

# **Berwick & District Friends of Dementia**

## **Trustees Annual Report**

**2023 – 2024**

### **Introduction**

This is the annual report of the Trustees of Berwick & District Friends of Dementia, first registered as a charity on 11 September 2017 –charity number 1174583.

The report covers the period from 1 April 2023 to 31 March 2024.

The organisation's forwarding address is:

Office 5,  
Berwick Voluntary Centre,  
5 Tweed Street,  
Berwick-upon-Tweed,  
TD15 1NG

E mail: [badfod@yahoo.com](mailto:badfod@yahoo.com)

### **Trustees**

Linda Yeardly  
Barbara Jean Borthwick  
Johnny Court

### **Mission Statement**

Berwick & District Friends of Dementia exists to support persons in Berwick-upon-Tweed and surrounding area who have a diagnosis of dementia, together with their family and carers.

### **Aims and objectives**

Berwick & District Friends of Dementia aims to provide support and encouragement to persons suffering from mild to moderate dementia, and their families and carers, by means of social opportunities and a range of appropriate leisure activities.

### **Achievements and performance**

The organisation's principal undertaking is Alz Cafe, which is held each Thursday from 1030 to 1230 at a hired premises in Berwick-upon-Tweed. Here refreshments are provided for members, and there is time and space for socializing and to undertake stimulating activities.

There are currently 38 members and 5 volunteers. We also welcome anyone interested in visiting us to observe how we operate.

## **Financial report and accounts**

Berwick & District Friends of Dementia has benefited during the year from many generous donations made by organisations and individuals from Berwick and the surrounding area.

Donations have been received this year totalling £6917.

Main areas of expenditure were rent for premises - £2009; transport costs - £1818; group activities - £2840, outings and events £6479.

Expenditure exceeded income by £4987 this year, but our bank balance at 31 March 2024 was £36,442

## **Activities**

Regular activities have included singing, massage therapies and seated yoga, poetry reading and pottery, as well as a variety of indoor and tabletop games. outings to various shows and pantomimes, an annual boat trip in the River Tweed, and celebrations of St Andrews Day and Burns Day. There were coach trips to Kelso Garden Centre and the Alnwick Garden.

In June we celebrated our 10<sup>th</sup> birthday as an organisation with a special event o entertainment and refreshment.

Signed

Name Derek Forshaw

Chairman

Date 4 November 2024

	A	B	C	D	E
1	Berwick & District Friends of Dementia Income and Expenditure Account for the year to 31st March 2024	2022 - 2023	2023 - 2024		
2	Opening Balance	36630.63	41234.58		
3	Income				
4	Membership	170.00	200.00		
5	Weekly Subs	905.93	876.04		
6	Donations	13811.76	6917.90		
7	Grants	0.00	0.00		
8	Sundries	180.50	353.60		
9	Fundraising & Events	766.88	1220.00		
10	Total Income	15835.07	9567.54		
12	Expenditure				
13	Bank Charges	0.00	0.00		
14	Rent	1143.72	2009.60		
15	Insurance	195.20	195.20		
16	Stationery/Postages	132.17	157.03		
17	Advertising & Promotion	16.50	0.00		
18	Catering	401.80	529.93		
19	Equipment	0.00	0.00		
20	Sundries	301.39	366.07		
21	Transport	1358.20	1818.20		
22	Group Activities	1642.83	2840.29		
23	Volunteer Costs	33.00	160.00		
24	Outings & Events	6006.31	6479.16		
25	Total Expenditure	11231.12	14555.48		
27	Excess of Income over Expenditure	4603.95	-4987.94		
29	BALANCE	41234.58	36246.64		
30	Statement of Assets & Liabilities				
31					
32	Balance on Income and Expenditure Account	31st March 2023	31st March 2024		
33	Bank Balance	41304.58	36442.24		
34	Cash in Hand	0.00	0.00		
35	Uncleared Cheques	70.00	195.60		
36	TOTAL	41234.58	36246.64		
37	SIGNED: Linda Keady				
38	TREASURER	Date	13th October 2024		