

# CYMRU OLDER PEOPLE'S ALLIANCE

England & Wales - Charity number 1174518

## Details

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**Other names** COPA

**Status** Registered

**Legal form** CIO

**Registered** 2017-09-05

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Age Cymru  
Trident Court  
East Moors Road  
Cardiff  
CF24 5TD

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**Website** [www.copacharity.com](http://www.copacharity.com)

## Activities

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**Objects:** 1. TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH PEOPLE IN WALES WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF THEIR OLD AGE TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BY:A) ORGANISING MEMBER NETWORK GROUPS WITHIN LOCAL AUTHORITY AREAS THAT ENCOURAGE AND ENABLE OLDER MEMBERS OF THE COMMUNITY TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY;B) INCREASING, OR CO-ORDINATING, OPPORTUNITIES FOR OLDER PEOPLE TO ENGAGE WITH SERVICE PROVIDERS, TO ENABLE THOSE PROVIDERS TO ADAPT SERVICES TO BETTER MEET THE NEEDS OF OLDER PEOPLE AND DEVELOPING AND PROMOTING GOOD PRACTICE AND;C) PROVIDING AN EFFECTIVE, REPRESENTATIVE AND INDEPENDENT ADVOCATE FOR OLDER PEOPLE'S VIEWS AND TO INFLUENCE POLICY AND PRACTICE CONCERNING OLDER PEOPLE AT A LOCAL, REGIONAL AND NATIONAL LEVEL WHICH MAY INCLUDE UNDERTAKING POLITICAL ACTIVITIES PROVIDED THAT THE TRUSTEES ARE SATISFIED THAT THE PROPOSED POLITICAL ACTIVITIES WILL FURTHER THE PURPOSES OF THE CHARITY TO AN EXTENT JUSTIFIED BY THE RESOURCES COMMITTED AND THE POLITICAL ACTIVITY IS NOT THE DOMINANT MEANS BY WHICH THE CHARITY CARRIES OUT ITS OBJECTS2. THE PROMOTION OF EQUALITY AND DIVERSITY IN WALES AND IN PARTICULAR THE ELIMINATION OF DISCRIMINATION ON THE GROUNDS OF AGE FOR THE PUBLIC BENEFIT BY:A) ADVANCING EDUCATION AND RAISING AWARENESS IN EQUALITY AND DIVERSITY;B) PROMOTING ACTIVITIES TO FOSTER UNDERSTANDING BETWEEN PEOPLE FROM DIVERSE BACKGROUNDS;C) CONDUCTING OR COMMISSIONING RESEARCH ON EQUALITY AND DIVERSITY ISSUES AND PUBLISHING THE RESULTS TO THE PUBLIC;D) CULTIVATING A SENTIMENT IN FAVOUR OF EQUALITY AND DIVERSITY BY THE USE OF PUBLICATIONS, SCHEMES FOR BUSINESSES, CELEBRATING THE ACHIEVEMENTS OF OLDER PEOPLE AS AMBASSADORS PROMOTING POSITIVE IMAGES AND PUBLIC ADVOCACY.

**Activities:** The purpose of Cymru Older People's Alliance is to give Older People in Wales a strong and independent national voice. We are an independent national organisation run by Older People for older people in Wales.

## Classification

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- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Disability, The Prevention Or Relief Of Poverty, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

## Geography

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- Throughout Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£2,075	£1,376	-	-
2024-04-01	£8,000	£4,532	-	-
2023-04-01	£6,400	£14,281	-	-
2022-04-01	£3,000	£1,150	-	-
2021-04-01	£10,296	£1,827	-	-

## Trustees

Name	Role	Appointed
Andrew Hinchliff BEM		2020-01-24
Anne Reardon-James		2026-06-01
Dilys Jouvenat		2024-11-19
Gillian Davies		2023-11-16
Huw Bendall		2021-05-17
Rachel Luxton		2023-11-16
Siva Sivapalan		2023-11-16
Yvone Apsitis		2024-11-19

**CYMRU OLDER PEOPLE'S ALLIANCE**

England & Wales - Charity number 1174518

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# Accounts

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Cynghrair Pobl Hŷn Cymru  
Cymru Older People's Alliance

**CYMRU OLDER PEOPLE'S ALLIANCE  
ANNUAL REPORT AND ACCOUNTS 2025**

**AGREED AT AGM ON 27 JANUARY 2026**

January 2026

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## Foreword

I am very pleased to present this eight Annual Report for Cymru Older People's Alliance since we have become a registered charity to give a national voice for 50 plus Forums and Groups across Wales.

The Board and Sub Committees have met quarterly over the last year, and we have also organised regular meetings with Forum Representatives. We continue to make sure that the independent and self-determined voice of older people is heard. We also try to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and a range of other representative and consultative groups. We have been particularly active in campaigning on age discrimination, poverty in later life, reform of social care and digital exclusion. We have continued to ensure that our Charity is well managed and continues to meet the Charity Commission requirements for registered charities.

Looking ahead over the next 12 months, it will be an important period to strengthen and consolidate our charity through recruitment of new trustees. It will also be a period of uncertainty we will need to navigate well due to political changes that will be brought about by a new Electoral System in Wales. Challenges to the lives of older people including ageism and the cost of living will continue to be central to our work.

In closing, I want to acknowledge the contribution of our former Vice Chair, Chris Thomas, and trustee Paul Guisbourne-Hilton. I would also like to thank Age Cymru who have given us excellent support over the last year, and we are very grateful to Vicki, Kathy, and the team. We are also most grateful for the support and engagement that we received from Rhian Bowen Davies, the new Commissioner for Older People, and her team. Finally, thanks are due to all our Trustees and Forum Representatives for their hard work.

Yvonne Apsitis  
Chair, Cymru Older People's Alliance

## **Introduction**

1. The challenges for Cymru Older People's Alliance (COPA) have continued during 2025, with some older people's forums finding new momentum, whilst others continue to struggle. This report is the eighth Annual Report since we became a Registered Charity and covers the period from 1 December 2024 to 30 November 2025, although our accounts cover the 2024-25 financial year.

## **Context**

2. COPA has been recognised by Welsh Government as the national charity to lead and support 50+ forums in Wales and they have provided small-scale development funding since 2014.
3. COPA brings together the views, opinions, and concerns of local older people's forums to the all-Wales level. This provides a strong, credible, and coherent voice to government at all levels and represents what older people want and need. COPA is a group that has existed in different forms and titles since 2001, initially working under the umbrella of the Welsh Government's Strategy for Older People. As such, it has a strong tradition of influencing policy and practice for older people in Wales. It is a genuinely independent organisation – a voice for older people led by older people. COPA challenges ageism and lobbies government nationally, and locally through forums, so older people are properly consulted and involved in decisions that affect them and their communities.
4. The future direction of COPA continues to be discussed with members across all parts of Wales through regular engagement with forum representatives.

## **The Board**

5. The Board of Trustees (see Appendix 1) has met quarterly over the last 12 months with structured agendas and an agreed Business Plan. COPA has worked hard to devise, debate and review position papers and policies and to ensure that we fulfil Charity Commission requirements. We have made progress on some priority issues impacting on older people that we have raised in our discussions with Welsh Government Ministers and officials, and with the Older People's Commissioner for Wales as well as other Public Bodies.

## **Reporting on Key Objectives**

6. In the last 12 months, COPA has been fully operational as a Registered Charity. A Board of 10 Trustees, including 4 co-opted Trustees, meet quarterly. The COPA Board has addressed a range of issues over the last year, and a short summary of the action taken is provided for the main objectives in our Business Plan for 2025.

## **Governance of the Charity**

7. Our Annual Report and Financial Statement agreed at our 2024 AGM were published to the Charity Commission website with our Annual Accounts. COPA has continued to work hard to fulfil Charity Commission governance requirements.
8. We secured continuing Welsh Government funding for 2025 through Age Cymru, and expenditure has been monitored and reviewed on a regular basis. The funding has and will continue to be claimed on a need's basis.
9. Board meetings have been held on a quarterly basis (hybrid) to ensure COPA's continued contribution on behalf of older people's forums. Quarterly meetings have also been held of the Communications and Policy Committees. Bi-Monthly meetings were also held with Forum Representatives.
10. We have formulated a position paper to set out COPAs strategic direction and the changes we think will need to be considered in the next few years.
11. Recruitment for new Trustees was undertaken, and one new Elected Trustee was appointed. A programme to recruit a new Chair was undertaken and the post was filled by a current co-opted Trustee. During the year two trustees had to retire due to ill health.
12. A Business Plan was agreed for 2025 – 26 and has been submitted to Welsh Government.
13. We held a joint Conference in Cardiff in November with the other two National Organisations for older people face to face but also on a hybrid basis with hubs in Anglesey and Swansea. Overall, there were more than 50 attendees. The Chair of Age Cymru, John Williams, led the conference. Our main speakers were the Minister for Social Care,

Dawn Bowden MS and the Commissioner for Older People, Rhian Bowen-Davies.

## **Policy Work on Behalf of Older People**

14. The last 12 months have again been challenging for older people as economic factors have made substantial impacts on their lives. We are pleased that our charity has been able to continue to make an influential contribution to the response by ensuring the voice of the 50+ Forums has been heard at the national level in discussions on a wide range of issues. Information and advice have been disseminated on a very regular basis.
15. We have discussed and agreed a two monthly Engagement Survey to monitor older people's voices across Wales; This will be a pilot survey commencing in January 2026. We have also agreed a new plan for 2026 to strive to increase our membership and to work more closely in partnership with Age Friendly Leads and Champions in Councils in Wales.
16. Communication has continued with the Deputy Minister for Health and Social Care and her officials through meetings and letters. We have responded to Welsh Government and other consultations on issues relevant to older people.
17. COPA has worked with and supported the Commissioner and Councils in progressing Age Friendly Communities (AFCs) in Wales. From COPAs position of strong support for the concept and practice of AFCs, we have discussed with Forum Representatives and subsequently the Welsh Government and the Commissioner the issues we think need to be addressed to make Wales an age friendly nation on a more comprehensive and consistent basis.
18. We have lobbied on key issues affecting the lives of older people including cost of living, poverty amongst older people, health and social care, transport, public toilets, digital inclusion and have published articles on age discrimination and on reform of paying for social care. COPA contributed to the Senedd's Equality and Social Justice Committee post-legislative scrutiny into the Well-being of Future Generations (Wales) Act 2015. We have developed an effective dialogue with the new Llais – Health and Social Care and with the Future Generations Commission.

19. We have met with Care Forum Wales – the body representing care providers in Wales - and with the Chief Social Care Officer for Wales to discuss members current experiences of social care and how it might be improved in the future.
  
20. COPA has continued to contribute to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. Although as a registered charity COPA is entirely politically impartial, we wrote in the same terms to all the main political parties with the aim of influencing the debate in the Senedd Elections 2026 in respect of older people. Our “Manifesto” for Older People” set out a prospectus that identifies the key strategic and policy changes that COPA wants to see considered by political parties in Wales to benefit older people.
  
21. We have met with both the Minister and Commissioner for Older People to discuss issues relevant to older people and seek their support for revitalization of Forums to help further progress implementation of Age Friendly Communities in Wales.
  
22. COPA has Membership of the following national level groups with feedback to Trustees and Voting Members.
  - a. Ministerial Advisory Forum on Ageing in Wales
  - b. Cross Party Group on Older People and Ageing
  - c. Age Cymru’s Consultative Forum
  - d. Welsh Government Working Group on Age Discrimination
  - e. Commissioner for Older People National Organisations Chair’s Group
  - f. Commissioner’s Group for Age Friendly Communities
  - g. Commissioner for Older People – Abuse Action Group
  - h. Commissioner for Older People – Community of Practice

### **Engagement of forums**

23. Over the last 12 months we have held regular meetings with Forum Representatives to ensure dialogue between national and local levels is improved. A variety of issues have been discussed, and we have ensured high quality speakers attend.

## Looking forward

24. The Board of Trustees has reiterated its priorities for 2026-27. The main priorities that will be targeted cover:
- i. Make a difference to the lives of older people in particular through activity that i. creates age friendly communities ii. addresses cost of living, isolation, loneliness, and digital inclusion iii. increases intergenerational solidarity iv. promotes well-being.
  - ii. Contributing to the implementation of the Strategy for an Ageing Society including through membership of the Ministerial Advisory Forum on Ageing and working groups.
  - iii. Working directly with Forums and Groups across all parts of Wales and work with Councils to support creation of Age Friendly Communities.
  - iv. Implement our new Communications and Marketing Plan on a phased basis to improve understanding and awareness of COPA, for our charity to become more influential and project our values of the place of older people in society.
  - v. Ensure that the Board has sufficient capacity and range of skills and knowledge required by completing a recruitment exercise to identify and appoint new and replacement elected trustees.
  - vi. Identify new opportunities to increase capacity and raise funding for COPA to enhance its role as the national voice for 50+ forums in Wales.
25. We will continue to implement the programme of development of COPA as our capacity allows. We will aim to change and grow our charity and increase its impact, capacity, and resources to enable us to maximise the potential of COPA to support the revitalisation of forums and ensure older people in communities across Wales are effectively engaged. Our Engagement Framework will be utilised to ensure that this is done on the basis of key principles of equity and fairness.
26. Over the next year, we will continue to promote an effective voice for our charity through the marketing strategy and new brand identity. We

will strive to make improvements to communication in order to raise awareness of who we are and what we do. It is vital that we continue to ensure that older people's voices are heard through co-production at the planning stages of national policies, legislation, and local policies. Our focus will be on engaging and improving communication with all the local 50+ forums across Wales and strengthening our structures.

27. We believe that working in partnership is the only way forward and will always aim to co-operate and engage with other older people's organisations to ensure a coherent voice is heard from older people in Wales. We will of course build on our strong partnership working with Welsh Government, the Older People's Commissioner, Age Cymru, and County Councils as well as with the other national older people's organisations.
28. The next year will see Senedd Elections in May 2026, and we will strive to ensure that the new Government and Senedd Members are aware of COPA and understand the needs of older people.

## **Finances**

29. Total funding for 2024 – 25 agreed by the Welsh Government was £2,075.37 This funding is drawn down when there are a clear need and demand demonstrated.
30. On 4 April 2025, COPA held a bank balance of £ 16,792.57 including reserves of £8000. There are robust and effective arrangements for the monitoring and accountability for this expenditure through policies and processes agreed by the Board. The Treasurer, one of the Trustees, oversees these arrangements and reports to the Board on a regular basis. Any risks to the achievement of objectives and related expenditure are identified and addressed on an ongoing basis through our Risk Management policy.

## **Conclusions**

31. COPA's strongest public benefit is enabling older people to have the confidence and access to change the conversation about ageing in Wales to one that is lead from the experience of older people about their needs and what works best for them in an age-friendly country. The next 12 months will be critical as we continue to work with others to respond to the range of issues impacting on older people and

ensure that 50+ forums in Wales have a viable and sustainable future and that their contribution to shaping and creating Age Friendly Communities is recognised and supported at all levels of government.

COPA Board  
January 2026

Cymru Older People's Alliance  
c/o Age Cymru  
Mariners House  
Trident Court  
East Moors Road  
Cardiff CF24 5TD

[www.copacharity.com](http://www.copacharity.com)

029 2043 1555

[Cymru.older.peoples.alliance@gmail.com](mailto:Cymru.older.peoples.alliance@gmail.com)

## **Appendix 1**

### **The Board of Trustees**

+Yvonne Apsitis, -Chair - Llandaff 50+  
+ Huw Bendall – Vice Chair, Governance Officer - Cardiff 50 plus  
Siva Sivapalan – Treasurer, Cardiff 50 plus  
+ Andrew Hinchliff BEM – Conwy  
Mollie Reach – Pembrokeshire 50 Plus  
Gilly Davies – Communications, Vale of Glamorgan 50 plus  
Rachel Luxton – Communications, Swansea Ageing Well  
\* Dilys Jouvenat – Rhondda Cynon Taf Older Persons Advisory Group  
(OPAG) Policy, Personnel and Communications

Chris Thomas, Anglesey Older Peoples Council – resigned January  
2025 due to ill health  
Paul Guisbourne-Hilton, Pembrokeshire 50+ – resigned in November  
2025 due to ill health.

+Co-opted Trustee

Honorary Secretary - Steve Milsom  
Secretariat – Kathy Lye – Age Cymru

## Appendix 2

### **CYMRU OLDER PEOPLE'S ALLIANCE (COPA) ANNUAL ACCOUNTS 2024-25**

#### **INCOME**

BANK BALANCE B/FWD £16,003.75

Welsh Government/Age Cymru Grant £2,075.37

**TOTAL INCOME £2,075.37**

#### **Expenditure**

Tantrwm Limited (Domain Web Hosting)19/04/24	£72.00
Gillian Davies T&S Board Meeting 04/10/24	£12.00
Gillian Davies T&S Board Meeting 04/10/24	£12.00
Gillian Davies T&S Board Meeting 04/10/24	£13.00
Gillian Davies T&S Board Meeting 04/10/24	£14.20
Gillian Davies T&S Board Meeting 04/10/24	£14.20
Print Partnership (Printing) 22/10/24	£130.32
Mrs M Roach AGM T&S 22/11/24	£27.00
Gillian Davies AGM T&S 22/11/24	£29.90
Steve Milsom AGM T&S 25/11/24	£27.50
Angela Tritschler AGM T&S 25/11/24	£50.75
Gold Diamond D Swansea (Acc.) 04/12/24	£596.28
Gaynor E Davies AGM T&S 04/12/24	£75.20
Artis Community (YMa) 23/12/24	£124.75
Siva Sivapalan AGM T&S 31/12/24	£55.10
Gillian Davies T&S Board Meeting 07/02/25	£13.40
Gillian Davies T&S Board Meeting 07/02/25	£18.75
Gillian Davies T&S Board Meeting 03/03/25	£14.00
Yvonne Apsitis T&S Stationary Paper 25/01/25	£09.80
Yvonne Apsitis T&S Board Meeting 12/02/25	£30.00
Yvonne Apsitis T&S Board Meeting 17/03//25	£36.00

**TOTAL EXPENDITURE** **£1,376.35**

**OPENING BANK BALANCE** **£16,003.75**

**ADD: INCOME RECEIVED** **£ 2,075.37**

**LESS: EXPENDITURES** **£ 1,376.35**

**\*CLOSING BANK BALANCE** **£16,702.77**

**\*Note – This includes a Reserve of £8,000 held in accordance with the agreed COPA reserves policy.**

**CYMRU OLDER PEOPLE'S ALLIANCE**

England & Wales - Charity number 1174518

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# Accounts

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Cynghrair Pobl Hŷn Cymru  
Cymru Older People's Alliance

**CYMRU OLDER PEOPLE'S ALLIANCE**  
**ANNUAL REPORT AND ACCOUNTS 2023 – 2024**

**APPROVED AT ANNUAL GENERAL MEETING ON 19 NOVEMBER 2024**

November 2024



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## Foreword

I am very pleased to present this seventh Annual Report for Cymru Older People's Alliance since we have become a registered charity to give a national voice for 50 plus Forums and Groups across Wales.

The last 12 months have again been challenging for older people as substantial impacts on their lives have continued through the cost-of-living crisis and impacts of the pandemic on older people. We are pleased that our charity has been able to make an influential contribution to the response by ensuring the voice of the 50+ Forums has been heard at the national level in discussions on age and ageing and advice about it has been disseminated on a very regular basis.

The Board and Sub Committees have met quarterly over the last year, and we have also organised regular meetings with Forum Representatives. We continue to make sure that the independent and self-determined voice of older people is heard. We also try to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and a range of other representative and consultative groups. We have been particularly active in campaigning on age discrimination, poverty in later life, reform of social care and digital exclusion. We have continued to ensure that our Charity is well managed and continues to meet the Charity Commission requirements for registered charities.

Looking ahead over the next 12 months, there are a number of challenges and opportunities. The Welsh Government's Strategy for an Ageing Society provides a good framework to make progress. In particular the creation of Age Friendly Communities offers real potential to engage with older people and improve their lives. I do however have concerns that older people are not being given sufficient priority in all Council areas and that the contribution that active and supported Forums can make is not being recognised widely enough. Genuine partnership and co-production with local older people must become the norm in all parts of Wales.

In closing, I want to inform you that after a number of enjoyable years with COPA I shall be retiring as Chair and Trustee at this year's AGM. I also want to acknowledge the significant contribution that Steve Milsom has made to COPA since 2017. Steve was Chair for 5 years and is standing down as a trustee after completing the two terms permitted. He has most recently been Honorary Secretary of COPA and will continue in that role on a voluntary basis. I must also thank Age Cymru who have given us excellent support over the last year, and we are very grateful to Vicki, Kathy, and the team. We are also most grateful for the support and engagement that we received from Helena Herklots, the former Commissioner for Older People, and her team. We look forward to working closely with her successor Rhian Bowen Davies. Finally, thanks are due to all our Trustees and Forum Representatives for their hard work.

Ralph Stevens  
Chair, Cymru Older People's Alliance

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## **Introduction**

1. The challenges for Cymru Older People's Alliance (COPA) have continued during 2023 – 2024, with many older people's forums struggling to continue. This report is the eighth Annual Report since we became a Registered Charity and covers the period from 1 December 2023 to 30 November 2024, although our accounts cover the 2023-24 financial year.

## **Context**

2. COPA has been recognised by Welsh Government as the national charity to lead and support 50+ forums in Wales and they have provided small-scale development funding since 2014.
3. COPA brings together the views, opinions, and concerns of local older people's forums to the all-Wales level. This provides a strong, credible, and coherent voice to government at all levels and represents what older people want and need. COPA is a group that has existed in different forms and titles since 2001, initially working under the umbrella of the Welsh Government's Strategy for Older People. As such, it has a strong tradition of influencing policy and practice for older people in Wales. It is a genuinely independent organisation – a voice for older people led by older people. COPA challenges ageism and lobbies government nationally and locally through forums so older people are properly consulted and involved in decisions that affect them and their communities.
4. The future direction of COPA continues to be discussed and agreed with members across all parts of Wales through regular engagement with forums.

## **The Board**

5. The Board of Trustees (see Appendix 1) has met regularly over the last 12 months with structured agendas and an agreed Business Plan. COPA has worked hard to devise, debate and review position papers and policies and to ensure that we fulfil Charity Commission requirements. We have made progress on some priority issues impacting on older people that we have raised in our discussions with Welsh Government Ministers and officials, and with the Older People's Commissioner for Wales as well as other Public Bodies.

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## **Reporting on Key Objectives**

6. In the last 12 months, COPA has been fully operational as a Registered Charity. A Board of 11 Trustees, including 4 co-opted Trustees, meet quarterly. The COPA Board has addressed a range of issues over the last year and a short summary of the action taken is provided for the main objectives in our Business Plan for 2023 – 24.

## **Governance of the Charity**

7. Our Annual Report and Financial Statement agreed at our 2023 AGM were published to the Charity Commission website with our Annual Accounts. COPA has continued to work hard to fulfil Charity Commission governance requirements.
8. We secured continuing Welsh Government funding for 2023 – 24 and expenditure has been monitored and reviewed on a regular basis. The funding has and will continue to be claimed on a need's basis.
9. Board meetings have been held on a quarterly basis (hybrid) to ensure COPA's continued contribution on behalf of older people's forums. Quarterly meetings have also been held of the Communications, Policy, and Finance Committees. Bi-Monthly meetings were also held with Forum Representatives.
10. We have implemented a new COPA branding; logo n updated website and progressed a communications and marketing plan to promote the charity and give a bolder voice to older people's representation.
11. Recruitment for new co-opted and elected Trustees was undertaken and one new Elected Trustee and one new Co-opted Trustee have been appointed.
12. A Business Plan was agreed for 2024 – 25 and has been submitted to Welsh Government.
13. We held an all-day Conference and AGM in Swansea face to face but also on a hybrid basis with hubs in, Anglesey, Conwy, and Pontypridd as well as for delegates at home.

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## Policy Work on Behalf of Older People

14. The last 12 months have again been challenging for older people as economic factors have made substantial impacts on their lives. We are pleased that our charity has been able to continue to make an influential contribution to the response by ensuring the voice of the 50+ Forums has been heard at the national level in discussions a wide range of issues and information and advice about it has been disseminated on a very regular basis.
15. Communication has continued with the Deputy Minister for Health and Social Care and her officials through meetings and letters. We have responded to Welsh Government and other consultations on issues relevant to older people. In particular we have worked with other organisations to oppose a Welsh Government consultation which proposed a £20 a week increase in fees paid by some older and disabled people for the personal care they receive at home. We joined over seventy organisations across the UK in supporting a Statement of Intent to shine a light on pensioner poverty and its serious impacts.
16. COPA has worked with and supported the Commissioner and Councils in progressing Age Friendly Communities (AFCs) in Wales. From COPA's position of strong support for the concept and practice of AFCs, we have written to the Welsh Government and new Commissioner to set out the issues we think need to be addressed to make Wales an age friendly nation on a more comprehensive and consistent basis.
17. We have campaigned on key issues affecting the lives of older people including health and social care, transport, digital inclusion and have published an article on 'banishing age discrimination to history.' COPA responded to the UK Parliament's Welsh Affairs Committee Call for Evidence on Access to Cash. COPA contributed to the Senedd Finance Committee's engagement programme for the inquiry into Welsh Government Draft Budget 2025-26. We have developed an effective dialogue with the new Llais – Health and Social Care and with the Future Generations Commission.
18. COPA has continued to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. Although as a registered charity COPA is entirely politically impartial, we wrote in the same terms to all of the main political parties with the aim of influencing the debate in the

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General Election on 4 July 2024 in respect of older people. Our “Manifesto” for Older People” set out a prospectus that identifies the key strategic and policy changes that COPA wants to see considered by the UK Government to benefit older people in Wales.

19. A strategic review of our Charity has continued, and action agreed to bring about fundamental change in the impact we are able to make. A Forum Development Action Plan as a basis for COPA to support revitalisation of Forums across Wales has continued its implementation. We have written to the new Minister and new Commissioner for Older People to secure their support for revitalization of Forums to help further progress implementation of Age Friendly Communities in Wales.
20. COPA has Membership of the following national level groups with feedback to Trustees and Voting Members.
  - a. Ministerial Advisory Forum on Ageing in Wales
  - b. Cross Party Group on Older People and Ageing
  - c. Cross Party Group on Intergenerational Solidarity
  - d. Commissioner for Older People National Organisations Chair’s Group
  - e. Commissioner’s National Partnership Group for Age Friendly Communities
  - f. Commissioner for Older People – Abuse Action Group
  - g. Commissioner for Older People – Community of Practice

### **Engagement of forums**

21. The ‘buddying’ scheme with Forum Chairs continues to ensure sustained engagement with the membership. Under the scheme, Trustees establish and maintain contact with Chairs to offer support for their local work and campaigning and create a two-way dialogue to inform COPA’s work. This scheme is now being reviewed.
22. Over the last 12 months we have held regular meetings with Forum Representatives to ensure dialogue between national and local levels is improved. A variety of issues have been discussed.

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## Looking forward

23. The Board of Trustees has agreed its priorities and a new Business Plan for 2024 – 25. The main priorities that will be targeted cover:

- i. Make a difference to the lives of older people in particular through activity that i. creates age friendly communities ii. addresses isolation, loneliness, and digital inclusion iii. increases intergenerational solidarity iv. promotes well-being.
- ii. Contributing to the implementation of the new Strategy for an Ageing Society including through membership of the Ministerial Advisory Forum on Ageing.
- iii. Working directly with Forums and Groups across all parts of Wales and work with Councils to support creation of Age Friendly Communities.
- iv. Implement our new Communications and Marketing Plan on a phased basis to improve understanding and awareness of COPA, for our charity to become more influential and project our values of the place of older people in society.
- v. Ensure that the Board has sufficient capacity and range of skills and knowledge required by completing a recruitment exercise to identify and appoint new and replacement elected trustees.
- vi. Identify new opportunities to increase capacity and raise funding for COPA to enhance its role as the national voice for 50+ forums in Wales.

24. As a result of our Strategic Review, we will continue to implement the programme of development. We will aim to change and grow our charity and increase its impact, capacity, and resources to enable us to maximise the potential of COPA to support the revitalisation of forums and ensure older people in communities across Wales are effectively engaged. Our Engagement Framework will be utilised to ensure that this is done on the basis of key principles of equity and fairness.

25. Over the next year, we will continue to promote an effective voice for our charity through the marketing strategy and new brand identity. This will include making improvements to communication in order to

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raise awareness of who we are and what we do. It is vital that we continue to ensure that older people's voices are heard through co-production at the planning stages of national policies, legislation, and policies. Our focus will be on engaging and improving communication with all the local 50+ forums across Wales. Campaigning priorities for the period to the Senedd Elections in 2026 have been developed to provide prioritisation and direction.

26. We believe that working in partnership is the only way forward and will always aim to co-operate and engage with other older people's organisations to ensure a coherent voice is heard from older people in Wales. We will of course build on our strong partnership working with Welsh Government, the Older People's Commissioner, Age Cymru, and County Councils as well as with the other national older people's organisations.
27. The Welsh Government Strategy for an Ageing Society and associated Delivery Plan provides a framework for COPA's policy work on behalf of older people, and we want to ensure the views of Forums are taken into account in the implementation of its objectives.

## **Finances**

28. Total funding for 2023 – 24 agreed by the Welsh Government was £8000 This funding is drawn down when there is a clear need and demand demonstrated.
29. On 31 March 2024, COPA held a bank balance of £16,011.05. including reserves of £8000. There are robust and effective arrangements for the monitoring and accountability for this expenditure through policies and processes agreed by the Board. The Treasurer, one of the Trustees, oversees these arrangements and reports to the Board on a regular basis. Any risks to the achievement of objectives and related expenditure are identified and addressed on an ongoing basis through our Risk Management policy.

## **Conclusions**

30. COPA's strongest public benefit is enabling older people to have the confidence and access to change the conversation about ageing in Wales to one that is lead from the experience of older people about their needs and what works best for them in an age-friendly country. The next 12 months will be critical as we continue to work with others

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to respond to the cost-of-living crisis impacting on older people and ensure that 50+ forums in Wales have a viable and sustainable future and that their contribution to shaping and creating Age Friendly Communities is recognised and supported at all levels of government.

COPA Board  
November 2024

Cymru Older People's Alliance  
c/o Age Cymru  
Mariners House  
Trident Court  
East Moors Road  
Cardiff CF24 5TD

[www.copacharity.com](http://www.copacharity.com)

029 2043 1555

[Cymru.older.peoples.alliance@gmail.com](mailto:Cymru.older.peoples.alliance@gmail.com)

---

## Appendix 1

### The Board of Trustees

Dr Ralph Stevens - Chair and Communications Officer – Caerphilly Over 50

Chris Thomas – Vice Chair, Policy Officer - Anglesey Older People's Council

Siva Sivapalan – Treasurer, Cardiff 50 plus

+ Steve Milsom – Honorary Secretary and Policy Officer – Caerphilly Over 50s

+ Huw Bendall – Governance Officer - Cardiff 50 plus

+ Andrew Hinchliff – Conwy

Mollie Reach – Pembrokeshire 50 Plus

Gilly Davies – Communications, Vale of Glamorgan 50 plus

Rachel Luxton – Communications, Swansea Ageing Well

\* Dilys Jouvenat – Rhondda Cynon Taf Older Persons Advisory Group (OPAG)

\* Yvonne Apsitis, - Llandaff 50+

+Co-opted Trustee

\*New Trustee – to be ratified at AGM 2024

**Appendix 2**  
**CYMRU OLDER PEOPLE'S ALLIANCE**  
**ANNUAL ACCOUNTS 2023-24**  
**INCOME**  
**EXPENDITURE**

**BANK BALANCE B/FWD**

**£12536-34**

Welsh Government/Age Cymru Grant £8,000.00  
(Received on 18<sup>th</sup> December 2023)

L Finn T&S Board Meeting 15/6/23 £11-10  
A Tritschler T&S Board Meeting 15/6/23 £11-95  
L Finn T&S Board Meeting 20/7/23 £18-60  
A Tritschler T&S Board Meeting 20/7/23 £15-80  
Donation to charity 20/9/23 £25-00  
L Finn T&S Board Meeting 21/9/23 £10-00  
A Tritschler T&S Board Meeting 21/9/23 £15-50  
Trosol (Website) 31/10/23 £647-14  
G Davies AGM Travel 16/11/23 £21-63  
A Tritschler AGM Exp 16/11/23 £72-51  
C Williams AGM Travel 16/11/23 £5-45  
G &K Davies AGM T&S 16/11/23 £247-00  
M Roach AGM T&S 16/11/23 £262-95  
Café Cwtch AGM Buffet at YMa 16/11/23 £300-00  
Swansea Hub Buffet 17/11/23 £342-00  
Becws Mon AGM Buffet 20/11/23 £100-38  
Menai Science Park 22/11/23 £69-00  
Production 78 IT for AGM 22/11/23 £1543-20  
Artis YMa Hall & refreshments 4/12/23 £223.00  
A Hinchliff AGM T&S 14/12/23 £27-00  
(G Davies Travel Board Meeting 14/12/23 £7-30  
S Challinor AGM T&S 14/12/23 £18-90  
Caerphilly 50 + Forum Grant 4/3/2024 £200.00  
The Brocker Network (Insurance) £337.18

**TOTAL INCOME £ 8,000 .00**

**TOTAL EXPENDITURE £ 4,532.59**

**OPENING BANK BALANCE £12,536.34**

**ADD: INCOME RECEIVED £ 8,000.00**

**LESS: EXPENDITURES £ 4,532.59**

**\*CLOSING BANK BALANCE £ 16,003.75**

\*Note – this includes a Reserve of £8,000 held in accordance with the agreed COPA reserves policy

**COPA/SPS/30/9/2024**

**CYMRU OLDER PEOPLE'S ALLIANCE**

England & Wales - Charity number 1174518

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# Accounts

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AS AGREED, AT AGM 16 NOVEMBER 2023



# **CYMRU OLDER PEOPLE'S ALLIANCE**

## **ANNUAL REPORT AND ACCOUNTS 2022 – 2023**

September 2023

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AS AGREED, AT AGM 16 NOVEMBER 2023

## **Foreword**

S G Milsom  
Chair, Cymru Older People's Alliance

## **Introduction**

1. The year 2022 – 2023 has been a challenging time for Cymru Older People's Alliance (COPA), with many older people's forums struggling to continue owing to the effects of the Covid pandemic. This report is the seventh Annual Report since we became a Registered Charity and covers the period from 1 December 2022 to 31 November 2023, although our accounts cover the 2022-23 financial year only.

## **Context**

2. COPA has been recognised by Welsh Government as the national charity to lead and support 50+ forums in Wales and they have provided small-scale development funding since 2014.
3. COPA brings together the views, opinions, and concerns of local older people's forums to the all-Wales level. This provides a strong, credible, and coherent voice to government at all levels and represents what older people want and need. COPA is a group that has existed in different forms and titles since 2001, initially working under the umbrella of the Welsh Government's Strategy for Older People. As such it has a strong tradition of influencing policy and practice for older people in Wales. It is now a genuinely independent organisation – a voice for older people led by older people. COPA challenges ageism and lobbies government nationally and locally through forums so older people are properly consulted and involved in decisions that affect them and their communities.
4. The future direction of COPA continues to be discussed and agreed with members across all parts of Wales through regular engagement with forums.

## **The Board**

5. The Board of Trustees (see Appendix 1) has met regularly over the last 12 months with structured agendas and an agreed Business Plan. COPA has worked hard to devise, debate and review position papers and policies and to ensure that we fulfil Charity Commission requirements. We have made progress on some priority issues impacting on older people that we have raised in our discussions with Welsh Government Ministers and officials, and with the Older People's Commissioner for Wales as well as other Public Bodies.

## **Reporting on Key Objectives**

6. In the last 12 months, COPA has been fully operational as a Registered Charity. A Board of 11 Trustees, including 4 co-opted Trustees, meet monthly. The COPA Board has addressed a range of issues over the last year and a short summary of the action taken is provided for the main objectives in our Business Plan for 2023 – 24.

## **Governance of the Charity**

7. Our Annual Report and Financial Statement agreed at our 2022 AGM were published to the Charity Commission website with our Annual Accounts.
8. We secured continuing Welsh Government funding for 2023 – 24 and expenditure has been monitored and reviewed on a regular basis. The funding will continue to be claimed on a need's basis.
9. Board meetings have been held on a monthly basis (initially virtually but now hybrid) to ensure COPA's continued contribution on behalf of older people's forums. Monthly meetings were also held virtually with Forum Representatives.
10. We have developed a new COPA branding, logo, website as well as a communications and marketing plan to promote the charity and give a bolder voice to older people's representation.
11. Recruitment for new co-opted and elected Trustees was undertaken and one new Co-opted Trustee and 3 replacement Elected Trustees have been appointed for those retiring.
12. A Business Plan was agreed for 2023 – 24 and has been submitted to Welsh Government.
13. We held an all-day Conference and AGM in Cardiff in November 2022 on a face to face/hybrid basis. This was the first time we had been able to meet since the start of the pandemic. The 2023 AGM/Conference will be held on the same basis in November.

## **Policy Work on Behalf of Older People**

14. The charity has been able to continue to make an influential contribution by ensuring the voice of the 50+ forums has been heard at the national level in discussions about older people's issues, and information and advice has been disseminated on a regular basis.
15. COPA has continued to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. We have been involved in the monitoring of implementation of the Welsh Government's Strategy for an Ageing Society Delivery Plan.

16. Communication has continued with the Deputy Minister for Health and Social Care through meetings and letters. We have responded to Welsh Government and other consultations on issues relevant to older people.
17. COPA has worked with and supported the Commissioner and Councils in progressing Age Friendly Communities in Wales.
18. A Framework for Engagement of older people in developing Age Friendly Communities has been published following consultation with Forum Representatives. A statement was subsequently published to reiterate our support for Age Friendly Communities and set out the key principles and expectations for engaging co-productively with older people.
19. We have promoted Independent Representation of Older People/Co-production through publication of an article in an academic journal and disseminated it in the age sector in Wales. We have also published an article on 'banishing age discrimination to history' which was similarly disseminated.
20. We have written to Ministers about the Expert Group Report on National Care and Support Service and its recommendations and the issues relating to older people that we want to see considered in forthcoming consultations on this issue. We have engaged constructively with Llais – the new national, independent body set up to give the people of Wales a stronger voice in their health and social care services.
21. COPA Trustees are members of the following national level groups with feedback provided to Forum Representatives.
  - a. Ministerial Advisory Forum on Ageing in Wales
  - b. Cross Party Group on Older People and Ageing
  - c. Cross Party Group on Intergenerational Solidarity
  - d. Commissioner for Older People National Organisations Group
  - e. Commissioner's National Partnership Group for Age Friendly Communities
  - f. Commissioner for Older People – Action Group on Elder Abuse
22. There are a range of key national policy issues where we monitor developments and secure COPA involvement and intervention where needed.
  - Age Discrimination
  - Cost of living
  - Recovery of society from Covid-19
  - Isolation and loneliness
  - Digital inclusion
  - Promoting Age Friendly Communities
  - Working with Ageing Well
  - Paying for care
  - Transport including bus passes
  - NHS and older people

- Care home quality of care and life
- Implementation of Social Services and Well-Being (Wales) Act 2014
- Public Toilets Strategy implementation
- UK benefits for older people including TV licence for over seventy-fives

## **Engagement of forums**

23. The 'buddying' scheme with Forum Chairs continues to ensure sustained engagement with the membership. Under the scheme, Trustees establish and maintain contact with Chairs to offer support for their local work and campaigning and create a two-way dialogue to inform COPA's work.
24. Monthly Forum Representatives meetings continue to be held virtually to improve communications with forums and to engage them with COPA's plans – 17 forums from the twenty-two local authority areas are COPA members. These meetings have also brought contributions from other organisations as a basis for debate and engagement. Development of our policies has been undertaken in consultation with forums.
25. The Forum Development Plan has been taken forward. It sets out our proposals for action and is being utilised as a basis for dialogue with Welsh Government and other key partners to move forward this agenda.
26. A pilot scheme to scope the support required by individual forums has been commenced. Interviews with forum members have taken place and further work will be taken forward in the next 12 months.
27. A Forum Grants Programme was initiated to support member forums to hold events to re-start activities post-Covid and to attract potential new members. This scheme was extended to the end of 2023 - 24 given the uncertainties about the pandemic and recovery from it.

## **Looking forward**

28. The Board of Trustees has agreed its priorities and a new Business Plan for 2023 – 24. The main priorities that will be targeted cover:
  - i. Make a difference to the lives of older people in particular through activity that i. creates age friendly communities ii. addresses isolation, loneliness, and digital inclusion iii. increases intergenerational solidarity iv. promotes well-being – all in the context of the Covid-19 reconstruction and measures to address cost of living pressures.
  - ii. Contributing to the shaping and implementation of the new Strategy for an Ageing Society including through membership of the Ministerial Advisory Forum on Ageing.

- iii. Working directly with Forums and Groups across all parts of Wales to implement the programme of reform and revitalisation of forums in Wales.
  - iv. Implement our new Communications and Marketing Plan on a phased basis to improve understanding and awareness of COPA, for our charity to become more influential and project our values of the place of older people in society.
  - v. Ensure that the Board has sufficient capacity and range of skills and knowledge required by completing a reformed recruitment exercise to identify and appoint new and replacement elected trustees.
  - vi. Identify new opportunities to increase capacity and raise funding for COPA to enhance its role as the national voice for 50+ forums in Wales.
29. As a result of our Strategic Review, we will continue to implement the programme of development. We will aim to change and grow our charity and increase its impact, capacity, and resources to enable us to maximise the potential of COPA to support the revitalisation of forums and ensure older people in communities across Wales are effectively engaged. Our Engagement Framework will be utilised to ensure that this is done on the basis of key principles of equity and fairness.
30. Over the next year, we will seek to achieve a bolder and more effective voice for our charity through the marketing strategy and new brand identity. This will include making improvements to communication in order to raise awareness of who we are and what we do. It is vital that we continue to ensure that older people's voices are heard through co-production at the planning stages of national policies, legislation, and policies. Our focus will be on engaging and improving communication with all the local 50+ forums across Wales. Campaigning priorities for the next year have been developed to provide prioritisation and direction.
31. We believe that working in partnership is the only way forward and will always aim to co-operate and engage with other older people's organisations to ensure a coherent voice is heard from older people in Wales. We will of course build on our strong partnership working with Welsh Government, the Older People's Commissioner Age Cymru, and County Councils as well as with the other national older people's organisations.
32. The Welsh Government Strategy for an Ageing Society and associated Delivery Plan will provide a refreshed framework for COPA's policy work on behalf of older people, and we want to ensure the views of Forums are taken into account in the implementations of its objectives.

## Finances

33. Total funding for 2022 – 23 agreed by the Welsh Government was £6,400. A decision was taken by the Board in March 2021 not to drawdown further Welsh Government funding unless there was a clear need and demand demonstrated. This has continued during the latest financial year and is reflected in our verified accounts for the 2022 - 23 financial year at Appendix 2. This shows that as at the 4 April 2023, COPA hold a bank balance of £12,536.34 including reserves of £8,000. There are robust and effective arrangements for the monitoring and accountability for this expenditure through policies and processes agreed by the Board. The Treasurer, one of the Trustees oversees these arrangements and reports to the Board on a regular basis. Any risks to the achievement of objectives and related expenditure are identified and addressed on an ongoing basis through our Risk Management policy.

## Conclusions

34. COPA's strongest public benefit is enabling older people to have the confidence and access to change the conversation about ageing in Wales to one that is led from the experience of older people about their needs and what works best for them in an age-friendly country. The next 12 months will be critical as we continue to work with others to respond to the cost-of-living crisis, support recovery from the pandemic and ensure that 50+ forums in Wales have a viable and sustainable future and that their contribution to shaping and creating Age Friendly Communities is recognised and supported at all levels of government.

COPA Board  
November 2023

Cymru Older People's Alliance  
c/o Age Cymru  
Mariners House  
Trident Court  
East Moors Road  
Cardiff CF24 5TD

[www.copacharity.com](http://www.copacharity.com)

029 2043 1555

[Cymru.older.peoples.alliance@gmail.com](mailto:Cymru.older.peoples.alliance@gmail.com)

## **Appendix 1**

### **The Board of Trustees**

+ Steve Milsom – Chair and Policy Officer – Caerphilly Over 50s

Dr Ralph Stevens -Vice Chair and Communications Officer – Caerphilly Over 50

Angela Tritschler – Treasurer – RCT OPAG/50 plus\*

Lyn Finn - Events Officer – Cardiff 50 plus\*

+ Huw Bendall – Governance Officer - Cardiff 50 plus

+ Andrew Hinchliff – Conwy

Susanne Jones- Gwynedd Older Peoples Council\*

Hazel Maguire – Swansea Ageing Well\*

Mollie Reach – Pembrokeshire 50 plus

Chris Thomas – Policy Officer - Anglesey Older People's Council

Siva Sivapalan – Cardiff 50 plus @

Gilly Davies – Val of Glamorgan 50 plus @

Rachel Luxton – Swansea Ageing Well@

+Co-opted Trustee

\*Retiring Trustee AGM 2023

@New Trustee – to be ratified at AGM 2023

## Appendix 2

### CYMRU OLDER PEOPLE'S ALLIANCE

#### ANNUAL ACCOUNTS 2022-23

##### INCOME

Age UK £6400.00 25/11/22

##### EXPENDITURE

Grant to Pembs 50+Forum	£200.00	4/4/22
Carys M Thomas COPA Branding	£808.22	1/8/22
Facebook Adverts	£53.06	3/8/22
Rock Level Website Domain	£293.16	16/9/22
Caerphilly Choir Deposit	£50.00	16/9/22
Carys M Thomas Branding	£2213.20	11/10/22.
Future Inn Conference Exp	£3400.40	18/11/22
Caerphilly Choir Balance Invoice	£520.00	21/11/22
Attendees Conference T&S	£563.25	21/11/22
Carys M Thomas Branding	£2222.00	5/1/23.
Llanfairfechan Comm Hall	£40.00	12/1/23
Tantrwm Ltd Website	£3600.00	31/1/23
Edwards Insurance	£318.16	14/3/23

**TOTAL INCOME £6400.00**

**TOTAL EXPENDITURE £ 14,281.45**

**OPENING BANK BALANCE £20,417.79**

**ADD: INCOME £6400.00**

**LESS: EXPENDITURE £14,281.45**

**CLOSING BANK BALANCE £12,536.34**

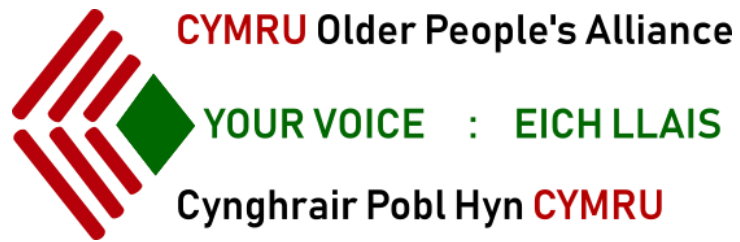
**CYMRU OLDER PEOPLE'S ALLIANCE**

England & Wales - Charity number 1174518

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# Accounts

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**CYMRU OLDER PEOPLE'S ALLIANCE**  
**ANNUAL REPORT AND ACCOUNTS 2021–2022**

November 2022

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## Foreword

I am very pleased to present this sixth Annual Report for Cymru Older People's Alliance since we have become a registered charity to give a national voice for 50 plus forums and groups across Wales.

The last 12 months have again been challenging for older people as substantial impacts on their lives has continued through the pandemic. We are pleased that our charity has been able to make an influential contribution to the response by ensuring the voice of the 50+ Forums has been heard at the national level in discussions with the Commissioner about Covid-19 and information and advice about it has been disseminated on a very regular basis. We will need to campaign for older people's needs to be prioritised as society recovers from the pandemic and the implications for their lives and health become clearer.

The Board have met monthly over the last year and we have also organised monthly meetings with Forum Representatives. Since our last Annual Report was presented to a successful virtual AGM in January 2022, there has been good progress made. We continue to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. Our strategic review has continued and action agreed to bring about fundamental change in the impact we are able to make. Reform and revitalisation of Forums across Wales has continued to be a priority for the Board. Whilst a Forum Development Plan is in place and a project to provide tailored support for Forums commenced, the return to normal arrangements for local Forums is still patchy and slow. I am particularly pleased that with Forum Representatives, we have developed and consulted on a new 'Criteria Framework for the Engagement of Older People in the Development of Age Friendly Communities'. We have continued to ensure that our charity is well managed and continues to meet the Charity Commission requirements for registered charities.

Looking ahead over the next 12 months, there are a number of challenges and opportunities. Ensuring the position of older people is presented robustly in how the cost-of-living crisis is handled will be essential. The Welsh Government's Strategy for an Ageing Society has been published and we will want to ensure that COPA and the forums influence the effective implementation of its Delivery Plan including how local AFCs are implemented. Above all else, we must prioritise our efforts to grow our charity and its capability, capacity, and resources so that we can better support 50+ forums across Wales. This will empower our work with Welsh Government and others to make sure that Age Friendly Communities are developed across Wales.

In closing, I want to thank Age Cymru who have given us excellent support over the last year and we are very grateful to Vicki, Kathy, and Rachel. We are also most grateful for the support and engagement that we receive from Helena Herklots, our Commissioner for Older People, and her team. Finally, thanks are due to all our Trustees and Forum Representatives for their hard work.

S G Milsom  
Chair, Cymru Older People's Alliance

## **Introduction**

1. The year 2021–2021 has been another challenging period for Cymru Older People's Alliance (COPA) and for Wales, particularly given the substantial impact of the Covid pandemic on the lives of older people. This report is the sixth Annual Report since we became a Registered Charity and covers the period from 1 December 2021 to 31 November 2022 although our accounts cover the 2021-22 financial year only.

## **Context**

2. COPA has been recognised by Welsh Government as the national charity to lead and support 50+ forums in Wales and they have provided small-scale development funding since 2014. Resources for further changes are available to ensure COPA becomes a stronger and more democratic organisation.
3. COPA brings together the views, opinions, and concerns of local older people's forums to the all-Wales level. This provides a strong, credible, and coherent voice to government at all levels and represents what older people want and need. COPA is a group that has existed in different forms and titles since 2001, initially working under the umbrella of the Welsh Government's Strategy for Older People. As such it has a strong tradition of influencing policy and practice for older people in Wales. It is now a genuinely independent organisation – a voice for older people led by older people. COPA will challenge ageism and lobby government nationally and locally through forums so older people are properly consulted and involved in decisions that affect them and their communities, built on the evidence of what is the most effective in giving everybody the opportunity to age well.
4. The future direction of COPA has continued to be discussed and agreed with members across all parts of Wales through regular engagement with forums.

## **The Board**

5. The Board of Trustees (see Appendix 1) has met regularly over the last 12 months with structured agendas and an agreed Business Plan. COPA has worked hard to devise, debate and review position papers and policies and to ensure that we fulfil Charity Commission requirements. We have made progress on some priority issues impacting on older people that we have raised in our discussions with Welsh Government Ministers and officials and with the Older People's Commissioner for Wales.

## **Reporting on Key Objectives**

6. In the last 12 months, COPA has been fully operational as a Registered Charity. A Board of 11 Trustees, including 4 co-opted Trustees, meet monthly. The COPA Board has addressed a range of issues over the last year and a short summary of the action taken is provided for the main objectives in our Business Plan for 2022–23.

## **Governance of the Charity**

7. Our Annual Report and Financial Statement agreed at our 2021 AGM (held in January 2022) were published to the Charity Commission website with our Annual Accounts.
8. Revisions to the COPA constitution that were presented to the last AGM and notification were agreed by the Charity Commission
9. We secured continuing Welsh Government funding for 2022–23 and expenditure has been monitored and reviewed on a regular basis. A decision was taken to revert to an approach of only claiming funding on a need's basis rather than automatically each quarter.
10. Continuing through the pandemic restrictions, Board meetings have been held virtually on a monthly basis to ensure COPA's continued contribution on behalf of older people's forums. Monthly meetings were also held virtually with Forum Representatives (previously known as Voting Members).
11. A strategic review of COPA, its purpose and structure were completed and as a result support has been secured to undertake a review of the future of the charity and its branding to increase awareness and improve perception, which commenced in June 2022.
12. Recruitment for new co-opted and elected Trustees was undertaken and one new Elected Trustee and one new Co-opted Trustee have been appointed.
13. A Business Plan was agreed for 2022–23 and has been submitted to Welsh Government.

## **Policy Work on Behalf of Older People**

14. The charity has been able to continue to make an influential contribution to the response to the pandemic by ensuring the voice of the 50+ forums has been heard at the national level in discussions about Covid-19 and information and advice about it has been disseminated on a regular basis.
15. COPA has continued to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. We have been fully involved in the development of the Welsh Government's Strategy for an Ageing Society and related Delivery Plan.

16. A Forum Development Plan published as a basis for reform and revitalisation of Forums across Wales has been progressively implemented.
17. Communication has continued with the Deputy Minister for Health and Social Care through meetings and letters. We have responded to a variety of Welsh Government and other consultations on issues relevant to older people.
18. COPAs has worked with and supported the Commissioner in developing Age Friendly Communities in Wales and produced following consultation with Forum Representatives, a criteria Framework for the Engagement of Older People in Developing AFCs.
19. The Board and Forum Representatives made a case to the Welsh Government for the role of Older People's Champions to be revitalised at a political level in councils. Following dialogue with our charity, Welsh Government published guidance on the appointment of Age Friendly Champions and a number have already been appointed and made contact with their local forum.
20. COPA Trustees are members of the following national level groups with feedback provided to Forum Representatives;
  - a. Ministerial Advisory Forum on Ageing in Wales
  - b. Cross Party Group on Older People and Ageing
  - c. Cross Party Group on Intergenerational Solidarity
  - d. Commissioner for Older People Covid-19 National Organisations Group
  - e. Commissioner for Older People – Action Group on Elder Abuse
21. There are a range of key national policy issues where we monitor developments and secure COPA involvement and intervention where needed.
  - Cost of living
  - Recovery of society from Covid-19
  - Isolation and loneliness
  - Digital inclusion
  - Promoting Age Friendly Communities
  - Working with Ageing Well
  - Paying for care
  - Transport including bus passes
  - NHS and older people
  - Care home quality of care and life
  - Implementation of Social Services and Well-Being (Wales) Act 2014
  - Public Toilets Strategy implementation
  - UK benefits for older people including TV licence for over 75s

### **Engagement of forums**

22. The 'buddying' scheme with Forum Chairs continues to ensure sustained engagement with the membership. Under the scheme, Trustees establish and

maintain contact with Chairs to offer support for their local work and campaigning and create a two-way dialogue to inform COPA's work.

23. Monthly Forum Representatives meetings continued to be held virtually to improve communications with forums and to engage them with COPA's plans – 17 of the 22 forums are COPA members. These meetings have also brought contributions from other organisations as a basis for debate and engagement. Development of our policies has been undertaken in consultation with forums.
24. A Forum Development Plan agreed by the Board as a basis for reform and revitalisation of forums across Wales has been taken forward. It sets out our proposals for action and is being utilised as a basis for dialogue with Welsh Government and other key partners to move forward this agenda. Further action to scope the tailored support required by individual forums through a pilot scheme has commenced.
25. A Forum Grants Programme was initiated to support member forums to hold events to re-start activities post-Covid and to attract potential new members. This scheme will be extended into 2023-24 given the uncertainties about the pandemic and recovery from it.

## **Looking forward**

26. The Board of Trustees has agreed its priorities and a new Business Plan for 2022–23. The main priorities that will be targeted cover:
  - i. Make a difference to the lives of older people in particular through activity that i. addresses the consequences of increases in cost of living (including energy) for older people ii. creates age friendly communities iii. addresses isolation and loneliness iv. increases intergenerational solidarity v. promotes well.
  - ii. Contributing to the shaping and implementation of the new Strategy for an Ageing Society and Delivery Plan including through membership of the Ministerial Advisory Forum on Ageing.
  - iii. Promote a dialogue with Welsh Government, Local Government and Commissioner for Older People to implement a programme of reform and revitalisation of forums in Wales on the basis of self-determined representation of older people.
  - iv. Working with forums and groups across all parts of Wales, implement the agreed Forum Development Framework
  - v. Undertake a review of COPA's brand to promote the organisation effectively to older people and groups and provide for a bolder voice for our charity through a new marketing strategy we will improve communications, including continued development of the website and

Facebook page and influencing of more older people's groups and new stakeholders.

- vi. Identify new opportunities to raise funding for COPA to increase its capacity to enhance its role as the national voice for 50+ forums in Wales
  - vii. hold an Annual General Meeting and publish Accounts and Annual Report
27. As a result of our Strategic Review, we will implement a programme of development. We will aim to change and grow our charity and increase its impact, capacity, and resources to enable us to maximise the potential of COPA to support the revitalisation of forums and ensure older people in communities across Wales are effectively engaged. Our new Engagement Framework will be utilised to ensure that this is done on the basis of key principles of equity and fairness.
28. Over the next year, we will seek to achieve a bolder and more effective voice for our charity through a new marketing strategy and with a new brand identity. This will include continuing to make improvements to communication in order to raise awareness of who we are and what we do. It is vital that we continue to ensure that older people's voices are heard through co-production at the planning stages of national policies, legislation, and policies. Our focus will be on engaging and improving communication with all the local 50+ forums across Wales. Campaigning priorities for the next year have been developed to provide prioritisation and direction.
29. We believe that working in partnership is the only way forward and will always aim to co-operate and engage with other older people's organisations to ensure a coherent voice is heard from older people in Wales. We will of course build on our strong partnership working with Welsh Government, the Older People's Commissioner and Age Cymru, as well as with the other national older people's organisations.
30. The new Welsh Government Strategy for an Ageing Society and associated Delivery Plan will provide a refreshed framework for COPA's policy work on behalf of older people and we want to ensure the views of Forums are taken into account in the implementations of its objectives.

## Finances

31. Total funding for 2021–22 agreed by the Welsh Government is £12,800. Due to the pandemic, it has not been possible to hold face to face meetings or progress projects. A decision was therefore taken by the Board in March 2021 not to drawdown further Welsh Government funding unless there was a clear need and demand demonstrated. This has continued during this latest financial year and is reflected in our verified accounts for the 2021-22 financial year at Appendix 2. This shows that as at the 4 April 2022 COPA hold a bank balance of £20,417.79 including reserves of £8,000. Plans have been agreed for the effective utilisation of this expenditure over the coming months. There are robust and effective arrangements for the monitoring and accountability for this expenditure through policies and processes agreed by the Board. One of the Trustees oversees these arrangements and reports to the Board on a regular basis. Any risks to the achievement of objectives and related expenditure are identified and addressed on an ongoing basis through our Risk Management policy.

## Conclusions

32. COPA's strongest public benefit is enabling older people to have the confidence and access to change the conversation about ageing in Wales to one that is led from the experience of older people about their needs and what works best for them in an age-friendly country. The next 12 months will be critical as we continue to work with others to respond to the cost-of-living crisis, support recovery from the pandemic and ensure that 50+ forums in Wales have a viable and sustainable future and that their contribution to shaping and creating Age Friendly Communities is recognised and supported at all levels of government.

COPA Board  
November 2022

Cymru Older People's Alliance  
c/o Age Cymru  
Mariners House  
Trident Court  
East Moors Road  
Cardiff CF24 5TD

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[Cymru.older.peoples.alliance@gmail.com](mailto:Cymru.older.peoples.alliance@gmail.com)

## **Appendix 1**

### **The Board**

\*Steve Milsom – Chair and Policy Officer – Caerphilly Over 50s

Dr Ralph Stevens -Vice Chair and Communications Officer – Caerphilly Over 50

Angela Tritschler – Treasurer – RCT OPAG/50+

Lyn Finn - Events Officer – Cardiff 50+

\*Huw Bendall – Governance Officer - Cardiff 50+

\*Andrew Hinchliff – Conwy

Susanne Jones- Gwynedd Older Peoples Council

Hazel Maguire – Swansea 50+

Mollie Reach – Pembrokeshire 50+

Chris Thomas – Policy Officer - Anglesey Older People’s Council (from March 2022)

\*Bishop John Davies – Powys (from September 2022)

\*Co-opted Trustee

## Appendix 2

### CYMRU OLDER PEOPLE'S ALLIANCE

#### ANNUAL ACCOUNTS 2021-2022

##### INCOME

AGE UK £3,000.00 PMT020322 4/3/21

##### EXPENDITURE

300159 £40.00 A Tritschler bouquet forGDavies18/10/21  
£200.00 Taff Ely 50+ COPA Grant 26/10/21  
£200.00 Age Connects N Wales COPA Grant 26/10/21  
£200.00 Rhondda 50+ COPA Grant 17/11/21  
300162 £200.00 Cynon 50+COPA Grant 16/02/22  
£310.00 Edwards Ins 31/03/22

**TOTAL INCOME £3,000.00**

**TOTAL EXPENDITURE £1,150.00**

OPENING BANK BALANCE   £18,567.79  
ADD: INCOME               £3,000.00  
LESS: EXPENDITURE       £1,150.00  
**CLOSING BANK BALANCE   £20,417.79**

**CYMRU OLDER PEOPLE'S ALLIANCE**

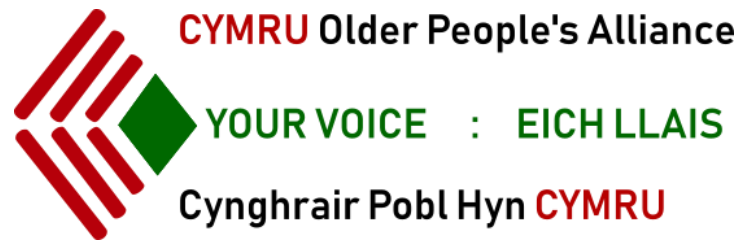
England & Wales - Charity number 1174518

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# Accounts

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AGREED AT THE ANNUAL GENERAL MEETING 20 JANUARY 2022



**CYMRU OLDER PEOPLE'S ALLIANCE**  
**ANNUAL REPORT AND ACCOUNTS 2020–2021**

December 2021

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## Foreword

I am very pleased to present this fifth Annual Report for Cymru Older People's Alliance since we have become a registered charity to give a national voice for 50 plus Forums and Groups across Wales.

The last 12 months have again been challenging for older people as substantial impacts on their lives have continued for a second year through the pandemic. We are pleased that our charity has been able to make an influential contribution to the response by ensuring the voice of the 50+ Forums has been heard at the national level in discussions about Covid-19 and information and advice about it has been disseminated on a very regular basis. The pandemic is still not over over of course and we will need to ensure the concerns of older people continue to be heard and that their needs are prioritised as society recovers from the pandemic.

The Board have met monthly over the last year and we have also organised monthly meetings with Forum Representatives. Since our last Annual Report was presented to a successful "virtual" AGM in January 2021, there has been good progress made. We continue to make a substantial contribution to the shaping of national policy through the Ministerial Advisory Forum on Ageing and related groups. Our strategic review has continued and action agreed to bring about fundamental change in the impact we are able to make. A Forum Development Plan was published as a basis for reform and revitalisation of Forums across Wales. We have continued to ensure that our Charity is well managed and continues to meet the Charity Commission requirements for registered charities.

Looking ahead over the next 12 months, there are a number of challenges and opportunities. The Welsh Government's Strategy for an Ageing Society has been published and we will want to ensure that COPA and the Forums influence the effective implementation of its Delivery Plan. Above all else, we must prioritise our efforts to grow our charity and its capability, capacity and resources. This will empower our work with Welsh Government and others to make sure that Age Friendly Communities are developed across Wales and that reformed and revitalised 50+ Forums are fully engaged in the co-production of that vision.

In closing, I want to firstly acknowledge the significant contribution that Gaynor Davies has made to COPA over many years. Gaynor was a past Chair and most recently Treasurer of COPA before she retired in October. I must also thank Age Cymru who have given us excellent support over the last year and we are very grateful to Vicki, Kathy and Rachel. We are also most grateful for the support and engagement that we receive from Helena Herklots, our Commissioner for Older People and her team. We are also very grateful to Wyn Llewellyn for his continued support as our independent advisor. Finally, thanks are due to all our Trustees and Forum Representatives for their hard work.

S G Milsom  
Chair, Cymru Older People's Alliance

## Introduction

1. The year 2020–2021 has been another challenging period for Cymru Older People's Alliance (COPA) and for Wales, particularly given the substantial impact of the Covid pandemic on the lives of older people. This report is the fifth Annual Report since we became a Registered Charity and covers the period from November 2020 to December 2021 although our accounts cover the 2020-21 financial year only.

## Context

2. COPA has been recognised by Welsh Government as the national charity to lead and support 50+ forums in Wales and they have provided small-scale development funding since 2014. Resources for further changes are available to ensure COPA becomes a stronger and more democratic organisation.
3. COPA brings together the views, opinions and concerns of local older people's forums to the all-Wales level. This provides a strong, credible and coherent voice to government at all levels and represents what older people want and need. COPA is a group that has existed in different forms and titles since 2001, initially working under the umbrella of the Welsh Government's Strategy for Older People. As such it has a strong tradition of influencing policy and practice for older people in Wales. It is now a genuinely independent organisation – a voice for older people led by older people. COPA will challenge ageism and lobby government nationally and locally so older people are properly consulted and involved in decisions that affect them and their communities, built on the evidence of what is the most effective in giving everybody the opportunity to age well.
4. The future direction of COPA has been continued to be discussed and agreed with members across all parts of Wales through extensive engagement with Forums.

## The Board

5. The Board of Trustees (see Appendix 1) has met regularly over the last 12 months with structured agendas and an agreed Business Plan. COPA has worked hard to devise, debate and review position papers and policies and to ensure that we fulfil Charity Commission requirements. We have clarified our position on some priority issues impacting on older people that we have raised in our discussions with Welsh Government Ministers and officials and with the Older People's Commissioner for Wales.

## Reporting on Key Objectives

6. In the last 12 months, COPA has been fully operational as a Registered Charity. A Board of 9 Trustees, including 3 co-opted Trustees, meet monthly. The COPA Board has addressed a range of issues over the last year and a short summary of the action taken is provided for the main objectives in the agreed Business Plan for 2020–21.

## Governance of the Charity

7. Our Annual Report and Financial Statement agreed at our 2020 AGM were published to the Charity Commission website with our Annual Accounts.
8. We secured continuing Welsh Government funding for 2020–21 and expenditure has been monitored and reviewed on a regular basis. A decision was taken to revert to an approach of only claiming funding on a needs-basis rather than automatically each quarter.
9. Continuing through the pandemic restrictions, Board meetings have been held virtually on a monthly basis to ensure COPA's continued contribution on behalf of older people.
10. Revisions to the COPA constitution that were presented to the last AGM and notification were sent to the Charity Commission.
11. A strategic review of COPA, its purpose and structure were completed and discussions have been held around the future of the charity and its branding and funding.
12. Recruitment for new co-opted and elected Trustees was undertaken and two new Trustees appointed – and one Trustee has retired.
13. A Business Plan was agreed for 2021–22 and has been submitted to Welsh Government. Subsequent revisions to reflect the impact of the pandemic were also submitted to them.
14. A review of COPA's charity policies was completed and minor changes agreed.

## Policy Work on Behalf of Older People

15. The Joint Working Concordant with the other national organisations for older people in Wales has continued and regular discussions have been held by the five organisations with the Commissioner for Older People.
16. Campaigning Priorities for 2021 were agreed at our 2020 AGM and published. We also produced a COPA "Manifesto" to influence political parties in the 2021 Senedd Elections. We have responded to a variety of Welsh Government and other consultations.

17. Communication has continued with the deputy minister for Health and Social Care and the Older People's Commissioner regarding the Future of 50+ Forums and Age Friendly Communities.
18. COPA has Board Members on the Ministerial Advisory Group on Ageing who have made substantial contributions to the coproduction of the Strategy for an Ageing Society in Wales. COPA provides members for the Older People's Commission's Abuse Action Group, and the Pensions Service's Planning for Later Life Group. The Chair also attends regular Covid-19 meetings with the Older People's Commissioner and other national older people's organisations. The Chair attends the Welsh Senedd Cross Party Groups on Older People and on Intergenerational Solidarity. Reports are made regularly to Forum Representatives (Voting Members) to keep them updated on these discussions as well as action regarding the pandemic and the implications for older people.
19. Communication priorities have progressed in 2020–21. The COPA Facebook page continues to grow following its inception last year.
20. A follow-up to the survey to research the impact of the Covid-19 lockdown on older people in Wales was implemented by Age Cymru with COPA and the other four national older people's organisations. Over 1,000 responses were received and a report has been published.
21. Policy Position Papers were published on Climate Change, Social Services and (updated) Paying for Care. A Position Paper on Housing has also been agreed for adoption by the AGM in January 2022.
22. There are a range of key national policy issues where we monitor developments and secure COPA involvement and intervention where needed.
  - Promoting Age Friendly Communities
  - Working with Ageing Well
  - Isolation and Loneliness
  - Digital Inclusion
  - Transport including Bus Passes
  - Paying for Care
  - NHS and Older People
  - Care Home Quality of Care and Life
  - Implementation of Social Services and Well-Being (Wales) Act 2014
  - Public Toilets Strategy Implementation
  - UK Benefits for Older People including TV Licence for over 75s

### **Engagement of forums**

23. The 'buddying' scheme with Forum Chairs continues to ensure sustained engagement with the membership. Under the scheme, Trustees establish and maintain contact with Chairs to offer support for their local work and campaigning and create a two-way dialogue to inform COPA's work.

24. Monthly Voting Members meetings continued to be held virtually to improve communications with forums and to engage them with COPAs plans – 17 of the 22 Forums are COPA members. These meetings have also brought contributions from other organisations as a basis for debate and engagement.
25. A Forum Development Plan was agreed by the Board as a basis for reform and revitalisation of Forums across Wales. It sets out proposals for action and is being utilised as a basis for dialogue with Welsh Government and other key partners to move forward this agenda.
26. A Forum Grants Programme was initiated to support member forums to hold events to re-start activities post-Covid and to attract potential new members. This scheme will be extended into 2022-23 given the uncertainties about the pandemic and recovery from it.
27. Guidance has been published on a Framework for Older People's Forums and Groups – the first in a series of documents to bring together and share local ideas and projects for a national level audience. It aims to provide a basis for stronger and more effective forums to develop that ensure the voice of older people is heard and acted upon.
28. Guidance was also published for Forums on the General Data Protection Regulations so that Forums respect and take care of people's personal data and do not keep any information that they do not need.

## **Looking forward**

29. The Board of Trustees has agreed its priorities and a new Business Plan for 2020–21. The main priorities that will be targeted cover:
  - make a difference to the lives of older people through activity that creates age friendly communities, addresses isolation and loneliness, increases intergenerational solidarity and promotes well-being
  - contributing to the implementation and delivery of the new Strategy for an Ageing Society including through membership of the Ministerial Advisory Forum on Ageing
  - promote a dialogue with Welsh Government and Commissioner for Older People to commence a programme of reform and revitalisation of forums in Wales
  - effective relationships with other national older people's organisations
  - effective relationships with the Deputy Minister for Health and Social Care and Older People's Commissioner, especially in relation to developing Age Friendly Communities

- working with 50+ forums across all parts of Wales, including a programme of increased dialogue and visits (post Covid-19) to promote COPA
  - increasing Voting Members and Trustees
  - improved communications, including continued development of the website and Facebook page
  - holding an Annual General Meeting and publishing an Annual Report
30. As a result of our Strategic Review, we will implement a programme of development. This will aim to change and grow our charity and increase its impact, capacity and resources to enable us to maximise the potential of COPA to support the revitalisation of Forums and ensure older people in communities across Wales are effectively engaged.
31. Over the next year, we will continue to make improvements to communication in order to raise awareness of who we are and what we do. It is vital that we continue to ensure that older people's voices are heard at the planning stages of national policies, legislation and policies. Our focus will be on improving communication with all the local 50+ forums across Wales.
32. We believe that working in partnership is the only way forward and will always aim to co-operate and engage with other older people's organisations to ensure a coherent voice is heard from older people in Wales. We will of course build on our strong partnership working with Welsh Government, the Older People's Commissioner and Age Cymru, as well as with the other national older people's organisations through the Joint Working Concordant.
33. The Welsh Government Review of Engagement of Older People will be central to our work over the next 12 months. Our policy is that age-friendly communities should be developed across Wales and we see local forums playing an essential role in that agenda as well as in reconstruction post-Covid and in promoting intergenerational solidarity.
34. The new Welsh Government Strategy for an Ageing Society will provide a refreshed framework for COPA's policy work on behalf of older people and we want to ensure the voice of older people is heard and taken into account in the implementations of its objectives.

## Finances

35. Total funding for 2020–21 agreed by the Welsh Government is £12,800. Due to the pandemic, it has not been possible to hold face to face meetings or progress projects. A decision was therefore taken by the Board in March 2021 not to drawdown further Welsh Government funding unless there was a clear need and demand demonstrated. This is reflected in our verified accounts for the 2020-21 financial year at Appendix 2. This shows that as at the 4 April 2021 COPA hold a bank balance of £18,567.79 including reserves of £8,000. Plans have been agreed for the effective utilisation of this expenditure once the pandemic is over. There are robust and effective arrangements for the monitoring and accountability for this expenditure through policies and processes agreed by the Board. One of the Trustees oversees these arrangements and reports to the Board on a regular basis. Any risks to the achievement of objectives and related expenditure are identified and addressed on an ongoing basis through our Risk Management policy.

## Conclusions

36. COPA's strongest public benefit is enabling older people to have the confidence and access to change the conversation about ageing in Wales to one that is lead from the experience of older people about their needs and what works best for them in an age-friendly country. The next 12 months will be critical as we continue to work with others to support recovery from the pandemic and ensure that 50+ forums in Wales have a viable and sustainable future and that their contribution to shaping and creating Age Friendly Communities is recognised and supported at all levels of government.

COPA Board  
December 2021

Cymru Older People's Alliance  
c/o Age Cymru  
Mariners House  
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## **Appendix 1**

### **The Board**

Steve Milsom – Chair and Policy Officer – Caerphilly Over 50s

Dr Ralph Stevens -Vice Chair and Communications Officer – Caerphilly Over 50s

Gaynor Davies – Treasurer (retired September 2021) – Pembrokeshire 50+

Angela Tritschler – Treasurer (from September 2021) – RCT OPAG/50+

Lyn Finn - Events Officer – Cardiff 50+

Huw Bendall (from May 2021) – Cardiff 50+

Cllr Andrew Hinchliff – Conwy Older Peoples Champion

Susanne Jones- Gwynedd Older Peoples Council

Hazel Maguire – Swansea 50+

Mollie Reach (from November 2021) – Pembrokeshire 50+

Independent Advisor - Wyn Llewellyn - Carmarthenshire

Appendix 2

The Accounts

CYMRU OLDER PEOPLE'S ALLIANCE

ANNUAL ACCOUNTS 2020-2021

**INCOME**

AGE UK £2,296.00 PMT030420 7/4/20  
AGE UK £6,000.00 PMT041120 6/11/20  
AGE UK £2,000.00 PMT240321 26/3/21

**EXPENDITURE**

7733 M&S £35.00 Phyllis's flowers 18/5/20  
7733 Mission SE £100.00 Donation 19/5/20  
300148 Refund AH £68.00 9/6/20  
300149 Rock Level £144.00 20/7/20  
7733 L.H. Phillips £960.00 29/9/20  
300150 Carms 50+ £200.00 12/10/20  
7733 Edwards Ins £320.00 26/3/21

**TOTAL INCOME £10,296.00**

**TOTAL EXPENDITURE £1,827.00**

OPENING BANK BALANCE £10,098.79  
ADD: INCOME £10,296.00  
LESS: EXPENDITURE £1,827.00  
**\*CLOSING BANK BALANCE £18,567.79**

\*Note – a Reserve of £8,000 is held in accordance with the agreed COPA reserves policy