

Charity Registration No. 1175041

**North Shields Polytechnic Club**  
**Trustees' Report and Unaudited Accounts**  
**for the Year Ended 31 March 2024**

**North Shields Polytechnic Club**

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for the Year Ended 31 March 2024**

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**North Shields Polytechnic Club**

**Legal and Administrative Information**

**TRUSTEES:** Steven Colby (Chair)  
Benjamin Philip Richard Willcox (Treasurer)  
John Alexander Sutcliffe  
Graham Harmon Lewis-Dale  
Simon Jamison  
Tom Penfold  
Lourdes Olmo Bradley  
Laura Hope  
Rebecca Tindle (appointed 17 August 2023)

**CHARITY NUMBER:** 01175041

**PRINCIPAL ADDRESS** Churchill Playing Fields, Hartley Avenue, Whitley Bay, NE26 3NS

**REGISTERED ADDRESS** 6 Ashfield Grove, Whitley Bay, Tyne & Wear, NE26 1RT

**INDEPENDENT EXAMINER** SD Slater FCA  
RMT Accountants & Business Advisors Ltd  
Gosforth Park Avenue  
Newcastle Upon Tyne  
NE12 8EG

**BANKERS** Lloyds Bank Plc  
257 Whitley Road  
Whitley Bay  
NE26 2SY  
  
Leeds Building Society  
104 Park View  
Whitley Bay  
NE26 3QL

## **North Shields Polytechnic Club**

### **Trustees' Report**

**for the Year Ended 31 March 2024**

The trustees present their report and accounts for the year ended 31 March 2024

#### **Structure, governance and management**

The charity was established under its constitution on 9 October 2017 and registered as a charity with the Charity Commission on the same date.

The legal and administrative information on page 1 of this report lists the trustees who currently manage the charity. The trustees who served during the period to which this report relates were:

Patrick Houghton (resigned 5 June 2023)

John Alexander Sutcliffe

Simon Jamison

Graham Harmon Lewis-Dale

Benjamin Philip Richard Willcox

Gregory Vincent Penn (resigned 17 July 2024)

Steven Colby

Tom Penfold

Laura Hope

Lourdes Olmo Bradley

Rebecca Tindle (appointed 17 August 2023)

Lisa Wild (appointed 17 August 2023, resigned 3 April 2024)

North Shields Polytechnic Club is a Charitable Incorporated Organisation (CIO), registered with the Charity Commission and governed by its constitution, adopted 9 October 2017.

Trustees are appointed by either by agreement of the existing board of trustees, or by the members of the CIO in accordance with its constitution.

As part of the induction process, all trustees are provided with a copy of the CIO's constitution and the Charity Commission guidance CC3 – 'the essential trustee'. Copies of the CIO's latest annual report and financial statements will also be made available to all trustees.

The Charity and its property are managed and administered by a board of trustees, which can have between three and twelve members.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

#### **Objectives and activities**

The charity's objects are to promote community participation in healthy recreation for the public benefit by the provision of facilities for athletics in North Tyneside and the surrounding area, and by encouraging participation in athletics.

North Shields Polytechnic Club was established and registered on 9 October 2017, in order to transfer responsibility for the operation of North Shields Polytechnic AC from an unincorporated association governed by a committee, to a new CIO governed by a board of trustees.

In exercising their powers and duties, and in pursuing and carrying out the club's objects and activities, the Trustees have complied with the duty at s17(5) of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit.

## North Shields Polytechnic Club

### Trustees' Report (Continued)

for the Year Ended 31 March 2024

#### Achievements and performance

- North Shields Polytechnic remains in a very strong position in relation to membership levels which currently stands at 944 athletes.
- Event participation remains high and the club has successfully held the North Tyneside 12k Trail, Clive Cookson 10k Road and the Boxing Day Run which contribute significantly towards club revenue. Alongside this the club has also facilitated both Adult and Junior Grand Prix Events, as well as the popular Mouth of Tyne Aquathlon. These events also provide some contribution to revenue.
- Club subscription costs slightly increased for all members this year - the club is intending to use this to build up funds in case there is a requirement to contribute towards new floodlights at the running track. The club members are broadly in support of the slight increase in subscription costs.
- The past year has seen a number of high-profile achievements from athletes across all sections of the club. This includes athletes achieving international honours and winning medals at national, regional and county competitions.
- Some (but certainly not exhaustive list!) achievements include:
  - 3 medallists and 11 finalist at the North of England Track and Field Championships.
  - 2 Champions and 2 silver medalists at the England National Track and Field Championships.
  - 11 junior athletes qualified for the English schools Track and Field Championships, a record high for NSP.
  - 23 athletes selected to represent Northumberland at the Northern Inter Counties.
  - 52 Athletes competing in the Northumberland County Schools including 18 golds, 17 silvers and 9 bronze medals.
  - Two golds, two silvers and two bronzes at the World Master Championships in Gothenburg.
  - 5 medals, including two gold at the European Indoor Athletics Championships.
  - Veteran Men and U17 individual winners of the North East Harrier Cross Country League. Second team in the u15 Girls and U17 men and third in the u17/u20 women.
  - 38 athletes in the UK Top 100 for the 2023/2024 indoor track and field seasons, which also saw 10 club records broken.
  - 9 juniors selected for the Triathlon England North-east Development Squad. 4 of these selected to race in the TBNE team at the Inter Regional Championships during British Triathlon's Big Weekend.
  - 4 of our athletes were selected for the School Games at Loughborough.
  - 29 podium places in the 2024 regional Grand Prix Triathlon races
  - Senior Ladies won the Davison Shield and North Eastern country championships for cross country. The Signal's, Gordon Smith and Good Friday Road Relays.
  - 15 NSP Junior athletes selected to compete for Northumberland at the English Schools cross country championships.
- This does not include the huge number of personal achievements, including first time completions, PBs and highest finishes in races across all sections of the club. Barely a week goes by without a huge array of achievements many of which are captured on our social media pages. At North Shields Poly we want to create a strong and inclusive running community. So, it is not just about being winning and medals, but working together as a team, achieving and celebrating when any athlete achieves one of their milestones.
- Stories of many achievements are on our social media pages and we are always keen to hear about more -- so do not hesitate to get in touch. All these achievements and more will be celebrated at the annual Prize and Presentation Night towards the end of the year.
- The Club held a successful prize and presentation evening in November 2023, where 134 individual awards were given out, with an addition of 100 coaches awards.
- These accolades have been achieved through the hard work and commitment of both our athletes and excellent coaches and as a club we hope to support them so that athletic achievements will continue well into 2025 and beyond.

North Shields Polytechnic Club

Trustees' Report (Continued)

for the Year Ended 31 March 2024

Financial Review

The receipts and payments account on page 6 shows a surplus of receipts over payments of £26,257 for the year ended 31 March 2024.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a minimum level of six months' operating expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the Period.

Unrestricted Funds - General Reserves

The Club's general reserves are at the discretion of the Trustees and represent funds available for future use on capital projects or to fund the ongoing activities of the Club as needed. It is the club's policy to hold sufficient general reserves to meet 6 months' operating expenditure which is currently estimated at £15,000. General reserves at the year end were £15,000 (2023: £15,000).

Unrestricted Funds - Designated Reserve

The designated (or forward funding) reserve is a reserve set aside to meet any major or capital expenditure of the Club which may be incurred in future periods. Such expenditure is of a non-recurrent nature and is not intended to be used to cover the ongoing activities of the Club. Example expenditure includes contributions towards relaying the running track, club house refurbishment and track floodlights. Designated reserves at the year end were £36,500 (2023: £11,303).

Restricted Funds

Restricted funds are funds received which are to be used for a specific purpose, usually a condition of the donor. Restricted reserves at the year end were £1,170 (2023: £110).

Signed on behalf of the board of trustees:



Mr Benjamin Willcox

Trustee

Dated 4/10/24

**North Shields Polytechnic Club**

**Independent Examiner's Report to the Trustees of North Shields Polytechnic Club**

I report to the Trustees on my examination of the financial statements of North Shields Polytechnic Club (the charity) for the year ended 31 March 2024.

**Responsibilities and basis of report**

As the Trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).


I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records.
- 3 the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

  
.....  
Stephen Slater (FCA)  
RMT Accountants & Business Advisors Ltd  
Gosforth Park Avenue  
Newcastle upon Tyne  
NE12 8EG

Dated: 9/10/2024

North Shields Polytechnic Club

Receipts and Payments Account

for the Year Ended 31 March 2024

	Restricted Funds £	Unrestricted Funds General £	Designated £	Total 2024 £	Total 2023 £
<b>Receipts</b>					
Subscriptions	-	52,420	-	52,420	49,580
Fundraising & donations	1,100	-	-	1,100	4,413
Cookson Cup	-	10,691	-	10,691	4,576
NTT12k formerly Run for Bob	-	9,453	-	9,453	8,392
Pudding run	-	15,092	-	15,092	9,899
Aquathlon	-	4,443	-	4,443	2,108
Grand Prix	-	7,225	-	7,225	6,048
PB Open	-	-	-	-	1,734
Other events	-	1,605	-	1,605	1,675
Income from hire of club facilities	-	11,688	-	11,688	8,545
Income from Tri Swim & Cycle Sessions	-	1,520	-	1,520	2,130
Prize and presentation income	-	1,480	-	1,480	2,219
Clothing sales	-	8,287	-	8,287	4,101
Travel contributions	-	-	-	-	1,168
Other income	-	36	-	36	192
Interest received	-	-	586	586	53
<b>Total receipts</b>	<b>1,100</b>	<b>123,940</b>	<b>586</b>	<b>125,626</b>	<b>106,833</b>
<b>Payments</b>					
Clubhouse, Maintenance and supplies	-	23,495	-	23,495	80,382
Gas, Electricity and telephone expenses	-	5,262	-	5,262	3,731
Legal & Professional	-	1,534	-	1,534	1,607
Insurance	-	1,373	-	1,373	1,543
Website	-	655	-	655	655
Licences and fees (Eng Ath & other)	-	13,851	-	13,851	14,933
Cookson Cup costs	-	6,182	-	6,182	6,729
NTT12k formerly Run for Bob costs	-	1,712	-	1,712	1,907
Pudding run costs	-	8,763	-	8,763	5,827
Aquathlon costs	-	3,325	-	3,325	1,835
Grand Prix costs	-	5,231	-	5,231	4,853
PB Open costs	-	-	-	-	600
Other event costs & race entries	-	5,271	-	5,271	5,589
Tri Swim & Cycle Sessions Hire Costs	-	3,220	-	3,220	3,930
Coaching Costs	40	2,790	-	2,830	5,680
Prize and presentation costs	-	4,916	-	4,916	2,911
Clothing stock purchases	-	8,251	-	8,251	4,759
Venue hire	-	813	-	813	562
Travel Expenses	-	2,685	-	2,685	3,394
<b>Total payments</b>	<b>40</b>	<b>99,329</b>	<b>-</b>	<b>99,369</b>	<b>151,427</b>
<b>Net receipts (payments)</b>	<b>1,060</b>	<b>24,611</b>	<b>586</b>	<b>26,257</b>	<b>(44,594)</b>
Opening balance at 1 April 2023	110	15,000	11,303	26,413	71,007
Transfer between funds	-	(24,611)	24,611	-	-
<b>Funds this year end</b>	<b>1,170</b>	<b>15,000</b>	<b>36,500</b>	<b>52,670</b>	<b>26,413</b>



**North Shields Polytechnic Club**  
**Statement of Assets and Liabilities**  
**for the Year Ended 31 March 2024**

	Restricted Funds £	Unrestricted Funds General £	Designated £	Total 2024 £	Total 2023 £
<b>Cash Funds</b>					
Cash at bank	1,170	-	(159)	1,011	839
Deposit account	-	15,000	8,816	23,816	23,524
Savings account	-	-	27,843	27,843	2,050
	<u>1,170</u>	<u>15,000</u>	<u>36,500</u>	<u>52,670</u>	<u>26,412</u>
<b>Other Monetary Assets</b>					
	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Investment Assets</b>					
	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
<b>Assets retained for the charity's own use</b>					
Premises	-	70,533	-	70,533	72,133
Equipment	-	26,829	-	26,829	23,942
Stock	-	12,522	-	12,522	11,000
	<u>-</u>	<u>109,884</u>	<u>-</u>	<u>109,884</u>	<u>107,075</u>
<b>Liabilities</b>					
	-	-	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>