

TRUST HOUSE LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

TRUST HOUSE LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

G Coulston-Herrmann

S Jones

L Nicholson

P Dobson

S Plunkett

P Richardson

M Walmsley

(Appointed 10 June 2021)

(Appointed 18 July 2022)

(Appointed 16 May 2022)

(Appointed 20 October
2021)

Chief Executive Officer

Catherine Smith

CIO number

1174925

Principal address

8 Camden Place

Preston

Lancashire

PR1 3JL

Independent examiner

Hall Livesey Brown

HLB House

68 High Street

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TRUST HOUSE LANCASHIRE

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TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

Introduction

Trust House Lancashire is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county to deliver a range of services to support survivors of any kind of sexual violence to recover from their experience of abuse.

Trust House was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of Trust House. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our eighth year of service delivery.

Trust House delivers a range of specialist services including digital support services to individuals of any age and gender and their families and carers.

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Wellbeing Support
- Parent Peer Support Group
- Telephone Support
- On-line Self Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

Trust House is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognize the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognize human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.
- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse, or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

Performance

Trust House Lancashire received 1104 new referrals for support and has worked with 1161 individuals in the year to March 2022. Referrals are received from a range of sources; health, criminal justice, Local authorities self and family referrals as well as other voluntary sector providers. The greatest proportion of referrals came from the criminal justice system 38%.

Referrals through 2021-22 have come from all 14 local authority districts of the county, and the highest number of referrals received are for/from individuals living in the boroughs of Preston 193, Blackpool 151, South Ribble 134, and Chorley 110 with the least number of referrals coming from/for individuals living in the boroughs of Rossendale 30, Ribble Valley 26 and Pendle 27. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater presence in these districts. Over the last 2 years we've had limited opportunity to increase our physical presence in other boroughs however as we've emerged from lockdown in the last quarter of the year have re-established satellite space in Chorley, Blackpool and Skelmersdale. Additionally, our move to digital delivery because of the pandemic has led to us being more accessible in all areas of the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 84% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 1%. These figures are consistent to the previous 2 years. 88% of our clients who stated their ethnicity were White British with 12% being non-white British. Trust House is committed to remaining responsive to all victims and survivors and recognizes the additional barriers to coming forward for some groups. We have been exploring service developments to ensure our accessibility to those whose first language isn't English and now have several sessional counsellors who are able to provide counselling in another language as well as utilising interpreters for assessments and for counselling sessions. The age range of clients accessing the service is wide. 17% of those seeking support were under the age of 18 years. 23% were young adults between the ages of 18 and 24 years, 40% were 25-44 years and those over the age of 45 made up 20% of those that we worked with. 49% of those that accessed support in the year did so because of abuse experienced in childhood. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest child to be referred to us was 4 years old and the oldest adult was 78 years old.

Funding

In the period to 31 March 2022, Trust House Lancashire was supported by the Ministry of Justice including through additional continued funding to support our response to the pandemic, BBC Children in Need, The National Lottery, Reaching Communities Fund, The Weston Foundation, The Lancashire Community Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation. We continued to be contracted to deliver the Lancashire Victims Services contract administered by Victim Support, to deliver specialist sexual violence counselling to victims going through the criminal justice process. In addition, we received donations from several individuals and organisations through their individual or group fundraising efforts and we generated income through training delivery to external organisations.

Our income has been affected by the pandemic situation over the last 12 months. We received a number of grants that have been targeted at supporting our delivery and sustainability through the pandemic including from the Police and Crime Commissioners Office, the Ministry of Justice and Lloyds Bank Foundation and as a result our overall income was greater than expected for the year. At the beginning of the year we were hoping to diversify our income streams generating more income through fundraising, training delivery and contract income to reduce our dependency on grant funding. We successfully generated income from our training delivery which was adapted for delivery both on and offline and we hope to grow this area of our work going forward. We continued to be unable to run key fundraising events in the year which would have enabled some significant income to be generated and because recruitment of a fundraising officer has been very difficult, we haven't managed to transition to digital fundraising as effectively as we would have liked to have been able to, and this continues to be an area of development.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Whilst overall our funding remained stable in the year it remains important going forward to continue to focus on diversification of this to enable long-term sustainability, as grant income could be much more restricted in post pandemic years and generating unrestricted free reserves is a priority.

Service Delivery

Since March 23rd, 2020, and through 21-22 our services have been delivered remotely via zoom and telephone with face-to-face delivery increasing as we've moved out of lockdown. At the 31st of March 2022 46% of our delivery was in person face to face with the rest remaining digital. We expect the level of face to face in person working to increase over the next 12 months though we anticipate that we will continue our digital offer as and when our clients prefer to engage with us in this way. Demand on the service has increased by 48% in the last 12 months and in response to this we've increased our capacity and restructured the team in order to be able to respond effectively employing counsellors alongside our sessional, volunteer and student counsellors for the first time. We have three managers now in post, appointed in the year working with the CEO to enhance and support organisational growth, management and development of services.

Adult Counselling Service

Sexual assault counselling at Trust House is based on a person-centred practice and empowerment model, and is offered on a short, medium or long-term basis dependent on identified need and complexity. Short term is 8-10 weeks, medium term 18 weeks and long term 26 weeks. In the year 2020-2022 the average length of time that an adult client was in service was 24 and the maximum time was 70 weeks. Clients that required a greater number of sessions and who require much longer-term therapy due to mental health were kept focused in therapy working towards goals. Any client needing longer term therapy would have been referred into mental health services to aid their recovery with a more practical and/or psychological service appropriate to their need. Clients' progression towards their therapeutic goals is reviewed regularly with the client. The needs of the client are paramount. Clinical supervision with counsellors' supports case management and agreement is reached about whether the client's therapeutic goals have been achieved, and whether the counselling can reach a planned ending, referral to alternative services to meet additional goals or whether further sessions are required.

Children and Young People's Therapy

Trust House have been delivering counselling and play therapy with children and young people from aged 4 since September 2015 from our centre in Preston, and satellite space around the county. The use of non-directive play, creative arts and child-centred counselling offer a positive way forward to prevent longer term emotional, social and behavioural difficulties as the child moves through developmental stages and into adolescence. In the year 2020-2022 the average length of time that children and young people were in therapy for was 18 weeks, and the maximum time was 63 weeks. During COVID lockdown Google Play was introduced to enable us to effectively deliver play therapy digitally for younger children, much of our older young people's work continued digitally utilising zoom or the telephone dependent on the young person's preference. All of our young children's work has now returned to face to face with some of our older children, teenagers continuing to work with us digitally.

Pre-trial Therapy

The criminal justice process can be extremely challenging for victims and survivors of sexual violence and there are occasions when additional emotional support as well as the practical help of an Independent Sexual Violence Advisor is necessary to support individual's resilience and ability to cope through this very stressful process. Therapeutic and counselling support delivered whilst there is a criminal investigation taking place is called pre-trial therapy. Pre-trial therapy is usually short-term support and is aimed at improving self-esteem and confidence and focusses on the treatment of the psychological problems that an individual is experiencing at the present time. It does not involve going over the incident itself, and effective contracting with the client pro-actively avoids undermining criminal justice processes.

Counselling and Support to Partners, Parents, Siblings

Referrals for counselling, and support for partners, parents and siblings are received from clients themselves, from external partners and from internal referrals, where a needs assessment or their work with an individual has identified further needs within the family. Family members might be experiencing vicarious trauma or having difficulties in coping with and/or supporting a loved one who is suffering from trauma responses.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Parents can feel excluded from many of the processes their child is involved in for example and may struggle to find specialist support. It's really important for family members to understand legal boundaries in relation to the offence against their loved one, and also to be empowered to support their loved one effectively whilst managing their own care. Trust House balances these issues effectively and provides support through counselling, specialist family support, and our Parent Peer Support Group.

Training Delivery

We've been delivering a comprehensive package of training to staff and volunteers of Trust House since 2013 and have been working through a process of developing our training offer to enable us to increase the capacity of other professionals and organisations in Lancashire that are working with victims and survivors of sexual violence to do so much more effectively and with confidence. This element of our delivery has grown somewhat over the last 12 months despite continued COVID restrictions. We're able to offer a hybrid model of delivery working via Zoom and in person training and have developed a webinar training offer. Our courses are bespoke for organisations. This work will enable us to generate earned income and support the diversification of our income stream in the coming year.

Specialist Family Support

We recognise the needs of family members where child sexual abuse has been an issue and the subsequent ripple effect within the family. We strongly believe that to support children effectively it is vital to support the wider family for more effective and better longer-term outcomes. In January 2018 we delivered a pilot project working with a small number of families across 3 boroughs where child sexual abuse had been an issue. Working closely with Children's Social Care to identify appropriate referrals we were able to provide a coordinated and seamless response to the family's needs. The learning from this has helped to shape further funding approaches for this kind of work and from September 2019 BBC Children in Need have funded us to deliver Specialist Family Support for 3 years. This work enables us to work with families where a child in the family has been subjected to sexual abuse, to enable the child's and family's recovery and has continued successfully throughout covid and in recent months returned to a face to face model and enabling the development of further groups e.g. a Dad's Group.

Parent Peer Support Group

The Parent Peer Support Group was established following feed-back from parents that this is something that would be useful for them. It is run for parents of the children we work with, and facilitated by our Specialist Family Support Workers. The number of parents in attendance varies from session to session, between 3 and 7. Parents often want very practical advice from other parents on how to support their children and families to move forward effectively as they go through the recovery process, so that their child's and family's recovery is sustained long-term. They want to learn and understand how other parents have addressed issues. The support is informal and focusses on parent / carer self-care, and practical ways to support their children. Peer support occurs organically from this process.

Wellbeing Service

The Wellbeing Project was introduced in the latter stages of 20-21 and has been evolving over the last 12 months. Counselling and therapy are not a good fit for all adults seeking our support, and some people benefit from a much more practical approach to their recovery. In counselling we find that there is a need for psycho-educational interventions in order for individuals to understand why they feel like they do, why they responded as they did to trauma situations, whether in childhood or adulthood. Being able to understand the body's instinctive responses to the danger they were in, is often the beginning of them taking back control of their recovery. The Wellbeing Service provides this and also equips individuals with the skills and tools to cope with the here and now of their trauma. These tools are takeaway tools that individuals can embed into their everyday lives empowering them to take back control. This is the core of our work in the wellbeing service. Some of the individuals that come to us for support have problems that they may be struggling to cope with alongside their trauma such as housing, debt, substance misuse, health issues etc. Our holistic approach to assessment will identify these needs and we will ensure with their consent clients are signposted or referred to other specialist services that can support them effectively.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Staff

The Team at Trust House has grown over the last 12 months. Despite lockdown, and challenges in retention and recruitment we ended the year very in a very similar position to the previous year. On 31st March 2022 we had 18 staff (14.4 FTE) in post. It's a tremendous credit to the team at Trust House that this growth has occurred and been maintained under some of the most trying circumstances including; challenges in recruiting the right people, interviewing and inducting during a national lockdown period, and ensuring the team stays connected as new people start and bed in whilst managing feelings of isolation and new challenges in communication and learning from each other due to remote working.

This has been a challenge for all. The team are dedicated and passionate in their work and a key focus in the coming year will be to ensure effective communication and improved wellbeing and care to staff and Trust House as a safe, supported, and excellent place to work.

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and sessional counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House complete a formal recruitment process. They also complete an 8-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence with confidence.

We have continued to recruit, train and induct new volunteers, sessional workers and students throughout lockdown and will continue to expand their contribution to our delivery and ensuring that supporting our work is a positive experience for everyone.

Partnership Working

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire. This includes The Police and Crime Commissioners Office, Lancashire and South Cumbria Foundation Trust, local schools and children's centres, universities, CAMHS, GP's, sexual health services, adult mental health services, adult and children's social care, the police, The SAFE Centre, SHARE psychosexual service, domestic violence services, The Birchall Trust, NEST, Lancashire Victims Services, Lancashire BME Network, Spring North, CVS services across the county, Lancashire Association of Girls and Boys Clubs and Community Safety Partnerships.

We are sub-contracted by Victim Support to deliver the sexual violence counselling element of the Lancashire Victims Services Contract commissioned by the Police and Crime Commissioners Office and sub-contract a small part of this to The Birchall Trust an organisation that delivers specialist sexual violence counselling in Lancaster Local authority area.

Financial review

Income for the year was £555,159 (2020-21 £458,980). Expenditure for the year was £590,757 (2020-21 £362,961)

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is between three and six months' normal expenditure, which equates to between £147,330 and £294,661. At 31 March 2022 there was an amount of £131,793 as free reserves.

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods

Now into our ninth year of service delivery in Lancashire, Trust House continues to see a huge and increasing demand for our services.

We are continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence for the long term. The overall funding landscape is a challenge for us as it is for many small to medium sized voluntary sector organisations particularly those that are relatively new and locally routed and seeking to become established and stable. However we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term.

The team at Trust House will continue to work passionately for the benefit of survivors and remains committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

The Trustees have considered the impact of the Government response to Covid 19. Safe working practices have continued to be in place throughout the year and continue to be adhered to though at a less stringent level. Continuation of the delivery of services in a COVID safe environment was a huge priority throughout the last two years. Although income from fundraising sources continued to be inhibited by the pandemic situation, this was been offset by other funding opportunities such as short-term covid recovery grants. The situation also enabled the charity to develop its digital offering.

Structure, governance and management

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

The trustees who served during the year and up to the date of signature of the financial statements were:

G Coulston-Herrmann

P Bartlett

(Resigned 28 February 2022)

M Wilcock

(Resigned 31 August 2021)

G Millar

(Resigned 30 June 2021)

S Jones

L Nicholson

P Dobson

(Appointed 10 June 2021)

S Plunkett

(Appointed 18 July 2022)

P Richardson

(Appointed 16 May 2022)

M Walmsley

(Appointed 20 October 2021)

M Robinson

(Appointed 20 October 2021 and resigned 31 December 2021)

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees' report was approved by the Board of Trustees.



P Dobson
Trustee

Date: 7th SEPT 2022

TRUST HOUSE LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TRUST HOUSE LANCASHIRE

I report to the trustees on my examination of the financial statements of Trust House Lancashire (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Rebecca Ellams FCCA
Hall Livesey Brown

HLB House
68 High Street
Tarporey
Cheshire
CW6 0AT

Dated: 26.9.22

TRUST HOUSE LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	7,591	-	7,591	4,625	1,101	5,726
Charitable activities	4	94,908	452,660	547,568	111,805	341,449	453,254
Total income		102,499	452,660	555,159	116,430	342,550	458,980
Expenditure on:							
Charitable activities	5	121,206	469,551	590,757	42,814	320,147	362,961
Net (outgoing)/incoming resources before transfers		(18,707)	(16,891)	(35,598)	73,616	22,403	96,019
Gross transfers between funds		1,029	(1,029)	-	6,393	(6,393)	-
Net (expenditure)/income for the year/ Net movement in funds		(17,678)	(17,920)	(35,598)	80,009	16,010	96,019
Prior year adjustment		-	-	-	23,623	(23,623)	-
Fund balances at 1 April 2021		149,471	39,330	188,801	45,839	46,943	92,782
Fund balances at 31 March 2022		131,793	21,410	153,203	149,471	39,330	188,801

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.


TRUST HOUSE LANCASHIRE

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	9		899		1,702
Current assets					
Debtors	10	19,584		7,084	
Cash at bank and in hand		158,155		199,773	
		177,739		206,857	
Creditors: amounts falling due within one year	11	(25,435)		(19,758)	
Net current assets			152,304		187,099
Total assets less current liabilities			153,203		188,801
Income funds					
Restricted funds	12	21,410		39,330	
Unrestricted funds		131,793		149,471	
		153,203		188,801	

The financial statements were approved by the Trustees on 7th Sept 2022



P Dobson
Trustee

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Reducing balance basis
Computers	33% Straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2022	2021	2021	2021
	£	£	£	£
Donations and gifts	7,591	4,625	1,101	5,726

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Grants	Training	Total	Grants	Training	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Training	-	17,577	17,577	-	19,276	19,276
Grants	529,991	-	529,991	433,978	-	433,978
	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>	<u>433,978</u>	<u>19,276</u>	<u>453,254</u>
Analysis by fund						
Unrestricted funds	77,331	17,577	94,908	92,529	19,276	111,805
Restricted funds	452,660	-	452,660	341,449	-	341,449
	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>	<u>433,978</u>	<u>19,276</u>	<u>453,254</u>
Ministry of Justice	274,442	-	274,442	234,102	-	234,102
Lancashire Police and Crime Commissioner	33,212	-	33,212	35,395	-	35,395
LVS Counselling	77,331	-	77,331	57,529	-	57,529
Children in Need	53,077	-	53,077	10,730	-	10,730
Lancashire Community Foundation	-	-	-	9,720	-	9,720
Garfield Weston	-	-	-	2,000	-	2,000
National Lottery	49,089	-	49,089	51,502	-	51,502
Lloyds Bank Foundation of England and Wales	-	-	-	33,000	-	33,000
Male Rape Support	42,840	-	42,840	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u>529,991</u>	<u>-</u>	<u>529,991</u>	<u>433,978</u>	<u>-</u>	<u>433,978</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff costs	423,759	200,374
Depreciation and impairment	803	1,216
Repairs and renewals	10,196	15,142
Telephone	8,372	9,053
General running costs	24,425	23,468
Training and development	3,194	8,431
Volunteer costs	1,517	3,125
Travel expenses	1,685	344
Partnership costs	25,117	11,110
Supervision	4,777	2,894
Sessional costs	72,383	45,363
Sundries	53	554
Fundraising	1,036	511
Insurance	1,040	2,151
Computer costs	4,609	17,150
Stationery and office supplies	4,523	2,108
Marketing	133	7,034
Interest paid	142	-
	<u>587,764</u>	<u>350,028</u>
Share of governance costs (see note 6)	2,993	12,933
	<u>590,757</u>	<u>362,961</u>
Analysis by fund		
Unrestricted funds	121,206	42,814
Restricted funds	469,551	320,147
	<u>590,757</u>	<u>362,961</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Independent exam fee	-	2,993	2,993	-	2,035
Legal and professional	-	-	-	-	10,898
	-	2,993	2,993	-	12,933
Analysed between Charitable activities	-	2,993	2,993	-	12,933

Governance costs includes payments to the auditors of £1,200 (2021- £2,035) for audit fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	18	9
Employment costs	2022 £	2021 £
Wages and salaries	382,420	183,333
Social security costs	28,773	10,678
Other pension costs	12,566	6,363
	423,759	200,374

There were no employees whose annual remuneration was more than £60,000.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2021	2,508	3,840	6,348
Disposals	-	(2,105)	(2,105)
At 31 March 2022	2,508	1,735	4,243
Depreciation and impairment			
At 1 April 2021	1,384	3,262	4,646
Depreciation charged in the year	225	578	803
Eliminated in respect of disposals	-	(2,105)	(2,105)
At 31 March 2022	1,609	1,735	3,344
Carrying amount			
At 31 March 2022	899	-	899
At 31 March 2021	1,124	578	1,702

10 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	12,015	-
Prepayments and accrued income	7,569	7,084
	19,584	7,084

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	8,279	4,727
Trade creditors	12,001	2,876
Other creditors	2,641	1,244
Accruals and deferred income	2,514	10,911
	25,435	19,758

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020 £	Movement in funds			Balance at 1 April 2021 £	Movement in funds			Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	Transfers £		Incoming resources £	Resources expended £	Transfers £	
Ministry of Justice	-	234,102	(230,244)	-	3,858	274,442	(271,703)	-	6,597
Awards for All	4,137	-	(1,564)	-	2,573	-	(2,643)	70	-
Lancashire CC	277	-	-	-	277	-	(277)	-	-
CYP Therapy	98	-	-	-	98	-	(98)	-	-
Children in Need	24,969	10,730	(44,315)	8,616	-	53,077	(52,915)	-	162
LVS Counselling	15,009	-	-	(15,009)	-	-	-	-	-
One Life to Live	310	-	-	-	310	-	(310)	-	-
Maria Holland and St Joseph's Trust	2,143	-	-	-	2,144	-	(2,144)	-	-
National Lottery	-	51,502	(38,326)	-	13,176	49,089	(48,300)	-	13,965
Lancashire Community Foundation	-	9,720	(98)	-	9,622	-	(8,936)	-	686
Police and Crime Commissioner	-	35,395	(29,222)	-	6,173	-	(6,173)	-	-
Other donations	-	1,101	(1)	-	1,099	-	-	(1,099)	-
Male Rape Support	-	-	-	-	-	42,840	(42,840)	-	-
LPCC	-	-	-	-	-	33,212	(33,212)	-	-
	46,943	342,550	(343,770)	(6,393)	39,330	452,660	(469,551)	(1,029)	21,410

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	899	-	899	1,702	-	1,702
Current assets/(liabilities)	130,894	21,410	152,304	147,769	39,330	187,099
	<u>131,793</u>	<u>21,410</u>	<u>153,203</u>	<u>149,471</u>	<u>39,330</u>	<u>188,801</u>

14 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	15,000	15,000
Between two and five years	22,500	37,500
	<u>37,500</u>	<u>52,500</u>

15 Related party transactions

During the year a Trustee's company provided services totalling £1,626 to Trust House Lancashire (2021 - £940). The services were provided at cost covering the cleaning company's overheads.