

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Charity No. 1175021

Company No. CE011506

Trustees' Report and Unaudited Accounts

31 March 2022

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
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Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service Trustees Annual Report

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Number E011506

Charity Number 1175021

Principal Office

The Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Registered Office

The Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

J. Austin-Lavery (Resigned 30 June 21)

H. Cavill

A. Jenner

R. Kaur (Resigned 18 November 2021)

K. Leney

M. Pringle (Appointed 17 March 22)

J. Robson

L. Ward (Appointed 18 November 21)

G. Wint (Resigned 31 December 21)

Key Management Personnel

Mrs Carol Older

Accountants

AJR & Co
Ltd The
Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Bankers

Metro Bank
1 Southampton
Row LONDON
WC1B 5HA

OBJECTIVES AND ACTIVITIES

The object of AVMKSAASS is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

AVMKSAASS wants every individual who has been affected by sexual assault and abuse to receive the support they need and wish. To meet the charity's objects, it is delivering a range of services created to meet the needs of those affected by sexual abuse.

AVMKSAASS aims to raise awareness of and change the perceptions of sexual assault and abuse within our local area and to bring an end to sexual violence. To achieve this, the charity participates in different partnerships and events, offers training and talks to appropriate businesses, schools etc.

Main activities undertaken for the public benefit

AVMKSAASS has provided the following services for the public benefit in relation to these objects during the financial year 2021/22. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services.

Over the year we supported a total of 803 individuals: 715 females, 81 males, 7 transgender/non-binary individuals. 40% of our service users were adults who had experienced Childhood Sexual Abuse and 26% of our service users reported multiple experiences of sexual assault and Abuse. 16% identified as having a disability whilst 29% chose not to state.

A total of 18,564 contacts were made with our service users including 4,465 one to one sessions.

Telephone Support and Helpline – 49 unique individuals were supported solely through the helpline in the year. This is delivered 5 five days per week with the possibility for service users to leave a message if no one is available to answer. It provides an essential gateway to the organisation's services. If a message is left, they are responded to in two working days. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 2501 instances of support were offered via telephone.

Information, Advice and Guidance – AVMKSAASS provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

Email support - we are receiving an increase in the number of people who prefer to email rather than talk with 10,399 email contacts being made, a combination of one-off support and assessments and ongoing contact. We've seen an increase in emails from men especially, 826 compared to 235 compared the previous year. Support and response are provided within three working days.

ISVA service – AVMKSAASS supported 77 women and 6 men through the ISVA service this year. The ISVA service supports people through the criminal justice system.

Advocacy service – AVMKSAASS has expanded its advocacy support and provided an advocacy service (housing, financial, health, employment) to 110 women and 37 men and 2 non-binary.

One-to-one face-to-face counselling – 3,089 counselling sessions were provided to individuals by our dedicated volunteer counsellors. This represents a financial value of approximately £154,450. Demand for counselling continues to increase and, in the autumn and spring, we trained an additional 40 volunteer counsellors to help meet this demand.

Group support (online) – AVMKSAASS provided group support to 292 women through a weekly one-hour drop-in and weekly 2-hour group therapeutic sessions. The aim for these groups is to support women to cope and recover from the effects of sexual violence but also to enable them to build on their own support network and empower them to build healthy relationships.

Two individuals describe the support they've received as follows:

"It has helped me gain a greater understanding regarding my mental health and circumstances surrounding it – and how to deal with it. I am so grateful for the support I have received from Rape Crisis they have always made me feel comfortable and helped me through some of my darkest places. Their service and support is why I am a survivor and not a victim".

"Thrive2gether is so much more than I ever imagined it to be. We have so much fun and it has helped me achieve things I wouldn't have believed to be possible, but at the same time it is a place where I am understood and can get support if it is needed. A place I feel safe being honest and open. A place of growth and a place of love".

ACHIEVEMENTS AND PERFORMANCE

AVMKSAASS is a member of Rape Crisis England and Wales, certifying that the charity is

Detailed Statement of Financial Activities

continuing to meet their National Service Standards. The charity completed the Rape Crisis National Service Standards validation process during the 2019/2020 financial year and was successfully awarded a quality mark. Rape Crisis England and Wales National Service Standards secures quality of governance, management and service delivery.

The organisation has also successfully applied for Lime Culture and Male Services Partnership reaccreditation completing the process in February 22.

In March 2022 we started the process for the new service standards pilot for the Survivors Trust.

FINANCIAL REVIEW

To meet the increasing demand of services 40 new volunteers have been recruited during the financial year. The volunteers have received specialised training in sexual violence for 6 weeks to guarantee that they uphold the level of specialist support that AVMKSAASS requires. AVMKSAASS has in total 55 volunteers excluding trustees contributing their time during the year.

The majority have contributed within the counselling service, but volunteers have also contributed through delivering training for new volunteers, as trustees, operating the helpline and providing administrative support.

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £523,741 more than doubling the income of the previous year of £251,964. The charity has also participated in fundraising activity including a car raffle arranged by Milton Keynes Community Foundation, Easy Fundraising and the Vale Lottery. The charity's principal sources of funding for the financial year have been received from the Ministry of Justice, Thames Valley Police and Crime Commissioner, Buckinghamshire Council, Milton Keynes Community Foundation, Rothschild Foundation, and Vale of Aylesbury Housing Trust and the Health Lottery.

PLANS FOR FUTURE PERIODS

AVMKSAASS are intending to deliver another training course for new volunteers during the autumn of 2022 to meet the demand for counselling services. The charity intends to provide additional opportunities for group support and advocacy early in the new financial year. The charity intends to continue to scope and develop a range of holistic services for those affected by sexual abuse.

The trustees for AVMKSAASS would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who bought tickets in the car raffle enabling the charity to continue to support those affected by sexual violence.

We would like to thank our funders Ministry of Justice, Thames Valley Police and Crime Commissioner, Buckinghamshire Council, Milton Keynes Community Foundation, Rothschild Foundation, Heart of Bucks, Vale of Aylesbury Housing Trust and the Health Lottery.

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to AJR & Co Ltd, Chartered Accountant for examining the charity's accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018.

AVMKSAASS currently has six trustees that regularly meet every other month. When the organisation has need for new trustees advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

AVMKSAASS is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. AVMKSAASS is also a member of The Survivors Trust.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board



Helen Cavill
Chair of Trustees
11th January 2023

Independent Examiner's Report to the trustees of Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

I report to the charity trustees on my examination of the financial statements of Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mr Andrew Richardson BA FCA
Institute of Chartered Accountants in England & Wales
AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
11 January 2023

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Financial Activities

for the year ended 31 March 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments from:					
Donations and legacies	4	121,586	396,700	518,286	246,777
Other trading activities	5	1,252	-	1,252	384
Investments	6	203	-	203	802
Other	7	2,029	1,971	4,000	4,000
Total		125,070	398,671	523,741	251,963
Expenditure on:					
Charitable activities (Direct)	8	53,397	235,882	289,279	111,898
Charitable activities (Indirect)	9	84,949	44,705	129,654	99,404
Total		138,346	280,587	418,933	211,302
Net gains on investments		-	-	-	-
Net income	10	(13,276)	118,084	104,808	40,661
Transfers between funds		10,504	(10,504)	-	-
Net income before other gains/(losses)		(2,772)	107,580	104,808	40,661
Other gains and losses					
Net movement in funds		(2,772)	107,580	104,808	40,661
Reconciliation of funds:					
Total funds brought forward		57,831	22,324	80,155	39,494
Total funds carried forward		55,059	129,904	184,963	80,155

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Summary Income and Expenditure Account

for the year ended 31 March 2022

	2022	2021
	£	£
Income	523,538	251,162
Interest and investment income	203	802
Gross income for the year	<u>523,741</u>	<u>251,964</u>
Expenditure	414,428	208,224
Interest payable	-	12
Depreciation and charges for impairment of fixed assets	4,505	3,067
Total expenditure for the year	<u>418,933</u>	<u>211,303</u>
Net income before tax for the year	104,808	40,661
Net income for the year	<u><u>104,808</u></u>	<u><u>40,661</u></u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service**Balance Sheet****at 31 March 2022**

Company No.	CE011506	Notes	2022 £	2021 £
Fixed assets				
	Tangible assets	12	14,879	10,696
			<u>14,879</u>	<u>10,696</u>
Current assets				
	Debtors	13	61,291	31,208
	Investments	14	40,000	20,000
	Cash at bank and in hand		161,902	107,217
			<u>263,193</u>	<u>158,425</u>
	Creditors: Amount falling due within one year	15	(93,109)	(88,966)
	Net current assets		<u>170,084</u>	<u>69,459</u>
	Total assets less current liabilities		<u>184,963</u>	<u>80,155</u>
	Net assets excluding pension asset or liability		<u>184,963</u>	<u>80,155</u>
	Total net assets		<u><u>184,963</u></u>	<u><u>80,155</u></u>
The funds of the charity				
	Restricted funds	16		
	Restricted income funds		129,904	22,324
			<u>129,904</u>	<u>22,324</u>
	Unrestricted funds	16		
	General funds		55,059	57,831
			<u>55,059</u>	<u>57,831</u>
	Reserves	16		
	Total funds		<u><u>184,963</u></u>	<u><u>80,155</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

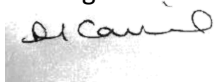
For the year ended 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 11 January 2023

And signed on its behalf by:



H. Cavill

Trustee

11 January 2023

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Cash flows

for the year ended 31 March 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	104,808	40,661
Adjustments for:		
Depreciation of property, plant and equipment	4,505	3,067
Dividends, interest and rents from investments	(4,203)	(4,802)
Increase in trade and other receivables	(30,083)	(28,725)
Increase in trade and other payables	3,812	67,914
Net cash provided by operating activities	<u>78,839</u>	<u>78,115</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(8,688)	(9,710)
Dividends, interest and rents from investments	4,203	4,802
Net cash used in investing activities	<u>(4,485)</u>	<u>(4,908)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	74,354	73,207
Cash and cash equivalents at the beginning of the year	127,217	54,010
Cash and cash equivalents at the end of the year	<u>201,571</u>	<u>127,217</u>
Components of cash and cash equivalents		
Cash and bank balances	201,902	127,217
	<u>201,902</u>	<u>127,217</u>

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	20% Straight Line
Computer Equipment	33% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

Notes to the Accounts

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	84,401	162,377	246,778
Charitable activities	384	-	384
Investments	802	-	802
Other	4,000	-	4,000
Total	89,587	162,377	251,964
Expenditure on:			
Charitable activities	9,778	35,045	44,823
Other	57,900	108,580	166,480
Total	67,678	143,625	211,303
Net income	21,909	18,752	40,661
Transfers between funds	(1,388)	1,388	-
Net income before other gains/(losses)	20,521	20,140	40,661
Other gains and losses:			
Net movement in funds	20,521	20,140	40,661
Reconciliation of funds:			
Total funds brought forward	37,310	2,184	39,494
Total funds carried forward	57,831	22,324	80,155

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Legacies transferred from Aylesbury Vale Rape Crisis	-	-	-	1
Central & Local Government	61,934	320,922	382,856	160,023
Charitable and not-for-profit organisations	46,456	75,523	121,979	83,222
Private and individual donations	13,196	255	13,451	3,531
	121,586	396,700	518,286	246,777

Notes to the Accounts

5 Income from other trading activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Fundraising	1,252	1,252	384
	<u>1,252</u>	<u>1,252</u>	<u>384</u>

6 Income from investments

	Unrestricted	Total 2022	Total 2021
	£	£	£
Interest income	203	203	802
	<u>203</u>	<u>203</u>	<u>802</u>

7 Other income

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Employment Allowance	2,029	1,971	4,000	4,000
	<u>2,029</u>	<u>1,971</u>	<u>4,000</u>	<u>4,000</u>

8 Expenditure on direct charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Direct Staff Costs	43,284	114,233	157,517	67,075
Volunteer & Supervision	8,502	104,625	113,127	21,750
Direct room hire	-	-	-	5,400
Live chat & other charitable expenses	1,611	17,024	18,635	17,673
<i>Governance costs</i>				
	<u>53,397</u>	<u>235,882</u>	<u>289,279</u>	<u>111,898</u>

Notes to the Accounts

9 Expenditure on indirect charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Bank loan and overdraft interest payable	-	-	-	12
Employee costs	30,417	27,458	57,875	60,343
Motor and travel costs	3,506	1,943	5,449	283
Premises costs	27,180	12,100	39,280	17,871
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	4,505	-	4,505	3,067
General administrative costs	15,990	2,273	18,263	15,702
Legal and professional costs	3,351	931	4,282	2,126
	<u>84,949</u>	<u>44,705</u>	<u>129,654</u>	<u>99,404</u>

10 Net income before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	4,505	3,067

11 Staff costs

	2022	2021
Salaries and wages	191,560	105,684
Social security costs	11,311	8,907
Pension costs	6,004	3,600
	<u>208,875</u>	<u>118,191</u>

These figures include breakdown of staff costs spent on charitable activities directly.

No employee received emoluments in excess of £60,000.

Notes to the Accounts

12 Tangible fixed assets

	Office Equipment	Computer Equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2021	6,348	10,505	16,853
Additions	928	7,760	8,688
At 31 March 2022	<u>7,276</u>	<u>18,265</u>	<u>25,541</u>
Depreciation and impairment			
At 1 April 2021	2,741	3,416	6,157
Depreciation charge for the year	1,880	2,625	4,505
At 31 March 2022	<u>4,621</u>	<u>6,041</u>	<u>10,662</u>
Net book values			
At 31 March 2022	<u>2,655</u>	<u>12,224</u>	<u>14,879</u>
At 31 March 2021	<u>3,607</u>	<u>7,089</u>	<u>10,696</u>

13 Debtors

	2022	2021
	£	£
Trade debtors	61,291	31,208
	<u>61,291</u>	<u>31,208</u>

14 Current asset investments

	2022	2021
	£	£
Listed investments	40,000	20,000
	<u>40,000</u>	<u>20,000</u>

15 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Trade creditors	5,220	31
Other taxes and social security	429	3,142
Other creditors	899	3,584
Accruals	1,100	769
Deferred income	85,461	81,440
	<u>93,109</u>	<u>88,966</u>

Notes to the Accounts

16 Movement in funds

	At 1 April 2021	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 March 2022 £
Restricted funds:					
Restricted income funds:					
Bucks Council	8,892	41,803	(5,774)	-	44,921
Milton Keynes Community Foundation	9,250	20,274	(21,399)	-	8,125
Office of Police & Crime Commissioners	-	73,886	(61,763)	-	12,123
Rape Crisis England & Wales	2,831	7,665	(2,475)	(8,021)	-
Support After Sexual Harm (Milton Keynes)	-	186,306	(121,571)	-	64,735
Tesco Drop In	1,351	-	-	(1,351)	-
All other restricted funds	-	68,737	(67,605)	(1,132)	-
Total	22,324	398,671	(280,587)	(10,504)	129,904
Unrestricted funds:					
General funds	57,831	91,980	(101,770)	7,018	55,059
Designated funds:					
Lloyds Bank	-	33,090	(36,576)	3,486	-
Total	-	33,090	(36,576)	3,486	-
Total funds	80,155	523,741	(418,933)	-	184,963

Purposes and restrictions in relation to the funds:

Restricted funds:

Bucks Council	Male Services Co-ordinator
Milton Keynes Community Foundation	Wellbeing
Office of Police & Crime Commissioners	Independent Sexual Violence Advisors
Rape Crisis England & Wales	Online Chat's Provision (inc RCEW Digital)
Support After Sexual Harm (Milton Keynes)	Support for Children & Young Adults (in partnership w/t SAFE!)
Tesco Drop In	Peer support group
All other restricted funds	including Com Boards SIP Bucks, CNWL NHS SIP MK, Males BC, Rothschild & VAHT

Designated funds:

Lloyds Bank	General funding
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Notes to the Accounts

17 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	14,879	14,879
Net current assets	170,084	170,084
	<u>184,963</u>	<u>184,963</u>

18 Reconciliation of net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash and cash equivalents	107,217	54,685	161,902
	<u>107,217</u>	<u>54,685</u>	<u>161,902</u>
Net debt	<u>107,217</u>	<u>54,685</u>	<u>161,902</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2022	2022	2021	2021
	Land and buildings	Other	Land and buildings	Other
	£	£	£	£

Operating leases with expiry date:

Within one year	6,300	-	-	-
In the second to fifth years inclusive	6,250	-	-	-
	<u>12,550</u>	<u>-</u>	<u>-</u>	<u>-</u>

Pension commitments

	2022	2021
	£	£
The pension cost charge to the company amounted to:	<u>6,004</u>	<u>3,600</u>

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

for the year ended 31 March 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies				
Legacies transferred from	-	-	-	1
Aylesbury Vale Rape Crisis				
Central & Local Government	61,934	320,922	382,856	160,023
Charitable and not-for-profit organisations	46,456	75,523	121,979	83,222
Private and individual donations	13,196	255	13,451	3,531
	<u>121,586</u>	<u>396,700</u>	<u>518,286</u>	<u>246,777</u>
Other trading activities				
Fundraising	1,252	-	1,252	384
	<u>1,252</u>	<u>-</u>	<u>1,252</u>	<u>384</u>
Investments				
Interest income	203	-	203	802
	<u>203</u>	<u>-</u>	<u>203</u>	<u>802</u>
Other				
Employment Allowance	2,029	1,971	4,000	4,000
	<u>2,029</u>	<u>1,971</u>	<u>4,000</u>	<u>4,000</u>
Total income and endowments	125,070	398,671	523,741	251,963
Expenditure on:				
Charitable activities				
Direct Staff Costs	43,284	114,233	157,517	67,075
Volunteer & Supervision	8,502	104,625	113,127	21,750
Direct room hire	-	-	-	5,400
Live chat & other charitable expenses	1,611	17,024	18,635	17,673
	<u>53,397</u>	<u>235,882</u>	<u>289,279</u>	<u>111,898</u>
Total of expenditure on charitable activities	53,397	235,882	289,279	111,898
Other expenditure				
Bank loan and overdraft interest payable	-	-	-	12
	<u>-</u>	<u>-</u>	<u>-</u>	<u>12</u>
Employee costs				
Salaries/wages	21,903	21,660	43,563	44,788
Employer's NIC	2,528	2,344	4,872	4,578
Pension costs	811	918	1,729	1,749
Staff training	5,175	2,536	7,711	9,228
	<u>30,417</u>	<u>27,458</u>	<u>57,875</u>	<u>60,343</u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

Motor and travel costs				
Travel and subsistence	3,506	1,943	5,449	283
	<u>3,506</u>	<u>1,943</u>	<u>5,449</u>	<u>283</u>
Premises costs				
Rent	23,474	12,100	35,574	13,200
Rates	2,521	-	2,521	-
Premises cleaning	722	-	722	-
Other premises costs	463	-	463	4,671
	<u>27,180</u>	<u>12,100</u>	<u>39,280</u>	<u>17,871</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Office Equipment	1,880	-	1,880	1,444
Depreciation of Computer Equipment	2,625	-	2,625	1,623
Bank charges	40	-	40	-
Equipment expensed	547	-	547	-
General insurances	718	-	718	653
Postage and couriers	450	32	482	393
Software, IT support and related costs	8,256	1,915	10,171	11,363
Stationery and printing	1,422	326	1,748	633
Subscriptions	888	-	888	705
Sundry expenses	787	-	787	1
Telephone, fax and broadband	2,882	-	2,882	1,954
	<u>20,495</u>	<u>2,273</u>	<u>22,768</u>	<u>18,769</u>
Legal and professional costs				
Audit/Independent examination fees	2,116	-	2,116	1,826
Consultancy fees	675	362	1,037	-
Other legal and professional costs	560	569	1,129	300
	<u>3,351</u>	<u>931</u>	<u>4,282</u>	<u>2,126</u>
Total of expenditure of other costs	<u>84,949</u>	<u>44,705</u>	<u>129,654</u>	<u>99,404</u>
Total expenditure	<u>138,346</u>	<u>280,587</u>	<u>418,933</u>	<u>211,302</u>
Net gains on investments	-	-	-	-
	<u>(13,276)</u>	<u>118,084</u>	<u>104,808</u>	<u>40,661</u>
Net income				
Transfers between funds	10,504	(10,504)	-	-
Net income before other gains/(losses)	<u>(2,772)</u>	<u>107,580</u>	<u>104,808</u>	<u>40,661</u>
Other Gains	-	-	-	-
Net movement in funds	<u>(2,772)</u>	<u>107,580</u>	<u>104,808</u>	<u>40,661</u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Detailed Statement of Financial Activities

Reconciliation of funds:

Total funds brought forward	57,831	22,324	80,155	39,494
Total funds carried forward	<u>55,059</u>	<u>129,904</u>	<u>184,963</u>	<u>80,155</u>