

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales · Charity number 1174907

Details

Other names RECOCO

Status Registered

Legal form Charitable company

Company number [10573524](#)

Registered 2017-10-02

Register [View on the Charity Commission register](#)

Contact

Address Recoco
No 1 Carlol Square
Newcastle Upon Tyne
NE1 6UF

Phone 01912610948

Email info@recoverycoco.com

Website <http://www.recoverycoco.com/>

Activities

Objects: THE OBJECTS OF THE CHARITY ARE TO PROMOTE THE PRESERVATION OF MENTAL HEALTH AND TO ASSIST IN RELIEVING AND REHABILITATING PERSONS SUFFERING FROM MENTAL HEALTH DISORDERS OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT IN NORTHUMBERLAND AND TYNE AND WEAR BY PROVISION OF PEER LED EDUCATION AND SUPPORT SERVICES IN COLLABORATION WITH MENTAL HEALTH SERVICE PROVIDERS.

Activities: To provide a peer led, peer delivered education and support service where people can learn from each otherTo enable connection and friendshipTo provide a focus for peer leadership, peer support and recovery orientated practice.To enable collaboration between mental health service providers and organisations that support these aims.

Classification

- **How:** Provides Services
- **What:** Disability
- **Who:** The General Public/mankind

Geography

- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside
- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£845,388	£812,435	£290,709	10
2024-03-31	£704,919	£729,187	£257,756	10
2023-03-31	£579,233	£668,908	£282,024	8
2022-03-31	£522,756	£462,222	£371,699	10
2021-03-31	£511,326	£361,245	£311,165	9

Trustees

Name	Role	Appointed
Alan Ramsay	Chair	2017-03-06
Caris Blathin Vardy		2023-12-05
Caroline Julie Claisse		2023-07-03
Dr Peter Glick		2026-01-26
Dr Thomas Michael Hill		2023-07-03
JULIA FAYE HARRISON		2017-03-06
MICHELLE CAREY LORAINE		2017-04-11

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales - Charity number 1174907

Accounts

RECOVERY COLLEGE COLLECTIVE LTD
(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS
For the year ended 31 March 2025

Charity Number 1174907
Company Number 10573524

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2025

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RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2025

The trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ending 31 March 2025 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

These financial statements comply with the Charities Act 2011, the Companies Act 2006, The Recovery College Collective's Memorandum and Articles of Association; and the document 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'.

1. Objectives and Activities

The Objects of the Charity are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment in Northumberland and Tyne and Wear by provision of peer led education and support services in collaboration with mental health service providers.

ReCoCo works in collaboration with mental health service providers and other organisations that share our aims, in an 'open source' and non-proprietary way, to provide a safe space where people can learn from each other and form connections and friendships which aid and sustain their recovery. Since our inception, ReCoCo has brought the voluntary sector and the NHS together in a new and effective way of working in order:

- To provide a peer led, peer delivered education and support service where people can learn from each other's insights, skills and lived experience.
- To nurture a community of troupers and troopers, strivers and survivors, all moving towards a sense of belonging and acceptance for whom, what and how they are.
- To enable connection, positive relationship building, mutual support and friendship.
- To provide opportunities that allow students to aspire to be their best selves, identifying and recognising their innate strengths and talents and their ability to help others.
- To promote recovery through peer led education and activity.
- To provide a focal point, locally, regionally and nationally for peer leadership, peer support and recovery orientated practice.
- To be directed by people who use (or have used) mental health services/experienced mental distress.
- To enable collaboration between mental health service providers and organisations that supports these aims.

We are an organisation run and led by people with lived experience of mental distress and knowledge of what it is like to be on the receiving end. Our mission is to capture, convey and catalyse the lived experience; to reflect mental health service users in all our misery and glory. Not merely to ensure that we are heard, but that we are respected and able to shape our own futures and services. ReCoCo is run by the whole time equivalent of 14 staff and over 25 volunteers, plus therapeutic enablers. ReCoCo values the unique contribution of volunteers

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2025

and the added value they bring. It is our intention that all volunteers are supported, respected, and valued. ReCoCo has policies and procedures in place to ensure best practice is applied in volunteering. Many hours of volunteer input are delivered every week of the academic year, including co-facilitation of courses, operating reception, and a wide range of other tasks and activities. Volunteering is an incredibly significant resource upon which the successful day to day running of ReCoCo depends, and we would like to use this report to pay tribute to all those who have contributed so much. It also offers a major route for our beneficiaries to develop skills and experience, from which a considerable proportion go on to enter paid work, either with ourselves, or with partner organisations.

ReCoCo recognises the crossover between mental health, and a wide range of factors including: family life, drugs and alcohol, learning disability and autism, social isolation and exclusion and poverty, and we try to make our approach (including access to rooms and resources) as welcoming and widely available as possible. There is a strong link between the recovery process and social inclusion. We support people to regain their place in the communities where they live through volunteering and employment opportunities. We seek to facilitate entries to paid work for our users and support those organisations in embedding our users into their workforce. ReCoCo is serious about impact and shared learning. We share our resources, offer training to VCS, public and private sector colleagues, and we continue to partner with Northumbria University to more rigorously examine the impact of our work.

2. Achievements and Performance

We are delighted to again that thanks to the dedicated efforts of its staff team, sessional workers, volunteers, and Trustees, ReCoCo has had another year of successful achievements. We continue in-person delivery not only of our renowned groups and courses, but have also developed and commenced new ones, and established new partnerships with like-minded organisations in order to maximise our beneficial impact for the people we serve. We expanded our hyper-local provision in two of the most deprived areas in our footprint, bringing elements of ReCoCo closer to where people live, and this is an area in which we hope to expand further: we know that the large number of people who come to our central premises flourish and thrive with the community we've built, but we also know that coming to our premises can be a challenge for some people, and so we will come to them. We also moved forward in terms of strategic significance, both local and regionally as the architects and designers of the transforming mental health and wider health and social care systems tapped in to our expertise and experience. In the reporting period, we are proud to say that we have broadened our offer with more work with local universities, building on the Mad Studies and Research modules with Northumbria, being a key partner in several initiatives with Newcastle University and we are a major pillar for Durham University's Institute for Medical Humanities platform.

We have more people than ever before on our books, and a larger and broader range of activities than ever before. Our flexible approach has allowed us to be responsive to our students' needs, those of our partners and allies, but we still faced considerable challenges. Covering the running and maintenance costs of Carlisle Square is always a demanding ask, since funders remain reluctant to cover core costs. Indeed the year under report saw high maintenance costs, and early indications are that these will rise, quite possibly considerably

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2025

in future years. This is obviously of high concern and is something we are not merely monitoring but actively mitigating against.

3. Plans for Future Periods

The world at large has seen several seismic events since the period being reported upon, and they contribute to a climate of uncertainty and insecurity. If pandemics, oil crises, and cost of living pressures have taught us anything, it is to expect the unexpected. Geopolitical turmoil, and a new variety of Government in the UK which, at the time of writing, has yet to truly lay out its intentions (especially with health and social care) mean that we cannot predict the future with any high degree of certainty. There is an NHS 10 year plan, but while we know its general intended direction of travel, there is nothing by way of detail, no guidance on implementation or operationalisation of the big aims. We intend to build on our hyper-local offer, to continue our full range of groups, courses and activities, to collaborate even more with like-minded and canny people and organisations, and to meet the needs of our students and their communities in these uncertain and unsettling times. It is possible that the frameworks within which we operate are altered or changed as statutory bodies get reconfigured or “transformed”, but our purpose and direction will remain steadfast: use the power of connection, of peer support, of people using their hard-earned lived experience to good effect, pulling people through from isolation and despair to belonging and purpose.

4. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Recovery College Collective Ltd
Registered Company number	10573524
Registered Charity number	1174907
Operational address	No.1 Carlol Square Newcastle upon Tyne NE1 6UF
Trustees	Alan Ramsay, Chair Julia Harrison Mish Loraine Mick Hill Caroline Claisse Debbie Ash Caris Vardy
Joint Service Directors	Angela Glascott Alisdair Cameron
Independent Examiner	Lilian Hetherington Connected Voice Business Services One Strawberry Lane Newcastle upon Tyne NE1 4BX

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For the year ended 31 March 2025

Bankers

Lloyds Bank Plc
25 Gresham Street
London EC2V 7HN

5. Structure, Governance and Management

Governing documents

Recovery College Collective Ltd is a charity and a company limited by guarantee defined by the Companies Act 2006. It was incorporated as a company on 19 January 2017 and registered as a charity on 2 October 2017.

Recovery College Collective Ltd operates under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up Members are required to contribute an amount not exceeding £1.

Appointment of Trustees

Trustees are recruited to reflect the skills and expertise we need on the Board. Usually this is initially by direct approach by the Chair or senior staff. Trustee selection also needs to incorporate the requirement that in our Constitution that 50% of our Trustees should be people with lived experience of mental health problems, either as a service user, or as a carer of a person with mental health problems. A proposal for a new Trustee is made to existing Trustees and if approved the new person is sent relevant information from the organisation, and from the Charity Commission, and asked to complete a formal declaration of eligibility.

Trustees' induction and training

Trustees are given initial information about their role including a written role description. Initial meetings with the Chair are arranged, and there is also an invitation to attend a Board meeting as an observer before making a formal commitment to becoming a Trustee. All potential Trustees are invited to come and visit ReCoCo and spend time meeting staff and students before signing a formal declaration of eligibility. Relevant guidance updates from the Charity Commission are circulated (e.g. the recent Welcome Pack for new Trustees), as are local and national updates around such issues as safeguarding. Training opportunities offered by the local CVS infrastructure body, local councils, national agencies and law firms are circulated to trustees.

Staff, Governance and Management

In 2024/25 we said goodbye with a heavy heart to two members of staff, Wendy Ritchie and Diane Sandford, who have served us well and loyally for many years and to a newer member of staff, Julie McAulay, who moved on to pursue other opportunities. We wish all three the very best in their new ventures.

We were also pleased to appoint Christine Tabb to our cleaning team in March 2025.

Organisation

The Recovery College Collective is an independent peer led charity

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2025

We operate an innovative organisational model that emphasises peer leadership and collaboration between charitable and statutory sectors.

Currently, ReCoCo is mainly funded via contracts with what was Newcastle Gateshead CCG and is now the place-based elements of the North East and North Cumbria Integrated Care Board (ICB) to deliver commissioned services that focus on peer led education, community development, research, service user voice, and activities that foster connection for people with mental health problems and related difficulties. Seven of ReCoCo's seventeen staff are employed via sub-contracts with Northumberland Tyne and Wear NHS Foundation Trust and Everyturn, and ten of these are directly employed by the charity. In addition, there are a number of sessional staff who are not employees, including Therapeutic Enablers, a model that enables individuals to develop confidence in paid work, often after many years away from the jobs market. There is a wider informal collective of over 30 other charities, community groups and public sector bodies who work with ReCoCo on a collaborative basis.

Risk management

The Trustees conduct an annual review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

6. Financial Review

In 2024/25 ReCoCo was primarily funded by the aforementioned ICB contracts with additional income from donations, awards and providing training. The total income for the period was £845,388 (2024: £704,919). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 March 2025 shows a surplus across all funds of £32,953 (2024: deficit £24,268).

The Balance Sheet at 31 March 2025 shows total funds carried forward of £290,709 (2024: £257,756) of which there are £nil restricted funds, (2024: £nil).

Reserves policy

ReCoCo has retained a level of free reserves currently £290,709 (2024: £257,756) to meet the working capital requirements of the charity in the event of a significant drop in funding. It has established a policy whereby the unrestricted funds not invested in fixed assets held by the charity should eventually amount to between 3 and 6 months of annual expenditure.

Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. The Trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. Based on these assessments, and the current resources available, the Trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2025

7. Public Benefit Statement

The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and planning its future activities. The trustees have also reviewed the charitable purposes of the Recovery College Collective, and the external environment, to make sure the Charity is still relevant and needed. This annual report will aim to demonstrate the link between our charitable activity and how this benefits our service users.

8. Statement of Trustee Responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees on 17 November 2025 and signed on their behalf by:

Alan Ramsay
Chair

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2025

I report on the financial statements of Recovery College Collective Ltd for the year ended 31 March 2025, which are set out on pages 8 to 19.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2022 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lilian Hetherington FCA
Fellow of the Institute of Chartered Accountants in England and Wales
Connected Voice Business Services Ltd
One Strawberry Lane
Newcastle upon Tyne
NE1 4BX

Date: 20 November 2025

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2025

		Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
<u>Income from:</u>					
Donations and legacies	5	4,324	-	4,324	715
Charitable activities					
Grants and contracts	6	677,171	-	677,171	611,508
Other trading activities	7	162,673	-	162,673	92,236
Investments	8	1,220	-	1,220	460
<i>Total income</i>		845,388	-	845,388	704,919
<u>Expenditure on:</u>					
Charitable activities					
Operation of the charity	9	812,435	-	812,435	729,187
<i>Total expenditure</i>		812,435	-	812,435	729,187
<i>Net income/(expenditure) and net movement of funds</i>		32,953	-	32,953	(24,268)
<u>Reconciliation of funds</u>					
Total funds brought forward		257,756	-	257,756	282,024
<i>Total funds carried forward</i>		290,709	-	290,709	257,756

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 11 to 19 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

BALANCE SHEET

As at 31 March 2025

	Notes	£	Total 2025 £	£	Total 2024 £
<u>Current assets</u>					
Debtors	15	81,150		66,835	
Cash at bank and in hand	16	284,148		254,158	
<i>Total current assets</i>		365,298		320,993	
Creditors: amounts falling due within one year	17	(74,589)		(63,237)	
<i>Net current assets</i>			290,709		257,756
<i>Total assets less current liabilities</i>			290,709		257,756
<i>Total net assets or liabilities</i>			290,709		257,756
<u>Funds of the charity</u>					
Unrestricted income funds			290,709		257,756
Restricted income funds			-		-
<i>Total funds</i>			290,709		257,756

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 11 to 19 form an integral part of these financial statements.

These financial statements were approved by the Board
on: 17 November 2025

and are signed on its behalf by:

Alan Ramsay
Co-chair

RECOVERY COLLEGE COLLECTIVE LTD

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Charity Number 1174907

Company Number 10573524

STATEMENT OF CASH FLOWS

For the year ended 31 March 2025

	2025	2024
	£	£
<u>Cash flows from operating activities</u>		
Net movement in funds	32,953	(24,268)
Deduct interest income shown in investing activities	(1,220)	(460)
Decrease (increase) in debtors	(14,315)	122,011
Increase in creditors	11,352	3,886
<i>Net cash from operating activities</i>	<u>28,770</u>	<u>101,169</u>
<u>Cash flow from investing activities</u>		
Interest received	1,220	460
<i>Net cash used in investing activities</i>	<u>1,220</u>	<u>460</u>
 Increase in cash and cash equivalents	 29,990	 101,629
Cash and cash equivalents at start of year	254,158	152,529
Cash and cash equivalents at end of year	<u>284,148</u>	<u>254,158</u>

The notes on pages 11 to 19 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2022.

Recovery College Collective Ltd meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

RECOVERY COLLEGE COLLECTIVE LTD

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of delivering a mental health support service and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

Analysis of income

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
5 Donations and legacies				
Donations and gifts	4,324	-	4,324	715
	<u>4,324</u>	<u>-</u>	<u>4,324</u>	<u>715</u>
6 Charitable activities				
<u>Income from grants and contracts</u>				
NHS Newcastle and Gateshead				
CCG	582,129	-	582,129	565,658
South Tyneside Contract	35,000	-	35,000	35,000
Fundraising	-	-	-	10,850
CNTW Research	10,900	-	10,900	-
Durham University	18,242	-	18,242	-
Newcastle City Council	30,900	-	30,900	-
	<u>677,171</u>	<u>-</u>	<u>677,171</u>	<u>611,508</u>
7 Other trading activities				
Income generation	89,279	-	89,279	92,236
Building contribution	73,394	-	73,394	-
	<u>162,673</u>	<u>-</u>	<u>162,673</u>	<u>92,236</u>
8 Income from investments				
Bank interest	1,220	-	1,220	460
	<u>1,220</u>	<u>-</u>	<u>1,220</u>	<u>460</u>

Income was £845,388 (2024: £704,919) of which £845,388 was unrestricted or designated (2024: £704,919) and £0 was restricted (2024: £0)

RECOVERY COLLEGE COLLECTIVE LTD

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NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
9 Charitable activities				
<u>Direct costs</u>				
Staff costs	604,053	-	604,053	505,975
Other staff costs	4,945	-	4,945	8,544
Meetings and refreshments	1,859	-	1,859	3,042
Direct activity costs	21,153	-	21,153	6,695
Course costs	31,356	-	31,356	51,343
<u>Support costs</u>				
Bank charges	183	-	183	33
Office rent and rates	4,820	-	4,820	5,408
Insurance	3,497	-	3,497	3,308
Utilities	56,625	-	56,625	48,605
Office costs	22,405	-	22,405	61,768
Repairs, maintenance and renewals	54,896	-	54,896	22,950
Legal fees and professional fees	5,155	-	5,155	10,100
<u>Governance costs</u>				
Independent examiner's fees for reporting on the accounts	1,488	-	1,488	1,416
	<u>812,435</u>	<u>-</u>	<u>812,435</u>	<u>729,187</u>

Expenditure on charitable activities was £812,435 (2024: £729,187) of which £812,435 was unrestricted or designated (2024: £729,187) and £0 was restricted (2024: £0)

10 Fees for examination of the accounts

	2025	2024
	£	£
Independent examiner's fees for reporting on the accounts	1,488	1,416
	<u>1,488</u>	<u>1,416</u>

There were no other fees paid to the examiner (2024: £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

11 Analysis of staff costs and the cost of key management personnel

ReCoCo is run by 17 staff (2024: 17 staff), (equivalent to 8 WTE) plus sessional workers (equivalent to 1.6 WTE) and 12 Therapeutic Enablers (2024: 12 Therapeutic Enablers). 1 member of staff is employed by Mental Health Concern (2024: 1), 7 members of staff are employed by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and 10 members of staff are directly employed by the charity.

The details of the 10 staff directly employed by the charity are as follows (2024: 10):	2025	2024
	£	£
Salaries and wages	211,166	170,009
Social security costs	18,803	9,117
Pension costs (defined contribution pension plan)	7,434	4,391
	237,403	183,517

No employees received remuneration above £60,000 (2024: nil).

The key management personnel of the charity, comprise the trustees and two directors. The total benefits of the key management personnel of the charity were £109,819. (2024: £97,810).

The charity has also benefitted from, but not recognised in its accounts, the contribution of services made by unpaid volunteers.

12 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

12 Transaction(s) with related parties (continued)

Name of the trustee or related party	Relationship to charity	Description of the transaction	2025 £
Alan Ramsey	Trustee	Payment to Alan Ramsey's company Roots and Wings for design services.	5,160

The trustees have made reference to the charity's conflict of interest policy to prevent a conflict of interest from affecting the relevant decision making processes. The legal authority is the charitable company's articles.

13 Defined contribution pension scheme

The employer's pension costs represent contributions payable by the charity to the fund and amount to £7,434 (2024: £4,391). There was £1,243 outstanding as at 31 March 2025 (2024: £1,260)

14 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

15 Debtors and prepayments (receivable within 1 year)

	2025 £	2024 £
Debtors	81,150	66,835
	81,150	66,835

16 Cash at bank and in hand

	2025 £	2024 £
Cash at bank and in hand	284,148	254,158
	284,148	254,158

17 Creditors and accruals (payable within 1 year)

	2025 £	2024 £
Trade creditors	66,626	55,844
Tax and social security	5,232	4,717
Accruals		
Independent examination of accounts	1,488	1,416
Pension	1,243	1,260
	74,589	63,237

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

18 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

19 Analysis of charitable funds

Analysis of movements in unrestricted funds

For the year ended 31 March 2025

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	197,756	-	-	-	197,756
Designated funds					
Designated reserves fund	60,000	-	-	-	60,000
Totals	257,756	845,388	(812,435)	-	290,709

For the year ended 31 March 2024

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	222,024	704,919	(729,187)	-	197,756
Designated funds					
Designated reserves fund	60,000	-	-	-	60,000
Totals	282,024	704,919	(729,187)	-	257,756

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds.
Designated funds	
Designated reserves fund	To cover 2 months running costs.

20 Capital commitments

As at 31 March 2025, the charity had no capital commitments (2024 - £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2025

21 Analysis of net assets between funds

As at 31 March 2025	Unrestricted Funds £	Restricted Funds £	Total 2025 £	Total 2024 £
Cash at bank and in hand	284,148	-	284,148	254,158
Other net current assets/ (liabilities)	6,561	-	6,561	3,598
	<u>290,709</u>	<u>-</u>	<u>290,709</u>	<u>257,756</u>

22 Guarantee

There have been no guarantees given by the charity at 31 March 2025.

23 Debt

There is no debt outstanding which is owed by the charity and which is secured by an excess charge on any of the assets of the charity at 31 March 2025.

24 Governing document

The organisation is a Charitable Incorporated Organisation - Foundation registered on 16 December 2016 as a body corporate under part 11 of the Charities Act 2011.

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales - Charity number 1174907

Accounts

RECOVERY COLLEGE COLLECTIVE LTD

REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2024

Charity Number 1174907

Company Number 10573524

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2024

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RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

The trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ending 31 March 2024 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

These financial statements comply with the Charities Act 2011, the Companies Act 2006, The Recovery College Collective's Memorandum and Articles of Association; and the document 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'.

1. Objectives and Activities

The Objects of the Charity are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment in Northumberland and Tyne and Wear by provision of peer led education and support services in collaboration with mental health service providers.

ReCoCo works in collaboration with mental health service providers and other organisations that share our aims, in an 'open source' and non-proprietary way, to provide a safe space where people can learn from each other and form connections and friendships which aid and sustain their recovery. Since our inception, ReCoCo has brought the voluntary sector and the NHS together in a new and effective way of working in order:

- To provide a peer led, peer delivered education and support service where people can learn from each other's insights, skills and lived experience.
- To nurture a community of troupers and troopers, strivers and survivors, all moving towards a sense of belonging and acceptance for whom, what and how they are.
- To enable connection, positive relationship building, mutual support and friendship.
- To provide opportunities that allow students to aspire to be their best selves, identifying and recognising their innate strengths and talents and their ability to help others.
- To promote recovery through peer led education and activity.
- To provide a focal point, locally, regionally and nationally for peer leadership, peer support and recovery orientated practice.
- To be directed by people who use (or have used) mental health services/experienced mental distress.
- To enable collaboration between mental health service providers and organisations that supports these aims.

We are an organisation run and led by people with lived experience of mental distress and knowledge of what it is like to be on the receiving end. Our mission is to capture, convey and catalyse the lived experience; to reflect mental health service users in all our misery and glory. Not merely to ensure that we are heard, but that we are respected and able to shape our own futures and services. ReCoCo is run by the whole time equivalent of eleven staff and over 25 volunteers, plus therapeutic enablers. ReCoCo values the unique contribution of volunteers

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

and the added value they bring. It is our intention that all volunteers are supported, respected, and valued. ReCoCo has policies and procedures in place to ensure best practice is applied in volunteering. Many hours of volunteer input are delivered every week of the academic year, including co-facilitation of courses, operating reception, and a wide range of other tasks and activities. Volunteering is an incredibly significant resource upon which the successful day to day running of ReCoCo depends, and we would like to use this report to pay tribute to all those who have contributed so much. It also offers a major route for our beneficiaries to develop skills and experience, from which a considerable proportion go on to enter paid work, either with ourselves, or with partner organisations.

ReCoCo recognises the crossover between mental health, and a wide range of factors including: family life, drugs and alcohol, learning disability and autism, social isolation and exclusion and poverty, and we try to make our approach (including access to rooms and resources) as welcoming and widely available as possible. There is a strong link between the recovery process and social inclusion. We support people to regain their place in the communities where they live through volunteering and employment opportunities. We seek to facilitate entries to paid work for our users and support those organisations in embedding our users into their workforce. ReCoCo is serious about impact and shared learning. We share our resources, offer training to VCS, public and private sector colleagues, and we continue to partner with Northumbria University to more rigorously examine the impact of our work.

2. Achievements and Performance

We are delighted to again that thanks to the dedicated efforts of its staff team, sessional workers, volunteers, and Trustees, ReCoCo has had another year of successful achievements. We continue in-person delivery not only of our renowned groups and courses, but have also developed and commenced new ones, and established new partnerships with like-minded organisations in order to maximise our beneficial impact for the people we serve. We began some hyper-local provision in two of the most deprived areas in our footprint, bringing elements of ReCoCo closer to where people live, and this is an area in which we hope to expand and do more: we know that the large number of people who come to our central premises flourish and thrive with the community we've built, but we also know that coming to our premises can be a challenge for some people, and so we will come to them. We have also moved forward in terms of strategic significance, both local and regionally as the architects and designers of the transforming mental health and wider health and social care systems tapped in to our expertise and experience. In the reporting period, we are proud to say that we have broadened our offer with more work with local universities, building on the Mad Studies and Research modules with Northumbria, being a key partner in several initiatives with Newcastle University and we are a major pillar for Durham University's Institute for Medical Humanities platform.

We have more people than ever before on our books, and a larger and broader range of activities than ever before. Our flexible approach has allowed us to be responsive to our students' needs, those of our partners and allies, but we still faced considerable challenges. Covering the running costs of Carlisle Square is always a demanding ask, since funders remain reluctant to cover core costs, and we faced a couple of instances in the period when late/delayed payments from funders left us in a very precarious position. Thankfully the

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

monies due were eventually transferred in the nick of time, but that was not an experience we'd like to revisit.

3. Plans for Future Periods

The world at large has seen several seismic events since the period being reported upon, and they contribute to a climate of uncertainty and insecurity. If pandemics, oil crises, and cost of living pressures have taught us anything, it is to expect the unexpected. Geopolitical turmoil, and a new variety of Government in the UK which, at the time of writing, has yet to truly lay out its intentions (especially with health and social care) mean that we cannot predict the future with any high degree of certainty. We intend to build on our hyper-local offer, to continue our full range of groups, courses and activities, to collaborate even more with like-minded and canny people and organisations, and to meet the needs of our students and their communities in these uncertain and unsettling times. It is possible that the frameworks within which we operate are altered or changed as statutory bodies get reconfigured or “transformed”, but our purpose and direction will remain steadfast: use the power of connection, of peer support, of people using their hard-earned lived experience to good effect, pulling people through from isolation and despair to belonging and purpose.

4. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Recovery College Collective Ltd
Registered Company number	10573524
Registered Charity number	1174907
Operational address	No.1 Carliol Square Newcastle upon Tyne NE1 6UF
Trustees	Alan Ramsay, Chair Julia Harrison Mish Loraine Keith Reid (resigned 24.4.2023) Maria Balfry (resigned 3.7.2023) Jasmin Asquith (resigned 5.12.2023) Mick Hill Caroline Claisse Debbie Ash Caris Vardy
Joint Service Directors	Angela Glascott Alisdair Cameron
Independent Examiner	Lilian Hetherington Connected Voice Business Services One Strawberry Lane Newcastle upon Tyne NE1 4BX

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

Bankers

Lloyds Bank Plc
25 Gresham Street
London EC2V 7HN

5. Structure, Governance and Management

Governing documents

Recovery College Collective Ltd is a charity and a company limited by guarantee defined by the Companies Act 2006. It was incorporated as a company on 19 January 2017 and registered as a charity on 2 October 2017.

Recovery College Collective Ltd operates under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up Members are required to contribute an amount not exceeding £1.

Appointment of Trustees

Trustees are recruited to reflect the skills and expertise we need on the Board. Usually this is initially by direct approach by the Chair or senior staff. Trustee selection also needs to incorporate the requirement that in our Constitution that 50% of our Trustees should be people with lived experience of mental health problems, either as a service user, or as a carer of a person with mental health problems. A proposal for a new Trustee is made to existing Trustees and if approved the new person is sent relevant information from the organisation, and from the Charity Commission, and asked to complete a formal declaration of eligibility.

Trustees' induction and training

Trustees are given initial information about their role including a written role description. Initial meetings with the Chair are arranged, and there is also an invitation to attend a Board meeting as an observer before making a formal commitment to becoming a Trustee. All potential Trustees are invited to come and visit ReCoCo and spend time meeting staff and students before signing a formal declaration of eligibility. Relevant guidance updates from the Charity Commission are circulated (e.g. the recent Welcome Pack for new Trustees), as are local and national updates around such issues as safeguarding. Training opportunities offered by the local CVS infrastructure body, local councils, national agencies and law firms are circulated to trustees.

Staff, Governance and Management

In 2023/24 we said goodbye with a heavy heart to two members of staff, Steve O'Driscoll, who has served us well and loyally for many years, and John Horgan who brought decades of expertise to his role. Both leave on good terms and remain close allies.

We were fortunate to be in a position to recruit for fresh Co-ordinator posts, and were delighted to appoint Georgia Corbett, Emily Sewell, Valerie Colquhoun and Julie Mcaulay. We were also lucky to employ Steve Wood as the LERO (Lived Experience Recovery Organisation) lead for Newcastle upon Tyne, in the post of ReCoCo LERO Addictions and Mental Health Coordinator.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

There was also some shuffling of trustees: Jasmin Asquith, Maria Balfry and Keith Reid all concluded their spells as board members, but on board came Debbie Ash, Caroline Claisse, Caris Vardy and Mick Hill. We'd very much like to put on record our deepest thanks to Jas, Maria and Keith for all of their service, and to welcome our new trustees.

Organisation

The Recovery College Collective is an independent peer led charity

We operate an innovative organisational model that emphasises peer leadership and collaboration between charitable and statutory sectors.

Currently, ReCoCo is mainly funded via contracts with what was Newcastle Gateshead CCG and is now the place-based elements of the North East and North Cumbria Integrated Care Board (ICB) to deliver commissioned services that focus on peer led education, community development, research, service user voice, and activities that foster connection for people with mental health problems and related difficulties. Seven of ReCoCo's seventeen staff are employed via sub-contracts with Northumberland Tyne and Wear NHS Foundation Trust and Everyturn, and ten of these are directly employed by the charity. In addition, there are a number of sessional staff who are not employees, including Therapeutic Enablers, a model that enables individuals to develop confidence in paid work, often after many years away from the jobs market. There is a wider informal collective of over 30 other charities, community groups and public sector bodies who work with ReCoCo on a collaborative basis.

The ReCoCo Users Group (RUGS) was set up as a formal mechanism for student feedback and involvement. Over the coming year there will be further thought given to ensuring that the collective student voice is supported, represented and heard at all levels of the organisation.

Risk management

The Trustees conduct an annual review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

6. Financial Review

In 2023/24 ReCoCo was primarily funded by the aforementioned ICB contracts with additional income from donations, awards and providing training. The total income for the period was £704,919 (2023: £579,233). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 March 2024 shows a deficit across all funds of £24,268 (2023: deficit £89,675).

The Balance Sheet at 31 March 2024 shows total funds carried forward of £257,756 (2023: £282,024) of which there are £nil restricted funds, (2023: £nil).

Reserves policy

ReCoCo has retained a level of free reserves currently £257,756 (2023: £282,024) to meet the working capital requirements of the charity in the event of a significant drop in funding. It has established a policy whereby the unrestricted funds not invested in fixed assets held by the charity should eventually amount to between 3 and 6 months of annual expenditure.

Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. The Trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. Based on these assessments, and the current resources available, the Trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

7. Public Benefit Statement

The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and planning its future activities. The trustees have also reviewed the charitable purposes of the Recovery College Collective, and the external environment, to make sure the Charity is still relevant and needed. This annual report will aim to demonstrate the link between our charitable activity and how this benefits our service users.

8. Statement of Trustee Responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2024

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees on 18 December 2024 and signed on their behalf by:

Alan Ramsay
Chair

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2024

I report on the financial statements of Recovery College Collective Ltd for the year ended 31 March 2024, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lilian Hetherington FCA
Fellow of the Institute of Chartered Accountants in England and Wales
Connected Voice Business Services Ltd
One Strawberry Lane
Newcastle upon Tyne
NE1 4BX

Date: 18 December 2024

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2024

		Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
<u>Income from:</u>						
Donations and legacies	5	715	-	-	715	2,621
Charitable activities						
Grants and contracts	6	611,508	-	-	611,508	512,251
Other trading activities	7	92,696	-	-	92,696	64,361
Total income		704,919	-	-	704,919	579,233
<u>Expenditure on:</u>						
Charitable activities						
Operation of the charity	8	729,187	-	-	729,187	668,908
Total expenditure		729,187	-	-	729,187	668,908
Net income/(expenditure)		(24,268)	-	-	(24,268)	(89,675)
Net movement of funds		(24,268)	-	-	(24,268)	(89,675)
<u>Reconciliation of funds</u>						
Total funds brought forward		222,024	60,000	-	282,024	371,699
Total funds carried forward		197,756	60,000	-	257,756	282,024

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 12 to 20 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

BALANCE SHEET

As at 31 March 2024

	Notes	£	Total 2024 £	£	Total 2023 £
<u>Current assets</u>					
Debtors	14	66,835		188,846	
Cash at bank and in hand	15	254,158		152,529	
Total current assets		320,993		341,375	
Creditors: amounts falling due within one year	16	(63,237)		(59,351)	
Net current assets			257,756		282,024
Total assets less current liabilities			257,756		282,024
Total net assets or liabilities			257,756		282,024
<u>Funds of the charity</u>					
Unrestricted income funds			197,756		222,024
Designated income funds			60,000		60,000
Restricted income funds			-		-
Total funds			257,756		282,024

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 12 to 20 form an integral part of these financial statements.

These financial statements were approved by the Board on 18 December 2024

and are signed on its behalf by:

Alan Ramsay
Co-chair

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

STATEMENT OF CASH FLOWS

For the year ended 31 March 2024

	2024	2023
	£	£
<u>Cash flows from operating activities</u>		
Net movement in funds	(24,268)	(89,675)
Deduct interest income shown in investing activities	(460)	
Decrease (increase) in debtors	122,011	(124,634)
Increase (decrease) in creditors	3,886	(11,059)
<i>Net cash from operating activities</i>	<u>101,169</u>	<u>(225,368)</u>
<u>Cash flow from investing activities</u>		
Interest received	460	-
<i>Net cash used in investing activities</i>	<u>460</u>	<u>-</u>
 Increase in cash and cash equivalents	 101,629	 (225,368)
Cash and cash equivalents at start of year	152,529	377,897
Cash and cash equivalents at end of year	<u>254,158</u>	<u>152,529</u>

The notes on pages 12 to 20 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Recovery College Collective Ltd meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of delivering a mental health support service and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

Analysis of income

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
5 Donations and legacies					
Donations and gifts	715	-	-	715	2,621
	<u>715</u>	<u>-</u>	<u>-</u>	<u>715</u>	<u>2,621</u>
6 Charitable activities					
<u>Income from grants and contracts</u>					
NHS Newcastle and Gateshead CCG	565,658	-	-	565,658	430,244
South Tyneside Contract	35,000	-	-	35,000	35,000
Fundraising	10,850	-	-	10,850	5,379
Gateshead Innovation Fund	-	-	-	-	1,000
Awards for All	-	-	-	-	5,100
Lankelly Chase	-	-	-	-	32,878
Newcastle City Council - COVID 19 Funding	-	-	-	-	2,650
	<u>611,508</u>	<u>-</u>	<u>-</u>	<u>611,508</u>	<u>512,251</u>
7 Other trading activities					
Income generation	92,236	-	-	92,236	64,361
Interest	460	-	-	460	-
	<u>92,696</u>	<u>-</u>	<u>-</u>	<u>92,696</u>	<u>64,361</u>

Income was £704,919 (2023: £579,233) of which £704,919 was unrestricted or designated (2023: £579,233) and £0 was restricted (2023: £0)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £	Total 2023 £
8 Charitable activities					
<u>Direct costs</u>					
Staff costs	505,975	-	-	505,975	441,268
Other staff costs	8,544	-	-	8,544	5,995
Meetings and refreshments	3,042	-	-	3,042	3,651
Direct activity costs	6,695	-	-	6,695	7,792
Course costs	48,343	-	-	48,343	12,746
<u>Support costs</u>					
Bank charges	33	-	-	33	53
Office rent and rates	8,408	-	-	8,408	10,146
Insurance	3,308	-	-	3,308	13,161
Utilities	48,605	-	-	48,605	68,825
Office costs	61,768	-	-	61,768	38,016
Marketing	-	-	-	-	1,090
Repairs, maintenance and renewals	22,950	-	-	22,950	53,563
Legal fees and professional fees	10,100	-	-	10,100	11,186
<u>Governance costs</u>					
Independent examiner's fees for reporting on the accounts	1,416	-	-	1,416	1,416
	<u>729,187</u>	<u>-</u>	<u>-</u>	<u>729,187</u>	<u>668,908</u>

Expenditure on charitable activities was £729,187 (2023: £668,908) of which £729,187 was unrestricted or designated (2023: £668,908) and £0 was restricted (2023: £0)

9 Fees for examination of the accounts

	2024	2023
	£	£
Independent examiner's fees for reporting on the accounts	1,416	1,416
	<u>1,416</u>	<u>1,416</u>

There were no other fees paid to the examiner (2023: £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

10 Analysis of staff costs and the cost of key management personnel

ReCoCo is run by 17 staff (2023: 14 staff), (equivalent to 11 WTE) plus sessional workers (equivalent to 1.6 WTE) and 12 Therapeutic Enablers (2023: 20 Therapeutic Enablers). 1 member of staff is employed by Mental Health Concern (2023: 1), 6 members of staff are employed by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and 10 members of staff are directly employed by the charity.

The details of the 10 staff directly employed by the charity are as follows (2023: 8):

	2024 £	2023 £
Salaries and wages	170,009	129,268
Social security costs	9,117	9,906
Pension costs (defined contribution pension plan)	4,391	2,986
	<u>183,517</u>	<u>142,160</u>

No employee received remuneration above £60,000 (2023: nil).

The key management personnel of the charity, comprise the trustees and two directors. The total benefits of the key management personnel of the charity were £97,810. (2023: £98,882).

The charity has also benefitted from, but not recognised in its accounts, the contribution of services made by unpaid volunteers.

11 Transactions with trustees

None of the trustees have been paid any remuneration or received any other benefits from an employment with their charity or a related entity.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

There have been no related party transactions in the reporting period.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

11 Transaction(s) with related parties (continued)

Name of the trustee or related party	Relationship to charity	Description of the transaction	2023 £
Trustee Michelle Glascott (resigned November 2022)	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	59,836

The trustees have made reference to the charity's conflict of interest policy to prevent a conflict of interest from affecting the relevant decision making processes. The legal authority is the charitable company's articles.

12 Defined contribution pension scheme

The employer's pension costs represent contributions payable by the charity to the fund and amount to £4,391 (2023: £2,986). There was £1,260 outstanding as at 31 March 2024 (2023: £0)

13 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

14 Debtors and prepayments (receivable within 1 year)

	2024 £	2023 £
Debtors	66,835	188,846
	<u>66,835</u>	<u>188,846</u>

15 Cash at bank and in hand

	2024 £	2023 £
Cash at bank and in hand	254,158	152,529
	<u>254,158</u>	<u>152,529</u>

16 Creditors and accruals (payable within 1 year)

	2024 £	2023 £
Trade creditors	55,844	57,935
Tax and social security	4,717	-
Accruals		
Independent examination of accounts	1,416	1,416
Pension	1,260	-
	<u>63,237</u>	<u>59,351</u>

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

17 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

18 Analysis of charitable funds

Analysis of movements in unrestricted funds

For the year ended 31 March 2024

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	222,024	704,919	(729,187)		197,756
Designated funds					
Designated reserves fund	60,000	-	-		60,000
Totals	282,024	704,919	(729,187)	-	257,756

For the year ended 31 March 2023

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	326,699	579,233	(668,908)	(15,000)	222,024
Designated funds					
Designated reserves fund	45,000	-	-	15,000	60,000
Totals	371,699	579,233	(668,908)	-	282,024

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds.
Designated funds	
Designated reserves fund	To cover 2 months running costs.

19 Capital commitments

As at 31 March 2024, the charity had no capital commitments (2023 - £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2024

20 Analysis of net assets between funds

As at 31 March 2024	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2024 £
Cash at bank and in hand	194,158	60,000	-	254,158
Other net current assets/ (liabilities)	3,598	-	-	3,598
	<u>197,756</u>	<u>60,000</u>	<u>-</u>	<u>257,756</u>
As at 31 March 2023	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £
Cash at bank and in hand	92,529	60,000	-	152,529
Other net current assets/ (liabilities)	129,495	-	-	129,495
	<u>222,024</u>	<u>60,000</u>	<u>-</u>	<u>282,024</u>

21 Guarantee

There have been no guarantees given by the charity at 31 March 2024.

22 Debt

There is no debt outstanding which is owed by the charity and which is secured by an excess charge on any of the assets of the charity at 31 March 2024.

23 Governing document

The organisation is a Charitable Incorporated Organisation - Foundation registered on 16 December 2016 as a body corporate under part 11 of the Charities Act 2011.

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales - Charity number 1174907

Accounts

RECOVERY COLLEGE COLLECTIVE LTD

REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2023

Charity Number 1174907

Company Number 10573524

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2023

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RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

The trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ending 31 March 2023 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

These financial statements comply with the Charities Act 2011, the Companies Act 2006, The Recovery College Collective's Memorandum and Articles of Association; and the document 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'.

1. Objectives and Activities

The Objects of the Charity are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment in Northumberland and Tyne and Wear by provision of peer led education and support services in collaboration with mental health service providers.

ReCoCo works in collaboration with mental health service providers and other organisations that share our aims, in an 'open source' and non-proprietary way, to provide a safe space where people can learn from each other and form connections and friendships which aid and sustain their recovery. Since our inception, ReCoCo has brought the voluntary sector and the NHS together in a new and effective way of working in order:

- To provide a peer led, peer delivered education and support service where people can learn from each other's insights, skills and lived experience.
- To nurture a community of troupers and troopers, strivers and survivors, all moving towards a sense of belonging and acceptance for whom, what and how they are.
- To enable connection, positive relationship building, mutual support and friendship.
- To provide opportunities that allow students to aspire to be their best selves, identifying and recognising their innate strengths and talents and their ability to help others.
- To promote recovery through peer led education and activity.
- To provide a focal point, locally, regionally and nationally for peer leadership, peer support and recovery orientated practice.
- To be directed by people who use (or have used) mental health services/experienced mental distress.
- To enable collaboration between mental health service providers and organisations that supports these aims.

We are an organisation run and led by people with lived experience of mental distress and knowledge of what it is like to be on the receiving end. Our mission is to capture, convey and catalyse the lived experience; to reflect mental health service users in all our misery and glory. Not merely to ensure that we are heard, but that we are respected and able to shape our own futures and services. ReCoCo is run by the whole time equivalent of eleven staff and over 25 volunteers, plus therapeutic enablers. ReCoCo values the unique contribution of volunteers and

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

the added value they bring. It is our intention that all volunteers are supported, respected, and valued. ReCoCo has policies and procedures in place to ensure best practice is applied in volunteering. Many hours of volunteer input is delivered every week of the academic year, including co-facilitation of courses, operating reception, and a wide range of other tasks and activities. Volunteering is an incredibly significant resource upon which the successful day to day running of ReCoCo depends, and we would like to use this report to pay tribute to all those who have contributed so much. It also offers a major route for our beneficiaries to develop skills and experience, from which a considerable proportion go on to enter paid work, either with ourselves, or with partner organisations.

ReCoCo recognises the crossover between mental health, and a wide range of factors including: family life, drugs and alcohol, learning disability and autism, social isolation and exclusion and poverty, and we try to make our approach (including access to rooms and resources) as welcoming and widely available as possible. There is a strong link between the recovery process and social inclusion. We support people to regain their place in the communities where they live through volunteering and employment opportunities. We seek to facilitate entries to paid work for our users and support those organisations in embedding our users into their workforce. ReCoCo is serious about impact and shared learning. We share our resources, offer training to VCS, public and private sector colleagues, and we continue to partner with Northumbria University to more rigorously examine the impact of our work.

2. Achievements and Performance

We are delighted to report that thanks to the dedicated efforts of its staff team, sessional workers, volunteers, and Trustees, ReCoCo has had another year of successful achievements. We continue in-person delivery not only of our renowned groups and courses, but have also developed and commenced new ones, and established new partnerships with like-minded organisations in order to maximise our beneficial impact for the people we serve. We also moved forward in terms of strategic significance, both local and regionally as the architects and designers of the transforming mental health and wider health and social care systems tapped in to our expertise and experience.

3. Plans for Future Periods

Our flexible approach leaves us relatively well positioned, but we do need to be vigilant about potential upcoming threats and nimble enough to react appropriately in a timely fashion, which is possibly easier said than done as staff, trustees and volunteers have still to manage the Covid fallout, systemic health and social care pressures, all exacerbated horribly by the “cost of living” crisis, (which some have more accurately renamed a “cost of greed” crisis”) both organisationally and as individuals, while serving our beneficiaries. The NHS, which provides the bulk of our income, and no small number of our operational staff is both under unprecedented stresses and in the throes of another large-scale reorganisation. To date, we have been involved deeply in the local and regional dialogue about what the new world of health and social care will look like and how it might operate, and these discussions have helped to inform our forward thinking. One emergent aim, towards which we have already expended considerable effort and resource, is to equip local communities and neighbourhoods with ReCoCo skill and course materials, to enable them to look out for themselves and each other. This then positions ReCoCo as having our core Recovery College groups and courses, run from No 1 Carlilol Square and from our Retreat in Saltwell park, but also overseeing and steering

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

more bespoke and localised groups and courses, run by local people (aided by Community Peer Support Workers, Social prescribing Link Workers etc), and developing more of such partnership working. This is echoed by our regional work, in which we are seen as playing a significant role in mentoring and bringing on Recovery College provision in other boroughs (i.e. outside of Newcastle and Gateshead) and also in workforce development as exciting new roles in and around peer support are adopted by the NHS (though we must always be alert to the danger of peer support becoming co-opted and possibly distorted when implemented at scale by statutory organisations).

Where things become more troubling relates to finance and income. As the NHS (our principal funder) has undergone another of its periodic major restructurings, its new systems and structures take considerable time to bed down. This has introduced both uncertainties as to the quantum of money we receive from that source, but also as to when that money may eventually reach our account (i.e. cashflow issues could arise). During the reporting period in question, this climate of insecurity was unsettling and necessitated a very prudent approach, and a curtailment or postponement of some activities until the promised funding actually appeared. There are ambitious system plans, locally and regionally in which we've been centrally positioned, but to be fully realised they do need separate funding. It is our firm belief that we will be able to access some of the promised new monies for this transformation programme, but quite how much very much remains to be determined. Our core offering is relatively secure inasmuch as any NHS funding can be said to be safe in the current political (small p and large P) landscape, and outwith the reporting period we have had indications of a potential uplift to our central contract. We have also sought to diversify our sources of income, with a degree of success, and this is something on which we aim to build.

In conclusion then, we have plans and aspirations, as indeed do other people for us, but the systemic turmoil in health and social care, let alone the ongoing disruption in the wider world mean that what we end up with will almost certainly look markedly different to today's plans, though hopefully still congruent with our values and modus operandi. So, cautious and modest hope for future developments that will benefit more people with experience of mental distress, but no complacency, rather a watchful outlook, knowing that we'll have to be able to respond to the unexpected.

4. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Recovery College Collective Ltd
Registered Company number	10573524
Registered Charity number	1174907
Operational address	No.1 Carlol Square Newcastle upon Tyne NE1 6UF
Trustees	Alan Ramsay, Chair Julia Harrison Mish Loraine Michelle Glascott (resigned 28.11.2022) Keith Reid Esther Beadle (resigned 27.2.2023)

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

	David Blazey (resigned 27.2.2023) Maria Balfry Jasmin Asquith (from 25.7.2022)
Joint Service Directors	Angela Glascott Alisdair Cameron
Independent Examiner	Lilian Hetherington Connected Voice Business Services One Strawberry Lane Newcastle upon Tyne NE1 4BX
Bankers	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN

5. Structure, Governance and Management

Governing documents

Recovery College Collective Ltd is a charity and a company limited by guarantee defined by the Companies Act 2006. It was incorporated as a company on 19 January 2017 and registered as a charity on 2 October 2017.

Recovery College Collective Ltd operates under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up Members are required to contribute an amount not exceeding £1.

Appointment of Trustees

Trustees are recruited to reflect the skills and expertise we need on the Board. Usually this is initially by direct approach by one of the Co-Chairs or senior staff. Trustee selection also needs to incorporate the requirement that in our Constitution that 50% of our Trustees should be people with lived experience of mental health problems, either as a service user, or as a carer of a person with mental health problems. A proposal for a new Trustee is made to existing Trustees and if approved the new person is sent relevant information from the organisation, and from the Charity Commission, and asked to complete a formal declaration of eligibility.

Trustees' induction and training

Trustees are given initial information about their role including a written role description. Initial meetings with one of the co-Chairs are arranged, and there is also an invitation to attend a Board meeting as an observer before making a formal commitment to becoming a Trustee. All potential Trustees are invited to come and visit ReCoCo and spend time meeting staff and students before signing a formal declaration of eligibility. Relevant guidance updates from the Charity Commission are circulated (e.g. the recent Welcome Pack for new Trustees), as are local and national updates around such issues as safeguarding. Training opportunities offered by the local CVS infrastructure body, local councils, national agencies and law firms are circulated to trustees.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

Staff, Governance and Management

Our board underwent some transformation, with the departure of Michelle Glascott and Esther Beadle and the stepping down of David Blazey from being Treasurer from the board. All three have provided invaluable service and inputs to ReCoCo, all leave on the best of terms, and continue to contribute, just in less formal ways. The period also saw a new trustee join the board, Jasmin Asquith who has been a welcome addition.

On the staff side of things, we saw the departure of Michael McHugh, Project Co-ordinator (Saltwell Park Retreat), leaving to go to pastures new, and we'd like to note here our sincere thanks for his work. The ranks of our Therapeutic Enablers have also swelled, and we also have the highest number of volunteers to date in the period in question.

Organisation

The Recovery College Collective is an independent peer led charity that has close partnership arrangements with Newcastle Gateshead CCG, Cumbria Northumberland Tyne and Wear NHS FT, Mental Health Concern, Newcastle Council and Gateshead Council.

We operate an innovative organisational model that emphasises peer leadership and collaboration between charitable and statutory sectors. This basically consists of the usual Board of Trustees, with additional support and advice from the Core Partners Reference Group, and a wide variety of less formal collaborations and partnerships around individual projects.

Currently, ReCoCo is mainly funded via contracts with what was Newcastle Gateshead CCG and is now the place-based elements of the North East and North Cumbria Integrated Care Board (ICB) to deliver commissioned services that focus on peer led education, community development, research, service user voice, and activities that foster connection for people with mental health problems and related difficulties. Six of ReCoCo's fourteen staff are employed via sub-contracts with Northumberland Tyne and Wear NHS Foundation Trust and Mental Health Concern (since renamed as Everyturn), and eight of these are directly employed by the charity. In addition, there are a number of sessional staff who are not employees, including Therapeutic Enablers, a model that enables individuals to develop confidence in paid work, often after many years away from the jobs market. There is a wider informal collective of over 30 other charities, community groups and public sector bodies who work with ReCoCo on a collaborative basis. The ReCoCo Users Group (RUGS) was set up as a formal mechanism for student feedback and involvement. Over the coming year there will be further thought given to ensuring that the collective student voice is supported, represented and heard at all levels of the organisation.

Risk management

The Trustees conduct an annual review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

6. Financial Review

In 2022/23 ReCoCo was primarily funded by the aforementioned ICB contracts with additional income from donations, awards and providing training. The total income for the period was £579,233 (2022: £522,756). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 March 2023 shows a deficit across all funds of £89,675 (2022: surplus £60,534).

The Balance Sheet at 31 March 2023 shows total funds carried forward of £282,024 (2022: £371,699) of which there are £nil restricted funds, (2022: £nil).

Reserves policy

ReCoCo has retained a level of free reserves currently £282,024 (2021: £371,699) to meet the working capital requirements of the charity in the event of a significant drop in funding. It has established a policy whereby the unrestricted funds not invested in fixed assets held by the charity should eventually amount to between 3 and 6 months of annual expenditure.

Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. The Trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. Based on these assessments, and the current resources available, the Trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

7. Public Benefit Statement

The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and planning its future activities. The trustees have also reviewed the charitable purposes of the Recovery College Collective, and the external environment, to make sure the Charity is still relevant and needed. This annual report will aim to demonstrate the link between our charitable activity and how this benefits our service users.

8. Statement of Trustee Responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2023

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees on 19 December 2023 and signed on their behalf by:

Alan Ramsay
Chair


[Alan Ramsay \(Dec 19, 2023 14:38 GMT\)](#)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2023

I report on the financial statements of Recovery College Collective Ltd for the year ended 31 March 2023, which are set out on pages 9 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Institute of Chartered Accountants in England and Wales.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Lilian Hetherington FCA


[Lilian Hetherington \(Dec 20, 2023 10:27 GMT\)](#)

Fellow of the Institute of Chartered Accountants in England and Wales

Connected Voice Business Services Ltd

One Strawberry Lane

Newcastle upon Tyne

NE1 4BX

Date: 20/12/2023

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2023

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
<u>Income from:</u>						
Donations and legacies	5	2,621	-	-	2,621	681
Charitable activities						
Grants and contracts	6	512,251	-	-	512,251	451,378
Other trading activities	7	64,361	-	-	64,361	70,697
Total income		579,233	-	-	579,233	522,756
<u>Expenditure on:</u>						
Charitable activities						
Operation of the charity	8	668,908	-	-	668,908	462,222
Total expenditure		668,908	-	-	668,908	462,222
Net income/(expenditure)		(89,675)	-	-	(89,675)	60,534
Transfers between funds		(15,000)	15,000	-	-	-
Net movement of funds		(104,675)	15,000	-	(89,675)	60,534
<u>Reconciliation of funds</u>						
Total funds brought forward		326,699	45,000	-	371,699	311,165
Total funds carried forward		222,024	60,000	-	282,024	371,699

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 12 to 20 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

BALANCE SHEET

As at 31 March 2023

	Notes	£	Total 2023 £	£	Total 2022 £
<u>Current assets</u>					
Debtors	14	188,846		64,212	
Cash at bank and in hand	15	152,529		377,897	
Total current assets		341,375		442,109	
Creditors: amounts falling due within one year	16	(59,351)		(70,410)	
Net current assets			282,024		371,699
Total assets less current liabilities			282,024		371,699
Total net assets or liabilities			282,024		371,699
<u>Funds of the charity</u>					
Unrestricted income funds			222,024		326,699
Designated income funds			60,000		45,000
Restricted income funds			-		-
Total funds			282,024		371,699

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 12 to 20 form an integral part of these financial statements.

These financial statements were approved by the Board

19-Dec-23

and are signed on its behalf by:

Alan Ramsay
Co-chair

Alan Ramsay

Alan Ramsay (Dec 19, 2023 14:38 GMT)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

STATEMENT OF CASH FLOWS

For the year ended 31 March 2023

	2023	2022
	£	£
<u>Cash flows from operating activities</u>		
Net movement in funds	(89,675)	60,534
Deduct interest income shown in investing activities	-	(1)
Decrease (increase) in debtors	(124,634)	26,487
Increase (decrease) in creditors	(11,059)	25,981
<i>Net cash from operating activities</i>	<u>(225,368)</u>	<u>113,001</u>
<u>Cash flow from investing activities</u>		
Interest received	-	1
<i>Net cash used in investing activities</i>	<u>-</u>	<u>1</u>
 Decrease in cash and cash equivalents	 (225,368)	 113,002
Cash and cash equivalents at start of year	<u>377,897</u>	<u>264,895</u>
Cash and cash equivalents at end of year	<u>152,529</u>	<u>377,897</u>

The notes on pages 12 to 20 form an integral part of these financial statements.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Recovery College Collective Ltd meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of delivering a mental health support service and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Analysis of income

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
5 Donations and legacies					
Donations and gifts	2,621	-	-	2,621	681
	<u>2,621</u>	<u>-</u>	<u>-</u>	<u>2,621</u>	<u>681</u>
6 Charitable activities					
<u>Income from grants and contracts</u>					
NHS Newcastle and Gateshead CCG	430,244	-	-	430,244	414,195
South Tyneside Contract	35,000	-	-	35,000	-
Fundraising	5,379	-	-	5,379	-
Gateshead Innovation Fund	1,000	-	-	1,000	27,500
Awards for All	5,100	-	-	5,100	-
Barings Fund	-	-	-	-	5,683
Lankelly Chase	32,878	-	-	32,878	-
Newcastle City Council - COVID 19 Funding	2,650	-	-	2,650	4,000
	<u>512,251</u>	<u>-</u>	<u>-</u>	<u>512,251</u>	<u>451,378</u>
7 Other trading activities					
Income generation	64,361	-	-	64,361	70,696
Interest	-	-	-	-	1
	<u>64,361</u>	<u>-</u>	<u>-</u>	<u>64,361</u>	<u>70,697</u>

Income was £579,233 (2022: £522,756) of which £579,233 was unrestricted or designated (2022: £522,756) and £0 was restricted (2022: £0)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2023 £	Total 2022 £
8 Charitable activities					
<u>Direct costs</u>					
Staff costs	441,268	-	-	441,268	305,509
Other staff costs	5,995	-	-	5,995	6,153
Meetings and refreshments	3,651	-	-	3,651	3,135
Direct activity costs	7,792	-	-	7,792	1,027
Course costs	12,746	-	-	12,746	4,645
<u>Support costs</u>					
Bank charges	53	-	-	53	124
Office rent and rates	10,146	-	-	10,146	12,083
Insurance	13,161	-	-	13,161	15,631
Utilities	68,825	-	-	68,825	32,705
Office costs	38,016	-	-	38,016	23,172
Marketing	1,090	-	-	1,090	1,200
Repairs, maintenance and renewals	53,563	-	-	53,563	46,385
Legal fees and professional fees	11,186	-	-	11,186	9,133
<u>Governance costs</u>					
Independent examiner's fees for reporting on the accounts	1,416	-	-	1,416	1,320
	<u>668,908</u>	<u>-</u>	<u>-</u>	<u>668,908</u>	<u>462,222</u>

Expenditure on charitable activities was £668,908 (2022: £462,222) of which £668,908 was unrestricted or designated (2022: £462,222) and £0 was restricted (2022: £0)

9 Fees for examination of the accounts

	2023 £	2022 £
Independent examiner's fees for reporting on the accounts	1,416	1,320
	<u>1,416</u>	<u>1,320</u>

There were no other fees paid to the examiner (2022: £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

10 Analysis of staff costs and the cost of key management personnel

ReCoCo is run by 14 staff (2022: 10 staff), (equivalent to 11 WTE) plus sessional workers (equivalent to 1.6 WTE) and 20 Therapeutic Enablers (2022: 18 Therapeutic Enablers). 1 member of staff is employed by Mental Health Concern (2022: 5), 5 members of staff are employed by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and 8 members of staff are directly employed by the charity.

The details of the 8 staff directly employed by the charity are as follows (2022: 5):

	2023 £	2022 £
Salaries and wages	129,268	57,828
Social security costs	9,906	4,726
Pension costs (defined contribution pension plan)	2,986	994
	142,160	63,548

No employee received remuneration above £60,000 (2022: nil).

The key management personnel of the charity, comprise the trustees and two directors. The total benefits of the key management personnel of the charity were £98,882. (2022: £100,000).

The charity has also benefitted from, but not recognised in its accounts, the contribution of services made by unpaid volunteers.

11 Transactions with trustees

The following trustees received payments for providing professional service to the charity through their established companies.

Trustee	Organisation	Service provided	2023 £
Alan Ramsay	Roots and Wings	Design and illustration	3,600

The charity undertook an arm's length process to ensure they chose the best provider, Alan Ramsay was not part of the decision making process.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

The following trustee's spouse is seconded to the charity and receives payments for professional services.

Name of the trustee or related party	Relationship to charity	Description of the transaction	2023 £
Trustee Michelle Glascott (resigned November 2022)	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	59,836

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2023

11 Transaction(s) with related parties (continued)

Name of the trustee or related party	Relationship to charity	Description of the transaction	2022 £
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	54,500

The trustees have made reference to the charities conflict of interest policy to prevent a conflict of interest from affecting the relevant decision making processes. The legal authority is the charitable companies Articles.

12 Defined contribution pension scheme

The employer's pension costs represent contributions payable by the charity to the fund and amount to £2,986 (2022: £994). There was £0 outstanding as at 31 March 2023 (2022: £0)

13 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

14 Debtors and prepayments (receivable within 1 year)

	2023 £	2022 £
Debtors	188,846	64,212
	<u>188,846</u>	<u>64,212</u>

15 Cash at bank and in hand

	2023 £	2022 £
Cash at bank and in hand	152,529	377,897
	<u>152,529</u>	<u>377,897</u>

16 Creditors and accruals (payable within 1 year)

	2023 £	2022 £
Trade creditors	57,935	-
Salary recharge	-	69,090
Accruals		
Independent examination of accounts	1,416	1,320
	<u>59,351</u>	<u>70,410</u>

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales - Charity number 1174907

Accounts

RECOVERY COLLEGE COLLECTIVE LTD
(A company limited by guarantee)

REPORT AND FINANCIAL STATEMENTS
For the year ended 31 March 2022

Charity Number 1174907
Company Number 10573524

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

ANNUAL REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2022

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RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

The trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ending 31 March 2022 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

These financial statements comply with the Charities Act 2011, the Companies Act 2006, The Recovery College Collective's Memorandum and Articles of Association; and the document 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'.

1. Objectives and Activities

The Objects of the Charity are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment in Northumberland and Tyne and Wear by provision of peer led education and support services in collaboration with mental health service providers.

ReCoCo works in collaboration with mental health service providers and other organisations that share our aims, in an 'open source' and non-proprietary way, to provide a safe space where people can learn from each other and form connections and friendships which aid and sustain their recovery. Since our inception, ReCoCo has brought the voluntary sector and the NHS together in a new and effective way of working in order:

- To provide a peer led, peer delivered education and support service where people can learn from each other's insights, skills and lived experience.
- To nurture a community of troupers and troopers, strivers and survivors, all moving towards a sense of belonging and acceptance for whom, what and how they are.
- To enable connection, positive relationship building, mutual support and friendship.
- To provide opportunities that allow students to aspire to be their best selves, identifying and recognising their innate strengths and talents and their ability to help others.
- To promote recovery through peer led education and activity.
- To provide a focal point, locally, regionally and nationally for peer leadership, peer support and recovery orientated practice.
- To be directed by people who use (or have used) mental health services/experienced mental distress.
- To enable collaboration between mental health service providers and organisations that supports these aims.

We are an organisation run and led by people with lived experience of mental distress and knowledge of what it is like to be on the receiving end. Our mission is to capture, convey and catalyse the lived experience; to reflect mental health service users in all our misery and glory. Not merely to ensure that we are heard, but that we are respected and able to shape our own futures and services. ReCoCo is run by the whole time equivalent of nine staff and over 25 volunteers, plus therapeutic enablers. ReCoCo values the unique contribution of volunteers and

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

the added value they bring. It is our intention that all volunteers are supported, respected, and valued. ReCoCo has policies and procedures in place to ensure best practice is applied in volunteering. Many hours of volunteer input is delivered every week of the academic year, including co-facilitation of courses, operating reception, and a wide range of other tasks and activities, and the exceptional challenges of this year being reported could not have been managed without the invaluable efforts of students, volunteers and staff all pulling together. Volunteering is an incredibly significant resource upon which the successful day to day running of ReCoCo depends, and we would like to use this report to pay tribute to all those who have contributed so much, in very trying circumstances. It also offers a major route for our beneficiaries to develop skills and experience, from which a considerable proportion go on to enter paid work, either with ourselves, or with partner organisations.

ReCoCo recognises the crossover between mental health, and a wide range of factors including: family life, drugs and alcohol, learning disability and autism, social isolation and exclusion and poverty, and we try to make our approach (including access to rooms and resources) as welcoming and widely available as possible. There is a strong link between the recovery process and social inclusion. We support people to regain their place in the communities where they live through volunteering and employment opportunities. We seek to facilitate entries to paid work for our users and support those organisations in embedding our users into their workforce. ReCoCo is serious about impact and shared learning. We share our resources, offer training to VCS, public and private sector colleagues, and we continue to partner with Northumbria University to more rigorously examine the impact of our work.

2. Achievements and Performance

We are delighted to report that thanks to the dedicated efforts of its staff team, sessional workers, volunteers, and Trustees, ReCoCo has had another year of successful achievements. We have weathered the worst of the pandemic storm, and in this reporting period returned to full, in-person delivery not only of our renowned groups and courses, but also developed and commenced new ones, and established new partnerships with like-minded organisations in order to maximise our beneficial impact for the people we serve. We also moved forward in terms of strategic significance, both local and regionally as the architects and designers of the transforming mental health and wider health and social care systems tapped in to our expertise and experience.

3. Plans for Future Periods

Our flexible approach leaves us relatively well positioned, but we do need to be vigilant about potential upcoming threats and nimble enough to react appropriately in a timely fashion, which is possibly easier said than done as staff, trustees and volunteers have still to manage the Covid fallout, systemic health and social care pressures, all exacerbated horribly by the “cost of living” crisis, (which some have more accurately renamed a “cost of greed” crisis”) both organisationally and as individuals, while serving our beneficiaries. The NHS, which provides the bulk of our income, and no small number of our operational staff is both under unprecedented stresses and in the throes of another large-scale reorganisation.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

To date, we have been involved deeply in the local and regional dialogue about what the new world of health and social care will look like and how it might operate, and these discussions have helped to inform our forward thinking. One emergent aim, towards which we have already expended considerable effort and resource, is to equip local communities and neighbourhoods with ReCoCo skill and course materials, to enable them to look out for themselves and each other. This then positions ReCoCo as having our core Recovery College groups and courses, run from No 1 Carlil Square and from our Retreat in Saltwell park, but also overseeing and steering more bespoke and localised groups and courses, run by local people (aided by Community Peer Support Workers, Social prescribing Link Workers etc), and developing more of such partnership working. This is echoed by our regional work, in which we are seen as playing a significant role in mentoring and bringing on Recovery College provision in other boroughs (i.e. outside of Newcastle and Gateshead) and also in workforce development as exciting new roles in and around peer support are adopted by the NHS (though we must always be alert to the danger of peer support becoming co-opted and possibly distorted when implemented at scale by statutory organisations). The fly in the ointment with this is finance. No 1 Carlil Square is a fantastic building, but one with high running costs, while the outreach/dissemination/localisation work also requires resourcing. This is further complicated by the upheaval in the commissioning and funding world: CCGs have shuffled off this mortal coil, their functions in part taken up by the ICS, though that has yet to truly settle upon its functional structures, and the role of PCNs remains somewhat unclear in terms of commissioning. This uncertainty about who exactly is in charge of what in the new world, and more pointedly, who will pay for what, is concerning at the time of writing: our principal NHS contract runs well into 2023, which means that we can continue to provide our core offering (with the caveat about the building expenses) but that the ambitious system plans, locally and regionally in which we've been centrally positioned do need separate funding. It is our firm belief that we will be able to access some of the promised new monies for this transformation programme, but quite how much very much remains to be determined.

In conclusion then, we have plans and aspirations, as indeed do other people for us, but the systemic turmoil in health and social care, let alone the ongoing disruption in the wider world mean that what we end up with will almost certainly look markedly different to today's plans, though hopefully still congruent with our values and modus operandi. So, cautious and modest hope for future developments that will benefit more people with experience of mental distress, but no complacency, rather a watchful outlook, knowing that we'll have to be able to respond to the unexpected.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

4. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Recovery College Collective Ltd	
Registered Company number	10573524	
Registered Charity number	1174907	
Operational address	No.1 Carlilol Square Newcastle upon Tyne NE1 6UF	
Trustees	Alan Ramsay Jan Pyrke Julia Harrison Mish Lorraine Michelle Glascott Keith Reid Esther Beadle Annessa Rebar David Blazey Maria Balfry	Chair (Resigned 16/02/22) (Resigned 31/01/22) Treasurer (Appointed 27/09/21)
Joint Service Directors	Angela Glascott Alisdair Cameron	
Independent Examiner	Philippa Gardiner Connected Voice Business Services Higham House Higham, Place Newcastle upon Tyne NE1 8AF	
Bankers	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN	

5. Structure, Governance and Management

Governing documents

Recovery College Collective Ltd is a charity and a company limited by guarantee defined by the Companies Act 2006. It was incorporated as a company on 19 January 2017 and registered as a charity on 2 October 2017.

Recovery College Collective Ltd operates under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up Members are required to contribute an amount not exceeding £1.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

Appointment of Trustees

Trustees are recruited to reflect the skills and expertise we need on the Board. Usually this is initially by direct approach by one of the Co-Chairs or senior staff. Trustee selection also needs to incorporate the requirement that in our Constitution that 50% of our Trustees should be people with lived experience of mental health problems, either as a service user, or as a carer of a person with mental health problems. A proposal for a new Trustee is made to existing Trustees and if approved the new person is sent relevant information from the organisation, and from the Charity Commission, and asked to complete a formal declaration of eligibility.

Trustees' induction and training

Trustees are given initial information about their role including a written role description. Initial meetings with one of the co-Chairs are arranged, and there is also an invitation to attend a Board meeting as an observer before making a formal commitment to becoming a Trustee. All potential Trustees are invited to come and visit ReCoCo and spend time meeting staff and students before signing a formal declaration of eligibility. Relevant guidance updates from the Charity Commission are circulated (eg the recent Welcome Pack for new Trustees), as are local and national updates around such issues as safeguarding. Training opportunities offered by the local CVS infrastructure body, local councils, national agencies and law firms are circulated to trustees. In October 2019 we held an externally facilitated review of our performance against the Charity Governance Code, using the NCVO self-assessment framework. One other Board time out session focused more on key areas of the charity's strategic development.

Staff, Governance and Management

Our board underwent some transformation, with the departure from the Company Secretary role of the long-time ReCoCo servant, Steve Nash, the stepping down of Jan Pyrke from being Co-Chair and from the board, and the departure too of Annessa Rebar. All three have provided invaluable service and inputs to ReCoCo, all leave on the best of terms, and continue to contribute, just in less formal ways. The period also saw a new trustee join the board, Dr Maria Balfry who has waited no time in make their mark (positively!)

On the staff side of things, we saw the departure of Emma Savage as Office Manager, leaving to go to pastures new, and we'd like to note here our thanks for her work in very challenging circumstances navigating through both a global pandemic and a huge office move, together with an expansion of ReCoCo responsibilities. In her place we have welcomed Gill Fake, who has settled in very quickly and brought greater sense and order to the mechanics of how we operate. The inimitable and irreplaceable Jonny Blythe also left our happy team to luxuriate in IPS meadows. We'll dearly miss him, but he won't become a stranger to us. Mark Wood came on board, bringing a wealth of hands-on buildings repair knowledge, DIY capabilities and music production talent. Joining our ranks have been the redoubtable Fiona Tasker, the resilient Michael McHugh and Gemma Muldowney, who has brought a fresh outlook to the team, while Wendy Ritchie now works for us full-time on a permanent basis, and Megan Shaftoe has had a promotion, resulting in a very strong operational team. The ranks of our Therapeutic Enablers have swelled, and we also have the highest number of volunteers to date in the period in question.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

Organisation

The Recovery College Collective is an independent peer led charity that has close partnership arrangements with Newcastle Gateshead CCG, Cumbria Northumberland Tyne and Wear NHS FT, Mental Health Concern, Newcastle Council and Gateshead Council, who together form a Core Partners Reference Group.

We operate an innovative organisational model that emphasises peer leadership and collaboration between charitable and statutory sectors. This basically consists of the usual Board of Trustees, with additional support and advice from the Core Partners Reference Group, and a wide variety of less formal collaborations and partnerships around individual projects.

As of 1st April 2021, ReCoCo is mainly funded via contracts with Newcastle Gateshead CCG to deliver commissioned services that focus around peer led education (The Recovery College) and service user voice (Launchpad) for people with mental health problems and related difficulties. Most of ReCoCo's seven staff are employed via sub-contracts with Northumberland Tyne and Wear NHS Foundation Trust and Mental Health Concern, although as of early 2020 two of these (new posts) were set up to be directly employed by the charity. In addition, there are a number of sessional staff who are not employees, including Therapeutic Enablers, a model that enables individuals to develop confidence in paid work, often after many years away from the jobs market. There is a wider informal collective of over 30 other charities, community groups and public sector bodies who work with ReCoCo on a collaborative basis.

The ReCoCo Users Group (RUGS) was set up as a formal mechanism for student feedback and involvement. The Board of Trustees has been keen to see this get off the ground and over the coming year there will be further thought given to ensuring that the collective student voice is supported, represented and heard at all levels of the organisation.

Risk management

The Trustees conduct an annual review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

6. Financial Review

ReCoCo was primarily funded by contracts with Newcastle Gateshead CCG, with grants from the Gateshead Innovation Fund, Bright Ideas, and Barings Foundation (via NE Law Centre) with additional income from donations, awards and providing training. The total income for the period was £522,756 (2021: £511,326). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 March 2022 shows a surplus across all funds of £60,534 (2021: £150,081).

The Balance Sheet at 31 March 2022 shows total funds carried forward of £371,699 (2021: £311,165) of which there are £nil restricted funds, (2021: £nil).

Reserves policy

ReCoCo has retained a level of free reserves currently £371,699 (2021: £311,165) to meet the working capital requirements of the charity in the event of a significant drop in funding. It has

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

established a policy whereby the unrestricted funds not invested in fixed assets held by the charity should eventually amount to between 3 and 6 months of annual expenditure.

Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. The Trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. In particular, in response to the COVID-19 pandemic, the Trustees have revised their forecasts to take into account the impact on the business of possible scenarios brought on by the impact of COVID-19, alongside the measures that they can take to mitigate the impact. Based on these assessments, given the measures that could be undertaken to mitigate the current adverse conditions, and the current resources available, the Trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

7. Insurance

The charity's insurance policy does cover and provide trustees with indemnity cover.

8. Related Parties

The following trustees received payments for providing professional service to the charity through their established companies.

Trustee	Organisation	Service provided	2021 £
Alan Ramsay	Roots and Wings	Design and illustration	1,200

The charity undertook an arm's length process to ensure they chose the best provider, Alan Ramsay was not part of the decision making process.

The following trustee's spouse is seconded to the charity and receives payments for professional services.

Name of the trustee or related party	Relationship to charity	Description of the transaction	2022 £
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	54,500

Name of the trustee or related party	Relationship to charity	Description of the transaction	2021 £
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	52,108

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

8. Chairs' Report

We are delighted to report that thanks to the dedicated efforts of its staff team, sessional workers, volunteers, and Trustees, ReCoCo has had another year of successful achievements. We have weathered the worst of the pandemic storm, and in this reporting period returned to full, in-person delivery not only of our renowned groups and courses, but also developed and commenced new ones, and established new partnerships with like-minded organisations in order to maximise our beneficial impact for the people we serve. We also moved forward in terms of strategic significance, both local and regionally as the architects and designers of the transforming mental health and wider health and social care systems tapped in to our expertise and experience. Our board underwent some transformation too, with the departure from the Company Secretary role of the long-time ReCoCo servant, Steve Nash, the stepping down of Jan Pyrke from being Co-Chair and from the board, and the departure too of Annessa Rehair. All three have provided invaluable service and inputs to ReCoCo, all leave on the best of terms, and continue to contribute, just in less formal ways. The period also saw two new trustees join the board, Dr Maria Balfry and Jas Asquith, both of whom have waited no time in make their marks (positively!)

On the staff side of things, we saw the departure of Emma Savage as Office Manager, leaving to go to pastures new, and we'd like to note here our thanks for her work in very challenging circumstances navigating through both a global pandemic and a huge office move, together with an expansion of ReCoCo responsibilities. In her place we have welcomed Gill Fake, who has settled in very quickly and brought greater sense and order to the mechanics of how we operate. The inimitable and irreplaceable Jonny Blythe also left our happy team to luxuriate in IPS meadows. We'll dearly miss him, but he won't become a stranger to us. Mark Wood came on board, bringing a wealth of hands-on buildings repair knowledge, DIY capabilities and music production talent. Joining our ranks has been Gemma Muldowney, who has brought a fresh outlook to the team, while Wendy Ritchie now works for us full-time on a permanent basis, and Megan Shaftoe has had a promotion, resulting in a very strong operational team.

The ranks of our Therapeutic Enablers have swelled, and we also have the highest number of volunteers to date in the period in question.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2022

8. Statement of Trustee Responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees on 22.12.2022 and signed on their behalf by:

Alan Ramsay *A Ramsay*
Co-Chair

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2022

I report on the financial statements of Recovery College Collective Ltd for the year ended 31 March 2022, which are set out on pages 11 to 21.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Philippa Gardiner FCA
Connected Voice Business Services Ltd
Higham House
Higham Place
Newcastle upon Tyne
NE1 8AF
Date: 22.12.2022

P Gardiner

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2022

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
<u>Income from:</u>						
Donations and legacies	5	681	-	-	681	7,420
Charitable activities						
Grants and contracts	6	451,378	-	-	451,378	389,945
Other trading activities	7	70,697	-	-	70,697	113,961
Total income		522,756	-	-	522,756	511,326
<u>Expenditure on:</u>						
Charitable activities						
Operation of the charity	8	462,222	-	-	462,222	361,245
Total expenditure		462,222	-	-	462,222	361,245
Net income/(expenditure)		60,534	-	-	60,534	150,081
Transfers between funds		-	-	-	-	-
Net movement of funds		60,534	-	-	60,534	150,081
<u>Reconciliation of funds</u>						
Total funds brought forward		266,165	45,000	-	311,165	161,084
Total funds carried forward		326,699	45,000	-	371,699	311,165

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 14 to 21 form an integral part of these accounts.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

BALANCE SHEET

As at 31 March 2022

	Notes	£	Total 2022 £	£	Total 2021 £
<u>Current assets</u>					
Debtors	14	64,212		90,699	
Cash at bank and in hand	15	377,897		264,895	
Total current assets		442,109		355,594	
Creditors: amounts falling due within one year	16	(70,410)		(44,429)	
Net current assets			371,699		311,165
Total assets less current liabilities			371,699		311,165
Total net assets or liabilities			371,699		311,165
<u>Funds of the charity</u>					
Unrestricted income funds			326,699		266,165
Designated income funds			45,000		45,000
Restricted income funds			-		-
Total funds			371,699		311,165

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The notes on pages 14 to 21 form an integral part of these accounts.

These financial statements were approved by the Board

22.12.2022

and are signed on its behalf by:

Alan Ramsay
Co-chair

A Ramsey

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 1174907

Company Number 10573524

STATEMENT OF CASH FLOWS

For the year ended 31 March 2022

	2022	2021
	£	£
<u>Cash flows from operating activities</u>		
Net movement in funds	60,534	150,081
Deduct interest income shown in investing activities	(1)	-
Decrease (increase) in debtors	26,487	(73,268)
Increase (decrease) in creditors	25,981	(35,847)
<i>Net cash from operating activities</i>	<u>113,001</u>	<u>40,966</u>
<u>Cash flow from investing activities</u>		
Interest received	1	-
<i>Net cash used in investing activities</i>	<u>1</u>	<u>-</u>
 Increase in cash and cash equivalents	 113,002	 40,966
Cash and cash equivalents at start of year	264,895	223,929
Cash and cash equivalents at end of year	<u>377,897</u>	<u>264,895</u>

The notes on pages 14 to 21 form an integral part of these accounts.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Recovery College Collective Ltd meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of delivering a mental health support service and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

Analysis of income

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
5 Donations and legacies					
Donations and gifts	681	-	-	681	7,420
Mindful grants	-	-	-	-	-
	<u>681</u>	<u>-</u>	<u>-</u>	<u>681</u>	<u>7,420</u>
6 Charitable activities					
<u>Income from grants and contracts</u>					
NHS Newcastle and Gateshead CCG	414,195	-	-	414,195	324,545
Gateshead Innovation Fund	27,500	-	-	27,500	15,500
Awards for All	-	-	-	-	10,000
Barings Fund	5,683	-	-	5,683	1,900
Lankelly Chase	-	-	-	-	33,000
Newcastle City Council - COVID 19 Funding	4,000	-	-	4,000	5,000
	<u>451,378</u>	<u>-</u>	<u>-</u>	<u>451,378</u>	<u>389,945</u>
7 Other trading activities					
Income generation	70,696	-	-	70,696	113,961
Interest	1	-	-	1	-
	<u>70,697</u>	<u>-</u>	<u>-</u>	<u>70,697</u>	<u>113,961</u>

Income was £522,756 (2021: £511,326) of which £522,756 was unrestricted or designated (2021: £511,326) and £0 was restricted (2021: £0)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

Analysis of expenditure on charitable activities

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £	Total 2021 £
8 Charitable activities					
<u>Direct costs</u>					
Staff costs	305,509	-	-	305,509	259,578
Other staff costs	6,153	-	-	6,153	1,417
Meetings and refreshments	3,135	-	-	3,135	1,062
Direct activity costs	1,027	-	-	1,027	1,661
Course costs	4,645	-	-	4,645	5,257
Premises set up costs	-	-	-	-	31,471
<u>Support costs</u>					
Moving and set up costs	-	-	-	-	3,912
Bank charges	124	-	-	124	-
Office rent and rates	12,083	-	-	12,083	11,413
Insurance	15,631	-	-	15,631	7,693
Utilities	32,705	-	-	32,705	12,692
Office costs	23,172	-	-	23,172	17,553
Marketing	1,200	-	-	1,200	23
Repairs, maintenance and renewals	46,385	-	-	46,385	-
Legal fees and professional fees	9,133	-	-	9,133	6,313
<u>Governance costs</u>					
Independent examiner's fees for reporting on the accounts	1,320	-	-	1,320	1,200
	<u>462,222</u>	<u>-</u>	<u>-</u>	<u>462,222</u>	<u>361,245</u>

Expenditure on charitable activities was £462,222 (2021: £361,245) of which £462,222 was unrestricted or designated (2021: £361,245) and £0 was restricted (2021: £0)

9 Fees for examination of the accounts

	2022 £	2021 £
Independent examiner's fees for reporting on the accounts	1,200	1,200
	<u>1,200</u>	<u>1,200</u>

There were no other fees paid to the examiner (2021: £nil)

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

10 Analysis of staff costs and the cost of key management personnel

ReCoCo is run by ten staff (2021: nine staff), (equivalent to 9 WTE) plus sessional workers (equivalent to 1.6 WTE) and 18 Therapeutic Enablers (2021: 14 Therapeutic Enablers). Five members of staff are employed by Mental Health Concern (2021: two employees), five members of staff are employed by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and six member of staff are directly employed by the charity.

The details of the five staff directly employed by the charity are as follows (2021: two):

	2022 £	2021 £
Salaries and wages	57,828	34,817
Social security costs	4,726	2,819
Pension costs (defined contribution pension plan)	994	400
	63,548	38,036

No employee received remuneration above £60,000 (2021: nil).

The key management personnel of the charity, comprise the trustees and two directors. The total benefits of the key management personnel of the charity were £100,000. (2021: £90,932).

The charity has also benefitted from, but not recognised in its accounts, the contribution of services made by unpaid volunteers.

11 Transactions with trustees

The following trustees received payments for providing professional service to the charity through their established companies.

Trustee	Organisation	Service provided	2021 £
Alan Ramsay	Roots and Wings	Design and illustration	1,200

The charity undertook an arm's length process to ensure they chose the best provider, Alan Ramsay was not part of the decision making process.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

The following trustee's spouse is seconded to the charity and receives payments for professional services.

Name of the trustee or related party	Relationship to charity	Description of the transaction	2022 £
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	54,500

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

11 Transaction(s) with related parties (continued)

Name of the trustee or related party	Relationship to charity	Description of the transaction	2021 £
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	52,108

The trustees have made reference to the charities conflict of interest policy to prevent a conflict of interest from affecting the relevant decision making processes. The legal authority is the charitable companies Articles.

12 Defined contribution pension scheme

The employer's pension costs represent contributions payable by the charity to the fund and amount to £994 (2021: £400). There was £0 outstanding as at 31 March 2022 (2021: £0)

13 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

14 Debtors and prepayments (receivable within 1 year)

	2022 £	2021 £
Debtors	64,212	89,341
Other debtors	-	1,358
	64,212	90,699

15 Cash at bank and in hand

	2022 £	2021 £
Cash at bank and in hand	377,897	264,895
	377,897	264,895

16 Creditors and accruals (payable within 1 year)

	2022 £	2021 £
Other creditors	-	160
Salary recharge	69,090	41,869
Accruals		
Independent examination of accounts	1,320	2,400
	70,410	44,429

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

17 Deferred income

Deferred income comprises of advance payments from grants that relate to future periods

	2022 £	2021 £
Balance brought forward	-	30,000
Amount released to income earned from charitable activities	-	(30,000)
Amount deferred in year	-	-
Balance carried forward	-	-

18 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

19 Analysis of charitable funds

Analysis of movements in unrestricted funds

For the year ended 31 March 2022

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	266,165	522,756	(462,222)	-	326,699
Designated funds					
Designated reserves fund	45,000	-	-	-	45,000
Totals	311,165	522,756	(462,222)	-	371,699

For the year ended 31 March 2021

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	141,084	511,326	(361,245)	(25,000)	266,165
Designated funds					
Designated reserves fund	20,000	-	-	25,000	45,000
Totals	161,084	511,326	(361,245)	-	311,165

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds.
Designated funds	
Designated reserves fund	To cover 2 months running costs.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2022

20 Capital commitments

As at 31 March 2022, the charity had no capital commitments (2021 -£nil)

21 Analysis of net assets between funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2022 £
Cash at bank and in hand	332,897	45,000	-	377,897
Other net current assets/ (liabilities)	(6,198)	-	-	(6,198)
	<u>326,699</u>	<u>45,000</u>	<u>-</u>	<u>371,699</u>

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £
Cash at bank and in hand	219,895	45,000	-	264,895
Other net current assets/ (liabilities)	46,270	-	-	46,270
	<u>266,165</u>	<u>45,000</u>	<u>-</u>	<u>311,165</u>

RECOVERY COLLEGE COLLECTIVE LIMITED

England & Wales - Charity number 1174907

Accounts

RECOVERY COLLEGE COLLECTIVE LTD

REPORT AND FINANCIAL STATEMENTS

For the year ended 31 March 2021

Charity Number 1174907

Company Number 10573524

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

The trustees are pleased to present their annual Directors' report together with financial statements of the charity for the year ending 31 March 2021 which are also prepared to meet the requirements for a Directors' report and accounts for Companies Act purposes.

These financial statements comply with the Charities Act 2011, the Companies Act 2006, The Recovery College Collective's Memorandum and Articles of Association; and the document 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable to the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)'.

1. Objectives and Activities

The Objects of the Charity are to promote the preservation of mental health and to assist in relieving and rehabilitating persons suffering from mental health disorders or conditions of emotional or mental distress requiring advice or treatment in Northumberland and Tyne and Wear by provision of peer led education and support services in collaboration with mental health service providers.

ReCoCo works in collaboration with mental health service providers and other organisations that share our aims, in an 'open source' and non-proprietary way, to provide a safe space where people can learn from each other and form connections and friendships which aid and sustain their recovery. Since our inception, ReCoCo has brought the voluntary sector and the NHS together in a new and effective way of working in order:

- To provide a peer led, peer delivered education and support service where people can learn from each other's insights, skills and lived experience.
- To nurture a community of troupers and troopers, strivers and survivors, all moving towards a sense of belonging and acceptance for whom, what and how they are.
- To enable connection, positive relationship building, mutual support and friendship.
- To provide opportunities that allow students to aspire to be their best selves, identifying and recognising their innate strengths and talents and their ability to help others.
- To promote recovery through peer led education and activity.
- To provide a focal point, locally, regionally and nationally for peer leadership, peer support and recovery orientated practice.
- To be directed by people who use (or have used) mental health services/experienced mental distress.
- To enable collaboration between mental health service providers and organisations that supports these aims.

We are an organisation run and led by people with lived experience of mental distress and knowledge of what it is like to be on the receiving end. Our mission is to capture, convey and catalyse the lived experience; to reflect mental health service users in all our misery and glory. Not merely to ensure that we are heard, but that we are respected and able to shape our own futures and services. ReCoCo is run by the whole time equivalent of nine staff and over 25 volunteers, plus therapeutic enablers. ReCoCo values the unique contribution of volunteers and

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

the added value they bring. It is our intention that all volunteers are supported, respected, and valued. ReCoCo has policies and procedures in place to ensure best practice is applied in volunteering. Many hours of volunteer input is delivered every week of the academic year, including co-facilitation of courses, operating reception, and a wide range of other tasks and activities, and the exceptional challenges of this year being reported could not have been managed without the invaluable efforts of students, volunteers and staff all pulling together. Volunteering is an incredibly significant resource upon which the successful day to day running of ReCoCo depends, and we would like to use this report to pay tribute to all those who have contributed so much, in very trying circumstances. It also offers a major route for our beneficiaries to develop skills and experience, from which a considerable proportion go on to enter paid work, either with ourselves, or with partner organisations.

ReCoCo recognises the crossover between mental health, and a wide range of factors including: family life, drugs and alcohol, learning disability and autism, social isolation and exclusion and poverty, and we try to make our approach (including access to rooms and resources) as welcoming and widely available as possible. There is a strong link between the recovery process and social inclusion. We support people to regain their place in the communities where they live through volunteering and employment opportunities. We seek to facilitate entries to paid work for our users and support those organisations in embedding our users into their workforce. ReCoCo is serious about impact and shared learning. We share our resources, offer training to VCS, public and private sector colleagues, and we continue to partner with Northumbria University to more rigorously examine the impact of our work.

2. Achievements and Performance

While alluded to in our last annual report (19-20), the period for which this report is concerned, April 2020 to March 2021 was obviously dominated by the Covid-19 pandemic. Along with everybody else, we were profoundly affected, and Covid overshadowed all other concerns or issues in the year, even the fact that we moved our main premises from Anderson House to the fantastic, spacious (which proved invaluable for social distancing) No 1 Carlisle Square. The new premises are the testing-ground for new ways of working, making real the rhetoric of working in a community-based, multi-agency, multi-disciplinary fashion, informed by people with direct lived experience and those at the sharp end. We have tremendous partners (core partners of Newcastle and Gateshead local authorities, CNTW NHS FT, Newcastle Gateshead CCG and Mental Health Concern) and collaborating partners with us in the building, with the likes of Edge NE, Social Justice Lass, Clean Slate, Changing Lives, Fulfilling Lives, Families in Care and many more.

The people we serve were already disproportionately suffering from years of austerity, from discriminatory policies, from entrenched disadvantage. Covid has exacerbated these inequalities horribly. Our modus operandi is all about connection, and community development, aiding people to identify and recognise their innate strengths and talents, their ability to help others. Pre-Covid this was overwhelmingly in person, but we had to very rapidly move online: Zoom drop-byes, Zoom mindfulness, Zoom self-esteem, a YouTube channel, our website, plus Twitter and Instagram.

One of the biggest challenges we've had to face through the period has been regarding our ability to maintain connection. Staff and volunteers were redeployed from in-person work to

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

provide the online content and courses, but then also had as the year went on, to look to resume in-person work. This presented us with an issue of capacity and how we can both provide in-person and online at the same time.

An obvious issue that arose with everything shifting online has been digital exclusion. With all kinds of collaborators, we decided that one way forward is a free, hard-copy, physical newspaper, The Lockdown Gazette, which has had two editions to date, each with print runs of over 5,000. This was in addition to our other communications by mail, by email, through our website and other digital channels, and ringing people up.

In recognition of the role of frontline workers in the pandemic, we also designed a special wellbeing package for hospital staff at risk of Covid burn-out, delivered in our secure yet reassuring premises in Saltwell Park. There is no hard and fast divide between service user and service provider in times like this. Many cohorts of staff benefitted greatly.

As lockdown regulations shifted, we resumed face-to-face activity as soon as was safe, in stages to match the guidance, firstly bringing students back in in “bubbles”, initially of six, then of eight, plus encouraging facilitated outdoor walking meet-ups. By the end of the reporting year, we were able to plan for a full resumption of groups and courses, but well aware of the increased pressures within the system, we also dedicated considerable time and effort into sharing our knowledge and materials, training staff from other organisations (Social Prescribing Link Workers, practice nurses, GPs, social care staff, Peer Support workers etc.) in our ways of doing things so that they can offer some of what we do in their localities and neighbourhoods. This fits very well with the emergent way of working with Primary Care Networks and Place-Based Systems. More significantly it aligns with our ethos of being non-proprietary, of sharing and exchanging, operating on mutuality and reciprocity.

3. Plans for Future Periods

There have been many lessons learned from the pandemic, one of which has been that top-down, centralised, one-size-fits-all approaches, heavy on remote bureaucracy and diktat, do not work well. Local responses have been far more effective, drawing on the inherent skills and resources of professionals and citizens, statutory organisations, charities, co-operatives, collectives, and communities: people from all backgrounds have worked innovatively and fluidly in response to the complex, multi-layered challenges, pulling together in a mutual, reciprocal fashion to alleviate distress and meet need. This approach chimes well with the ReCoCo outlook, ethos and way of working.

However, another lesson from the pandemic is that even the best-laid plans can be rendered redundant by events. Again, our flexible approach leaves us relatively well positioned, but we do need to be vigilant about potential upcoming threats and nimble enough to react appropriately in a timely fashion, which is possibly easier said than done as staff, trustees and volunteers have still to manage the Covid fallout, both organisationally and as individuals, while serving our beneficiaries. The NHS, which provides the bulk of our income, and no small number of our operational staff is in the throes of another large-scale reorganisation. To date, we have been involved deeply in the local and regional dialogue about what the new world of health and social care will look like and how it might operate, and these discussions have helped to inform our forward thinking. To this end, we have been preparing for an even more localised offering,

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

working in PCN (Primary care Network) and neighbourhood footprints, and redoubled our Train the trainer efforts too. The aim is thus to equip local communities and neighbourhoods with ReCoCo skill and course materials, to enable them to look out for themselves and each other.

This then positions ReCoCo as having our core Recovery College groups and courses, run from No 1 Carlil Square and from our Retreat in Saltwell park, but also overseeing and steering more bespoke and localised groups and courses, run by local people (aided by Community Peer Support Workers, Social prescribing Link Workers etc), and developing more of such partnership working. This is echoed by our regional work, in which we are seen as playing a significant role in mentoring and bringing on Recovery College provision in other boroughs (i.e. outside of Newcastle and Gateshead) and also in workforce development as exciting new roles in and around peer support are adopted by the NHS (though we must always be alert to the danger of peer support becoming co-opted and possibly distorted when implemented at scale by statutory organisations).

The fly in the ointment with this is finance. No 1 Carlil Square is a fantastic building, but one with high running costs, while the outreach/dissemination/localisation work also requires resourcing. This is further complicated by the upheaval in the commissioning and funding world: CCGs will be gone by April 2022, their functions in part taken up by the ICS, though that has yet to settle upon its functional structures, and the role of PCNs remains somewhat unclear in terms of commissioning. This uncertainty about who exactly is in charge of what in the new world, and more pointedly, who will pay for what, is concerning at the time of writing: our principal NHS contract runs well into 2023, which means that we can continue to provide our core offering (with the caveat about the building expenses) but that the ambitious system plans, locally and regionally in which we've been centrally positioned do need separate funding. It is our firm belief that we will be able to access some of the promised new monies for this transformation programme, but quite how much very much remains to be determined.

In conclusion then, we have plans and aspirations, as indeed do other people for us, but the systemic turmoil in health and social care, let alone the ongoing disruption in the wider world mean that what we end up with will almost certainly look markedly different to today's plans, though hopefully still congruent with our values and modus operandi. So, cautious and modest hope for future developments that will benefit more people with experience of mental distress, but no complacency, rather a watchful outlook, knowing that we'll have to be able to respond to the unexpected.

4. Reference and administrative details of the charity, its trustees and advisors

Charity Name	Recovery College Collective Ltd
Registered Company number	10573524
Registered Charity number	1174907
Operational address	No.1 Carlil Square Newcastle upon Tyne NE1 6UF

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

Trustees	Alan Ramsay Jan Pyrke Julia Harrison Mish Lorraine Michelle Glascott Keith Reid Esther Beadle Annessa Rebar David Blazey	Co-Chair Co-Chair Appointed 23 Sep 20 Treasurer
Joint Service Directors	Angela Glascott Alisdair Cameron	
Independent Examiner	Jim Dodds Connected Voice Business Services Higham House Higham, Place Newcastle upon Tyne NE1 8AF	
Bankers	Lloyds Bank Plc 25 Gresham Street London EC2V 7HN	

5. Structure, Governance and Management

Governing documents

Recovery College Collective Ltd is a charity and a company limited by guarantee defined by the Companies Act 2006. It was incorporated as a company on 19 January 2017 and registered as a charity on 2 October 2017.

Recovery College Collective Ltd operates under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of the company being wound up Members are required to contribute an amount not exceeding £1.

Appointment of Trustees

Trustees are recruited to reflect the skills and expertise we need on the Board. Usually this is initially by direct approach by one of the Co-Chairs or senior staff. Trustee selection also needs to incorporate the requirement that in our Constitution that 50% of our Trustees should be people with lived experience of mental health problems, either as a service user, or as a carer of a person with mental health problems. A proposal for a new Trustee is made to existing Trustees and if approved the new person is sent relevant information from the organisation, and from the Charity Commission, and asked to complete a formal declaration of eligibility.

Trustees' induction and training

Trustees are given initial information about their role including a written role description. Initial meetings with one of the co-Chairs are arranged, and there is also an invitation to attend a Board meeting as an observer before making a formal commitment to becoming a Trustee. All

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

potential Trustees are invited to come and visit ReCoCo and spend time meeting staff and students before signing a formal declaration of eligibility. Relevant guidance updates from the Charity Commission are circulated (eg the recent Welcome Pack for new Trustees), as are local and national updates around such issues as safeguarding. Training opportunities offered by the local CVS infrastructure body, local councils, national agencies and law firms are circulated to trustees. In October 2019 we held an externally facilitated review of our performance against the Charity Governance Code, using the NCVO self-assessment framework. One other Board time out session focused more on key areas of the charity's strategic development.

Staff, Governance and Management

During the reporting period ReCoCo saw some changes in personnel, both on the staffing and on the trustee sides of things. We said goodbye to Steve Nash as chair, with Alan Ramsay and Jan Pyrke stepping up to co-chair, we also saw the departure of Diane Sandford as a trustee, and the recruitment of Annessa Rebar to the board. In staffing terms, ReCoCo took its first steps into being a direct employer, with the appointment of both a volunteer coordinator and an office manager, both as ReCoCo employees. We continued to pay for and operationally manage 2 mental Health Concern employees (one full-time, one sessional) and 3.8 CNTW employees, plus of course, our pool of consultants and self-employed Therapeutic Enablers, which rose to a total of 18 people working on average 4 or 5 hours a week. Obviously, the pandemic placed a lot of pressure on all of the above and we would like to record our enormous gratitude to all involved.

Organisation

The Recovery College Collective is an independent peer led charity that has close partnership arrangements with Newcastle Gateshead CCG, Cumbria Northumberland Tyne and Wear NHS FT, Mental Health Concern, Newcastle Council and Gateshead Council, who together form a Core Partners Reference Group.

We operate an innovative organisational model that emphasises peer leadership and collaboration between charitable and statutory sectors. This basically consists of the usual Board of Trustees, with additional support and advice from the Core Partners Reference Group, and a wide variety of less formal collaborations and partnerships around individual projects.

As of 1st April 2020, ReCoCo is mainly funded via contracts with Newcastle Gateshead CCG to deliver commissioned services that focus around peer led education (The Recovery College) and service user voice (Launchpad) for people with mental health problems and related difficulties. Most of ReCoCo's seven staff are employed via sub-contracts with Northumberland Tyne and Wear NHS Foundation Trust and Mental Health Concern, although as of early 2020 two of these (new posts) were set up to be directly employed by the charity. In addition, there are a number of sessional staff who are not employees, including Therapeutic Enablers, a model that enables individuals to develop confidence in paid work, often after many years away from the jobs market. There is a wider informal collective of over 30 other charities, community groups and public sector bodies who work with ReCoCo on a collaborative basis.

The ReCoCo Users Group (RUGS) was set up as a formal mechanism for student feedback and involvement. The Board of Trustees has been keen to see this get off the ground and over the coming year there will be further thought given to ensuring that the collective student voice is supported, represented and heard at all levels of the organisation.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

Risk management

The Trustees conduct an annual review of the major risks to which the charity is exposed and systems have been established to mitigate those risks including the implementation of procedures for authorisation of all transactions and projects and for ensuring the consistent quality of the delivery of all operational aspects of the charitable company. These procedures are periodically reviewed to ensure that they still meet the needs of the charity.

6. Financial Review

In 2020/21 ReCoCo was primarily funded by contracts with Newcastle Gateshead CCG, with grants from the Gateshead Innovation Fund, Bright Ideas, and Barings Foundation (via NE Law Centre) with additional income from donations, awards and providing training. The total income for the period was £511,326 (2020: £353,291). This income is allocated across respective funds on the Statement of Financial Activities in accordance with the Statement of Recommended Practice.

The Statement of Financial Activities for the period ended 31 March 2021 shows a surplus across all funds of £150,081 (2020: £97,860)

The Balance Sheet at 31 March 2021 shows total funds carried forward of £311,165 (2020: £161,084) of which there are £nil restricted funds, (2020: £nil)

Reserves policy

ReCoCo has retained a level of free reserves currently £311,165 (2020: £161,084) to meet the working capital requirements of the charity in the event of a significant drop in funding. It has established a policy whereby the unrestricted funds not invested in fixed assets held by the charity should eventually amount to between 3 and 6 months of annual expenditure.

Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. The Trustees have reviewed and considered relevant information, including the annual budget and future cash flows in making their assessment. In particular, in response to the COVID-19 pandemic, the Trustees have revised their forecasts to take into account the impact on the business of possible scenarios brought on by the impact of COVID-19, alongside the measures that they can take to mitigate the impact. Based on these assessments, given the measures that could be undertaken to mitigate the current adverse conditions, and the current resources available, the Trustees have concluded that they can continue to adopt the going concern basis in preparing the annual report and accounts.

7. Public Benefit Statement

The Trustees have referred to the Charity Commission's guidance on public benefit when reviewing the charity's objectives and planning its future activities. The trustees have also reviewed the charitable purposes of the Recovery College Collective, and the external environment, to make sure the Charity is still relevant and needed. This annual report will aim to demonstrate the link between our charitable activity and how this benefits our service users.

RECOVERY COLLEGE COLLECTIVE LTD TRUSTEES ANNUAL REPORT

For the year ended 31 March 2021

8. Statement of Trustee Responsibilities

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

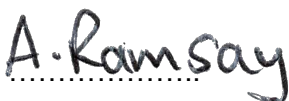
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the Trustees on ..16/12/2021... and signed on their behalf by:

Alan Ramsay
Co-Chair

A handwritten signature in black ink that reads "A. Ramsay". The signature is written in a cursive, slightly slanted style. Below the signature, there is a dotted line indicating the position of the signature.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES

For the year ended 31 March 2021

I report on the financial statements of Recovery College Collective Ltd for the year ended 31 March 2021, which are set out on pages 10 to 19.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 ("the Charities Act") and that an independent examination is needed.

The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a Fellow of the Association of Charity Independent Examiners.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with relevant accounting requirements under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jim Dodds
Connected Voice Business Services Ltd
Higham House
Higham Place
Newcastle upon Tyne
NE1 8AF
Date: 16/12/2021



RECOVERY COLLEGE COLLECTIVE LTD

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STATEMENT OF FINANCIAL ACTIVITIES

(INCLUDING SUMMARY INCOME & EXPENDITURE ACCOUNT)

For the year ended 31 March 2021

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Income from:						
Donations and legacies	5	7,420	-	-	7,420	3,441
Charitable activities						
Grants and contracts	6	389,945	-	-	389,945	303,004
Other trading activities	7	113,961	-	-	113,961	46,845
Total income		511,326	-	-	511,326	353,291
Expenditure on:						
Charitable activities						
Operation of the charity	8	361,245	-	-	361,245	255,431
Total expenditure		361,245	-	-	361,245	255,431
Net income/(expenditure)		150,081	-	-	150,081	97,860
Transfers between funds		(25,000)	25,000	-	-	-
Net movement of funds		125,081	25,000	-	150,081	97,860
Reconciliation of funds						
Total funds brought forward		141,084	20,000	-	161,084	63,224
Total funds carried forward		266,165	45,000	-	311,165	161,084

The Statement of Financial Activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

The notes on pages 13 to 19 form an integral part of these accounts.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 01174907

Company Number 10573524

BALANCE SHEET

As at 31 March 2021

	Notes	£	Total 2021 £	£	Total 2020 £
<u>Current assets</u>					
Debtors	14	90,699		17,431	
Cash at bank and in hand	15	264,895		223,929	
Total current assets		355,594		241,360	
Creditors: amounts falling due within one year	16	(44,429)		(80,276)	
Net current assets			311,165		161,084
Total assets less current liabilities			311,165		161,084
Total net assets or liabilities			311,165		161,084
<u>Funds of the charity</u>					
Unrestricted income funds			266,165		141,084
Designated income funds			45,000		20,000
Restricted income funds			-		-
Total funds			311,165		161,084

The company was entitled to an exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with the respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

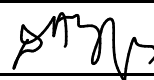
The notes on pages 13 to 19 form an integral part of these accounts.

These financial statements were approved by the Board

16/12/2021

and are signed on its behalf by:

David Blazey
Treasurer



RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

Charity Number 01174907

Company Number 10573524

STATEMENT OF CASH FLOWS

For the year ended 31 March 2021

	2021	2020
	£	£
<u>Cash flows from operating activities</u>		
Net movement in funds	150,081	97,860
Decrease (increase) in debtors	(73,268)	(9,549)
Increase (decrease) in creditors	(35,847)	35,948
<i>Net cash from operating activities</i>	40,966	124,259
Increase in cash and cash equivalents	40,966	124,259
Cash and cash equivalents at start of year	223,929	99,670
Cash and cash equivalents at end of year	264,895	223,929

The notes on pages 13 to 19 form an integral part of these accounts.

RECOVERY COLLEGE COLLECTIVE LTD

(A company limited by guarantee)

NOTES TO THE FINANCIAL STATEMENTS

For the year ended 31 March 2021

1 Accounting Policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

2 Basis of accounting

2.1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) – Charities SORP (FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

Recovery College Collective Ltd meets the definition of a public benefit entity under FRS 102.

2.2 Preparation of the accounts on a going concern basis

The financial statements have been prepared on a going concern basis. In making their assessment the trustees have reviewed and considered relevant information, including their annual budget and future cash flows. In response to the COVID-19 pandemic, the trustees have revised their forecasts to take into account measures that they can take with the current resources available to mitigate the impact of the current adverse conditions. The trustees are of the view that the immediate future of the charity for the next 12 months is secure and that on this basis the charity is a going concern.

3 Income

3.1 Recognition of income

Income is recognised when the charity has entitlement to the resources, any performance conditions attached to the item(s) of income have been met, it is more likely than not that the resources will be received and the monetary value can be measured with sufficient reliability

3.2 Offsetting

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by FRS102 SORP or FRS102.

3.3 Grants and donations

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of the provision of a specified service is deferred until the criteria of income recognition are met.

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3.4 Donated goods and services

Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided that the value of the gift can be measured reliably. Donated services and facilities that are consumed immediately are recognised as income with the equivalent amount recognised as an expense under the appropriate heading in the SoFA.

3.5 Volunteer help

The value of volunteer help received is not included in the accounts but is described in the trustees' annual report.

3.6 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

3.7 Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of the charity. Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose. Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the

4 Expenditure and liabilities

4.1 Liability recognition

Liabilities are recognised when it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

4.2 Charitable activities

Expenditure on charitable activities includes the costs of delivering a mental health support service and other activities undertaken to further the purposes of the charity and their associated support costs.

4.3 Governance and support costs

Support costs have been allocated between governance cost and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

4.4 Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

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4.5 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

4.6 Provisions for liabilities

A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date.

Analysis of income

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
5 Donations and legacies					
Donations and gifts	7,420	-	-	7,420	1,941
Mindful grants	-	-	-	-	1,500
	<u>7,420</u>	<u>-</u>	<u>-</u>	<u>7,420</u>	<u>3,441</u>
6 Charitable activities					
<u>Income from grants and contracts</u>					
NHS Newcastle and Gateshead					
CCG	324,545	-	-	324,545	258,248
CCG Rollercoaster	-	-	-	-	10,000
North East Law Centre	-	-	-	-	5,256
Gateshead Innovation Fund	15,500	-	-	15,500	15,000
Bright Ideas Award		-	-	-	14,500
Awards for All	10,000	-	-	10,000	-
Barings Fund	1,900	-	-	1,900	-
Lankelly Chase	33,000	-	-	33,000	-
Newcastle City Council - COVID					
19 Funding	5,000	-	-	5,000	-
	<u>389,945</u>	<u>-</u>	<u>-</u>	<u>389,945</u>	<u>303,004</u>
7 Other trading activities					
Income generation	113,961	-	-	113,961	46,845
	<u>113,961</u>	<u>-</u>	<u>-</u>	<u>113,961</u>	<u>46,845</u>

Income was £511,326 (2020: £353,291) of which £511,326 was unrestricted or designated (2020: £318,535) and £0 was restricted (2020: £34,756)

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Analysis of expenditure on charitable activities

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
8 Charitable activities					
<u>Direct costs</u>					
Staff costs	259,578	-	-	259,578	188,526
Other staff costs	1,417	-	-	1,417	3,673
Meetings and refreshments	1,062	-	-	1,062	789
Direct activity costs	1,661	-	-	1,661	8,184
Course costs	5,257	-	-	5,257	5,505
Premises set up costs	31,471	-	-	31,471	6,904
<u>Support costs</u>					
Moving and set up costs	3,912	-	-	3,912	-
Office rent and rates	11,413	-	-	11,413	17,116
Insurance	7,693	-	-	7,693	1,686
Utilities	12,692	-	-	12,692	3,300
Office costs	17,553	-	-	17,553	6,943
Marketing	23	-	-	23	1,261
Repairs and renewals	-	-	-	-	1,763
Legal fees and professional fees	6,313	-	-	6,313	8,580
<u>Governance costs</u>					
Independent examiner's fees for reporting on the accounts	1,200	-	-	1,200	1,200
	<u>361,245</u>	<u>-</u>	<u>-</u>	<u>361,245</u>	<u>255,431</u>

Expenditure on charitable activities was £361,245 (2020: £255,431) of which £361,245 was unrestricted or designated (2020: £220,675) and £0 was restricted (2020: £34,756)

9 Fees for examination of the accounts

	2021 £	2020 £
Independent examiner's fees for reporting on the accounts	1,200	1,200
	<u>1,200</u>	<u>1,200</u>

There were no other fees paid to the examiner (2020: £nil)

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10 Analysis of staff costs and the cost of key management personnel

ReCoCo is run by nine staff, (equivalent to 9 WTE) plus sessional workers (equivalent to 1.6 WTE) and 14 Therapeutic Enablers. Two members of staff are employed by Mental Health Concern, five members of staff are employed by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and two member of staff are directly employed by the charity.

The details of the two staff directly employed by the charity are as follows:

	2021 £	2020 £
Salaries and wages	34,817	-
Social security costs	2,819	-
Pension costs (defined contribution pension plan)	400	-
	38,036	-

No employee received remuneration above £60,000 (2020: nil)

The key management personnel of the charity, comprise the trustees and two directors. The total employee benefits of the key management personnel of the charity were £90,932. (2020: £79,669)

The charity has also benefitted from, but not recognised in its accounts, the contribution of services made by unpaid volunteers.

11 Transactions with trustees

The following trustees received payments for providing professional service to the charity through their established companies.

Trustee	Organisation	Service provided	2021 £
Alan Ramsay	Roots and Wings	Design and illustration	1,200

The charity undertook an arm's length process to ensure they chose the best provider, Alan Ramsay was not part of the decision making process.

Trustees' expenses

No trustee expenses have been incurred in the year.

Transaction(s) with related parties

The following trustee's spouse is seconded to the charity and receives payments for professional services.

Name of the trustee or related party	Relationship to charity	Description of the transaction	£
Trustee Michelle Glascott	Is the spouse of the joint coordinator of ReCoCO	Secondment to the charity	52,108

The trustees have made reference to the charities conflict of interest policy to prevent a conflict of interest from affecting the relevant decision making processes. The legal authority is the charitable companies Articles.

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12 Defined contribution pension scheme

The employer's pension costs represent contributions payable by the charity to the fund and amount to £400 (2020: £0). There was £0 outstanding as at 31 March 2021 (2020: £0)

13 Corporation Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objectives.

14 Debtors and prepayments (receivable within 1 year)

	2021 £	2020 £
Debtors	89,341	17,431
Other debtors	1,358	-
	<u>90,699</u>	<u>17,431</u>

15 Cash at bank and in hand

	2021 £	2020 £
Cash at bank and in hand	264,895	223,929
	<u>264,895</u>	<u>223,929</u>

16 Creditors and accruals (payable within 1 year)

	2021 £	2020 £
Trade creditors	-	5,128
Grants	-	33,971
Other creditors	160	-
Salary recharge	41,869	9,977
Accruals		
Independent examination of accounts	2,400	1,200
Deferred income		
Lankelly Chase Foundation	-	30,000
	<u>44,429</u>	<u>80,276</u>

17 Deferred income

Deferred income comprises of advance payments from grants that relate to future periods

	2021 £
Balance brought forward	30,000
Amount released to income earned from charitable activities	(30,000)
Amount deferred in year	-
Balance carried forward	<u>-</u>

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18 Events after the end of the reporting period

No events (not requiring adjustment to the accounts) have occurred after the end of the reporting period but before the accounts are authorised which relate to conditions that arose after the end of the reporting period.

19 Analysis of charitable funds

Analysis of movements in unrestricted funds

	Fund balances brought forward £	Incoming resources £	Resources expended £	Transfers £	Fund balances carried forward £
Unrestricted funds					
General unrestricted fund	141,084	511,326	(361,245)	(25,000)	266,165
Designated funds					
Designated reserves fund	20,000	-	-	25,000	45,000
Totals	161,084	511,326	(361,245)	-	311,165

Purpose of unrestricted funds

General unrestricted fund	The 'free reserves' after allowing for designated funds.
Designated funds	
Designated reserves fund	To cover 2 months running costs.

20 Capital commitments

As at 31 March 2021, the charity had no capital commitments (2020 -£nil)

21 Analysis of net assets between funds

	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Total 2021 £	Total 2020 £
Cash at bank and in hand	219,895	45,000	-	264,895	223,929
Other net current assets/ (liabilities)	46,270	-	-	46,270	(62,845)
	266,165	45,000	-	311,165	161,084