

# POSITIVE BIRTHING AND BEYOND CIO

England & Wales · Charity number 1174431

## Details

---

**Status** Registered

**Legal form** CIO

**Registered** 2017-08-30

**Register** [View on the Charity Commission register](#)

## Contact

---

**Address** 254 Gregory Avenue  
Birmingham  
B29 5DR

**Phone** 07549155564

**Email** [info@positivebirthingandbeyond.org.uk](mailto:info@positivebirthingandbeyond.org.uk)

**Website** [www.positivebirthingandbeyond.org.uk](http://www.positivebirthingandbeyond.org.uk)

## Activities

---

**Objects:** TO PROMOTE AND PROTECT THE GOOD HEALTH AND WELLBEING OF PREGNANT WOMEN, MOTHERS AND THEIR FAMILIES BY OFFERING SUPPORT, INFORMATION AND GUIDANCE.

**Activities:** We currently offer services to women and their families in Birmingham and Solihull. The services we deliver are to help empower women for preparing for birth and parenting. We deliver a range of workshops to help prepare for infant feeding, positive birth choices and parenting. We also offer one to one support to vulnerable women and online support to women in a private forum.

## Classification

---

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

## Geography

---

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£4,979	£8,499	-	-
2024-04-05	£9,923	£3,335	-	-
2023-04-05	£278	£5,099	-	-
2022-04-05	£10,226	£2,145	-	-
2021-04-05	£2,288	£1,507	-	-

## Trustees

Name	Role	Appointed
ANGELA SUZANNE RAINEY		2017-03-16
Beatrice Kathleen Bennett		2020-09-20
RACHAEL GRANT		2017-03-16
Rujnita Watts		2025-01-03
Sarah Curtis-Spence		2022-09-29

**POSITIVE BIRTHING AND BEYOND CIO**

England & Wales - Charity number 1174431

---

# Accounts

---

Annual Report

2024 - 2025



positive birthing  
& beyond cio

Positive Birthing and Beyond CIO

Charity Number 1174431

07549155564

[info@positivebirthingandbeyond.org.uk](mailto:info@positivebirthingandbeyond.org.uk)

## Chairs Report – 2024-2025

This last year has been another great year for Positive Birthing and Beyond, supporting families across Birmingham and Solihull. Much of our work for 2024 was focused on delivery of a women and girls project, which was really successful in offering 3 various walks per week for women and girls to engage in breaking down barriers for isolation as well as keeping active.

The £5000 donation from the Postcode Lottery continued to support our delivery of support this year so we could offer some smaller scaled sessions for parents as we continued to work on our main grant proposal for The National Lottery which was awarded to us in August 2024 with a view to begin the project in January 2025. We did start the project and have been able to employ 4 local lived experience practitioners to facilitate the project. This has been very exciting time for us here.

We have networked extremely hard this last year and have been able to also build great working relationships with the Solihull family Hubs that are a massive support to our organisation and the activities we deliver.

I would like to thank the board of trustees and project facilitators, for another year of continued commitment to the work of charity. Your hard work ensures the provision of much needed support for families in Birmingham and Solihull can continue. A special thank you also to Katy, whose hard work, passion and commitment, continues to drive the charity forward and ensure families receive the support they deserve.

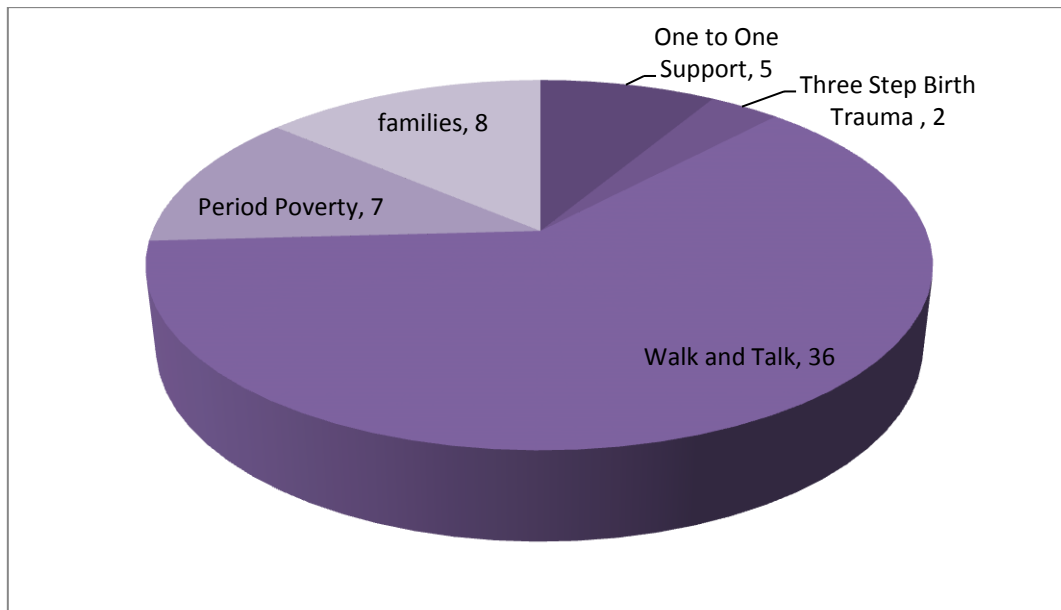
The board would also like to give thanks to:

- All our funding bodies, without your continued support our charity would not be able to provide this essential support.
- Service users, without you we wouldn't be the charity that we are. Thank you for engaging with us, the feedback you have given and for sharing our services with family and friends.
- Professionals, who share our services with families and refer them for support, recognising the essential support we can provide and ensuring engagement with our activities so they can continue. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. Our charity relies on the essential support you provide and we are so grateful for the positive impact you have brought to our families.

My first year in the role of chair of trustees has been a privilege; I continue to be very grateful to be able to work with the board of trustees and our project facilitators, to support families across Solihull and Birmingham. I look forward to the year ahead to see the growth of Positive Birthing and Beyond, to welcoming new trustees and delivering the three year National Lottery Funded project.

Sarah Curtis-Spence – Chair of Trustees

## 2023-2024 – Figures of Support



## Feedback from Women and Girls we support have said about our support?

### Overall Experience and Benefits:

- Participants found the activity highly beneficial for managing their **mental and physical health**.
- They appreciated the **social aspects**, such as meeting new people and feeling less alone.
- The activity helped boost **confidence** in social interactions.

### Ratings:

- Overall experience was rated highly: **8 and 10 out of 10**.
- Likelihood to recommend: both participants gave a **10/10**.

### What They Enjoyed:

- Friendly facilitator.
- Opportunity to **get outdoors, exercise, and socialise**—especially with other mothers.
- Enjoyed both **new and familiar company**

### Suggestions for Improvement:

- One participant mentioned a **scheduling improvement** (activity moved from afternoon to morning made it more accessible).
- No other changes suggested, but a **strong desire for continued funding** and for the activity to keep running.

### Future Participation:

- Both participants intend to continue taking part.

### Additional Comments:

- Appreciation for the activity being **free and accessible**.
- Gratitude expressed for the positive impact on well-being.

## **Financial Statement – 2024-2025**

Positive Birthing and Beyond (PBB) is building from strength to strength and this year has definitely been a great stepping stone for us with securing and beginning the delivery of our three year funding project of pregnancy outreach working in the 1001 days of the parent-Infant relationship. This has been great for us here at PBB as we have now taken on employed staff on fixed term contracts.

We started the year strong with a grant from Think Active that came in just before the financial year started. This supported the delivery of our women and girls walk and talk project, this allowed us to facilitate a really interesting topic and supported the continuation of the walks.

We have been able to build some unrestricted reserves and we have a view of looking at how we might be able to start a strategy for bringing in a little income going forward to 25-26 through Eventbrite and will look at how we do this going forward. Having this surplus allows us to flexibly use the funds to meet the needs of the local communities we serve in Solihull and Birmingham.

We have navigated the realms of becoming a registered employer and we continue to look for other funding to support some of the other key work we can and wish to deliver in the future.

Thank you to all the organisations that funded us we will always be grateful for your support.

Rachael Grant – Treasurer.

## Support offered – 2024-2025



The feedback from the Women and Girls walk and talk project demonstrated the need for the support to ensure people felt supported in their relationships and physical wellbeing. We will continue to build on our knowledge and skills set that will support us to continue offering our reusable period poverty wear and now are pleased that all staff are trained to issue contraception as a community partner of Umbrella.

We are privileged to have been awarded the National Lottery Project and as a result of that we have been able to offer continuity for over a 12 month period, which has meant better partnership working with health visitors and midwives. The relationship that has also been so beneficial to us is the roll out of the Solihull Family Hubs – this partnership has been invaluable to us as we embark on the journey of delivering our family support from the hub at Riverside. We have begun communicating with other hubs for 25-26.

Our project evaluations demonstrate the need for us to continue offering the support that we do as creating the opportunity for support with lay facilitators can be very empowering for communities. Our facilitators bring a wealth of knowledge that increases our offer to families.

A massive thank you to all who have connected with us in some way – we are grateful for your input.

A special thank you to

- \*\*Terry Yarnall who is our external advisor,
- \*\*Darcey & Bate Accountants Limited, for your continued support,
- \*\*Solihull Family Hubs, Community Partner,
- \*\*Stephen Curtis-Spence, Technical advisor,

We continue to move onwards and upwards – Making the Change!

Positive Birthing and Beyond CIO

Registered number  
CE1174431

Positive Birthing and Beyond CIO

Accounts

5 April 2025

**Positive Birthing and Beyond CIO  
Report and accounts  
Contents**

	<b>Page</b>
Accountants' report	1
Profit and loss account	2
Balance sheet	3
Information for Director Only	4

## **Positive Birthing and Beyond CIO Accountants' Report**

### **Accountants' report to the directors of Positive Birthing and Beyond CIO**

You consider that the company is exempt from an audit for the year ended 5 April 2025. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate Accountants  
Chartered Certified Accountants

3 Rushton's Yard  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

31 October 2025

**Positive Birthing and Beyond CIO  
Profit and Loss Account  
for the year ended 5 April 2025**

	<b>2025</b> £	<b>2024</b> £
<b>Turnover</b>	4,979	9,923
Cost of raw materials and consumables	(504)	-
<b>Gross profit</b>	<u>4,475</u>	<u>9,923</u>
Staff costs	(7,447)	(3,325)
Other charges	(548)	(115)
<b>(Loss)/profit before taxation</b>	<u>(3,520)</u>	<u>6,483</u>
<b>(Loss)/profit</b>	<u><u>(3,520)</u></u>	<u><u>6,483</u></u>

**Positive Birthing and Beyond CIO****Registered number:****CE1174431****Balance Sheet****as at 5 April 2025**

	<b>2025</b>	<b>2024</b>
	<b>£</b>	<b>£</b>
Current assets	3,070	6,591
Creditors: amounts falling due within one year	<u>-</u>	<u>(1)</u>
Net current assets	<u>3,070</u>	<u>6,590</u>
Total assets less current liabilities	<u>3,070</u>	<u>6,590</u>
<b>Net assets</b>	<u><u>3,070</u></u>	<u><u>6,590</u></u>
<b>Capital and reserves</b>	<u><u>3,070</u></u>	<u><u>6,590</u></u>
	<b>Number</b>	<b>Number</b>
Average number of employees	<u><u>4</u></u>	<u><u>-</u></u>

The company is a private company limited by shares and incorporated in England. Its registered office is 245 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 31 October 2025

**Positive Birthing and Beyond CIO**  
**Detailed profit and loss account items**  
**for the year ended 5 April 2025**

*This schedule does not form part of the statutory accounts*

	<b>2025</b>	<b>2024</b>
	£	£
<b>Sales</b>		
Sales	<u>4,979</u>	<u>9,923</u>
<b>Cost of raw materials and consumables</b>		
Purchases	<u>504</u>	<u>-</u>
<b>Staff costs</b>		
Wages and salaries	7,212	3,325
Employer's NI	<u>235</u>	<u>-</u>
	<u>7,447</u>	<u>3,325</u>
<b>Other charges</b>		
General administrative expenses:		
Telephone and internet	43	-
Subscriptions	157	-
Insurance	126	115
Software	<u>125</u>	<u>-</u>
	<u>451</u>	<u>115</u>
Legal and professional costs:		
Accountancy fees	<u>97</u>	<u>-</u>
	<u>97</u>	<u>-</u>
	<u>548</u>	<u>115</u>

**POSITIVE BIRTHING AND BEYOND CIO**

England & Wales - Charity number 1174431

---

# Accounts

---

Annual Report

2023 - 2024



positive birthing  
& beyond cio

Positive Birthing and Beyond CIO

Charity Number 1174431

07549155564

[info@positivebirthingandbeyond.org.uk](mailto:info@positivebirthingandbeyond.org.uk)

## Chairs Report – 2023-2024

This last year has been another great year for Positive Birthing and Beyond, supporting families across Birmingham and Solihull. Thanks to ongoing funding, we have been able to continue to fulfil our aim of offering families support with feeding, birth choices and mental wellbeing.

At the start of 2024, we started a new project supporting families living in poverty, following receiving a feeding grant, to be able to provide emergency formula milk for families in need. Our birth trauma project has continued, with a further 5 people who have experienced challenging or traumatic births, supported through the Three Step Process Technique. We have also provided 5 families with one-to-one support in pregnancy and the postnatal period including planning for birth and supporting the transition to parenthood. Walk and Talk, an ongoing successful project, has supported a further 10 adults and 13 children with a great opportunity to get outside, exercise and meet other families.

We have been able to secure further funding to continue our work, including a £5000 donation from the Postcode Lottery, to continue and further enhance our one-to-one support packages, and a grant from Think Active to support women and girls, with improving their physical and mental wellbeing. The board of trustees would like to make a special thanks to both the Postcode Lottery and Think Active for giving us the opportunity to start new projects and support more families.

I would like to thank the board of trustees and project facilitators, for another year of continued commitment to the work of charity. Your hard work ensures the provision of much needed support for families in Birmingham and Solihull can continue. A special thank you also to Katy, whose hard work, passion and commitment, continues to drive the charity forward and ensure families receive the support they deserve.

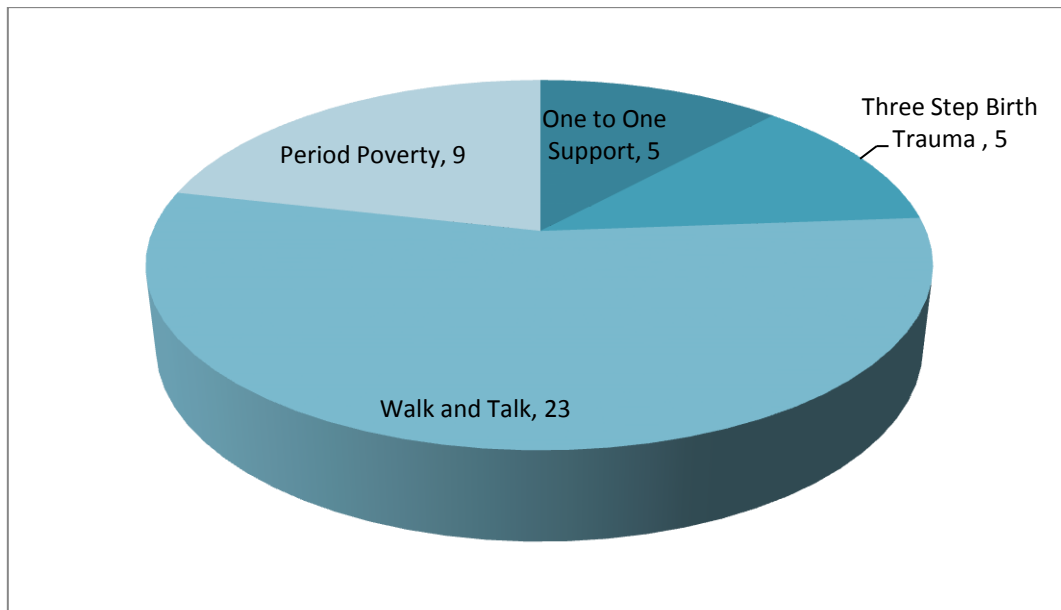
The board would also like to give thanks to:

- All our funding bodies, without your continued support our charity would not be able to provide this essential support.
- Service users, without you we wouldn't be the charity that we are. Thank you for engaging with us, the feedback you have given and for sharing our services with family and friends.
- Professionals, who share our services with families and refer them for support, recognising the essential support we can provide and ensuring engagement with our activities so they can continue. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. Our charity relies on the essential support you provide and we are so grateful for the positive impact you have brought to our families.

My second year in the role of chair of trustees has been a privilege; I continue to be very grateful to be able to work with the board of trustees and our project facilitators, to support families across Solihull and Birmingham. I look forward to the year ahead to see the growth of Positive Birthing and Beyond, to welcoming new trustees, our new funding proposal for more sustainable project delivery and we can continue to build on our supportive community for all those who need it.

Beatrice Bennett – Chair of Trustees

## 2023-2024 – Figures of Support



## What families have said about our support?

Personally I've struggled for years with my mental health and the walk n talk was just a breath of fresh air where I didn't feel judged in any way. P LOVED the social element of it (so I know it was of benefit to her too). I got to socialise with people going through the same struggles at the same time as me. It felt like a reset to my week (aswell as a bit of consistency) where I felt obligated to show up but knowing that it would be beneficial to my mental health. Naomi was amazing at listening, and never felt judgmental. She always gave good advice and was honestly a joy to be around. I've recommended the walk to a few other moms that have had babies & will continue to recommend going forward too. It's such underrated service that u provide xx N and P.

If it wasn't for the support I received from Katy around breastfeeding, I would have given up and written it off as a bad job. Katy gave me confidence to continue on my breastfeeding journey despite the many pitfalls and hurdles I encountered. Having the support I received was invaluable and I couldn't be more grateful. Thank you

## **Financial Statement – 2023-2024**

Positive Birthing and Beyond (PBB) is building from strength to strength and this year has definitely been a great stepping stone for us.

We see the year in with the remaining spend of our Awards for All Grant from the National Lottery Communities Fund which contributed to our direct work with families across Birmingham and Solihull for 22-23.

We have also been extremely fortunate to have been awarded a Postcode Lottery Grant of £5000 towards the end of this financial year that is unrestricted spend thanks to Postcode Lottery players, this has meant that we are able to have some financial stability over sustaining the charity and flexibility as to where this spend is distributed.

PBB also received £250 grant towards the end of the financial year from Winter Formula Fund to help bridge the gap for parents in financial hardship to ensure babies that are formula fed are not compromised.

We also received 2 donations from Amazon Smile which is no longer running.

Looking to the future we are working on a more sustainable bid with the National Lottery to offer a Pregnancy Outreach service across Solihull, this is what we are financially budgeting and working on for delivery next year.

We will also be aiming to register with Gift Aid to ensure that any future donations are maximised for us.

PBB Walk and Talk will continue thanks to Think Active supporting us with our walks for North Solihull supporting women and girls – this grant came in at the end of our 23-24 financial year and will support this project being active in 24-25.

We are continuing to build our unrestricted reserves to give us flexibility to meet the needs of service users across Birmingham and Solihull.

Thank you to all the organisations that funded us – we are building slowly and strongly.

Rachael Grant – Treasurer.

## Support offered – 2023-24



The support parents have needed from us have been vast but are so unique to their lives. PBB always support parents to be empowered and we help them to overcome any difficult feelings they may be experiencing in relation to their birth experiences. The peer support we offer demonstrates a need for families that want more personalised support and care. We will continue to build on our knowledge and skills set that will support us to continue offering our reusable period poverty wear and going forward to 24-25 contraception for families in partnership with Umbrella.

We are always privileged to be part of a family's journey and we envisage PBB strengthening over the years to come in terms of offering a more sustainable project.

Our project evaluations demonstrate the need for us to continue offering the support that we do. Our facilitators bring a wealth of knowledge that increases our offer to families.

A massive thank you to all the sessional workers who have come along for the journey this year, we are grateful to you and your commitment to Positive Birthing and Beyond.

A special thank you to

\*\*Terry Yarnall who is our external advisor,

\*\*Darcey & Bate Accountants Limited, for your continued support.

We continue to move onwards and upwards – Making the Change!

Positive Birthing and Beyond CIO

Registered number  
CE1174431

Positive Birthing and Beyond CIO

Accounts

5 April 2024

**Positive Birthing and Beyond CIO  
Report and accounts  
Contents**

	<b>Page</b>
Accountants' report	1
Profit and loss account	2
Balance sheet	3
Information for Director's Only	4

## **Positive Birthing and Beyond CIO Accountants' Report**

### **Accountants' report to the directors of Positive Birthing and Beyond CIO**

You consider that the company is exempt from an audit for the year ended 5 April 2024. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate  
Chartered Certified Accountants

3 Rushton's Yard  
Market Street  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

3 November 2024

**Positive Birthing and Beyond CIO  
Profit and Loss Account  
for the year ended 5 April 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
<b>Turnover</b>	9,923	278
Staff costs	(3,325)	(4,713)
Other charges	(115)	(386)
<b>Profit/(loss) before taxation</b>	<u>6,483</u>	<u>(4,821)</u>
<b>Profit/(loss)</b>	<u>6,483</u>	<u>(4,821)</u>

**Positive Birthing and Beyond CIO****Registered number:****CE1174431****Balance Sheet****as at 5 April 2024**

	<b>2024</b>	<b>2023</b>
	<b>£</b>	<b>£</b>
Current assets	6,591	5,335
Creditors: amounts falling due within one year	<u>(1)</u>	<u>(5,228)</u>
Net current assets	<u>6,590</u>	<u>107</u>
Total assets less current liabilities	<u>6,590</u>	<u>107</u>
<b>Net assets</b>	<u><b>6,590</b></u>	<u><b>107</b></u>
<b>Capital and reserves</b>	<u><b>6,590</b></u>	<u><b>107</b></u>
	<b>Number</b>	<b>Number</b>
Average number of employees	<u>0</u>	<u>0</u>

The company is a private company limited by shares and incorporated in England. Its registered office is 245 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 30 November 2024

**Positive Birthing and Beyond CIO**  
**Detailed profit and loss account items**  
**for the year ended 5 April 2024**

*This schedule does not form part of the statutory accounts*

	<b>2024</b>	<b>2023</b>
	£	£
<b>Sales</b>		
Sales	<u>9,923</u>	<u>278</u>
<b>Staff costs</b>		
Wages and salaries	<u>3,325</u>	<u>4,713</u>
<b>Other charges</b>		
General administrative expenses:		
Insurance	<u>115</u>	<u>136</u>
	<u>115</u>	<u>136</u>
Legal and professional costs:		
Advertising and PR	<u>-</u>	<u>250</u>
	<u>-</u>	<u>250</u>
	<u>115</u>	<u>386</u>

**POSITIVE BIRTHING AND BEYOND CIO**

England & Wales - Charity number 1174431

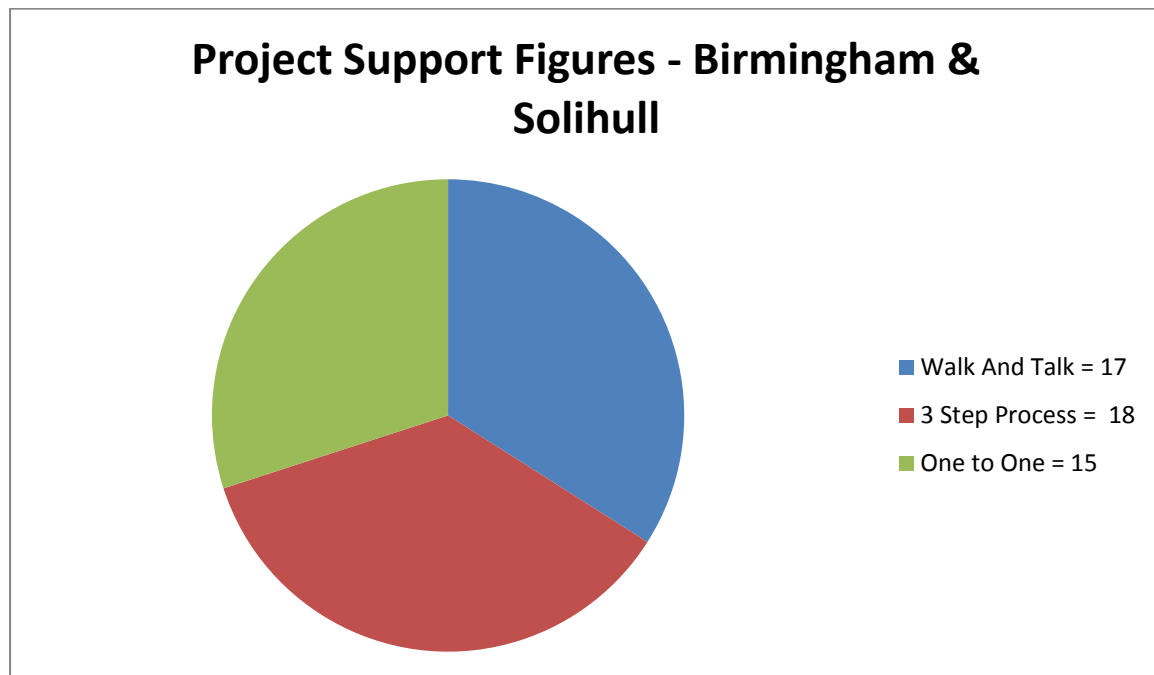
---

# Accounts

---

## Chairs Report 2022 - 2023

The last year has seen great progress for Positive Birthing and Beyond, supporting a total of 50 families across Birmingham and Solihull. Our new project has supported 18 people who have experienced challenging or traumatic births, using the Three Step Rewind technique. We have also supported 15 families through one-to-one support in pregnancy and the postnatal period including planning for birth and supporting the transition to parenthood. Walk and Talk, a continuing successful project, has supported a further 17 individuals.



I would like to thank the board of trustees and project facilitators for their continued commitment to the work of charity. Your hard work ensures the much needed support for families in Birmingham and Solihull can continue.

This year has seen some changes to the board of trustees. Our chair of trustees since the start of Positive Birthing and Beyond, Rachel, has now taken on the position of treasurer. I would like to thank Rachel for her hard work and commitment in guiding the charity for 5 years and for her continued support in this new role. I would also like to take the opportunity to officially welcome our newest trustee, Sarah. We have said Goodbye this year to one of our founding trustees Precious, and we wish her all the best in her new adventures.

The board would also like to give thanks to:

- The funding bodies, without your continued support our charity would not be able to continue provide this essential support.
- Service users, without you we wouldn't be the charity that we are. Thank you for engaging with us, the feedback you have given and for sharing our services with family and friends.



- Professionals, who share our services with families and refer them for support, recognising the essential support we can provide and ensuring engagement with our activities so they can continue. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. Our charity relies on the essential support you provide and we are so grateful for the positive impact you have brought to our families.

My first year in the role of chair of trustees has been a privilege; I feel very grateful to be able to work with the board of trustees and our project facilitators, to support families across Solihull and Birmingham. I look forward to the year ahead to see the growth of Positive Birthing and Beyond, as we start new projects and continue with our successes of the last 12 months.

Beatrice Bennett – Chair.

### Financial Statement – 2022-2023

We would like to say a massive thank you to the National Lottery Communities fund. We have been able to offer such great support to families because of this grant, we have carried some of this work over due to a slight underspend within these 12 months. We are also building our unrestricted money that we can use for unexpected costs that might arise, but also we can use this to facilitate adhoc support work for families in Birmingham and Solihull.

Thank you to those that raised money to support us as a small local charity.

We are looking now to 2023 to making us more sustainable and looking for a larger grant.

Rachael Grant – Treasurer.

Support offered – 2022 – 2023



The support that we have offered can be broken down further to state that we have been listening to families and breaking down barriers of isolation. Being able to have no restrictions on support is a pleasure for us to be able to provide to families, because parenting in 24/7, our experienced facilitators offer non biased support that is balanced in a way that places the power with the parent. Every parent that we have met this year, it has been a privilege to be a part of their journey and onwards we will go. We are looking to make things more sustainable as we move forward and hope to be able to deliver our support more consistently going forward.

The difference that we have also seen in the trauma support of the 3 step process has been incredible. Due to our monitoring system that we have we have been able to evaluate the difference this service has made to parents across Birmingham and Solihull.

The walk and talk has also been successful in that parents and the children are supported with emotional support with a light exercise. This walk accesses open spaces within North Solihull and moving forward this is where we want to continue this work.

A massive thank you to all the sessional workers who have come along for the journey this year, we are grateful to you and your commitment to Positive Birthing and Beyond.

A special thank you to Terry Yarnall who is our external advisor, and our accountant Darcey & Bate Accountants Limited, for your continued support..

We continue to move onwards and upwards – Making the Change!

Positive Birthing and Beyond CIO

Registered number  
CE012067

Positive Birthing and Beyond CIO

Accounts

5 April 2023

**Positive Birthing and Beyond CIO  
Report and accounts  
Contents**

	<b>Page</b>
Company information	1
Accountants' report	2
Profit and loss account	3
Balance sheet	4
Information for the Director Only	5
Detailed Balance Sheet	6

## **Positive Birthing and Beyond CIO Company Information**

### **Trustees**

Sarah Curtis-Spence  
Beatrice Bennett  
Angela Rainey

### **Chair**

Beatrice Bennett

### **Treasurer**

Rachael Grant

### **Accountants**

Darcey & Bate  
3 Rushton's Yard  
Market Street  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

### **Registered number**

CE012067

## **Positive Birthing and Beyond CIO Accountants' Report**

### **Accountants' report to the directors of Positive Birthing and Beyond CIO**

You consider that the company is exempt from an audit for the year ended 5 April 2023. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate  
Chartered Certified Accountants

3 Rushton's Yard  
Market Street  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

31 October 2023

**Positive Birthing and Beyond CIO  
Profit and Loss Account  
for the year ended 5 April 2023**

	<b>2023</b> £	<b>2022</b> £
<b>Turnover</b>	278	10,226
Staff costs	(4,713)	(1,860)
Other charges	(386)	(285)
<b>(Loss)/profit before taxation</b>	<u>(4,821)</u>	<u>8,081</u>
<b>(Loss)/profit</b>	<u><u>(4,821)</u></u>	<u><u>8,081</u></u>

**Positive Birthing and Beyond CIO****Registered number:****CE012067****Balance Sheet****as at 5 April 2023**

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
Current assets	<u>5,335</u>	<u>10,156</u>
Net current assets	<u>5,335</u>	<u>10,156</u>
Total assets less current liabilities	5,335	10,156
Accruals and deferred income	<u>(5,228)</u>	<u>(5,228)</u>
<b>Net assets</b>	<u><u>107</u></u>	<u><u>4,928</u></u>
<b>Capital and reserves</b>	<u><u>107</u></u>	<u><u>4,928</u></u>
	<b>Number</b>	<b>Number</b>
Average number of employees	<u><u>0</u></u>	<u><u>0</u></u>

The company is a private company limited by shares and incorporated in England. Its registered office is 254 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 31 October 2023

**Positive Birthing and Beyond CIO**  
**Detailed profit and loss account items**  
**for the year ended 5 April 2023**

*This schedule does not form part of the statutory accounts*

	<b>2023</b>	<b>2022</b>
	£	£
<b>Sales</b>		
Sales	<u>278</u>	<u>10,226</u>
<b>Staff costs</b>		
Wages and salaries	<u>4,713</u>	<u>1,860</u>
<b>Other charges</b>		
General administrative expenses:		
Stationery and printing	-	95
Insurance	<u>136</u>	<u>136</u>
	<u>136</u>	<u>231</u>
Legal and professional costs:		
Advertising and PR	<u>250</u>	<u>54</u>
	<u>250</u>	<u>54</u>
	<u>386</u>	<u>285</u>

**Positive Birthing and Beyond CIO**  
**Detailed balance sheet items**  
**as at 5 April 2023**

*This schedule does not form part of the statutory accounts and should NOT be sent to HMRC*

	<b>2023</b>	<b>2022</b>
	<b>£</b>	<b>£</b>
<b>Current assets</b>		
Restricted	4,500	-
Unrestricted	835	-
Cash at bank and in hand	-	10,156
	<u>5,335</u>	<u>10,156</u>
<b>Accruals and deferred income</b>		
Accruals	<u>5,228</u>	<u>5,228</u>
<b>Capital and reserves</b>		
Profit and loss account	<u>107</u>	<u>4,928</u>
<b>Profit and loss account</b>		
Brought forward	4,928	(3,153)
(Loss)/profit	<u>(4,821)</u>	<u>8,081</u>
	<u>107</u>	<u>4,928</u>

**POSITIVE BIRTHING AND BEYOND CIO**

England & Wales - Charity number 1174431

---

# Accounts

---



# **Report and Financial Statements**

**Year ending 5<sup>th</sup> April 2022**

**Charity number 1174431  
Patron Kathryn Gutteridge**



# REPORT OF THE TRUSTEES

For the Year ending April 2022.

## OBJECTIVES AND ACTIVITIES

### The objective of the CIO is:

To promote and protect the good health and wellbeing of pregnant women, mothers and their families by offering support, information and guidance.

### Activities

We currently offered services to parents and their families in Birmingham and Solihull.

Our aim is to support parents through antenatal and postnatal period. We do this by offering a range of services whilst promoting the importance of informed choice and consent in maternity care. Our work centres around supporting with the emotional wellbeing of the family.

---



## Chair's report

April 2021 – April 2022

### Chair's report

I would like to start by thanking everyone for their continued hard work, resourcefulness and resilience over the year which has seen very difficult times for families across Birmingham and Solihull.

Our postnatal activities through 2021 we conclusive of continuing the parent Walk and Talk in Edgbaston and Stechford. This Walk and talk was complete in September 2021. As we reassessed our plan moving forward whilst Covid-19 was still around we decided that in January 2022 we would begin our swimming lessons for parents and their baby the first half term was a success with 2 full classes. Unfortunately from February 2022 the uptake declined and this meant that we had to close our swimming classes. During this period we began to work on a The National Lottery Community Fund and we were successful for £9600 to deliver services in 2022-2023, this was happy news all round to end the year.

I would like to take the opportunity to give thanks to:

- Our funders, without your continued support we would not have been able to deliver our sessions.
- Service users, without you we wouldn't be the charity that we are. You are the reason why we are still here and still actively present in our communities.
- Referrers, for recognising the services we provide and making the referrals that have seen our sessions well attended. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. The charity could not be where it is today and have the positive impact it does without you.

## Treasury Update

5 Apr 2021 - 4 Apr 2022

We began this financial year with a balance of £2075.35

- Application The National Lottery Community Fund awarded us £9600.00 for core services this was received on 4/3/22
- Mark Harris at Birthing Awareness kindly sponsored us 3 delegate spaces on his 3 Step Process Course – Thank you Mark for this kind offer so we can serve families who experience trauma.
- Thank you to Sport Birmingham for your grant of £1560 received 15/2/21 to support work in 21-22.

Financial year on ended with a balance of £10155.77 on the 5.4.22.

Thank you again for a great year, we look forward to more in the next!

R Grant  
Chair of Trustees



---

## CHARITY SERVICE DETAILS

This year we have decided to share a case study from one of the parents who attended the Walk and Talk.

Case study from Edgbaston walk & talk:

MP joined our Edgbaston walks with her 3 year old son K. They had recently moved to Birmingham from London and didn't know anyone in the area. It transpired that they were living in a women's shelter and at that time there were still many pandemic restrictions, therefore it was very difficult to meet people within the shelter as mixing "bubbles" was not allowed, and a lot of groups inside were still limited on when they were running. Not being able to mix with other families was difficult as I had moved to keep myself and my son safe. There was on occasion where I felt I had no one to talk to that I messaged the session leader and she was so kind and friendly, I was grateful for her listening ear.

The walks proved to be a real lifeline for us over the 7 months we attended. Over time as trust was built up with the walk session leader, I opened up about why we were in the shelter. I had escaped a violent, controlling partner and were in the courts system fighting for custody of my child. The walks offered structure, peace and security in a turbulent time of our lives. Having a small group also made it easier for me to confide in the session leader. The walks offering opportunities like looking at the wildlife and feeding the birds was a lovely part of the experience for us both. It was a desperate time for my family and Positive Birthing and Beyond were able to support us at a time when we really needed it.

Thank you so much for your kind support.



# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Governing document

Positive Birthing and Beyond CIO is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 30 August 2017.

It is governed by a board of trustees. All new trustees are given, in the view of the trustees, sufficient training and have enough knowledge to control the charity's governance, strategy and operations effectively. Trustees are recruited, on the basis of having a broad range of knowledge and experience across the board of trustees.

## Appointment of Trustees

In accordance with the terms of the constitution there must be at least three charity trustees. If the number falls below this minimum, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Any member of the public wishing to become a Trustee must provide an expression of interest in the event of a vacancy. The prospective applicant will then be given an opportunity to observe a board meeting which can then be followed by an application. Upon successful appointment the applicant will be DBS checked where appropriate and will be skills based audited. Upon conclusion of the process and satisfactory results, the applicant will be formally invited to join the board.

## Reserves policy

The trustees do not currently have a reserves policy as the charity does not employ staff or acquire any liabilities. At an appropriate time the trustees are likely to adopt a policy of at least three months running costs.

## Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

## FUTURE PLANS

We as an organisation aim to continue supporting local women/people and their families in Birmingham and Solihull.

Positive Birthing and Beyond wants equality for all birthing women/people, we want all women/people to feel that they all have access to holistic maternity services irrespective of location and finance. Promoting informed choice so women/people and their families can experience positive birth experiences.



## REFERENCE AND ADMINASTRITIVE DETAILS

### Registered Charity Number

1174431

### Registered Office

254 Gregory Avenue, Birmingham, B29 5DR

### Trustees

Rachael Grant - present

Angela Rainey - present

Precious Mealia – present

Beatrice Bennett - present

## STATEMENT OF TRUSTEES RESPONSIBILITIES

The trustees are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice)

In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charity SORP,
- Make judgements and estimates that are reasonable and prudent,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29<sup>th</sup> September 2022 and signed on its behalf by:

Rachael Grant  
Chair of Trustees

Registered number  
CE012067

Positive Birthing & Beyond CIO

Accounts

5 April 2022

**Positive Birthing & Beyond CIO  
Report and accounts  
Contents**

	<b>Page</b>
Company information	1
Accountants' report	2
Profit and loss account	3
Balance sheet	4
Information for the Director Only	5

**Positive Birthing & Beyond CIO  
Company Information**

**Trustees**

Precious Mealia  
Beatrice Bennett  
Angela Rainey

**Chair**

Rachael Grant

**Accountants**

Darcey & Bate  
3 Rushton's Yard  
Market Street  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

**Registered number**

CE012067

## **Positive Birthing & Beyond CIO Accountants' Report**

### **Accountants' report to the directors of Positive Birthing & Beyond CIO**

You consider that the company is exempt from an audit for the year ended 5 April 2022. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate  
Chartered Certified Accountants

3 Rushton's Yard  
Market Street  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

7 July 2022

**Positive Birthing & Beyond CIO  
Profit and Loss Account  
for the year ended 5 April 2022**

	<b>2022</b> £	<b>2021</b> £
<b>Turnover</b>	10,226	2,288
Cost of raw materials and consumables	-	(25)
<b>Gross profit</b>	<u>10,226</u>	<u>2,263</u>
Staff costs	(1,860)	(1,088)
Other charges	(285)	(394)
<b>Profit before taxation</b>	<u>8,081</u>	<u>781</u>
<b>Profit</b>	<u><u>8,081</u></u>	<u><u>781</u></u>

**Positive Birthing & Beyond CIO****Registered number:****CE012067****Balance Sheet****as at 5 April 2022**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Current assets	<u>10,156</u>	<u>2,075</u>
Net current assets	<u>10,156</u>	<u>2,075</u>
Total assets less current liabilities	10,156	2,075
Accruals and deferred income	<u>(5,228)</u>	<u>(5,228)</u>
<b>Net assets/(liabilities)</b>	<u><u>4,928</u></u>	<u><u>(3,153)</u></u>
<b>Capital and reserves</b>	<u><u>4,928</u></u>	<u><u>(3,153)</u></u>
	<b>Number</b>	<b>Number</b>
Average number of employees	<u><u>0</u></u>	<u><u>0</u></u>

The company is a private company limited by shares and incorporated in England. Its registered office is 254 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 7 July 2022

**Positive Birthing & Beyond CIO**  
**Detailed profit and loss account items**  
**for the year ended 5 April 2022**

*This schedule does not form part of the statutory accounts*

	<b>2022</b>	<b>2021</b>
	£	£
<b>Sales</b>		
Sales	<u>10,226</u>	<u>2,288</u>
<b>Cost of raw materials and consumables</b>		
Purchases	<u>-</u>	<u>25</u>
<b>Staff costs</b>		
Wages and salaries	<u>1,860</u>	<u>1,088</u>
<b>Other charges</b>		
General administrative expenses:		
Telephone and internet	-	10
Stationery and printing	95	-
Insurance	136	132
Sundry expenses	-	5
	<u>231</u>	<u>147</u>
Legal and professional costs:		
Advertising and PR	54	247
	<u>54</u>	<u>247</u>
	<u>285</u>	<u>394</u>

**POSITIVE BIRTHING AND BEYOND CIO**

England & Wales - Charity number 1174431

---

# Accounts

---



# **Report and Financial Statements**

**Year ending 5<sup>th</sup> April 2021**

**Charity number 1174431  
Patron Kathryn Gutteridge**



# REPORT OF THE TRUSTEES

For the Year ending April 2021

## OBJECTIVES AND ACTIVITIES

### The objective of the CIO is:

To promote and protect the good health and wellbeing of pregnant women, mothers and their families by offering support, information and guidance.

### Activities

We currently offered services to parents and their families in Birmingham and Solihull.

We have successfully done this with the Walk and Talk sessions across Birmingham and Solihull. In June 2020 we also did an online Wriggle Read and Rhyme time session for 5 weeks to support local parents with online activities for them and their children when they were isolating during the Covid-19 pandemic.

---



## Chair's report

April 2020 – April 2021

### Chair's report

I would like to start by thanking everyone for their continued hard work, resourcefulness and resilience over the year which has seen very difficult times for families across Birmingham and Solihull.

Having decided in January 2020 to focus on more postnatal activities we have been fortunate to have been able to continue our Walk and Talk project in a safe way for the families to take part.

As part of the money raised we were able to devise a Wriggle read and Rhyme time session online for families that may have been isolating due to the pandemic. This was successful and the feedback from this was positive. This was an alternative for families that may not have been able to access other services.

I would like to take the opportunity to give thanks to:

- Our funders, without your continued support we would not have been able to deliver our sessions.
- Service users, without you we wouldn't be the charity that we are. You are the reason why we are still here and still actively present in our communities.
- Referrers, for recognising the services we provide and making the referrals that have seen our sessions well attended. It has been a privilege to work with you.
- Finally, to all of the Volunteers who continue to provide time, commitment and passion to Positive Birthing and Beyond. The charity could not be where it is today and have the positive impact it does without you.

## Treasury Update

5 Apr 2020 - 5 Apr 2021

We began this financial year with a balance of £1294.00

- Application for £1560 from Sport Birmingham was successful to run a weekly Walk & Talk session in Edgbaston and Stechford, and this was successfully received 15/02/21.
- Our Patron successfully ran a workshop on our behalf and raised £480.00.
- We have also received a cheque from Paypal where people have chosen to donate to Positive Birthing and beyond as their chosen charity.

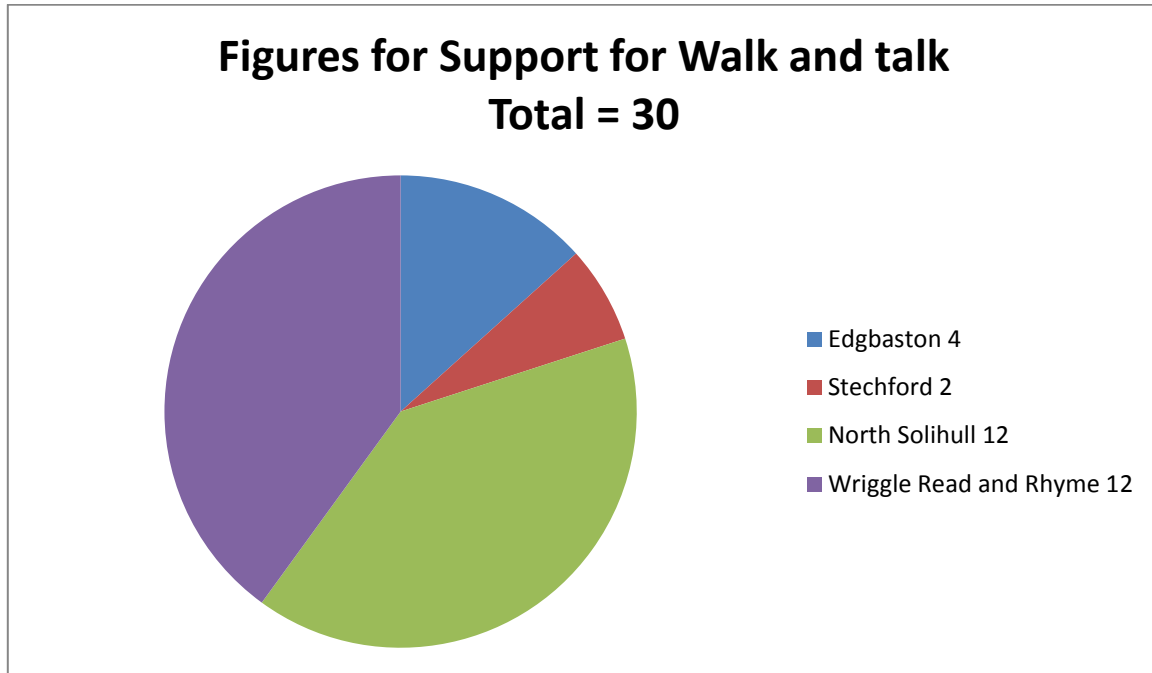
Financial year on ended with a balance of £2075 on the 5/4/21

Thank you again for a great year!

R Grant  
Chair of Trustees



## CHARITY SERVICE DETAILS



Please note these figures indicate parents and children only.



# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Governing document

Positive Birthing and Beyond CIO is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 30 August 2017.

It is governed by a board of trustees. All new trustees are given, in the view of the trustees, sufficient training and have enough knowledge to control the charity's governance, strategy and operations effectively. Trustees are recruited, on the basis of having a broad range of knowledge and experience across the board of trustees.

## Appointment of Trustees

In accordance with the terms of the constitution there must be at least three charity trustees. If the number falls below this minimum, the remaining trustees may only act to call a meeting of the charity trustees, or appoint a new charity trustee. Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees.

Any member of the public wishing to become a Trustee must provide an expression of interest in the event of a vacancy. The prospective applicant will then be given an opportunity to observe a board meeting which can then be followed by an application. Upon successful appointment the applicant will be DBS checked where appropriate and will be skills based audited. Upon conclusion of the process and satisfactory results, the applicant will be formally invited to join the board.

## Reserves policy

The trustees do not currently have a reserves policy as the charity does not employ staff or acquire any liabilities. At an appropriate time the trustees are likely to adopt a policy of at least three months running costs.

## Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements.

## FUTURE PLANS

We as an organisation aim to continue supporting local women and their families in Birmingham and Solihull.

Positive Birthing and Beyond wants equality for all women, we want all women to feel that they all have access to holistic maternity services irrespective of location and finance. Promoting informed choice so women and their families can experience positive birth experiences.



## **REFERENCE AND ADMINASTRITIVE DETAILS**

### **Registered Charity Number**

1174431

### **Registered Office**

254 Gregory Avenue, Birmingham, B29 5DR

### **Trustees**

Rachael Grant - present

Angela Rainey - present

Precious Mealia – present

Beatrice Bennett - present

## **STATEMENT OF TRUSTEES RESPONSIBILITIES**

The trustees are responsible for preparing the report of the trustees and the financial statements in accordance with applicable law and United Kingdom accounting standards (United Kingdom Generally Accepted Accounting Practice)

In preparing those financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently,
- Observe the methods and principles in the Charity SORP,
- Make judgements and estimates that are reasonable and prudent,
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the board of trustees on 29<sup>th</sup> December 2021 and signed on its behalf by:

Rachael Grant  
Chair of Trustees

Registered number  
CE012067

Positive Birthing and Beyond CIO

Accounts

5 April 2021

**Positive Birthing and Beyond CIO  
Report and accounts  
Contents**

	<b>Page</b>
Company information	1
Accountants' report	2
Profit and loss account	3
Balance sheet	4
Information for the Trustees	5

## **Positive Birthing and Beyond CIO Company Information**

### **Trustees**

Precious Mealia  
Beatrice Bennett  
Angela Rainey

### **Chair**

Rachael Grant

### **Accountants**

Darcey & Bate Accountants  
Chartered Certified Accountants  
3 Rushton's Yard  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

### **Registered number**

CE012067

## **Positive Birthing and Beyond CIO Accountants' Report**

### **Accountants' report to the directors of Positive Birthing and Beyond CIO**

You consider that the company is exempt from an audit for the year ended 5 April 2021. You have acknowledged, on the balance sheet, your responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts. These responsibilities include preparing accounts that give a true and fair view of the state of affairs of the company at the end of the financial year and of its profit or loss for the financial year.

In accordance with your instructions, we have prepared the accounts which comprise the Profit and Loss Account and the Balance Sheet from the accounting records of the company and on the basis of information and explanations you have given to us.

We have not carried out an audit or any other review, and consequently we do not express any opinion on these accounts.

Darcey & Bate Accountants  
Chartered Certified Accountants

3 Rushton's Yard  
Ashby de la Zouch  
Leicestershire  
LE65 1AL

12 October 2021

**Positive Birthing and Beyond CIO  
Profit and Loss Account  
for the year ended 5 April 2021**

	<b>2021</b> £	<b>2020</b> £
<b>Turnover</b>	2,288	1,552
Cost of raw materials and consumables	(25)	-
<b>Gross profit</b>	<u>2,263</u>	<u>1,552</u>
Staff costs	(1,088)	(4,999)
Other charges	(394)	(619)
<b>Profit/(loss) before taxation</b>	<u>781</u>	<u>(4,066)</u>
<b>Profit/(loss)</b>	<u><u>781</u></u>	<u><u>(4,066)</u></u>

**Positive Birthing and Beyond CIO****Registered number:****CE012067****Balance Sheet****as at 5 April 2021**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Current assets	<u>2,075</u>	<u>1,294</u>
Net current assets	<u>2,075</u>	<u>1,294</u>
Total assets less current liabilities	2,075	1,294
Accruals and deferred income	<u>(5,228)</u>	<u>(5,228)</u>
<b>Net liabilities</b>	<u><u>(3,153)</u></u>	<u><u>(3,934)</u></u>
<b>Capital and reserves</b>	<u><u>(3,153)</u></u>	<u><u>(3,934)</u></u>
	<b>Number</b>	<b>Number</b>
Average number of employees	<u><u>0</u></u>	<u><u>0</u></u>

The company is a charitable organisation, incorporated in England. Its registered office is 254 Gregory Avenue, Birmingham, B29 5DR.

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the micro entity provisions of the Companies Act 2006 and FRS 105, The Financial Reporting Standard applicable to the Micro-entities Regime. The accounts have been delivered in accordance with the provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rachael Grant

Director

Approved by the board on 12 October 2021

**Positive Birthing and Beyond CIO**  
**Detailed profit and loss account items**  
**for the year ended 5 April 2021**

*This schedule does not form part of the statutory accounts*

	<b>2021</b>	<b>2020</b>
	£	£
<b>Sales</b>		
Sales	<u>2,288</u>	<u>1,552</u>
<b>Cost of raw materials and consumables</b>		
Purchases	<u>25</u>	<u>-</u>
<b>Staff costs</b>		
Wages and salaries	1,088	4,794
Staff training and welfare	-	142
Travel and subsistence	-	63
	<u>1,088</u>	<u>4,999</u>
<b>Other charges</b>		
General administrative expenses:		
Telephone and internet	10	-
Stationery and printing	-	61
Insurance	132	129
Sundry expenses	5	-
	<u>147</u>	<u>190</u>
Legal and professional costs:		
Accountancy fees	-	216
Advertising and PR	247	25
	<u>247</u>	<u>241</u>
Other		
Other direct costs	-	188
	<u>-</u>	<u>188</u>
	<u>394</u>	<u>619</u>