

Charity registration number: 1174832

# Dads Unlimited

Annual Report and Financial Statements  
for the period from 1 October 2020 to 31 March 2021

## **Dads Unlimited**

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## **Dads Unlimited**

### **Reference and Administrative Details**

<b>Trustees</b>	K L O'Hara
	S A Britton
	M E Wynter
	Mrs K Smith
	Mr O Mitchell
	Mr A Lott
<b>Principal Office</b>	Berwick House
	8 Elwick Road
	Ashford
	Kent
	TN23 1PF
<b>Charity Registration Number</b>	1174832
<b>Independent Examiner</b>	Beresfords
	Chartered Certified Accountants
	1-2 Rhodium Point
	Spindle Close
	Hawkinge
	Folkestone
	Kent
	CT18 7TQ

## **Dads Unlimited**

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the period ended 31 March 2021.

#### **Objectives and activities**

##### ***Objects and aims***

To advance the education of the public in the subject of relationship breakdown whereby children are involved, in particular by focusing on fathers.

Dads Unlimited supports dads with their mental health because of family breakdown, and to help them reduce parental-conflict with former partners in order to improve their co-parenting relationships. The issues we are regularly presented with are anxiety, depression, PTSD, domestic abuse, loss of contact with their children, loneliness, isolation, self-harm and tragically suicidal ideation.

We provide wrap-around unlimited support on all of these issues through our trauma-informed services of 1:1 Mentoring, Mental Health counselling, Male Victims IDVA service, Support Group Meetings, Family Court Support / Barrister Representation Service, Co-Parenting Workshops, and plenty of Community Activities for dads to enjoy with or without their children.

Dads Unlimited work hard to focus on making sure the voice of the child is at the heart of the family breakdown process, whilst simultaneously working to reduce male-suicide, help male victims of domestic abuse, and reducing parental conflict post-separation to improve outcomes for our beneficiaries' children.

Dads Unlimiteds' vision is that the lives of children involved in family breakdown have better outcomes through a positive co-parenting environment. The charity's mission, therefore, is to:

- 1) Support the well-being of dads through family breakdown:
  - a) By mentoring them through any necessary legal processes to gain access to their children
  - b) By helping them to achieve a positive ongoing relationship with their children
  - c) By supporting male victims of domestic abuse
- 2) Protect the best interests of children:
  - a) By improving co-parenting relationships
  - b) By reducing parental conflict
- 3) Challenge attitudinal and societal barriers to meaningful fatherhood

Desired outcomes for the dads who are DU's clients are:

- An improvement in their mental health and wellbeing.
- Successful court outcomes enabling them to have a meaningful relationship with their children.
- A reduction in parental conflict.
- Dedicated support for a victim of domestic abuse, and to assist in their recovery.
- The ability to manage and promote a positive co-parenting environment.
- A better understanding, in society, of the role of the father and fatherhood.

DU's underlying position is that the involvement of both parents in a child's life will further their welfare unless there is evidence to the contrary. Our paramount value is 'to remember that the most important thing is to remember that children are the most important thing'.

##### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

## **Dads Unlimited**

### **Trustees' Report**

#### ***Use of volunteers***

The charity intends to encourage and facilitate volunteer involvement in driving forward our mission and make them important stakeholders in our charity. In doing so we recognise that the roles of volunteers will compliment and not replace the roles of paid staff.

The time, energy and skills offered by our volunteers benefit our work and help us to achieve our aims. Experience has shown that volunteering also brings benefits to volunteers themselves and to those with whom they work.

#### **Achievements and performance**

As for a quantitative analysis of our work, and the beneficiaries we have supported over the previous 6 months (01 October 2020 – 31 March 2021):

New cases in period: 295

Cases closed in period: 119

Male Victims of domestic abuse: 115

Clients suffering from suicidal ideation: 81

Mental Health outcomes – Average score change from first to last session: 7% improvement (according to the Warwick Edinburgh Mental Wellbeing Scale of a +2.89 points).

Specifically, the clients who attend Counselling, we have begun to draw out themes from their presenting issues, which are: Parental Conflict, Domestic Abuse, Coercive and Controlling behaviours, Suicidal thoughts, loss of contact with their children, Depression, Anxiety, feelings of Isolation and Loneliness.

Support Group Meeting attendances: Average 12 people / meeting

We have supported 176 clients by successfully navigating them away from the parental conflict, and as a result moved them on to our Pastoral Service to help improve their co-parenting has bedded down.

We supported 54 Court Hearings for our clients over the past year with our fixed-fee Barrister Representation Service; which includes 17 litigants in person.

The Pastoral Service supports the move towards co-parenting, with our welfare team getting involved in mutual discussions with both parents, schools and if relevant attending Children Service's meetings, including Child in Need, and Child Protection meetings/conferences.

In regards to the children we have ultimately supported, we have approximately 1.9 children / client; and therefore, we have helped 226 children of the 119 cases we have closed, and have approximately 334 children of the remaining cases open we are still helping.

We have supported 81 clients with their mental health and moved them away from suicidal ideation.

#### **Response to COVID-19 (Coronavirus)**

Throughout the remaining period of Lockdown and prior to moving to our new offices in June 2021, Dads Unlimited continued to work remotely from home. Use of TEAMS and ZOOM continued and enabled the staff to keep in touch and work efficiently. Supporting our clients at court was and still is a mixture of video and telephone conferences but this has in most parts worked well. We have experienced longer waits for court hearing dates but this has been out of our control. During this period of Covid-19 restrictions, our Counselling service has been via video calls and in the main worked well for clients.

## **Dads Unlimited**

### **Trustees' Report**

#### **Financial review**

##### ***Policy on reserves***

The charity aims to hold a minimum of £15,000 of unrestricted reserves to cover running costs. There are currently £21,309 of unrestricted reserves and £179,187 of restricted reserves.

#### **Structure, governance and management**


##### ***Nature of governing document***

The charity is a Charitable Incorporated Organisation and the governing document of the charity is the constitution as adopted on 25th September 2017.

##### ***Recruitment and appointment of trustees***

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

The annual report was approved by the trustees of the charity on 29/4/21 and signed on its behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 29/10/21 and signed on its behalf by:



S A Britton  
Trustee



## **Dads Unlimited**

### **Independent Examiner's Report to the trustees of Dads Unlimited**

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 7 to 15.

#### **Respective responsibilities of trustees and examiner**

As the charity's trustees of Dads Unlimited you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Dads Unlimited's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Dads Unlimited as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mr Daniel Payne FCCA  
Beresfords  
Chartered Certified Accountants  
1-2 Rhodium Point  
Spindle Close  
Hawkinge  
Folkestone  
Kent  
CT18 7TQ

Date: 29/9/21



## Dads Unlimited

### Statement of Financial Activities for the Period from 1 October 2020 to 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
<b>Income and Endowments from:</b>				
Donations and legacies		4,787	143,143	147,930
Investment income	3	1	-	1
Other income		102	-	102
Total income		4,890	143,143	148,033
<b>Expenditure on:</b>				
Charitable activities		(3,984)	(132,635)	(136,619)
Other expenditure	5	(498)	-	(498)
Total expenditure		(4,482)	(132,635)	(137,117)
Net income		408	10,508	10,916
Net movement in funds		408	10,508	10,916
<b>Reconciliation of funds</b>				
Total funds brought forward		20,901	168,679	189,580
Total funds carried forward	14	21,309	179,187	200,496
	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
<b>Income and Endowments from:</b>				
Donations and legacies		21,801	242,499	264,300
Investment income	3	8	-	8
Other income		4,982	-	4,982
Total income		26,791	242,499	269,290
<b>Expenditure on:</b>				
Charitable activities		(5,478)	(139,172)	(144,650)
Other expenditure	5	(558)	-	(558)
Total expenditure		(6,036)	(139,172)	(145,208)
Net income		20,755	103,327	124,082
Net movement in funds		20,755	103,327	124,082
<b>Reconciliation of funds</b>				
Total funds brought forward		147	65,352	65,499
Total funds carried forward	14	20,902	168,679	189,581

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2020 is shown in note 14.

# Dads Unlimited

(Registration number: 1174832)  
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	11	8,919	8,066
<b>Current assets</b>			
Debtors	12	1,806	2,137
Cash at bank and in hand		<u>190,491</u>	<u>180,605</u>
		192,297	182,742
<b>Creditors: Amounts falling due within one year</b>	13	<u>(720)</u>	<u>(1,227)</u>
<b>Net current assets</b>		<u>191,577</u>	<u>181,515</u>
<b>Net assets</b>		<u>200,496</u>	<u>189,581</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		179,187	168,679
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>21,309</u>	<u>20,902</u>
<b>Total funds</b>	14	<u>200,496</u>	<u>189,581</u>

The financial statements on pages 7 to 15 were approved by the trustees, and authorised for issue on 29/9/21 and signed on their behalf by:



S A Britton  
Trustee

## **Dads Unlimited**

### **Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021**

#### **1 Accounting policies**

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

Dads Unlimited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### **Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### **Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

## **Dads Unlimited**

### **Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021**

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £100.00 or more are initially recorded at cost.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### 2 Income from donations and legacies

	Unrestricted funds	Restricted	Total	Total Year ended 30 September 2020
	General £	funds £	31 March 2021 £	£
Donations and legacies;				
Gift aid reclaimed	-	-	-	1,865
Donations received	4,787	-	4,787	19,936
Grants, including capital grants;				
Grants, including capital grants	-	143,143	143,143	242,499
	<u>4,787</u>	<u>143,143</u>	<u>147,930</u>	<u>264,300</u>

#### 3 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>1</u>	<u>1</u>	<u>8</u>

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 4 Expenditure on charitable activities

		Unrestricted funds	Restricted	Total	Total Year ended 30 September 2020
	Note	General £	funds £	31 March 2021 £	2020 £
Depreciation, amortisation and other similar costs		521	526	1,047	1,334
Staff costs		-	108,483	108,483	129,782
Governance costs		720	-	720	720
Other expenditure on main charitable activity		2,743	23,626	26,369	12,814
		<u>3,984</u>	<u>132,635</u>	<u>136,619</u>	<u>144,650</u>
					Total expenditure £

#### 5 Other expenditure

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Legal and professional fees		498	498	558
		<u>498</u>	<u>498</u>	<u>558</u>

#### 6 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Independent examiner fees			
Examination of the financial statements	720	720	720
	<u>720</u>	<u>720</u>	<u>720</u>

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 7 Net incoming/outgoing resources

Net incoming resources for the period include:

	2021 £	2020 £
Depreciation of fixed assets	<u>1,047</u>	<u>1,334</u>

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
<b>Staff costs during the period were:</b>		
Wages and salaries	100,733	128,182
Other staff costs	<u>7,750</u>	<u>1,600</u>
	<u>108,483</u>	<u>129,782</u>

No employee received emoluments of more than £60,000 during the period

#### 9 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>720</u>	<u>720</u>



## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Tangible fixed assets

	Furniture and fixtures £	Computer equipment £	Total £
<b>Cost</b>			
At 1 October 2020	-	10,311	10,311
Additions	1,900	-	1,900
At 31 March 2021	1,900	10,311	12,211
<b>Depreciation</b>			
At 1 October 2020	-	2,245	2,245
Charge for the year	16	1,031	1,047
At 31 March 2021	16	3,276	3,292
<b>Net book value</b>			
At 31 March 2021	1,884	7,035	8,919
At 30 September 2020	-	8,066	8,066

#### 12 Debtors

	2021 £	2020 £
Trade debtors	51	1,950
Prepayments	1,755	187
	1,806	2,137

#### 13 Creditors: amounts falling due within one year

	31 March 2021 £	30 September 2020 £
Pension contributions unpaid	-	507
Accruals	720	720
	720	1,227

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 14 Funds

	Balance at 1 October 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>				
General	20,901	4,890	(4,482)	21,309
<b>Restricted funds</b>	<u>168,679</u>	<u>143,143</u>	<u>(132,635)</u>	<u>179,187</u>
<b>Total funds</b>	<u>189,580</u>	<u>148,033</u>	<u>(137,117)</u>	<u>200,496</u>
	Balance at 1 October 2019 £	Incoming resources £	Resources expended £	Balance at 30 September 2020 £
<b>Unrestricted funds</b>				
General	147	26,791	(6,036)	20,902
<b>Restricted funds</b>	<u>65,352</u>	<u>242,499</u>	<u>(139,172)</u>	<u>168,679</u>
<b>Total funds</b>	<u>65,499</u>	<u>269,290</u>	<u>(145,208)</u>	<u>189,581</u>

#### 15 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2021 £
Tangible fixed assets	5,097	3,822	8,919
Current assets	16,932	175,365	192,297
Current liabilities	<u>(720)</u>	<u>-</u>	<u>(720)</u>
<b>Total net assets</b>	<u>21,309</u>	<u>179,187</u>	<u>200,496</u>
	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2020 £
Tangible fixed assets	3,719	4,347	8,066
Current assets	18,411	164,331	182,742
Current liabilities	<u>(1,227)</u>	<u>-</u>	<u>(1,227)</u>
<b>Total net assets</b>	<u>20,903</u>	<u>168,678</u>	<u>189,581</u>

