

**Trust House Lancashire**  
**Report of the Trustees and**  
**Financial Statements**

**For The Year Ended 31 March 2021**

TRUST HOUSE LANCASHIRE

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**TRUST HOUSE LANCASHIRE**  
**CHARITY DETAILS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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**Trustees and Officers**

**Chair**

Trish Bartlett

**Trustees**

Trustee	Graham Coulston-Herrmann
Trustee	Patricia Bartlett
Trustee	Mags Wilcock
Trustee	Mark McGarry (resigned June 2020)
Trustee	Gareth Millar
Trustee	Sally Jones
Trustee	Lyndsay Nicholson

**Key Management Personnel**

**Chief Executive Officer**

Catherine Smith

**Trust House Lancashire Office Address**

8 Camden Place  
Preston  
Lancashire  
PR1 3JL

**CIO Number**

1174925

**Accountant and Independent Examiner**

Nicola Mason FCA DChA  
MHA Moore and Smalley  
Richard House, Winckley Square, Preston, PR1 3HP

**Bank**

The Co-operative Bank  
2<sup>nd</sup> Floor  
CIS Tower  
Manchester  
M60 0AL

# **TRUST HOUSE LANCASHIRE**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2021**

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#### **Constitution**

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

#### **Introduction**

Trust House Lancashire is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county to deliver a range of services to support survivors of any kind of sexual violence to recover from their experience of abuse.

Trust House was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of Trust House. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our sixth year of service delivery.

Trust House delivers a range of specialist services to men, women, children from aged 4 years and their families;

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Wellbeing Support
- Parent Peer Support Group
- Telephone Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

Trust House is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognize the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognize human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

# TRUST HOUSE LANCASHIRE

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2021

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#### Performance

Trust House Lancashire received 746 new referrals for support and has worked with 965 individuals in the year to March 2021. Referrals are received from a range of sources; health, criminal justice, Local authorities self and family referrals as well as other voluntary sector providers. The greatest number of referrals come from the criminal justice system 53%.

Referrals through 2020-21 have come from all 14 local authority districts of the county, though the highest number of referrals received are for/from individuals living in the boroughs of Preston 119, Blackpool 103 and Chorley 89 with the least number of referrals coming from/for individuals living in the boroughs of Rossendale 17, Ribbles Valley 18 and Pendle 22. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater service presence in boroughs of the county and the need for a greater presence in these districts. Over the last 12 months we've had limited opportunity to increase our physical presence in other boroughs however our move to digital delivery as a result of the COVID 19 pandemic has led to us being more accessible in all areas of the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 84% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 1%. These figures are extremely similar to last years. 86% of our clients who stated their ethnicity were White British with 9% being non-white British and for 5% of clients ethnic background was unknown. Trust House is committed to remaining responsive to victims and survivors of all gender, orientations and ethnicity, and recognizes the additional barriers to coming forward for these groups. We have been looking at service developments in order to ensure our accessibility to those whose first language isn't English. The age range of clients accessing the service is wide. 21% of those seeking support were under the age of 18 years. 27% were young adults between the ages of 18 and 24 years, 35% were 25-44 years and those over the age of 45 made up 17% of those that we worked with. 65% of those that accessed support in the year did so because of childhood sexual abuse. We've seen an increase of 7% of those in the age range of 18 to 24 years and a similar percentage decrease in the number of older adults seeking our support. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest children to be referred were 5 years old and the oldest adult was 70 years old.

#### Charitable Objects

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.

# TRUST HOUSE LANCASHIRE

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2021

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#### Charitable Objects (continued)

- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

#### Funding

In the period to 31 March 2021, Trust House Lancashire was supported by the Ministry of Justice including through additional funding to support our response to the pandemic, BBC Children in Need, The National Lottery, Reaching Communities Fund, The Weston Foundation, The Lancashire Community Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation. We continued to be contracted to deliver the Lancashire Victims Services contract administered by Victim Support, to deliver specialist sexual violence counselling to victims going through the criminal justice process. In addition we received donations from a number of individuals and organisations through their individual or group fundraising efforts, fundraising activities, and we generated income through training delivery to external organisations.

Our income has been affected by the pandemic situation over the last 12 months. We received a number of grants that have been targeted at supporting our delivery and sustainability through the pandemic including from the Police and Crime Commissioners Office, the Ministry of Justice and Lloyds Bank Foundation and as a result our overall income was greater than expected for the year. At the beginning of the year we were hoping to diversify our income streams generating more income through fundraising, training delivery and contract income to reduce our dependency on grant funding. We successfully generated income from our training delivery but this was initially slow at the beginning of the year because of the need to convert our training to online delivery. We were unable to run key fundraising events in the year which would have enabled some significant income to be generated and because recruitment of a fundraising officer was very difficult we haven't managed to transition to digital fundraising as effectively as we would have liked to have been able to.

We also struggled to recruit the staff we intended to recruit during the year, as quickly as planned which for some budgets has led to an underspend and an extension of the grant period for three of these; BBC CiN, The National Lottery, and the Community Foundation for Lancashire and Merseyside.

Whilst overall our funding increased in the year it is still important going forward to continue to focus on diversification of this to enable long-term sustainability, as grant income could be much more restricted in post pandemic years.

#### Service Delivery

Since March 23<sup>rd</sup> 2020 and the announcement of a national lockdown, all of our services have been delivered remotely via zoom and telephone with some face to face delivery when restrictions have been lifted and then pulling back again as they have been reinstated. Our existing infrastructure enabled us to transition to a digital model effectively however this was challenging at times with an increasing number of people accessing remotely. Much more of our costs have been utilised to purchase hardware required to deliver including laptops, mobile phones, headphones, iPads to ensure good communication with the team, and continuation of delivery of service to clients. There was also an early requirement to upskill staff to be able to deliver effectively and additional grant funding enabled us to achieve this.

# **TRUST HOUSE LANCASHIRE**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2021**

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#### **Adult Counselling Service**

Sexual assault counselling at Trust House is based on a person-centred practice and empowerment model, and is offered on a short, medium or long-term basis dependent on identified need and complexity. Short term is 8-10 weeks, medium term 18 weeks and long term 26 weeks. In the year 2020-2021 the average length of time that an adult client was in service was 24 and the maximum time was 70 weeks. Clients that required a greater number of sessions and who require much longer-term therapy due to mental health were kept focused in therapy working towards goals. Any client needing longer term therapy would have been referred into mental health services to aid their recovery with a more practical and/or psychological service appropriate to their need. Clients' progression towards their therapeutic goals is reviewed regularly with the client. The needs of the client are paramount. Clinical supervision with counsellors' supports case management and agreement is reached about whether the client's therapeutic goals have been achieved, and whether the counselling can reach a planned ending, referral to alternative services to meet additional goals or whether further sessions are required.

#### **Children and Young People's Therapy**

Trust House have been delivering counselling and play therapy with children and young people from 4 years of age since September 2015 from our centre in Preston, and from Children's Centres around the county. The use of non-directive play, creative arts and child-centred counselling offer a positive way forward to prevent longer term emotional, social and behavioural difficulties as the child moves through the stages development and into adolescence. In the year 2020-2021 the average length of time that children and young people were in therapy for was 18 weeks, and the maximum time was 63 weeks. During COVID lockdown Google Play was introduced to enable us to effectively deliver play therapy digitally for younger children, Much of our older young people's work continued digitally utilising zoom or the telephone dependent on the young person's preference.

#### **Pre-trial Therapy**

The criminal justice process can be extremely challenging for victims and survivors of sexual violence and there are occasions when additional emotional support as well as the practical help of an Independent Sexual Violence Advisor is necessary to support individual's resilience and ability to cope through this very stressful process. Therapeutic and counselling support delivered whilst there is a criminal investigation taking place is called pre-trial therapy. Pre-trial therapy is usually short-term support and is aimed at improving self-esteem and confidence and focusses on the treatment of the psychological problems that an individual is experiencing at the present time. It does not involve going over the incident itself, and effective contracting with the client proactively avoids this.

#### **Counselling and Support to Partners, Parents, Siblings**

Referrals for counselling, and support for partners, parents and siblings are received from clients themselves or from our Clinical Leads or Family Support Workers, where a needs assessment or their work with an individual has identified further needs within the family. Family members might be experiencing vicarious trauma or having difficulties in coping with and/or supporting a loved one who is suffering from trauma responses. Parents can feel excluded from many of the processes their child is involved in for example and may struggle to find specialist support. It's really important for family members to understand legal boundaries in relation to the offence against their loved one, and also to be empowered to support their loved one effectively whilst managing their own care. Trust House balances these issues effectively and provides support through counselling, specialist family support, and our Parent Peer Support Group.

#### **Training Delivery**

We've been delivering a comprehensive package of training to staff and volunteers of Trust House since 2013 and have been working through a process of developing our training offer to enable us to increase the capacity of other professionals and organisations in Lancashire that are working with victims and survivors of sexual violence to do so much more effectively and with confidence. This element of our delivery has grown significantly over the last 12 months despite COVID restrictions.

# **TRUST HOUSE LANCASHIRE**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2021**

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We've successfully moved our delivery from a face to face model to a digital model working via Zoom and developing a webinar training offer. Our courses are bespoke for organisations. This work will enable us to diversify our income stream in the coming year, increasing our earned income from training.

#### **Specialist Family Support**

We recognise the needs of family members where child sexual abuse has been an issue and the subsequent ripple effect within the family. We strongly believe that to support children effectively it is vital to support the wider family for more effective and better longer-term outcomes. In January 2018 we delivered a pilot project working with a small number of families across 3 boroughs where child sexual abuse had been an issue. Working closely with Children's Social Care to identify appropriate referrals we were able to provide a coordinated and seamless response to the family's needs. The learning from this has helped to shape further funding approaches for this kind of work and from September 2019 BBC Children in Need have funded us to deliver Specialist Family Support for 3 years. This work enables us to work with families where a child in the family has been subjected to sexual abuse, to enable the child's and family's recovery.

#### **Parent Peer Support Group**

The Parent Peer Support Group was established following feed-back from parents that this is something that would be useful for them. It is run for parents of the children we work with, and facilitated by our Specialist Family Support Workers. The number of parents in attendance varies from session to session, between 3 and 7. Parents often want very practical advice from other parents on how to support their children and families to move forward effectively as they go through the recovery process, so that their child's and family's recovery is sustained long-term. They want to learn and understand how other parents have addressed issues. The support is informal and focusses on parent / carer self-care, and practical ways to support their children. Peer support occurs organically from this process.

#### **Wellbeing Service**

The Wellbeing Project was introduced in the latter stages of this last year because we recognised that counselling and therapy are not a good fit for all adults seeking our support, and that some people benefit from a much more practical approach to their recovery. In counselling we find that there is a need for psycho-educational interventions in order for individuals to understand why they feel like they do, why they responded as they did to trauma situations, whether in childhood or adulthood. Being able to understand the body's instinctive responses to the danger they were in, is often the beginning of them taking back control of their recovery. The Wellbeing Service provides this and also equips individuals with the skills and tools to cope with the here and now of their trauma. These tools are takeaway tools that individuals can embed into their everyday lives empowering them to take back control. This is the core of our work in the wellbeing service. Some of the individuals that come to us for support have problems that they may be struggling to cope with alongside their trauma such as housing, debt, substance misuse, health issues etc. Our holistic approach to assessment will identify these needs and we will ensure with their consent clients are signposted or referred to other specialist services that can support them effectively.

#### **Staff**

The Team at Trust House has grown significantly during the last 12 months. Despite lockdown and challenges in recruitment we ended the year very much in line with our business plan for the year. On 1st April 2020 we had 7 employed staff (5.9 FTE) and on 31<sup>st</sup> March 2021 we had 18 staff (13.75 FTE). It's a tremendous credit to the team at Trust House that this growth has happened under some of the most trying circumstances including; challenges in recruiting the right people and interviewing and inducting during a national lockdown period and ensuring the team stays connected as new people start and bed in whilst managing feelings of isolation and new challenges in communication and learning from each other due to remote working. The team are dedicated and passionate in their work.



# **TRUST HOUSE LANCASHIRE**

## **TRUSTEES' REPORT**

### **FOR THE YEAR ENDED 31 MARCH 2021**

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#### **Volunteers, Students and Sessional Counsellors**

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and Sessional Counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House complete a formal recruitment process. They also complete an 8-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence with confidence.

We continued to recruit, train and induct new volunteers, sessional workers and students throughout lockdown. This was vital to us to ensure we maintained our capacity through a period of increasing numbers of individuals seeking support.

#### **Partnership Working**

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire. This includes The Police and Crime Commissioners Office, Lancashire and South Cumbria Foundation Trust, local schools and children's centres, universities, CAMHS, GP's, sexual health services, adult mental health services, adult and children's social care, the police, The SAFE Centre, SHARE psychosexual service, domestic violence services, The Birchall Trust, NEST, Lancashire Victims Services, The Princes Trust, Spring North, and West Lancashire CVS, Lancashire Association of Girls and Boys Clubs and Community Safety Partnerships.

We are sub-contracted by Victim Support to deliver the sexual violence counselling element of the Lancashire Victims Services Contract commissioned by the Police and Crime Commissioners Office and sub-contract a small part of this to The Birchall Trust an organisation that delivers specialist sexual violence counselling in Lancaster Local authority area.

#### **Future Plans**

Now moving into our eighth year of service delivery in Lancashire, Trust House continues to see a huge demand for our services.

Trust House is continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence for the long term. The overall funding landscape is a challenge for Trust House as it is for many smaller voluntary sector organisations particularly those that are relatively new and locally routed and seeking to become established and stable. However we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term. Our funding strategy will seek to address these challenges going forward. We've had significant challenges in the recruitment of a Fundraising Officer and this continues to be a priority for us in the coming months.

# TRUST HOUSE LANCASHIRE

## TRUSTEES' REPORT

### FOR THE YEAR ENDED 31 MARCH 2021

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The team at Trust House will continue to work passionately for the benefit of survivors and remains committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

The Trustees have considered the impact of the Government response to Covid 19. Safe working practices have been put in place and continue to be adhered to, enabling the continuation of the delivery of services in a COVID safe environment. Although income from fundraising sources has reduced, this has been offset by other funding opportunities. The situation has also enabled the charity to develop its digital offering. The Trustees will continue to monitor and adapt to the current situation whilst ensuring that services are not interrupted.

#### **Financial review**

Income for the year was £458,980 (2019-20 £257,288). Expenditure for the year was £362,961 (2019-20 £239,188) resulting in net income of £96,019 (2020 £18,100)

#### **Reserves Policy**

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is approximately six months' normal expenditure, which equates to approximately £175,000. At 31 March 2021 there was an amount of £124,146 as free reserves. Over the next 12-24 months we will focus on increasing our free reserves through fundraising activities and growing our training offer.

#### **Trustees Induction and Training**

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

#### **Risk Management**

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

##### **Trust House Lancashire's Risk Management Mission Statement**

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

##### **Trust House Lancashire's Risk Management Goals Statement**

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

**TRUST HOUSE LANCASHIRE**  
**TRUSTEES' REPORT**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

Approved by the Trustees on 01/10/2021 and signed on their behalf by

*Patricia Bartlett*

**P Bartlett**  
Trustee

**TRUST HOUSE LANCASHIRE**  
**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 11 to 20.

**Responsibilities and basis of report**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiner's statement**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Nicola Mason*

.....  
**Nicola Mason FCA, DChA**

MHA Moore and Smalley  
Richard House  
Preston  
PR1 3HP

Date: 01/10/2021

**TRUST HOUSE LANCASHIRE**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

	Note	Unrestricted Funds £	Restricted Funds £	2021 Total £	2020 Total £
<b>Income from:</b>					
<b>Charitable activities</b>					
Grants and donations	2	97,154	342,550	<b>439,704</b>	251,259
Training		19,276	-	<b>19,276</b>	3,629
Fundraising activities		-	-	-	2,400
<b>Total income</b>		<b>116,430</b>	<b>342,550</b>	<b>458,980</b>	257,288
<b>Expenditure on:</b>					
Charitable activities	4	42,814	320,147	<b>362,961</b>	239,188
<b>Total expenditure</b>		<b>42,814</b>	<b>320,147</b>	<b>362,961</b>	239,188
<b>Net income/(expenditure) before gains/(losses) and transfers</b>		<b>73,616</b>	<b>22,403</b>	<b>96,019</b>	18,100
Gross transfers between funds		6,393	(6,393)	-	-
<b>Net movement in funds</b>		<b>80,009</b>	<b>16,010</b>	<b>96,019</b>	18,100
Total funds brought forward		45,839	46,943	<b>92,782</b>	74,682
<b>Total funds carried forward</b>		<b>125,848</b>	<b>62,953</b>	<b>188,801</b>	92,782

There are no recognised gains and losses other than those shown in the above statement of financial activities.

**TRUST HOUSE LANCASHIRE****BALANCE SHEET****AS AT 31 MARCH 2021**

		Unrestricted Funds	Restricted Funds	2021 Total £	2020 Total £
	Note	£	£		
<b>Fixed assets</b>					
Tangible assets	5	1,702	-	<b>1,702</b>	3,014
<b>Current assets</b>					
Debtors	6	3,226	3,858	<b>7,084</b>	8,917
Cash at bank		124,892	74,881	<b>199,773</b>	86,386
		<b>128,118</b>	<b>78,739</b>	<b>206,857</b>	95,303
<b>Creditors:</b> amounts falling due within one year	7	(3,972)	(15,786)	<b>(19,758)</b>	(5,535)
<b>Net current assets</b>		<b>124,146</b>	<b>62,953</b>	<b>187,099</b>	89,768
<b>Net assets</b>		<b>125,848</b>	<b>62,953</b>	<b>188,801</b>	92,782
<b>Represented by:</b>					
Unrestricted Funds	8	125,848	-	<b>125,848</b>	45,839
Restricted Funds	8	-	62,953	<b>62,953</b>	46,943
		<b>125,848</b>	<b>62,953</b>	<b>188,801</b>	92,782

The Trustees acknowledge their responsibilities for:

- a ensuring that the charity keeps proper accounting records; and
- b preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective October 2019).

01/10/2021

Approved by the Committee on ..... and signed on its behalf by:

*Patricia Bartlett*

**P Bartlett**  
Trustee

**TRUST HOUSE LANCASHIRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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**1 Accounting policies**

**Basis of accounting**

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective October 2019).

Trust House Lancashire was previously a part of The Survivors Trust (charity number: 1109305). On 2 October 2017 Trust House Lancashire became an independent charity when it was granted Charitable Incorporated Organisation (CIO) status. On 2 October 2017 The Survivors Trust transferred all assets and liabilities of Trust House Lancashire to the CIO. The total value of the transfer from The Survivors Trust was £132,420 including £42,707 of restricted funds.

**Preparation of the accounts on a going concern basis**

The trustees are required to assess whether the use of going concern is appropriate, ie whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of the authorisation of the accounts. The impact of measures taken by the Government to combat the spread of corona virus continues to be reviewed. At the date of approving the accounts the Trustees have a reasonable expectation that the charity will be able to manage the situation and that it has sufficient cash resources to enable it to meet its liabilities as they fall due for at least 12 months from the date of approval. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

**Public benefit entity**

Trust House Lancashire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

**Taxation**

No tax is provided for as Trust House Lancashire is exempt. Because of its current activities Trust House Lancashire is not registered for VAT and therefore cannot recover VAT on its expenses.

**Funds accounting**

General funds are unrestricted funds available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes.

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure that meets these criteria is charged to the fund.

**Incoming resources**

All incoming resources becoming available to the charity during the year are included when there is a certainty of receipt.

**Resources expended**

Direct expenditure includes costs associated with particular projects in furtherance of the charity's objects.

Support costs comprise expenditure incurred in support of direct activities and include an appropriate proportion of overheads.

**TRUST HOUSE LANCASHIRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**Fixed assets**

Tangible fixed assets are stated at cost. Depreciation is calculated at appropriate annual rates estimated to write off the costs of fixed assets less their estimated residual value over their useful lives as follows:

Fixtures and fittings	20% on the reducing balance basis
Office equipment	33% on a straight-line basis

**Hire purchase and lease commitments**

Rentals paid under operating leases are charged on a time basis over the lease term.

**Pension cost**

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

**Judgements and key sources of estimation uncertainty**

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

No significant judgements have had to be made in preparing these financial statements.

**2 Grants and donations**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>2021 Total</b>	<b>2020 Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>	
Ministry of Justice	-	234,102	234,102	134,000
Lancashire Police and Crime Commissioner	-	35,395	35,395	-
Awards for All	-	-	-	10,000
Duchy of Lancashire	-	-	-	1,000
LVS Counselling	57,529	-	57,529	36,195
Children in Need	-	10,730	10,730	55,866
CYP Therapy	-	-	-	558
Lancashire Community Foundation	-	9,720	9,720	-
Garfield Weston	2,000	-	2,000	-
National Lottery	-	51,502	51,502	-
Lloyds Bank Foundation of England and Wales	33,000	-	33,000	-
Donations and other income	4,625	1,101	5,726	13,640
	<hr/>	<hr/>	<hr/>	<hr/>
	97,154	342,550	439,704	251,259
	<hr/>	<hr/>	<hr/>	<hr/>



**TRUST HOUSE LANCASHIRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**2 Grants and donations (Continued)**

Prior period	Unrestricted Funds	Restricted Funds	2020 Total
	£	£	£
Ministry of Justice	-	134,000	134,000
Awards for All	-	10,000	10,000
Duchy of Lancashire	-	1,000	1,000
LVS Counselling	-	36,195	36,195
Children in Need	-	55,866	55,866
CYP Therapy	-	558	558
Donations and other income	13,129	511	13,640
	<hr/>	<hr/>	<hr/>
	13,129	238,130	251,259
	<hr/>	<hr/>	<hr/>

**3 Staff Costs**

	Unrestricted Funds	Restricted Funds	2021 Total	2020 Total
		£		£
Wages and salaries	5,714	177,619	183,333	132,277
Social security costs	-	10,678	10,678	7,696
Pension costs	-	6,363	6,363	4,474
	<hr/>	<hr/>	<hr/>	<hr/>
	5,714	194,660	200,374	144,447
	<hr/>	<hr/>	<hr/>	<hr/>

During the prior period, the staff costs expenditure relating to restricted funds was £194,660.

During the year, no Trustees received any expenses. Neither the Trustees nor persons connected with them received any remuneration from the charity for their services as Trustees. No employee earned £60,000 per annum or more. The average monthly number of employees during the year was 10 (5.4 FTE).

The key management personnel of the charity are listed on page 1. The total amount of employee benefits (including employer pension contributions) received by key management personnel for their service during the year was £41,904 (2020 £40,525).

**TRUST HOUSE LANCASHIRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**4 Analysis of total resources expended**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>2021 Total £</b>	<b>2020 Total £</b>
Wages	5,714	194,660	200,374	144,447
Repairs and renewals	2,223	12,919	15,142	2,607
Telephone	-	9,053	9,053	2,123
General running costs	269	23,199	23,468	21,599
Training and development	-	8,431	8,431	12,991
Volunteer costs	250	2,875	3,125	2,540
Travel expenses	-	344	344	3,194
Counselling costs	11,110	-	11,110	9,360
Supervision	-	2,894	2,894	1,562
Sessional costs	14,842	30,521	45,363	18,961
Sundries	-	554	554	3,284
Fundraising	511	-	511	466
Insurance	250	1,901	2,151	2,703
Computer costs	3,452	13,698	17,150	2,639
Stationery and office supplies	-	2,108	2,108	3,042
Marketing	942	6,092	7,034	3,779
Professional costs	-	10,898	10,898	1,120
Depreciation	1,216	-	1,216	1,535
Independent examination fee	2,035	-	2,035	1,235
	<u>42,814</u>	<u>320,147</u>	<u>362,961</u>	<u>239,188</u>

**TRUST HOUSE LANCASHIRE**  
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**4 Analysis of total resources expended (Continued)**

Prior period	Unrestricted Funds £	Restricted Funds £	2020 Total £
Wages	20,244	124,203	144,447
Repairs and renewals	40	2,567	2,607
Telephone	174	1,950	2,123
General running costs	-	21,599	21,599
Training and development	1,354	11,637	12,991
Volunteer costs	230	2,310	2,540
Travel expenses	464	2,730	3,194
ISVA expenses	-	-	-
Counselling costs	-	9,360	9,360
Supervision	55	1,507	1,562
Management costs	2,107	16,854	18,961
Sundries	-	3,284	3,284
Fundraising	-	466	466
Insurance	1,123	1,581	2,703
Computer costs	68	2,570	2,639
Stationery and office supplies	287	2,755	3,042
Marketing	2,280	1,499	3,779
Children in Need underspend	-	-	-
Professional costs	-	1,120	1,120
Depreciation	1,535	-	1,535
Independent examination fee	1,235	-	1,235
	<u>31,196</u>	<u>207,992</u>	<u>239,188</u>

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**5 Fixed assets**

	<b>Fixtures &amp; Fittings £</b>	<b>Office Equipment £</b>	<b>Total £</b>
<b>Cost:</b>			
At 31 March 2020	2,508	3,840	6,348
Additions	-	-	-
Disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 31 March 2021	<u>2,508</u>	<u>3,840</u>	<u>6,348</u>
 <b>Depreciation:</b>			
At 31 March 2020	1,103	2,327	3,430
Charge for period	281	935	1,216
Eliminated on disposals	-	-	-
	<hr/>	<hr/>	<hr/>
At 31 March 2021	<u>1,384</u>	<u>3,262</u>	<u>4,646</u>
 <b>Net book value:</b>			
At 31 March 2021	<u>1,124</u>	<u>578</u>	<u>1,702</u>
At 31 March 2020	<u>1,405</u>	<u>1,513</u>	<u>2,918</u>

**6 Debtors**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Prepayments and accrued income	7,084	8,917
	<hr/>	<hr/>
	<u>7,084</u>	<u>8,917</u>

**7 Creditors: Amounts falling due within one year**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Trade creditors	2,876	-
PAYE/NIC	4,727	-
Accruals	10,911	5,535
Other creditors	1,244	-
	<hr/>	<hr/>
	<u>19,758</u>	<u>5,535</u>

**TRUST HOUSE LANCASHIRE**  
**NOTES TO THE FINANCIAL STATEMENTS**  
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**8 Movement in Funds**

	<b>At 31 March 2020 £</b>	<b>Incoming Resources £</b>	<b>Outgoing resources £</b>	<b>Transfers £</b>	<b>At 31 March 2021 £</b>
Ministry of Justice	-	234,102	(230,244)	-	3,858
Awards for All	4,137	-	(1,564)	-	2,573
Lancashire CC	277	-	-	-	277
CYP Therapy	98	-	-	-	98
Children in Need	24,969	10,730	(44,315)	8,616	-
LVS Counselling	15,009	-	-	(15,009)	-
One Life to Live	310	-	-	-	310
Maria Holland and St Joseph's Trust	2,144	-	-	-	2,144
National lottery	-	51,502	(38,326)	-	13,176
Lancashire Community Foundation	-	9,720	(98)	-	9,622
Police and Crime Commissioner	-	35,395	(5,599)	-	29,796
Other donations	-	1,101	-	-	1,101
<b>Total restricted funds</b>	<b>46,943</b>	<b>342,550</b>	<b>(320,147)</b>	<b>(6,393)</b>	<b>62,953</b>
<b>Total unrestricted funds</b>	<b>45,839</b>	<b>116,430</b>	<b>(42,814)</b>	<b>6,393</b>	<b>125,848</b>
<b>Total funds</b>	<b>92,782</b>	<b>458,980</b>	<b>(362,961)</b>	<b>-</b>	<b>188,801</b>
<b>Prior period</b>	<b>At 31 March 2019 £</b>	<b>Incoming Resources £</b>	<b>Outgoings resources £</b>	<b>Transfers</b>	<b>At 31 March 2020 £</b>
Ministry of Justice	-	134,000	(130,851)	(3,149)	-
Awards for All	-	10,000	(5,863)	-	4,137
Lancashire CC	277	-	-	-	277
CYP Therapy	-	558	(460)	-	98
Duchy of Lancashire	-	1,000	(1,000)	-	-
Tesco	190	-	(190)	-	-
Children in Need	11,813	55,866	(42,710)	-	24,969
Christmas Party	-	512	(615)	103	-
LVS Counselling	-	36,195	(21,186)	-	15,009
WO Street Trust	-	-	(3,837)	3,837	-
One Life to Live	310	-	-	-	310
Maria Holland and St Joseph's Trust	3,424	-	(1,280)	-	2,144
<b>Total restricted funds</b>	<b>16,014</b>	<b>238,130</b>	<b>(207,992)</b>	<b>791</b>	<b>46,943</b>
<b>Total unrestricted funds</b>	<b>58,668</b>	<b>19,158</b>	<b>(31,196)</b>	<b>(791)</b>	<b>45,839</b>
<b>Total funds</b>	<b>74,682</b>	<b>257,288</b>	<b>(239,188)</b>	<b>-</b>	<b>92,782</b>

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The restricted funds represent amounts given to the Trust with restrictions as to their use. All the funds were expended during the period in accordance with those restrictions.

- The Ministry of Justice Lancashire fund is to support male and female survivors of rape and sexual abuse and includes non-recent childhood sexual abuse as well as recent.
- The Tesco funding is for therapy for Children and Young People.
- The Children in Need grant is to provide independent sexual violence work and family support.

**9 Analysis of net assets between funds**

Prior year	Fixed assets £	Net current assets £	Total £
Restricted funds	-	46,943	46,943
Unrestricted funds	3,014	42,825	45,839
	<hr/>	<hr/>	<hr/>
	3,014	89,768	92,782
	<hr/>	<hr/>	<hr/>

**10 Obligations under operating leases**

	2021	2020 £
As at 31 March 2021 the total of the charity's future minimum lease payments under non-cancellable operating leases was:		
Amounts due within one year	15,000	15,000
Amounts due between two and five years	37,500	52,500
	<hr/>	<hr/>
	52,500	67,500
	<hr/>	<hr/>

**11 Related party transactions**

A Trustee's company provides services totalling £940 to Trust House Lancashire. The services are provided at cost covering the cleaning company's overheads.

Other than the above there were no related party transactions in the year.

**12 Trustees' remuneration and expenses**

None of the trustees received any remuneration or expenses during the year (2020: £nil).