

5 H CENTRE

England & Wales · Charity number 1174366

Details

Status Registered

Legal form CIO

Registered 2017-08-24

Register [View on the Charity Commission register](#)

Contact

Address Temperance House
Langdon Lane
Radway
Warwick
CV35 0UQ

Phone 01295670770

Email admin@adsoffice.co.uk

Website 5HCentre.com

Activities

Objects: 1) TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING PEOPLE FROM BECOMING EXCLUDED, RELIEVING THE NEEDS OF THOSE PEOPLE WHO ARE SOCIALLY EXCLUDED (IN PARTICULAR BUT NOT LIMITED TO THOSE WITH PHYSICAL, MENTAL, SOCIAL OR EMOTIONAL DISABILITIES OR DISADVANTAGES) BY PROVIDING EQUINE-ASSISTED THERAPEUTIC AND EDUCATIONAL ACTIVITIES THAT MAY ALSO INVOLVE OTHER ANIMALS IN ORDER TO ASSIST THEM TO INTEGRATE INTO SOCIETY 2) TO PROMOTE HUMANE BEHAVIOUR TOWARDS ANIMALS BY PROVIDING APPROPRIATE CARE, PROTECTION, TREATMENT AND SECURITY FOR ANIMALS WHICH ARE IN NEED OF CARE AND ATTENTION BY REASON OF SICKNESS, MALTREATMENT, POOR CIRCUMSTANCES OR ILL-USAGE AND TO EDUCATE THE PUBLIC IN MATTERS PERTAINING TO ANIMAL WELFARE IN GENERAL AND THE PREVENTION OF CRUELTY AND SUFFERING AMONG ANIMALS IN SUB-CLAUSE (1), "EMOTIONAL DISABILITIES" WILL ENCOMPASS THOSE BENEFICIARIES WHO STRUGGLE WITH LOW SELF-ESTEEM OR SELF-CONFIDENCE, OR HAVE DIFFICULTY WITH COMMUNICATION AND RELATIONSHIPS OR IN REGULATING EMOTIONS (SUCH AS ANGER, ANXIETY AND SADNESS), OR WHO LACK EMOTIONAL STABILITY AND RESILIENCE. "DISADVANTAGES" WILL ENCOMPASS THOSE BENEFICIARIES WHO EXPERIENCE SOCIAL OR EDUCATIONAL EXCLUSION OR LACK OF OPPORTUNITY, TAKING INTO ACCOUNT FACTORS SUCH AS SOCIO-ECONOMIC OR EDUCATIONAL BACKGROUND OR PHYSICAL, MENTAL, COMMUNICATIONAL, BEHAVIOURAL OR EMOTIONAL DIFFICULTIES. FOR THE PURPOSE OF THE CLAUSE 'SOCIALLY EXCLUDED' MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE OR DEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE, DISABILITY ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT; POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING (THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS); CRIME (EITHER AS A VICTIM OF CRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: To create Health, Happiness and Harmony in Humans and Horses. To re-rehabilitate and re-home horses, ponies and donkeys. To benefit young people and the disabled using the therapeutic effect of horses with humans.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Animals, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£16,400	£15,700	-	-
2024-09-30	£16,838	£16,702	-	-
2023-09-30	£20,404	£20,382	-	-
2022-09-30	£19,475	£19,409	-	-
2021-09-30	£23,425	£23,425	-	-
2020-09-30	£7,470	£7,470	-	-

Trustees

Name	Role	Appointed
CAROLE ANITA GUY	Chair	2017-08-17
EDNA KATHLEEN GUY Deceased		2017-08-17
Kathleen McDowell		2021-10-17
LILLIAN TOWNSEND		2017-08-17
MICHELE JOHNSON		2017-08-10
RoseMarie Pearce		2024-08-01

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Trustees' Annual Report

for the period year 1
from 1st day 01/01/07 to last day 31/12/07

Section A Reference and administrative details

Charity name: S H CENTRE
Other names the charity is known by: _____
Registered charity number (if any): 1174320
Charity's principal address: TOFFINACRE HOUSE
CAMDEN LANE
EDINBURGH
WINDHOLM ROAD postcode: CV13 0UQ

Names of the charity trustees who manage the charity

Trustee Name	Office (if any)	Notes added if not for whole year	Number of persons (or bodies) notified in support trustee (if any)
1 <u>Charles A Gwy</u>			
2 <u>Nicholas Johnson</u>			
3 <u>Diana Gwy (Secy)</u>			
4 <u>Lillian Thompson</u>			
5 <u>R. Preece</u>			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			

Names of the trustees for the charity, if any (for example, any residual trustees)

Name	Notes added if not for whole year

Section A **Activities and administrative body members**

Postal and address or address periodic information

Type of address	Name	Address
REGULAR MAIL	NICHOLE TAYLOR	TORONTO ONTARIO CANADA M6P K4M1A5 1001 BAY

Name of fund recipient or name of other person authorized

Section B **Structure, governance and management**

Description of the charity's trade

Type of governing document
 (by laws, trust, constitution)

CONSTITUTION

How the charity is controlled
 (by trust, association, company)

COMPANY

Number of directors
 (as approved by director(s))

2 DIRECTORS

Additional provisions (leave optional information)

This page should include additional information, where relevant, about:

- policies and procedures adopted for the protection and safety of members
- the charity's operational structure and any other relevant facts which the charity wishes to disclose
- relationships with any related parties
- matters of consideration of major risks and the specific risk procedures to manage them

RISK ASSESSMENT UPDATED
 INS POLICY UPDATED
 PUBLIC LIABILITY INSURANCE RENEWED
 EMPLOYERS LIABILITY INSURANCE RENEWED

104 2 March 2013

Section 1

Mission and activities

Summary of the objects of the charity as set in its governing document

HEALTHY HAPPINELY GROWING AND
WELLBEING OF WOMEN (S & COUNTS)
GROWING RESILIENT AND EQUINE + EQUINE
GARDEN PROGRAMS TO HELP FEMALE +
CHILDREN WITH MENTAL HEALTH ISSUES

Summary of the main activities undertaken for the public benefit in relation to those objects for each within the section the activities undertaken that further those that support the purposes stated by the charity (contribution to public benefit)

OUR VOLUNTEER STAFF + TEAM OF
VOLUNTEERS ARE ALL DEDICATED TO
PROVIDE GOOD WORK FOR OUR WIVES +
FAMILY + ENSURE OUR CLIENTS HAVE
A GOOD EXPERIENCE REGARD EQUINE

Additional details of activities and activities approved otherwise

The main objects to include further statements, where relevant, about:
- policy on governance;
- policy on financial management;
- equalities and diversity;
- equalities and diversity

WE AIM TO IMPROVE LIFE QUALITY
WITH OUR QUALIFIED MENTOR
VOLUNTEERS ARE A VITAL INGREDIENT
ADDITION TO OUR TEAM

Section 2

Achievements and performance

Summary of the main achievements of the charity during the year

WE HAVE NOW COMPLETELY RE-
LOCATED TO OUR PARK IN
LEIPS. WE ARE CONTINUING
ON REGENERATION WORKS TO THE
OUT BUILDINGS, INDOOR + OUT
POOL AREA ALONG WITH
RENEWING THE HISTORY OF
SIGNING.
WE ARE ADDING A REST ROOM
TRUCK ROOM + TOILET FACILITIES
SOON.
ARE HOPEING TO TURN ONE OF
THE PARK BUILDINGS INTO
ACCOMMODATION FOR EDL HOUSES
+ EQUINE RANCH DAYS

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England & Wales - Charity number 1174366

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Section E

Financial review

Brief statement of the charity's policy on reserves

IF ANY FUNDS ARE REMAINING AT THE END OF THE YEAR, TRUSTEES + COMMITTEE MEMBERS WILL DISCUSS + DECIDE ITS USE TO ENHANCE OUR SPECIAL CLIENTS OR WELFARE HOPE CARES.

Details of any funds materially in deficit

Further financial review details (optional information)

- You may choose to include additional information, where relevant, about:
- the charity's principal sources of funds (including any fundraising);
 - how expenditure has supported the key objectives of the charity;
 - investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

WE ARE MAKING A FURTHER APPLICATION FOR LOTTERY FUNDS FOR OUR 'TIGS AND RANAT DAYS' EXPANSION

Section G

Declaration

The trustees declare that they have approved the trustees' report above Signed on behalf of the charity's trustees

Signature(s)

e. J. GUY

Full name(s)

CAKOLE A. GUY.

Position (eg Secretary, Chair, etc)

TRUSTEE

Date

000624 10/6/2024

S H CENTRE

EXPENSES

R/F	INCOME	10,930	C/F	EXPENSES	15,589 - 88
	V. BARDEN.	150 -		RENT	950 -
	S. M. ALVON.	150 -		HAY	50 -
	R. PEARCE	35 -		INSURANCE	
	<u>335 -</u>	11,265 -			
			1,000 -		16,582 - 88
1/8/2023	V. BARDEN	150 -		RENT.	1,600 -
	R. PEARCE	35 -		D - SR.	250 -
	"	100 -		HAY	50 -
	SCOTT (Deposit)	1,000 -			
	RENT	600 -			
	CHARLOTTE (REV)	600 -			
	JUST GIVING	38 83	1,900 -		18,482 - 88
<u>2523 - 83</u>		13,788 83			
25/8/2023	MAIN GRANT				
	LOTTERY	9700 -			
<u>9700 -</u>		23,488 - 83	1/9/2023	RENT	1600 -
				D. S - RYLAND	250 -
1/9/2023	S. SPENCER	600 -		HAY	50 -
	C. RETALLICK	462 -			
	C. GUY.	17 -			
	RETALLICK	600 -			
	R. PEARCE	35 -	1,900 - 00		
	JUST GIVING	34 - 13			
<u>1736 - 13</u>		20,404 - 96			20,382 - 88
		20,404 - 96			
		20,382 - 88 -			
		<u>22 - 08</u>			
					net profit.

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Signature(s)

e. J. GUY

Full name(s)

CAKOLE A. GUY.

Position (eg Secretary, Chair, etc)

TRUSTEE

Date

000624 10/6/2024

5 H CENTRE

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Accounts

Section A

Reference and administration details (continued)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
ACCOUNTANT	MICHAEL JOHNSON	TOLERANCE HOUSE LANGDON LANE. RADWAY WARWICKSHIRE CV35 0UQ

Name of chief executive or names of senior staff members (optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted
(eg trust, association, company)

COMPANY

Trustee selection methods
(eg appointed by, elected by)

APPOINTED BY 2 TRUSTEES.

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

RISK ASSESSMENTS UPDATED
 H&S POLICY UPDATED
 PUBLIC LIABILITY INSURANCE
 RENEWED.
 EMPLOYERS LIABILITY INSURANCE
 RENEWED.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

HEALTH WELFARE + HARMONY FOR HORSES + RIDERS. RESCUE, REHABILITATION FOR EQUINES + CARE BREEDS HELP CHILDREN + ADULTS WITH ANXIETY STRESS, AUTISM ADHD + MENTAL HEALTH ISSUES + DISORDERS.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

OUR TRUSTEES, STAFF + VOLUNTEERS ARE ALL DEDICATED TO PROVIDE A GOOD HOME FOR OUR HORSES + PONIES + ENSURE OUR CLIENTS HAVE A GOOD EXPERIENCE WHEN VISITING THE EQUINE. WE AIM TO HELP ALL AGES WITH QUALIFIED COACHES + MENTORS.

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

STILL PARTIALLY AFFECTED BY COVID RESTRICTIONS + ADVICE BUT HAVE BEEN ABLE TO DO INDIVIDUAL SESSIONS + SESSIONS WITH MENTOR IN THE SAME BUBBLE.
TRAINING OF STAFF, VOLUNTEERS + MENTORS HAS CONTINUED AS COVID ALLOWS

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

AS COVID RESTRICTIONS WERE EASED SLOWLY CLIENTS ARE RE-BOOKING SESSIONS BUT ONLY PRIVATE OR SEMI-PRIVATE.
THE EXMOOR HERD HAS BEEN PLACED ON CONSERVATION GRAZING ON WAY TO CONTINUE BREEDING PROGRAMME.

WE ARE PLEASED TO ANNOUNCE THE APPOINTMENT OF TWO NEW TRUSTEES - SALLY MORRIS + KATH MEDOWELL WHO HAVE BEEN VOLUNTEERS FOR A FEW YEARS.
OUR GROOH HAS CONTINUED WITH HORSE HANDLER + MENTOR TRAINING.

AND WE ARE VERY HAPPY THAT TWO TRUSTEES HAVE GAINED 2 CERTIFICATES + A DIPLOMA AT HORSE HAVEN UK AS EFL COACHES.

March 2012

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

WITH ADVANCE + HANDBOOK FOR HORSES. RESCUE, REHABILITATION FOR HUMAN EQUINES + EARLY GRADES FOR CHILDREN + ADULTS WITH HELP STRESS, ANXIETY, ADHD + MENTAL HEALTH ISSUES + DISORDERS.

OUR TRUSTEES, STAFF + VOLUNTEERS ARE ALL DEDICATED TO PROVIDE A GOOD HOME FOR OUR HORSES + PONES + ENSURE OUR OLIGONS HAVE A GOOD EXPERIENCE WHEN VISITING THE EQUINES. WE AIM TO HELP ALL AGES WITH QUALIFIED COACHES + MENTORS.

STILL PARTIALLY AFFECTED BY COVID RESTRICTIONS + ADVICE BUT HAVE BEEN ABLE TO DO INDIVIDUAL SESSIONS + SESSIONS WITH MENTORS IN THE SAME BUBBLE. TRAINING OF STAFF, VOLUNTEERS + MENTORS HAS CONTINUED AS COVID ALLOWS.

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Section E

Financial review

Brief statement of the charity's policy on reserves

IF ANY FUNDS REMAIN AT THE END OF THE YEAR THE TRUSTEES WILL DISCUSS IT USE OR CARRY OVER TO NEXT YEAR'S ACTIVITIES + SESSIONS.

Details of any funds materially in deficit

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

WE HAVE AGAIN BEEN GRANTED LOTTERY FUNDING FOR OUR NEWEST PROJECTS POST COVID + ARE RECEIVING DONATIONS FROM OUR SHARE/LOAN SCHEME.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

C. J. Grey

Full name(s)

CHARLE ANITA GREY

Position (eg Secretary, Chair, etc)

CHAIR

Date

D D M M Y Y

30/05/2023

March 20

OCTOBER 2021 - SEPTEMBER 2022

S H CENTRE

YEAR (5)

INCOME

EXPENSES

DATE	DESCRIPTION	AMOUNT	DESCRIPTION	AMOUNT
OCT 21	SHARVS			
	J. SUMMERSBEE	100 -	H. LOCK RENT	1000 -
	C. GREEN	150 -	INSURANCE (LABDOGS)	54 97
	S. MORRIS	150 -	VETS (CONNEX USA)	100 -
	K. McDOWELL	150 -		
	J. SODEN	150 -		
	S. BELL	150 -		
	S. MARTYN-ALMON	150 -		
	N. CARPENTER	150 -		
J. SODEN	25 -			
	<u>1175 -</u>		<u>1154-97</u>	
NOV 21	SHARVS		RENT	1000 -
	J. SUMMERSBEE	100 -	INSURANCE	54 97
	C. GREEN	150 -	GROOM (BELL)	50 -
	K. McDOWELL	150 -		
	S. MORRIS	150 -		
	J. SODEN	150 -		
	S. BELL	150 -		
	S. MARTYN-ALMON	150 -		
	(1000 -) 2175 -		<u>2,259-94</u>	
DEC 21	SHARVS		RENT	1000 -
	J. SUMMERSBEE		INSURANCE	54 97
	K. McDOWELL		GROOM - BELL	30 -
	S. MORRIS		"	50 -
	C. GREEN		A. HAIMES (MAY)	120 -
	S. MARTYN-ALMON		TRAINING	
	J. SODEN		H. WALLBANK	50 -
	S. BELL			
	(1000 -) 3175 -			
	C/F 3175 -		C/F 3,564-91	

S. H. CENTRE

YEAR 5

INCOME			EXPENSES		
JAN 22	C/FWD	3175 -	JAN 22	C/FWD	3564 -
<u>SHARES.</u>			<u>LOCK RENT.</u>		
J. SUMMERSBEE		100 -			1000 -
K. McDOWELL		150 -			54 97
S. MORRIS		150 -			65 -
C. GREEN		150 -			
S. MARTIN-ALLAN		150 -			
S. BOLL		150 -			
	(850 →)	850 -			4684 82
		4025 -			
<u>SHARES.</u>			<u>FEB 22 LOCK - RENT</u>		
FEB 22 J. SUMMERSBEE		100 -			1000 -
K. McDOWELL		150 -			54 97
S. MORRIS		150 -			TRAINING
S. MARTIN-ALLAN		150 -			H. WALCBANK
C. GREEN		150 -			50 -
S. BOLL		150 -			
	(850 →)	850 -			5789 85
		4875 -			
<u>SHARES.</u>			<u>MAR 22 RENT</u>		
MAR 22 J. SUMMERSBEE		100 -			1000 -
K. McDOWELL		150 -			GROOM (HARRIS)
S. MORRIS		150 -			250 -
S. MARTIN-ALLAN		150 -			A. HARRIS (HAY)
C. GREEN		150 -			250 -
S. BOLL		150 -			INSURANCE
	(850 →)	850 -			54 97
		5725 -			7,344 82
<u>SHARES.</u>			<u>APR RENT</u>		
APR 22 J. SUMMERSBEE		100 -			1000 -
K. McDOWELL		150 -			INSURANCE
S. MORRIS		150 -			54 97
S. MARTIN-ALLAN		150 -			A. HARRIS (HAY)
C. GREEN		150 -			1000 -
	(700 →)	700 -			9,399 79
		6425 -			
	C/FWD	66425 -			C/FWD
					9,399 79

INCOME

DATE	DESCRIPTION	AMOUNT
	B/FWD	17,975 -
JUL 22	SHARES:	
	JULIE	100 -
	KATH	150 -
	SALLY	150 -
	SARAH	150 -
	CHARLOTTE	150 -
	VIKI	100 -
	(800 -)	18,775 -

EXPENSES

DATE	DESCRIPTION	AMOUNT
	B/FWD	14,579 70
AUG 22	RENT	
	D. S-RLAND	450 -
	STEVE	200 -
	TRAINING-(HELEN)	60 -
	GROOM	100 -
	INSURANCE	54-97
		15,504 67

DATE	DESCRIPTION	AMOUNT
SEPT 22	SHARES:	
	KATH	150 -
	SALLY	150 -
	SARAH	150 -
	CHARLOTTE	150 -
	VIKI	100 -
	(700 -)	19,475 -

DATE	DESCRIPTION	AMOUNT
SEPT 22	RENT. STEVE	1250 -
	BROWN.	
	HARRISON	
	INSURANCE	54-97
	GROOM	200 -
	HAY	500 -
		17,509-64
20/9	A. BROWN HAY	1,900 -
		19,409-64

INCOME

EXPENSES

91

MAY 22

C/FWD	
6,425 -	
	GRANT (LOTTERY) 9,250 -
	SHARES
	JULIE 100 -
	SALLY 150 -
	KATH 150 -
	SARAH 150 -
	CHARLOTTE 150 -
	(700 -)
	<u>16,375 -</u>

MAY 22

C/FWD	
9,394-79	
	RENT (BLANDON) 850 -
	INSURANCE 54-97
	HELEN (TRAINING) 100 -
	A. HAMOS (HRS) 800 -
	<u>10,904-76</u>

7

JUNE 22

	SHARES
	JULIE 100 -
	KATH 150 -
	SALLY 150 -
	SARAH 150 -
	CHARLOTTE 150 -
	(700 -)
	<u>17,075 -</u>

JUNE 22 RENT

	BLANDON 600 -
	D. S-RYLAND 450 -
	INSURANCE 54-97
	GROOM 120 -
	<u>18,139-73</u>

2

JULY 22

	SHARES
	JULIE 100 -
	KATH 150 -
	SALLY 150 -
	SARAH 150 -
	CHARLOTTE 150 -
	SAMMIE 100 -
	VIKKI 100 -
	(900 -)
	<u>17,975 -</u>

JULY RENT

	D. S-RYLAND 450 -
	JULIE 250 -
	STEVE 260 -
	INSURANCE 54-97
	HANNAH 200 -
	TRAINING 100 -
	HELEN WALKER 85 -
	HORSE HAYEN 1050 -
	DIPLOMA FEES
	<u>14,579-70</u>

C/FWD 17,975 -

C/FWD 14,579-70

5 H CENTRE

England & Wales - Charity number 1174366

Accounts



Trustees' Annual Report for the period

From (start date) to (end date)

Section A

Reference and administration details

Charity name

Other names the charity is known by

Registered charity number (if any)

Charity's principal address

 Postcode

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Michele Johnson			
2	Carole Guy			
3	Edna Guy			
4	Lilian Townsend			
5	Mike Lodge		01/10/20 - 31/08/21	
6				
7				
8				<input type="text" value="T"/>
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
Accountant	Michele Johnson	Temperance House, Langdon Lane
		Radway
		Warwickshire
		CV35 0VQ

Name of chief executive or names of senior staff members (optional information)

Section B**Structure, governance and management**

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

Constitution

How the charity is constituted
(eg trust, association, company)

Company

Trustee selection methods
(eg appointed by, elected by)

Appointed by 2 trustees

Additional governance issues (optional information)

You **may choose** to include additional
information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
 - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Risk Assessments Updated
 H&S Policy Updated
 Public Liability Insurance Renewed
 Employee Liability insurance renewed

Section C**Objectives and activities**

Summary of the objects of the charity set out in its governing document

Health, Happiness and harmony for humans and horses
Rescue, rehab equines and rare breeds
Help adults and children with anxiety, stress, autism, ADHD and mental health issues

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Our trustees, staff and volunteers are all dedicated to provide a good home for our horses and ponies, and ensure our clients have a good experience being around equines.
We aim to help children, teenagers and adults with mental health issues with qualified mentors

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

COVID restrictions have affected group attendances occasional private outdoor sessions with ponies.
Remote video chats and videos of horses sent via social media.
Quizzes, educational journals and posters sent out to help clients.
Volunteers and sharers still attending as covid allows

Section D**Achievements and performance**

Summary of the main achievements of the charity during the year

Lockdowns and covid restrictions has slowed down progress on visits and sessions on the farm. However, thanks to social media, online sessions and mentor work has continued to help our clients along with journal work quizzes.
The trustees and volunteers have trained and exercised the new horses as covid allows.
The exmoor herd is growing and will soon be ready to go out onto conservation grazing

Section E**Financial review**

Brief statement of the charity's policy on reserves

If any funds remain at the end of the year, Trustees will discuss potential uses.
Possible use of improving facilities for clients.

Details of any funds materially in deficit

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

We have been lucky to be granted lottery funding to help us during covid
We also rely on public donations and the donations from our share scheme

Section F**Other optional information****Section G****Declaration**

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)

C A GUY



Full name(s)

C.A.GUY

Position (eg Secretary, Chair, etc)

CHAIR

Date

0. 9. 0. 7. 2. 1

5H Centre

date	income		Expenses	
	name	total	name	total
	Lottery Grant	£ 9,940.00		
01/10/2020	Celina	£ 150.00	rent	£ 1,000.00
	Charlotte	£ 150.00	insurance	£ 550.00
	Kath	£ 150.00	H.Banfield	£ 250.00
	Georgia	£ 150.00	H.Wallbank	£ 100.00
	Sally	£ 150.00		
	John	£ 150.00		
	R.Pritchard	£ 150.00		
	Lilian	£ 40.00		
	Julie	£ 100.00		
01/11/2020	celina	£ 150.00	rent	£ 1,000.00
	charlotte	£ 150.00	H.Banfield	£ 250.00
	georgia	£ 150.00	Hayledge	£ 4,000.00
	john	£ 150.00	Bedding	£ 935.00
	kath	£ 150.00		
	sally	£ 150.00		
	faith	£ 100.00		
	Lilian	£ 40.00		
01/12/2020	celina	£ 150.00	rent	£ 1,000.00
	charlotte	£ 150.00	H.Banfield	£ 250.00
	georgia	£ 150.00	H.Wallbank	£ 100.00
	john	£ 150.00		
	kath	£ 150.00		
	sally	£ 150.00		
	faith	£ 100.00		
	Lilian	£ 40.00		
	Julie	£ 100.00		
01/01/2021	charlotte	£ 150.00	Rent	£ 1,000.00
	georgia	£ 150.00	H.Banfield	£ 250.00
	john	£ 150.00	Posters	£ 400.00
	kath	£ 150.00		
	sally	£ 150.00		
	faith	£ 100.00		
	Lilian	£ 40.00		
01/02/2021	charlotte	£ 150.00	Rent	£ 1,000.00
	georgia	£ 150.00	H.Banfield	£ 250.00
	john	£ 150.00	Journals	£ 500.00
	kath	£ 150.00	H.Wallbank	£ 100.00
	sally	£ 150.00		
	faith	£ 100.00		
	Lilian	£ 40.00		
01/03/2021	charlotte	£ 150.00	Rent	£ 1,000.00
	georgia	£ 150.00	H.Banfield	£ 250.00
	john	£ 150.00	Vouchers	£ 700.00
	kath	£ 150.00		
	sally	£ 150.00		

	faith	£	100.00		
	Lilian	£	40.00		
01/04/2021	charlotte	£	150.00	Rent	£ 1,000.00
	georgia	£	150.00	H.Banfield	£ 250.00
	john	£	150.00	Laptop/tablet	£ 700.00
	kath	£	150.00		
	sally	£	150.00		
	faith	£	100.00		
	Lilian	£	40.00		
01/05/2021	charlotte	£	150.00	Rent	£ 1,000.00
	georgia	£	150.00	H.Banfield	£ 250.00
	john	£	150.00	H.Wallbank	£ 700.00
	kath	£	150.00		
	sally	£	150.00		
	faith	£	100.00		
	Lilian	£	40.00		
	Amanda	£	150.00		
	Julie	£	75.00		
01/06/2021	charlotte	£	150.00	Rent	£ 1,000.00
	Sam	£	150.00	H.Banfield	£ 250.00
	john	£	150.00		
	kath	£	150.00		
	sally	£	150.00		
	Katie	£	150.00		
	Amanda	£	150.00		
	Julie	£	100.00		
	Nikki	£	150.00		
	Sarah	£	60.00		
01/07/2021	charlotte	£	150.00	Rent	£ 1,000.00
	Sam	£	150.00	H.Banfield	£ 250.00
	john	£	150.00		
	kath	£	150.00		
	sally	£	150.00		
	Katie	£	150.00		
	Amanda	£	150.00		
	Julie	£	100.00		
	Nikki	£	150.00		
	Sarah	£	150.00		
01/08/2021	charlotte	£	150.00	Rent	£ 1,000.00
	Sam	£	150.00	H.Banfield	£ 250.00
	john	£	150.00	H.Wallbank	£ 120.00
	kath	£	150.00		
	sally	£	150.00		
	Katie	£	150.00		
	Amanda	£	150.00		
	Julie	£	100.00		
	Nikki	£	150.00		
	Sarah	£	150.00		
01/09/2021	charlotte	£	150.00	Rent	£ 1,000.00
	Sam	£	150.00	H.Banfield	£ 250.00

	john	£	150.00	H.Wallbank	£	120.00
	kath	£	150.00			
	Katie	£	150.00			
	Amanda	£	150.00			
	Julie	£	100.00			
	Nikki	£	150.00			
	Sarah	£	150.00			
Total	£		23,545.00	£		24,025.00
Net	-£					480.00

5 H CENTRE

England & Wales - Charity number 1174366

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name 5H Centre	No (if any)
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CC16a

Receipts and payments accounts

For the period from	Period start date 01/10/2019	To	Period end date 30/09/2020
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Part loan of horses	£7,430	-	-	7,430	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,430	-	-	7,430	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,430	-	-	7,430	-
A3 Payments					
Hay & Haylage	£930	-	-	930	-
Horse Disposal	£120	-	-	120	-
Farrier	£650	-	-	650	-
Feed	£505	-	-	505	-
Bedding	£160	-	-	160	-
Staff	£2,104	-	-	2,104	-
Rent for grazing	3,000	-	-	3,000	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	7,469	-	-	7,469	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	7,469	-	-	7,469	-
Net of receipts/(payments)	- 39	-	-	- 39	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	- 39	-	-	- 39	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	cash	- 39	-	-
		-	-	-
		-	-	-
	Total cash funds	- 39	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	Carole Anita Guy		17/07/2021

Section A

Reference and administration details

Charity name:

Other names the charity is known by:

Registered charity number (if any):

Charity's principal address:

 Postcode:

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MICHELE JOHNSON			
2	CAROLE GUY			
3	EDNA GUY			
4	LILIAN TOWNSEND			
5	MIKE LOCK			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

Section A

Reference and administration details (continued)

Names and addresses of advisers (optional information)

Type of adviser	Name	Address
ACCOUNTANT	MICHELE JOHNSON	TEMPERANCE HOUSE LANGDON LANE, RADWAY WARWICKSHIRE CV35 0UQ

Name of chief executive or names of senior staff members (optional information)

Section B

Structure, governance and management

Description of the charity's trusts

Type of governing document
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted
(eg trust, association, company)

COMPANY

Trustee selection methods
(eg appointed by, elected by)

APPOINTED BY 2 TRUSTEES

Additional governance issues (optional information)

You **may choose** to include additional
information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

- RISK ASSESSMENT COMPLETED

- HEALTH & SAFETY POLICY IN PLACE

- PUBLIC LIABILITY INSURANCE IN PLACE

- EMPLOYERS LIABILITY INSURANCE IN PLACE

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

HEALTH, HAPPINESS AND HARMONY FOR HUMANS AND HORSES. RESCUE AND REHABILITATION OF EQUINES, RARE BREEDS TO HELP ADULTS AND CHILDREN WITH MENTAL HEALTH ISSUES.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

OUR TRUSTEES, STAFF & TEAM OF VOLUNTEERS ARE ALL DEDICATED TO PROVIDING A GOOD HOME FOR OUR HORSES & PONIES & ENSURING OUR CLIENTS HAVE A GOOD EXPERIENCE BEING AROUND EQUINES. WE AIM TO HELP CHILDREN, TEENAGERS & ADULTS WITH MENTAL HEALTH ISSUES WITH QUALIFIED MENTORS.

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

DURING THIS DIFFICULT YEAR DUE TO COVID-19, OUR CHARITY WOULD NOT HAVE SURVIVED FINANCIALLY WITHOUT THE SUPPORT & WORK FROM OUR VOLUNTEERS & SHARERS WHO CONTRIBUTED WITH FUNDS & VOLUNTARY CARE OF THE ANIMALS.

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

WE HAVE APART FROM THE LOCKDOWNS CONTINUED WITH SESSIONS ON A PRIVATE BASIS INSTEAD OF SMALL GROUPS DUE TO SOCIAL DISTANCING & SELF ISOLATION OF VOLUNTEERS & LEADERS & MENTORS.

WE HAVE TAKEN INTO OUR CARE & RETRAINED FOUR HORSES & TWO PONIES WHO WILL BE AN ADDED BONUS FOR OUR WORK WITH CHILDREN & TEENAGERS WITH AUTISM, ASPERGES & SIMILAR DISABILITIES ALONG WITH ADULT LIBERTY & GROUNDWORK SESSIONS.

WE HAVE CONTINUED OUR BREEDING PROGRAMME OF RARE BREED EXMOOR PONIES.

Section E

Financial review

Brief statement of the charity's policy on reserves

IF ANY FUNDS REMAIN, AT THE END OF THE YEAR, TRUSTEES WILL DISCUSS POTENTIAL USES. PROBABLY BETTER FACILITIES FOR CLIENTS.

Details of any funds materially in deficit

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

WE RELY ON DONATIONS FROM THE PUBLIC

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

CAROLE ANITA GUY

Position (eg Secretary, Chair, etc)

CHAIR

Date

09 | 07 | 21