



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From **APRIL 2022** Period start date To **APRIL 2023** Period end date

Charity name: EAST COAST GYMNASTICS

Charity registration number: 1175319

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION FOR THE BENEFIT OF THE INHABITANTS OF THE DISTRICT OF EAST LINDSEY AND THE SURROUNDING AREA BY THE PROVISION OF FACILITIES AND COACHING FOR GYMNASTICS.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Main activities: The Club offers a range of activities to participants from the age of 3 and above in general gymnastics, tumbling, conditioning, dance and competition. The club aims to offer a safe, healthy learning environment. ~Classes/training is offered to all genders, races, ethnicities and social backgrounds. The club gives all members the opportunity to attend and take part in gymnastics competitions and displays within the UK.</p> <p>The trustees have used the guidance issued by the charity commission on public benefit and have identified the objectives and aims of the club have been meet. Trustees have been able to identify this from club registers and enrolment forms and through the success of individuals achievement in the classes through the British Gymnastics Badge scheme and the success at various competitions.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have complied with the duty in section 4 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The club is solely run by volunteers who show excellent commitment to achieving the objectives set out for the club.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We deliver general and competitive gymnastics classes to all abilities and backgrounds Recreational classes from beginner, intermediate and advanced levels in general gymnastics. The beginner classes run for 1 hour 4 times a week. We also offer competitive squad sessions that members can try out for or be invited into. These sessions are for members who show commitment, hard work and enthusiasm for competitive gymnastics. The squad sessions total 9 hours a week, Due to coaching levels the general sessions are limited to 18 gymnasts and every session has a waiting list. Future Plans: To attract and train more volunteer coaches To purchase further equipment.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Acceptable
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The trustees do not have a reserves policy but have agreed that any monies left are carried forward to be used to help maintain current equipment or fund new equipment and to pay for any increase in overheads.
Amount of reserves held	Para 1.22	£5411
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	£3340 – outstanding loans to be paid over the coming years
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	The charities main source of funding is through the class subscriptions. Funding is also achieved through the committee's fund raising events. The club has also been the beneficiary of grant funding from several different sources
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	For induction of new trustees: <ul style="list-style-type: none"> • given required guidance information from charity commission website for being a trustee. • Given and made aware of club constitution. • Made aware and shown club policies.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	East Coast Gymnastics
Other name the charity uses	n/a
Registered charity number	1175319
Charity's principal address	41 SOUTH ROAD CHAPEL ST. LEONARDS SKEGNESS PE24 5TL

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Treza Casterton			
2	Anita Grace			
3	Fiona Ison			
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Corporate trustees – names of the directors at the date the report was approved

Director name		
Treza Casterton		
Anita Grace		
Fiona Ison		

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	TREZA CASTERTON	FIONA ISON
Position (eg Secretary, Chair, etc)	TREASURER	CHAIR.
Date	07/12/2023.	

Balance Sheet For 1st April 2022 to 1st April 2023

Income	£29,714.17
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Expenditure	£30,692.28
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Assets (Replacement Value)	£56,729.34
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Income	
1 Gymnast Insurance	Parents
2 Coaches	£180.00
3 Club Membership	£0.00
4 Session Fees	£23,664.11
5 Club Leotards/Attire	£72.50
6 Equipment Insurance	£0.00
7 Donations/Fund Raising	£2,667.56
8 Equipment Sales	£0.00
9 Competition Fees	£2,890.00
10 Coach Training	£0.00
11 Promotional Items	£0.00
12 Bank Fees	£0.00
13 Building Maintenance	£0.00
14 Building Rent/Electric	£0.00
15 Hall Fees	£0.00
16 Loans	£240.00
	£29,714.17

Expenditure	
Gymnast Insurance	£40.00
Coaches	£868.38
Club Membership	£0.00
Session Fees Refunds	£75.00
Club Leotards/Attire	£0.00
Equipment Insurance	£1,062.40
Donations/Fund Raising	£0.00
Equipment Purchases	£4,283.92
Competition Fees	£3,370.00
Coach Training	£1,699.91
Promotional Items	£292.03
Bank Fees	£0.00
Building Maintenance	£328.10
Building Rent/Electric	£15,752.54
Hall Fees	£0.00
Loan Repayments	£2,920.00
	£30,692.28

Banking	
Opening Balance (1st April 2021)	£6,389.97
Closing Balance (31st March 2022)	£5,411.86
Profit/Loss Accrual	-£978.11

Profit/Loss Accrual	
Income	£29,714.17
Expenditure	£30,692.28
	-£978.11

Not Through Bank	

Outstanding Loans	
Initial Startup - F Ison	£3,500.00
Equipment Upgrade - I Ison	-£160.00
1 monthly over-payment of £160	1 Overpaid