

ROTHERHAM ABUSE COUNSELLING SERVICE

Financial statements for the
year ended 31st March 2025

Charity number: 1175142
Registered England and Wales

ROTHERHAM ABUSE COUNSELLING SERVICE
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for the year ended 31st March 2025

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ROTHERHAM ABUSE COUNSELLING SERVICE
Administrative details
for the year ended 31st March 2025

Registered Name ROTHERHAM ABUSE COUNSELLING SERVICE

Registered Charity number 1175142

Trustees	Catherine Cooper	Trustee/Chair
	Laraine Bisby	Trustee/Treasurer
	Meghana Nadella	Trustee/Secretary
	Alexa Wortley	Trustee
	Wendy Peake	Trustee
	Eileen Brookes	Trustee
	Jayne Waters	Trustee
	Gavin Glasby	Resigned - 25/09/2024
	Liz Bennett	Resigned - 16/07/2024
	Teresa Greaves	Appointed - 12/11/2024
	Aimee Lunn	Appointed - 21/01/2025

Chief Executive Officer Jo McKinney

Registered Office 38 Moorgate Road
Rotherham
South Yorkshire
S60 2AG

Bankers Unity Trust Bank
Four Brindley Place
Birmingham
B1 2HB

Redwood Bank
The Nexus Building
Broadway
Letchworth Garden City
Hertfordshire
SG6 3TA

Independent Examiner Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
4-6 Thorne Road
Doncaster
DN1 2HS

ROTHERHAM ABUSE COUNSELLING SERVICE
The Directors (trustees) present their annual report
for the year ended 31st March 2025

The trustees of the charity submit their annual report and financial statements for the year ended 31st March 2025.

Objectives and activities

The charity's objectives are:

- 1) To preserve and protect the physical and mental health of individuals in Rotherham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment. In particular, but not exclusively by the following means:
 - a) The provision of a confidential face to face and telephone counselling service
 - b) onward referral with permission of those clients needing help of a more specialist nature.
- 2) To advance the education of the public in the subject of sexual abuse and undertake research and disseminate the results to the public.

Structure, governance and management

The charity is a charitable incorporated organization formed on 12th October 2017 and is managed by a board of trustees, who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management. To manage this a subgroup and responsibilities structure is in place with three decision-making subgroups: finance, communications and working differently, each bounded by their own terms of reference for group members. Terms of reference provide clear levels of responsibility for each group and reporting mechanisms to full board. Minutes of each meeting are recorded and made available for all members to access.

In addition to membership of a subgroup, many trustees oversee key areas of the charity, such as health and safety and safeguarding. Annually the trustee representing these areas audits the service to ensure that legal requirements are met and complied with.

One of our recently joined trustees resigned this year but we have been fortunate to welcome another new trustee with experience in the mental health sector in the latter part of the year.

Trustees are appointed according to the Articles of Association.
The following served as trustees during the accounting period:

Catherine Cooper	Chair since 9th July 2020
Laraine Bisby	Treasurer
Alexa Wortley	Secretary since 9th July 2020. Resigned 23/08/2024
Wendy Peake	
Eileen Brooks	
Liz Bennett	Resigned 16/07/2024
Gavin Glasby	Resigned 25/09/2024
Jayne Waters	
Teresa Greaves	Appointed 12/11/2024
Aimee Lunn	Appointed 21/01/2025
Meghana Nadella	Appointed 21/01/2025 Appointed Secretary 20/05/2025

Trustees can be nominated at the annual general meeting or co-opted during the year by the board for their special skills or expertise but must be appointed by resolution at a properly convened meeting of trustees. None of the trustees have any beneficial interest in the company. The trustees are responsible for the overall management and control of the charity and receive regular reports from staff and managers. All matters and powers of strategic management and control are vested in the board. The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Chairs Report

2024 began with a bit more financial stability due to the provision of extra funding for 1 year from the Rotherham Metropolitan Borough Council (RMBC) but with ongoing need to replace this for our long-term future. We were reassured by the prospect of ongoing funding from the Serious Violence Duty fund and the Trauma Resilience Service, but unfortunately other smaller grant bids were unsuccessful which made it more important than ever that we would be successful in our bid for further National Lottery funding beginning April 2025 which proved to be the case. There were also concerns about the ongoing funding of the Independent Sexual Violence Advocacy (ISVA) service via the SYSVP and the partnership's ability to manage within the existing funding envelope. After a difficult year for the partnership an extension of funding for 12 months was confirmed and, as there could be no increase in funding, a plan was made to streamline the service with contract management being transferred to Barnsley Sexual Abuse and Rape Crisis service. Rothacs' ISVA service was challenged by a lot of staff sickness, long delays in cases going to court and reduction in funding as the Stovewood Project caseloads have now reduced.

Our health and safety has undergone numerous improvements under the direction of management team and donations from 2023 have been used for the benefit of staff well-being and our Child and Adolescent service facilities. We were also able to purchase on OWL to facilitate hybrid meetings.

We were disappointed that our new finance officer had to resign 8 months into the year, but we were fortunate to be able to reappoint a new officer. For reasons outside our control our Independent Examiner had to be changed from Voluntary Action Rotherham to HSL Accountancy solutions Ltd.

Organisation and management

Rothacs continues to work as a Charitable Incorporated Organisation governed by its constitution with regular meetings of the Board of Trustees, supporting and supported by the Senior Management Team and supplemented by subcommittees.

Aims, Objectives and our Mission

Rothacs' mission is to help survivors of sexual, physical, mental abuse and domestic abuse (living or working in Rotherham) to fulfil their potential and lead happier and healthier lives.

We aim to provide free accessible therapeutic counselling to adults and young people aged 13 and over who have suffered sexual or domestic abuse, alongside more broad support, onward referral where appropriate and to develop wider awareness with the public and other organisations.

Activities

Demand for the service remains high; referrals increased by over 20%. This year we have been able to increase contracted counselling hours and with this, waiting list clearance and our new referrals protocol and triage we have increased the number of clients seen and reduced the waiting list. We have also extended our offering with an upgrade to our online Recovery at Rothacs service to provide post-therapy support and a recorded online male therapy course. The RMBC-funded post CSE service continues, providing a counsellor to work with Children and Young People, as well as the Trauma and Resilience Service (TRS) and ISVA services.

In the last year we have continued to deliver our service via a mixture of platforms. They are:

- Face to face individual therapeutic counselling for anyone aged 13+. Rothacs offers a maximum of 20 counselling sessions with safeguards around safe space and confidentiality for clients to identify, explore and find strategies to cope with the issues causing them distress. This time is spent developing new coping strategies with the client gaining insights and confidence building to make independent choices and move forward in their recovery journey.
- Online individual therapeutic counselling as above via the Zoom platform
- Telephone based therapeutic counselling as above for those unable or unwilling to undertake video calls.
- Telephone welfare support calls. We offer courtesy calls to those on our waiting list to reassure them, assess new risks and support them with accessing their pre-counselling option.
- Women's therapy group – This group provides an opportunity to explore issues in a supportive, confidential environment. For those choosing this path specific assessments are completed, ascertain suitability and sessions are delivered in a safe secure environment.
- Men's Therapy group – due to being unable to reach the ideal number of interested participants since lockdown we currently have deferred running groups and have increased provision of individual therapy for men. To continue recognizing specialist differences and men's needs we have developed a Men's online self-directed online course as a pre-therapy option, and they will have lifetime access to this course while ever Rothacs exists.

Activities

- Men's online self-directed course. This comprises of 2 sections focusing on specific tools and techniques and resources designed specifically for men. They will develop skills to manage trauma symptoms, anxiety, anger, low mood, lack of confidence, flashbacks and intrusive thoughts.
- Pre-therapy course – this 6-week course is for women aged 17+. This course is one of our pre therapy options and supports clients whilst on the waiting list, helps prepare and stabilize ready for the therapy work and teaches psychoeducation about the effects of trauma. This continues to be well-received.
- Drop-in sessions for Young People have been trialled this year.
- Drop-in sessions for women continue monthly with various themes.
- Recovery@Rothacs - Our self-support online platform provides counselling and ISVA clients aged 16+ access to online tutorials in a modular form 24/7. The sessions focus on response, rescue and resilience and can be used after assessment, during therapy, post-therapy or as maintenance and is now being also used as pre-therapy for new service users.

In addition to counselling, we have continued to deliver Rotherham's Independent Sexual Violence Service (ISVA) and are part of the South Yorkshire Sexual Violence Partnership funded by the South Yorkshire Mayoral Combined Authority via Police and Crime Commissioner.

The ISVA worker supports victims to make an informed decision on whether they want to report the incident(s) to the police. If they decide not to report the matter, they can still access the service. If a victim does decide to report the matter, the ISVA worker will help them through the whole process, including working with the police and the rest of the criminal justice system. ISVAs advocate on behalf of someone who has been a victim of sexual violence independently supporting them to access the services they need depending on their choice of action. Unfortunately, post-pandemic delays in court cases continue both to increase the number of service users and the duration of support needed by service users. The number of Stovewood clients is slowly reducing as the cases are seen in court, but this work is labour-intensive and badly affected by court delays.

The Trauma Resilience Service (TRS,) funded by the Stovewood Project via RDASH, is now well established and the contract has been extended.

We continue to make great use of our social media platforms and have continued the news feed on the website.

Staff and Volunteers

All team members have continued to work flexibly to provide both extended hours of work and a remote service. Alongside our core administrative and therapeutic staff, we continued to employ bank counsellors as well as volunteer and placement counsellors and for a second year we had medical student placements who organised a Rothacs Open day which was a great success leading to new collaborations with Rotherham Alcohol and Support Service (ROADS) and Andy's Man Club. Having achieved BACP accreditation, the Senior Management Team have continued the new process of Performance and Development Reviews for staff and have held two successful development days. They have continued to work with other agencies in South Yorkshire and consolidated our relationship with Space Academy with provision of successful student counselling placements.

Going Forward

We can now apply again for a Children in Need grant and have others in the pipeline.

Sadly our year ended with the resignation of our CEO, so we look forward to going forward with a new CEO (appointed June 2025).

We are grateful for the financial contributions from National Lottery, RMBC, MOJ, OPCC and RDASH as well as from some very generous individual donors. Unfortunately, to avoid a budget deficit for 2025-26 we still need to continue to seek further charitable funding.

We hope that our new system of triage and pre-therapy work will avoid excessive deterioration on waiting lists while we seek further funding.

We are indebted to our loyal and supportive team who continue to cope with funding uncertainty and to the generosity of our funders and donors, all of whom deserve our gratitude.

ROTHERHAM ABUSE COUNSELLING SERVICE

**The Directors (trustees) present their annual report (continued)
for the year ended 31st March 2025**

BASIS AND VALUES

The trustees review our aims and objectives each year looking at what we achieved and the outcomes of our work throughout the year. The board has considered the success of each key activity and the benefits they have brought to those groups of people we are set up to help. Particularly this has been evidenced through the use of an outcome framework which uses evidence-based tools such as PHQ and bespoke methods. The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set and submit the following report and accounts for the accounting period ending 31st March 2025.

STAFF AND VOLUNTEERS

The trustees would like to acknowledge and thank all the commitment and care that has been given by staff, placement students, bank staff and volunteers during this year. Rothacs like many others continue to adapt to a world of 'living with covid' and the constant uncertainty that brings. Having worked through the pandemic maintaining trauma support both personally and professionally we now see the long-term effects on our staff team. We have and continue to support work life balance and healthy working practice through hybrid working allowing our team flexibility when needed. We have over the year seen several staff changes and as at the end of the financial year 2024/25 Rothacs delivery team consisted of:

- 1 Chief Executive Officer
- 1 Executive Clinical Lead
- 1 Senior Counsellor
- 1 Operations Manager
- 1 Finance Officer
- 1 Admin Lead
- 1 Communications Officer
- 2 Administrators
- 6 Employed counsellors
- 5 Bank Counsellors
- 5 Placement Counsellors
- 2 Drop-in/Group Volunteer

We also have:

- 1 ISVA Manager
- 1 ISVA Lead (until August 2024)
- 7 ISVAs
- 1 ISVA Admin

ACTIVITIES FOR THE PUBLIC BENEFIT

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in reporting on how we are achieving our charitable objects.

This report outlines our key achievements and the challenges we continue to face as a small charity.

Throughout 2024-2025, Rotherham Abuse Counselling Service (Rothacs) has continued to provide free specialist therapeutic counselling support for women, men and young people aged 13 and over who have experienced abuse and an ISVA support service for people reporting sexual abuse in the criminal justice system. Rothacs now offers a flexible approach to both counselling or ISVA support offering face to face, online or telephone sessions for all. This not only increases availability for both clients and staff but has provides a wider package of support delivery and options for our service users.

Following our unsuccessful in a bid for continued funding from the MOJ which amounted to 30% of the counselling service in 2023 we introduced a pre-counselling service which, prior to counselling, gives people the option of online support, developed by a survivor of sexual abuse, or a place on one of our 6-week pre- therapy courses developed by our specialist lead group worker. This service provides support earlier to service users on the waiting list and encourages attendance and engagement when counselling does begin. It also helps people recognise whether they are ready for counselling much sooner into the wait. RMBC have supported us with a grant from the covid recovery fund which continued until the end of this financial year and allowed us to re-instate our full counselling hours.

ACTIVITIES FOR THE PUBLIC BENEFIT

Our building is busy as ever with several warm inviting counselling rooms, an ISVA room and a central project office. This year we created a beautiful counselling space especially for our young people which was designed taking in the voices of our young clients. We are located close to the town centre, have parking facilities and disabled access. We use an accessibility tool on the website, and we also provide interpreters when requested.

We have continued our young person's drop-in although improving engagement with this continues to be a challenge. Our women's monthly drop is a peer support group facilitated by our long term dedicated volunteer. This space offers a fun, safe, welcoming space where members can meet for coffee and join in with our planned activities. Both drop-ins increase confidence and decrease isolation and give hope for a fulfilling life beyond abuse.

In addition to the counselling provision, Rothacs delivers a parallel service for the South Yorkshire Sexual Violence Partnership providing an Independent Sexual Violence Advocates (ISVA) service across Rotherham supporting victims of sexual abuse to navigate their way through the criminal justice system. There is still disruption to this system due to external factors, leading to adjournments and long wait times for cases to get to court, increasing the need for support from the ISVA/CHISVA team. This service also uses the hybrid delivery package with Recovery@Rothacs also available to ISVA clients.

In the past year Rotherham Abuse Counselling Service has received 589 (487) counselling referrals, delivered 432 online counselling sessions, 1794 face to face counselling sessions, 534 telephone counselling sessions and 427 telephone counselling assessments. In addition, our ISVA service received 345 (367) new referrals, and we contacted a total of 652 (637) ISVA clients over the year to support them through their recovery journey.

We continue only to accept self-referrals for our counselling service other than for organisations we are contracted with.

Service Data:

During the period of this report the following achievements and data has been recorded for the charity.

Counselling service:

Referrals

Number of referrals received	589 (487)
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Of the number of referrals received our assessments were:

	Offered	Attended
Number of assessments	609 (377)	427 (272)

Counselling sessions delivered this period are:

	Offered	Attended
Online	522 (452)	432 (374)
Telephone	654 (797)	534 (610)
Face to Face	2206 (1845)	1794 (1398)
Total sessions	3382 (3094)	2760 (2382)

ROTHERHAM ABUSE COUNSELLING SERVICE
The Directors (trustees) present their annual report (continued)
for the year ended 31st March 2025

Service Data:

Both online and telephone counselling sessions remain popular for people who are unable to attend face to face counselling sessions.

Since the pre-counselling service was introduced, attendance rates have increased by 8%. Wait times from assessment to starting counselling have more than halved between April 24 and March 25 going from 278 days to 112 days (60% decrease). And the number of people on the waiting list has dropped 45% (from 401 in April 24 to 221 people in March 25).

Outcomes:

The PHQ9 and GAD7 remain the recognised impact measuring tools Rothacs uses when measuring the impact counselling has made with our service users. In addition, our own bespoke measuring tool WATCH measures each impact by rating the improvement rather than just scoring mental health at a moment in time. Our outcomes for 2024-2025 are represented below:

Question	Avg Start	Avg End	Increase/ Decrease	
Mental Health & Wellbeing	3.91	6.48	66%	Mental health & wellbeing has improved by 66% from a baseline assessment of 3.91 to 6.48 in the final reading
Self-esteem & Self-confidence	3.8	6.42	69%	Self-esteem & confidence has improved by 69% from a baseline assessment of 3.8 to 6.42 in the final reading
Trauma symptoms	3.39	6.17	82%	Trauma symptoms have improved by 82% from a baseline assessment of 3.39 to 6.17 in the final reading
Risk of Harm	8.14	9.04	11%	Risk of harm has improved by 11% from a baseline assessment of 8.14 to 9.04 in the final reading
Physical/Medical symptoms of abuse	5.11	6.86	34%	Physical/medical symptoms of abuse have improved by 34% from a baseline assessment of 5.11 to 6.86 in the final reading
Coping Strategies	4.81	7.25	51%	Coping strategies have improved by 51% from a baseline assessment of 4.81 to 7.25 in the final reading
Social Engagement	5.21	6.74	29%	Social engagement has improved by 29% from a baseline assessment of 5.21 to 6.74 in the final reading
Relationships & Support	7.19	8.04	12%	Relationships & support have improved by 12% from a baseline assessment of 7.19 to 8.04 in the final reading

The clinically used GAD7 and PHQ9 are also used by Rothacs to measure levels of depression and anxiety using a score system of 0-5 shows mild and 15 and above severe. The results of these are:

Question	Avg Start	Avg End	Increase/ Decrease	
phq9	15.78	9.07	43%	Decrease in depression/ PHQ scores
gad7	14.01	8.06	42%	Decrease in anxiety level/ GAD scores

FINANCIAL REVIEW

The organisation offers a free service to people who live or work in the Rotherham area and is totally dependent on funding from grants, Statutory Authority funding and personal donations and donations from smaller organisations.

We would like to thank all our funders for the support given during this last year and how they have shown great support and flexibility during these challenging times for Rothacs.

Fundraising and Funding

We would like to say a big thank you to our supporters, many who donate privately through 'Local Giving' and to our major funders for their support and continued belief in the service we provide.

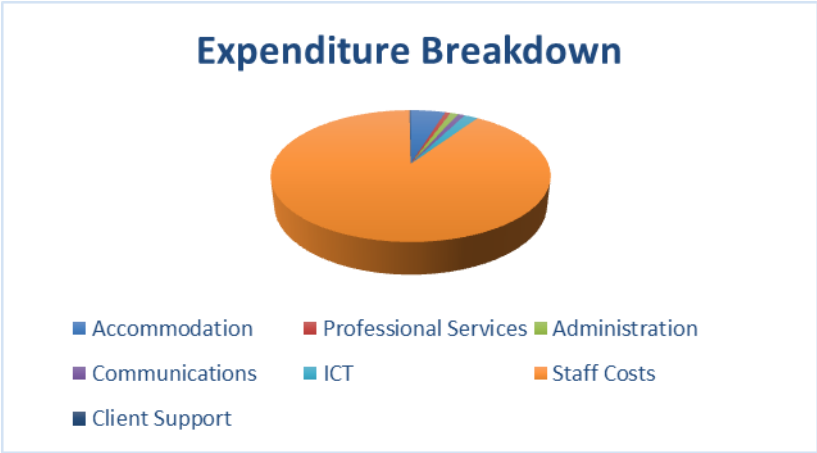
Our main sources of income came from the following organisations for which we are very grateful:

National Lottery, Ministry of Justice, RDASH, Police and Crime Commissioner, Rotherham MBC and Children in need

FINANCIAL REVIEW

Our income for the year was £681,031 and expenditure was £631,075

See the final accounts for more detail but the chart below shows a breakdown of how we spent our income.



Reserves Policy

The trustees have designated an amount of £70,000 to cover two months running costs for closure and statutory redundancy payments should the remaining operational reserves deplete to a level that is no longer sustainable. This reflects the current increase in staffing levels.

Operational reserves are monitored monthly through management reports which help determine the level of additional funding required through grant application processes. The trustees are aware of the shortfall and are planning to increase unrestricted funds to manage the shortfall as required.

Governance

The trustees have sought to discharge their responsibilities by the implementation of strong recruitment and supervision policies, and by regular and rigorous reviews of policy, ensuring that they are fully implemented by all staff and volunteers. An annual safeguarding report is required by the trustees, who have all received appropriate safeguarding training. The trustees also regularly review the financial situation to ensure the continued viability of Rothacs.

During this period no trustees have received expenses or financial payment from Rothacs. One trustee is a member of a political party, but it has been agreed that this does not impact on the trustee role.

FUTURE PLANNING

Rothacs will continue to make plans in line with its Objectives and Mission Statement. We continue to face strong challenges in the current environment and expect that Trustees need to continue to be vigilant and creative in responding to threats from reduced income and the strategic priorities of the public sector and funding bodies.

Our financial monitoring group regularly manages the budgets for the charity highlighting any future known concerns in time to minimize their effects in relation to long term funding.

We continue to manage and apply for funding from numerous funding bodies alongside fundraising and awareness raising to increase the possibility of sustainability for both restricted and unrestricted funds.

Statement of Trustees' responsibilities

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance Charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report.

Signed on behalf of the trustees

Signed: *Catherine Anne Cooper*

Name and position: Catherine Anne Cooper, Chair of Trustees

Date: 2025-10-14

**Examiners report to the trustees of
ROTHERHAM ABUSE COUNSELLING SERVICE
for the year ended 31st March 2025**

I report on the accounts of the charity for the ended 31st March 2025 which are set out on pages 11 to 13.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT
HSL Accountancy Solutions Ltd
Enterprise House
4-6 Thorne Road
Doncaster
DN1 2HS

Date: 2025-10-14

Heera Singh

ROTHERHAM ABUSE COUNSELLING SERVICE
Statement of Financial Activities
(Including the Income and Expenditure Account)
for the year ended 31st March 2025

		Unrestricted funds	Designated fund	Restricted fund	Total 2025	Total 2024
	Notes	£	£	£	£	£
Income from:						
Grants and donations	2	2,751	0	464,132	466,882	808,669
Charitable activities		10,796	0	0	10,796	6785
Investment income		8,858	0	0	8,858	4887
Total		22,405	0	464,132	486,537	820,341
Expenditure on:						
Charitable activities	3	-2,820	0	633,051	630,231	625,794
Total		-2,820	0	633,051	630,231	625,794
Net income/(expenditure)		25,225	0	-168,919	-143,694	194,547
Transfers between funds		44	-44	0	0	0
Net movement in funds after transfers		25,269	-44	-168,919	-143,694	194,547
Total funds brought forward at 1st April 2024		156,220	44	239,354	395,618	201,070
Total funds carried forward 31st March 2025		181,489	0	70,436	251,924	395,618

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

The accounting policies and notes on pages 14 to 20 form part of these financial statements.

ROTHERHAM ABUSE COUNSELLING SERVICE
Balance sheet
As at 31st March 2025

		2025	2024
		£	£
Fixed assets	Notes		
Tangible assets	4	699	0
Current assets			
Debtors	5	23,875	73,170
Cash at bank and in hand		<u>235,601</u>	<u>335,755</u>
		259,476	408,925
Creditors (amounts falling due in one year)	6	-8,251	-13,307
Net current assets		<u>251,225</u>	<u>395,618</u>
Net assets		<u>251,924</u>	<u>395,618</u>
Reconciliation of Funds			
Unrestricted funds		181,489	156,220
Designated funds		0	44
Restricted funds		<u>70,436</u>	<u>239,353</u>
Total funds		<u>251,924</u>	<u>395,618</u>

The Trustees declare that they have approved the accounts above.

Signed on behalf of the Charity:

Signed: *Catherine Anne Cooper*

Name and position: Chair of Rothacs Board of Trustees

Date: 2025-10-14

The accounting policies and notes on pages 14 to 20 form part of these financial statements.

ROTHERHAM ABUSE COUNSELLING SERVICE
Statement of Cash Flows
As at 31st March 2025

	Total	Total
	2025	2024
	£	£
Cash flows from operating activities:		
Net income/(expenditure) per SoFA	-152,552	189,660
(Increase)/decrease in assets	-699	609
(Increase)/decrease in debtors	49,294	-31,092
Increase/(decrease) in creditors	-5,056	6,322
	43,539	-24,161
Cash flows from investing activities:		
Investment income	8,858	4,887
Net increase/(decrease) in cash:	-100,154	170,387
Total cash as at 01 April 2024	335,755	165,368
Total cash as at 31 March 2025	235,601	335,755

1 Accounting policies

1.1 Basis of preparation

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Charities Act 2011
- (b) Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

The charity meets the definition of a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

1.2 Incoming resources

These are included in the Statement of Financial Activities (SoFA). Incoming resources are recognised when:

- (a) The company becomes entitled to the resources
- (b) The directors are virtually certain they will receive the resources; and
- (c) The monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the SoFA. Grants and donations are only included in the SoFA when the company has unconditional entitlement to the resources. Contractual income is only included in the SoFA once the related goods or performance related services have been delivered. Investment income is included in the accounts when receivable.

1.3 Expenditure

Expenditure is charged to the statement of financial activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs.

Governance costs include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

1.4 Fund accounting

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

1.5 Assets

Items of expenditure are capitalised if the cost is in excess of £750 and the item is estimated to have a life of at least 3 years.

Depreciation is calculated to write down the cost or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on a straight line basis.

Depreciation rates applicable are:

- Furniture 25%
- IT Equipment 33%

1.6 Taxes

The company is not VAT registered. As a Charity the company is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to its charitable objects.

1.7. Creditors

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

1.8. Debtors

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

1.9. Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

1.10 Going Concern Note

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2. Income from

	General Fund	Restricted Fund	Total 2025	Total 2024
	£	£	£	£
Grants and donations				
Donations & legacies	2,751	0	2,751	28,634
The Big Lottery fund	0	116,035	116,035	115,210
RMBC - CSE Counselling	0	45,000	45,000	45,000
RMBC - Covid recovery	0	0	0	170,000
RDASH - Trauma and Resilience	0	34,500	34,500	34,500
RDASH - Trauma and Resilience uplift	0	0	0	15,000
South Yorkshire Sexual Violence Partnership	0	137,773	137,773	128,232
South Yorkshire Sexual Violence Partnership - uplift	0	22,933	22,933	38,604
South Yorkshire Sexual Violence Partnership - Stovewood	0	59,445	59,445	111,000
Ministry of Justice - Rape and sexual abuse support	0	0	0	7,659
Ministry of Justice - Male rape support	0	0	0	26,385
Police Crime Commission	0	43,446	43,446	43,446
Police Crime Commission - Community Grant	0	5,000	5,000	5,000
Police Crime Commission - VRU	0	0	0	30,000
BBC Children in Need	0	0	0	10,000
Total 2025	2,751	464,132	466,882	808,669

Total 2024	28,634	780,036	808,669
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	General Fund	Restricted Fund	Total 2025	Total 2024
	£	£	£	£
Charitable activities				
Other income	10,296	0	10,296	6,085
Group Supervision	500	0	500	700
Total 2025	10,796	0	10,796	6,785

Total 2024	6,785	0	6,785
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ROTHERHAM ABUSE COUNSELLING SERVICE
Notes to the financial statements
for the year ended 31st March 2025

2. Income from

	General Fund	Restricted Fund	Total 2025	Total 2024
	£	£	£	£
Investment income				
Bank interest	8,858	0	8,858	4,887
Total 2025	8,858	0	8,858	4,887
Total 2024	4,887	0	4,887	

3. Expenditure on

	General Fund	Restricted Fund	Total 2025	Total 2024
	£	£	£	£
Charitable activities				
Salary costs	0	541,381	541,381	537,393
Sessional staff	0	12,555	12,555	17,015
HR services	0	3,248	3,248	3,248
DBS charges	0	502	502	340
Bank charges & giving fees	194	0	194	199
External supervision	0	5,483	5,483	5,560
Staff expenses	0	2,887	2,887	4,727
Volunteer expenses	0	105	105	193
Client access/Support & activities	599	2,024	2,623	915
Cleaning & hygiene	0	1,088	1,088	1,192
Furnishing and decoration	0	18	18	4
Rent and rates	0	18,375	18,375	15,500
Accommodation: Maintenance	0	806	806	3,204
Accommodation: Health & Safety	0	2,712	2,712	2,466
Accommodation: Utilities	0	8,314	8,314	6,916
Training and conference	0	130	130	140
Office costs and equipment	169	779	949	189
ICT support, software & equipment	-4,132	15,392	11,261	11,929
Insurance	0	4,245	4,245	3,980
Telephone and internet	0	8,891	8,891	5,994
Professional Fees	0	1,750	1,750	1,600
Printing, postage and stationery	0	1,545	1,545	1,329
Memberships and subscriptions	0	587	587	455
Depreciation	350	0	350	609
Sundry expenditure	0	235	235	695.53
Total 2025	-2,820	633,051	630,231	625,794
Total 2024	-3,369	629,163	625,794	

4. Tangible fixed assets

	Total Equipment £
Cost	0
Additions	1,049
Disposals	0
At 31st March 2025	<u>1,049</u>
Depreciation	
At 1st April 2024	0
Charge this period	350
At 31st March 2025	<u>350</u>
Net book value at 31st March 2025	<u>699</u>
Net book value at 31st March 2024	<u>0</u>

5. Debtors

	2025 £	2024 £
Trade debtors	22,787	69,314
Prepayments	1,088	3,856
	<u>23,875</u>	<u>73,170</u>

6. Creditors (amounts falling due in one year)

	2025 £	2024 £
Trade Creditors	6,651	7,151
Accruals	1,600	2,024
Provision for liability	0	4,132
	<u>8,251</u>	<u>13,307</u>

7. Salaries costs

	2025 £	2024 £
Staff costs		
Salaries	465,110	465,468
Employer national insurance	41,453	36,009
Employers allowance	-5,000	-5,000
Employers pensions contributions	39,819	40,916
	<u>541,381</u>	<u>537,393</u>

Average number of employees during the period was:

<u>24</u>	<u>17</u>
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No person received emoluments of more than £60,000.in the year.
The organisation was supported by a total of 9 Volunteers through the year.

8. Trustees and key management remuneration, benefits and expenses

No remuneration or expenses were paid to the trustees of the Charity. (2024: Nil) There were no related party transactions during the period of the accounts. (2024: none)

ROTHERHAM ABUSE COUNSELLING SERVICE
Notes to the financial statements
for the year ended 31st March 2025

9. Independent examiners fee

The fees paid for Independent examination services was £1,450. (£1,450 :2024)

10. Designated Funds

	Opening 01.04.2024	Incoming resources	Expended resources	Transfers	Closing 31.03.2025
	£	£	£	£	£
Ministry of Justice	44	0	0	-44	0
	44	0	0	-44	0

The balance on the fixed asset fund will be used to write down the value over the useful life of the asset.

The balance remaining on the Ministry of Justice fund was given to improve the outside area.

	Opening 01.04.2024	Incoming resources	Expended resources	Transfers	Closing 31.03.2025
	£	£	£	£	£
Fixed assets	609	0	-609	0	0
Ministry of Justice	44	0	0	0	44
	653	0	-609	0	44

11. Movement in Restricted funds

	Opening 01.04.2024	Incoming resources	Expended resources	Closing 31.03.2025
	£	£	£	£
The Big Lottery Fund	10,200	116,035	-116,566	9,669
South Yorkshire Sexual Violence Partnership	15,818	137,773	-153,591	0
South Yorkshire Sexual Violence Partnership - uplift	0	22,933	-22,933	0
South Yorkshire Sexual Violence Partnership - Stovewood	27,623	59,445	-80,219	6,849
RDASH - Trauma and Resilience	10,143	34,500	-33,892	10,750
RMBC - CSE Counselling	8,872	45,000	-46,315	7,557
RMBC - Covid recovery	156,846	0	-126,087	30,759
RMBC -Space to Breathe	4,851	0	0	4,851
Police Crime Commission	0	43,446	-43,446	0
Police Crime Commission - Community Grant	5,000	5,000	-10,000	0
	239,353	464,132	-633,051	70,436

11. Movement in Restricted funds

	Opening 01.04.2024	Incoming resources	Expended resources	Transfers	Closing 31.03.2025
	£	£	£	£	£
The Big Lottery Fund	10,462	115,210	-115,472	0	10,200
Ministry of Justice - Rape and sexual abuse support	0	7,659	-7,659	0	0
Ministry of Justice - Male rape support	0	26,385	-26,385	0	0
South Yorkshire Sexual Violence Partnership	23,356	128,232	-135,769	0	15,818
South Yorkshire Sexual Violence Partnership - uplift	0	38,604	-38,604	0	0
South Yorkshire Sexual Violence Partnership - Stovewood	29,231	111,000	-112,608	0	27,623
RDASH - Trauma and Resilience	10,838	34,500	-35,195	0	10,143
RDASH - Trauma and Resilience uplift	0	15,000	-15,000	0	0
BBC Children in Need	165	10,000	-10,165	0	0
RMBC - CSE Counselling	9,430	45,000	-45,557	0	8,872
RMBC - Covid recovery	0	170,000	-13,154	0	156,846
RMBC -Space to Breathe	5,000	0	-149	0	4,851
Police Crime Commission	0	43,446	-43,446	0	0
Police Crime Commission - Community Grant	0	5,000	0	0	5,000
Police Crime Commission - VRU	0	30,000	-30,000	0	0
	88,480	780,036	-629,163	0	239,353

Restricted funds

Big Lottery Fund

3 Year funded project, which runs from 1st May 2022 to 30th April 2025, to deliver one to-one counselling and group therapy. In addition to salaries, funding also provides a contribution towards running costs.

South Yorkshire Sexual Violence Partnership SYSPV

Along with our partner agencies this project delivers the ISVA and CHISVA service across South Yorkshire. The current contract, which runs from 1st April 2022 to 31st March 2025, mostly funds the salaries for ISVA/CHISVA and a contribution to delivery support.

SYSPV - Stovewood

The funding for the Stovewood ISVA project, (Operation Stovewood being the NCA's investigation into child sexual abuse in Rotherham), has now been incorporated within the overall SYSPV contract and this project is now being delivered by Rothacs until 31st March 2025. The funding mostly covers the ISVA staff salaries who were TUPED over from BSARCS and a contribution to some of the overhead costs of the project.

South Yorkshire Sexual Violence Partnership - Uplift

In addition to the original funding for the ISVA/CHISVA service, a further MOJ grant for special characteristics was awarded. Due to the delay in the award, the amount was reprofiled to cover a proportion of the delivery support and overhead costs associated with the project.

SY Police Crime Commissioner - DV/SV

This grant, which runs to 31st March 2025, provides funding for .5 FTE trauma counsellor(s) x2. One post to provide specialist therapeutic counselling to support victims of domestic abuse and the other to provide the same specialist support to victims of sexual violence. The grant also covers a contribution to delivery support and running costs.

RDASH - Trauma and Resilience

This contract is to deliver counselling support for victims of CSE who have been identified as victims of Operation Stovewood. This contract mainly covers salaries and a contribution to overheads. The contract runs from 1st April to 31st March and is reviewed annually. Funding has been confirmed for 2023/2024.

RMBC - CSE Counselling

The purpose of the contract is to deliver one-to-one counselling in any format to victims of CSE. In addition to this, an additional criterion of the funding is that Rothacs enhances the social impact of the contract ie hiring local people, using local contractors. The funding covers salaries and a contribution to overheads.

.12. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total 2025
	£	£	£
Tangible fixed assets	699	0	699
Current assets	189,040	70,436	259,476
Current liabilities	-8,251	0	-8,251
	181,488	70,436	251,924

	Unrestricted Funds	Restricted Funds	Total 2024
	£	£	£
Tangible fixed assets	0	0	0
Current assets	164,472	244,453	408,925
Current liabilities	-8,207	-5,100	-13,307
	156,265	239,353	395,618

13. Previous periods figure

The previous periods figures are provided for comparison purposes only.

CERTIFICATE *of* SIGNATURE

REF. NUMBER
RIAMM-HZFJX-XEZUQ-DLFXF

DOCUMENT COMPLETED BY ALL PARTIES ON
14 OCT 2025 09:13:56
UTC

SIGNER

HEERA SINGH

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INFO@HSLACCOUNTANCYSOLUTIONS.CO.UK

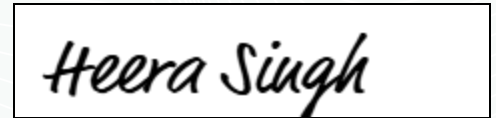
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14 OCT 2025 08:54:43

SIGNED
14 OCT 2025 08:55:13

SIGNATURE



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LOCATION
DONCASTER, UNITED KINGDOM

RECIPIENT VERIFICATION

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VIEWED
14 OCT 2025 09:12:10

SIGNED
14 OCT 2025 09:13:56



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18.130.114.161

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CITY OF LONDON, UNITED KINGDOM

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