



Llandrindod

**Foodbank**

Together with Trussell



## **Annual Report**

**1<sup>st</sup> April 2023 - 31<sup>st</sup> March 2024**

Registered Charity Number 1174880

# ***Trustees' report for the year ended 31 March 2024***

## **LEGAL AND ADMINISTRATION**

### **Charity Trustees**

*Martin Nosworthy (Chair)*

*Howell Evans*

*Heather Price*

*Iona Seymour*

*Lois Burnett*

### **Registered Office**

*Oasis*

*Spa Road*

*Llandrindod Wells*

*Powys*

*LD1 5ER*

### **Bankers**

*Barclays*

*Crown Buildings*

*Builth Wells*

*Powys*

*LD2 3AE*

### **Independent Examiner**

*Margaret Price*

*Drostre, 49 Parc Pendre*

*Brecon, Powys*

*LD3 9ER*

### **Staff**

*Tessa Bradley – Project Manager (Part-time)*

*Anna Potgieter- Admin (Part Time)*

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

### **Governing Document**

The organisation was formed and granted charitable status as a Charitable Incorporated Organisation on 28 September 2017 and with the charity number 1174880.

The charity is governed by a constitution which was adopted on 24 August 2017.

### **Related Parties**

Llandrindod Foodbank is a member of The Trussell Trust (Registered Charity no 1110522, and Registered Company No 05434524). The Foodbank also works in partnership with local churches and organisations.

### **Trustee Selection Method**

Trustees are appointed by the existing charity trustees for a 3-year term. The number of trustees shall be not less than 3 and no more than 9.

### **Risk Review**

The trustees have conducted a review of the major risks to which the charity is exposed and systems have been established to mitigate those risks. These procedures are periodically reviewed to ensure they still meet the needs of the Charity.

### **Serious Incident**

During the year ended 31 March 2024 no serious incident arose within the Charity that could significantly harm its work, beneficiaries or reputation.

## **OBJECTIVES AND ACTIVITIES**

The relief of poverty amongst the people of Llandrindod Wells and the surrounding area or in other parts of the United Kingdom in such ways as the trustees from time-to-time think fit, in particular, but not exclusively by:

- providing emergency food , essential toiletries and household items to individuals and families in need/or for distribution by charities or other organisations working to prevent or relieve poverty
- such other means, including (but not limited to) the provision of support, advice or signposting to relevant information and other advisory services

In furtherance of the above, the Charity supplies to beneficiaries, either directly or through agency partners approved by the trustees, tinned, non-perishable and fresh foods to ensure a healthy and nutritious balanced diet for up to three days. Vouchers are issued to frontline professionals, including doctors, health visitors, social workers, probation, schools, drug and alcohol charities, refuges and other agencies. Vouchers are then exchanged for food at our distribution centre in Llandrindod Wells and at satellite centres in the surrounding area.

The Charity also keeps some clothing, household and personal hygiene items to help where needed, signposts people to other agencies that may be able to help with the crisis that they find themselves in, and offers help with budgeting and other personal finance issues.

## **PUBLIC BENEFIT REPORTING REQUIREMENT**

The trustees have regard to the guidance issued by the Charity Commission on public benefit. In particular, we are seeking to ensure that our vouchers are available via a suitable range of organisations and that we provide a network of food distribution centres across the area we seek to serve, so that our services are accessible to people in need. In addition to the provision of emergency food and other basic essentials we endeavour to provide help and advice to improve the chances of sustainable independent living for individuals and families. The following section ('Achievements and Performance') gives a detailed account of the activities undertaken to fulfil the Charity's objectives during the year 2023/24.

## ACHIEVEMENTS AND PERFORMANCE

### **Chairman's Foreword**

*2023/2024 has been another year of development for Llandrindod Foodbank as we continue to contribute to the alleviation of poverty in our town and a wide surrounding area.*

*Following the completion of Phase 1 of our development project we have been operating from a purpose-built food bank and warehouse for the reception and distribution of emergency food and other essential items. The new office, toilet and shower facilities and laundry are also being well used. This has been achieved by the dedication of our team and the support of funding agencies and local people.*

*As you will see from the data in this report the demand for emergency food remained high but we were able to cope, again thanks to the commitment of our staff and volunteers and the generous support of the community.*

*2023/24 has also seen a further landmark in the development of Llandrindod Foodbank with the completion of Phase 2 of the building renovation and the establishment of Oasis, the name for the whole project and the building where we are based.*

*We are eternally grateful to all those who have funded and delivered the whole major renovation and transformation of the disused former nightclub building. I pay tribute to our own staff- particularly Tess Bradley our project manager, our advisers- particularly Stephen Ashley- as well as our volunteers and support agencies. We thank also our building contractors J.M..Morgan who have been impeccable throughout, as well as Douglas Hughes Architects Ltd , and solicitors Dilwyns and Co. Amongst the major funders grateful thanks go to the County Council (Transforming Towns Grant), National Lottery, Garfield Weston Trust, Benefact Trust, and Trussell Trust.*

*As a result in the last year we have begun to make the operational transition to providing advice and support for those in need. Our ambition is to supplement our emergency food operation by addressing and alleviating the causes of poverty as sustainably as possible. We continue to gather information from our foodbank users and others to inform us how we can best support people in need.*

*As an organisation we believe in accountability, openness and engagement with our communities. We see this Annual Report as playing a part in that as well as being a regulatory requirement. In addition to our Website and Facebook page we encourage people to visit Oasis to see what we do. A very successful Open Afternoon was held at Oasis in November 2023. This event will be repeated in October 2024 and will mark the opening of Phase 2 of the building, enabling anyone to view the whole renovated building. Regular outreach is provided, particularly by our Project Manager, in the presentation of talks to various community organisations.*

*As you will see from the accounts included in this report our finances remain sound and we continue to pursue financial sustainability through the generosity of our supporters and grant funding. Our financial planning includes being able to meet any additional running costs following the completion of Phase 2 of Oasis. This includes some potential income from room hire.*

*I must extend heartfelt thanks on behalf of the Trustees to our Project Manager- Tessa Bradley- and our volunteers for their hard work, adaptability and dedication in a challenging environment.*

*I also extend heartfelt thanks to our partner agencies, our umbrella body the Trussell Trust, local supermarkets and stores who have supported us, as well as grant aiding bodies, our Town and County Councils, local churches and particularly the wider local community who have contributed food and finance to the Food Bank to ensure its continued operation.*

*Finally, thank you again to my fellow Trustees and our advisers for managing the organisation and its development over the last year. Diolch o galon.*

A handwritten signature in black ink, appearing to read 'M. Nosworthy', with a stylized, flowing script.

*Martin Nosworthy, Chair of Trustees*

# Foodbank Project Managers Report for 2023 - 2024

This year has been another really busy year for the foodbank. The number of people that we have helped this year has increased yet again, however the amount of food donations has decreased by approx. 2 tonnes. This is mostly due to everyone beginning to feel the squeeze on incomes due to the rising cost of living. Although the local community is still very supportive of the Foodbank, many people have had to cut back on what they are able to give. This has meant that we have had to be less generous than in other years with the amount of food that we can give per parcel. However the amount of fresh food that we collect from Supermarkets has increased so that people get a good variety of food but in different ways. This has been the first year that we have had to buy food to supplement the donations

Due to the rurality of our location, it is still necessary to deliver some of the parcels as it is very difficult for people to get to us or any of our distribution points throughout the area.

During the year we increased the number of agencies coming to the foodbank to offer help and support to clients and the wider community. We now have Citizens Advice, Pobl, Energy Advice, Powys Money advice and Powys Bond Scheme all coming along to the foodbank. The impact of the increased help available is beginning to be seen in that we see fewer people for a long time and, increasingly, the number of times we will see an individual on average is 3 to 4 times before they are finding it possible to manage without our food help. We have increased our volunteer base but are actively looking for volunteers with specific skills to help with the advice centre.

Fundraising for the continuing building work continued this year and by the middle of October we had secured enough funding for the building work to begin again for Phase 2 of the refurbishment. The builders moved in on 13<sup>th</sup> November and work began in earnest from the first day. This meant that the foodbank operation was moved to the finished side of the building which limited some of our activities.

During the course of the year, the staff and volunteers have attended several trainings, conferences and joint local meetings within the third sector together with showcase events to let people know what we do. Talks have been given to a wide range of other organisations from youth groups to churches and women's groups. We have added two new collection points where people can donate food in the town and surrounding area. We have also had visits from local government officers and Town Councillors, Welsh government officials, the High Sheriff of Powys and many local people who are interested in what we are doing and the future of the foodbank project. We also had grants from Powys County Council which enabled us to buy food to give out 60 Christmas Hampers and 30 Christmas dinner Hampers this year. All in all, a very successful year.

## Statistics for Llandrindod Foodbank 2023/2024 and 22/23

### People helped

#### Year 23/24

Vouchers Issued	1038
Adults	1500
Children	786
Total of people	2286

#### Year 22/23

Vouchers Issued	953
Adults	1296
Children	659
Total no. of people	1955

### Reason For Voucher

#### Year 23/24 (highest first)

Rising cost of essentials  
Ongoing impact of mental health condition  
Insecurely Housed  
Priority Debt  
Benefit Delay  
Unemployment after permanent work

#### Year 22/23 (highest first)

Low Income  
Debt  
Child Holiday meals  
Sickness  
Insecurely Housed  
Benefit Changes

### Stock Report (Kgs)

#### Year 23/24

Stock in	14183
Stock out	14046

#### Year 22/23

Stock in	16019
Stock out	16476

Although the numbers that we have helped this year is up on last year the stock out is down. This is because we have had to be less generous with the parcels this year, cutting down on the amount of ambient food given, as the donations have been considerably down on last year. We have concluded that this is because of the increase in the cost of living and people really feeling the squeeze on their finances. The general support of the foodbank still remains high from our community.



## Financial Review

The total receipts for the year amounted to £253,538 compared to £176,431 in the previous year.

The total payments for the year amounted to £268,792 compared to £128,531 in the previous year.

The movement in funds for the year were net payments £15,254 compared to net receipts of £47,900 in the previous year. The large difference between the outcome for the year was due to the timing difference between incurring expenditure and receipt of grants on the renovation of the Oasis building.

During the year Grants were received totalling £215,103 as follows:

Powys County Council	5,000.00
Aldi Neighbourly	1,000.00
Trussell Trust Financial	
Inclusion	39,461.00
Powys County Council	3,019.50
Trussell Trust	30,000.00
Garfield Weston	25,000.00
Powys Regeneration	27,373.31
National Lottery	62,407.00
Powys Regeneration	21,842.30

At the end of the year the total balance of funds was £83,311, comprising unrestricted funds of £93,474 and overdrawn restricted funds of (£10,163). The Trustees have designated £73,474 of the unrestricted funds for the completion of Phase 2 of the renovation of the Oasis building, with the remaining £20,000 held as a working fund.

## Reserves Policy

The trustees aim to manage the finances so that there is 6 months of reserves in the unrestricted funds in order to meet the financial obligations of our running costs-primarily the costs of employing our foodbank manager, redundancy, premises and other essential overheads- should operation (as a going concern) cease.

The Annual Report was approved by the Trustees on 3 December 2024 and signed on their behalf by:

*Martin Nosworthy*

Martin Nosworthy - Chair

**LLANDRINDOD FOOD BANK**

Charity Number 1174880

**RECEIPTS AND PAYMENTS ACCOUNT  
FOR THE YEAR ENDED TO 31 MARCH 2024**

	<b><u>Unrestricted</u></b>	<b><u>2024</u> <u>Restricted</u></b>	<b><u>Total</u></b>	<b><u>2023</u> <u>Total</u></b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Receipts</b>				
Grants & Donations:				
Grants	14,166.90	200,936.61	215,103.51	137,355.69
Donations, individual regular giving	7,410.00	-	7,410.00	6,860.00
Donations, churches	4,215.95	-	4,215.95	3,945.00
Donations, businesses	250.00	-	250.00	700.00
Donations, Trussell Trust	3,588.77	-	3,588.77	2,340.56
Donations, Tesco cash collections	2,607.10	-	2,607.10	2,205.74
Donations, Enthuse	2,988.93	-	2,988.93	7,972.89
Donations, other	10,251.75	220.00	10,471.75	12,236.28
HMRC - Gift Aid	2,431.70	-	2,431.70	2,072.55
Charitable Activities:				
Fundraising	1,908.11	-	1,908.11	52.00
Investment Income	1,983.83	-	1,983.83	690.48
Other:	579.20	-	579.20	-
<b>Total receipts</b>	<b>52,382.24</b>	<b>201,156.61</b>	<b>253,538.85</b>	<b>176,431.19</b>
<b>Payments</b>				
Charitable Activities:				
Salaries	31,685.16	-	31,685.16	25,495.20
Food purchases	4,952.71	-	4,952.71	3,494.08
Travel	-	-	-	2,209.50
Rent	-	-	-	-
Insurance	1,047.75	-	1,047.75	1,440.52
Heat & Light	2,545.61	-	2,545.61	3,762.40
Water Rates	851.21	-	851.21	-
Refuse Collection	356.14	-	356.14	276.37
Repairs & Cleaning	84.21	-	84.21	225.55
Communications	962.04	-	962.04	942.84
Office Cost	667.89	-	667.89	1,125.27
Franchise & other licences	475.20	-	475.20	-
Payroll services	90.00	-	90.00	369.60
Conference fees	-	-	-	-
Consultancy - CAB	-	36,949.16	36,949.16	22,427.34
Loan Repayment	-	-	-	7,850.00
Other	650.90	-	650.90	432.45
Oasis, refurbishment costs	-	187,012.65	187,012.65	54,238.90
Equipment	461.97	-	461.97	4,241.06
<b>Total payments</b>	<b>44,830.79</b>	<b>223,961.81</b>	<b>268,792.60</b>	<b>128,531.08</b>
<b>Net of receipts/(payments)</b>	<b>7,551.45</b>	<b>(22,805.20)</b>	<b>(15,253.75)</b>	<b>47,900.11</b>
<b>Transfer between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Net receipts/(payments) after transfers</b>	<b>7,551.45</b>	<b>(22,805.20)</b>	<b>(15,253.75)</b>	<b>47,900.11</b>
<b>Total Funds brought forward</b>	<b>85,923.28</b>	<b>12,641.68</b>	<b>98,564.96</b>	<b>50,664.85</b>
<b>Total Funds carried forward</b>	<b>93,474.73</b>	<b>10 (10,163.52)</b>	<b>83,311.21</b>	<b>98,564.96</b>

**LLANDRINDOD FOODBANK**  
Charity Number 1174880

**STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2024**

	<b>2024</b>			<b>2023</b>
	<b>Unrestricted</b>	<b>Restricted</b>	<b>Total</b>	<b>Total</b>
	£	£	£	£
<b>Cash funds</b>				
Cash at bank	93,474.73	(10,163.52)	83,311.21	98,564.96
<b>Total cash funds</b>	<u>93,474.73</u>	<u>(10,163.52)</u>	<u>83,311.21</u>	<u>98,564.96</u>
<b>Other monetary assets</b>				
Grant - PCC Transforming Towns			16,061.54	-
Gift aid claim			<u>2,308.00</u>	<u>2,278.66</u>
			<u>18,369.54</u>	<u>2,278.66</u>
<b>Assets retained for the charity's own use</b>				
Oasis Building	Donated		66,000.00	66,000.00
Oasis Refurbishment costs to date	Cost		378,890.21	191,730.58
Computer equipment	Cost		3,912.98	4,662.98
Office equipment	Cost		990.94	990.94
Kitchen equipment	Cost		1,386.24	1,386.24
Store room equipment	Cost		2,770.56	2,770.56
Display materials	Cost		136.20	136.20
Washing/Hygiene	Cost		<u>773.98</u>	<u>458.99</u>
			<u>454,861.11</u>	<u>268,136.49</u>
<b>Liabilities</b>				
Wales Council for Voluntary Action - Loan			-	-
HMRC Paye			<u>449.04</u>	<u>449.04</u>
			<u>449.04</u>	<u>449.04</u>

The Financial Statements were approved by the Trustees on 3 December 2024 and were signed on its behalf by:

*Martin Nosworthy*

Martin Nosworthy - Chair

# **Independent Examiner's Report**

## **The Llandrindod Wells Foodbank**

I report to the trustees on my examination of the accounts of the above charity ("the Trust") the year ended 31 March 2024.

### **Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- the accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
- the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed.....**



**Dated.....**

23/9/2024

*Mrs M Price, Drostre, 49 Parc Pendre, Brecon, Powys, LD3 9ER*