

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

England & Wales · Charity number 1175021

Details

Other names	AYLESBURY VALE AND MILTON KEYNES SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE, Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
Status	Registered
Legal form	CIO
Registered	2017-10-06
Register	View on the Charity Commission register

Contact

Address	C/o MHA Building A 150-170 Midsummer Boulevard Milton Keynes Buckinghamshire MK9 1FD
Phone	01296392468
Email	support@saassbmk.org.uk
Website	https://saassbmk.org.uk/

Activities

Objects: TO RELIEVE THE TRAUMA AND SUFFERING CAUSED TO INDIVIDUALS AND THEIR LOVED ONES BY SEXUAL VIOLENCE OR DOMESTIC ABUSE IN ANY OF ITS FORMS.

Activities: The charity provides support to those affected by sexual assault and abuse including counselling, a telephone helpline and an information, advice and guidance service. The service is provided at dedicated premises in both Buckinghamshire and Milton Keynes.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Other Defined Groups

Geography

- Buckinghamshire
- Milton Keynes

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£599,942	£652,770	£405,155	12
2024-03-31	£721,183	£578,418	£457,983	9
2023-03-31	£709,466	£579,211	£315,218	9
2022-03-31	£523,741	£418,933	£184,963	5
2021-03-31	£251,964	£211,303	-	-

Trustees

Name	Role	Appointed
Amy Jenner	Chair	2020-03-14
Emma Thomas		2025-11-19
Hannah Rose Rogers		2025-11-19
Jemma Denmark		2025-01-15
KORINNE JOHANNA HELEN LENEY		2016-10-04
Lisa Culshaw-Ward		2021-11-18
Muriel Potherat		2024-09-18
Stefana Didal		2026-01-21

Accounts

**SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE
AND MILTON KEYNES**

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Trustees' report	2 - 11
Independent examiner's report	12 - 13
Statement of financial activities	14
Balance sheet	15
Statement of cash flows	16
Notes to the financial statements	17 - 35

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2025

Trustees	H. Cavill, Trustee (resigned 17 September 2025) A. Jenner, Chair K. Leney, Trustee J. Robson, Trustee (resigned 1 April 2025) L. Ward, Trustee M. Bello, Trustee (resigned 15 July 2025) J. Denmark, Trustee (appointed 15 January 2025) A. Murtza, Trustee (appointed 18 September 2024) M. Potherat, Trustee (appointed 18 September 2024)
-----------------	--

Charity registered number	1175021
----------------------------------	---------

Principal office	C/o MHA Building A 150 - 170 Midsummer Boulevard Milton Keynes Buckinghamshire MK9 1FD
-------------------------	---

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2025

The Trustees present their annual report together with the financial statements of the Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes for the 1 April 2024 to 31 March 2025.

Objectives and activities

a. Policies and objectives

The object of SAASSBMK is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

Our primary purpose is to provide support to women and girls, acknowledging the disproportionate impact of sexual violence on women and girls and that it is almost always perpetrated by men, even when the victim-survivor is also male. However, our intersectionally feminist and empowering approach enables survivors of all genders to improve their wellbeing and live fulfilling lives. The aim is to deliver a wide range of support to meet individual need and choice. Support is provided to family members, partners and friends of survivors of sexual violence. We deliver holistic support to meet individual needs and the charity's objects.

We take into account the many different ways each survivor experiences sexual violence and discrimination and are committed to anti-racism. This includes additional oppressions based on an individual's sex, gender identity, age, marital status, disability, race, colour, ethnic or national origin or sexual orientation.

SAASSBMK is a woman-led charity and is committed to promoting female leadership both in the CEO and trustee board positions. We employ staff and volunteers of all genders but reserve the right to make certain roles women-only under the Equality Act 2010 pursuant to Schedule 9, Part 1 to facilitate access to women-only support and referral pathways where required.

SAASSBMK is aiming to raise awareness of consent and change the perceptions of sexual violence within our local area to bring an end to sexual assault and abuse. To achieve this, the charity participates in different partnerships and events and offers training and talks.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

b. Main activities undertaken to further the Charity's purposes for the public benefit

SAASSBMK has provided the following services for the public benefit in relation to these objects during the financial year 2024/25. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services.

Over the year we supported a total of 1,354 individuals: 942 adults and 412 children and young people. 81% of the people we supported were female, 17% were male and 2% were transgender or non-binary.

Most of our service users (79%) reside in Milton Keynes, 17% reside in Aylesbury Vale, 9% in High Wycombe, 4% in the Chilterns area and 2% in South Bucks. We also supported 1% of our service users outside of our area through partnership services. Most service users (54%) were referred by a professional and 46% referred themselves.

Of all survivors we worked with in the past year;

- 732 reported experiencing Rape or Sexual Assault
- 634 reported experiencing Childhood Sexual Abuse
- 580 reported experiencing Domestic Abuse
- 421 reported having Suicidal Ideation
- 98 reported experiencing Sexual Harassment or Stalking

Please note that many of our service users report multiple experiences of sexual assault and abuse throughout their lifetime.

15 of our service users were supporters of survivors, including partners, family and friends.

Information, Advice and Guidance (IAG)

SAASSBMK provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

We delivered 441 IAG sessions during the year.

Clinical Assessments

Before commencing therapy for a survivor of sexual assault and abuse, a clinical assessment is essential to understand their psychological, emotional, and physical state. This assessment typically includes exploring the individual's trauma history, current mental health symptoms, coping mechanisms, and social support systems. The goal is to tailor the therapeutic approach to their unique needs and ensure that the therapy proceeds in a safe, compassionate, and effective manner. Clinical assessments are delivered by qualified counsellors.

Telephone Support

As there is a waiting list for face- to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 531 instances of telephone emotional support were delivered by specially trained volunteers.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

Stabilisation Intervention Programme (SIP)

Our SIP programme is our psychoeducation programme that helps survivors to understand how trauma affects the brain and how to emotionally regulate, as well as understanding healthy relationships, learning coping and grounding skills and self-care.

Over the past year, SAASSBMK supported 33 individuals across 153 sessions of SIP. This service is delivered by qualified counsellors.

Adult Counselling (One-to-one)

We deliver up to 24 sessions of one-to-one person-centred and trauma-informed talking therapy, either face to face, online or via telephone. This was delivered by specially trained volunteer and qualified sessional counsellors. We've also continued our partnership with MK-ACT Women's Aid to deliver one-to-one counsellor to survivors of domestic abuse who have received MK-ACT's Crisis Intervention Services.

This year, we delivered 6,014 sessions of counselling to 529 unique adult service users, an increase of 27% from the previous year. This represents a financial value of approximately £300,700.00.

Children and Young People Counselling (One-to-one)

The Support After Abuse and Sexual Harm (SASH) project is a partnership project with SAFE! Together, we provide children, young people and families affected by sexual and domestic abuse in Buckinghamshire. As part of the partnership, SAASSBMK delivers up to 24 sessions of one-to-one person-centred and trauma-informed talking therapy face to face or online. As well as delivering this support from our premise in Aylesbury, we also deliver this support in schools and community spaces most appropriate for the young person.

Peer Support and Group Therapy

Our weekly peer support group Thrive2gether offers female survivors of sexual assault and abuse a friendly, trauma-sensitive weekly peer drop-in group space. This provides women with the opportunity to meet other survivors and offer a community-based approach to help them move forward. This group is facilitated by a qualified counsellor and activities include arts and crafts as well as external trips to fetes and animal assisted learning and therapy.

We also offer group therapy facilitated trained therapists who have additional training in trauma and the impact of sexual violence and undertake additional training to work with groups. The groups usually include around 8 people as well as the therapist and co-facilitator, and the sessions are for two hours. As well as offering women-only groups in Buckinghamshire and Milton Keynes, we also offer men-only groups for male survivors of sexual and/or domestic violence across the Thames Valley region (including Buckinghamshire, Oxfordshire and Berkshire).

Throughout the year, we delivered 371 group support sessions.

Advocacy

We offer general advocacy around practical issues such as housing, financial, health, immigration and employment where the issue relates to the survivor's experience of sexual violence or trauma responses and refer or signpost survivors to other specialist services as appropriate. This year SAASSBMK has provided 198 Advocacy sessions. Advocacy support is delivered by specially trained members of staff.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities (continued)

Independent Domestic and Sexual Violence Advisory (IDSVA)

Our IDSVA service provides both emotional and practical support to survivors of rape, sexual assault and domestic abuse who have reported or are considering reporting their experiences to the police.

Over the past year, we have delivered 697 sessions of IDSVA support (127 IDVA; 570 ISVA), compared to 312 sessions the previous year. IDSVA support is delivered by qualified IDVA and ISVAs.

Specialist work – Support after Assault and Abuse for Men (SAM)

To address a local and regional gap in specialist support for male survivors of sexual violence and domestic abuse, we promote services for men under the sub-brand of Support after Assault and Abuse for Men (SAM). This includes 1:1 counselling in Buckinghamshire and Milton Keynes, IDSVA in Buckinghamshire and group therapy across the Thames Valley (including Buckinghamshire, Oxfordshire and Berkshire).

c. What survivors say

"It has helped me go from feeling suicidal and that my children would be better off without me to feeling like I could have a future. I don't feel completely hopeless at the moment. I am grateful for the help that I received."

"I joined this group in the hardest season of my life. At times I had to force myself to engage with the conversations that were difficult as they were so fresh but I found as I did that, I was comforted by the fact that I was not alone."

"For the first time I felt that I could open up and trust the person who I was talking to about the abuse that I had experienced and valued the advice that was given to me."

"My ISVA worked with me for a year, and I can truly say I wouldn't be where I am today if it's wasn't for the support she gave me. Not only with relocating for my safety but also with emotional support and appearing alongside me at court. I'm really thankful for the service and for all the help I've received. My ISVA advocated for me at times I really felt I couldn't mentally speak for myself, and I felt supported whenever I needed it."

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

a. Main achievements of the Charity

Standards and Governance

SAASSBMK is a full member of the;

- Rape Crisis England and Wales Network (and holds the National Service Standards),
- The Survivors Trust (and holds the National Service Standards),
- Male Survivors Partnership,
- The British Association for Counselling and Psychotherapy.

The organisation has been successfully awarded with the above quality marks which secures quality of governance, management and service delivery.

A governance review commenced in March 2024 with aims to review and ensure the governance of SAASSBMK is fit for purpose, concluded this year. This also included a skills audit of the board of trustees and the targeted recruitment and induction of three new trustees.

Service Growth

This year, we reached a record 1,354 survivors — increasing our impact through expanded partnerships and a dedicated team of new staff and volunteers, as we continue to lead in empowering survivors and fostering a safer, more supportive community in Buckinghamshire and Milton Keynes.

We saw the numbers of people reaching out for our support hit a new all-time high, increasing by 9.3% on the previous year and, significantly, delivered a 22.3% increase in the number of support sessions.

To respond to these increases in demand, we worked hard to increase the size of our team, including the recruitment and training of 25 new volunteers. To support these new recruits, we delivered our robust specialist, internal training programme around sexual assault, domestic abuse, safeguarding, suicide prevention and equality, diversity and inclusion. We also provided additional training to those with specialist roles (for example, working with children and young people).

The majority (81%) of our work over the past year was supporting women and girls, however we have continued to develop our service provision for men and boys, through the SAM Project, and have seen a 4% increase in men and boys accessing our service over the previous year. As the leading specialist service for male victims of sexual assault and domestic abuse across the Thames Valley, we were proud to successfully deliver our first ever series of webinars to professionals and male survivors.

One of our biggest achievements this year has been the continued and dedicated focus on reducing the waiting times for survivors to begin their support with us. Through streamlined processes and the responsiveness of the team in meeting growing demand efficiently, we have reduced the waiting list for counselling by 45%, SIP by 95% and assessments by 35%.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance (continued)

Community and Partnerships

SAASSBMK aims to raise awareness of consent and change the perceptions of sexual violence within our local area to bring an end to sexual assault and abuse. To achieve this, the charity participates in different partnerships and events and offers training and talks.

In the past year, we have supported the following strategic partnership boards:

- NHS BOB Mental Health Alliance Partnership
- Rape and Serious Sexual Offences Partnership Board with Thames Valley Police
- Buckinghamshire Council Domestic Abuse Board

We have also supported other community and partnership initiatives, including specialist training in trauma-informed practice to the Buckinghamshire Health & Social Care Academy Health Inequalities Communities of Practice for health, social care and voluntary sector practitioners across Buckinghamshire.

This year also marked our first awareness raising conference supporting LGBTQ+ victim-survivors of sexual assault and domestic abuse, and the launch of the VAWG Alliance Buckinghamshire and Milton Keynes, a collective of 11 independent, third sector organisations dedicated to reducing VAWG and supporting survivors.

Awards and Recognition

In May 2024 we were awarded The King's Award for Voluntary Service (KAVS) which is an equivalent to an MBE for voluntary groups, which we are incredibly proud of. We received the award crystal at a prestigious ceremony in May 2024. This demonstrates our continued commitment to providing high quality services to survivors of sexual violence, our dedication to developing volunteer talent in our community and our openness to innovative partnership projects to collaboratively respond to the needs of survivors and our community.

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Reserves are part of a charity's unrestricted funds that is freely available to spend on any of the charity's purposes. SAASSBMK maintains free unrestricted reserves:

- To provide a level of working capital that protects the continuity of our core work
- To provide a level of funding for unexpected opportunities
- To provide cover for risks such as unforeseen expenditure or unanticipated loss or delay of income e.g. maternity leave or discretionary sick pay for employees, a delay in receiving restricted funding or liabilities to HMRC
- To provide sufficient cash to pay contracted liabilities and redundancies in the event of winding up the charity

At least once a year, The Board of Trustees will review the above criteria with reference to SAASSBMK strategy and annual plan and determine the target level of free reserves to meet these. This target will be reviewed mid-year, with solvency sheets being presented to the Board every quarter.

The Board of Trustees will at times designate funds from free reserves for significant project costs or replacement of major assets.

The use of unrestricted reserves during a particular year should be agreed by the trustees at the time the budget for the year is authorised. Any additional expenditure from unrestricted reserves during the year should be formally agreed by the trustees.

The Board of Trustees are responsible for ensuring the charity maintains sufficient levels of reserves and also does not hold too much in unrestricted reserves. If the unrestricted reserves are determined to be too high, plans should be put in place to utilise those reserves.

c. Financial review

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £599,942. The charity's principal sources of funding for the financial year have been received from central and local government as well as trusts and foundations.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Structure, governance and management

a. Constitution

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes is a registered charity, number 1175021, and is constituted under a Trust deed.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018 and the organisation was named Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS). In September 2022, the charity renamed to Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) to ensure that no survivor in Buckinghamshire and Milton Keynes isn't without access to the highest standard of support and formalises the charity's previously informal approach to accept referrals from survivors across the county.

SAASSBMK currently has eight trustees that regularly meet every other month. When the organisation has need for new trustees, advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

SAASSBMK is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. SAASSBMK is also a member of The Survivors Trust (and holds their National Service Standards), the Male Survivors Partnership and the British Association for Counselling and Psychotherapy.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Plans for future periods

A new business strategy was developed and launched in April 2024 for the period between April 2024 and March 2027. This strategy can be viewed on our website and the strategic priorities include:

- Consolidation of growth
- Sustainability
- Quality service delivery
- Partnership working
- Equality, diversity and inclusion

In March of each year, an annual business plan will be agreed by the Board of Trustees to confirm the CEO's and wider organisation's objectives for the next year, drawing from the overall 2024-2027 Business Strategy. This will provide all staff and volunteers with clarity over areas of focus, whilst maintaining flexibility to respond to ever changing circumstances and survivor needs.

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025**

Plans for future periods (continued)

The trustees for SAASSBMK would like to thank the organisations that have given their support throughout the year. We would like to thank all those who fundraised for enabling the charity to continue to support those affected by sexual assault and abuse.

We would like to thank our funders Ministry of Justice, Buckinghamshire Council, the Office of the Police and Crime Commissioner for Thames Valley, The Brook Trust, the Rothschild Foundation, the Rectory Foundation, James Tudor Foundation, Anson Charitable Trust, The National Lottery Community Fund, The Henry Smith Charity, Schroder Charity Trust, Kop Hill Climb, Aylesbury Town Council, Shanly Foundation, Heart of Bucks, Fairhive, Charles Hayward Foundation, and MK Community Foundation for their continued support.

We would like to thank our partners MK-ACT and SAFE! for their ongoing support and we look forward to continuing to work with you.

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to MHA, Chartered Accountant for examining the charity's accounts.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



.....
A Jenner
(Chair of Trustees)

Date: 23/01/26

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2025

Independent examiner's report to the Trustees of Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2025

Signed:



Dated: **23/01/2026**

Elizabeth Newell BA (Hons) FCA

MHA
Chartered Accountants
Milton Keynes

MHA is the trading name of MHA Audit Services LLP, a limited liability partnership in England and Wales (registered number OC455542).

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2025

	Note	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	3	514,129	83,852	597,981	718,962
Charitable activities	4	-	412	412	638
Investments	5	-	1,549	1,549	1,583
Total income		514,129	85,813	599,942	721,183
Expenditure on:					
Direct costs		104,575	6,866	111,441	163,656
Other expenditure		484,848	56,481	541,329	414,762
Total expenditure		589,423	63,347	652,770	578,418
Net (expenditure)/income before net gains on investments		(75,294)	22,466	(52,828)	142,765
Net movement in funds		(75,294)	22,466	(52,828)	142,765
Reconciliation of funds:					
Total funds brought forward		290,962	167,021	457,983	315,218
Net movement in funds		(75,294)	22,466	(52,828)	142,765
Total funds carried forward		215,668	189,487	405,155	457,983

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 17 to 35 form part of these financial statements.

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**BALANCE SHEET
AS AT 31 MARCH 2025**

	Note	2025 £	2024 £
Fixed assets			
Tangible assets	11	529	832
		<u>529</u>	<u>832</u>
Current assets			
Debtors	12	23,446	135,583
Cash at bank and in hand		405,117	402,774
		<u>428,563</u>	<u>538,357</u>
Current liabilities			
Creditors: amounts falling due within one year	13	(23,937)	(81,206)
		<u>404,626</u>	<u>457,151</u>
Net current assets			
		<u>405,155</u>	<u>457,983</u>
Total assets less current liabilities			
		<u>405,155</u>	<u>457,983</u>
Net assets excluding pension asset			
		<u>405,155</u>	<u>457,983</u>
Total net assets		<u>405,155</u>	<u>457,983</u>
Charity funds			
Restricted funds	15	215,668	290,962
Unrestricted funds	15	189,487	167,021
		<u>405,155</u>	<u>457,983</u>
Total funds		<u>405,155</u>	<u>457,983</u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
A. Jenner
(Chair of Trustees)

Date: 23/01/26

The notes on pages 17 to 35 form part of these financial statements.

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2025**

	2025 £	2024 £
Cash flows from operating activities		
Net cash used in operating activities	794	95,047
Cash flows from investing activities		
Dividends, interests and rents from investments	1,549	1,583
Purchase of tangible fixed assets	-	(908)
Net cash provided by investing activities	1,549	675
Change in cash and cash equivalents in the year	2,343	95,722
Cash and cash equivalents at the beginning of the year	402,774	307,052
Cash and cash equivalents at the end of the year	405,117	402,774

The notes on pages 17 to 35 form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. General information

The Charity is a registered charity in England and Wales and is unincorporated. The address of the principal office is C/o MHA, Building A, 150 - 170 Midsummer Boulevard, Milton Keynes, Buckinghamshire, MK9 1FD.

Figures in the financial statements and the notes have been rounded to the nearest whole number in GBP.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following basis:

Computer equipment	-	33% straight line
--------------------	---	-------------------

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

2. Accounting policies (continued)

2.8 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Pensions

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Donations	514,129	83,852	597,981

	<i>Restricted funds 2024 £</i>	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Donations	609,058	109,904	718,962

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

4. Income from charitable activities

	Unrestricted funds 2025 £	Total funds 2025 £
Fundraising	412	412
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Fundraising	638	638

5. Investment income

	Unrestricted funds 2025 £	Total funds 2025 £
Interest receivable	1,549	1,549
	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Interest receivable	1,583	1,583

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6. Analysis of direct costs

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Assessments	3,340	-	3,340
DBS	515	-	515
Interpretation services	570	452	1,022
Paid counselling	65,859	-	65,859
SIP	2,446	120	2,566
Staff supervision	7,290	150	7,440
Training	4,046	1,902	5,948
Thrive2gether materials	997	-	997
Volunteer supervision	19,512	4,242	23,754
	104,575	6,866	111,441

	<i>Restricted funds 2024 £</i>	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Assessments	5,480	-	5,480
DBS	413	106	519
Interpretation services	300	-	300
Paid counselling	45,102	22	45,124
SASH Bucks	69,689	-	69,689
SIP	7,128	-	7,128
Staff supervision	4,260	-	4,260
Training	5,633	-	5,633
Thrive2gether materials	1,563	-	1,563
Volunteer supervision	23,960	-	23,960
	163,528	128	163,656

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

7. Analysis of other expenditure

	Restricted funds 2025 £	Unrestricted funds 2025 £	Total funds 2025 £
Accountancy fees	6,622	-	6,622
Consulting	23,909	-	23,909
Depreciation	303	-	303
Employee wellbeing	1,119	-	1,119
Insurance	790	1,652	2,442
Interest payable	-	731	731
IT software and consumables	4,329	16	4,345
IT support	4,344	-	4,344
Licences and databases	7,643	(22)	7,621
Office sundries	1,394	1,947	3,341
Marketing	715	173	888
Printing and stationery	973	269	1,242
Professional fees	3,676	35	3,711
Recruitment	828	-	828
Rent, light, heat and power	42,636	3,838	46,474
Repairs and maintenance	15,984	55	16,039
Room hire	500	-	500
Staff costs	352,447	45,063	397,510
Subscriptions	272	545	817
Systems development	744	-	744
Telephone and internet	2,961	48	3,009
Training and events	1,206	1,307	2,513
Travel	11,453	824	12,277
	484,848	56,481	541,329

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

	<i>Restricted funds 2024 £</i>	<i>Unrestricted funds 2024 £</i>	<i>Total funds 2024 £</i>
Accountancy fees	8,462	-	8,462
Bank fees	9	-	9
Consulting	19,553	401	19,954
Depreciation	76	-	76
Employee wellbeing	858	-	858
Insurance	1,986	373	2,359
Interest payable	-	2,987	2,987
IT software and consumables	1,225	48	1,273
IT support	3,029	-	3,029
Loss on disposal of fixed assets	-	12,306	12,306
Office sundries	2,767	173	2,940
Marketing	2,813	-	2,813
Professional fees	9,065	-	9,065
Recruitment	5,760	-	5,760
Rent, light, heat and power	48,137	528	48,665
Repairs and maintenance	1,954	-	1,954
Room hire	410	-	410
Staff costs	227,850	36,725	264,575
Subscriptions	3,885	-	3,885
Systems development	2,669	1,204	3,873
Telephone and internet	5,076	177	5,253
Training and events	3,144	(331)	2,813
Travel	12,060	(617)	11,443
	<u>360,788</u>	<u>53,974</u>	<u>414,762</u>

8. Independent examiner's remuneration

	2025 £	2024 £
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	<u>4,800</u>	<u>5,750</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

9. Staff costs

	2025 £	2024 £
Wages and salaries	350,684	234,105
Social security costs	33,377	21,731
Contribution to defined contribution pension schemes	13,449	8,739
	<u>397,510</u>	<u>264,575</u>

The average number of persons employed by the Charity during the year was as follows:

	2025 No.	2024 No.
Employees	<u>12</u>	<u>9</u>

No employee received remuneration amounting to more than £60,000 in either year.

10. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2024 - £NIL).

During the year ended 31 March 2025, no Trustee expenses have been incurred (2024 - £NIL).

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

11. Tangible fixed assets

	Computer equipment £
Cost	
At 1 April 2024	908
At 31 March 2025	<u>908</u>
Depreciation	
At 1 April 2024	76
Charge for the year	303
At 31 March 2025	<u>379</u>
Net book value	
At 31 March 2025	<u><u>529</u></u>
At 31 March 2024	<u><u>832</u></u>

12. Debtors

	2025 £	2024 £
Due within one year		
Trade debtors	405	129,349
Prepayments and accrued income	23,041	6,234
	<u>23,446</u>	<u>135,583</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

13. Creditors: Amounts falling due within one year

	2025 £	2024 £
Trade creditors	4,980	3,945
Other taxation and social security	9,440	66,729
Pension fund loan payable	2,679	1,752
Accruals and deferred income	6,838	8,780
	<u>23,937</u>	<u>81,206</u>

14. Financial instruments

	2025 £	2024 £
Financial assets		
Financial assets measured at fair value through income and expenditure	<u>405,117</u>	<u>402,774</u>

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds

Statement of funds - current year

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Unrestricted funds				
General Funds - all funds	167,021	85,813	(63,347)	189,487
Restricted funds				
Buckinghamshire Council -New Burdens Funding Scheme	113,992	97,231	(173,359)	37,864
Support After Sexual Harm (Milton Keynes)	31,370	31,370	(7,560)	55,180
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	96,577	6,556	(89,900)	13,233
Office of Police & Crime Commissioner	7,097	74,812	(81,909)	-
Heart of Bucks	-	7,500	-	7,500
YIS	3,075	-	(425)	2,650
People Health Lottery	-	2,744	(2,744)	-
All other restricted funds	691	-	-	691
Aylesbury Town Council	2,300	-	(2,300)	-
Milton Keynes Council	9,322	62,350	(66,400)	5,272
The Rectory Foundation	-	2,500	-	2,500
Brook Trust	-	26,000	(26,000)	-
Rothschild Foundation	-	10,000	(10,000)	-
The Screwfix Foundation	5,000	-	(5,000)	-
	290,962	514,129	(589,423)	215,668

Restricted funds

National Lottery	4,545	-	(4,545)	-
Milton Keynes Community Foundation	2,618	17,919	(2,285)	18,252
Buckinghamshire Council Community Safety Fund	14,375	-	(14,375)	-
BCC Legacy Grant	-	15,000	-	15,000
Women's Group Therapy	-	3,925	(2,256)	1,669
HMP and Probation Service	-	12,000	(11,970)	30
Shanly Foundation	-	3,000	(3,000)	-

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds (continued)

Statement of funds - current year (continued)

	Balance at 1 April 2024 £	Income £	Expenditure £	Balance at 31 March 2025 £
Community Fund	-	60,000	(60,000)	-
Fairhive	-	10,000	(10,000)	-
Anson Charitable Trust	-	3,000	(3,000)	-
Charles Hayward Foundation	-	25,000	(12,395)	12,605
Heart of Bucks	-	10,000	-	10,000
Bucks Council underspend	-	23,222	-	23,222
The James Tudor Trust	-	10,000	-	10,000
	-	-	-	-
Total Restricted funds	290,962	514,129	(589,423)	215,668
Total of funds	457,983	599,942	(652,770)	405,155

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds (continued)

Restricted Funds

Buckinghamshire Council - New Burdens Funding Scheme

The purpose of the fund is to support Independent Domestic and Sexual Violence Advisor and Outreach to male victims and members of the LGBT+ community. £113,992 was brought forward, £97,231 received and £173,359 was spent during the year.

Support After Sexual Harm (Milton Keynes)

The fund is being used to provide support for Children and Young Adults (in partnership with SAFE!). £31,370 was brought forward, £31,370 received and £7,560 was spent during the year.

Buckinghamshire Council - New Burdens Funding Scheme (Support after Abuse and Sexual Harm)

The fund is being used to provide support for Children and Young Adults (in partnership with SAFE!). £96,577 was brought forward, £6,556 received and £89,900 was spent during the year.

Office of Police and Crime Commissioner

The fund is being used to provide Therapeutic and Independent Sexual Violence Advisor support for adults in Buckinghamshire and Milton Keynes and male-only group therapy across the Thames Valley region. £7,097 was brought forward, £74,812 received and £81,909 was spent during the year.

Heart of Bucks

The fund is being used to provide Stabilisation Intervention Programme for adults in Buckinghamshire. £nil was brought forward, £7,500 received and £nil was spent during the year.

YIS

The fund is being used to provide therapeutic support for young people in Milton Keynes. £3,075 was brought forward, £nil received and £425 was spent during the year.

People Health Lottery

The fund is being used to provide drop-in group support for female survivors in Milton Keynes. £nil was brought forward, £2,744 received and £2,744 was spent during the year.

Aylesbury Town Council

The fund is being used to provide office space and rental fees in Buckinghamshire. £2,300 was brought forward, £nil received and £2,300 was spent during the year.

Milton Keynes Council

The fund is being used to provide therapeutic support for survivors of domestic abuse exiting MK-ACT's Crisis Intervention Service. £9,322 was brought forward, £62,350 received and £66,400 was spent during the year.

Rectory Foundation

The fund is being used to provide external clinical supervision for volunteer counsellors. £nil was brought forward, £2,500 received and £nil was spent during the year.

The Brook Trust

The fund is being used to support with CEO salary costs. £nil was brought forward, £26,000 received and £26,000 was spent during the year.

Rothschild Foundation

The fund is being used to support with core costs in Buckinghamshire. £nil was brought forward, £10,000 received and £10,000 was spent during the year.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds (continued)

The Screwfix Foundation

The fund is being used to provide office space in Buckinghamshire. £5,000 was brought forward, £nil received and £5,000 was spent during the year.

The National Lottery Community Fund

The fund is being used to provide therapeutic support for adults. £4,545 was brought forward, £nil was received and £4,545 was spent during the year.

Milton Keynes Community Foundation (MKCF)

The fund is being used to provide support for a peer support initiative with Thrive Group. £2,618 was brought forward, £17,919 received and £2,285 was spent during the year.

Buckinghamshire Council Community Safety Fund

The fund is being used to provide office space and rental fees in Buckinghamshire. £14,375 was brought forward, £nil received and £14,375 was spent during the year.

BCC Legacy Grant

The fund is supported by Bucks Core. £nil was brought forward, £15,000 received and £nil was spent during the year.

Women's Group Therapy

The fund is being used to provide therapy for women. £nil was brought forward, £3,925 received and £2,256 was spent during the year.

HMP and Probation Service

The fund is being used to provide therapeutic services. £nil was brought forward, £12,000 received and £11,970 was spent during the year.

Shanly Foundation

The fund is being used to provide therapeutic services. £nil was brought forward, £3,000 received and £3,000 was spent during the year.

Community Fund

The fund is being used to provide therapeutic support for adults. £nil was brought forward, £60,000 received and £60,000 was spent during the year.

Fairhive

The fund is being used to provide support office space and rental fees in Buckinghamshire. £nil was brought forward, £10,000 was received and £10,000 was spent during the year.

Anson Charitable Trust (core costs Bucks)

The fund is supported by Bucks CORE. £nil was brought forward, £3,000 was received and £3,000 was spent during the year.

Charles Hayward Foundation

The fund is being used to provide therapeutic support for adults. £nil was brought forward, £25,000 was received and £12,395 was spent during the year.

Heart of Bucks

The fund is being used to provide paid counselling for individuals and is supported by CORE. £nil was brought forward, £23,222 received and £nil was spent during the year.

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

15. Statement of funds (continued)

Bucks Council underspend

The fund is being used to provide Stabilisation Intervention Programme for adults in Buckinghamshire. £nil was brought forward, £10,000 received and £nil was spent during the year.

The James Tudor Trust

The fund is being used to provide therapeutic support for adults. £nil was brought forward, £10,000 was received and £nil was spent during the year.

Statement of funds - prior year

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
Unrestricted funds				
General Funds - all funds	108,998	112,125	(54,102)	167,021
Restricted funds				
Buckinghamshire Council -New Burdens Funding Scheme	124,715	80,105	(90,828)	113,992
Support After Sexual Harm (Milton Keynes)	31,370	-	-	31,370
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	15,400	206,527	(125,350)	96,577
ROSA	25,000	-	(25,000)	-
Office of Police & Crime Commissioner	81	74,812	(67,796)	7,097
Heart of Bucks	2,000	-	(2,000)	-
YIS	4,925	-	(1,850)	3,075
People Health Lottery	2,038	9,603	(11,641)	-
All other restricted funds	691	-	-	691
Aylesbury Town Council	-	2,300	-	2,300
The Big Give Trust Ltd	-	2,536	(2,536)	-
Milton Keynes Council	-	26,030	(16,708)	9,322
Rape Crisis England and Wales	-	500	(500)	-
(TNL) COL Fund	-	43,760	(43,760)	-
The Rectory Foundation	-	5,000	(5,000)	-
Fairhive	-	10,000	(10,000)	-
Brook Trust	-	26,000	(26,000)	-
Rothschild Foundation	-	10,000	(10,000)	-
The Screwfix Foundation	-	5,000	-	5,000
CNWL NHS SIP MK	-	19,892	(19,892)	-

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

15. Statement of funds (continued)

Statement of funds - prior year (continued)

	<i>Balance at 1 April 2023 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2024 £</i>
	<u>206,220</u>	<u>609,058</u>	<u>(524,316)</u>	<u>290,962</u>
Restricted funds				
National Lottery	-	70,000	(65,455)	4,545
Milton Keynes Community Foundation	-	2,618	-	2,618
Buckinghamshire Council Community Safety Fund	-	14,375	-	14,375
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total Restricted funds	<u>206,220</u>	<u>609,058</u>	<u>(524,316)</u>	<u>290,962</u>
Total of funds	<u>315,218</u>	<u>721,183</u>	<u>(578,418)</u>	<u>457,983</u>

16. Summary of funds

Summary of funds - current year

	<i>Balance at 1 April 2024 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Balance at 31 March 2025 £</i>
General funds	167,021	85,813	(63,347)	189,487
Restricted funds	290,962	514,129	(589,423)	215,668
	<u>457,983</u>	<u>599,942</u>	<u>(652,770)</u>	<u>405,155</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

16. Summary of funds (continued)

Summary of funds - prior year

	<i>Balance at 1 April 2023</i>	<i>Income</i>	<i>Expenditure</i>	<i>Balance at 31 March 2024</i>
	£	£	£	£
General funds	108,998	112,125	(54,102)	167,021
Restricted funds	206,220	609,058	(524,316)	290,962
	<u>315,218</u>	<u>721,183</u>	<u>(578,418)</u>	<u>457,983</u>

17. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Restricted funds 2025	Unrestricted funds 2025	Total funds 2025
	£	£	£
Tangible fixed assets	-	529	529
Current assets	215,668	212,895	428,563
Creditors due within one year	-	(23,937)	(23,937)
Total	<u>215,668</u>	<u>189,487</u>	<u>405,155</u>

Analysis of net assets between funds - prior year

	<i>Restricted funds 2024</i>	<i>Unrestricted funds 2024</i>	<i>Total funds 2024</i>
	£	£	£
Tangible fixed assets	-	832	832
Current assets	290,962	247,395	538,357
Creditors due within one year	-	(81,206)	(81,206)
Total	<u>290,962</u>	<u>167,021</u>	<u>457,983</u>

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

18. Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income/expenditure for the year (as per Statement of Financial Activities)	(52,828)	142,765
Adjustments for:		
Depreciation charges	303	76
Dividends, interests and rents from investments	(1,549)	(1,583)
Loss on the sale of fixed assets	-	12,306
Decrease/(increase) in debtors	112,137	(75,369)
Increase/(decrease) in creditors	(57,269)	16,852
Net cash provided by operating activities	794	95,047

19. Analysis of cash and cash equivalents

	2025 £	2024 £
Cash in hand	405,117	402,774

20. Analysis of changes in net debt

	At 1 April 2024 £	Cash flows £	At 31 March 2025 £
Cash at bank and in hand	402,774	2,343	405,117
Debt due within 1 year	(1,752)	(927)	(2,679)
	401,022	1,416	402,438

21. Pension commitments

The company operates a defined contributions pension scheme. The assets of the scheme are held separately from those of the company in an independently administered fund. The pension cost charge represents contributions payable by the company to the fund and amounted to £13,449 (2024: £8,739). Contributions totalling £2,679 (2024: £1,752) were payable to the fund at the balance sheet date and are included in creditors.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

22. Operating lease commitments

At 31 March 2025 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2025 £	2024 £
Not later than 1 year	23,333	23,333
Later than 1 year and not later than 5 years	72,833	98,000
Later than 5 years	-	3,667
	96,166	125,000

Accounts

**SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE
AND MILTON KEYNES**

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

CONTENTS

	Page
Reference and administrative details of the Charity, its Trustees and advisers	1
Trustees' report	2 - 10
Independent examiner's report	11 - 12
Statement of financial activities	13
Balance sheet	14
Statement of cash flows	15
Notes to the financial statements	16 - 33

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MARCH 2024

Trustees	H. Cavill, Trustee A. Jenner, Trustee K. Leney, Trustee M. Pringle, Trustee (resigned 31 January 2024) J. Robson, Trustee L. Ward, Trustee M. Bello, Trustee
-----------------	--

Charity registered number	1175021
----------------------------------	---------

Principal office	C/o MHA Building A 150 - 170 Midsummer Boulevard Milton Keynes Buckinghamshire MK9 1FD
-------------------------	---

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report together with the financial statements of the Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes for the year 1 April 2023 to 31 March 2024.

Objectives and activities

a. Policies and objectives

The object of SAASSBMK is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

Our primary purpose is to provide support to women and girls, acknowledging the disproportionate impact of sexual violence on women and girls and that it is almost always perpetrated by men, even when the victim-survivor is also male. However, our intersectionally feminist and empowering approach enables survivors of all genders to improve their wellbeing and live fulfilling lives. The aim is to deliver a wide range of support to meet individual need and choice. Support is provided to family members, partners and friends of survivors of sexual violence. We deliver holistic support to meet individual needs and the charity's objects.

We take into account the many different ways each survivor experiences sexual violence and discrimination and are committed to anti-racism. This includes additional oppressions based on an individual's sex, gender identity, age, marital status, disability, race, colour, ethnic or national origin or sexual orientation.

SAASSBMK is a woman-led charity and is committed to promoting female leadership both in the CEO and trustee board positions. We employ staff and volunteers of all genders but reserve the right to make certain roles women-only under the Equality Act 2010 pursuant to Schedule 9, Part 1 to facilitate access to women-only support and referral pathways where required.

SAASSBMK is aiming to raise awareness of consent and change the perceptions of sexual violence within our local area to bring an end to sexual assault and abuse. To achieve this, the charity participates in different partnerships and events and offers training and talks.

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

b. Main activities undertaken to further the Charity's purposes for the public benefit

SAASSBMK has provided the following services for the public benefit in relation to these objects during the financial year 2023/24. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services.

Over the year we supported a total of 1,233 individuals: 1,127 adults and 106 children and young people. 85% of the people we supported were female, 13% were male and 2% were transgender or non-binary.

The majority of our service users (69%) reside in Milton Keynes, 15% reside in Aylesbury Vale, 8% in High Wycombe, 3% in the Chilterns area and 3% in South Bucks. We also supported 2% of our service users outside of our area through our Thames Valley wide services. Most service users (68%) were referred by a third-party (either a professional or family or friend) and 32% referred themselves.

Of all survivors we worked with in the past year;

- 56% reported experiencing Childhood Sexual Abuse
- 52% reported experiencing Rape or Sexual Assault
- 40% reported experiencing Domestic Abuse
- 6% reported experiencing Sexual Harassment or Stalking
- 29% reported having Suicidal Ideation

Please note that many of our service users report multiple experiences of sexual assault and abuse throughout their lifetime.

2% of our service users were supporters of survivors, including partners, family and friends.

Information, Advice and Guidance (IAG)

SAASSBMK provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

We delivered 380 IAG sessions during the year with 376 unique service users. One service user said:

"I just wanted to thank you for your time and to say how very good you are at your job. You are the first person I have spoken to who didn't speak to me as though from their lofty position of superiority they could use their special skills to tell me why I am useless; instead, you talked about how I can manage the situation I am in to keep myself safe. And when you described my husband's behaviour as coercive it made me feel less like it was my fault. I got the best night's I have had in a long time."

Clinical Assessments

Before commencing therapy for a survivor of sexual assault and abuse, a clinical assessment is essential to understand their psychological, emotional, and physical state. This assessment typically includes exploring the individual's trauma history, current mental health symptoms, coping mechanisms, and social support systems. The goal is to tailor the therapeutic approach to their unique needs and ensure that the therapy proceeds in a safe, compassionate, and effective manner. Clinical assessments are delivered by qualified counsellors.

We delivered 488 assessments during the year with 484 unique service users. One service user said:

"Thank you for having me today, for all your support, your kind words, it meant the world to me. I will try practicing what you taught me, hopefully I will let myself to feel joy again."

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

Telephone Support

191 unique individuals were supported through telephone support in the year. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor.

This year a total of 584 instances of telephone emotional support were delivered, an increase of 117% from the previous year. This service is delivered by 14 specially trained volunteers.

One service user said:

"Just to say a massive thank you for your support over 2023, and for helping me reason out some big decisions and events. I recently signed up for a volunteer app called Be My Eyes to take video calls from blind people all around the world and help them with choices such as earrings matching a dress, or whether their cats are OK. I was inspired by you to sign up for it - even my husband has signed up to it now. I really appreciate you being there, and it was lovely getting to know you."

Stabilisation Intervention Programme (SIP)

Our SIP programme is our psychoeducation programme that helps survivors to understand how trauma affects the brain and how to emotionally regulate, as well as understanding healthy relationships, learning coping and grounding skills and self-care.

Over the past year, SAASSBMK supported 86 individuals across 403 sessions of SIP. This service is delivered by qualified counsellors. One service user said:

"The service should be more accessible as it's got the ability to heal a lot of sexual assault survivors. There are things within this healing framework that are spot on. I think the way the information is provided is the most helpful I've ever received."

Adult Counselling (One-to-one)

We deliver up to 24 sessions of one-to-one person-centred and trauma-informed talking therapy, either face to face, online or via telephone. This was delivered by 68 specially trained volunteer and qualified sessional counsellors.

This year, we delivered 4,720 sessions of counselling to 386 unique adult service users, an increase of 16% from the previous year. This represents a financial value of approximately £236,000.00. One service user said;

"The Counsellor I had was so lovely, she was the perfect match for me in every way. I was definitely affected with some parts of my life in not a good way. I now believe in myself a lot more. I deserve to be happy too. I think part of me didn't believe that at first. I would also put everyone else first. I've realised that I'm also important too and I need to put me first sometimes."

In November 2023, we launched a new project in partnership with MK-ACT Women's Aid to deliver one-to-one counsellor to survivors of domestic abuse who have received MK-ACT's Crisis Intervention Services. Between November 2023 and March 2024, we supported 23 unique service users.

Children and Young People Counselling (One-to-one)

The Support After Abuse and Sexual Harm (SASH) project is a partnership project with SAFE! Together, we provide children, young people and families affected by sexual and domestic abuse in Buckinghamshire. As part of the partnership, SAASSBMK delivers up to 24 sessions of one-to-one person-centred and trauma-informed talking therapy face to face or online. As well as delivering this support from our premise in Aylesbury, we also

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

deliver this support in schools and community spaces most appropriate for the young person.

During this year, SAASSBMK provided 348 counselling sessions to 56 children and young people. This support is delivered by qualified counsellors. One service user said:

"I used to think that I needed to do whatever boys told me and that I didn't have any say in it. I now understand that it is up to me what I want to do and whether I do it."

Peer Support Group (Thrive – women only)

Thrive offers female survivors of sexual assault and abuse a friendly, trauma-sensitive weekly peer drop-in group space. This provides women with the opportunity to meet other survivors and offer a community-based approach to help them move forward. This group is facilitated by a qualified counsellor and activities include arts and crafts as well as external trips to fetes and animal assisted learning and therapy.

Throughout the year, we delivered 96 sessions to 40 unique service users. One service user said;

"Thrive has given me a sense of community and the opportunity to explore parts of me that I didn't have the confidence to look at before. I feel supported and understood by the group and that has helped me to find my voice and be heard and accepted. By having a safe and nonjudgemental space where I didn't feel fear has been empowering."

Group Therapy (men only)

We offer online group therapy for male survivors across the Thames Valley region (Buckinghamshire, Berkshire and Oxfordshire). These groups provide a safe space where men can openly address their trauma without judgment. By participating in group sessions, men can explore complex emotions and feelings, enabling a sense of validation and empowerment.

The group is facilitated by two qualified counsellors. We delivered 6 sessions of group therapy to 4 unique service users. One service user said;

"It was the first time I have openly chatted with other men that had been through similar experiences. I found it comforting to know that someone else understands my emotions and what I went through."

Independent Domestic and Sexual Violence Advisory (IDSVA)

Our IDSVA service provides both emotional and practical support to survivors of rape, sexual assault and domestic abuse who have reported or are considering reporting their experiences to the police.

Over the past year, we have delivered 312 sessions of IDSVA support to 72 unique service users. IDSVA support is delivered by qualified IDVA and ISVAs. One service user said;

"After experiencing years of a failing system and very complex police investigation, I was struggling to find light at the end of a very long tunnel until I was introduced to (worker) and she was just fabulous her compassion, knowledge and support has been invaluable in order to help me build & repair."

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities (continued)

Advocacy

SAASSBMK has provided 67 sessions general advocacy support around housing, financial, health, immigration and employment to 35 unique service users. Advocacy support is delivered by specially trained members of staff. One service user said;

"When you are at your lowest there is nothing more important than being in safe hands and that's exactly how I felt "

Achievements and performance

a. Main achievements of the Charity

Standards and Governance

SAASSBMK is a full member of the;

- Rape Crisis England and Wales Network (and holds the National Service Standards),
- The Survivors Trust (and holds the National Service Standards),
- Male Survivors Partnership,
- The British Association for Counselling and Psychotherapy.

The organisation has been successfully awarded with the above quality marks which secures quality of governance, management and service delivery.

We onboarded a new CEO, who successfully delivered an organisational restructure where we heard from service users, staff and volunteers. This resulted in the recruitment of 2 new management roles to strengthen our service provision. Initiatives were delivered to embed the new structure, including a focus and development on staff and volunteer wellbeing support offers.

An external finance consultant delivered an end-to-end financial review of SAASSBMK's financial policies and procedures, providing recommendations which have been implemented. A subsequent governance review commenced in March 2024 with aims to review and ensure the governance of SAASSBMK is fit for purpose. This will conclude in financial year 24-25.

Service Growth

In the past year, we have supported 13% more individuals than the previous year. We were supported to respond to this increase in demand for our services by the recruitment of 7 new members of staff and 36 new volunteers.

To support these new recruits, we delivered our robust specialist, internal training programme around sexual assault, domestic abuse, safeguarding, suicide prevention and equality, diversity and inclusion. We also provided additional training to those with specialist roles (for example, working with children and young people). One trainee said;

"I have thoroughly enjoyed the SAASSBMK training. It has given me a deeper understanding of the challenges individuals face after, directly or indirectly, experiencing domestic violence and sexual abuse. It has also been extremely informative and having different trainers has also added to the variety and delivery of the training. Every trainer was extremely knowledgeable, approachable and you could really see their passion shining through as they spoke on their topics."

In February 2024, we launched the SAM Project following consultation with male service users. The SAM Project provides a specialist "front door" to SAASSBMK services which are specifically tailored to male survivors of

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Achievements and performance (continued)

sexual and domestic abuse. The aim of this project is to remove the barriers for men who need support.

Community and Partnerships

SAASSBMK aims to raise awareness of consent and change the perceptions of sexual violence within our local area to bring an end to sexual assault and abuse. To achieve this, the charity participates in different partnerships and events and offers training and talks.

In the past year, we have supported the following strategic partnership boards:

- NHS BOB Mental Health Alliance Partnership
- Rape and Serious Sexual Offences Partnership Board with Thames Valley Police
- Buckinghamshire Council Domestic Abuse Board

We have also supported other community and partnership initiatives, including:

- Ministry of Justice Policy Team – this team visited SAASSBMK to gain a better understanding of how a specialist sexual violence service operates and the key issues facing survivors
- High Sheriff of Buckinghamshire – we spoke at an event to raise awareness of the barriers facing survivors to achieve justice through the criminal justice system
- Milton Keynes White Ribbon Vigil – we spoke at this event to raise awareness and recognise women of Milton Keynes who have been impacted by sexual violence
- GSK Panel on Domestic Abuse and Sexual Assault – we spoke at this event to encourage GSK staff members to support survivors of sexual assault and domestic abuse in the workplace
- Enterprise of Women MK International Women's Day – we provided an information stall at this event to raise awareness of our services
- International Women's Day Festival – an all-female music festival was held in aid of SAASSBMK in collaboration with Speakeasy, Safe Gigs for Women and LOUD WOMEN. We provided an information stall and spoke at this event to raise awareness of our services
- University of Buckingham – we delivered specialist training to their student wellbeing team as well as consent and healthy relationship education to their students across the Buckingham and Crewe campuses

We also held regular appearances in the media to highlight issues related to sexual assault and abuse. This included coverage on radio and print on issues such as women's safety, misogyny and issues impacting survivors of sexual violence. Thank you to Greatest Hits Radio Bucks, Beds and Herts, Red Kite Radio, MK Citizen and the Bucks Herald for your support.

Awards and Recognition

In November 2023, we were awarded a second High Sheriffs Award for the provision of community services in Buckinghamshire. We were also informed that we had been selected by His Majesty The King, King Charles III, to be awarded with The King's Award for Voluntary Service (KAVS) which is an equivalent to an MBE for voluntary groups, which we are incredibly proud of. We are due to receive the award crystal at a prestigious ceremony in May 2024.

In March 2024, our partnership project SASH which supports children and young people was shortlisted for a Thames Valley Criminal Justice Award.

These awards demonstrate our continued commitment to providing high quality services to survivors of sexual violence, our dedication to developing volunteer talent in our community and our openness to innovative partnership projects to collaboratively respond to the needs of survivors and our community.

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

Reserves are part of a charity's unrestricted funds that is freely available to spend on any of the charity's purposes. SAASSBMK maintains free unrestricted reserves:

- To provide a level of working capital that protects the continuity of our core work
- To provide a level of funding for unexpected opportunities
- To provide cover for risks such as unforeseen expenditure or unanticipated loss or delay of income e.g. maternity leave or discretionary sick pay for employees, a delay in receiving restricted funding or liabilities to HMRC
- To provide sufficient cash to pay contracted liabilities and redundancies in the event of winding up the charity

At least once a year, The Board of Trustees will review the above criteria with reference to SAASSBMK strategy and annual plan and determine the target level of free reserves to meet these. This target will be reviewed mid-year, with solvency sheets being presented to the Board every quarter.

The Board of Trustees will at times designate funds from free reserves for significant project costs or replacement of major assets.

The use of unrestricted reserves during a particular year should be agreed by the trustees at the time the budget for the year is authorised. Any additional expenditure from unrestricted reserves during the year should be formally agreed by the trustees.

The Board of Trustees are responsible for ensuring the charity maintains sufficient levels of reserves and also does not hold too much in unrestricted reserves. If the unrestricted reserves are determined to be too high, plans should be put in place to utilise those reserves.

c. Financial review

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £721,183, a increase of 1.7% from the previous year. The charity has also participated in fundraising activity including a Big Give match fund campaign, International Women's Day Fest, launching a new range of feminist merchandise, sales of products made by our peer support group at the Rape Crisis England and Wales annual conference as well as donations from corporate and business sponsors including LUSH and Girl Pack. The charity's principal sources of funding for the financial year have been received from central and local government as well as trusts and foundations.

TRUSTEES' REPORT (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Structure, governance and management

a. Constitution

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes is a registered charity, number 1175021, and is constituted under a Trust deed.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018 and the organisation was named Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS). In September 2022, the charity renamed to Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) to ensure that no survivor in Buckinghamshire and Milton Keynes isn't without access to the highest standard of support and formalises the charity's previously informal approach to accept referrals from survivors across the county.

SAASSBMK currently has eight trustees that regularly meet every other month. When the organisation has need for new trustees, advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

SAASSBMK is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. SAASSBMK is also a member of The Survivors Trust (and holds their National Service Standards), the Male Survivors Partnership and the British Association for Counselling and Psychotherapy.

b. Methods of appointment or election of Trustees

The management of the Charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Trust deed.

Plans for future periods

A new business strategy was developed and launched in April 2024 for the period between April 2024 and March 2027. This strategy can be viewed on our website and the strategic priorities include:

- Consolidation of growth
- Sustainability
- Quality service delivery
- Partnership working
- Equality, diversity and inclusion

In March of each year, an annual business plan will be agreed by the Board of Trustees to confirm the CEO's and wider organisation's objectives for the next year, drawing from the overall 2024-2027 Business Strategy. This will provide all staff and volunteers with clarity over areas of focus, whilst maintaining flexibility to respond to ever changing circumstances and survivor needs.

The trustees for SAASSBMK would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who fundraised for enabling the charity to continue to support those affected by sexual assault and abuse.

We would like to thank our funders Ministry of Justice, Buckinghamshire Council, Central and North West London NHS Foundation Trust, the Office of the Police and Crime Commissioner for Thames Valley, The

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024

Plans for future periods (continued)

National Lottery, The Brook Trust, the Rothschild Foundation, the People’s Health Lottery and the Rectory Foundation for their continued support.

We would like to thank our funders Milton Keynes City Council, The Henry Smith Charity, The Anson Charitable Trust, Postcode Society Trust, Aylesbury Town Council and the Screwfix Foundation for choosing to support us this year and we look forward to continuing to work with you.

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to MHA, Chartered Accountant for examining the charity’s accounts.

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:



.....
H. Cavill
(Chair of Trustees)

Date: 20/01/2025

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31 MARCH 2024

Independent examiner's report to the Trustees of Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

**INDEPENDENT EXAMINER'S REPORT (CONTINUED)
FOR THE YEAR ENDED 31 MARCH 2024**

Signed: 

Dated: 20 January 2025

Elizabeth Newell BA (Hons) FCA

MHA
Chartered Accountants
Milton Keynes

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	3	609,058	109,904	718,962	707,186
Charitable activities	4	-	638	638	1,802
Investments	5	-	1,583	1,583	478
Total income		609,058	112,125	721,183	709,466
Expenditure on:					
Direct costs	6,7	163,528	128	163,656	407,696
Other expenditure	8,9	360,788	53,974	414,762	171,515
Total expenditure		524,316	54,102	578,418	579,211
Net movement in funds		84,742	58,023	142,765	130,255
Reconciliation of funds:					
Total funds brought forward		206,220	108,998	315,218	184,963
Net movement in funds		84,742	58,023	142,765	130,255
Total funds carried forward		290,962	167,021	457,983	315,218

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 16 to 33 form part of these financial statements.

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**BALANCE SHEET
AS AT 31 MARCH 2024**

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	13	832	12,306
		<u>832</u>	<u>12,306</u>
Current assets			
Debtors	14	135,583	60,215
Cash at bank and in hand		402,774	307,052
		<u>538,357</u>	<u>367,267</u>
Creditors: amounts falling due within one year	15	(81,206)	(64,355)
Net current assets		<u>457,151</u>	<u>302,912</u>
Total assets less current liabilities		<u>457,983</u>	<u>315,218</u>
Net assets excluding pension asset		<u>457,983</u>	<u>315,218</u>
Total net assets		<u><u>457,983</u></u>	<u><u>315,218</u></u>
Charity funds			
Restricted funds	17	290,962	206,220
Unrestricted funds	17	167,021	108,998
Total funds		<u><u>457,983</u></u>	<u><u>315,218</u></u>

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:



.....
H. Cavill
(Chair of Trustees)

Date: 20/01/2025

The notes on pages 16 to 33 form part of these financial statements.

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 MARCH 2024**

	2024 £	2023 £
Cash flows from operating activities		
Net cash used in operating activities	95,047	107,636
Cash flows from investing activities		
Dividends, interests and rents from investments	1,583	478
Purchase of tangible fixed assets	(908)	(2,964)
Proceeds from sale of investments	-	40,000
Net cash provided by investing activities	675	37,514
Change in cash and cash equivalents in the year	95,722	145,150
Cash and cash equivalents at the beginning of the year	307,052	161,902
Cash and cash equivalents at the end of the year	402,774	307,052

The notes on pages 16 to 33 form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. General information

The Charity is a registered charity in England and Wales and is unincorporated. The address of the principal office is C/o MHA, Building A, 150 - 170 Midsummer Boulevard, Milton Keynes, Buckinghamshire, MK9 1FD.

Figures in the financial statements and the notes have been rounded to the nearest whole number in GBP.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on raising funds includes all expenditure incurred by the Charity to raise funds for its charitable purposes and includes costs of all fundraising activities events and non-charitable trading.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

2. Accounting policies (continued)

2.3 Expenditure (continued)

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £NIL or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following basis:

Office equipment	-	20% straight line
Computer equipment	-	33% straight line

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

2. Accounting policies (continued)**2.8 Financial instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.9 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Donations	609,058	109,904	718,962

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Donations	538,657	168,529	707,186

4. Income from charitable activities

	Unrestricted funds 2024 £	Total funds 2024 £
Fundraising	638	638

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

4. Income from charitable activities (continued)

	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Fundraising	1,802	1,802

5. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £
Interest receivable	1,583	1,583

	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Interest receivable	478	478

6. Expenditure on direct costs

Direct costs

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Direct costs	163,528	128	163,656

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

6. Expenditure on direct costs (continued)

Direct costs (continued)

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Direct costs	371,272	36,424	407,696

7. Analysis of direct costs

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Assessments	5,480	-	5,480
DBS	413	106	519
Interpretation services	300	-	300
Paid counselling	45,102	22	45,124
SASH Bucks	69,689	-	69,689
SIP	7,128	-	7,128
Staff supervision	4,260	-	4,260
Training	5,633	-	5,633
Thrive2gether materials	1,563	-	1,563
Volunteer supervision	23,960	-	23,960
	163,528	128	163,656

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Direct staff costs	196,118	21,642	217,760
Volunteer & supervision	11,994	14,535	26,529
Direct room hire	492	-	492
Other charitable activities (Inc SASH, Stabilisation Intervention Programme, Paid Counselling, etc	162,668	247	162,915
	<u>371,272</u>	<u>36,424</u>	<u>407,696</u>

8. Analysis of other expenditure

Other expenditure

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £
Other expenditure	<u>360,788</u>	<u>53,974</u>	<u>414,762</u>

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total 2023 £</i>
Other expenditure	<u>101,350</u>	<u>70,165</u>	<u>171,515</u>

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

9. Analysis of other expenditure

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Accountancy fees	8,462	-	8,462
Bank fees	9	-	9
Consulting	19,553	401	19,954
Depreciation	76	-	76
Employee wellbeing	858	-	858
Insurance	1,986	373	2,359
Interest payable	-	2,987	2,987
IT software and consumables	1,225	48	1,273
IT support	3,029	-	3,029
Loss on disposal of fixed assets	-	12,306	12,306
Office sundries	2,767	173	2,940
Marketing	2,813	-	2,813
Professional fees	9,065	-	9,065
Recruitment	5,760	-	5,760
Rent, light, heat and power	48,137	528	48,665
Repairs and maintenance	1,954	-	1,954
Room hire	410	-	410
Staff costs	227,850	36,725	264,575
Subscriptions	3,885	-	3,885
Systems development	2,669	1,204	3,873
Telephone and internet	5,076	177	5,253
Training and events	3,144	(331)	2,813
Travel	12,060	(617)	11,443
	360,788	53,974	414,762

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Bank loan and overdraft interest payable	-	6	6
Employee costs	34,020	35,419	69,439
Motor and travel costs	8,360	649	9,009
Premises costs	38,382	979	39,361
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	-	5,537	5,537
General administrative costs	6,245	16,151	22,396
Legal and professional costs	8,806	16,961	25,767
	<u>95,813</u>	<u>75,702</u>	<u>171,515</u>

10. Analysis of expenditure by activities

	<i>Activities undertaken directly 2024 £</i>	<i>Total funds 2024 £</i>
Other expenditure	<u>414,762</u>	<u>414,762</u>

	<i>Activities undertaken directly 2023 £</i>	<i>Total funds 2023 £</i>
Other expenditure	<u>171,515</u>	<u>171,515</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

11. Independent examiner's remuneration

	2024 £	2023 £
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	5,750	3,084

12. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

During the year ended 31 March 2024, no Trustee expenses have been incurred (2023 - £NIL).

13. Tangible fixed assets

	Office equipment £	Computer equipment £	Total £
Cost			
At 1 April 2023	20,223	8,282	28,505
Additions	-	908	908
Disposals	(20,223)	(8,282)	(28,505)
At 31 March 2024	-	908	908
Depreciation			
At 1 April 2023	9,589	6,610	16,199
Charge for the year	-	76	76
On disposals	(9,589)	(6,610)	(16,199)
At 31 March 2024	-	76	76
Net book value			
At 31 March 2024	-	832	832
At 31 March 2023	10,634	1,672	12,306

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

14. Debtors

	2024 £	2023 £
Due within one year		
Trade debtors	129,349	10,825
Prepayments and accrued income	6,234	49,390
	<u>135,583</u>	<u>60,215</u>

15. Creditors: Amounts falling due within one year

	2024 £	2023 £
Trade creditors	3,945	5,675
Other taxation and social security	66,729	5,601
Pension fund loan payable	1,752	2,913
Accruals and deferred income	8,780	50,166
	<u>81,206</u>	<u>64,355</u>

16. Financial instruments

	2024 £	2023 £
Financial assets		
Financial assets measured at fair value through income and expenditure	<u>402,774</u>	<u>307,052</u>

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

17. Statement of funds

Statement of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
Unrestricted funds				
General Funds - all funds	108,998	112,125	(54,102)	167,021
Restricted funds				
Buckinghamshire Council -New Burdens Funding Scheme	124,715	80,105	(90,828)	113,992
Support After Sexual Harm (Milton Keynes)	31,370	-	-	31,370
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	15,400	206,527	(125,350)	96,577
ROSA	25,000	-	(25,000)	-
Office of Police & Crime Commissioner	81	74,812	(67,796)	7,097
Heart of Bucks	2,000	-	(2,000)	-
YIS	4,925	-	(1,850)	3,075
People Health Lottery	2,038	9,603	(11,641)	-
All other restricted funds	691	-	-	691
Aylesbury Town Council	-	2,300	-	2,300
The Big Give Trust Ltd	-	2,536	(2,536)	-
Milton Keynes Council	-	26,030	(16,708)	9,322
Rape Crisis England and Wales	-	500	(500)	-
(TNL) COL Fund	-	43,760	(43,760)	-
The Rectory Foundation	-	5,000	(5,000)	-
Fairhive	-	10,000	(10,000)	-
Brook Trust	-	26,000	(26,000)	-
Rothschild Foundation	-	10,000	(10,000)	-
The Screwfix Foundation	-	5,000	-	5,000
CNWL NHS SIP MK	-	19,892	(19,892)	-
National Lottery	-	70,000	(65,455)	4,545
(MKCF) Milton Keynes Community Foundation	-	2,618	-	2,618
Buckinghamshire Council Community Safety Fund	-	14,375	-	14,375
Total Restricted funds	206,220	609,058	(524,316)	290,962
Total of funds	315,218	721,183	(578,418)	457,983

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

17. Statement of funds (continued)

Restricted Funds

Buckinghamshire Council - New Burdens Funding Scheme

The purpose of the fund is to support Independent Domestic and Sexual Violence Advisor and Outreach to male victims and members of the LGBT+ community. £124,715 was brought forward, £80,105 received and £90,828 was spent during the year.

Buckinghamshire Council - New Burdens Funding Scheme (Support after Abuse and Sexual Harm)

The fund is being used to provide support for Children and Young Adults (in partnership with SAFE!). £15,400 was brought forward, £206,527 received and £125,350 was spent during the year.

Fairhive

The fund is being used to provide support office space and rental fees in Buckinghamshire. £nil was brought forward, £10,000 was received and £10,000 was spent during the year.

The National Lottery Community Fund

The fund is being used to provide therapeutic support for adults. £nil was brought forward, £70,000 was received and £65,455 was spent during the year.

Central and North West London NHS Foundation Trust

The fund is being used to provide stabilisation Intervention Programme for adults in Milton Keynes. £nil was brought forward, £19,892 received and £19,892 was spent during the year.

People Health Lottery

The fund is being used to provide drop-in group support for female survivors in Milton Keynes. £2,038 was brought forward, £9,603 received and £11,641 was spent during the year.

Office of Police and Crime Commissioner

The fund is being used to provide Therapeutic and Independent Sexual Violence Advisor support for adults in Buckinghamshire and Milton Keynes and male-only group therapy across the Thames Valley region. £81 was brought forward, £74,812 received and £67,796 was spent during the year.

Milton Keynes Council

The fund is being used to provide therapeutic support for survivors of domestic abuse exiting MK-ACT's Crisis Intervention Service. £nil was brought forward, £26,030 received and £16,708 was spent during the year.

Heart of Bucks

The fund is being used to provide Stabilisation Intervention Programme for adults in Buckinghamshire. £2,000 was brought forward, £nil received and £2,000 was spent during the year.

Rape Crisis England and Wales

The fund is being used to provide bursary to attend Rape Crisis England and Wales annual conference. £nil was brought forward, £500 received and £500 was spent during the year.

Rectory Foundation

The fund is being used to provide external clinical supervision for volunteer counsellors. £nil was brought forward, £5,000 received and £5,000 was spent during the year.

The National Lottery Cost of Living Fund

The fund is being used to support with increased overhead costs. £nil was brought forward, £43,760 received and £43,760 was spent during the year.

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

17. Statement of funds (continued)

ROSA Stand With Us Fund

The fund is being used to support with Finance Administrator costs. £25,000 was brought forward, £nil received and £25,000 was spent during the year.

YIS

The fund is being used to provide therapeutic support for young people in Milton Keynes. £4,925 was brought forward, £nil received and £1,850 was spent during the year.

Aylesbury Town Council

The fund is being used to provide office space and rental fees in Buckinghamshire. £nil was brought forward, £2,300 received and £nil was spent during the year.

The Big Give Trust Ltd

The fund is being used to provide therapeutic support for adults. £nil was brought forward, £2,536 received and £2,536 was spent during the year.

The Brook Trust

The fund is being used to support with CEO salary costs. £nil was brought forward, £26,000 received and £26,000 was spent during the year.

Buckinghamshire Council Community Safety Fund

The fund is being used to provide office space and rental fees in Buckinghamshire. £nil was brought forward, £14,375 received and £nil was spent during the year.

Rothschild Foundation

The fund is being used to support with core costs in Buckinghamshire. £nil was brought forward, £10,000 received and £10,000 was spent during the year.

The Screwfix Foundation

The fund is being used to provide office space in Buckinghamshire. £nil was brought forward, £5,000 received and £nil was spent during the year.

Statement of funds - prior year

	<i>Balance at 1 April 2022</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers in/out</i>	<i>Balance at 31 March 2023</i>
	£	£	£	£	£
Unrestricted funds					
Designated funds					
Lloyds Bank Foundation	-	52,250	-	(52,250)	-
General funds					
General Funds	55,059	118,559	(112,126)	47,506	108,998
Total Unrestricted funds	55,059	170,809	(112,126)	(4,744)	108,998

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

17. Statement of funds (continued)**Restricted funds**

Buckinghamshire Council -New Burdens Funding Scheme	44,921	107,073	(27,279)	-	124,715
Support After Sexual Harm (Milton Keynes)	64,735	-	(33,365)	-	31,370
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	-	145,076	(129,676)	-	15,400
ROSA	-	25,000	-	-	25,000
Milton Keynes Community Foundation	8,125	-	(8,125)	-	-
Office of Police & Crime Commissioner	12,123	68,122	(80,164)	-	81
All other restricted funds	-	193,386	(188,476)	4,744	9,654
	<u>129,904</u>	<u>538,657</u>	<u>(467,085)</u>	<u>4,744</u>	<u>206,220</u>
Total of funds	<u>184,963</u>	<u>709,466</u>	<u>(579,211)</u>	<u>-</u>	<u>315,218</u>

SEXUAL ASSAULT AND ABUSE SUPPORT SERVICE BUCKINGHAMSHIRE AND MILTON KEYNES

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

18. Summary of funds

Summary of funds - current year

	Balance at 1 April 2023 £	Income £	Expenditure £	Balance at 31 March 2024 £
General funds	108,998	112,125	(54,102)	167,021
Restricted funds	206,220	609,058	(524,316)	290,962
	<u>315,218</u>	<u>721,183</u>	<u>(578,418)</u>	<u>457,983</u>

Summary of funds - prior year

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 31 March 2023 £
Designated funds	-	52,250	-	(52,250)	-
General funds	55,059	118,559	(112,126)	47,506	108,998
Restricted funds	129,904	538,657	(467,085)	4,744	206,220
	<u>184,963</u>	<u>709,466</u>	<u>(579,211)</u>	<u>-</u>	<u>315,218</u>

19. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	-	832	832
Current assets	290,962	247,395	538,357
Creditors due within one year	-	(81,206)	(81,206)
Total	<u>290,962</u>	<u>167,021</u>	<u>457,983</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

19. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Tangible fixed assets	-	12,306	12,306
Current assets	206,220	161,047	367,267
Creditors due within one year	-	(64,355)	(64,355)
Total	<u>206,220</u>	<u>108,998</u>	<u>315,218</u>

20. Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income for the period (as per Statement of Financial Activities)	<u>142,765</u>	<u>130,255</u>
Adjustments for:		
Depreciation charges	76	5,537
Dividends, interests and rents from investments	(1,583)	(478)
Loss on the sale of fixed assets	12,306	-
Decrease/(increase) in debtors	(75,369)	1,076
Increase/(decrease) in creditors	16,852	(28,754)
Net cash provided by operating activities	<u>95,047</u>	<u>107,636</u>

21. Analysis of cash and cash equivalents

	2024 £	2023 £
Cash in hand	<u>402,774</u>	<u>307,052</u>

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

22. Analysis of changes in net debt

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash at bank and in hand	307,052	95,722	402,774
Debt due within 1 year	(2,913)	1,161	(1,752)
	<u>304,139</u>	<u>96,883</u>	<u>401,022</u>

23. Operating lease commitments

At 31 March 2024 the Charity had commitments to make future minimum lease payments under non-cancellable operating leases as follows:

	2024 £	2023 £
Not later than 1 year	23,333	24,720
Later than 1 year and not later than 5 years	98,000	1,500
Later than 5 years	3,667	-
	<u>125,000</u>	<u>26,220</u>

Accounts

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Charity No. 1175021

Company No. CE011506

Trustees' Report and Unaudited Accounts

31 March 2023

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Contents

	Pages
Trustees' Annual Report	2 to 7
Independent Examiner's Report	8
Statement of Financial Activities	9
Summary Income and Expenditure Account	10
Balance Sheet	11
Statement of Cash flows	12
Notes to the Accounts	13 to 23
Detailed Statement of Financial Activities	24 to 26

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Trustees Annual Report

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE011506

Charity No. 1175021

Principal Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
Registered Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

M. Bello
H. Cavill
A. Jenner
K. Leney
M. Pringle
J. Robson
L. Ward

Key Management Personnel

Mrs Carol Older (Resigned 31st December 22)
Ms Beki Osborne (Appointed 6th March 23)
Accountants

AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Trustees Annual Report
Bankers
Metro Bank
1 Southampton Row
LONDON
WC1B 5HA

OBJECTIVES AND ACTIVITIES

The object of "Sexual Assault and Abuse Support Service, Buckinghamshire and Milton Keynes" (SAASSBMK) is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

SAASSBMK wants every individual who has been affected by sexual violence and domestic abuse to receive the support they need and wish. To meet the charity's objects, it is delivering a range of services created to meet the needs of those affected by sexual violence or domestic abuse.

SAASSBMK aims to raise awareness of and change the perceptions of sexual violence and domestic abuse within our local area and to bring an end to sexual violence and domestic abuse. To achieve this, the charity participates in different partnerships and events, offers training and talks to appropriate businesses, schools etc.

SAASSBMK is a women-led charity and is committed to promoting female leadership both in CEO and trustee board positions. We employ staff and volunteers of all genders but reserve the right to make certain roles women-only under the Equality Act 2010 pursuant to Schedule 9, Part 1 to ensure women and girls can access women-only support and referral pathways. This is following our acknowledgement that sexual violence disproportionately impacts women and girls and is almost always perpetrated by men, even when the victim-survivor is also male.

MAIN ACTIVITIES UNDERTAKEN FOR THE PUBLIC BENEFIT

SAASSBMK has provided the following services for the public benefit in relation to these objects during the financial year 2022/23. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services. Over the year we supported a total of 1015 individuals: 888 females, 118 males and 9 transgender/non-binary individuals. 48% of our service users were adults who had experienced Childhood Sexual Abuse, 34% experienced rape and 18% of our service users reported multiple experiences of sexual violence and domestic abuse including harassment, coercive control, trafficking, exploitation and ritual abuse. A total of 26,276 contacts were made with our service users including 5,712 one to one sessions.

Information, Advice and Guidance – SAASSBMK provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

Email support – many service users choose to contact us via email, with 13,803 email contacts being made, a combination of one-off support and assessments and ongoing contact. Support and response are provided within three working days.

Independent Domestic and Sexual Violence Advisory (IDSVa) service – SAASSBMK supported 124 women and 19 men through the IDSVa service this year. The IDSVa service provides both emotional and practical support to survivors of rape, sexual abuse and assault and domestic violence who have reported to the police or are considering reporting to the police.

Advocacy service – SAASSBMK has provided general advocacy support around housing, financial, health, immigration and employment to 67 women and 15 men.

One-to-one counselling – 4,785 counselling sessions were provided to individuals by our dedicated volunteer and sessional counsellors. This represents a financial value of approximately £239,250.00. Demand for counselling continues to increase and we trained an additional 12 volunteer counsellors to help meet this demand.

Stabilisation Intervention Programme – SAASSBMK supported 153 individuals to understand how their body and mind have responded to trauma, to help identify and develop coping strategies to help stabilise survivors out of crisis.

Group support – SAASSBMK provided group support to 34 women through the Thrive2Gether service which is a peer support group, held on a weekly two-hour drop-in basis. SAASSBMK also provided support to 22 women and 4 males through Group Therapy around psychoeducation. The aim for these groups is to support survivors to cope and recover from the effects of sexual violence and domestic abuse but also to enable them to build on their own support network and empower them to build healthy relationships.

Telephone Support – 117 unique individuals were supported through telephone support in the year. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 2615 instances of telephone emotional support were offered. To meet the escalating demand for this valuable service, we have successfully expanded our volunteer base by a further 10 specially trained volunteers, enabling us to provide vital assistance to more individuals in need.

SASH service – in partnership with SAFE! we provided therapeutic support to 39 children and young people between ages of 5 and 18, with the service as a whole supporting a further 92 children and young people and their families affected by domestic abuse and sexual harm across Buckinghamshire and Milton Keynes.

Two individuals describe the support they've received as follows:

"I am so grateful to have been able to have accessed this specialist service. I was completely stuck and in a dark place, with no hope of ever being able to feel joy and look forward to life. But now I am beginning to experience joy again which has been amazing for all of my family and close friends to see. Yes I am coming across bumps but am learning these are temporary and I can control them. Forever grateful."

"Words can't describe the way the service has helped. It's invaluable and indescribable in its magnitude and I couldn't be more grateful to have had access. I have no doubt that without the service I wouldn't be where I am today, both in my career and my personal life."

ACHIEVEMENTS AND PERFORMANCE

SAASSBMK is a member of and holds the national service standards for:

Rape Crisis England and Wales

Male Survivors Partnership (Lime Culture accreditation)

The Survivors Trust

The British Association for Counselling and Psychotherapy

The organisation has been successfully awarded with the above quality marks which secures quality of governance, management and service delivery.

In December 2022, we were also awarded the High Sheriffs Award for the provision of sexual violence support services in Buckinghamshire and we have also got through to the second round of the Kings Award for Voluntary Services, results of which are due in November 2023.

FINANCIAL REVIEW

To meet the increasing demand of services 22 new volunteers have been recruited during the financial year. The volunteers have received specialised training in sexual violence for 6 weeks to guarantee that they uphold the level of specialist support that SAASSBMK requires. SAASSBMK has in total 67 volunteers excluding trustees contributing their time during the year.

The majority have contributed within the counselling service, but volunteers have also contributed through delivering training for new volunteers, as trustees, providing telephone support and providing administrative support.

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £709,466, an increase of 36% from the previous year. The charity has also participated in fundraising activity including a car raffle arranged by Milton Keynes Community Foundation, Easy Fundraising and the Vale Lottery. The charity's principal sources of funding for the financial year have been received from central and local government as well as trusts and foundations.

Policy on reserves

The trustees of SAASSBMK have set guidelines of the charity to have reserves of at least three months running costs. The reason for doing this is in case of a source of funding is lost, unforeseen emergencies or for redundancy costs.

PLANS FOR FUTURE PERIODS

With the previous CEO, Carol Older, stepping down in December 2022 we welcomed our new CEO, Beki Osborne, in March 2023. SAASSBMK intends to continue to scope and develop a range of holistic services for those affected by sexual abuse and aim to increase our ability to meet the increasing demand for our services.

The trustees for SAASSBMK would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who bought tickets in the car raffle enabling the charity to continue to support those affected by sexual violence.

We would like to thank our funders Heart of Bucks, The Brook Trust, People's Health Trust, ROSA, Rothschild Foundation, Fairhive, Rectory Foundation, NHS East, The National Lottery Community Fund and Lloyds Bank Foundation, Buckinghamshire Council, the Office of the Police and Crime Commissioner Thames Valley and the Ministry of Justice.

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to AJR & Co Ltd, Chartered Accountants for examining the charity's accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018 and the organisation was named Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS). In September 2022, the charity renamed to Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes (SAASSBMK) to ensure that no survivor in Buckinghamshire and Milton Keynes isn't without access to the highest standard of support and formalises the charity's previously informal approach to accept referrals from survivors across the county.

SAASSBMK currently has seven trustees that regularly meet every other month. When the organisation has need for new trustees, advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

SAASSBMK is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. SAASSBMK is also a member of The Survivors Trust and the Male Survivors Partnership.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Trustees Annual Report



H. Cavill

Trustee

10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Independent Examiners Report

Independent Examiner's Report to the trustees of Sexual Assault and Abuse Support Service
Buckinghamshire and Milton Keynes

I report to the charity trustees on my examination of the financial statements of Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mr Andrew Richardson BA FCA
Institute of Chartered Accountants in England & Wales
AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Statement of Financial Activities
for the year ended 31 March 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
	Notes				
Income and endowments from:					
Donations and legacies	4	168,529	538,657	707,186	518,286
Other trading activities	5	1,802	-	1,802	1,252
Investments	6	478	-	478	203
Other	7	-	-	-	4,000
Total		170,809	538,657	709,466	523,741
Expenditure on:					
Charitable activities	8	36,424	371,272	407,696	289,279
Other	9	75,702	95,813	171,515	129,654
Total		112,126	467,085	579,211	418,933
Net gains on investments		-	-	-	-
Net income	10	58,683	71,572	130,255	104,808
Transfers between funds		(4,744)	4,744	-	-
Net income before other gains/(losses)		53,939	76,316	130,255	104,808
Other gains and losses					
Net movement in funds		53,939	76,316	130,255	104,808
Reconciliation of funds:					
Total funds brought forward		55,059	129,904	184,963	80,155
Total funds carried forward		108,998	206,220	315,218	184,963

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Summary Income and Expenditure Account
for the year ended 31 March 2023

	2023 £	2022 £
Income	708,988	523,538
Interest and investment income	478	203
Gross income for the year	<u>709,466</u>	<u>523,741</u>
Expenditure	573,668	414,428
Interest payable	6	-
Depreciation and charges for impairment of fixed assets	5,537	4,505
Total expenditure for the year	<u>579,211</u>	<u>418,933</u>
Net income before tax for the year	<u>130,255</u>	<u>104,808</u>
Net income for the year	<u><u>130,255</u></u>	<u><u>104,808</u></u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Balance Sheet

at 31 March 2023

Company No. CE011506	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	12	12,306	14,879
		<u>12,306</u>	<u>14,879</u>
Current assets			
Debtors	13	60,215	61,291
Investments	14	-	40,000
Cash at bank and in hand		307,052	161,902
		<u>367,267</u>	<u>263,193</u>
Creditors: Amount falling due within one year	15	(64,355)	(93,109)
Net current assets		<u>302,912</u>	<u>170,084</u>
Total assets less current liabilities		<u>315,218</u>	<u>184,963</u>
Net assets excluding pension asset or liability		<u>315,218</u>	<u>184,963</u>
Total net assets		<u><u>315,218</u></u>	<u><u>184,963</u></u>
The funds of the charity			
Restricted funds	16		
Restricted income funds		206,220	129,904
		<u>206,220</u>	<u>129,904</u>
Unrestricted funds	16		
General funds		108,998	55,059
		<u>108,998</u>	<u>55,059</u>
Reserves	16		
Total funds		<u><u>315,218</u></u>	<u><u>184,963</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 10 January 2024

And signed on its behalf by:



H. Cavill

Trustee

10 January 2024

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Statement of Cash flows

for the year ended 31 March 2023

	2023 £	2022 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	130,255	104,808
Adjustments for:		
Depreciation of property, plant and equipment	5,537	4,505
Dividends, interest and rents from investments	(478)	(4,203)
Decrease/(Increase) in trade and other receivables	1,076	(30,083)
(Decrease)/Increase in trade and other payables	(33,882)	3,812
Net cash provided by operating activities	<u>102,508</u>	<u>78,839</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(2,964)	(8,688)
Dividends, interest and rents from investments	478	4,203
Net cash used in investing activities	<u>(2,486)</u>	<u>(4,485)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	100,022	74,354
Cash and cash equivalents at the beginning of the year	201,902	127,217
Cash and cash equivalents at the end of the year	<u>301,924</u>	<u>201,571</u>
Components of cash and cash equivalents		
Cash and bank balances	307,052	201,902
	<u>307,052</u>	<u>201,902</u>

Notes to the Accounts

for the year ended 31 March 2023

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
-------------------------------------	---

Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
---------------------------------	--

Volunteer help	The value of any volunteer help received is not included in the accounts.
----------------	---

Investment income	This is included in the accounts when receivable.
-------------------	---

Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
---	---

Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
-------------------------------------	--

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	20% Straight Line
Computer Equipment	33% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.

Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies	121,586	396,700	518,286
Other trading activities	1,252	-	1,252
Investments	203	-	203
Other	2,029	1,971	4,000
Total	125,070	398,671	523,741
Expenditure on:			
Charitable activities	53,397	235,882	289,279
Other	84,949	44,705	129,654
Total	138,346	280,587	418,933
Net income	(13,276)	118,084	104,808
Transfers between funds	10,504	(10,504)	-
Net income before other gains/(losses)	(2,772)	107,580	104,808
Other gains and losses:			
Net movement in funds	(2,772)	107,580	104,808
Reconciliation of funds:			
Total funds brought forward	57,831	22,324	80,155
Total funds carried forward	55,059	129,904	184,963

4 Income from donations and legacies

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Central & Local Government	90,637	352,501	443,138	382,856
Charitable and not-for-profit organisations	68,242	186,156	254,398	121,979
Private and individual donations	9,650	-	9,650	13,451
	<u>168,529</u>	<u>538,657</u>	<u>707,186</u>	<u>518,286</u>

5 Income from other trading activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Fundraising	1,802	1,802	1,252
	<u>1,802</u>	<u>1,802</u>	<u>1,252</u>

6 Income from investments

	Unrestricted	Total 2023	Total 2022
	£	£	£
Interest income	478	478	203
	<u>478</u>	<u>478</u>	<u>203</u>

7 Other income

	Total 2023	Total 2022
	£	£
Employment Allowance	-	4,000
	<u>-</u>	<u>4,000</u>

8 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Direct Staff Costs	21,642	196,118	217,760	157,517
Volunteer & Supervision	14,535	11,994	26,529	113,127
Direct room hire	-	492	492	-
Other charitable activities (Inc SASH,Stabilisation Intervention Programme, Paid Counselling, etc)	247	162,668	162,915	18,635
<i>Governance costs</i>				
	<u>36,424</u>	<u>371,272</u>	<u>407,696</u>	<u>289,279</u>

9 Other expenditure

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Bank loan and overdraft interest payable	6	-	6	-
Employee costs	35,419	34,020	69,439	57,875
Motor and travel costs	649	8,360	9,009	5,449
Premises costs	979	38,382	39,361	39,280
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	5,537	-	5,537	4,505
General administrative costs	16,151	6,245	22,396	18,263
Legal and professional costs	16,961	8,806	25,767	4,282
	<u>75,702</u>	<u>95,813</u>	<u>171,515</u>	<u>129,654</u>

10 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	5,537	4,505

11 Staff costs

	2023	2022
Salaries and wages	53,508	43,563
Social security costs	5,170	4,872
Pension costs	1,659	1,729
	<u>60,337</u>	<u>50,164</u>

These figures include breakdown of staff costs spent on charitable activities directly.

No employee received emoluments in excess of £60,000.

12 Tangible fixed assets

	Office Equipment £	Computer Equipment £	Total £
Cost or revaluation			
At 1 April 2022	7,276	18,265	25,541
Additions	1,006	1,958	2,964
At 31 March 2023	<u>8,282</u>	<u>20,223</u>	<u>28,505</u>
Depreciation and impairment			
At 1 April 2022	4,621	6,041	10,662
Depreciation charge for the year	1,989	3,548	5,537
At 31 March 2023	<u>6,610</u>	<u>9,589</u>	<u>16,199</u>
Net book values			
At 31 March 2023	<u>1,672</u>	<u>10,634</u>	<u>12,306</u>
At 31 March 2022	<u>2,655</u>	<u>12,224</u>	<u>14,879</u>

13 Debtors

	2023 £	2022 £
Trade debtors	10,825	61,291
Prepayments and accrued income	49,390	-
	<u>60,215</u>	<u>61,291</u>

14 Current asset investments

	2023 £	2022 £
Listed investments	-	40,000
	<u>-</u>	<u>40,000</u>

15 Creditors:

amounts falling due within one year

	2023	2022
	£	£
Trade creditors	5,675	5,220
Other taxes and social security	5,601	429
Other creditors	2,913	899
Accruals	6,228	1,100
Deferred income	43,938	85,461
	<u>64,355</u>	<u>93,109</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Notes to the Accounts
18 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 March 2023 £
Restricted funds:					
Restricted income funds:					
Buckinghamshire Council - New Burdens Funding Scheme	44,921	107,073	(27,279)	-	124,715
Support After Sexual Harm (Milton Keynes)	64,735	-	(33,365)	-	31,370
Buckinghamshire Council - New Burdens Funding Scheme (Support After Sexual Harm)	-	145,076	(129,676)	-	15,400
ROSA	-	25,000	-	-	25,000
Milton Keynes Community Foundation	8,125	-	(8,125)	-	-
Office of Police & Crime Commissioner	12,123	68,122	(80,164)	-	81
All other restricted funds	-	193,386	(188,476)	4,744	9,654
<i>Total</i>	<u>129,904</u>	<u>538,657</u>	<u>(467,085)</u>	<u>4,744</u>	<u>206,220</u>
Unrestricted funds:					
General funds	55,059	118,559	(112,126)	47,506	108,998
Designated funds:					
Lloyds Bank Foundation	-	52,250	-	(52,250)	-
<i>Total</i>	<u>-</u>	<u>52,250</u>	<u>-</u>	<u>(52,250)</u>	<u>-</u>
 Total funds	 <u>184,963</u>	 <u>709,466</u>	 <u>(579,211)</u>	 <u>-</u>	 <u>315,218</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Buckinghamshire Council - New Burdens Funding Scheme	Independent Domestic and Sexual Violence Advisor and Outreach to male victims and members of the LGBT+ community
Support After Sexual Harm (Milton Keynes)	Support for Children & Young Adults (in partnership w/t SAFE!)

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)

Notes to the Accounts

Buckinghamshire Council -	Support for Children & Young Adults (in partnership w/t SAFE!)
New Burdens Funding	
Scheme (Support After Sexual Harm)	
ROSA	
Milton Keynes Community Foundation	Wellbeing
Office of Police & Crime Commissioner	Independent Sexual Violence Advisors
All other restricted funds	including Buckinghamshire Council, Community Safety Board Buckinghamshire, Central and North West London Foundation, The Rothschild Foundation and Fairhive.
Designated funds:	
Lloyds Bank Foundation	General grant

17 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	12,306	12,306
Net current assets	302,912	302,912
	<u>315,218</u>	<u>315,218</u>

18 Reconciliation of net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash and cash equivalents	161,902	145,150	307,052
	<u>161,902</u>	<u>145,150</u>	<u>307,052</u>
Net debt	<u>161,902</u>	<u>145,150</u>	<u>307,052</u>

Notes to the Accounts

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2023	2023	2022	2022
	Land and	Other	Land and	Other
	buildings		buildings	
	£	£	£	£
Operating leases with expiry date:				
Within one year	24,720	-	6,300	-
In the second to fifth years inclusive	1,500	-	6,250	-
	<u>26,220</u>	<u>-</u>	<u>12,550</u>	<u>-</u>

Pension commitments

	2023	2022
	£	£
The pension cost charge to the company		
amounted to:	<u>1,659</u>	<u>1,729</u>

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Detailed Statement of Financial Activities
for the year ended 31 March 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies				
Central & Local Government	90,637	352,501	443,138	382,856
Charitable and not-for-profit organisations	68,242	186,156	254,398	121,979
Private and individual donations	9,650	-	9,650	13,451
	<u>168,529</u>	<u>538,657</u>	<u>707,186</u>	<u>518,286</u>
Other trading activities				
Fundraising	1,802	-	1,802	1,252
	<u>1,802</u>	<u>-</u>	<u>1,802</u>	<u>1,252</u>
Investments				
Interest income	478	-	478	203
	<u>478</u>	<u>-</u>	<u>478</u>	<u>203</u>
Other				
Employment Allowance	-	-	-	4,000
	<u>-</u>	<u>-</u>	<u>-</u>	<u>4,000</u>
Total income and endowments	170,809	538,657	709,466	523,741
Expenditure on:				
Charitable activities				
Direct Staff Costs	21,642	196,118	217,760	157,517
Volunteer & Supervision	14,535	11,994	26,529	113,127
Direct room hire	-	492	492	-
Other charitable activities (Inc SASH, Stabilisation Intervention Programme, Paid Counselling, etc)	247	162,668	162,915	18,635
	<u>36,424</u>	<u>371,272</u>	<u>407,696</u>	<u>289,279</u>
Total of expenditure on charitable activities	36,424	371,272	407,696	289,279
Other expenditure				
Bank loan and overdraft interest payable	6	-	6	-
	<u>6</u>	<u>-</u>	<u>6</u>	<u>-</u>
Employee costs				
Salaries/wages	26,276	27,232	53,508	43,563
Employer's NIC	2,610	2,560	5,170	4,872
Pension costs	770	889	1,659	1,729
Staff recruitment	-	104	104	-
Staff training	5,763	3,235	8,998	7,711
	<u>35,419</u>	<u>34,020</u>	<u>69,439</u>	<u>57,875</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Detailed Statement of Financial Activities

Motor and travel costs				
Travel and subsistence	649	8,360	9,009	5,449
	<u>649</u>	<u>8,360</u>	<u>9,009</u>	<u>5,449</u>
Premises costs				
Rent	-	23,669	23,669	35,574
Rates	-	12,849	12,849	2,521
Light, heat and power	-	1,449	1,449	-
Premises cleaning	979	415	1,394	722
Other premises costs	-	-	-	463
	<u>979</u>	<u>38,382</u>	<u>39,361</u>	<u>39,280</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Office Equipment	1,990	-	1,990	1,880
Depreciation of Computer Equipment	3,547	-	3,547	2,625
Bank charges	-	-	-	40
Equipment expensed	394	5	399	547
General insurances	1,121	808	1,929	718
Postage and couriers	457	63	520	482
Software, IT support and related costs	6,463	2,641	9,104	10,171
Stationery and printing	2,073	243	2,316	1,748
Subscriptions	559	204	763	888
Sundry expenses	3,624	549	4,173	787
Telephone, fax and broadband	1,460	1,732	3,192	2,882
	<u>21,688</u>	<u>6,245</u>	<u>27,933</u>	<u>22,768</u>
Legal and professional costs				
Audit/Independent examination fees	2,400	684	3,084	2,116
Consultancy fees	13,180	8,038	21,218	1,037
Other legal and professional costs	1,381	84	1,465	1,129
	<u>16,961</u>	<u>8,806</u>	<u>25,767</u>	<u>4,282</u>
Total of expenditure of other costs	<u>75,702</u>	<u>95,813</u>	<u>171,515</u>	<u>129,654</u>
Total expenditure	112,126	467,085	579,211	418,933
Net gains on investments	-	-	-	-
Net income	<u>58,683</u>	<u>71,572</u>	<u>130,255</u>	<u>104,808</u>
Transfers between funds	(4,744)	4,744	-	-
Net income before other gains/(losses)	<u>53,939</u>	<u>76,316</u>	<u>130,255</u>	<u>104,808</u>

Sexual Assault and Abuse Support Service Buckinghamshire and Milton Keynes
(formally Aylesbury Vale & Milton Keynes Sexual Assault and Abuse Support Service)
Detailed Statement of Financial Activities

Other Gains	-	-	-	-
Net movement in funds	53,939	76,316	130,255	104,808
Reconciliation of funds:				
Total funds brought forward	55,059	129,904	184,963	80,155
Total funds carried forward	108,998	206,220	315,218	184,963

Accounts

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Charity No. 1175021

Company No. CE011506

Trustees' Report and Unaudited Accounts

31 March 2022

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Contents

	Pages
Trustees' Annual Report	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Summary Income and Expenditure Account	8
Balance Sheet	9
Statement of Cash flows	10
Notes to the Accounts	11 to 19
Detailed Statement of Financial Activities	20 to 22

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service Trustees Annual Report

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company Number E011506

Charity Number 1175021

Principal Office

The Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Registered Office

The Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

J. Austin-Lavery (Resigned 30 June 21)
H. Cavill
A. Jenner
R. Kaur (Resigned 18 November 2021)
K. Leney
M. Pringle (Appointed 17 March 22)
J. Robson
L. Ward (Appointed 18 November 21)
G. Wint (Resigned 31 December 21)

Key Management Personnel

Mrs Carol Older

Accountants

AJR & Co
Ltd The
Barn
11a Queen Catherine
Road Steeple Claydon
Buckinghamshire
MK18 2PZ

Bankers

Metro Bank
1 Southampton
Row LONDON
WC1B 5HA

OBJECTIVES AND ACTIVITIES

The object of AVMKSAASS is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

AVMKSAASS wants every individual who has been affected by sexual assault and abuse to receive the support they need and wish. To meet the charity's objects, it is delivering a range of services created to meet the needs of those affected by sexual abuse.

AVMKSAASS aims to raise awareness of and change the perceptions of sexual assault and abuse within our local area and to bring an end to sexual violence. To achieve this, the charity participates in different partnerships and events, offers training and talks to appropriate businesses, schools etc.

Main activities undertaken for the public benefit

AVMKSAASS has provided the following services for the public benefit in relation to these objects during the financial year 2021/22. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services.

Over the year we supported a total of 803 individuals: 715 females, 81 males, 7 transgender/non-binary individuals. 40% of our service users were adults who had experienced Childhood Sexual Abuse and 26% of our service users reported multiple experiences of sexual assault and Abuse. 16% identified as having a disability whilst 29% chose not to state.

A total of 18,564 contacts were made with our service users including 4,465 one to one sessions.

Telephone Support and Helpline – 49 unique individuals were supported solely through the helpline in the year. This is delivered 5 five days per week with the possibility for service users to leave a message if no one is available to answer. It provides an essential gateway to the organisation's services. If a message is left, they are responded to in two working days. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 2501 instances of support were offered via telephone.

Information, Advice and Guidance – AVMKSAASS provides information, advice and guidance to all service users, as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

Email support - we are receiving an increase in the number of people who prefer to email rather than talk with 10,399 email contacts being made, a combination of one-off support and assessments and ongoing contact. We've seen an increase in emails from men especially, 826 compared to 235 compared the previous year. Support and response are provided within three working days.

ISVA service – AVMKSAASS supported 77 women and 6 men through the ISVA service this year. The ISVA service supports people through the criminal justice system.

Advocacy service – AVMKSAASS has expanded its advocacy support and provided an advocacy service (housing, financial, health, employment) to 110 women and 37 men and 2 non-binary.

One-to-one face-to-face counselling – 3,089 counselling sessions were provided to individuals by our dedicated volunteer counsellors. This represents a financial value of approximately £154,450. Demand for counselling continues to increase and, in the autumn and spring, we trained an additional 40 volunteer counsellors to help meet this demand.

Group support (online) – AVMKSAASS provided group support to 292 women through a weekly one-hour drop-in and weekly 2-hour group therapeutic sessions. The aim for these groups is to support women to cope and recover from the effects of sexual violence but also to enable them to build on their own support network and empower them to build healthy relationships.

Two individuals describe the support they've received as follows:

"It has helped me gain a greater understanding regarding my mental health and circumstances surrounding it – and how to deal with it. I am so grateful for the support I have received from Rape Crisis they have always made me feel comfortable and helped me through some of my darkest places. Their service and support is why I am a survivor and not a victim".

"Thrive2gether is so much more than I ever imagined it to be. We have so much fun and it has helped me achieve things I wouldn't have believed to be possible, but at the same time it is a place where I am understood and can get support if it is needed. A place I feel safe being honest and open. A place of growth and a place of love".

ACHIEVEMENTS AND PERFORMANCE

AVMKSAASS is a member of Rape Crisis England and Wales, certifying that the charity is

Detailed Statement of Financial Activities

continuing to meet their National Service Standards. The charity completed the Rape Crisis National Service Standards validation process during the 2019/2020 financial year and was successfully awarded a quality mark. Rape Crisis England and Wales National Service Standards secures quality of governance, management and service delivery.

The organisation has also successfully applied for Lime Culture and Male Services Partnership reaccreditation completing the process in February 22.

In March 2022 we started the process for the new service standards pilot for the Survivors Trust.

FINANCIAL REVIEW

To meet the increasing demand of services 40 new volunteers have been recruited during the financial year. The volunteers have received specialised training in sexual violence for 6 weeks to guarantee that they uphold the level of specialist support that AVMKSAASS requires. AVMKSAASS has in total 55 volunteers excluding trustees contributing their time during the year.

The majority have contributed within the counselling service, but volunteers have also contributed through delivering training for new volunteers, as trustees, operating the helpline and providing administrative support.

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £523,741 more than doubling the income of the previous year of £251,964. The charity has also participated in fundraising activity including a car raffle arranged by Milton Keynes Community Foundation, Easy Fundraising and the Vale Lottery. The charity's principal sources of funding for the financial year have been received from the Ministry of Justice, Thames Valley Police and Crime Commissioner, Buckinghamshire Council, Milton Keynes Community Foundation, Rothschild Foundation, and Vale of Aylesbury Housing Trust and the Health Lottery.

PLANS FOR FUTURE PERIODS

AVMKSAASS are intending to deliver another training course for new volunteers during the autumn of 2022 to meet the demand for counselling services. The charity intends to provide additional opportunities for group support and advocacy early in the new financial year. The charity intends to continue to scope and develop a range of holistic services for those affected by sexual abuse.

The trustees for AVMKSAASS would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who bought tickets in the car raffle enabling the charity to continue to support those affected by sexual violence.

We would like to thank our funders Ministry of Justice, Thames Valley Police and Crime Commissioner, Buckinghamshire Council, Milton Keynes Community Foundation, Rothschild Foundation, Heart of Bucks, Vale of Aylesbury Housing Trust and the Health Lottery.

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to AJR & Co Ltd, Chartered Accountant for examining the charity's accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018.

AVMKSAASS currently has six trustees that regularly meet every other month. When the organisation has need for new trustees advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

AVMKSAASS is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes. AVMKSAASS is also a member of The Survivors Trust.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board



Helen Cavill
Chair of Trustees
11th January 2023

Independent Examiner's Report to the trustees of Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

I report to the charity trustees on my examination of the financial statements of Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountants in England & Wales.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mr Andrew Richardson BA FCA
Institute of Chartered Accountants in England & Wales
AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
11 January 2023

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Financial Activities

for the year ended 31 March 2022

		Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
	Notes				
Income and endowments from:					
Donations and legacies	4	121,586	396,700	518,286	246,777
Other trading activities	5	1,252	-	1,252	384
Investments	6	203	-	203	802
Other	7	2,029	1,971	4,000	4,000
Total		125,070	398,671	523,741	251,963
Expenditure on:					
Charitable activities (Direct)	8	53,397	235,882	289,279	111,898
Charitable activities (Indirect)	9	84,949	44,705	129,654	99,404
Total		138,346	280,587	418,933	211,302
Net gains on investments		-	-	-	-
Net income	10	(13,276)	118,084	104,808	40,661
Transfers between funds		10,504	(10,504)	-	-
Net income before other gains/(losses)		(2,772)	107,580	104,808	40,661
Other gains and losses					
Net movement in funds		(2,772)	107,580	104,808	40,661
Reconciliation of funds:					
Total funds brought forward		57,831	22,324	80,155	39,494
Total funds carried forward		55,059	129,904	184,963	80,155

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Summary Income and Expenditure Account

for the year ended 31 March 2022

	2022	2021
	£	£
Income	523,538	251,162
Interest and investment income	203	802
Gross income for the year	<u>523,741</u>	<u>251,964</u>
Expenditure	414,428	208,224
Interest payable	-	12
Depreciation and charges for impairment of fixed assets	4,505	3,067
Total expenditure for the year	<u>418,933</u>	<u>211,303</u>
Net income before tax for the year	104,808	40,661
Net income for the year	<u><u>104,808</u></u>	<u><u>40,661</u></u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service**Balance Sheet****at 31 March 2022**

Company No.	CE011506	Notes	2022 £	2021 £
Fixed assets				
	Tangible assets	12	14,879	10,696
			<u>14,879</u>	<u>10,696</u>
Current assets				
	Debtors	13	61,291	31,208
	Investments	14	40,000	20,000
	Cash at bank and in hand		161,902	107,217
			<u>263,193</u>	<u>158,425</u>
	Creditors: Amount falling due within one year	15	(93,109)	(88,966)
	Net current assets		<u>170,084</u>	<u>69,459</u>
	Total assets less current liabilities		<u>184,963</u>	<u>80,155</u>
	Net assets excluding pension asset or liability		<u>184,963</u>	<u>80,155</u>
	Total net assets		<u><u>184,963</u></u>	<u><u>80,155</u></u>
The funds of the charity				
	Restricted funds	16		
	Restricted income funds		129,904	22,324
			<u>129,904</u>	<u>22,324</u>
	Unrestricted funds	16		
	General funds		55,059	57,831
			<u>55,059</u>	<u>57,831</u>
	Reserves	16		
	Total funds		<u><u>184,963</u></u>	<u><u>80,155</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

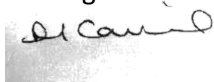
For the year ended 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 11 January 2023

And signed on its behalf by:



H. Cavill

Trustee

11 January 2023

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Cash flows

for the year ended 31 March 2022

	2022	2021
	£	£
Cash flows from operating activities		
Net income per Statement of Financial Activities	104,808	40,661
Adjustments for:		
Depreciation of property, plant and equipment	4,505	3,067
Dividends, interest and rents from investments	(4,203)	(4,802)
Increase in trade and other receivables	(30,083)	(28,725)
Increase in trade and other payables	3,812	67,914
Net cash provided by operating activities	<u>78,839</u>	<u>78,115</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(8,688)	(9,710)
Dividends, interest and rents from investments	4,203	4,802
Net cash used in investing activities	<u>(4,485)</u>	<u>(4,908)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase in cash and cash equivalents	74,354	73,207
Cash and cash equivalents at the beginning of the year	127,217	54,010
Cash and cash equivalents at the end of the year	<u>201,571</u>	<u>127,217</u>
Components of cash and cash equivalents		
Cash and bank balances	201,902	127,217
	<u>201,902</u>	<u>127,217</u>

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	20% Straight Line
Computer Equipment	33% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

Notes to the Accounts

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	84,401	162,377	246,778
Charitable activities	384	-	384
Investments	802	-	802
Other	4,000	-	4,000
Total	89,587	162,377	251,964
Expenditure on:			
Charitable activities	9,778	35,045	44,823
Other	57,900	108,580	166,480
Total	67,678	143,625	211,303
Net income	21,909	18,752	40,661
Transfers between funds	(1,388)	1,388	-
Net income before other gains/(losses)	20,521	20,140	40,661
Other gains and losses:			
Net movement in funds	20,521	20,140	40,661
Reconciliation of funds:			
Total funds brought forward	37,310	2,184	39,494
Total funds carried forward	57,831	22,324	80,155

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Legacies transferred from Aylesbury Vale Rape Crisis	-	-	-	1
Central & Local Government	61,934	320,922	382,856	160,023
Charitable and not-for-profit organisations	46,456	75,523	121,979	83,222
Private and individual donations	13,196	255	13,451	3,531
	121,586	396,700	518,286	246,777

Notes to the Accounts

5 Income from other trading activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Fundraising	1,252	1,252	384
	<u>1,252</u>	<u>1,252</u>	<u>384</u>

6 Income from investments

	Unrestricted	Total 2022	Total 2021
	£	£	£
Interest income	203	203	802
	<u>203</u>	<u>203</u>	<u>802</u>

7 Other income

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Employment Allowance	2,029	1,971	4,000	4,000
	<u>2,029</u>	<u>1,971</u>	<u>4,000</u>	<u>4,000</u>

8 Expenditure on direct charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Direct Staff Costs	43,284	114,233	157,517	67,075
Volunteer & Supervision	8,502	104,625	113,127	21,750
Direct room hire	-	-	-	5,400
Live chat & other charitable expenses	1,611	17,024	18,635	17,673
<i>Governance costs</i>				
	<u>53,397</u>	<u>235,882</u>	<u>289,279</u>	<u>111,898</u>

Notes to the Accounts

9 Expenditure on indirect charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Bank loan and overdraft interest payable	-	-	-	12
Employee costs	30,417	27,458	57,875	60,343
Motor and travel costs	3,506	1,943	5,449	283
Premises costs	27,180	12,100	39,280	17,871
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	4,505	-	4,505	3,067
General administrative costs	15,990	2,273	18,263	15,702
Legal and professional costs	3,351	931	4,282	2,126
	<u>84,949</u>	<u>44,705</u>	<u>129,654</u>	<u>99,404</u>

10 Net income before transfers

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	4,505	3,067

11 Staff costs

	2022	2021
Salaries and wages	191,560	105,684
Social security costs	11,311	8,907
Pension costs	6,004	3,600
	<u>208,875</u>	<u>118,191</u>

These figures include breakdown of staff costs spent on charitable activities directly.

No employee received emoluments in excess of £60,000.

Notes to the Accounts

12 Tangible fixed assets

	Office Equipment	Computer Equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2021	6,348	10,505	16,853
Additions	928	7,760	8,688
At 31 March 2022	<u>7,276</u>	<u>18,265</u>	<u>25,541</u>
Depreciation and impairment			
At 1 April 2021	2,741	3,416	6,157
Depreciation charge for the year	1,880	2,625	4,505
At 31 March 2022	<u>4,621</u>	<u>6,041</u>	<u>10,662</u>
Net book values			
At 31 March 2022	<u>2,655</u>	<u>12,224</u>	<u>14,879</u>
At 31 March 2021	<u>3,607</u>	<u>7,089</u>	<u>10,696</u>

13 Debtors

	2022	2021
	£	£
Trade debtors	61,291	31,208
	<u>61,291</u>	<u>31,208</u>

14 Current asset investments

	2022	2021
	£	£
Listed investments	40,000	20,000
	<u>40,000</u>	<u>20,000</u>

15 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Trade creditors	5,220	31
Other taxes and social security	429	3,142
Other creditors	899	3,584
Accruals	1,100	769
Deferred income	85,461	81,440
	<u>93,109</u>	<u>88,966</u>

Notes to the Accounts

16 Movement in funds

	At 1 April 2021	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2022
	£	£	£	£	£
Restricted funds:					
Restricted income funds:					
Bucks Council	8,892	41,803	(5,774)	-	44,921
Milton Keynes Community Foundation	9,250	20,274	(21,399)	-	8,125
Office of Police & Crime Commissioners	-	73,886	(61,763)	-	12,123
Rape Crisis England & Wales	2,831	7,665	(2,475)	(8,021)	-
Support After Sexual Harm (Milton Keynes)	-	186,306	(121,571)	-	64,735
Tesco Drop In	1,351	-	-	(1,351)	-
All other restricted funds	-	68,737	(67,605)	(1,132)	-
Total	22,324	398,671	(280,587)	(10,504)	129,904
Unrestricted funds:					
General funds	57,831	91,980	(101,770)	7,018	55,059
Designated funds:					
Lloyds Bank	-	33,090	(36,576)	3,486	-
Total	-	33,090	(36,576)	3,486	-
Total funds	80,155	523,741	(418,933)	-	184,963

Purposes and restrictions in relation to the funds:

Restricted funds:

Bucks Council	Male Services Co-ordinator
Milton Keynes Community Foundation	Wellbeing
Office of Police & Crime Commissioners	Independent Sexual Violence Advisors
Rape Crisis England & Wales	Online Chat's Provision (inc RCEW Digital)
Support After Sexual Harm (Milton Keynes)	Support for Children & Young Adults (in partnership w/t SAFE!)
Tesco Drop In	Peer support group
All other restricted funds	including Com Boards SIP Bucks, CNWL NHS SIP MK, Males BC, Rothschild & VAHT

Designated funds:

Lloyds Bank	General funding
-------------	-----------------

Notes to the Accounts

17 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	14,879	14,879
Net current assets	170,084	170,084
	<u>184,963</u>	<u>184,963</u>

18 Reconciliation of net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash and cash equivalents	107,217	54,685	161,902
	<u>107,217</u>	<u>54,685</u>	<u>161,902</u>
Net debt	<u>107,217</u>	<u>54,685</u>	<u>161,902</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2022	2022	2021	2021
	Land and buildings	Other	Land and buildings	Other
	£	£	£	£

Operating leases with expiry date:

Within one year	6,300	-	-	-
In the second to fifth years inclusive	6,250	-	-	-
	<u>12,550</u>	<u>-</u>	<u>-</u>	<u>-</u>

Pension commitments

	2022	2021
	£	£
The pension cost charge to the company amounted to:	<u>6,004</u>	<u>3,600</u>

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

for the year ended 31 March 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies				
Legacies transferred from	-	-	-	1
Aylesbury Vale Rape Crisis				
Central & Local Government	61,934	320,922	382,856	160,023
Charitable and not-for-profit organisations	46,456	75,523	121,979	83,222
Private and individual donations	13,196	255	13,451	3,531
	<u>121,586</u>	<u>396,700</u>	<u>518,286</u>	<u>246,777</u>
Other trading activities				
Fundraising	1,252	-	1,252	384
	<u>1,252</u>	<u>-</u>	<u>1,252</u>	<u>384</u>
Investments				
Interest income	203	-	203	802
	<u>203</u>	<u>-</u>	<u>203</u>	<u>802</u>
Other				
Employment Allowance	2,029	1,971	4,000	4,000
	<u>2,029</u>	<u>1,971</u>	<u>4,000</u>	<u>4,000</u>
Total income and endowments	125,070	398,671	523,741	251,963
Expenditure on:				
Charitable activities				
Direct Staff Costs	43,284	114,233	157,517	67,075
Volunteer & Supervision	8,502	104,625	113,127	21,750
Direct room hire	-	-	-	5,400
Live chat & other charitable expenses	1,611	17,024	18,635	17,673
	<u>53,397</u>	<u>235,882</u>	<u>289,279</u>	<u>111,898</u>
Total of expenditure on charitable activities	53,397	235,882	289,279	111,898
Other expenditure				
Bank loan and overdraft interest payable	-	-	-	12
	<u>-</u>	<u>-</u>	<u>-</u>	<u>12</u>
Employee costs				
Salaries/wages	21,903	21,660	43,563	44,788
Employer's NIC	2,528	2,344	4,872	4,578
Pension costs	811	918	1,729	1,749
Staff training	5,175	2,536	7,711	9,228
	<u>30,417</u>	<u>27,458</u>	<u>57,875</u>	<u>60,343</u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

Motor and travel costs				
Travel and subsistence	3,506	1,943	5,449	283
	<u>3,506</u>	<u>1,943</u>	<u>5,449</u>	<u>283</u>
Premises costs				
Rent	23,474	12,100	35,574	13,200
Rates	2,521	-	2,521	-
Premises cleaning	722	-	722	-
Other premises costs	463	-	463	4,671
	<u>27,180</u>	<u>12,100</u>	<u>39,280</u>	<u>17,871</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Office Equipment	1,880	-	1,880	1,444
Depreciation of Computer Equipment	2,625	-	2,625	1,623
Bank charges	40	-	40	-
Equipment expensed	547	-	547	-
General insurances	718	-	718	653
Postage and couriers	450	32	482	393
Software, IT support and related costs	8,256	1,915	10,171	11,363
Stationery and printing	1,422	326	1,748	633
Subscriptions	888	-	888	705
Sundry expenses	787	-	787	1
Telephone, fax and broadband	2,882	-	2,882	1,954
	<u>20,495</u>	<u>2,273</u>	<u>22,768</u>	<u>18,769</u>
Legal and professional costs				
Audit/Independent examination fees	2,116	-	2,116	1,826
Consultancy fees	675	362	1,037	-
Other legal and professional costs	560	569	1,129	300
	<u>3,351</u>	<u>931</u>	<u>4,282</u>	<u>2,126</u>
Total of expenditure of other costs	<u>84,949</u>	<u>44,705</u>	<u>129,654</u>	<u>99,404</u>
Total expenditure	<u>138,346</u>	<u>280,587</u>	<u>418,933</u>	<u>211,302</u>
Net gains on investments	-	-	-	-
	<u>(13,276)</u>	<u>118,084</u>	<u>104,808</u>	<u>40,661</u>
Net income				
Transfers between funds	10,504	(10,504)	-	-
Net income before other gains/(losses)	<u>(2,772)</u>	<u>107,580</u>	<u>104,808</u>	<u>40,661</u>
Other Gains	-	-	-	-
Net movement in funds	<u>(2,772)</u>	<u>107,580</u>	<u>104,808</u>	<u>40,661</u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Detailed Statement of Financial Activities

Reconciliation of funds:

Total funds brought forward	57,831	22,324	80,155	39,494
Total funds carried forward	<u>55,059</u>	<u>129,904</u>	<u>184,963</u>	<u>80,155</u>

Accounts

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Charity No. 1175021

Company No. CE011506

Trustees' Report and Unaudited Accounts

31 March 2021

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Contents

	Pages
Trustees' Annual Report	2 to 5
Independent Examiner's Report	6
Statement of Financial Activities	7
Summary Income and Expenditure Account	8
Balance Sheet	9
Statement of Cash flows	10
Notes to the Accounts	11 to 19
Detailed Statement of Financial Activities	20 to 22

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service Trustees Annual Report

The Trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. CE011506

Charity No. 1175021

Principal Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Registered Office

The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

J. Austin-Lavery
H. Cavill
X. Couture (Resigned 21 May 2020)
S. Elsenburg (Resigned 21 May 2020)
A. Jenner
R. Kaur
K. Leney
J. Robson
G. Wint

Key Management Personnel

Mrs Carol Older

Accountants

AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ

Bankers

Metro Bank
1 Southampton Row
LONDON
WC1B 5HA

OBJECTIVES AND ACTIVITIES

The object of AVMKSAASS is to relieve the trauma and suffering caused to individuals and their loved ones by sexual violence or domestic abuse in any of its forms.

AVMKSAASS wishes that every individual who has been affected by sexual violence receives the support they need and want. To meet the charity's objects, it is delivering a range of services created to meet the needs of those affected by sexual abuse.

AVMKSAASS is also aiming to raise awareness of and change the perceptions of sexual violence within our local area to bring an end to sexual violence. To achieve this, the charity participates in different partnerships and events, offers training and talks to appropriate businesses, schools etc.

Main activities undertaken for the public benefit

AVMKSAASS has provided the following services for the public benefit in relation to these objects during the financial year 2020/21. The trustees confirm they have had regard to the guidance issued by the Charity Commission on public benefit when delivering these services.

Over the year we supported a total of 631 individuals: 427 females, 62 males, 4 transgender/non-binary individuals and 138 with their gender not stated.

Telephone Support and Helpline – 102 unique individuals were supported solely through the helpline in the year. This is delivered 5 five days per week with the possibility for service users to leave a message if no one is available to answer. It provides an essential gateway to the organisation's services. If a message is left, they are responded to in two working days. As there is a waiting list for face-to-face counselling, every survivor contacting us is offered telephone support until they are allocated a counsellor. This year a total of 3,239 instance of support were offered via telephone.

Email support - we are receiving an increase in the number of people who prefer to email rather than talk with 9,039 emails received this year, a combination of one-off support and assessments and ongoing contact. We've seen an increase in emails from men especially, 235 compared to 44 the previous year. Support and response are provided within three working days.

One-to-one face-to-face counselling – 2,101 counselling sessions have been provided to 349 individuals by our dedicated volunteer counsellors virtually. This represents a financial value of approximately £105,050. Demand for counselling continues to increase and, in the autumn, we trained an additional 20 volunteer counsellors to help meet this demand.

ISVA service – AVMKSAASS supported 13 women and 5 men through the ISVA service this year. The ISVA service supports people through the criminal justice system.

Group support (online) – AVMKSAASS provided group support to 166 women through a weekly one-hour drop-in and weekly 2-hour group therapeutic sessions. The aim for these groups is to support women to cope and recover from the effects of sexual violence but also to enable them to build on their own support

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Trustees Annual Report

network and empower them to build healthy relationships.

Advocacy service – AVMKSAASS has expanded its advocacy support and provided an advocacy service (housing, financial, health, employment) to 118 women and 7 men.

Information, Advice and Guidance – AVMKSAASS has introduced sessions to provide information, advice and guidance to service users, often as an introduction to the charity so survivors are aware of the range of support available to them. These sessions are delivered by a specialist trained member of staff.

Two individuals describe the support they've received as follows:

"I thank you every day for saving my life and transforming it into something I only dreamed of. I never knew that I would be in the position I am today filled with love and learning to use the tools you have taught me to thrive every day."

"Thrive was brilliant with [staff member] this morning, I know that many of us are moved and inspired by her compassion, skills and experience."

ACHIEVEMENTS AND PERFORMANCE

AVMKSAASS is a member of Rape Crisis England and Wales, certifying that the charity is continuing to meet their National Service Standards. The charity completed the Rape Crisis National Service Standards validation process during the 2019/2020 financial year and was successfully awarded a quality mark. Rape Crisis England and Wales National Service Standards secures quality of governance, management and service delivery.

FINANCIAL REVIEW

To meet the increasing demand of services 20 new volunteers have been recruited during the financial year. The volunteers have received specialised training in sexual violence for 6 weeks to guarantee that they uphold the level of specialist support that AVMKSAASS requires. AVMKSAASS has in total 30 volunteers excluding trustees contributing their time during the year.

The majority have contributed within the counselling service, but volunteers have also contributed through delivering training for new volunteers, as trustees, operating the helpline and providing administrative support.

The charity has maintained its existing public funding sources while successfully bidding for funding from additional public bodies, with a total income of £251,964, more than doubling the income of the previous year of £105,418. The charity has also participated in fundraising activity including a car raffle arranged by Milton Keynes Community Foundation, Easy Fundraising and the Vale Lottery. The charity's principal sources of funding for the financial year have been received from the Ministry of Justice, Thames Valley Police and Crime Commissioner, Bucks Council, Milton Keynes Community Foundation, Rothschild Foundation, and Vale of Aylesbury Housing Trust.

Policy on reserves

The trustees of AVMKSAASS have set guidelines of the charity to have reserves of at least three to nine months running costs. The reason for doing this is in case of a source of funding is lost, unforeseen emergencies or for redundancy costs.

PLANS FOR FUTURE PERIODS

AVMKSAASS are intending to deliver another training course for new volunteers during the autumn of 2021

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Trustees Annual Report

to meet the demand for counselling services. The charity intends to provide additional opportunities for group support and advocacy early in the new financial year. The charity intends to continue to scope and develop a range of holistic services for those affected by sexual abuse.

The trustees for AVMKSAASS would like to thank the organisations that have given their support throughout the year. We would like to thank all the supporters on Vale Lottery, Easyfundraising.org.uk and to all those who bought tickets in the car raffle enabling the charity to continue to support those affected by sexual violence.

We would like to thank our funders Ministry of Justice, Vale of Aylesbury Housing Trust, Awards for All, Thames Valley Police and Crime Commissioner, Bucks Council, Milton Keynes Community Foundation, Rothschild Foundation, and Heart of Bucks.

We would like to thank the extremely dedicated volunteers who make it possible for the organisation to continue its work of supporting survivors.

The trustees would also like to express their gratitude to AJR & Co Ltd, Chartered Accountant for examining the charity's accounts.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service (AVMKSAASS) was adopted as a Charitable Incorporated Organisation on the 6th October 2017 and amended on the 18th July 2018. Merger between Aylesbury Vale Rape Crisis an unincorporated association took place on 1st April 2018.

AVMKSAASS currently has seven trustees that regularly meet every month. When the organisation has need for new trustees advertising is posted at appropriate places whereby interviews are held with the applicants. Trustees are then appointed. A trustee will receive training and complete an induction programme when appointed.

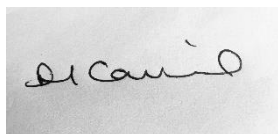
AVMKSAASS is a member of Rape Crisis England and Wales and meets their National Service Standards. As such, the organisation is women-led, and all services are equitable and provided from a feminist perspective and are delivered in a safe environment with dedicated premises in Aylesbury and Milton Keynes.

AVMKSAASS is also a member of The Survivors Trust.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board



H. Cavill

Trustee

24 January 2022

Independent Examiner's Report to the trustees of Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service

I report to the charity trustees on my examination of the accounts of Aylesbury Vale and Milton Keynes Sexual Assault and Abuse Support Service for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet, the Statement of Cash Flows and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

As the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Institute of Chartered Accountant in England & Wales.

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Andrew Richardson BA FCA
Institute of Chartered Accountant in England & Wales
AJR & Co Ltd
The Barn
11a Queen Catherine Road
Steeple Claydon
Buckinghamshire
MK18 2PZ
30 July 2021

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Financial Activities

for the year ended 31 March 2021

		Unrestricted funds	Restricted funds	Total funds	Total funds
		2021	2021	2021	2020
	Notes	£	£	£	£
Income and endowments from:					
Donations and legacies	4	84,401	162,377	246,778	101,979
Charitable activities	5	384	-	384	412
Investments	6	802	-	802	27
Other	7	4,000	-	4,000	3,000
Total		89,587	162,377	251,964	105,418
Expenditure on:					
Charitable activities	8	9,778	35,045	44,823	34,842
Other	9	57,900	108,580	166,480	100,826
Total		67,678	143,625	211,303	135,668
Net gains on investments		-	-	-	-
Net income/(expenditure)	10	21,909	18,752	40,661	(30,250)
Transfers between funds		(1,388)	1,388	-	-
Net income/(expenditure) before other gains/(losses)		20,521	20,140	40,661	(30,250)
Other gains and losses					
Net movement in funds		20,521	20,140	40,661	(30,250)
Reconciliation of funds:					
Total funds brought forward		37,310	2,184	39,494	69,744
Total funds carried forward		<u>57,831</u>	<u>22,324</u>	<u>80,155</u>	<u>39,494</u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Summary Income and Expenditure Account

for the year ended 31 March 2021

	2021	2020
	£	£
Income	251,162	105,391
Interest and investment income	802	27
Gross income for the year	<u>251,964</u>	<u>105,418</u>
Expenditure	208,224	133,946
Interest payable	12	-
Depreciation and charges for impairment of fixed assets	3,067	1,722
Total expenditure for the year	<u>211,303</u>	<u>135,668</u>
Net income/(expenditure) before tax for the year	40,661	(30,250)
Net income /(expenditure)for the year	<u><u>40,661</u></u>	<u><u>(30,250)</u></u>

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Balance Sheet

at 31 March 2021

Company No. CE011506	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	12	10,696	4,053
		<u>10,696</u>	<u>4,053</u>
Current assets			
Debtors	13	31,208	2,483
Investments	14	20,000	40,000
Cash at bank and in hand		107,217	14,010
		<u>158,425</u>	<u>56,493</u>
Creditors: Amount falling due within one year	15	(88,966)	(21,052)
Net current assets		<u>69,459</u>	<u>35,441</u>
Total assets less current liabilities		<u>80,155</u>	<u>39,494</u>
Net assets excluding pension asset or liability		<u>80,155</u>	<u>39,494</u>
Total net assets		<u><u>80,155</u></u>	<u><u>39,494</u></u>
The funds of the charity			
Restricted funds	16		
Restricted income funds		22,324	2,184
		<u>22,324</u>	<u>2,184</u>
Unrestricted funds	16		
General funds		57,831	37,310
		<u>57,831</u>	<u>37,310</u>
Reserves	16		
Total funds		<u><u>80,155</u></u>	<u><u>39,494</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

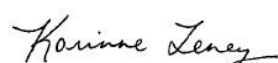
For the year ended 31 March 2021 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 30 July 2021

And signed on its behalf by:



K. Leney
Trustee
30 July 2021

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Statement of Cash flows

for the year ended 31 March 2021

	2021	2020
	£	£
Cash flows from operating activities		
Net income/(expenditure) per Statement of Financial Activities	40,661	(30,250)
Adjustments for:		
Depreciation of property, plant and equipment	3,067	1,722
Dividends, interest and rents from investments	(4,802)	(3,027)
Increase in trade and other receivables	(28,725)	(2,283)
Increase in trade and other payables	67,914	8,435
Net cash provided by/(used in) operating activities	<u>78,115</u>	<u>(25,403)</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(9,710)	(1,413)
Dividends, interest and rents from investments	4,802	3,027
Net cash (used in)/from investing activities	<u>(4,908)</u>	<u>1,614</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net increase/(decrease) in cash and cash equivalents	73,207	(23,789)
Cash and cash equivalents at the beginning of the year	54,010	77,799
Cash and cash equivalents at the end of the year	<u>127,217</u>	<u>54,010</u>
Components of cash and cash equivalents		
Cash and bank balances	127,217	54,010
	<u>127,217</u>	<u>54,010</u>

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Notes to the Accounts

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office Equipment	20% Straight Line
Computer Equipment	33% Straight Line

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Notes to the Accounts

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.

Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.

All exchange differences are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.

Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.

Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.

Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.

In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

Notes to the Accounts

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
Income and endowments from:			
Donations and legacies	57,080	44,899	101,979
Charitable activities	412	-	412
Investments	27	-	27
Other	1,404	1,596	3,000
Total	58,923	46,495	105,418
Expenditure on:			
Charitable activities	15,890	18,952	34,842
Other	46,639	54,187	100,826
Total	62,529	73,139	135,668
Net income	(3,606)	(26,644)	(30,250)
Net income before other gains/(losses)	(3,606)	(26,644)	(30,250)
Other gains and losses:			
Net movement in funds	(3,606)	(26,644)	(30,250)
Reconciliation of funds:			
Total funds brought forward	40,916	28,828	69,744
Total funds carried forward	37,310	2,184	39,494

4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Legacies transferred from Aylesbury Vale Rape Crisis	2	-	2	-
Central & Local Government	60,360	99,663	160,023	51,520
Charitable and not-for-profit organisations	20,508	62,714	83,222	48,863
Private and individual donations	3,531	-	3,531	1,596
	84,401	162,377	246,778	101,979

Notes to the Accounts

5 Income from charitable activities

	Unrestricted	Total 2021	Total 2020
	£	£	£
Commissions & Royalties	384	384	412
	<u>384</u>	<u>384</u>	<u>412</u>

6 Income from investments

	Unrestricted	Total 2021	Total 2020
	£	£	£
Interest income	802	802	27
	<u>802</u>	<u>802</u>	<u>27</u>

7 Other income

	Unrestricted	Total 2021	Total 2020
	£	£	£
Employment Allowance	4,000	4,000	3,000
	<u>4,000</u>	<u>4,000</u>	<u>3,000</u>

8 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Volunteer & Supervision	1,341	20,409	21,750	23,033
Direct room hire	5,400	-	5,400	9,585
Live chat & other charitable expenses	3,037	14,636	17,673	2,224
<i>Governance costs</i>				
	<u>9,778</u>	<u>35,045</u>	<u>44,823</u>	<u>34,842</u>

Notes to the Accounts

9 Other expenditure

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Bank loan and overdraft interest payable	12	-	12	-
Employee costs	45,650	81,769	127,419	75,784
Motor and travel costs	283	-	283	1,783
Premises costs	2,246	15,625	17,871	9,902
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	3,067	-	3,067	1,722
General administrative costs	4,618	11,084	15,702	9,481
Legal and professional costs	2,024	102	2,126	2,154
	<u>57,900</u>	<u>108,580</u>	<u>166,480</u>	<u>100,826</u>

10 Net income/(expenditure) before transfers

	2021	2020
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	3,067	1,722

11 Staff costs

Salaries and wages	105,684	60,366
Social security costs	8,907	4,376
Pension costs	3,600	1,875
	<u>118,191</u>	<u>66,617</u>

No employee received emoluments in excess of £60,000.

12 Tangible fixed assets

	Office Equipment	Computer Equipment	Total
	£	£	£
Cost or revaluation			
At 1 April 2020	2,228	4,915	7,143
Additions	4,120	5,590	9,710
At 31 March 2021	<u>6,348</u>	<u>10,505</u>	<u>16,853</u>
Depreciation and impairment			
At 1 April 2020	1,297	1,793	3,090
Depreciation charge for the year	1,444	1,623	3,067
At 31 March 2021	<u>2,741</u>	<u>3,416</u>	<u>6,157</u>
Net book values			
At 31 March 2021	<u>3,607</u>	<u>7,089</u>	<u>10,696</u>
At 31 March 2020	<u>931</u>	<u>3,122</u>	<u>4,053</u>

Notes to the Accounts

13 Debtors

	2021	2020
	£	£
Trade debtors	31,208	2,483
	<u>31,208</u>	<u>2,483</u>

14 Current asset investments

	2021	2020
	£	£
Listed investments	20,000	40,000
	<u>20,000</u>	<u>40,000</u>

15 Creditors:

amounts falling due within one year

	2021	2020
	£	£
Trade creditors	31	3,890
Other taxes and social security	3,142	5,513
Other creditors	3,584	325
Accruals and deferred income	82,209	11,324
	<u>88,966</u>	<u>21,052</u>

Notes to the Accounts

16 Movement in funds

	At 1 April 2020	Incoming resources (including other gains/losses) £	Resources expended £	Gross transfers £	At 31 March 2021 £
Restricted funds:					
Restricted income funds:					
Awards for All	-	2,480	(2,480)	-	-
Bucks County Council	-	16,614	(7,722)	-	8,892
COVID-19	-	110,257	(111,538)	1,281	-
Heart of Bucks	-	4,464	(4,464)	-	-
Milton Keynes Community Foundation	-	11,212	(1,962)	-	9,250
Vale of Aylesbury Housing Trust	-	11,000	(11,000)	-	-
All other restricted funds	2,184	6,350	(4,459)	107	4,182
Total	<u>2,184</u>	<u>162,377</u>	<u>(143,625)</u>	<u>1,388</u>	<u>22,324</u>
Unrestricted funds:					
General funds	37,310	89,587	(67,678)	(1,388)	57,831
Revaluation Reserves:					
Total funds	<u>39,494</u>	<u>251,964</u>	<u>(211,303)</u>	<u>-</u>	<u>80,155</u>

Purposes and restrictions in relation to the funds:

Restricted funds:

Awards for All	Clinical supervision of counsellors
Bucks County Council	Male Services Co-ordinator
COVID-19	Additional funding to cover impact of COVID-19
Heart of Bucks	Additional funding to cover impact of COVID-19
Milton Keynes Community Foundation	Wellbeing project to develop counselling capacity in MK
Vale of Aylesbury Housing Trust	Fund office rent in Aylesbury
All other restricted funds	including Aylesbury Town Council, PCC Victim Support, RCEW, RCEW (Digital) & Tesco funded drop-in support

17 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	10,696	10,696
Net current assets	69,459	69,459
	<u>80,155</u>	<u>80,155</u>

18 Reconciliation of net debt

	At 1 April 2020 £	Cash flows £	At 31 March 2021 £
Cash and cash equivalents	14,010	93,207	107,217
	<u>14,010</u>	<u>93,207</u>	<u>107,217</u>
Net debt	<u>14,010</u>	<u>93,207</u>	<u>107,217</u>

19 Commitments

Operating lease commitments

Annual commitments under non-cancellable operating leases are as follows:

	2021 Land and buildings £	2021 Other £	2020 Land and buildings £	2020 Other £
Operating leases with expiry date:				

Pension commitments

	2021 £	2020 £
The pension cost charge to the company		
amounted to:	<u>3,600</u>	<u>1,875</u>

20 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Detailed Statement of Financial Activities
for the year ended 31 March 2021

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:				
Donations and legacies				
Legacies transferred from Aylesbury Vale Rape Crisis Central & Local Government	2	-	2	-
Charitable and not-for-profit organisations	60,360	99,663	160,023	51,520
Private and individual donations	20,508	62,714	83,222	48,863
	3,531	-	3,531	1,596
	84,401	162,377	246,778	101,979
Charitable activities				
Commissions & Royalties	384	-	384	412
	384	-	384	412
Investments				
Interest income	802	-	802	27
	802	-	802	27
Other				
Employment Allowance	4,000	-	4,000	3,000
	4,000	-	4,000	3,000
Total income and endowments	89,587	162,377	251,964	105,418
Expenditure on:				
Charitable activities				
Volunteer & Supervision	1,341	20,409	21,750	23,033
Direct room hire	5,400	-	5,400	9,585
Live chat & other charitable expenses	3,037	14,636	17,673	2,224
	9,778	35,045	44,823	34,842
Total of expenditure on charitable activities	9,778	35,045	44,823	34,842
Other expenditure				
Bank loan and overdraft interest payable	12	-	12	-
	12	-	12	-
Employee costs				
Salaries/wages	39,640	66,044	105,684	60,366
Employer's NIC	4,117	4,790	8,907	4,376
Pension costs	1,602	1,998	3,600	1,875
Staff training	291	8,937	9,228	3,514
Temporary staff	-	-	-	5,653
	45,650	81,769	127,419	75,784

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service

Detailed Statement of Financial Activities

Motor and travel costs				
Travel and subsistence	283	-	283	1,783
	<u>283</u>	<u>-</u>	<u>283</u>	<u>1,783</u>
Premises costs				
Rent	2,200	11,000	13,200	9,551
Premises cleaning	-	-	-	201
Premises repairs and maintenance	-	-	-	150
Other premises costs	46	4,625	4,671	-
	<u>2,246</u>	<u>15,625</u>	<u>17,871</u>	<u>9,902</u>
General administrative costs, including depreciation and amortisation				
Depreciation of Office Equipment	1,444	-	1,444	742
Depreciation of Computer Equipment	1,623	-	1,623	980
Bank charges	-	-	-	90
General insurances	653	-	653	637
Postage and couriers	393	-	393	392
Software, IT support and related costs	927	10,436	11,363	3,453
Stationery and printing	406	227	633	1,910
Subscriptions	636	69	705	408
Sundry expenses	1	-	1	361
Telephone, fax and broadband	1,602	352	1,954	2,230
	<u>7,685</u>	<u>11,084</u>	<u>18,769</u>	<u>11,203</u>
Legal and professional costs				
Audit/Independent examination fees	1,826	-	1,826	1,536
Other legal and professional costs	198	102	300	618
	<u>2,024</u>	<u>102</u>	<u>2,126</u>	<u>2,154</u>
Total of expenditure of other costs	<u>57,900</u>	<u>108,580</u>	<u>166,480</u>	<u>100,826</u>
Total expenditure	<u>67,678</u>	<u>143,625</u>	<u>211,303</u>	<u>135,668</u>
Net gains on investments	-	-	-	-
	<u>21,909</u>	<u>18,752</u>	<u>40,661</u>	<u>(30,250)</u>
Net income/(expenditure)	<u>21,909</u>	<u>18,752</u>	<u>40,661</u>	<u>(30,250)</u>
Transfers between funds	(1,388)	1,388	-	-
	<u>20,521</u>	<u>20,140</u>	<u>40,661</u>	<u>(30,250)</u>
Net income/(expenditure) before other gains/(losses)	<u>20,521</u>	<u>20,140</u>	<u>40,661</u>	<u>(30,250)</u>
Other Gains	-	-	-	-
	<u>20,521</u>	<u>20,140</u>	<u>40,661</u>	<u>(30,250)</u>
Net movement in funds	<u>20,521</u>	<u>20,140</u>	<u>40,661</u>	<u>(30,250)</u>
Reconciliation of funds:				

Aylesbury Vale And Milton Keynes Sexual Assault And Abuse Support Service
Detailed Statement of Financial Activities

Total funds brought forward	37,310	2,184	39,494	69,744
Total funds carried forward	<u>57,831</u>	<u>22,324</u>	<u>80,155</u>	<u>39,494</u>