

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	04	10	2019		03	10

## Section A Reference and administration details

<b>Charity name</b>	Newborn, Infant and Child Health Education International
<b>Other names charity is known by</b>	NICHE International
<b>Registered charity number (if any)</b>	1174977
<b>Charity's principal address</b>	66 Ambler Road
	London
<b>Postcode</b>	N4 2QR

### Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Julia Thomson			
2 Sebastian Palmer			
3 Alistair Morris	Chair		
4 Alison Earley			
5 John Madar			
6 Alison Grove			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address


**Name of chief executive or names of senior staff members (Optional information)**

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## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	Constitution adopted 4 October 2017, amended 12 February 2018
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation. The charity trustees are the only voting members.
Trustee selection methods (eg. appointed by, elected by)	Trustees are appointed for a term of two years by a resolution passed at a properly convened meeting of the charity trustees.

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

There are 6 trustees, 4 of whom are doctors, and the chair of the trustees rotates. Trustees have experience working for teaching and medical charities in Cameroon, Liberia and other resource poor countries, in project management, post-graduate teaching and business. The charity Trustees give their time voluntarily and receive no remuneration or other benefits in return for their work.

The charity operates a safeguarding policy and a code of conduct to which all trustees and volunteers must adhere.

In Cameroon, the charity works in partnership with the Cameroon Baptist Convention Health Services (CBCHS) in the Anglophone regions of Cameroon. Course candidates come from both the CBCHS health facilities and the government hospitals in all areas of Cameroon.

The charity has a Memorandum of Understanding in place with two other health education charities working in developing countries:

- MCAI (Maternal & Childhealth Advocacy International) registered as a SCIO No. SC043467
- Advanced Life Support Group (ALSG) Registered Charity 1045478

Risks relate to travelling and working in middle- and low-income countries with poorly resourced health systems and / or political instability. Each trip is risk assessed with reference to in-country advisors, the RSA travel assistance mobile app from healix.com and Foreign & Commonwealth Office guidelines.

The charity provides comprehensive travel and medical insurance. A Security and Safety Operating Procedures handbook (SOPS) is provided to all trustees and volunteers.

## Summary of the objects of the charity set out in its governing document

To relieve sickness and to promote and protect good health in the developing world in particular, but not exclusively, in Cameroon by working to reduce infant and child mortality by assisting in the provision of training courses and other healthcare projects to neonatal nurses, midwives and allied healthcare staff.

## Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

In planning our activities for the year, we have kept in mind the Charity Commission's guidance on public benefit at our trustees' meetings.

Our focus is to continue to teach the Neonatal Care provider courses to frontline practitioners from all healthcare sectors in Cameroon and other poorly resourced areas of the world.

These courses have been designed by ALSG and MCAI especially for resource limited settings and we have made further adaptations for our work in Cameroon and Liberia. Two of the charity trustees sit on the ALSG Strengthening Emergency Care committee, which oversees the educational content of the Neonatal Care Course.

The course covers resuscitation at birth and problems which occur in the first weeks of life. Simple equipment is used and there is an emphasis on basic care such as breast feeding and skin-to-skin care in line with the World Health Organisation's 'Every Newborn Action Plan'.

We aim to promote sustainability by training local staff to become instructors and to teach the Neonatal Care course to others. Training local trainers is done through the ALSG / Resus Council Generic Instructor Course (GIC), which covers educational theory and practical teaching, assessment and feedback skills.

We believe that training local instructors is vital for embedding new ways of working and for the sustainability of the project.

We work to encourage peer to peer skills practice among local health care staff.

We continue to develop partnerships with our in-country hosts in order to deliver these courses as widely as possible, and also with organisations in the UK which develop and promote healthcare courses and course materials which are designed for middle- and low-income countries.

## Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

The volunteers who work for NICHE International are doctors, nurses and resuscitation officers with appropriate clinical backgrounds who have been accredited by the Advanced Life Support Group (ALSG) and/or the Resuscitation Council (RC(UK)) to teach neonatal and other life support courses in the UK. All have considerable experience of instructing, some of them as course directors, and also have knowledge of teaching in low- and middle-income countries. Instructors are recruited through ALSG, and through teaching contacts of current instructors.

These volunteers give up their time and expertise to deliver the Neonatal Care course alongside the qualified NICHE trustees.

**Summary of the main achievements of the charity during the year**

The year started well with 4 instructors travelling to Liberia to run Neonatal Care Courses (NCC) and Generic Instructor Courses (GIC). Planning was underway for further instructor support in Cameroon but all face-to-face activities were put on hold due to the coronavirus pandemic. However, support for local courses and material preparation has continued. Fundraising ceased due to an inability to use the monies.

We were requested by MCAI to support their overall program of neonatal and paediatric training in Liberia by delivering both Generic Instructor Course and then Neonatal Care Courses supporting the newly qualified instructors. This followed our 10-step plan of sustainability.

4 UK instructors (paediatricians and resuscitation officers) travelled to Liberia – 2 remaining to deliver training in Monrovia and 2 travelling on to Zwedru to deliver local training there. Instructor candidates had been identified from previous training delivered in November 2018 and 8 potential instructors were trained and then supported in delivering the NCC. All 8 qualified as full instructors and are now able to deliver the courses independently in Liberia.

A total of 46 midwives, nurses and doctors were trained in a shortened 2-day Neonatal Care Course. All passed the courses successfully.

Following this, there were plans to return to Cameroon to provide some instructor development to maintain the skills of the current instructors out there. Unfortunately this had to be postponed due to the travel restrictions.

Whilst we were unable to travel, members of the charity have updated and edited the latest edition of the Neonatal Care Course pocket book with MCAI. They have also edited and updated a new Paediatric pocket book to support MCAI training in Liberia.

Other members have worked on developing a distance delivered instructor development day using Zoom. We aim to deliver this in 2021.

Members also supported and quality assured 2 locally delivered Neonatal Care Courses in Cameroon (19-21 Aug and 14-16 Oct) in conjunction with the Cameroon Baptist Convention grant and local instructors. Some of the lectures were delivered by Zoom from the UK and UK instructors joined into the faculty meetings for both courses. A total of 40 doctors, nurse and midwives were trained. The faculty in Cameroon is becoming increasingly self-sustainable in their training.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

The charity currently holds no substantial reserves. The funds available have been used for charitable activities.

Fund raising activities ceased whilst training activities have not been able to be performed. All time given to online support of courses and material developed listed above was through the charity's volunteers.

Should the charity be in the position to build up reserves in unrestricted funds, this would be used in the first instance to provide an emergency fund for the extraction of the charity's volunteers working overseas

### Details of any funds materially in deficit

N/A

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

During first part of the year, funding came from a mixture of grants and fundraising by the trustees.

Due to the Coronavirus pandemic, we have not been in a position to carry out our usual training activities. As a result, we have been unable to apply for funding for specific projects.

All time given to online support of courses and material developed listed above has been carried out by charity's volunteers.

Funds currently held will be used to deliver our training courses – Neonatal Care Course (NCC) and Generic Instructor Course (GIC) – once travel restrictions are lifted.

## Section F

## Other optional information

### FUTURE PLANS:

It is challenging in the current climate to develop firm plans. We aim to pilot and deliver a remote instructor development day to maintain the skills and knowledge of the instructors in Cameroon. We will continue to support the Cameroon courses from a distance and firmly establish the faculty there to deliver courses.

The charity remains ready to commence delivery of our programme once travel restrictions allow.

With Cameroon and Liberia both in a state of self sustainability, new countries are being explored by the trustees.


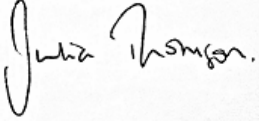
Fuller details of NICHE International's background, achievements and future plans including costings may be found in the charity's current business plan which is on the website [www.nicheinternational.org.uk](http://www.nicheinternational.org.uk)

## Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Sebastian Palmer	Julia Thomson
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Position (eg Secretary, Chair, etc)

Trustee	Trustee
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Date

16 March 2021
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## Receipts and payments accounts

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For the period from	4 October 2019	To	3 October 2020
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Public Donations	599	-	-	599	5,302
Donor Funds	1,170	6,000	-	7,170	13,000
Fees	1,173	-	-	1,173	468
Repayments	-	-	-	-	708
Transfer from other assets	-	-	-	-	205
Giftaid	290	-	-	290	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>3,232</b>	<b>6,000</b>	<b>-</b>	<b>9,232</b>	<b>19,683</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>3,232</b>	<b>6,000</b>	<b>-</b>	<b>9,232</b>	<b>19,683</b>
<b>A3 Payments</b>					
Post	-	20	-	20	23
Customs	-	45	-	45	35
Equipment	630	-	-	630	818
Travel Expenses Cameroon	-	-	-	-	1,844
Travel Expenses Liberia	-	12,671	-	12,671	4,123
Course Expenses Cameroon	-	-	-	-	720
Course Expenses Liberia	-	248	-	248	26
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>630</b>	<b>12,984</b>	<b>-</b>	<b>13,614</b>	<b>7,589</b>
<b>A4 Asset and investment purchases, (see table)</b>					
Computer	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>630</b>	<b>12,984</b>	<b>-</b>	<b>13,614</b>	<b>7,589</b>
<b>Net of receipts/(payments)</b>	<b>2,602</b>	<b>- 6,984</b>	<b>-</b>	<b>- 4,382</b>	<b>12,094</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>5,782</b>	<b>8,794</b>	<b>-</b>	<b>14,576</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>8,384</b>	<b>1,810</b>	<b>-</b>	<b>10,194</b>	<b>12,094</b>

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Co-operative bank	8,325	1,810	-
	Cash	50	-	-
	Paypal	9	-	-
	<b>Total cash funds</b>	<b>8,384</b>	<b>1,810</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK

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	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>Details</b>			
Debtors (ALSG fund)	71	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

## B2 Other monetary assets

	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>Details</b>			
		-	-
		-	-
		-	-
		-	-
		-	-

## B3 Investment assets


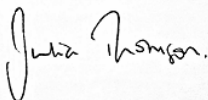
	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>Details</b>			
Laerdal manekins	Unrestricted	348	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

## B4 Assets retained for the charity's own use

	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>Details</b>			
		-	
		-	
		-	
		-	
		-	

## B5 Liabilities

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sebastian Palmer	14/2/2021
	Julia Thomson	14/2/2021



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