

Charity registration number 1174926 (England and Wales)

Company registration number CE011444

**TRUST HOUSE READING**  
**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2024**

# TRUST HOUSE READING

## LEGAL AND ADMINISTRATIVE INFORMATION

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<b>Trustees</b>	The Survivors Trust
<b>Charity number</b>	1174926
<b>Company number</b>	CE011444
<b>Principal address</b>	54 London Street Reading RG1 4SQ
<b>Registered office</b>	54 London Street Reading RG1 4SQ
<b>Independent examiner</b>	Cottons Accountants LLP Chestnut Field House Chestnut Field Rugby Warwickshire United Kingdom CV21 2PD

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# TRUST HOUSE READING

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# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 MARCH 2024*

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The Trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

### **Objectives and activities**

#### Introduction

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

#### Charitable Objects

- Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

- To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.

- Promote and participate in education and research in relation to:

- counselling and support in relation to the traumas set out above and their effect upon women, men and children;

- the traumas set out above and their effect upon women, men and children; and

- rape, other sexual assault, sexual abuse or sexual exploitation.

- Promote, participate in and provide training in relation to:

- counselling and support in relation to the traumas set out above and their effect upon women, men and children;

- the traumas set out above and their effect upon women, men and children; and

- rape, other sexual assault, sexual abuse or sexual exploitation.

In each case for the benefit of the public generally and in particular in the area of Thames Valley and surrounding areas.

# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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### Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

- Specialist Counselling
- Confidential Helpline
- Independent Sexual Violence Advisor Support
- Children and Family Independent Sexual Violence Advisor Support
- Play Therapy for Children
- Young People Counselling
- Support Groups
- Workshops and Training

Our team comprised of:

Clare Schofield: Independent Sexual Violence Advisor Team Manager

Julia Wiles: Lead CYP Counsellor

Heather Craddock: Senior Independent Sexual Violence Advisor

Gemma Fernandez: SARC Project Coordinator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator and administrator

Namita Prakash: CEO

Romy Freiburghaus: Lead Adult Counsellor

Sally Miles : Children and Young Person Services Clinical Lead

And 60 plus Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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### Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £8,000 funding to provide counselling and support.

We also won a contract to deliver counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children. This is a 3 year project and started on 1<sup>st</sup> October 2017. This has been extended till March 2025.

We have also won a contract for PCC to provide support services to victims of Crimes in Thames Valley area as a part of the consortium and spearhead the Berkshire work.

During the year, we benefited from £631,367 in donations and grants.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

### CEO's Report

2023-24 has been an incredible year for Trust House. We provided almost 9000 (8984) support sessions to 1128 individuals through a range of support services. What shown through, is the hard work, dedication and commitment of all the volunteers and staff at Trust House. Also, we launched a website this year, implemented a new software system to manage our helpline calls and built strong relationship with our Criminal Justice System partners

ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 107 clients, provided 749 support sessions.

CHISVA Service: Our ChISVA service support children, young people and their families. It supported 45 children and young people during the period and provided 268 sessions to clients during the reporting period.

### Children and Young People Services

Trust House supports children and young people (aged 3 to 21 years) who have been affected by rape,

sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 318 children and young people and provided 2966 support sessions to children and young people during the reporting period.

### Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace

# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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### Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHS service does not offer this and the only other providers are within the private sector.

### Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone, using the online form on our website or via a third party. Clients go onto our waiting list and are then matched with a counsellor who can best meet their needs. They are booked an initial meeting with their counsellor to assess their needs before the counselling sessions start. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short-term work, as well as clients who might need longer-term work, especially if there is an ongoing court case.

Extensions to therapeutic work are to be negotiated on a case-by-case basis.

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 555 clients and provided 4,727 counselling sessions.

## TRUST HOUSE READING

### TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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Trust House also provided 12,243 instances of communication to our service users. A break down of number of communications we have had with service users is given below which is provided on top of the support session, showcasing the background work that goes in delivering the support services.

<a href="#">Work area</a>	<a href="#">Num communications</a>	<a href="#">Total</a>
CHISVA	613	613
Counselling	4706	4706
CYP	2649	2649
Email Support	18	18
Helpline	222	222
ISVA	3692	3692
Meetings	3	3
Parent Support	61	61
Supervision	187	187
Support Group	86	86
Training	5	5
Total	12242	12242

We have not only delivered as before but also increased our capacity to support more people who need the support service as shown above. Everyone has worked tirelessly throughout the year to deliver the services and provide the support needed.

A thankyou to our funders especially Ministry of Justice, is also important as the funding has enabled us to continue to provide the important support.



# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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The best testaments to our work is through the feedback that we received from our clients. Few are listed below and reminds us every day why we do this work:

Feedback:

"Trust House have been amazing in supporting me. Even during the waiting time for my first session someone checked in on me."

"Excellent- the process of initial contact was easy, there was appropriate info provided prior and all information I needed was given before the first 1;1 session."

"Again very thorough, I didn't feel rushed or pressured for detail. I was put at ease and felt much less concerned about everything. Lots of information, very chatty, friendly and welcoming. Felt I was in safe hands."

"I feel that the counselling sessions offered by Trust House have been expertly tailored to my specific needs, and I could not speak more highly of my counsellor Susie, who has been absolutely amazing. I feel like she has listened to me from the start and has single-handedly helped me to gain a better grasp of myself as a person, with the aim of getting my life back on track so that I can look forward to a more positive future and thus flourish both professionally and emotionally."

"I understand how the trauma has affected my life. I have the tools to deal with the difficult days and feel I also understand myself more and are in control."

"Amazing support, my counsellor took the time to listen to my concerns and worries and has supported me in finding different ways to cope with the stress and anxiety that I may face. I feel like a different person than when i first started my counselling. I feel as of I have made some good progress and I hope I can take in board everything I have learnt to keep me being strong."

"Amazing. The services' attitudes to male victims is fantastic. Thank you Ian, you've been great!!"

We currently have 66 volunteers/Counsellors at Trust House

# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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During the reporting period a total of 1,052 unique individual victim/survivors accessed our services.

THR services: In the reporting period Counselling service supported 573 individuals, 110 by ISVA Service, 29 by CHISVA, and 340 for Children and young people services. On average we received approximately 30 calls to our helpline per week.

Service accessing at point of entry	Number of different people
CHISVA	29
CYP	340
Counselling	573
Helpline	55
ISVA	110
Support Group	10
No data	31

Gender: Of all the people we supported there were 884 females, 121 males, 4 transgender clients, 10 did not want to reveal the gender and 30 unknown.

Gender	Number of different people
Female	884
Male	121
Non-binary	3
Prefer not to say	10
Transgender	4
No data	30

Age: Of these 1052 services users, 53 were between 4 and 12 years old, 133 were 13 to 17 years old. 430 were in the age group from 18 to 34, 278 were in the age group 35 -54, 73 were in the age group 55-74 and 1 was over 75 .We did not know the age for 84 people.

Ethnicity: 640 of our service users were white British, but we also had service users from Black 59, Asian 71 and mixed ethnicity 42, 52 belonged to other white background (20 stated they were from another ethnic group and 164 were unknown). Whilst we believe this reflects the fact that we are able to reach out to people from varied communities, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

## TRUST HOUSE READING

### TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Ethnic Origin	Number of different people
Any other ethnic group	20
Asian or Asian British: Bangladeshi	4
Asian or Asian British: Indian	20
Asian or Asian British: Other Asian Background	16
Asian or Asian British: Pakistani	31
Black or Black British: African	35
Black or Black British: Caribbean	13
Black or Black British: Other Black Background	11
Chinese	2
Mixed: Other Mixed Background	22
Mixed: White and Asian	4
Mixed: White and Black African	2
Mixed: White and Black Caribbean	14
Prefer not to say	2
White: British	640
White: European	18
White: Irish	8
White: Other White Background	26
No data	164
Total	1052

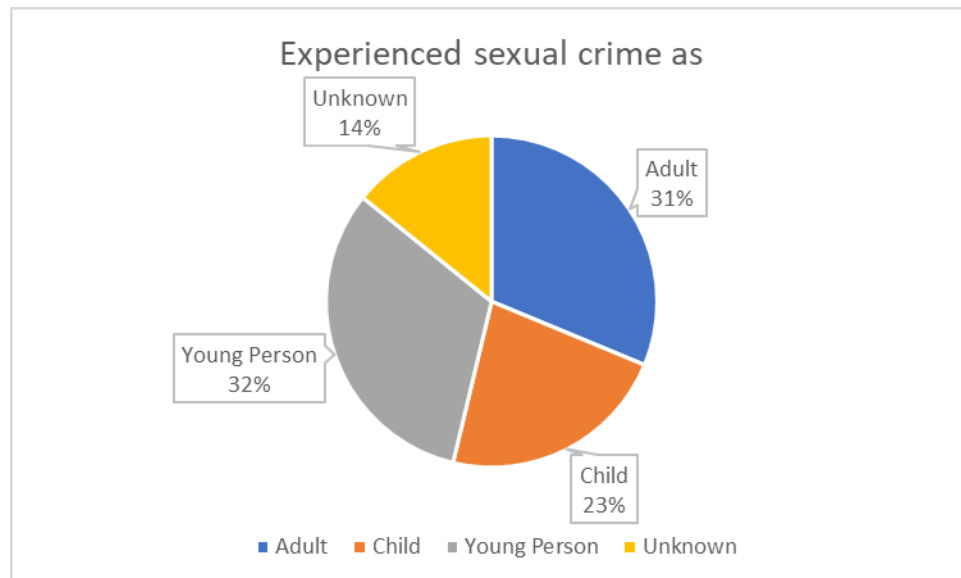
Disability: 4.2% of our service users in 2022-23 disclosed they had a disability. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

Presenting experiences: 23% service users reported experiencing rape or sexual violence as a child, and 32% rape or sexual violence as a young person and 31% experiencing rape or sexual abuse as an adult. We provide a range of holistic services to meet their needs including counselling, ISVA support and helpline for adult survivors, play therapy for child victims and integrated therapy for young people affected by childhood sexual abuse.

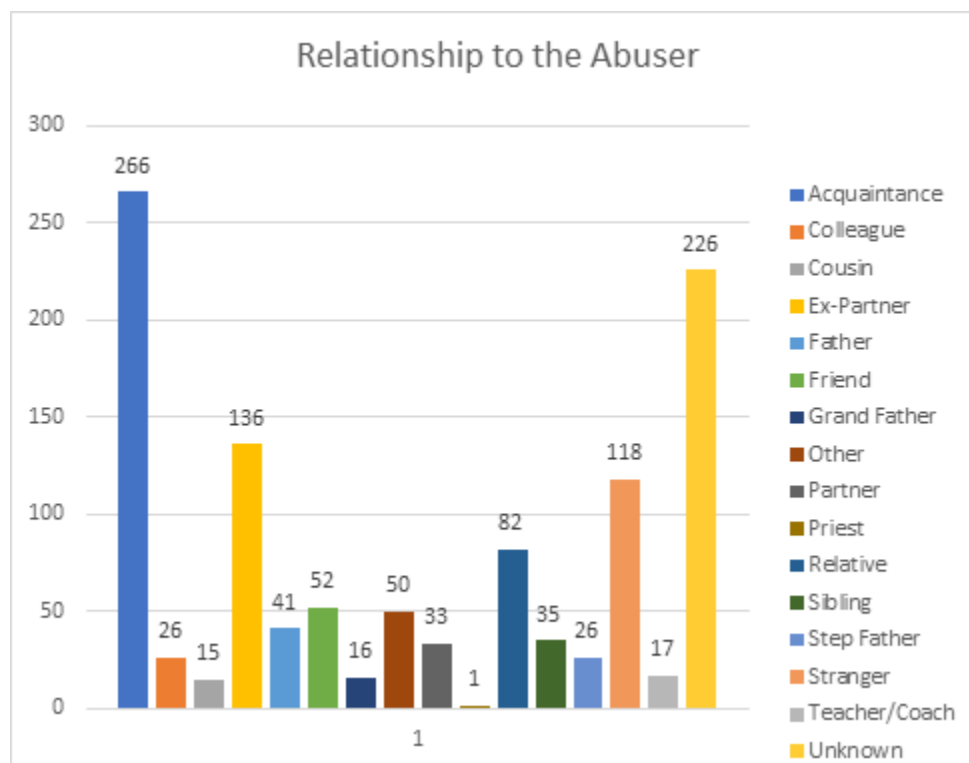
## TRUST HOUSE READING

### TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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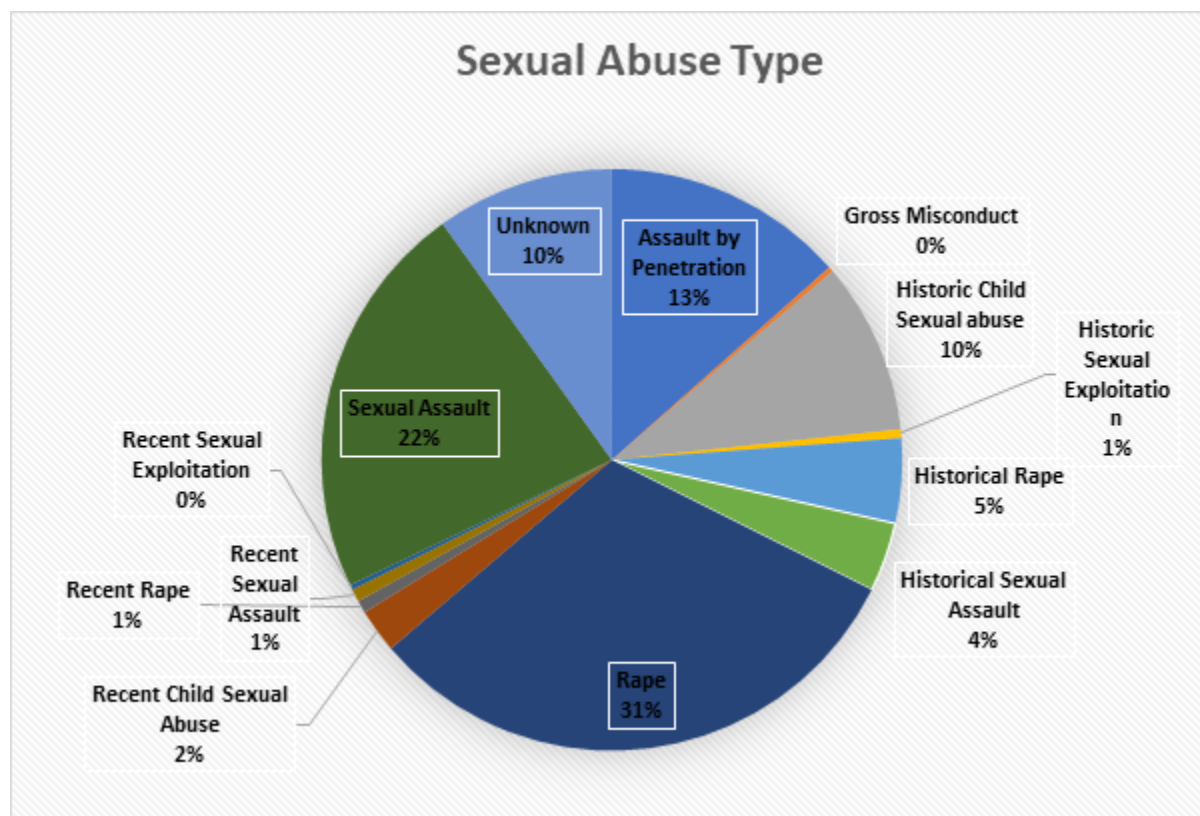
Relationship of the abuser: A breakdown of the abuser's relationship is given for our services users in 2023-24. Of all those who reported only 118(10 %) abusers were strangers whilst approximately 70% of abusers were known to the victims. Rest of the cases we did not have the data. A breakdown of the numbers is given below.



# TRUST HOUSE READING

## TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

A breakdown of the type of abuse experienced by our service users is given below. Rape is the biggest category with 447 (31%) reported cases amongst our service users.



### Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £345,000.

### Major risks

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

### Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2<sup>nd</sup> of October 2017.

The Trustees who served during the year and up to the date of signature of the financial statements were:

The Survivors Trust  
Mr D Carmody

## TRUST HOUSE READING

### TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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The Trustee's report was approved by the Board of Trustees.

*Donal Carmody*  
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Mr D Carmody

**Trustee of The Survivors Trust**

Date: 22/01/2025 .....

# TRUST HOUSE READING

## STATEMENT OF TRUSTEE'S RESPONSIBILITIES

### *FOR THE YEAR ENDED 31 MARCH 2024*

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The Trustees, who are also the directors of Trust House Reading for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# TRUST HOUSE READING

## INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

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I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2024.

### **Responsibilities and basis of report**

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

### **Independent examiner's statement**

Since the Charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA  
Cottons Accountants LLP

Chestnut Field House  
Chestnut Field  
Rugby  
Warwickshire  
CV21 2PD  
United Kingdom

Dated: 23 January 2025



# TRUST HOUSE READING

## STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

**FOR THE YEAR ENDED 31 MARCH 2024**

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
	Notes						
<b>Income from:</b>							
Donations and grants	2	156,680	466,437	623,117	132,855	478,137	610,992
<b>Expenditure on:</b>							
Charitable activities	3	226,672	466,437	693,109	132,531	465,571	598,102
Gross transfers between funds		-	-	-	11,311	(11,311)	-
<b>Net (expenditure)/income for the year/</b>							
<b>Net movement in funds</b>		(69,992)	-	(69,992)	11,635	1,255	12,890
Fund balances at 1 April 2023		309,099	-	309,099	297,464	(1,255)	296,209
<b>Fund balances at 31 March 2024</b>		239,107	-	239,107	309,099	-	309,099

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

# TRUST HOUSE READING

## BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
<b>Fixed assets</b>					
Tangible assets	8		-		1,522
<b>Current assets</b>					
Debtors	9	38,361		31,763	
Cash at bank and in hand		240,287		310,009	
		278,648		341,772	
<b>Creditors: amounts falling due within one year</b>	10	(39,541)		(34,195)	
<b>Net current assets</b>			239,107		307,577
<b>Total assets less current liabilities</b>			239,107		309,099
<b>The funds of the Charity</b>					
Unrestricted funds	12		239,107		309,099
			239,107		309,099

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22 January 2025

*Donal Carmody*

Mr D Carmody  
Trustee of The Survivors Trust

Company registration number CE011444 (England and Wales)

# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS

### FOR THE YEAR ENDED 31 MARCH 2024

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#### 1 Accounting policies

##### Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ.

##### 1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

##### 1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

##### 1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

##### 1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 1 Accounting policies (Continued)

#### 1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

#### 1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

#### 1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

#### 1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

### 2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024 £	2024 £	2024 £	2023 £	2023 £	2023 £
Donations and grants	156,680	466,437	623,117	132,855	478,137	610,992

# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 3 Charitable activities

	2024 £	2023 £
Staff costs	434,620	379,742
Depreciation and impairment	1,522	3,937
Counselling and play therapy sessional	120,309	88,949
General running costs	46,270	41,794
IT software and support	8,318	8,978
Telephone	13,386	14,299
Training and development	10,879	2,567
Expenses and travel	13,132	9,095
Supervision and support costs	12,990	19,778
Management costs	14,772	14,772
Sundry expenses	9,209	6,472
Insurance	2,740	3,162
Publicity and promotion	683	-
Fundraising	255	1,779
Accountancy	4,024	2,778
	<u>693,109</u>	<u>598,102</u>
	<u>693,109</u>	<u>598,102</u>
<b>Analysis by fund</b>		
Unrestricted funds	226,672	132,531
Restricted funds	466,437	465,571
	<u>693,109</u>	<u>598,102</u>

### 4 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	-	-
Depreciation of owned tangible fixed assets	<u>1,522</u>	<u>3,937</u>

### 5 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

## TRUST HOUSE READING

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

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#### **6 Employees**

The average monthly number of employees during the year was:

<b>2024 Number</b>	<b>2023 Number</b>
<b>16</b>	<b>15</b>
<b>=====</b>	<b>=====</b>

# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 6 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	434,620	379,742

No employee earned £60,000 per annum or more.

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £60,038 (2023 - £60,182)

### 7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

### 8 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
<b>Cost</b>			
At 1 April 2023	619	13,115	13,734
At 31 March 2024	619	13,115	13,734
<b>Depreciation and impairment</b>			
At 1 April 2023	619	11,593	12,212
Depreciation charged in the year	-	1,522	1,522
At 31 March 2024	619	13,115	13,734
<b>Carrying amount</b>			
At 31 March 2023	-	1,522	1,522

### 9 Debtors

	2024 £	2023 £
<b>Amounts falling due within one year:</b>		
Trade debtors	6,975	24,102
Prepayments and accrued income	31,386	7,661
	38,361	31,763

## TRUST HOUSE READING

### NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

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**10 Creditors: amounts falling due within one year**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Other taxation and social security	9,360	7,029
Trade creditors	17,622	14,607
Other creditors	2,569	2,569
Accruals and deferred income	9,990	9,990
	<hr/>	<hr/>
	<b>39,541</b>	<b>34,195</b>
	<hr/>	<hr/>



# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

### FOR THE YEAR ENDED 31 MARCH 2024

#### 11 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds				Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 31 March 2024
	£	£	£	£	£	£	£	£
MOJ Main Grant	-	142,448	(142,448)	-	-	330,759	(330,759)	-
MOJ CSA Fund	-	43,354	(43,354)	-	-	-	-	-
Thames Valley Partnership (PCC Contract)	(428)	95,688	(83,123)	(12,137)	-	94,553	(94,553)	-
PCC ISVA	-	33,000	(33,000)	-	-	33,000	(33,000)	-
West Berkshire	(826)	8,000	(8,000)	826	-	8,125	(8,125)	-
MOJ male rape support	-	41,794	(41,794)	-	-	-	-	-
MOJ additional funding	-	38,603	(38,603)	-	-	-	-	-
PCC CHISVA	-	6,500	(6,500)	-	-	-	-	-
Berkshire Healthcare NHS Foundation	-	20,000	(20,000)	-	-	-	-	-
NHS England Uplift	-	48,750	(48,750)	-	-	-	-	-
	(1,255)	478,137	(465,572)	(11,311)	-	466,437	(466,437)	-

# TRUST HOUSE READING

## NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

### 12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	<b>At 1 April 2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>At 31 March 2024</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General funds	309,099	156,680	(226,672)	-	239,107
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>Previous year:</b>	<b>At 1 April 2022</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>At 31 March 2023</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
General funds	297,464	132,855	(132,531)	11,311	309,099
	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>