

Trustees' Annual Report for the period

Period start date				Period end date			
From	Day	Month	Year	To	Day	Month	Year
	01	10	2021		20	09	2022

Section A Reference and administration details

Charity name	The London Horseplay Centre		
Other names charity is known by			
Registered charity number (if any)	1174851		
Charity's principal address	Homestead Farm		
	106 Galley lane		
	Barnet		
	Postcode	EN5 4AL	

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frances Sturridge	Treasurer		
2	Heather Couchman	Chair		
3	Androniki Appleton	Secretary		
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	CIO
How the charity is constituted	Trust
Trustee selection methods	Appointed

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

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'To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.'

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

TheHorseCourse

The London Horseplay Centre has been approved as centre to run 'TheHorseCourse', a high powered intervention aimed at children/young people and adults who are not responding to 'talk based' therapies. The 10 hour course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give 'in the moment' feedback.

The course focuses on developing 8 core life skills (assertiveness, focus & perseverance, taking responsibility, empathy, calmness, planning, communication and engagement as a learner) skills which participants can take a way with them and use in everyday situations.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fully funded course places during this period for TheHorseCourse have come from :

The National Lottery Community Fund
Children in Need.

Section E Financial review

Brief statement of the charity's policy on reserves

There is no reserves policy
All courses are run on a full cost recovery basis i.e. we only offer places if we have the funding.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

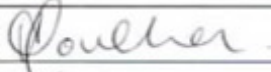
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Heather Couchman	
Position (eg Secretary, Chair, etc)	Chair	
Date	22 nd April 2023	

Registration of Charity 26.09.17

Income

10/21	£42.52 CAF
11/21	£9,750 National Lottery
12/21	£0.00
01/22	£0.00
02/22	£0.00
03/22	£0.00
04/22	£0
05/22	£5 Amazon
06/22	£0.00
07/22	£0.00
08/21	£0.00
09/21	£500.00 Noa Girls

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on Horseplay Centre
Accounts October 2021-22

Expenses

Salary

£0.00

£3,750

£0.00

£0.00

£0.00

£0.00

£5.00

£0.00

£5.00

£0.00

£5.00

£0.00

£5.00

£0.00

£51.00

£2,250.00

£5.40

£3,400.00

£5.40

£3,150.00

£5.80

£1,650.00

£5.40

£600.00

£93.00

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