

Rotherham Abuse Counselling Service



Financial statements

For the year ended 31 March 2023

Registered charity number: 1175142



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**Rotherham Abuse Counselling Service
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Rotherham Abuse Counselling Service
Legal and administrative information

Committee

Chair	Catherine Cooper
Treasurer	Laraine Bisby
Secretary	Alexa Wortley
	Wendy Peake
	Eileen Brookes
	Jacqueline Rigby - resigned 27 January 2023
	Margaret E Bennett
	Gavin Glasby - appointed 18 October 2022
	Jayne Waters - appointed 13 December 2022

Service Manager

Angela Toulson - resigned 31 January 2023
Jo McKinney - appointed 7 March 2023

Date of registration

12th October 2017

Registered Office

38 Moorgate Road
Rotherham
South Yorkshire
S60 2AG

Registered charity number

1175142

Bankers

Unity Trust Bank
Four Brindley Place
Birmingham
B1 2HB

Redwood Bank
The Nexus Building
Broadway
Letchworth Garden City
Hertfordshire SG6 3TA

Independent Examiner

Faye Hazlehurst FMAAT
Voluntary Action Rotherham Ltd
Community Accountancy
The Spectrum
Coke Hill
Rotherham S60 2HX

**Rotherham Abuse Counselling Service
Trustees' annual report
for the year ending 31 March 2023**

Objectives and activities

The charity's objectives are:

- 1) To preserve and protect the physical and mental health of individuals in Rotherham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment. In particular, but not exclusively by the following means:
 - a) The provision of a confidential face to face and telephone counselling service
 - b) onward referral with permission of those clients needing help of a more specialist nature.
- 2) To advance the education of the public in the subject of sexual abuse and undertake research and disseminate the results to the public.
- 3) Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

Structure, governance and management

The charity is a charitable incorporated organisation formed on 12 October 2017.

The charity is managed by a board of trustees, who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management.

To manage this a subgroup and responsibilities structure is in place with three decision making sub groups: finance, communications and working differently, each bounded by their own terms of reference for group members. Terms of reference provide clear levels of responsibility for each group and reporting mechanisms to full board. Minutes of each meeting are recorded and made available for all members to access.

In addition to membership of a sub group, a number of trustees oversee key areas of the charity, namely health and safety and safeguarding. Annually the trustee representing this area audits the service to ensure compliance and meeting of legal requirements.

One of our trustees resigned this year but we have been fortunate to welcome another 2 new trustees, with experience in education and criminal law, in the latter part of the year.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Structure, governance and management continued

The trustees are appointed in accordance with the terms of the Articles of Association.

Trustees can be nominated at the annual general meeting or co-opted during the year by the board for their special skills or expertise but must be appointed by resolution at a properly convened meeting of trustees. None of the trustees have any beneficial interest in the company. The trustees are responsible for the overall management and control of the charity and receive regular reports from staff and managers. All matters and powers of strategic management and control are vested in the board. The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Chair's report

2022 continued to bring many changes to our organisation. Following on from the successful SYISVA bid at the end of 2021-22, the new cohort of Stovewood ISVAs have settled in and we undertook restructuring of the ISVA team once induction had taken place. A lot of work was needed on the part of our EO and FO to align and manage the new ISVA budget. Initially the new team had to be accommodated off-site, but at the end of the year we were able to move them into the main premises having re-allocated some of the rooms.

The National lottery funded work has gone well and we were pleased with the results of the DLUHC funded Space to Breathe service (sadly this funding has now ended and the project has been wound up).

Unfortunately, our MOJ contract and funding is ending on 31st July 2023 and we await the outcome of our contract renewal bid which potentially could have a significant impact on the service we can offer in the next year. We have, however, had some generous donations this year.

We have had a much needed expansion to our administration team this year. We were very sorry to see our Executive Officer and Senior Counsellor move on to new posts at the end of this year but were pleased that we could internally reappoint the latter post and were joined by a new CEO, Jo McKinney, in March. We look forward to working together to improve the service further and seek as much funding as possible.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Organisation and management

Rothacs continues to work as a Charitable Incorporated Organisation governed by its constitution with regular meetings of the Board of Trustees, supporting and supported by the Senior Management Team and supplemented by subcommittees.

Aims, Objectives and our Mission

Rothacs mission is to help survivors of sexual, physical or mental abuse and domestic abuse (living or working in Rotherham) to fulfil their potential and lead happier and healthier lives.

We aim to provide free accessible therapeutic counselling to adults and young people aged 13 and over who have suffered sexual or domestic abuse, alongside more general support, onward referral where appropriate and develop wider awareness with the public and other organisations.

Activities

Demand for the service remains high, although the number of clients on a suspended waiting list for face to face counselling has reduced. The RMBC-funded post CSE service continues providing a counsellor to work with Children and Young People as well as the Trauma and Resilience Service (TRS) and Independent Sexual Violence Advocacy (ISVA) services. The Space to Breathe service was well received but sadly was only for 12 months.

In the last year we have continued to deliver our service via a mixture of platforms. They are:

- Face to face one-to-one therapeutic counselling for anyone aged 13+. Rothacs offers a maximum of 20 counselling sessions with safeguards around safe space and confidentiality for clients to identify, explore and find strategies to cope with the issues causing them distress. This time is spent developing new coping strategies with the client gaining insights and confidence building to make independent choices and move forward in their recovery journey.
- Online one-to-one therapeutic counselling as above via the platform Zoom
- Telephone based therapeutic counselling as above, for those unable or unwilling to undertake video calls.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Activities continued

- Women's group sessions – Normally this group provides an opportunity to explore issues in a supportive, confidential environment. We recognise this type of therapy is not for everyone, therefore specific assessments are completed before this is offered and sessions are delivered in a safe secure environment.

- Men's group sessions – due to low numbers we defer starting groups until the waiting list of suitable clients builds up and in the interim use the counsellor time for one-to-one work.

- Pre-therapy course – this 6-week course is for women aged 17+ who may benefit from additional support prior to entering counselling. This continues to be well-received.

- Drop-in sessions – continue monthly with various themes.

- Recovery@Rothacs -Our self-support online platform provides counselling and ISVA clients aged 16+ access to online tutorials in a modular form 24/7. The sessions focus on response, rescue and resilience and can be used after assessment, during therapy, post-therapy or as maintenance.

In addition to counselling, we have continued to deliver Rotherham's Independent Sexual Violence Service (ISVA) funded by the Police and Crime Commissioner and are part of the South Yorkshire ISVA partnership.

The ISVA worker supports victims to make an informed decision on whether they want to report the incident(s) to the police. If they decide not to report the matter, they can still access the service. If a victim does decide to report the matter, the ISVA worker will help them through the whole process, including working with the police and the rest of the criminal justice system. ISVAs advocate on behalf of someone who has been a victim of sexual violence, independently supporting them to access the services they need depending on their choice of action.

Unfortunately, post-pandemic delays in court cases continue both to increase the number of service users and the duration of support needed by service users. In spite of changes due to sickness and maternity leave we have been able to cover the service and a new part-time post continues to be helpful. As part of the restructure necessitated by the addition of the Stovewood ISVA team we now have a part-time ISVA manager and a part-time ISVA lead. So far the number of Stovewood ISVA clients hasn't reduced as expected.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Chairs report continued

The Trauma Resilience Service (TRS,) funded by the Stovewood Project via RDASH, is now well established and we understand the contract will be renewed.

We continue to make great use of our social media platforms.

Staff and Volunteers

All team members have continued to work flexibly to provide both extended hours of work and a remote service. Alongside our core administrative and therapeutic staff, we continue to employ more bank counsellors as well as volunteer and placement counsellors. The Senior Management Team have again worked extremely hard on our latest MOJ bid while continuing to implement last year's successful bids and looking for other sources of funding. They have continued to work with other agencies in South Yorkshire.

Going forward

The ongoing Covid pandemic was successfully navigated with hybrid working and combined office and home working continues for most staff.

We are grateful for the financial contributions from National Lottery, Police & Crime Commissioner, MOJ, RMBC, DLUHC, RDASH, Children in Need and SYMCF as well as from some very generous individual donors. Unfortunately, to avoid a budget deficit we still need to seek further charitable funding.

A key objective for the future continues to be finding a way to deal with the demand for our service. Since January we have undertaken a trial of limiting new clients to those who self-refer, only accepting third party referrals from those services who have a specific contract with us. We will continue to offer one-to-one counselling but we are looking at triaging new referrals with a view to allocating pre-therapy or Recovery@Rothacs before they need to access this. However, we do want to remain accessible.

All of this is made possible by our loyal and supportive team and the generosity of our funders and donors. We are extremely grateful to both.

Catherine Cooper

Chair of Board of Trustees

Rotherham Abuse Counselling Service (Rothacs)

Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023

Basis and Value

The trustees review our aims and objectives each year looking at what we achieved and the outcomes of our work throughout the year. The board has considered the success of each key activity and the benefits they have brought to those groups of people we are set up to help. Particularly this has been evidenced through the use of an outcome framework which uses evidence-based tools such as PHQ and bespoke methods. The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set and submit the following report and accounts for the accounting period ending 31st March 2023.

Staff and Volunteers

The trustees would like to acknowledge and give thanks for all the commitment and care given by staff, placement students, bank staff and volunteers during the last year despite the challenge of several key staff changes. The hybrid way of working both from home and on-site, which developed during the pandemic, has become embedded in our working practices and has increased our flexibility.

Several staff members have progressed from working as placement, bank or volunteer counsellors having been able to take up substantive posts and a better administrative structure is now in place with an Operations Manager post, a part-time ISVA Manager and ISVA Lead post. Our big changes have been the departure of our Senior Counsellor and Executive Officer, though we are pleased to report that we have been able to re-appoint both these posts.

At the end of the financial year – 31.03.2023 Rothacs delivery team consisted of:

- 1 Chief Executive Officer
- 1 Executive Clinical Officer
- 1 Senior Counsellor
- 1 Operations Manager
- 1 Finance Officer
- 1 Admin Lead
- 2 Admin/Comms
- 5 Employed Counsellors
- 6 Bank Counsellors
- 2 Qualified Volunteers
- 6 Placement Counsellors
- 1 Drop-in/Group Volunteer

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Staff and Volunteers continued

We also have:

- 1 ISVA Manager
- 1 ISVA Lead
- 7 ISVAs
- 1 ISVA Admin

Activities for the Public Benefit

The trustees can confirm that they have due regard to public benefit guidance published by the Charity Commission in reporting on how we are achieving our charitable objects.

Achievements and performance

This report outlines our key achievements and the challenges we continue to face as a small but growing charity.

Throughout 2022-2023, Rotherham Abuse Counselling Service (Rothacs) has continued to provide free specialist therapeutic counselling support for women, men and young people aged 13 and over who have experienced abuse and the ISVA service for people reporting sexual abuse through the criminal justice system. The ISVA service is operated under a South Yorkshire wide partnership. We continue to offer a flexible approach with both counselling and ISVA services offering face to face, online or telephone sessions. This flexibility has proved useful more recently in situations such as extreme weather preventing travel into work as well as avoiding risk of spreading infection when the need arises. Obviously, management of the room rota is crucial to the success of this system.

Our service provision is enhanced by the addition of group therapy, drop-in support and an online support package Recovery@Rothacs.

Counselling rooms have been redecorated and refurbished sympathetically and more recently other rooms have been re-purposed to allow all the ISVA team, inclusive of Stovewood ISVAs, to be accommodated in the Rothacs building.

In the past year Rotherham Abuse Counselling Service has received **705** counselling referrals, delivered **411 online** counselling sessions, **1604 face to face** counselling sessions, **641 telephone** counselling sessions and **431 telephone** counselling assessments throughout the year. In addition, our ISVA service received **389** referrals and have made contact with **378** clients to support them through their recovery journey.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Achievements and performance continued

Demand for both services continues to exceed provision and our waiting time over the year has remained high, although there has been a reduction in the number waiting for both assessments and appointments. For various reasons around specific requirements, we have been unable to make much impact on the suspended list. The criminal justice system continues to suffer long delays with the result that the ISVA workload has increased due to clients needing extra support for longer.

**Rotherham Abuse Counselling Service
Trustees' annual report continued
for the year ending 31 March 2023**

Service Data

During the period of this report the following achievements and data has been recorded for the charity.

Counselling service:

Referrals

	22/23	21/22
Number of referrals received	705	887

Of the number of referrals received our assessments were:

Offered	604	551
Attended	431	379

Counselling sessions delivered this period are:

Online	411	1017
Telephone	641	1009
Face to Face	1604	1234
Courtesy calls	130	31

Additional service delivery

We have been able to establish group therapy again this year. We have lower numbers of male candidates for the group, so these are being run only once a group has been built up. Recently we have only been able to offer a small women's group as we don't have a support group therapist. Hopefully this can be rectified soon. We are hopeful this will be become an important part of our bid to triage referrals into treatment and take some pressure off the waiting list.

Outcomes:

The PHQ9 and GAD7 remain the recognised impact measuring tools Rothacs uses when measuring the impact counselling has made with our service users. In addition, our own bespoke measuring tool WATCH measures each impact by rating the improvement rather than just scoring mental health at a moment in time. Our outcomes for 2022-2023 are represented below:

On average clients who completed therapy say a 34% decrease in their depression/PHQ scores (from 15.38 to 10.02) and a 33% decrease in their anxiety level/GAD score (from 13.33 to 8.90).

The WATCH workbook provides a score system the client works towards measuring the improvements they aim to make on in their lives. Scores are based between 0 and 10 and are gathered from the people who end counselling and complete the required workbook.

Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023

Outcomes continued

	Improvement	Previous year comparison
Mental Health and wellbeing	58%	Improvement rates reduced slightly from the previous year however we believe this still to be a creditable outcome when taking into account the unknowns and fears of Covid-19 which has impacted on the mental health of the nation
Self-esteem and confidence	56%	As above, this has been a lower outcome this year however the unknown will have effected people's self-belief and self confidence
Trauma symptoms	73%	Although less than the previous year this is still a high number of people who feel they can now better manage their trauma symptoms such as flash backs and nightmares
Risk of harm	13%	A similar percentage to previous years showing 12% of people felt they could now better manage the risk of harm to themselves. This in a global pandemic is a more impactful increase than maybe shown, these people may have attempted their own life and therefore needed medical care impacting on the NHS during a time of medical crisis
Physical/medical symptoms of abuse	33%	Similar to other outcomes a 16% improvement during a time of national medical crisis is a help to the wider medical landscape
Coping strategies	48%	Similar to previous year's 39% showed an increase their personal ability to cope
Social engagement	30%	During this time of the pandemic we were all unable to socialise and therefore a 25% improvement although down from previous years is a positive outcome. Social isolation was and still is a major impact on the country and the way people live their lives
Relationships and support	21%	A similar percentage increase shows despite the pandemic our work impacted on relationships and not just the single person involved.

**Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023**

Outcomes continued

The clinically used GAD7 and PHQ9 are also used by Rothacs to measure levels of depression and anxiety using a score system of 0-5 shows mild and 15 and above severe. The results of these are:

PHQ9 - improvement of 34%

GAD7 - improvement of 33%

Financial Review

The organisation offers a free service to people who live or work in the Rotherham area and is totally dependent on funding from grants, Statutory Authority funding and personal donations, donations from smaller organisations and legacies.

We would like to thank all our funders for their support and assistance given during this last year.

Fundraising and Funding

We would also like to say a big thank you to our supporters, many of whom donate privately through 'Local Giving', Amazon and Paypal and to our major funders for their support and continued belief in the service we provide.

Our main sources of income during this financial year came from the following organisations for which we are very grateful:

Big Lottery, Police and Crime Commissioner, Ministry of Justice, RMBC, DLUHC, RDASH, Children in Need and South Yorkshire Mayoral Community Fund.

Our income for the year was £743,800 (2021: £458,285) and expenditure was £665,567 (2021: £504,326).

The funds at the year-end stand at £201,070 (2022: £122,837). Funds consist of fixed assets to the value of £609 (2022: £3,269), balances remaining on restricted fund £88,480 (2022: £39,132) designated funds of £653 (2022: £2,475) and general reserve of £111,937 (2022: £81,230)

Rotherham Abuse Counselling Service
Trustees' annual report - continued
for the year ending 31 March 2023

Reserves

The trustees have ring fenced an amount of £80,000 to cover 1 months' running costs for closure and statutory redundancy payments should the remaining operational reserves deplete to a level that is no longer sustainable. The trustees are aware that this is below the target reserves period of 3 months' running costs, as per the reserves policy and are planning to increase unrestricted funds by sourcing additional funding to manage the shortfall.

Operational reserves are monitored monthly through management reports which help determine the level of additional funding required through grant application processes.

Governance

The trustees have sought to discharge their responsibilities by the implementation of strong recruitment and supervision policies, and by regular and rigorous reviews of policy, ensuring that they are fully implemented by all staff and volunteers. An annual safeguarding report is required by the trustees, who have all received appropriate safeguarding training. The trustees also regularly review the financial situation to ensure the continued viability of Rothacs.

One trustee has received travel expenses of £9.90. One trustee is a member of a political party, but it has been agreed that this does not impact on the trustee role.

Future Planning

Rothacs will continue to make plans in line with its Objectives and Mission Statement. We continue to face strong challenges in the current environment and expect that Trustees need to continue to be vigilant and creative in responding to threats from reduced income and the strategic priorities of the public sector and funding bodies.

Our financial monitoring group regularly manages the budgets for the charity highlighting any future known concerns in time to minimize their effects in relation to long-term funding.

We continue to manage and apply for funding from numerous funding bodies alongside fundraising and awareness raising to increase the possibility of sustainability for both restricted and unrestricted funds.

Approved and signed on behalf of the board of trustees:

Signed:



Date: 22/08/2023

Print Name:



Trustee

**Independent Examiner's report to the trustees of
Rotherham Abuse Counselling Service (the charity)**

I report to the trustees on my examination of the accounts of Rotherham Abuse Counselling service ("the Charity") for the period ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a member of Association of Accounting Technician, which is one of the listed bodies.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- [1] accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- [2] the accounts do not accord with those records; or
- [3] the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

Signed:



Date: 30/8/2023

F Hazlehurst FMAAT
an employee of Voluntary Action Rotherham Ltd
Community Accountancy service
The Spectrum, Coke Hill
Rotherham S60 2HX

Rotherham Abuse Counselling Service
Statement of Financial Activities
(incorporating the income and expenditure account)
for the year ending 31 March 2023

		Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Income from:					
Donations and grants	2	31,680	710,313	741,993	454,244
Charitable Activities	3	927	-	927	3,980
Bank interest		880	-	880	61
Total income		33,487	710,313	743,800	458,285
Expenditure on:					
Charitable Activities	4	4,602	660,965	665,567	504,326
Total expenditure		4,602	660,965	665,567	504,326
Net income/expenditure		28,885	49,348	78,233	(46,041)
Transfers between funds		-	-	-	-
Net movement in funds		28,885	49,348	78,233	(46,041)
Total funds brought forward		83,705	39,132	122,837	168,878
Total funds carried forward		112,590	88,480	201,070	122,837

Rotherham Abuse Counselling Service
Balance Sheet
as at 31 March 2023

		2023	2022
	Notes	Total	Total
		£	£
Fixed Assets	6	609	3,269
Current Assets			
Debtors	7	42,078	31,371
Cash at Bank and in hand		165,368	97,252
		<u>207,446</u>	<u>128,623</u>
Liabilities			
Creditors - amounts due within one year	8	(6,985)	(9,055)
Net current assets		200,461	119,568
Net assets		<u>201,070</u>	<u>122,837</u>
Funds of the company			
General Funds		111,937	81,230
Designated Funds	14	653	2,475
Restricted Funds	15	88,480	39,132
Total funds		<u>201,070</u>	<u>122,837</u>

Approved and signed by the board of trustees on:

Signed: 

Date: 22/08/2023

(Print name): CATHERINE ANNE COOPER
Trustee

Rotherham Abuse Counselling Service
Statement of Cash flows
as at 31 March 2023

	Note	2023	2022
Cashflow from operating activities	17	67,236	(45,019)
		<u>67,236</u>	<u>(45,019)</u>
Net cashflow from operating activities		67,236	(45,019)
Cashflow from investing activities			
Interest received		880	61
Payment to acquire tangible fixed asset		<u>-</u>	<u>(1,827)</u>
Net cashflow from investing activities		<u>880</u>	<u>(1,766)</u>
Net increase in cash and cash equivalents		68,116	(46,785)
Cash and cash equivalents at 1 April 2022		<u>97,252</u>	<u>144,037</u>
Cash and cash equivalents at 31 March 2023		<u>165,368</u>	<u>97,252</u>
Cash and cash equivalents consists of:			
Cash at bank and in hand		<u>165,368</u>	<u>97,252</u>
Cash and cash equivalents at 31 March 23		<u>165,368</u>	<u>97,252</u>

Rotherham Abuse Counselling Service
Notes to the financial statement
for the year ending 31 March 2023

Accounting policies

Basis of preparation of the accounts

These financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019). - (Charities SORP (FRS102)).

Rotherham Abuse Counselling Service meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value, unless otherwise stated in the relevant accounting policy note(s).

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Funds

Incoming resources that may be applied for the charities general purposes are treated as unrestricted incoming resources and are credited to the unrestricted funds.

Where a donation or grant is required to be used for a specific purpose, the amount concerned is treated as restricted income and is credited to the appropriate restricted fund.

Designated funds are unrestricted funds earmarked by the Trustees for particular purposes or projects which they have decided to undertake.

Incoming resources

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

No amount is included in the financial statement for volunteer time in line with the SORP (FRS102).

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Rotherham Abuse Counselling Service
Notes to the financial statement continued
for the year ending 31 March 2023

Incoming resources continued

If entitlement is not met, then these amounts are deferred. These grants and voluntary income are included in incoming resources when these are receivable and allocated appropriately between unrestricted and restricted income depending upon restrictions imposed.

Donations and legacies are accounted for when the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when distribution is received from the estate.

Resources expended

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Bank Interest

Bank Interest is recognised as an incoming resource when it is credited to the bank statement. All bank interest is treated as unrestricted income.

Tangible fixed assets

Items of expenditure are capitalised if the cost is in excess of £750 (this was increased from £500 during the year) and the item is estimated to have a life of at least 3 years.

Depreciation is calculated to write down the cost or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on a straight line basis.

Depreciation rates applicable are:

Furniture	25%
IT Equipment	33%

Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Rotherham Abuse Counselling Service
Notes to the financial statement continued
for the year ending 31 March 2023

Pension costs and other post-retirement benefits

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

Going Concern Note

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

2 Donations and grants	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Donations & legacies	26,180	-	26,180	14,902
The Big Lottery fund	-	98,703	98,703	101,209
RMBC - CSE Counselling	-	45,000	45,000	45,000
RMBC -Space to Breathe	-	44,912	44,912	15,677
RMBC - Taste of recovery	-	-	-	4,500
RDASH - Trauma and Resilience	5,000	34,500	39,500	34,500
South Yorkshire Sexual Violence Partnership	-	138,924	138,924	132,472
South Yorkshire Sexual Violence Partnership - uplift	-	28,953	28,953	-
South Yorkshire Sexual Violence Partnership - Stovewood	-	161,004	161,004	-
Ministry of Justice - Rape and sexual abuse support	-	79,155	79,155	65,538
Ministry of Justice - Male rape support	-	22,976	22,976	22,976
Police Crime Commision	-	43,446	43,446	-
BBC Children in Need	500	10,250	10,750	10,000
South Yorkshire Mayoral Community fund	-	2,490	2,490	7,470
	31,680	710,313	741,993	454,244
Total 2022	14,902	439,342	454,244	

3 Income from charitable activities	Unrestricted Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
Other income	227	-	227	-
Group supervision	700	-	700	380
Training - reimbursement	-	-	-	3,600
	927	-	927	3,980
Total 2022	380	3,600	3,980	

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

4 Expenditure on charitable activities

		Unrestricted	Restricted	Total	Total
		Funds	Funds	2023	2022
		£	£	£	£
Salary costs	9	(5,000)	531,708	526,708	385,657
Sessional staff		-	28,620	28,620	41,158
HR services		-	4,691	4,691	4,572
DBS charges		-	445	445	329
Bank charges & giving fees		196	-	196	164
External supervision		-	4,561	4,561	3,392
Staff expenses		-	6,246	6,246	856
Volunteer expenses		-	216	216	176
Client access/Support & activities		66	829	895	530
Evaluation		-	-	-	10,000
Cleaning & hygiene		-	977	977	813
Furnishing and decoration		-	363	363	695
Rent and rates		-	26,339	26,339	15,500
Accommodation: Maintenance		40	1,551	1,591	1,804
Accommodation: Health & Safety		-	1,475	1,475	-
Accommodation: Utilities		-	3,683	3,683	4,962
Training and conference		140	10,275	10,415	3,600
Office costs and equipment		-	252	252	446
ICT support, software & equipment		-	19,324	19,324	16,586
Insurance		-	3,836	3,836	2,784
Telephone and internet		-	6,656	6,656	5,526
Professional Fees		-	1,600	1,600	1,190
Printing, postage and stationery		-	1,528	1,528	399
Memberships and subscriptions		-	1,252	1,252	371
Depreciation		2,660	-	2,660	2,660
Settlement fees		6,000	-	6,000	-
Staff costs: TUPE		-	5,000	5,000	-
Sundry expenditure		500	(463)	37	155
		4,602	660,965	665,567	504,326
Total 2022		4,529	499,797	504,326	

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

5 Net income/expenditure for the year	2023	2022
	£	£

Net income/expenditure is stated after charging:

Independent Examination fee	1600	1100
Depreciation of tangible fixed assets	2660	2660
	<u>4260</u>	<u>3760</u>

6 Tangible Fixed Assets

	Equipment	Total
	£	2023
Cost		£
At 31 March 2022	11,012	11,012
Additions	-	-
at 31 March 2023	<u>11,012</u>	<u>11,012</u>
Depreciation		
at 31 March 2022	7,743	7,743
Charge this period	2,660	2,660
Disposals	-	-
at 31 March 2023	<u>10,403</u>	<u>10,403</u>
Net book value at 31 March 2023	<u>609</u>	<u>609</u>
Net book value at 31 March 2022	<u>3,269</u>	<u>3,269</u>

	2023	2022
	£	£
7 Debtors		
Trade debtors	40,150	27,049
Other debtors	890	-
Accrued income	-	3,600
Prepayments	1,038	722
	<u>42,078</u>	<u>31,371</u>

	2023	2022
	£	£
8 Creditors: amounts falling due within one year		
Trade Creditors	605	1,333
Accruals	2,247	1,100
Provision for liability	4,132	4,132
Deferred income	-	2,490
	<u>6,985</u>	<u>7,722</u>

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

	Total 2023 £	Total 2022 £
9 Staff Costs		
Salaries	461,280	335,339
Employers National Insurance	33,498	26,615
Employers allowance	(5,000)	(4,000)
Employers pension	36,930	27,703
	<u>526,708</u>	<u>385,657</u>

The average number of employees during the period is 25 (2022: 17)

No person received emoluments of more than £60,000 in the year.

The organisation was supported by a total of 9 Volunteers through the of the year.

10 Trustees and key management remuneration, benefits and expenses

One trustee received expenses of £10 during the year (2022: £nil).

No trustees received any remuneration or other benefits (2022: nil)

11 Fees paid to the Independent examiners organisation.

	2023 £	2022 £
Room Rent/Hire	10,780	-
Book Keeping and Software	252	130
	<u>11,032</u>	<u>130</u>

12 Independent examination and accountancy services

During the period, the cost of the independent examination and accountancy services was £1,600 (2022: £1,100).

13 Related Party Transactions

There were no related party transactions during the year. In 2022 the spouse of the CEO received payment for landscaping services provided to the charity via Urban Landscaping amounting to £1,454.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

14 Designated Funds

	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Fixed Asset Fund	2,431	-	1,822	-	609
Ministry of Justice	44	-	-	-	44
	<u>2,475</u>	<u>-</u>	<u>1,822</u>	<u>-</u>	<u>653</u>

The balance on the fixed asset fund will be used to write down the value over the useful life of the asset.

The balance remaining on the Ministry of Justice fund was given to improve the outside area.

<u>2022</u>	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Fixed Asset Fund	3,264	-	2,660	1,827	2,431
Ministry of Justice	1,500	-	1,456	-	44
	<u>4,764</u>	<u>-</u>	<u>4,116</u>	<u>1,827</u>	<u>2,475</u>

Funds transfer

The transfer of £1,827 from the Big Lottery Fund and RMBC - Space to Breathe into a designated fixed asset fund for the purchase of equipment. The remaining balance will be used to write down the value over the useful life of the asset.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

15 Movement on Funds Restricted	Brought forward	Incoming Resources	Expended Resources	Transfers	Carried forward
	£	£	£	£	£
The Big Lottery Fund	5,650	98,703	93,891	-	10,462
Ministry of Justice - Rape and sexual abuse support	-	79,155	79,155	-	-
Ministry of Justice - Male rape support	-	22,976	22,976	-	-
South Yorkshire Sexual Violence Partnership	9,876	138,924	125,444	-	23,356
South Yorkshire Sexual Violence Partnership - uplift	-	28,953	28,953	-	-
South Yorkshire Sexual Violence Partnership - Stovewood	-	161,004	131,773	-	29,231
RDASH - Trauma and Resilience	8,596	34,500	32,258	-	10,838
BBC Children in Need	1,795	10,000	11,630	-	165
BBC Children in Need - Anna Freud	-	250	250	-	-
RMBC - CSE Counselling	8,038	45,000	43,608	-	9,430
RMBC -Space to Breathe	5,179	44,912	45,091	-	5,000
SY Police Crime Commissioner	-	43,446	43,446	-	-
South Yorkshire Mayoral Community fund	-	2,490	2,490	-	-
	39,132	710,313	660,965	-	88,480

2022	Brought forward	Incoming Resources	Expended Resources	Transfers	Carried forward
	£	£	£	£	£
The Big Lottery Fund	15,000	101,209	109,239	(1,320)	5,650
Brelms Trust	2,500	-	2,500	-	-
Ministry of Justice - Rape and sexual abuse support	-	65,538	65,538	-	-
Ministry of Justice - Male rape support	-	22,976	22,976	-	-
South Yorkshire Sexual Violence Partnership	23,347	136,072	149,543	-	9,876
RDASH - Trauma and Resilience	23,118	34,500	49,022	-	8,596
BBC Children in Need	-	10,000	8,205	-	1,795
RMBC - CSE Counselling	15,601	45,000	52,563	-	8,038
RMBC -Space to Breathe	-	15,677	9,991	(507)	5,179
RMBC - Taste of recovery	-	4,500	4,500	-	-
Lloyds bank Foundation	18,250	-	18,250	-	-
South Yorkshire Mayoral Community fund	-	7,470	7,470	-	-
	97,814	442,942	499,797	(1,827)	39,132

Funds transfer

The transfer of £1,827 from the Big Lottery Fund and RMBC - Space to Breathe into a designated fixed asset fund for the purchase of equipment. The remaining balance will be used to write down the value over the useful life of the asset.

Rotherham Abuse Counselling Service
Notes to the financial statement continued
for the year ending 31 March 2023

Restricted funds

Big Lottery fund

3 Year funded project, which runs from 1st May 2022 to 30th April 2025, to deliver one-to-one counselling and group therapy. In addition to salaries, funding also provides a contribution towards running costs.

South Yorkshire Sexual Violence Partnership (SYSVP)

Along with our partner agencies this project delivers the ISVA and CHISVA service across South Yorkshire. The current contract, which runs from 1st April 2022 to 31st March 2025, mostly funds the salaries for ISVA/CHISVA and a contribution to delivery support.

SYSVP - Stovewood

The funding for the Stovewood ISVA project, (Operation Stovewood being the NCA's investigation into child sexual abuse in Rotherham), has now been incorporated within the overall SYSVP contract and this project is now being delivered by Rothacs until 31st March 2025. The funding mostly covers the ISVA staff salaries who were TUPED over from BSARCS and a contribution to some of the overhead costs of the project.

South Yorkshire Sexual Violence Partnership - Uplift

In addition to the original funding for the ISVA/CHISVA service, a further MOJ grant for special characteristics was awarded. Due to the delay in the award, the amount was reprofiled to cover a proportion of the delivery support and overhead costs associated with the project.

SY Police Crime Commissioner - DV/SV

This grant, which runs to 31st March 2025, provides funding for .5 FTE trauma counsellor(s) x2. One post to provide specialist therapeutic counselling to support victims of domestic abuse and the other to provide the same specialist support to victims of sexual violence. The grant also covers a contribution to delivery support and running costs.

Ministry of Justice (RSASF)

Provides a contribution towards the provision of support for female and male victims of rape and sexual abuse, including victims of child sexual abuse. The funding covers, salaries, and a contribution to running costs. The uplift in funding also covered sessional counsellors.

Rotherham Abuse Counselling Service
Notes to the financial statement continued
for the year ending 31 March 2023

Restricted funds continued

Ministry of Justice (MRSSF)

Additional funding provided by MOJ for gender-specific male support (who have experienced rape or sexual abuse) services from 1st August 2022 to 31st March 2023. The funding covers salaries and a contribution towards overheads.

RDASH - Trauma and Resilience

This contract is to deliver counselling support for victims of CSE who have been identified as victims of Operation Stovewood. This contract mainly covers salaries and a contribution to overheads. The contract runs from 1st April to 31st March and is reviewed annually. Funding has been confirmed for 2023/2024.

BBC Children in Need

The overall aim of this project to increase access to counselling of young people aged 13-18 affected by trauma across Rotherham. The project, which runs from 19th April 2021 to 18th April 2024 funds a contribution towards salaries (for a specialist counsellor, delivery support and line management), and associated costs.

RMBC - CSE Counselling

The purpose of the contract is to deliver one-to-one counselling in any format to victims of CSE. In addition to this, an additional criterion of the funding is that Rothacs enhances the social impact of the contract ie hiring local people, using local contractors. The funding covers salaries and a contribution to overheads. The current contract runs from 1st January 2022 to 31st December 2022 and has been renewed for 2023.

RMBC -Space to Breathe

This project which ran from January 2022 to 31st March 2023 has now been wound up. The project delivered one-to-one counselling and a group session/drop-in. The funding covered salaries, activities/materials and a contribution to accommodation.

South Yorkshire Mayoral Community Fund

This grant which ran from 1st October 2021 to 31st May 2022 was used to deliver additional trauma focused counselling support to clients who had experienced, domestic or sexual abuse. The funding covered a contribution towards salary for a trauma counsellor and delivery support staff.

Rotherham Abuse Counselling Service
Notes to the financial statements continued
for the year ending 31 March 2023

16 Analysis of net assets by fund	Unrestricted Funds £	Restricted Funds £	Total £
Fixed assets	609	-	609
Current assets	116,113	91,333	207,446
Current liabilities	(4,132)	(2,853)	(6,985)
	<u>112,590</u>	<u>88,480</u>	<u>201,070</u>

2022

	Unrestricted Funds £	Restricted Funds £	Total £
Fixed assets	3,269	-	3,269
Current assets	84,611	44,012	128,623
Current liabilities	(4,175)	(4,880)	(9,055)
	<u>83,705</u>	<u>39,132</u>	<u>122,837</u>

17 Reconciliation of net (expenditure)/income to net cash flow from operating activities

	2023 £	2022 £
Net income for year	78,233	(46,041)
Investment income received	(880)	(61)
Depreciation of tangible fixed assets	2,660	2,660
(Increase)/ decrease in debtors	(10,707)	6,327
Increase/(decrease) in creditors	(2,070)	(7,904)
Net cash flow from operating activities	<u>67,236</u>	<u>(45,019)</u>

