

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Charity No. 1175021

Company No. CE011506

Trustees' Report and Unaudited Accounts

31 March 2023

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
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Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE011506

Charity No. 1175021

Principal Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
Registered Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

M. Bello
H. Cavill
A. Jenner
K. Leney
M. Pringle
J. Robson
L. Ward

Key Management Personnel

Mrs Carol Older (Resigned 31st December 22)
Ms Beki Osborne (Appointed 6th March 23)
Accountants

AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

OBJECTIVES AND ACTIVITIES

The object of "Sexual Assault and Abuse Support Service, Buckinghamshire and Milton Keynes" (SAASSBMK) is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

SAASSBMK wants every individual who has been affected by sexual violence and domestic abuse to receive the support they need and wish. To meet the charity's objects, it is delivering a range of services created to meet the needs of those affected by sexual violence or domestic abuse.

SAASSBMK aims to raise awareness of and change the perceptions of sexual violence and domestic abuse within our local area and to bring an end to sexual violence and domestic abuse. To achieve this, the charity participates in different partnerships and events, offers training and talks to appropriate businesses, schools etc.

SAASSBMK is a women-led charity and is committed to promoting female leadership both in CEO and trustee board positions. We employ staff and volunteers of all genders but reserve the right to make certain roles women-only under the Equality Act 2010 pursuant to Schedule 9, Part 1 to ensure women and girls can access women-only support and referral pathways. This is following our acknowledgement that sexual violence disproportionately impacts women and girls and is almost always perpetrated by men, even when the victim-survivor is also male.

MAIN ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT

SAASSBMK has provided the following services for the public benefit in relation to these objects during the financial year 2022/23. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services. Over the year we supported a total of 1015 individuals: 888 females, 118 males and 9 transgender/non-binary individuals. 48% of our service users were adults who had experienced Childhood Sexual Abuse, 34% experienced rape and 18% of our service users reported multiple experiences of sexual violence and domestic abuse including harassment, coercive control, trafficking, exploitation and ritual abuse. A total of 26,276 contacts were made with our service users including 5,712 one to one sessions.

Information, Advice and Guidance – SAASSBMK provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

Email support – many service users choose to contact us via email, with 13,803 email contacts being made, a combination of one-off support and assessments and ongoing contact. Support and response are provided within three working days.

Independent Domestic and Sexual Violence Advisory (IDSVA) service – SAASSBMK supported 124 women and 19 men through the IDSVA service this year. The IDSVA service provides both emotional and practical support to survivors of rape, sexual abuse and assault and domestic violence who have reported to the police or are considering reporting to the police.

Advocacy service – SAASSBMK has provided general advocacy support around housing, financial, health, immigration and employment to 67 women and 15 men.

One-to-one counselling – 4,785 counselling sessions were provided to individuals by our dedicated volunteer and sessional counsellors. This represents a financial value of approximately £239,250.00. Demand for counselling continues to increase and we trained an additional 12 volunteer counsellors to help meet this demand.

Stabilisation Intervention Programme – SAASSBMK supported 153 individuals to understand how their body and mind have responded to trauma, to help identify and develop coping strategies to help stabilise survivors out of crisis.

Group support – SAASSBMK provided group support to 34 women through the Thrive2Gether service which is a peer support group, held on a weekly two-hour drop-in basis. SAASSBMK also provided support to 22 women and 4 males through Group Therapy around psychoeducation. The aim for these groups is to support survivors to cope and recover from the effects of sexual violence and domestic abuse but also to enable them to build on their own support network and empower them to build healthy relationships.

Telephone Support – 117 unique individuals were supported through telephone support in the year. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 2615 instances of telephone emotional support were offered. To meet the escalating demand for this valuable service, we have successfully expanded our volunteer base by a further 10 specially trained volunteers, enabling us to provide vital assistance to more individuals in need.

SASH service – in partnership with SAFE! we provided therapeutic support to 39 children and young people between ages of 5 and 18, with the service as a whole supporting a further 92 children and young people and their families affected by domestic abuse and sexual harm across Buckinghamshire and Milton Keynes.

Two individuals describe the support they've received as follows:

"I am so grateful to have been able to have accessed this specialist service. I was completely stuck and in a dark place, with no hope of ever being able to feel joy and look forward to life. But now I am beginning to experience joy again which has been amazing for all of my family and close friends to see. Yes I am coming across bumps but am learning these are temporary and I can control them. Forever grateful."

"Words can't describe the way the service has helped. It's invaluable and indescribable in its magnitude and I couldn't be more grateful to have had access. I have no doubt that without the service I wouldn't be where I am today, both in my career and my personal life."

ACHIEVEMENTS AND PERFORMANCE

SAASSBMK is a member of and holds the national service standards for:

Rape Crisis England and Wales

Male Survivors Partnership (Lime Culture accreditation)

The Survivors Trust

The British Association for Counselling and Psychotherapy

The organisation has been successfully awarded with the above quality marks which secures quality of governance, management and service delivery.

In December 2022, we were also awarded the High Sheriffs Award for the provision of sexual violence support services in Buckinghamshire and we have also got through to the second round of the Kings Award for Voluntary Services, results of which are due in November 2023.

FINANCIAL REVIEW

To meet the increasing demand of services 22 new volunteers have been recruited during the financial year. The volunteers have received specialised training in sexual violence for 6 weeks to guarantee that they uphold the level of specialist support that SAASSBMK requires. SAASSBMK has in total 67 volunteers excluding trustees contributing their time during the year.

The majority have contributed within the counselling service, but volunteers have also contributed through delivering training for new volunteers, as trustees, providing telephone support and providing administrative support.

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £709,466, an increase of 36% from the previous year. The charity has also participated in fundraising activity including a car raffle arranged by Milton Keynes Community Foundation, Easy Fundraising and the Vale Lottery. The charity's principal sources of funding for the financial year have been received from central and local government as well as trusts and foundations.

Policy on reserves

The trustees of SAASSBMK have set guidelines of the charity to have reserves of at least three months running costs. The reason for doing this is in case of a source of funding is lost, unforeseen emergencies or for redundancy costs.

PLANS FOR FUTURE PERIODS

With the previous CEO, Carol Older, stepping down in December 2022 we welcomed our new CEO, Beki Osborne, in March 2023. SAASSBMK intends to continue to scope and develop a range of holistic services for those affected by sexual abuse and aim to increase our ability to meet the increasing demand for our services.

The trustees for SAASSBMK would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who bought tickets in the car raffle enabling the charity to continue to support those affected by sexual violence.

We would like to thank our funders Heart of Bucks, The Brook Trust, People's Health Trust, ROSA, Rothschild Foundation, Fairhive, Rectory Foundation, NHS East, The National Lottery Community Fund and Lloyds Bank Foundation, Buckinghamshire Council, the Office of the Police and Crime Commissioner Thames Valley and the Ministry of Justice.

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to AJR & Co Ltd, Chartered Accountants for examining the charity's accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018 and the organisation was named Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS). In September 2022, the charity renamed to Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) to ensure that no survivor in Buckinghamshire and Milton Keynes isn't without access to the highest standard of support and formalises the charity's previously informal approach to accept referrals from survivors across the county.

SAASSBMK currently has seven trustees that regularly meet every other month. When the organisation has need for new trustees, advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

SAASSBMK is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. SAASSBMK is also a member of The Survivors Trust and the Male Survivors Partnership.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Trustees Annual Report



H. Cavill

Trustee

10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Independent Examiners Report

Independent Examiner's Report to the trustees of Sexual Assault and Abuse Support Service
Buckinghamshire and Milton Keynes

I report to the charity trustees on my examination of the financial statements of Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mr Andrew Richardson BA FCA
Institute of Chartered Accountants in England & Wales
AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Statement of Financial Activities
for the year ended 31 March 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
	Notes				
Income and endowments from:					
Donations and legacies	4	168,529	538,657	707,186	518,286
Other trading activities	5	1,802	-	1,802	1,252
Investments	6	478	-	478	203
Other	7	-	-	-	4,000
Total		170,809	538,657	709,466	523,741
Expenditure on:					
Charitable activities	8	36,424	371,272	407,696	289,279
Other	9	75,702	95,813	171,515	129,654
Total		112,126	467,085	579,211	418,933
Net gains on investments		-	-	-	-
Net income	10	58,683	71,572	130,255	104,808
Transfers between funds		(4,744)	4,744	-	-
Net income before other gains/(losses)		53,939	76,316	130,255	104,808
Other gains and losses					
Net movement in funds		53,939	76,316	130,255	104,808
Reconciliation of funds:					
Total funds brought forward		55,059	129,904	184,963	80,155
Total funds carried forward		108,998	206,220	315,218	184,963

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Summary Income and Expenditure Account
for the year ended 31 March 2023

	2023 £	2022 £
Income	708,988	523,538
Interest and investment income	478	203
Gross income for the year	<u>709,466</u>	<u>523,741</u>
Expenditure	573,668	414,428
Interest payable	6	-
Depreciation and charges for impairment of fixed assets	5,537	4,505
Total expenditure for the year	<u>579,211</u>	<u>418,933</u>
Net income before tax for the year	<u>130,255</u>	<u>104,808</u>
Net income for the year	<u><u>130,255</u></u>	<u><u>104,808</u></u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Balance Sheet

at 31 March 2023

Company No. CE011506	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	12	12,306	14,879
		<u>12,306</u>	<u>14,879</u>
Current assets			
Debtors	13	60,215	61,291
Investments	14	-	40,000
Cash at bank and in hand		307,052	161,902
		<u>367,267</u>	<u>263,193</u>
Creditors: Amount falling due within one year	15	(64,355)	(93,109)
Net current assets		<u>302,912</u>	<u>170,084</u>
Total assets less current liabilities		<u>315,218</u>	<u>184,963</u>
Net assets excluding pension asset or liability		<u>315,218</u>	<u>184,963</u>
Total net assets		<u><u>315,218</u></u>	<u><u>184,963</u></u>
The funds of the charity			
Restricted funds	16		
Restricted income funds		206,220	129,904
		<u>206,220</u>	<u>129,904</u>
Unrestricted funds	16		
General funds		108,998	55,059
		<u>108,998</u>	<u>55,059</u>
Reserves	16		
Total funds		<u><u>315,218</u></u>	<u><u>184,963</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 10 January 2024

And signed on its behalf by:



H. Cavill

Trustee

10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Statement of Cash flows

for the year ended 31 March 2023

	2023 £	2022 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	130,255	104,808
Adjustments for:		
Depreciation of property, plant and equipment	5,537	4,505
Dividends, interest and rents from investments	(478)	(4,203)
Decrease/(Increase) in trade and other receivables	1,076	(30,083)
(Decrease)/Increase in trade and other payables	(33,882)	3,812
Net cash provided by operating activities	<u>102,508</u>	<u>78,839</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(2,964)	(8,688)
Dividends, interest and rents from investments	478	4,203
Net cash used in investing activities	<u>(2,486)</u>	<u>(4,485)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	100,022	74,354
Cash and cash equivalents at the beginning of the year	201,902	127,217
Cash and cash equivalents at the end of the year	<u>301,924</u>	<u>201,571</u>
Components of cash and cash equivalents		
Cash and bank balances	307,052	201,902
	<u>307,052</u>	<u>201,902</u>

Notes to the Accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

Designated funds These are unrestricted funds earmarked by the trustees for particular purposes.

Revaluation funds These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

Restricted funds These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help The value of any volunteer help received is not included in the accounts.

Investment income This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	20% Straight Line
Computer Equipment	33% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.

Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	121,586	396,700	518,286
Other trading activities	1,252	-	1,252
Investments	203	-	203
Other	2,029	1,971	4,000
Total	125,070	398,671	523,741
Expenditure on:			
Charitable activities	53,397	235,882	289,279
Other	84,949	44,705	129,654
Total	138,346	280,587	418,933
Net income	(13,276)	118,084	104,808
Transfers between funds	10,504	(10,504)	-
Net income before other gains/(losses)	(2,772)	107,580	104,808
Other gains and losses:			
Net movement in funds	(2,772)	107,580	104,808
Reconciliation of funds:			
Total funds brought forward	57,831	22,324	80,155
Total funds carried forward	55,059	129,904	184,963

4 Income from donations and legacies

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Central & Local Government	90,637	352,501	443,138	382,856
Charitable and not-for-profit organisations	68,242	186,156	254,398	121,979
Private and individual donations	9,650	-	9,650	13,451
	<u>168,529</u>	<u>538,657</u>	<u>707,186</u>	<u>518,286</u>

5 Income from other trading activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Fundraising	1,802	1,802	1,252
	<u>1,802</u>	<u>1,802</u>	<u>1,252</u>

6 Income from investments

	Unrestricted	Total 2023	Total 2022
	£	£	£
Interest income	478	478	203
	<u>478</u>	<u>478</u>	<u>203</u>

7 Other income

	Total 2023	Total 2022
	£	£
Employment Allowance	-	4,000
	<u>-</u>	<u>4,000</u>

8 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Direct Staff Costs	21,642	196,118	217,760	157,517
Volunteer & Supervision	14,535	11,994	26,529	113,127
Direct room hire	-	492	492	-
Other charitable activities (Inc SASH,Stabilisation Intervention Programme, Paid Counselling, etc)	247	162,668	162,915	18,635
<i>Governance costs</i>				
	<u>36,424</u>	<u>371,272</u>	<u>407,696</u>	<u>289,279</u>

9 Other expenditure

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Bank loan and overdraft interest payable	6	-	6	-
Employee costs	35,419	34,020	69,439	57,875
Motor and travel costs	649	8,360	9,009	5,449
Premises costs	979	38,382	39,361	39,280
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	5,537	-	5,537	4,505
General administrative costs	16,151	6,245	22,396	18,263
Legal and professional costs	16,961	8,806	25,767	4,282
	<u>75,702</u>	<u>95,813</u>	<u>171,515</u>	<u>129,654</u>

10 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	5,537	4,505

11 Staff costs

	2023	2022
Salaries and wages	53,508	43,563
Social security costs	5,170	4,872
Pension costs	1,659	1,729
	<u>60,337</u>	<u>50,164</u>

These figures include breakdown of staff costs spent on charitable activities directly.

No employee received emoluments in excess of £60,000.

12 Tangible fixed assets

	Office Equipment £	Computer Equipment £	Total £
Cost or revaluation			
At 1 April 2022	7,276	18,265	25,541
Additions	1,006	1,958	2,964
At 31 March 2023	<u>8,282</u>	<u>20,223</u>	<u>28,505</u>
Depreciation and impairment			
At 1 April 2022	4,621	6,041	10,662
Depreciation charge for the year	1,989	3,548	5,537
At 31 March 2023	<u>6,610</u>	<u>9,589</u>	<u>16,199</u>
Net book values			
At 31 March 2023	<u>1,672</u>	<u>10,634</u>	<u>12,306</u>
At 31 March 2022	<u>2,655</u>	<u>12,224</u>	<u>14,879</u>

13 Debtors

	2023 £	2022 £
Trade debtors	10,825	61,291
Prepayments and accrued income	49,390	-
	<u>60,215</u>	<u>61,291</u>

14 Current asset investments

	2023 £	2022 £
Listed investments	-	40,000
	<u>-</u>	<u>40,000</u>

15 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Trade creditors	5,675	5,220
Other taxes and social security	5,601	429
Other creditors	2,913	899
Accruals	6,228	1,100
Deferred income	43,938	85,461
	<u>64,355</u>	<u>93,109</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formerly Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Notes to the Accounts
18 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 March 2023 £
Restricted funds:					
Restricted income funds:					
Buckinghamshire Council - New Burdens Funding Scheme	44,921	107,073	(27,279)	-	124,715
Support After Sexual Harm (Milton Keynes)	64,735	-	(33,365)	-	31,370
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	-	145,076	(129,676)	-	15,400
ROSA	-	25,000	-	-	25,000
Milton Keynes Community Foundation	8,125	-	(8,125)	-	-
Office of Police & Crime Commissioner	12,123	68,122	(80,164)	-	81
All other restricted funds	-	193,386	(188,476)	4,744	9,654
<i>Total</i>	<u>129,904</u>	<u>538,657</u>	<u>(467,085)</u>	<u>4,744</u>	<u>206,220</u>
Unrestricted funds:					
General funds	55,059	118,559	(112,126)	47,506	108,998
Designated funds:					
Lloyds Bank Foundation	-	52,250	-	(52,250)	-
<i>Total</i>	<u>-</u>	<u>52,250</u>	<u>-</u>	<u>(52,250)</u>	<u>-</u>
Total funds	<u><u>184,963</u></u>	<u><u>709,466</u></u>	<u><u>(579,211)</u></u>	<u><u>-</u></u>	<u><u>315,218</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Buckinghamshire Council - New Burdens Funding Scheme	Independent Domestic and Sexual Violence Advisor and Outreach to male victims and members of the LGBT+ community
Support After Sexual Harm (Milton Keynes)	Support for Children & Young Adults (in partnership w/t SAFE!)

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
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Notes to the Accounts

Buckinghamshire Council -	Support for Children & Young Adults (in partnership w/t SAFE!)
New Burdens Funding	
Scheme (Support After Sexual Harm)	
ROSA	
Milton Keynes Community Foundation	Wellbeing
Office of Police & Crime Commissioner	Independent Sexual Violence Advisors
All other restricted funds	including Buckinghamshire Council, Community Safety Board Buckinghamshire, Central and North West London Foundation, The Rothschild Foundation and Fairhive.
Designated funds:	
Lloyds Bank Foundation	General grant

17 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	12,306	12,306
Net current assets	302,912	302,912
	<u>315,218</u>	<u>315,218</u>

18 Reconciliation of net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash and cash equivalents	161,902	145,150	307,052
	<u>161,902</u>	<u>145,150</u>	<u>307,052</u>
Net debt	<u>161,902</u>	<u>145,150</u>	<u>307,052</u>

Notes to the Accounts

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2023	2023	2022	2022
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£
Operating leases with expiry date:				
Within one year	24,720	-	6,300	-
In the second to fifth years inclusive	1,500	-	6,250	-
	<u>26,220</u>	<u>-</u>	<u>12,550</u>	<u>-</u>

Pension commitments

	2023	2022
	£	£
The pension cost charge to the company amounted to:	<u>1,659</u>	<u>1,729</u>

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Detailed Statement of Financial Activities
for the year ended 31 March 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies				
Central & Local Government	90,637	352,501	443,138	382,856
Charitable and not-for-profit organisations	68,242	186,156	254,398	121,979
Private and individual donations	9,650	-	9,650	13,451
	<u>168,529</u>	<u>538,657</u>	<u>707,186</u>	<u>518,286</u>
Other trading activities				
Fundraising	1,802	-	1,802	1,252
	<u>1,802</u>	<u>-</u>	<u>1,802</u>	<u>1,252</u>
Investments				
Interest income	478	-	478	203
	<u>478</u>	<u>-</u>	<u>478</u>	<u>203</u>
Other				
Employment Allowance	-	-	-	4,000
	<u>-</u>	<u>-</u>	<u>-</u>	<u>4,000</u>
Total income and endowments	170,809	538,657	709,466	523,741
Expenditure on:				
Charitable activities				
Direct Staff Costs	21,642	196,118	217,760	157,517
Volunteer & Supervision	14,535	11,994	26,529	113,127
Direct room hire	-	492	492	-
Other charitable activities (Inc SASH,Stabilisation Intervention Programme, Paid Counselling, etc)	247	162,668	162,915	18,635
	<u>36,424</u>	<u>371,272</u>	<u>407,696</u>	<u>289,279</u>
Total of expenditure on charitable activities	36,424	371,272	407,696	289,279
Other expenditure				
Bank loan and overdraft interest payable	6	-	6	-
	<u>6</u>	<u>-</u>	<u>6</u>	<u>-</u>
Employee costs				
Salaries/wages	26,276	27,232	53,508	43,563
Employer's NIC	2,610	2,560	5,170	4,872
Pension costs	770	889	1,659	1,729
Staff recruitment	-	104	104	-
Staff training	5,763	3,235	8,998	7,711
	<u>35,419</u>	<u>34,020</u>	<u>69,439</u>	<u>57,875</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
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Detailed Statement of Financial Activities

Motor and travel costs				
Travel and subsistence	649	8,360	9,009	5,449
	<u>649</u>	<u>8,360</u>	<u>9,009</u>	<u>5,449</u>
Premises costs				
Rent	-	23,669	23,669	35,574
Rates	-	12,849	12,849	2,521
Light, heat and power	-	1,449	1,449	-
Premises cleaning	979	415	1,394	722
Other premises costs	-	-	-	463
	<u>979</u>	<u>38,382</u>	<u>39,361</u>	<u>39,280</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Office Equipment	1,990	-	1,990	1,880
Depreciation of Computer Equipment	3,547	-	3,547	2,625
Bank charges	-	-	-	40
Equipment expensed	394	5	399	547
General insurances	1,121	808	1,929	718
Postage and couriers	457	63	520	482
Software, IT support and related costs	6,463	2,641	9,104	10,171
Stationery and printing	2,073	243	2,316	1,748
Subscriptions	559	204	763	888
Sundry expenses	3,624	549	4,173	787
Telephone, fax and broadband	1,460	1,732	3,192	2,882
	<u>21,688</u>	<u>6,245</u>	<u>27,933</u>	<u>22,768</u>
Legal and professional costs				
Audit/Independent examination fees	2,400	684	3,084	2,116
Consultancy fees	13,180	8,038	21,218	1,037
Other legal and professional costs	1,381	84	1,465	1,129
	<u>16,961</u>	<u>8,806</u>	<u>25,767</u>	<u>4,282</u>
Total of expenditure of other costs	<u>75,702</u>	<u>95,813</u>	<u>171,515</u>	<u>129,654</u>
Total expenditure	112,126	467,085	579,211	418,933
Net gains on investments	-	-	-	-
Net income	<u>58,683</u>	<u>71,572</u>	<u>130,255</u>	<u>104,808</u>
Transfers between funds	(4,744)	4,744	-	-
Net income before other gains/(losses)	<u>53,939</u>	<u>76,316</u>	<u>130,255</u>	<u>104,808</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
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Detailed Statement of Financial Activities

Other Gains	-	-	-	-
Net movement in funds	53,939	76,316	130,255	104,808
Reconciliation of funds:				
Total funds brought forward	55,059	129,904	184,963	80,155
Total funds carried forward	108,998	206,220	315,218	184,963