

# Trustees' Annual Report for the period

			Period start date						Period end date		
			Day	Month	Year				Day	Month	Year
From			01	10	2023	To			30	09	2024

## Section A

## Reference and administration details

Charity name

**The London Horseplay Centre**

Other names charity is known by

Registered charity number (if any)

**1174851**

Charity's principal address

**Homestead Farm**

**106 Galley lane**

**Barnet**

**Postcode**

**EN5 4AL**

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>Frances Sturridge</b>	<b>Treasurer</b>		
2	<b>Heather Couchman</b>	<b>Chair</b>		
3	<b>Androniki Appleton</b>	<b>Secretary</b>		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Susan Coade

## Section B Structure, governance and management

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

*‘To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.’*

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

## TheHorseCourse

The London Horseplay Centre has been approved as a centre to run

‘TheHorseCourse’, a high powered intervention aimed at children/young people and adults who are not responding to ‘talk based’ therapies. The course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give ‘in the moment’ feedback.

The focus is on developing 8 core psychological & social skills:

- Assertiveness
- Focus & Perseverance
- Taking Responsibility for actions & emotions
- Empathy (noticing the needs of others)
- Calmness
- Realistic Planning & Analysis of situations
- Communication & language
- Engagement as a learner

These are real life skills which participants can take a way with them and use in everyday situations, helping prevent escalation into statutory services

Fully funded course places and ‘top up’ sessions during this period for TheHorseCourse have come from :

**The National Lottery Community Fund  
Hertfordshire Community Foundation  
Youth Barnet Foundation**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D Achievements and performance

### Summary of the main achievements of the charity during the year

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

During the period we have been able to run 13 of our intensive Re Start courses and have given fully funded weekly sessions, supporting 13 additional children & young people (CYP).

These weekly sessions were funded by individual organisations, local authorities' Children's Services, as well as the Youth Barnet Foundation.

The feedback from the professionals who have referred participants and participants themselves is positive, indicating improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse Dorset (HO) is continuing to train new facilitators, meaning we have approved facilitators to support more CYP.

Sue Coade is now registered on the Professional Standards Authority (PSA) as an accredited Equine Therapist, giving our referrers and funders confidence in the quality of our work.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

## Section E

## Financial review

### Brief statement of the charity's policy on reserves

There is no reserves policy.  
We currently rely on apply for grants to cover project costs .  
All of our courses and sessions run on a full cost recovery basis  
and we only offer places when we have funding available.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Heather Couchman

<b>Position (eg Secretary, Chair, etc)</b>  <b>Date</b>	Chair	
	27 <sup>th</sup> January 2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The London Horseplay Centre

No of entries  
1174851

## Receipts and payments accounts

CC16a

For the period from	Period start date 01-Oct-23	To	Period end date 30-Sep-24
------------------------	--------------------------------	----	------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Hertfordshire Community Foundation	-	4,500	-	4,500	16,964
Youth Bankist Foundation	-	380	-	380	1,880
National Lottery	-	19,500	-	19,500	-
Course fees received	-	2,335	-	2,335	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	26,635	-	26,635	18,824
<b>A2 Asset and investment sales, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	26,635	-	26,635	18,824
<b>A3 Payments</b>					
Facilitator fees	-	11,035	-	11,035	18,499
Staff training	-	309	-	309	210
Equipment	-	88	-	88	-
Bank charges	-	47	-	47	83
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	11,479	-	11,479	18,873
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	11,479	-	11,479	18,873
<b>Net of receipts/payments</b>	-	15,155	-	15,155	151
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	7,430	-	7,430	-
<b>Cash funds this year end</b>	-	22,595	-	22,595	151

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	22,595	-

CC16a R1 accounts (SE)

(agreed balances with receipts and payments amount(s))

## B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

## B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

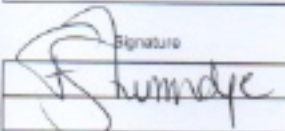
## B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

## B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dr J. Summerville	14/2/25





CHARITY COMMISSION  
FOR ENGLAND AND WALES

The London Horseplay Centre

No of entries  
1174851

CC16a

## Receipts and payments accounts

For the period from	Period start date 01-Oct-23	To	Period end date 30-Sep-24
------------------------	--------------------------------	----	------------------------------

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Hertfordshire Community Foundation	-	4,500	-	4,500	16,964
Youth Bank Foundation	-	380	-	380	1,880
National Lottery	-	19,500	-	19,500	-
Course fees received	-	2,335	-	2,335	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	26,635	-	26,635	18,824
<b>A2 Asset and investment sales, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	26,635	-	26,635	18,824
<b>A3 Payments</b>					
Facilitator fees	-	11,035	-	11,035	18,499
Staff training	-	309	-	309	210
Equipment	-	88	-	88	-
Bank charges	-	47	-	47	83
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	11,479	-	11,479	18,873
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	11,479	-	11,479	18,873
<b>Net of receipts/payments</b>	-	15,155	-	15,155	151
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	7,430	-	7,430	-
<b>Cash funds this year end</b>	-	22,595	-	22,595	151

### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>				
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	22,595	-

CC16a R1 accounts (SE)

(agreed balances with receipts and payments amount(s))

## B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

## B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

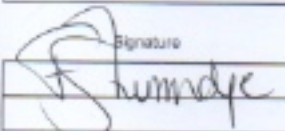
## B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

## B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Dr J. Summerville	14/2/25