

Annual Report and Accounts 2021



K **KingsCare**
help when it matters

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Annual Report 2020-21

Trustee Statement

The Trustees have worked to ensure that the activities of KingsCare League of Friends are always governed by the Aim of the charity which is, with the help of volunteers, to improve the quality of life of those in need within the wider community. All trustees give of their time on a voluntary basis and none have claimed any recompense for any action associated with their role of trustee during the year.

The trustees who were re-appointed at the AGM were:

Mr Phil Millichap – Chair

Mr Graham Wickham – Vice-Chair

Mr Rupert Holliday – Treasurer

Dr Mark Clarvis

Mr Ken Dainton

Mr Nicholas Biggs

Mr David Rollason

Dr William Farrar

Mr Keith Smith

Mr Peter Stevens

Mr Kingsley Matthews

Under the direction of the trustees we have worked throughout the year to ensure that the Key Activity Indicators are reviewed and updated at regular intervals.

Chair's Report

2020 was dominated by the Covid-19 pandemic. This impacted KingsCare significantly as well as the rest of the world! It was a hugely difficult year for many, particularly with concerns about health (both physical and mental), wellbeing and financial security.

KingsCare has responded successfully to the significant pressures, the changes forced upon us and the local needs arising from the pandemic - whilst doing our best to support those with pre-existing needs. We have needed to provide core services in new ways whilst keeping employees and those we met safe. We have responded with flexibility, the staff and volunteers have worked tirelessly to cover existing and new needs in an environment when our core group activities have not been possible. I would like to personally thank the Team for their strong focus on supporting and meeting needs in the best way possible in exceptionally difficult times. There has been lots of one-to-one work, the Team has worked tirelessly to try and ensure those facing social isolation or needing prescriptions or shopping or had other needs were met. We provided help when it really mattered for many in 2020.

I would like to thank the Trustees for supporting the changes required. Our meetings moved to Zoom and everyone adapted and supported the faster decision-making processes required. The pandemic has driven change and the more regular contact with the adoption of virtual meetings has helped significantly during the year – we, however, look forward to more face-to-face meeting moving forward.

Maggie led us through this difficult year with energy, enthusiasm and sound judgement when we faced several tough decisions, quickly taking on board the advantages that the technological age can offer for remote working. Often the way forward was not always as clear as we would have liked but Maggie - your knowledge, skills, smarts and compassion ensured we never lost our way – on behalf of all of us, a huge thanks!

Looking ahead

It is clear that there will perhaps be restrictions on how we live our lives for some time; these are often not based on guidelines but on the confidence to venture out. The pandemic and lockdowns have created a wave of complex grief / loss, wellbeing and mental-health needs that will be felt in 2022 and beyond – the demand for our services is only going to increase not decrease.

We were in the final year of our National Lottery Reaching Communities Grant which has driven the growth in services we have offered over the last 5 years. Initial discussions with the National Lottery have been positive and they have been a strong supporter through Covid times. The charity is built on strong foundations thanks to their support. Other funding routes also provided help when it really mattered and we have benefited from some significant legacies in 2020 – thanks to all of those involved in fund raising, gifts or legacies – we will use the money wisely.

KingsCare and Kerswella's resilience has been remarkable in 2020 giving us optimism for the future. We look forward to supporting our clients and communities for many years to come!

Phil Millichap
Chair

Manager's Report

January 2020 heralded the final 9 months of our 5 year National Lottery Reaching Communities Grant. We were confident that we would be able to demonstrate that the grant had enabled KingsCare to grow hugely and that we had more than met the Outcomes that were set back in 2015. By the end of our financial year on 31st March 2020, the reality of trying to maintain our purpose within a pandemic was starting to be understood. All our social activities had to cease and half our staff had to self-isolate due either to health considerations or age. Yet the need for our support within our community was greater than ever.

One of the strengths of the Voluntary Sector is that we can act flexibly and quickly to situations as they arise. One of the first of those was the need to help the many who could not get out, had no family near and were not equipped to use the internet to get their essential groceries and household items. Another good thing about being a well known local community based voluntary organisation is that local people know where to go to when they want to volunteer. Many under the age of 70 with no underlying health conditions were unable to go to work and came to us to see what they could do to help. The new world of mask wearing, social distancing and panic buying made shopping a time consuming ordeal but none of it daunted the wonderful group of people who came forward to do just that. Determined to protect both the volunteer and the person for whom we shopped, we set up a system whereby the volunteers paid for the shopping through their personal accounts, took an image of the receipt, forwarded it by email to KingsCare and we then reimbursed them as soon as possible. This way we did c£20,000 worth of shopping for 89 different people.

Prescription delivery

Another casualty of lockdown was the ability of individuals to go and fetch their prescriptions. Many couldn't so they rang KingsCare. One particular volunteer, Ray Deacon, took on the challenge and delivered many of the 700 prescriptions requested by patients. As with the shopping he had to wait, fully masked and social distanced in queues outside the various chemists in the Newton Abbot area almost daily for many weeks. He did a truly amazing job backed up when necessary by the staff members who were young and well enough to continue to work from within the office at Kingsteignton.

Social groups

All of these were suspended but we did our best to keep in touch with all those that usually attend. Most of the staff and many volunteers took to making regular welfare calls.

Transport

Our vehicles remained mostly in the car park as the GPs undertook most of their consultations over the telephone and the hospitals, overwhelmed with Covid patients, cut back severely on their face-to-face consultations. Donations from NFU Mutual and the Newton Abbot Rotary Club enabled us to buy an old London taxi in August. The screen dividing the driver from the passengers made it pretty Covid secure which meant that we were able to resume a limited car service with confidence.

Christmas Hampers

In the run up to Christmas we always take people out for turkey dinners but this year we couldn't. Armed with some further funding from the Devon County Council Prompt Action Fun, we made up 150 hampers of bits and pieces to cheer the housebound, all of whom seemed very pleased to receive them.



The Hub

Our shop at 29 Fore Street, Kingsteignton was, of course, forced to close. However Teignbridge District Council provided funding which ensured that we could pay the bills associated with the building. The volunteers were very creative in thinking of ways that the shop could support the community. The shop is situated on a corner and has a good outdoor space for displaying goods for sale. People were desperate for books and a huge number of paperbacks were displayed in protective bags together with low value items and children's toys. Good quality jigsaws were also a great draw and could be chosen by browsing in the window. A phone call to a volunteer and the puzzle was delivered. The long hot summer allowed for people to stop by and peruse the books etc on offer. As one lady said *"walking down to the shop gives purpose to my daily*



exercise". A young Mum praised the small toys for sale as a "Godsend" in keeping her son happy through it all.

Bags and scrubs were made by volunteers from old sheets and other materials kindly donated by local people for the purpose.

Funding

All our usual avenues for local fundraising activities were closed, including a Firewalk that I had somehow agreed to undertake! However, as part of a drive to keep his residents active



and engaged, Andrew Bone from Southlands Care Home in Newton Abbot was persuaded to buy some pedal machines which could clock up miles by being worked by hands or feet. The residents chose KingsCare for the charity for whom they would be clocking up the miles. Their task was to 'cycle' from Newton Abbot to Lands End, each day they had a target destination to reach and were rewarded with Fish & Chips in Brixham, gin in Plymouth and a cream tea

in Cornwall and many other treats in between. They raised an amazing £1,320.54 + Gift Aid on many of the donations for us.

Our National Lottery Reaching Communities grant was to end its 5 year run in September



but, because of the pandemic we were unable to run many of the activities that were created through the programme so were given some extra funding to help us to provide whatever support was required by our clients through the lockdowns and extend the actual

project end to December.

The CAF Emergency Fund also awarded us some funding to support our Covid response together with the Austin, Hope Pilkington Trust, Neighbourly, Tesco Bags of Help, local councillors and many individuals. Much to our delight and surprise we have received some very welcome and much needed legacies (see Accounts) which not only secure our ability to survive beyond the end of our Reaching Communities Grant but also enables us to continue to develop plans to cope with whatever the post-Covid world throws at us.

Maggie Bonnell
Manager

Wellbeing Service Report

In normal times the Wellbeing Programme is a time limited chance for people to really focus on what matters to them and to receive support to make positive change. Last year was very different.

Our Wellbeing Coordinators were kept very busy throughout the Covid 19 Interruption. For large parts of the year, they were unable to visit people indoors. However, sterling efforts were made to support people by meeting outdoors where permitted or by phone, text and the internet. Many people were of low mood especially during the enforced lockdowns and it was a real challenge for the team to inject positivity and hope into conversations. Many people have been supported throughout the pandemic by the coordinators alone as few or no social activities were able to take place.

The coordinators were also part of the team who organised our volunteer shoppers and prescription delivery services, often undertaking these tasks themselves as the demand grew from shielding clients.

At times where lockdown was eased the coordinators were able to run some small group activities and 'HOPE' type courses.

During the year 121 Wellbeing referrals were supported along with many other clients requiring Covid 19 support.

Newton Abbot Groups

Unfortunately, the groups based at the Avenue Church were closed for most of the year due to Covid 19 lockdowns or requirements for social distancing. We did, however, run some social support groups during times when the rules were relaxed. Many people became frail and unable to attend the restarted groups and sadly a few of our regular attenders died during this period. In addition, some of our volunteers had to shield throughout and some did not feel safe to continue. When open the groups became a lifeline to those caring 24/7 for their loved ones and those living alone.

Our amazing volunteers took on shopping roles and found creative ways to stay in touch such as What's App groups and Zoom. Once again these activities were so important in helping to keep mental health in balance and isolation at bay.

David Clifford
Assistant Manager

Lunches

In April KingsCare joined forces with the Old Rydon Inn to provide and deliver meals twice a week - these were sufficient to support people with a main meal every day for seven days. Alongside other local volunteers, I drove the



KingsCare wheelchair adapted vehicle to deliver these meals. Altogether we provided 4,107 meals over four months to vulnerable people who were housebound

Funding was secured from Devon County Council's Prompt Action Fund and Kingsteignton Town Council with donations from individual supporters for this lifeline which guaranteed a friendly face at the door twice a week delivering good quality freshly cooked meals. . Huge thanks go to Amy and Charlie Tinnyunt for their hard work in pulling this project together.

Jackie Milan

Mental Health

Well, what a year it has been for us all!

Covid continues to have an impact on the wellbeing of us all and so Maggie C and I have had a very busy year. Due to ongoing lockdowns those out there who are struggling with their mental health have found it more difficult to access local services such as their GP or local support groups, and this has put our service under more pressure than ever!

We have continued to offer emotional support over the telephone, but this has often left us feeling limited in the support we offer and there has not been the usual 'goal setting' and then natural end when working with people. We have received a lot of positive feedback during this time and lots of people have been very grateful for the contact, particularly those who are socially isolated and feeling lonely. We have also used online platforms to meet with people such as Zoom or WhatsApp, with varying success!

We have also, when appropriate been meeting with people outdoors for walks in nature with a flask of coffee. Being in nature and having exercise is in itself therapeutic and we are still able to have the privacy we need, being aware of others when necessary. Walking in woodland is particularly good for teaching Mindfulness techniques!

Maggie C and I have run several virtual Wellbeing/ HOPE courses during this period, both together and with colleagues. We ran a very successful HOPE course for people experiencing Long Covid symptoms, which we ourselves learnt a lot from. We found that anxiety and low mood is particularly prevalent for this group, and they were extremely grateful for the peer support that HOPE enabled them. Following the HOPE courses all groups continued to stay in touch via Whatsapp or Facebook.

The **#DoitforDeaks** project continues to reach many people through the Facebook page and we have continued to have a steady lot of self-referrals for Mental Health Signposting and have been responding to people looking for advice and guidance for a loved one who may be struggling with their mental health. We have utilised our ability to refer for free private counselling, thanks to funding via The Rotary Club of Newton Abbot. An excellent resource we are very grateful for! Most of this work has also been done over the phone and we use the Facebook page to let people know how to access crisis support if needed as this is not something we currently offer.

Overall, we have done our best to offer an effective Mental Health Service during a very scary and uncertain time. We have had to be creative and understand that the impact of this period on our communities Mental Health may well last for several years to come, but we are hopeful and feeling positive about the future.



Alongside some basic Covid support funding, the CAF fully funded our Mental Health Support workers for the first 6 months after the ending of the Lottery funding. This grant covered their primary work but other funds continued to come in at various intervals to cover the extra work arising out of the **#DoitforDeaks** project from Barratt Homes, Costcutters and the local football clubs. Kingsteignton's junior football club are now sporting shirts that support KingsCare and the project.

Briony Enright
Mental Health Support Worker

Dementia Support

2020/21 has certainly been a challenging year with Covid restrictions having a significant impact on our ability to provide many of our usual support services. By working creatively and flexibly, however, we have managed to run a virtual version of some of our usual interventions and have learnt a great amount from this.

Lockdown made day-to-day work and communication with those suffering from Dementia and their Carers difficult. As soon as the first lockdown was put in place the Dementia Carers Support group switched from being a monthly face-to-face gathering to meeting virtually. This virtual group has been well received with some Carers finding it more convenient to attend virtually than travelling to a venue as well as enabling those who had not previously been able to attend face-to-face activities to get the peer support that is so valuable. Indeed, while some Carers did at first find it difficult to take part in the virtual Dementia Carers Support group due to technical barriers, the loan of Facebook portals purchased by KingsCare made accessing this opportunity possible.

Home visiting was prohibited for most of the year and so we offered telephone support and helped coordinate volunteers to undertake shopping errands. As Covid restrictions loosened we were able to restart our one-to-one wellbeing interventions by meeting people in their gardens or in outside spaces; this included patients who had been recently referred along with those previously supported.

When further restrictions were put in place, Carers were again supported by telephone on a regular basis; signposting taking place when required. The primary feedback was that the cared-for had

deteriorated during Lockdown. All appreciated the input from KingsCare, and many said they did not know what they would have done without the support, advice and ongoing contact from our organisation.

Due to lockdown restrictions the Memory Café has been unable to meet over this past year. However, we have kept the spirit of the Café alive by sending out a monthly newsletter and activity pack to all our regular attendees. We have also been keeping in phone contact with Café members.

Another virtual intervention we provided was a 14 week Cognitive Stimulation Therapy (CST) course for people with mild to moderate dementia. This intervention was set up with the support of Memory Matters and was similarly well received by members.

Both Jackie and David completed the virtual Cognitive Stimulation Therapy (vCST) training run by Memory Matters and subsequently co-hosted the course on Zoom for four people living with dementia. During the week leading up to Christmas they delivered over 50 gift hampers to Carers and people living with dementia which were very well received.



During the year Jackie attended, and contributed to a number of Zoom meetings including: virtual HOPE training; vCST network meetings; the locality dementia meetings chaired by the Community Services Manager; and the Teignbridge Dementia Action Alliance meetings.

In November the Masonic Charitable Foundation awarded us £15,000 to support this work over the next 3 years.

Moving forward, we are continuously reviewing Covid restrictions and plan to have all usual groups and one-to-one interventions operating as soon as government guidelines allow.

Jackie Milan - Dementia Carers Support Worker

David Garland – Dementia Activities Coordinator

Home from Hospital Service

Following government advice on 16 March 2020 to stop non-essential contact and work from home wherever possible, Newton Abbot Hospital Wards were closed to non-essential staff and visitors to preserve the safety of the significant number of vulnerable patients. As a result, I had to rely on the medical and therapy team to refer patients and their carers to me for support. It became very apparent that my absence on the ward also resulted in very few referrals to the Home from Hospital Service. I kept in regular contact with the discharge team who were under immense pressure to

clear the hospital beds asap so patients could be transferred from Torbay Hospital whilst keeping Newton Abbot Hospital Covid free/

At the height of the pandemic, Teign Ward (Stroke) patients were transferred to Torbay and Teign Ward became Turner Ward and the Ricky Grant Unit supporting cancer patients. Templar Ward continued to be a medical ward. This remained so until Covid numbers reduced significantly and stroke patients were transferred back from Torbay to Templar Ward. Some adaptations were made to make Templar Ward fit for purpose for Stroke patients. It was then decided that Teign Ward would become the medical ward once Turner Ward and the Ricky Grant Unit moved back to Torbay. Teign has remained a medical ward.

All patients on discharge from Newton Abbot Hospital receive the KingsCare Home from Hospital information leaflet in their discharge pack. Some patients contacted KingsCare post discharge, others were referred by the discharge teams.

Support for carers

Unpaid carers play a crucial role in meeting the needs of the most vulnerable people in our community. KingsCare helps them to access the support they are entitled to as a carer so that they can look after their own wellbeing so as to live a healthy, fulfilling life alongside their caring role.

We continued to support carers and their cared for throughout the pandemic. Carers were thrown into stressful situations when day and respite services closed and they became carers 24/7 without a break; occupational therapists and physiotherapists cancelled visits. A large number of care agencies were very short staffed because a significant number of colleagues were in the vulnerable category or had caring responsibilities for their loved ones who were also in the vulnerable category. Day centres, respite services along with carer visits being cancelled put extra pressure on unpaid carers. We have heard many personal stories about the impact this has had on the carer and cared-for, at times resulting in verbal aggression or physical outbursts for one or both and, overall, a deterioration in both physical and mental health for both. We are still seeing the impact of this, along with loneliness and isolation.

We set up Zoom meetings for carers as face-to-face

face groups were halted. This, in some way, helped carers to support each other but they longed for the face to face meetings to return. Our carers week 7-13th June was held via Zoom with 18 attendees. We covered a wide range of issues appertaining to carer's roles. Eg: Introduction - Rosemary Newman – Carer Lead, Kingscare Manager – Maggie Bonnell, David Garland - Dementia Activities, Jackie Milan – Dementia Carers, Maggie Cleverley – Mental Health, Sharon Venning - Wellbeing and HOPE Programme, Rosemary Newman - Welfare Benefits, Rosemary Newman - Carers Support, Questions and Mindfulness

Jackie and I set up a Zoom meeting for Carers Rights Day on 26th November. This was well attended. Second lockdown happened and carers, especially, found this incredibly difficult. We continued to support carers, mostly via telephone.

We were able to resume face- to- face carer's groups briefly when the first lockdown eased but had to resort to Zoom again for the 2nd lockdown. As with the general public, carers found the 2nd lockdown more challenging.

'When we're caring, it can feel like we're living with the shadow of isolation.'

Welfare Benefits Home Visiting Service

Whilst we closed for face-to-face client service, our telephone service continued throughout. Action was taken to deliver the client service as comprehensively as possible using home and revised ways of working with the use of office laptops and mobile phones. Online benefit application forms were introduced via DWP. Information security and client confidentiality has been maintained through the dedication of staff and volunteers. GDPR compliance has been maintained throughout this time. Two of our volunteers continued to visit clients at home, strictly observing government guidelines to deliver the welfare benefits service. Other volunteers preferred to support clients over the phone. This was not a popular alternative with clients due to the complexity of the benefits system and their individual circumstances. We quickly had a long waiting list and this continues as only 2 volunteers are visiting clients at home. The £20 weekly increase for those on Universal Credit created a life line for a lot of claimants and we are mindful that this will have an adverse impact on client's income and ability to budget when this ends in October 2021. We are starting to see an increase in food, goods and utility prices already.

We are supporting more clients over all the services and via welfare calls, as the full impact of the pandemic is realised. Nationwide the difficulty in accessing face- to- face appointments has highlighted the increase in patients who are now palliative; existing health conditions have not been monitored in the same way, mental health has been affected for many as well. Patients have been asked to E-consult or to send photos into the surgery to be looked at by a medic. We hear personal stories where this has resulted in some misdiagnosis for some patients. The true impact of not seeing GPs or consultants face- to- face as well as not having planned surgery during this time has yet to be published.

Rosemary Newman

Hospital Discharge Worker, Benefits and Carer lead

CareLink and Statistics – Covid Interruption - Statistics April 2020-March 2021

Over the year it became increasingly clear that we needed to work towards a more informative system of recording our work and impact on those we support in line with GDPR principles. It also became imperative that we were able to improve our ability to make our records whilst working from home. The computers in the office all belong to the NHS so it proved quite difficult to set up the cloud based system we need but the local NHS IT staff worked extremely hard with our IT specialist and CareLink, the data recording system we have been using for some time, has become cloud based. This means firstly that staff can work safely from home and use the time when they are able to come into the office more effectively. Secondly we are now in a position to improve our record keeping and will, in future, have a growing confidence in the statistics that we publish.

Key Interventions	Approximate Number of interventions Calls/email/activity sessions	Approximate number of individuals supported
Physical Shopping	1087	104
Hot Meal delivery	4112 organised/delivered	60
Check in / Befriending calls	4050	80
Mental Health Support	2300	63
Prescription collection and delivery	700 +	111
Carer Support	1241	60
Wellbeing Zoom	20	8
Whats App groups	1000's	25
Coffee and chat Zoom	37	11
HOPE programme mental Health Zoom	10	15
HOPE programme Long Covid Zoom	10	16
Memory Café Support	175	20
Dementia carers Zoom	11	16
Cognitive Stimulation Theory Zoom	14	4
Dementia Clients	455	60
Exercise and Movement face to face	14	16
Social Group face to face	25	40
Transport to Medical appointments	324 (648 individual journeys)	60

Stats put together from CareLink and returns

Kerswella Care

Statement for the Annual Report of KingsCare League of Friends for 2020/21

1. The organisation:

Kerswella Care is a voluntary patient support group based at the Kingskerswell Health Centre since 2017 and responsible to it for providing a range of well-being and support services to socially isolated, vulnerable and elderly residents. The group covers the Kingskerswell, Abbotskerswell, Ipplepen & Coffinswell communities through the Kingskerswell & Ipplepen Medical Practice in the Teignbridge area of South Devon.

Kerswella Care is mainly funded through the Lottery 'Building Communities Fund' (BCF) via KingsCare League of Friends to whom it is reportable and accountable. Local fundraising is also important and activities are managed through a local Co-ordinator and supported by a group of volunteers in a committee and a link trustee to KingsCare. The Co-ordinator and her Assistant work alongside existing groups to develop relationships with local communities. In the spring 2021 Ipplepen 'Sharing Care' who support residents in a similar way to ourselves, joined forces with Kerswella, and at the end of the year Kingskerswell 'Sharing Care' asked us to take on their remaining functions. As a consequence, the number of our volunteers has increased and we expect this to continue into 2021.

Because of the impact on charities of the Covid pandemic, the Lottery decided in the autumn 2020 that the BCF grant period would be extended to 30th June 2021 instead of finishing in April 2021. Until then KingsCare continues to be responsible for the employment of Kerswella staff, insurances for Kerswella activities and for the range of policies and procedures governing Kerswella's work supplemented by local arrangements. Associated with the impact on charities, the Lottery approved a grant to KingsCare for additional costs related to Covid with £16,875 included for Kerswella's costs.

2. Kerswella Care aims:

- To improve the quality of life of those in need by providing services that include home support, befriending, carer support, shopping, transport to medical/social activities and prescription delivery,

- To increase the accessibility to local activities that will enhance residents' well-being, social inclusion and social connections. **A significant aim is to reduce loneliness within a population that includes 30% who are over 60 with 35% of those living alone.**
- To help identify unmet needs within the communities and provide support to deliver change.

3. How these aims are achieved:

Kerswella has access to and has set up a wide range of support services and activities all aimed at improving the quality of life of those in need within our community. To this end, Kerswella works hard at encouraging people in need to take stock of their lives and introduce them to the appropriate social connections to prevent or reduce their feelings of loneliness. We work across local agencies and volunteer groups to access expertise and help as needed - Kerswella Care is also able to access the services and work alongside the Newton Abbot Locality Wellbeing Co-ordinators who are employed in that area by KingsCare.

4. Activities and projects in 2020/21:

Kerswella Care has operated since the autumn 2017 following the appointment of Gill Gould as Co-ordinator. Fiona Sykes was appointed as Gill's assistant in 2019. She resigned in the autumn 2020 and was replaced in January 2021 by Sally Collier who is one of our volunteers. She will continue to look after the many and varied administration tasks for Kerswella.

In 2020/21 however, Kerswella's activities and project were focussed on alleviating the effects of the Covid pandemic on our most vulnerable residents through the Kingskerswell Coronavirus Crisis Response team representing the main local community groups and led by Kerswella. It was not possible to run any of our regular activities. Nevertheless, we were able to maintain important contact with our Memory Café and Lunch Club groups through the pandemic notably by means of the fortnightly 'packs' ranging from a hamper at Christmas to cream teas & cakes plus quizzes & games involving up to 70 households. We are grateful for financial support from Devon County Council and Teignbridge District Council Covid funds to enable this to continue. We had some lovely appreciative messages including: ***"Congratulations to all the Kerswella team and what you have achieved – wonderful. You have touched the lives of so many people ". "Thank you***

all so much for your help and the lovely little goody bags of cakes – much appreciated". "Thank you all for your support and real kindness this year". This is what we are about – making a difference.

Kerswella's team of volunteers have been deployed in new ways to help residents with:

- Prescription collection & deliveries runs – 500
- Shopping trips – 370
- Requests for miscellaneous tasks – 100 (these varied enormously!)

All from approx. 180 households.

- 'Check-in and Chat' - contact was made with 60 to 100 residents using 10 designated volunteers making twice weekly welfare phone calls. The Co-ordinator and Assistant would follow up on any issues arising as well as making calls each week to volunteers and clients with many on a daily basis where required.
- Transport – since September 2020, a limited service has resumed using the WAV only including to the local vaccination centres during January & February 2021 (with this being repeated in April & May 2021 for the 2nd jab).

Other services:

- A food delivery service finished in July 2020 but a twice weekly meals for children during school holidays 2020 was started and Kerswella was available to help with distribution. From October 2020 to February 2021, we referred some 20 residents for the 3 weeks of free meals from Dartmoor Kitchen.
- We keep a keep track of residents that we have supported and to ensure that Kerswella is available to assist those with whom we had no previous relationship. We purchased Charity Log to assist us with record-keeping. We continue to keep in touch with our wider community through social media and regular newsletters.
- We have used our WAV to take around 30 of our most vulnerable residents who have no transport to the local Covid vaccination using our WAV, delivered around 500 letters to residents about their vaccination date and helped with the manpower requirements at the Newton Abbot centre (this is a consortium of 7 local GP surgeries including the 2 linked with Kerswella).

All these activities and projects have informed our learning as a group and helped us to consider new ways of reaching and supporting residents often drawing on the similar experiences of other local voluntary groups.

5. Governance:

- a) **Trustees** - Kingsley Matthews has continued in his role as the Link Trustee link between Kerswella Care & its Committee and KingsCare. The KingsCare Trustees generally meet monthly and it is the role of the Link Trustee to report on activities undertaken by Kerswella and seek approval to those where KingsCare have the responsibility particularly in respect of services and activities funded from the BCF Lottery grant. This also includes budget setting and monitoring.

- b) **Committee** - The Kerswella Committee oversees local operations including fundraising. There are 10 members including the following officers: Chair – Rachel Fleet (appointed at the February 2021 meeting), Treasurer – Gillian Wright, Secretary – Kingsley Matthews. During the year the Committee met remotely 5 times. The Committee decided that it was in Kerswella's best interest to remain partnered with KingsCare League of Friends for the time being given all the uncertainties brought about by the Covid pandemic. This however will be revisited when the time is right.

- c) **Annual Accounts 2020/21** – these were approved by the Kerswella Committee at their meeting on 15th June 2021 and are attached. The statement was agreed by the KingsCare Trustees at their meeting on 24th June 2021. Although increasing, turnover was again deemed insufficient for Kerswella to appoint its own independent auditors.

Grant income excludes Lottery funding paid to KingsCare as this forms part of KingsCare's accounts.

6. Where we go next:

Evidence shows that Kerswella is now well-established in the community. We need to meet the challenge of our growth as well as respond to the community's needs as the Covid lockdown eases. Both will point us in new directions. Both also require collaborative

thinking and partnership working. At the year end work was on-going with KingsCare on a new community project as a way of addressing these issues that we anticipate will attract both community and Lottery support.

Gill Gould - Coordinator

Kingsley Matthews - Trustee



Report produced by:

KingsCare League of Friends
Kingsteignton Medical Practice
Whiteway Road
Kingsteignton
NEWTON ABBOT
Devon
TQ12 3HN

Telephone: 01626 357090

Website: www.kingscare.co.uk

Email: office@kingscare.co.uk

Facebook: facebook.com/KingsCareLOF

Registered CIO number 1174450

Patron: The Rt Hon Viscount Exmouth



Charity Registration No. 1174450

**KINGSCARE LEAGUE OF FRIENDS
ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021**

KINGSCARE LEAGUE OF FRIENDS

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KINGSCARE LEAGUE OF FRIENDS

TRUSTEES REPORT

FOR THE YEAR ENDED 31 MARCH 2021

The trustees present their report and financial statements for the year ended 31 March 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (issued in October 2019).

Objectives and activities

The charity's objects are to promote any charitable purpose for the benefit of persons registered at Kingsteignton Medical Practice and, in addition, to provide support for those in need within the wider community. This includes the protection and preservation of health, the relief of those in need, sickness and distress and the provision of medical equipment and other services not normally provided by the national health or other statutory authorities.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

The achievements of the charity are outlined in the Chairman's report attached to these accounts.

Financial review

Income has increased this year, totalling £482,313 compared with £316,902 for the 12 months to 31 March 2020. During the year additional grants were received, to be utilised in relation to additional activities that the charity started offering in the previous year.

Expenditure has seen an increase this year, totalling £330,416 compared with £276,027 for the 12 months to 31 March 2020. During the year, there was a requirement for additional staff members to oversee the additional services undertaken from the previous year.

The total value of the charity's funds has increased from £289,651 at 1 April 2020 to £446,262 at 31 March 2021.

The trustees consider the charity's overall financial position to be satisfactory.

Reserves policy

During the year the Trustees have reviewed the reserves policy of the charity and have concluded designated funds should retain sufficient funds to fulfil the running cost requirements of the charity for a period of no less than six months. The Trustees consider that reserves held at this level will ensure that, in the event of a significant drop in funding, they will still be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

The designated funds available at the 31 March 2021 of £348,001 are the equivalent of approximately twelve months worth of unrestricted expenditure.

Investment Policy

There are no restrictions on the charity's powers to invest, and the Trustees have not adopted an ethical investment policy. An Investment Committee is appointed annually to manage the authorised investments. The overall investment policy is to invest in a low to medium risk portfolio which will maximise income whilst protecting capital. Meetings are held as and when required to review the performance of the portfolio.

Risk Management

The trustees has assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

KINGSCARE LEAGUE OF FRIENDS

TRUSTEES REPORT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2021

Structure, governance and management

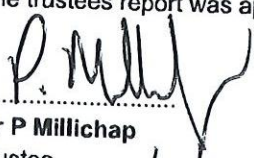
The charity is a charitable incorporated organisation and was registered with the Charities Commission on 10 July 2017 under the charity registration number 1174450 (England and Wales).

The trustees who served during the year and up to the date of signature of the financial statements were:

Mr G P Wickham
Mr D Rollason
Dr M C Clarvis
Mr N Biggs
Mr K Dainton
Mr R Holliday
Mr K Smith
Dr W Farrah
Mr K Matthews
Mr P Millichap
Mr P Stevens

The Board of trustees regularly discusses the recruitment of new trustees for their experience, empathy and knowledge of the Trustees, and to keep the skills and composition of the trustees body as a whole and succession planning under review. New trustees may be sought by open advertisement or through dialogues with other institutions with similar objects.

The trustees report was approved by the Board of Trustees.


.....
Mr P Millichap

Trustee

Dated: 30/9/2021

KINGSCARE LEAGUE OF FRIENDS

INDEPENDENT EXAMINER'S REPORT

TO THE TRUSTEES OF KINGSCARE LEAGUE OF FRIENDS

I report on the financial statements of the charity for the year ended 31 March 2021, which are set out on pages 4 to 20.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination being a qualified member of .

It is my responsibility to:

- (i) examine the financial statements under section 145 of the 2011 Act;
- (ii) to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- (iii) to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the next statement.

Independent examiner's statement

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for the financial statements to provide a true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

In connection with my examination, no other matter except that referred to in the previous paragraph has come to my attention:

- (a) which gives me reasonable cause to believe that in any material respect the requirements:
 - (i) to keep accounting records in accordance with section 130 of the 2011 Act; and
 - (ii) to prepare financial statements which accord with the accounting records and comply with the accounting requirements of the 2011 Act;have not been met or
- (b) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Mr P Beard ACA FCCA
Darnells Chartered Accountants
Quay House
Quay Road
Newton Abbot
Devon
TQ12 2BU

Dated:

KINGSCARE LEAGUE OF FRIENDS

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MARCH 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total 2020 £
<u>Income and endowments from:</u>							
Donations and legacies	3	131,006	276,614	407,620	11,606	213,667	225,273
Charitable activities	4	46,909	9,609	56,518	60,404	10,245	70,649
Other trading activities	5	17,916	-	17,916	20,300	-	20,300
Investments	6	176	-	176	630	-	630
Other income	7	83	-	83	50	-	50
Total income		196,090	286,223	482,313	92,990	223,912	316,902
<u>Expenditure on:</u>							
Raising funds	8	-	-	-	42	-	42
Charitable activities	9	51,099	272,436	323,535	47,448	220,919	268,367
Other	13	6,881	-	6,881	7,618	-	7,618
Total resources expended		57,980	272,436	330,416	55,108	220,919	276,027
Net gains/(losses) on investments	14	4,714	-	4,714	(2,178)	-	(2,178)
Net movement in funds		142,824	13,787	156,611	35,704	2,993	38,697
Fund balances at 1 April 2020		247,325	42,326	289,651	211,621	39,333	250,954
Fund balances at 31 March 2021		390,149	56,113	446,262	247,325	42,326	289,651

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

KINGSCARE LEAGUE OF FRIENDS

BALANCE SHEET

AS AT 31 MARCH 2021

	Notes	2021 £	£	2020 £	£
Fixed assets					
Tangible assets	15		21,854		26,301
Investments	16		32,478		27,764
			<u>54,332</u>		<u>54,065</u>
Current assets					
Debtors	17	3,236		4,469	
Cash at bank and in hand		<u>400,905</u>		<u>280,250</u>	
			404,141		284,719
Creditors: amounts falling due within one year	18	<u>(12,211)</u>		<u>(49,133)</u>	
Net current assets			391,930		235,586
Total assets less current liabilities			<u>446,262</u>		<u>289,651</u>
Income funds					
Restricted funds	20		56,113		42,326
<u>Unrestricted funds</u>					
Designated funds	21	348,001		190,040	
General unrestricted funds		<u>42,148</u>		<u>57,285</u>	
			390,149		247,325
			<u>446,262</u>		<u>289,651</u>

The financial statements were approved by the Trustees on 30/1/2021

Mr P Millichap
Trustee

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

Charity information

Kingscare League of Friends is a charitable incorporated organisation, set up by an Order of the Charity Commissioners on 10 July 2017 and is a registered charity with the number 1174450 (England and Wales).

1.1 Accounting convention

The financial statements have been prepared in accordance with the Charities Act 2011 and the Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. Kingscare League of Friends meets the definition of a public benefit entity under FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The accounts have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds comprise funds which have been set aside at the discretion of the trustees for specific purposes. The purposes and uses of the designated funds are set out in the notes to the financial statements.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

Turnover is measured at the fair value of the consideration received or receivable and represents amounts receivable for goods and services provided in the normal course of business.

1.5 Expenditure

Liabilities are recognised as expenditure as soon as:

- there is a legal or constructive obligation committing the charity to that expenditure,
- it is probable that settlement will be required, and
- the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis.

All expenses, including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	20% Straight Line
Motor vehicles	10% Straight Line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

1 Accounting policies

(Continued)

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Donations and gifts	42,728	-	42,728	9,687	343	10,030
Legacies receivable	87,228	-	87,228	1,000	-	1,000
Grants receivable	-	276,614	276,614	-	213,324	213,324
Membership fees	1,050	-	1,050	919	-	919
	<u>131,006</u>	<u>276,614</u>	<u>407,620</u>	<u>11,606</u>	<u>213,667</u>	<u>225,273</u>
Grants receivable for core activities						
Big Lottery Grant	-	91,439	91,439	-	89,373	89,373
Other Grants	-	158,175	158,175	-	93,956	93,956
Kerswella Grant	-	27,000	27,000	-	29,995	29,995
	<u>-</u>	<u>276,614</u>	<u>276,614</u>	<u>-</u>	<u>213,324</u>	<u>213,324</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

4 Charitable activities

	Minibus transport	Patients	Catering	Exercise	Projects	Newton Abbot Groups	Dementia Support	Social Benefits Reading	Advice	Do it for Hampers	Total 2021	Total 2020
	£	£	£	£	£	£	£	£	£	£	£	£
Sales within charitable activities	450	4,200	8,473	1,958	34,972	529	4,500	-	300	436	56,518	70,649
Analysis by fund												
Unrestricted funds	450	4,200	-	1,958	34,972	529	4,500	-	300	-	46,909	
Restricted funds	-	-	8,473	-	-	-	-	-	-	436	9,609	
	450	4,200	8,473	1,958	34,972	529	4,500	-	300	436	56,518	
For the year ended 31 March 2020												
Unrestricted funds	7,534	14,246	4,104	10,950	13,758	3,663	-	628	5,521	-		60,404
Restricted funds	-	-	-	-	-	-	450	-	-	9,795		10,245
	7,534	14,246	4,104	10,950	13,758	3,663	450	628	5,521	9,795		70,649

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

5 Other trading activities

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Fundraising events	5,978	9,936
The Hub Shop income	11,938	10,364
Other trading activities	17,916	20,300

6 Investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Interest receivable	176	630

7 Other income

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Other income	83	50

8 Raising funds

	Unrestricted funds	Total
	2021	2020
	£	£
Fundraising and publicity	-	42
Other fundraising costs	-	42

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

9 Charitable activities

	2021 £	2020 £
Staff costs		
Depreciation and impairment	214,642	166,253
Minibus and mobility vehicle	6,131	7,506
Patients transport	1,690	3,427
Catering	6,539	10,349
Exercise	-	6
Establishment costs	12,090	15,789
Donations	53,554	28,223
Sorting Office Project	-	325
Projects	1,494	-
Newton Abbot groups	282	22
Accountancy fees	44	5,890
Legal and professional fees	880	880
Bank Charges	840	1,014
Fundraising events	795	-
Other charitable expenditure	34	5,598
	24,520	23,085
	<u>323,535</u>	<u>268,367</u>
	<u>323,535</u>	<u>268,367</u>
Analysis by fund		
Unrestricted funds		
Restricted funds	51,099	
	<u>272,436</u>	
	<u>323,535</u>	
For the year ended 31 March 2020		
Unrestricted funds		47,448
Restricted funds		220,919
		<u>268,367</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

10 Support costs

	Governance costs £	2021 £	Governance costs £	2020 £
Accountancy	880	880	880	880
Legal and professional	840	840	1,014	1,014
	<u>1,720</u>	<u>1,720</u>	<u>1,894</u>	<u>1,894</u>
Analysed between				
Charitable activities	<u>1,720</u>	<u>1,720</u>	<u>1,894</u>	<u>1,894</u>

Accountancy consists of payments to the independent examiner of £880 (2020: £880).

11 Trustees

During the year Trustees received reimbursement of charity expenses incurred personally to the sum of £1,857 (2020: £Nil).

During the year the trustees donated funds without conditions totalling £858 (2020: £90) and paid memberships totalling £Nil (2020: £10).

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

12 Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Manager	1	1
Deputy manager	1	1
Transport co-ordinator	2	2
Mental health support worker	2	2
Hospital discharge and carer support worker	1	1
Health and well being co-ordinators	3	3
Kerswella manager	2	2
Dementia support workers	2	2
	<u>14</u>	<u>14</u>

Employment costs

	2021 £	2020 £
Wages and salaries	204,465	160,107
Other pension costs	10,177	6,146
	<u>214,642</u>	<u>166,253</u>

There were no employees who received total employee benefits (excluding employer pension costs) of more than £60,000.

There were no employees whose annual remuneration was £60,000 or more.

13 Other

	2021 £	2020 £
The Hub Shop expenses	6,881	7,618
	<u>6,881</u>	<u>7,618</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

14 Net gains/(losses) on investments

	Unrestricted funds	Unrestricted funds
	2021	2020
	£	£
Revaluation of investments	4,714	(2,178)

15 Tangible fixed assets

	Fixtures and fittings	Motor vehicles	Total
	£	£	£
Cost			
At 1 April 2020	7,415	98,618	106,033
Additions	-	1,684	1,684
At 31 March 2021	7,415	100,302	107,717
Depreciation and impairment			
At 1 April 2020	6,566	73,167	79,733
Depreciation charged in the year	849	5,281	6,130
At 31 March 2021	7,415	78,448	85,863
Carrying amount			
At 31 March 2021	-	21,854	21,854
At 31 March 2020	849	25,452	26,301

16 Fixed asset investments

	£
Cost or valuation	
At 1 April 2020	27,764
Valuation changes	4,714
At 31 March 2021	32,478
Carrying amount	
At 31 March 2021	32,478
At 31 March 2020	27,764

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

17 Debtors

Amounts falling due within one year:	2021 £	2020 £
Prepayments and accrued income	3,236	4,469
	<u>3,236</u>	<u>4,469</u>

18 Creditors: amounts falling due within one year

	Notes	2021 £	2020 £
Other taxation and social security		2,739	2,856
Deferred income	19	5,770	43,572
Other creditors		1,200	1,201
Accruals		2,502	1,504
		<u>12,211</u>	<u>49,133</u>

19 Deferred income

	2021 £	2020 £
Other deferred income	5,770	43,572
	<u>5,770</u>	<u>43,572</u>
Current liabilities	5,770	43,572
	<u>5,770</u>	<u>43,572</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

20 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1 April 2020 £	Movement in funds		Balance at 31 March 2021 £
		Incoming resources £	Resources expended £	
Mini Bus	15,958	-	(3,614)	12,344
Mini Bus 2	5,077	-	(200)	4,877
Big Lottery Grant Equipment	567	-	(567)	-
Lottery Building Capabilities Grant	2,273	-	(2,273)	-
Big Lottery Grant	-	91,439	(91,439)	-
Kerswella Care - Building Connections Fund	7,913	27,000	(24,263)	10,650
CVS Projects	-	125,899	125,899	251,798
Mental Health - CAF	-	13,525	13,525	27,050
Home Help Support	-	18,011	-	18,011
Investing in Devon (Buckland - BuSS)	742	-	742	1,484
Devon CC - Dementia Support	-	740	740	1,480
Do It for Deaks	9,795	436	-	10,231
	<u>42,326</u>	<u>277,050</u>	<u>18,550</u>	<u>56,113</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

21 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2019 £	Incoming resources £	Movement in funds		Balance at 1 April 2020 £	Movement in funds		Balance at 31 March 2021 £
			Resources expended £	Transfers £		Incoming resources £	Revaluations, gains and losses £	
Wheelchair Vehicle	3,762	-	(1,544)	-	2,218	-	-	2,218
6 month expenditure reserve	35,000	35,000	-	-	70,000	83,247	-	153,247
Vehicle replacement reserve	70,000	-	-	-	70,000	-	-	70,000
Vehicle repair reserve	5,000	-	-	-	5,000	-	-	5,000
Equipment replacement reserve	5,000	-	-	-	5,000	-	-	5,000
Covid-19 Contingency	-	-	-	-	10,000	-	-	10,000
Projects	-	-	-	-	30,000	-	-	30,000
CAF Portfolio reserve	-	-	-	-	(2,178)	70,000	-	70,000
	118,762	35,000	(1,544)	40,000	(2,178)	153,247	4,714	2,536
					190,040			348,001

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

22 Analysis of net assets between funds

	Unrestricted 2021 £	Restricted 2021 £	Total 2021 £	Unrestricted 2020 £	Restricted 2020 £	Total 2020 £
Fund balances at 31 March 2021 are represented by:						
Tangible assets	12,146	9,708	21,854	14,166	12,135	26,301
Investments	32,478	-	32,478	27,764	-	27,764
Current assets/ (liabilities)	345,525	46,405	391,930	205,395	30,191	235,586
	<u>390,149</u>	<u>56,113</u>	<u>446,262</u>	<u>247,325</u>	<u>42,326</u>	<u>289,651</u>

KINGSCARE LEAGUE OF FRIENDS

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE YEAR ENDED 31 MARCH 2021

23 Operating lease commitments

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2021 £	2020 £
Within one year	-	2,083
	<u> </u>	<u> </u>

24 Related party transactions

Remuneration of key management personnel

The remuneration of key management personnel is as follows.

	2021 £	2020 £
Total Remuneration	66,470	57,090
	<u> </u>	<u> </u>