

Charity Registration No. 1175160

Company Registration No. 10722435 (England and Wales)

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

ACTION FOR HAPPINESS

(A COMPANY LIMITED BY GUARANTEE)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Ms V A King Professor P R G Layard Sir Anthony Seldon Mr G J Mulgan
Secretary	Mr M Williamson
Charity number	1175160
Company number	10722435
Registered office	WeWork 3 Waterhouse Square 138 Holborn London EC1N 2SW
Independent examiner	Jean Ellis BA FCA CTA DSG Castle Chambers 43 Castle Street Liverpool L2 9TL

ACTION FOR HAPPINESS

(A COMPANY LIMITED BY GUARANTEE)

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ACTION FOR HAPPINESS

(A COMPANY LIMITED BY GUARANTEE)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 DECEMBER 2021

The trustees present their annual report and financial statements for the year ended 31 December 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Action for Happiness is a charity which promotes mental health and wellbeing through the provision of information, evidence-based resources, public events, educational services, training and community activities.

Our vision is a happier and kinder society, with far fewer people suffering due to mental ill health or social isolation and far more people feeling good, functioning well and helping others. We are backed by leading experts and all of our activities are grounded in the latest scientific research.

Please note: The Action for Happiness project was originally launched in 2011, based within The Young Foundation (Registered Charity 274345). In 2017 Action for Happiness was established as an independent Company Limited by Guarantee (10722435) and registered charity (1175160) and on 31 December 2017 all assets, liabilities and Intellectual Property were transferred to the new entity.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

Below is a summary of the key Action for Happiness achievements in 2021:

- Completed a successful fourth full year of operation as an independent charity.
- Scaled up our on-going response to the Covid crisis through our campaign to support community wellbeing and associated resources for use in lockdown.
- Continued our successful series of monthly themed calendars with daily action ideas, which were used by over 2 million people during the year.
- Scaled up our successful online webinar series holding 23 online events during 2021, with over 120,000 people taking part.
- Continued to support and deliver our network of volunteer-led online Action for Happiness groups. Over 110 local groups were supported with 8,000 people signing up to take part.
- Grown our "10 Days of Happiness" coaching program for challenging times. Over 80,000 people have signed up to take part, with measurable increases in participant wellbeing.
- Delivered significant growth in the Action for Happiness smartphone app and grew the community to over 170,000 registered users.
- Invested in communication and promotion reach new audiences, focusing on those in need of support for their wellbeing and mental health during the Covid pandemic.
- Increased team capacity to respond to increasing demand, including new Head of Operations.
- Grew the online/social media community to over 1.57 million followers and also added 47,000 more Action for Happiness members, taking the total to 277,000 people.
- Reached a total of over 7.7 million website visitors to date at www.actionforhappiness.org
- Completed development of a new digital platform to replace the current Action for Happiness website, due to be launched early in 2022.
- Completed development of our new, enhanced Action for Happiness course for community groups, due to be launched in 2022.
- Continued to support primary schools with the 'Keys to Happier Living' Toolkit.
- Developed and published our policy on Diversity, Equity, Inclusion and Belonging (DEIB) and took further steps to put this into practice throughout the organisation.
- Supported on-going expansion of the Action for Happiness hub in Northamptonshire.
- Continued to provide education, resources and training for organisations and schools.
- Created a new peer-to-peer network to bring together our community of volunteer leaders.

**ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021**

Financial review

The year's activities resulted in a surplus of £217,082 compared with a surplus of £166,206 in 2020.

The total amount transferred by Gift Aid from the subsidiary company Action for Happiness Trading Limited for the year amounted to £629 (2020: £22,380). Minimal funds are retained in the subsidiary, the operating expenses of which are paid by the charity.

The principal sources of income to Action for Happiness during 2021 were:

- Grant funding
- Donations made by Action for Happiness supporters
- Income from Educational Services provided to organisations and schools

Reserves policy

It is the policy of the charitable company that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to at least six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charitable company's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year and the charity ended the year with a higher than usual level of reserves due to receiving additional grants during the year which are eligible to support on-going activity next year.

Risk management

The Trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Future plans

Over the past two years, Action for Happiness' activities have been significantly impacted by the Covid-19 crisis. At the time of writing, the majority of face-to-face course, events, cafes and other activities continue to be delivered online. While many online activities will continue, it is also hoped that it will be possible to restart more face-to-face activities during 2022 in line with public health guidance and taking into account the preferences of volunteers and participants.

Plans for 2022 now include:

- Completing a strategic review of Action for Happiness activities and priorities
- Expanding and diversifying our Trustee Board
- Launching the new Action for Happiness website and associated online resources
- Launching new Action for Happiness course to be run by volunteers in their communities
- Recruiting a new Community Wellbeing and Safeguarding Manager
- Continuing to grow the overall reach of the Action for Happiness community
- Continuing to support local Action for Happiness groups
- Continuing to engage large audiences via regular events/webinars
- Continuing to grow team capacity to respond to increasing demand for services.
- Engaging with new potential funders to support scale-up plans

**ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021**

Structure, governance and management

The charitable company is a company limited by guarantee.

The trustees, who are also the directors for the purpose of company law, and who served during the year were:

Ms V A King
Professor P R G Layard
Sir Anthony Seldon
Mr G J Mulgan

The Board of Trustees has overall responsibility for the fulfilling the charity's aims.

The recruitment and appointment of Trustees was based on ensuring an appropriate balance of expertise, skills and commitment to the mission of the charity. The majority of appointed Trustees had either been cofounders of the original Action for Happiness or long-standing members of its Advisory Board. The Board of Trustees also anticipates appointing two or more additional Trustees during the coming year to bring in additional skills and expertise as required.

Day to day management of the operation of the charity is delegated from the Board to the Chief Executive (Mark Williamson). The Board of Trustees meets at least once per quarter and the Chief Executive reports regularly to the Trustees on the operations, plans and financial position of the organisation, as appropriate.

Action for Happiness is supported by a range of contractors and volunteers to fulfil its mission. Contractors are recruited on a fixed term basis with the skills required to fulfil specific needs. All volunteers are carefully screened and supported in fulfilling their roles, for example in running courses in their local communities.

The trustees' report was approved by the Board of Trustees.



Professor P R G Layard

Trustee

Dated: 15 March 2022

**ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF ACTION FOR HAPPINESS**

I report to the trustees on my examination of the financial statements of Action for Happiness (the charity) for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 386 of the 2006 Act;
or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Jean Ellis BA FCA CTA
DSG

Castle Chambers
43 Castle Street
Liverpool
L2 9TL

Dated: 15 March 2022

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF FINANCIAL ACTIVITIES
INCLUDING INCOME AND EXPENDITURE ACCOUNT
FOR THE YEAR ENDED 31 DECEMBER 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
<u>Income and endowments from:</u>							
Donations and grants	3	84,856	735,000	819,856	125,801	245,000	370,801
Charitable activities	4	108,643	-	108,643	131,117	-	131,117
Investments	5	1,272	-	1,272	22,380	-	22,380
Other income	6	770	-	770	520	-	520
Total income		195,541	735,000	930,541	279,818	245,000	524,818
<u>Expenditure on:</u>							
Charitable activities	7	-	713,459	713,459	113,612	245,000	358,612
Net income for the year/ Net movement in funds		195,541	21,541	217,082	166,206	-	166,206
Fund balances at 1 January 2021		526,133	-	526,133	359,927	-	359,927
Fund balances at 31 December 2021		721,674	21,541	743,215	526,133	-	526,133

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
BALANCE SHEET

AS AT 31 DECEMBER 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Investments	11		1		1
Current assets					
Debtors	13	3,999		25,885	
Cash at bank and in hand		776,493		526,530	
		<u>780,492</u>		<u>552,415</u>	
Creditors: amounts falling due within one year	14	<u>(37,278)</u>		<u>(26,283)</u>	
Net current assets			743,214		526,132
Total assets less current liabilities			<u>743,215</u>		<u>526,133</u>
Income funds					
Restricted funds	15	21,541		-	
Unrestricted funds		721,674		526,133	
		<u>743,215</u>		<u>526,133</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 December 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 15 March 2022

Richard Layard

Professor P R G Layard
Trustee

Company Registration No. 10722435

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2021

	Notes	2021 £	£	2020 £	£
Cash flows from operating activities					
Cash generated from operations	19		248,691		143,344
Investing activities					
Investment income received		1,272		22,380	
		<u>1,272</u>		<u>22,380</u>	
Net cash generated from investing activities			1,272		22,380
Net cash used in financing activities			-		-
			<u>249,963</u>		<u>165,724</u>
Net increase in cash and cash equivalents			249,963		165,724
Cash and cash equivalents at beginning of year			526,530		360,806
Cash and cash equivalents at end of year			<u>776,493</u>		<u>526,530</u>

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

Charity information

Action for Happiness is a private company limited by guarantee incorporated in England and Wales. The registered office is WeWork, 3 Waterhouse Square, 138 Holborn, London, EC1N 2SW.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

The trustees consider that it is appropriate to prepare the accounts on a going concern basis as the charity will be able to meet its liabilities as they fall due. In making this assessment the trustees have considered the impact of the Coronavirus which is prevalent at the time of approval of these accounts and are confident that they have adequate resources to continue to operate having taken account of current and future income streams and expenditure commitments.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1.5 Expenditure

Resources expended are included in the Statement of Financial Activities on an accruals basis, once there is a legal or constructive obligation to make a payment.

Charitable activities include the cost of providing courses and hosting events, and include both direct costs and support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to charitable activities.

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

(Continued)

1.6 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

A subsidiary is an entity controlled by the charity. Control is the power to govern the financial and operating policies of the entity so as to obtain benefits from its activities.

1.7 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.8 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

1 Accounting policies

(Continued)

1.9 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.10 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

1.11 Irrecoverable VAT

The charity is not required to register with HMRC for VAT. All resources expended are recognised gross of VAT.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

3 Donations and grants

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total Unrestricted funds 2021 £	Restricted funds 2020 £	Total 2020 £
Donations and gifts	59,856	-	59,856	65,801	65,801
Grants receivable	25,000	735,000	760,000	60,000	305,000
	<u>84,856</u>	<u>735,000</u>	<u>819,856</u>	<u>245,000</u>	<u>370,801</u>
Donations and gifts					
Supporters Circle	30,000	-	30,000	-	30,000
Other	29,856	-	29,856	-	35,801
	<u>59,856</u>	<u>-</u>	<u>59,856</u>	<u>-</u>	<u>65,801</u>
Grants receivable for core activities					
AIM Foundation	-	-	-	15,000	15,000
Founder's Pledge	-	735,000	735,000	-	245,000
David Cock Foundation	-	-	-	10,000	10,000
Dreamchasing	25,000	-	25,000	-	25,000
Small business COVID-19	-	-	-	10,000	10,000
	<u>25,000</u>	<u>735,000</u>	<u>760,000</u>	<u>245,000</u>	<u>305,000</u>

4 Charitable activities

	2021 £	2020 £
Event income	94,595	100,446
Course income	1,871	21,410
Educational services	12,177	9,261
	<u>108,643</u>	<u>131,117</u>

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

5 Investments

	Unrestricted funds 2021 £	Unrestricted funds 2020 £
Income from subsidiary	629	22,380
Interest receivable	643	-
	<u>1,272</u>	<u>22,380</u>

The charity owns 100% of the share capital of Action for Happiness Trading Limited which is a company limited by shares held for the purpose of delivering the charitable trading activities of the charity.

6 Other income

	2021 £	2019 £
Other income	<u>770</u>	<u>520</u>

7 Charitable activities

	2021 £	2020 £
Staff costs	236,966	138,501
Costs of providing courses	41,007	49,114
Event costs	37,321	16,582
Educational services	352	1,218
Communication	83,739	48,409
Community development	180,846	41,094
Operations	8,325	3,525
	<u>588,556</u>	<u>298,443</u>
Share of support costs (see note 8)	123,667	58,933
Share of governance costs (see note 8)	1,236	1,236
	<u>713,459</u>	<u>358,612</u>
Analysis by fund		
Unrestricted funds	-	113,612
Restricted funds	<u>713,459</u>	<u>245,000</u>

ACTION FOR HAPPINESS
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

8 Support costs

	Support costs	Governance costs	2021	Support costs	Governance costs	2020
	£	£	£	£	£	£
Bank fees	143	-	143	84	-	84
General expenses	8,414	-	8,414	518	-	518
Online services	91,811	-	91,811	38,612	-	38,612
Printing and stationery	2,560	-	2,560	994	-	994
Travel	272	-	272	663	-	663
Rent	17,590	-	17,590	15,990	-	15,990
Insurance	1,182	-	1,182	1,086	-	1,086
Legal and professional	1,695	-	1,695	986	-	986
Independent examination	-	1,236	1,236	-	1,236	1,236
	<u>123,667</u>	<u>1,236</u>	<u>124,903</u>	<u>58,933</u>	<u>1,236</u>	<u>60,169</u>
Analysed between						
Charitable activities	<u>123,667</u>	<u>1,236</u>	<u>124,903</u>	<u>58,933</u>	<u>1,236</u>	<u>60,169</u>

9 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charitable company during the year (2020: £nil).

During the year, the trustees received a total of £nil (2020: £nil) in expenses from the charity.

ACTION FOR HAPPINESS
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NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

10 Employees

The average monthly number of employees during the year was:

	2021	2020
	Number	Number
Administration	4	2
	<u> </u>	<u> </u>

Employment costs	2021	2020
	£	£
Wages and salaries	190,775	106,000
Social security costs	21,325	13,421
Other pension costs	24,866	19,080
	<u> </u>	<u> </u>
	<u>236,966</u>	<u>138,501</u>

The number of employees whose annual remuneration was £60,000 or more were:

	2021	2020
	Number	Number
Above £60,000	1	1
	<u> </u>	<u> </u>

11 Fixed asset investments

		2021	2020
	Notes	£	£
Other investments comprise:			
Investments in subsidiaries	12	1	1

12 Subsidiaries

Name of undertaking	Registered office	Nature of business	Class of shares held	% Held	
				Direct	Indirect
Action for Happiness Trading Limited	Wework, 3 Waterhouse Square, 138 Holborn, London, EC1N 2SW	Provision of services	Ordinary	100.00	

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ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

13 Debtors

	2021	2020
	£	£
Amounts falling due within one year:		
Trade debtors	-	135
Amounts owed by subsidiary undertakings	629	22,380
Other debtors	1,000	1,000
Prepayments and accrued income	2,370	2,370
	<u>3,999</u>	<u>25,885</u>

14 Creditors: amounts falling due within one year

	2021	2020
	£	£
Other taxation and social security	6,127	3,776
Other creditors	29,951	21,307
Accruals and deferred income	1,200	1,200
	<u>37,278</u>	<u>26,283</u>

15 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 January 2020	Incoming resources	Resources expended	Balance at 1 January 2021	Incoming resources	Resources expended	Balance at 31 December 2021
	£	£	£	£	£	£	£
Founders							
Pledge	-	245,000	(245,000)	-	735,000	(713,459)	21,541
	<u>-</u>	<u>245,000</u>	<u>(245,000)</u>	<u>-</u>	<u>735,000</u>	<u>(713,459)</u>	<u>21,541</u>

Founders Pledge

Development and scale-up of new resources and services to support mental wellbeing for individuals and communities in response to the Covid pandemic.

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

16 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 December 2021 are represented by:						
Investments	1	-	1	1	-	1
Current assets/ (liabilities)	721,673	21,541	743,214	526,132	-	526,132
	<u>721,674</u>	<u>21,541</u>	<u>743,215</u>	<u>526,133</u>	<u>-</u>	<u>526,133</u>

17 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	<u>7,840</u>	<u>9,102</u>

ACTION FOR HAPPINESS
(A COMPANY LIMITED BY GUARANTEE)
NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE YEAR ENDED 31 DECEMBER 2021

18 Related party transactions

The charity has taken advantage of exemption, under the terms of Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland', not to disclose related party transactions with wholly owned subsidiaries within the group.

19 Cash generated from operations	2021 £	2020 £
Surplus for the year	217,082	166,206
Adjustments for:		
Investment income recognised in statement of financial activities	(1,272)	(22,380)
Movements in working capital:		
Decrease/(increase) in debtors	21,886	(15,255)
Increase in creditors	10,995	14,773
Cash generated from operations	248,691	143,344