

# DADS UNLIMITED

England & Wales · Charity number 1174832

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-09-25

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Dads Unlimited  
Metford Units 5 & 7  
Evegate Business Park  
Station Road  
Smeeth  
ASHFORD

**Phone** 01233 680150

**Email** [office@dadsunltd.org.uk](mailto:office@dadsunltd.org.uk)

**Website** [www.dadsunltd.org.uk](http://www.dadsunltd.org.uk)

## Activities

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**Objects:** THE OBJECTS OF THE CIO (DADS UNLIMITED) ARE:1. TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF RELATIONSHIPBREAKDOWN WHEREBY CHILDREN ARE INVOLVED, IN PARTICULAR BY FOCUSING ONFATHERS;2. FOR THE PUBLIC BENEFIT PROVIDE THE RELIEF OF THE PHYSICAL AND MENTAL HEALTHOF FATHERS IN NEED, IN PARTICULAR BY THE PROVISION OF COUNSELLING, SUPPORTAND SERVICES FOR THE ONGOING SAFETY OF MEN WHO ARE ABUSED AND THOSEARE AFFECTED BY ABUSE.3. TO PROVIDE, FOR THE BENEFIT OF THE PUBLIC, ASSISTANCE THROUGH CONCILIATIONFOR COUPLES WITH CHILDREN WHOSE RELATIONSHIPS APPEAR TO BE BREAKINGDOWN, AND WHERE SUCH RELATIONSHIPS HAVE ALREADY BROKEN DOWN, TOADVISE AND HELP IN THE SETTLEMENT OF DIFFERENCES OR POTENTIAL DIFFERENCESOVER ASSOCIATED MATTERS SUCH AS CUSTODY AND ACCESS TO CHILDREN, ANDFINANCIAL MATTERS.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIOFOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH [SECTION 7 OF THECHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005] AND [SECTION 2 OF THE CHARITIESACT (NORTHERN IRELAND) 2008]

**Activities:** We support dads across the UK to help them improve their co-parenting relationships after parental separation, and seek help for their mental health. The issues we support are suicidal ideation/self-harm, anxiety, depression, domestic abuse, loneliness and isolation.We work hard to reduce

male suicide; help male victims of domestic abuse, reduce parental conflict, and improve co-parenting.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** The General Public/mankind

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	-	-	-	-
2024-03-31	£855,630	£564,799	£689,519	16
2023-03-31	£642,470	£500,291	£398,689	14
2022-03-31	£350,367	£294,352	-	-
2021-03-31	£148,033	£137,117	-	-
2020-09-30	£269,290	£145,208	-	-

## Trustees

Name	Role	Appointed
Bence Leb		2022-11-29
James Hanaway		2024-11-01
James McComas		2024-01-04
Shazia Khan		2024-11-01

**DADS UNLIMITED**

England & Wales - Charity number 1174832

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# Accounts

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Charity registration number: 1174832

# Dads Unlimited

Annual Report and Financial Statements

for the Year Ended 31 March 2024

**Dads Unlimited**  
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## **Dads Unlimited**

### **Reference and Administrative Details**

<b>Chairman</b>	Mr S Philips
<b>Trustees</b>	Mr B Leb Mr J McComas Mr S Philips Mr P Nelson Mr J Hanaway Mrs S Khan Mr P Burrows
<b>Charity Registration Number</b>	1174832
<b>Principal Office</b>	Metford Units 5 - 7 Evegate Business Park Station Road Ashford Kent TN25 6SX
<b>Independent Examiner</b>	Beresfords Chartered Certified Accountants 1-2 Rhodium Point Spindle Close Hawkinge Folkestone Kent CT18 7TQ

# Dads Unlimited

## Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2024.

### Objectives and activities

#### *Objects and aims*

##### Vision and Mission

Dads Unlimited is a registered charity providing vital support services to men and their families. We empower men to foster healthy emotional well-being, create positive connections, and build fulfilling lives. We provide:

- guidance and assistance to men going through family separation.
- 1-1 and group support to male victims of domestic abuse, advocating for their safety and the safety of their families.
- help in navigating the court system to connect dads and their children.
- mental health and wellbeing services, with counselling and signposting to specialist support agencies.

Our mission is to support men experiencing domestic abuse, mental health challenges, and family separation. We listen to, understand and empower men, so they can gain the tools they need to understand their options, work through difficulties, and create their desired futures. We provide practical and emotional support to improve wellbeing and connection with others.

Our vision is for men and those they care about to experience healthy, happy relationships. We seek a future where men can talk about their mental health, feel listened to, empowered, connected and understood.

##### Objects

The official objects of Dads Unlimited are:

1. To advance the education of the public in the subject of relationship breakdown whereby children are involved, in particular by focusing on fathers;
2. For the public benefit provide the relief of the physical and mental health of fathers in need, in particular by the provision of counselling, support and services for the ongoing safety of men who are abused and those who are affected by abuse.
3. To provide, for the benefit of the public, assistance through conciliation for couples with children whose relationships appear to be breaking down, and where such relationships have already broken down, to advise and help in the settlement of differences or potential differences over associated matters such as custody and access to children, and financial matters.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### **Our work**

The issues we are regularly presented with are anxiety, depression, PTSD, domestic abuse, loss of contact with children, loneliness, isolation, self-harm and suicidal ideation. We provide wrap-around support on all of these issues through our trauma-informed services of 1:1 Mentoring, Mental Health counselling, Male Victims IDVA service, Support Group Meetings, Family Court Support / Barrister Representation Service, Co-Parenting Workshops, and Community Activities for dads to enjoy with or without their children.

Dads Unlimited work hard to ensure the voice of the child is at the heart of the family breakdown process, whilst simultaneously working to reduce male-suicide, help male victims of domestic abuse, and reduce parental conflict post-separation to improve outcomes for our beneficiaries' children.

Desired outcomes for the men we help are:

- An improvement in their mental health and wellbeing.
- Successful court outcomes enabling men to have meaningful relationships with their children.
- A reduction in parental conflict.
- The ability to manage and promote a positive co-parenting environment.
- Dedicated support for a victim of domestic abuse, and to assist in their recovery.
- A better understanding, in society, of the role of the father and fatherhood.
- A better understanding of the link between family issues and men's mental health.

Our underlying position is that the involvement of both parents in a child's life will further their welfare unless there is evidence to the contrary.

#### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### ***Use of volunteers***

The Chair would like to record thanks to all Trustees for their contribution, and to our Patrons, The Lord Lieutenant of Kent, The Lady Colgrain CStJ and Nadra Ahmed CBE DL, for their kind encouragement and support.

Dads Unlimited do not currently have any other volunteer roles, however an expansion on our volunteering opportunities is planned for 2025.

#### **Achievements and performance**

##### **Operational delivery**

“You always remember the important details, like my children's names and what I said I would do in between calls. This makes me feel valued, and heard. I feel believed, validated and supported. You must have so many clients, but I feel like I am the only one. This year would have been far tougher without your ongoing support”.

Dads Unlimited's impact extends far beyond the men we support. It echoes out to children, families, and the wider communities we all live in. Last year we supported 1957 men through family separation, domestic abuse, and contact with their children. This was an increase of 43% on the previous year. We did this through the following programmes:

## Dads Unlimited

### Trustees' Report (continued)

#### Family services

Our family services department offers one-to-one mentoring and group support to men navigating family separation, co-parenting and court processes. The men we support can access our helpline, and receive ongoing support on a regular basis from a trained member of staff who can help with the practical and emotional aspects of family breakdown. In addition to one-to-one support, our group programmes inform men how to better co-parent, and how to navigate the court system.

Last year we supported 1137 men through family separation, a 42% increase on the previous year. From those we saw the following outcomes:

- **Reduced Suicidal Ideation:** 100% clients who initially reported suicidal thoughts experienced a decrease in the intensity or frequency of these thoughts, or the thoughts completely subsided.
- **Client-Centered Care:**
  - 97% of clients felt they were actively involved in decisions about their care.
  - 99% would recommend the service to others.
- **Improved Child Contact:** 74% of clients experienced an improvement in the quality of their contact with their children.
- **Improved Well-being (following the Warwick Edinburgh Mental Wellbeing Scale)**
  - 94% felt more informed and empowered.
  - 89% felt more optimistic about the future.
  - 79% reported improvements in their support networks.

#### DAVE (Domestic Abuse Victim Empowerment)

Our DAVE team offers one-to-one and group support for men experiencing domestic abuse, with trained professionals offering tailored support and safety planning tailored to each person's unique set of circumstances. Complimenting this, our group work programme provides support in moving on from abuse, and is offered to clients as they come to the end of their support with us.

734 men were supported around domestic abuse last year, a 108% increase on the previous year. From those, we saw the following outcomes:

- **Reduced Suicidal Ideation:** 90% clients who initially reported suicidal thoughts experienced a decrease in the intensity or frequency of these thoughts, or the thoughts completely subsided.
- **Client-Centered Care:**
  - 100% of clients felt the service was personalised and they had a say in their care.
  - 100% of clients would recommend the service to others.
- **Improved Well-being: (following the Warwick Edinburgh Mental Wellbeing Scale)**
  - 82% felt more hopeful about the future.
  - 92% felt more knowledgeable and in control.
  - 82% reported stronger support systems.
  - 87% saw improvements in their overall situation.
  - 86% experienced reduced fear.
  - 75% felt safer at home and work.
- **Strong Referral Network:** 99% of clients knew where to turn for further assistance.

We worked closely with other agencies, including attendance at Multi Agency Risk Assessment Conferences, and referring to other local and specialist agencies where more support was required.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### **Mental Health and Counselling**

Our mental health and counselling department manage all mental health referrals, suicide risk assessments, and provides one-to-one counselling support. This department also processes all referrals to local safeguarding boards, and ensures ongoing safeguarding training and development. 86 men accessed our counselling service last year. From those:

- **Reduced Suicidal Ideation:** 100% clients who initially reported suicidal thoughts experienced a decrease in the intensity or frequency of these thoughts, or the thoughts completely subsided.
- **Client-Centered Care:**
  - 99% felt the service was personalised and they had a say in their care.
  - 95% would recommend the service to others.
- **Improved Well-being:** (following the Warwick Edinburgh Mental Wellbeing Scale)
  - 97% felt better equipped to manage their thoughts and feelings.
  - 87% felt more hopeful about the future.
  - 89% felt more knowledgeable and in control.
  - 63% reported stronger support systems.
- **Strong Referral Network:** 90% of clients knew where to turn for further assistance.

As part of our work highlighting the link between family issues and men's mental health, we were invited to be key note speakers at the National Suicide Prevention Conference, where we talked about this link, and how it can be a contributing factor to suicidal ideation.

#### **Learning and improvement**

We are committed to the ongoing evaluation and improvement of our programmes. We utilise feedback from our clients to improve our approach to providing support, to update our workshop content, and to improve the clients experience of our charity. We listen to the wider sector on issues relating to men's mental health, and feed into this through research and information sharing.

Over the past year we have contributed to the following research projects:

- Public Health England's Kent Team's research into male victims of domestic abuse and suicide
- Ben Hine's research into Father's & parental alienation
- The Government's call for evidence about Men's Health

This year we've invested in staff training, through the provision of IDVA training for our domestic abuse team, and training for all staff on the family court process. We are committed to staying up to date on the current legislation and issues impacting the men and families we support.

# Dads Unlimited

## Trustees' Report (continued)

### Financial review

#### *Policy on reserves*

A surplus position has been recorded for this financial year of £290,831. The charity aims to hold a minimum of £60,000 of unrestricted reserves to cover approximately 2 months running costs, as well as additional funds to cover any close down costs. As of 31st March 2024 there was £181,652 of unrestricted reserves and £507,867 of restricted reserves. The board agreed to designate £110,000 of unrestricted reserves towards the development of the organisation, with a focus on further building the foundations of our growing organisation, to ensure future sustainability and to better meet the needs of the people we are here to support. We therefore plan to invest in staff capacity building, staff and trustee learning and development, digital technology, systems, and a review of our fundraising and marketing. As the charity enters a period of growth and high demand for its services, this investment of unrestricted funds will enable us to improve internal processes, enhance the quality of our work, and invest in the building blocks for future service provision. The board has committed to reviewing our reserves policy again in March 2025, to ensure the Board remains satisfied with the level of risk, savings and expenditure.

### Plans for future periods

#### *Aims and key objectives for future periods*

##### Strategic plan

In its 7th year as a charity, we have committed to evaluating our achievements to date, and agreeing how best to use our skills, experience and resources to make the most difference to the men we're here to support now, and in the future.

In 2025 the Senior Leadership Team and Board of Trustees will be developing a three-year strategic plan to guide its work, along with an updated Theory of Change to focus on the impact the charity wishes to have. We will agree, as a team, how we can best work together to achieve our vision of a future where men and those they care about can experience healthy, happy relationships; where men can talk about their mental health, feel listened to, empowered, connected and understood.

This will guide the programmes we deliver, our evaluation framework, the projects we decide to focus on, and our main objectives for the years ahead. Our clients will be involved in the development of this strategy, ensuring the views, needs and preferences of our clients are central to everything we do. To achieve this, a Men's Panel' is being formed in 2025 to provide 'lived experience' feedback, input and ideas throughout this process. We will also consult with other key stakeholders for a rounded view, ensuring we are connecting with local and national agencies working together in this space.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### *Activities planned to achieve aims*

##### Supporting factors

To support our work during this period, we will be investing time in:

- **Income generation:** We do not have enough staff to meet the demand for our services. We want to have sufficient income to maintain the programmes we have, and expand on these to meet the rising demand. Our income generation strategy focuses on growing and diversifying our income, with an emphasis on sustaining our work.
- **Governance:** Good governance is key to the effective management of any charity. With a new board of trustees in place, we are investing in board training and implementing effective board processes in line with the Governance Code. We are investing in a board Skills Audit and Governance Health Check to kick start this work.
- **People and culture:** We want Dads Unlimited to be a great place to work, with people that believe in our mission and vision leading our new strategy. We will continue to invest and develop our staff team through targeted learning & development, and aim to proactively create a positive work environment.
- **Marketing and communications:** We will review how Dads Unlimited comes across to the world outside, with a rebrand planned for 2025 and a campaign to raise awareness of our work. We will improve our communication with clients, supporters and those interested in learning more about our work. A marketing strategy has been developed, to ensure we are communicating our vision and our impact with the world outside.
- **Systems and processes:** we will update and improve our ways of working, and invest in the systems needed to ensure we are efficient in all areas of our work. This includes our databases, IT systems, and internal policies and procedures.

#### **Structure, governance and management**

##### *Nature of governing document*

The charity is a Charitable Incorporated Organisation and the governing document of the charity is the constitution as adopted on 25th September 2017.

##### *Recruitment and appointment of trustees*

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### ***Organisational structure***

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

Strategic and other decisions are made at Board meetings held between four to eight times per year. The day-to-day running of the Trust is the responsibility of a Chief Executive who is answerable to the Trustees. The Chief Executive has regular contact with the Chair, the Vice Chair, the Treasurer and other Trustees with specific expertise throughout the year to discuss broader strategy as well as various aspects of the day to day running of the charity. The Chief Executive is supported by a Senior Leadership Team composed of the Head of Domestic Abuse, Head of Mental Health, Head of Mentoring, and Head of Court Support.

The following Board subcommittees are in place:

- Governance subcommittee
- Finance and Fundraising subcommittee

The name of the Director / CEO and other senior staff member(s) to whom day to day management of the charity is delegated by the charity trustees:

- Mr Nav Mirza: CEO until May 2024.
- Miss Kerry Wotton (formerly Huck): Interim CEO from June 2024 until present

The Board would like to thank the full staff team for their skilled work during this period.

# Dads Unlimited

## Trustees' Report (continued)

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on ..... and signed on its behalf by:

.....  
Mr S Philips  
Chairman and Trustee

# Dads Unlimited

## Independent Examiner's Report to the trustees of Dads Unlimited

I report to the trustees on my examination of the accounts of Dads Unlimited for the year ended 31 March 2024.

### Responsibilities and basis of report

As the charity trustees of Dads Unlimited you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Dads Unlimited's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

### Independent examiner's statement

Since Dads Unlimited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of The Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Dads Unlimited as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....  
Mr Daniel Payne FCCA  
Beresfords  
Chartered Certified Accountants  
1-2 Rhodium Point  
Spindle Close  
Hawkinge  
Folkestone  
Kent  
CT18 7TQ

Date:.....

## Dads Unlimited

### Statement of Financial Activities for the Year Ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total 2024 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	75,598	775,364	850,962
Investment income	3	3,381	-	3,381
Other income		1,287	-	1,287
Total income		<u>80,266</u>	<u>775,364</u>	<u>855,630</u>
<b>Expenditure on:</b>				
Charitable activities	4	(12,330)	(552,330)	(564,660)
Other expenditure	5	(139)	-	(139)
Total expenditure		<u>(12,469)</u>	<u>(552,330)</u>	<u>(564,799)</u>
Net income		<u>67,797</u>	<u>223,034</u>	<u>290,831</u>
Net movement in funds		67,797	223,034	290,831
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>113,855</u>	<u>284,833</u>	<u>398,688</u>
Total funds carried forward	14	<u><u>181,652</u></u>	<u><u>507,867</u></u>	<u><u>689,519</u></u>

The notes on pages 14 to 21 form an integral part of these financial statements.

## Dads Unlimited

### Statement of Financial Activities for the Year Ended 31 March 2024 (continued)

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	103,516	538,034	641,550
Investment income	3	483	-	483
Other income		437	-	437
		<u>104,436</u>	<u>538,034</u>	<u>642,470</u>
<b>Expenditure on:</b>				
Charitable activities	4	(17,177)	(481,544)	(498,721)
Other expenditure	5	(1,570)	-	(1,570)
		<u>(18,747)</u>	<u>(481,544)</u>	<u>(500,291)</u>
Net income		<u>85,689</u>	<u>56,490</u>	<u>142,179</u>
Net movement in funds		85,689	56,490	142,179
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>28,167</u>	<u>228,343</u>	<u>256,510</u>
Total funds carried forward	14	<u>113,856</u>	<u>284,833</u>	<u>398,689</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2023 is shown in note 14.

## Dads Unlimited

### (Registration number: 1174832) Balance Sheet as at 31 March 2024

	Note	2024 £	2023 £
<b>Fixed assets</b>			
Tangible assets	11	18,821	24,201
<b>Current assets</b>			
Debtors	12	22,868	12,924
Cash at bank and in hand		<u>651,948</u>	<u>363,970</u>
		674,816	376,894
<b>Creditors: Amounts falling due within one year</b>	13	<u>(4,118)</u>	<u>(2,406)</u>
<b>Net current assets</b>		<u>670,698</u>	<u>374,488</u>
<b>Net assets</b>		<u>689,519</u>	<u>398,689</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		507,867	284,833
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>181,652</u>	<u>113,856</u>
<b>Total funds</b>	14	<u>689,519</u>	<u>398,689</u>

The financial statements on pages 11 to 21 were approved by the trustees, and authorised for issue on .....  
and signed on their behalf by:

.....  
Mr S Philips  
Chairman and Trustee

The notes on pages 14 to 21 form an integral part of these financial statements.

# Dads Unlimited

## Notes to the Financial Statements for the Year Ended 31 March 2024

### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Basis of preparation

Dads Unlimited meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### *Donations and legacies*

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### *Grants receivable*

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### *Investment income*

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

# Dads Unlimited

## Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

### **Tangible fixed assets**

Individual fixed assets costing £100.00 or more are initially recorded at cost.

### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset class</b>	<b>Depreciation method and rate</b>
Fixtures and fittings	10 years straight line
Office equipment	5 years straight line

### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

# Dads Unlimited

## Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

### Trade creditors

are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

## 2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2024 £	Total 2023 £
Donations and legacies;				
Gift aid reclaimed	1,905	-	1,905	2,330
Donations received	48,693	-	48,693	73,636
Grants, including capital grants;				
Grants, including capital grants	25,000	775,364	800,364	565,584
	<u>75,598</u>	<u>775,364</u>	<u>850,962</u>	<u>641,550</u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 3 Investment income

	<b>Unrestricted funds General £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Interest receivable and similar income;			
Interest receivable on bank deposits	3,381	3,381	483
	3,381	3,381	483

#### 4 Expenditure on charitable activities

	<b>Note</b>	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Depreciation, amortisation and other similar costs		3,529	2,816	6,345	5,014
Staff costs		3,144	481,483	484,627	418,979
Governance costs	6	-	1,440	1,440	1,440
Other expenditure on main charitable activity		5,657	66,591	72,248	73,288
		12,330	552,330	564,660	498,721

#### 5 Other expenditure

	<b>Note</b>	<b>Unrestricted funds General £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Legal and professional fees		-	-	1,441
Other resources expended		139	139	129
		139	139	1,570

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 6 Analysis of governance and support costs

##### Governance costs

	<b>Restricted funds £</b>	<b>Total 2024 £</b>	<b>Total 2023 £</b>
Independent examiner fees			
Examination of the financial statements	1,440	1,440	1,440
	1,440	1,440	1,440
	1,440	1,440	1,440

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	<b>2024 £</b>	<b>2023 £</b>
Depreciation of fixed assets	6,345	5,014
	6,345	5,014
	6,345	5,014

#### 8 Staff costs

The aggregate payroll costs were as follows:

	<b>2024 £</b>	<b>2023 £</b>
<b>Staff costs during the year were:</b>		
Wages and salaries	434,647	377,175
Social security costs	35,430	29,252
Pension costs	7,180	6,283
Other staff costs	7,370	6,269
	484,627	418,979
	484,627	418,979

No employee received emoluments of more than £60,000 during the year

#### 9 Independent examiner's remuneration

	<b>2024 £</b>	<b>2023 £</b>
Examination of the financial statements	1,440	1,440
	1,440	1,440
	1,440	1,440

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Tangible fixed assets

	Furniture and fixtures £	Computer equipment £	Total £
<b>Cost</b>			
At 1 April 2023	4,523	29,902	34,425
Additions	458	507	965
At 31 March 2024	4,981	30,409	35,390
<b>Depreciation</b>			
At 1 April 2023	396	9,828	10,224
Charge for the year	490	5,855	6,345
At 31 March 2024	886	15,683	16,569
<b>Net book value</b>			
At 31 March 2024	4,095	14,726	18,821
At 31 March 2023	4,127	20,074	24,201

#### 12 Debtors

	2024 £	2023 £
Prepayments	22,868	12,924

#### 13 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	30	-
Pension contributions unpaid	1,389	966
Accruals	2,699	1,440
	4,118	2,406

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

#### 14 Funds

	Balance at 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2024 £
<b>Unrestricted funds</b>					
General	113,855	80,266	(12,469)	(110,000)	71,652
Designated	-	-	-	110,000	110,000
<b>Total unrestricted funds</b>	<u>113,855</u>	<u>80,266</u>	<u>(12,469)</u>	<u>-</u>	<u>181,652</u>
<b>Restricted funds</b>	<u>284,833</u>	<u>775,364</u>	<u>(552,330)</u>	<u>-</u>	<u>507,867</u>
<b>Total funds</b>	<u><u>398,688</u></u>	<u><u>855,630</u></u>	<u><u>(564,799)</u></u>	<u><u>-</u></u>	<u><u>689,519</u></u>
	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £	
<b>Unrestricted funds</b>					
General	28,167	104,436	(18,747)	113,856	
<b>Restricted funds</b>	<u>228,343</u>	<u>538,034</u>	<u>(481,544)</u>	<u>284,833</u>	
<b>Total funds</b>	<u><u>256,510</u></u>	<u><u>642,470</u></u>	<u><u>(500,291)</u></u>	<u><u>398,689</u></u>	

#### 15 Analysis of net assets between funds

	Unrestricted funds		Restricted funds	Total funds at 31 March 2024 £
	General £	Designated £	£	£
Tangible fixed assets	10,966	-	7,855	18,821
Current assets	60,706	110,000	504,110	674,816
Current liabilities	(19)	-	(4,099)	(4,118)
<b>Total net assets</b>	<u><u>71,653</u></u>	<u><u>110,000</u></u>	<u><u>507,866</u></u>	<u><u>689,519</u></u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2024 (continued)

	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total funds at 31 March 2023 £</b>
Tangible fixed assets	14,036	10,165	24,201
Current assets	101,434	275,460	376,894
Current liabilities	<u>(1,614)</u>	<u>(792)</u>	<u>(2,406)</u>
Total net assets	<u>113,856</u>	<u>284,833</u>	<u>398,689</u>

**DADS UNLIMITED**

England & Wales - Charity number 1174832

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# Accounts

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Charity registration number: 1174832

# Dads Unlimited

Annual Report and Financial Statements

for the Year Ended 31 March 2023

## **Dads Unlimited**

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## **Dads Unlimited**

### **Reference and Administrative Details**

<b>Chairman</b>	Mr S Phillips
<b>Trustees</b>	Mr S Phillips Mr D Adams Ms S A Britton Ms C Cox Mr M D Goddard Ms Z S Hickmott Mr B Leb M E Wynter
<b>Charity Registration Number</b>	1174832
<b>Principal Office</b>	Metford Units 5 - 7 Evegate Business Park Station Road Ashford Kent TN25 6SX
<b>Independent Examiner</b>	Beresfords Chartered Certified Accountants 1-2 Rhodium Point Spindle Close Hawkinge Folkestone Kent CT18 7TQ

# **Dads Unlimited**

## **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

### **Objectives and activities**

#### ***Objects and aims***

To advance the education of the public in the subject of relationship breakdown whereby children are involved, in particular by focusing on fathers.

Dads Unlimited supports dads with their mental health because of family breakdown, and to help them reduce parental-conflict with former partners in order to improve their co-parenting relationships. The issues we are regularly presented with are anxiety, depression, PTSD, domestic abuse, loss of contact with their children, loneliness, isolation, self-harm and tragically suicidal ideation.

We provide wrap-around unlimited support on all of these issues through our trauma-informed services of 1:1 Mentoring, Mental Health counselling, Male Victims IDVA service, Support Group Meetings, Family Court Support / Barrister Representation Service, Co-Parenting Workshops, and plenty of Community Activities for dads to enjoy with or without their children.

Dads Unlimited work hard to focus on making sure the voice of the child is at the heart of the family breakdown process, whilst simultaneously working to reduce male-suicide, help male victims of domestic abuse, and reducing parental conflict post-separation to improve outcomes for our beneficiaries' children.

Dads Unlimited's vision is that the lives of children involved in family breakdown have better outcomes through a positive co-parenting environment. The charity's mission, therefore, is to:

- 1) Support the well-being of dads through family breakdown:
  - a) By mentoring them through any necessary legal processes to gain access to their children
  - b) By helping them to achieve a positive ongoing relationship with their children
  - c) By supporting male victims of domestic abuse
- 2) Protect the best interests of children:
  - a) By improving co-parenting relationships
  - b) By reducing parental conflict
- 3) Challenge attitudinal and societal barriers to meaningful fatherhood

Desired outcomes for the dads who we help are:

- An improvement in their mental health and wellbeing.
- Successful court outcomes enabling them to have a meaningful relationship with their children.
- A reduction in parental conflict.
- Dedicated support for a victim of domestic abuse, and to assist in their recovery.
- The ability to manage and promote a positive co-parenting environment.
- A better understanding, in society, of the role of the father and fatherhood.

DU's underlying position is that the involvement of both parents in a child's life will further their welfare unless there is evidence to the contrary.

#### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### ***Use of volunteers***

The charity intends to encourage and facilitate volunteer involvement in driving forward our mission and make them important stakeholders in our charity. In doing so we recognise that the roles of volunteers will compliment and not replace the roles of paid staff.

The time, energy and skills offered by our volunteers benefit our work and help us to achieve our aims. Experience has shown that volunteering also brings benefits to volunteers themselves and to those with whom they work.

#### **Achievements and performance**

##### **Year 2022/23 Highlights**

Dads Unlimited is a men's mental health charity that supports men and dads across England and Wales that have experienced family breakdown, loss of contact with their children and/or have been a male victim of domestic abuse.

We offer our support through the provision of a family separation helpline, one to one mentoring service, co-parenting programme, trauma-informed counselling, support at court service / barrister representation service and a bespoke male victim of domestic abuse IDVA service.

The golden thread of our work is that we are a suicide prevention charity. From our work with Public Health, it was identified that relationship breakdown, loss of contact with children and domestic abuse, accompanied with debt and unemployment are high risk suicide triggers for men under the age of 55. In our domestic abuse service, 53.7% of clients supported have faced suicidal ideation and in our mentoring service, 42.3% of clients supported have faced suicidal ideation.

We celebrated our sixth anniversary in March 2023 having begun as a humble Facebook page in 2017. By this time, we have managed to expand both our existing team, and our breath and depth of services. We have also moved to a position of national influence, sitting on two All Party Parliamentary Groups, liaising with local and central government on policies affecting men and boys, as well as being the 'go to' charity across England and Wales for professional advice and insight to statutory and non-statutory organisations.

In six years, we have supported over 5,100 men and ensured a positive difference for over 9,639 children; and established ourselves as the largest male mental health charity focussing on domestic abuse, family breakdown and suicide prevention across England and Wales.

##### **Changes in the last 12 months**

During 2022 - 2023, we saw the growing trend of high demand for our services continue, this meant that we had to utilise our reserves to increase staff capacity to meet this demand and recruit additional members of staff. We increased all case load levels to 60 cases per staff member in our mentoring service. Based on this decision, we needed to further use our reserves to convert all part-time staff to full-time staff as an operational necessity.

In December 2022, the Trustee Board implemented a 10% pay increase for all front-line staff; due to the cost-of-living crisis being at its peak and inflation soaring. It was important to recognise the contribution members of staff were making at this difficult time; ensuring we as an employer were rewarding them with an appropriate salary that correlates with the rise in cost of living. It was imperative that we supported our staff in these challenging times for them personally.

## **Dads Unlimited**

### **Trustees' Report (continued)**

In terms of the demand we were experiencing, we have seen a 14% increase in new clients (605 Mentoring Clients FY2022-23 vs 534 FY2021-22) along with 242 existing clients carried over from the previous period - giving us a total of 847 clients supported. Compared to 797 clients in the preceding period, this is a 6.2% increase overall in number of clients supported.

However, it should be noted that our overall funded capacity is to support approximately 450 clients per year. Therefore, we are operating at over 46.87% above our capacity. This, as it currently stands and if demand remains the same or increases, even marginally, is not sustainable.

For our domestic abuse service, Save DAVE, we have seen a 155% increase in new clients (240 DAVE Clients FY2022-23 vs 94 FY2021-22 [part-year effect]) along with 52 existing clients carried over from the previous period - giving us a total of 292 clients supported.

#### **Success within the period**

Due to additional emergency funding opportunities, we have been able to temporarily avoid reaching crisis point within the departments, and ensure that we can continue to provide a safe, efficient, and effective service.

Indeed, we were fortunate to receive new funding to expand our domestic abuse service from Kent & Medway, to across the whole of England & Wales - because of the clear need we had identified.

However, as we are now experiencing such high levels of demand to this service - this has proved substantially challenging.

## **Dads Unlimited**

### **Trustees' Report (continued)**

The additional funding allowed us to recruit 1 x full-time additional Independent Domestic Violence Advisor (IDVA) to cover clients outside of our funding jurisdiction. Remarkably, this service reached capacity in approximately 2 months with a caseload of 40 male victims, and then exceeded capacity to 55 victims. We were then forced in to introducing a waiting list, that currently sits at 14 victims, with an additional 11 victims to be assessed at this time of writing.

Again, as it currently stands, this is not sustainable. Further, whilst the introduction of this new bespoke male victim service has been a success, in that it has clearly identified an invisible need within our society - without further substantial investment this leaves a cohort of male victims, and potentially their children, at a significant risk of harm and/or devastating outcomes such as an increased risk of suicide of their adult male protectors. Dialogue is continuing to attract further funds into this service as we write, but this is an ongoing programme of work.

Lastly, we restructured our Senior Management Team, and this has enabled us to streamline our service lines under one 'Director of Services'. This has enabled us to make sure that all services operate under one set of policies, processes and procedures. This has further helped to strengthen our governance across the whole organisation and bring all teams together to ensure cross-pollination of skills and experience.

Since the 1st of April 2022, we have seen a vast amount of success here at Dads Unlimited.

- We have grown our presence on social media, and by engaging with a wider audience we are able to raise awareness and educate society.
- Dads Unlimited have become the predominant voice and expertise, articulating the issues affecting men and boys.
- We have supported The Parent Promise Initiative by attending the Houses of Parliament to launch the scheme
- In January 2023, we developed connections with the Lord Lieutenant of Kent, Lady Colgrain.
- We met with the Home Office to share our work on Male Victims of Domestic Abuse; the Home Office are particularly interested in our feedback regarding the DASH assessment scale.
- CEO of Dads Unlimited attended Fitzwilliam College at the University of Cambridge to deliver a keynote speech with Sir Andrew McFarlane (President of the Family Courts) to the Family Law Bar Association.
- Attended the GSK IMPACT AWARDS 2022 Ceremony in June 2022 as one of the winners.
- We have secured 3 new Trustees
- Kent County Council's, Parent Inclusion Co-ordinator approached Dads Unlimited for our insight and involvement to ensure parent services were father inclusive.
- Successfully delivered our Co-Parenting Programme online and in-person to support reducing parental conflict; with 100 individuals attending and 75.76% of participants rating it 5 stars.
- Launched the Discovery Programme, a male victim of domestic recovery programme, delivering this in-person and online to enable victims to heal and move forward; 100% of attendees said their suicidal thoughts had decreased as a result, and finding support from other male victims making them feel less alone. All participants rated the course 5 out of 5.

#### **Challenges faced**

During 2022 - 2023, the charity experienced the following issues - most of which will follow us into the next financial year:

- High demand for our services: Dads Unlimited faced an unprecedented surge in the number of men seeking assistance and support for issues around family breakdown and/or domestic abuse, indicating a growing need for the services we provide.
- As a result, we noticed growing numbers of men suffering with thoughts of suicide. Indeed, at one point, we noticed approximately 2 calls per week into our helpline from men actively wanting to take their life within hours.

## **Dads Unlimited**

### **Trustees' Report (continued)**

- Staff capacity was outstripped by demand: The increased demand for services overwhelmed the existing staffing resources, resulting in a strain on the team's ability to adequately address all needs and provide timely support to those in need.
- Cost of living crisis: A broader economic issue of rising living costs adversely impacted the charity's operations, making it more challenging to maintain effective service delivery, as virtually all our core costs were increased by roughly 75% to 100% increases.
- How do we meet demand? We faced the critical question of devising effective strategies to cope with the escalating demand for services, seeking solutions to efficiently serve all those reaching out for help.
- Reduced funding: During this period, the charity sector experienced a decline in the availability of funding, which further compounded the challenges faced in meeting the growing demand while maintaining the quality of service provided.

#### **Community/Sector developments**

Dads Unlimited addresses the local, regional and national needs related to men experiencing family breakdown, loss of contact with children and/or domestic abuse. By providing local support, collaborating with regional partners and advocating for change on a national level; we effectively respond to the diverse needs of our clients.

Nationally, there has been an increase in awareness and communications around the topics of male mental health and suicidal ideation, and a vast amount more coverage around domestic abuse - both from within the Violence Against Women and Girls Strategy, and also specifically around male-victim domestic abuse.

The effects of these conversations are that more men appear to be able to identify if they have previously been, or currently are, a victim of domestic abuse - especially around the areas of controlling and coercive behaviours, emotional, financial, and psychological abuse.

#### **Service Line headlines**

##### **Mentoring Service**

Mentoring is our core service and a foundation for dads experiencing family breakdown; a one-to-one support service is offered to a dad where a trained member of staff will work with a dad to listen to them and hear them, often for the first time; understand their current situation; complete a whole-needs assessment, help them to co-create an achievable goal; and then to support them on how to achieve that goal. Mentors work with dads that need support with reducing parental conflict, moving from a once intimate to a working co-parenting relationship and gaining meaningful contact with their children.

From 01 April 2022 to 31 March 2023, we fully supported 847 clients in our Mentoring Service; 605 of which were new clients that registered to the service. 242 of 847 were existing clients carried over from the previous reporting period.

- Mentors have had high caseloads of up to 60 clients; and we have seen that more clients with complex needs are engaging with our services; and as a result, we have noticed that they are requiring a longer amount of support duration.
- Introduced a new priority role, 'Mentoring Caseworker'; which has unlocked new opportunities and efficiencies across the whole service. This role is transformational, providing clients with structured learning and support whilst they are waiting to be appointed a Mentor, which will bring an innovative way of working to the Mentoring Service

The clients that we supported in our Mentoring Service had on average a positive 4.6-point increase in their Warwick Edinburgh Mental Wellbeing Scores (WEMWBS).

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### **Core Outcomes**

- 80% felt their mental health had improved
- 60% who had suicidal ideation no longer feel this way
- 85% believed they are more socially connected with others experiencing similar problems
- 67% are now more optimistic about the future
- 94% of parents say they are better able to recognise parental conflict
- 85% of parents are better able to face the challenges of co-parenting
- 91% know how to improve their co-parenting and where to seek additional support
- 97% of clients identified how to be more sensitive to their children's needs

#### **Support at Court Service**

Our Court Support Service supports clients through the family court process effectively. We understand family law is highly complicated and stressful for clients navigating the legal system without a lawyer. Our Court Support Service helps to prepare clients by assisting with court forms, position and/or witness statements, bundle preparation (which includes all documents relevant to an individual's court hearing) - statements, applications, notice of proceedings, Section 7 reports, Cafcass safeguarding letters, GP/medical history and other expert reports. Those clients using either our Mentoring Service or our Domestic Abuse Service are also able to access our renowned Barrister Representation Service (BRS). This is where we can instruct Counsel directly, through being awarded a License Access Certificate from the Bar Standards Board. Further, all of our Barristers work with us on our unique fixed fee scheme; thereby ensuring all clients have certainty around the costs which may be accrued, as well as ensuring we are improving access to justice with a legal professional, rather than run the risk of representing yourself in court alone.

#### **Core Outcomes**

- 75% of clients felt more confident in navigating a complex family court process
- 89% of clients achieved a positive outcome at court
- 70% of clients reported reduced stress around their court proceedings
- 85% of clients reported feeling more empowered and informed about their legal proceedings
- 90% of clients accessed affordable legal representation

#### **Impact**

- In 2022, we supported 180 clients in Court; in quarter four (Q4) of 2022/23 we supported: January - 27 clients; February - 13 clients; and March - 25 clients.
- In 2022 - 2023, we supported 847 clients through our Mentoring Service, this is a 17.8% growth on the previous year. Out of the 847 clients, 42% of clients (356) accessed our Court Support Service.
- Clients using our service recorded a 7-point positive increase on their mental well-being.
- 89% of clients in 2022/2023 achieved a positive outcome at court with our support.

#### **Co-Parenting Programme:**

In parallel with our Mentoring Service, we deliver the Co-Parenting Success Programme (CPP), an early intervention 'reducing parental conflict' programme working to improve the lives of children of separated parents; providing separated parents with the skills and strategies to enable a positive, nurturing, mutually respectful, co-parenting environments within which their children can thrive at home, at play, and in education.

The Co-Parenting Programme is a three-hour workshop that teaches the '5 Steps to Co-Parenting Success' including: Focus, Communication, Responsibility, Living Arrangements and Building a Positive Framework.

The main aim of the programme is to deter the need for family court intervention.

## **Dads Unlimited**

### **Trustees' Report (continued)**

#### **Impact:**

The impact of the Co-Parenting Programme is to reduce parental conflict and ensure the voice of the child is at the heart of family separation. It prevents children from being exposed to parental conflict by giving parents the ability to see family breakdown through the eyes of the child; both parents will learn to respect the other's contribution to parenting, whilst trust and confidence are built upon. By establishing a positive co-parenting framework, the reduction will be needed for parents to explore court avenues. The well-being of those that attend will be improved; whilst learning how to communicate effectively, de-escalate conflict, and avoid drama - attendees will practice positive assertiveness and understand emotional responses.

#### **Outcomes of the programme:**

- 70% of attendees will be made aware of alternatives to a court resolution
- 80% of attendees will better be able to recognise parental conflict
- 75% attendees will feel more informed and empowered
- 85% of children will experience reduced exposure to parental conflict
- 65% of attendees well-being will improve
- 60% of attendees will have an improved ability to seek further support and guidance
- 70% of children of attendees will display improved behaviour
- 85% of parents will report decreased levels of conflict in their co-parenting relationship
- 80% of parents will report increase satisfaction with their co-parenting relationship

#### **Service user feedback:**

“The CPP workshop is professionally led, in a relaxed way, creating a nice atmosphere. The presentation was excellent, informative and condensed.”

“Not only was I unable to find any organisations that provide the same or a similar service in Kent, I was unable to find one anywhere in the country.”

“What a difference these people have made to my family - they make the impossible possible.”

“The CPP taught me how to promote a positive relationship between the child and parent, despite indifferences.”

#### **DAVE Service**

The DAVE (Domestic Abuse Victim Empowerment) service was officially launched in mid-September 2021 to support male victims across Kent and Medway. In January 2023, we were awarded funding from The Crucible Foundation to support male victims of domestic abuse outside of the Kent and Medway jurisdiction, and hence now across England and Wales.

Over the span of 18 months, we predicted that we'd be able to help around 189 male victims of domestic abuse with our funded capacity. But we went above and beyond, surpassing our goal by an incredible 54.4%. From September 2021 to March 2023, we were able to provide full support to 292 male victims. This shows just how dedicated and effective our efforts have been in making a difference in these men's lives. However, it's crucial to note that this surge in demand is straining our capacity, challenging us to ensure sustained quality support amidst these increased numbers.

The clients that we supported in our Save DAVE Service had on average a positive 7-point increase in their Warwick Edinburgh Mental Wellbeing Score (WEMWBS).

## **Dads Unlimited**

### **Trustees' Report (continued)**

Our statistics show that 51% of clients reported being a victim of domestic abuse to the police. The main reasons that have been given to us for male victims not wanting to report to the police are:

- Fear of not being believed;
- Not aware they were a victim of domestic abuse at the time;
- Afraid to report - and if reported, they would be stopped from seeing their children;
- Too embarrassed to report.

As the cost-of-living crisis sees its sharpest peak in decades, we have noticed, that this is having a further detrimental effect upon our clients, who are telling us they are experiencing even more financial difficulties and including an increase in debt. Worryingly, we know that debt is a contributing factor to suicidal ideation and paired with experiencing domestic abuse, another high-risk suicide trigger, then an individual's risk is heightened to have suicidal thoughts. From November 2022 to March 2023, we noted a rise in the number of clients suffering with poor mental health and suicidal ideation.

We are finding that most of the men who are reaching out for support to us are at a point of crisis. Many of the victims score standard or medium risk on the DASH (Domestic Abuse Stalking and Honour-based violence risk identification and assessment model score).

However, and this is incredibly important to understand - the men we are supporting are not at risk of serious harm by their perpetrator; but 53.7% of men supported are telling us that they are at risk of harm from themselves, because they are suffering with significant levels of suicidal thoughts to escape the abuse they are enduring. To them - the only way out of the abuse is to end their life. It can be argued that this is a situation society is failing to recognise- and even if it does, it is struggling to know what to do about it.

#### **Core Outcomes**

- 100% of clients have been happy with the support we have provided.
- 61.9% have said they feel better about their situation (33.33% no change)
- 85.71% feel less frightened than they did (14.29% no change)
- 80.95% feel safer at work or home (19.05% no change)
- 76.19% feel their emotional and physical health is better (19.05% no change)
- 85.71% say they feel better able to cope (9.52% no change)
- 80.95% feel the relationship with their children has improved (19.05% no change)
- 76.19% feel the wellbeing of their children has improved (19.05% no change)

#### **Discovery Programme**

Aligned with our Save DAVE Service is the Discovery Programme; a recovery programme for male victims of domestic abuse to enable them to heal and move on from their experiences. The programme is educational and designed to be interactive and inspirational. If successful with funding, we will be looking to re-write the programme enabling us to deliver this remotely to men with lived experience of domestic abuse outside of our current jurisdiction. The programme offers victims a bespoke intervention over six weeks.

# **Dads Unlimited**

## **Trustees' Report (continued)**

### **Service User Feedback:**

- “This course has been literally lifesaving.”
- “This course has enabled me to see colour in a very black and white picture. | have learnt my boundaries and also to view my life in a better and happier place.”
- “I was wrong to think this was another talk shop.”
- “It was ok to feel vulnerable and that I can open up and speak rather than hiding behind the defence mechanisms. I am not alone.”
- “I couldn't have imagined how impactful and helpful it would be to meet others and have a platform to share week after week. The exercises allowed me to think, to look at and consider myself - which is who I was neglecting.”

### **Achievements of Discovery**

- 100% of attendees provided a 5 out of 5 rating
- Avg. 16.50 positive point increase in client's WEMWBS
- 100% of clients felt their support networks had improved
- 100% of clients said their suicidal thoughts had decreased or stopped

### **Mental Wellbeing Service**

If you experience family breakdown, loss of contact with children and/or domestic abuse - it can be a very stressful and difficult time. Dads Unlimited provides Mental Health support through a team of counsellors who work on a one-to-one basis with clients offering trauma informed counselling. Our team of counsellors provide counselling to clients registered with Dads Unlimited; providing a safe and confidential space for individuals to talk about their thoughts, feelings and experiences. Clients are initially offered 12 sessions with the option for this to be extended dependent on individual needs.

### **Core Outcomes**

- Client is better able to manage their thoughts and feelings
- Clients' harmful behaviour has reduced
- Client has accessed talking therapies

### **Impact**

- We delivered 610 counselling sessions from April 2022 - March 2023; 4 qualified and 10 student counsellors during this time.
- As of March 2023, we have 53 clients accessing one to one counselling.
- By conducting exit surveys with clients that accessed our counselling service; we were able to highlight that on average, clients having counselling reported an average positive 17.75 point increase in their WEMWBS scores; this is a substantial improvement.

### **Outlook for 2023 / 24**

As we reflect on the previous year and our achievements, as well as confront the pressing challenges arising from the growing number of clients that are coming forward to us asking for help; one thing is now abundantly clear to us. The much talked about increase in complex mental health presentations post-covid, that were lying dormant, are now upon us.

## Dads Unlimited

### Trustees' Report (continued)

If we also factor in the cost-of-living crisis, and the financial issues that are affecting us all - with core inflation remaining stubbornly high, and those on fixed rate mortgage deals which are coming to an end yet to bite - this all adds up to more potential hardship to come in approximately 12-18 months' time. The worst may be yet to come.

Therefore, our clients, who are grappling with the above challenges and need our help then have to also contend with a family court system which is under significant pressure; with court hearings regularly being adjourned at the last minute, or even court hearings being scheduled (sometimes) up to 6 months after these men have submitted their initial court paperwork; and thus delays, are playing a major factor in the progress of their cases - this adds in enormous stress and pressure to our clients, but also on our staff who are supporting them.

And if the dads we are supporting are inappropriately denied a relationship with their children, these delays have a substantial impact upon their mental health.

The sheer scale of the mental health complexities we are working with, accompanied with the volume of men seeking help for issues surrounding family breakdown and/or domestic abuse, is substantially greater than anyone working in this charity could have foreseen.

The plight of these men cannot be underestimated, and the suffering they are experiencing because they are not seeing their children and/or that no-one believes them when they say they have been a victim of domestic abuse is indeed significant.

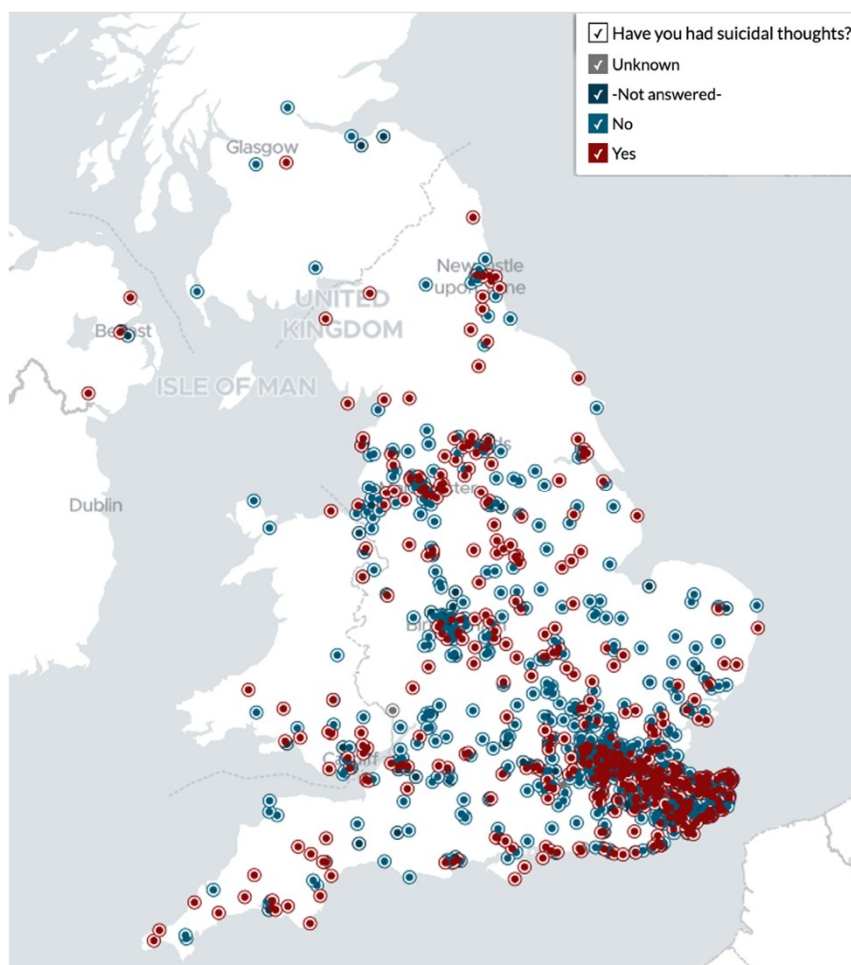
As mentioned earlier in this report, it was a rare occurrence for suicidal men to call our helpline and express the thoughts about suicide that they were having. In fact, we would receive 1 or even 2 calls every couple of months from such distraught men. However, there has been a paradigm shift in the number of calls coming through to our helpline within the last six months. Distressingly, we are now encountering, suicidal calls fortnightly. At one particularly alarming time, we received six calls from vulnerable actively suicidal men to our helpline in two weeks; such was the increase in their state of hopelessness.

The following map of the UK demonstrates the needs of our clients across the United Kingdom, and the scale of the challenges we are faced with in helping these men.

**Client Location Map (All Services):** Blue - cases not experiencing suicidal ideation; Red - cases with experiences of suicidal ideation

## Dads Unlimited

### Trustees' Report (continued)



And hence we are going to have to think very hard, philosophically and practically, at why this cohort of men are in such dire need; and what, as a charity, we can do to help them.

The surge in men seeking help for challenges related to family breakdown, loss of contact with children, domestic abuse and suicidal ideation shows no sign of abating; and whilst Dads Unlimited is the only charitable organisation that can and does help this cohort - we too are in need. Our capacity must be increased to effectively address the escalating demand for our services. The spike in calls from suicidal men is a reminder of the urgency of our mission.

Further, the lack of understanding within our systems about the issue of male victims of domestic abuse is a perplexing one. Unhelpfully, unconscious bias pervades many statutory and non-statutory organisations which makes the issue of recognising male victims and that they do exist within society quite challenging.

Whilst Dads Unlimited has done much to address this, and indeed made huge in-roads with organisations in changing their practices and policies - there is still a very long way to go. But we are encouraged by the support from our influential funders to continue to raise awareness of this latent issue.

However, on a brighter note, the following year will bring us much hope with exciting opportunities to explore.

## **Dads Unlimited**

### **Trustees' Report (continued)**

We are delighted to announce the patronages of Lord-Lieutenant Lady Colgrain CStJ; and Nadra Ahmed CBE DL, Co-Chairman of The National Care Association and current High Sheriff of Kent 23/24.

We now sit on two APPGs (All Party Parliamentary Groups) for Men and Boys; and for Family Separation - where our experience, and the stories of the men we help, can be brought to bear to influence change.

We welcomed and were honoured to be visited by Lord Farmer and Dr Samantha Callan to talk about our involvement with the establishment of Family Hubs across England; and as a result, our Chief Executive has been asked to speak at a fringe event at the Conservative Party Conference in 2023.

We helped design, lead and launch the Supporting Separated Families Alliance Kent initiative in 2023, and have been asked to support the establishment of further Alliances across England.

Recently we have been working with Lloyds Bank Foundation, and GSK - as a result of winning the GSK Impact Awards in 2022 - in re-developing our strategy to make sure it is fit for the future, looking at exploring the potential of expanding our physical presence across 2 or may be 3 areas across England based on a 'hub and spoke model'; therefore giving us the ability to embed our services in the heart of those communities, rather than remotely from our current headquarters.

Therefore, there is much to celebrate and much to be proud of, when we consider our achievements in the short six years that we have been in operation, and the influence we have had.

However, the following months ahead will undoubtedly be challenging, more for our clients than ourselves, and the struggle to bring their stories and their suffering into the light will be difficult - but we must not give up hope that we will succeed in bringing fairness and equality to bear; becoming our clients beacon of light.

We have a saying here at Dads Unlimited, and it is one we all coalesce around, that we believe in a simple idea that we all have a stake in one another, and that what binds us together is greater than what drives us apart; and if enough people believe in the truth of that proposition and more importantly act on it, then we might not solve every problem, but we can get something meaningful done.

#### **Financial review**

##### ***Policy on reserves***

The charity aims to hold a minimum of £60,000 of unrestricted reserves to cover approximately 2 months running costs, as well as additional funds to cover any close down costs. There are currently £113,856 of unrestricted reserves and £284,833 of restricted reserves.

#### **Structure, governance and management**

##### ***Nature of governing document***

The charity is a Charitable Incorporated Organisation and the governing document of the charity is the constitution as adopted on 25th September 2017.

##### ***Recruitment and appointment of trustees***

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

## Dads Unlimited

### Trustees' Report (continued)

#### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The annual report was approved by the trustees of the charity on ..... Oct 2, 2023 and signed on its behalf by:

  
Sabritton (Oct 2, 2023 06:56 GMT+1)  
.....  
Ms S A Britton  
Trustee

## Dads Unlimited

### Independent Examiner's Report to the trustees of Dads Unlimited

I report to the trustees on my examination of the accounts of Dads Unlimited for the year ended 31 March 2023.

#### Responsibilities and basis of report

As the charity trustees of Dads Unlimited you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Dads Unlimited's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

Since Dads Unlimited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Dads Unlimited as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mr Daniel Payne FCCA  
Beresfords  
Chartered Certified Accountants  
1-2 Rhodium Point  
Spindle Close  
Hawkinge  
Folkestone  
Kent  
CT18 7TQ

Oct 2, 2023  
Date:.....

## Dads Unlimited

### Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total 2023 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	103,516	538,034	641,550
Investment income	3	483	-	483
Other income		437	-	437
Total income		<u>104,436</u>	<u>538,034</u>	<u>642,470</u>
<b>Expenditure on:</b>				
Charitable activities	4	(17,177)	(481,544)	(498,721)
Other expenditure	5	(1,570)	-	(1,570)
Total expenditure		<u>(18,747)</u>	<u>(481,544)</u>	<u>(500,291)</u>
Net income		<u>85,689</u>	<u>56,490</u>	<u>142,179</u>
Net movement in funds		85,689	56,490	142,179
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>28,167</u>	<u>228,343</u>	<u>256,510</u>
Total funds carried forward	14	<u>113,856</u>	<u>284,833</u>	<u>398,689</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	9,486	340,377	349,863
Investment income	3	5	-	5
Other income		499	-	499
Total income		<u>9,990</u>	<u>340,377</u>	<u>350,367</u>
<b>Expenditure on:</b>				
Charitable activities	4	(2,163)	(291,222)	(293,385)
Other expenditure	5	(967)	-	(967)
Total expenditure		<u>(3,130)</u>	<u>(291,222)</u>	<u>(294,352)</u>
Net income		<u>6,860</u>	<u>49,155</u>	<u>56,015</u>
Net movement in funds		6,860	49,155	56,015
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>21,308</u>	<u>179,187</u>	<u>200,495</u>
Total funds carried forward	14	<u>28,168</u>	<u>228,342</u>	<u>256,510</u>

All of the charity's activities derive from continuing operations during the above two periods.

The funds breakdown for 2022 is shown in note 14.

The notes on pages 18 to 24 form an integral part of these financial statements.

## Dads Unlimited

### (Registration number: 1174832) Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
<b>Fixed assets</b>			
Tangible assets	11	24,201	15,246
<b>Current assets</b>			
Debtors	12	12,924	10,021
Cash at bank and in hand		<u>363,970</u>	<u>232,760</u>
		376,894	242,781
<b>Creditors: Amounts falling due within one year</b>	13	<u>(2,406)</u>	<u>(1,517)</u>
<b>Net current assets</b>		<u>374,488</u>	<u>241,264</u>
<b>Net assets</b>		<u><u>398,689</u></u>	<u><u>256,510</u></u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		284,833	228,342
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>113,856</u>	<u>28,168</u>
<b>Total funds</b>	14	<u><u>398,689</u></u>	<u><u>256,510</u></u>

The financial statements on pages 16 to 24 were approved by the trustees, and authorised for issue on Oct 2, 2023..... and signed on their behalf by:

Sabritton  
Sabritton (Oct 2, 2023 06:56 GMT+1)  
.....  
Ms S A Britton  
Trustee

# Dads Unlimited

## Notes to the Financial Statements for the Year Ended 31 March 2023

### 1 Accounting policies

#### Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

#### Basis of preparation

Dads Unlimited meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

#### Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

#### Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

#### *Donations and legacies*

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

#### *Grants receivable*

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

#### *Investment income*

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

#### Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### *Charitable activities*

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

#### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### Tangible fixed assets

Individual fixed assets costing £100.00 or more are initially recorded at cost.

#### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures and fittings	10 years straight line
Office equipment	5 years straight line

#### Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

#### 2 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Donations and legacies;				
Gift aid reclaimed	2,330	-	2,330	-
Donations received	73,636	-	73,636	9,486
Grants, including capital grants;				
Grants, including capital grants	<u>27,550</u>	<u>538,034</u>	<u>565,584</u>	<u>340,377</u>
	<u>103,516</u>	<u>538,034</u>	<u>641,550</u>	<u>349,863</u>

#### 3 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>483</u>	<u>483</u>	<u>5</u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### 4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Depreciation, amortisation and other similar costs		3,141	1,873	5,014	1,918
Staff costs		2,765	416,214	418,979	240,835
Governance costs	6	1,440	-	1,440	504
Other expenditure on main charitable activity		9,831	63,457	73,288	50,128
		<u>17,177</u>	<u>481,544</u>	<u>498,721</u>	<u>293,385</u>

#### 5 Other expenditure

	Note	Unrestricted funds General £	Total 2023 £	Total 2022 £
Legal and professional fees		1,441	1,441	906
Other resources expended		129	129	61
		<u>1,570</u>	<u>1,570</u>	<u>967</u>

#### 6 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Independent examiner fees			
Examination of the financial statements	1,440	1,440	504
	<u>1,440</u>	<u>1,440</u>	<u>504</u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2023 £	2022 £
Depreciation of fixed assets	<u>5,014</u>	<u>1,918</u>

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
<b>Staff costs during the year were:</b>		
Wages and salaries	377,175	216,064
Social security costs	29,252	13,568
Pension costs	6,283	2,892
Other staff costs	<u>6,269</u>	<u>8,311</u>
	<u>418,979</u>	<u>240,835</u>

No employee received emoluments of more than £60,000 during the year

#### 9 Independent examiner's remuneration

	2023 £	2022 £
Examination of the financial statements	<u>1,440</u>	<u>504</u>

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### 11 Tangible fixed assets

	Furniture and fixtures £	Computer equipment £	Total £
<b>Cost</b>			
At 1 April 2022	1,900	18,556	20,456
Additions	2,623	11,346	13,969
At 31 March 2023	4,523	29,902	34,425
<b>Depreciation</b>			
At 1 April 2022	206	5,004	5,210
Charge for the year	190	4,824	5,014
At 31 March 2023	396	9,828	10,224
<b>Net book value</b>			
At 31 March 2023	4,127	20,074	24,201
At 31 March 2022	1,694	13,552	15,246

#### 12 Debtors

	2023 £	2022 £
Prepayments	12,924	10,021

#### 13 Creditors: amounts falling due within one year

	2023 £	2022 £
Pension contributions unpaid	966	797
Accruals	1,440	720
	2,406	1,517

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

#### 14 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
<b>Unrestricted funds</b>				
General	28,167	104,436	(18,747)	113,856
<b>Restricted funds</b>	228,343	538,034	(481,544)	284,833
<b>Total funds</b>	256,510	642,470	(500,291)	398,689
	<b>Balance at 1 April 2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Balance at 31 March 2022 £</b>
<b>Unrestricted funds</b>				
General	21,308	9,990	(3,130)	28,168
<b>Restricted funds</b>	179,187	340,377	(291,222)	228,342
<b>Total funds</b>	200,495	350,367	(294,352)	256,510

#### 15 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2023 £
Tangible fixed assets	14,036	10,165	24,201
Current assets	101,434	275,460	376,894
Current liabilities	(1,614)	(792)	(2,406)
<b>Total net assets</b>	113,856	284,833	398,689
	<b>Unrestricted funds General £</b>	<b>Restricted funds £</b>	<b>Total funds at 31 March 2022 £</b>
Tangible fixed assets	11,159	4,087	15,246
Current assets	18,526	224,255	242,781
Current liabilities	(1,517)	-	(1,517)
<b>Total net assets</b>	28,168	228,342	256,510










# Dads Unlimited - Accounts - 31 Mar 2023

Final Audit Report

2023-10-02

Created:	2023-09-25
By:	Daniel Payne (dan@beresfordsaccountants.com)
Status:	Signed
Transaction ID:	CBJCHBCAABAAie8BYmBoyXtSQ3ITnf7Nr6QsqZzRdsTa

## "Dads Unlimited - Accounts - 31 Mar 2023" History

-  Document created by Daniel Payne (dan@beresfordsaccountants.com)  
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-  Document emailed to suzie@dadsunltd.org.uk for signature  
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2023-10-02 - 05:55:43 GMT
-  Signer suzie@dadsunltd.org.uk entered name at signing as Sabritton  
2023-10-02 - 05:56:23 GMT
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2023-10-02 - 05:56:26 GMT
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2023-10-02 - 07:58:18 GMT

**DADS UNLIMITED**

England & Wales - Charity number 1174832

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# Accounts

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Charity registration number: 1174832

# Dads Unlimited

Annual Report and Financial Statements

for the Year Ended 31 March 2022

## **Dads Unlimited**

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## **Dads Unlimited**

### **Reference and Administrative Details**

<b>Trustees</b>	K L O'Hara S A Britton M E Wynter Mr A Lott Ms L J Marshall
<b>Charity Registration Number</b>	1174832
<b>Principal Office</b>	Metford Units 5 & 7 Evegate Business Park Station Road Ashford Kent TN25 6SX
<b>Independent Examiner</b>	Beresfords Chartered Certified Accountants 1-2 Rhodium Point Spindle Close Hawkinge Folkestone Kent CT18 7TQ

## **Dads Unlimited**

### **Trustees' Report**

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2022.

#### **Objectives and activities**

##### ***Objects and aims***

To advance the education of the public in the subject of relationship breakdown whereby children are involved, in particular by focusing on fathers.

Dads Unlimited supports dads with their mental health because of family breakdown, and to help them reduce parental-conflict with former partners in order to improve their co-parenting relationships. The issues we are regularly presented with are anxiety, depression, PTSD, domestic abuse, loss of contact with their children, loneliness, isolation, self-harm and tragically suicidal ideation.

We provide wrap-around unlimited support on all of these issues through our trauma-informed services of 1:1 Mentoring, Mental Health counselling, Male Victims IDVA service, Support Group Meetings, Family Court Support / Barrister Representation Service, Co-Parenting Workshops, and plenty of Community Activities for dads to enjoy with or without their children.

Dads Unlimited work hard to focus on making sure the voice of the child is at the heart of the family breakdown process, whilst simultaneously working to reduce male-suicide, help male victims of domestic abuse, and reducing parental conflict post-separation to improve outcomes for our beneficiaries' children.

Dads Unlimiteds' vision is that the lives of children involved in family breakdown have better outcomes through a positive co-parenting environment. The charity's mission, therefore, is to:

- 1) Support the well-being of dads through family breakdown:
  - a) By mentoring them through any necessary legal processes to gain access to their children
  - b) By helping them to achieve a positive ongoing relationship with their children
  - c) By supporting male victims of domestic abuse
- 2) Protect the best interests of children:
  - a) By improving co-parenting relationships
  - b) By reducing parental conflict
- 3) Challenge attitudinal and societal barriers to meaningful fatherhood

Desired outcomes for the dads who are DU's clients are:

- An improvement in their mental health and wellbeing.
- Successful court outcomes enabling them to have a meaningful relationship with their children.
- A reduction in parental conflict.
- Dedicated support for a victim of domestic abuse, and to assist in their recovery.
- The ability to manage and promote a positive co-parenting environment.
- A better understanding, in society, of the role of the father and fatherhood.

DU's underlying position is that the involvement of both parents in a child's life will further their welfare unless there is evidence to the contrary. Our paramount value is 'to remember that the most important thing is to remember that children are the most important thing'.

## **Dads Unlimited**

### **Trustees' Report**

#### ***Objectives, strategies and activities***

Dads Unlimited provides a family breakdown support service, and male victim of domestic abuse service providing advice and support to Dads across England and Wales facing co-parenting and communication challenges, poor mental health, domestic abuse and suicidal ideation.

In five years, Dads Unlimited has gone from a Facebook Page and a local support group meeting to supporting over 1350 Dads across England and Wales with a range of issues from access to children, co-parenting, communications, divorce and separation, mental health, to male-victim domestic abuse.

We have pioneered a holistic approach to supporting parents including early-intervention workshops, person-centred planning, one-to-one mentoring, mental health support, and a dedicated domestic violence advisor service for male victims of emotional, psychological, sexual, and physical abuse. It is this 'whole-needs' approach and the commitment to ensuring a positive difference to co-parenting that has made such a difference in improving the lives of over 2500 children.

By our fifth anniversary, we have managed to expand both our existing team, and our breadth and depth of services – providing a robust and evidence-based approach to ensuring that clients are emotional ready for the mentoring process, that the right advice is given, at the right time and at the right pace for the clients that allows them to implement it and make a sustainable improvement in co-parenting for both themselves and their children.

Suicide prevention is a key feature of our work, with over 40% of clients having faced suicidal ideation, rising to 55% of clients if they have been a victim of domestic abuse. We work closely with Public Health, Government Agencies, and the Judiciary to raise awareness of the risk factors of suicide and how the loss of child contact and debts exacerbated by the legal system all compound the risk of suicide by a factor of up to 2.3x when compared to family separation on its own.

#### ***Public benefit***

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### ***Use of volunteers***

The charity intends to encourage and facilitate volunteer involvement in driving forward our mission and make them important stakeholders in our charity. In doing so we recognise that the roles of volunteers will compliment and not replace the roles of paid staff.

The time, energy and skills offered by our volunteers benefit our work and help us to achieve our aims. Experience has shown that volunteering also brings benefits to volunteers themselves and to those with whom they work.

## Dads Unlimited

### Trustees' Report

#### Achievements and performance

We have seen a 39% increase in new clients (534 forecasted FY2021-22 vs 384 FY2020-21) along with 263 existing clients carried over from the previous period – giving us a total of 797 clients supported (forecast to end of period). Compared to 556 clients in the preceding period, this is a 43% increase overall in number of clients supported.

The Family Court have adapted to working with Covid present including virtual hearings, hybrid hearings, and a return to in-person hearing with social distancing in place. There remains a backlog of cases from the Covid lockdown periods which sees continued delays in initial access to the judicial system along with a lengthening of case durations that involve court support.

Suicidal ideation has increased slightly on the previous period from 39% to 42.1% (+3.1%) and we have also seen a decrease in client's mental wellbeing improvement scores reflecting the impact of a more challenging economic and social environment which we know are contributory factors through some ground-breaking research we've managed to undertake within the last few months.

Due to additional funding opportunities and the ability to repurpose some existing funding, we have been able to temporarily avoid reaching crisis point within the department and ensure that we can continue to provide a safe, efficient, and effective service.

We have increased Mentoring capacity (up 33%). We have put in place a robust and effective induction training programme that ensures each mentor is trained in basic safe practice (Safeguarding, Mental Health, GDPR, Domestic Abuse, Suicide Prevention) and also in a bespoke training programme developed in-house that is based on Solution Focused Brief Therapy and Behavioural Science techniques to ensure the longevity of the co-parenting frameworks we help our clients develop.

Thanks to hard work within the Mentoring team, and with improved processes, we have managed to achieve an impressive 59% increase in number of cases resolved – thus affording us some capacity to manage the additional demand.

We've also delivered 15 Co-parenting Workshops (rated 4.7/5), our early-intervention programme designed to reduce demand on our core mentoring service by educating parents how to develop a positive and sustainable co-parenting framework. We have managed to divert 42% of them away from the Family Court system, thus reducing demand on an already overloaded system.

In summary, supported clients is up 43%, (new clients up 39%), suicidal ideation is up 3.1%, mentoring capacity is up 33% (temporarily up by 66% from 1 April) and we've managed to close 59% more cases, demonstrating increased efficiency.

We have developed further our positive working relationships with a wide variety of public, private, and third sector organisations, helping us to develop a strong incoming referral pathway that minimises time and process for both the clients and the referring parties. We have also developed our outgoing referral pathways and are monitoring these to help us to identify new strategic partnerships that we need to develop along with identifying service areas we may wish to develop in-house.

Nationally, there has been an increase in awareness and communications around the topics of male mental health and suicidal ideation and a vast amount more coverage around domestic abuse – both from within the Violence against Women and Girls strategy and also independent and specifically around male-victim domestic abuse.

The effects of these conversations are that more men appear to be able to identify if they have previously been, or currently are, a victim of domestic abuse – especially around the areas of controlling and coercive behaviour, emotional, financial, and psychological abuse.

## **Dads Unlimited**

### **Trustees' Report**

We said we would support 552 beneficiaries, who will be supported by a mentor during the lifetime of the funding. We supported 797.

We said that 80% will feel their mental health has improved; that their emotional strength and resilience has improved, that they have a greater ability to cope. 75% of clients' mental wellbeing has improved or is on the way to improving (they are still currently being mentored) as demonstrated by an improvement in their Warwick Edinburgh Mental Wellbeing Scale (WEMWBS) scores.

We said that 60% who had suicidal ideation will no longer feel this way and we have achieved 51% of clients who were previously suicidal who now have a positive change in their WEMWBS and their latest score is above 35 points (which our research demonstrates indicates they are less at risk of suicidal ideation).

We said that 85% will believe they are more socially connected with others experiencing similar problems and that they can now move on more positively with their lives and will believe they now have the knowledge and skills to maintain and manage more positive relationships with their co-parent and their child/children. We found that 67% are now more optimistic and 94% of parents say they are better able to recognise parental conflict, with 85% of them being able to better face the challenges of co-parenting, 91% knowing how to improve their co-parenting and where to seek additional support, and a massive 97% identifying how to be more sensitive to their children's needs.

However, along with the launch of our own in-house male-victim domestic abuse service means that we will now receive a greater volume of clients who have been victims of domestic abuse and will require a greater service level for a longer period of time (52% longer resolution time for DA cases compared to non-DA cases).

#### **DAVE Service**

The DAVE (Domestic Abuse Victim Service) service was officially launched in mid-September 2021. Since that time, we have registered and supported 94 male victims. We had anticipated supporting between 45 to 60 men during our first year, if we continue at this current rate of activity that we have experienced in the first 6 months, we can extrapolate that we are likely to support between 189 and 243 clients in our first year of operation.

To ensure quality standards are in place, we have used the nationally recognised toolkits provided by the charities Mankind Initiative, Safe Lives and Respect. It was important for us to ensure the correct processes were in place to provide full support to domestic abuse victims and to have a thorough assessment process to ensure we were not inadvertently working with perpetrators. Over the coming months we will be reviewing our processes to ensure that the systems we have in place are providing the best support for men and their specific needs. This will mean developing our own toolkit that is unique for supporting male victims of domestic abuse.

We are finding that the majority of the men are reaching out for support with us at their point of crisis. Many of the victims score standard or medium risk on the DASH (Domestic Abuse Stalking and Honour-based Violence Risk Identification and Assessment Model) score and they are not at risk to serious harm by the perpetrator, but 53.2% are telling us that they are at risk from themselves with significant levels of suicidal ideation.

## Dads Unlimited

### Trustees' Report

Currently clients in the DAVE service are averaging 32.13 upon registration with our service, thus indicating they are at risk of serious psychological distress. It should be noted that 41-44 is indicative of psychological distress, and 40 and below is indicative of major depression. Our own proprietary research shows that more than 50% of clients with a score of 35 and below have faced suicidal ideation.

Barriers for men seeking support:

There are many barriers to men seeking support:

Many men do not recognise the signs of domestic abuse

Many men do not feel they would be believed

They are embarrassed to admit they are being abused or often ashamed to admit it

Afraid of the repercussions of reporting

Afraid of the backlash

Afraid of false allegations

Often children are used as weapons - for example 'you will never see your child again'.

We further believe that the numbers of male victims of domestic abuse as being under-reported.

Our statistics show that 47.4% of the male victims who have come forward to us for help, did not report the abuse to the police.

The main reasons that have been given to us for male victims not wanting to report to the police are:

25.7% Would not be believed

24.0% Not aware it was DA at the time

20.8% Afraid to report

13.6% Not sure on the definition of DA

8.6% They would stop me seeing the children

7.2% Embarrassed

At the end of our support, clients are completing an exit form to tell us how our support has helped them and providing valuable feedback on the service.

100% of clients have been happy with the support we have provided.

61.9% have said they feel better about their situation (33.33% no change)

85.71% feel less frightened than they did (14.29% no change)

80.95% feel safer at work or home (19.05% no change)

76.19% feel their emotional and physical health is better (19.05% no change)

85.71% say they feel better able to cope (9.52% no change)

80.95% feel the relationship with their children has improved (19.05% no change)

76.19% feel the wellbeing of their children has improved (19.05% no change)

Lastly, to sum up a fantastic year for us here at DU, we were one of the winners of the GSK IMPACT Awards for 2022 - with our award winning film here: <https://www.youtube.com/watch?v=QH5YKC9-TVc>

#### **Financial review**

##### ***Policy on reserves***

The charity aims to hold a minimum of £15,000 of unrestricted reserves to cover running costs. There are currently £21,309 of unrestricted reserves and £179,187 of restricted reserves.

**Dads Unlimited**  
**Trustees' Report**

**Structure, governance and management**

*Nature of governing document*

The charity is a Charitable Incorporated Organisation and the governing document of the charity is the constitution as adopted on 25th September 2017.

*Recruitment and appointment of trustees*

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

The annual report was approved by the trustees of the charity on 26/9/22 and signed on its behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 26/9/22 and signed on its behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Independent Examiner's Report to the trustees of Dads Unlimited

I report to the trustees on my examination of the accounts of Dads Unlimited for the year ended 31 March 2022.

#### Responsibilities and basis of report

As the charity trustees of Dads Unlimited you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Dads Unlimited's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

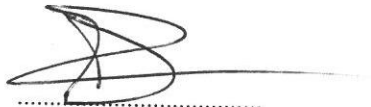
#### Independent examiner's statement

Since Dads Unlimited's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of , which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Dads Unlimited as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mr Daniel Payne FCCA  
Beresfords  
Chartered Certified Accountants  
1-2 Rhodium Point  
Spindle Close  
Hawkinge  
Folkestone  
Kent  
CT18 7TQ

Date: 26/9/22

## Dads Unlimited

### Statement of Financial Activities for the Year Ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total 2022 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	9,486	340,377	349,863
Investment income	3	5	-	5
Other income		499	-	499
Total income		<u>9,990</u>	<u>340,377</u>	<u>350,367</u>
<b>Expenditure on:</b>				
Charitable activities	4	(2,163)	(291,222)	(293,385)
Other expenditure	5	(967)	-	(967)
Total expenditure		<u>(3,130)</u>	<u>(291,222)</u>	<u>(294,352)</u>
Net income		<u>6,860</u>	<u>49,155</u>	<u>56,015</u>
Net movement in funds		6,860	49,155	56,015
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>21,308</u>	<u>179,187</u>	<u>200,495</u>
Total funds carried forward	14	<u>28,168</u>	<u>228,342</u>	<u>256,510</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
<b>Income and Endowments from:</b>				
Donations and legacies	2	4,787	143,143	147,930
Investment income	3	1	-	1
Other income		102	-	102
Total income		<u>4,890</u>	<u>143,143</u>	<u>148,033</u>
<b>Expenditure on:</b>				
Charitable activities	4	(3,984)	(132,635)	(136,619)
Other expenditure	5	(498)	-	(498)
Total expenditure		<u>(4,482)</u>	<u>(132,635)</u>	<u>(137,117)</u>
Net income		<u>408</u>	<u>10,508</u>	<u>10,916</u>
Net movement in funds		408	10,508	10,916
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>20,901</u>	<u>168,679</u>	<u>189,580</u>
Total funds carried forward	14	<u>21,309</u>	<u>179,187</u>	<u>200,496</u>

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2021 is shown in note 14.

## Dads Unlimited

(Registration number: 1174832)  
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
<b>Fixed assets</b>			
Tangible assets	11	15,246	8,919
<b>Current assets</b>			
Debtors	12	10,021	1,806
Cash at bank and in hand		<u>232,760</u>	<u>190,491</u>
		242,781	192,297
<b>Creditors: Amounts falling due within one year</b>	13	<u>(1,517)</u>	<u>(720)</u>
<b>Net current assets</b>		<u>241,264</u>	<u>191,577</u>
<b>Net assets</b>		<u>256,510</u>	<u>200,496</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		228,342	179,187
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>28,168</u>	<u>21,309</u>
<b>Total funds</b>	14	<u>256,510</u>	<u>200,496</u>

The financial statements on pages 10 to 18 were approved by the trustees, and authorised for issue on 26/1/22 and signed on their behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 1 Accounting policies

##### **Statement of compliance**

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

Dads Unlimited meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### **Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### **Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

##### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

## **Dads Unlimited**

### **Notes to the Financial Statements for the Year Ended 31 March 2022**

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £100.00 or more are initially recorded at cost.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

#### 2 Income from donations and legacies

	Unrestricted funds	Restricted	Total	Total
	General	funds	31 March 2022	1 October 2020 to 31 March 2021
	£	£	£	£
Donations and legacies;				
Donations received	9,486	-	9,486	4,787
Grants, including capital grants;				
Grants, including capital grants	-	340,377	340,377	143,143
	<u>9,486</u>	<u>340,377</u>	<u>349,863</u>	<u>147,930</u>

#### 3 Investment income

	Unrestricted funds	Total	Total
	General	2022	2021
	£	£	£
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>5</u>	<u>5</u>	<u>1</u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 4 Expenditure on charitable activities

	Unrestricted funds	Restricted	Total	Total
Note	General £	funds £	31 March 2022 £	1 October 2020 to 31 March 2021 £
Depreciation, amortisation and other similar costs	817	1,101	1,918	1,047
Staff costs	-	240,835	240,835	108,483
Governance costs	504	-	504	720
Other expenditure on main charitable activity	842	49,286	50,128	26,369
	<u>2,163</u>	<u>291,222</u>	<u>293,385</u>	<u>136,619</u>

#### 5 Other expenditure

Note	Unrestricted funds General £	Total 2022 £	Total 2021 £
Legal and professional fees	906	906	498
Other resources expended	61	61	-
	<u>967</u>	<u>967</u>	<u>498</u>

#### 6 Analysis of governance and support costs

##### Governance costs

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Independent examiner fees			
Examination of the financial statements	504	504	720
	<u>504</u>	<u>504</u>	<u>720</u>

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 7 Net incoming/outgoing resources

Net incoming resources for the year include:

	2022 £	2021 £
Depreciation of fixed assets	<u>1,918</u>	<u>1,047</u>

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
<b>Staff costs during the year were:</b>		
Wages and salaries	216,064	92,602
Social security costs	13,568	6,731
Pension costs	2,892	1,400
Other staff costs	<u>8,311</u>	<u>7,750</u>
	<u>240,835</u>	<u>108,483</u>

No employee received emoluments of more than £60,000 during the year

#### 9 Independent examiner's remuneration

	2022 £	2021 £
Examination of the financial statements	<u>504</u>	<u>720</u>

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 11 Tangible fixed assets

	Furniture and fixtures £	Computer equipment £	Total £
<b>Cost</b>			
At 1 April 2021	1,900	10,311	12,211
Additions	-	8,245	8,245
At 31 March 2022	1,900	18,556	20,456
<b>Depreciation</b>			
At 1 April 2021	16	3,276	3,292
Charge for the year	190	1,728	1,918
At 31 March 2022	206	5,004	5,210
<b>Net book value</b>			
At 31 March 2022	1,694	13,552	15,246
At 31 March 2021	1,884	7,035	8,919

#### 12 Debtors

	2022 £	2021 £
Trade debtors	-	51
Prepayments	10,021	1,755
	10,021	1,806

#### 13 Creditors: amounts falling due within one year

	31 March 2022 £	31 March 2021 £
Pension contributions unpaid	797	-
Accruals	720	720
	1,517	720

## Dads Unlimited

### Notes to the Financial Statements for the Year Ended 31 March 2022

#### 14 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
<b>Unrestricted funds</b>				
General	21,308	9,990	(3,130)	28,168
<b>Restricted funds</b>	<u>179,187</u>	<u>340,377</u>	<u>(291,222)</u>	<u>228,342</u>
<b>Total funds</b>	<u>200,495</u>	<u>350,367</u>	<u>(294,352)</u>	<u>256,510</u>
	Balance at 1 October 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>				
General	20,901	4,890	(4,482)	21,309
<b>Restricted funds</b>	<u>168,679</u>	<u>143,143</u>	<u>(132,635)</u>	<u>179,187</u>
<b>Total funds</b>	<u>189,580</u>	<u>148,033</u>	<u>(137,117)</u>	<u>200,496</u>

#### 15 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2022 £
Tangible fixed assets	11,159	4,087	15,246
Current assets	18,526	224,255	242,781
Current liabilities	<u>(1,517)</u>	<u>-</u>	<u>(1,517)</u>
<b>Total net assets</b>	<u>28,168</u>	<u>228,342</u>	<u>256,510</u>
	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2021 £
Tangible fixed assets	5,097	3,822	8,919
Current assets	16,932	175,365	192,297
Current liabilities	<u>(720)</u>	<u>-</u>	<u>(720)</u>
<b>Total net assets</b>	<u>21,309</u>	<u>179,187</u>	<u>200,496</u>

**DADS UNLIMITED**

England & Wales - Charity number 1174832

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# Accounts

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Charity registration number: 1174832

# Dads Unlimited

Annual Report and Financial Statements  
for the period from 1 October 2020 to 31 March 2021

## Dads Unlimited

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## Dads Unlimited

### Reference and Administrative Details

<b>Trustees</b>	K L O'Hara S A Britton M E Wynter Mrs K Smith Mr O Mitchell Mr A Lott
<b>Principal Office</b>	Berwick House 8 Elwick Road Ashford Kent TN23 1PF
<b>Charity Registration Number</b>	1174832
<b>Independent Examiner</b>	Beresfords Chartered Certified Accountants 1-2 Rhodium Point Spindle Close Hawkinge Folkestone Kent CT18 7TQ

## Dads Unlimited

### Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the period ended 31 March 2021.

#### Objectives and activities

##### *Objects and aims*

To advance the education of the public in the subject of relationship breakdown whereby children are involved, in particular by focusing on fathers.

Dads Unlimited supports dads with their mental health because of family breakdown, and to help them reduce parental-conflict with former partners in order to improve their co-parenting relationships. The issues we are regularly presented with are anxiety, depression, PTSD, domestic abuse, loss of contact with their children, loneliness, isolation, self-harm and tragically suicidal ideation.

We provide wrap-around unlimited support on all of these issues through our trauma-informed services of 1:1 Mentoring, Mental Health counselling, Male Victims IDVA service, Support Group Meetings, Family Court Support / Barrister Representation Service, Co-Parenting Workshops, and plenty of Community Activities for dads to enjoy with or without their children.

Dads Unlimited work hard to focus on making sure the voice of the child is at the heart of the family breakdown process, whilst simultaneously working to reduce male-suicide, help male victims of domestic abuse, and reducing parental conflict post-separation to improve outcomes for our beneficiaries' children.

Dads Unlimiteds' vision is that the lives of children involved in family breakdown have better outcomes through a positive co-parenting environment. The charity's mission, therefore, is to:

- 1) Support the well-being of dads through family breakdown:
  - a) By mentoring them through any necessary legal processes to gain access to their children
  - b) By helping them to achieve a positive ongoing relationship with their children
  - c) By supporting male victims of domestic abuse
- 2) Protect the best interests of children:
  - a) By improving co-parenting relationships
  - b) By reducing parental conflict
- 3) Challenge attitudinal and societal barriers to meaningful fatherhood

Desired outcomes for the dads who are DU's clients are:

- An improvement in their mental health and wellbeing.
- Successful court outcomes enabling them to have a meaningful relationship with their children.
- A reduction in parental conflict.
- Dedicated support for a victim of domestic abuse, and to assist in their recovery.
- The ability to manage and promote a positive co-parenting environment.
- A better understanding, in society, of the role of the father and fatherhood.

DU's underlying position is that the involvement of both parents in a child's life will further their welfare unless there is evidence to the contrary. Our paramount value is 'to remember that the most important thing is to remember that children are the most important thing'.

##### *Public benefit*

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

## Dads Unlimited

### Trustees' Report

#### *Use of volunteers*

The charity intends to encourage and facilitate volunteer involvement in driving forward our mission and make them important stakeholders in our charity. In doing so we recognise that the roles of volunteers will compliment and not replace the roles of paid staff.

The time, energy and skills offered by our volunteers benefit our work and help us to achieve our aims. Experience has shown that volunteering also brings benefits to volunteers themselves and to those with whom they work.

#### **Achievements and performance**

As for a quantitative analysis of our work, and the beneficiaries we have supported over the previous 6 months (01 October 2020 – 31 March 2021):

New cases in period: 295

Cases closed in period: 119

Male Victims of domestic abuse: 115

Clients suffering from suicidal ideation: 81

Mental Health outcomes – Average score change from first to last session: 7% improvement (according to the Warwick Edinburgh Mental Wellbeing Scale of a +2.89 points).

Specifically, the clients who attend Counselling, we have begun to draw out themes from their presenting issues, which are: Parental Conflict, Domestic Abuse, Coercive and Controlling behaviours, Suicidal thoughts, loss of contact with their children, Depression, Anxiety, feelings of Isolation and Loneliness.

Support Group Meeting attendances: Average 12 people / meeting

We have supported 176 clients by successfully navigating them away from the parental conflict, and as a result moved them on to our Pastoral Service to help improve their co-parenting has bedded down.

We supported 54 Court Hearings for our clients over the past year with our fixed-fee Barrister Representation Service; which includes 17 litigants in person.

The Pastoral Service supports the move towards co-parenting, with our welfare team getting involved in mutual discussions with both parents, schools and if relevant attending Children Service's meetings, including Child in Need, and Child Protection meetings/conferences.

In regards to the children we have ultimately supported, we have approximately 1.9 children / client; and therefore, we have helped 226 children of the 119 cases we have closed, and have approximately 334 children of the remaining cases open we are still helping.

We have supported 81 clients with their mental health and moved them away from suicidal ideation.

#### **Response to COVID-19 (Coronavirus)**

Throughout the remaining period of Lockdown and prior to moving to our new offices in June 2021, Dads Unlimited continued to work remotely from home. Use of TEAMS and ZOOM continued and enabled the staff to keep in touch and work efficiently. Supporting our clients at court was and still is a mixture of video and telephone conferences but this has in most parts worked well. We have experienced longer waits for court hearing dates but this has been out of our control. During this period of Covid-19 restrictions, our Counselling service has been via video calls and in the main worked well for clients.

## Dads Unlimited

### Trustees' Report

#### Financial review

##### *Policy on reserves*

The charity aims to hold a minimum of £15,000 of unrestricted reserves to cover running costs. There are currently £21,309 of unrestricted reserves and £179,187 of restricted reserves.

#### Structure, governance and management

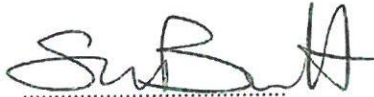
##### *Nature of governing document*

The charity is a Charitable Incorporated Organisation and the governing document of the charity is the constitution as adopted on 25th September 2017.

##### *Recruitment and appointment of trustees*

All trustees undergo a formal recruitment and selection process followed by an induction period that includes any training considered necessary to effectively perform their role.

The annual report was approved by the trustees of the charity on 29/4/21 and signed on its behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

The law applicable to charities requires the trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 29/10/21 and signed on its behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Independent Examiner's Report to the trustees of Dads Unlimited

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 7 to 15.

#### Respective responsibilities of trustees and examiner

As the charity's trustees of Dads Unlimited you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

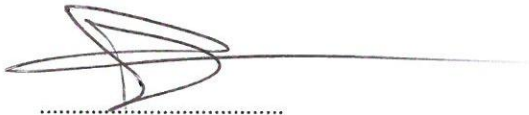
I report in respect of my examination of the Dads Unlimited's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of Dads Unlimited as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Mr Daniel Payne FCCA  
Beresfords  
Chartered Certified Accountants  
1-2 Rhodium Point  
Spindle Close  
Hawkinge  
Folkestone  
Kent  
CT18 7TQ

Date: 29/9/21

## Dads Unlimited

### Statement of Financial Activities for the Period from 1 October 2020 to 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
<b>Income and Endowments from:</b>				
Donations and legacies		4,787	143,143	147,930
Investment income	3	1	-	1
Other income		102	-	102
<b>Total income</b>		<u>4,890</u>	<u>143,143</u>	<u>148,033</u>
<b>Expenditure on:</b>				
Charitable activities		(3,984)	(132,635)	(136,619)
Other expenditure	5	(498)	-	(498)
<b>Total expenditure</b>		<u>(4,482)</u>	<u>(132,635)</u>	<u>(137,117)</u>
<b>Net income</b>		<u>408</u>	<u>10,508</u>	<u>10,916</u>
<b>Net movement in funds</b>		408	10,508	10,916
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>20,901</u>	<u>168,679</u>	<u>189,580</u>
Total funds carried forward	14	<u>21,309</u>	<u>179,187</u>	<u>200,496</u>
	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
<b>Income and Endowments from:</b>				
Donations and legacies		21,801	242,499	264,300
Investment income	3	8	-	8
Other income		4,982	-	4,982
<b>Total income</b>		<u>26,791</u>	<u>242,499</u>	<u>269,290</u>
<b>Expenditure on:</b>				
Charitable activities		(5,478)	(139,172)	(144,650)
Other expenditure	5	(558)	-	(558)
<b>Total expenditure</b>		<u>(6,036)</u>	<u>(139,172)</u>	<u>(145,208)</u>
<b>Net income</b>		<u>20,755</u>	<u>103,327</u>	<u>124,082</u>
<b>Net movement in funds</b>		20,755	103,327	124,082
<b>Reconciliation of funds</b>				
Total funds brought forward		<u>147</u>	<u>65,352</u>	<u>65,499</u>
Total funds carried forward	14	<u>20,902</u>	<u>168,679</u>	<u>189,581</u>

All of the charity's activities derive from continuing operations during the above two periods.  
The funds breakdown for 2020 is shown in note 14.

## Dads Unlimited

(Registration number: 1174832)  
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	11	8,919	8,066
<b>Current assets</b>			
Debtors	12	1,806	2,137
Cash at bank and in hand		<u>190,491</u>	<u>180,605</u>
		192,297	182,742
<b>Creditors: Amounts falling due within one year</b>	13	<u>(720)</u>	<u>(1,227)</u>
<b>Net current assets</b>		<u>191,577</u>	<u>181,515</u>
<b>Net assets</b>		<u>200,496</u>	<u>189,581</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds		179,187	168,679
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>21,309</u>	<u>20,902</u>
<b>Total funds</b>	14	<u>200,496</u>	<u>189,581</u>

The financial statements on pages 7 to 15 were approved by the trustees, and authorised for issue on 29/01/21 and signed on their behalf by:



S A Britton  
Trustee

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 1 Accounting policies

##### **Statement of compliance**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

##### **Basis of preparation**

Dads Unlimited meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Exemption from preparing a cash flow statement**

The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern.

##### **Income and endowments**

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

##### **Donations and legacies**

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

##### **Grants receivable**

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

##### **Investment income**

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### ***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £100.00 or more are initially recorded at cost.

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### 2 Income from donations and legacies

	Unrestricted funds	Restricted	Total	Total Year ended 30 September 2020
	General £	funds £	31 March 2021 £	£
Donations and legacies;				
Gift aid reclaimed	-	-	-	1,865
Donations received	4,787	-	4,787	19,936
Grants, including capital grants;				
Grants, including capital grants	-	143,143	143,143	242,499
	<u>4,787</u>	<u>143,143</u>	<u>147,930</u>	<u>264,300</u>

#### 3 Investment income

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Interest receivable and similar income;			
Interest receivable on bank deposits	<u>1</u>	<u>1</u>	<u>8</u>

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 4 Expenditure on charitable activities

	Note	Unrestricted funds	Restricted funds	Total	Total
		General £	£	31 March 2021 £	Year ended 30 September 2020 £
Depreciation, amortisation and other similar costs		521	526	1,047	1,334
Staff costs		-	108,483	108,483	129,782
Governance costs		720	-	720	720
Other expenditure on main charitable activity		<u>2,743</u>	<u>23,626</u>	<u>26,369</u>	<u>12,814</u>
		<u>3,984</u>	<u>132,635</u>	<u>136,619</u>	<u>144,650</u>

**Total expenditure**  
£

#### 5 Other expenditure

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Legal and professional fees		<u>498</u>	<u>498</u>	<u>558</u>
		<u>498</u>	<u>498</u>	<u>558</u>

#### 6 Analysis of governance and support costs

##### Governance costs

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Independent examiner fees				
Examination of the financial statements		<u>720</u>	<u>720</u>	<u>720</u>
		<u>720</u>	<u>720</u>	<u>720</u>

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 7 Net incoming/outgoing resources

Net incoming resources for the period include:

	2021 £	2020 £
Depreciation of fixed assets	<u>1,047</u>	<u>1,334</u>

#### 8 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
<b>Staff costs during the period were:</b>		
Wages and salaries	100,733	128,182
Other staff costs	<u>7,750</u>	<u>1,600</u>
	<u>108,483</u>	<u>129,782</u>

No employee received emoluments of more than £60,000 during the period

#### 9 Independent examiner's remuneration

	2021 £	2020 £
Examination of the financial statements	<u>720</u>	<u>720</u>

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 10 Taxation

The charity is a registered charity and is therefore exempt from taxation.

#### 11 Tangible fixed assets

	Furniture and fixtures £	Computer equipment £	Total £
<b>Cost</b>			
At 1 October 2020	-	10,311	10,311
Additions	1,900	-	1,900
At 31 March 2021	1,900	10,311	12,211
<b>Depreciation</b>			
At 1 October 2020	-	2,245	2,245
Charge for the year	16	1,031	1,047
At 31 March 2021	16	3,276	3,292
<b>Net book value</b>			
At 31 March 2021	1,884	7,035	8,919
At 30 September 2020	-	8,066	8,066

#### 12 Debtors

	2021 £	2020 £
Trade debtors	51	1,950
Prepayments	1,755	187
	1,806	2,137

#### 13 Creditors: amounts falling due within one year

	31 March 2021 £	30 September 2020 £
Pension contributions unpaid	-	507
Accruals	720	720
	720	1,227

## Dads Unlimited

### Notes to the Financial Statements for the Period from 1 October 2020 to 31 March 2021

#### 14 Funds

	Balance at 1 October 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
<b>Unrestricted funds</b>				
General	20,901	4,890	(4,482)	21,309
<b>Restricted funds</b>	<u>168,679</u>	<u>143,143</u>	<u>(132,635)</u>	<u>179,187</u>
<b>Total funds</b>	<u><u>189,580</u></u>	<u><u>148,033</u></u>	<u><u>(137,117)</u></u>	<u><u>200,496</u></u>
	Balance at 1 October 2019 £	Incoming resources £	Resources expended £	Balance at 30 September 2020 £
<b>Unrestricted funds</b>				
General	147	26,791	(6,036)	20,902
<b>Restricted funds</b>	<u>65,352</u>	<u>242,499</u>	<u>(139,172)</u>	<u>168,679</u>
<b>Total funds</b>	<u><u>65,499</u></u>	<u><u>269,290</u></u>	<u><u>(145,208)</u></u>	<u><u>189,581</u></u>

#### 15 Analysis of net assets between funds

	Unrestricted funds General £	Restricted funds £	Total funds at 31 March 2021 £
Tangible fixed assets	5,097	3,822	8,919
Current assets	16,932	175,365	192,297
Current liabilities	(720)	-	(720)
<b>Total net assets</b>	<u><u>21,309</u></u>	<u><u>179,187</u></u>	<u><u>200,496</u></u>
	Unrestricted funds General £	Restricted funds £	Total funds at 30 September 2020 £
Tangible fixed assets	3,719	4,347	8,066
Current assets	18,411	164,331	182,742
Current liabilities	(1,227)	-	(1,227)
<b>Total net assets</b>	<u><u>20,903</u></u>	<u><u>168,678</u></u>	<u><u>189,581</u></u>

