principal risks facing the charity	Para 1.46	our ability to deliver our international projects as frequently as we would like to.
Other		N/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 and are keen to see the organisation develop new projects (in addition to sports delivery) that could have an impact across different communities. All the Trustees remain committed to undertaking their role in the charity for the foreseeable future. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Each trustee possesses over 20 years of experience in their particular field of expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place at the end of 2023.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		N/a

Reference and Administrative details

Charity name	Goals4Giving
Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	26 Sanderling Close Mildenhall Bury St Edmunds Suffolk IP28 7LE.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017 – Present	
2	Deborah Peters-Mill		10/09/2017 – Present	
3	Cheryl Oteng		10/09/2017 – Present	
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17				
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19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Paul Smith (Head Coach)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

N/a

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Paul S. Smith

Full name(s)

Paul Steven Smith

**Position (eg Secretary,
Chair, etc)**

Head Coach

Date

5th March 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

GOALS4GIVING

1175332

Receipts and payments accounts

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For the period
from

Period start date
4/1/2022

To

Period end date
3/31/2023

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
14/02/2023 (HAF Grant Funding)	3,020	-	-	3,020	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	3,020	-	-	3,020	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	3,020	-	-	3,020	-
A3 Payments					
17/02/2023 (Project Delivery - Cooking4Culture)	500	-	-	500	-
18/07/2022 (Accommodation & Transport)	115	-	-	115	-
19/07/2022 (US Conference Fees)	80	-	-	80	-
03/11/2022 (Kit Donation - Zimconserve)	40	-	-	40	-
31/03/2023 (Bank Charges)	23	-	-	23	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	758	-	-	758	546
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	758	-	-	758	546
Net of receipts/(payments)	2,262	-	-	2,262	- 546
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,215	-	-	2,215	2,761
Cash funds this year end	4,477	-	-	4,477	2,215

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	b/f Balance less 2022-23 expenses	4,477	-	-
		-	-	-
			-	-
	Total cash funds	4,477	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	S.Davies	Steven Davies	2/27/2024	