

TRUST HOUSE READING

England & Wales · Charity number 1174926

Details

Other names	READING AND BERKSHIRE RAPE AND SEXUAL ABUSE SUPPORT CENTRE
Status	Registered
Legal form	CIO
Registered	2017-10-02
Register	View on the Charity Commission register

Contact

Address	Trust House Reading 54 London Street Reading RG1 4SQ
Phone	01189502835
Email	office@trusthoureading.org
Website	www.trusthoureading.org

Activities

Objects: 3. THE OBJECTS OF THE CHARITY ARE FOR THE PUBLIC BENEFIT GENERALLY AND IN PARTICULAR IN THE AREA OF READING AND BERKSHIRE: 3.1 TO RELIEVE THE TRAUMA, WHETHER PSYCHOLOGICAL, EMOTIONAL OR PHYSICAL, OF PERSONS AND THEIR FAMILIES WHO HAVE EXPERIENCED OR OTHERWISE SUFFERED AS A RESULT OF RAPE, OTHER SEXUAL ASSAULT, SEXUAL ABUSE OR SEXUAL EXPLOITATION OF ANY KIND BY PROVIDING SUPPORT, HELP OR ASSISTANCE OF ANY KIND; AND 3.2 TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF RAPE, SEXUAL ABUSE OR SEXUAL EXPLOITATION AND / OR ITS PSYCHOLOGICAL AND SOCIAL IMPACT ON WOMEN, MEN AND CHILDREN BY SUCH MEANS AS THE TRUSTEES DEEM FIT.

Activities: Counselling for adults, Helpline, Independent Sexual Violence Advisor (ISVA), Children's Independent Sexual Violence Advisor (CHISVA), Play Therapy and counselling for children and young people, Support Groups, Drop Ins, email support, Website.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability, Human Rights/religious Or Racial Harmony/equality Or Diversity, Other Charitable Purposes
- **Who:** The General Public/mankind

Geography

- **Area of benefit:** IN THE AREA OF READING AND BERKSHIRE
- Bracknell Forest
- Buckinghamshire
- Oxfordshire
- Reading
- Slough
- West Berkshire
- Windsor And Maidenhead
- Wokingham

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£649,626	£607,956	£280,778	14
2024-03-31	£623,117	£693,109	£239,107	16
2023-03-31	£610,992	£598,102	£309,099	15
2022-03-31	£484,051	£464,424	-	-
2021-03-31	£640,109	£507,803	£276,581	11

Trustees

Name	Role	Appointed
THE SURVIVORS TRUST		2017-10-02

TRUST HOUSE READING

England & Wales - Charity number 1174926

Accounts

Company registration number CE011444 (England and Wales)

Charity registration number 1174926 (England and Wales)

TRUST HOUSE READING
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

TRUST HOUSE READING

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	The Survivors Trust
Charity number	1174926
Company number	CE011444
Principal address	54 London Street Reading RG1 4SQ
Registered office	54 London Street Reading RG1 4SQ
Independent examiner	Cottons Group Limited Chestnut Field House Chestnut Field Rugby Warwickshire United Kingdom CV21 2PD

TRUST HOUSE READING

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TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 MARCH 2025*

The Trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

Charitable Objects

- Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.
- Promote and participate in education and research in relation to:
 - i. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
 - ii. the traumas set out above and their effect upon women, men and children; and
 - iii. rape, other sexual assault, sexual abuse or sexual exploitation.
- Promote, participate in and provide training in relation to:
 - iv. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
 - v. the traumas set out above and their effect upon women, men and children; and
 - vi. rape, other sexual assault, sexual abuse or sexual exploitation.

In each case for the benefit of the public generally and in particular in the area of Thames Valley and surrounding areas.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

- Specialist Counselling
- Confidential Helpline
- Independent Sexual Violence Advisor Support
- Children and Family Independent Sexual Violence Advisor Support
- Play Therapy for Children
- Young People Counselling
- Support Groups
- Workshops and Training

Our team comprised of:

Clare Schofield: Independent Sexual Violence Advisor Team Manager

Julia Wiles: Lead CYP Counsellor

Heather Craddock: Senior Independent Sexual Violence Advisor

Gemma Fernandez: SARC Project Coordinator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator

Namita Prakash: CEO

Romy Freiburghaus: Lead Adult Counsellor

Sally Miles : Children and Young Person Services Clinical Lead

And 60 plus Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £15,000 funding to provide counselling and support.

We are also delivering counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children.

During the year, we benefited from £649,627 in donations and grants.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

CEO's Report

2024-25 has been an incredible year for Trust House. Year on year we have seen increase in numbers of service users accessing our support services and increasing number of support sessions provided. This has been a record year with highest number of clients and support sessions. We provided 10786 support sessions to 1407 individuals through a range of support services. What shown through, is the hard work, dedication and commitment of all the volunteers and staff at Trust House. Also, we launched a website this year, implemented a new software system to manage our helpline calls and built strong relationship with our Criminal Justice System partners

ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 165 clients, provided 1171 support sessions.

CHISVA Service: Our ChISVA service support children, young people and their families. It supported 72 children and young people during the period and provided 686 sessions to clients during the reporting period.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

Children and Young People Services

Trust House supports children and young people (aged 3 to 21 years) who have been affected by rape, sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 356 children and young people and provided 3166 support sessions to children and young people during the reporting period.

Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace

Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHS service does not offer this and the only other providers are within the private sector.

Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone, using the online form on our website or via a third party. Clients go onto our waiting list and are then matched with a counsellor who can best meet their needs. They are booked an initial meeting with their counsellor to assess their needs before the counselling sessions start. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short-term work, as well as clients who might need longer-term work, especially if there is an ongoing court case.

Extensions to therapeutic work are to be negotiated on a case-by-case basis.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 689 clients and provided 5252 counselling sessions.

We have not only delivered as before but also increased our capacity to support more people who need the support service. Everyone has worked tirelessly throughout the year to deliver the services and provide the support needed.

A thankyou to our funders especially Ministry of Justice, is also important as the funding has enabled us to continue to provide the important support.

The best testimonials to our work is through the feedback that we received from our clients. Few are listed below and reminds us every day why we do this work:

Feedback:

"Trust House have been amazing in supporting me. Even during the waiting time for my first session someone checked in on me."

"Excellent- the process of initial contact was easy, there was appropriate info provided prior and all information I needed was given before the first 1;1 session."

"Again very thorough, I didn't feel rushed or pressured for detail. I was put at ease and felt much less concerned about everything. Lots of information, very chatty, friendly and welcoming. Felt I was in safe hands."

"I feel that the counselling sessions offered by Trust House have been expertly tailored to my specific needs, and I could not speak more highly of my counsellor Susie, who has been absolutely amazing. I feel like she has listened to me from the start and has single-handedly helped me to gain a better grasp of myself as a person, with the aim of getting my life back on track so that I can look forward to a more positive future and thus flourish both professionally and emotionally."

"I understand how the trauma has affected my life. I have the tools to deal with the difficult days and feel I also understand myself more and are in control."

"Amazing support, my counsellor took the time to listen to my concerns and worries and has supported me in finding different ways to cope with the stress and anxiety that I may face. I feel like a different person than when i first started my counselling. I feel as of I have made some good progress and I hope I can take in board everything I have learnt to keep me being strong."

"Amazing. The services' attitudes to male victims is fantastic. Thank you Ian, you've been great!!"

We currently have 66 volunteers/Counsellors at Trust House

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

During the reporting period a total of 1052 unique individual victim/survivors accessed our services.

Breakdown of people accessing our support services is given below:

Service accessing at point of entry	Number of different people
CHISVA	72
CYP	356
Counselling	669
Helpline	6
ISVA	165
Support Group	42
No data	97

Gender breakdown of our service users shown below:

Gender	Number of different people
Female	947
Male	142
Non-binary	10
Prefer not to say	11
Transgender	3
No data	97

Age: Of these 1052 services users, 53 were between 4 and 12 years old, 133 were 13 to 17 years old. 430 were in the age group from 18 to 34, 278 were in the age group 35 -54, 73 were in the age group 55-74 and 1 was over 75 .We did not know the age for 84 people.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Ethnicity breakdown is given below. Whilst we are able to reach out to people from varied communities and backgrounds, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

Ethnic Origin	Number of different people
Any other ethnic group	23
Asian or Asian British: Bangladeshi	2
Asian or Asian British: Indian	28
Asian or Asian British: Other Asian Background	18
Asian or Asian British: Pakistani	33
Black or Black British: African	34
Black or Black British: Caribbean	8
Black or Black British: Other Black Background	15
Chinese	7
Mixed: Other Mixed Background	22
Mixed: White and Asian	11
Mixed: White and Black African	7
Mixed: White and Black Caribbean	12
Prefer not to say	1
White: British	669
White: European	26
White: Irish	7
White: Other White Background	30
No data	257

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

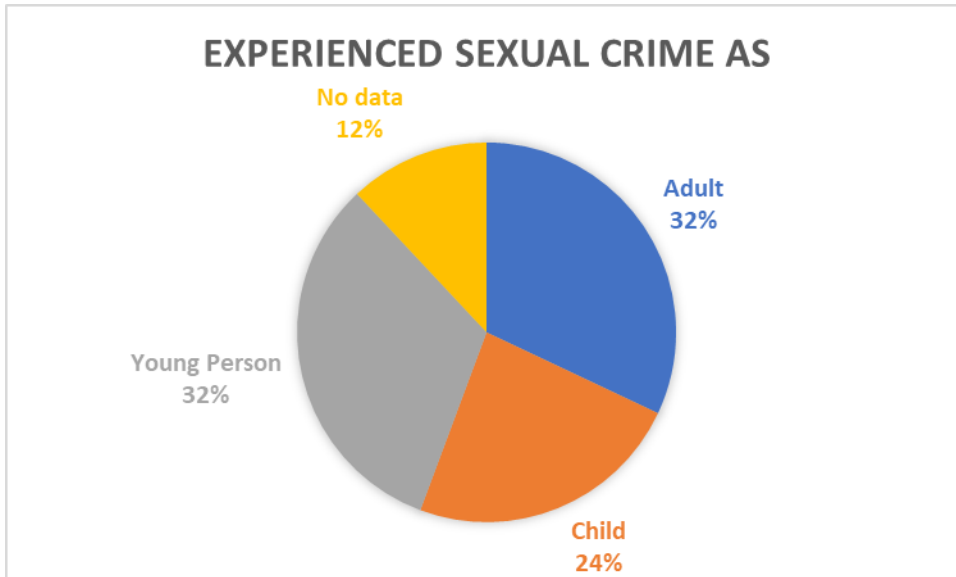
Disability data as shared by our service users. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

Any health issues?	Number of different people
Learning	48
Mental Health	965
Physical Disability	48
Sensory	21
No data	218

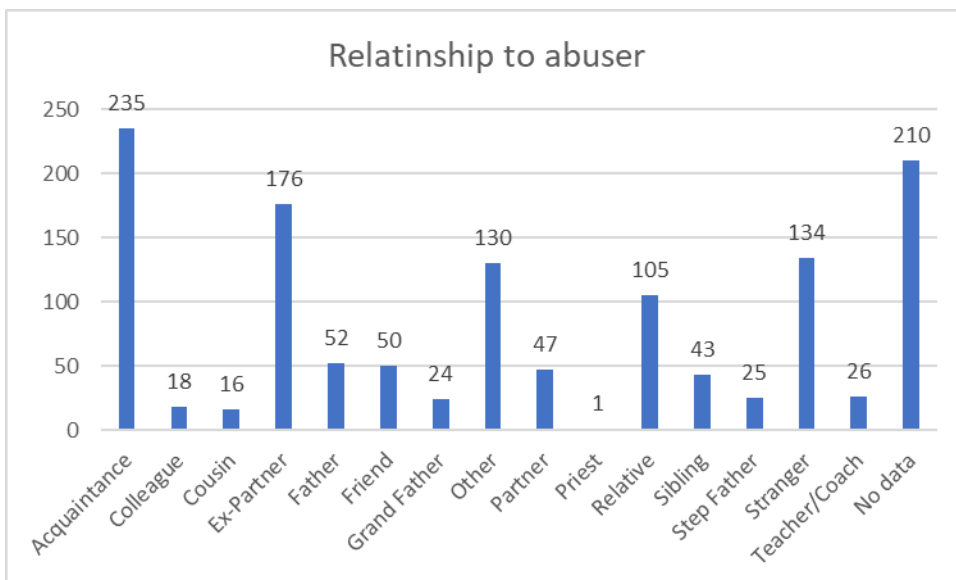
TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

Presenting experiences: a breakdown of when the service users experienced the sexual crime is depicted through the chart. Please note that it is not exhaustive and many service users experience the crime multiple times.



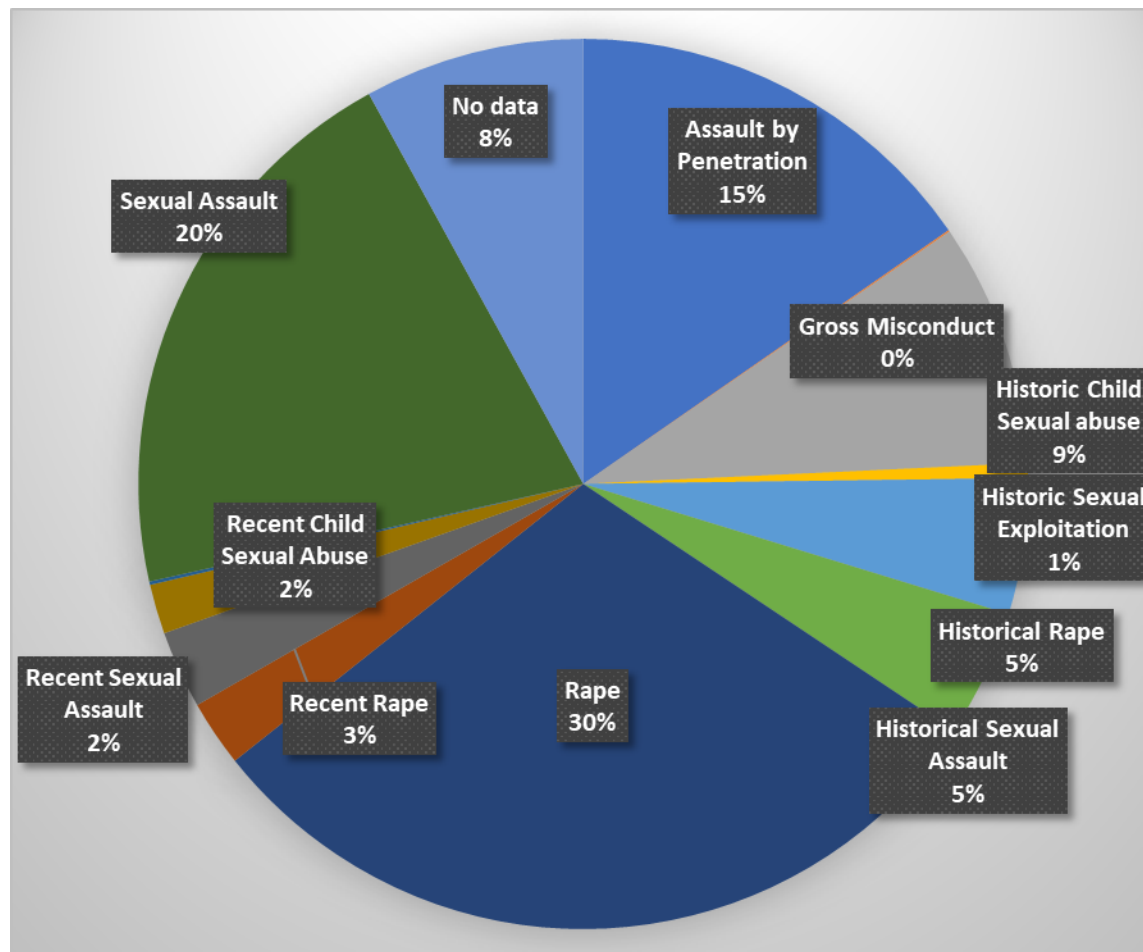
Relationship of the abuser: A breakdown of the abuser's relationship is given for our services users in 2024-25. Of all those who reported only 134 abusers were strangers whilst majority of abusers were known to the victims.



TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

A breakdown of the type of abuse experienced by our service users is given below. Rape is the biggest category with 498 (30%) reported cases amongst our service users.



Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £304,000.

Major risks

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2025*

Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2nd of October 2017.

The Trustees who served during the year and up to the date of signature of the financial statements were:

The Survivors Trust

Mr D Carmody

The Trustee's report was approved by the Board of Trustees.

Donal Carmody

Mr D Carmody

Trustee of The Survivors Trust

Date: 26/01/2026

TRUST HOUSE READING

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The Trustees, who are also the directors of Trust House Reading for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TRUST HOUSE READING

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA
Cottons Group Limited

Chestnut Field House
Chestnut Field
Rugby
Warwickshire
CV21 2PD
United Kingdom

Dated: 27 January 2026

TRUST HOUSE READING

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and grants	2	239,214	410,413	649,627	156,680	466,437	623,117
Expenditure on:							
Charitable activities	3	197,543	410,413	607,956	226,672	466,437	693,109
Net income/(expenditure) for the year/ Net movement in funds							
		41,671	-	41,671	(69,992)	-	(69,992)
Fund balances at 1 April 2024							
		239,107	-	239,107	309,099	-	309,099
Fund balances at 31 March 2025							
		280,778	-	280,778	239,107	-	239,107

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TRUST HOUSE READING

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
Fixed assets					
Tangible assets	8		2,594		-
Current assets					
Debtors	9	19,922		38,361	
Cash at bank and in hand		295,025		240,287	
		<u>314,947</u>		<u>278,648</u>	
Creditors: amounts falling due within one year	10	<u>(36,763)</u>		<u>(39,541)</u>	
Net current assets			<u>278,184</u>		<u>239,107</u>
Total assets less current liabilities			<u>280,778</u>		<u>239,107</u>
The funds of the Charity					
Unrestricted funds	12		<u>280,778</u>		<u>239,107</u>
			<u>280,778</u>		<u>239,107</u>


The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 26 January 2026


Mr D Carmody
Trustee of The Survivors Trust

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies (Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2025	2025	2025	2024	2024	2024
	£	£	£	£	£	£
Donations and grants	239,214	410,413	649,627	156,680	466,437	623,117

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

3 Charitable activities

	2025 £	2024 £
Staff costs	365,483	434,620
Depreciation and impairment	383	1,522
Counselling and play therapy sessional	123,475	120,309
General running costs	41,322	46,270
IT software and support	6,780	8,318
Telephone	13,208	13,386
Training and development	7,082	10,879
Expenses and travel	5,587	13,132
Supervision and support costs	12,500	12,990
Management costs	14,772	14,772
Sundry expenses	8,329	9,209
Insurance	3,553	2,740
Publicity and promotion	788	683
Fundraising	54	255
Accountancy	4,640	4,024
	<u>607,956</u>	<u>693,109</u>
	<u>607,956</u>	<u>693,109</u>
Analysis by fund		
Unrestricted funds	197,543	226,672
Restricted funds	410,413	466,437
	<u>607,956</u>	<u>693,109</u>

4 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	1,740	1,740
Depreciation of owned tangible fixed assets	383	1,522
	<u>1,740</u>	<u>1,522</u>

5 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Employees

The average monthly number of employees during the year was:

2025 Number	2024 Number
14	16
<u>14</u>	<u>16</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

6 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	365,483	434,620

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £68,276 (2024 - £60,038)

The number of employees whose annual remuneration was £60,000 or more were:

	2025 Number	2024 Number
£60,001 to £70,000	1	-

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2024	619	13,115	13,734
Additions	-	2,977	2,977
At 31 March 2025	619	16,092	16,711
Depreciation and impairment			
At 1 April 2024	619	13,115	13,734
Depreciation charged in the year	-	383	383
At 31 March 2025	619	13,498	14,117
Carrying amount			
At 31 March 2025	-	2,594	2,594

9 Debtors

Amounts falling due within one year:	2025 £	2024 £
Trade debtors	8,820	6,975
Prepayments and accrued income	11,102	31,386
	19,922	38,361

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

10 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	6,363	9,360
Trade creditors	19,013	17,622
Other creditors	2,066	2,569
Accruals and deferred income	9,321	9,990
	<u>36,763</u>	<u>39,541</u>

11 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds			Movement in funds		
	Incoming resources £	Resources expended £	Balance at 1 April 2024 £	Incoming resources £	Resources expended £	Balance at 31 March 2025 £
MOJ Main Grant	330,759	(330,759)	-	363,038	(363,038)	-
Thames Valley Partnership (PCC Contract)	94,553	(94,553)	-	-	-	-
PCC Victims Grant	33,000	(33,000)	-	33,000	(33,000)	-
West Berkshire	8,125	(8,125)	-	14,375	(14,375)	-
	<u>466,437</u>	<u>(466,437)</u>	<u>-</u>	<u>410,413</u>	<u>(410,413)</u>	<u>-</u>

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 March 2025 £
General funds	<u>239,107</u>	<u>239,214</u>	<u>(197,543)</u>	<u>280,778</u>
Previous year:	At 1 April 2023	Incoming resources	Resources expended	At 31 March 2024
	£	£	£	£
General funds	<u>309,099</u>	<u>156,680</u>	<u>(226,672)</u>	<u>239,107</u>

TRUST HOUSE READING

England & Wales - Charity number 1174926

Accounts

Charity registration number 1174926 (England and Wales)

Company registration number CE011444

TRUST HOUSE READING
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

TRUST HOUSE READING

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	The Survivors Trust
Charity number	1174926
Company number	CE011444
Principal address	54 London Street Reading RG1 4SQ
Registered office	54 London Street Reading RG1 4SQ
Independent examiner	Cottons Accountants LLP Chestnut Field House Chestnut Field Rugby Warwickshire United Kingdom CV21 2PD

TRUST HOUSE READING

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TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2024

The Trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Introduction

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

Charitable Objects

- Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

- To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.

- Promote and participate in education and research in relation to:

- counselling and support in relation to the traumas set out above and their effect upon women, men and children;

- the traumas set out above and their effect upon women, men and children; and

- rape, other sexual assault, sexual abuse or sexual exploitation.

- Promote, participate in and provide training in relation to:

- counselling and support in relation to the traumas set out above and their effect upon women, men and children;

- the traumas set out above and their effect upon women, men and children; and

- rape, other sexual assault, sexual abuse or sexual exploitation.

In each case for the benefit of the public generally and in particular in the area of Thames Valley and surrounding areas.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

- Specialist Counselling
- Confidential Helpline
- Independent Sexual Violence Advisor Support
- Children and Family Independent Sexual Violence Advisor Support
- Play Therapy for Children
- Young People Counselling
- Support Groups
- Workshops and Training

Our team comprised of:

Clare Schofield: Independent Sexual Violence Advisor Team Manager

Julia Wiles: Lead CYP Counsellor

Heather Craddock: Senior Independent Sexual Violence Advisor

Gemma Fernandez: SARC Project Coordinator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator and administrator

Namita Prakash: CEO

Romy Freiburghaus: Lead Adult Counsellor

Sally Miles : Children and Young Person Services Clinical Lead

And 60 plus Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £8,000 funding to provide counselling and support.

We also won a contract to deliver counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children. This is a 3 year project and started on 1st October 2017. This has been extended till March 2025.

We have also won a contract for PCC to provide support services to victims of Crimes in Thames Valley area as a part of the consortium and spearhead the Berkshire work.

During the year, we benefited from £631,367 in donations and grants.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

CEO's Report

2023-24 has been an incredible year for Trust House. We provided almost 9000 (8984) support sessions to 1128 individuals through a range of support services. What shown through, is the hard work, dedication and commitment of all the volunteers and staff at Trust House. Also, we launched a website this year, implemented a new software system to manage our helpline calls and built strong relationship with our Criminal Justice System partners

ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 107 clients, provided 749 support sessions.

CHISVA Service: Our ChISVA service support children, young people and their families. It supported 45 children and young people during the period and provided 268 sessions to clients during the reporting period.

Children and Young People Services

Trust House supports children and young people (aged 3 to 21 years) who have been affected by rape,

sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 318 children and young people and provided 2966 support sessions to children and young people during the reporting period.

Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHS service does not offer this and the only other providers are within the private sector.

Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone, using the online form on our website or via a third party. Clients go onto our waiting list and are then matched with a counsellor who can best meet their needs. They are booked an initial meeting with their counsellor to assess their needs before the counselling sessions start. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short-term work, as well as clients who might need longer-term work, especially if there is an ongoing court case.

Extensions to therapeutic work are to be negotiated on a case-by-case basis.

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 555 clients and provided 4,727 counselling sessions.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

Trust House also provided 12,243 instances of communication to our service users. A break down of number of communications we have had with service users is given below which is provided on top of the support session, showcasing the background work that goes in delivering the support services.

<u>Work area</u>	<u>Num communications</u>	<u>Total</u>
CHISVA	613	613
Counselling	4706	4706
CYP	2649	2649
Email Support	18	18
Helpline	222	222
ISVA	3692	3692
Meetings	3	3
Parent Support	61	61
Supervision	187	187
Support Group	86	86
Training	5	5
Total	12242	12242

We have not only delivered as before but also increased our capacity to support more people who need the support service as shown above. Everyone has worked tirelessly throughout the year to deliver the services and provide the support needed.

A thank you to our funders especially Ministry of Justice, is also important as the funding has enabled us to continue to provide the important support.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

The best testaments to our work is through the feedback that we received from our clients. Few are listed below and reminds us every day why we do this work:

Feedback:

"Trust House have been amazing in supporting me. Even during the waiting time for my first session someone checked in on me."

"Excellent- the process of initial contact was easy, there was appropriate info provided prior and all information I needed was given before the first 1;1 session."

"Again very thorough, I didn't feel rushed or pressured for detail. I was put at ease and felt much less concerned about everything. Lots of information, very chatty, friendly and welcoming. Felt I was in safe hands."

"I feel that the counselling sessions offered by Trust House have been expertly tailored to my specific needs, and I could not speak more highly of my counsellor Susie, who has been absolutely amazing. I feel like she has listened to me from the start and has single-handedly helped me to gain a better grasp of myself as a person, with the aim of getting my life back on track so that I can look forward to a more positive future and thus flourish both professionally and emotionally."

"I understand how the trauma has affected my life. I have the tools to deal with the difficult days and feel I also understand myself more and are in control."

"Amazing support, my counsellor took the time to listen to my concerns and worries and has supported me in finding different ways to cope with the stress and anxiety that I may face. I feel like a different person than when i first started my counselling. I feel as of I have made some good progress and I hope I can take in board everything I have learnt to keep me being strong."

"Amazing. The services' attitudes to male victims is fantastic. Thank you Ian, you've been great!!"

We currently have 66 volunteers/Counsellors at Trust House

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

During the reporting period a total of 1,052 unique individual victim/survivors accessed our services.

THR services: In the reporting period Counselling service supported 573 individuals, 110 by ISVA Service, 29 by CHISVA, and 340 for Children and young people services. On average we received approximately 30 calls to our helpline per week.

Service accessing at point of entry	Number of different people
CHISVA	29
CYP	340
Counselling	573
Helpline	55
ISVA	110
Support Group	10
No data	31

Gender: Of all the people we supported there were 884 females, 121 males, 4 transgender clients, 10 did not want to reveal the gender and 30 unknown.

Gender	Number of different people
Female	884
Male	121
Non-binary	3
Prefer not to say	10
Transgender	4
No data	30

Age: Of these 1052 services users, 53 were between 4 and 12 years old, 133 were 13 to 17 years old. 430 were in the age group from 18 to 34, 278 were in the age group 35 -54, 73 were in the age group 55-74 and 1 was over 75 .We did not know the age for 84 people.

Ethnicity: 640 of our service users were white British, but we also had service users from Black 59, Asian 71 and mixed ethnicity 42, 52 belonged to other white background (20 stated they were from another ethnic group and 164 were unknown). Whilst we believe this reflects the fact that we are able to reach out to people from varied communities, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

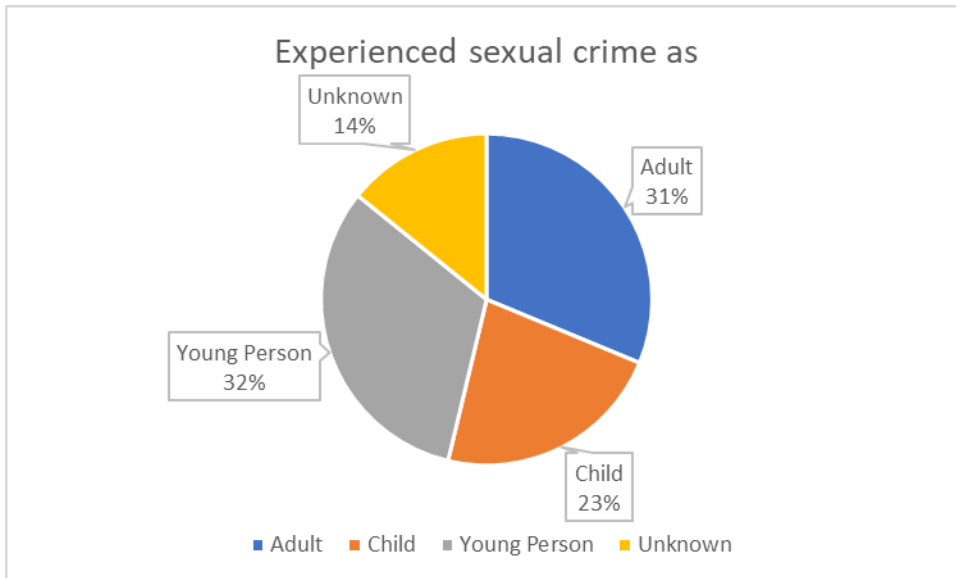
Ethnic Origin	Number of different people
Any other ethnic group	20
Asian or Asian British: Bangladeshi	4
Asian or Asian British: Indian	20
Asian or Asian British: Other Asian Background	16
Asian or Asian British: Pakistani	31
Black or Black British: African	35
Black or Black British: Caribbean	13
Black or Black British: Other Black Background	11
Chinese	2
Mixed: Other Mixed Background	22
Mixed: White and Asian	4
Mixed: White and Black African	2
Mixed: White and Black Caribbean	14
Prefer not to say	2
White: British	640
White: European	18
White: Irish	8
White: Other White Background	26
No data	164
Total	1052

Disability: 4.2% of our service users in 2022-23 disclosed they had a disability. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

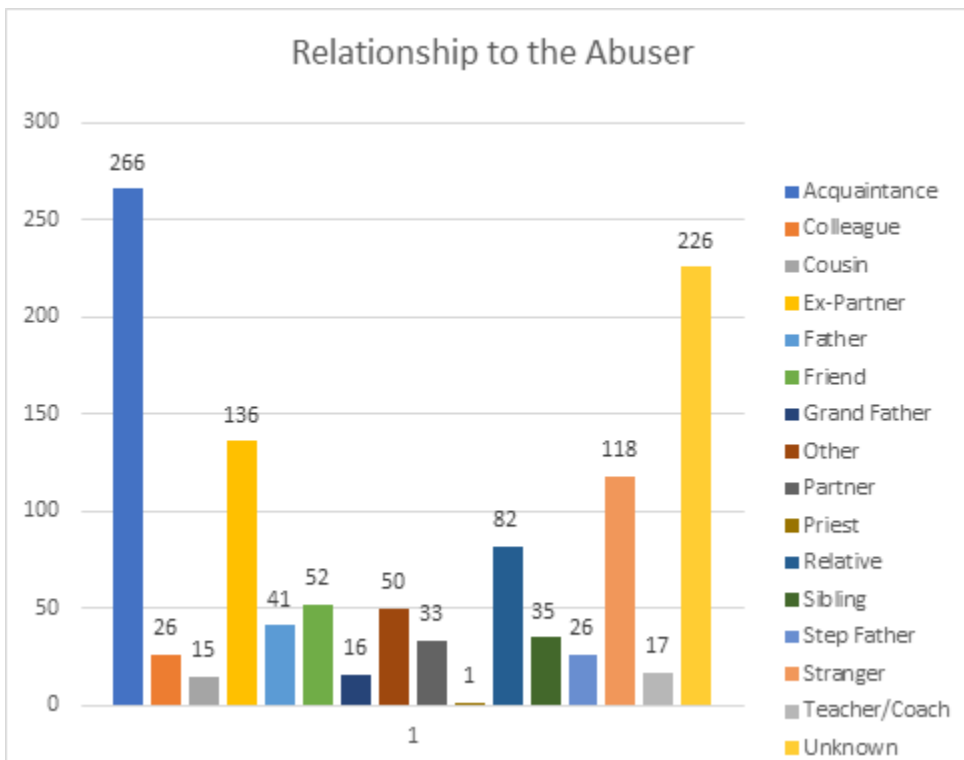
Presenting experiences: 23% service users reported experiencing rape or sexual violence as a child, and 32% rape or sexual violence as a young person and 31% experiencing rape or sexual abuse as an adult. We provide a range of holistic services to meet their needs including counselling, ISVA support and helpline for adult survivors, play therapy for child victims and integrated therapy for young people affected by childhood sexual abuse.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024



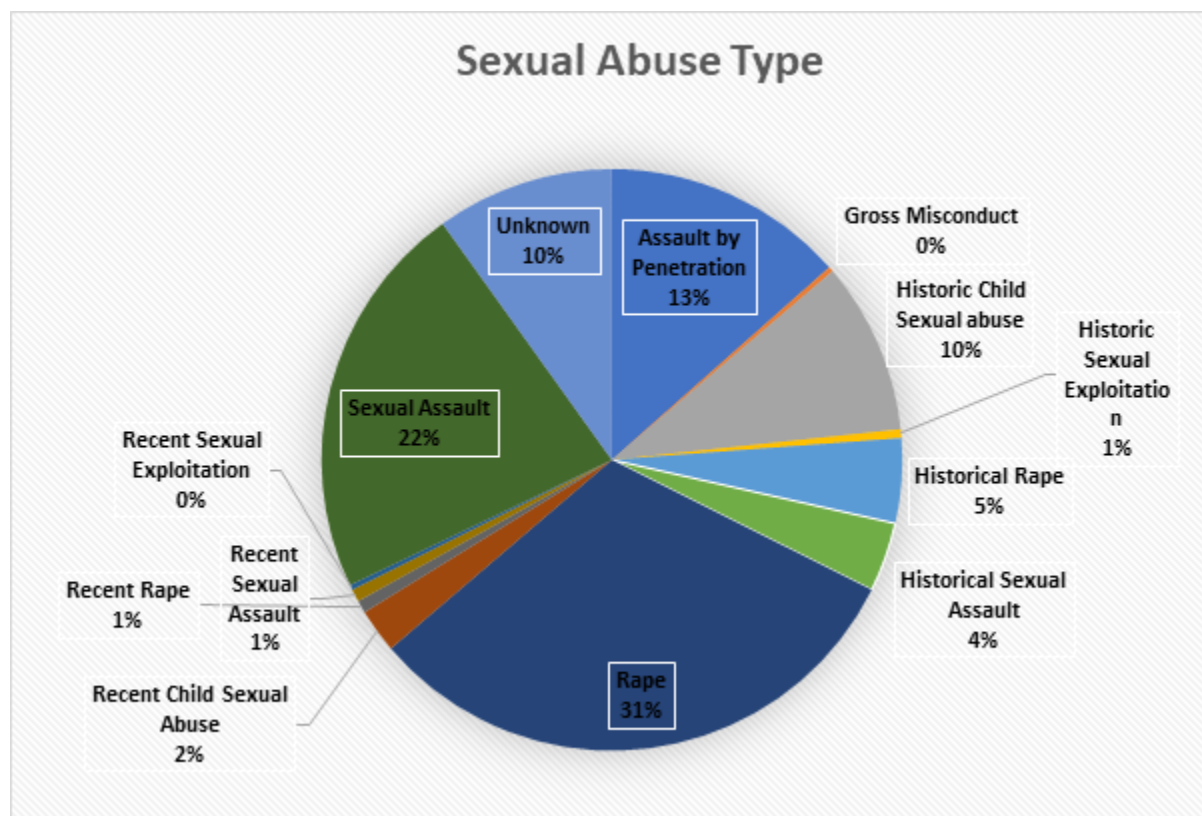
Relationship of the abuser: A breakdown of the abuser’s relationship is given for our services users in 2023-24. Of all those who reported only 118(10 %) abusers were strangers whilst approximately 70% of abusers were known to the victims. Rest of the cases we did not have the data. A breakdown of the numbers is given below.



TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

A breakdown of the type of abuse experienced by our service users is given below. Rape is the biggest category with 447 (31%) reported cases amongst our service users.



Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £345,000.

Major risks

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2nd of October 2017.

The Trustees who served during the year and up to the date of signature of the financial statements were:

The Survivors Trust
Mr D Carmody

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2024*

The Trustee's report was approved by the Board of Trustees.

Donal Carmody
.....

Mr D Carmody

Trustee of The Survivors Trust

Date: 22/01/2025.....

TRUST HOUSE READING

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The Trustees, who are also the directors of Trust House Reading for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TRUST HOUSE READING

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the Companies Act 2006 and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the Companies Act 2006.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the Companies Act 2006 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA
Cottons Accountants LLP

Chestnut Field House
Chestnut Field
Rugby
Warwickshire
CV21 2PD
United Kingdom

Dated: .23.January.2025

TRUST HOUSE READING

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and grants	2	156,680	466,437	623,117	132,855	478,137	610,992
Expenditure on:							
Charitable activities	3	226,672	466,437	693,109	132,531	465,571	598,102
Gross transfers between funds		-	-	-	11,311	(11,311)	-
Net (expenditure)/income for the year/							
Net movement in funds		(69,992)	-	(69,992)	11,635	1,255	12,890
Fund balances at 1 April 2023		309,099	-	309,099	297,464	(1,255)	296,209
Fund balances at 31 March 2024		<u>239,107</u>	<u>-</u>	<u>239,107</u>	<u>309,099</u>	<u>-</u>	<u>309,099</u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TRUST HOUSE READING

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	8		-		1,522
Current assets					
Debtors	9	38,361		31,763	
Cash at bank and in hand		240,287		310,009	
		<u>278,648</u>		<u>341,772</u>	
Creditors: amounts falling due within one year	10	(39,541)		(34,195)	
Net current assets			239,107		307,577
Total assets less current liabilities			<u>239,107</u>		<u>309,099</u>
The funds of the Charity					
Unrestricted funds	12		239,107		309,099
			<u>239,107</u>		<u>309,099</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 22 January 2025

Donal Carmody

Mr D Carmody

Trustee of The Survivors Trust

Company registration number CE011444 (England and Wales)

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies (Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Donations and grants	156,680	466,437	623,117	132,855	478,137	610,992

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

3 Charitable activities

	2024 £	2023 £
Staff costs	434,620	379,742
Depreciation and impairment	1,522	3,937
Counselling and play therapy sessional	120,309	88,949
General running costs	46,270	41,794
IT software and support	8,318	8,978
Telephone	13,386	14,299
Training and development	10,879	2,567
Expenses and travel	13,132	9,095
Supervision and support costs	12,990	19,778
Management costs	14,772	14,772
Sundry expenses	9,209	6,472
Insurance	2,740	3,162
Publicity and promotion	683	-
Fundraising	255	1,779
Accountancy	4,024	2,778
	<u>693,109</u>	<u>598,102</u>
	<u>693,109</u>	<u>598,102</u>
Analysis by fund		
Unrestricted funds	226,672	132,531
Restricted funds	466,437	465,571
	<u>693,109</u>	<u>598,102</u>

4 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	-	-
Depreciation of owned tangible fixed assets	1,522	3,937
	<u>1,522</u>	<u>3,937</u>

5 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

6 Employees

The average monthly number of employees during the year was:

2024 Number	2023 Number
16	15
<u>16</u>	<u>15</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

6 Employees (Continued)

Employment costs	2024 £	2023 £
Wages and salaries	434,620	379,742

No employee earned £60,000 per annum or more.

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £60,038 (2023 - £60,182)

7 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

8 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2023	619	13,115	13,734
At 31 March 2024	619	13,115	13,734
Depreciation and impairment			
At 1 April 2023	619	11,593	12,212
Depreciation charged in the year	-	1,522	1,522
At 31 March 2024	619	13,115	13,734
Carrying amount			
At 31 March 2023	-	1,522	1,522

9 Debtors

Amounts falling due within one year:	2024 £	2023 £
Trade debtors	6,975	24,102
Prepayments and accrued income	31,386	7,661
	38,361	31,763

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

10 Creditors: amounts falling due within one year

	2024	2023
	£	£
Other taxation and social security	9,360	7,029
Trade creditors	17,622	14,607
Other creditors	2,569	2,569
Accruals and deferred income	9,990	9,990
	<u>39,541</u>	<u>34,195</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

11 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds				Movement in funds			
	Balance at 1 April 2022	Incoming resources	Resources expended	Transfers	Balance at 1 April 2023	Incoming resources	Resources expended	Balance at 31 March 2024
	£	£	£	£	£	£	£	£
MOJ Main Grant	-	142,448	(142,448)	-	-	330,759	(330,759)	-
MOJ CSA Fund	-	43,354	(43,354)	-	-	-	-	-
Thames Valley Partnership (PCC Contract)	(428)	95,688	(83,123)	(12,137)	-	94,553	(94,553)	-
PCC ISVA	-	33,000	(33,000)	-	-	33,000	(33,000)	-
West Berkshire	(826)	8,000	(8,000)	826	-	8,125	(8,125)	-
MOJ male rape support	-	41,794	(41,794)	-	-	-	-	-
MOJ additional funding	-	38,603	(38,603)	-	-	-	-	-
PCC CHISVA	-	6,500	(6,500)	-	-	-	-	-
Berkshire Healthcare NHS Foundation	-	20,000	(20,000)	-	-	-	-	-
NHS England Uplift	-	48,750	(48,750)	-	-	-	-	-
	(1,255)	478,137	(465,572)	(11,311)	-	466,437	(466,437)	-

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

12 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023	Incoming resources	Resources expended	Transfers	At 31 March 2024
	£	£	£	£	£
General funds	309,099	156,680	(226,672)	-	239,107
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
Previous year:	At 1 April 2022	Incoming resources	Resources expended	Transfers	At 31 March 2023
	£	£	£	£	£
General funds	297,464	132,855	(132,531)	11,311	309,099
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>

TRUST HOUSE READING

England & Wales - Charity number 1174926

Accounts

Charity registration number 1174926

Company registration number CE011444 (England and Wales)

TRUST HOUSE READING
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TRUST HOUSE READING

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	The Survivors Trust
Charity number	1174926
Company number	CE011444
Principal address	54 London Street Reading RG1 4SQ
Registered office	54 London Street Reading RG1 4SQ
Independent examiner	Cottons Accountants LLP Chestnut Field House Chestnut Field Rugby Warwickshire United Kingdom CV21 2PD

TRUST HOUSE READING

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TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) *FOR THE YEAR ENDED 31 MARCH 2023*

The Trustees present their annual report and financial statements for the year ended 31 March 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Introduction

Trust House Reading (THR) was set up in 2013 by The Survivors Trust (TST) with funding received from Ministry of Justice under the Coalition government commitment to open 15 new rape support centre. A national needs assessment exercise enabled TST to identify Berkshire as an area lacking in specialist support with very high reported sexual violence crime rate.

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

Charitable Objects

- Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.
- Promote and participate in education and research in relation to:
 - i. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
 - ii. the traumas set out above and their effect upon women, men and children; and
 - iii. rape, other sexual assault, sexual abuse or sexual exploitation.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2023*

Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

- Specialist Counselling
- Confidential Helpline
- Independent Sexual Violence Advisor Support
- Children and Family Independent Sexual Violence Advisor Support
- Play Therapy for Children
- Young People Counselling
- Support Groups
- Workshops and Training

Our team comprised of:

Clare Schofield: Children Independent Sexual Violence Advisor

Heather Craddock: Independent Sexual Violence Advisor

Gemma Fernandez: Volunteer Coordinator/Administrator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator and administrator

Namita Prakash: CEO

Sally Miles : Children and Young Person Services Clinical Lead

And 40 Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £8,000 funding to provide counselling and support.

We also won a contract to deliver counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children. This is a 3 year project and started on 1st October 2017. This has been extended till March 2025.

We have also won a contract for PCC to provide support services to victims of Crimes in Thames Valley area as a part of the consortium and spearhead the Berkshire work.

During the year, we benefited from £2,505 in donations.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

CEO's Report

Year 2022-23 has been a challenging year with ever increasing referrals but what has shown through is the hard work, dedication and commitment of all the volunteers and staff at trust house reading. We increased the number of support sessions provided to 7876, the number of service users seen has increased to 965. We supported service users through phone, zoom, skype, WhatsApp, face to face, etc to ensure flexibility and choice for service users. We also supported approximately additional 300 service users through Victims First project that we manage in partnership with TVP and OSARCC.

We have not only delivered as before but also increased our capacity to support more people who need the support service as shown above. Everyone has worked tirelessly throughout the year to deliver the services and provide the support needed. A thankyou to our funders is also important as the funding has enabled us to continue to provide the support.

The best testaments to our work is through the feedback that we received from our clients. Few are listed below and reminds us every day why we do this work:

Feedback:

"The impact [my counsellor] has had on me is life-changing. [My counsellor] made me feel safe and helped me to process what had happened...I can't thank [my counsellor] enough for what she has done for me."

"Thank you for helping me in ways I have never thought I could be helped. You made me realise that I have the power within me to change and be strong and that actually it wasn't my fault."

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

"The support given has been excellent."

"Trust House... provided a beacon of light to help me on my journey. Words alone cannot express my gratitude."

"Having counselling... was the best thing I ever did."

"Thank you for helping me to feel like a survivor and not a victim."

"I can sleep again, feel overall happier and calmer."

We currently have 46 volunteers at Trust House

During the reporting period a total of 965 individual victim/survivors accessed our services.

THR services: In the reporting period Counselling service supported 519 individuals, 121 by ISVA Service, 47 by CHISVA, and 266 for Children and young people services. On average we received approximately 30 calls to our helpline per week.

Gender: Of all the people we supported there were 769 females, 106 males, 8 transgender clients, 7 did not want to reveal the gender and 6 unknown.

Age: Of these 886 services users, 385 were 24 years old or younger. 387 were in the age group from 25 to 50, 82 were in the age group 51-67.

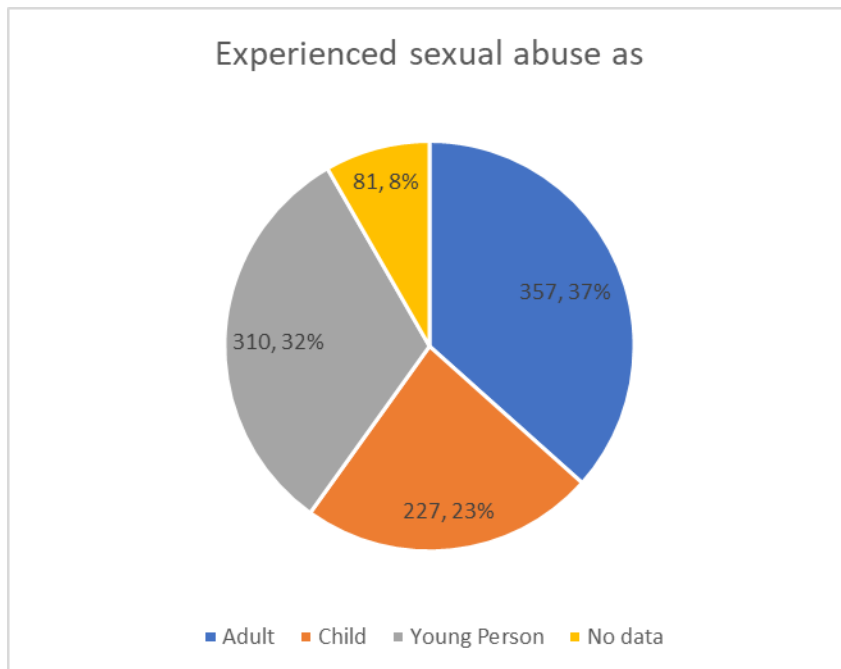
Ethnicity: 572 of our service users were white British, but we also had service users from Black 57, Asian 48 and mixed ethnicity 44, 55 belonged to other white background (10 stated they were from another ethnic group and 99 were unknown). Whilst we believe this reflects the fact that we are able to reach out to people from varied communities, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

Disability: 5% of our service users in 2022-23 disclosed they had a disability. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

Presenting experiences: 23% service users reported experiencing rape or sexual violence as a child, and 32% rape or sexual violence as a young person and 37% experiencing rape or sexual abuse as an adult. We provide a range of holistic services to meet their needs including counselling, ISVA support and helpline for adult survivors, play therapy for child victims and integrated therapy for young people affected by childhood sexual abuse.

TRUST HOUSE READING

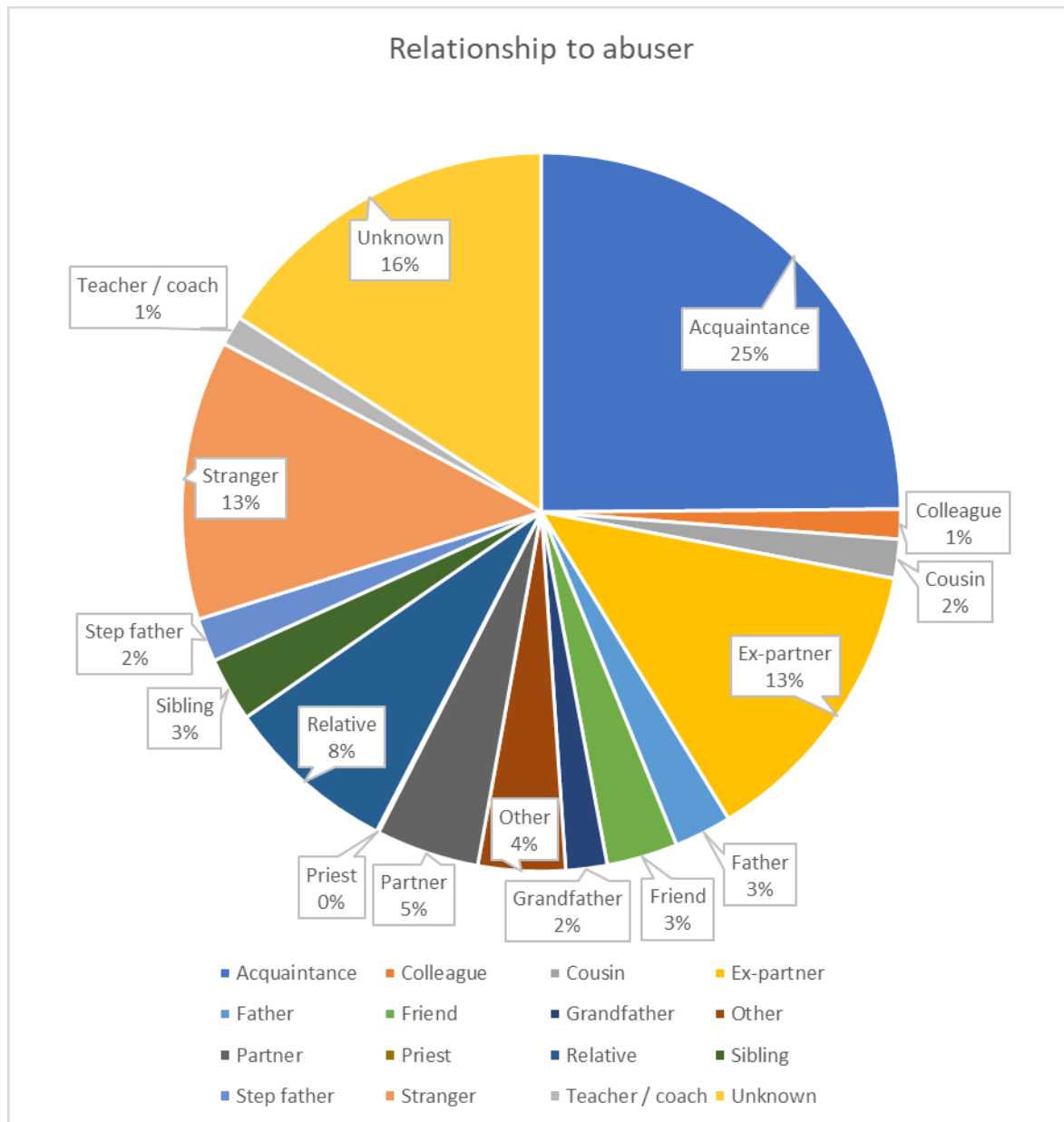
TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



Relationship of the abuser: A breakdown of the abuser's relationship is given for our services users in 2022-21. Of all those who reported only 122 (12.6%) abusers were strangers whilst approximately 87% of abusers were known to the victims. A breakdown of the numbers is given below.

TRUST HOUSE READING

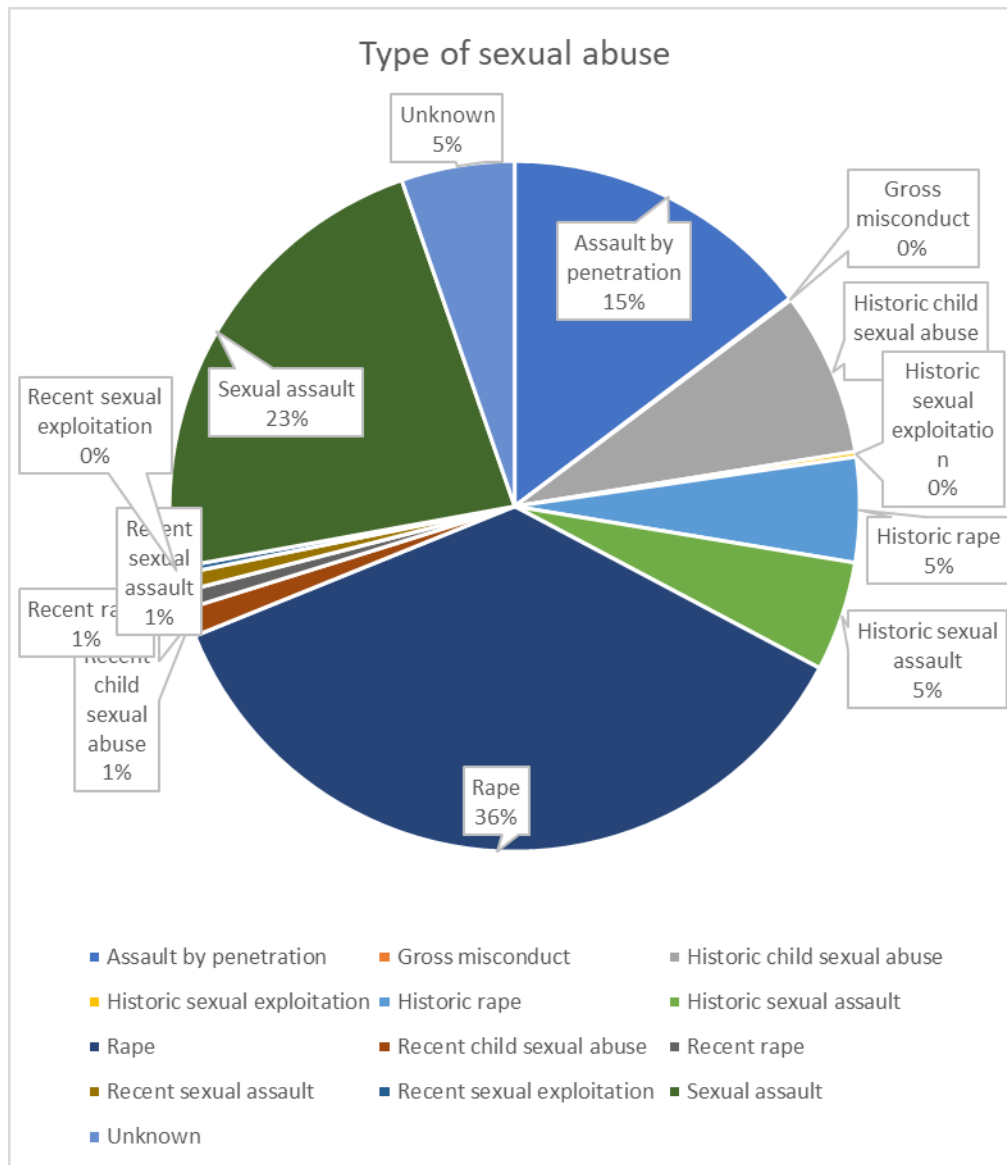
TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



A breakdown of the type of abuse experienced by our service users is given below. Rape is the biggest category with 442 reported cases amongst our service users.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023



ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 111 clients, provided 618 support sessions.

CHISVA Service: Our ChISVA service support childrens, young people and their families. It supported 47 children and young people during the period and provided 203 sessions to clients during the reporting period.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Children and Young People Services

Trust House Reading supports children and young people (aged 3 to 21 years) who have been affected by rape, sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 266 children and young people and provided 2213 support sessions to children and young people during the reporting period.

Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace

Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHs service does not offer this and the only other providers are within the private sector.

Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone, using the online form on our website or via a third party. Clients go onto our waiting list and are then matched with a counsellor who can best meet their needs. They are booked an initial meeting with their counsellor to assess their needs before the counselling sessions start. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short-term work, as well as clients who might need longer-term work, especially if there is an ongoing court case.

Extensions to therapeutic work are to be negotiated on a case-by-case basis.

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 515 clients and provided 4247 counselling sessions.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £299,000.

Major risks

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2nd of October 2017.

The Trustees who served during the year and up to the date of signature of the financial statements were:

The Survivors Trust

Mr D Carmody

The Trustee's report was approved by the Board of Trustees.



Mr D Carmody

Trustee of The Survivors Trust

29 January 2024

TRUST HOUSE READING

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2023

The Trustees, who are also the directors of Trust House Reading for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TRUST HOUSE READING

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA
Cottons Accountants LLP

Chestnut Field House
Chestnut Field
Rugby
Warwickshire
CV21 2PD
United Kingdom

Dated: 30 January 2024

TRUST HOUSE READING

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Income from:							
Donations and grants	2	132,855	478,137	610,992	124,552	359,499	484,051
Expenditure on:							
Charitable activities	3	132,531	465,571	598,102	115,714	348,710	464,424
Net incoming resources before transfers		324	12,566	12,890	8,838	10,789	19,627
Gross transfers between funds		11,311	(11,311)	-	48,646	(48,646)	-
Net income for the year/ Net movement in funds		11,635	1,255	12,890	57,484	(37,857)	19,627
Fund balances at 1 April 2022		297,464	(1,255)	296,209	239,980	36,600	276,580
Fund balances at 31 March 2023		<u>309,099</u>	<u>-</u>	<u>309,099</u>	<u>297,464</u>	<u>(1,257)</u>	<u>296,207</u>

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TRUST HOUSE READING

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	7		1,522		5,459
Current assets					
Debtors	8	31,763		7,073	
Cash at bank and in hand		310,009		301,944	
		<u>341,772</u>		<u>309,017</u>	
Creditors: amounts falling due within one year	9	34,195		18,269	
Net current assets			<u>307,577</u>		<u>290,748</u>
Total assets less current liabilities			<u><u>309,099</u></u>		<u><u>296,207</u></u>
The funds of the Charity					
Restricted income funds	10		-		(1,257)
Unrestricted funds			<u>309,099</u>		<u>297,464</u>
			<u><u>309,099</u></u>		<u><u>296,207</u></u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2023.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 29 January 2024



Mr D Carmody

Trustee

Company registration number CE011444 (England and Wales)

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies (Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Donations and grants	132,855	478,137	610,992	124,552	359,499	484,051

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

3 Charitable activities

	2023 £	2022 £
Staff costs	379,742	297,550
Depreciation and impairment	3,937	4,109
Counselling and play therapy sessional	88,949	61,927
General running costs	41,794	37,992
IT software and support	8,978	2,755
Telephone	14,299	14,725
Training and development	2,567	4,830
Expenses and travel	9,095	4,081
Supervision and support costs	19,778	12,578
Management costs	14,772	15,117
Sundry expenses	6,472	3,042
Insurance	3,162	2,796
Publicity and promotion	-	380
Fundraising	1,779	342
Accountancy	2,778	2,200
	<u>598,102</u>	<u>464,424</u>
	<u>598,102</u>	<u>464,424</u>
Analysis by fund		
Unrestricted funds	132,531	115,714
Restricted funds	465,571	348,710
	<u>598,102</u>	<u>464,424</u>

4 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

5 Employees

The average monthly number of employees during the year was:

2023 Number	2022 Number
<u>15</u>	<u>13</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

5 Employees (Continued)

Employment costs	2023 £	2022 £
Wages and salaries	379,742	297,550

No employee earned £60,000 per annum or more.

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £60,182 (2022 - £58,429)

6 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

7 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2022	619	13,115	13,734
At 31 March 2023	619	13,115	13,734
Depreciation and impairment			
At 1 April 2022	619	7,656	8,275
Depreciation charged in the year	-	3,937	3,937
At 31 March 2023	619	11,593	12,212
Carrying amount			
At 31 March 2023	-	1,522	1,522
At 31 March 2022	-	5,459	5,459

8 Debtors

Amounts falling due within one year:	2023 £	2022 £
Trade debtors	24,102	-
Prepayments and accrued income	7,661	7,073
	31,763	7,073

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

9 Creditors: amounts falling due within one year	2023	2022
	£	£
Other taxation and social security	7,029	4,980
Trade creditors	14,607	9,733
Other creditors	2,569	1,996
Accruals and deferred income	9,990	1,560
	<u>34,195</u>	<u>18,269</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

10 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	Movement in funds				Movement in funds				Balance at 31 March 2023 £
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	
MOJ Main Grant	-	142,448	(142,448)	-	-	142,448	(142,448)	-	-
MOJ CSA Fund	-	43,354	(43,354)	-	-	43,354	(43,354)	-	-
NHS England Covid-19	18,220	-	-	(18,220)	-	-	-	-	-
Thames Valley Partnership (PCC Contract)	-	76,103	(60,355)	(16,176)	(428)	95,688	(83,123)	(12,137)	-
PCC ISVA	12,026	47,800	(48,510)	(11,316)	-	33,000	(33,000)	-	-
Ashworth Grant	2,931	-	-	(2,931)	-	-	-	-	-
West Berkshire	3,423	8,000	(12,249)	-	(826)	8,000	(8,000)	826	-
MOJ male rape support	-	41,794	(41,794)	-	-	41,794	(41,794)	-	-
MOJ additional funding	-	-	-	-	-	38,603	(38,603)	-	-
PCC CHISVA	-	-	-	-	-	6,500	(6,500)	-	-
Berkshire Healthcare NHS Foundation	-	-	-	-	-	20,000	(20,000)	-	-
NHS England Uplift	-	-	-	-	-	48,750	(48,750)	-	-
	<u>36,600</u>	<u>359,499</u>	<u>(348,710)</u>	<u>(48,643)</u>	<u>(1,255)</u>	<u>478,137</u>	<u>(465,572)</u>	<u>(11,311)</u>	<u>-</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

11 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
General funds	297,464	132,855	(132,531)	11,311	309,099
	<u>297,464</u>	<u>132,855</u>	<u>(132,531)</u>	<u>11,311</u>	<u>309,099</u>
Previous year:	At 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2022 £
General funds	239,980	124,552	(115,714)	48,646	297,464
	<u>239,980</u>	<u>124,552</u>	<u>(115,714)</u>	<u>48,646</u>	<u>297,464</u>

12 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Fund balances at 31 March 2023 are represented by:			
Tangible assets	1,522	-	1,522
Current assets/(liabilities)	307,577	-	307,577
	<u>309,099</u>	<u>-</u>	<u>309,099</u>
	<u>309,099</u>	<u>-</u>	<u>309,099</u>
	<u>309,099</u>	<u>-</u>	<u>309,099</u>
	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2022 are represented by:			
Tangible assets	5,459	-	5,459
Current assets/(liabilities)	292,005	(1,257)	290,748
	<u>297,464</u>	<u>(1,257)</u>	<u>296,207</u>
	<u>297,464</u>	<u>(1,257)</u>	<u>296,207</u>
	<u>297,464</u>	<u>(1,257)</u>	<u>296,207</u>

TRUST HOUSE READING

England & Wales - Charity number 1174926

Accounts

Charity registration number 1174926

Company registration number CE011444 (England and Wales)

TRUST HOUSE READING
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

TRUST HOUSE READING

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	The Survivors Trust
Charity number	1174926
Company number	CE011444
Principal address	54 London Street Reading RG1 4SQ
Registered office	54 London Street Reading RG1 4SQ
Independent examiner	Cottons Accountants LLP Chestnut Field House Chestnut Field Rugby Warwickshire United Kingdom CV21 2PD

TRUST HOUSE READING

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TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2022

The Trustees present their annual report and financial statements for the year ended 31 March 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Trust House Reading (THR) was set up in 2013 by The Survivors Trust (TST) with funding received from Ministry of Justice under the Coalition government commitment to open 15 new rape support centre. A national needs assessment exercise enabled TST to identify Berkshire as an area lacking in specialist support with very high reported sexual violence crime rate.

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

Charitable Objects

- Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.
- Promote and participate in education and research in relation to:
 - i. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
 - ii. the traumas set out above and their effect upon women, men and children; and
 - iii. rape, other sexual assault, sexual abuse or sexual exploitation.
- Promote, participate in and provide training in relation to:
 - iv. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
 - v. the traumas set out above and their effect upon women, men and children; and
 - vi. rape, other sexual assault, sexual abuse or sexual exploitation.

In each case for the benefit of the public generally and in particular in the area of Thames Valley and surrounding areas.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2022*

Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

- Specialist Counselling
- Confidential Helpline
- Independent Sexual Violence Advisor Support
- Children and Family Independent Sexual Violence Advisor Support
- Play Therapy for Children
- Young People Counselling
- Support Groups
- Workshops and Training

Trustee Report

1 April 2021 to 31 March 2022

Our team comprised of:

Clare Schofield: Children Independent Sexual Violence Advisor

Heather Craddock: Independent Sexual Violence Advisor

Gemma Fernandez: Volunteer Coordinator/Administrator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator and administrator

Namita Prakash: CEO

Sally Miles : Children and Young Person Services Clinical Lead

And 40 Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £8,000 funding to provide counselling and support.

We also won a contract to deliver counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children. This is a 3 year project and started on 1st October 2017. This has been extended till March 2024.

We have also won a contract for PCC to provide support services to victims of Crimes in Thames Valley area as a part of the consortium and spearhead the Berkshire work.

During the year, we benefited from £2,200 in donations.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

CEO's Report

Year 2021-22 has been a very challenging year with COVID but what has shown through is the hard work, dedication and commitment of all the volunteers and staff at trust house reading. We increased the number of support sessions provided to 7743, an increase of more than 40% and the number of service users seen has increased to 946, an increase of more than 30%. We supported service users through phone, zoom, skype, WhatsApp, face to face, etc to ensure flexibility and choice for service users.

We have not only delivered as before but also increased our capacity to support more people who need the support service as shown above. Everyone has worked tirelessly throughout the year to deliver the services and provide the support needed. A thankyou to our funders is also important as the funding has enabled us to continue to provide the support and also some additional funding options has enabled us to increase capacity.

The best testaments to our work is through the feedback that we received from our clients. Few are listed below and reminds us every day why we do this work:

"100% fulfilled my goals. Was able to clear mind and resources to live life."

"A weight has been lifted, feel lighter less tension, less anxiety and panic surges."

"AIM WAS TO TALK ABOUT WHAT HAPPENED, WHICH IS WHAT I NEEDED."

"Able to deal directly with emotions and memories of the abuse which he felt he hadn't been able to do before. He now thinks he doesn't need any more counselling in respect of the abuse; he feels he has done the work needed."

"Achieved more than I expected."

"Have enjoyed the sessions even though they have been very exhausting and draining. Feels like I have come out of them with more understanding. The Breathing exercises and grounding have been really helpful and I use them daily."

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

THR Volunteers

Volunteers are essential to allow us to provide our much-needed services to women, men and children living in Berkshire who have been affected by rape and sexual abuse. There are a variety of roles filled by volunteers including fundraising, helpline, counsellors (adult service and CYP service) and play therapists.

We currently have 55 volunteers at Trust House Reading.

Statistics

During the reporting period a total of 946 individual victim/survivors accessed our services.

THR services: In the reporting period Counselling service supported 576 individuals, 114 by ISVA Service, 41 by CHISVA, 300 for Children and young people services and 1 unique calls on the helpline.

Gender: Of all the people we supported there were 815 females, 114 males, 7 transgender client and 4 did not want to reveal the gender.

Age: Of these 946 services users, 402, were under the age of 24. 429 were in the age group from 25 to 50, 95 were in the age group 51-73.

Ethnicity: 569 of our service users were white British, but we also had service users from Black 44, Asian 67 and mixed ethnicity 59 and 64 belonged to other white background. Whilst we believe this reflects the fact that we are able to reach out to people from varied communities, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

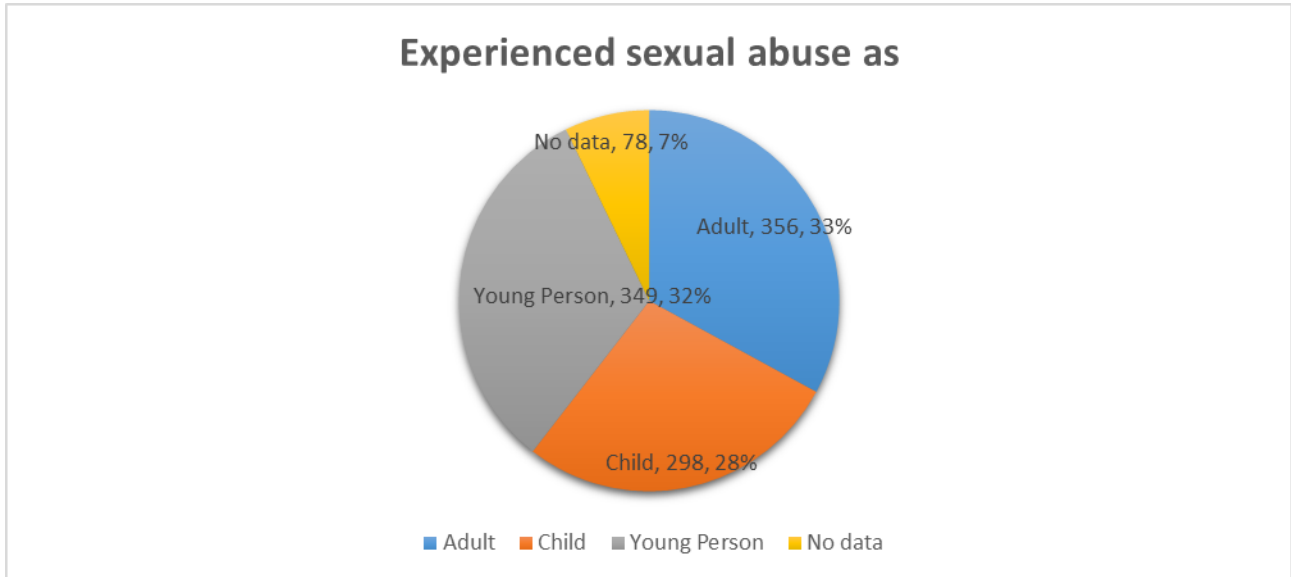
Disability: 75% of all our service users in 2021-22 disclosed they had a disability. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

We have noted that support for mental health needs is increasingly noted in referrals with more than 354 disclosing mental health issues at the time of referral, with significant numbers reporting complex mental health needs.

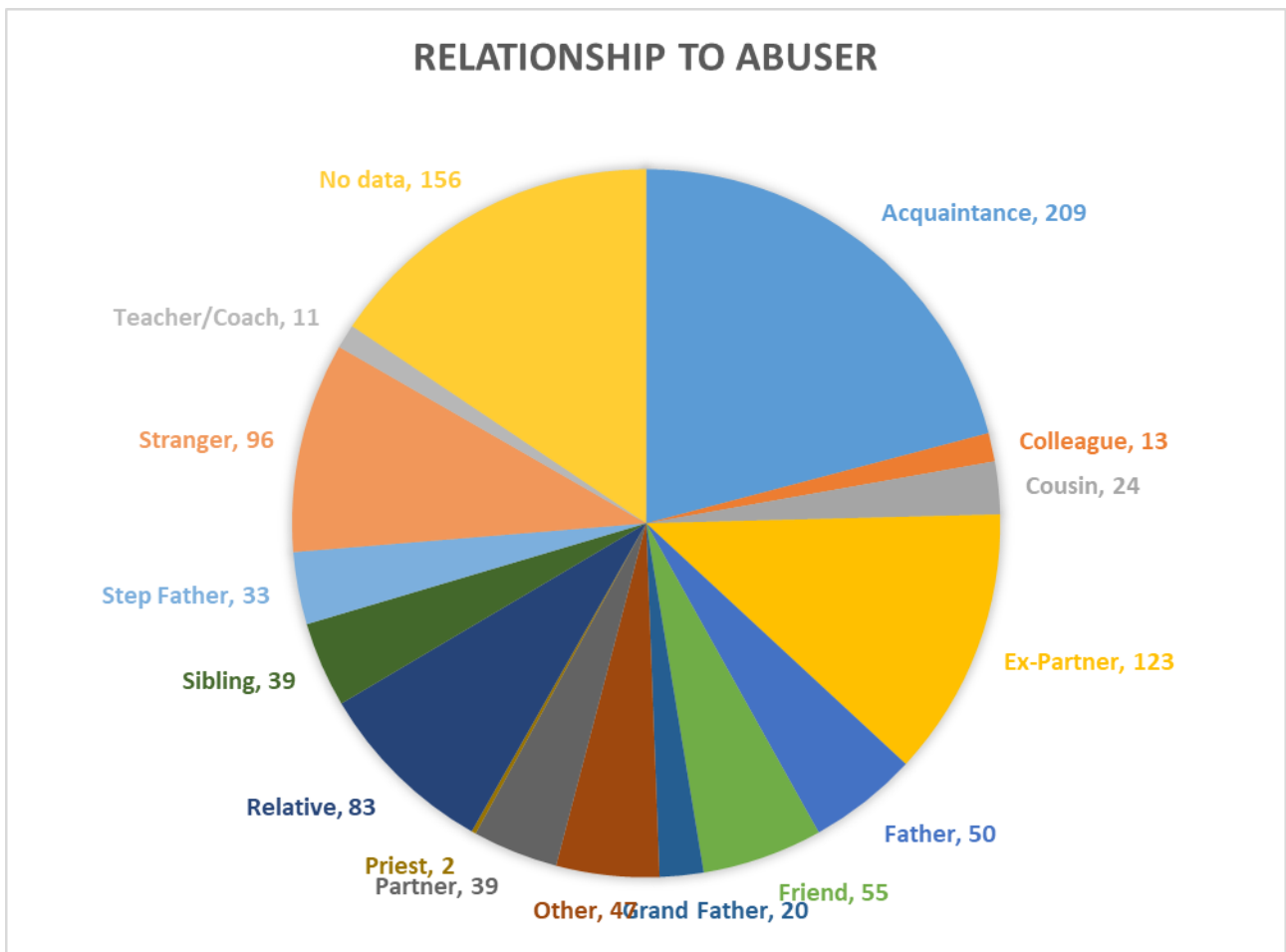
Presenting experiences: 28% service users reported experiencing rape or sexual violence as a child, and 32% rape or sexual violence as a young person and 33% experiencing rape or sexual abuse as an adult. We provide a range of holistic services to meet their needs including counselling, ISVA support and helpline for adult survivors, play therapy for child victims and integrated therapy for young people affected by childhood sexual abuse.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022



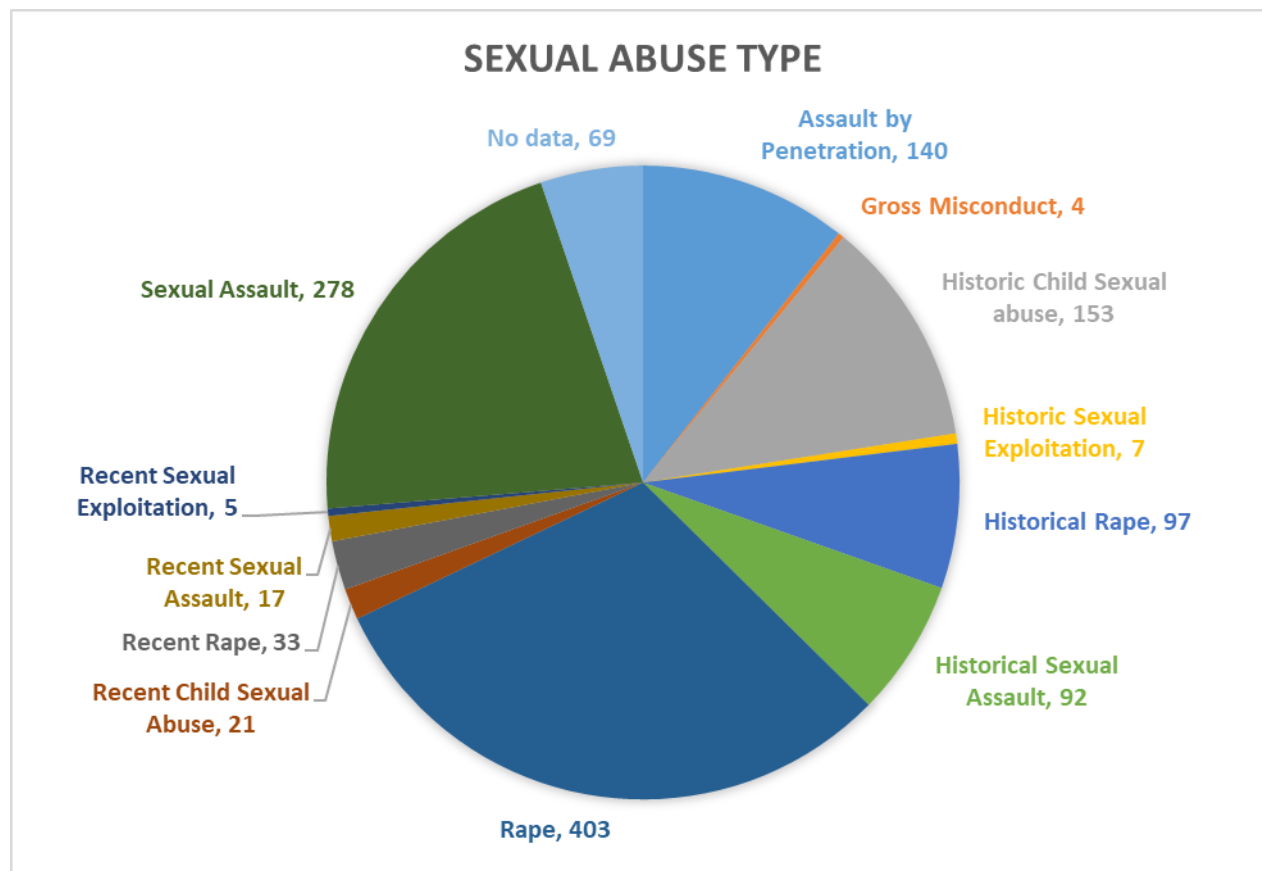
Relationship of the abuser: A breakdown of the abuser’s relationship is given for our services users in 2021-22. Of all those who reported only 96 (9.6%) abusers were strangers whilst more than 90% of abusers were known to the victims. A breakdown of the numbers are given below.



TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

A breakdown of the type of abuse experienced by our service users are given below . Rape is the biggest category with 403 reported cases amongst our service users.



ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 114 clients, provided 672 support sessions.

CHISVA Service: It's a new service that we launched in April 2018 to support children and young people and their families .It supported 41 children and young people during the period and provided 150 sessions to clients during the reporting period.

Children and Young People Services

Trust House Reading supports children and young people (aged 3 to 20 years) who have been affected by rape, sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 300 children and young people and provided 2281 support sessions to children and young people during the reporting period.

Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHs service does not offer this and the only other providers are within the private sector.

Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone or via a third party. Our Helpline volunteers do a magnificent job and book potential clients in for an initial assessment, with one of the experienced, qualified counsellors, usually within 2-4 weeks of the first contact. After assessment, clients go onto our waiting list where they are matched with a counsellor who can best meet their needs. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short term work, as well as clients who might need longer-term work, especially if there is an ongoing court case. Extensions to therapeutic work are to be negotiated on a case-by-case basis.

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 579 clients and provided 4639 counselling sessions.

Outcomes

We use The Survivors Trust's Outcomes Radar which has been developed specifically for work with sexual violence victims/survivors.

Outcomes monitoring from the closed cases we have worked with over the year, show that 90% of clients reported improvements in mental health and wellbeing, relationships, functioning, trauma symptoms and managing risks in the following areas:

- Mental and physical health
- Family, friends and children
- Education, skills and employment
- Drugs and alcohol use
- Outlook and attitude
- Social interactions

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £232,000.

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2nd of October 2017.

The Trustees who served during the year and up to the date of signature of the financial statements were:

The Survivors Trust

Mr D Carmody

The Trustee's report was approved by the Board of Trustees.

A handwritten signature in black ink, appearing to read 'D Carmody', enclosed within a hand-drawn oval.

Mr D Carmody

Trustee of The Survivors Trust

27 January 2023

TRUST HOUSE READING

STATEMENT OF TRUSTEE'S RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2022

The Trustees, who are also the directors of Trust House Reading for the purpose of company law, are responsible for preparing the Trustee's Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

TRUST HOUSE READING

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA
Cottons Accountants LLP

Chestnut Field House
Chestnut Field
Rugby
Warwickshire
CV21 2PD
United Kingdom

Dated: 30 January 2023

TRUST HOUSE READING

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and grants	2	124,552	359,499	484,051	133,399	506,710	640,109
Expenditure on:							
Charitable activities	3	115,714	348,710	464,424	34,763	473,040	507,803
Net incoming resources before transfers		8,838	10,789	19,627	98,636	33,670	132,306
Gross transfers between funds		48,646	(48,646)	-	-	-	-
Net income/(expenditure) for the year/ Net movement in funds		57,484	(37,857)	19,627	98,636	33,670	132,306
Fund balances at 1 April 2021		239,980	36,600	276,580	141,344	2,931	144,275
Fund balances at 31 March 2022		297,464	(1,257)	296,207	239,980	36,601	276,581

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TRUST HOUSE READING

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	6		5,459		9,567
Current assets					
Debtors	7	7,073		7,475	
Cash at bank and in hand		301,944		272,380	
		<u>309,017</u>		<u>279,855</u>	
Creditors: amounts falling due within one year	8	(18,269)		(12,841)	
Net current assets			290,748		267,014
Total assets less current liabilities			<u>296,207</u>		<u>276,581</u>
Income funds					
Restricted funds	9		(1,257)		36,601
Unrestricted funds			297,464		239,980
			<u>296,207</u>		<u>276,581</u>

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2022.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 27 January 2023



Mr D Carmody
Trustee

Company registration number CE011444

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Donations and grants	124,552	359,499	484,051	133,399	506,710	640,109

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

3 Charitable activities

	2022 £	2021 £
Staff costs	297,550	360,379
Depreciation and impairment	4,109	2,843
Consultancy	61,927	57,436
General running costs	39,600	32,045
Repairs and renewals	1,147	1,912
Telephone	14,725	11,849
Training and development	4,830	3,535
Expenses and travel	4,081	3,855
Supervision and support costs	12,578	7,566
Management costs	15,117	15,600
Sundry expenses	3,042	5,483
Insurance	2,796	2,244
Publicity and promotion	380	200
Fundraising	342	216
Accountancy	2,200	2,640
	<u>464,424</u>	<u>507,803</u>
	<u>464,424</u>	<u>507,803</u>
Analysis by fund		
Unrestricted funds	115,714	34,763
Restricted funds	348,710	473,040
	<u>464,424</u>	<u>507,803</u>

4 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

5 Employees

The average monthly number of employees during the year was:

2022 Number	2021 Number
<u>13</u>	<u>11</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

5 Employees (Continued)

Employment costs	2022 £	2021 £
Wages and salaries	297,550	360,379

No employee earned £60,000 per annum or more.

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £58,429 (2021 - £61,165)

6 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2021	619	13,115	13,734
At 31 March 2022	619	13,115	13,734
Depreciation and impairment			
At 1 April 2021	542	3,624	4,166
Depreciation charged in the year	77	4,032	4,109
At 31 March 2022	619	7,656	8,275
Carrying amount			
At 31 March 2022	-	5,459	5,459
At 31 March 2021	77	9,490	9,567

7 Debtors

Amounts falling due within one year:	2022 £	2021 £
Trade debtors	-	545
Prepayments and accrued income	7,073	6,930
	7,073	7,475

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

8 Creditors: amounts falling due within one year

	2022	2021
	£	£
Other taxation and social security	4,980	5,636
Trade creditors	9,733	3,434
Other creditors	1,996	1,853
Accruals and deferred income	1,560	1,918
	<hr/>	<hr/>
	18,269	12,841
	<hr/>	<hr/>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			Balance at 31 March 2022	
	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 1 April 2021 £	Incoming resources £	Resources expended £		Transfers £
MOJ Main Grant	-	104,329	(104,329)	-	142,448	(142,448)	-	-
MOJ CSA Fund	-	31,752	(31,752)	-	43,354	(43,354)	-	-
MOJ Covid-19 Fund	-	78,910	(78,910)	-	-	-	-	-
NHS England Covid-19	-	48,750	(30,529)	18,220	-	-	(18,220)	-
Henry Smith	-	24,500	(24,500)	-	-	-	-	-
Children in Need	-	10,000	(10,000)	-	-	-	-	-
Thames Valley Partnership	-	170,469	(170,469)	-	76,103	(60,355)	(16,176)	(428)
PCC	-	30,000	(17,974)	12,026	47,800	(48,510)	(11,316)	-
Ashworth Grant	2,931	-	-	2,931	-	-	(2,931)	-
West Berkshire	-	8,000	(4,577)	3,423	8,000	(12,249)	-	(826)
MOJ male rape support	-	-	-	-	41,794	(41,794)	-	-
	<u>2,931</u>	<u>506,710</u>	<u>(473,040)</u>	<u>36,600</u>	<u>359,499</u>	<u>(348,710)</u>	<u>(48,643)</u>	<u>(1,254)</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

10 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	5,459	-	5,459	9,567	-	9,567
Current assets/(liabilities)	292,005	(1,257)	290,748	230,413	36,601	267,014
	<u>297,464</u>	<u>(1,257)</u>	<u>296,207</u>	<u>239,980</u>	<u>36,601</u>	<u>276,581</u>

11 Unrestricted funds

Included in unrestricted funds is a balance of £95,876 (2021 - £94,346) attributable to NHS Thames Valley SARC.

TRUST HOUSE READING

England & Wales - Charity number 1174926

Accounts

Charity Registration No. 1174926

Company Registration No. CE011444 (England and Wales)

TRUST HOUSE READING
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021



COTTONS
Chartered Accountants

TRUST HOUSE READING

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	The Survivors Trust
Charity number	1174926
Company number	CE011444
Principal address	54 London Street Reading United Kingdom RG1 4SQ
Registered office	54 London Street Reading United Kingdom RG1 4SQ
Independent examiner	Cottons Accountants LLP Chestnut Field House Chestnut Field Rugby Warwickshire England CV21 2PD

TRUST HOUSE READING

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TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) FOR THE YEAR ENDED 31 MARCH 2021

The Trustees present their annual report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's [governing document], the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and activities

Trust House Reading (THR) was set up in 2013 by The Survivors Trust (TST) with funding received from Ministry of Justice under the Coalition government commitment to open 15 new rape support centres. A national needs assessment exercise enabled TST to identify Berkshire as an area lacking in specialist support with very high reported sexual violence crime rate.

Trust House Reading provides specialist support to women, men and children affected by rape and sexual abuse either recently or in the past and for people who support them including family and friends.

Charitable Objects

Relieve the trauma, whether psychological, emotional or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.

To promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children.

Promote and participate in education and research in relation to:

- i. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
- ii. the traumas set out above and their effect upon women, men and children; and
- iii. rape, other sexual assault, sexual abuse or sexual exploitation.

Promote, participate in and provide training in relation to:

- iv. counselling and support in relation to the traumas set out above and their effect upon women, men and children;
- v. the traumas set out above and their effect upon women, men and children; and
- vi. rape, other sexual assault, sexual abuse or sexual exploitation.

In each case for the benefit of the public generally and in particular in the area of Thames Valley and surrounding areas.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

Services

Trust House Reading & Berkshire services are delivered according to The Survivors Trust National Service Standards for Sexual Violence Services and are monitored using The Survivors Trust Outcomes Radar. We are a member of the British Association for Counselling and Psychotherapy and operate according to their code of ethics. Services are free and confidential and include:

Specialist Counselling

Confidential Helpline

Independent Sexual Violence Advisor Support

Children and Family Independent Sexual Violence Advisor Support

Play Therapy for Children

Young People Counselling

Support Groups

Workshops and Training

Trustee Report

1 April 2020 to 31 March 2021

Our team comprised of:

Clare Schofield: Children Independent Sexual Violence Advisor

Heather Craddock: Independent Sexual Violence Advisor

Gemma Fernandez: Volunteer Coordinator/Administrator

Ian Gowland : Adult Services Clinical Lead

Michelle Dexter : Volunteer Coordinator and administrator

Namita Prakash: CEO

Sally Miles : Lead Children and Young Person Counsellor

And 40 Volunteers who with their invaluable time, dedication and commitment has made the centre, a place of safety, security and support. We extend our heartfelt gratitude to all our volunteers.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Funding

The work that we have done would not have been possible without the funding that we received from:

Ministry of Justice, the long term funding awarded has been instrumental in continuing our work.

Public Health West Berkshire provided us with £8,000 funding to provide counselling and support.

We also won a contract to deliver counselling services to all victims accessing SARC in the Thames Valley Area including women, men and children. This is a 3 year project and starts from 1st October 2017. This has been extended till September 2022.

We have also won a contract for PCC to provide support services to victims of Crimes in Thames Valley area as a part of the consortium and spearhead the Berkshire work.

During the year, we benefited from £7,620 in donations.

We would like to thank all our supporters who provided their support and fundraised for us through the year. The whole THR team is grateful for your support.

Year 2020-21 has been a strange year as we went into it with COVID-19 Lockdown. National lockdown was announced on 23 March 2020 and we were able to move all our services online without a single day of disruption. We anticipated something like a lockdown and was in process of preparing for the lockdown when it did happen. Though we did decide to withhold the play therapy service for children under the age of 11 years and online would not have worked for them. However, this service was restarted as soon as the lockdown was eased and then we continued to provide face to face support to children throughout the year 2020-21.

All this would not have been possible without the dedication of Trust House Reading staff and volunteers. I would like to thank them for their tremendous commitment, courage and resilience in the difficult times. Though all our organisational development work had to be put on hold, our client work continued. We supported service users through phone, zoom, skype, WhatsApp etc to ensure that flexibility and choice for service users.

During this year too our client caseload has increased from 711 in 2019/20 to 724. Though the number of support sessions provided to service users increased from 5497 to 6683, a 22% increase.

We have also started a project to support all victims of crime in Thames Valley financed by the Office of Police and Crime Commissioner in partnership with two other charities Thames Valley Partnership and Oxford Rape and Sexual Abuse Support Centre. We are responsible for the Berkshire area and have a team of 5 case workers two of whom are ISVA trained. We directly employ 2 of the case workers and the other 3 are seconded to our project by Thames Valley Partnership. The Berkshire team supports all victims of crime in the area but predominantly it's the sexual violence victims.

Some of the feedback that we received from our clients in year 2020-21 is listed below and reminds us every day why we do this work:

"Anyone going through trauma would find this daunting but THR made me feel at ease from day 1"

"Being able to talk. Felt comfortable opening up. I did not feel judged. I felt listened to."

"All been brilliant. Although tough it's felt safe. Nice pace. When you pushed/challenged me it was always the right direction. It's been a really positive experience for me."

"I feel so blessed that the service exists. It's been amazing."

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

Achievements and performance

THR Volunteers

Volunteers are essential to allow us to provide our much-needed services to women, men and children living in Berkshire who have been affected by rape and sexual abuse. There are a variety of roles filled by volunteers including fundraising, helpline, counsellors (adult service and CYP service) and play therapists.

We currently have 55 volunteers at Trust House Reading.

Statistics

During the reporting period a total of 710 individual victim/survivors accessed our services.

Referral to THR services: In the reporting period we received 356 referrals for Counselling service, 109 for ISVA, 44 for CHISVA, 203 for Children and young people services and 72 unique calls on the helpline.

Gender: From the data collected at the time of the referral there were 609 females, 94 males and 1 transgender client and for 7 we did not have any data on gender.

Age: We were able to collect data relating to age at time of referral from 665 of our clients. Of these, 227, were under the age of 24 at time of referral. 339 were in the age group from 25 to 50, 73 were in the age group 51-74.

Ethnicity: 453 of our service users were white British, but we also had service users from Black 38, Asian 31 and mixed ethnicity 39 and 50 belonged to other white background. Whilst we believe this reflects the fact that we are able to reach out to people from varied communities, we are committed to ensure we work to encourage people from BMER communities to engage with our services. We have worked with various organisations supporting BMER communities and intend to continue and build on this work.

Confidentiality and feeling safe are crucial elements of encouraging this engagement. We have secured funding to support clients whose first language is not English with interpreting services and supported a number of clients in accessing our services in this way.

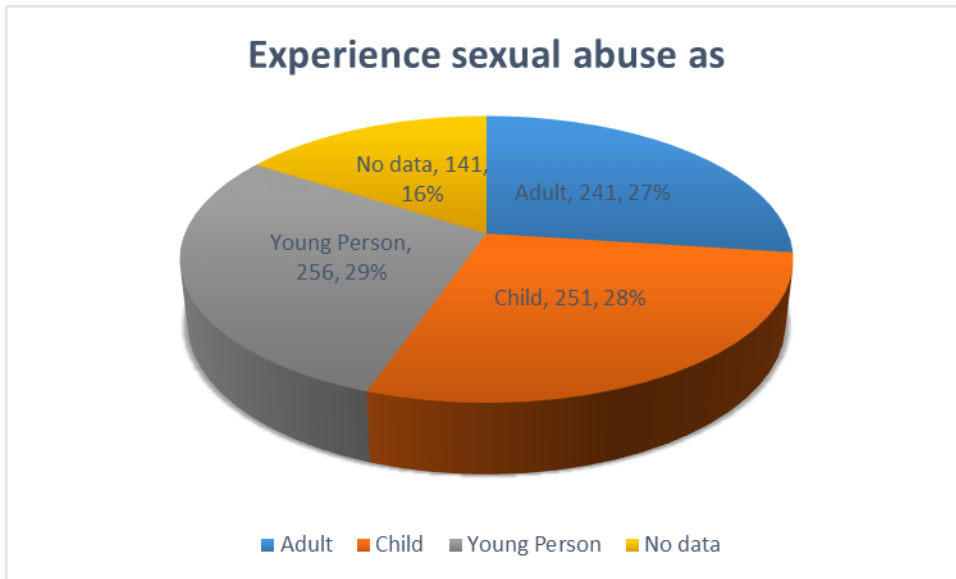
Disability: 55% of all our service users in 2020-21 disclosed they had a disability. Disability refers to a physical or mental impairment which has an adverse effect on a person's ability to carry out normal day-to-day activities. This includes, but is not limited to, vision, hearing, mobility, learning/understanding/concentrating, memory, mental health, social or behaviour.

We have noted that support for mental health needs is increasingly noted in referrals with more than 354 disclosing mental health issues at the time of referral, with significant numbers reporting complex mental health needs. We have noticed that many clients would benefit from a befriending service.

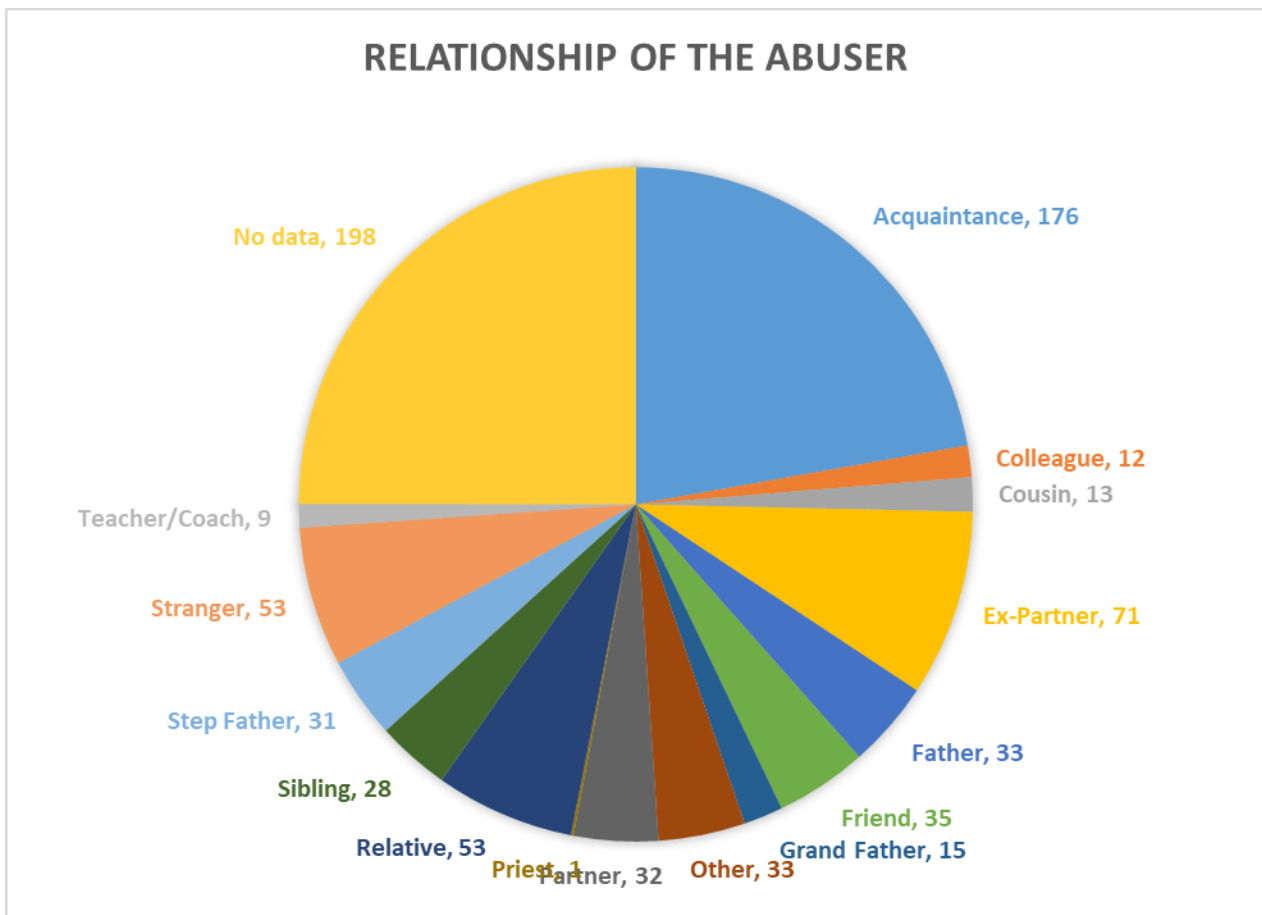
Presenting experiences: 28% service users reported experiencing rape or sexual violence as a child, and 29% rape or sexual violence as a young person and 27% experiencing rape or sexual abuse as an adult. We provide a range of holistic services to meet their needs including counselling, ISVA support and helpline for adult survivors, play therapy for child victims and integrated therapy for young people affected by childhood sexual abuse.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021



Relationship of the abuser: A breakdown of the abuser’s relationship is given for our services users in 2020-21. Of all those who reported only 53 (8.9%) abusers were strangers whilst 91% of abusers were known to the victims. A breakdown of the numbers are given below.



TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

ISVA Service: Our ISVA service provides a varied range of support to its clients from working with the Criminal Justice system to benefits and housing. During the reporting period our ISVA supported 101 clients, provided 855 support sessions.

CHISVA Service: It's a new service that we launched in April 2018 to support children and young people and their families. It supported 45 children and young people during the period and provided 151 sessions to clients during the reporting period.

Children and Young People Services

Trust House Reading supports children and young people (aged 3 to 20 years) who have been affected by rape, sexual abuse and child sexual exploitation across Berkshire. Referrals for the service come from a wide range of professionals including: social workers, police, GPs, schools, pupil referral units, NHS, DASH and BWA. It supported 190 children and young people and provided 1596 support sessions to children and young people during the reporting period.

Young Person Counselling

We have bespoke counselling facilities for young people - a comfortable and safe place to talk on a comfy bean bag or chair and/or a place to express themselves through the arts; painting, clay, sand tray and role play and make sense of their lives at their own pace.

Play Therapy

Younger children really benefit from Play Therapy where they can explore their experiences and relationships through play and the therapeutic relationship. The therapist follows the child's lead and plays in any way that the child chooses and makes reflections on the play to help the child to explore their feelings in their natural medium, play.

Younger children are generally unable to talk about their problems in the same way that adults and adolescents do. They often lack the necessary emotional vocabulary to do so. Additionally, they often find it hard to interpret events and make sense of their previous experiences. Children's play tends to reflect their experiences and they use play to explore their feelings.

Within the Berkshire area there are no other voluntary or free of charge services providing play therapy to children who have been sexually harmed. The CAMHs service does not offer this and the only other providers are within the private sector.

Counselling Service

We provide a specialist counselling service to people affected by rape and sexual abuse. Clients can refer themselves to the counselling service by email, directly by phone or via a third party. Our Helpline volunteers do a magnificent job and book potential clients in for an initial assessment, with one of the experienced, qualified counsellors, usually within 2-4 weeks of the first contact. After assessment, clients go onto our waiting list where they are matched with a counsellor who can best meet their needs. We have counsellors with a wide range of skills, including those able to work with clients from diverse ethnic backgrounds, learning disabilities and complex mental health needs.

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

We offer short, medium and longer-term therapy. This is advantageous for people who might benefit from short-term work, as well as clients who might need longer-term work, especially if there is an ongoing court case. Extensions to therapeutic work are to be negotiated on a case-by-case basis.

Counsellors are supervised by Ian Gowland, Clinical Lead THR on a fortnightly basis, both individually and in a group format, complying with British Association for Counselling and Psychotherapy requirements. This model has proved highly effective giving counsellors experience of both types of clinical supervision, including input from their peers and hearing about others' experiences. In this type of work, issues that need to be discussed in supervision can arise very quickly, and by seeing counsellors so frequently, they are not left holding the clients' issues too long before they are able to bring their concerns to the supervisor. During the reporting period we supported 446 clients and provided 4043 counselling sessions.

Outcomes

We use The Survivors Trust's Outcomes Radar which has been developed specifically for work with sexual violence victims/survivors.

Outcomes monitoring from the closed cases we have worked with over the year, show that 90% of clients reported improvements in mental health and wellbeing, relationships, functioning, trauma symptoms and managing risks in the following areas:

- Mental and physical health

- Family, friends and children

- Education, skills and employment

- Drugs and alcohol use

- Outlook and attitude

- Social interactions

Financial review

It is the intention of the Committee that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Reading's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Committee consider that an appropriate level of free reserves is approximately 6 months' normal expenditure, which equates to approximately £254,000.

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

Trust House Reading is governed by a constitution adopted on 26th September 2013. THR was registered with the Charity commission on the 2nd of October 2017.

The Survivors Trust
Mr D Carmody

TRUST HOUSE READING

TRUSTEE'S REPORT (INCLUDING DIRECTORS' REPORT) (CONTINUED) *FOR THE YEAR ENDED 31 MARCH 2021*

The Trustee's report was approved by the Board of Trustees.

Donal Carmody

Mr D Carmody
Trustee of The Survivors Trust

Date: 31/01/2022

TRUST HOUSE READING

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF TRUST HOUSE READING

I report to the Trustees on my examination of the financial statements of Trust House Reading (the Charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As the Trustees of the Charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 (the 2006 Act).

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's financial statements carried out under section 145 of the Charities Act 2011 (the 2011 Act). In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ICAEW, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
- 4 the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Emma Reid FCA
Cottons Accountants LLP

Chestnut Field House
Chestnut Field
Rugby
Warwickshire
CV21 2PD
England

Dated: 31/01/2022

TRUST HOUSE READING

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

		Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
	Notes						
Income from:							
Donations and grants	2	133,399	506,710	640,109	129,876	132,720	262,596
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Expenditure on:							
Charitable activities	3	34,763	473,040	507,803	167,448	132,720	300,168
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Net income/(expenditure) for the year/ Net movement in funds		98,636	33,670	132,306	(37,572)	-	(37,572)
Fund balances at 1 April 2020		141,344	2,931	144,275	178,916	2,931	181,847
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Fund balances at 31 March 2021		239,980	36,601	276,581	141,344	2,931	144,275
		<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

TRUST HOUSE READING

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	6		9,567		598
Current assets					
Debtors	7	7,475		24,605	
Cash at bank and in hand		272,380		126,340	
		<u>279,855</u>		<u>150,945</u>	
Creditors: amounts falling due within one year	8	<u>(12,841)</u>		<u>(7,268)</u>	
Net current assets			267,014		143,677
Total assets less current liabilities			<u>276,581</u>		<u>144,275</u>
Income funds					
Restricted funds	9	36,601		2,931	
Unrestricted funds		239,980		141,344	
		<u>276,581</u>		<u>144,275</u>	

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2021.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 31/01/2022.....

Donal Carmody

Mr D Carmody
Trustee

Company Registration No. CE011444

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Trust House Reading is a private company limited by guarantee incorporated in England and Wales. The registered office is 54 London Street, Reading, RG1 4SQ, United Kingdom.

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The Charity is a Public Benefit Entity as defined by FRS 102.

The Charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies (Continued)

1.5 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	25% straight line
Computers	33.3% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the Charity's balance sheet when the Charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1.8 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Donations and grants

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021	2021	2021	2020	2020	2020
	£	£	£	£	£	£
Donations and grants	133,399	506,710	640,109	129,876	132,720	262,596

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

3 Charitable activities

	2021	2020
	£	£
Staff costs	360,379	176,657
Depreciation and impairment	2,843	585
Consultancy	57,436	12,772
General running costs	32,045	44,105
Repairs and renewals	1,912	1,031
Telephone	11,849	5,522
Training and development	3,535	1,287
Expenses and travel	3,855	112
Supervision and support costs	7,566	29,338
Management costs	15,600	16,772
Sundry expenses	5,483	2,233
Insurance	2,244	1,604
Project costs	-	5,441
Events, meetings and surveys	-	237
Publicity and promotion	200	365
Fundraising	216	367
Accountancy	2,640	1,740
	<u>507,803</u>	<u>300,168</u>
	<u>507,803</u>	<u>300,168</u>
	<u>507,803</u>	<u>300,168</u>
Analysis by fund		
Unrestricted funds	34,763	167,448
Restricted funds	473,040	132,720
	<u>507,803</u>	<u>300,168</u>
	<u>507,803</u>	<u>300,168</u>

4 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the year.

5 Employees

The average monthly number of employees during the year was:

2021	2020
Number	Number
11	8
<u>11</u>	<u>8</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

5 Employees (Continued)

Employment costs	2021 £	2020 £
Wages and salaries	360,379	176,657

No employee earned £60,000 per annum or more.

The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services was £61,165 (2020 - £62,123)

6 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2020	619	1,303	1,922
Additions	-	11,812	11,812
At 31 March 2021	619	13,115	13,734
Depreciation and impairment			
At 1 April 2020	387	937	1,324
Depreciation charged in the year	155	2,688	2,843
At 31 March 2021	542	3,625	4,167
Carrying amount			
At 31 March 2021	77	9,490	9,567
At 31 March 2020	232	366	598

7 Debtors

Amounts falling due within one year:	2021 £	2020 £
Trade debtors	545	18,060
Prepayments and accrued income	6,930	6,545
	7,475	24,605

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

8 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	5,636	3,406
Trade creditors	3,434	-
Other creditors	1,853	-
Accruals and deferred income	1,918	3,862
	<u>12,841</u>	<u>7,268</u>

9 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds			
	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
MOJ Main Grant	-	90,720	(90,720)	-	104,329	(104,329)	-
MOJ CSA Fund	-	-	-	-	31,752	(31,752)	-
MOJ Covid-19 Fund	-	-	-	-	78,910	(78,910)	-
NHS England Covid-19	-	-	-	-	48,750	(30,529)	18,221
Henry Smith	-	24,000	(24,000)	-	24,500	(24,500)	-
Children in Need	-	10,000	(10,000)	-	10,000	(10,000)	-
Thames Valley Partnership	-	-	-	-	170,469	(170,469)	-
PCC	-	-	-	-	30,000	(17,974)	12,026
Ashworth Grant	2,931	-	-	2,931	-	-	2,931
West Berkshire	-	8,000	(8,000)	-	8,000	(4,577)	3,423
	<u>2,931</u>	<u>132,720</u>	<u>(132,720)</u>	<u>2,931</u>	<u>506,710</u>	<u>(473,040)</u>	<u>36,601</u>

TRUST HOUSE READING

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

10 Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Tangible assets	9,567	-	9,567	598	-	598
Current assets/ (liabilities)	230,413	36,601	267,014	140,746	2,931	143,677
	<u>239,980</u>	<u>36,601</u>	<u>276,581</u>	<u>141,344</u>	<u>2,931</u>	<u>144,275</u>

11 Unrestricted funds

Included in unrestricted funds is a balance of £94,346 (2020 - £41,581) attributable to NHS Thames Valley SARC.