

# Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	Day 01	Month 10	Year 2020		Day 30	Month 09	Year 2021

## Section A Reference and administration details

**Charity name** The London Horseplay Centre

**Other names charity is known by**

**Registered charity number (if any)** 1174851

**Charity's principal address** Homestead Farm

106 Galley lane

Barnet

**Postcode** EN5 4AL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frances Sturridge	Treasurer		
2	Heather Couchman	Chair		
3	Androniki Appleton	Secretary		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year
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### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

### Name of chief executive or names of senior staff members (Optional information)

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## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- ☐ policies and procedures adopted for the induction and training of trustees;
- ☐ the charity's organisational structure and any wider network with which the charity works;
- ☐ relationship with any related parties;
- ☐ trustees' consideration of major risks and the system and procedures to manage them.

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## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

‘To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.’

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**TheHorseCourse**

The London Horseplay Centre has been approved as centre to run ‘TheHorseCourse’, a high powered intervention aimed at children/young people and adults who are not responding to ‘talk based’ therapies. The 10 hour course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give ‘in the moment’ feedback. The course focuses on developing 8 core life skills (assertiveness, focus & perseverance, taking responsibility, empathy, calmness, planning, communication and engagement as a learner) skills which participants can take a way with them and use in everyday situations.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- ☐ policy on grantmaking;
- ☐ policy programme related investment;
- ☐ contribution made by volunteers.

Fully funded places during this period for TheHorseCourse have come from The National Lottery Community Fund and Children in Need.

Due to Covid restrictions a grant from Hertfordshire Community Foundation (£4500) could not be fulfilled and had to be returned in November 2020.

## Section D

## Achievements and performance

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### Summary of the main achievements of the charity during the year

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

This period's achievements were for the second year running, affected by social distancing and national lockdown restrictions and are detailed below:

5 x Re Start courses in the Autumn 2020

9 x Re Start courses in Spring/Summer 2021

All funders have kindly allowed us to carry unused places over into the 2022 season.

We have had some great feedback from the professionals who have referred participants to us indicating improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse Dorset (HO) is also in the process of training more facilitators who will be able to come and work at our centre on a freelance basis.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

There is no reserves policy.  
All courses are run on a full cost recovery basis i.e. we only offer places if we have the funding.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- ☐ the charity's principal sources of funds (including any fundraising);
- ☐ how expenditure has supported the key objectives of the charity;
- ☐ investment policy and objectives including any ethical investment policy adopted.

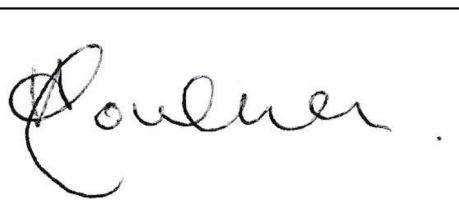
**Section F Other optional information**

**Section G Declaration**

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**



**Full name(s)**

H Couchman

**Position (eg Secretary, Chair, etc)**

Chair

**Date** 20<sup>th</sup> June 2022

**Registration of Charity 26.09.17**

**Income**

10/20	£0.00
11/20	
12/20	£0.00
Jan-21	£0.00
02/21	£0.00
03/21	£0.00
04/21	£0
05/21	£5 Amazon
06/21	£0.00
07/21	£0.00
08/21	£7,500.00 CIN grant
09/21	£0.00



**£7,505.00**

**on Horseplay Centre**  
Accounts October 2020/21

**Expenses**

**Salary**

£0.00

£4,050

£4,500.00 HCF p/back

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£3,750.00

£0.00

£2,250.00

£265.00

£750.00

£0.00

£0.00

£0.00

£0.00

**£4,765.00**

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