

GOALS4GIVING

England & Wales · Charity number 1175332

Details

Status Registered

Legal form CIO

Registered 2017-10-24

Register [View on the Charity Commission register](#)

Contact

Address 26 Sanderling Close
Mildenhall
Bury St. Edmunds
Suffolk
IP28 7LE

Phone 07806574164

Email Goals4Giving@outlook.com

Activities

Objects: THE OBJECTS OF THE CIO ARE:- TO ADVANCE IN LIFE AND HELP YOUNG PEOPLE THROUGH THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE.- THE ADVANCEMENT OF EDUCATION, INCLUDING PHYSICAL EDUCATION, OF YOUNG PEOPLE IN FORMAL EDUCATION AND YOUNG PEOPLE NOT UNDERGOING FORMAL EDUCATION, IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVIDING THEM WITH ACCREDITED TRAINING TO BECOME QUALIFIED FOOTBALL COACHES WHICH WILL THEN ALLOW THEM TO GAIN COACHING EXPERIENCE ON OUR PROJECTS AND ACCESS OPPORTUNITIES FOR OBTAINING WORK SKILLS PARTICULARLY IN SPORT.

Activities: Goals4Giving organise and deliver sports & community outreach projects for schools and community groups in the UK. The charity's other purpose is delivering football and multi-sport clinics in schools in developing countries (mainly within Africa & Asia). We aim to create long term partnerships with schools that enable us to provide structured sports sessions to children in developing countries.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** Education/training, Amateur Sport, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups, The General Public/mankind

Geography

- Bangladesh
- Botswana
- Cameroon
- Ghana
- India
- Kenya
- Mozambique
- Namibia
- Pakistan
- Sierra Leone
- South Africa
- Sri Lanka
- Tanzania
- Thailand
- Uganda
- United States
- Zambia
- Zimbabwe
- Brent
- City Of Westminster
- Ealing
- Hammersmith And Fulham
- Kensington And Chelsea

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£4,750	£2,483	-	-
2024-03-31	£1,526	£560	-	-
2023-03-31	£3,020	£758	-	-
2022-03-31	£0	£546	-	-
2021-03-31	£0	£226	-	-

Trustees

Name	Role	Appointed
STEVEN DAVIES	Chair	2016-10-24
CHERYL OTENG		2016-11-10

GOALS4GIVING

England & Wales - Charity number 1175332

Accounts



Trustees' Annual Report for the period

From 01/04/2024 Period start date To 31/03/2025 Period end date

Charity name: GOALS4GIVING

Charity registration number: 1175332

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified sports coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in the UK have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools and community organisations in those countries to deliver coaching clinics that engage their young people regardless of ability level across different age groups. Although we deliver these sports sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those whose lives are affected by poverty.</p> <p>Our coaching clinics also help with their learning of fundamental movement skills which may not have been taught to them by their schools PE staff. Many of the schools and</p>

		<p>communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football and other sports training with qualified coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport & physical activity. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Our Trustees have been informed of and given copies of the Commissions' guidance documents about public benefit. All our Trustees and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>Our charity holds at least 2 meetings per financial year where the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 6 month period. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a
Policy on social investment including program related	Para 1.38	N/a

investment		
Contribution made by volunteers	Para 1.38	We have had 2 volunteers support our projects in this financial period that have supported work on our Family Cooking project and our young persons HAF Consultation work.
Other		N/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The charity was commissioned to take on a role supporting the delivery of the White City Community Food Project (WCCFP) which provides a weekly free food service for White City & Shepherd's Bush residents who are most in need or affected by food insecurity. The charities Head Coach/Instructor currently performs the role of Operations Manager for the Foodbank at the OLOF Parish every Monday from 9am-1pm. The service provides food support for approximately 110 residents each week.</p> <p>Goals4Giving provided support with the selection and management of the Hammersmith & Fulham U14 Girls Football squad for the London Youth Games Girls Football competition in June 2024. This included organising squad selection trials, squad training and management at the competition that was overseen by ourselves and Aspire FC.</p> <p>In the summer of 2024 we received grant funding (John Lewis) to undertake consultation work with children/young people on the effects of food insecurity. As part of this process there were over 200 young people engaged in the consultation with 160 of the (10-17yo) young people completing health & wellbeing surveys. The consultation sessions included bitesize workshops on food & nutrition so that the young people were able to learn about nutrition and healthy dietary choices.</p> <p>The family cooking project that the charity ran at Our Lady of Fatima Church Parish in February 2025 engaged 8 pairs of parents and</p>

		<p>children over the course of 4 sessions.</p> <p>The sessions allowed the young people to learn basic food prep and cooking skills while the parents were able to learn how to make healthy, easy to prepare meal options on a limited budget. The importance of this can be seen in the fact that many of those families from the neighbouring estate are from low income households +/- acutely affected by food insecurity and poverty.</p> <p>The feedback from the attendees was very positive with many keen to do further food/cooking courses in the future.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		N/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position at the end of this financial year is healthy as we were able to obtain new grant funding in this financial period. We received grants (totaling £2750) from the John Lewis Charitable Grants programme to undertake consultation work on the impact of food insecurity on children/young people in Hammersmith & Fulham.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £7710. It was previously agreed by the Trustees that the charity will aim to maintain a reasonable level of cash reserves to fund the cost of work on any non funded UK/international projects planned for next year.
Amount of reserves held	Para 1.22	£7710
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	John Lewis Charitable Grants programme Our Lady of Fatima RC Parish (WCCFP)
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
A description of the principal risks facing the charity	Para 1.46	Lack of staff/volunteer capacity to take on additional projects, increasing venue hire costs (UK projects).
Other		N/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 (reappointed November 2023 for a further 3 years) and remain committed to seeing us develop further projects for young people that continue to have an impact across different communities, both in the UK and in developing countries. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Each trustee possesses over 20 years of experience in their particular field of expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place in early 2026.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		N/a

Reference and Administrative details

Charity name	Goals4Giving
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Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	26 Sanderling Close Mildenhall Bury St Edmunds Suffolk IP28 7LE.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017-Present	
2	Cheryl Oteng		10/09/2017-Present	
3	Debbie Peters-Mill		10/09/2017-05/01/2026	
4				
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7				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Paul Smith (Head Coach/Instructor)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

N/a

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	S.Davies	
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Full name(s)	Steven Davies	
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Position (eg Secretary, Chair, etc)	Trustee	
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Date	30 th January 2026
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CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name GOALS4GIVING	No (if any) 1175332
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CC16a

Receipts and payments accounts

For the period from	Period start date 4/1/2024	To	Period end date 3/31/2025
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
17/04/2024 (White City Community Food Project)	1,500	-	-	1,500	1,526
09/08/2024 (John Lewis Young Peoples HAF Consultation)	1,250	-	-	1,250	-
29/08/2024 (John Lewis Young Peoples HAF Mapping & Consultation)	1,500	-	-	1,500	-
28/01/2025 (Our Lady of Fatima RC Parish - Family Cooking Project Feb24)	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	4,750	-	-	4,750	1,526
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	4,750	-	-	4,750	1,526
A3 Payments					
14/08/2024 Portal/Data Processing Fees	175	-	-	175	-
28/08/2024 Staff Admin (M&E) fees for YP HAF Mapping & Consultation	450	-	-	450	-
09/09/2024 Staff Training (Food Safety Certification, First Aid, Safeguarding)	133	-	-	133	-
29/09/2024 Transport Costs (Train + Coach Tickets YP Consultations)	80	-	-	80	-
04/10/2024 Op.Manager Charges April-Sept '24 (WCCFP @ Our Lady of Fatima RC Parish)	1,000	-	-	1,000	-
03/02/2025 Project Delivery Costs Family Cooking Project @ OLOF RC Parish	95	-	-	95	-
21/03/2025 Tutor Fees (Family Cooking Project @ OLOF RC Feb'25)	550	-	-	550	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,483	-	-	2,483	560
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,483	-	-	2,483	560
Net of receipts/(payments)	2,267	-	-	2,267	966
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	5,443	-	-	5,443	-
Cash funds this year end	7,710	-	-	7,710	966

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds			-	-
		-	-	-
		-	-	-
	Total cash funds	7,710	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
S.Davies	Steven Davies	1/30/2026

GOALS4GIVING

England & Wales - Charity number 1175332

Accounts



Trustees' Annual Report for the period

From **01/04/2023** Period start date To **31/03/2024** Period end date

Charity name: **GOALS4GIVING**

Charity registration number: **1175332**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified sports coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in the UK have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools and community organisations in those countries to deliver coaching clinics that engage their young people regardless of ability level across different age groups. Although we deliver these sports sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those whose lives are affected by poverty.</p> <p>Our coaching clinics also help with their learning of fundamental movement skills which may not have been taught to them by their schools PE staff. Many of the schools and</p>

		<p>communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football and other sports training with qualified coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport & physical activity. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Our Trustees have been informed of and given copies of the Commissions' guidance documents about public benefit. All our Trustees and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>Our charity holds at least 2 meetings per financial year where the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 6 month period. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a
Policy on social investment including program related	Para 1.38	N/a

investment		
Contribution made by volunteers	Para 1.38	We have had 2 volunteers support our projects in this financial period that have supported work on our Junior Cooking projects.
Other		N/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Following the junior cooking projects that the charity ran at Our Lady of Fatima Church in 2022 and the first quarter of 2023, we received DfE funding to run a further 2 cooking projects at the church as part of the HAF funding programme for the 2023 summer & Christmas holiday periods.</p> <p>Our cooking/food education projects provide a range of unique benefits not just to the junior participants but also their parents/families by introducing them to healthy eating options on a small budget. This is particularly important when considering that many of the families from the local estate are acutely affected by food insecurity/poverty.</p> <p>There was an intake of 14 participants on our project in the summer holidays and a further 13 participants on our Christmas holiday project with participants aged 9-16 years old from the White City Estate and surrounding Shepherd's Bush area learning new cooking skills and preparing healthy meals that were also considered culturally appropriate <i>[using Halal meats & a range of Middle East and African recipes that are reflective of the demography of the local community]</i>.</p> <p>In the classes they learnt how to make a range of dishes with supervision from our Head Coach and volunteers, whilst also learning the correct food hygiene/prep practices, cooking techniques and food presentation. On the last 2 days of the project the young people selected their favourite dish (to cook by themselves) from those practiced on the first 3 days. Their parents were invited to the church to watch them cook and sample their dishes.</p>

		The charity has also supported Hammersmith & Fulham borough with its U14 Girls Football squad selection trials & squad training by providing coaching support at the sessions to help select and manage a borough squad for the London Youth Games Girls Football competition in June 2023.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		N/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position at the end of this financial year is healthy despite the charity receiving less grant money in this financial period than the previous period. We received additional HAF grant funding (£1026) to run 2 junior cooking projects. We were able to identify a large enough cohort of young people that receive free school meals (one of the key criteria of the funding) and deliver the project to a community where there was a clear need for this kind of programme.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £5443. It was previously agreed by the Trustees that the charity will aim to maintain a reasonable level of cash reserves to fund the cost of our UK and international projects planned for the next 12-18months.
Amount of reserves held	Para 1.22	£5443
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	HAF Holiday Hunger Grant Funding Private Donations
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
A description of the principal risks facing the charity	Para 1.46	Lack of staff/volunteer capacity to take on additional projects, increasing venue hire costs (London projects).
Other		N/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 (reappointed November 2023 for a further 3 years) and remain committed to seeing us develop further projects for young people that continue to have an impact across different communities, both in the UK and in developing countries. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Each trustee possesses over 20 years of experience in their particular field of expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place in late 2026.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		N/a

Reference and Administrative details

Charity name	Goals4Giving
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Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	26 Sanderling Close Mildenhall Bury St Edmunds Suffolk IP28 7LE.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017-Present	
2	Cheryl Oteng		10/09/2017-Present	
3	Debbie Peters-Mill		10/09/2017-Present	
4				
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Corporate trustees – names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Paul Smith (Head Coach)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

N/a

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Debbie Peters-Mill

Position (eg Secretary,
Chair, etc)

Trustee

Date

29th January 2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name GOALS4GIVING	No (if any) 1175332
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CC16a

Receipts and payments accounts

For the period from	Period start date 4/1/2023	To	Period end date 3/31/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
09/10/2023 (Donation MGK Consultancy)	200	-	-	200	-
05/12/2023 (DfE Grant - Cooking Project)	1,026	-	-	1,026	-
31/03/2024 (Donation MGK Consultancy)	300	-	-	300	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	1,526	-	-	1,526	3,020
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	1,526	-	-	1,526	3,020
A3 Payments					
31/03/2024 (Bank Account Charges)	60	-	-	60	-
16/09/2023 (Youth Cooking Project @ OLOF Church - Project Delivery Costs)	500	-	-	500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	560	-	-	560	758
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	560	-	-	560	758
Net of receipts/(payments)	966	-	-	966	2,262
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	4,477	-	-	4,477	-
Cash funds this year end	5,443	-	-	5,443	2,262

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	5,443	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	D.Peters-Mill	Debbie Peters-Mill	1/29/2025

GOALS4GIVING

England & Wales - Charity number 1175332

Accounts



Trustees' Annual Report for the period

From Period start date 01/04/2022 To 31/03/2023 Period end date

Charity name: GOALS4GIVING

Charity registration number: 1175332

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified sports coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in the UK have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools and community organisations in those countries to deliver coaching clinics that engage their young people regardless of ability level across different age groups. Although we deliver these sports sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those</p>

		<p>whose lives are affected by poverty.</p> <p>Our coaching clinics also help with their learning of fundamental movement skills which may not have been taught to them by their schools PE staff. Many of the schools and communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football and other sports training with qualified coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>Our Trustees have been informed of and given copies of the Commissions' guidance documents about public benefit. All our Trustees and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>Our charity holds at least 2 meetings per financial year where the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 6 month period. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a
Policy on social investment including program related investment	Para 1.38	N/a
Contribution made by volunteers	Para 1.38	We have only had 2 volunteers support our projects in this financial period but are looking for ways to create further volunteering opportunities that will allow us to increase our pool of volunteers over the next 12-18 months
Other		N/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Following the successful cooking project we ran at Our Lady of Fatima Church (White City) in February 2022 for the church's junior members the charity was commissioned to run a further 2 cooking projects at the church as part of the HAF funding programme that seeks to provide school holiday activities for young people from low income neighbourhoods that may be affected by "holiday hunger".</p> <p>Our cooking/food education projects provide a range of unique benefits not just to the junior participants but also their parents/families by introducing them to healthy eating options on a small budget.</p> <p>There was an intake of 16 participants on our project in the Christmas holidays and a further 12 participants on our February 2023 half term project with participants aged 9-16 years old from the White City Estate and surrounding Shepherd's Bush area</p>

learning new cooking skills and preparing healthy meals that were also considered culturally appropriate *[using Halal meats & a range of Middle East and African recipes that are reflective of the demography of the local community]*.

In the classes they learnt how to make a range of dishes with supervision from our Head Coach, whilst also learning the correct food hygiene/prep practices, cooking techniques and food presentation. On the last 2 days of the project the young people selected their favourite dish (to cook by themselves) from those practiced on the first 3 days. Their parents were invited to the church to watch them cook their dishes and then the young people were able to serve their meals to the churches elderly parishioners as part of a community lunch hosted by the Church.

In October 2022 the charity were contacted by a charity in Zimbabwe called ZimConserve who expressed an interest in working with Goals4Giving to develop some football and community related projects with them in Harare, Zimbabwe where much of their work is based.

After initial discussions via email and later phone conversations we agreed to initially try and support their existing sport projects with some sports kit donations. In November 2022 we travelled to Zimbabwe to deliver football shirts and other small pieces of sports equipment to support their grassroots football programme based in Mbare, one of Harare's most impoverished and densely populated suburbs where the young people are acutely affected by drugs, crime and the associated pitfalls of poverty.

On meeting with ZimConserve's CEO (Gabriel Mutongi) we recognised his and the organisation's commitment to improving the lives and welfare of the young people of Mbare and agreed to develop a more formalised partnership. Unfortunately due to the short duration of our visit we were unable to deliver a sports project on that occasion for the

		<p>young people they work with but have discussed and agreed plans to do so in 2024.</p> <p>We will also look to support their aims of developing a local football academy for the young people of Harare who they will identify and nurture the talents of to play football at a higher level. We are extremely excited about this partnership and hopefully working with children & young adults from that community who may really benefit from the support we can offer them.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		N/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The charity's financial position at the end of this financial year is quite healthy largely as a result of the HAF grant funding (£3020) we received to run the 2 cooking projects. We were able to identify a large enough cohort of young people that receive free school meals (one of the key criteria of the funding) and deliver the project to a community where there was a clear need for this kind of programme.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £4477. It was previously agreed by the Trustees that the charity will aim to maintain this level of cash reserves to fund the cost of our international projects in 2023 and 2024. In late 2022 we established a partnership with ZimConserve, a grassroots charitable organisation based in Harare, Zimbabwe. They support young people from the high density community of Mbare with sports programmes, drug awareness classes and other community initiatives. We will aim to continue growing our reserves next year in order to develop new projects with them and continue building our partnership.
Amount of reserves held	Para 1.22	£4477
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	HAF Holiday Hunger Grant Funding
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
		Increasing cost of travel may impact on

A description of the principal risks facing the charity	Para 1.46	our ability to deliver our international projects as frequently as we would like to.
Other		N/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution - adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 and are keen to see the organisation develop new projects (in addition to sports delivery) that could have an impact across different communities. All the Trustees remain committed to undertaking their role in the charity for the foreseeable future. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Each trustee possesses over 20 years of experience in their particular field of expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place at the end of 2023.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		N/a

Reference and Administrative details

Charity name	Goals4Giving
Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	26 Sanderling Close Mildenhall Bury St Edmunds Suffolk IP28 7LE.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017 – Present	
2	Deborah Peters-Mill		10/09/2017 – Present	
3	Cheryl Oteng		10/09/2017 – Present	
4				
5				
6				
7				
8				
9				
10				
11				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Paul Smith (Head Coach)

Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

N/a

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Paul S. Smith

Full name(s)

Paul Steven Smith

**Position (eg Secretary,
Chair, etc)**

Head Coach

Date

5th March 2024



Receipts and payments accounts

CC16a

For the period from	Period start date 4/1/2022	To	Period end date 3/31/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
14/02/2023 (HAF Grant Funding)	3,020	-	-	3,020	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total(Gross income for AR)	3,020	-	-	3,020	
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total		-	-	-	-
Total receipts	3,020	-	-	3,020	-
A3 Payments					
17/02/2023 (Project Delivery - Cooking4Culture)	500	-	-	500	-
18/07/2022 (Accommodation & Transport)	115	-	-	115	-
19/07/2022 (US Conference Fees)	80	-	-	80	-
03/11/2022 (Kit Donation - Zimconserve)	40	-	-	40	-
31/03/2023 (Bank Charges)	23	-	-	23	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	758	-	-	758	546
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total		-	-	-	-
Total payments	758	-	-	758	546
Net of receipts/(payments)	2,262	-	-	2,262	546
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	2,215	-	-	2,215	2,761
Cash funds this year end	4,477	-	-	4,477	2,215

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	b/f Balance less 2022-23 expenses	4,477	-	-
		-	-	-
		-	-	-
	Total cash funds	4,477	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval
	S.Davies	Steven Davies		2/27/2024

GOALS4GIVING

England & Wales - Charity number 1175332

Accounts



Trustees' Annual Report for the period

From **Period start date 01/04/2021 To 31/03/2022** Period end date

Charity name: **GOALS4GIVING**

Charity registration number: **1175332**

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life. The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified football coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the object of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in London have achieved this objective. The football projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sports sessions that they may previously have not had access to in their lives.</p> <p>We have been able to do this by developing partnerships with schools in those countries and delivering football clinics that engage their pupils regardless of ability level across different age groups. Although we deliver these football sessions over a short time scale we feel our projects help to address some of the gaps in physical education for children in developing countries particularly those</p>

		<p>whose lives are affected by poverty.</p> <p>Our coaching clinics are not just focused in teaching and developing their football skills but also help with their learning of fundamental movement which may not have been taught to them by their schools PE staff. Many of the schools and communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football training with qualified football coaches.</p> <p>Along with our local projects in London which include provision in other sports as well as wellbeing/personal development activities, these projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
<p>Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit</p>	<p>Para 1.18</p>	<p>Our Trustees were informed of and given copies of the Commissions' guidance documents about public benefit at the first meeting following the charity's formation. Our Trustees, Staff and volunteers have completed enhanced DBS checks and all Trustees have completed Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>At all committee meetings the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next quarter. Any suggestions for projects in the periods between meetings will be communicated by email. In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objects of the charity for the public benefit and 2 out of 3 of the Trustees</p>

		must agree to the project being delivered.
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Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a
Policy on social investment including program related investment	Para 1.38	N/a
Contribution made by volunteers	Para 1.38	We have a very small pool of volunteers. It is hoped that as we recommence our international projects in 2023 we will be able to recruit more volunteers.
Other		N/a

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In August 2019 Goals4Giving ran a Family Cultural Cooking project for children and their parents at Phoenix Academy, White City (London). This project proved successful and a number of parents enquired if we would run further cooking projects in the future.</p> <p>We decided to explore opportunities in the area to find new partners (venues) to work with in order to replicate the project.</p> <p>We were able to reach an agreement with Our Lady of Fatima Church in White City to run a cooking project for the church's junior members. During February 2022 half term we ran 5 days of classes focused on healthy eating options on a small budget. There was an uptake of 8 participants (with more young people that wanted to join on the last 2 days) aged 7-15 years old, all from the nearby White City Estate.</p>

In the classes they learnt how to make a range of dishes with supervision from our Head Coach, whilst also learning the correct food hygiene/prep practices, cooking techniques and food presentation. On the last 2 days of the project the young people selected their favourite dish (to cook by themselves) from those practiced on the first 3 days. Their parents were invited to the church to watch them cook their dishes.

All of the feedback we received from the children and parents was extremely positive with a number of the parents stating that their son/daughter was so much more confident in the kitchen at home since doing the course and wants to cook more often. The church were so enthused about the project that they committed to hosting another cooking project in the summer holidays (2022) in the format of a Junior Come Dine With Me competition. Our Lady of Fatima church are also keen for us to run additional cooking courses in future school holiday periods.

With the increasing youth obesity crisis affecting so many young people in the UK and particularly those from low income households the charity feel this is a project we can use to help make a difference in a community (White City Estate) comprised of mostly low income households and a large number of children affected by 'holiday hunger'. Many of the residents children may have a limited understanding of good nutrition and dietary recommendations. We believe the classes also provide educational benefits to the young people in addition to the cooking skills learnt.

The recipe ideas provided in the sessions were of equal benefit to parents/families of the young people that took part. The young people were able to explain to their parents what ingredients they used and the steps taken to make each dish thus enabling their parents to incorporate these dishes into family meal times.

With a new Tackling Obesity Pathway

		<p>plan due to be implemented by the local authority next year, there will hopefully be opportunities to deliver our cooking projects to other groups and venues and reach a larger audience of young people and their families.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		N/a

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We have not received any new income in the last financial year and have had limited outgoings during this period (£546). This was used to cover the cost of x1 cooking project (ingredient costs). The funding we were approved to get for this project will be paid in the next financial year at the same time as the payment for the 2 nd cooking project that will take place in summer 2022. Additional expenses were for staff training, transport costs and bank charges.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £2215. It was agreed by the Trustees that the charity will aim to maintain this level of cash reserves to fund the cost of 2 international projects that we hope to recommence in 2023. We will actively aim to grow these reserves next year by applying for local authority funding, as well as other local and regional grants. In most instances we will have a relatively small amount of funds held as reserves (up to a maximum of £10000).
Amount of reserves held	Para 1.22	£2215
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	DCFS Summer In The City funding:- Regional School Holidays Sports/Holiday Hunger grants programme.
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
A description of the principal risks facing the	Para 1.46	Rising venue costs (particularly school facilities) that could potentially make it unaffordable to run some of our local projects.

charity		Increasing cost of travel may impact on our ability to deliver our international projects as frequently as we would like to.
Other		N/a

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution - adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The Trustees were appointed by the charity's founder at its formation in 2017 and remain committed to undertaking the role for the charity for the foreseeable future. Our Trustees were selected based on the experience they possess in the fields of Community Sport/Sports Coaching, Youth Development, Health & Nutrition, Grant Funding and Community Development. Collectively they possess considerable knowledge and expertise that has helped the charity to deliver its work in these areas. The next review of the Trustee board will take place at the end of 2023.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		

Reference and Administrative details

Charity name	Goals4Giving
Other name the charity uses	N/a
Registered charity number	1175332
Charity's principal address	6 Cavell House 243 Wood Lane Shepherd's Bush London, W12 0HL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017 - Present	
2	Deborah Peters-Mill		10/09/2017 - Present	
3	Cheryl Oteng		10/09/2017 - Present	
4				
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Corporate trustees - names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Paul S. Smith

Full name(s)

Paul Steven Smith

**Position (eg
Secretary, Chair, etc)**

Founder / Head Coach

Date

30th January 2023



Receipts and payments account

For the period from	Period start date 04/01/2021	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
		-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	-	-	-
A2 Asset and investment sales, (see table).			
		-	-
	-	-	-
Sub total	-	-	-
Total receipts		-	-
A3 Payments			
09/12/2021 (Staff Training)	179	-	-
16/12/2021 (Transport Costs)	40	-	-
24/02/2022 (Project Costs)	312	-	-
07/03/2022 (Bank Charges)	15	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	546	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	546	-	-
Net of receipts/(payments)	546	-	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	2,761	-	-

Cash funds this year end | 2,215 | - | - |

Section B Statement of assets and liabilities at the end of

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds	b/f Balance less 2021-22 expenses	2,215
		-
		-
	Total cash funds	2,215
	(agree balances with receipts and payments account(s))	OK

Categories	Details	Unrestricted funds to nearest £
B2 Other monetary assets		-
		-
		-
		-
		-
		-

Categories	Details	Fund to which asset belongs
B3 Investment assets		

Categories	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use		

Categories	Details	Fund to which liability relates
B5 Liabilities		

Signed by one or two trustees on behalf of all the trustees

Signature

Print N

S.Davies

Steven I

o (if any)
175332

ounts

Period end date
03/31/2022

CC16a



Total funds

Last year

to the nearest £

to the nearest £

-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

-	
-	-
-	-

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179	226
40	-
312	-
15	-
	-
-	-
-	-
-	-
-	-
546	226

-	
-	
-	-

546	226
-----	-----

546	- 226
-	-
2,761	2,987

2,215

2,761

the period

Restricted funds
to nearest £

-
-
-
-

OK

Endowment funds
to nearest £

-
-
-
-

OK

Restricted funds
to nearest £

-
-
-
-
-
-

Endowment funds
to nearest £

-
-
-
-
-
-

Cost (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-

Cost (optional)

-
-
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-
-
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-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

Amount due (optional)

-
-

When due (optional)

-	
-	
-	

name	Date of approval
Davies	01/30/2023

GOALS4GIVING

England & Wales - Charity number 1175332

Accounts



Receipts and payments accounts

For the period from	Period start date 4/1/2020	To	Period end date 3/31/2021
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
A1 Receipts				
	2,987		-	2,987
			-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total (Gross income for AR)	2,987	-	-	2,987
A2 Asset and investment sales, (see table).				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total receipts	2,987	-	-	2,987
A3 Payments				
			-	-
3/12/2020	226		-	226
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
Sub total	226	-	-	226
A4 Asset and investment purchases, (see table)				
	-	-	-	-
	-	-	-	-
Sub total	-	-	-	-
Total payments	226	-	-	226
Net of receipts/(payments)	2,761	-	-	2,761

A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
<i>Cash funds this year end</i>	2,761	-	-	2,761

B5 Liabilities

		-
		-
		-
		-
		-

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

S.Davies	Steven Davies

CC16a



Last year

to the nearest £

-
-
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Endowment funds

to nearest £

-
-
-
-

OK

Endowment funds

to nearest £

-
-
-
-
-
-

Current value (optional)

-
-
-
-
-

Current value (optional)

-
-
-
-
-
-
-
-
-

When due (optional)

Date of approval
1/30/2022



Trustees' Annual Report for the period

From 01/04/2020 Period start date

To 31/03/2021 Period end date

Charity name: Goals4Giving

Charity registration number: 1175332

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>To advance in life and help young people through the provision of recreational and leisure time activities designed to improve their conditions of life.</p> <p>The advancement of education, including physical education, of young people in particular but not exclusively by providing them with accredited training to become qualified football coaches which will then allow them to gain coaching experience on our projects and access opportunities for obtaining work skills particularly in sport.</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>For the purpose of helping young people through the provision of recreational/leisure activities many of our international football projects as well as those based in London have achieved this objective.</p> <p>The football and multi sport projects we have delivered to schools in Zimbabwe and Thailand have allowed a number of school children (aged 8-13) to take part in structured & coached sessions that they may previously have not had access to. We have been able to do this by developing partnerships with schools in those countries & delivering sessions that engage their pupils regardless of ability level across different age groups. We feel our projects help to address some of the gaps in physical education for children in developing countries particularly those whose lives are affected by poverty.</p> <p>Our coaching clinics are not just focused on teaching/developing their football skills but also help with their learning of fundamental movement which may not</p>

		<p>have been taught to them by their schools PE staff. Many of the schools & communities we work in do not have access to the resources that will allow the young people they serve to learn the A,B,C's of movement correctly or to develop any sporting potential they might have.</p> <p>The young people, their families and their schools show great enthusiasm for the opportunity of being involved in football training with FA qualified football coaches.</p> <p>These projects are always delivered with the ethos of social welfare by giving them the opportunity to experience the health, social and unifying benefits of sport. Beyond the technical sports tuition we are giving them, the sessions promote the values of discipline, commitment, teamwork, cooperation and sportsmanship.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>All our Trustees, Staff and volunteers have completed enhanced DBS checks, and Safeguarding Children & Vulnerable Adults training with a National Sports Governing Body or other accredited training provider within the last 3 years.</p> <p>At all committee meetings the Trustees discuss project proposals that they or the head coach would like to see the charity deliver in the next 3 month period. Any suggestions for projects in the periods between meetings are communicated by email.</p> <p>In order for a project to be approved it must deliver outcomes that achieve at least 1 of the objectives of the charity for the public benefit and 2 out of 3 of the Trustees must agree to the project being delivered.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	N/a for current financial period.
Policy on social investment including program related investment	Para 1.38	N/a
		N/a

Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Unfortunately due to the COVID-19 pandemic with the subsequent lockdowns and restrictions imposed on schools in the last 2+ years we have not been able to deliver any projects either locally or internationally .</p> <p>We have looked to establish partnerships with other community organisations but this too has proved difficult.</p> <p>All our staff and volunteers have now been fully vaccinated against COVID-19 and as travel restrictions start to relax globally we are now in a position to recommence delivering international projects. We plan to deliver a football project with a school in Zimbabwe in April 2022 subject to in person schooling having resumed within the country.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	N/a
Performance of fundraising activities against objectives set	Para 1.41	N/a
Investment performance against objectives	Para 1.41	N/a
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	We have not received any 'new' income in the last financial year and have ensured our outgoings during this period have been kept to a minimum (£226.19) and primarily used for staff/volunteer training and accreditations (e.g. renewal of DBS checks/Safeguarding training).
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Goals4Giving currently have reserves of £2760.82. The majority of these funds would have been allocated for the expenditure on our projects we had planned to deliver last year and this year. We will aim to use those funds on projects that we deliver this year in addition to any grants we are able to obtain this year. In most instances we will hold relatively small amounts of funds in reserves (up to a maximum of £5000).
Amount of reserves held	Para 1.22	£2760.82
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	N/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Any future COVID-19 outbreaks that may result in further travel restrictions that may be imposed in the territories we work in.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	N/a
Investment policy and objectives including any social investment policy adopted	Para 1.46	N/a
A description of the principal risks facing the charity	Para 1.46	Changes to school policies on the delivery of sport sessions/extra-curricular activities by external providers due to Covid19 restrictions.
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution – adopted 24th October 2017
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO Foundation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by Paul Smith (Founder/Head Coach) Our Trustees were selected based on the experience they possess in the fields of Community Sport & Sports Coaching, Youth Development & Outreach, Grant Funding and Community Development. Collectively they possess considerable knowledge and expertise that has helped the charity to deliver its work in these areas.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	N/a
The charity's organisational structure and any wider network with which the charity works	Para 1.51	N/a
Relationship with any related parties	Para 1.51	N/a
Other		

Reference and Administrative details

Charity name	Goals4Giving
Other name the charity uses	N/a
Registered charity number	1175332

Charity's principal address	6 Cavell House 243 Wood Lane Shepherd's Bush London, W12 0HL.

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Steven Davies		10/09/2017-Present	
2	Deborah Peters-Mill		10/09/2017-Present	
3	Cheryl Oteng		10/09/2017-Present	
4				
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17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/a		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/a		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/a

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Paul S.Smith	
Full name(s)	Paul Steven Smith	
Position (eg Secretary, Chair, etc)	Founder/Head Coach	
Date	31 st January 2022	