



Report and Financial Statements

Year ending 5th April 2022

Charity number 1174431
Patron Kathryn Gutteridge



REPORT OF THE TRUSTEES

For the Year ending April 2022.

OBJECTIVES AND ACTIVITIES

The objective of the CIO is:

To promote and protect the good health and wellbeing of pregnant women, mothers and their families by offering support, information and guidance.

Activities

We currently offered services to parents and their families in Birmingham and Solihull.

Our aim is to support parents through antenatal and postnatal period. We do this by offering a range of services whilst promoting the importance of informed choice and consent in maternity care. Our work centres around supporting with the emotional wellbeing of the family.



Chair's report

April 2021 – April 2022

Chair's report

I would like to start by thanking everyone for their continued hard work, resourcefulness and resilience over the year which has seen very difficult times for families across Birmingham and Solihull.

Our postnatal activities through 2021 we concluded by continuing the parent Walk and Talk in Edgbaston and Stechford. This Walk and talk was complete in September 2021. As we reassessed our plan moving forward whilst Covid-19 was still around we decided that in January 2022 we would begin our swimming lessons for parents and their baby the first half term was a success with 2 full classes. Unfortunately from February 2022 the uptake declined and this meant that we had to close our swimming classes. During this period we began to work on a The National Lottery Community Fund and we were successful for £9600 to deliver services in 2022-2023, this was happy news all round to end the year.

I would like to take the opportunity to give thanks to:

- Our funders, without your continued support we would not have been able to deliver our sessions.
- Service users, without you we wouldn't be the charity that we are. You are the reason why we are still here and still actively present in our communities.
- Referrers, for recognising the services we provide and making the referrals that have seen our sessions well attended. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. The charity could not be where it is today and have the positive impact it does without you.

Treasury Update

5 Apr 2021 - 4 Apr 2022

We began this financial year with a balance of £2075.35

- Application The National Lottery Community Fund awarded us £9600.00 for core services this was received on 4/3/22
- Mark Harris at Birthing Awareness kindly sponsored us 3 delegate spaces on his 3 Step Process Course – Thank you Mark for this kind offer so we can serve families who experience trauma.
- Thank you to Sport Birmingham for your grant of £1560 received 15/2/21 to support work in 21-22.

Financial year ended with a balance of £10155.77 on the 5.4.22.

Thank you again for a great year, we look forward to more in the next!

R Grant
Chair of Trustees



CHARITY SERVICE DETAILS

This year we have decided to share a case study from one of the parents who attended the Walk and Talk.

Case study from Edgbaston walk & talk:

MP joined our Edgbaston walks with her 3 year old son K. They had recently moved to Birmingham from London and didn't know anyone in the area. It transpired that they were living in a women's shelter and at that time there were still many pandemic restrictions, therefore it was very difficult to meet people within the shelter as mixing "bubbles" was not allowed, and a lot of groups inside were still limited on when they were running. Not being able to mix with other families was difficult as I had moved to keep myself and my son safe. There was on occasion where I felt I had no one to talk to that I messaged the session leader and she was so kind and friendly, I was grateful for her listening ear.

The walks proved to be a real lifeline for us over the 7 months we attended. Over time as trust was built up with the walk session leader, I opened up about why we were in the shelter. I had escaped a violent, controlling partner and were in the courts system fighting for custody of my child. The walks offered structure, peace and security in a turbulent time of our lives. Having a small group also made it easier for me to confide in the session leader. The walks offering opportunities like looking at the wildlife and feeding the birds was a lovely part of the experience for us both. It was a desperate time for my family and Positive Birthing and Beyond were able to support us at a time when we really needed it.

Thank you so much for your kind support.



STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

Positive Birthing and Beyond CIO is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 30 August 2017.

It is governed by a board of trustees. All new trustees are given, in the view of the trustees, sufficient training and have enough knowledge to control the charity's governance, strategy and operations effectively. Trustees are recruited, on the basis of having a broad range of knowledge and experience across the board of trustees.

Appointment of Trustees

In accordance with the terms of the constitution there must be at least three charity trustees. If the number falls below this minimum, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Any member of the public wishing to become a Trustee must provide an expression of interest in the event of a vacancy. The prospective applicant will then be given an opportunity to observe a board meeting which can then be followed by an application. Upon successful appointment the applicant will be DBS checked where appropriate and will be skills based audited. Upon conclusion of the process and satisfactory results, the applicant will be formally invited to join the board.

Reserves policy

The trustees do not currently have a reserves policy as the charity does not employ staff or acquire any liabilities. At an appropriate time the trustees are likely to adopt a policy of at least three months running costs.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

FUTURE PLANS

We as an organisation aim to continue supporting local women/people and their families in Birmingham and Solihull.

Positive Birthing and Beyond wants equality for all birthing women/people, we want all women/people to feel that they all have access to holistic maternity services irrespective of location and finance. Promoting informed choice so women/people and their families can experience positive birth experiences.



REFERENCE AND ADMINASTRITIVE DETAILS

Registered Charity Number

1174431

Registered Office

254 Gregory Avenue, Birmingham, B29 5DR

Trustees

Rachael Grant - present

Angela Rainey - present

Precious Mealia – present

Beatrice Bennett - present

STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice)

In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charity SORP,
- Make judgements and estimates that are reasonable and prudent,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29th September 2022 and signed on its behalf by:

Rachael Grant
Chair of Trustees

Registered number
CE012067

Positive Birthing & Beyond CIO

Accounts

5 April 2022

Positive Birthing & Beyond CIO
Report and accounts
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Positive Birthing & Beyond CIO Company Information

Trustees

Precious Mealia
Beatrice Bennett
Angela Rainey

Chair

Rachael Grant

Accountants

Darcey & Bate
3 Rushton's Yard
Market Street
Ashby de la Zouch
Leicestershire
LE65 1AL

Registered number

CE012067

Positive Birthing & Beyond CIO Accountants' Report

Accountants' report to the directors of Positive Birthing & Beyond CIO

You consider that the company is exempt from an audit for the year ended 5 April 2022. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate
Chartered Certified Accountants

3 Rushton's Yard
Market Street
Ashby de la Zouch
Leicestershire
LE65 1AL

7 July 2022

Positive Birthing & Beyond CIO
Profit and Loss Account
for the year ended 5 April 2022

	2022 £	2021 £
Turnover	10,226	2,288
Cost of raw materials and consumables	-	(25)
Gross profit	<u>10,226</u>	<u>2,263</u>
Staff costs	(1,860)	(1,088)
Other charges	(285)	(394)
Profit before taxation	<u>8,081</u>	<u>781</u>
Profit	<u><u>8,081</u></u>	<u><u>781</u></u>

Positive Birthing & Beyond CIO**Registered number:****CE012067****Balance Sheet****as at 5 April 2022**

	2022 £	2021 £
Current assets	<u>10,156</u>	<u>2,075</u>
Net current assets	<u>10,156</u>	<u>2,075</u>
Total assets less current liabilities	10,156	2,075
Accruals and deferred income	<u>(5,228)</u>	<u>(5,228)</u>
Net assets/(liabilities)	<u><u>4,928</u></u>	<u><u>(3,153)</u></u>
 Capital and reserves	 <u><u>4,928</u></u>	 <u><u>(3,153)</u></u>
	Number	Number
Average number of employees	<u><u>0</u></u>	<u><u>0</u></u>

The company is a private company limited by shares and incorporated in England. Its registered office is 254 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 7 July 2022

Positive Birthing & Beyond CIO
Detailed profit and loss account items
for the year ended 5 April 2022

This schedule does not form part of the statutory accounts

	2022 £	2021 £
Sales		
Sales	<u>10,226</u>	<u>2,288</u>
Cost of raw materials and consumables		
Purchases	<u>-</u>	<u>25</u>
Staff costs		
Wages and salaries	<u>1,860</u>	<u>1,088</u>
Other charges		
General administrative expenses:		
Telephone and internet	-	10
Stationery and printing	95	-
Insurance	136	132
Sundry expenses	<u>-</u>	<u>5</u>
	<u>231</u>	<u>147</u>
Legal and professional costs:		
Advertising and PR	<u>54</u>	<u>247</u>
	<u>54</u>	<u>247</u>
	<u>285</u>	<u>394</u>