

# **Berwick & District Friends of Dementia**

## **Trustees Annual Report**

**2022 – 2023**

### **Introduction**

This is the annual report of the Trustees of Berwick & District Friends of Dementia, first registered as a charity on 11 September 2017 –charity number 1174583.

The report covers the period from 1 April 2022 to 31 March 2023.

The organisation's forwarding address is:

Office 5,  
Berwick Voluntary Centre,  
5 Tweed Street,  
Berwick-upon-Tweed,  
TD15 1NG

E mail: [badfod@yahoo.com](mailto:badfod@yahoo.com)

### **Trustees**

Wilfred Derek Forshaw  
Barbara Jean Borthwick  
Linda Yeardly

### **Mission Statement**

Berwick & District Friends of Dementia exists to support persons in Berwick-upon-Tweed and surrounding area who have a diagnosis of dementia, together with their family and carers.

### **Aims and objectives**

Berwick & District Friends of Dementia aims to provide support and encouragement to persons suffering from mild to moderate dementia, and their families and carers, by means of social opportunities and a range of appropriate leisure activities.

### **Achievements and performance**

The organisation's principal undertaking is Alz Cafe, which is held each Thursday from 1030 to 1230 at a hired premises in Berwick-upon-Tweed. Here refreshments are provided for members, and there is time and space for socializing and to undertake stimulating activities.

There are currently 38 members and 5 volunteers. We also welcome anyone interested in visiting us to observe how we operate.

## **Financial report and accounts**

Berwick & District Friends of Dementia has benefited during the year from many generous donations made by organisations and individuals from Berwick and the surrounding area.

Donations have been received totalling an amazing £13811.

Main areas of expenditure were rent for premises - £1143; transport costs - £1358; group activities - £1642, outings and events £6006.

There was an excess of income over expenditure of £4603, and our bank balance at 31 March 2023 was a very healthy £41234.

## **Activities**

Regular activities have included singing, massage therapies and seated yoga, pottery, as well as a variety of indoor and tabletop games. outings to various shows and pantomimes, and celebrations of St Andrews Day and Burns Day.

Signed

Name Derek Forshaw

Chairman

Date 4 November 2023

	A	B	C	D	E
1	Berwick & District Friends of Dementia Income and Expenditure Account for the year to 31st March 2023	2021-2022		2022-2023	
2	Opening Balance		32742.36		36630.63
3	Income				
4	Membership	0.00		170.00	
5	Weekly Subs	401.50		905.93	
6	Donations	5875.03		13811.76	
7	Grants	1624.30		0.00	
8	Sundries	90.00		180.50	
9	Fundraising & Events	110.30		766.88	
10	Total Income		8101.13		15835.07
12	Expenditure				
13	Bank Charges	0.00		0.00	
14	Rent	553.38		1143.72	
15	Insurance	195.20		195.20	
16	Stationery/Postages	33.94		132.17	
17	Advertising & Promotion	0.00		16.50	
18	Catering	94.40		401.80	
19	Equipment	0.00		0	
20	Sundries	572.92		301.39	
21	Transport	178.00		1358.20	
22	Group Activities	710.79		1642.83	
23	Volunteer Costs	0.00		33.00	
24	Outings & Events	1874.33		6006.31	
25	Total Expenditure		4212.96		11231.12
27	Excess of Income over Expenditure		3888.17		4603.95
28					
29	BALANCE		36630.53		41234.58
30	Statement of Assets & Liabilities				
31					
32	Balance on Income and Expenditure Account		31st March 2022		31st March 2023
33	Bank Balance		36778.13		41,304.58
34	Cash in Hand		0.00		0.00
35	Uncleared Cheques		147.50		70.00
36	TOTAL		36630.63		41234.58
37	SIGNED:				
38	TREASURER		Date		