

### **Trustees**

Mrs Rosetta Palmer appointed 03/10/2019

Mrs Susan Frances Yeng appointed 01/03/2019

Miss Sharnah Wynn appointed 12/04/2021

Mrs Brenda Morrison Webb appointed 26/10/2022

<b>Governing Document</b>	Charitable Incorporated Organisation
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<b>Charity registration number</b>	1174938
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<b>Registered office</b>	c/o The REDI Centre 54 South Street Redditch Worcestershire B98 7DQ
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<b>Bankers</b>	Lloyds Bank Redditch
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The Trustees provide and present the report and financial statements for the period ended 31 March 2023

### **Objectives of the charity**

To promote and protect good health among people experiencing mental health issues and their families and carers who live in the Redditch area and its environs, by the provision of support, education information and advice. It also exists to identify areas where it can provide grant making support to groups.

### **Governance**

The policy and operating decisions of the charity rests with the trustees who meet regularly to monitor the activities of the charity. New trustees are appointed by an ordinary resolution of the members. The recommendations for appointments are based on the need for the charity to have appropriate skills and experience to determine charity policies and to monitor implementation of them.

### **Financial review**

The charity has worked to within its budget for the period ended 31st of March 2023

### **Public benefits**

The trustees have considered the guidance issued by the Charity Commission on “charities and public benefit “. The objects of the organisation clearly come within the description of charitable purpose as set out in the Charities Act 2011 and there are identifiable benefits within the community e.g.: The allotment project.

## **Future Plans**

The charity exists to identify potential gaps and provide a bridge between organisations and services that support mental health and well-being in the local community we meet regularly with organisations to signpost the service user to availability we have now formed a focus group made-up of the public to ensure the needs of the public are met and discussed.

## **Record of activities**

- Marketed and promoted the mental health Action Group find its website social media
- Built relationships with external agencies
- Held public awareness days Kingfisher shopping centre and invited other agencies to take part eg: Wellbeing festival
- Taking part in external awareness raising events
- Held public meetings and invited speakers and organisations to discuss and inform the community about any provision available for mental wellbeing.
- Presented wellbeing baskets to acts of kindness for the community
- Attended and supported information conferences eg: Hate crime awareness
- Taking part in regional meetings to advocate for local provision
- Supported the local allotment project for wellbeing and nature

## **Statement of Trustees responsibilities**

The Board are responsible for the preparation of the Board's report and the accounts in accordance with applicable law and United Kingdom accounting standards "United Kingdom generally accepted accounting practise".

Charity law requires the Board to prepare their accounts for the financial year to give a true and fair view of the state and affairs of the incoming resources and application of resources including the income and expenditure of the charity for that year.

In preparing these documents the board are required to

- Select suitable accounting policies and apply them consistently
- Observe the methods and principles in the charities SORP
- Make judgements and estimates that are reasonable and prudent
- Prepare accounts on the ongoing concern basis or unless it is inappropriate to presume that the charity will continue to operate.

Mental Health Action Group  
Board Report  
Period ended 31 March 2023

The board are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the accounts comply with the Charity Commission. They are also responsible for safeguarding the assets of the charity and hence for taking any reasonable steps for the prevention and detection of fraud and other irregularities.



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On behalf of the board

Rosie Palmer

Chair.

20 September 2024

# Charity Commission Annual Return 2023

**MENTAL HEALTH ACTION GROUP REDDITCH (MHAGR)**

Charity registration number: 1174938

**Most of the information you give in this form will become publicly available on the Register of Charities. Any field that the Charity Commission will not display will be clearly marked.**

**This document is a record of the information provided in the Annual Return 2023.**

## Financial period

**Financial period start date**

02/04/2022

**Financial period end date**

01/04/2023

## Income and spending

**Income £**

£3,275

**Spending £**

£1,200

## Number of contracts from government

How many contracts (other than grant agreements) did your charity receive from central government or a local authority during the financial period for this return?

2

### Value of contracts from government

What was the total value of the contracts received from central government or a local authority during the financial period for this return?

£1,000

### Number of grants from government

How many grants did your charity receive from central government or a local authority during the financial period for this return?

2

### Value of grants from government

What was the total value of the grants received from central government or a local authority during the financial period for this return?

£1,000

### Income breakdown

Donations and legacies (excluding Endowments Received)

£3,275

Charitable activities

£0

Other trading activities

£0

Investments

£0

**Other**

£0

## Grantmaking

**Is grant making the main way your charity carries out its purposes?**

No

## Recipients of grants

**Please round all figures to the nearest pound (do not enter decimal points or commas). Individuals**

£0

**Other charities**

£0

**Other organisations that are not charities**

£0

## Trustee payments

**Excluding out of pocket expenses, for what were any of the trustees paid during the financial period for this return?**

☒ e. None of the trustees have been paid

**Did any of the trustees resign and take up employment with your charity in the financial period of this return?**

No

## Income from outside the UK

**Did your charity receive income from outside of the United Kingdom in the financial period of this return?**

No

## **Delivering activities outside the United Kingdom**

**Did your charity deliver charitable activities outside of the United Kingdom in the financial period of this return?**

No

## **Spending outside England & Wales**

**Did your charity spend funds outside of the United Kingdom in the financial period of this return?**

No

## **Trading subsidiaries**

**Does the charity have any trading subsidiaries?**

No

## **Charity contact details correct**

**Is the contact address displayed from the Register of Charities, correct?**

Yes

## **Charity headquarters details correct**

**Is this the same address that you use as your charity's administrative headquarters?**

Yes



## Charity contact address

54 South Street

Redditch

B98 7DQ

## Charity Headquarters address

54 South Street

Redditch

B98 7DQ

## Membership type

**Is the charity part of a wider group structure with a parent body and subsidiary bodies?**

no, the charity is not part of a wider group structure

## Employment contract types

**People were permanently employed by your charity**

0

**People were on fixed-terms contracts with your charity**

0

**Self-employed people were working for your charity**

0

## Governance policies

**Internal charity financial controls policy and procedures**

Not applicable

**Safeguarding policy and procedures**

Not applicable

**Financial reserves policy and procedures**

Not applicable

**Complaints policy and procedures**

Not applicable

**Serious incident reporting policy and procedures**

Not applicable

**Internal risk management policy and procedures**

Not applicable

**Trustee expenses policy and procedures**

Not applicable

**Trustee conflicts of interest policy and procedures**

Not applicable

**Investing charity funds policy and procedures**

Not applicable

**Campaigns and political activity policy and procedures**

Not applicable

**Bullying and harassment policy and procedures**

Not applicable

**Social media policy and procedures**

Not applicable

**Engaging external speakers at charity events policy and procedures**

Not applicable

**Donations,**

Negative
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**Other income - grants**

Unknown/No Change/Not Applicable
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**Other income - contracts**

Unknown/No Change/Not Applicable
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**Other income - investment**

Unknown/No Change/Not Applicable
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**Expenditure on charitable activities**

Unknown/No Change/Not Applicable
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**Expenditure on overheads**

Unknown/No Change/Not Applicable
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**Number of volunteers**

Unknown/No Change/Not Applicable
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**Number of employees**

Unknown/No Change/Not Applicable
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**Number of trustees**

Negative
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**Fundraising activities**

Negative
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**Capacity to deliver services**

Negative
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**Total service demand**

Positive
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**Volunteers**

Excluding trustees, provide an estimate of the number of volunteers who carried out charitable activities on behalf of your charity in the United Kingdom during the financial period of this return?

0

## Privacy statement

Any information you give us will be held securely and processed only in accordance with the rule on data protection. We will not disclose your personal details to anyone unconnected to the Charity Commission unless:

- you have consented to their release; or
- we are legally obliged to disclose them; or
- we regard disclosure as either (a) necessary so that we can properly carry out our statutory functions or (b) necessary in the public interest.

We may share and disclose information about you with relevant public authorities, regulatory bodies and agencies, outside the Charity Commission but only if:

- we can lawfully do so; and
- we decide that disclosure is necessary for national security, crime detection, prevention, and law enforcement, or other issues in the public interest

Information we collect about you

We will use this information:

To enable us to carry out our statutory functions and duties;

This will include the following actions:

- (a) update, consolidate, and improve the accuracy of our records;
- (b) undertake crime detection and prevention and law enforcement and assist the third parties specified above to investigate or prevent crime and carry out law enforcement;
- (c) data analysis, testing, research, statistical and survey purposes

Information we receive from other sources.

Information we receive from other sources

We may combine this information with information you give to us and information we collect about you.

We may use this information and the combined information for the purposes set out above (depending on the types of information we receive).

We will ensure that any such disclosure and use is proportionate; considers your right

to respect for your private life; and is done fairly and lawfully in accordance with the data protection principles of the Data Protection Act.

The Data Protection Act 1998 regulates the use of 'personal data', which is essentially any information, however stored, about identifiable living individuals.

As a 'data controller' under the Act, the Charity Commission must comply with it. Any changes we may make to our privacy statement in the future will be set out in the replacement version of this form.

Please check back frequently to see any updates or changes to our privacy policy.

## Declaration

Your role at the charity (select one):

☒ Trustee

Given names

Rosetta

Family name

Palmer

Telephone  
number

07975798137

Email

rosie@raspmedia.co.uk

Date submitted

12/08/2024

It is a criminal offence under section 60 of the Charities Act 2011 for anyone to knowingly or recklessly provide false or misleading information to the commission; this includes suppressing, concealing or destroying documents.