

**Rotherham Abuse Counselling Service**



**Financial statements**

**For the year ended 31 March 2022**

**Registered charity number: 1175142**



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**Rotherham Abuse Counselling Service**  
**Legal and administrative Information**

**Committee**

Chair	Catherine Cooper
Treasurer	Laraine Bisby Wendy Peake Eileen Brookes
Secretary	Alexa Wortley Jacqueline Rigby Rob Ashton - resigned 14 October 2021 Margaret E Bennet - appointed 17 February 2022

**Service Manager** Angela Toulson

**Date of registration** 12th October 2017

**Registered Office** 38 Moorgate Road  
Rotherham  
South Yorkshire  
S60 2AG

**Registered charity number** 1175142

<b>Bankers</b>	Unity Trust Bank Four Brindley Place Birmingham B1 2HB	Redwood Bank The Nexus Building Broadway Letchworth Garden City Hertfordshire SG6 3TA
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**Independent Examiner** Faye Hazlehurst FMAAT  
Voluntary Action Rotherham  
Community Accountancy  
The Spectrum  
Coke Hill  
Rotherham  
S60 2HX

**Rotherham Abuse Counselling Service  
Trustees' annual report  
for the year ending 31 March 2022**

**Objectives and activities**

The charity's objectives are:

- 1) To preserve and protect the physical and mental health of individuals in Rotherham and the surrounding area who have suffered any form of sexual violence, sexual abuse, domestic abuse or harassment. In particular, but not exclusively by the following means:
  - a) The provision of a confidential face to face and telephone counselling service
  - b) onward referral with permission of those clients needing help of a more specialist nature.
- 2) To advance the education of the public in the subject of sexual abuse and undertake research and disseminate the results to the public.
- 3) Nothing in this constitution shall authorise an application of the property of the CIO for purposes which are not charitable in accordance with section 7 of the Charities and Trustee Investment (Scotland) Act 2005 or section 2 of the Charities Act (Northern Ireland) 2008.

**Structure, governance and management**

The charity is a charitable incorporated organisation formed on 12 October 2017. The charity is managed by a board of trustees, who are responsible for ensuring financial stability and providing professional and strategic advice on policy and resource management.

To manage this a subgroup and responsibilities structure is in place with three decision making sub groups: finance, communications and working differently, each bounded by their own terms of reference for group members. Terms of reference provide clear levels of responsibility for each group and reporting mechanisms to full board. Minutes of each meeting are recorded and made available for all members to access.

In addition to membership of a sub group, a number of trustees oversee key areas of the charity, namely health and safety and safeguarding. Annually the trustee representing this area audits the service to ensure compliance and meeting of legal requirements.

One of our recently joined trustees resigned this year but we have been fortunate to welcome another new trustee, with experience in the mental health sector, in the latter part of the year.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Structure, governance and management continued**

The trustees are appointed in accordance with the terms of the Articles of Association.

Trustees can be nominated at the annual general meeting or co-opted during the year by the board for their special skills or expertise but must be appointed by resolution at a properly convened meeting of trustees. None of the trustees have any beneficial interest in the company. The trustees are responsible for the overall management and control of the charity and receive regular reports from staff and managers. All matters and powers of strategic management and control are vested in the board. The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

**Chair's report**

This has been a busy year with many positives including a very positive independent evaluation and client survey, a successful bid for National Lottery funding and renewal of the South Yorkshire Partnership ISVA contract. The latter has brought with it a new cohort of Stovewood ISVAs to complete the project from Rotherham over the coming years. It has involved a lot of teamwork on the part of the management team but also from staff who were not directly involved in the bids but whose support was invaluable. A new 1-year post has also been developed with the aid of funding from DLUHC through RMBC. Although we can approach 2022 onwards with a more stable financial position, we are faced with a complex contract transfer for the Stovewood team and the prospect of managing salaries to keep up with inflation. So the challenges continue.

Organisation and management

Rothacs continues to work as a Charitable Incorporated Organisation governed by its constitution with regular meetings of the Board of Trustees, supporting and supported by the Senior Management Team and supplemented by subcommittees.

Aims, Objectives and our Mission

Rothacs mission is to help survivors of sexual, physical or mental abuse and domestic abuse (living or working in Rotherham) to fulfil their potential and lead happier and healthier lives.

We aim to provide free accessible therapeutic counselling to adults and young people aged 13 and over who have suffered sexual or domestic abuse, alongside more general support, onward referral where appropriate and develop wider awareness with the public and other organisations.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Activities**

Demand for the service increased after the lockdown but seems more stable now even though it remains high. The list of clients on the suspended waiting list, who didn't want remote counselling, is slowly being tackled as existing face to face clients reach the end of their therapy. We were successful last year in being awarded the contract for part of the Rotherham Metropolitan Borough Council (RMBC) post Child Sexual Exploitation (CSE) service which is funding a counsellor to work with Children and Young People and now have confirmation of ongoing funding for the Trauma and Resilience Service (TRS) and Independent Sexual Violence Advocacy (ISVA) services as well as further National Lottery funding beginning May 2022. Further Ministry of Justice (MOJ) monies have also allowed us to expand our ISVA team.

In the last year we have continued to deliver our service via a mixture of platforms. They are:

- Face to face 1 to 1 therapeutic counselling for anyone aged 13+. Rothacs offers a maximum of 20 counselling sessions with safeguards around safe space and confidentiality for clients to identify, explore and find strategies to cope with the issues causing them distress. This time is spent developing new coping strategies with the client gaining insights and confidence building to make independent choices and move forward in their recovery journey.
- Online one to one therapeutic counselling as above via the platform Zoom
- Telephone based therapeutic counselling as above
- Women's group sessions – Normally this group provides an opportunity to explore issues in a supportive, confidential environment. We recognise this type of therapy is not for everyone, therefore specific assessments are completed before this is offered and sessions are delivered in a safe secure environment. Following the pandemic, this therapy option resumed successfully this year.
- Men's group sessions – were also resumed after the pandemic but numbers have been low so the immediate plan is to use the time for 1 to 1 counselling until the waiting list of suitable clients builds up.
- Pre-therapy course – this 6-week course is for women who may benefit from additional support prior to entering counselling. This has now re-started successfully.
- Drop-in sessions – were discontinued during the lockdown and on recommencing were replaced with themed sessions unfortunately with limited take-up so will be re-evaluated for the forthcoming year.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Activities continued**

- Recovery@Rothacs – this new self-support online platform provides accepted counselling and ISVA clients aged 16+ access to online tutorial sessions 24/7. The sessions focus on response, rescue and resilience.

In addition to counselling we have continued to deliver Rotherham's Independent Sexual Violence Service (ISVA) funded by the Police and Crime Commissioner and are part of the South Yorkshire ISVA consortium.

The ISVA worker supports victims to make an informed decision on whether they want to report the incident(s) to the police. If they decide not to report the matter, they can still access the service. If a victim does decide to report the matter, the ISVA worker will help them through the whole process, including working with the police and the rest of the criminal justice system. ISVA's advocate on behalf of someone who has been a victim of sexual violence, independently supporting them to access the services they need depending on their choice of action. In the last year, work has had to be done remotely or in outdoor spaces and the inevitable delays in court cases continues both to increase the number of service users and the amount of telephone support needed by service users. In spite of changes due to sickness and maternity leave we have been able to cover the service and a new part-time post continues to be helpful. We foresee changes ahead with taking on the Stovewood ISVA contract which is expected to continue for a minimum of 3 years, though with reducing numbers of clients.

The Trauma Resilience Service (TRS,) funded by the Stovewood Project via RDASH, is now well established and we understand the contract will be renewed for a further year.

Our external communication has been of even more importance in the last year and our new social media platforms of Facebook, Twitter and Instagram accounts, alongside the new website, have gone from strength to strength. Several internal improvements have been undertaken and the outside garden work has been completed.

With the help of funding from Sheffield Soroptomists and the Community Safety partnership we have been able to purchase a new online therapeutic service rebranded as Recovery@Rothacs and offered to our clients either after assessment, during therapy or post-therapy as maintenance or as a resource to return to.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Chairs report continued**

Staff and Volunteers

All team members have continued to work flexibly to provide both extended hours of work and a remote service. Post-pandemic we have once again been able to employ more bank counsellors as well as volunteer and placement counsellors. We have unfortunately encountered problems related to staff sickness this year which has meant that cover has to be provided and has also put extra pressure on staff. It has also reinforced the need to consider staff welfare at all times. The Senior Management Team have worked extremely hard on the new contracts and continue to do so now that the bids have been successful. They have continued to work with other agencies in South Yorkshire.

We continue to be ably supported by bank staff, volunteers and placement workers as well as the core administrative and therapeutic staff members.

Going forward

The ongoing Covid pandemic was successfully navigated with hybrid working and combined office and home working continues for most staff.

We are grateful for the financial contributions from National Lottery, RMBC, MOJ, PCC, RDASH, Children in Need, DLUHC and the SYCF Mayoral fund as well as from individual donors. Unfortunately, to avoid a budget deficit we still need to source further charitable funding.

A priority for the future is to find ways to deal with the demand the service is experiencing. We will continue to offer one to one counselling but we are determined to secure more funding while investigating new ways of dealing with the needs of our service users in order to offer as much accessible support as is possible. We are only able to do this thanks to the loyal support and enthusiasm of our staff and funders.

**Catherine Cooper**

Chair of the board

Rotherham Abuse Counselling Service (Rothacs)



**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Basis and Value**

The trustees review our aims and objectives each year looking at what we achieved and the outcomes of our work throughout the year. The board has considered the success of each key activity and the benefits they have brought to those groups of people we are set up to help. Particularly this has been evidenced through the use of an outcome framework which uses evidence-based tools such as PHQ and bespoke methods. The review also helps us ensure our aims, objectives and activities remain focused on our stated purposes. We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aim and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set and submit the following report and accounts for the accounting period ending 31st March 2022.

**Staff and Volunteers**

The trustees would like to acknowledge and thank all the commitment and care that has been given by staff, placement students, bank staff and volunteers during this year. Rothacs, like many organisations, continues to adapt to a world of 'living with covid' and the constant uncertainty that brings. Having worked through the pandemic maintaining trauma support alongside the pandemic both personally and professionally we now see the long term effects on our staff team. We have and continue to support work life balance and healthy working practice through hybrid working allowing our team flexibility when needed. We have, over the year, seen a number of staff changes and as at the end of the financial year 2021/2022 Rothacs delivery team consisted of:

- 1 Executive Officer
- 1 Clinical Lead
- 1 Senior Counsellor
- 1 Senior Administrator
- 5 Employed Counsellors
- 7 Bank Counsellors
- 3 Qualified Volunteers
- 3 Placement Counsellors

We also have:

- 4 ISVAS/CHISVA
- 1 ISVA Support Worker
- 1 Administrator
- 1 Finance Officer
- 1 Volunteer

One counsellor left Rothacs to study a master's degree but returned as bank within the same financial year and remains with Rothacs.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

**Activities for the Public Benefit**

The trustees can confirm that they have complied with the duty in Section 17 of the Charities Act 2011 to have due regard to public benefit guidance published by the Commission in reporting on how we are achieving our charitable objects.

**Achievements and performance**

This report outlines our key achievements and the challenges we continue to face as a small charity.

Throughout 2021-2022, Rotherham Abuse Counselling Service (Rothacs) has continued to provide free specialist therapeutic counselling support for women, men and young people aged 13 and over who have experienced abuse and an ISVA support service for people reporting sexual abuse in the criminal justice system. Having successfully negotiated service delivery through the pandemic our support services have now changed for all. Rothacs now offers a flexible approach to both counselling or ISVA support offering face to face, online or telephone sessions for all. This has not only increased availability for both clients and staff but has provided a wider package of support delivery and options for our service users. More and more people are getting used to working on line and what was once an area of anxiety for some people is now daily business.

Delivering our service this way supports the 'living with covid' world we live in and allows staff or clients to still access support if they test positive for covid but remain fit and well by accessing support remotely. Although providing challenges such as the environment where sessions are held our skilled staff team manage this with the individuals to ensure where possible there are no or limited breaks in their support.

Our building this year has seen the beginnings of an uplift again, taking into account a hybrid working system. Our rooms have been or are in the process of being upgraded to position staff and clients in a covid-safe, face to face and 'warm' online environment to ensure as much of a relaxed setting as possible for all forms of support.

In addition to one to one support we also offer group therapy, drop-in support and a new online support package available 24/7 ensuring as wider package of support as possible is available to our service users.

**Rotherham Abuse Counselling Service**  
**Trustees' annual report - continued**  
**for the year ending 31 March 2022**

**Achievements and performance continued**

In addition to the counselling provision, Rothacs delivers a parallel service for the Independent Sexual Violence Advocates (ISVA) across a South Yorkshire Partnership, supporting victims of sexual abuse to navigate their way through the criminal justice system. This service also follows the same hybrid delivery package with Recovery@Rothacs also available to ISVA clients. During the pandemic a major challenge to the service related to the criminal justice system, we are still seeing today major changes and further disruption to this system due to the pandemic with cases only now being heard in court. This has resulted in many cases being severely delayed or in some cases no further action taken increasing the need for support from the ISVA/CHISVA team.

In the past year Rotherham Abuse Counselling Service has received 750 counselling referrals, delivered 1052 online counselling sessions, 1149 face to face counselling sessions, 1056 telephone counselling sessions and 374 telephone counselling assessments. In addition, our ISVA service received 348 new referrals and have made contact with 357 clients to support them through their recovery journey.

Demand for both services continues to grow, in particular our counselling service. Since the 'reopening' of the country we have seen a significant increase in demand. In previous years an average of 55 referrals a month would have been received. This year our average has increased to 74 and is continuing to rise. Funding such services is even more challenging due to the country's economic effects of covid, the impact of the world economy and the rising cost of living. Rothacs faces a greater challenge to manage this ever growing need for service over limited financial capacity. Towards the end of the financial year, despite all the uncertainty, Rothacs received confirmation of future financial support from the National Lottery and Police and Crime Commissioner to deliver the SYISVA service.

This enables Rothacs to build foundations for our future to provide this much needed service across our locality.

**Service Data**

During the period of this report the following achievements and data has been recorded for the charity.

**Rotherham Abuse Counselling Service  
Trustees' annual report continued  
for the year ending 31 March 2022**

Counselling service:

**Referrals**

During the period of this report the following achievements and data has been recorded for the charity.

Number of referrals received	750
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There is a significant increase from the previous year and continues to grow.  
Of the number of referrals received our assessments were:

Offered	720
Attended	460

Counselling sessions delivered this period are:

Online	1052
Telephone	1056
Face to Face	1149

The similar number of sessions shows our wider support package has been welcomed by service users particularly during this year of uncertain times and social anxiety.

Additional service delivery

Covid has seen a continuing effect on our group therapy offer. Many people are reporting during this year the uncertainty of group work, social anxiety and a fear of returning to the outside world. We see this as a challenge and are focusing priorities on this over the year ahead.

Outcomes:

The PHQ9 and GAD7 remain the recognised impact measuring tools Rothacs uses when measuring the impact counselling has made with our service users. In addition, our own bespoke measuring tool WATCH measures each impact by rating the improvement rather than just scoring mental health at a moment in time.

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

Outcomes continued

Our outcomes for 2021-2022 are represented below:

	Improvement	Previous year comparison
Mental Health and wellbeing	67%	An increase from the previous year of 55%. This year has seen a mixed response from people in the re-opening of society. During this time many people have experienced mental health and wellbeing more than ever before.
Self-esteem and confidence	45%	Again an increase from the previous year reflecting society changes as we live with covid.
Trauma symptoms	74%	A significant increase from previous years of people who feel they can now better manage their trauma symptoms such as flash backs and nightmares
Social engagement	37%	A small increase but significant in these socially challenging times

The clinically used GAD7 and PHQ9 are also used by Rothacs to measure levels of depression and anxiety using a score system of 0-5 shows mild and 15 and above severe. The results of these are:

PHQ9 - improvement of 46%

GAD7 - improvement of 43%

**Financial Review**

The organisation offers a free service to people who live or work in the Rotherham area and is totally dependent on funding from grants, statutory authorities, personal donations and donations from smaller organisations.

We would like to thank all our funders for their support during this last year, particularly for the assistance, and flexibility they have provided during these challenging times.

Fundraising and

Funding

We would also like to say a big thank you to all our supporters, many who donate privately through 'Local Giving', Amazon and PayPal and also to our major funders for their support and continued belief in the service we provide.

Our main sources of income during this financial year came from the following organisations for which we are very grateful:

**Big Lottery, Police and Crime Commissioner, Ministry of Justice, Rotherham MBC, RDASH, Lloyds Foundation.**

**Rotherham Abuse Counselling Service  
Trustees' annual report - continued  
for the year ending 31 March 2022**

Fundraising and Funding continued

New sources of funding for this financial year include: Children in Need, RMBC (Department of Levelling Up and Housing Communities) and South Yorkshire Community Foundation (Mavoral)

Our income for the year was £458,285 and expenditure was £504,326.

The funds at the year-end stand at £122,837 (2021: £168,878). Funds consist of fixed assets to the value of £3,269 (2021: £4,102), balances remaining on restricted fund £39,132 (2021: £97,814) designated funds of £2,475 (2021: £4,764) and general reserve of £81,230 (2021: £66,300)

**Reserves**

The trustees have ring fenced an amount of £60,000 to cover one month's running costs for closure and statutory redundancy payments should the remaining operational reserves deplete to a level that is no longer sustainable. The trustees are aware that this is below the target reserves period of 3 months' running costs, as per the reserves policy, and are planning to increase unrestricted funds by sourcing additional funding to manage the shortfall.

Operational reserves are monitored monthly through management reports which help determine the level of additional funding required through grant application processes.

**Governance**

The trustees have sought to discharge their responsibilities by the implementation of strong recruitment and supervision policies, and by regular and rigorous reviews of policy, ensuring that they are fully implemented by all staff and volunteers. An annual safeguarding report is required by the trustees, who have all received appropriate safeguarding training. The trustees also regularly review the financial situation to ensure the continued viability of Rothacs.

During this period no trustees have received expenses or financial payment from Rothacs. One trustee is a member of a political party but it has been agreed that this does not impact on the trustee role.

**Future planning**

Rothacs will continue to make plans in line with its Objectives and Mission Statement. We continue to face strong challenges in the current environment and expect that Trustees need to continue to be vigilant and creative in responding to threats from reduced income and the strategic priorities of the public sector and funding bodies.

**Rotherham Abuse Counselling Service**  
**Trustees' annual report - continued**  
**for the year ending 31 March 2022**

**Future planning continued**

Our financial monitoring group regularly manages the budgets for the charity highlighting any future known concerns in time to minimize their effects in relation to long term funding.

We continue to manage and apply for funding from numerous funding bodies alongside fundraising and awareness raising to increase the possibility of sustainability for both restricted and unrestricted funds.

Approved and signed on behalf of the board of trustees:

Signed:



Date: 16.8.22

Print Name:

LORRAINE BISBY

Trustee

**Independent Examiner's report to the trustees of  
Rotherham Abuse Counselling Service (the charity)**

I report to the trustees on my examination of the accounts of Rotherham Abuse Counselling service ("the Charity") for the period ended 31 March 2022.

**Responsibilities and basis of report**

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I can confirm that I am qualified to undertake the examination because I am a member of Association of Accounting Technician, which is one of the listed bodies.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- [1] accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- [2] the accounts do not accord with those records; or
- [3] the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an Independent examination.

Signed:



Date: 17 August 2022

F Hazlehurst FMAAT  
Voluntary Action Rotherham Ltd  
Community Accountancy service  
The Spectrum, Coke Hill  
Rotherham  
S60 2HX



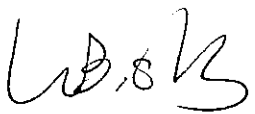
**Rotherham Abuse Counselling Service**  
**Statement of Financial Activities**  
**(incorporating the income and expenditure account)**  
**for the year ending 31 March 2022**

		Unrestricted Funds £	Restricted Funds £	Total 2022 £	Unrestricted Funds £	Restricted Funds £	Total 2021 £
<b>Income from:</b>							
Donations and grants	2	14,902	439,342	454,244	13,305	415,037	428,342
Charitable Activities	3	380	3,600	3,980	1,728	-	1,728
Bank interest		61	-	61	103	-	103
<b>Total Income</b>		<b>15,343</b>	<b>442,942</b>	<b>458,285</b>	<b>15,136</b>	<b>415,037</b>	<b>430,173</b>
<b>Expenditure on:</b>							
Charitable Activities	4	4,529	499,797	504,326	7,227	360,138	367,365
<b>Total expenditure</b>		<b>4,529</b>	<b>499,797</b>	<b>504,326</b>	<b>7,227</b>	<b>360,138</b>	<b>367,365</b>
<b>Net income/expenditure</b>		<b>10,814</b>	<b>(56,855)</b>	<b>(46,041)</b>	<b>7,909</b>	<b>54,899</b>	<b>62,808</b>
Transfers between funds		1,827	(1,827)	-	7,654	(7,654)	-
Net movement in funds		12,641	(58,682)	(46,041)	15,563	47,245	62,808
Total funds brought forward		71,064	97,814	168,878	55,501	50,569	106,070
<b>Total funds carried forward</b>		<b>83,705</b>	<b>39,132</b>	<b>122,837</b>	<b>71,064</b>	<b>97,814</b>	<b>168,878</b>

**Rotherham Abuse Counselling Service**  
**Balance Sheet**  
**as at 31 March 2022**

	Notes	Total £	Total £
<b>Fixed Assets</b>	<b>7</b>	<b>3,269</b>	<b>4,102</b>
<b>Current Assets</b>			
Debtors	<b>8</b>	31,371	37,698
Cash at Bank and in hand		97,252	144,037
		<b>128,623</b>	<b>181,735</b>
<b>Liabilities</b>			
Creditors - amounts due within one year	<b>9</b>	(9,055)	(16,959)
<b>Net current assets</b>		<b>119,568</b>	<b>164,776</b>
<b>Net assets</b>		<b>122,837</b>	<b>168,878</b>
<b>Funds of the company</b>			
Unrestricted Funds		81,230	66,300
Designated Funds	<b>10</b>	2,475	4,764
Restricted Funds	<b>11</b>	39,132	97,814
<b>Total funds</b>		<b>122,837</b>	<b>168,878</b>

Approved and signed by the board of trustees on:

Signed:  Date: 16.8.22  
(Print name): LARAINÉ BISBY  
Trustee

**Rotherham Abuse Counselling Service**  
**Notes to the financial statement**  
**for the year ending 31 March 2022**

**Accounting policies**

**Basis of preparation of the accounts**

These financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019). - (Charities SORP (FRS102)).

Rotherham Abuse Counselling Service meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value, unless otherwise stated in the relevant accounting policy note(s).

**Going Concern Note**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**Incoming resources**

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be reliably measured.

No amount is included in the financial statement for volunteer time in line with the SORP (FRS102).

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred. If entitlement is not met, then these amounts are deferred. These grants and voluntary income are included in incoming resources when these are receivable and allocated appropriately between unrestricted and restricted income depending upon restrictions imposed.

Donations and legacies are accounted for when they are receivable.

**Rotherham Abuse Counselling Service**  
**Notes to the financial statement continued**  
**for the year ending 31 March 2022**

**Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

**Bank Interest**

Bank Interest is recognised as an incoming resource when it is credited to the bank statement. All bank interest is treated as unrestricted income.

**Support cost allocation**

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include the cost of governance and administrative payroll costs. Given that support costs are less than 5% of total costs, they are allocated directly to expenditure on charitable activities.

**Tangible fixed assets**

Items of expenditure are capitalised if the cost is in excess of £500 and the item is estimated to have a life of at least 3 years.

Depreciation is calculated to write down the cost or valuation, less estimated residual value of all tangible fixed assets over their expected useful lives on a straight line basis.

Depreciation rates applicable are:

Furniture	25%
IT Equipment	33%

**Debtors and creditors receivable/payable within one year**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

**Tax**

The charity is exempt from corporation tax on income from its charitable activities.

**Rotherham Abuse Counselling Service**  
**Notes to the financial statements continued**  
**for the year ending 31 March 2022**

<b>2 Donations and grants</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
The Big Lottery fund	-	101,209	101,209	104,414
RMBC - CSE Counselling	-	45,000	45,000	36,000
RMBC -Space to Breathe	-	15,677	15,677	-
RMBC - Taste of recovery	-	4,500	4,500	-
Brelms Trust	-	-	-	5,000
RDASH - Trauma and Resilience	-	34,500	34,500	52,500
Tudor Trust	-	-	-	3,300
South Yorkshire Sexual Violence Partnership	-	132,472	132,472	103,897
Ministry of Justice - Rape and sexual abuse support	-	65,538	65,538	79,012
Ministry of Justice - Male rape support	-	22,976	22,976	-
Lloyds Bank Foundation	-	-	-	33,000
Police Crime Commision	-	-	-	3,914
BBC Children in Need	-	10,000	10,000	-
South Yorkshire Mayoral Community fund	-	7,470	7,470	-
Co-op Community	-	-	-	2,264
Donations	14,902	-	14,902	5,041
	<b>14,902</b>	<b>439,342</b>	<b>454,244</b>	<b>428,342</b>

Income received from donations and grants was £454,244 (2021: £428,342) of which £14,902 (2021: £13,305) was attributable to unrestricted funds and £439,342 (2021: £415,037) was attributable to restricted funds.

<b>3 Income from charitable activities</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2022</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Other income	-	-	-	1,728
Group supervision	380	-	380	-
Training - reimbursement	-	3,600	3,600	-
	<b>380</b>	<b>3,600</b>	<b>3,980</b>	<b>1,728</b>

All prior year income on charitable activities is unrestricted.

**Rotherham Abuse Counselling Service**  
**Notes to the financial statements continued**  
**for the year ending 31 March 2022**

**4 Expenditure on charitable activities**

	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	<b>Funds</b>	<b>Funds</b>	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Salary costs	5 (4,000)	389,657	385,657	281,336
Sessional staff	-	41,158	41,158	30,979
HR services	-	4,572	4,572	3,515
DBS charges	-	329	329	-
Bank charges & giving fees	164	-	164	242
External supervision	-	3,392	3,392	920
Staff/volunteer expenses	-	1,032	1,032	4,976
Client access/Support & activities	-	530	530	-
Evaluation	-	10,000	10,000	-
Covid related costs	-	-	-	8,277
Cleaning & hygiene	-	813	813	-
Furnishing and decoration	-	695	695	-
Rent and rates	-	15,500	15,500	15,809
Maintenance	1,455	349	1,804	427
Training and conference	-	3,600	3,600	1,100
Office costs and equipment	-	446	446	4,236
ICT support, software & equipment	4,132	12,454	16,586	-
Insurance	-	2,784	2,784	2,558
Telephone and internet	-	5,526	5,526	3,092
Professional Fees	43	1,147	1,190	1,100
Printing, postage and stationery	-	399	399	-
Subscription	-	371	371	1,630
Depreciation	2,660	-	2,660	3,062
Utilities	-	4,962	4,962	3,608
Sundry expenditure	74	81	155	499
	<b>4,529</b>	<b>499,797</b>	<b>504,326</b>	<b>367,365</b>

Expenditure on charitable activities is £504,326 (2021: £367,365) of which £4,529 (2021: £7,227) was attributable to unrestricted funds and £499,797 (2021: £360,138) was attributable to restricted funds.

	<b>Total</b>	<b>Total</b>
	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
<b>5 Staff Costs</b>		
Salaries	335,339	245,521
Employers National Insurance	26,615	19,347
Employers allowance	(4,000)	(4,000)
Employers pension	27,703	20,498
	<b>385,657</b>	<b>281,366</b>

The average number of employees during the period is 17 (2021: 13)

No person received emoluments of more than £60,000 in the year.

**6 Trustees and key management remuneration, benefits and expenses**

There were no payments, remuneration or expenses made to trustees during the period (2021: £nil).

**Rotherham Abuse Counselling Service**  
**Notes to the financial statements continued**  
**for the year ending 31 March 2022**

**7 Tangible Fixed Assets**

	<b>Equipment</b>	<b>Total 2022</b>
<b>Cost</b>	<b>£</b>	<b>£</b>
At 31 March 2021	9,185	9,185
Additions	1,827	1,827
at 31 March 2022	<u>11,012</u>	<u>11,012</u>
<b>Depreciation</b>		
at 31 March 2021	5,083	5,083
Charge this period	2,660	2,660
Disposals	-	-
at 31 March 2022	<u>7,743</u>	<u>7,743</u>
<b>Net book value at 31 March 2022</b>	<u><b>3,269</b></u>	<u><b>3,269</b></u>
Net book value at 31 March 2021	<u>4,102</u>	<u>4,102</u>

	<b>2022</b>	<b>2021</b>
<b>8 Debtors</b>	<b>£</b>	<b>£</b>
Trade Debtors	27,049	5,000
Accrued income	3,600	31,023
Prepayments	722	1,675
	<u><b>31,371</b></u>	<u><b>32,698</b></u>

	<b>2022</b>	<b>2021</b>
<b>9 Creditors: amounts falling due within one year</b>	<b>£</b>	<b>£</b>
Trade Creditors	1,333	-
Accruals	1,100	9,908
Provision for liability	4,132	-
Deferred income	2,490	-
HMRC liabilities	-	7,051
	<u><b>9,055</b></u>	<u><b>16,959</b></u>

**10 Designated Funds**

	<b>Opening balance</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>Closing balance</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Fixed Asset Fund	3,264	-	2,660	1,827	2,431
Ministry of Justice	1,500	-	1,456	-	44
	<u>4,764</u>	<u>-</u>	<u>4,116</u>	<u>1,827</u>	<u>2,475</u>

**Rotherham Abuse Counselling Service**  
**Notes to the financial statements continued**  
**for the year ending 31 March 2022**

<b>11 Movement on Funds Restricted</b>	<b>Brought forward</b>	<b>Incoming Resources</b>	<b>Expended Resources</b>	<b>Transfers</b>	<b>Carried forward</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
The Big Lottery Fund	15,000	101,209	109,239	(1,320)	5,650
Brelms Trust	2,500	-	2,500	-	-
Ministry of Justice - Rape and sexual abuse support	-	65,538	65,538	-	-
Ministry of Justice - Male rape support	-	22,976	22,976	-	-
South Yorkshire Sexual Violence Partnerships	23,347	136,072	149,543	-	9,876
RDASH - Trauma and Resilience	23,118	34,500	49,022	-	8,596
BBC Children in Need	-	10,000	8,205	-	1,795
RMBC - CSE Counselling	15,601	45,000	52,563	-	8,038
RMBC -Space to Breathe	-	15,677	9,991	(507)	5,179
RMBC - Taste of recovery	-	4,500	4,500	-	-
Lloyds bank Foundation	18,250	-	18,250	-	-
South Yorkshire Mayoral Community fund	-	7,470	7,470	-	-
	<b>97,814</b>	<b>442,942</b>	<b>499,797</b>	<b>(1,827)</b>	<b>39,132</b>

**Funds transfer**

The transfer of £1,827 from the Big Lottery Fund and RMBC - Space to Breathe into a designated fixed asset fund for the purchase of equipment. The remaining balance will be used to write down the value over the useful life of the asset.

<b>prior year</b>	<b>Brought forward</b>	<b>Incoming Resources</b>	<b>Expended Resources</b>	<b>Transfers</b>	<b>Carried forward</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
The Big Lottery Fund	5,131	104,414	94,545	-	15,000
Brelms Trust	2,500	5,000	5,000	-	2,500
Ministry of Justice	-	79,012	77,512	(1,500)	-
South Yorkshire Sexual Violence Partnerships	12,548	103,897	93,098	-	23,347
RDASH	7,187	46,500	30,569	-	23,118
Awards for All	4,845	-	4,845	-	-
Royal London	2,435	-	2,435	-	-
RMBC	15,925	36,000	36,324	-	15,601
Lloyds bank Foundation	-	33,000	14,750	-	18,250
Tudor Trust	-	3,300	458	(2,842)	-
Police Crime Commissioner	-	3,914	602	(3,312)	-
	<b>50,569</b>	<b>415,037</b>	<b>360,138</b>	<b>(7,654)</b>	<b>97,814</b>

**Funds transfer**

The transfer of £1,500 from Ministry of Justice into designated funds is to cover the costs of improving the outside area. This improvement was unable to take place during the pandemic and the transfer has been agreed with the funder.

The transfer of £6,154 from the Tudor Trust and Police Crime Commissioner into a designated fixed asset fund for the purchase of ICT. The remaining balance will be used to write down the value over the useful life of the asset.



**Rotherham Abuse Counselling Service**  
**Notes to the financial statements continued**  
**for the year ending 31 March 2022**

<b>12 Analysis of net assets by fund</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
Fixed assets	3,269	-	3,269
Current assets	84,611	44,012	128,623
Current liabilities	(4,175)	(4,880)	(9,055)
	<u>83,705</u>	<u>39,132</u>	<u>122,837</u>
<i>prior year</i>	<i><b>Unrestricted Funds £</b></i>	<i><b>Restricted Funds £</b></i>	<i><b>Total £</b></i>
<i>Fixed assets</i>	<i>4,102</i>	<i>-</i>	<i>4,102</i>
<i>Current assets</i>	<i>66,962</i>	<i>114,773</i>	<i>181,735</i>
<i>Current liabilities</i>	<i>-</i>	<i>(16,959)</i>	<i>(16,959)</i>
	<i><u>71,064</u></i>	<i><u>97,814</u></i>	<i><u>168,878</u></i>

**13 Related Party Transactions**

During the period the spouse of the CEO received payment for landscaping services provided to the charity via Urban Landscaping amounting to £1,454 (2021: none).

There were no other related party transactions.