

TRUST HOUSE LANCASHIRE

England & Wales · Charity number 1174925

Details

Other names	LANCASHIRE RAPE AND SEXUAL ABUSE SUPPORT CENTRE
Status	Registered
Legal form	CIO
Registered	2017-10-02
Register	View on the Charity Commission register

Contact

Address	P O Box 1355 Preston PR2 0UE
Phone	01772 825288
Email	office@trusthouselancs.org
Website	www.trusthouselancs.org

Activities

Objects: THE OBJECTS OF TRUST HOUSE LANCASHIRE ARE:3.1 RELIEVE THE TRAUMA, WHETHER PSYCHOLOGICAL, EMOTIONAL OR PHYSICAL, OF PERSONS AND THEIR FAMILIES WHO HAVE EXPERIENCED OR OTHERWISE SUFFERED AS A RESULT OF RAPE, OTHER SEXUAL ASSAULT, SEXUAL ABUSE OR SEXUAL EXPLOITATION OF ANY KIND.3.2 PROVIDE SUPPORT, HELP OR ASSISTANCE OF ANY KIND WHATSOEVER TO PERSONS AND THEIR FAMILIES WHO HAVE EXPERIENCED OR OTHERWISE SUFFERED AS A RESULT OF RAPE, OTHER SEXUAL ASSAULT, SEXUAL ABUSE OR SEXUAL EXPLOITATION OF ANY KIND.3.3 TO PROMOTE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF RAPE, SEXUAL ABUSE OR SEXUAL EXPLOITATION AND/OR ITS PSYCHOLOGICAL AND SOCIAL IMPACT ON INDIVIDUALS.3.4 PROMOTE AND PARTICIPATE IN EDUCATION AND RESEARCH IN RELATION TO:(I) COUNSELLING AND SUPPORT IN RELATION TO THE TRAUMAS SET OUT IN 3.1 ABOVE AND THEIR EFFECT UPON INDIVIDUALS;(II) THE TRAUMAS SET OUT IN 3.1 ABOVE AND THEIR EFFECT UPON INDIVIDUALS; AND(III) RAPE, OTHER SEXUAL ASSAULT, SEXUAL ABUSE OR SEXUAL EXPLOITATION.3.5 PROMOTE, PARTICIPATE IN AND PROVIDE TRAINING IN RELATION TO:(I) COUNSELLING AND SUPPORT IN RELATION TO THE TRAUMAS SET OUT IN 3.1 ABOVE AND THEIR EFFECT UPON INDIVIDUALS;PAGE | 2(II) THE TRAUMAS SET OUT IN 3.1 ABOVE AND THEIR EFFECT UPON INDIVIDUALS; AND(III) RAPE, OTHER SEXUAL ASSAULT, SEXUAL ABUSE OR SEXUAL EXPLOITATION.3.6 PREVENT RAPE, SEXUAL ABUSE OR SEXUAL EXPLOITATION THROUGH TRAINING AND EFFECTIVE AND APPROPRIATE SUPPORT SERVICES TO PERSONS AND THEIR FAMILIES AT RISK OF BEING SUBJECTED TO SAID ABUSE.IN EACH CASE FOR THE BENEFIT OF THE PUBLIC GENERALLY AND IN PARTICULAR IN THE AREA OF BENEFIT.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF TRUST HOUSE LANCASHIRE FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008]

Activities: Trauma Informed services for individuals of any age or gender affected by sexual violence. Counselling for adults and young people, play therapy for children. Information, advice, wellbeing, family and group support. Specialist training, prevention and awareness raising. Also supporting sector research. Based in Preston and with key locations county wide and outreach work across Lancashire.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** LANCASHIRE
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£391,775	£509,844	-	-
2024-03-31	£581,988	£535,566	£383,930	17
2023-03-31	£728,678	£544,373	£337,508	17
2022-03-31	£555,159	£590,757	£153,203	18
2021-03-31	£458,980	£362,961	-	-

Trustees

Name	Role	Appointed
Graham Coulston-Herrmann	Chair	2018-09-24
David O'Byrne		2023-10-17
Liam Goggin		2022-10-24
Lyndsay Nicholson		2020-12-07
Peter Dobson		2021-06-10
Sally Jones		2020-04-01

Accounts

Charity registration number 1174925 (England and Wales)

TRUST HOUSE LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025

TRUST HOUSE LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

G. Coulston-Herrmann
S Jones
L Nicholson
P Dobson
L Goggin
D O'Byrne

Chief Executive Officer

Suzanne Bartlett

CIO number

1174925

Principal address

8 Camden Place
Preston
Lancashire
PR1 3JL

Independent examiner

Hall Livesey Brown
HLB House
68 High Street
Tarporley
Cheshire
CW6 0AT

Bankers

The Co-operative Bank
2nd Floor
CIS Tower
Manchester
M60 0AL

TRUST HOUSE LANCASHIRE

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 19

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

Introduction

Trust House Lancashire (THL) is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county of Lancashire to deliver a range of services to support survivors of any kind of sexual violence and sexual abuse to recover from their experience.

THL was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of THL. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our tenth year of service delivery.

THL delivers a range of specialist services including digital support services to individuals of any age and gender and their families and carers.

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Parent Peer Support Group
- Telephone Support
- On-line Self Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

THL is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognise the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognise human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House Lancashire has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Objectives and activities

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.
- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse, or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Achievements and performance

Performance

Trust House Lancashire received 819 new referrals for support and has worked with 1055 individuals in the year to March 2025. Referrals are received from a range of agencies both statutory and voluntary and from individuals who self-refer.

Referrals through 2024-2025 have come from all 14 local authority districts of the county, and the highest number of referrals received are for/from individuals living in the boroughs of Preston, Chorley and South Ribble with the least number of referrals coming from/for individuals living in the boroughs of Lancaster and Ribble Valley. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater presence in these districts. We have an established presence in our satellite spaces and continue to seek out new venues to widen our reach across the county. Digital delivery will remain an element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home, where finances allow.

Referrals into adult counselling make up the greatest number of referrals into the service. 82% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 2% or not stated. These figures are consistent to the previous 2 years. Trust House Lancashire is committed to remaining responsive to all victims and survivors and recognises the additional barriers to coming forward for some groups. We continue to explore service developments to ensure our accessibility; we continue to utilise interpreters for assessments and counselling sessions for those whose first language isn't English and have a number of sessional counsellors who can offer face to face sessions in other languages. The age range of clients accessing the service is wide. 10% of those seeking support were under the age of 18 years. 22% were young adults between the ages of 18 and 25 years, 45% were 25-45 years and those over the age of 45 made up 32% of those that we worked with. 42% of those that accessed support in the year did so because of abuse experienced in childhood. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest child to be referred to us was 5 years old and the oldest adult was 77 years old.

Income Generation

In the period 1st April 2024 to 31 March 2025, Trust House Lancashire was supported by BBC Children in Need, The National Lottery; Reaching Communities Fund, Garfield Weston, The Henry Smith Foundation, The Clothworkers Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation.

The Charity has seen a decrease in our income this year with several multi-year grants coming to an end. We continue to apply for grants however the funding landscape is particularly challenging. Due to this and the decrease in income, in the latter part of the year more focus was put on alternative income generation through crowdfunding, fundraising events and training delivery to external organisations.

Trust House Lancashire is registered with the Fundraising Regulator and the Charity does not use professional fundraisers. THL has received no complaints about fundraising activity this year.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Service Delivery

Through 24-25 our services have continued to be delivered face-to-face and remotely via video call and telephone. Face to face delivery has continued to increase following the pandemic and at 31st March 2025 69% of our delivery was in person face to face with the rest remaining digital. We will continue our digital offer as and when our clients prefer to engage with us in this way. We continue to see a demand for our service and continue to operate based on client need with the flexibility to respond.

Staff

On 31st March 2025 we had 18 staff (10.9 FTE) in post.

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation, community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and sessional counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House Lancashire for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House Lancashire goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House Lancashire complete a formal recruitment process. They also complete a 10-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence and abuse with confidence.

Partnership Working

Trust House Lancashire is committed to partnership working and engages with a range of agencies in Lancashire both statutory and voluntary.

Financial review

Income for the year was £391,775 (2023-24 £581,988). Expenditure for the year was £509,844 (2023-24 £535,556).

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions are taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is between three and six months' normal expenditure, which equates to between £115,584 and £231,168. At 31 March 2025 there was an amount of £185,417 as free reserves.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

Plans for future periods

We have taken active steps to further diversify our income streams whilst attempting to secure additional grant funding. Alternative income generation remains a key focus for the coming financial year through training delivery, donations and fundraising events. We have also taken steps to reduce expenditure without affecting our front-line delivery.

The team at Trust House Lancashire will continue to be committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients.

Structure, governance and management

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

The trustees who served during the year and up to the date of signature of the financial statements were:

G. Coulston-Herrmann
S Jones
L Nicholson
P Dobson
L Goggin
D O'Byrne

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

The trustees' report was approved by the Board of Trustees.


.....
G. Coulston-Hermann

Chair of Trustees

Date: 10/9/25

TRUST HOUSE LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TRUST HOUSE LANCASHIRE

I report to the trustees on my examination of the financial statements of Trust House Lancashire (the charity) for the year ended 31 March 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

Independent examiner's statement

Since the charity's gross income exceeded £250,000, the independent examiner must be a member of a body listed in section 145 of the Charities Act 2011. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared the financial statements in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Rebecca Davies-Lees FCCA
Hall Livesey Brown

HLB House
68 High Street
Tarpoley
Cheshire
CW6 0AT

Dated: 22/9/25

TRUST HOUSE LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Donations and legacies	3	16,773	-	16,773	17,485	-	17,485
Charitable activities	4	14,250	360,752	375,002	64,379	500,124	564,503
Total income		31,023	360,752	391,775	81,864	500,124	581,988
Expenditure on:							
Charitable activities	5	64,984	444,858	509,842	61,914	473,652	535,566
Net (outgoing)/incoming resources before transfers		(33,961)	(84,106)	(118,067)	19,950	26,472	46,422
Gross transfers between funds		9	(9)	-	1,218	(1,218)	-
Net (expenditure)/income for the year/ Net movement in funds		(33,952)	(84,115)	(118,067)	21,168	25,254	46,422
Prior year adjustment		-	-	-	-	-	-
Fund balances at 1 April 2024		221,997	161,933	383,930	200,829	136,679	337,508
Fund balances at 31 March 2025		188,045	77,818	265,863	221,997	161,933	383,930

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TRUST HOUSE LANCASHIRE

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	11		460		575
Current assets					
Debtors	12	13,848		7,081	
Cash at bank and in hand		271,726		398,984	
		285,574		406,065	
Creditors: amounts falling due within one year	13	(20,171)		(22,710)	
Net current assets			265,403		383,355
Total assets less current liabilities			265,863		383,930
Income funds					
Restricted funds	15		77,818		161,933
<u>Unrestricted funds</u>					
Designated funds	16	2,628		23,550	
General unrestricted funds		185,417		198,447	
			188,045		221,997
			265,863		383,930

The financial statements were approved by the Trustees on 10/9/25


G. Coulston-Herrmann
Chair of Trustees

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

Charity information

Trust House Lancashire is a registered Charitable incorporated organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Reducing balance basis
Computers	33% Straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial Instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2025

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Donations and gifts	16,773	17,485

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	Grants	Training	Total 2025	Grants	Training	Total 2024
	2025	2025		2024	2024	
	£	£	£	£	£	£
Training	-	9,440	9,440	-	20,030	20,030
Grants	365,562	-	365,562	544,473	-	544,473
	<u>365,562</u>	<u>9,440</u>	<u>375,002</u>	<u>544,473</u>	<u>20,030</u>	<u>564,503</u>
Analysis by fund						
Unrestricted funds	4,810	9,440	14,250	44,349	20,030	64,379
Restricted funds	360,752	-	360,752	500,124	-	500,124
	<u>365,562</u>	<u>9,440</u>	<u>375,002</u>	<u>544,473</u>	<u>20,030</u>	<u>564,503</u>
Ministry of Justice	-	-	-	112,079	-	112,079
Lancashire Police and Crime Commissioner	193,899	-	193,899	176,192	-	176,192
LVS Counselling	4,810	-	4,810	4,181	-	4,181
Children in Need	40,000	-	40,000	40,000	-	40,000
Garfield Weston	-	-	-	25,000	-	25,000
National Lottery	62,503	-	62,503	58,948	-	58,948
Clothworkers	6,000	-	6,000	-	-	-
Henry Smith Foundation	58,350	-	58,350	56,650	-	56,650
Awards for All	-	-	-	19,976	-	19,976
Survivors Manchester	-	-	-	4,360	-	4,360
SFX Foundation	-	-	-	4,660	-	4,660
St James Place				3,148		3,148
LLoyds Bank Foundation of England and Wales				25,000		25,000
Male Rape Support				14,280		14,280
	<u>365,562</u>	<u>-</u>	<u>365,562</u>	<u>544,473</u>	<u>-</u>	<u>544,473</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

5 Charitable activities

	Charitable Expenditure 2025 £	Charitable Expenditure 2024 £
Staff costs	377,042	372,839
Depreciation and impairment	115	144
Repairs and renewals	12,968	21,492
Telephone	6,320	9,996
General running costs	18,713	19,906
Training and development	5,165	7,466
Volunteer costs	618	2,106
Travel expenses	2,699	4,420
Partnership costs	-	2,998
Supervision	5,844	5,496
Sessional costs	56,729	74,301
Sundries	-	526
Fundraising	420	1,112
Insurance	2,748	3,727
Computer costs	15,074	2,208
Stationery and office supplies	3,221	4,026
Marketing	-	121
Interest paid	-	142
	<u>507,676</u>	<u>532,884</u>
Share of governance costs (see note 6)	2,166	2,682
	<u>509,842</u>	<u>535,566</u>
Analysis by fund		
Unrestricted funds	64,984	61,914
Restricted funds	444,858	473,652
	<u>509,842</u>	<u>535,566</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

6 Support costs

	Support costs £	Governance costs £	2025 Support costs £	Governance costs £	2024 £
Independent exam fee	-	2,166	2,166	-	2,682
	-	2,166	2,166	-	2,682
Analysed between Charitable activities	-	2,166	2,166	-	2,682

Governance costs includes payments to the auditors of £1,200 (2024- £1,200) for audit fees.

7 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,166	2,682
Depreciation of owned tangible fixed assets	115	144

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
	18	17
Employment costs	2025 £	2024 £
Wages and salaries	348,826	345,411
Social security costs	18,037	16,948
Other pension costs	10,179	10,480
	377,042	372,839

There were no employees whose annual remuneration was more than £60,000.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2024	2,508	1,735	4,243
At 31 March 2025	2,508	1,735	4,243
Depreciation and impairment			
At 1 April 2024	1,933	1,735	3,668
Depreciation charged in the year	115	-	115
At 31 March 2025	2,048	1,735	3,783
Carrying amount			
At 31 March 2025	460	-	460
At 31 March 2024	575	-	575

12 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	13,848	-
Prepayments and accrued income	-	7,081
	13,848	7,081

13 Creditors: amounts falling due within one year

	2025 £	2024 £
Other taxation and social security	5,587	5,568
Trade creditors	748	866
Other creditors	2,227	1,919
Accruals and deferred income	11,609	14,357
	20,171	22,710

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

14 Retirement benefit schemes

	2025	2024
	£	£
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	10,179	10,480

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Awards for All	5,621	-	(5,620)	(1)	-
Awards for All (2)	19,975	-	(8,840)	-	11,135
Children in Need	6,951	40,000	(37,827)	-	9,124
National Lottery	40,528	62,503	(78,859)	-	24,172
LPCC	3,435	64,599	(68,034)	-	-
Clothworkers	-	6,000	(5,992)	(8)	-
Garfield Weston	31,950	-	(31,950)	-	-
Henry Smith Foundation	53,473	58,350	(78,436)	-	33,387
LPCC (2)	-	109,000	(109,000)	-	-
LPCC (3)	-	20,300	(20,300)	-	-
	161,933	360,752	(444,858)	(9)	77,818

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Ministry of Justice	9,544	112,078	(120,271)	(1,351)	-
Awards for All	5,620	19,976	-	-	25,596
Children in Need	4,765	40,000	(37,814)	-	6,951
National Lottery	36,525	58,948	(54,945)	-	40,528
Male Rape Support	225	14,280	(14,505)	-	-
LPCC	-	173,192	(169,890)	133	3,435
Garfield Weston	25,000	25,000	(18,050)	-	31,950
Henry Smith Foundation	55,000	56,650	(58,177)	-	53,473
	136,679	500,124	(473,652)	(1,218)	161,933

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Lloyds Foundation	20,402	-	(20,402)	-	-
St James Place	3,148	-	(520)	-	2,628
General funds	198,447	31,023	(44,062)	9	185,417
	<u>221,997</u>	<u>31,023</u>	<u>(64,984)</u>	<u>9</u>	<u>188,045</u>
Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Lloyds Foundation	27,275	25,000	(31,873)	-	20,402
St James Place	-	3,148	-	-	3,148
General funds	173,554	53,716	(30,041)	1,218	198,447
	<u>200,829</u>	<u>81,864</u>	<u>(61,914)</u>	<u>1,218</u>	<u>221,997</u>

17 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 March 2025:			
Tangible assets	460	-	460
Current assets/(liabilities)	187,585	77,818	265,403
	<u>188,045</u>	<u>77,818</u>	<u>265,863</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	575	-	575
Current assets/(liabilities)	221,422	161,933	383,355
	<u>221,997</u>	<u>161,933</u>	<u>383,930</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2025

18 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2025	2024
	£	£
Within one year	17,500	17,500
Between two and five years	18,250	35,750
	<u>35,750</u>	<u>53,250</u>

19 Related party transactions

A company, which a trustee is a director of, recharges expenditure for software of £219 (2024- £184).

Accounts

Charity registration number 1174925

TRUST HOUSE LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024

TRUST HOUSE LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	G. Coulston-Herrmann	
	S Jones	
	L Nicholson	
	P Dobson	
	L Goggin	
	D O'Byrne	(Appointed 17 October 2023)
Chief Executive Officer	Suzanne Bartlett	(Appointed 15 March 2024)
CIO number	1174925	
Principal address	8 Camden Place Preston Lancashire PR1 3JL	
Independent examiner	Hall Livesey Brown HLB House 68 High Street Tarporley Cheshire CW6 0AT	
Bankers	The Co-operative Bank 2nd Floor CIS Tower Manchester M60 0AL	

TRUST HOUSE LANCASHIRE

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 19

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

Introduction

Trust House Lancashire (THL) is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county of Lancashire to deliver a range of services to support survivors of any kind of sexual violence and sexual abuse to recover from their experience.

THL was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of THL. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our tenth year of service delivery.

THL delivers a range of specialist services including digital support services to individuals of any age and gender and their families and carers.

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Parent Peer Support Group
- Telephone Support
- On-line Self Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

THL is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognise the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognise human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House Lancashire has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Objectives and activities

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.
- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse, or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Achievements and performance

Performance

Trust House Lancashire received 1019 new referrals for support and has worked with 1141 individuals in the year to March 2024. Referrals are received from a range of agencies both statutory and voluntary and from individuals who self-refer.

Referrals through 2023-2024 have come from all 14 local authority districts of the county, and the highest number of referrals received are for/from individuals living in the boroughs of Preston, Blackpool and South Ribble with the least number of referrals coming from/for individuals living in the boroughs of East Lancashire and Leyland. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater presence in these districts. We have an established presence in our satellite spaces and continue to seek out new venues to widen our reach across the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 83% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 2%. These figures are consistent to the previous 2 years. Trust House Lancashire is committed to remaining responsive to all victims and survivors and recognises the additional barriers to coming forward for some groups. We continue to explore service developments to ensure our accessibility; we continue to utilise interpreters for assessments and counselling sessions for those whose first language isn't English and have a number of sessional counsellors who can offer face to face sessions in other languages. The age range of clients accessing the service is wide. 14% of those seeking support were under the age of 18 years. 22% were young adults between the ages of 18 and 25 years, 42% were 25-45 years and those over the age of 45 made up 22% of those that we worked with. 44% of those that accessed support in the year did so because of abuse experienced in childhood. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest child to be referred to us was 4 years old and the oldest adult was 77 years old.

Income Generation

In the period to 31 March 2024, Trust House Lancashire was supported by the Ministry of Justice, BBC Children in Need, The National Lottery; Reaching Communities Fund and Awards for All Fund, Garfield Weston, The Henry Smith Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation.

Our funding continues to be predominantly from grants that are targeted at supporting our service delivery and running costs. Our income has remained reasonably stable due to guaranteed funding however, going forward we need to continue to focus on diversification to enable long term stability and to avoid over reliance on any one grant provider.

In addition to generated grant income we received donations from several individuals and organisations through their individual or group fundraising efforts. We have generated income through training delivery to external organisations.

Trust House Lancashire is registered with the Fundraising Regulator and the Charity does not use professional fundraisers. THL has received no complaints about fundraising activity this year.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Service Delivery

Through 23-24 our services have been delivered face-to-face and remotely via video call and telephone. Face to face delivery has continued to increase following the pandemic and at 31st March 2024 61% of our delivery was in person face to face with the rest remaining digital, this is a significant increase on the last year which was 46% face to face delivery. We will continue our digital offer as and when our clients prefer to engage with us in this way. We continue to see a demand for our service and continue to operate based on client need with the flexibility to respond.

Staff

On 31st March 2024 we had 17 staff (10.8 FTE) in post.

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation, community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and sessional counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House Lancashire for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House Lancashire goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House Lancashire complete a formal recruitment process. They also complete a 10-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence and abuse with confidence.

Partnership Working

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire both statutory and voluntary.

Financial review

Income for the year was £581,988 (2022-23 £728,678). Expenditure for the year was £535,556

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is between three and six months' normal expenditure, which equates to between £128,214 and £256,428. At 31 March 2024 there was an amount of £198,447 as free reserves.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

Plans for future periods

Now into our tenth year of service delivery in Lancashire, Trust House Lancashire continues to see increasing demand for our services.

We are continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence and abuse for the long term. The overall funding landscape is a challenge for us as it is for many due to the current economic climate. However, we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards contracting, longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term.

The team at Trust House Lancashire will continue to be committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

Structure, governance and management

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees who served during the year and up to the date of signature of the financial statements were:

G. Coulston-Herrmann

S Jones

L Nicholson

P Dobson

L Goggin

D O'Byrne

(Appointed 17 October 2023)

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

The trustees' report was approved by the Board of Trustees.



.....
G. Coulston-Herrmann

Chair of Trustees

Date: 29/10/24

TRUST HOUSE LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TRUST HOUSE LANCASHIRE

I report to the trustees on my examination of the financial statements of Trust House Lancashire (the charity) for the year ended 31 March 2024.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Rebecca Ellams FCCA
Hall Livesey Brown

HLB House
68 High Street
Tarpoley
Cheshire
CW6 0AT

Dated: 10th December 2024

TRUST HOUSE LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total Unrestricted funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Donations and legacies	3	17,485	-	17,485	39,795	-	39,795
Charitable activities	4	64,379	500,124	564,503	57,000	631,883	688,883
Total income		81,864	500,124	581,988	96,795	631,883	728,678
Expenditure on:							
Charitable activities	5	61,914	473,652	535,566	27,759	516,614	544,373
Net incoming resources before transfers		19,950	26,472	46,422	69,036	115,269	184,305
Gross transfers between funds		1,218	(1,218)	-	-	-	-
Net income for the year/ Net movement in funds		21,168	25,254	46,422	69,036	115,269	184,305
Prior year adjustment		-	-	-	-	-	-
Fund balances at 1 April 2023		200,829	136,679	337,508	131,793	21,410	153,203
Fund balances at 31 March 2024		221,997	161,933	383,930	200,829	136,679	337,508

The statement of financial activities includes all gains and losses recognised in the year.

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TRUST HOUSE LANCASHIRE

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	11		575		720
Current assets					
Debtors	12	7,081		26,829	
Cash at bank and in hand		398,984		338,940	
		406,065		365,769	
Creditors: amounts falling due within one year	13	(22,710)		(28,981)	
Net current assets			383,355		336,788
Total assets less current liabilities			383,930		337,508
Income funds					
Restricted funds	15		161,933		136,679
<u>Unrestricted funds</u>					
Designated funds	16	23,550		27,275	
General unrestricted funds		198,447		173,554	
			221,997		200,829
			383,930		337,508

The financial statements were approved by the Trustees on 29/10/24


G. Coulston-Herrmann
Chair of Trustees

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

Charity information

Trust House Lancashire is a registered Charitable incorporated organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Reducing balance basis
Computers	33% Straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Donations and gifts	17,485	39,795

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Grants	Training	Total	Grants	Training	Total
	2024	2024	2024	2023	2023	2023
	£	£	£	£	£	£
Training	-	20,030	20,030	-	15,827	15,827
Grants	544,473	-	544,473	673,056	-	673,056
	<u>544,473</u>	<u>20,030</u>	<u>564,503</u>	<u>673,056</u>	<u>15,827</u>	<u>688,883</u>
Analysis by fund						
Unrestricted funds	44,349	20,030	64,379	41,173	15,827	57,000
Restricted funds	500,124	-	500,124	631,883	-	631,883
	<u>544,473</u>	<u>20,030</u>	<u>564,503</u>	<u>673,056</u>	<u>15,827</u>	<u>688,883</u>
Ministry of Justice	112,079	-	112,079	336,236	-	336,236
Lancashire Police and Crime Commissioner	176,192	-	176,192	48,144	-	48,144
Children in Need	40,000	-	40,000	54,019	-	54,019
Garfield Weston	25,000	-	25,000	25,000	-	25,000
National Lottery	58,948	-	58,948	58,645	-	58,645
LLoyds Bank Foundation of England and Wales	25,000	-	25,000	27,250	-	27,250
Male Rape Support	14,280	-	14,280	42,839	-	42,839
Henry Smith Foundation	56,650	-	56,650	55,000	-	55,000
Arnold Clark	-	-	-	1,000	-	1,000
Awards for All	19,976	-	19,976	10,000	-	10,000
Persimmon	-	-	-	1,000	-	1,000
LVS Spot	4,181	-	4,181	3,737	-	3,737
Survivors Manchester	4,360	-	4,360	10,186	-	10,186
SFX Foundation	4,660	-	4,660	-	-	-
St James Place	3,148	-	3,148	-	-	-
	<u>544,473</u>	<u>-</u>	<u>544,473</u>	<u>673,056</u>	<u>-</u>	<u>673,056</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

5 Charitable activities

	Charitable Expenditure 2024 £	Charitable Expenditure 2023 £
Staff costs	372,839	355,595
Depreciation and impairment	144	180
Repairs and renewals	21,492	13,724
Telephone	9,996	10,980
General running costs	19,906	17,444
Training and development	7,466	10,883
Volunteer costs	2,106	1,927
Travel expenses	4,420	4,202
Partnership costs	2,998	9,262
Supervision	5,496	4,203
Sessional costs	74,301	86,745
Sundries	526	799
Fundraising	1,112	11,370
Insurance	3,727	2,965
Computer costs	2,208	2,595
Stationery and office supplies	4,026	2,737
Marketing	121	155
Interest paid	-	142
	<u>532,884</u>	<u>541,526</u>
Share of governance costs (see note 6)	2,682	2,847
	<u>535,566</u>	<u>544,373</u>
Analysis by fund		
Unrestricted funds	61,914	27,759
Restricted funds	473,652	516,614
	<u>535,566</u>	<u>544,373</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

6 Support costs

	Support costs £	Governance costs £	2024 Support costs £	Governance costs £	2023 £
Independent exam fee	-	2,682	2,682	-	2,847
	-	2,682	2,682	-	2,847
Analysed between Charitable activities	-	2,682	2,682	-	2,847

Governance costs includes payments to the auditors of £1,200 (2023- £1,200) for audit fees.

7 Net movement in funds

	2024 £	2023 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the independent examination of the charity's financial statements	2,682	2,847
Depreciation of owned tangible fixed assets	144	180

8 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

9 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
	17	17
Employment costs	2024 £	2023 £
Wages and salaries	345,411	326,403
Social security costs	16,948	19,193
Other pension costs	10,480	9,999
	372,839	355,595

There were no employees whose annual remuneration was more than £60,000.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2024

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2023	2,508	1,735	4,243
At 31 March 2024	2,508	1,735	4,243
Depreciation and impairment			
At 1 April 2023	1,789	1,735	3,524
Depreciation charged in the year	144	-	144
At 31 March 2024	1,933	1,735	3,668
Carrying amount			
At 31 March 2024	575	-	575
At 31 March 2023	719	1	720

12 Debtors

	2024 £	2023 £
Amounts falling due within one year:		
Trade debtors	-	2,993
Prepayments and accrued income	7,081	23,836
	7,081	26,829

13 Creditors: amounts falling due within one year

	2024 £	2023 £
Other taxation and social security	5,568	5,701
Trade creditors	866	8,876
Other creditors	1,919	2,137
Accruals and deferred income	14,357	12,267
	22,710	28,981

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

14 Retirement benefit schemes

	2024 £	2023 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	10,480	9,999

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Ministry of Justice	9,544	112,078	(120,271)	(1,351)	-
Awards for All	5,620	19,976	-	-	25,596
Children in Need	4,765	40,000	(37,814)	-	6,951
National Lottery	36,525	58,948	(54,945)	-	40,528
Male Rape Support	225	14,280	(14,505)	-	-
LPCC	-	173,192	(169,890)	133	3,435
Garfield Weston	25,000	25,000	(18,050)	-	31,950
Henry Smith Foundation	55,000	56,650	(58,177)	-	53,473
	<u>136,679</u>	<u>500,124</u>	<u>(473,652)</u>	<u>(1,218)</u>	<u>161,933</u>

Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Ministry of Justice	6,597	336,236	(333,289)	-	9,544
Awards for All	-	10,000	(4,380)	-	5,620
Children in Need	162	54,019	(49,416)	-	4,765
National Lottery	13,965	58,645	(36,085)	-	36,525
Lancashire Community Foundation	686	-	(686)	-	-
Male Rape Support	-	42,839	(42,614)	-	225
LPCC	-	48,144	(48,144)	-	-
Arnold Clark	-	1,000	(1,000)	-	-
Persimmon	-	1,000	(1,000)	-	-
Garfield Weston	-	25,000	-	-	25,000
Henry Smith Foundation	-	55,000	-	-	55,000
	<u>21,410</u>	<u>631,883</u>	<u>(516,614)</u>	<u>-</u>	<u>136,679</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Lloyds Foundation	27,275	25,000	(31,873)	-	20,402
St James Place	-	3,148	-	-	3,148
General funds	173,554	53,716	(30,041)	1,218	198,447
	<u>200,829</u>	<u>81,864</u>	<u>(61,914)</u>	<u>1,218</u>	<u>221,997</u>
Previous year:	At 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2023 £
Lloyds Foundation	-	27,275	-	-	27,275
General funds	131,793	69,520	(27,759)	-	173,554
	<u>131,793</u>	<u>96,795</u>	<u>(27,759)</u>	<u>-</u>	<u>200,829</u>

17 Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	575	-	575
Current assets/(liabilities)	221,422	161,933	383,355
	<u>221,997</u>	<u>161,933</u>	<u>383,930</u>
	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
At 31 March 2023:			
Tangible assets	720	-	720
Current assets/(liabilities)	200,109	136,679	336,788
	<u>200,829</u>	<u>136,679</u>	<u>337,508</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2024

18 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2024 £	2023 £
Within one year	17,500	15,000
Between two and five years	35,750	7,500
	<u>53,250</u>	<u>22,500</u>

Lessor

19 Related party transactions

During the year a Trustee's company provided services totalling £2,338 to Trust House Lancashire (2023 - £2,558). The services were provided at cost covering the cleaning company's overheads. A company, which a trustee is a director of, recharges expenditure for software of £184 (2023 - £184).

Accounts

Charity registration number 1174925

TRUST HOUSE LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

TRUST HOUSE LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	G. Coulston-Herrmann S Jones L Nicholson P Dobson L Goggin (Appointed 24 October 2022)
Interim Chief Executive Officers	Suzanne Bartlett and Vikki Rawlinson (Appointed 14 March 2023)
CIO number	1174925
Principal address	8 Camden Place Preston Lancashire PR1 3JL
Independent examiner	Hall Livesey Brown HLB House 68 High Street Tarporley Cheshire CW6 0AT
Bankers	The Co-operative Bank 2nd Floor CIS Tower Manchester M60 0AL

TRUST HOUSE LANCASHIRE

CONTENTS

	Page
Trustees' report	1 - 6
Independent examiner's report	7
Statement of financial activities	8
Balance sheet	9
Notes to the financial statements	10 - 18

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their annual report and financial statements for the year ended 31 March 2023.

Introduction

Trust House Lancashire (THL) is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county of Lancashire to deliver a range of services to support survivors of any kind of sexual violence and sexual abuse to recover from their experience.

THL was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of THL. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our ninth year of service delivery.

THL delivers a range of specialist services including digital support services to individuals of any age and gender and their families and carers.

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Parent Peer Support Group
- Telephone Support
- On-line Self Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

THL is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognise the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognise human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House Lancashire has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's [governing document], the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Objectives and activities

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.
- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse, or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Achievements and performance

Performance

Trust House Lancashire received 985 new referrals for support and has worked with 1082 individuals in the year to March 2023. Referrals are received from a range of agencies both statutory and voluntary and from individuals who self-refer.

Referrals through 2022-2023 have come from all 14 local authority districts of the county, and the highest number of referrals received are for/from individuals living in the boroughs of Preston, Blackpool, South Ribble and Chorley with the least number of referrals coming from/for individuals living in the boroughs of Rossendale, Ribble Valley and Pendle. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater presence in these districts. We have an established presence in our satellite spaces and continue to seek out new venues to widen our reach across the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 83% of our clients referred are female, and 14% are male with the remaining clients being transgender, non-binary or another gender identity 2%. These figures are consistent to the previous 2 years. A high percentage of our clients stated their ethnicity as White British. Trust House Lancashire is committed to remaining responsive to all victims and survivors and recognises the additional barriers to coming forward for some groups. We have been exploring service developments to ensure our accessibility to those whose first language isn't English and now have several sessional counsellors who are able to provide counselling in another language as well as utilising interpreters for assessments and for counselling sessions. The age range of clients accessing the service is wide. 22% of those seeking support were under the age of 18 years. 23% were young adults between the ages of 18 and 25 years, 37% were 25-45 years and those over the age of 45 made up 18% of those that we worked with. 43% of those that accessed support in the year did so because of abuse experienced in childhood. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest child to be referred to us was 4 years old and the oldest adult was 72 years old.

Funding

In the period to 31 March 2023, Trust House Lancashire was supported by the Ministry of Justice, BBC Children in Need, The National Lottery; Reaching Communities Fund and Awards for All Fund, Garfield Weston, The Henry Smith Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation.

Our funding continues to be predominantly from grants that are targeted at supporting our service delivery and running costs. Our income has remained stable and we have had some fundraising success enabling us to raise some unrestricted funds. However, going forward we need to continue to focus on diversification to enable long term stability and to avoid over reliance on any one grant provider.

In addition to generated grant income we received donations from several individuals and organisations through their individual or group fundraising efforts. We have held several fundraising events, including a Spring Ball, and we have generated income through training delivery to external organisations.

Trust House Lancashire is registered with the Fundraising Regulator and the Charity does not use professional fundraisers. THL has received no complaints about fundraising activity this year.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Service Delivery

Through 22-23 our services have been delivered face-to-face and remotely via video call and telephone. Face to face delivery has continued to increase following the pandemic and at 31st March 2023 46% of our delivery was in person face to face with the rest remaining digital. We will continue our digital offer as and when our clients prefer to engage with us in this way. We continue to see a demand for our service and continue to operate based on client need with the flexibility to respond.

Staff

On 31st March 2023 we had 17 staff (12.6 FTE) in post.

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation, community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and sessional counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House Lancashire for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House Lancashire goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House Lancashire complete a formal recruitment process. They also complete a 10-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence and abuse with confidence.

We have continued to recruit, train and induct new volunteers, sessional workers and students throughout lockdown and will continue to expand their contribution to our delivery and ensuring that supporting our work is a positive experience for everyone.

Partnership Working

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire both statutory and voluntary.

Financial review

Income for the year was £728,678 (2021-22 £555,159). Expenditure for the year was £544,373 (2021-22 £590,757)

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is between three and six months' normal expenditure, which equates to between £147,330 and £294,661. At 31 March 2023 there was an amount of £173,554 as free reserves.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

Plans for future periods

Now into our ninth year of service delivery in Lancashire, Trust House Lancashire continues to see increasing demand for our services.

We are continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence and abuse for the long term. The overall funding landscape is a challenge for us as it is for many due to the current economic climate. However, we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards contracting, longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term.

The team at Trust House Lancashire will continue to be committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

Structure, governance and management

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

The trustees who served during the year and up to the date of signature of the financial statements were:

G. Coulston-Herrmann

S Jones

L Nicholson

P Dobson

S Plunkett

(Appointed 18 July 2022 and resigned 9 October 2022)

P Richardson

(Appointed 16 May 2022 and resigned 31 March 2023)

M Walmsley

(Resigned 24 October 2022)

L Goggin

(Appointed 24 October 2022)

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

The trustees' report was approved by the Board of Trustees.



G. Coulston-Herrmann

Chair of Trustees

Date: 21/2/23

TRUST HOUSE LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TRUST HOUSE LANCASHIRE

I report to the trustees on my examination of the financial statements of Trust House Lancashire (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Rebecca Ellams FCCA
Hall Livesey Brown

HLB House
68 High Street
Tarpoley
Cheshire
CW6 0AT

Dated: 21.12.23

TRUST HOUSE LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total Unrestricted funds 2023 £	Restricted funds 2022 £	Total 2022 £
Income from:						
Donations and legacies	3	39,795	-	39,795	7,591	7,591
Charitable activities	4	57,000	631,883	688,883	94,908	547,568
Total income		<u>96,795</u>	<u>631,883</u>	<u>728,678</u>	<u>102,499</u>	<u>555,159</u>
Expenditure on:						
Charitable activities	5	<u>27,759</u>	<u>516,614</u>	<u>544,373</u>	<u>121,206</u>	<u>590,757</u>
Gross transfers between funds		-	-	-	1,029	(1,029)
Net income/(expenditure) for the year/						
Net movement in funds		69,036	115,269	184,305	(17,678)	(35,598)
Prior year adjustment		-	-	-	-	-
Fund balances at 1 April 2022		<u>131,793</u>	<u>21,410</u>	<u>153,203</u>	<u>39,330</u>	<u>188,801</u>
Fund balances at 31 March 2023		<u><u>200,829</u></u>	<u><u>136,679</u></u>	<u><u>337,508</u></u>	<u><u>21,410</u></u>	<u><u>153,203</u></u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Fixed assets					
Tangible assets	10		720		899
Current assets					
Debtors	11	26,829		19,584	
Cash at bank and in hand		338,940		158,155	
		<u>365,769</u>		<u>177,739</u>	
Creditors: amounts falling due within one year	12	<u>(28,981)</u>		<u>(25,435)</u>	
Net current assets			336,788		152,304
Total assets less current liabilities			<u>337,508</u>		<u>153,203</u>
Income funds					
Restricted funds	13		136,679		21,410
<u>Unrestricted funds</u>					
Designated funds	14	27,275		-	
General unrestricted funds		<u>173,554</u>		<u>131,793</u>	
			200,829		131,793
			<u>337,508</u>		<u>153,203</u>

The financial statements were approved by the Trustees on 21/12/23



G. Coulston-Herrmann
Chair of Trustees

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

Charity information

Trust House Lancashire is a registered Charitable incorporated organisation.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Reducing balance basis
Computers	33% Straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds
	2023	2022
	£	£
Donations and gifts	39,795	7,591

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Grants	Training	Total	Grants	Training	Total
	2023	2023	2023	2022	2022	2022
	£	£	£	£	£	£
Training	-	15,827	15,827	-	17,577	17,577
Grants	673,056	-	673,056	529,991	-	529,991
	<u>673,056</u>	<u>15,827</u>	<u>688,883</u>	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>
Analysis by fund						
Unrestricted funds	41,173	15,827	57,000	77,331	17,577	94,908
Restricted funds	631,883	-	631,883	452,660	-	452,660
	<u>673,056</u>	<u>15,827</u>	<u>688,883</u>	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>
Ministry of Justice	336,236	-	336,236	274,442	-	274,442
Lancashire Police and Crime Commissioner	48,144	-	48,144	33,212	-	33,212
LVS Counselling	-	-	-	77,331	-	77,331
Children in Need	54,019	-	54,019	53,077	-	53,077
Garfield Weston	25,000	-	25,000	-	-	-
National Lottery	58,645	-	58,645	49,089	-	49,089
LLoyds Bank Foundation of England and Wales	27,250	-	27,250	-	-	-
Male Rape Support	42,839	-	42,839	42,840	-	42,840
Henry Smith Foundation	55,000	-	55,000	-	-	-
Arnold Clark	1,000	-	1,000	-	-	-
Awards for All	10,000	-	10,000	-	-	-
Persimmon	1,000	-	1,000	-	-	-
LVS Spot	3,737	-	3,737	-	-	-
Survivors Manchester	10,186	-	10,186	-	-	-
	<u>673,056</u>	<u>-</u>	<u>673,056</u>	<u>529,991</u>	<u>-</u>	<u>529,991</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

5 Charitable activities

	Charitable Expenditure 2023 £	Charitable Expenditure 2022 £
Staff costs	355,595	423,759
Depreciation and impairment	180	803
Repairs and renewals	13,724	10,196
Telephone	10,980	8,372
General running costs	17,444	24,425
Training and development	10,883	3,194
Volunteer costs	1,927	1,517
Travel expenses	4,202	1,685
Partnership costs	9,262	25,117
Supervision	4,203	4,777
Sessional costs	86,745	72,383
Sundries	799	53
Fundraising	11,370	1,036
Insurance	2,965	1,040
Computer costs	2,595	4,609
Stationery and office supplies	2,737	4,523
Marketing	155	133
IT Development	5,760	-
Interest paid	-	142
	<u>541,526</u>	<u>587,764</u>
Share of governance costs (see note 6)	2,847	2,993
	<u>544,373</u>	<u>590,757</u>
Analysis by fund		
Unrestricted funds	27,759	121,206
Restricted funds	516,614	469,551
	<u>544,373</u>	<u>590,757</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

6 Support costs

	Support costs £	Governance costs £	2023 Support costs £	Governance costs £	2022 £
Independent exam fee	-	2,847	2,847	-	2,993
	-	2,847	2,847	-	2,993
Analysed between Charitable activities	-	2,847	2,847	-	2,993

Governance costs includes payments to the auditors of £1,200 (2022- £1,200) for audit fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
	17	18
Employment costs	2023 £	2022 £
Wages and salaries	326,403	382,420
Social security costs	19,193	28,773
Other pension costs	9,999	12,566
	355,595	423,759

There were no employees whose annual remuneration was more than £60,000.

9 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

10 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2022	2,508	1,735	4,243
At 31 March 2023	2,508	1,735	4,243
Depreciation and impairment			
At 1 April 2022	1,609	1,734	3,343
Depreciation charged in the year	180	-	180
At 31 March 2023	1,789	1,734	3,523
Carrying amount			
At 31 March 2023	719	1	720
At 31 March 2022	899	-	899

11 Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Trade debtors	2,993	12,015
Prepayments and accrued income	23,836	7,569
	26,829	19,584

12 Creditors: amounts falling due within one year

	2023 £	2022 £
Other taxation and social security	5,701	8,279
Trade creditors	8,876	12,001
Other creditors	2,137	2,641
Accruals and deferred income	12,267	2,514
	28,981	25,435

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2023

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2021 £	Movement in funds			Transfers	Balance at 1 April 2022 £	Movement in funds			Balance at 31 March 2023 £
		Incoming resources	Resources expended	£	£		Incoming resources	Resources expended	£	
Ministry of Justice	3,858	274,442	(271,703)	-	-	6,597	336,236	(333,289)	-	9,544
Awards for All	2,573	-	(2,643)	70	-	-	10,000	(4,380)	-	5,620
Lancashire CC	277	-	(277)	-	-	-	-	-	-	-
CYP Therapy	98	-	(98)	-	-	-	-	-	-	-
Children in Need	-	53,077	(52,915)	-	-	162	54,019	(49,416)	-	4,765
One Life to Live	310	-	(310)	-	-	-	-	-	-	-
Maria Holland and St Joseph's Trust	2,144	-	(2,144)	-	-	-	-	-	-	-
National Lottery	13,176	49,089	(48,300)	-	-	13,965	58,645	(36,085)	-	36,525
Lancashire Community Foundation	9,622	-	(8,936)	-	-	686	-	(686)	-	-
Police and Crime Commissioner	6,173	-	(6,173)	-	-	-	-	-	-	-
Other donations	1,099	-	-	-	(1,099)	-	-	-	-	-
Male Rape Support	-	42,840	(42,840)	-	-	-	42,839	(42,614)	-	225
LPCC	-	33,212	(33,212)	-	-	-	48,144	(48,144)	-	-
Arnold Clark	-	-	-	-	-	-	1,000	(1,000)	-	-
Persimmon	-	-	-	-	-	-	1,000	(1,000)	-	-
Garfield Weston	-	-	-	-	-	-	25,000	-	-	25,000
Henry Smith Foundation	-	-	-	-	-	-	55,000	-	-	55,000
	39,330	452,660	(469,551)	(1,029)		21,410	631,883	(516,614)		136,679

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

14 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Movement in funds		Movement in funds	
	Incoming resources £	Balance at 1 April 2022 £	Incoming resources £	Balance at 31 March 2023 £
Lloyds Foundation	-	-	27,275	27,275
	-	-	27,275	27,275

15 Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Fund balances at 31 March 2023 are represented by:						
Tangible assets	720	-	720	899	-	899
Current assets/(liabilities)	200,109	136,679	336,788	130,894	21,410	152,304
	200,829	136,679	337,508	131,793	21,410	153,203

16 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2023 £	2022 £
Within one year	15,000	15,000
Between two and five years	7,500	22,500
	22,500	37,500

17 Related party transactions

During the year a Trustee's company provided services totalling £2,558 to Trust House Lancashire (2022 - £1,626). The services were provided at cost covering the cleaning company's overheads.

Accounts

TRUST HOUSE LANCASHIRE
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

TRUST HOUSE LANCASHIRE

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees

G Coulston-Herrmann

S Jones

L Nicholson

P Dobson

S Plunkett

P Richardson

M Walmsley

(Appointed 10 June 2021)

(Appointed 18 July 2022)

(Appointed 16 May 2022)

(Appointed 20 October
2021)

Chief Executive Officer

Catherine Smith

CIO number

1174925

Principal address

8 Camden Place

Preston

Lancashire

PR1 3JL

Independent examiner

Hall Livesey Brown

HLB House

68 High Street

Tarporley

Cheshire

CW6 0AT

Bankers

The Co-operative Bank

2nd Floor

CIS Tower

Manchester

M60 0AL

TRUST HOUSE LANCASHIRE

CONTENTS

	Page
Trustees' report	1 - 9
Independent examiner's report	10
Statement of financial activities	11
Balance sheet	12
Notes to the financial statements	13 - 21

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2022

The trustees present their annual report and financial statements for the year ended 31 March 2022.

Introduction

Trust House Lancashire is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county to deliver a range of services to support survivors of any kind of sexual violence to recover from their experience of abuse.

Trust House was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of Trust House. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our eighth year of service delivery.

Trust House delivers a range of specialist services including digital support services to individuals of any age and gender and their families and carers.

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Wellbeing Support
- Parent Peer Support Group
- Telephone Support
- On-line Self Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

Trust House is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognize the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognize human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Objectives and activities

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.
- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse, or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Achievements and performance

Performance

Trust House Lancashire received 1104 new referrals for support and has worked with 1161 individuals in the year to March 2022. Referrals are received from a range of sources; health, criminal justice, Local authorities self and family referrals as well as other voluntary sector providers. The greatest proportion of referrals came from the criminal justice system 38%.

Referrals through 2021-22 have come from all 14 local authority districts of the county, and the highest number of referrals received are for/from individuals living in the boroughs of Preston 193, Blackpool 151, South Ribble 134, and Chorley 110 with the least number of referrals coming from/for individuals living in the boroughs of Rossendale 30, Ribble Valley 26 and Pendle 27. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater presence in these districts. Over the last 2 years we've had limited opportunity to increase our physical presence in other boroughs however as we've emerged from lockdown in the last quarter of the year have re-established satellite space in Chorley, Blackpool and Skelmersdale. Additionally, our move to digital delivery because of the pandemic has led to us being more accessible in all areas of the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 84% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 1%. These figures are consistent to the previous 2 years. 88% of our clients who stated their ethnicity were White British with 12% being non-white British. Trust House is committed to remaining responsive to all victims and survivors and recognizes the additional barriers to coming forward for some groups. We have been exploring service developments to ensure our accessibility to those whose first language isn't English and now have several sessional counsellors who are able to provide counselling in another language as well as utilising interpreters for assessments and for counselling sessions. The age range of clients accessing the service is wide. 17% of those seeking support were under the age of 18 years. 23% were young adults between the ages of 18 and 24 years, 40% were 25-44 years and those over the age of 45 made up 20% of those that we worked with. 49% of those that accessed support in the year did so because of abuse experienced in childhood. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest child to be referred to us was 4 years old and the oldest adult was 78 years old.

Funding

In the period to 31 March 2022, Trust House Lancashire was supported by the Ministry of Justice including through additional continued funding to support our response to the pandemic, BBC Children in Need, The National Lottery, Reaching Communities Fund, The Weston Foundation, The Lancashire Community Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation. We continued to be contracted to deliver the Lancashire Victims Services contract administered by Victim Support, to deliver specialist sexual violence counselling to victims going through the criminal justice process. In addition, we received donations from several individuals and organisations through their individual or group fundraising efforts and we generated income through training delivery to external organisations.

Our income has been affected by the pandemic situation over the last 12 months. We received a number of grants that have been targeted at supporting our delivery and sustainability through the pandemic including from the Police and Crime Commissioners Office, the Ministry of Justice and Lloyds Bank Foundation and as a result our overall income was greater than expected for the year. At the beginning of the year we were hoping to diversify our income streams generating more income through fundraising, training delivery and contract income to reduce our dependency on grant funding. We successfully generated income from our training delivery which was adapted for delivery both on and offline and we hope to grow this area of our work going forward. We continued to be unable to run key fundraising events in the year which would have enabled some significant income to be generated and because recruitment of a fundraising officer has been very difficult, we haven't managed to transition to digital fundraising as effectively as we would have liked to have been able to, and this continues to be an area of development.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Whilst overall our funding remained stable in the year it remains important going forward to continue to focus on diversification of this to enable long-term sustainability, as grant income could be much more restricted in post pandemic years and generating unrestricted free reserves is a priority.

Service Delivery

Since March 23rd, 2020, and through 21-22 our services have been delivered remotely via zoom and telephone with face-to-face delivery increasing as we've moved out of lockdown. At the 31st of March 2022 46% of our delivery was in person face to face with the rest remaining digital. We expect the level of face to face in person working to increase over the next 12 months though we anticipate that we will continue our digital offer as and when our clients prefer to engage with us in this way. Demand on the service has increased by 48% in the last 12 months and in response to this we've increased our capacity and restructured the team in order to be able to respond effectively employing counsellors alongside our sessional, volunteer and student counsellors for the first time. We have three managers now in post, appointed in the year working with the CEO to enhance and support organisational growth, management and development of services.

Adult Counselling Service

Sexual assault counselling at Trust House is based on a person-centred practice and empowerment model, and is offered on a short, medium or long-term basis dependent on identified need and complexity. Short term is 8-10 weeks, medium term 18 weeks and long term 26 weeks. In the year 2020-2022 the average length of time that an adult client was in service was 24 and the maximum time was 70 weeks. Clients that required a greater number of sessions and who require much longer-term therapy due to mental health were kept focused in therapy working towards goals. Any client needing longer term therapy would have been referred into mental health services to aid their recovery with a more practical and/or psychological service appropriate to their need. Clients' progression towards their therapeutic goals is reviewed regularly with the client. The needs of the client are paramount. Clinical supervision with counsellors' supports case management and agreement is reached about whether the client's therapeutic goals have been achieved, and whether the counselling can reach a planned ending, referral to alternative services to meet additional goals or whether further sessions are required.

Children and Young People's Therapy

Trust House have been delivering counselling and play therapy with children and young people from aged 4 since September 2015 from our centre in Preston, and satellite space around the county. The use of non-directive play, creative arts and child-centred counselling offer a positive way forward to prevent longer term emotional, social and behavioural difficulties as the child moves through developmental stages and into adolescence. In the year 2020-2022 the average length of time that children and young people were in therapy for was 18 weeks, and the maximum time was 63 weeks. During COVID lockdown Google Play was introduced to enable us to effectively deliver play therapy digitally for younger children, much of our older young people's work continued digitally utilising zoom or the telephone dependent on the young person's preference. All of our young children's work has now returned to face to face with some of our older children, teenagers continuing to work with us digitally.

Pre-trial Therapy

The criminal justice process can be extremely challenging for victims and survivors of sexual violence and there are occasions when additional emotional support as well as the practical help of an Independent Sexual Violence Advisor is necessary to support individual's resilience and ability to cope through this very stressful process. Therapeutic and counselling support delivered whilst there is a criminal investigation taking place is called pre-trial therapy. Pre-trial therapy is usually short-term support and is aimed at improving self-esteem and confidence and focusses on the treatment of the psychological problems that an individual is experiencing at the present time. It does not involve going over the incident itself, and effective contracting with the client pro-actively avoids undermining criminal justice processes.

Counselling and Support to Partners, Parents, Siblings

Referrals for counselling, and support for partners, parents and siblings are received from clients themselves, from external partners and from internal referrals, where a needs assessment or their work with an individual has identified further needs within the family. Family members might be experiencing vicarious trauma or having difficulties in coping with and/or supporting a loved one who is suffering from trauma responses.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Parents can feel excluded from many of the processes their child is involved in for example and may struggle to find specialist support. It's really important for family members to understand legal boundaries in relation to the offence against their loved one, and also to be empowered to support their loved one effectively whilst managing their own care. Trust House balances these issues effectively and provides support through counselling, specialist family support, and our Parent Peer Support Group.

Training Delivery

We've been delivering a comprehensive package of training to staff and volunteers of Trust House since 2013 and have been working through a process of developing our training offer to enable us to increase the capacity of other professionals and organisations in Lancashire that are working with victims and survivors of sexual violence to do so much more effectively and with confidence. This element of our delivery has grown somewhat over the last 12 months despite continued COVID restrictions. We're able to offer a hybrid model of delivery working via Zoom and in person training and have developed a webinar training offer. Our courses are bespoke for organisations. This work will enable us to generate earned income and support the diversification of our income stream in the coming year.

Specialist Family Support

We recognise the needs of family members where child sexual abuse has been an issue and the subsequent ripple effect within the family. We strongly believe that to support children effectively it is vital to support the wider family for more effective and better longer-term outcomes. In January 2018 we delivered a pilot project working with a small number of families across 3 boroughs where child sexual abuse had been an issue. Working closely with Children's Social Care to identify appropriate referrals we were able to provide a coordinated and seamless response to the family's needs. The learning from this has helped to shape further funding approaches for this kind of work and from September 2019 BBC Children in Need have funded us to deliver Specialist Family Support for 3 years. This work enables us to work with families where a child in the family has been subjected to sexual abuse, to enable the child's and family's recovery and has continued successfully throughout covid and in recent months returned to a face to face model and enabling the development of further groups e.g. a Dad's Group.

Parent Peer Support Group

The Parent Peer Support Group was established following feed-back from parents that this is something that would be useful for them. It is run for parents of the children we work with, and facilitated by our Specialist Family Support Workers. The number of parents in attendance varies from session to session, between 3 and 7. Parents often want very practical advice from other parents on how to support their children and families to move forward effectively as they go through the recovery process, so that their child's and family's recovery is sustained long-term. They want to learn and understand how other parents have addressed issues. The support is informal and focusses on parent / carer self-care, and practical ways to support their children. Peer support occurs organically from this process.

Wellbeing Service

The Wellbeing Project was introduced in the latter stages of 20-21 and has been evolving over the last 12 months. Counselling and therapy are not a good fit for all adults seeking our support, and some people benefit from a much more practical approach to their recovery. In counselling we find that there is a need for psycho-educational interventions in order for individuals to understand why they feel like they do, why they responded as they did to trauma situations, whether in childhood or adulthood. Being able to understand the body's instinctive responses to the danger they were in, is often the beginning of them taking back control of their recovery. The Wellbeing Service provides this and also equips individuals with the skills and tools to cope with the here and now of their trauma. These tools are takeaway tools that individuals can embed into their everyday lives empowering them to take back control. This is the core of our work in the wellbeing service. Some of the individuals that come to us for support have problems that they may be struggling to cope with alongside their trauma such as housing, debt, substance misuse, health issues etc. Our holistic approach to assessment will identify these needs and we will ensure with their consent clients are signposted or referred to other specialist services that can support them effectively.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Staff

The Team at Trust House has grown over the last 12 months. Despite lockdown, and challenges in retention and recruitment we ended the year very in a very similar position to the previous year. On 31st March 2022 we had 18 staff (14.4 FTE) in post. It's a tremendous credit to the team at Trust House that this growth has occurred and been maintained under some of the most trying circumstances including; challenges in recruiting the right people, interviewing and inducting during a national lockdown period, and ensuring the team stays connected as new people start and bed in whilst managing feelings of isolation and new challenges in communication and learning from each other due to remote working.

This has been a challenge for all. The team are dedicated and passionate in their work and a key focus in the coming year will be to ensure effective communication and improved wellbeing and care to staff and Trust House as a safe, supported, and excellent place to work.

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and sessional counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House complete a formal recruitment process. They also complete an 8-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence with confidence.

We have continued to recruit, train and induct new volunteers, sessional workers and students throughout lockdown and will continue to expand their contribution to our delivery and ensuring that supporting our work is a positive experience for everyone.

Partnership Working

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire. This includes The Police and Crime Commissioners Office, Lancashire and South Cumbria Foundation Trust, local schools and children's centres, universities, CAMHS, GP's, sexual health services, adult mental health services, adult and children's social care, the police, The SAFE Centre, SHARE psychosexual service, domestic violence services, The Birchall Trust, NEST, Lancashire Victims Services, Lancashire BME Network, Spring North, CVS services across the county, Lancashire Association of Girls and Boys Clubs and Community Safety Partnerships.

We are sub-contracted by Victim Support to deliver the sexual violence counselling element of the Lancashire Victims Services Contract commissioned by the Police and Crime Commissioners Office and sub-contract a small part of this to The Birchall Trust an organisation that delivers specialist sexual violence counselling in Lancaster Local authority area.

Financial review

Income for the year was £555,159 (2020-21 £458,980). Expenditure for the year was £590,757 (2020-21 £362,961)

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is between three and six months' normal expenditure, which equates to between £147,330 and £294,661. At 31 March 2022 there was an amount of £131,793 as free reserves.

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

Plans for future periods

Now into our ninth year of service delivery in Lancashire, Trust House continues to see a huge and increasing demand for our services.

We are continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence for the long term. The overall funding landscape is a challenge for us as it is for many small to medium sized voluntary sector organisations particularly those that are relatively new and locally routed and seeking to become established and stable. However we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term.

The team at Trust House will continue to work passionately for the benefit of survivors and remains committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

The Trustees have considered the impact of the Government response to Covid 19. Safe working practices have continued to be in place throughout the year and continue to be adhered to though at a less stringent level. Continuation of the delivery of services in a COVID safe environment was a huge priority throughout the last two years. Although income from fundraising sources continued to be inhibited by the pandemic situation, this was been offset by other funding opportunities such as short-term covid recovery grants. The situation also enabled the charity to develop its digital offering.

Structure, governance and management

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

The trustees who served during the year and up to the date of signature of the financial statements were:

G Coulston-Herrmann

P Bartlett

(Resigned 28 February 2022)

M Wilcock

(Resigned 31 August 2021)

G Millar

(Resigned 30 June 2021)

S Jones

L Nicholson

P Dobson

(Appointed 10 June 2021)

S Plunkett

(Appointed 18 July 2022)

P Richardson

(Appointed 16 May 2022)

M Walmsley

(Appointed 20 October 2021)

M Robinson

(Appointed 20 October 2021 and resigned 31 December 2021)

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

The trustees' report was approved by the Board of Trustees.



P Dobson
Trustee

Date: 7th SEPT 2022

TRUST HOUSE LANCASHIRE

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF TRUST HOUSE LANCASHIRE

I report to the trustees on my examination of the financial statements of Trust House Lancashire (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of ACCA, which is one of the listed bodies.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2 the financial statements do not accord with those records; or
- 3 the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Rebecca Ellams FCCA
Hall Livesey Brown

HLB House
68 High Street
Tarporey
Cheshire
CW6 0AT

Dated: 26.9.22

TRUST HOUSE LANCASHIRE

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Income from:							
Donations and legacies	3	7,591	-	7,591	4,625	1,101	5,726
Charitable activities	4	94,908	452,660	547,568	111,805	341,449	453,254
Total income		102,499	452,660	555,159	116,430	342,550	458,980
Expenditure on:							
Charitable activities	5	121,206	469,551	590,757	42,814	320,147	362,961
Net (outgoing)/incoming resources before transfers		(18,707)	(16,891)	(35,598)	73,616	22,403	96,019
Gross transfers between funds		1,029	(1,029)	-	6,393	(6,393)	-
Net (expenditure)/income for the year/ Net movement in funds		(17,678)	(17,920)	(35,598)	80,009	16,010	96,019
Prior year adjustment		-	-	-	23,623	(23,623)	-
Fund balances at 1 April 2021		149,471	39,330	188,801	45,839	46,943	92,782
Fund balances at 31 March 2022		131,793	21,410	153,203	149,471	39,330	188,801

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

TRUST HOUSE LANCASHIRE

BALANCE SHEET

AS AT 31 MARCH 2022

	Notes	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	9		899		1,702
Current assets					
Debtors	10	19,584		7,084	
Cash at bank and in hand		158,155		199,773	
		177,739		206,857	
Creditors: amounts falling due within one year	11	(25,435)		(19,758)	
Net current assets			152,304		187,099
Total assets less current liabilities			153,203		188,801
Income funds					
Restricted funds	12	21,410		39,330	
Unrestricted funds		131,793		149,471	
		153,203		188,801	

The financial statements were approved by the Trustees on 7th Sept 2022



P Dobson
Trustee

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Reducing balance basis
Computers	33% Straight line basis

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

1 Accounting policies

(Continued)

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Unrestricted funds	Restricted funds	Total
	2022	2021	2021	2021
	£	£	£	£
Donations and gifts	7,591	4,625	1,101	5,726

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

4 Charitable activities

	Grants	Training	Total	Grants	Training	Total
	2022	2022	2022	2021	2021	2021
	£	£	£	£	£	£
Training	-	17,577	17,577	-	19,276	19,276
Grants	529,991	-	529,991	433,978	-	433,978
	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>	<u>433,978</u>	<u>19,276</u>	<u>453,254</u>
Analysis by fund						
Unrestricted funds	77,331	17,577	94,908	92,529	19,276	111,805
Restricted funds	452,660	-	452,660	341,449	-	341,449
	<u>529,991</u>	<u>17,577</u>	<u>547,568</u>	<u>433,978</u>	<u>19,276</u>	<u>453,254</u>
Ministry of Justice	274,442	-	274,442	234,102	-	234,102
Lancashire Police and Crime Commissioner	33,212	-	33,212	35,395	-	35,395
LVS Counselling	77,331	-	77,331	57,529	-	57,529
Children in Need	53,077	-	53,077	10,730	-	10,730
Lancashire Community Foundation	-	-	-	9,720	-	9,720
Garfield Weston	-	-	-	2,000	-	2,000
National Lottery	49,089	-	49,089	51,502	-	51,502
Lloyds Bank Foundation of England and Wales	-	-	-	33,000	-	33,000
Male Rape Support	42,840	-	42,840	-	-	-
	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
	<u>529,991</u>	<u>-</u>	<u>529,991</u>	<u>433,978</u>	<u>-</u>	<u>433,978</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

5 Charitable activities

	Charitable Expenditure 2022 £	Charitable Expenditure 2021 £
Staff costs	423,759	200,374
Depreciation and impairment	803	1,216
Repairs and renewals	10,196	15,142
Telephone	8,372	9,053
General running costs	24,425	23,468
Training and development	3,194	8,431
Volunteer costs	1,517	3,125
Travel expenses	1,685	344
Partnership costs	25,117	11,110
Supervision	4,777	2,894
Sessional costs	72,383	45,363
Sundries	53	554
Fundraising	1,036	511
Insurance	1,040	2,151
Computer costs	4,609	17,150
Stationery and office supplies	4,523	2,108
Marketing	133	7,034
Interest paid	142	-
	<u>587,764</u>	<u>350,028</u>
Share of governance costs (see note 6)	2,993	12,933
	<u>590,757</u>	<u>362,961</u>
Analysis by fund		
Unrestricted funds	121,206	42,814
Restricted funds	469,551	320,147
	<u>590,757</u>	<u>362,961</u>

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2022

6 Support costs

	Support costs £	Governance costs £	2022 Support costs £	Governance costs £	2021 £
Independent exam fee	-	2,993	2,993	-	2,035
Legal and professional	-	-	-	-	10,898
	-	2,993	2,993	-	12,933
Analysed between					
Charitable activities	-	2,993	2,993	-	12,933

Governance costs includes payments to the auditors of £1,200 (2021- £2,035) for audit fees.

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

8 Employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
	18	9
Employment costs	2022 £	2021 £
Wages and salaries	382,420	183,333
Social security costs	28,773	10,678
Other pension costs	12,566	6,363
	423,759	200,374

There were no employees whose annual remuneration was more than £60,000.

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

9 Tangible fixed assets

	Fixtures and fittings £	Computers £	Total £
Cost			
At 1 April 2021	2,508	3,840	6,348
Disposals	-	(2,105)	(2,105)
At 31 March 2022	2,508	1,735	4,243
Depreciation and impairment			
At 1 April 2021	1,384	3,262	4,646
Depreciation charged in the year	225	578	803
Eliminated in respect of disposals	-	(2,105)	(2,105)
At 31 March 2022	1,609	1,735	3,344
Carrying amount			
At 31 March 2022	899	-	899
At 31 March 2021	1,124	578	1,702

10 Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Trade debtors	12,015	-
Prepayments and accrued income	7,569	7,084
	19,584	7,084

11 Creditors: amounts falling due within one year

	2022 £	2021 £
Other taxation and social security	8,279	4,727
Trade creditors	12,001	2,876
Other creditors	2,641	1,244
Accruals and deferred income	2,514	10,911
	25,435	19,758

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

12 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020 £	Movement in funds			Balance at 1 April 2021 £	Movement in funds			Transfers £	Balance at 31 March 2022 £
		Incoming resources £	Resources expended £	Transfers £		Incoming resources £	Resources expended £	Transfers £		
Ministry of Justice	-	234,102	(230,244)	-	3,858	274,442	(271,703)	-	-	6,597
Awards for All	4,137	-	(1,564)	-	2,573	-	(2,643)	70	-	-
Lancashire CC	277	-	-	-	277	-	(277)	-	-	-
CYP Therapy	98	-	-	-	98	-	(98)	-	-	-
Children in Need	24,969	10,730	(44,315)	8,616	-	53,077	(52,915)	-	-	162
LVS Counselling	15,009	-	-	(15,009)	-	-	-	-	-	-
One Life to Live	310	-	-	-	310	-	(310)	-	-	-
Maria Holland and St Joseph's Trust	2,143	-	-	-	2,144	-	(2,144)	-	-	-
National Lottery	-	51,502	(38,326)	-	13,176	49,089	(48,300)	-	-	13,965
Lancashire Community Foundation	-	9,720	(98)	-	9,622	-	(8,936)	-	-	686
Police and Crime Commissioner	-	35,395	(29,222)	-	6,173	-	(6,173)	-	-	-
Other donations	-	1,101	(1)	-	1,099	-	-	(1,099)	-	-
Male Rape Support	-	-	-	-	-	42,840	(42,840)	-	-	-
LPCC	-	-	-	-	-	33,212	(33,212)	-	-	-
	46,943	342,550	(343,770)	(6,393)	39,330	452,660	(469,551)	(1,029)	-	21,410

TRUST HOUSE LANCASHIRE

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2022

13 Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 March 2022 are represented by:						
Tangible assets	899	-	899	1,702	-	1,702
Current assets/(liabilities)	130,894	21,410	152,304	147,769	39,330	187,099
	<u>131,793</u>	<u>21,410</u>	<u>153,203</u>	<u>149,471</u>	<u>39,330</u>	<u>188,801</u>

14 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2022 £	2021 £
Within one year	15,000	15,000
Between two and five years	22,500	37,500
	<u>37,500</u>	<u>52,500</u>

15 Related party transactions

During the year a Trustee's company provided services totalling £1,626 to Trust House Lancashire (2021 - £940). The services were provided at cost covering the cleaning company's overheads.

Accounts

Trust House Lancashire
Report of the Trustees and
Financial Statements

For The Year Ended 31 March 2021

TRUST HOUSE LANCASHIRE

CONTENTS

	Page
Charity Details	1
Trustees' Report	2
Independent Examiners' Report to the Trustees	10
Statement of Financial Activities	11
Balance Sheet	12
Notes to the Financial Statements	13

TRUST HOUSE LANCASHIRE
CHARITY DETAILS
FOR THE YEAR ENDED 31 MARCH 2021

Trustees and Officers

Chair

Trish Bartlett

Trustees

Trustee	Graham Coulston-Herrmann
Trustee	Patricia Bartlett
Trustee	Mags Wilcock
Trustee	Mark McGarry (resigned June 2020)
Trustee	Gareth Millar
Trustee	Sally Jones
Trustee	Lyndsay Nicholson

Key Management Personnel

Chief Executive Officer

Catherine Smith

Trust House Lancashire Office Address

8 Camden Place
Preston
Lancashire
PR1 3JL

CIO Number

1174925

Accountant and Independent Examiner

Nicola Mason FCA DChA
MHA Moore and Smalley
Richard House, Winckley Square, Preston, PR1 3HP

Bank

The Co-operative Bank
2nd Floor
CIS Tower
Manchester
M60 0AL

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Constitution

Trust House Lancashire is a Charitable Incorporated Organisation registered on 2nd October 2017.

Introduction

Trust House Lancashire is a Specialist Rape and Sexual Assault Support Centre based in Preston and working across the county to deliver a range of services to support survivors of any kind of sexual violence to recover from their experience of abuse.

Trust House was established in 2013 with funding awarded to The Survivors Trust who project managed the setup of Trust House. This was in recognition of the gap in specialist provision across the county, and to offer a range of services to survivors in Lancashire. Service delivery commenced in April 2014 and this last year has seen us complete our sixth year of service delivery.

Trust House delivers a range of specialist services to men, women, children from aged 4 years and their families;

- Counselling
- Play Therapy
- Art Therapy
- Pre-trial Therapy
- Family Support
- Wellbeing Support
- Parent Peer Support Group
- Telephone Support
- Specialist Training
- Volunteer Opportunities
- Student Placement Opportunities

Trust House is committed to empowering survivors and their supporters to work through and beyond their experience of abuse. We recognize the uniqueness of individual experience and that each demands an individual and creative response.

Trust House Lancashire supports working in ways that;

- Recognize human dignity
- Appreciate the variety of human experience
- Demonstrate a commitment to showing justice in dealing with others
- Encourage continual development and improvement of professional knowledge.

Trust House has six core values which shape our service and are reflected in all that we do and strive to achieve; empowerment, quality, respect, consistency, integrity and compassion.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Performance

Trust House Lancashire received 746 new referrals for support and has worked with 965 individuals in the year to March 2021. Referrals are received from a range of sources; health, criminal justice, Local authorities self and family referrals as well as other voluntary sector providers. The greatest number of referrals come from the criminal justice system 53%.

Referrals through 2020-21 have come from all 14 local authority districts of the county, though the highest number of referrals received are for/from individuals living in the boroughs of Preston 119, Blackpool 103 and Chorley 89 with the least number of referrals coming from/for individuals living in the boroughs of Rossendale 17, Ribbles Valley 18 and Pendle 22. This may reflect a greater awareness of our services in areas where referrals are high and may be indicative of the need for a greater service presence in boroughs of the county and the need for a greater presence in these districts. Over the last 12 months we've had limited opportunity to increase our physical presence in other boroughs however our move to digital delivery as a result of the COVID 19 pandemic has led to us being more accessible in all areas of the county. Digital delivery will remain a core element of our support offer going forward and we will continue to seek additional satellite space in other areas of the county to enable those who would prefer to access face to face to do so closer to home.

Referrals into adult counselling make up the greatest number of referrals into the service. 84% of our clients referred are female, and 15% are male with the remaining clients being transgender, non-binary or another gender identity 1%. These figures are extremely similar to last years. 86% of our clients who stated their ethnicity were White British with 9% being non-white British and for 5% of clients ethnic background was unknown. Trust House is committed to remaining responsive to victims and survivors of all gender, orientations and ethnicity, and recognizes the additional barriers to coming forward for these groups. We have been looking at service developments in order to ensure our accessibility to those whose first language isn't English. The age range of clients accessing the service is wide. 21% of those seeking support were under the age of 18 years. 27% were young adults between the ages of 18 and 24 years, 35% were 25-44 years and those over the age of 45 made up 17% of those that we worked with. 65% of those that accessed support in the year did so because of childhood sexual abuse. We've seen an increase of 7% of those in the age range of 18 to 24 years and a similar percentage decrease in the number of older adults seeking our support. It's crucially important that specialist services continue to be able to meet the needs of children, young people and young adults effectively, supporting their recovery at the earliest stage so that individuals don't carry long-term emotional health issues into adulthood. The youngest children to be referred were 5 years old and the oldest adult was 70 years old.

Charitable Objects

Trust House Lancashire, since October 2017 has been registered independently as a Charitable Incorporated Organisation charity number (1174925).

Our Charitable Objects are to:

- Relieve the trauma, whether psychological, emotional, or physical, of persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Provide support, help or assistance of any kind whatsoever to persons and their families who have experienced or otherwise suffered as a result of rape, other sexual assault, sexual abuse or sexual exploitation of any kind.
- Promote the education of the public in the subject of rape, sexual abuse or sexual exploitation and/or its psychological and social impact on women, men and children
- Promote and participate in education and research in relation to counselling and support, sexual violence traumas and their effect upon women, men and children.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Charitable Objects (continued)

- Promote, participate in and provide training in relation to counselling and support in relation to sexual violence traumas and their effect upon women, men and children including rape, other sexual assault, sexual abuse or sexual exploitation.
- Prevent rape, sexual abuse or sexual exploitation through training and effective and appropriate support services to persons and their families at risk of being subjected to said abuse.

Trust House Lancashire is governed by a Board of Trustees. The board has overall responsibility for the governance, financial management, charitable activities and strategic development of Trust House Lancashire.

The Chief Executive Officer at Trust House Lancashire reports to the Board of Trustees.

Funding

In the period to 31 March 2021, Trust House Lancashire was supported by the Ministry of Justice including through additional funding to support our response to the pandemic, BBC Children in Need, The National Lottery, Reaching Communities Fund, The Weston Foundation, The Lancashire Community Foundation, Lancashire Police and Crime Commissioners Office and Lloyds Bank Foundation. We continued to be contracted to deliver the Lancashire Victims Services contract administered by Victim Support, to deliver specialist sexual violence counselling to victims going through the criminal justice process. In addition we received donations from a number of individuals and organisations through their individual or group fundraising efforts, fundraising activities, and we generated income through training delivery to external organisations.

Our income has been affected by the pandemic situation over the last 12 months. We received a number of grants that have been targeted at supporting our delivery and sustainability through the pandemic including from the Police and Crime Commissioners Office, the Ministry of Justice and Lloyds Bank Foundation and as a result our overall income was greater than expected for the year. At the beginning of the year we were hoping to diversify our income streams generating more income through fundraising, training delivery and contract income to reduce our dependency on grant funding. We successfully generated income from our training delivery but this was initially slow at the beginning of the year because of the need to convert our training to online delivery. We were unable to run key fundraising events in the year which would have enabled some significant income to be generated and because recruitment of a fundraising officer was very difficult we haven't managed to transition to digital fundraising as effectively as we would have liked to have been able to.

We also struggled to recruit the staff we intended to recruit during the year, as quickly as planned which for some budgets has led to an underspend and an extension of the grant period for three of these; BBC CiN, The National Lottery, and the Community Foundation for Lancashire and Merseyside.

Whilst overall our funding increased in the year it is still important going forward to continue to focus on diversification of this to enable long-term sustainability, as grant income could be much more restricted in post pandemic years.

Service Delivery

Since March 23rd 2020 and the announcement of a national lockdown, all of our services have been delivered remotely via zoom and telephone with some face to face delivery when restrictions have been lifted and then pulling back again as they have been reinstated. Our existing infrastructure enabled us to transition to a digital model effectively however this was challenging at times with an increasing number of people accessing remotely. Much more of our costs have been utilised to purchase hardware required to deliver including laptops, mobile phones, headphones, iPads to ensure good communication with the team, and continuation of delivery of service to clients. There was also an early requirement to upskill staff to be able to deliver effectively and additional grant funding enabled us to achieve this.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Adult Counselling Service

Sexual assault counselling at Trust House is based on a person-centred practice and empowerment model, and is offered on a short, medium or long-term basis dependent on identified need and complexity. Short term is 8-10 weeks, medium term 18 weeks and long term 26 weeks. In the year 2020-2021 the average length of time that an adult client was in service was 24 and the maximum time was 70 weeks. Clients that required a greater number of sessions and who require much longer-term therapy due to mental health were kept focused in therapy working towards goals. Any client needing longer term therapy would have been referred into mental health services to aid their recovery with a more practical and/or psychological service appropriate to their need. Clients' progression towards their therapeutic goals is reviewed regularly with the client. The needs of the client are paramount. Clinical supervision with counsellors' supports case management and agreement is reached about whether the client's therapeutic goals have been achieved, and whether the counselling can reach a planned ending, referral to alternative services to meet additional goals or whether further sessions are required.

Children and Young People's Therapy

Trust House have been delivering counselling and play therapy with children and young people from 4 years of age since September 2015 from our centre in Preston, and from Children's Centres around the county. The use of non-directive play, creative arts and child-centred counselling offer a positive way forward to prevent longer term emotional, social and behavioural difficulties as the child moves through the stages development and into adolescence. In the year 2020-2021 the average length of time that children and young people were in therapy for was 18 weeks, and the maximum time was 63 weeks. During COVID lockdown Google Play was introduced to enable us to effectively deliver play therapy digitally for younger children, Much of our older young people's work continued digitally utilising zoom or the telephone dependent on the young person's preference.

Pre-trial Therapy

The criminal justice process can be extremely challenging for victims and survivors of sexual violence and there are occasions when additional emotional support as well as the practical help of an Independent Sexual Violence Advisor is necessary to support individual's resilience and ability to cope through this very stressful process. Therapeutic and counselling support delivered whilst there is a criminal investigation taking place is called pre-trial therapy. Pre-trial therapy is usually short-term support and is aimed at improving self-esteem and confidence and focusses on the treatment of the psychological problems that an individual is experiencing at the present time. It does not involve going over the incident itself, and effective contracting with the client proactively avoids this.

Counselling and Support to Partners, Parents, Siblings

Referrals for counselling, and support for partners, parents and siblings are received from clients themselves or from our Clinical Leads or Family Support Workers, where a needs assessment or their work with an individual has identified further needs within the family. Family members might be experiencing vicarious trauma or having difficulties in coping with and/or supporting a loved one who is suffering from trauma responses. Parents can feel excluded from many of the processes their child is involved in for example and may struggle to find specialist support. It's really important for family members to understand legal boundaries in relation to the offence against their loved one, and also to be empowered to support their loved one effectively whilst managing their own care. Trust House balances these issues effectively and provides support through counselling, specialist family support, and our Parent Peer Support Group.

Training Delivery

We've been delivering a comprehensive package of training to staff and volunteers of Trust House since 2013 and have been working through a process of developing our training offer to enable us to increase the capacity of other professionals and organisations in Lancashire that are working with victims and survivors of sexual violence to do so much more effectively and with confidence. This element of our delivery has grown significantly over the last 12 months despite COVID restrictions.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

We've successfully moved our delivery from a face to face model to a digital model working via Zoom and developing a webinar training offer. Our courses are bespoke for organisations. This work will enable us to diversify our income stream in the coming year, increasing our earned income from training.

Specialist Family Support

We recognise the needs of family members where child sexual abuse has been an issue and the subsequent ripple effect within the family. We strongly believe that to support children effectively it is vital to support the wider family for more effective and better longer-term outcomes. In January 2018 we delivered a pilot project working with a small number of families across 3 boroughs where child sexual abuse had been an issue. Working closely with Children's Social Care to identify appropriate referrals we were able to provide a coordinated and seamless response to the family's needs. The learning from this has helped to shape further funding approaches for this kind of work and from September 2019 BBC Children in Need have funded us to deliver Specialist Family Support for 3 years. This work enables us to work with families where a child in the family has been subjected to sexual abuse, to enable the child's and family's recovery.

Parent Peer Support Group

The Parent Peer Support Group was established following feed-back from parents that this is something that would be useful for them. It is run for parents of the children we work with, and facilitated by our Specialist Family Support Workers. The number of parents in attendance varies from session to session, between 3 and 7. Parents often want very practical advice from other parents on how to support their children and families to move forward effectively as they go through the recovery process, so that their child's and family's recovery is sustained long-term. They want to learn and understand how other parents have addressed issues. The support is informal and focusses on parent / carer self-care, and practical ways to support their children. Peer support occurs organically from this process.

Wellbeing Service

The Wellbeing Project was introduced in the latter stages of this last year because we recognised that counselling and therapy are not a good fit for all adults seeking our support, and that some people benefit from a much more practical approach to their recovery. In counselling we find that there is a need for psycho-educational interventions in order for individuals to understand why they feel like they do, why they responded as they did to trauma situations, whether in childhood or adulthood. Being able to understand the body's instinctive responses to the danger they were in, is often the beginning of them taking back control of their recovery. The Wellbeing Service provides this and also equips individuals with the skills and tools to cope with the here and now of their trauma. These tools are takeaway tools that individuals can embed into their everyday lives empowering them to take back control. This is the core of our work in the wellbeing service. Some of the individuals that come to us for support have problems that they may be struggling to cope with alongside their trauma such as housing, debt, substance misuse, health issues etc. Our holistic approach to assessment will identify these needs and we will ensure with their consent clients are signposted or referred to other specialist services that can support them effectively.

Staff

The Team at Trust House has grown significantly during the last 12 months. Despite lockdown and challenges in recruitment we ended the year very much in line with our business plan for the year. On 1st April 2020 we had 7 employed staff (5.9 FTE) and on 31st March 2021 we had 18 staff (13.75 FTE). It's a tremendous credit to the team at Trust House that this growth has happened under some of the most trying circumstances including; challenges in recruiting the right people and interviewing and inducting during a national lockdown period and ensuring the team stays connected as new people start and bed in whilst managing feelings of isolation and new challenges in communication and learning from each other due to remote working. The team are dedicated and passionate in their work.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

Volunteers, Students and Sessional Counsellors

Trust House Lancashire's services rely on volunteers to deliver many areas of our work. They are vital to our success. Volunteer roles include support call work, fundraising, administration, counselling, group facilitation community awareness and networking events support. Many of our counselling volunteers are completing student placements as part of their professional training. Students come to us at the final stages of their counselling training to complete their final placement hours, and Sessional Counsellors support us in counselling delivery. Only qualified and experienced counsellors who have been at Trust House for some months are considered for sessional hours. The exception is where we need to recruit for specialist skills such as language needs or play therapy to enable work with young children. All recruitment at Trust House goes through the same rigorous process that we apply to staff recruitment.

All staff, volunteers, students and sessional counsellors at Trust House complete a formal recruitment process. They also complete an 8-week, in-house training programme which builds on their existing skills and increases their capacity to understand and respond to the needs of victims and survivors of sexual violence with confidence.

We continued to recruit, train and induct new volunteers, sessional workers and students throughout lockdown. This was vital to us to ensure we maintained our capacity through a period of increasing numbers of individuals seeking support.

Partnership Working

Trust House Lancashire is committed to partnership working and works with a range of agencies in Lancashire. This includes The Police and Crime Commissioners Office, Lancashire and South Cumbria Foundation Trust, local schools and children's centres, universities, CAMHS, GP's, sexual health services, adult mental health services, adult and children's social care, the police, The SAFE Centre, SHARE psychosexual service, domestic violence services, The Birchall Trust, NEST, Lancashire Victims Services, The Princes Trust, Spring North, and West Lancashire CVS, Lancashire Association of Girls and Boys Clubs and Community Safety Partnerships.

We are sub-contracted by Victim Support to deliver the sexual violence counselling element of the Lancashire Victims Services Contract commissioned by the Police and Crime Commissioners Office and sub-contract a small part of this to The Birchall Trust an organisation that delivers specialist sexual violence counselling in Lancaster Local authority area.

Future Plans

Now moving into our eighth year of service delivery in Lancashire, Trust House continues to see a huge demand for our services.

Trust House is continuing to work to secure further sources of funding and to diversify our income streams to enable us to have a greater presence in the county as a specialist provider of services to survivors of sexual violence for the long term. The overall funding landscape is a challenge for Trust House as it is for many smaller voluntary sector organisations particularly those that are relatively new and locally routed and seeking to become established and stable. However we have an increasingly strong presence and an excellent reputation with our stakeholders to build upon.

A move away from short term grant funding towards longer term funding streams and diversification of our income sources including our earned income will continue to be a key element of our future plans. These elements will support more effective service planning in the longer term. Our funding strategy will seek to address these challenges going forward. We've had significant challenges in the recruitment of a Fundraising Officer and this continues to be a priority for us in the coming months.

TRUST HOUSE LANCASHIRE

TRUSTEES' REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The team at Trust House will continue to work passionately for the benefit of survivors and remains committed to providing a quality specialist sexual violence support service that supports positive health, wellbeing and criminal justice recovery and outcomes for clients. We will continue to deliver a service that can grow and flex so that we are able to meet the demands of the wider locality that is Lancashire.

The Trustees have considered the impact of the Government response to Covid 19. Safe working practices have been put in place and continue to be adhered to, enabling the continuation of the delivery of services in a COVID safe environment. Although income from fundraising sources has reduced, this has been offset by other funding opportunities. The situation has also enabled the charity to develop its digital offering. The Trustees will continue to monitor and adapt to the current situation whilst ensuring that services are not interrupted.

Financial review

Income for the year was £458,980 (2019-20 £257,288). Expenditure for the year was £362,961 (2019-20 £239,188) resulting in net income of £96,019 (2020 £18,100)

Reserves Policy

It is the intention of the trustees that the freely available reserves of the organisation should be accumulated up to a level sufficient to ensure the continuance of its activities, should there be an unexpected short-term adverse fluctuation in income. These freely available reserves are unrestricted funds not committed or invested in tangible fixed assets (i.e. "free reserves"). A sufficient level of free reserves would guarantee the continuation of Trust House Lancashire's activities, while decisions and actions were taken to find other sources of income or reduce the level of a particular activity. The Trustees consider that an appropriate level of free reserves is approximately six months' normal expenditure, which equates to approximately £175,000. At 31 March 2021 there was an amount of £124,146 as free reserves. Over the next 12-24 months we will focus on increasing our free reserves through fundraising activities and growing our training offer.

Trustees Induction and Training

Trustees are elected in accordance with the terms of Trust House Lancashire's Constitution. Upon election, they are provided with an induction and information pack and a skills audit is carried out.

Risk Management

The Trustees have adopted the following Risk Management Mission Statement and Risk Management Goals Statement:

Trust House Lancashire's Risk Management Mission Statement

Trust House Lancashire has a moral and legal duty to its service users, volunteers, staff and all stakeholders. Trust House Lancashire will meet its duty by ensuring that risk management plays an integral part in sound governance at both a strategic and operational level.

The trustees will support the risk management effort through setting policy and providing broad guidance on goals and objectives. However, risk management is an active process that requires cooperation by all managers, employees and volunteers and, where appropriate, stakeholders. To that end, the trustees accept that it must take a leadership role to ensure that appropriate measures are undertaken.

Trust House Lancashire's Risk Management Goals Statement

The trustees and CEO undertake the following responsibilities:

- Identifying and assessing risks;
- Selecting and implementing risk control and responses, as appropriate;
- To review risk management efforts and to report to the trustees accordingly

TRUST HOUSE LANCASHIRE
TRUSTEES' REPORT
FOR THE YEAR ENDED 31 MARCH 2021

These activities shall be undertaken in the service of the risk management mission statement, and to that end risk management practices are undertaken to reduce the cost of risk to Trust House Lancashire, and to maximise benefits of opportunities that the community may encounter.

Approved by the Trustees on 01/10/2021 and signed on their behalf by

Patricia Bartlett

P Bartlett
Trustee

TRUST HOUSE LANCASHIRE
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 11 to 20.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Nicola Mason

.....
Nicola Mason FCA, DChA

MHA Moore and Smalley
Richard House
Preston
PR1 3HP

Date: 01/10/2021

TRUST HOUSE LANCASHIRE
STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted Funds £	Restricted Funds £	2021 Total £	2020 Total £
Income from:					
Charitable activities					
Grants and donations	2	97,154	342,550	439,704	251,259
Training		19,276	-	19,276	3,629
Fundraising activities		-	-	-	2,400
Total income		116,430	342,550	458,980	257,288
Expenditure on:					
Charitable activities	4	42,814	320,147	362,961	239,188
Total expenditure		42,814	320,147	362,961	239,188
Net income/(expenditure) before gains/(losses) and transfers		73,616	22,403	96,019	18,100
Gross transfers between funds		6,393	(6,393)	-	-
Net movement in funds		80,009	16,010	96,019	18,100
Total funds brought forward		45,839	46,943	92,782	74,682
Total funds carried forward		125,848	62,953	188,801	92,782

There are no recognised gains and losses other than those shown in the above statement of financial activities.

TRUST HOUSE LANCASHIRE

BALANCE SHEET

AS AT 31 MARCH 2021

		Unrestricted Funds	Restricted Funds	2021 Total £	2020 Total £
	Note	£	£		
Fixed assets					
Tangible assets	5	1,702	-	1,702	3,014
Current assets					
Debtors	6	3,226	3,858	7,084	8,917
Cash at bank		124,892	74,881	199,773	86,386
		128,118	78,739	206,857	95,303
Creditors: amounts falling due within one year	7	(3,972)	(15,786)	(19,758)	(5,535)
Net current assets		124,146	62,953	187,099	89,768
Net assets		125,848	62,953	188,801	92,782
Represented by:					
Unrestricted Funds	8	125,848	-	125,848	45,839
Restricted Funds	8	-	62,953	62,953	46,943
		125,848	62,953	188,801	92,782

The Trustees acknowledge their responsibilities for:

- ensuring that the charity keeps proper accounting records; and
- preparing accounts which give a true and fair view of the state of affairs of the charity as at the end of the financial year and of its profit or loss for the financial year.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective October 2019).

01/10/2021

Approved by the Committee on and signed on its behalf by:

Patricia Bartlett

P Bartlett
Trustee

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Basis of accounting

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective October 2019).

Trust House Lancashire was previously a part of The Survivors Trust (charity number: 1109305). On 2 October 2017 Trust House Lancashire became an independent charity when it was granted Charitable Incorporated Organisation (CIO) status. On 2 October 2017 The Survivors Trust transferred all assets and liabilities of Trust House Lancashire to the CIO. The total value of the transfer from The Survivors Trust was £132,420 including £42,707 of restricted funds.

Preparation of the accounts on a going concern basis

The trustees are required to assess whether the use of going concern is appropriate, ie whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charitable company to continue as a going concern. The Trustees make this assessment in respect of a period of at least one year from the date of the authorisation of the accounts. The impact of measures taken by the Government to combat the spread of corona virus continues to be reviewed. At the date of approving the accounts the Trustees have a reasonable expectation that the charity will be able to manage the situation and that it has sufficient cash resources to enable it to meet its liabilities as they fall due for at least 12 months from the date of approval. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

Public benefit entity

Trust House Lancashire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

Taxation

No tax is provided for as Trust House Lancashire is exempt. Because of its current activities Trust House Lancashire is not registered for VAT and therefore cannot recover VAT on its expenses.

Funds accounting

General funds are unrestricted funds available for use at the discretion of the trustees in furtherance of the general activities of the charity and which have not been designated for other purposes.

Restricted funds are to be used for specified purposes as laid down by the donor. Expenditure that meets these criteria is charged to the fund.

Incoming resources

All incoming resources becoming available to the charity during the year are included when there is a certainty of receipt.

Resources expended

Direct expenditure includes costs associated with particular projects in furtherance of the charity's objects.

Support costs comprise expenditure incurred in support of direct activities and include an appropriate proportion of overheads.

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

Fixed assets

Tangible fixed assets are stated at cost. Depreciation is calculated at appropriate annual rates estimated to write off the costs of fixed assets less their estimated residual value over their useful lives as follows:

Fixtures and fittings	20% on the reducing balance basis
Office equipment	33% on a straight-line basis

Hire purchase and lease commitments

Rentals paid under operating leases are charged on a time basis over the lease term.

Pension cost

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. The annual contributions payable are charged to the Statement of Financial Activities.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

No significant judgements have had to be made in preparing these financial statements.

2 Grants and donations

	Unrestricted Funds	Restricted Funds	2021 Total	2020 Total
	£	£	£	
Ministry of Justice	-	234,102	234,102	134,000
Lancashire Police and Crime Commissioner	-	35,395	35,395	-
Awards for All	-	-	-	10,000
Duchy of Lancashire	-	-	-	1,000
LVS Counselling	57,529	-	57,529	36,195
Children in Need	-	10,730	10,730	55,866
CYP Therapy	-	-	-	558
Lancashire Community Foundation	-	9,720	9,720	-
Garfield Weston	2,000	-	2,000	-
National Lottery	-	51,502	51,502	-
Lloyds Bank Foundation of England and Wales	33,000	-	33,000	-
Donations and other income	4,625	1,101	5,726	13,640
	97,154	342,550	439,704	251,259

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

2 Grants and donations (Continued)

Prior period	Unrestricted Funds	Restricted Funds	2020 Total
	£	£	£
Ministry of Justice	-	134,000	134,000
Awards for All	-	10,000	10,000
Duchy of Lancashire	-	1,000	1,000
LVS Counselling	-	36,195	36,195
Children in Need	-	55,866	55,866
CYP Therapy	-	558	558
Donations and other income	13,129	511	13,640
	13,129	238,130	251,259

3 Staff Costs

	Unrestricted Funds	Restricted Funds	2021 Total	2020 Total
		£		£
Wages and salaries	5,714	177,619	183,333	132,277
Social security costs	-	10,678	10,678	7,696
Pension costs	-	6,363	6,363	4,474
	5,714	194,660	200,374	144,447

During the prior period, the staff costs expenditure relating to restricted funds was £194,660.

During the year, no Trustees received any expenses. Neither the Trustees nor persons connected with them received any remuneration from the charity for their services as Trustees. No employee earned £60,000 per annum or more. The average monthly number of employees during the year was 10 (5.4 FTE).

The key management personnel of the charity are listed on page 1. The total amount of employee benefits (including employer pension contributions) received by key management personnel for their service during the year was £41,904 (2020 £40,525).

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

4 Analysis of total resources expended

	Unrestricted Funds £	Restricted Funds £	2021 Total £	2020 Total £
Wages	5,714	194,660	200,374	144,447
Repairs and renewals	2,223	12,919	15,142	2,607
Telephone	-	9,053	9,053	2,123
General running costs	269	23,199	23,468	21,599
Training and development	-	8,431	8,431	12,991
Volunteer costs	250	2,875	3,125	2,540
Travel expenses	-	344	344	3,194
Counselling costs	11,110	-	11,110	9,360
Supervision	-	2,894	2,894	1,562
Sessional costs	14,842	30,521	45,363	18,961
Sundries	-	554	554	3,284
Fundraising	511	-	511	466
Insurance	250	1,901	2,151	2,703
Computer costs	3,452	13,698	17,150	2,639
Stationery and office supplies	-	2,108	2,108	3,042
Marketing	942	6,092	7,034	3,779
Professional costs	-	10,898	10,898	1,120
Depreciation	1,216	-	1,216	1,535
Independent examination fee	2,035	-	2,035	1,235
	<u>42,814</u>	<u>320,147</u>	<u>362,961</u>	<u>239,188</u>

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

4 Analysis of total resources expended (Continued)

Prior period	Unrestricted Funds £	Restricted Funds £	2020 Total £
Wages	20,244	124,203	144,447
Repairs and renewals	40	2,567	2,607
Telephone	174	1,950	2,123
General running costs	-	21,599	21,599
Training and development	1,354	11,637	12,991
Volunteer costs	230	2,310	2,540
Travel expenses	464	2,730	3,194
ISVA expenses	-	-	-
Counselling costs	-	9,360	9,360
Supervision	55	1,507	1,562
Management costs	2,107	16,854	18,961
Sundries	-	3,284	3,284
Fundraising	-	466	466
Insurance	1,123	1,581	2,703
Computer costs	68	2,570	2,639
Stationery and office supplies	287	2,755	3,042
Marketing	2,280	1,499	3,779
Children in Need underspend	-	-	-
Professional costs	-	1,120	1,120
Depreciation	1,535	-	1,535
Independent examination fee	1,235	-	1,235
	<u>31,196</u>	<u>207,992</u>	<u>239,188</u>

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

5 Fixed assets

	Fixtures & Fittings £	Office Equipment £	Total £
Cost:			
At 31 March 2020	2,508	3,840	6,348
Additions	-	-	-
Disposals	-	-	-
At 31 March 2021	<u>2,508</u>	<u>3,840</u>	<u>6,348</u>
 Depreciation:			
At 31 March 2020	1,103	2,327	3,430
Charge for period	281	935	1,216
Eliminated on disposals	-	-	-
At 31 March 2021	<u>1,384</u>	<u>3,262</u>	<u>4,646</u>
 Net book value:			
At 31 March 2021	<u>1,124</u>	<u>578</u>	<u>1,702</u>
At 31 March 2020	<u>1,405</u>	<u>1,513</u>	<u>2,918</u>

6 Debtors

	2021	2020
	£	£
Prepayments and accrued income	7,084	8,917
	<u>7,084</u>	<u>8,917</u>

7 Creditors: Amounts falling due within one year

	2021	2020
	£	£
Trade creditors	2,876	-
PAYE/NIC	4,727	-
Accruals	10,911	5,535
Other creditors	1,244	-
	<u>19,758</u>	<u>5,535</u>

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

8 Movement in Funds

	At 31 March 2020 £	Incoming Resources £	Outgoing resources £	Transfers £	At 31 March 2021 £
Ministry of Justice	-	234,102	(230,244)	-	3,858
Awards for All	4,137	-	(1,564)	-	2,573
Lancashire CC	277	-	-	-	277
CYP Therapy	98	-	-	-	98
Children in Need	24,969	10,730	(44,315)	8,616	-
LVS Counselling	15,009	-	-	(15,009)	-
One Life to Live	310	-	-	-	310
Maria Holland and St Joseph's Trust	2,144	-	-	-	2,144
National lottery	-	51,502	(38,326)	-	13,176
Lancashire Community Foundation	-	9,720	(98)	-	9,622
Police and Crime Commissioner	-	35,395	(5,599)	-	29,796
Other donations	-	1,101	-	-	1,101
Total restricted funds	46,943	342,550	(320,147)	(6,393)	62,953
Total unrestricted funds	45,839	116,430	(42,814)	6,393	125,848
Total funds	92,782	458,980	(362,961)	-	188,801
Prior period	At 31 March 2019 £	Incoming Resources £	Outgoings resources £	Transfers	At 31 March 2020 £
Ministry of Justice	-	134,000	(130,851)	(3,149)	-
Awards for All	-	10,000	(5,863)	-	4,137
Lancashire CC	277	-	-	-	277
CYP Therapy	-	558	(460)	-	98
Duchy of Lancashire	-	1,000	(1,000)	-	-
Tesco	190	-	(190)	-	-
Children in Need	11,813	55,866	(42,710)	-	24,969
Christmas Party	-	512	(615)	103	-
LVS Counselling	-	36,195	(21,186)	-	15,009
WO Street Trust	-	-	(3,837)	3,837	-
One Life to Live	310	-	-	-	310
Maria Holland and St Joseph's Trust	3,424	-	(1,280)	-	2,144
Total restricted funds	16,014	238,130	(207,992)	791	46,943
Total unrestricted funds	58,668	19,158	(31,196)	(791)	45,839
Total funds	74,682	257,288	(239,188)	-	92,782

TRUST HOUSE LANCASHIRE
NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

The restricted funds represent amounts given to the Trust with restrictions as to their use. All the funds were expended during the period in accordance with those restrictions.

- The Ministry of Justice Lancashire fund is to support male and female survivors of rape and sexual abuse and includes non-recent childhood sexual abuse as well as recent.
- The Tesco funding is for therapy for Children and Young People.
- The Children in Need grant is to provide independent sexual violence work and family support.

9 Analysis of net assets between funds

Prior year	Fixed assets £	Net current assets £	Total £
Restricted funds	-	46,943	46,943
Unrestricted funds	3,014	42,825	45,839
	3,014	89,768	92,782

10 Obligations under operating leases

	2021	2020 £
As at 31 March 2021 the total of the charity's future minimum lease payments under non-cancellable operating leases was:		
Amounts due within one year	15,000	15,000
Amounts due between two and five years	37,500	52,500
	52,500	67,500

11 Related party transactions

A Trustee's company provides services totalling £940 to Trust House Lancashire. The services are provided at cost covering the cleaning company's overheads.

Other than the above there were no related party transactions in the year.

12 Trustees' remuneration and expenses

None of the trustees received any remuneration or expenses during the year (2020: £nil).