

# ROTHERHAM ABUSE COUNSELLING SERVICE

Financial statements for the  
year ended 31st March 2024

Charity number: 1175142  
Registered England and Wales

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**Contents of the financial statements**  
**for the year ended 31st March 2024**

---

	Page
Administrative Details	1
Trustees Annual Report	2 - 8
Independent Examiners Report	9
Statement of Financial Activities	10
Balance Sheet	11
Statement of Cash Flows	12
Notes to the accounts	13 - 19

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
Administrative details  
for the year ended 31st March 2024

<b>Registered Name</b>	ROTHERHAM ABUSE COUNSELLING SERVICE	
<b>Registered Charity number</b>	1175142	
<b>Trustees</b>	Anne Cooper Laraine Bisby Alexa Wortley Wendy Peake Eileen Brookes Jayne Waters Gavin Glasby	Trustee/Chair Trustee/Treasurer Trustee/Secretary Trustee Trustee Trustee Trustee
<b>Service Manager</b>	Jo McKinney	
<b>Registered Office</b>	38 Moorgate Road Rotherham South Yorkshire S60 2AG	
<b>Bankers</b>	Unity Trust Bank Four Brindley Place Birmingham B1 2HB  Redwood Bank The Nexus Building Broadway Letchworth Garden City Hertfordshire SG6 3TA	
<b>Independent Examiner</b>	Mr Heera Singh FMAAT HSL Accountancy Solutions Ltd Enterprise House 61a Carr House Doncaster DN1 2BY	

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**The Directors (trustees) present their annual report**  
**for the year ended 31st March 2024**

---

The trustees of the charity submit their annual report and financial statements for the year ended 31st March 2024.

**Objectives and activities**

The charity's objectives are:

- 1) To preserve and protect the physical and mental health of individuals in Rotherham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment. In particular, but not exclusively by the following means:
  - a) The provision of a confidential face to face and telephone counselling service
  - b) onward referral with permission of those clients needing help of a more specialist nature.
- 2) To advance the education of the public in the subject of sexual abuse and undertake research and disseminate the results to the public.
- 3) Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

**Structure, governance and management**

The charity is a charitable incorporated organization formed on 12th October 2017 and is managed by a board of trustees, who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management. To manage this a subgroup and responsibilities structure is in place with three decision-making subgroups: finance, communications and working differently, each bounded by their own terms of reference for group members. Terms of reference provide clear levels of responsibility for each group and reporting mechanisms to full board. Minutes of each meeting are recorded and made available for all members to access.

In addition to membership of a subgroup, many trustees oversee key areas of the charity, such as health and safety and safeguarding. Annually the trustee representing these areas audits the service to ensure that legal requirements are met and complied with.

One of our recently joined trustees resigned this year but we have been fortunate to welcome another new trustee with experience in the mental health sector in the latter part of the year.

Trustees are appointed according to the Articles of Association.

The following served as trustees during the accounting period:

Catherine Cooper	Chair since 9th July 2020
Laraine Bisby	Treasurer
Alexa Wortley	Secretary since 9th July 2020
Wendy Peake	
Eileen Brooks	
Liz Bennett	
Gavin Galsby	
Jayne Waters	

Trustees can be nominated at the annual general meeting or co-opted during the year by the board for their special skills or expertise but must be appointed by resolution at a properly convened meeting of trustees. None of the trustees have any beneficial interest in the company. The trustees are responsible for the overall management and control of the charity and receive regular reports from staff and managers. All matters and powers of strategic management and control are vested in the board. The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

**Chair's Report**

2023 was a year of highs and lows for Rothacs. We started off welcoming our new CEO and Senior Counsellor and absorbing the Stovewood ISVA team into our building but in May discovered that we were losing our MOJ funding which provided approximately 30% of our counselling services as well as contributing to our running costs. Considerable amount of time was then spent on reducing staff hours and sadly this meant we were able to see less clients.

## **ROTHERHAM ABUSE COUNSELLING SERVICE**

### **The Directors (trustees) present their annual report (continued) for the year ended 31st March 2024**

---

#### **Chair's Report**

In the meantime, some relief came in the form of receipt of a grant from the Serious Violence Duty Fund and some extra work for the TRS which allowed us to reinstate some of the counselling hours and from a generous amount raised by the Louise Smalley sponsored walk. We decided to proceed with our plans to try and improve waiting lists by implementing a list clean and a system of triage of new referrals offering them pre-therapy group work or online work before counselling.

RMBC identified potential funding for us in October-to be used by end of March 2024, but this allowed immediate increase in staff hours. In November we heard that they would also be able to fund us in 2024 making up the deficit from the lost MOJ funding so as well as restoring normal counselling and admin hours we were able to plan a substantive post for 2024.

The small Children in Need grant we have received for the last 3 years has ended and we are not yet eligible to apply for a new one.

Sadly, our Finance Officer resigned 6 months into the year, but we were fortunate to be able to reappoint a new officer.

#### **Organisation and management**

Rothacs continues to work as a Charitable Incorporated Organisation governed by its constitution with regular meetings of the Board of Trustees, supporting and supported by the Senior Management Team and supplemented by subcommittees.

#### **Aims, Objectives and our Mission**

Rothacs' mission is to help survivors of sexual, physical, mental abuse and domestic abuse (living or working in Rotherham) to fulfil their potential and lead happier and healthier lives.

We aim to provide free accessible therapeutic counselling to adults and young people aged 13 and over who have suffered sexual or domestic abuse, alongside more broad support, onward referral where appropriate and to develop wider awareness with the public and other organisations.

#### **Activities**

Demand for the service remains high and the gap in our funding announced in the early part of the year caused a slight increase in waiting lists but this was starting to improve by the end of the year with the provision of funding from RMBC and Serious Violence Duty Fund and the work done on waiting lists and triage. The RMBC-funded post CSE service continues, providing a counsellor to work with Children and Young People, as well as the Trauma and Resilience Service (TRS) and Independent Sexual Violence Advocacy (ISVA) services.

In the last year we have continued to deliver our service via a mixture of platforms. They are:

- Face to face one to one therapeutic counselling for anyone aged 13+. Rothacs offers a maximum of 20 counselling sessions with safeguards around safe space and confidentiality for clients to identify, explore and find strategies to cope with the issues causing them distress. This time is spent developing new coping strategies with the client gaining insights and confidence building to make independent choices and move forward in their recovery journey.
- Online one to one therapeutic counselling as above via the Zoom platform
- Telephone based therapeutic counselling as above for those unable or unwilling to undertake video calls.
- Telephone welfare support calls for those unable or unwilling to continue therapeutic counselling remotely
- Women's group sessions – Normally this group provides an opportunity to explore issues in a supportive, confidential environment. We recognize this type of therapy is not for everyone therefore specific assessments are completed before this is offered and sessions are delivered in a safe secure environment.
- Men's group sessions – due to low numbers we defer starting groups until the waiting list of suitable clients builds up and in the interim use the counsellor time for one-to-one work
- Pre-therapy course – this 6-week course is for women aged 17+ who may benefit from additional support prior to entering counselling. This continues to be well-received.
- Drop-in sessions for Young People have been trialed this year
- Drop-in sessions for women – continue monthly with various themes
- Recovery@Rothacs -Our self-support online platform provides counselling and ISVA clients aged 16+ access to online tutorials in a modular form 24/7. The sessions focus on response, rescue and resilience and can be used after assessment, during therapy, post-therapy or as maintenance but is now also being used as pre-therapy for new service users.

## **ROTHERHAM ABUSE COUNSELLING SERVICE**

### **The Directors (trustees) present their annual report (continued)**

#### **for the year ended 31st March 2024**

---

#### **Activities**

In addition to counselling, we have continued to deliver Rotherham's Independent Sexual Violence Service (ISVA) funded by the Police and Crime Commissioner and are part of the South Yorkshire ISVA partnership.

The ISVA worker supports victims to make an informed decision on whether they want to report the incident(s) to the police. If they decide not to report the matter, they can still access the service. If a victim does decide to report the matter, the ISVA worker will help them through the entire process, including working with the police and the rest of the criminal justice system. ISVAs advocate on behalf of someone who has been a victim of sexual violence, independently supporting them to access the services they need depending on their choice of action. Unfortunately, post-pandemic delays in court cases continue both to increase the number of service users and the duration of support needed by service users. The number of Stovewood clients is slowly reducing as the cases are seen in court but this work is labour-intensive and severely affected by court delays.

The Trauma Resilience Service (TRS,) funded by the Stovewood Project via RDASH, is now well established and we understand the contract will be extended.

We continue to make significant use of our social media platforms and have now added a news feed to the website.

#### **Staff and Volunteers**

All team members have continued to work flexibly to provide both extended hours of work and a remote service. This year, due to the financial ups and downs we have suffered, staff have had to be particularly flexible with their hours. Alongside our core administrative and therapeutic staff, we continue to employ bank counsellors as well as volunteer and placement counsellors and this year we had medical student placements who developed a Young Persons Drop-in Session which was a great success. The Senior Management Team have again worked extremely hard and have succeeded in achieving BACP accreditation and have implemented a new process of Performance and Development Reviews for staff. They have continued to work with other agencies in South Yorkshire and promoted Rothacs.

#### **Going Forward**

We are grateful for the financial contributions from National Lottery, RMBC, MOJ, OPCC, RDASH and Children in Need as well as from some very generous individual donors. Unfortunately, to avoid a budget deficit from 2025 we still need to continue to seek further charitable funding.

Now that we have restored funding for 2024-25 we hope that our new system of triage and pre-therapy work will continue to have a positive impact on waiting lists.

We are indebted to our loyal and supportive team who have had to cope with a lot of uncertainty in the last year and to the generosity of our funders and donors and we are extremely grateful to all.

#### **BASIS AND VALUES**

The trustees review our aims and objectives each year looking at what we achieved and the outcomes of our work throughout the year. The board has considered the success of each key activity and the benefits they have brought to those groups of people we are set up to help. Particularly, this has been evidenced through an outcome framework which uses evidence-based tools such as PHQ and bespoke methods. The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefits when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set and submit the following report and accounts for the accounting period ending 31st March 2024.

#### **STAFF AND VOLUNTEERS**

The trustees would like to acknowledge and thank all the commitment and care given by staff, placement students, bank staff and volunteers during this year. Rothacs, like many others, continues to adapt to a post-pandemic world and the constant uncertainty that has brought. Having worked through the pandemic maintaining trauma support we now see both the personal and professional long-term effects on our staff team. We have supported and continue to support work life balance and healthy working practice through hybrid working, allowing our team flexibility when needed.

## **ROTHERHAM ABUSE COUNSELLING SERVICE**

### **The Directors (trustees) present their annual report (continued) for the year ended 31st March 2024**

---

#### **STAFF AND VOLUNTEERS**

We have over the year seen several staff changes and as at the end of the financial year 2023/24 Rothacs delivery team consisted of:

- 1 Chief Executive Officer
- 1 Executive Clinical Lead
- 1 Senior Counsellor
- 1 Operations Manager
- 1 Finance Officer
- 1 Admin Lead
- 2 Admin/Comms
- 5 Employed counsellors
- 5 Bank Counsellors
- 4 Placement Counsellors
- 1 Drop-in/Group Volunteer

We also have:

- 1 ISVA Manager
- 1 ISVA Lead
- 7 ISVAs
- 1 ISVA Admin

#### **ACTIVITIES FOR THE PUBLIC BENEFIT**

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in reporting on how we are achieving our charitable objectives.

This report outlines our key achievements and the challenges we continue to face as a small charity.

Throughout 2023-2024, Rotherham Abuse Counselling Service (Rothacs) has continued to provide free specialist therapeutic counselling support for women, men and young people aged 13 and over who have experienced abuse and an ISVA support service for people reporting sexual abuse in the criminal justice system. Having successfully negotiated service delivery through the pandemic our support services have now changed for all. Rothacs now offers a flexible approach to both counselling or ISVA support offering face to face, online or telephone sessions for all. This has not only increased availability for both clients and staff but has provided a wider package of support delivery and options for our service users.

We were unsuccessful in a bid for continued funding from the MOJ which amounted to 30% of the counselling service funding. This put further pressure on the waiting list for counselling and impacted the staff team. It was at this time we introduced a pre-counselling service which prior to counselling gives people the option of online support developed by a survivor of sexual abuse, or a place on our 6-week pre-therapy course. We already had these courses in place, but they were optional and under-utilised. This service provides support earlier to service users on the waiting list and encourages attendance and engagement when counselling does begin. It also helps people recognise whether they are ready for counselling much sooner into the waiting period. It was vital we introduced this as the loss of the MOJ funding was going to have a negative impact on our waiting times and capacity. RMBC have supported us during this time with a grant from the Covid Recovery Fund.

Our building is as busy as ever with several warm inviting counselling rooms, an ISVA room and a central project office. We are located close to the city centre and have parking facilities and disabled access. This year we improved our accessibility with the use of an accessibility tool on the website to share our services in many different languages and we also provide interpreters when requested.

Towards the end of 2023 we were supported by two medical students from Sheffield University who, along with young people using our service and our young person's counsellor, developed a young person's drop-in. This was a great success. We plan to make this a permanent offer of support to young people going forward. Our women's monthly drop in is going from strength with a regular group meeting for activities and conversation. These sessions are facilitated by a dedicated volunteer.

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**The Directors (trustees) present their annual report (continued)**  
**for the year ended 31st March 2024**

**ACTIVITIES FOR THE PUBLIC BENEFIT**

In addition to the counselling provision, Rothacs delivers a parallel service as part of the South Yorkshire Sexual Violence Partnership providing an Independent Sexual Violence Advocate (ISVA) service across Rotherham, supporting victims of sexual abuse to navigate their way through the criminal justice system. There is still disruption to this system due to external factors with adjournments and long waiting times for cases to be heard in court increasing the need for support from the ISVA/CHISVA team. This service also follows the same hybrid delivery package with Recovery@Rothacs also available to ISVA clients

In the past year Rotherham Abuse Counselling Service has received 487 counselling referrals, delivered 374 online counselling sessions, 1398 face to face counselling sessions, 610 telephone counselling sessions and 272 telephone counselling assessments. In addition, our ISVA service received 367 new referrals, and we made contact with a total of 637 ISVA clients over the year to support them through their recovery journey.

We made the decision in 22/23 to only accept self-referrals for out counselling service this was in response to the overwhelming number of referrals we were receiving from third parties. We have seen the benefits of this decision this year.

**Service Data :**

During the period of this report the following achievements and data has been recorded for the charity.

Counselling service:

Number of referrals received	487
------------------------------	-----

Of the number of referrals received our assessments were:

	Offered	Attended
Number of assessments	377	272

Counselling sessions delivered this period are:

	Offered	Attended
Online	452	374
Telephone	797	610
Face to Face	1845	1398
Total sessions	3094	2382

Both online and telephone counselling sessions remain popular for people who are unable to attend face to face counselling sessions.

Additional service delivery:

To address the waiting list, we introduced the pre-counselling service this year offering more choice to service users. We trialled a young person's drop in.

**Outcomes:**

The PHQ9 and GAD7 remain the recognised impact measuring tools Rothacs uses when measuring the impact counselling has made with our service users. In addition, our own bespoke measuring tool WATCH measures each impact by rating the improvement rather than just scoring mental health at a moment in time.



**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**The Directors (trustees) present their annual report (continued)**  
**for the year ended 31st March 2024**

**Service Data :**

Our outcomes for 2023-2024 are represented below:

	Improvement	Previous year comparison
Mental Health and wellbeing	79%	An increase from the previous year of 55%. This year has seen a mixed response from people in the re-opening of society. During this time, more people have experienced improved mental health and wellbeing than ever before.
Self-esteem and confidence	85%	Again, an increase from the previous year –likely to be secondary to the improved mental health parameters
Trauma symptoms	111%	A significant increase from previous years of people who feel they can now better manage their trauma symptoms such as flash backs and nightmares
Social engagement	44%	A slight increase but significant in these socially challenging times

The clinically used GAD7 and PHQ9 are also used by Rothacs to measure levels of depression and anxiety using a score system of 0-5 shows mild and 15 and above severe. The results of these are:  
PHQ9- improvement of 41%  
GAD7- improvement of 38%

**FINANCIAL REVIEW**

The organisation offers a free service to people who live or work in the Rotherham area and is dependent on funding from grants, Statutory Authority funding and personal donations and donations from smaller organisations.

We would like to thank all our funders for the support given during this last year –they have shown great support and flexibility during these challenging times for Rothacs.

**Fundraising and Funding**

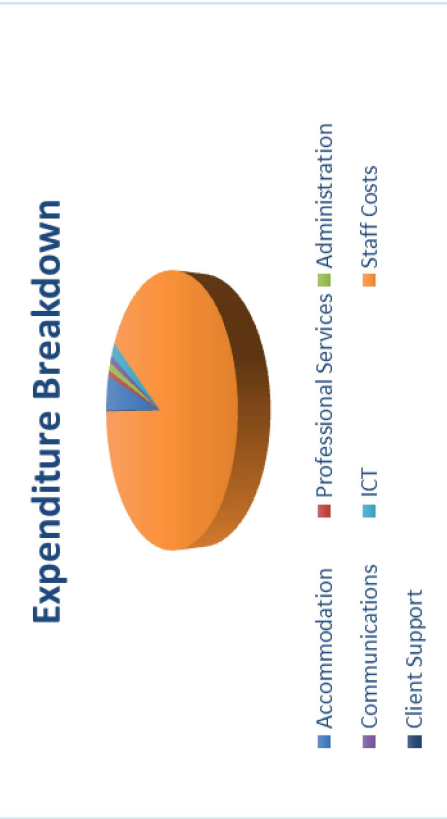
We would like to say a big thank you to our supporters, many who donate privately through ‘Local Giving’ and to our major funders for their support and continued belief in the service we provide.

Our main sources of income came from the following organisations for which we are very grateful:

National Lottery, Ministry of Justice, RDASH, Police and Crime Commissioner, Rotherham Metropolitan Borough Council and Children in need

Our income for the year was £820,341 and expenditure was £625,794

See the final accounts for more detail but the chart below shows a breakdown of how we spent our income.



**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**The Directors (trustees) present their annual report (continued)**  
**for the year ended 31st March 2024**

---

**Reserves Policy**

The trustees have designated an amount of £70,000 to cover two months running costs for closure and statutory redundancy payments should the remaining operational reserves deplete to a level that is no longer sustainable. This reflects the current increase in staffing levels.

Operational reserves are monitored monthly through management reports which help determine the level of additional funding required through grant application processes. The trustees are aware of the shortfall and are planning to increase unrestricted funds to manage the shortfall as required.

**Governance**

The trustees have sought to discharge their responsibilities by the implementation of strong recruitment and supervision policies, and by regular and rigorous reviews of policy, ensuring that they are fully implemented by all staff and volunteers. An annual safeguarding report is required by the trustees, who have all received appropriate safeguarding training. The trustees also regularly review the financial situation to ensure the continued viability of Rothacs.

During this period, no trustees have received expenses or financial payment from Rothacs. One trustee is a member of a political party, but it has been agreed that this does not impact on the trustee role.

**FUTURE PLANNING**

Rothacs will continue to make plans in line with its Objectives and Mission Statement. We continue to face strong challenges in the current environment and expect that Trustees need to continue to be vigilant and creative in responding to threats from reduced income and the strategic priorities of the public sector and funding bodies.

Our financial monitoring group regularly manages the charity's budgets highlighting any known future concerns in time to minimize their effects on long-term funding.

We continue to manage and apply for funding from numerous funding bodies while fundraising and awareness raising to increase the possibility of sustainability for both restricted and unrestricted funds.

**Statement of Trustees' responsibilities**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with Charity law which requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the year end and of its incoming resources and resources expended during that year. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP; where applicable
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011.

They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report.

Signed on behalf of the trustees

Signed: 

Name and position: Anne Cooper, Chair of Trustees

Date: 8<sup>th</sup> November 2024

I report on the accounts of the charity for the ended 31st March 2024 which are set out on pages 7 to 9.

**Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- 1 which gives me reasonable cause to believe that, in any material respect, the requirements:
  - to keep accounting records in accordance with section 130 of the 2011 Act; and
  - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr Heera Singh FMAAT  
HSL Accountancy Solutions Ltd  
Enterprise House  
61a Carr House  
Doncaster  
DN1 2BY

Date: 2024-12-19

*Heera Singh*

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**Statement of Financial Activities**  
**(Including the Income and Expenditure Account)**  
**for the year ended 31st March 2024**

	Notes	Unrestricted funds £	Designated fund £	Restricted fund £	Total 2024 £	Total 2023 £
<b>Income from:</b>						
Grants and donations	2	28,634	0	780,036	808,669	741,993
Charitable activities		6,785	0	0	6,785	927
Investment income		4,887	0	0	4,887	880
<b>Total</b>		<b>40,306</b>	<b>0</b>	<b>780,036</b>	<b>820,341</b>	<b>743,800</b>
<b>Expenditure on:</b>						
Charitable activities	3	-3,978	609	629,163	625,794	665,567
<b>Total</b>		<b>-3,978</b>	<b>609</b>	<b>629,163</b>	<b>625,794</b>	<b>665,567</b>
Net income/(expenditure)		44,283	-609	150,873	194,547	78,233
Transfers between funds		0	0	0	0	0
<b>Net movement in funds after transfers</b>		<b>44,283</b>	<b>-609</b>	<b>150,873</b>	<b>194,547</b>	<b>78,233</b>
Total funds brought forward at 1st April 2023		111,937	653	88,480	201,070	122,837
<b>Total funds carried forward 31st March 2024</b>		<b>156,220</b>	<b>44</b>	<b>239,353</b>	<b>395,618</b>	<b>201,070</b>

The above statement includes all gains and losses recognised during the year. All activities are regarded as continuing.

The accounting policies and notes on pages 13 to 19 form part of these financial statements.

ROTHERHAM ABUSE COUNSELLING SERVICE  
Balance sheet  
As at 31st March 2024

	2024	2023
	£	£
<b>Fixed assets</b>		
Tangible assets	0	609
<b>Current assets</b>		
Debtors	73,170	42,078
Cash at bank and in hand	335,755	165,368
	408,925	207,446
<b>Creditors (amounts falling due in one year)</b>	-13,307	-6,985
<b>Net current assets</b>	395,618	200,461
<b>Net assets</b>	<b>395,618</b>	<b>201,070</b>
<b>Reconciliation of Funds</b>		
Unrestricted funds	156,220	111,937
Designated funds	44	653
Restricted funds	239,353	88,480
<b>Total funds</b>	<b>395,618</b>	<b>201,070</b>

The Trustees declare that they have approved the accounts above.

Signed on behalf of the Charity:

Signed: *Anne Cooper*

Name and position: Chair of Trustees

Date: 2024-12-19

ROTHERHAM ABUSE COUNSELLING SERVICE  
Statement of Cash Flows  
As at 31st March 2024

	Total 2024 £	Total 2023 £
<b>Cash flows from operating activities:</b>		
Net income/(expenditure) per SoFA	189,660	77,353
(Increase)/decrease in assets	609	2,660
(Increase)/decrease in debtors	-31,092	-10,707
Increase/(decrease) in creditors	6,322	-2,070
	-24,161	-10,117
<b>Cash flows from investing activities:</b>		
Investment income	4,887	880
<b>Net increase/(decrease) in cash:</b>	<b>170,387</b>	<b>68,116</b>
Total cash as at 01 April 2023	165,368	97,252
<b>Total cash as at 31 March 2024</b>	<b>335,755</b>	<b>165,368</b>

**1 Accounting policies**

**1.1 Basis of preparation**

These accounts (financial statements) have been prepared under the historic cost convention, with items recognised at cost or transaction value, unless otherwise stated in the relevant note(s), in accordance with:

- (a) The Charities Act 2011
- (b) Accounting & Reporting by Charities: Statement of Recommended Practice (Charities SORP FRS102) (effective January 2015)

The charity meets the definition of a public benefit entity as defined by FRS 102. The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

**1.2 Incoming resources**

These are included in the Statement of Financial Activities (SoFA). Incoming resources are recognised when:

- (a) The company becomes entitled to the resources
- (b) The directors are virtually certain they will receive the resources; and
- (c) The monetary value can be measured with sufficient reliability

Where incoming resources have related expenditure (as with fund-raising or contract income) the incoming resources and related expenditure are reported gross in the SoFA. Grants and donations are only included in the SoFA when the company has unconditional entitlement to the resources. Contractual income is only included in the SoFA once the related goods or performance related services have been delivered. Investment income is included in the accounts when receivable.

**1.3 Expenditure**

Expenditure is charged to the statement of financial activities on an accruals basis, inclusive of any VAT which cannot be recovered. Expenditure is classified under headings that aggregate all costs related to that category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Charitable expenditure comprises those costs incurred in the delivery of the charity's activities and services for its beneficiaries, including both direct and support costs.

Governance costs include those costs associated with meeting constitutional and statutory requirements, including Accountancy fees.

**1.4 Fund accounting**

Restricted funds are funds received from donors which are subject to restrictions on the purposes for which they may be used of which have been raised for a specific project. Unrestricted funds are those where there are no externally imposed restrictions. These include funds freely available to the charity for expenditure or appropriation to reserves for internally designated purposes.

**1.5 Assets**

Items of expenditure are capitalised if the cost is in excess of £750 and the item is estimated to have a life of at least 3 years.

Depreciation is calculated to write down the cost or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on a straight line basis.

Depreciation rates applicable are:

Furniture 25%  
IT Equipment 33%

**1.6 Taxes**

The company is not VAT registered. As a Charity the company is exempt from taxation on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act section 505 of the Taxes Act 1988 or s256 of the Taxation of chargeable gains Act 1992 to the extent that these are applied to

**1.7. Creditors**

Creditors are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors are normally recognised at their settlement amount, usually the invoice amount. Accrued charges are normally valued at their settlement amount.

**1.8. Debtors**

Debtors are recognised at the settlement amount due. Prepayments are valued at the amount prepaid.

**1.9. Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

**1.10 Going Concern Note**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2. Income from**

	General Fund	Restricted Fund	Total 2024	Total 2023
<b>Grants and donations</b>	£	£	£	£
Donations & legacies	28,634	0	28,634	26,180
The Big Lottery fund	0	115,210	115,210	98,703
RMBC - CSE Counselling	0	45,000	45,000	0
RMBC - Covid recovery	0	170,000	170,000	0
RMBC -Space to Breathe	0	0	0	44,912
RDASH - Trauma and Resilience	0	34,500	34,500	39,500
RDASH - Trauma and Resilience uplift	0	15,000	15,000	0
South Yorkshire Sexual Violence Partnership	0	128,232	128,232	138,924
South Yorkshire Sexual Violence Partnership - uplift	0	38,604	38,604	28,953
South Yorkshire Sexual Violence Partnership – Stovewood	0	111,000	111,000	161,004
Ministry of Justice - Rape and sexual abuse support	0	7,659	7,659	79,155
Ministry of Justice - Male rape support	0	26,385	26,385	22,976
Police Crime Commission	0	43,446	43,446	43,446
Police Crime Commission - Community Grant	0	5,000	5,000	0
Police Crime Commission - VRU	0	30,000	30,000	0
BBC Children in Need	0	10,000	10,000	10,750
South Yorkshire Mayoral Community fund	0	0	0	2,490
<b>Total 2024</b>	<b>28,634</b>	<b>780,036</b>	<b>808,669</b>	<b>696,993</b>
<b>Total 2023</b>	<b>31,680</b>	<b>710,313</b>	<b>741,993</b>	

**Charitable activities**

	General Fund	Restricted Fund	Total 2024	Total 2023
Other income	£	£	£	£
Group Supervision	6,085	0	6,085	227
<b>Total 2024</b>	<b>6,785</b>	<b>0</b>	<b>6,785</b>	<b>927</b>
<b>Total 2023</b>	<b>927</b>	<b>0</b>	<b>927</b>	





<b>4. Tangible fixed assets</b>		<b>Total</b>
	<b>Equipment</b>	<b>£</b>
<b>Cost</b>		
Additions	11,012	
Disposals	0	
At 31st March 2024	0	
	<u>11,012</u>	
<b>Depreciation</b>		
At 1st April 2023	10,403	
Charge this period	609	
At 31st March 2024	<u>11,012</u>	
	<u>0</u>	
	<u>609</u>	
<b>Net book value at 31st March 2024</b>		
<b>Net book value at 31st March 2023</b>		
<b>5. Debtors</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade debtors	69,314	40,150
Other debtors	0	890
Prepayments	3,856	1,038
	<u>73,170</u>	<u>42,078</u>
<b>6. Creditors (amounts falling due in one year)</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Trade Creditors	7,151	605
Accruals	2,024	2,247
Provision for liability	4,132	4,132
	<u>13,307</u>	<u>6,984</u>
<b>7. Salaries costs</b>	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Staff costs</b>		
Salaries	465,468	461,280
Employer national insurance	36,009	33,498
Employers allowance	-5,000	-5,000
Employers pensions contributions	40,916	36,930
	<u>537,393</u>	<u>526,708</u>
	<u>17</u>	<u>17</u>
Average number of employees during the period was: No person received emoluments of more than £60,000.in the year.		
The organisation was supported by a total of 9 Volunteers through the of the year.		
<b>8. Trustees and key management remuneration, benefits and expenses</b>		
No remuneration or expenses were paid to the trustees of the Charity. (2023: £10) There were no related party transactions during the period of the accounts. (2023: none)		

**ROTHERHAM ABUSE COUNSELLING SERVICE**  
**Notes to the financial statements**  
**for the year ended 31st March 2024**

**9. Independent examiners fee**

The fees paid for Independent examination services was £1,450. (£1,600 :2023)

**10. Designated Funds**

	Opening 01.04.2023 £	Incoming resources £	Expended resources £	Transfers £	Closing 31.03.2024 £
Fixed assets	609	0	-609	0	0
Ministry of Justice	44	0	0	0	44
	<b>653</b>	<b>0</b>	<b>-609</b>	<b>0</b>	<b>44</b>

The balance on the fixed asset fund will be used to write down the value over the useful life of the asset.

The balance remaining on the Ministry of Justice fund was given to improve the outside area.

	Opening 01.04.2022 £	Incoming resources £	Expended resources £	Transfers £	Closing 31.03.2023 £
Fixed assets	2,431	0	-1,822	0	609
Ministry of Justice	44	0	0	0	44
	<b>2,475</b>	<b>0</b>	<b>-1,822</b>	<b>0</b>	<b>653</b>

**11. Movement in Restricted funds**

	Opening 01.04.2023 £	Incoming resources £	Expended resources £	Transfers £	Closing 31.03.2024 £
The Big Lottery Fund	10,462	115,210	-115,472	0	10,200
Ministry of Justice - Rape and sexual abuse support	0	7,659	-7,659	0	0
Ministry of Justice - Male rape support	0	26,385	-26,385	0	0
South Yorkshire Sexual Violence Partnership	23,356	128,232	-135,769	0	15,818
South Yorkshire Sexual Violence Partnership - uplift	0	38,604	-38,604	0	0
South Yorkshire Sexual Violence Partnership - Stovewood	29,231	111,000	-112,608	0	27,623
RDASH - Trauma and Resilience	10,838	34,500	-35,195	0	10,143
RDASH - Trauma and Resilience uplift	0	15,000	-15,000	0	0
BBC Children in Need	165	10,000	-10,165	0	0
RMBC - CSE Counselling	9,430	45,000	-45,557	0	8,872
RMBC - Covid recovery	0	170,000	-13,154	0	156,846
RMBC -Space to Breathe	5,000	0	-149	0	4,851
Police Crime Commission	0	43,446	-43,446	0	0
Police Crime Commission - Community Grant	0	5,000	0	0	5,000
Police Crime Commission - VRU	0	30,000	-30,000	0	0
	<b>88,480</b>	<b>780,036</b>	<b>-629,163</b>	<b>0</b>	<b>239,353</b>

**11. Movement in Restricted funds**

	Opening 01.04.2022 £	Incoming resources £	Expended resources £	Transfers £	Closing 31.03.2023 £
The Big Lottery Fund	5,650	98,703	-93,891	0	10,462
Ministry of Justice - Rape and sexual abuse support	0	79,155	-79,155	0	0
Ministry of Justice - Male rape support	0	22,976	-22,976	0	0
South Yorkshire Sexual Violence Partnership	9,876	138,924	-125,444	0	23,356
South Yorkshire Sexual Violence Partnership - uplift	0	28,953	-28,953	0	0
South Yorkshire Sexual Violence Partnership - Stovewood	0	161,004	-131,773	0	29,231
RDASH - Trauma and Resilience	8,596	34,500	-32,258	0	10,838
BBC Children in Need	1,795	10,000	-11,630	0	165
BBC Children in Need - Anna Freud	0	250	-250	0	0
RMBC - CSE Counselling	8,038	45,000	-43,608	0	9,430
RMBC -Space to Breathe	5,179	44,912	-45,091	0	5,000
SY Police Crime Commissioner	0	43,446	-43,446	0	0
South Yorkshire Mayoral Community fund	0	2,490	-2,490	0	0
	<b>39,132</b>	<b>710,313</b>	<b>-660,965</b>	<b>0</b>	<b>88,480</b>

**Restricted funds**

**Big Lottery Fund**

3 Year funded project, which runs from 1st May 2022 to 30th April 2025, to deliver one to-one counselling and group therapy. In addition to salaries, funding also provides a contribution towards running costs.

**South Yorkshire Sexual Violence Partnership SYSVP**

Along with our partner agencies this project delivers the ISVA and CHISVA service across South Yorkshire. The current contract, which runs from 1st April 2022 to 31<sup>st</sup> March 2025, mostly funds the salaries for ISVA/CHISVA and a contribution to delivery support.

**SYSVP - Stovewood**

The funding for the Stovewood ISVA project, (Operation Stovewood being the NCA's investigation into child sexual abuse in Rotherham), has now been incorporated within the overall SYSVP contract and this project is now being delivered by Rothacs until 31st March 2025. The funding mostly covers the ISVA staff salaries who were TUPED over from BSARCS and a contribution to some of the overhead costs of the project.

**South Yorkshire Sexual Violence Partnership - Uplift**

In addition to the original funding for the ISVA/CHISVA service, a further MOJ grant for special characteristics was awarded. Due to the delay in the award, the amount was reprofiled to cover a proportion of the delivery support and overhead costs associated with the project.

**SY Police Crime Commissioner - DV/SV**

This grant, which runs to 31st March 2025, provides funding for .5 FTE trauma counsellor(s) x2. One post to provide specialist therapeutic counselling to support victims of domestic abuse and the other to provide the same specialist support to victims of sexual violence. The grant also covers a contribution to delivery support and running costs.

**Ministry of Justice RSASF**

Provides a contribution towards the provision of support for female and male victims of rape and sexual abuse, including victims of child sexual abuse. The funding covers, salaries, and a contribution to running costs. The uplift in funding also covered sessional counsellors.

**Ministry of Justice MRSSF**

Additional funding provided by MOJ for gender-specific male support (who have experienced rape or sexual abuse) services from 1st August 2022 to 31st March 2023.

The funding covers salaries and a contribution towards overheads.

**RDASH - Trauma and Resilience**

This contract is to deliver counselling support for victims of CSE who have been identified as victims of Operation Stovewood. This contract mainly covers salaries and a contribution to overheads. The contract runs from 1st April to 31st March and is reviewed annually. Funding has been confirmed for 2023/2024.

**BBC Children in Need**

The overall aim of this project to increase access to counselling of young people aged 13-18affected by trauma across Rotherham. The project, which runs from 19th April 2021 to 18th April 2024 funds a contribution towards salaries (for a specialist counsellor, delivery support and line management), and associated costs.

**RMBC - CSE Counselling**

The purpose of the contract is to deliver one-to-one counselling in any format to victims of CSE. In addition to this, an additional criterion of the funding is that Rothacs enhances the social impact of the contract ie hiring local people, using local contractors. The funding covers salaries and a contribution to overheads. The current contract runs from 1st January 2022 to 31st December 2022 and has been renewed for 2023.

**RMBC -Space to Breathe**

This project which ran from January 2022 to 31st March 2023 has now been wound up. The project delivered one-to-one counselling and a group session/drop-in. The funding covered salaries, activities/materials and a contribution to accommodation.

**12. Analysis of net assets between funds**

	Unrestricted Funds	Restricted Funds	Total 2024
	£	£	£
Tangible fixed assets	0	0	0
Current assets	164,472	244,453	408,925
Current liabilities	-8,207	-5,100	-13,307
	<b>156,265</b>	<b>239,353</b>	<b>395,618</b>

	Unrestricted Funds	Restricted Funds	Total 2023
	£	£	£
Tangible fixed assets	609	0	609
Current assets	116,113	91,333	207,446
Current liabilities	-4,132	-2,853	-6,985
	<b>112,590</b>	<b>88,480</b>	<b>201,070</b>

**13. Previous periods figure**

The previous periods figures are provided for comparison purposes only.





# Signature Certificate

Reference number: CUSL-HNSML-NIFYE3-SUDFZ

Signer	Timestamp	Signature
<b>Anne Cooper</b> Email: anne.cooper@rothacs.org.uk		
Sent: 19 Dec 2024 11:26:53 UTC Viewed: 19 Dec 2024 11:53:39 UTC Signed: 19 Dec 2024 11:59:19 UTC		IP address: 86.175.115.181 Location: Sheffield, United Kingdom
<b>Recipient Verification:</b> ✓Email verified	19 Dec 2024 11:53:39 UTC	

Document completed by all parties on:

19 Dec 2024 11:59:19 UTC

Page 1 of 1



Signed with PandaDoc

PandaDoc is a document workflow and certified eSignature solution trusted by 50,000+ companies worldwide.





# Signature Certificate

Reference number: WMA9J-4HT5F-K8XKW-2PJpV

Signer	Timestamp	Signature
<b>Heera Singh</b> Email: info@hslaccountancysolutions.co.uk		
Sent: 19 Dec 2024 13:00:20 UTC		
Viewed: 19 Dec 2024 13:01:25 UTC		
Signed: 19 Dec 2024 13:02:22 UTC		
<b>Recipient Verification:</b> ✓Email verified	19 Dec 2024 13:01:25 UTC	

*Heera Singh*

IP address: 82.41.42.86  
Location: Doncaster, United Kingdom

Document completed by all parties on:

19 Dec 2024 13:02:22 UTC

Page 1 of 1



Signed with PandaDoc

PandaDoc is a document workflow and certified eSignature solution trusted by 50,000+ companies worldwide.

