

KENDAL DEMENTIA ACTION ALLIANCE

England & Wales · Charity number 1174741

Details

Status Registered

Legal form CIO

Registered 2017-09-20

Register [View on the Charity Commission register](#)

Contact

Address 4 Lune Close
Kirkby Lonsdale
Carnforth
Cumbria
UK
LA6 2DA

Phone 07771682378

Email KendalDAA@gmail.com

Website http://www.dementiaaction.org.uk/local_alliances/8835_kendal_dementia_action_alliance

Activities

Objects: THE OBJECTS OF THE CIO ARE: TO PROMOTE AND PROTECT GOOD HEALTH FOR THE PUBLIC BENEFIT OF THOSE AFFECTED BY DEMENTIA IN KENDAL AND THE SURROUNDING AREAS THROUGH THE PROVISION OF INFORMATION AND ADVICE TO MAKE PEOPLE MORE ATTENTIVE TO THE NEEDS AND INTERESTS OF THOSE AFFECTED BY DEMENTIA.

Activities: To assist people living with dementia and their carers throughout South Lakeland by providing information in relation to local services, activities and events. Monthly Hub sessions held - see Kendal Dementia Action Alliance website or facebook page for further information.

Classification

- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes
- **Who:** Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** IN KENDAL AND THE SURROUNDING AREAS
- Cumbria

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£13,930	£10,774	-	-
2024-03-31	£5,439	£7,381	-	-
2023-03-31	£9,791	£7,578	-	-
2022-03-31	£8,204	£9,409	-	-
2021-03-31	£8,204	£9,408	-	-

Trustees

Name	Role	Appointed
Karen Louise Bimpson		2024-04-23
Miriam Baird		2018-03-27
She/They Jade Gibson		2022-08-08
Sue Robb		2024-04-23
Vivienne Pike		2022-02-15

KENDAL DEMENTIA ACTION ALLIANCE

England & Wales - Charity number 1174741

Accounts



Draft Minutes of the AGM held on 16 November 2022 at 2pm at Home Instead South Lakes and via Zoom.

Present

Miriam Baird Acting Chair), Diane Smillie Vivienne Pike (Treasurer), Judy Clay, Sally Nelhams (Charity Organiser), Maureen Stevens (Anna Chaplaincy), Jade Gibson (via Zoom).

Apologies for Absence

Hayley Newman (PCSO), Beverley Moore (Anna Chaplain), Yolanda Aze (Cumbria Wildlife Trust).

Welcome

Miriam welcomed everyone to the meeting.

Minutes of last AGM held on 16 November 2022

Miriam went over the minutes. They were agreed to be a true record. There were no matters arising.

Acting Chair's Report

Miriam was still acting Chair and for the last 12 months has continued to support and help people to access information.

We still had only five Trustees but would like to have more. Although the Charity had not grown in size, it felt like we had grown a bit and had more service providers involved.

The Hubs were generally working well and attracted people at all stages of their diagnosis and their family members. We would like to have more support.

Miriam was keen to roll out the Dementia Friends sessions and also run some sessions for libraries. Sessions could be online or in person, but we needed people to sign up to them and also needed venues to hold them in. We were keen to work towards being a 'Dementia Friendly Community'.

Morrisons had suggested that we hold a collection at the store.

Maureen enquired as to whether we had, or distributed, ID cards showing that someone had a caring role. It was thought that the Admiral Nurses may have these. **Action: Miriam to contact them.**

Funding was an issue. Judy Clay suggested that we contact the 'Home Instead Charities' as they may have funding available for events and activities. **Action: Judy would speak to Rachael at Home Instead to find more information.**

Judy suggested that we join in with the Home Instead Companionship Cafes, which were held in Kendal and Grange.

It was important to share as much information as possible between organisations and our members, so that it could be promoted as widely as possible. **Action: Sally would email and share information and flyers.**

The idea of a coffee morning at the Town Hall was mooted.

There is a new dementia café in Kirkby Lonsdale.

Miriam would like to hold a 'Dementia Carers Day' possibly in the spring to coincide with Dementia Action Day.

Treasurers Report

Viv reported that there is £3800.00 in the bank at the moment. There were expenses still to be accounted for, including insurance of £500.00. She predicted that there would only be around £900.00 left by the end of March. We may get some money from the Christmas Tree Festival, but this could not be guaranteed.

The situation was dire. We needed around £7400.00 a year to sustain our work and so it was imperative to find some more funding.

Sally suggested approaching corporate sponsors and she would approach charities.

Thanks were given to Sandi Shadbolt and ASDA, who continued to provide the refreshments at the Hubs.

Update from the Charity Organiser

The Hubs had continued this year. Attendance varied from month to month, but they were well supported by service providers.

Sally no longer attended Kirkby Lonsdale market but attended Hubs at Ambleside Parish Centre and also other ad-hoc events, such as in Arnside with PSCO. Hayley Newman.

She also linked with Home Instead activities, such as going to Kendal market, a Dementia Day at Beetham Nursery and singing at Morrisons to mark World Dementia Day.

Miriam attended the Torchlight Procession reception held by the Mayor and also the 'Older Persons Day' at Kendal Leisure Centre.

Sally continued to form links with CVS and attended the CVS Funding Fair at the Town Hall.

She had also attended a Dementia Day at Crooklands Auction Mart in March and joined the 'Harri Bus' on two occasions in Staveley and in Grange.

Most emails and enquiries were people asking about activities, what support was available and day care in the area.

We had received a few ad hoc donations and some money from the Christmas Tree Festival. Miriam has also raised money for us.

Sally applied to the Lottery Community Fund again but was turned down, possibly because we had received funding from them last year.

Sally would explore funding options and grants from: Kendal town Council, The Hadfield Trust, The Sir John Fisher Foundation, Frieda Scott Trust, The Lottery Community Fund and Cumbria Community Foundation.

In May we attended a Golf Day at Silverdale Golf Club, which was organised by Heron Hill Care Home and raised over £1000.

She will approach Kendal Town Council and Care/Retirement Homes to run some 'open' sessions about Dementia Awareness.

We will have a tree at the Christmas Tree Festival again this year and the theme is 'Under the Sea'.

Promotion on social media and by using flyers/posters continued and other local newsletters would be considered including church newsletters and community magazines.

It was suggested that we could form better links with Kendal College, the local churches., the WI and sports and social clubs in the area. **Action: Judy to provide contact for WI.**

The Trustees thanked Sally for her work.

Appointment of Chair, Secretary, and Trustees

No-one had come forward offering to become a Trustee. It was agreed that the current Trustees would continue in their roles for another year.

Date of next members meeting - Thursday 22 February at 2pm. Venue TBC and it would also be offered on Zoom.

Any other business

The Cumberland Bank account had finally been sorted!

	Income	Outgoing	Bal	Desc
c/f			£5,174.85	
05.04.24	£8,853.00			Frieda Scott Trust
08.04.24		£637.98		Sally Nelhams
08.04.24		£81.00		Abbott Hall Social Centre
08.04.24	£4,000.00			Rathbone Investment
12.04.24	£230.00			Castle Green Raffle
26.04.24		£9.00		Bank Charges
26.04.24		£1.50		Bank Charges
03.06.24	£48.65			Just Giving
11.06.24		£655.59		Sally Nelhams
11.06.24		£831.00		Sally Nelhams
20.06.24	£69.05			Coffee Morning Grange
20.06.24	£277.00			Collection Morrisons
20.06.24	£81.87			Collection Asda
04.07.24		£688.55		Sally Nelhams
04.07.24		£135.00		Abbott Hall Social Centre
04.07.24	£25.00			Lound Place Coffee Morning
26.07.24		£9.00		Bank Charges
19.08.24		£665.30		Sally Nelhams
19.09.24		£844.80		Sally Nelhams
30.09.24		£700.58		Sally Nelhams
03.10.24		£162.00		Abbott Hall Social Centre
26.10.24		£9.00		Bank Charges
29.10.24		£668.80		Sally Nelhams
04.11.24		£515.25		Fullpoint
12.11.24	£50.00			Cash Collection
30.11.24		£889.08		Sally Nelhams
10.12.24		£299.58		Marsh Commercial
07.01.25		£135.00		Abbott Hall Social Centre
07.01.25		£661.40		Sally Nelhams
17.01.25	£221.00			Christmas Tree Festival
26.01.25		£9.00		Bank Charges
31.01.25		£831.69		Sally Nelhams
12.02.25	£30.00			Sedburgh WI
27.02.25		£669.22		Sally Nelhams
02.03.25	£44.00			Cash Collection
31.03.25		£664.09		Sally Nelhams
	£13,929.57	£10,773.41	£8,331.01	

INCOME

Just Giving	48.65
Misc Fundraising	806.92
KDLPCC SPEC Xmas Trees	221.00

GRANTS

Frieda Scott	8,853.00
Rathbone	£4,000.00

TOTAL £13,929.57

EXPENDITURE

Bank Charges	37.50
Hub venue charges	513.00
Marsh Insurance 2024	299.58
Sally Nelhams Salary	9,408.08
Printing @ Leaflets	515.25

TOTAL 10,773.41

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The Trustees thanked Sally for her work.

Appointment of Chair, Secretary, and Trustees

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Date of next members meeting - Thursday 22 February at 2pm. Venue TBC and it would also be offered on Zoom.

Any other business

The Cumberland Bank account had finally been sorted!

INCOME

Silverdale Golf Club	£221.00
Silverdale Golf Club	£1,000.00
Kingsley Whitfield Foundation	£4,000.00
Juct Giving -	£9.61
Xmas Tree Donation - Kendal PC	£208.59

GRANTS

INTEREST	£0.00
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TOTAL	£5,439.20
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EXPENDITURE

Bank Charges	£36
Hub venue charges	£261

Marsh Insurance 2022	£293.04
Salaries	£6,790.91

TOTAL	£7,380.95
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Kendal Dementia Alliance 2023/2024

KENDAL DEMENTIA ACTION ALLIANCE

England & Wales - Charity number 1174741

Accounts



Minutes of the AGM held on 17 November 2022 at 2pm (via Zoom)

Present: Diane Smillie (Acting Chair), Miriam Baird, Vivienne Pike (Treasurer), Judy Clay, Sally Nelhams (Charity Organiser), Jill Butterworth, Barbara Studholme, Louise Foster

Apologies: Jade Gibson, Mike Conefrey, Eddie (WSIM).

Welcome - Diane welcomed everyone to the meeting, especially Jill and Barbara.

Minutes of last AGM held on 10 March 2022 - These were approved. There were no matters arising.

Status of the Charity, what has happened since the last meeting and what is planned – report from Diane.

There had been three Trustee meetings. We had received around £8,000 of funding from the Lottery Community Fund.

A coffee morning had taken place at the Unitarian Church in Kendal. The location was good, but it had not been very busy.

Hilary Widall had resigned as Treasurer and Vivienne Pike had taken on the role of Treasurer.

We are continuing to look into whether to design a certificate for members to display. Diane welcomed Jade as a Trustee.

We still needed more Trustees, and despite advertising, we had not had any interest. Sally had set up a #Just Giving' fundraising page for the charity.

Diane had resigned as Chair.

Financial position – report from Vivienne Pike, Treasurer.

We had received Grants from the Lottery Commission and McCarthy and Stone.

The coffee morning and several funeral collections had also raised funds.

Just Giving had added just over £600.00 to the account.

The only outgoings were the Charity Organiser's wages and the room hire at Abbot Hall Social Centre for the Hubs. There was also a small fee for having the bank account.

The bank balance was £9,587.46.

Appointment of Chair, Secretary, and Trustees - Despite advertising, no-one had stepped forward to offer to become a Trustee or Chair. There were no specific rules in our Constitution and so a 'roving' Chair' was suggested as a solution. Miriam was happy to chair meetings, but there were further responsibilities such as bidding for grants and representing us at meetings etc, which needed to be addressed. It was agreed that Diane would no longer Chair meetings. It was essential that we found more help for the charity and perhaps lay out a job spec of what was expected of the Chair and Secretary.

Update from the Charity Organiser – Report from Sally Nelhams

Face-to-face Hubs had resumed. Some had been better attended than others, but all had been well supported by service providers.

Rural Hubs – We had been to some of the Ambleside Hubs, the Kirkby Lonsdale Charter market and to Arnside with the local PCSO

Other Activities – A coffee morning at the Unitarian Chapel raised £180.00.

Dean Gibson School held a cake bake in June and raised £166.00.

Sally had attended a 'Living Well in Later Life' event at Carus Green Golf Club, organised by Home Instead. It provided a good opportunity to network with other organisations.

We had attended Kendal Market with Home Instead.

Diane and Miriam gave a presentation to the Kent Estuary Mission Community in September.

Funding – We had applied for and received grants from the Lottery Community Fund and McCarthy and Stone.

Dean Gibson School held a cake bake in June and raised £166.00.

A Just Giving Birthday fundraiser (friend of Sally's) raised around £600.00

Heron Hill Care Home were planning a golf day and have nominated us as their chosen charity.

We have had some donations from funeral collections.

Christmas Tree Festival – we will have a tree and the theme is 'Waste into Wonderful'

Social Media/Marketing – ongoing.

Dementia Friends Training Update – Miriam Baird

Miriam had held eight sessions this year, mainly virtually. More than 80 people from all over the country attended. The sessions were interactive and received good feedback. More face to face sessions were planned. Sessions were free, but it was suggested that a donation could be requested.

Dementia Friends had lost volunteers as the roles had changed from 'Champions' to 'Ambassadors' and had more of an awareness raising and fundraising focus.

It was suggested that a certificate could be awarded to those who undertook training and they could be promoted by using an email sign-off too.

More promotion of the sessions was needed, perhaps by the memory service. It was important that people had more access to support once they had received a dementia diagnosis.

7. Date of next members meeting - Thursday 16 March at 2pm – Miriam would chair.

A Trustee meeting was arranged for Thursday 8th December at 11 am

8. Any other business - It was important to encourage more Trustees.

Joint events with other organisations were suggested, and they should be encouraged to getting involved with our charity.

INCOME

Personal donations/M.J. Baird Events	£545.75
Personal donations/Just Giving	£634.91
KDLPCC SPEC Xmas Trees	£271.04

GRANTS

Cumbria Community Foundation	£7,840.00
McCarthy Stone Foundation	£500.00

INTEREST

£0.00

TOTAL

£9,791.70

EXPENDITURE

Bank Charges	37.1
Hub venue charges	220
KDLPCC SPEC Xmas Trees Refund payment error	128.84
Marsh Insurance 2022	502.9
Salaries	6545.73
Trustee expenses	143.88

TOTAL

£7,578.45

KENDAL DEMENTIA ACTION ALLIANCE

England & Wales - Charity number 1174741

Accounts



Minutes of the Annual General Meeting 10th March 2022 (via Zoom)

Present: Diane Smillie (Chair), Miriam Baird, Rebecca Dobson, Hilary Widdall (Treasurer), Fran Frankland, Sally Nelhams (Charity Organiser) plus?????

1. Welcome, introductions and apologies for absence

Apologies were received from Marilyn Thompson, Jill Butterworth, Mike Conefrey and Sean Harvey.

Diane welcomed everyone to the meeting.

2. Status of the Charity, what has happened since the last meeting and what is planned

Report attached.

3. Financial position

Hilary reported that the expenditure was identical to the previous year, but income was around half. We needed to apply for funding if we were going to continue. There was £4.500 in the bank.

4. Appointment of Chair, Secretary, Treasurer and Trustees for 22/23

Hilary had moved to Scotland and resigned as Treasurer; she was happy to remain a Trustee. Diane Smillie also wished to step down as Chair and we have not had a secretary for some time.

It was critical that these positions were filled. Fran suggested that the Treasurer position might be able to be shared with another charity. Miriam agreed to ask around and Sally would repost the vacant positions on the CVS website. Fran would see if we could include information in the Parish Council newsletters.

5. Minutes of last AGM meeting held on 18.11.20

These were agreed. Proposed Miriam Baird, seconded Hilary Widdall.

6. Update from the Charity Organiser

Sally updated the meeting about her activities - report attached.

7. Update from Miriam Baird re the Dementia Friends training

Miriam had continued to run training sessions, both online and in-person. Some were open sessions so anyone could attend, and others were for organisations. 12 sessions were held last year with 97 people attending. 2,500 people had been trained in the South Lakes area. Dementia Friends 'Champions' were now being asked to be 'Ambassadors' and had to promote the Alzheimer's Association more, so this might lead to some people dropping out. Becky suggested incorporating a Friends session at a Hub.

8. Membership

We did not have any 'members'. A discussion took place about whether SDLComm had to have members, whether Hub organisations could be classed as members and what, if any benefit, membership brought.

9. Dates of next members meeting in July & Nov to be arranged

Trustee meeting - date to be arranged.

AGM - 17th November - 2pm

10. Any other urgent Business

None.

South Lakes Dementia Community - Registered Charity Number 1174741

Charity accounts 2021/2022

INCOME

Personal donations/sponsored events	£1,125.00
Personal donations/sponsored events	0
Refund from Rotary - event cancelled	£243.00
	£960.00

GRANTS

Cumbria Community Foundation	£5,376.00
Kendal Town Council	0
	£500.00

INTEREST

T	£0.00
	£8,204.00

TOTAL

EXPENDITURE

Bank Charges	£31.65
Hub venue charges	£45.00
Printing costs	£158.59
Jelf Insurance 2020	£490.60
	£8,203.90
Salaries	0
Grants	£300.00
Trustee expenses	£35.00
Zoom costs	£143.88
	£9,408.62

TOTAL

KENDAL DEMENTIA ACTION ALLIANCE

England & Wales - Charity number 1174741

Accounts

KENDAL DEMENTIA ACTION ALLIANCE (Charity 1174741) Accounts from 1st April 2020 - 31st March 2021

INCOME

Personal donations/sponsored events	£1,125.00
Personal donations/sponsored events	£243.00
Refund from Rotary - event cancelled	£960.00

GRANTS

Cumbria Community Foundation	£5,376.00
Kendal Town Council	£500.00

INTEREST

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TOTAL

£8,204.00

EXPENDITURE

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