

# FROME ACTIVITIES AND SPORTS TRUST

England & Wales · Charity number 1174698

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2017-09-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 80 High Street  
Sutton Veny  
Warminster  
BA12 7AW

**Phone** 07980508092

**Email** [fromeactivitiesportstrust@gmail.com](mailto:fromeactivitiesportstrust@gmail.com)

**Website** [www.fastrust.org](http://www.fastrust.org)

## Activities

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**Objects:** TO PROMOTE FOR THE BENEFIT OF THE INHABITANTS OF FROME, SOMERSET AND THE SURROUNDING AREA THE PROVISION OF FACILITIES FOR AND SUPPORT FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES AND SUPPORT, BY REASON OF THEIR YOUTH, AGE, INFIRMITY OR DISABLEMENT, FINANCIAL HARDSHIP OR SOCIAL AND ECONOMIC CIRCUMSTANCES OR FOR THE PUBLIC AT LARGE IN THE INTERESTS OF SOCIAL WELFARE AND WITH THE OBJECT OF IMPROVING THE CONDITION OF LIFE OF THE SAID INHABITANTS.

**Activities:** To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests

## Classification

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- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** Amateur Sport

## Geography

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- Somerset

## Finances

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Period end	Income	Expenditure	Assets	Employees
2024-12-31		£0	£1,702	-
2023-12-31		£0	£3,040	-
2022-12-31		£0	£719	-
2021-12-31	£272	£2,005		-
2020-12-31	£0	£687		-

## Trustees

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Name	Role	Appointed
GEORGINA STARKIE		2017-04-14
JOANNE FORDHAM		2017-04-16
Victoria Dawn Allison		2022-02-25

**FROME ACTIVITIES AND SPORTS TRUST**

England & Wales - Charity number 1174698

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# Accounts

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## Trustees' Annual Report for the period

From **01/01/2024** Period start date To **31/12/2024** Period end date

Charity name: **Frome Activities and Sports Trust (FAST)**

Charity registration number: **1174698**

### Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During 2024 the Trust was able to make grants to three organisations in the BA11 postcode which provide facilities and/or support for participation in sports or activities in line with the objectives set out above.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2024 FAST was able to make grants to three organisations that are run for the benefit of the inhabitants of Frome (and the BA11 postcode):</p> <ul style="list-style-type: none"> <li>• Science Boost CIC</li> <li>• Frome Rugby Club</li> <li>• Frome Window Wanderland</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During 2024 the Trust received £0. The Trust has been set up with a lump sum raised from the Frome Half Marathon between 2012 and 2016 and a small contribution was made from the proceeds of this event when it was taken over by The Race Organiser from 2017 onwards. Due to the impact of Covid-19, The Race Organiser was only able to make a small contribution to the Trust in 2021 and no contribution has been made since then. During 2024 the charity made an overall loss as the lump sum originally donated gradually gets allocated through grants made.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trust does not deliberately hold Reserves. A lump sum was given to the Trust at its inception and this is added to each year. It is expected that this lump sum will gradually diminish as grants are made in future years.
Amount of reserves held	Para 1.22	£13,189.83
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	See above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		



## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing Trustees are able to appoint new or additional trustees having given regard to their skills, knowledge and experience as required for the successful administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Frome Activities and Sports Trust
Other name the charity uses	FAST
Registered charity number	1174698
Charity's principal address	80 High Street, Sutton Veny, Wiltshire, BA12 7AW



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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### Exemptions from disclosure

Reason for non-disclosure of key personnel details

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### Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Miss Georgina Helen Starkie	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	28/10/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Existing assets (from previous year)	14,891	-	-	14,891	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>14,891</b>	<b>-</b>	<b>-</b>	<b>14,891</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>14,891</b>	<b>-</b>	<b>-</b>	<b>14,891</b>	<b>-</b>
<b>A3 Payments</b>					
09/08/2024 (FAST Grants to 3 recipients)	1,500	-	-	1,500	-
Web hosting fee	202	-	-	202	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>1,702</b>	<b>-</b>	<b>-</b>	<b>1,702</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>1,702</b>	<b>-</b>	<b>-</b>	<b>1,702</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>13,189</b>	<b>-</b>	<b>-</b>	<b>13,189</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>13,189</b>	<b>-</b>	<b>-</b>	<b>13,189</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current account balance	13,189	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	13,189	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Miss GH Starkie	28/10/2025

**FROME ACTIVITIES AND SPORTS TRUST**

England & Wales - Charity number 1174698

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# Accounts

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## Trustees' Annual Report for the period

From 01/01/2023 Period start date To 31/12/2023 Period end date

Charity name: Frome Activities and Sports Trust (FAST)

Charity registration number: 1174698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During 2023 the Trust was able to make grants to six organisations in the BA11 postcode which provide facilities and/or support for participation in sports or activities in line with the objectives set out above.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2023 FAST was able to make grants to six organisations that are run for the benefit of the inhabitants of Frome (and the BA11 postcode):</p> <ul style="list-style-type: none"> <li>• Frome Scouts</li> <li>• Frome Town Women's Football</li> <li>• Frome Day Centre</li> <li>• Black Swan Arts</li> <li>• Witham Friary FC</li> <li>• Frome Town United</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During 2023 the Trust received £0. The Trust has been set up with a lump sum raised from the Frome Half Marathon between 2012 and 2016 and a small contribution was made from the proceeds of this event when it was taken over by The Race Organiser from 2017 onwards. Due to the impact of Covid-19, The Race Organiser was only able to make a small contribution to the Trust in 2021 and no contribution was made in 2022. During 2023 the charity made an overall loss as the lump sum originally donated gradually gets allocated through grants made.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trust does not deliberately hold Reserves. A lump sum was given to the Trust at its inception and this is added to each year. It is expected that this lump sum will gradually diminish as grants are made in future years.
Amount of reserves held	Para 1.22	£14,891.43
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	See above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing Trustees are able to appoint new or additional trustees having given regard to their skills, knowledge and experience as required for the successful administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Frome Activities and Sports Trust
Other name the charity uses	FAST
Registered charity number	1174698
Charity's principal address	80 High Street, Sutton Veny, Wiltshire, BA12 7AW

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Tori Allison	Chair		
2	Joanne Fordham	Secretary		
3	Georgina Starkie	Treasurer		
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Miss Georgina Helen Starkie	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	30/10/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts


CC16a

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Existing assets (from previous year)	17,931	-	-	17,931	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>17,931</b>	<b>-</b>	<b>-</b>	<b>17,931</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>17,931</b>	<b>-</b>	<b>-</b>	<b>17,931</b>	<b>-</b>
<b>A3 Payments</b>					
05/07/2023 (FAST Grants to 6 recipients)	3,000	-	-	3,000	-
Bank charges	40	-	-	40	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>3,040</b>	<b>-</b>	<b>-</b>	<b>3,040</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>3,040</b>	<b>-</b>	<b>-</b>	<b>3,040</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>14,891</b>	<b>-</b>	<b>-</b>	<b>14,891</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>14,891</b>	<b>-</b>	<b>-</b>	<b>14,891</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current account balance	14,891	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>14,891</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Miss GH Starkie	30/10/2024	

**FROME ACTIVITIES AND SPORTS TRUST**

England & Wales - Charity number 1174698

---

# Accounts

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## Trustees' Annual Report for the period

From 01/01/2022 Period start date To 31/12/2022 Period end date

Charity name: Frome Activities and Sports Trust (FAST)

Charity registration number: 1174698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During 2020 the Trust was able to make grants to four organisations in the BA11 postcode which provide facilities and/or support for participation in sports or activities in line with the objectives set out above.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2022 FAST was able to make grants to one organisation that is run for the benefit of the inhabitants of Frome (and the BA11 postcode):</p> <ul style="list-style-type: none"> <li>• Witham Friary Youth Football Club</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During 2022 the Trust received £20. The Trust has been set up with a lump sum raised from the Frome Half Marathon between 2012 and 2016 and a small contribution was made from the proceeds of this event when it was taken over by The Race Organiser from 2017 onwards. Due to the impact of Covid-19, The Race Organiser was only able to make a small contribution to the Trust in 2021 and no contribution was made in 2022. During 2022 the charity made an overall loss as the lump sum originally donated gradually gets allocated through grants made.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trust does not deliberately hold Reserves. A lump sum was given to the Trust at its inception and this is added to each year. It is expected that this lump sum will gradually diminish as grants are made in future years.
Amount of reserves held	Para 1.22	£18,000
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	See above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing Trustees are able to appoint new or additional trustees having given regard to their skills, knowledge and experience as required for the successful administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Frome Activities and Sports Trust
Other name the charity uses	FAST
Registered charity number	1174698
Charity's principal address	80 High Street, Sutton Veny, Wiltshire, BA12 7AW



## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
-----------------	------	---------


#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Miss Georgina Helen Starkie	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	28/10/2023	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

CC16a

For the period from	Period start date 1/1/2021	To	Period end date 12/31/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Existing assets (from previous year)	18,650	-	-	18,650	-
		-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>18,650</b>	<b>-</b>	<b>-</b>	<b>18,650</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>18,650</b>	<b>-</b>	<b>-</b>	<b>18,650</b>	<b>-</b>
<b>A3 Payments</b>					
10/07/2022 (FAST Grants to 1 recipient)	500	-	-	500	-
Website costs	159	-	-	159	-
Bank charges	60	-	-	60	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>719</b>	<b>-</b>	<b>-</b>	<b>719</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>719</b>	<b>-</b>	<b>-</b>	<b>719</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>17,931</b>	<b>-</b>	<b>-</b>	<b>17,931</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>17,931</b>	<b>-</b>	<b>-</b>	<b>17,931</b>	<b>-</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current account balance	18,649	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	18,649	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> </div>	Print Name <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     Miss GH Starkie                 </div>	Date of approval <div style="border: 1px solid black; padding: 5px; margin-top: 10px;">                     10/28/2023                 </div>
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**FROME ACTIVITIES AND SPORTS TRUST**

England & Wales - Charity number 1174698

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# Accounts

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## Trustees' Annual Report for the period

From 01/01/2021 Period start date To 31/12/2021 Period end date

Charity name: Frome Activities and Sports Trust (FAST)

Charity registration number: 1174698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During 2020 the Trust was able to make grants to four organisations in the BA11 postcode which provide facilities and/or support for participation in sports or activities in line with the objectives set out above.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2021 FAST was able to make grants to four organisations which are run for the benefit of the inhabitants of Frome (and the BA11 postcode):</p> <ul style="list-style-type: none"> <li>• Frome Field 1 Fork</li> <li>• Frome Town Band</li> <li>• Postlebury Bell Ringers</li> <li>• Frome Town Women's Football Club</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During 2021 the Trust received £272 in donations from the organisers of the Frome Half Marathon (The Race Organiser). The Trust has been set up with a lump sum raised from the Frome Half Marathon between 2012 and 2016 and a small contribution is expected each year from the proceeds of this event. Due to the impact of Covid-19, The Race Organiser was only able to make a small contribution to the Trust in 2021. During 2021 the charity made an overall small loss as the lump sum originally donated gradually gets allocated through grants made.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trust does not deliberately hold Reserves. A lump sum was given to the Trust at its inception and this is added to each year. It is expected that this lump sum will gradually diminish as grants are made in future years.
Amount of reserves held	Para 1.22	£18,000
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	See above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing Trustees are able to appoint new or additional trustees having given regard to their skills, knowledge and experience as required for the successful administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Frome Activities and Sports Trust
Other name the charity uses	FAST
Registered charity number	1174698
Charity's principal address	80 High Street, Sutton Veny, Wiltshire, BA12 7AW

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Nicola Player	Chair		
2	Joanne Fordham	Secretary		
3	Georgina Starkie	Treasurer		
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Miss Georgina Helen Starkie	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	09/11/2022	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts

For the period from	Period start date 1/1/2021	To	Period end date 12/31/2021
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £
<b>A1 Receipts</b>				
Existing assets (from previous year)	20,382	-	-	20,382
Donations from The Race Organiser	272	-	-	272
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>20,654</b>	<b>-</b>	<b>-</b>	<b>20,654</b>
<b>A2 Asset and investment sales, (see table).</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>20,654</b>	<b>-</b>	<b>-</b>	<b>20,654</b>
<b>A3 Payments</b>				
14/06/2021 (FAST Grants to 4 recipients)	2,000	-	-	2,000
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>2,000</b>	<b>-</b>	<b>-</b>	<b>2,000</b>
<b>A4 Asset and investment purchases, (see table)</b>				
	-	-	-	-
	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>2,000</b>	<b>-</b>	<b>-</b>	<b>2,000</b>
<b>Net of receipts/(payments)</b>	<b>18,654</b>	<b>-</b>	<b>-</b>	<b>18,654</b>
A5 Transfers between funds	-	-	-	-
A6 Cash funds last year end	-	-	-	-
<b>Cash funds this year end</b>	<b>18,654</b>	<b>-</b>	<b>-</b>	<b>18,654</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B1 Cash funds</b>	Current account balance	18,649	-
		-	-
		-	-
	<b>Total cash funds</b>	<b>18,649</b>	<b>-</b>
(agree balances with receipts and payments account(s))		Agreement Error	OK


	Details	Unrestricted funds to nearest £	Restricted funds to nearest £
<b>B2 Other monetary assets</b>		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

	Details	Fund to which asset belongs	Cost (optional)
<b>B3 Investment assets</b>			-
			-
			-
			-
			-

	Details	Fund to which asset belongs	Cost (optional)
<b>B4 Assets retained for the charity's own use</b>			-
			-
			-
			-
			-
			-
			-
			-
			-

	Details	Fund to which liability relates	Amount due (optional)
<b>B5 Liabilities</b>			-
			-
			-
			-
			-

Signed by one or two trustees on behalf of all the trustees

<p>Signature</p> <div style="border: 1px solid black; padding: 5px; display: inline-block;">  </div>	<p>Print Name</p> <div style="border: 1px solid black; padding: 5px; display: inline-block;"> <p>Miss GH Starkie</p> </div>
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**CC16a**



**Last year  
to the nearest £**

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**Endowment funds**  
to nearest £

-
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-
-

OK

**Endowment funds**  
to nearest £

-
-
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-
-

**Current value (optional)**

-
-
-
-
-

**Current value (optional)**

-
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-
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-
-
-
-

**When due (optional)**


Date of approval

11/9/2022

**FROME ACTIVITIES AND SPORTS TRUST**

England & Wales - Charity number 1174698

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# Accounts

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## Trustees' Annual Report for the period

From 01/01/2020 Period start date To 31/12/2020 Period end date

Charity name: Frome Activities and Sports Trust (FAST)

Charity registration number: 1174698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote for the benefit of the inhabitants of Frome, Somerset and the surrounding area the provision of facilities for and support for recreation or other leisure time occupation of individuals who have need of such facilities and support, by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances or for the public at large in the interests of social welfare and with the object of improving the condition of life of the said inhabitants.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	During 2020 the Trust was able to make grants to one organisation in the BA11 postcode which provides facilities and/or support for participation in sports or activities in line with the objectives set out above.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The Trustees have had regard to the Charity Commission's guidance on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	

Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>During 2020 FAST was able to make a grant to one organisation which is run for the benefit of the inhabitants of Frome (and the BA11 postcode):</p> <ul style="list-style-type: none"> <li>Frome Selwood Tennis Club – a £500 grant from FAST allowed the club to run its Reaching Out Scheme for Juniors, providing half-price tennis coaching for children from low-income families (allowing participation where this would otherwise not be possible).</li> </ul>

### Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During 2020 the Trust received no donations. The Trust has been set up with a lump sum raised from the Frome Half Marathon between 2012 and 2016 and a small contribution is expected each year from the proceeds of this event. Due to the impact of Covid-19, The Race Organiser was unable to make a contribution to the Trust. During 2020 the charity made an overall small loss as the lump sum originally donated gradually gets allocated through grants made.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trust does not deliberately hold Reserves. A lump sum was given to the Trust at its inception and this is added to each year. It is expected that this lump sum will gradually diminish as grants are made in future years.
Amount of reserves held	Para 1.22	£20,000
Reasons for holding zero reserves	Para 1.22	N/a
Details of fund materially in deficit	Para 1.24	See above
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Existing Trustees are able to appoint new or additional trustees having given regard to their skills, knowledge and experience as required for the successful administration of the CIO.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Frome Activities and Sports Trust
Other name the charity uses	FAST
Registered charity number	1174698
Charity's principal address	80 High Street, Sutton Veny, Wiltshire, BA12 7AW

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Nicola Player	Chair		
2	Joanne Fordham	Secretary		
3	Georgina Starkie	Treasurer		
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/a
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/a
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/a

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Miss Georgina Helen Starkie	
<b>Position (eg Secretary, Chair, etc)</b>	Treasurer	
<b>Date</b>	28/10/2021	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name	No (if any)
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## Receipts and payments accounts


CC16a

For the period from	Period start date 01/01/2019	To	Period end date 31/12/2019
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Existing assets (from previous year)	21,070	-	-	21,070	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>21,070</b>	<b>-</b>	<b>-</b>	<b>21,070</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>21,070</b>	<b>-</b>	<b>-</b>	<b>21,070</b>	<b>-</b>
<b>A3 Payments</b>					
01/09/20 (Frome Selwood Tennis Grant)	500	-	-	500	-
10/07/20 (N Player website subscription)	187	-	-	187	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>687</b>	<b>-</b>	<b>-</b>	<b>687</b>	<b>-</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>687</b>	<b>-</b>	<b>-</b>	<b>687</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>20,383</b>	<b>-</b>	<b>-</b>	<b>20,383</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>20,383</b>	<b>-</b>	<b>-</b>	<b>20,383</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Current account balance	21,070	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>21,070</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	
		-	-	
		-	-	
		-	-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Miss GH Starkie	28/10/2021'	