

# THE LONDON HORSEPLAY CENTRE

England & Wales · Charity number 1174851

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-09-26

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 102 Hadley Road  
Barnet  
EN5 5QP

**Phone** 07785776279

**Email** [suecoade@sky.com](mailto:suecoade@sky.com)

**Website** [www.thelondonhorseplaycentre.org](http://www.thelondonhorseplaycentre.org)

## Activities

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**Objects:** TO RELIEVE ADULTS AND CHILDREN / YOUNG PEOPLE (UNDER THE AGE OF 25 YEARS) WITH A CHARITABLE NEED IN PARTICULAR BUT NOT LIMITED TO THOSE WITH MENTAL AND EMOTIONAL DISABILITIES WHO HAVE BECOME DISENGAGED FROM MAIN SYSTEM SUPPORT, THROUGH HORSE RELATED THERAPY PROGRAMMES TO PROMOTE THEIR HEALTH AND WELLBEING AND RE-ENGAGE THEM WITH SOCIETY THROUGH THE DEVELOPMENT OF CORE SKILLS.

**Activities:** We are an evidence based horse intervention charity, aimed at individuals who are not responding to talk based therapies.

## Classification

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- **How:** Provides Services
- **What:** Education/training, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

## Geography

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- Hertfordshire

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-10-01	£11,775	£17,659	-	-
2024-10-01	£26,635	£11,470	-	-
2023-10-01	£18,823	£18,673	-	-
2022-10-01	£10,298	£14,893	-	-
2021-10-01	£7,505	£15,565	-	-

## Trustees

Name	Role	Appointed
HEATHER COUCHMAN	Chair	2017-09-26
ANDRONIKI APPLETON		2017-09-26
Dr FRANCES STURRIDGE		2017-09-26

**THE LONDON HORSEPLAY CENTRE**

England & Wales - Charity number 1174851

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# Accounts

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# Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day	Month	Year	To	Day	Month	Year
	01	10	2024		30	09	2025

## Section A Reference and administration details

Charity name **The London Horseplay Centre**

Other names charity is known by

Registered charity number (if any) 1174851

Charity's principal address Homestead Farm  
106 Galley lane  
Barnet  
Postcode EN5 4AL

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	<b>Frances Sturridge</b>	<b>Treasurer</b>		
2	<b>Heather Couchman</b>	<b>Chair</b>		
3	<b>Androniki Appleton</b>	<b>Secretary</b>		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Susan Coade

**Section B Structure, governance and management**

**Description of the charity’s trusts**

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity’s organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees’ consideration of major risks and the system and procedures to manage them.

Summary of the objects of the charity set out in its governing document

*‘To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.’*

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

### TheHorseCourse

The London Horseplay Centre has been approved as a centre to run ‘TheHorseCourse’, a high powered intervention aimed at children/young people and adults who are not responding to ‘talk based’ therapies. The course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give ‘in the moment’ feedback.

The focus is on developing 8 core psychological & social skills:

- Assertiveness
- Focus & Perseverance
- Taking Responsibility for actions & emotions
- Empathy (noticing the needs of others)
- Calmness
- Realistic Planning & Analysis of situations
- Communication & language
- Engagement as a learner

These are real life skills which participants can take a way with them and use in everyday situations, helping prevent escalation into statutory services

Fully funded course places and ‘top up’ sessions during this period for TheHorseCourse have come from :

**The National Lottery Community Fund  
Hertfordshire Community Foundation  
Youth Barnet Foundation**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

## Section D Achievements and performance

### Summary of the main achievements of the charity during the year

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

During the period we have been able to run 11 of our intensive Re Start courses and have given fully funded weekly sessions, supporting 20 additional children & young people (CYP).

These weekly sessions were funded by individual organisations, Social Services, Local Authorities, Children's Services, as well as the Youth Barnet Foundation.

We have received positive feedback from the professionals who referred, the participants and from their parents, the majority of whom, have told us of improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse (HO) continues to train, monitor and collate ongoing evidence of our work, helping to support and build our team of facilitators worldwide.

Sue Coade is now registered on the Professional Standards Authority (PSA) as an accredited Equine Therapist, giving our referrers and funders confidence in the quality of our work.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

There is no reserves policy.  
We currently rely on applying for grants to cover project costs .  
All of our courses and sessions run on a full cost recovery basis  
and we only offer places and sessions when we have funding  
available.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F

## Other optional information

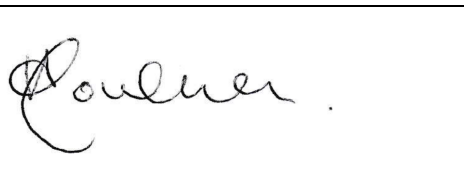
## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Heather Couchman

Position (eg Secretary, Chair, etc)

Chair

**Date** 23<sup>rd</sup> February 2026

The London Horseplay Centre  
Accounts 2024-2025

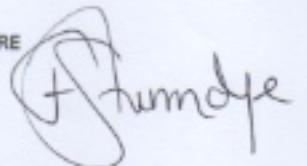
Registration of Charity 26.09.2017

	Income	Expenses	Salary
Oct-24		£5.40	£3000
Nov-24		£5.80	£2400
Dec-24	£600 NOA	£5.40	
Jan-25	£480 NOA	£5.40	
Feb-25		£5	
Mar-25	£1320 NOA	£5	
Apr-25	£650 NOA	£5	£2450
May-25	£200 NOA £3375 Space2Grow £4500 HCF	£5.40	£2250
Jun-25	£650 NOA	£5.40	£3950
Jul-25		£5.40	£1400
Aug-25		£5.80	
Sep-25			£2150
	£11,775	£59	£17,600

POSITION

Trustee

SIGNATURE



Dr B.F. Sarridge

Dr B.F. Sarridge  
MBBS MRCCOG OFPP MRCCP  
MSI (Contab.) Genomic Medicine  
GMC no: 3279289

**THE LONDON HORSEPLAY CENTRE**

England & Wales - Charity number 1174851

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# Accounts

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# Trustees' Annual Report for the period

		Period start date			Period end date		
From	Day <b>01</b>	Month <b>10</b>	Year <b>2023</b>	To	Day <b>30</b>	Month <b>09</b>	Year <b>2024</b>

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Other names charity is known by

Registered charity number (if any)

Charity's principal address

Homestead Farm	
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Susan Coade

**Section B Structure, governance and management**

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- policies and procedures adopted for the induction and training of trustees;
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- relationship with any related parties;
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Summary of the objects of the charity set out in its governing document

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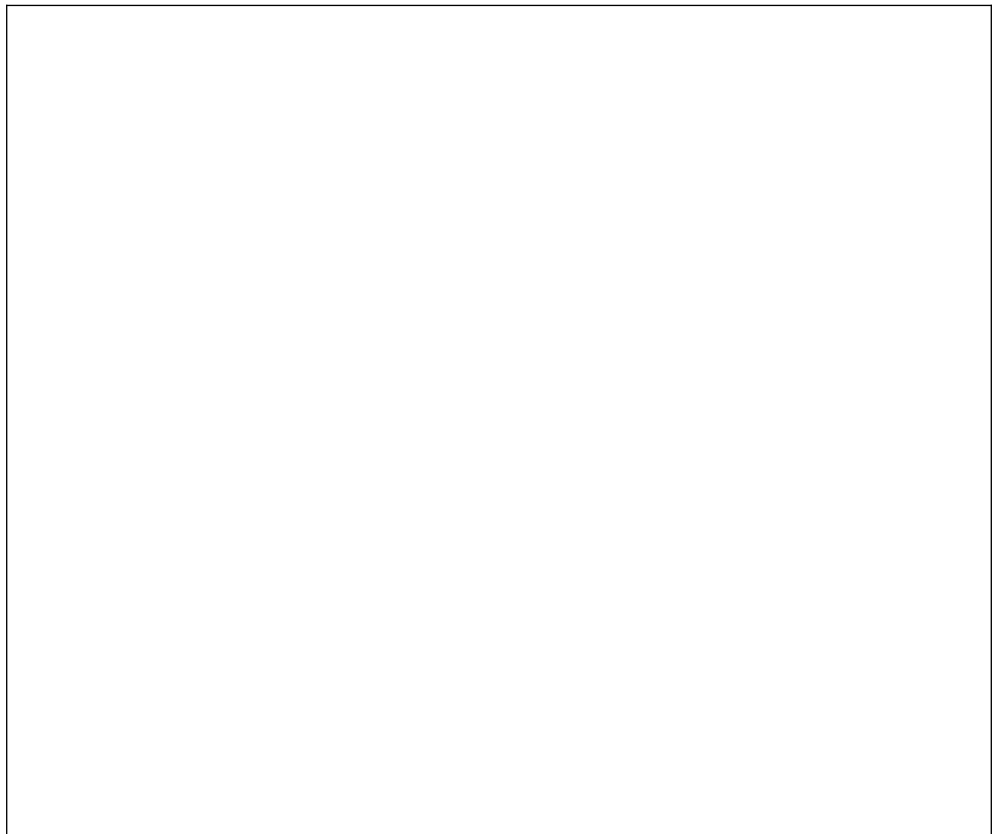
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Hertfordshire Community Foundation  
Youth Barnet Foundation**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



## Section D Achievements and performance

### Summary of the main achievements of the charity during the year

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

During the period we have been able to run 13 of our intensive Re Start courses and have given fully funded weekly sessions, supporting 13 additional children & young people (CYP).

These weekly sessions were funded by individual organisations, local authorities' Children's Services, as well as the Youth Barnet Foundation.

The feedback from the professionals who have referred participants and participants themselves is positive, indicating improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse Dorset (HO) is continuing to train new facilitators, meaning we have approved facilitators to support more CYP.

Sue Coade is now registered on the Professional Standards Authority (PSA) as an accredited Equine Therapist, giving our referrers and funders confidence in the quality of our work.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

**Section E Financial review**

**Brief statement of the charity's policy on reserves**

There is no reserves policy.  
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 All of our courses and sessions run on a full cost recovery basis  
 and we only offer places when we have funding available.

**Details of any funds materially in deficit**

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**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

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**Section F Other optional information**


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**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

	
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Full name(s)

Heather Couchman	
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<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	27 <sup>th</sup> January 2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The London Horseplay Centre

No of charity  
1174851

### Receipts and payments accounts

CC16a

For the period from	Period start date 01-Oct-23	To	Period end date 30-Sep-24
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#### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Hertfordshire Community Foundation	-	4,500	-	4,500	16,964
Youth Bankist Foundation	-	380	-	380	1,880
National Lottery	-	19,500	-	19,500	-
Course fees received	-	2,335	-	2,335	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	26,635	-	26,635	18,824
<b>A2 Asset and investment sales, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	26,635	-	26,635	18,824
<b>A3 Payments</b>					
Facilitator fees	-	11,038	-	11,038	18,499
Staff training	-	309	-	309	210
Equipment	-	88	-	88	-
Bank charges	-	47	-	47	83
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	11,479	-	11,479	18,873
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	11,479	-	11,479	18,873
<b>Net of receipts/payments</b>	-	15,156	-	15,156	151
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	7,430	-	7,430	-
<b>Cash funds this year end</b>	-	22,595	-	22,595	151

#### Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	22,595	-

CCXX R1 accounts (SS)

(agree balances with receipts and payments amount(s))

**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

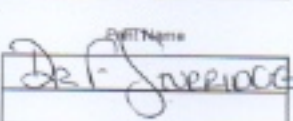
**B4 Assets retained for the  
charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by one or two trustees on  
behalf of all the trustees

 Signature	 Print Name	 Date of approval
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CHARITY COMMISSION  
FOR ENGLAND AND WALES

The London Horseplay Centre

No of charity  
1174851

**Receipts and payments accounts**

CC16a

For the period from	Period start date 01-Oct-23	To	Period end date 30-Sep-24
---------------------	--------------------------------	----	------------------------------

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Hertfordshire Community Foundation	-	4,500	-	4,500	16,964
Youth Bankist Foundation	-	380	-	380	1,880
National Lottery	-	19,500	-	19,500	-
Course fees received	-	2,335	-	2,335	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	-	26,635	-	26,635	18,824
<b>A2 Asset and investment sales, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	-	26,635	-	26,635	18,824
<b>A3 Payments</b>					
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	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	11,479	-	11,479	18,873
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	-	11,479	-	11,479	18,873
<b>Net of receipts/payments</b>	-	15,155	-	15,155	151
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	7,430	-	7,430	-
<b>Cash funds this year end</b>	-	22,595	-	22,595	151

**Section B Statement of assets and liabilities at the end of the period**

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	22,595	-

CCXX R1 accounts (SS)

(agree balances with receipts and payments amount(s))

**B2 Other monetary assets**

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

**B3 Investment assets**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

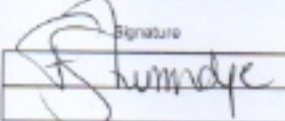
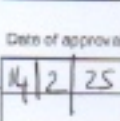
**B4 Assets retained for the charity's own use**

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

**B5 Liabilities**

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

 Signature	 Print Name	 Date of approval
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**THE LONDON HORSEPLAY CENTRE**

England & Wales - Charity number 1174851

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# Accounts

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# Trustees' Annual Report for the period

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From	Day <b>01</b>	Month <b>10</b>	Year <b>2022</b>	To	Day <b>30</b>	Month <b>09</b>	Year <b>2023</b>

## Section A Reference and administration details

<b>Charity name</b>	<b>The London Horseplay Centre</b>
<b>Other names charity is known by</b>	
<b>Registered charity number (if any)</b>	1174851
<b>Charity's principal address</b>	Homestead Farm
	106 Galley lane
	Barnet
	Postcode <span style="float: right;">EN5 4AL</span>

### Names of the charity trustees who manage the charity

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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year

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Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

Susan Coade

**Section B Structure, governance and management**

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## **Section D Achievements and performance**

### **Summary of the main achievements of the charity during the year**

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

During the period we have been able to run 18 courses (getting participant numbers back up to pre pandemic levels).

We have also received funding to support weekly 1 hour sessions throughout the Winter, for those needing something on a more regular basis. These have been funded by individual organisations as well as the Youth Barnet Foundation.

The feedback from the professionals who have referred participants and participants themselves is positive, indicating improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse Dorset (HO) is continuing to train new facilitators, one of whom joined our team during the Summer to run courses.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

There is no reserves policy.  
We currently rely on apply for grants to cover project costs .  
All of our courses and sessions run on a full cost recovery basis  
and we only offer places when we have funding available.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

## Section F


## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Heather Couchman	
<b>Position (eg Secretary, Chair, etc)</b>	Chair	
<b>Date</b>	4 <sup>th</sup> April 2024	

**The London Horseplay Centre**  
Accounts October 2022-23

**Registration of Charity 26.09.17**

	<b>Income</b>	<b>Expenses</b>
Oct-22	£0.00	£5.80
Nov-22	£0	£5.00
Dec-22	£4,500.00 HCF	£5.40
Jan-23	£9,750.00 National Lottery £550.00 Noa	£5.00
Feb-23	£0.00	£5.40
Mar-23	£0.00	£5.00
Apr-23	£210 Space2Grow	£5.00

May-23	£13 Amazon £2,700.00 Space2Grow	£5.00
Jun-23	£550.00 Noa	£5.40
Jul-23	£0.00	£5.80
Aug-23	£0.00	£5.00
Sep-23	£550.00 Noa	£5.80
	<b>###</b>	<b>£63.60</b>

## Salary

£2,750

£0.00

£750.00

£0.00

£0.00

£0.00

£0.00

£4,960.00

£1,200.00

£3,700.00

£1,800.00

£3,450.00

**###**

**THE LONDON HORSEPLAY CENTRE**

England & Wales - Charity number 1174851

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# Accounts

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## Trustees' Annual Report for the period

Period start date			Period end date				
From	Day 01	Month 10	Year 2021	To	Day 30	Month 09	Year 2022

### Section A Reference and administration details

<b>Charity name</b>	The London Horseplay Centre		
<b>Other names charity is known by</b>			
<b>Registered charity number (if any)</b>	1174851		
<b>Charity's principal address</b>	Homestead Farm		
	106 Galley lane		
	Barnet		
	<b>Postcode</b>	EN5 4AL	

#### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frances Sturridge	Treasurer		
2	Heather Couchman	Chair		
3	Androniki Appleton	Secretary		
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20				

#### Names of the trustees for the charity, if any. (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document	CIO
How the charity is constituted	Trust
Trustee selection methods	Appointed

**Additional governance issues (Optional information)**

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

'To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.'

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

### TheHorseCourse

The London Horseplay Centre has been approved as centre to run 'TheHorseCourse', a high powered intervention aimed at children/young people and adults who are not responding to 'talk based' therapies. The 10 hour course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give 'in the moment' feedback.

The course focuses on developing 8 core life skills (assertiveness, focus & perseverance, taking responsibility, empathy, calmness, planning, communication and engagement as a learner) skills which participants can take a way with them and use in everyday situations.

### **Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fully funded course places during this period for TheHorseCourse have come from :

The National Lottery Community Fund  
Children in Need.

**Section E Financial review**

**Brief statement of the charity's policy on reserves**

There is no reserves policy  
All courses are run on a full cost recovery basis i.e. we only offer places if we have the funding.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

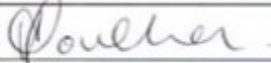
- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

**Section F Other optional information**

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Heather Couchman	
Position (eg Secretary, Chair, etc)	Chair	
Date	22 <sup>nd</sup> April 2023	

**Registration of Charity 26.09.17**

**Income**

10/21	£42.52 CAF
11/21	£9,750 National Lottery
12/21	£0.00
01/22	£0.00
02/22	£0.00
03/22	£0.00
04/22	£0
05/22	£5 Amazon
06/22	£0.00
07/22	£0.00
08/21	£0.00
09/21	£500.00 Noa Girls

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**on Horseplay Centre**  
Accounts October 2021-22

**Expenses**

**Salary**

£0.00	£3,750
£0.00	£0.00
£0.00	£0.00
£5.00	£0.00
£5.00	£0.00
£5.00	£0.00
£5.00	£0.00
£51.00	£2,250.00
£5.40	£3,400.00
£5.40	£3,150.00
£5.80	£1,650.00
£5.40	£600.00

**£93.00**

**###**

**THE LONDON HORSEPLAY CENTRE**

England & Wales - Charity number 1174851

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# Accounts

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# Trustees' Annual Report for the period

	Period start date				Period end date		
	Day 01	Month 10	Year 2020		Day 30	Month 09	Year 2021

**From**

**To**

## Section A Reference and administration details

**Charity name**

The London Horseplay Centre

**Other names charity is known by**

**Registered charity number (if any)**

1174851

**Charity's principal address**

Homestead Farm	
106 Galley lane	
Barnet	
<b>Postcode</b>	<b>EN5 4AL</b>

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Frances Sturridge	Treasurer		
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**Names of the trustees for the charity, if any, (for example, any custodian trustees)**

Name	Dates acted if not for whole year
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**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Section B Structure, governance and management**

**Description of the charity's trusts**

Type of governing document (eg. trust deed, constitution)	CIO
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Appointed

**Additional governance issues (Optional information)**

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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**Section C Objectives and activities**

**Summary of the objects of the charity set out in its governing document**

‘To relieve adults and children/young people with a charitable need in particular, but not limited to those with mental and emotional disabilities, who have become disengaged from main system support, through horse related therapy programmes to promote their health and well-being and re engage them with society through the development of core skills.’

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**TheHorseCourse**

The London Horseplay Centre has been approved as centre to run ‘TheHorseCourse’, a high powered intervention aimed at children/young people and adults who are not responding to ‘talk based’ therapies. The 10 hour course consists of working 1:1 with an Approved Facilitator and specially trained horses, who give ‘in the moment’ feedback. The course focuses on developing 8 core life skills (assertiveness, focus & perseverance, taking responsibility, empathy, calmness, planning, communication and engagement as a learner) skills which participants can take a way with them and use in everyday situations.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Fully funded places during this period for TheHorseCourse have come from The National Lottery Community Fund and Children in Need.

Due to Covid restrictions a grant from Hertfordshire Community Foundation (£4500) could not be fulfilled and had to be returned in November 2020.

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

The objects of the Trust are to help people at risk of social exclusion through an innovative horse-powered intervention programme.

This period's achievements were for the second year running, affected by social distancing and national lockdown restrictions and are detailed below:

5 x Re Start courses in the Autumn 2020  
9 x Re Start courses in Spring/Summer 2021

All funders have kindly allowed us to carry unused places over into the 2022 season.

We have had some great feedback from the professionals who have referred participants to us indicating improvements in self-esteem, anxiety and behaviour issues as well as improved engagement in learning.

TheHorseCourse Dorset (HO) is also in the process of training more facilitators who will be able to come and work at our centre on a freelance basis.

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Trust's aims and objectives and in planning future activities and setting the grant making policy for the year.

**Brief statement of the charity's policy on reserves**

There is no reserves policy.  
All courses are run on a full cost recovery basis i.e. we only offer places if we have the funding.

**Details of any funds materially in deficit**

**Further financial review details (Optional information)**

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

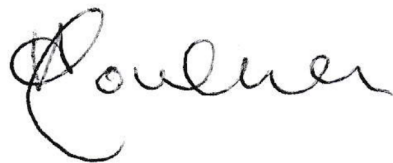
**Section F Other optional information**

**Section G Declaration**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

H Couchman

Position (eg Secretary, Chair, etc)

Chair

**Date** 20<sup>th</sup> June 2022

**Registration of Charity 26.09.17**

**Income**

10/20	£0.00
11/20	
12/20	£0.00
Jan-21	£0.00
02/21	£0.00
03/21	£0.00
04/21	£0
05/21	£5 Amazon
06/21	£0.00
07/21	£0.00
08/21	£7,500.00 CIN grant
09/21	£0.00

**£7,505.00**

**on Horseplay Centre**  
Accounts October 2020/21

**Expenses**

**Salary**

£0.00

£4,050

£4,500.00 HCF p/back

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£0.00

£3,750.00

£0.00

£2,250.00

£265.00

£750.00

£0.00

£0.00

£0.00

£0.00

**£4,765.00**

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